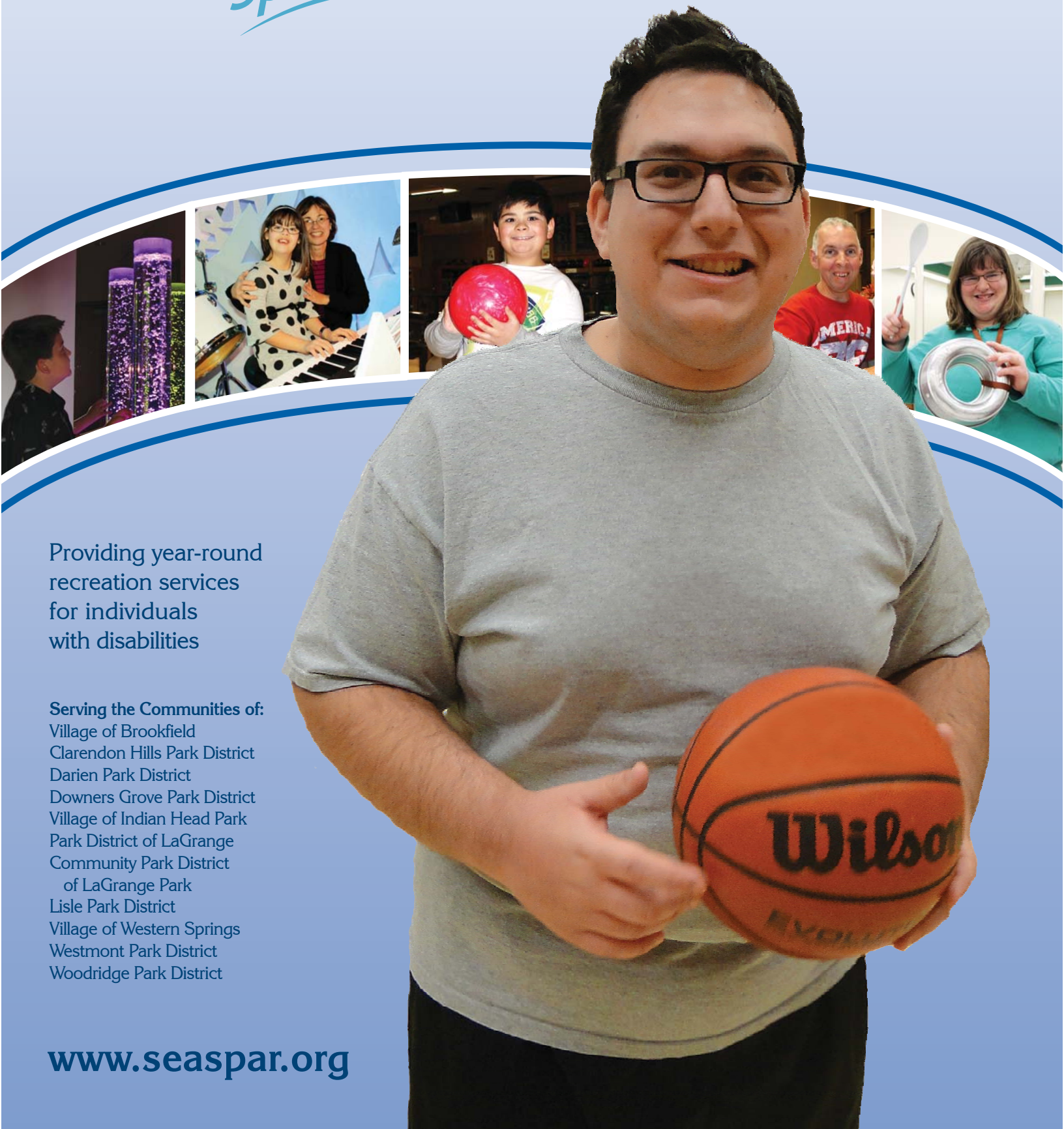


# SEASPAR

*Special* parks & recreation

FALL  
2014



Providing year-round  
recreation services  
for individuals  
with disabilities

**Serving the Communities of:**

Village of Brookfield  
Clarendon Hills Park District  
Darien Park District  
Downers Grove Park District  
Village of Indian Head Park  
Park District of LaGrange  
Community Park District  
of LaGrange Park  
Lisle Park District  
Village of Western Springs  
Westmont Park District  
Woodridge Park District

[www.seaspar.org](http://www.seaspar.org)



discover abilities  
achieve potential  
realize dreams

4500 Belmont Road  
Downers Grove, IL 60515  
Voice: 630-960-7600  
Fax: 630-960-7601  
TDD: 630-960-7605  
www.seaspar.org

**Office Hours** Monday through Friday  
8:30 a.m. – 4:30 p.m.  
Recorded Message After Hours  
**Office Closed** September 1, November 27, 28  
December 24, 25, 31, January 1

**Mission Statement** SEASPAR provides dynamic recreation programs and quality services for its residents with disabilities.

**Core Values** Fun • Excellence • Service • Respect • Accountability

## Association Members and Representatives

### Lisle Park District

Dan Gavy (President)  
1925 Ohio Street, Lisle 60532

### Woodridge Park District

Mike Adams (Vice President)  
2600 Center Drive, Woodridge 60517

### Park District of LaGrange

Dean Bissias (Secretary)  
536 East Avenue, LaGrange 60525

### Darien Park District

Stephanie Gurgone (Treasurer)  
7301 Fairview Avenue, Darien 60561

### Village of Brookfield

Rick Ginex  
8820 Brookfield Avenue, Brookfield 60513

### Clarendon Hills Park District

Kelly Smith  
315 Chicago Avenue, Clarendon Hills 60514

### Downers Grove Park District

Bill McAdam  
2455 Warrenville Road, Downers Grove 60515

### Village of Indian Head Park

Richard Andrews  
201 Acacia Drive, Indian Head Park 60525

### Community Park District of LaGrange Park

Roy Cripe  
1501 Barnsdale Road, LaGrange Park 60526

### Village of Western Springs

Raymond Jasica  
1500 Walker Street, Western Springs 60558

### Westmont Park District

Ron Gunter  
55 East Richmond, Westmont 60559

## Executive Director's Corner

SEASPAR is excited to have recently unveiled its new facility within the Lisle Park District Recreation Center. This opens the doors to new program opportunities for all participants. We are particularly proud of Wonders, our multi-sensory room. It is engaging, exciting, and relaxing, all at the same time. While sensory rooms are best known for the positive effects they have for individuals with autism, there are certainly opportunities for all participants to benefit from sessions in the room. Check it out!

As SEASPAR continues to evolve into the organization that it needs to be for its residents and the future, I am sometimes asked, "How much does SEASPAR cost the average homeowner?" The answer is simple. On average, SEASPAR costs each homeowner the price of a medium pizza – \$18.90. The pooling of the financial resources of the 11 member entities makes it possible to turn the price of a medium pizza into more than 700 programs and services for the residents in those 11 communities.



Even though you received this program guide in the heat of summer, be sure to look through it for activities that will enable you to experience the fall season to its fullest.

All the best to you,

*Susan*

**Board Meetings** The SEASPAR Board meets the third Tuesday of every month at SEASPAR at 3:30 p.m. For information, call 630-960-7600. The public is welcome.



**Susan B. Friend, CPRP – Executive Director**  
*ADA, Association Operations, Board, Funding*

**Catherine A. Morava, CPRP – Superintendent of Recreation**  
*Full-time Staff Supervision, Brochure, Ongoing Program Supervision, Risk Management*

**Matthew R. Corso, CTRS, CPRP – Superintendent of Program Development & Public Information**  
*Full-time Staff Supervision, Program Development, Public Awareness, Summer School Cooperative Programs, Scholarships, Website*

**Shannon Tovey, CTRS – Coordinator**  
*Inclusive Programs, Leisure Education, Teen & Adult New Participant Liaison, Weekly Programs*

**Dawn Krawiec, CPRP – Coordinator, EAGLES Program**

**Lisa Rasin – Fund Development Coordinator**  
*Seeks donations, sponsorships, and in-kind services from local, state, and national businesses and organizations.*

**Greg Pavesich, CPRP – Recreation Specialist**  
*Adapted Sports, Drop In Center, Low Incidence Programs, Nursing Home Outreach, Stroke Support Group, Youth-at-Risk*

**Kimberly A. Huggins, CPRP – Recreation Specialist**  
*Camping & Travel, Social Clubs, Teen & Adult Special Events, Vehicle & Facility Scheduling*

**Rachel Pavesich, CTRS – Recreation Specialist**  
*Adolescent Programs, Children's Programs & Special Events, Day Camp, Wonders Multi-Sensory Room*

**Aaron Hirthe – Recreation Specialist**  
*Aquatics, Cooperative Day Camp, Special Olympics Athletic Director, Sports & Team Programs*

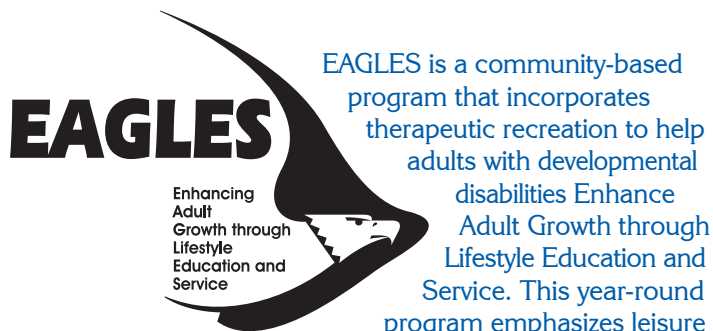
**Carol Kocek – Administrative Coordinator**  
*Accounting, Computer System, Payroll, Registration*

**Ann Franczyk – Administrative Assistant**  
*Human Resources, Payroll, Recording Secretary for the Board, Guest Reception*

**Tammy Semmler – Administrative Assistant**  
*Registration, Program Information, Guest Reception*

## What are CPRP and CTRS?

CPRP stands for Certified Park and Recreation Professional and CTRS stands for Certified Therapeutic Recreation Specialist. This status is given to leisure service professionals who can demonstrate through education, experience, and current practice that they meet and exhibit certain predetermined qualifications established by the National Recreation and Park Association Certification Board and the National Council for Therapeutic Recreation Certification. These professionals have earned a Bachelor's or higher degree from an NRPA accredited program, have passed a certified examination, and maintain sanctioned educational units bi-annually.



*The EAGLES were recognized by the Downers Grove Park District as the 2013 Volunteers of Year for their work last summer. It was an honor to receive this award. The EAGLES continued their work throughout the summer of 2014, helping to keep the parks looking good by pulling weeds and spreading mulch.*

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Mark your calendar and join us for our annual



# HOLIDAY Shopping Night

Thursday, December 4  
3:00 – 9:00 p.m.

*20% of the evening's proceeds will benefit SEASPAR*

*Avec Parache*

Add Flair to Any Affair

1010 Curtiss Street Downers Grove 630-963-1010

Watch for your winter-spring  
brochure to be delivered the  
week of December 1.

**Alpine Banquets**  
8230 Cass Avenue  
Darien

**Allstate Arena**  
6920 North Mannheim Road  
Rosemont

**AMC Quarry Cinema**  
9201 63rd Street  
Hodgkins

**Annerino Community Center**  
201 Recreation Drive  
Bolingbrook

**Arctic Splash Indoor Pool**  
330 West Dundee Road  
Wheeling

**Bengtson's Pumpkin Farm**  
13341 West 151st Street  
Homer Glen

**Brookfield Zoo**  
8400 West 31st Street  
Brookfield

**Bowling Green Sports Center**  
243 West Roosevelt Road  
West Chicago

**Briar Street Theatre**  
3133 North Halsted Street  
Chicago

**Broadway Playhouse**  
175 East Chestnut Street  
Chicago

**Brookfield Municipal Building**  
8820 Brookfield Avenue  
Brookfield

**Buffalo Wild Wings**  
6450 Route 53  
Woodridge

**Chestnut Mountain Resort**  
8700 Chestnut Mountain Road  
Galena

**Chicago Botanic Garden**  
1000 Lake Cook Road  
Glencoe

**Cinemark – Seven Bridges**  
6500 South Route 53  
Woodridge

**Clarendon Hills Community Center**  
315 Chicago Avenue  
Clarendon Hills

**Community Park District of LaGrange Park**  
1501 Barnsdale Road  
LaGrange Park

**Darien Sportsplex**  
451 Plainfield Road  
Darien

**Darien Community Center**  
7301 Fairview Avenue  
Darien

**Denning Park**  
4901 Gilbert Road  
LaGrange

**Ditka's Restaurant**  
2 Mid America Plaza  
Oakbrook Terrace

**Doubletree Hotel**  
2111 Butterfield Road  
Downers Grove

**Drury Lane Theatre**  
100 Drury Lane  
Oakbrook Terrace

**Ebersold Park**  
6000 South Main Street  
Downers Grove

**Enchanted Castle**  
1103 South Main Street  
Lombard

**Family Fun Zone**  
2333 Theodore Street  
Crest Hill

**Field Museum**  
1400 South Lake Shore Drive  
Chicago

**Four Lakes**  
5750 Lakeside Drive  
Lisle

**Grand Avenue Community Center**  
4211 Grand Avenue  
Western Springs

**Hanson Center**  
15W431 59th Street  
Burr Ridge

**Hilton Lisle**  
3003 Corporate W Drive  
Lisle

**IGI Gymnastics**  
145 Plaza Drive  
Westmont

**Indian Boundary YMCA**  
711 59th Street  
Downers Grove

**LaGrange Community Center**  
Lincoln & Washington  
LaGrange

**Lincoln Center**  
935 Maple Avenue  
Downers Grove

**Lisle Community Center**  
1825 Short Street  
Lisle

**Lisle Lanes**  
4920 Lincoln Avenue  
Lisle

**Lisle Recreation Center/ Lisle Program Room**  
1925 Ohio Street  
Lisle

**Lodge at McDonald's**  
2815 Jorie Boulevard  
Oak Brook

**Lyons Township Performing Arts Center**  
4900 Willow Springs Road  
Western Springs

**Medieval Times**  
2001 North Roselle Road  
Schaumburg

**Oak Brook Family Aquatic Center**  
1450 Forest Gate Road  
Oak Brook

**Old Town Restaurant**  
113 Stephen Street  
Lemont

**Papa Passero's**  
6326 South Cass Avenue  
Westmont

**Paramount Arts Centre**  
8 East Galena Boulevard  
Aurora

**Park District of LaGrange**  
536 East Avenue  
LaGrange

**Pelican Harbor**  
200 Lindsey Lane  
Bolingbrook

**Pheasant Run**  
4051 East Main Street  
St. Charles

**Richardson Farm**  
9407 Richardson Road  
Spring Grove

**Right Fit**  
7101 South Adams Street  
Willowbrook

**Ryan Field**  
1501 Central Street  
Evanston

**Seven Bridges Ice Arena**  
6690 South Route 53  
Woodridge

**Six Flags Great America**  
542 North Illinois Route 2  
Gurnee

**Splash Landings**  
2400 Chestnut Avenue  
Glenview

**Suburbanite Bowl**  
201 Ogden Avenue  
Westmont

**Theatre of Western Springs**  
4384 Hampton Avenue  
Western Springs

**True Balance Karate**  
406 Ogden Avenue  
Downers Grove

**Uncle Bub's BBQ**  
132 South Cass Avenue  
Westmont

**Western Springs Recreation Center**  
1500 Walker Street  
Western Springs

**Westmont Community Center**  
75 East Richmond Street  
Westmont

**Wheatstack**  
5900 South Route 53  
Lisle

**White Pines Ranch**  
3581 West Pines Road  
Oregon

**Wilder Mansion**  
211 Prospect Avenue  
Elmhurst

**Willowbrook Lanes**  
735 Plainfield Road  
Willowbrook

**Wilmot Mountain**  
11931 Fox River Road  
Wilmot, WI

**Woodcraft**  
7440 Woodward Avenue  
Suite A107  
Woodridge

**Woodfield Mall**  
5 Woodfield Mall  
Schaumburg

**Woodridge Community Center**  
2600 Center Drive  
Woodridge

**York Township Center**  
1502 South Meyers Road  
Lombard



## 6 Staff Appreciation

*SEASPAR thanks all of the dedicated and caring support staff and volunteers for their time and hard work during the summer program season. Their efforts make it possible for SEASPAR to offer quality programs.*

**2014 Staff Awards**— At the Believe & Achieve Banquet on May 15, support staff members were recognized for their longevity at SEASPAR with special gifts. In addition, the following awards were presented to exceptional staff for their outstanding dedication to programs and participants:

**Super Star** — April Prescott began her journey with SEASPAR in September 2010 and has touched the lives of countless participants. During her time at SEASPAR, April has led many programs including Woodworking, Bingo, Bulls Bonanza, Music Mania, and Ready Set Golf. April is a program supervisor and can always be trusted to lead a safe and fun program. When staff members were asked to describe her, only wonderful things were said; “She is enthusiastic at all times, she is a positive role model to everyone around her, and she is a huge advocate for people with special needs.” “She is amazing! She is passionate about what she does. She is simply the best!”

**Virtuous Volunteer** — JC Woodbury is long overdue for recognition for her contributions to SEASPAR. With a cheery smile and demeanor that is contagious to both participants and staff, JC’s positive presence at programs and endearing dedication to those she works with are most admirable. JC has coached Special Olympics volleyball, basketball, softball, and aquatics for the last five years. The athletes and other coaches have the utmost respect for JC and what she brings to each practice, game, and competition. She has an innate ability to identify the needs of the participants she works with. JC’s volunteer work and value to SEASPAR go well beyond wages saved.

**Leading Light** — Nicole Suk began working for SEASPAR in 2004. She started as a day camp staff and quickly worked her way up to assistant site director the following year. Her hard work and dedication made her an easy choice for that position. In 2010, she took on the new role of EAGLES staff member. She has been an outstanding addition to EAGLES, bringing fresh ideas to the program. Nicole has built a strong relationship with EAGLES participants, their families, and staff. She is a delight to work with each and every day. Due to all of her hard work and dedication, Nicole has recently been promoted to the position of EAGLES site director. Nicole has also worked a variety of weekly programs and special events.

— *SEASPAR congratulates all of the award recipients.* —



*SEASPAR wishes to thank the following individuals, families, businesses, and community organizations for their generous donations made from March through June 2014.*

## Donations

Allstate Giving Campaign  
BankFinancial  
Greg & Doreen Biba  
Casie Born  
Elizabeth Bozeman  
Culver's of Downers Grove  
Downers Grove Area Chamber of Commerce  
and Industry  
Downers Grove Junior Woman's Club  
Flint Architects  
Jennifer Fredrick  
Susan French  
Liz Grillos  
Deborah Hebding  
Jamerry Nails  
Tina Kiselka  
Knights of Columbus St. Isidore Council #8552  
Knights of Columbus  
Bishop James Fitzgerald Council #14649

Knights of Columbus  
Robert P. Connelly Council #5918  
Kohl's  
Goldie Matthew  
Network For Good  
Karen Neville  
Perma Seal  
Phillies Pizza Bar & Grill  
Deanna Presta  
Rotary Club of Downers Grove  
Rotary Club of Lisle  
Scarletti's Italian Kitchen  
Joanne Schubert  
Bud & Marilyn Sherman  
The Tivoli Theatre  
Uncle Bub's BBQ & Catering  
Charles & Ruthann Vihon  
Kristin Winter  
Bruce & Marianne Zolna

## Honors & Memorials

**In Honor of Larry & Ann Franczyk**  
Carolyn Jones

**In Honor of Liz Grillos**  
Steve & Debra Murdock

**In Honor of Richard Kellogg**  
Tower Dental Associates

**In Memory of Suzanne Meissner**  
Steven Smith

**Annual Appeal**  
Fred Fratto  
Theodore & Mary Grzywa  
Stephen & Diane Kaz  
Ron & Betty Krupp  
Lester Kuchar

## Walk And Roll-A-Thon

Timothy & Judy Barg  
Phillip & Kathleen Basso  
Lynn Batha  
Marilyn Bazan  
Robert & Barbara Blackburn  
Martha Callaghan  
Carolyn Catalano  
Joanne Chmela  
John & Jessica Cinelli  
Evelyn Deitering  
Michael DeLuca  
David & Lisa Ellstrom  
Janet Eppers  
Joseph & Dawn Fleming  
Steve & Gayle Gillen  
Mark & Elisabeth Grzywa  
Stephen & Mary Grzywa  
Theodore & Mary Grzywa  
Dorothy Hellard  
John & Anne Marie Himpler  
Jeffrey Howard  
Joseph Howard  
Brian & Linda Jakubowski  
Mark & Agnes Jaworski  
Richard & Barbara Jurawski

Sylvia Juric  
J.F. & P.H. Kalbfleisch  
Cynthia Laughlin  
Gloria Leetz  
Thomas & Renetta Lesniak  
Kenneth & Carol Leszczynski  
Sharon Lilek  
Kevin & Sheree Lilek  
Laure Long  
George & Nadine Lubejko  
Francis & Barbara Lubejko  
Paul & Christine Lubejko  
Mary Mader  
Jerome & Christine Martin  
Frank & Sandra McGovern  
Terrence McGovern  
Scott & Karen Migaldi  
Gary & Patricia Miller  
Harry & Ginger Miller  
John & Rose Morreale  
William & Mary Ann Munno  
Gary Naberhaus  
Martha Neville  
Michael O'Malley  
Lorraine Ogurek

Michael Pacheco  
Donna Pellegrino  
Joseph & Sharon Podolski  
Kathleen Rzepka  
Steven & Marilyn Sanderson  
Keith & Kristian Schrader  
John & Suzanne Seelander  
Harvey Shreder  
Lance & Carrie Snider  
Daniel & Eleanor Sniegowski  
Deborah Spaniak  
John Sunderman  
Craig & Lori Thompson  
Luann Touhey  
Bruce & Mary Veverka  
Robert & Patricia VonLaven  
Christine Wall  
Timothy & Ann Weithers  
Lori Wetzel  
Brett & Jill White  
Alison Jo Wimmer  
Joseph Wojtanowski  
Joseph Zarlenga

*Thank you to the following individuals who walked and to their generous sponsors who raised money for the annual Walk and Roll-A-Thon.*

**Jason Catalano**  
**Michael Chmielewski**  
**James Deinzer**  
**Aaron Grzywa**  
**Collin Grzywa**  
**Kerry Hopp**  
**Jeffery, Paul, Jennifer**  
**and Christine Lubejko**  
**Katie Murphy**  
**Richard Murphy**  
**Randy Naberhaus**  
**Tyler Reineke**  
**Elliot, Steve and Marilyn Sanderson**  
**Stephen Weithers**  
**Sarah Wimmer**

# 8 Programs for Everyone

## Swimming

SEASPAR has partnered with Coach Eve Learn to Swim and their certified instructors to provide quality swim lessons. In the progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff. Please note that we share the pools with the public. **Note:** A waiver is sent with the program confirmation and must be returned to SEASPAR by Friday, September 12.



Code	Place	Day	# Weeks	Dates	No Program	Time	Fee
2-001-01-1	The Hilton Lisle	Monday	12	9/22 – 12/8	—	4:30 – 5:00 p.m.	\$175
2-001-01-2	The Hilton Lisle	Monday	12	9/22 – 12/8	—	5:00 – 5:30 p.m.	\$175
2-001-01-3	The Lodge at McDonald's	Tuesday	12	9/23 – 12/9	—	4:30 – 5:00 p.m.	\$175
2-001-01-4	The Lodge at McDonald's	Tuesday	12	9/23 – 12/9	—	5:00 – 5:30 p.m.	\$175
2-001-01-5	The Lodge at McDonald's	Tuesday	12	9/23 – 12/9	—	5:30 – 6:00 p.m.	\$175
2-001-01-6	The Lodge at McDonald's	Tuesday	12	9/23 – 12/9	—	6:00 – 6:30 p.m.	\$175
2-001-01-7	Doubletree Hotel	Wednesday	12	9/24 – 12/10	—	5:30 – 6:00 p.m.	\$175
2-001-01-8	Doubletree Hotel	Wednesday	12	9/24 – 12/10	—	6:00 – 6:30 p.m.	\$175
2-001-01-9	Doubletree Hotel	Wednesday	12	9/24 – 12/10	—	6:30 – 7:00 p.m.	\$175
2-001-01-10	The Lodge at McDonald's	Thursday	11	9/25 – 12/11	11/27	4:30 – 5:00 p.m.	\$160
2-001-01-11	The Lodge at McDonald's	Thursday	11	9/25 – 12/11	11/27	5:00 – 5:30 p.m.	\$160
2-001-01-12	The Lodge at McDonald's	Thursday	11	9/25 – 12/11	11/27	5:30 – 6:00 p.m.	\$160
2-001-01-13	The Lodge at McDonald's	Thursday	11	9/25 – 12/11	11/27	6:00 – 6:30 p.m.	\$160

### SPARcast

Do you have something to say? SEASPAR has launched its participant-driven podcast program! Research and discuss topics of your interest and record them to then be posted on the SEASPAR website. Learn about radio and audio editing as you shape your own podcast. The program is structured for a half-hour topic research, followed by a half-hour of studio time.

Code 2-035-01-1  
 Age 13 years and older  
 Place SEASPAR  
 Dates Tuesdays  
 September 23 – December 9  
 # Weeks 12  
 Time 5:30 – 6:30 p.m.  
 Fee \$30



### ADA Statement

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodation for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. This brochure is available in an alternate format upon request. Individuals who have an accommodation concern should contact Susan Friend.

[www.seaspar.org](http://www.seaspar.org)



## Horseback Riding Lessons

If you are new to the saddle, or have been horseback riding before, this program is for you. Riders develop balance and rhythm as they feel the movement of the horse. Riders of all levels embrace the ageless goal of lightness and harmony with one's equine partner. Participants must be ambulatory and able to sit on a horse without a riding partner. The Hanson Center follows the Professional Association of Therapeutic Horsemanship International's (PATH) guidelines. **Note:** Waivers are sent with the program confirmation and must be returned to SEASPAR by Friday, August 22.

Place	Hanson Center
Dates	Wednesdays, September 3, 17, October 1, 15, 29
Fee	\$150
Code	2-070-01-1
Time	5:00 – 5:30 p.m.
Code	2-070-01-2
Time	5:30 – 6:00 p.m.
Code	2-070-01-3
Time	6:00 – 6:30 p.m.

## Therapeutic Badge Ice Skating

Lessons provide individuals the opportunity to learn to skate or improve skating skills. Instructors and student teachers work cooperatively with SEASPAR staff to provide lessons which focus on skill development, coordination, muscle strengthening, increasing endurance, and fun! They are designed to allow skaters to reach obtainable objectives while working toward one long-term goal. Skaters progress at their own rate according to their abilities. **Note:** A waiver is sent with the program confirmation and must be returned to SEASPAR by Friday, August 29.

Code	2-008-01-2
Place	Seven Bridges Ice Arena
Dates	Saturdays September 6 – October 18
# Weeks	7
Time	10:10 – 10:40 a.m.*
Fee	\$95

\*A free, optional practice time is available from 9:50 – 10:10 a.m.



## Music Lessons

Research demonstrates that studying music makes you smarter! Participants ages five and older can choose between piano, keyboard, drums, or voice lessons. Bring a spiral notebook, pencil, and any music books you have used in the past. Participants should indicate their lesson time on the registration form. Guitar students must provide their own guitar and drum students need drum sticks and a practice pad. Lessons are one half hour each. Participants have the opportunity to participate in the Holiday Spectacular, held on Monday, December 8. **Note:** Returning students retain their lesson time if they register by Monday, August 18.

### Piano/Drums/Guitar (Instructor Kevin Wood)

Code	2-006-01-1
Age	5 years and older
Place	Darien Sportsplex
Dates	Tuesdays September 23 – January 6 (No program December 23, 30)
# Weeks	14
Time	6:00 – 9:00 p.m.
Fee	\$224

### Piano (Instructor Debora Judycki)

Code	2-006-01-3
Age	5 years and older
Place	SEASPAR
Dates	Wednesdays September 24 – January 7 (No program December 24, 31)
# Weeks	14
Time	4:00 – 8:00 p.m.
Fee	\$224

### Keyboard/Voice (Instructor Nancy Urban)

Code	2-006-01-2
Age	5 years and older
Place	Darien Sportsplex
Dates	Thursdays September 25 – January 8 (No program October 9, November 27, December 25, January 1)
# Weeks	12
Time	6:00 – 9:00 p.m.
Fee	\$208

# 10 Programs for Everyone



*Located in the Lisle Recreation Center,  
1925 Ohio Street. A waiting area is  
adjacent to Wonders. Complimentary  
Wi-fi and coffee are provided.*

## Engage your senses... at Wonders!

Our multi-sensory room contains interactive equipment that pleases your senses in a variety of soothing ways. Feel the vibration of music as it plays through the Learning Chair, follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor.

### Sensory Explorers

Our multi-sensory room provides participants with a chance to explore their feelings and become interested in their surroundings. SEASPAR has established a variety of program times for you to enjoy the multi-sensory room each week. Each session is one half hour. Indicate your time preference on the registration form.

Code	2-099-01-1
Age	3 – 8
Dates	Mondays, September 22 – January 26 (No program November 24, December 22, 29)
# Weeks	16
Time	3:00 – 6:00 p.m.
Fee	\$60
Code	2-099-02-1
Age	11 – 15
Dates	Tuesdays, September 23 – January 27 (No program November 25, December 23, 30)
# Weeks	16
Time	3:30 – 6:30 p.m.
Fee	\$60
Code	2-099-01-2
Age	5 – 10
Dates	Wednesdays, September 24 – January 28 (No program November 26, December 24, 31)
# Weeks	16
Time	3:30 – 6:30 p.m.
Fee	\$60

### Adult Sensory Time

SEASPAR's multi-sensory room, Wonders, is beneficial for all ages! Adult Sensory Time is specifically for individuals who are 16 years or older and want to enjoy all the sights and sounds of the sensory room. Each session is one half hour. Indicate your time preference on the registration form.

Code	2-099-03-1
Dates	Tuesdays, September 23 – October 28
# Weeks	6
Time	7:00 – 8:30 p.m.
Fee	\$35
Code	2-099-03-2
Dates	Tuesdays, November 4 – December 9 (No program November 25)
# Weeks	5
Time	7:00 – 8:30 p.m.
Fee	\$30

Participants are assessed before being placed into a 30-minute time slot in order to group them with individuals seeking similar sensory inputs to make it a positive experience for everyone.

## Benefits of the multi-sensory room include:

- Improved mood
- Fewer disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improved communication
- Enhanced interpersonal interactions

## The room primarily benefits individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia

## Sensory Sunday

You're invited to experience Wonders on dates flexible for you. Sensory Sunday is designed with your schedule in mind so that you can come only on the days which are convenient for you. Please select either the 5 or 12-visit pass on the registration form, and we will send you a punch card with your confirmation. The card is punched at each of your visits. Reservations are required in order to ensure that a stimulating, yet calming, atmosphere prevails during the time your child explores the many wonders of the room. Please let us know which of the following dates and time slots you would prefer:

Dates      Sundays  
              September 28 – February 1  
              (No program November 30,  
              December 28, January 4)

Fee         5 visits for \$25 (2-099-01-8)  
              12 visits \$50 (2-099-01-9)

Time	Age
1:00 – 1:30 p.m.	3 – 5
1:30 – 2:00 p.m.	3 – 5
2:00 – 2:30 p.m.	6 – 10
2:30 – 3:00 p.m.	6 – 10
3:00 – 3:30 p.m.	11 – 15
3:30 – 4:00 p.m.	11 – 15





# 12 Programs for Children & Young Teens

## Incredi-Bowls

Spend time with friends at the bowling alley. Staff provides instruction to help improve your bowling skills. Scores are recorded to track participants' progress and are used as a basis for participants who plan to sign up for Special Olympics bowling.

Code 2-062-01-1  
Ages 8 – 15  
Dates Mondays, September 22 – December 8  
Time 4:00 – 5:00 p.m.  
Place Suburbanite Bowl  
# Weeks 12  
Fee \$100

## Yoga

Move, bend, and breathe in this guided yoga experience with a certified yoga practitioner trained in the method of Yoga for the Special Child. With regular practice, yoga as an adjunct to traditional therapies, significantly enhances the participants' physical, mental, and emotional development in a safe and gentle manner. Participants learn skills to calm themselves, quiet their minds, and honor their abilities in a fun and peaceful environment. Mats are provided. Please bring a water bottle and wear comfortable clothing.

Code 2-075-01-1  
Age 9 – 15  
Place Lisle Recreation Center  
Dates Mondays, September 22 – October 27  
# Weeks 6  
Time 5:30 – 6:30 p.m.  
Fee \$85

Code 2-075-01-2  
Age 9 – 15  
Place Lisle Recreation Center  
Dates Mondays, November 3 – December 8  
# Weeks 6  
Time 5:30 – 6:30 p.m.  
Fee \$85

## Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

## Family Playgroup – New!

Child and Family Connections and SEASPAR are offering playgroups to families of children ages birth to three, with a disability. See page 35.

## Karate

The skills learned, and the training methods used in non-contact karate, help release tension and increase focus. Participants learn self-control, balance, and the ability to process and follow a series of directions. This is a continuous program, giving participants the ability to advance through the belt system and the opportunity to earn a black belt. All abilities are welcome as instruction is tailored to each individual's progress. A uniform, purchased at True Balance Karate, is required for individuals participating in two or more sessions of karate, since they then become members of the karate club.  
**Note:** A waiver is sent with the program confirmation and must be returned by Friday, September 12.

Code 2-074-01-1  
Age 6 – 15  
Place True Balance Karate  
Dates Mondays, September 22 – November 24  
# Weeks 10  
Time 5:55 – 6:25 p.m.  
Fee \$100

Code 2-074-01-2  
Age 6 – 15  
Place True Balance Karate  
Dates Mondays, December 1 – February 2  
# Weeks 10  
Time 5:55 – 6:25 p.m.  
Fee \$100



## Club 68

Spend the afternoon with SEASPAR exploring the community and having fun. Activities include shopping, movies, bowling, and more. Participants are picked up directly from Jefferson Junior High and Meadowview Schools. Parents are responsible for pickup at the Woodridge Community Center after the program. A schedule is mailed with confirmations.

Code 2-069-01-1  
Grades 5 – 8  
Place Woodridge Community Center  
Dates Mondays, September 22 – December 8  
# Weeks 12  
Time 6:00 p.m.  
Fee \$300

## Right Fit

Test your fitness skills while playing to stay fit. This program provides fitness, social interaction, and the opportunity to explore sport and movement through activities such as basketball, obstacle courses, tug-of-war, and more. This is a great opportunity to stay fit, build strength, learn body control, and increase flexibility. **Note:** A waiver is sent with the program confirmation and must be returned by Friday, September 12.

Age	7 – 15
Place	Right Fit
Dates	Tuesdays, September 23 – December 9
# Weeks	12
Fee	\$140
Code	2-058-01-1
Time	4:00 – 5:00 p.m.
Code	2-058-01-2
Time	5:00 – 6:00 p.m.

## Participation

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

## Gymnastics

This high-energy program focuses on gross motor skills, strength, coordination, and flexibility. Apparatus work is incorporated into this non-competitive program. No experience necessary. **Note:** A waiver is sent with the program confirmation and must be returned to SEASPAR by Friday, September 12.

Place	IGI Gymnastics
Dates	Thursdays, September 25 – December 11 (No program November 27)
# Weeks	11
Fee	\$140

### Tumble Time

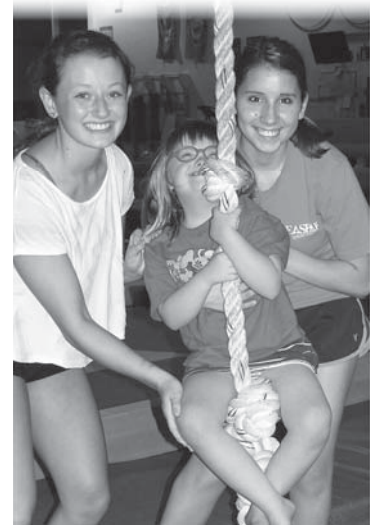
Code	2-053-01-2
Age	3 – 6
Time	5:00 – 5:45 p.m.

### Beginner Gymnastics

Code	2-053-01-1
Age	7 – 11
Time	6:00 – 6:45 p.m.

### Gymnastics 101

Code	2-092-01-1
Age	12 – 15
Time	7:00 – 7:45 p.m.



## Etiquette 101

Mind your p's and q's in this skill-based class which encompasses three major areas: manners, life skills, and social skills. Develop these essential skills through games, pretend play, and role playing. Following Etiquette 101 is the Books and Cooks program where you can gain additional practice on your skills developed in class.

Code	2-051-01-1
Age	4 – 9
Place	Darien Sportsplex
Dates	Wednesdays, September 24, October 8, 22, November 5, 19, December 3
Time	4:00 – 5:00 p.m.
Fee	\$25
Code	2-051-01-2
Age	10 – 15
Place	Darien Sportsplex
Dates	Wednesdays, October 1, 15, 29, November 12, 26, December 10
Time	4:00 – 5:00 p.m.
Fee	\$25

## Books and Cooks

Grab your aprons and join us for a dash of cooking with a twist! Each delectable item we make is inspired by a storybook. If You Give a Mouse a Cookie, It's the Great Pumpkin Charlie Brown, The Pilgrims, and Olivia Helps with Christmas are the books selected. Recipes and treats are sent home each week. This program follows Etiquette 101.

Code	2-060-01-1
Age	4 – 9
Place	Darien Sportsplex
Dates	Wednesdays, September 24, October 22, November 19, December 3
Time	5:00 – 6:00 p.m.
Fee	\$25
Code	2-060-01-2
Age	10 – 15
Place	Darien Sportsplex
Dates	Wednesdays, October 1, 29, November 12, December 10
Time	5:00 – 6:00 p.m.
Fee	\$25

# 14 Programs for Children & Young Teens

## Basketball Skills

This is a program designed to develop basketball and sportsmanship skills. Emphasis is put on the basics such as passing, dribbling, shooting, and rules of the game. Wear gym shoes and athletic apparel, and bring a water bottle.

Code 2-065-01-4  
Age 8 – 15  
Place Park District of LaGrange  
Dates Thursdays, September 25 – December 11  
(No program November 27)  
Time 5:00 – 6:00 p.m.  
# Weeks 11  
Fee \$40

## Sports Mania

Develop the basic skills to play a variety of sports. Participants improve motor and cognitive skills through traditional sports such as kickball, T-ball, and soccer. This fun-filled class teaches the importance of sportsmanship and teamwork. Wear gym shoes and athletic apparel, and bring a water bottle. This program follows Basketball Skills.

Code 2-084-01-1  
Age 8 – 15  
Place Park District of LaGrange  
Dates Thursdays, September 25 – December 11  
(No program November 27)  
Time 6:00 – 7:00 p.m.  
# Weeks 11  
Fee \$50

## Super Saturday

Join SEASPAR's club designed just for kids. Gather together each Saturday morning for crafts, games, music, dance, and more. Snacks are provided. If you would like an extended day of fun on November 1, see page 16 for the Harry Potter program.

Age 5 – 10  
Day Saturdays  
Denning 9:00 a.m. – 12:30 p.m.  
SEASPAR 9:30 a.m. – 12:00 p.m.  
Fee \$25 per event

Code	Date	Activity
2-067-01-1	September 27	Apple Picking
2-067-01-2	October 4	Wonders
2-067-01-3	October 11	Bowling
2-067-01-4	October 18	Swimming
2-067-01-5	October 25	Yoga
2-067-01-6	November 1	Games Galore
2-067-01-7	November 8	Academy of Music and Art
2-067-01-8	November 15	Wonders
2-067-01-9	November 22	Frozen Party
2-067-01-10	December 6	Letters to Santa
2-067-01-11	December 13	Gift Making

## Teen Excursion

This program is perfect for teens who are too old for kid stuff, but too young for adult activities. Participants learn what resources are available in the community for leisure and play. If you would like an extended day of fun on September 27, see page 15 for Tour A Town.

Age 11 – 15  
Day Saturdays  
Denning 9:00 a.m. – 12:30 p.m.  
SEASPAR 9:30 a.m. – 12:00 p.m.  
Fee \$25 per event

Code	Date	Activity
2-085-01-1	September 27	Apple Picking
2-085-01-2	October 4	Bowling
2-085-01-3	October 11	Wonders
2-085-01-4	October 18	Games Galore
2-085-01-5	October 25	Academy of Music and Art
2-085-01-6	November 1	Wonders
2-085-01-7	November 8	Swimming
2-085-01-8	November 15	Holiday Shopping
2-085-01-9	November 22	Yoga
2-085-01-10	December 6	Painting at the Brigantine Gallery
2-085-01-11	December 13	Letters to Santa

## Water Park Adventures

Enjoy an afternoon of swimming, sliding, and splashing as we travel to three different area pools! No need to be an experienced swimmer as participants are placed in small groups according to swim ability. Wear your swimsuit and bring a change of clothes and a towel. Snacks are included.

### Nemo's Sidekicks

Age 5 – 10  
Day Saturdays  
SEASPAR 12:00 – 5:00 p.m.  
Denning 12:30 – 5:30 p.m.  
Fee \$40 per event

Code	Date	Place
2-068-01-1	October 4	Splash Landings
2-068-01-2	October 18	Arctic Splash
2-068-01-3	December 6	Oak Brook Family Aquatic Center

### Swimming Sampler

Age 11 – 15  
Day Saturdays  
SEASPAR 12:00 – 5:00 p.m.  
Denning 12:30 – 5:30 p.m.  
Fee \$40 per event

Code	Date	Place
2-086-01-1	October 25	Splash Landings
2-086-01-2	November 1	Pelican Harbor
2-086-01-3	December 13	Oak Brook Family Aquatic Center



# Special Events for Children & Young Teens 15

## More Programs For Teens

Please see page 23 for additional programs for ages 16 – 22.

## Tour a Town

Join your friends as we explore downtown Western Springs. SEASPAR provides specially-made passports that are stamped after each stop, which includes the historic Western Springs Water Tower and the Theatre of Western Springs. We stop in the local shops where we learn about their business. A snack from a local restaurant is included.

Code 2-209-01-1  
Age 12 – 15  
Place Western Springs  
Date Saturday, September 27  
SEASPAR 12:00 – 4:00 p.m.  
Denning 12:30 – 3:30 p.m.  
Fee \$25



## Annual Information Forms / AIFs

SEASPAR requires that all participants complete an Annual Information Form. Individuals without a current AIF on file will not be permitted to participate.

## Sensory & Swim

Join your friends for a swim, followed by an amazing experience exploring your senses at Wonders. Dinner is included. Wear your swimsuit and bring a change of clothes and a towel.

Place Wonders  
Time 3:30 – 7:00 p.m.  
Denning 3:00 – 7:30 p.m.  
Fee \$25 per event

Code 2-213-01-1  
Age 4 – 9  
Date Saturday, November 8

Code 2-213-01-2  
Age 10 – 15  
Date Saturday, November 22

## For More Information ...



about programs and special events for children, please contact Rachel Pavesich at 630-960-7600 or [rpavesich@seaspar.org](mailto:rpavesich@seaspar.org).

## Progressive Dinner

Having trouble choosing between restaurants? Now you don't have to! Come hungry as we travel through Brookfield. We begin with appetizers at the Grand Tavern, dinner at Paisans Pizzeria, and top it off with dessert at Zoo City Treats.

Code 2-215-01-1  
Age 12 – 15  
Place Brookfield  
Date Saturday, October 11  
SEASPAR 4:00 – 7:30 p.m.  
Denning 4:30 – 7:00 p.m.  
Fee \$40

## Days Off School

Looking for something fun to do on your days off from school? Spend time with SEASPAR and go on fun outings each day! Our time will be filled with fun, games, sports, crafts, and outings. Participants are divided into smaller groups based on their age. Please provide a sack lunch for each day.

Age 6 – 15  
Place Darien Sportsplex  
Time 8:30 a.m. – 5:00 p.m.  
Fee \$50 per day

Code	Date	Field Trip
2-216-01-1	Monday, October 13	Swimming
2-228-01-1	Tuesday, November 11	Enchanted Castle
2-237-01-1	Tuesday, November 25	Movie
2-238-01-1	Wednesday, November 26	Bowling

## Late Registration

There may be openings available for programs after August 18, so please call to find out if a program you are interested in is still available.

## 16 Special Events for Children & Young Teens



### Cinemark Seven Bridges IMAX

Enjoy “Into the Arctic 3D,” narrated by Meryl Streep. The film takes us into the lives of a mother polar bear and her twin cubs, as they navigate the changing Arctic wilderness they call home. Captivating and intimate IMAX footage brings us up close and personal with this family’s struggle in a frigid environment of melting ice, immense glaciers, spectacular waterfalls, and majestic snow-bound peaks. After the show we have lunch at Jam N Jelly Café.

Code 2-219-01-1  
Age 10 – 15  
Place Cinemark Seven Bridges  
Date Sunday, October 19  
Denning 8:15 a.m. – 1:00 p.m.  
SEASPAR 8:45 a.m. – 12:30 p.m.  
Fee \$40

### Boo Bash

Halloween is celebrated by costumes, trick-or-treating, ghost stories, and jack-o-lanterns. Why not add dancing and fun to the list? Celebrate with friends and show off your costume and dance moves. Refreshments are included.

Code 2-222-01-1  
Age 10 – 15  
Place Darien Community Center  
Date Friday, October 31  
Time 6:30 – 8:30 p.m.  
Fee \$15

### Harry Potter Halloween Party

You have been chosen to celebrate Halloween this year at Hogwarts. We hope you are able to join us at this time of celebration, since we expect great fun playing wizard games, creating our own wands, and treating ourselves to snacks only found in the wizarding world. Since the surrounding area is well-protected by Memory Charms, it is safe to wear normal wizard attire, but if you miss the Hogwarts Express or are unable to apparate, feel free to arrive dressed in the Muggle manner. We look forward to your arrival at Hogwarts.

Code 2-224-01-1  
Age 4 – 10  
Place Grand Avenue Center  
Date Saturday, November 1  
Time 2:00 – 4:00 p.m.  
SEASPAR 1:30 – 4:30 p.m.  
Fee \$20

## Star Wars Party

In a galaxy not too far, far away, SEASPAR invites you to come and play! So fly your spaceship at the speed of light to the celebration with other Jedi Knights! Invited you are to join SEASPAR on a Galactic adventure. Take part in your Jedi training, enjoy Yoda sodas, and make Wookiee cookies. After sufficient training, you are awarded with your light saber. May the force be with you!

Code 2-233-01-1  
Age 5 – 10  
Place Lisle Program Room  
Date Saturday, November 15  
Time 2:00 – 4:00 p.m.  
Denning 1:30 – 4:30 p.m.  
Fee \$15

## Teen Overnight

Don't miss out on spending the night with friends. Start the evening with bowling at Lisle Lanes, followed by pizza for dinner. We spend the rest of our evening watching movies, playing games in the gym, and relaxing in the multi-sensory room. In the morning we have breakfast before saying goodbye. Pack an overnight bag with necessary items and bring a sleeping bag. Bring your favorite board games, Wii games, movies, and CDs if you'd like.

Code 2-230-01-1  
Age 11 – 15  
Place Lisle Recreation Center  
Date Saturday – Sunday, November 15 & 16  
Time 5:00 p.m. – 9:00 a.m.  
Denning 4:30 p.m. – 9:30 a.m.  
Fee \$50

## Turkey Shoot

The Turkey Shoot is a basketball shooting contest in which participants compete to win a turkey for Thanksgiving. A variety of contests are provided for all ability levels. Everyone gets to take home a memento, and winners take home a turkey.

Code 2-234-01-1  
Age 11 – 15  
Place Lincoln Center  
Date Saturday, November 22  
Time 10:00 a.m. – 12:00 p.m.  
Denning 9:30 a.m. – 12:30 p.m.  
Fee \$20

## Please Check In

When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

## Special Kids Day

Since 1990, 400 special needs children have been treated to a delightful afternoon when they can bond with Santa Claus. They have their picture taken, receive specially-selected toys, enjoy cookies and ice cream, and activities such as face painting, visits by clowns, and other performers. We stop for dinner at Pizza Palace on the way home.

Code 2-239-01-1  
Age 4 – 10  
Place Wilder Mansion  
Date Wednesday, December 3  
SEASPAR 3:00 – 6:30 p.m.  
Denning 3:30 – 6:00 p.m.  
Fee \$25

## Winter Break Camp

New this winter break, SEASPAR is offering a more convenient camp option for you, with flexible pickup and drop-off times, more dates, and more fun! Our time is filled with fun, games, sports, crafts, and outings. Participants are divided into smaller groups based on their age. Please provide a sack lunch for each day.

Age 6 – 15  
Place LaGrange Community Center  
Time 9:00 a.m. – 4:00 p.m.  
Drop-off 8:00 – 9:00 a.m.  
Pickup 4:00 – 5:00 p.m.  
Fee \$44 per event

Code	Date	Activity
2-248-01-1	Monday, December 22	A Christmas Carol
2-248-01-2	Tuesday, December 23	Monkey Joe's
2-248-01-3	Friday, December 26	Movie
2-248-01-4	Monday, December 29	Sci-Tech
2-248-01-5	Tuesday, December 30	Bowling
2-248-01-6	Friday, January 2	Wonders

Age 6 – 15  
Place Lisle Program Room  
Time 9:00 a.m. – 4:00 p.m.  
Drop-off 8:00 – 9:00 a.m.  
Pickup 4:00 – 5:00 p.m.  
Fee \$44 per event

Code	Date	Activity
2-248-01-7	Monday, December 22	A Christmas Carol
2-248-01-8	Tuesday, December 23	Lombard Roller Rink
2-248-01-9	Friday, December 26	Movie
2-248-01-10	Monday, December 29	Bowling
2-248-01-11	Tuesday, December 30	Sci-Tech
2-248-01-12	Friday, January 2	Monkey Joe's



# 18 Special Olympics

## Participation

Persons are eligible for Special Olympics if they are eight years of age or older and have been identified by an agency or professional as having intellectual disabilities, cognitive delays as determined by standardized measure, or have significant learning or vocational problems due to cognitive delays that require, or have required, specially designed instruction.



## Medical Forms

Athletes wishing to participate in Special Olympics programs must have a current Special Olympics medical form on file at SEASPAR. It is valid for two years from the date of the examination. Please contact SEASPAR to find out when your form expires or to request one. A medical form is available on our website, [www.seaspar.org](http://www.seaspar.org). Faxed forms are not accepted.

**Disclaimer** – Team sports and relay events take precedence over individual sports or events at the state level of competition.

## Powerlifting

Athletes set and reach fitness goals through the disciplined and challenging sport of powerlifting. Participants learn proper technique for both the deadlift and bench press, while improving their overall fitness level through weekly workout sessions. We participate in the District Powerlifting competition at the 2015 Spring Games.

Code 2-122-01-1  
Age 16 years and older  
Place Lisle Community Center  
Dates Mondays, October 27 – January 12  
# Weeks 12  
Time 6:00 – 7:30 p.m.  
Limit 6  
Fee \$105

## Snow-Shoeing

If you are interested in trying a winter sport, but skiing is not for you, snow-shoeing is a great option. Athletes practice both “sprinting” and “distance” events, as determined by the coaches and according to each individual’s ability and interest. The Special Olympics district competition is held in early January. Gold medal winners advance to the Special Olympics Winter Games held in Galena in early February. The program is held snow or no snow. SEASPAR provides all necessary equipment.

Code 2-109-01-1  
Age 8 years and older  
Place Ebersold Park  
Dates Mondays, October 27 – January 5  
# Weeks 11  
Time 4:00 – 5:00 p.m.  
Limit 10  
Fee \$95

## Cross Country Skiing

Enjoy this popular winter sport with SEASPAR. The group is introduced to the basics of cross country skiing, while promoting fitness and coordination. A sense of team spirit and good sportsmanship is encouraged. The program prepares skiers for the Special Olympics competition in early January. Gold medal winners in this competition advance to the Special Olympics Winter Games held in Galena in early February. The program is held snow or no snow.

Code 2-108-01-1  
Age 8 years and older  
Place Ebersold Park  
Dates Mondays  
October 27 – January 5  
# Weeks 11  
Time 4:00 – 5:00 p.m.  
Limit 10  
Fee \$95



## For More Information

about Special Olympics,  
please contact Aaron Hirthe  
at 630-960-7600 or  
[ahirthe@seaspar.org](mailto:ahirthe@seaspar.org).



[www.seaspar.org](http://www.seaspar.org)

## Basketball

Spartans basketball is back for another season of fast breakin' action! SEASPAR's veteran coaching staff instructs the athletes in the fundamentals of basketball and team play. We meet at the Downers Grove Park District Recreation Center to practice on the first week of the program. Athletes are divided into the Blue Team, White Team, and Gray Team according to game play ability, age, and the discretion of the coaches. Uniforms and a detailed schedule are distributed at practice prior to the first game. In addition to the regular game schedule, teams compete in the Special Olympics Tournament in January and the ITRS Tournament on Sunday, February 15.

Code 2-101-01-1  
 Age 16 years and older  
 Dates Tuesdays, November 4 – February 10  
 # Weeks 15  
 Limit 36  
 Fee \$185

### Blue Team and Gray Team

Place Downers Grove Recreation Center  
 Time 6:30 – 8:00 p.m.  
 Denning 6:00 – 8:30 p.m.

### White Team

Place Park District of LaGrange  
 Time 6:30 – 8:00 p.m.  
 SEASPAR 6:00 – 8:30 p.m.

**Basketball Programs:**  
 Bring a water bottle to practice.  
 Athletic apparel and gym shoes are required.



## Junior Basketball

We join our friends at Lily Cache SRA to work on dribbling, shooting, and passing, while building a concept of teamwork. We compete at the Special Olympics tournament in January and the ITRS tournament on Saturday, February 14. **Note:** Saturday practices and home games are held in the morning, and away games are held in the early afternoon. Monday practices are held in the evening. Times and locations vary.

Code 2-102-01-1  
 Age 8 – 15  
 Place Annerino Community Center  
 Dates Saturdays (Practices & Games)  
 October 18 – February 14  
 (No program November 29,  
 December 13)  
 Mondays (Practices)  
 November 10 – February 9  
 # Weeks 15  
 Time Varies  
 Limit 6  
 Fee \$192

## Basketball NEW! (Pre-season Practice)

Have an area of your basketball game that needs improvement? Come join other members of the SEASPAR Spartans basketball teams in a warm-up session of basketball practice before the regular season begins. Athletes can just shoot around, join the group scrimmages, or participate in instructional drills designed to get your mind, body, and game ready for competitive play! This program is open to all current or potential SEASPAR Spartans basketball athletes.

Code 2-101-01-5  
 Age 16 years and older  
 Place Westmont Community Center  
 Dates Saturdays, October 4, 11, 18, 25  
 # Weeks 4  
 Time 5:30 – 6:30 p.m.  
 Limit 36  
 Fee \$20

## Aquatics

Aquatics is designed for advanced swimmers who want to compete. Practices focus on swim endurance and refining stroke mechanics. The team competes in the SEASPAR Swim Meet on Saturday, November 22, and the FVSRA Swim Meet in December. Swim meet fees are included.

Code 2-118-01-1  
 Age 8 years and older  
 Place Indian Boundary YMCA  
 Dates Saturdays  
 September 27 – December 20  
 (No program November 29)  
 Time 1:00 – 2:00 p.m.  
 # Weeks 12  
 Limit 25  
 Fee \$136

# 20 Special Olympics

## Artistic Gymnastics

Gymnasts learn and practice the individual movements required to complete specific routines for the Vault, Balance Beam, Uneven Bars, and the Floor Routine, in preparation for the Special Olympics competition in March. Participants must exhibit patience and be able to follow all safety guidelines for the facilities and equipment used. Athletes should wear gymnastics leotards or fitted clothing. **Note:** Transportation may be provided as determined by the practice schedule and facility used.

Code 2-114-01-2  
Age 8 years and older  
Place Various  
Dates Wednesdays, September 24 – January 14  
(No program December 24, 31)  
# Weeks 15  
Time 7:00 – 8:15 p.m.  
Limit 6  
Fee \$235

## Rhythmic Gymnastics

Increase your coordination and flexibility while learning compulsory routines, and using balls, hoops, ribbons, and ropes. Athletes have the opportunity to participate in the Special Olympics competition in March. Participants should wear leotards or fitted clothing and gym shoes.

Code 2-114-01-1  
Age 8 years and older  
Place Westmont Community Center  
Dates Wednesdays, September 24 – January 14  
(No program December 24, 31)  
# Weeks 15  
Time 7:00 – 8:15 p.m.  
Limit 6  
Fee \$150

### 2014 Special Olympics and ITRS Competition Schedule Dates to Remember

(all dates are subject to change)

September 12-14	SO Outdoor Sports Festival
September 20	SO Bocce
September 28	SO Volleyball
October 5	ITRS Volleyball
October 19	SO Sectional Bowling
October 25-26	SO Fall Games
November 8	SO State Floor Hockey
November 22	SEASPAR Swim Meet
December 6	SO State Bowling

## Alpine Skiing

It's that time of the year to join the SEASPAR Ski Team for some winter fun! Both beginner and experienced skiers are welcome. This program is designed to teach beginner skiers the basic skills required to pass the Special Olympics skills assessment tests. SEASPAR coaches promote independence and emphasize balance and control while skiing. The goal of the program is to develop beginner skiers for future competitive skiing. Coaches will also work with the competitive skiers to refine their skills in preparation for the 2015 Alpine Qualifier held in January. Participation in this competition is determined by the coaches. Helmets are required for this program. In the event of inclement weather, the program will be held on Sunday, January 4.

Code 2-110-01-1  
Age 8 years and older  
Place Wilmot Mountain  
Date Saturday, January 3  
Time 8:00 a.m. – 7:00 p.m.  
Limit 6  
Fee \$265

**Note:** For those who would like an additional three hours of skiing, individual practice time will be scheduled in December and January, weather permitting.

Code 2-110-01-2  
Age 8 years and older  
Place Four Lakes Ski & Snowboard Area  
Days Mondays and Thursdays  
Time TBD  
Limit 6  
Fee \$80

## Winter Sports Getaway

This program provides an on-site training opportunity for the 2015 State Winter Games or extra practice for those athletes aspiring to qualify for this Special Olympics State competition. This trip to Chestnut Mountain Ski Resort is only open to athletes who have registered in a SEASPAR winter sport program including Snow-Shoeing, Cross-Country Skiing, or Alpine Skiing. Coaches hold structured practices for each sport and athletes are welcome to try the other sports during scheduled free time. **Note:** Participants are encouraged to contribute to the group dynamics by cooperating with staff and other group members, and by adapting their schedules and routines to accommodate the logistics of this experience. Due to the nature of the setting, participants are expected to stay with their assigned staff and not wander. A packing list and detailed schedule are sent prior to the trip.

Code 2-210-01-1  
Age 8 years and older  
Place Chestnut Mountain Resort  
Dates Saturday to Sunday, January 10 – 11  
Departure 6:30 a.m.  
Return 7:00 p.m.  
Limit 8  
Fee \$275



## Adapted Sports Sampler

Want to try something new? Join us for an afternoon of fun with sports. This introductory program is designed help you find the sport you love. We try softball, bocchia, table tennis, and quad rugby. If you would like to try a different sport, not a problem...it's all about you!

Code 2-050-01-1  
 Age 8 years and older  
 Place Park District of LaGrange  
 Dates Mondays, September 22 – December 8  
 # Weeks 12  
 Time 3:00 – 5:00 p.m.  
 Fee \$70

## Youth Goalball

Goalball provides an opportunity for athletes who are visually impaired to stay fit while having fun. Athletes throw and block a goalball with bells in it to score points while blindfolded. This program is designed to develop offensive throwing skills, defensive techniques, and team communication.

Code 2-050-02-1  
 Age 8 – 18  
 Place Lisle Recreation Center  
 Dates Wednesdays, September 24 – December 10  
 # Weeks 12  
 Time 4:30 – 5:45 p.m.  
 Fee \$90



## Adapted Music Lessons

Have you ever had the chance to make music? This exciting new program gives individuals with limited mobility the chance to make beautiful music! The Soundbeam 5 translates movement into music using movement sensory technology. Move your head, wave your hand, or spin your wheelchair, and musical notes fill the air. Lessons are one half-hour.

Code 2-050-09-1  
 Age All Ages  
 Place Wonders  
 Dates Thursdays, September 25 – January 29  
 (No program November 27, December 25, January 1)  
 # Weeks 16  
 Time 4:30 – 6:00 p.m.  
 Fee \$274

Code 2-050-09-2  
 Age All Ages  
 Place Wonders  
 Dates Fridays, September 26 – January 30  
 (No program November 28, December 26, January 2)  
 # Weeks 16  
 Time 4:30 – 6:00 p.m.  
 Fee \$274

## Power Soccer

Participants use an oversized soccer ball and maneuver their chairs to dribble, pass, shoot, and score goals. A footguard is attached to the front of the power wheelchair and the game is on! This program is an introduction to Power Soccer and is designed for beginners. Footguards are provided.

Code 2-050-06-1  
 Age All Ages  
 Place Clarendon Hills Community Center  
 Dates Thursdays, September 25 – December 11  
 (No program November 27)  
 # Weeks 11  
 Time 5:30 – 7:00 p.m.  
 Fee \$60

### For More Information ...

about adapted sports,  
 please contact  
**Greg Pavesich**  
 at 630-960-7600 or  
[gpavesich@seaspar.org](mailto:gpavesich@seaspar.org).



# 22 Programs for Individuals with Physical Disabilities

## Mobility Motivation

This program is designed for individuals with physical disabilities to utilize SEASPAR's new multi-sensory room to encourage movement for strength and flexibility. Participants use Gesturtek technology to walk on responsive projected images, and are also enticed by the Soundbeam 5, which creates musical notes with the wave of a hand.

Code 2-050-08-1  
Age All Ages  
Place Wonders  
Dates Thursdays, September 25 – January 29  
(No program November 27, December 25, January 1)  
# Weeks 16  
Time 6:15 – 7:30 p.m.  
Fee \$55

## Adapted Boccia

Join SEASPAR in playing Boccia, designed for individuals whose physical impairment is their primary disability. Boccia is a game of precision in which the object is to place the balls closest to a target. Adaptive ramps are available to make the sport accessible for all individuals.

Code 2-050-01-1  
Age All Ages  
Place Clarendon Hills Community Center  
Dates Thursdays, September 25 – December 11  
(No program November 27)  
# Weeks 11  
Time 7:00 – 8:00 p.m.  
Fee \$55

## Wheelchair Table Tennis **NEW!**

Get your top spin going with SEASPAR's new table tennis program. Learn the basics of wheelchair table tennis, and how to deal out a killer serve and counter your opponents return. This program is for beginners.

Code 2-050-12-1  
Age 8 years and older  
Place Darien Sportsplex  
Dates Saturdays, September 27 – December 13  
(No program November 29)  
# Weeks 11  
Time 10:00 – 11:00 a.m.  
Fee \$30

## Sled Hockey

SEASPAR is hitting the ice. Sled hockey allows participants who have a physical disability to play hockey. This program is for beginners to learn the fundamentals. So come and try one of the most popular sports in the Paralympic Games. All equipment is provided.

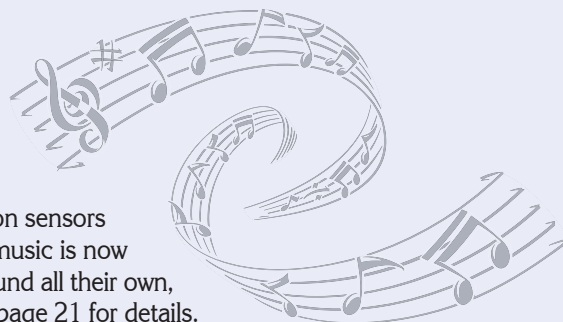
Code 2-050-03-1  
Age 8 years and older  
Place Darien Sportsplex  
Dates Sundays September 28 – December 7  
(No program November 30)  
# Weeks 10  
Time 1:50 – 3:50 p.m.  
Fee \$100



## The Goal Post

*Opening doors to  
your adapted goals*

With the opening of Wonders, we now have the equipment to open doors to other adapted goals. The Soundbeam 5 is a synthesizer that creates music from motion. More than 100 instruments are programmed into the unit, and its motion sensors are so fragile, you can trigger them with a blink of an eye. Playing and creating music is now truly accessible for anyone. Musicians can layer sounds and songs to create a sound all their own, using four touch pads acting as triggers. Please see Adapted Music Lessons on page 21 for details.



## Teen Scene

Spend the afternoon with SEASPAR exploring the community and having fun. Activities include shopping, movies, bowling, and more. Participants are picked up directly from school. Parents are responsible for pickup at SEASPAR or Denning Park after the program. A schedule is mailed with confirmations.

Code 2-012-01-2  
Place Lyons Township North and South High Schools  
Dates Mondays, September 22 – December 8  
# Weeks 12  
Denning 6:00 p.m.  
Fee \$312

Code 2-012-01-1  
Place Downers Grove North and South High Schools, Lisle High School, Westmont Transition Center  
Dates Tuesdays, September 23 – December 9  
# Weeks 12  
SEASPAR 6:00 p.m.  
Fee \$312

## Karate

The skills learned, and the training methods used in non-contact karate, help release tension and increase focus. Participants learn self-control, balance, and the ability to process and follow a series of directions. This is a continuous program giving participants the ability to advance through the belt system and the opportunity to earn a black belt. All abilities are welcome as instruction is tailored to each individual's progress. A uniform, purchased through True Balance Karate, is required for individuals participating in two or more sessions of karate since they then become members of the karate club. **Note:** A waiver is sent with the program confirmation and must be returned by Friday, September 12.

Code 2-074-01-1  
Place True Balance Karate  
Dates Mondays, September 22 – November 24  
# Weeks 10  
Time 5:55 – 6:25 p.m.  
Fee \$100

Code 2-074-01-2  
Place True Balance Karate  
Dates Mondays, December 1 – February 2  
# Weeks 10  
Time 5:55 – 6:25 p.m.  
Fee \$100

## Young Adult Club

Calling all teens and young adults! SEASPAR's Young Adult Club is geared specifically for teens and young adults transitioning into adult programs. Activities and outings place a strong emphasis on socialization and fun. It's the perfect opportunity to meet new friends and connect with old ones.

Code 2-095-01-1  
Place Various Locations  
Dates Saturdays, September 27, October 11, 25, November 8, 22, December 6  
SEASPAR 1:00 – 5:00 p.m.  
Denning 1:30 – 4:30 p.m.  
Limit 12  
Fee \$185



## Columbus Day Out

Celebrate Columbus Day with SEASPAR! We travel to Family Fun Zone in Crest Hill and spend the day exploring this amazing arcade. A pizza lunch is provided.

Code 2-217-01-1  
Place Family Fun Zone  
Date Monday, October 13  
Denning 9:00 a.m. – 3:00 p.m.  
SEASPAR 9:30 a.m. – 3:30 p.m.  
Fee \$45

## Veteran's Day Out

We have double the fun this Veteran's Day! We watch a movie and play arcade games at Enchanted Castle in Lombard. Don't miss out on this exciting day off from school! Lunch is included.

Code 2-229-01-1  
Place Enchanted Castle  
Date Tuesday, November 11  
Denning 9:00 a.m. – 3:00 p.m.  
SEASPAR 9:30 a.m. – 3:30 p.m.  
Fee \$48



*Become a fan of  
SEASPAR on Facebook.*



# 24 Programs for Teens & Adults (16+)

## Fitness

Regular exercise and physical activity are extremely important and beneficial for long-term health and well-being. Being physically active can help you reduce body fat, control weight, reduce depression and anxiety, and build and maintain healthy muscles, bones, and joints, along with increasing flexibility.

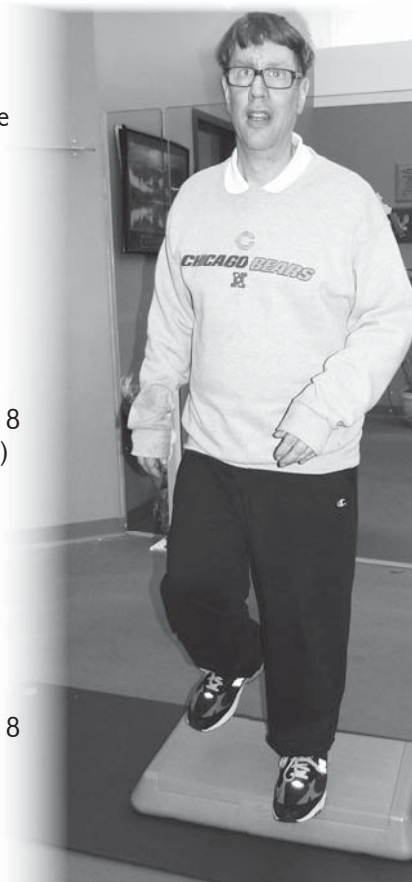
Join one of SEASPAR's fitness classes to enhance your work, recreation, and sports performance. If the weather is conducive, we may walk outside. Please bring a water bottle. Athletic apparel and gym shoes are required. No jeans allowed.

### Fitness Fundamentals

Code 2-003-01-2  
Place Community Park District of LaGrange Park  
Dates Mondays  
September 22 – December 8  
(No program November 24)  
# Weeks 11  
Time 5:00 – 6:00 p.m.  
Fee \$55

### Fit n' Fabulous

Code 2-003-01-3  
Place Darien Sportsplex  
Dates Mondays  
September 22 – December 8  
# Weeks 12  
Time 5:00 – 6:00 p.m.  
Fee \$60



## Kitchen Creations

Being able to work your way around a kitchen is a valuable skill that goes beyond fixing yourself a sandwich. Learn about kitchen safety, food sanitation, table etiquette, proper manners, and the art of following a recipe in order to create a delectable dish. Why not sign up for a fitness program held at the same location?

Code 2-005-01-2  
Place Community Park District of LaGrange Park  
Dates Mondays, September 22 – December 8  
(No program November 24)  
# Weeks 11  
Time 6:00 – 7:30 p.m.  
Fee \$129

Code 2-005-01-1  
Place Darien Sportsplex  
Dates Monday, September 22 – December 8  
# Weeks 12  
Time 6:00 – 7:30 p.m.  
Fee \$140

## For More Information ...

about programs for teens  
and adults, please contact  
Shannon Tovey at  
630-960-7600  
or [stovey@seaspar.org](mailto:stovey@seaspar.org).



## Afternoon Adventures

Enjoy exciting travels throughout the community with your friends. You're sure to have a memorable time. Parents are responsible for pickup at SEASPAR or Denning Park after the program. A schedule is mailed with confirmations.

Code 2-007-01-3  
Place Darien Sportsplex  
Dates Mondays, September 22 – December 8  
# Weeks 12  
Drop-off SEASPAR 2:30 p.m.  
Darien Sportsplex 3:00 p.m.  
Lisle Recreation Center 3:30 p.m.  
Pickup Denning 5:30 p.m.  
SEASPAR 6:00 p.m.  
Limit 12  
Fee \$246

## Wrestle Mania

Liven up your Monday nights and spend them watching WWE Monday Night RAW at SEASPAR's program room in Lisle. The evening includes pizza, watching wrestling on TV, and enjoying time with your friends.

Code 2-046-01-1  
Dates Mondays, September 22, October 6, 20,  
November 3, 17, December 1  
Place Lisle Program Room  
Time 7:00 – 9:00 p.m.  
Denning 6:30 – 9:30 p.m.  
Fee \$50

## Nothing Kills a Good Program Quicker ...

than everyone waiting until the last minute to register. If there are not enough registrants, the program is cancelled, and coming in the day of the program to sign up won't save it. Registration must be received five days prior to the start of the program and preferably by Monday, August 18.

## BINGO!

Don't miss your chance to be a big winner! Spend the evening with your SEASPAR friends trying your luck at B-I-N-G-O! We have many prizes and snacks, plus there's time to socialize.

Code 2-034-01-1  
Place Lincoln Center  
Dates Tuesdays  
September 23 – October 28  
# Weeks 6  
Time 6:00 – 7:00 p.m.  
Fee \$36

Code 2-034-01-2  
Place Western Springs  
Recreation Center  
Dates Tuesdays  
November 4 – December 9  
# Weeks 6  
Time 6:00 – 7:00 p.m.  
Fee \$36



## Day Away Tour

If you have been wishing for something to do during the week, join Day Away Tour. The group travels beyond the local community to experience a variety of fun recreational activities. Outings include shopping, theater, and sporting events. A schedule is mailed with confirmations. **Note:** Based on the distance of the destination, times may vary.

Code 2-007-01-1  
Age 21 and older  
Place Various Locations  
Dates Tuesdays, September 30, October 14, 28, November 4, 25, December 9  
SEASPAR 9:00 a.m. – 3:00 p.m.  
Limit 12  
Fee \$315

## Animal Assisted Therapy

Spend time with man's best friend. You are given the opportunity to work with Rainbow Therapy Dogs, using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem.

Code 2-039-01-1  
Place Darien Community Center  
Dates Tuesdays, November 4 – December 9  
# Weeks 6  
Time 7:00 – 8:00 p.m.  
Fee \$55

**PLEASE NOTE:** Program confirmations are mailed two weeks prior to the start of programs.

**Adult Sensory Time**  
See page 10 for information.

## Music Mania

Learn new songs, free dance, and how to jam instrumentally. The group experience teaches patience, sharing, and listening. The goal is for you to use music for stress reduction, relaxation, and improving communication...and, most importantly, to have fun!

Code 2-014-01-1  
Place Westmont Community Center  
Dates Tuesdays, September 23 – December 9  
# Weeks 12  
Time 7:00 – 7:45 p.m.  
Fee \$92

## Actors Guild

This program is held cooperatively with Tri County SRA and is taught by Christine Grohne of Actors with Special Needs. Participants will be honing their acting skills and practicing for the spring performance, so please remember to sign up for Actors Guild in the winter-spring session. Actors Guild is designed to build self-esteem, enhance character, and motivate each of you to do your best. No acting experience is necessary. Family and friends are encouraged to practice lines with participants in order to prepare them for their performance at the Holiday Spectacular on Monday, December 8.

Code 2-010-01-1  
Place Lincoln Center  
Dates Wednesdays, September 24 – December 10  
# Weeks 12  
Time 4:45 – 6:00 p.m.  
Fee \$100

## Dancin' the Night Away

Have you always wanted to learn how to boogie down? Now you can! Learn dance movements that you'll be able to show off for your friends and family on the final date of the program. You can then flaunt your new moves at one of our many dances offered throughout the year.

Code 2-011-01-2  
Place Brookfield Municipal Building  
Dates Wednesdays, September 24 – December 10  
# Weeks 12  
Time 7:00 – 8:00 p.m.  
Fee \$72

# 26 Programs for Teens & Adults (16+)

## At the Movies

Lights, camera, action! Get together with friends to see a current G, PG, or PG-13 movie. Please visit our website at [www.seaspar.org](http://www.seaspar.org) or call SEASPAR after 2:00 p.m. on the day of the program for movie title and time (if calling after hours, select the program update option). Bring \$10 for concessions if you wish. **Note:** Parents, guardians, and/or caseworkers must check in with the supervisor upon arrival and departure.

Time Varies  
 Dates Wednesdays, September 24, October 15,  
 November 12, December 10  
 Fee \$67

Code 2-019-01-1  
 Place AMC Quarry Cinema

Code 2-019-01-2  
 Place Cinemark at Seven Bridges

## Holiday Treats

Each season brings new holiday treats to enjoy. We make delectable delights for each of our favorite holidays. Try your luck at frosted pumpkin cupcakes, spooky ghostwiches, and Santa party poppers. Learn how to follow a recipe in order to create your own succulent snack.

Code 2-032-01-1  
 Place Darien Sportsplex  
 Dates Wednesdays, October 1, November 5, December 3  
 Time 6:00 – 7:30 p.m.  
 Fee \$31



## Adult Swim

Jump right in; the water's great! This non-competitive program is designed for those who enjoy a leisurely swim in the pool. We spend our Wednesday evenings playing fun water games while socializing with great friends. Sign up today and make a splash.

Code 2-002-01-1  
 Place Doubletree Hotel  
 Dates Wednesdays, September 24 – December 10  
 # Weeks 12  
 Time 7:00 – 8:00 p.m.  
 Fee \$55

## Bears Bonanza

Don't miss your chance to cheer on the Chicago Bears in their hunt to return to the NFL playoffs! Head Coach Marc Trestman leads the team through an exciting season of touchdown passes and crushing tackles. Lunch is served as the competition plays out on the big screen at Papa Passero's. **Note:** Due to the unpredictable length of the games, return time to Denning Park is approximate. SEASPAR remains until the end of the game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Day Sundays  
 Place Papa Passero's  
 Game Time Noon  
 Time 11:45 a.m. – 3:15 p.m.  
 Denning 11:15 a.m. – 3:45 p.m.  
 Fee \$26 per event

Code	Date	Team
2-027-01-1	September 28	Green Bay Packers
2-027-01-2	October 19	Miami Dolphins
2-027-01-3	November 16	Minnesota Vikings
2-027-01-4	November 23	Tampa Bay Buccaneers

## Weight Training

Are you willing to go the extra mile and dedicate yourself to our weight training program? When it comes to changing how your body looks, weight training wins hands down. Lifting weights can help raise your metabolism, strengthen bones, help you avoid injuries, increase your confidence and self-esteem, and improve coordination and balance. SEASPAR staff assist you in choosing which exercises help you achieve your goals. Bring a water bottle. Athletic apparel and gym shoes are required. No jeans allowed.

Code 2-013-01-1  
 Place Lisle Community Center  
 Dates Thursdays, September 25 – December 11  
 (No program November 27)  
 # Weeks 11  
 Time 4:30 – 5:30 p.m.  
 Fee \$78



## Glee Club

Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Practicing helps you stay "in tune" in preparation for the Holiday Spectacular on Monday, December 8.

Code 2-014-01-2  
Place Darien Sportsplex  
Dates Thursdays, September 25 – January 8  
(No program October 9, November 27, December 25, January 1)  
# Weeks 12  
Time 5:00 – 6:00 p.m.  
Fee \$78



## Woodworking

Let the experts at Woodcraft help you create your own woodworking masterpiece in this unique program. Staff members help you choose from a multitude of wood-working activities. Past projects have included birdhouses, magazine racks, pens, and ornaments.

Code 2-015-01-1  
Place Woodcraft  
Dates Thursdays, October 9, 23, November 6, 20  
Time 7:00 – 8:30 p.m.  
Limit 8  
Fee \$85

## Yoga

Yoga is designed to safely guide you toward enhanced strength, stamina, and flexibility. Studies show yoga has multiple health benefits such as reducing high blood pressure, blood sugar, and obesity. Mats are provided. Please bring a water bottle.

Code 2-033-01-1  
Place Darien Community Center  
Dates Thursdays, September 25 – December 11  
(No program November 27)  
# Weeks 11  
Time 7:00 – 8:00 p.m.  
Limit 8  
Fee \$92

## Alley Cats/Strikers

Enjoy a leisurely game of bowling with your friends. This non-competitive program focuses on the importance of sportsmanship, socialization, and fun, with basic bowling instruction. Scores are recorded to help participants track their progress, and are also used as a basis for participants who choose to sign up for Special Olympics Bowling. **Note:** Parents and/or guardians are responsible for bringing participants into the bowling alley and checking in with staff.

## Diner's Delight

Whether you work up an appetite from bowling, or are looking for an evening among friends, Diner's Delight can provide you with a tasty meal and friendly conversations. Staff help participants promote their independence by having them order their own meals, set the tables, engage in appropriate social interaction, and clean up after the meal. A schedule is mailed with confirmations.

**Note:** Participants registering only for Diner's Delight meet at Lisle Lanes at 4:45 p.m. or at Willowbrook Lanes at 5:15 p.m. Participants registered for Lisle EAGLES and Alley Cats Lisle are picked up from EAGLES at 3:30 p.m.

Code	Program	Place	Day	Dates	No Program	# Weeks	Time	Fee
2-023-01-1	Alley Cats	Lisle Lanes	Wednesday	9/24 – 12/10		12	4:00 – 5:00 p.m.	\$158
2-022-01-1	Diner's Delight	Lisle Lanes	Wednesday	9/24 – 12/10		12	5:00 – 6:30 p.m.	\$175
2-023-01-2	Alley Cats	Willowbrook Lanes	Thursday	9/25 – 12/11	11/27	11	4:30 – 5:30 p.m.	\$145
2-022-01-2	Diner's Delight	SEASPAR	Thursday	9/25 – 12/11	11/27	11	5:30 – 7:00 p.m.	\$161
2-022-01-3	Diner's Delight	Denning	Thursday	9/25 – 12/11	11/27	11	5:30 – 7:00 p.m.	\$161
2-023-01-3	Strikers	Suburbanite Bowl	Saturday	9/27 – 12/13	11/29	11	11:00 a.m. – 12:00 p.m.	\$145

# 28 Programs for Teens & Adults (16+)

## Social Club

Social Club offers activities and excursions within the community. As clubs are established, consideration is given to age, peer groups, car pools, CILA's, and issues that are important to you. Please be sure to list car pool information on the registration form. Accessible transportation is available. The Boo Bash and Holiday Dinner Dance are included in the club schedule.

Code	2-025-01-1
Dates	Fridays, September 26 – December 12 (No program November 28)
# Weeks	11
Time	Varies by Activity
Fee	\$195



### Participation

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

## Saturday Night Socialites

This program is designed for adults who are ready to venture out on their own, but may need a jump-start. The group plans a variety of community outings. A schedule is mailed and available on the website once the activities are determined. Participants must contribute to the social dynamics of the group and adhere to dress and behavior codes.

Code	2-026-01-1
Age	21 years and older
Place	Buffalo Wild Wings
Planning Date	Saturday, September 20
SEASPAR	6:00 – 9:00 p.m.
737 Apts.	6:30 – 8:30 p.m.
Dates	Saturdays, October 18, November 1, 15, December 6, 13
Time	Varies
Pickup	SEASPAR 737 Apartments
Limit	12
Fee	\$258

## Fall Festers

Love the changing leaves and cooler air? Get outdoors this fall and join your SEASPAR friends as we experience all this season has to offer before winter. We travel to an Oktoberfest celebration, a scarecrow fest, and have a fall celebration of our own on the last day. Bring \$15 for snacks and souvenirs.

Code	2-005-01-4
Place	SEASPAR
Dates	Saturdays, October 4, 11, 18
Time	6:00 – 9:30 p.m.
Limit	12
Fee	\$47

## 45 +

This program is geared toward older adults. We begin with lunch, followed by an afternoon of bowling. Participants will select their favorite restaurants.

Code	2-007-01-4
Age	45 years and older
Place	Various Locations
Dates	Sundays, October 5, November 2, December 7
SEASPAR	11:00 a.m. – 3:30 p.m.
Denning	11:30 a.m. – 3:00 p.m.
Limit	12
Fee	\$61

## Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

# Special Events for Teens & Adults (16+) 29

## FVSRA Bowling Tournament

SEASPAR is invited to FVSRA's 24th Annual Bowling Tournament. Get back into the swing of things and start the bowling season with some friendly competition. The tournament consists of three games of bowling, lunch, and awards ceremony. Shoes, ramp, and bowling balls are available at the bowling alley, or you are welcome to bring your own.

Code 2-201-01-1  
Place Bowling Green Sports Center  
Date Saturday, September 6  
Denning 8:45 a.m. – 2:00 p.m.  
SEASPAR 9:15 a.m. – 1:30 p.m.  
Limit 12  
Fee \$40

## Uncle Bub's BBQ

Visit Uncle Bub's BBQ and experience one of a kind BBQ flavor in the heart of Chicagoland. Uncle Bub's is authentic home-style BBQ, hand-prepared and made with the finest ingredients. Try their pig pickin' pulled pork, baby back ribs, or chicken; the choice is yours.

Code 2-202-01-1  
Place Uncle Bub's BBQ  
Date Sunday, September 7  
SEASPAR 4:00 – 7:30 p.m.  
Denning 4:30 – 7:00 p.m.  
Limit 12  
Fee \$40

## Chicago Botanic Garden

With 385 acres to explore at the garden, where do you begin? The group enjoys a narrated tour on the Grand Tram which covers over 2.3 miles of beautiful landscape and lush gardens. You learn the history and science of the garden while viewing McDonald Woods, Elizabeth Hubert Malott Japanese Garden, and the new Learning Campus. Lunch is provided.

Code 2-203-01-1  
Place Chicago Botanic Garden  
Date Saturday, September 13  
SEASPAR 9:00 a.m. – 4:00 p.m.  
Denning 9:30 a.m. – 3:30 p.m.  
Limit 12  
Fee \$65

## Pirate Dance Party

Ahoy mates, celebrate pirate life the way it should be! Dress in your favorite pirate attire or come as yourself as we dance the night away. Our favorite DJ spins the latest tunes. Refreshments are included.

Code 2-204-01-1  
Place Clarendon Hills Community Center  
Date Sunday, September 14  
Time 6:30 – 8:30 p.m.  
Fee \$15

## SRA Homecoming Dance

Grab your masks and beads and join us for NEDSRA's Mardi Gras homecoming dance. This is a chance to meet friends from other SRAs and enjoy an evening of dancing, fun, and food! A DJ plays all of your favorite tunes! Snacks and refreshments are included. Since this is a formal affair, the gentlemen should wear dress slacks and collared shirts, and the ladies wear skirts or party dresses. The highlight of the evening is the crowning of the King and Queen, and recognizing the Court.

Code 2-205-01-1  
Place York Township Center  
Date Friday, September 19  
Denning 6:00 – 10:00 p.m.  
SEASPAR 6:30 – 10:30 p.m.  
Limit 12  
Fee \$32



## Northwestern Football

Get ready to cheer on the Wildcats as they take on the Western Illinois Fighting Leathernecks at Ryan Field. Bring \$20 for concessions and souvenirs. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Code 2-206-01-1  
Place Ryan Field  
Date Saturday, September 20  
Game Time TBA  
SEASPAR TBA  
Denning TBA  
Limit 11  
Fee \$25

### Accessible Seat

Code 2-206-01-2  
Limit 1

## Parents of Special Olympics Athletes ...

Please check the events on pages 18 – 20 for potential date conflicts.





## 30 Special Events for Teens & Adults (16+)

### White Pines Ranch

Don't miss it when SEASPAR saddles up for a day of riding and exploring life the way it used to be. Activities include horseback riding and viewing wildlife. Participants must be ambulatory and able to sit on a horse without a riding partner. Lunch is included.

**Note:** A waiver is sent with the program confirmation and must be returned by Friday, September 12.

Code 2-207-01-1  
Place White Pines Ranch  
Date Sunday, September 21  
Denning 9:30 a.m. – 5:30 p.m.  
SEASPAR 10:00 a.m. – 5:00 p.m.  
Limit 12  
Fee \$85

### Long Grove Apple Festival

An apple a day is said to keep the doctor away. At the Long Grove Apple Festival, you will have enough apples to keep the doctor away for a long time. Any way you slice it, you can expect bushels of fun! From brown bag apple pies and apple cider donuts to hot apple cider and caramel lattes, we've got your apple cravings covered. Lunch is included.

Code 2-208-01-1  
Place Long Grove  
Date Saturday, September 27  
SEASPAR 9:30 a.m. – 4:30 p.m.  
Denning 10:00 a.m. – 4:00 p.m.  
Limit 12  
Fee \$50

### Bengtson's Pumpkin Farm

Experience an afternoon of enjoyment at the pumpkin farm. Enjoy a tractor pull hayride, the haunted barn, if you dare, and giggle in the animated Fun Barn. For the adventurous, try making it to the end of the Crazy Corn Maizey. Snacks are provided. Bring \$10 for additional snacks and souvenirs.

Code 2-210-01-1  
Place Bengtson's Pumpkin Farm  
Date Sunday, September 28  
Denning 12:30 – 7:30 p.m.  
SEASPAR 1:00 – 7:00 p.m.  
Limit 12  
Fee \$48

### Richardson Farm

You don't want to miss this opportunity to make gooey, delicious s'mores over the campfire, travel through a corn maze, and watch pig races. Lunch is included. Bring additional money to purchase a pumpkin, apples, cider, or other seasonal favorites.

Code 2-211-01-1  
Place Richardson Farm  
Date Saturday, October 4  
SEASPAR 9:00 a.m. – 5:00 p.m.  
Denning 9:30 a.m. – 5:30 p.m.  
Limit 12  
Fee \$60

### Blue Man Group

Blue Man Group combines music, technology, and comedy to create a form of entertainment unlike any other. The show is innovative, energetic, and wildly entertaining. Join SEASPAR to see what Blue Man Group is all about.

Code 2-212-01-1  
Place Briar Street Theater  
Date Sunday, October 5  
Show Time 4:00 p.m.  
SEASPAR 1:30 – 7:15 p.m.  
Denning 2:00 – 6:45 p.m.  
Limit 20  
Fee \$95

#### Accessible Seats

Code 2-212-01-2  
Limit 2



### Fall Escape

For more than 100 years, tourists have sought refuge from the stress of everyday life in Saugatuk, Michigan. The town is nestled among towering sand dunes and bordered by the winding Kalamazoo River. We enjoy shopping, riding the Victorian hand-cranked ferry, walking on the beach, and visiting the historical museum. The group stays at the AmericInn Lodge and Suites in Douglas. **Note:** This trip involves moderate walking. Rooms are assigned according to age and gender. Participants are encouraged to contribute to group dynamics by cooperating with staff and fellow travelers, and by adapting their schedules and routines to accommodate the logistics of the trip. Bring \$50 for shopping and snacks. A packing list is sent one week prior to the trip.

Code 2-214-01-1  
Place Saugatuk  
Date Friday to Sunday, October 10 – 12  
Departure 9:00 a.m.  
Return 6:00 p.m.  
Limit 12  
Fee \$375



*Become a fan of SEASPAR  
on Facebook.*

## Fright Fest Great America

Six Flags Great America transforms itself into a Halloween extravaganza and SEASPAR joins right in. There are rides and roller coasters for the daring, the reserved, and anyone in between, along with carnival games and live shows, too! Bring \$40 for lunch and dinner and extra money for games, snacks, and souvenirs. Participants are grouped according to interests. Due to the nature of this event, participants must be able to stay with the group, wait in lines, and tolerate a lot of walking.

Code 2-218-01-1  
 Place Six Flags Great America  
 Date Saturday, October 18  
 SEASPAR 9:00 a.m. – 9:00 p.m.  
 Denning 9:30 a.m. – 8:30 p.m.  
 Limit 12  
 Fee \$95

## Cinemark Seven Bridges IMAX

Enjoy “Into the Arctic 3D,” narrated by Meryl Streep. The film takes us into the lives of a mother polar bear and her twin cubs, as they navigate the changing Arctic wilderness they call home. Captivating and intimate IMAX footage brings us up close and personal with this family’s struggle in a frigid environment of melting ice, immense glaciers, spectacular waterfalls, and majestic snow-bound peaks. After the show we have lunch at Jam N Jelly Café.

Code 2-219-01-1  
 Place Cinemark Seven Bridges  
 Date Sunday, October 19  
 Denning 8:15 a.m. – 1:00 p.m.  
 SEASPAR 8:45 a.m. – 12:30 p.m.  
 Limit 22  
 Fee \$40

## Sycamore Pumpkin Festival

Join us for the 53rd Annual Sycamore Pumpkin Festival. What started in 1956 as a creative project for the students of Sycamore has grown into a neighborhood display of more than 1,000 pumpkins, two carnivals, two large indoor craft shows, and more. Lunch is included.

Code 2-220-01-1  
 Place Sycamore  
 Date Saturday, October 25  
 Denning 10:00 a.m. – 4:30 p.m.  
 SEASPAR 10:30 a.m. – 4:00 p.m.  
 Limit 12  
 Fee \$45

## Ladies Day Out

Hey ladies, learn how to make and decorate cupcakes by a trained Wilton cake decorator. Each lady takes home a kit to use at home. After decorating, we have lunch at Pompei, an Italian restaurant in Westmont.

Code 2-221-01-1  
 Date Sunday, October 26  
 Place SEASPAR  
 Denning 2:15 – 7:00 p.m.  
 SEASPAR 2:45 – 7:30 p.m.  
 Limit 12  
 Fee \$38



## Boo Bash

Halloween is celebrated by costumes, trick-or-treating, ghost stories, and jack-o-lanterns. Why not add dancing and fun to the list? Celebrate with friends and show off your costume and dance moves. Refreshments are included. **Note:** This event is included in all Social Club schedules.

Code 2-222-01-1  
 Place Darien Community Center  
 Date Friday, October 31  
 Time 6:30 – 8:30 p.m.  
 Fee \$15

## The Field Museum

With 4.6 billion years under one roof, The Field Museum is your passport to travel around the world and back in time. Enjoy a variety of displays, from seeing the world’s most famous dinosaur to the natural and cultural history of chocolate. Bring \$20 for lunch.

Code 2-223-01-1  
 Place The Field Museum  
 Date Saturday, November 1  
 SEASPAR 10:00 a.m. – 4:30 p.m.  
 Denning 10:30 a.m. – 4:00 p.m.  
 Limit 12  
 Fee \$55

Watch for your winter-spring brochure  
 to be delivered the week of December 1.

## 32 Special Events for Teens & Adults (16+)

### For More Information ...



about special events for  
teens and adults,  
please contact  
Kim Huggins at  
630-960-7600 or  
[khuggins@seaspar.org](mailto:khuggins@seaspar.org).

### Camelot

Camelot is a valiant Broadway musical that transports you to the magical and mythical days of medieval England. The legendary characters King Arthur, Queen Guinevere, Sir Lancelot, and Merlin come alive in this exciting tale of love and chivalry. The classic production features a romantic score including "If Ever I Would Leave You" and "Camelot." Dinner is included at Drury Lane.

Code 2-225-01-1  
Place Drury Lane  
Date Sunday, November 2  
Show Time 6:00 p.m.  
SEASPAR 2:45 – 9:30 p.m.  
Denning 3:15 – 9:00 p.m.  
Limit 11  
Fee \$95

#### Accessible Seat

Code 2-225-01-2  
Limit 1

### Ringling Brothers and Barnum and Bailey Circus

Join your friends at the Greatest Show on Earth. Witness the death-defying stunts, wild animal performances, and the hilarity of circus clowns when the circus comes to town. Bring \$15 for concessions and additional money for souvenirs.

Code 2-226-01-1  
Place Allstate Arena  
Date Saturday, November 8  
Show Time 3:30 p.m.  
SEASPAR 2:00 – 7:30 p.m.  
Denning 2:30 – 7:00 p.m.  
Limit 20  
Fee \$60

#### Accessible Seats

Code 2-226-01-2  
Limit 2

### Harvest Dance

There is no better way to celebrate fall than with a dance, fun, and snacks. Wear your dancing shoes and show off those dance moves as we have a rocking good time. Celebrate with your friends at this annual autumn event.

Code 2-227-01-1  
Place Clarendon Hills Community Center  
Date Sunday, November 9  
Time 6:30 – 8:30 p.m.  
Fee \$15

### Medieval Times

Surrender to an age of bravery and honor, and witness epic battles of steel and steed. Discover a feast for the eyes and appetite with more action, fun, and excitement from ringside seats. As you thrill to a rousing, live jousting tournament, marvel at awe-inspiring horsemanship and falconry. Medieval Times serves a four-course meal fit for royalty.

Code 2-231-01-1  
Place Medieval Times  
Date Saturday, November 15  
Show Time 4:30 p.m.  
Denning 2:00 – 8:00 p.m.  
SEASPAR 2:30 – 7:30 p.m.  
Limit 20  
Fee \$80

#### Accessible Seats

Code 2-231-01-2  
Limit 2

### Guys Day Out

Hey guys, join us as we talk football and enjoy lunch at Ditka's. Bite into the "Fridge" burger or enjoy the "Iron Mike" burger; there are several menu items to choose from. As Da Coach says, "The food is big, bold, and beautiful at my place."

Code 2-232-01-1  
Date Sunday, November 16  
Place Ditka's Restaurant  
SEASPAR 11:45 a.m. – 3:30 p.m.  
Denning 12:15 – 3:00 p.m.  
Limit 12  
Fee \$40

[www.seaspar.org](http://www.seaspar.org)



## Turkey Shoot

The Turkey Shoot is a basketball shooting contest in which participants compete to win a turkey for Thanksgiving. A variety of contests are provided for all ability levels. Everyone gets to take home a memento, and winners take home a turkey.

Code 2-234-01-1  
Place Lincoln Center  
Date Saturday, November 22  
Time 10:00 a.m. – 12:00 p.m.  
Denning 9:30 a.m. – 12:30 p.m.  
Limit 22  
Fee \$20

## Disney's Little Mermaid Jr.

The annual Actors with Special Needs production is one you won't want to miss. Journey under the sea with Ariel and her aquatic friends in Disney's "The Little Mermaid Jr." In a magical underwater kingdom, the beautiful young mermaid, Ariel, longs to leave her ocean home behind and live in the world above. This show features hit songs like "Part of Your World" and "Under the Sea," and is a surefire crowd pleaser.

Code 2-235-01-1  
Place Lyons Township High School Performing Arts Center  
Date Saturday, November 22  
Show Time 2:00 p.m.  
SEASPAR 1:00 – 6:00 p.m.  
Limit 20  
Fee \$25

### Accessible Seats

Code 2-235-01-2  
Limit 2

## Please Check In

When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. Note: SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

## Old Town Restaurant

Take a trip to the Old Town Restaurant with SEASPAR. The restaurant is known for the finest European cuisine with a contemporary American flare. Enjoy pierogis, polish sausage, or breaded pork chops. There are so many choices to pick from, and the choice is yours.

Code 2-236-01-1  
Place Old Town Restaurant  
Date Sunday, November 23  
Denning 4:00 – 7:45 p.m.  
SEASPAR 4:30 – 7:15 p.m.  
Limit 12  
Fee \$35

## St. Francis Bowling

Let's see those strikes and spares! Enjoy a leisurely game or two of bowling with your friends and students from St. Francis Xavier School in LaGrange. This non-competitive program focuses on socialization and fun. Participants are grouped with the sixth graders as the students work to give back to the community. Shoes, ramps, and balls are available at the bowling alley, or you are welcome to bring your own. Don't miss out on the chance to get in some extra practice, or just enjoy a game at your own pace.

Code 2-240-01-1  
Place Suburbanite Bowl  
Date Friday, December 5  
Time 10:00 – 11:30 a.m.  
Fee \$15



## Annual Information Forms / AIFs

SEASPAR requires that all participants complete an Annual Information Form. Individuals without a current AIF on file will not be permitted to participate.

## Christmas on Broadway

Four star-struck holiday tourists are snow-bound in a shuttered Broadway theater on Christmas Eve with nothing but a few trunks filled with costumes, props, and set pieces. They live out a shared dream of starring on Broadway. From your favorite holiday classics like "Baby, It's Cold Outside" and "It's Beginning to Look A Lot Like Christmas," to seasonal classics from Broadway composers, the evening is a flurry of memorable holiday magic. Please have dinner before the event.

Code 2-241-01-1  
Place Pheasant Run  
Date Saturday, December 6  
Show Time 8:00 p.m.  
Denning 6:00 – 11:15 p.m.  
SEASPAR 6:30 – 10:45 p.m.  
Limit 20  
Fee \$74

### Accessible Seats

Code 2-241-01-2  
Limit 2

## Wheatstack

Enjoy dinner at Wheatstack. The cozy fireplace and comfortable setting overlooking the golf course make this a perfect location for us to enjoy a delicious meal. Enjoy the farmhouse meatloaf wrapped with bacon and topped with mushroom gravy or homemade BBQ pork sandwich. There's a delicious entrée for everyone.

Code 2-242-01-1  
Place Wheatstack, a Midwestern Eatery  
Date Sunday, December 7  
Denning 4:00 – 7:30 p.m.  
SEASPAR 4:30 – 7:00 p.m.  
Limit 12  
Fee \$36

# 34 Special Events for Teens & Adults (16+)

## Holiday Dinner Dance

Celebrate the season with a delicious dinner and dancing. Don't forget to dress up – no jeans or tennis shoes. We'll see you there in your formal wear! Participants must be able to remain seated during dinner. **Note:** This event is included in all Social Club schedules.

Code 2-243-01-1  
Place Alpine Banquets  
Date Friday, December 12  
Time 6:00 – 9:30 p.m.  
Fee \$40

## Mary Poppins

This is the story that every family can relate to, parents trying to make ends meet, busy schedules that have family members passing in the halls, spouses on different pages, and no one taking the time to notice. In the end it takes a stranger with a distant demeanor and some pretty cool skills to remind everyone that the most important things in the world are family and love. Please have lunch before the event.

Code 2-244-01-1  
Place Paramount Theatre  
Date Saturday, December 13  
Show Time 3:00 p.m.  
Denning 12:45 – 7:00 p.m.  
SEASPAR 1:15 – 6:30 p.m.  
Limit 20  
Fee \$90

### Accessible Seats

Code 2-244-01-2  
Limit 2

## Dee Snider's Rock & Roll Christmas Tale

Dee Snider's Rock & Roll Christmas Tale tells the story of Daisy Cutter, a heavy metal band looking to make it big. They are ready to sell their souls to the devil in exchange for success beyond their wildest dreams. But every time they try to seal the pact, their head-banging anthems turn into warm-hearted carols. Soon they realize their dreams of fame are no match for the Christmas spirit.

Code 2-245-01-1  
Place Broadway Playhouse  
Date Sunday, December 14  
Show Time 2:00 p.m.  
SEASPAR 11:30 a.m. – 6:30 p.m.  
Denning 12:00 – 6:00 p.m.  
Limit 16  
Fee \$75

### Accessible Seat

Code 2-245-01-2  
Limit 1

## Holiday Shopping

Selecting the perfect gift for that special someone can be a tricky task, but SEASPAR is here to help. Staff assist with money transactions, asking for assistance, and finding the perfect gift. Bring a shopping list and money for dinner. Participants may make purchases or just window shop.

Code 2-246-01-1  
Place Woodfield Mall  
Date Monday, December 15  
Denning 4:30 – 10:15 p.m.  
SEASPAR 5:00 – 9:45 p.m.  
Limit 12  
Fee \$20

## Holiday Magic at the Zoo

Join SEASPAR as we watch the light festival, featuring more than one million twinkling lights, animated light displays, and a laser show. Many indoor exhibits are open, including the newest – the Great Bear Wilderness. Enjoy music in the pavilion, ice carvings, and a magic show. Have dinner before the event. Dress appropriately for the weather.

Code 2-247-01-1  
Place Brookfield Zoo  
Date Saturday, December 20  
SEASPAR 5:00 – 10:00 p.m.  
Denning 5:30 – 9:30 p.m.  
Limit 22  
Fee \$37

## New Year's Bash

It seems like just yesterday that we rang in 2014. How time flies when you're having fun with SEASPAR. Let's send another great year on its way with a grand old party. Party favors and a pizza dinner are provided while you ring in the New Year. Don't miss the last dance of the year!

Code 2-249-01-1  
Place Clarendon Hills Community Center  
Date Saturday, December 27  
Time 7:00 – 10:00 p.m.  
Fee \$20



## Family Playgroup – New!

Child and Family Connections and SEASPAR have joined together to offer playgroups to families of children ages birth to three, with a disability. The goal of the playgroup is to bring families together in an open format, to play with other children and to meet parents with similar experiences. Toys, balls, books, the multi-sensory room, and more are available. Siblings are encouraged to attend.

The group meets the second Tuesday of the month from 9:00 – 11:00 a.m. at the SEASPAR program room at the Lisle Recreation Center. For additional information, contact Jenny Somone or Gia Konieczny at Child and Family Connections at 630-493-0400.

## Inclusive Programs

As part of SEASPAR's continuum of recreation programs, inclusive services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. SEASPAR and its member entity staff encourage and aid, but do not force participation. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations. If you have any questions, please contact Shannon Tovey. We are happy to discuss options for making this season a great one.

## Stroke Support Group

SEASPAR, in cooperation with Hinsdale Hospital and LaGrange Memorial Hospital, sponsors the Stroke Support Group for those who have had a stroke and their family and friends. It provides educational sessions about strokes and how to rebound following a stroke. Members encourage one another to face and overcome common problems by sharing their own experiences.

The group provides a welcoming atmosphere and a sense of understanding, especially for those with communication and physical limitations. Strength can be drawn from one another in this type of environment. A schedule of activities and trips is available on our website.

## Drop In Center

The Drop In Center provides individuals who have mental health needs an opportunity to spend leisure time in a friendly, relaxed atmosphere. Activities are designed to enhance relationships between friends, peers, and family members. The program is free for everyone who attends. Donations are accepted. A schedule of activities and trips is available on our website. The program starts with lunch, followed by the planned activity. Individuals may choose to stop by for a few minutes or stay the entire time.

The Drop In Center is co-sponsored by SEASPAR, the DuPage County Health Department, and NAMI DuPage (National Alliance on Mental Illness). Contact Greg Pavesich for information.

Days 1st and 3rd Sunday of each month (except holidays)

Time 1:00 – 4:00 p.m.

Place Westmont Community Center, 75 East Richmond Street

## SEASPAR/WDSRA Agreement

The SEASPAR/WDSRA Agreement allows residents of each SRA to register in weekly programs and special events of the other at the in-district rate. Overnight trips are not included. Registrations must be submitted by the agency's deadline, and are processed after the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For information, call SEASPAR at 630-960-7600. For a copy of the WDSRA brochure, call WDSRA at 630-681-0962.

## Nursing Home Programs

SEASPAR conducts activities for nursing homes within its communities. Some of the activities offered are trips to zoos, museums, movie theaters, plays, restaurants, and shopping. Also offered are programs such as fishing, bowling, wheelchair square dancing, or almost anything the group finds entertaining. There is a small fee for transportation, staff, and the cost of admissions or supplies. Contact Greg Pavesich if you are interested in scheduling an activity.



# 36 Program Information

## Pickup/Drop-Off

SEASPAR asks that parents promptly drop off and pick up participants at the designated program times. Before programs, staff are busy preparing for the program and are unavailable to supervise participants. After programs, staff members may be scheduled at another facility and, therefore, need to depart soon after the program. By allowing them to complete their work promptly, SEASPAR can operate more cost efficiently. Be sure to check in with the staff when dropping off and picking up your child.

Families of participants who are not picked up promptly are sent a letter that serves to remind them of the concern. If the situation continues, a charge is imposed for subsequent late pickups. If a participant is picked up late (more than 10 minutes) three times in three months or less, a warning is sent stating that the next late pickup(s) results in a payment due to SEASPAR for the overtime. A rate of \$18 per hour is used. Payment is due to SEASPAR within one week of notification. If not paid promptly, the amount is due prior to the next registration. The staff makes every effort to return on time from all outings; we ask your cooperation in making pickups promptly.

If a participant is traveling home unsupervised, parents or case managers must submit written notice to the SEASPAR office. Please submit this notice with the registration form. We ask that you notify SEASPAR if someone other than a familiar family member is picking up your child.

## Absences

Call SEASPAR when a participant cannot attend an activity. The number of staff hired is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. On special events, this allows those on the waiting list to attend and means that no tickets are wasted. Messages may be left on the after-hours absence line. We realize that last minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

## Atlanto Axial Subluxation

Individuals with Down Syndrome are at risk of having Atlanto Axial Subluxation Condition (ASC) that causes increased mobility in the cervical spine. For the safety of our participants, individuals with Down Syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for ASC. An x-ray determines if the condition is present. Contact SEASPAR for further details.

## Transportation Safety Procedures

The following procedures are required to ensure the safety of our participants while riding in our vehicles. SEASPAR reserves the right to refuse to transport individuals. All passengers must be sitting in seats or wheelchairs with seat belts securely fastened or the driver will not move the vehicle. All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.

SEASPAR staff are responsible for determining whether a participant can be transported safely. Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.

## Scholarships Available

The SEASPAR Board and staff are committed to offering programs at the lowest possible cost. However, due to financial restrictions, some individuals may find it difficult to pay the entire fee. To help those in need, a significant amount of scholarship funds are made available through the generosity of donors. Each year community organizations and individuals contribute funds that are earmarked for scholarships. We appreciate this support which allows participants to benefit from activities.

Generally, scholarships are available for up to 50% of the program fee. Any balance due from a previous season must be paid prior to receiving additional scholarship funds. Scholarships are not available for overnight trips, and are only available to SEASPAR residents. Arrangements for a payment schedule are also possible to make the payment of fees more feasible. To apply for a scholarship, contact Matt Corso at least one week prior to the registration deadline.

## Medication Dispensation

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in specially-marked envelopes, complete the label, and give it to the program supervisor before the group leaves. To make the process work more efficiently for overnight trips, envelopes are sent to you along with the packing list. For day trips, staff provides envelopes at the drop-off point. For the convenience of those who are involved in many outings, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

## Weather Cancellations

Weekly programs and special events may be cancelled due to inclement weather. Call SEASPAR one to two hours before the program begins or between 4:00 and 4:30 p.m. for evening programs. If a program is cancelled, staff attempt to reach all participants by phone to inform them of the cancellation. After hours, program changes are available on the program update selection of the phone system. If indoor facilities are available for weekly programs, the program is held as usual. Programs cancelled due to inclement weather are not rescheduled.

**Severe winter weather guidelines for cancelling programs**  
Outdoor programs or programs with transportation for participants with physical disabilities:

- Temperature of zero or wind chill of -10° or less

All other programs with transportation:

- Temperature of -10° or wind chill of -20° or less

All programs (including indoor): snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

**Other weather concerns affecting program cancellation**

All programs (including indoor) where a tornado warning is in effect for the surrounding area. SEASPAR uses discretion for all other weather warnings and watches.

## Participant Expectations

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and normalization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call SEASPAR.

Staff will be consistent in stressing personal hygiene while participants are at programs.

## Code of Conduct

SEASPAR asks all participants and family members to observe the behavior code below, which was developed to ensure enjoyable and safe program experiences. SEASPAR will attempt reasonable accommodations to enable participants to meet behavior expectations.

- Show respect to all participants, staff, and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and others at public facilities to enjoy the activity without disruption (within reason).
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

Additional rules are developed for specific programs as deemed necessary by the staff.

## Discipline

SEASPAR applies a caring, positive approach to discipline. Staff review rules with participants and are willing to work with parents to develop behavior modification programs as necessary. When conduct expectations are not met, staff will take reasonable steps to accommodate the behavior and minimize future risks. However, when accommodations are attempted and are unsuccessful, or when no reasonable accommodation exists to avoid future risks, SEASPAR may take actions such as removing a participant from an activity for a short period of time, removing a participant from an activity for the remainder of the day, suspending participation for the next program meeting, or suspending participation in that program for the remainder of the season. Notwithstanding SEASPAR's option to use progressive discipline, SEASPAR is not required to do so and may, at its sole discretion, forego lesser forms of discipline at any time, and proceed immediately with suspending participation for the remainder of the season.

Listed below are examples of reasons for disciplinary action. This list, however, does not constitute a comprehensive list of all acts which may subject the participant to disciplinary action, including suspension from any program or activity. Instead, the following list sets forth some of the more typical circumstances that arise. They include, but are not limited to:

- Making loud noises in particular settings where quietness is expected.
- Inability to sit quietly in theaters, concerts, etc.
- Showing lack of respect for other participants/patrons at activities.
- Running in crowded areas or bolting from the group – this can cause disruption or be a significant safety problem.

## Wellness Guidelines

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackie's virus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

# 38 Registration Information

**REGISTRATION DEADLINE: MONDAY, AUGUST 18 – 4:30 p.m.**

## Registration Procedures



Online registration begins on Monday, July 28, and must be submitted by Monday, August 11 at 4:30 p.m. To register online, go to [www.seaspar.org](http://www.seaspar.org).

To register online, you must meet the following criteria:

- SEASPAR resident
- No outstanding balance
- 2014 Annual Information Form on file
- Full credit card payment is required at the time of registration

If you would like to register online, please call the SEASPAR office for a user name, password, and instructions. All online registration ends on Monday, August 18.

- Complete both sides of the registration form and sign it.
- All new participants must complete an Annual Information Form and submit it with their registration form. Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information. Annual Information Forms are available at SEASPAR and on the website.
- Full payment must be received with the registration unless other arrangements have been made. Payment may be made by check, money order, cash, or credit card.
- Mail or drop off your registration, Annual Information Form, and payment as soon as possible, but no later than Monday, August 18 by 4:30 p.m. For after-hours convenience, there is a mail slot at the SEASPAR office entrance.
- SEASPAR resident registrations received by Monday, August 18, will be processed randomly beginning Tuesday, August 19.
- Registrations will not be processed if a balance remains from a previous season. Please contact the office with questions about any outstanding balances.
- Registrations received after the registration deadline are accepted if space is available.
- Non-resident registration begins Thursday, August 21, and is processed randomly.
- Registrations must be received in the office five business days before an activity.
- SEASPAR encourages registration at the times and dates listed. This enables the staff to answer questions and provide additional information.
- Instructors may not receive payment or register participants at programs.
- SEASPAR sends registration confirmations before programs begin. Please review the confirmation to verify programs for which you are registered or on the waiting list.

## Program Cancellations

- A program may be cancelled if the program minimum is not met.
- Programs may be cancelled due to inclement weather. Make-up dates are generally not possible.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

## Refund/Credit Procedures

- A full refund is issued if a program or special event is cancelled by SEASPAR.
- In order for a participant to drop from a program or special event, SEASPAR must be notified five business days prior to the start of the program or special event to qualify for a refund. At this time, the participant will be refunded the cost of the program less a \$5 processing fee, the cost of a ticket (unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated refund is issued if a written medical excuse accompanies the refund request.
- No refund is given if a class is postponed due to low enrollment. If the program is subsequently cancelled, a full refund is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated refund is issued, less a \$5 processing fee and ticket price, if applicable.
- All refunds are issued monthly.

**Registrations will not be processed without payment.**

## Non-Resident Fee Policy

SEASPAR does not accept out-of-district participants unless they reside in an unincorporated area. (See page 35 for information on the SEASPAR/WDSRA agreement.) An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 in-district fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.



Be sure to fill  
out and sign  
the back  
of this page.

# Registration Form Children & Young Teens (Ages 3 – 15) 39

Registration Deadline: Monday, August 18 – 4:30 p.m.

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Gender \_\_\_\_\_

Listed are all programs in order as they appear in the brochure. Please check only those programs for which you are registering.

Please Circle Pickup Location: **D = Denning** **LG = Park District of LaGrange** **S = SEASPAR**

Code	Program	✓	Fee
<b>Programs for Everyone</b>			
2-001-01-1	Swim Hilton Mon 4:30		175
2-001-01-2	Swim Hilton Mon 5:00		175
2-001-01-3	Swim Lodge Tues 4:30		175
2-001-01-4	Swim Lodge Tues 5:00		175
2-001-01-5	Swim Lodge Tues 5:30		175
2-001-01-6	Swim Lodge Tues 6:00		175
2-001-01-7	Swim Doubletree Wed 5:30		175
2-001-01-8	Swim Doubletree Wed 6:00		175
2-001-01-9	Swim Doubletree Wed 6:30		175
2-001-01-10	Swim Lodge Thurs 4:30		160
2-001-01-11	Swim Lodge Thurs 5:00		160
2-001-01-12	Swim Lodge Thurs 5:30		160
2-001-01-13	Swim Lodge Thurs 6:00		160
2-035-01-1	SPARcast		30
2-006-01-1	Music: Tues Piano Drums Guitar <b>Time:</b>		224
2-006-01-3	Music: Wed Piano <b>Time:</b>		224
2-006-01-2	Music: Thurs Piano Voice <b>Time:</b>		208
2-008-01-2	Therapeutic Skating		95
2-070-01-1	Horseback Riding 5:00		150
2-070-01-2	Horseback Riding 5:30		150
2-070-01-3	Horseback Riding 6:00		150
<b>Wonders Programs</b>			
2-099-01-1	Explorers (3-8) <b>Time:</b>		60
2-099-02-1	Explorers (11-15) <b>Time:</b>		60
2-099-01-2	Explorers (5-10) <b>Time:</b>		60
2-099-01-8	Sensory Sunday (5 Visits) 1:00-1:30 (3-5) 1:30-2:00 (3-5) 2:00-2:30 (6-10) 2:30-3:00 (6-10) 3:00-3:30 (11-15) 3:30-4:00 (11-15)		25
2-099-01-9	Sensory Sunday (12 Visits) 1:00-1:30 (3-5) 1:30-2:00 (3-5) 2:00-2:30 (6-10) 2:30-3:00 (6-10) 3:00-3:30 (11-15) 3:30-4:00 (11-15)		50
<b>Programs for Children &amp; Young Teens</b>			
2-062-01-1	Incredi-Bowls (8-15)		100
2-075-01-1	Yoga I (9-15)		85
2-075-01-2	Yoga II (9-15)		85
2-074-01-1	Karate I (6-15)		100
2-074-01-2	Karate II (6-15)		100

Code	Program	✓	Fee
<b>Programs for Children &amp; Young Teens (cont.)</b>			
2-069-01-1	Club 68 (Grade 5-8)		300
2-058-01-1	Right Fit (7-15) 4:00		140
2-058-01-2	Right Fit (7-15) 5:00		140
2-053-01-2	Tumble Time (3-6)		140
2-053-01-1	Beginner Gymnastics (7-11)		140
2-092-01-1	Gymnastics 101 (12-15)		140
2-051-01-1	Etiquette 101 (4-9)		25
2-051-01-2	Etiquette 101 (10-15)		25
2-060-01-1	Books & Cooks (4-9)		25
2-060-01-2	Books & Cooks (10-15)		25
2-065-01-4	Basketball Skills (8-15)		40
2-084-01-1	Sports Mania (8-15)		50
2-067-01-1	Super Saturday 9/27	D S	25
2-067-01-2	Super Saturday 10/4	D S	25
2-067-01-3	Super Saturday 10/11	D S	25
2-067-01-4	Super Saturday 10/18	D S	25
2-067-01-5	Super Saturday 10/25	D S	25
2-067-01-6	Super Saturday 11/1	D S	25
2-067-01-7	Super Saturday 11/8	D S	25
2-067-01-8	Super Saturday 11/15	D S	25
2-067-01-9	Super Saturday 11/22	D S	25
2-067-01-10	Super Saturday 12/6	D S	25
2-067-01-11	Super Saturday 12/13	D S	25
2-085-01-1	Teen Excursion 9/27	D S	25
2-085-01-2	Teen Excursion 10/4	D S	25
2-085-01-3	Teen Excursion 10/11	D S	25
2-085-01-4	Teen Excursion 10/18	D S	25
2-085-01-5	Teen Excursion 10/25	D S	25
2-085-01-6	Teen Excursion 11/1	D S	25
2-085-01-7	Teen Excursion 11/8	D S	25
2-085-01-8	Teen Excursion 11/15	D S	25
2-085-01-9	Teen Excursion 11/22	D S	25
2-085-01-10	Teen Excursion 12/6	D S	25
2-085-01-11	Teen Excursion 12/13	D S	25
2-068-01-1	Nemo (5-10) 10/4	D S	40
2-068-01-2	Nemo (5-10) 10/18	D S	40
2-068-01-3	Nemo (5-10) 12/6	D S	40
2-086-01-1	Sampler (11-15) 10/25	D S	40
2-068-01-2	Sampler (11-15) 11/1	D S	40
2-068-01-3	Sampler (11-15) 12/13	D S	40
<b>Special Events for Children &amp; Young Teens</b>			
2-209-01-1	Tour a Town (12-15)	D S	25
2-213-01-1	Sensory & Swim (4-9)	D	25
2-213-01-2	Sensory & Swim (10-15)	D	25
2-215-01-1	Prog Dinner (12-15)	D S	40
2-216-01-1	Day Off School 10/13 (6-15)		50

Code	Program	✓	Fee
<b>Special Events for Children &amp; Young Teens (cont.)</b>			
2-228-01-1	Day Off School 11/11 (6-15)		50
2-237-01-1	Day Off School 11/25 (6-15)		50
2-238-01-1	Day Off School 11/26 (6-15)		50
2-219-01-1	Cinemark IMAX (10-15)	D S	40
2-222-01-1	Boo Bash (11-15)		15
2-224-01-1	Harry Potter Party (4-10)	S	20
2-233-01-1	Star Wars Party (5-10)	D	15
2-230-01-1	Teen Overnight (11-15)	D	50
2-234-01-1	Turkey Shoot (11-15)	D	20
2-239-01-1	Special Kids Day (4-10)	D S	25
2-248-01-1	Break/East (6-15) 12/22		44
2-248-01-2	Break/East (6-15) 12/23		44
2-248-01-3	Break/East (6-15) 12/26		44
2-248-01-4	Break/East (6-15) 12/29		44
2-248-01-5	Break/East (6-15) 12/30		44
2-248-01-6	Break/East (6-15) 1/2		44
2-248-01-7	Break/West (6-15) 12/22		44
2-248-01-8	Break/West (6-15) 12/23		44
2-248-01-9	Break/West (6-15) 12/26		44
2-248-01-10	Break/West (6-15) 12/29		44
2-248-01-11	Break/West (6-15) 12/30		44
2-248-01-12	Break/West (6-15) 1/2		44
<b>Special Olympics</b>			
2-109-01-1	Snow-Shoeing (8+)		95
2-108-01-1	Cross Country Skiing (8+)		95
2-102-01-1	Junior Basketball (8-15)		192
2-118-01-1	Aquatics (8+)		136
2-114-01-2	Artistic Gymnastics (8+)		235
2-114-01-1	Rhythmic Gymnastics (8+)		150
2-110-01-1	Alpine Skiing (8+)		265
2-110-01-2	Alpine Skiing Practice (8+)		80
2-110-01-3	Winter Sports Getaway (8+)		275
<b>Programs for Individuals with Physical Disabilities</b>			
2-050-01-1	Sports Sampler (8+)		70
2-050-02-1	Goalball (8-18)		90
2-050-09-1	Adapted Music Lessons		274
2-050-09-2	Adapted Music Lessons		274
2-050-06-1	Power Soccer		60
2-050-08-1	Mobility Motivation		55
2-050-01-1	Adapted Boccia		55
2-050-12-1	Wheelchair Table Tennis (8+)		30
2-505-03-1	Sled Hockey (8+)		100

<b>Total</b>	<b>\$</b>
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Credit Card: Master Card <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/>		<b>Office Use Only</b>	
Cardholder Name	Exp. Date	Date Rec'd	Cash Amt
Account #		Rec'd By	Check Amt
Authorized Signature		AIF Given	AIF Rec'd

# 40 Registration Waiver Children & Young Teens (Ages 3 – 15)

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Are you a new participant? Yes ☐ No ☐ Is this a new address? Yes ☐ No ☐ Is this a new phone number? Yes ☐ No ☐

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone: Mom (\_\_\_\_) \_\_\_\_\_ Dad (\_\_\_\_) \_\_\_\_\_

Parents' Names \_\_\_\_\_ Cell Phone: Mom (\_\_\_\_) \_\_\_\_\_ Dad (\_\_\_\_) \_\_\_\_\_

E-mail Address \_\_\_\_\_

School \_\_\_\_\_ Teacher \_\_\_\_\_

Disabilities or Diagnosis \_\_\_\_\_

Are there any changes in allergic conditions? Yes ☐ No ☐ Dietary restrictions? Yes ☐ No ☐ Medication? Yes ☐ No ☐

Other health issues? Yes ☐ No ☐ Please list \_\_\_\_\_

Do you have an updated emergency contact? Yes ☐ No ☐ Name \_\_\_\_\_

Address \_\_\_\_\_ Phone Number \_\_\_\_\_

Indicate friends and/or car pool accommodations \_\_\_\_\_

## Waiver & Release Important Information

SEASPAR is committed to conducting its recreation activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

### Warning of Risk

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of the participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activities, participants must understand that certain risks, dangers, and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction, or officiating, and all other circumstances inherent to indoor and outdoor recreation activities exist. In this regard, it must be recognized that it is impossible for SEASPAR to guarantee absolute safety.

### Waiver And Release of All Claims And Assumption of Risk

Please read this information carefully and be aware that in signing up and participating in activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these activities (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these activities against SEASPAR, including their officials, agents, volunteers, and employees (hereinafter collectively referred as "SEASPAR").

I do hereby fully release and forever discharge SEASPAR from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these activities.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver, and release of all claims.

In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

**PARTICIPATION WILL BE DENIED if the waiver is not signed or dated by parent/guardian.  
PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.**

Be sure to fill  
out and sign  
the back  
of this page.

# Registration Form Teens & Adults (16+)

# 41

Registration Deadline: Monday, August 18 – 4:30 p.m.

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Gender \_\_\_\_\_

Listed are all programs in order as they appear in the brochure. Please check only those programs for which you are registering.

Please Circle Pickup Location: **D = Denning** **LGP = LaGrange Park** **S = SEASPAR**

Code	Program	✓	Fee
<b>Programs for Everyone</b>			
2-001-01-1	Swim Hilton Mon 4:30		175
2-001-01-2	Swim Hilton Mon 5:00		175
2-001-01-3	Swim Lodge Tues 4:30		175
2-001-01-4	Swim Lodge Tues 5:00		175
2-001-01-5	Swim Lodge Tues 5:30		175
2-001-01-6	Swim Lodge Tues 6:00		175
2-001-01-7	Swim Doubletree Wed 5:30		175
2-001-01-8	Swim Doubletree Wed 6:00		175
2-001-01-9	Swim Doubletree Wed 6:30		175
2-001-01-10	Swim Lodge Thurs 4:30		160
2-001-01-11	Swim Lodge Thurs 5:00		160
2-001-01-12	Swim Lodge Thurs 5:30		160
2-001-01-13	Swim Lodge Thurs 6:00		160
2-035-01-1	SPARcast		30
2-006-01-1	Music: Tues Piano Drums Guitar Time:		224
2-006-01-3	Music: Wed Piano Time:		224
2-006-01-2	Music: Thurs Piano Voice Time:		208
2-008-01-2	Therapeutic Skating		95
2-070-01-1	Horseback Riding 5:00		150
2-070-01-2	Horseback Riding 5:30		150
2-070-01-3	Horseback Riding 6:00		150
<b>Wonders Programs</b>			
2-099-03-1	Adult Sensory Time:		35
2-099-03-2	Adult Sensory Time:		30
<b>Programs for Individuals with Physical Disabilities</b>			
2-050-01-1	Sports Sampler		70
2-050-02-1	Goalball (16-18)		90
2-050-09-1	Adapted Music Lessons		274
2-050-09-2	Adapted Music Lessons		274
2-050-06-1	Power Soccer		60
2-050-08-1	Mobility Motivation		55
2-050-01-1	Adapted Boccia		55
2-050-12-1	Wheelchair Table Tennis		30
2-505-03-1	Sled Hockey		100
<b>Special Olympics</b>			
2-122-01-1	Powerlifting		105
2-109-01-1	Snow-Shoeing		95
2-108-01-1	Cross Country Skiing		95
2-101-01-1	Basketball		185
2-101-01-5	Pre-Season Basketball		20
2-118-01-1	Aquatics		136
2-114-01-2	Artistic Gymnastics		235
2-114-01-1	Rhythmic Gymnastics		150
2-110-01-1	Alpine Skiing		265

Code	Program	✓	Fee
<b>Special Olympics (cont.)</b>			
2-110-01-2	Alpine Skiing Practice		80
2-110-01-3	Winter Sports Getaway		275
<b>Programs for Children &amp; Young Teens (16-22)</b>			
2-012-01-2	Teen Scene East		312
2-012-01-1	Teen Scene West		312
2-074-01-1	Karate I		100
2-074-01-2	Karate II		100
2-095-01-1	Young Adult Club		185
2-217-01-1	Columbus Day Out	D S	45
2-229-01-1	Veteran's Day Out	D S	48
<b>Programs for Teens &amp; Adults</b>			
2-007-01-3	Afternoon Adventure		246
2-003-01-2	LGP Fitness Fundamentals		55
2-005-01-2	LGP Kitchen Creations		129
2-003-01-3	Darien Fit 'n Fabulous		60
2-005-01-1	Darien Kitchen Creations		140
2-046-01-1	Wrestle Mania		46
2-007-01-1	Day Away Tour		315
2-034-01-1	BINGO! Lincoln Center		36
2-034-01-2	BINGO! Western Springs		36
2-014-01-1	Music Mania		92
2-039-01-1	Animal Therapy		55
2-010-01-2	Actors Guild		100
2-011-01-2	Dancin' the Night Away		72
2-019-01-1	At the Movies Quarry		67
2-019-01-2	At the Movies Seven Bridges		67
2-032-01-1	Holiday Treats		31
2-002-01-1	Adult Swim		55
2-027-01-1	Bears Bonanza 9/28	D	26
2-027-01-2	Bears Bonanza 10/19	D	26
2-027-01-3	Bears Bonanza 11/16	D	26
2-027-01-4	Bears Bonanza 11/23	D	26
2-013-01-1	Weight Training		78
2-014-01-2	Glee Club		78
2-015-01-1	Woodworking		85
2-033-01-1	Yoga		92
2-023-01-1	Alley Cats Lisle		158
2-022-01-1	Diner's Delight Lisle		175
2-023-01-2	Alley Cats Willowbrook		145
2-022-01-2	Diner's Delight SEASPAR		161
2-022-01-3	Diner's Delight Denning		161
2-023-01-3	Saturday Strikers		145
2-025-01-1	Social Club		195
2-026-01-1	Socialites	S 737	258
2-005-01-4	Fall Festers		47
2-007-01-4	45 +	D S	61

Code	Program	✓	Fee
<b>Special Events for Teens &amp; Adults</b>			
2-201-01-1	FVSRA Tournament	D S	40
2-202-01-1	Uncle Bub's BBQ	D S	40
2-203-01-1	Botanic Garden	D S	65
2-204-01-1	Pirate Dance Party		15
2-205-01-1	SRA Dance	D S	32
2-206-01-1	Northwestern Football	D S	25
2-206-01-2	Northwestern (Access)	D S	25
2-207-01-1	White Pines Ranch	D S	85
2-208-01-1	Long Grove Festival	D S	50
2-210-01-1	Bengtson's Farm	D S	48
2-211-01-1	Richardson Farm	D S	60
2-212-01-1	Blue Man Group	D S	95
2-212-01-2	Blue Man (Access)	D S	95
2-214-01-1	Fall Escape		375
2-218-01-1	Great America	D S	95
2-219-01-1	Cinemark IMAX	D S	40
2-220-01-1	Sycamore Festival	D S	45
2-221-01-1	Ladies Day Out	D S	38
2-222-01-1	Boo Bash (incl. in Club)		15
2-223-01-1	Field Museum	D S	55
2-225-01-1	Camelot	D S	95
2-225-01-2	Camelot (Access)	D S	95
2-226-01-1	Ringling Circus	D S	60
2-226-01-2	Ringling Circus (Access)	D S	60
2-227-01-1	Harvest Dance		15
2-231-01-1	Medieval Times	D S	80
2-231-01-2	Medieval Times (Access)	D S	80
2-232-01-1	Guys Day Out	D S	40
2-234-01-1	Turkey Shoot	D	20
2-235-01-1	Little Mermaid	S	25
2-235-01-2	Little Mermaid (Access)	S	25
2-236-01-1	Old Town Restaurant	D S	35
2-240-01-1	St Francis Bowling		15
2-241-01-1	Christmas on Broadway	D S	74
2-241-01-2	Christmas (Access)	D S	74
2-242-01-1	Wheatstack	D S	36
2-243-01-1	Dinner Dance (incl. in Club)		40
2-244-01-1	Mary Poppins	D S	90
2-244-01-2	Mary Poppins (Access)	D S	90
2-245-01-1	Dee's Rock & Roll	D S	75
2-245-01-2	Dee's (Access)	D S	75
2-246-01-1	Holiday Shopping	D S	20
2-247-01-1	Holiday Magic	D S	37
2-249-01-1	New Year's Bash		20

<b>Total</b>	<b>\$</b>
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# 42 Registration Waiver Teens & Adults (16+)

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Are you a new participant? Yes ☐ No ☐ Is this a new address? Yes ☐ No ☐ Is this a new phone number? Yes ☐ No ☐

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone: Mom (\_\_\_\_) \_\_\_\_\_ Dad (\_\_\_\_) \_\_\_\_\_

Parents' Names \_\_\_\_\_ Cell Phone: Mom (\_\_\_\_) \_\_\_\_\_ Dad (\_\_\_\_) \_\_\_\_\_

E-mail Address \_\_\_\_\_

School \_\_\_\_\_ Teacher \_\_\_\_\_

Disabilities or Diagnosis \_\_\_\_\_

Are there any changes in allergic conditions? Yes ☐ No ☐ Dietary restrictions? Yes ☐ No ☐ Medication? Yes ☐ No ☐

Other health issues? Yes ☐ No ☐ Please list \_\_\_\_\_

Do you have an updated emergency contact? Yes ☐ No ☐ Name \_\_\_\_\_

Address \_\_\_\_\_ Phone Number \_\_\_\_\_

Indicate friends and/or car pool accommodations \_\_\_\_\_

## Waiver & Release

### Important Information

SEASPAR is committed to conducting its recreation activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

### Warning of Risk

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of the participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activities, participants must understand that certain risks, dangers, and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction, or officiating, and all other circumstances inherent to indoor and outdoor recreation activities exist. In this regard, it must be recognized that it is impossible for SEASPAR to guarantee absolute safety.

### Waiver And Release of All Claims And Assumption of Risk

Please read this information carefully and be aware that in signing up and participating in activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these activities (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these activities against SEASPAR, including their officials, agents, volunteers, and employees (hereinafter collectively referred as "SEASPAR").

I do hereby fully release and forever discharge SEASPAR from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these activities.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver, and release of all claims.

In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant's Signature (18 or older or Parent/Guardian) \_\_\_\_\_ Date \_\_\_\_\_

**PARTICIPATION WILL BE DENIED if the waiver is not signed or dated by parent/guardian.  
PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.**

# Highlights

From the Lisle Program Room and Wonders Grand Opening



Don't Miss  
the Annual

## Holiday Spectacular

**Monday, December 8 – 7:00 p.m.**  
Theatre of Western Springs, 4384 Hampton Avenue



The Annual Holiday Spectacular is a showcase of participants' talents and abilities for all to enjoy. This event offers the opportunity for family and friends to see what participants are learning and accomplishing in cultural arts programs throughout the year. If you are not in one of the programs selected to perform, you can still participate. Contact Kim Huggins at SEASPAR for more details. As always, SEASPAR welcomes you to watch the performance and support your peers if you do not wish to perform.



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**Friday, September 19**

Arabian Knights Farms – The Barn  
6526 Clarendon Hills Road, Willowbrook  
Doors open at 6:00 p.m.  
Games begin at 7:00 p.m.  
Food provided – Cash bar

Call 630-960-7600  
[www.seaspar.org](http://www.seaspar.org)



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