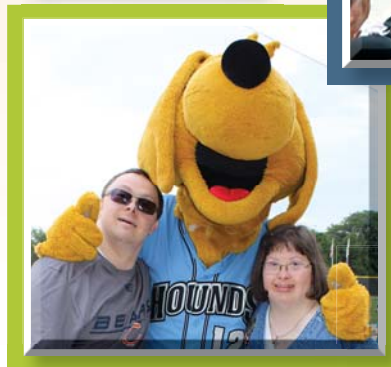
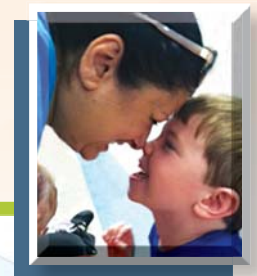


SEASPAR

Special parks & recreation



Summer 2015

Providing year-round recreation services for individuals with disabilities

www.seaspar.org

Serving the Communities of

- Village of Brookfield
- Clarendon Hills Park District
- Darien Park District
- Downers Grove Park District
- Village of Indian Head Park
- Park District of LaGrange
- Community Park District of LaGrange Park
- Lemont Park District
- Lisle Park District
- Village of Western Springs
- Westmont Park District
- Woodridge Park District



discover abilities
achieve potential
realize dreams

4500 Belmont Road
Downers Grove, IL 60515
Voice: 630-960-7600
Fax: 630-960-7601
TDD: 630-960-7605
www.seaspar.org

Office Hours Monday through Friday
8:30 a.m. – 4:30 p.m.
Recorded Message After Hours
Office Closed May 25, July 3,
September 7

Mission Statement SEASPAR provides dynamic recreation programs and quality services for its residents with disabilities.
Core Values Fun • Excellence • Service • Respect • Accountability

Association Members and Representatives

Lisle Park District

Dan Gavy (President)
1925 Ohio Street, Lisle 60532

Woodridge Park District

Mike Adams (Vice President)
2600 Center Drive, Woodridge 60517

Park District of LaGrange

Dean Bissias (Secretary)
536 East Avenue, LaGrange 60525

Darien Park District

Stephanie Gurgone (Treasurer)
7301 Fairview Avenue, Darien 60561

Village of Brookfield

Mary Pezdek
8820 Brookfield Avenue, Brookfield 60513

Clarendon Hills Park District

Kelly Smith
315 Chicago Avenue, Clarendon Hills 60514

Downers Grove Park District

Bill McAdam
2455 Warrenville Road, Downers Grove 60515

Village of Indian Head Park

Richard Andrews
201 Acacia Drive, Indian Head Park 60525

Community Park District of LaGrange Park

Aleks Briedis
1501 Barnsdale Road, LaGrange Park 60526

Lemont Park District

Louise Egofski
16028 127th Street, Lemont 60439

Village of Western Springs

Raymond Jasica
1500 Walker Street, Western Springs 60558

Westmont Park District

Ron Gunter
55 East Richmond, Westmont 60559

Executive Director's Corner

Greetings to you!

Lemont Park District officially becomes SEASPAR's twelfth member entity on June 1. We are excited to serve its residents and to conduct programs in Lemont's outstanding facilities. Please join me in welcoming these new participants and their families by introducing yourself to them and making them feel a part of the organization.

When you receive this summer brochure it is still spring, which in northern Illinois means there may be a blizzard one day, and a sunny 65 degree day the next. LET'S THINK SUMMER!! It brings to mind warm days, sunshine that lasts until after supper, being outdoors, time with friends at picnics and ball games, blooming flowers, and living life to the fullest by trying something new. I encourage you to step up this summer and try something new, along with enjoying whatever is on your traditional list for summer fun and fulfillment. Be sure to include activities that are out-of-doors. Sunshine and fresh air refresh and rejuvenate the body, mind, and spirit.

If you have not experienced Serena's Song, put it in your summer plans. SEASPAR co-sponsors the balloon at the Lisle Eyes to the Skies Balloon Festival, from July 2 – 4. Participants are given free rides on the balloon in the post-dawn hours and at dusk. Last year Mark Buglio, of Lisle, was the 2,000 rider to fly at Lisle. See page 43 for further information.

Plan a visit to Wonders, SEASPAR's award-winning new facility. The development and operation of Wonders earned SEASPAR the Agency Excellence Award from the Therapeutic Recreation Section of the Illinois Park and Recreation Association in 2014. We are proud of this exciting programming area and hope you will schedule a visit to experience it.

Best wishes for a super summer.

Thank You!

Board Member Recognition

SEASPAR extends its appreciation to Roy Cripe for his service on the SEASPAR Board of Directors. He served as the representative of the Community Park District of LaGrange Park for the past seven years. Thank you, Roy, for your commitment, insight, and service.

Board Meetings The SEASPAR Board meets the third Tuesday of every month at SEASPAR at 3:30 p.m. For information, call 630-960-7600. The public is welcome.

Susan B. Friend, CPRP – Executive Director
ADA, Association Operations, Board, Funding

Catherine A. Morava, CPRP – Superintendent of Recreation
Full-time Staff Supervision, Brochure, Ongoing Program Supervision, Risk Management

Matthew R. Corso, CTRS, CPRP – Superintendent of Program Development & Public Information
Full-time Staff Supervision, Program Development, Public Awareness, Summer School Cooperative Programs, Scholarships, Website

Shannon Tovey, CTRS – Support Staff Services Coordinator
Abilities Awareness, Part-time Staff, Volunteers, Intern Supervision, Vehicles

Dawn Krawiec, CPRP – Coordinator, EAGLES Program

Dana Herrera, CTRS – Coordinator
Inclusive Programs, Leisure Education, Teen & Adult New Participant Liaison, Weekly Programs

Lisa Rasin – Fund Development Coordinator
Seeks donations, sponsorships, and in-kind services from local, state, and national businesses and organizations.

Greg Pavesich, CPRP – Recreation Specialist
Adapted Sports, Drop In Center, Home Front Health & Veterans Programs, Low Incidence Programs, Nursing Home Outreach, Stroke Support Group, Youth-at-Risk

Kimberly A. Huggins, CPRP – Recreation Specialist
Camping & Travel, Social Clubs, Teen & Adult Special Events, Vehicle & Facility Scheduling

Rachel Pavesich, CTRS – Recreation Specialist
Adolescent Programs, Children's Programs & Special Events, Day Camp, Wonders Multi-Sensory Room

Aaron Hirthe – Recreation Specialist
Aquatics, Cooperative Day Camp, Special Olympics Athletic Director, Sports & Team Programs

Carol Kocek – Administrative Coordinator
Accounting, Computer System, Payroll, Registration

Ann Franczyk – Administrative Assistant
Human Resources, Payroll, Recording Secretary for the Board, Guest Reception

Tammy Semmler – Administrative Assistant
Registration, Program Information, Guest Reception

What are CPRP and CTRS?

CPRP stands for Certified Park and Recreation Professional and CTRS stands for Certified Therapeutic Recreation Specialist. This status is given to leisure service professionals who can demonstrate through education, experience, and current practice that they meet and exhibit certain predetermined qualifications established by the National Recreation and Park Association Certification Board and the National Council for Therapeutic Recreation Certification. These professionals have earned a Bachelor's or higher degree from an NRPA accredited program, have passed a certified examination, and maintain sanctioned educational units bi-annually.

Fondly Remembered

Former Staff Member, Michele Reed



SEASPAR is saddened to share the news that former staff member Michele Reed passed away unexpectedly on February 22. Michele was a full-time staff member from 1989 to 2001, during which time she taught hundreds of participants to swim, escorted week-long camping trips across the country, oversaw the development and expansion of the Special Olympics programs, was promoted to the position of Inclusion Coordinator, and was a valued team member.

Michele began volunteering with SEASPAR in the fall of 1983, at the age of 16. She worked summers during college, and completed her fieldwork with us. We had the good fortune to hire her for a full-time position in 1989. She continued until August 2001, when she decided to become a domestic engineer, aka mom (her words). Michele still volunteered, along with her daughters Samantha and Brooke, at our swim meet each year. Last April she went back to work full-time as an Inclusion Manager at WDSRA. We are so sad to have lost such a bright and talented person.

Michele is survived by her husband, Jason, and daughters, Samantha and Brooke, along with her parents, siblings, and extended family. Memorials are being directed to SEASPAR and WDSRA. On behalf of the countless lives Michele touched at SEASPAR, we send our heartfelt condolences to her family.

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**Bronswood Greenhouse
Sale Dates:**
Saturday, May 2
9:00 a.m. – 5:00 p.m.
Tuesday, May 5
9:00 a.m. – 4:00 p.m.



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Watch for your fall brochure
to be delivered the week of July 13.

AMC Quarry Cinema
9201 63rd Street
Hodgkins

Anderson Japanese Gardens
318 Spring Creek Road
Rockford

Arabian Knights Farm
6526 Clarendon Hills Road
Willowbrook

Bowling Green Sports Center
243 West Roosevelt Road
West Chicago

Brookfield Municipal Building
8820 Brookfield Avenue
Brookfield

Carrabba's Italian Grill
1001 West 75th Street
Woodridge

Centennial Pool & Community Center
16028 127th Street
Lemont

Cinemark – Seven Bridges
6500 South Route 53
Woodridge

Clarendon Hills Community Center
315 Chicago Avenue
Clarendon Hills

Community Park District of LaGrange Park
1501 Barnsdale Road
LaGrange Park

Cypress Cove Water Park
8301 South Janes Avenue
Woodridge

Darien Community Center
7301 Fairview Avenue
Darien

Darien Sportsplex
451 Plainfield Road
Darien

Denning Park
4901 Gilbert Road
LaGrange

Double J Riding Club
10545 West 74th Street
Countryside

Doubletree Hotel
2111 Butterfield Road
Downers Grove

Downers Grove Recreation Center
4500 Belmont Road
Downers Grove

DuPage County Fairgrounds
2015 West Manchester Road
Wheaton

Ebersold Park
6000 South Main Street
Downers Grove

Fifth Third Bank Ballpark
34W002 Cherry Lane
Geneva

Fishel Park
Main and Grove Streets
Downers Grove

Granite City Food & Brewery
1828 Abriter Court
Naperville

Great America
542 North Illinois Route 2
Gurnee

Hilton Lisle
3003 Corporate West Drive
Lisle

Holes & Knolls
845 Pershing Avenue
Glen Ellyn

The Hub at Beren's Park
493 Oaklawn Avenue
Elmhurst

IGI Gymnastics
145 Plaza Drive
Westmont

Indian Boundary YMCA
711 59th Street
Downers Grove

Knoch Park
724 South West Street
Naperville

LaGrange Community Center
200 South Washington
LaGrange

Lake View Nature Center
17W063 Hodges Road
Oakbrook Terrace

Lambs Farm
14245 West Rockland Road
Libertyville

The CORE Fitness & Aquatic Complex
16050 127th Street
Lemont

Lincoln Center
935 Maple Avenue
Downers Grove

Lions Park Pool
100 Byrd Court
Clarendon Hills

Lisle Community Center
1825 Short Street
Lisle

**Lisle Recreation Center/
Lisle Program Room**
1925 Ohio Street
Lisle

Lodge at McDonald's
2815 Jorie Boulevard
Oak Brook

LongHorn Steakhouse
708 Janes Avenue
Bolingbrook

Lost Mountain
1535 West 75th Street
Woodridge

Maple Hill Pool
5605 Belmont Road
Downers Grove

McCollum Park
6801 South Main Street
Downers Grove

NEDSRA
1770 West Centennial Place
Addison

Palmer Place
56 South LaGrange Road
LaGrange

Papa Passero's
6326 South Cass Avenue
Westmont

Paradise Bay Water Park
437 East St. Charles Road
Lombard

Park District of LaGrange
536 East Avenue
LaGrange

Pheasant Run
4051 East Main Street
St. Charles

Phillips Park Aquatic Center
828 Montgomery Road
Aurora

Prospect Park
130 Prospect Avenue
Clarendon Hills

Putter's Peak
950 West Lake Street
Addison

Raging Waves Waterpark
4000 North Bridge Street
Yorkville

Right Fit
7101 South Adams Street
Willowbrook

Safety Village
55 Stephen Street
Lemont

Sea Lion Aquatic Park
1825 Short Street
Lisle

Seven Bridges Ice Arena
6690 South Route 53
Woodridge

Stone Monroe Park
Stone & Monroe Avenue
LaGrange Park

Sunshine Golf Course
11855 Archer Avenue
Lemont

The Ball Park
27 Jennie Finch Way
Rosemont

The Promenade
631 East Boughton Road
Bolingbrook

Tivoli Theatre
5021 Highland Avenue
Downers Grove

Toyota Park
7000 South Harlem Avenue
Bridgeview

True Balance Karate
406 Ogden Avenue
Downers Grove

Ty Warner Park
Plaza and Blackhawk
Westmont

Western Springs Recreation Center
1500 Walker Street
Western Springs

Westmont Community Center
75 East Richmond Street
Westmont

Westmont Fitness Center
424 Plaza Drive
Westmont

Wilderness Falls
145 Clow International Pkwy.
Bolingbrook

Wonders
Lisle Recreation Center
1925 Ohio Street, Door #8
Lisle

Woodridge Community Center
2600 Center Drive
Woodridge

Wrigley Field
1060 West Addison Street
Chicago

6 Staff Appreciation

Thank You!

“Thank” and “you” are two simple words that mean SO much, but are not expressed nearly enough! It’s one thing to brag about the great support staff and volunteers that we have, but to say it AND know it brings comfort to our hearts. We know that each of you put your “all” into working programs and words cannot express how much SEASPAR appreciates that! For some of you, it doesn’t end at working programs – many of you step up and go above and beyond the job responsibilities by volunteering your time for programs, assisting with fundraising events, and spreading the word about SEASPAR.

All SEASPAR staff and volunteers deserve a big pat on the back and a round of applause for their efforts in giving back and contributing to the development of individuals within our communities. Thank you for your dedication, loyalty, and continuing support of SEASPAR!

Support Staff and Volunteer Statistics

SEASPAR support staff play a key role in delivering quality programs to our participants. The support staff team is made up of weekly program and special event staff, inclusion, EAGLES, day camp, and volunteers. Each support staff brings unique skills and experiences with them. Without their many talents and willingness to share them, SEASPAR would not be what it is today.

SEASPAR had an average of 162 support staff at programs per season in Fiscal Year 2013 – 2014. Each season we had, on average, 24 volunteers, 25 inclusion aides, 7 EAGLES staff, and 93 weekly program and special event staff.

SEASPAR would not be able to do what we do without the generosity of our volunteers. Because of their assistance, we are able to save money, translating directly into lower program costs for participants. SEASPAR volunteers worked a total of 2,778 hours in FY 2013 – 2014, saving the agency \$32,641 in staff costs. We had 255 separate individuals volunteer in some capacity at SEASPAR.

SEASPAR thanks all of the dedicated and caring support staff and volunteers for their time and hard work during the Winter/Spring 2015 program season. Their efforts make it possible for SEASPAR to offer quality programs.

Inclusion

Summer participation has consistently grown for our member entities in recent years, prompting a higher demand for quality inclusion aides. During the summer 2014, we had approximately 55 inclusion aides assist individuals with disabilities who registered for park district programs in SEASPAR’s member districts. Outside of summer months, the demand traditionally goes down, but the quality of work remains high. In the the fall of 2014, we had 26 aides, and in winter-spring of 2015, there were 31 aides providing inclusion assistance in the park district setting.

SEASPAR greatly appreciates everything you all do for us on a day-to-day basis and would like to recognize those staff who continue working as inclusion aides year-round. Those individuals are Kelsey Bramschreiber, Jessica Christy, Maggie Doyle, Bailey Greenaberg, Lindsay Henry, Montez Hogan, Jessica Hyzy, Tyler Janczak, Debbie Kaminskas, Meghan King, Alyssa LaBrash, Meredith Mara, Melanie Mara, GeriAnn Ortega, Inge Papaeliou, April Prescott, Maeghan Saraf, Ruby Saraf, Nicole Smith, Nicole Strawser, Kendall Thornton, and Eric Veverka. On behalf of our full-time SEASPAR staff and park district staff, we are grateful for all of your hard work and generous efforts to make each day brighter for those individuals who sign up for park district programs.

EAGLES

The EAGLES program continues to grow with the addition of our third site, the Lisle Park District, as another home for the EAGLES. The Darien EAGLES reside at the Sportsplex and the Brookfield EAGLES continue to call the Brookfield Municipal Building home. The EAGLES program is currently serving 59 participants, with room for additional participants at each site.

Staff at all sites work together to continue to offer a quality program to the participants. We are fortunate to have nine talented and dedicated staff who round out the EAGLES team. The Darien EAGLES site is led by Nicole Suk, with staff Brian Klama. At the Brookfield EAGLES, Lori Hohenstein is the Site Director, with Tanja Murray and Pam Conlon as staff. The Lisle team is led by Joelle Szyska, with Debbie Murdock, Annie Tully, and Ryan Fleck as additional staff. We are fortunate to have leaders with diverse skills and talents that are used every day.



Believe & Achieve Banquet

Join us as we honor SEASPAR’s program participants and athletes. All participants and their families are invited to attend this special event. Support staff and volunteers are recognized, and participant awards will be presented. Watch for your invitation for this year’s Believe & Achieve Banquet, to be held on Thursday, May 14, at Abbington Distinctive Banquets.

SEASPAR wishes to thank the following individuals, families, businesses, and community organizations for their generous donations made from November 2014 through February 2015.

Donations

Allstate Giving Campaign
 Amanda Aubry
 Steven & Dana Avalos
 Avec Panache
 Babich & Associates
 Bill & Mary Alice Brabec
 Peter & Beth Bensen
 Roger & Rosemary Biernacki
 Cathy Bolger
 Jane Bolger
 Grove & Kerry Bolger
 Ann Carroll
 Chicagoland Bowling
 Proprietors Association
 Clarendon Hills Lions Club
 Darien Lions Club
 Community Bank of
 Downers Grove
 Hank & Jeanette Dajc
 Downers Grove Lions Club
 Mary Grove Drew

James & Rosemary Effinger
 Evelyn Jane Boutique
 Robert Girgis
 Liz Grillos
 Grohne Family Foundation
 Bernard Grove
 The Grove Foundation
 Joy Kellogg
 Andrew Klein
 St. Joan of Arc Council,
 Knights of Columbus
 St. John Council,
 Knights of Columbus
 Kohl's – Hodgkins
 Lisle Lions Club
 Loyal Order of Moose,
 Downers Grove Lodge 1535
 McDonald's Matching Gift
 Program
 The Meyers Fund
 Tim & Jennifer Molsky

Nels & Christine Olson
 Nancy Parkinson
 Mark & Winnifred Patricoski
 Pepsico
 Millicent Perkins
 JR & Amy Read
 Rotary Club of Downers Grove
 Rotary Club of Woodridge
 Harold & Cynthia Schroeder
 Maureen Stiner
 Judy Stowe
 Suburban Door Check and Lock
 SVT, LLC., Ultra Foods
 Charles & Ruthann Vihon
 Donald & Mary Kay Vincenti
 Westmont Lions Club
 Phillip & Jennifer Winiecki
 John & Joyce Zielinski

Honors & Memorials

**Sanderson & Levac Family
 Scholarship Fund**
 Steve & Marilyn Sanderson

**In Honor of Asif &
 Karen Fakroddin**
 Vincent & Autumn Lombardo

**In Honor of the
 Sanderson Family**
 Pamela Davis

In Memory of Jeanne Duffy
 Robert & Karen Duffy
 Debra Dunne
 Martin & Lenora Perez
 Timothy & Kristine Walsh

**In Memory of
 Maria Gonzales Pasillas**
 Downers Grove Park District

In Memory of Nicole Neumann
 The Vihon Family

Annual Appeal

Richard Andrews
 M.R. Anthony
 Steven & Dana Avalos
 Marjorie Bartelli
 Tom & Rosemary Bellaire
 Joel Berger
 Tandy & Carol Bensen
 Ann Bercek
 Ron & Dee Biegun
 Eric & Bonnie Bonnetcarre
 Kevin & Catherine Brennan
 Rich & Beverly Buglio
 Richard & Kathleen Burger
 Kevin & Elaine Burke
 Carol Caccippio
 Nixon & Rhea Caranto
 Carolyn Catalano
 Steve & Jane Chang
 Ted & Elizabeth Coffey
 Don & Tracey Cook
 W.S. Darley & Co.
 Bill Doherty
 Tom Extrom
 Raymond & Corinne Flemm

Mark & Kathy Forzley
 Fred Fratto
 John & Alice Gallagher
 Dan & Sharon Garvy
 Rick & Karen Ginex
 Bob & Bev Goste
 Liz Grillos
 Bill & Rose Gronko
 Mark & Elisabeth Grzywa
 Michael & Frances Grzywa
 Theodore & Mary Grzywa
 Michael & Stephanie Gurgone
 Michael & Elizabeth Hansen
 Richard Hanus
 Margaret Haring
 Thomas & Margaret Hough
 Harold Hurwitz
 Raymond & Carol Jablonski
 Wes & Lynn Jaros
 Ray & Jeanine Jasica
 Nenita Jawor
 Irene Johnson Trust
 Don & Eileen Kenah
 Kevin & Patrice Klein

James & Jeanne Koepke
 Daniel & Dorothy Korzon
 Bob & Heather Kotula
 Ron & Betty Krupp
 Kurt Kuchan
 Mike & Linda Kunze
 Melissa LaBrash
 Jack & Pam Laude
 Mary Beth Lynch
 Terence & Cathy Mahoney
 Dave & Jane Marshall
 Richard & Mary Ellen Matthies
 Bill & Lisa McAdam
 Audrey McCarthy
 Kerby & Tori Meyers
 Janet Mitchell
 Alice J. Morava
 Whitney Murphy
 Sandeep & Reena Nain
 Joseph & Patricia Niziolek
 Karen O'Kelly
 Matthew & Kristy Pauley
 John & Solange Pilizota
 Richard & Margo Piper

Phil & Nancy Poirier
 Jessica Progar
 Don Rasin
 Richard Reynolds
 Patrick & Lisa Rivers
 Thomas Salkeld
 Glen & Diane Sapko
 Robert & Barbara Schaefer
 Stephen & Gail Schmidt
 Marilyn Seelander
 Therese Sellers
 Harvey Shreder
 Ruth Ann Sikora
 Merrie Simek
 Don & Beth Smetko
 Kelly Smith
 Michael & Stephanie Stomberg
 Deirdre Toler
 John & Penny Vath
 John & Linda Vrchota
 Timothy & Ann Weithers
 John & Laura Lee Whittington
 Ernest & Diane Wilkinson
 Carmen Woodring

Welcome to SEASPAR Lemont Residents!



SEASPAR is honored and excited to have been selected to provide special recreation programs in partnership with the Lemont Park District. The staff is committed to getting acquainted with residents to learn what they like to do in their leisure time and how SEASPAR can best meet their recreation needs. For those currently involved in special recreation programs, we think you will see many familiar programs at SEASPAR. You will also see some new and exciting opportunities!

For those who have never participated in special recreation programming, come and find out what SEASPAR has to offer, and let us know what your needs may be. We look forward to exploring possibilities with you and providing the services you need.

You Are Invited...

SEASPAR hopes that residents will take some time to become acquainted with the organization, its programs, services, and facilities. Please join us for the special events listed below, which are designed for all of us to get better acquainted. The Open Houses are informal opportunities to see two facilities used by SEASPAR and to meet and talk with staff. Be sure to allow time to relax and experience while visiting Wonders.

Programs held in Lemont this summer

Swimming
Sunshine Through Golf
Sports Camp

**Special Events for Children
and Young Teens**

Tour a Town

Special Olympics
Flag Football

**Programs for Individuals
with Physical Disabilities**

Wheelchair Softball

Programs for Teens and Adults
Aqua Exercise and Healthy Snack Prep
Social Club

**Transportation from Lemont
is provided for special events.**

Open Houses – **Saturday, April 25**

See the facilities, meet the staff, and ask questions.

- SEASPAR office, 4500 Belmont, Downers Grove
- SEASPAR Lisle Program Room and Wonders, the award-winning Multi-Sensory Room, 1925 Ohio Street, Door #8, under the colorful SEASPAR sign.

Drop by both locations between 9:00 a.m. and 12:00 p.m.

Meet the Staff – In order for our team to best serve residents of Lemont, we are offering two opportunities in April for families to register for a leisure counseling session with one of our participant liaisons. These getting-to-know-you meetings take approximately 30 minutes and are held at The CORE.

Monday, April 27 – 9:00 a.m.-2:00 p.m.

Wednesday, April 29 – 3:00-7:00 p.m.

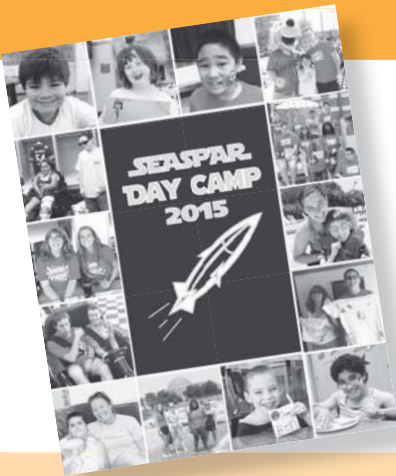
Please contact SEASPAR to schedule your appointment with Dana Herrera, Teen and Adult Coordinator or Rachel Pavesich, Children and Young Teens Coordinator



Sunday, August 2
12:00 – 3:00 p.m.
Centennial Park

Please join us for games, camaraderie, and good food. Come and see what fun you can have with SEASPAR in one fun-filled afternoon! All participants must be accompanied by an adult. RSVP by Wednesday, July 29. In case of inclement weather, the party is held at the Centennial Community Center.

• **Free Lunch** • **Softball Game** • **Face Painting** •



3-2-1-BLAST OFF!

SEASPAR's 2015 Day Camp is going to outer space. Your astronaut can camp in space this summer and boldly go where no participant has gone before. Campers have a lot to explore in galaxies not so far away. Travel through the cosmos to a variety of exciting activities prepared by camp staff. Traditional day camp activities, as well as some new and out-of-this-world discoveries, are planned.

A day camp booklet is now available, which details our camps, fees, policies, forms, and other valuable information. Stop by SEASPAR or call to receive your copy. The booklet can also be found at www.seaspar.org.

OPEN HOUSE

Kids Camp and Teen & Adult Camp parents and campers are invited to visit the camp site and meet the staff on Friday, June 12 from 1:30 – 2:30 p.m.

Kids Camp Ages 5 – 12

Campers take part in gross motor sports and games, arts and crafts, music, drama, swimming, and field trips. Kids Camp encourages children to interact with other campers and enjoy a variety of leisure activities.

Session 1: Monday, June 15 – Thursday, July 2

Session 2: Monday, July 6 – Friday, July 24

Time: 9:30 a.m. – 3:00 p.m.

Location: El Sierra School, Downers Grove

Swimming Facility: Sea Lion Aquatic Park, Lisle

Transportation:

Centennial Community Center, Lemont: 8:30 a.m. – 3:30 p.m.

Park District of LaGrange: 9:00 a.m. – 4:00 p.m.

Teen & Adult Camp Ages 13 – 22

Campers help plan their own summer events and activities with guidance from SEASPAR counselors. This summer's schedule offers an excellent lineup of activities.

Session 1: Monday, June 15 – Thursday, July 2

Session 2: Monday, July 6 – Friday, July 24

Time: 10:00 a.m. – 3:30 p.m.

Location: Centennial Community Center, Lemont

Swimming Facility: Centennial Outdoor Aquatic Center

Transportation:

Park District of LaGrange: 9:00 a.m. – 4:00 p.m.

El Sierra School, Downers Grove: 9:30 a.m. – 4:30 p.m.



Camp Carefree Ages 8 – 18

NEDSRA and SEASPAR have teamed up to offer this exciting day camp! The camp fosters a safe surrounding that allows participants to enjoy activities such as games, arts and crafts, sports, swimming, and weekly field trips. Our top-notch staff provides a structured environment. This camp is designed for participants with a physical disability or visual impairment. Please call SEASPAR for more information. **Note:** No transportation is offered to or from Camp Carefree.

Dates: Monday, Wednesday, Friday, June 15 – July 31
(No camp July 3)

Time: 9:00 a.m. – 3:30 p.m.

Location: SEASPAR

Swimming Facility: Sea Lion Aquatic Park, Lisle

Adventure Camp

Join SEASPAR for two more weeks of fun. This program completes the children's summer and helps maintain the structure of school, while enjoying traditional day camp activities such as games, crafts, music, drama, trips, and more.

Week 1: Monday, July 27 – Friday, July 31

Week 2: Monday, August 3 – Friday, August 7

Little Adventure Camp

Ages 3 – 6

LaGrange Community Center

Time: 9:00 a.m. – 12:00 p.m.

Pickup/drop off at SEASPAR: 8:30 a.m. – 12:30 p.m.

Adventure Camp I

Ages 7 – 10

LaGrange Community Center

Time: 9:00 a.m. – 12:00 p.m.

Pickup/drop off at SEASPAR: 8:30 a.m. – 12:30 p.m.

Adventure Camp II

Ages 11 – 15

Centennial Community Center, Lemont

Time: 9:00 a.m. – 12:00 p.m.

Pickup/drop off at LaGrange Community Center: 8:30 a.m. – 12:30 p.m.

10 Programs for Everyone



Swimming

SEASPAR has partnered with Coach Eve Learn to Swim and their certified instructors to provide quality swim lessons. In the progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff. Please note that we share the pools with the public. **Note:** A waiver for The Lodge is sent with the program confirmation and must be returned to SEASPAR by Friday, June 5.

Code	Place	Day	Dates	# Weeks	Time	Fee
4-001-01-1	The Hilton Lisle	Monday	6/15 – 8/3	8	4:30 – 5:00 p.m.	\$100
4-001-01-2	The Hilton Lisle	Monday	6/15 – 8/3	8	5:00 – 5:30 p.m.	\$100
4-001-01-3	CORE Pool	Monday	6/15 – 7/27	7	5:30 – 6:00 p.m.	\$88
4-001-01-4	CORE Pool	Monday	6/15 – 7/27	7	6:00 – 6:30 p.m.	\$88
4-001-01-5	The Lodge at McDonald's	Tuesday	6/16 – 8/4	8	4:30 – 5:00 p.m.	\$100
4-001-01-6	The Lodge at McDonald's	Tuesday	6/16 – 8/4	8	5:00 – 5:30 p.m.	\$100
4-001-01-7	The Lodge at McDonald's	Tuesday	6/16 – 8/4	8	5:30 – 6:00 p.m.	\$100
4-001-01-8	The Lodge at McDonald's	Tuesday	6/16 – 8/4	8	6:00 – 6:30 p.m.	\$100
4-001-01-9	Doubletree Hotel	Wednesday	6/17 – 8/5	8	5:30 – 6:00 p.m.	\$100
4-001-01-10	Doubletree Hotel	Wednesday	6/17 – 8/5	8	6:00 – 6:30 p.m.	\$100
4-001-01-11	Doubletree Hotel	Wednesday	6/17 – 8/5	8	6:30 – 7:00 p.m.	\$100
4-001-01-12	The Lodge at McDonald's	Thursday	6/18 – 8/6	8	4:30 – 5:00 p.m.	\$100
4-001-01-13	The Lodge at McDonald's	Thursday	6/18 – 8/6	8	5:00 – 5:30 p.m.	\$100
4-001-01-14	The Lodge at McDonald's	Thursday	6/18 – 8/6	8	5:30 – 6:00 p.m.	\$100
4-001-01-15	The Lodge at McDonald's	Thursday	6/18 – 8/6	8	6:00 – 6:30 p.m.	\$100
4-001-01-16	Maple Hill Pool	Thursday	6/18 – 8/6	8	4:30 – 5:00 p.m.	\$100
4-001-01-17	Maple Hill Pool	Thursday	6/18 – 8/6	8	5:00 – 5:30 p.m.	\$100

ADA Statement

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodation for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. This brochure is available in an alternate format upon request. Individuals who have an accommodation concern should contact Susan Friend.

Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

Music Lessons

Research demonstrates that studying music makes you smarter! Participants ages five and older can choose between piano, keyboard, drums, and voice lessons. Bring a spiral notebook, a pencil, and any music books you have used in the past. Participants should indicate their lesson time on the registration form. Guitar students must provide their own guitar and drum students need drum sticks and a practice pad. Lessons are one half hour each. Returning students retain their lesson time if they register by Friday, June 5.

Piano/Drums/Guitar (Instructor Kevin Wood)

Code 4-006-01-1
 Age 5 years and older
 Place Darien Sportsplex
 Dates Tuesdays, June 16 – August 18
 # Weeks 10
 Time 6:00 – 9:00 p.m.
 Fee \$170

Piano (Instructor Debora Judycki)

Code 4-006-01-3
 Age 5 years and older
 Place SEASPAR
 Dates Wednesdays, June 17 – August 19
 (No program July 8)
 # Weeks 9
 Time 4:30 – 8:30 p.m.
 Fee \$153

Piano/Voice (Instructor Nancy Urban)

Code 4-006-01-2
 Age 5 years and older
 Place Darien Sportsplex
 Dates Thursdays, June 18 – August 20
 # Weeks 10
 Time 6:00 – 9:00 p.m.
 Fee \$170

Ice Skating

Lessons give individuals the opportunity to learn to skate or improve skating skills. Instructors and student teachers work cooperatively with SEASPAR staff to provide lessons which focus on skill development, coordination, muscle strengthening, endurance, and fun! Skaters progress at their own rate. **Note:** A waiver is sent with the program confirmation and must be returned to SEASPAR by Friday, June 5.

Code 4-008-01-2
 Place Seven Bridges Ice Arena
 Dates Wednesdays, June 24 – August 5
 (No class July 1)

Weeks 6
 Time 4:40 – 5:20 p.m.*
 Fee \$84

*A free, optional practice time is available from 5:20 – 5:40 p.m.

Sunshine Through Golf

The Sunshine Through Golf Foundation and SEASPAR are teaming up to offer another great season of introductory golf. We enjoy six weeks of beginner instruction at the Sunshine Course at the CDGA Midwest Golf House in Lemont. Please call before the first class if you need to reserve clubs. No jeans or metal spikes may be worn on the course and golf shirts are required. **Note:** Transportation is provided to the Sunshine Course. Please meet at SEASPAR at 4:00 p.m. Pickup is at 6:00 p.m.

Code 4-041-01-2
 Age 8 years and older
 Place Sunshine Course
 Dates Thursdays, August 6 – September 10
 # Weeks 6
 Time 4:30 – 5:30 p.m.
 SEASPAR 4:00 – 6:00 p.m.
 Limit 10
 Fee \$60



Horseback Riding Lessons

If you are new to the saddle, or have been horseback riding before, this program is for you. Riders develop balance and rhythm as they feel the movement of the horse. Riders of all levels embrace the ageless goal of lightness and harmony with one's equine partner. Participants must be ambulatory and able to sit on a horse without a riding partner. **Note:** Waivers are sent with the program confirmation and must be returned to SEASPAR by Friday, June 5.

Place Double J Riding Club
 Dates Fridays, June 19 – August 7
 (No program July 3)

Weeks 7
 Fee \$303

Code 4-070-01-4
 Time 1:00 – 1:45 p.m.

Code 4-070-01-5
 Time 1:45 – 2:30 p.m.

Code 4-070-01-6
 Time 2:30 – 3:15 p.m.

12 Programs for Everyone



*Located in the
Lisle Recreation Center, 1925 Ohio Street.*

A one-way observation window is available
in the waiting room adjacent to Wonders.
Complimentary Wi-Fi and coffee are provided.

Engage your senses... at Wonders!

Our multi-sensory room contains interactive equipment that pleases your senses in a variety of soothing ways. Feel the vibration of music as it plays through the Learning Chair, follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor.

Sensory Explorers

Our multi-sensory room provides participants with a chance to explore their feelings and become interested in their surroundings. SEASPAR has established a variety of program times for you to enjoy the multi-sensory room each week. Each session is one half hour. Indicate your time preference on the registration form.

- | | |
|---------|---|
| Code | 4-099-01-1 |
| Age | 3 – 7 |
| Dates | Mondays, June 15 – August 31
(No program June 29) |
| # Weeks | 11 |
| Time | 4:00 – 6:00 p.m. |
| Fee | \$60 |
| Code | 4-099-02-1 |
| Age | 8 – 15 |
| Dates | Tuesdays, June 16 – September 1
(No program June 30) |
| # Weeks | 11 |
| Time | 4:00 – 6:00 p.m. |
| Fee | \$60 |
| Code | 4-099-01-2 |
| Age | 16 years and older |
| Dates | Wednesday, June 17 – September 2
(No program July 1) |
| # Weeks | 11 |
| Time | 4:00 – 6:00 p.m. |
| Fee | \$60 |



Benefits of the multi-sensory room include:

- Improved mood
- Fewer disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improved communication
- Enhanced interpersonal interactions

The room primarily benefits individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia

SEASPAR Wins State Award for Wonders

SEASPAR's new space, Wonders, is now an award-winning multi-sensory room. Wonders received the Agency Excellence Award from the Illinois Parks and Recreation Association Therapeutic Section at the state conference on January 22. The award was given for "achievement through a project of exceptional merit, which has extensively and directly benefited the community." Wonders has shown that SEASPAR is a leader in special recreation by not following trends, but creating them. The organization is proud to have been recognized at the state level for its new, state-of-the-art multi-sensory room.



Sensory Sunday

You're invited to experience Wonders on dates flexible for you. Sensory Sunday is designed with your schedule in mind so that you can come only on the days which are convenient for you. Please select either the 5- or 12-visit pass on the registration form, and we will send you a punch card with your confirmation. The card does not expire and is punched at each of your visits. Reservations are required in order to ensure that a stimulating, yet calming, atmosphere prevails during the time your child explores the many wonders of the room. Please let us know which of the following dates and time slots you would prefer:

Dates Sundays, June 21 – August 30
 (No program July 5)
Fee 5 visits for \$25 (4-099-01-8)
 12 visits \$50 (4-099-01-9)

Time	Age
1:00 – 1:30 p.m.	3 – 7
1:30 – 2:00 p.m.	3 – 7
2:00 – 2:30 p.m.	8 – 12
2:30 – 3:00 p.m.	8 – 12
3:00 – 3:30 p.m.	13 years and older
3:30 – 4:00 p.m.	13 years and older



14 Programs for Children & Young Teens

Yoga

Move, bend, and breathe in this guided yoga experience with a certified yoga practitioner trained in the method of Yoga for the Special Child. With regular practice, yoga as an adjunct to traditional therapies, significantly enhances the participant's physical, mental, and emotional development in a safe and gentle manner. Participants learn skills to calm themselves, quiet their minds, and honor their abilities in a fun and peaceful environment. Mats are provided. Please bring a water bottle and wear comfortable clothing.

Code 4-075-01-1
 Age 9 – 15
 Place Lisle Recreation Center
 Dates Mondays, June 15 – August 3
 # Weeks 8
 Time 5:30 – 6:30 p.m.
 Fee \$105



Karate

The skills learned, and the training methods used in non-contact karate, help release tension and increase focus. Participants learn self-control, balance, and the ability to process and follow a series of directions. This is a continuous program giving participants the ability to advance through the belt system, and the opportunity to earn a black belt. All abilities are welcome as instruction is tailored to each individual's progress. A uniform, purchased through True Balance Karate, is required for individuals participating in two or more sessions, since they then become members of the karate club. **Note:** A waiver is sent with the program confirmation and must be returned by Friday, June 5.

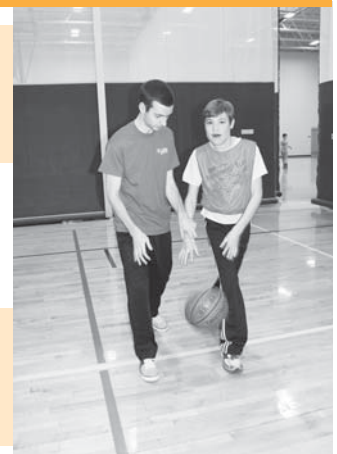
Code 4-074-01-1
 Age 6 – 15
 Place True Balance Karate
 Dates Mondays, June 15 – September 14
 (No program September 7)
 # Weeks 13
 Time 5:55 – 6:25 p.m.
 Fee \$130



Sports Camp

Develop the basic skills to play a variety of sports. Participants improve motor and cognitive skills through playing a variety of sports such as baseball, tennis, football, kickball, and soccer. This fun-filled class teaches the fundamentals of each sport, as well as the importance of sportsmanship and teamwork. Wear sunscreen, gym shoes and athletic apparel, and bring a water bottle.

Code	Age	Dates	# Weeks	Time	Fee
Stone Monroe Park					
4-065-01-1	5 – 10	Mondays, June 15 – August 3	8	5:00 – 5:45 p.m.	\$50
4-089-01-1	11 – 15	Mondays, June 15 – August 3	8	6:00 – 6:45 p.m.	\$50
McCullum Park					
4-065-01-2	5 – 10	Tuesdays, June 16 – August 4	8	5:00 – 5:45 p.m.	\$50
4-089-01-2	11 – 15	Tuesdays, June 16 – August 4	8	6:00 – 6:45 p.m.	\$50
The CORE					
4-065-01-3	5 – 10	Wednesdays, June 17 – August 5	8	5:00 – 5:45 p.m.	\$50
4-089-01-3	11 – 15	Wednesdays, June 17 – August 5	8	6:00 – 6:45 p.m.	\$50



Right Fit

Test your fitness skills while playing to stay fit. This program provides fitness, social interaction, and the opportunity to explore sport and movement through activities such as basketball, obstacle courses, tug-of-war, and more. This is a great opportunity to stay fit, build strength, learn body control, and increase flexibility. **Note:** A waiver is sent with the program confirmation and must be returned by Friday, June 5.

Age 7 – 15
 Place Right Fit
 Dates Tuesdays, June 16 – August 4
 # Weeks 8
 Fee \$128
 Code 4-058-01-1
 Time 4:00 – 5:00 p.m.
 Code 4-058-01-2
 Time 5:00 – 6:00 p.m.

Water Park Adventures

Sample some of the area's finest water parks for an afternoon of swimming, sliding, and splashing! SEASPAR takes you to a different pool each week. No need to be an experienced swimmer, as participants are placed into small groups according to swim ability. Wear your swimsuit and bring a change of clothes, sunscreen, and a towel. Bring \$10 for snacks at the pool's concession stand.

Water Park Wonderland

Age 5 – 10
 Day Thursdays
 Denning 1:00 – 5:30 p.m.
 SEASPAR 1:30 – 5:00 p.m.
 Lemont 2:00 – 6:00 p.m.
 Fee \$45 per event

Code	Date	Place
4-068-01-1	June 18	Centennial Pool
4-068-01-2	July 9	Cypress Cove
4-068-01-3	July 23	Sea Lion Aquatic Park
4-068-01-4	August 6	Lions Park Pool

Aquatic Adventures

Age 11 – 15
 Day Thursdays
 Denning 1:00 – 5:30 p.m.
 SEASPAR 1:30 – 5:00 p.m.
 Lemont 2:00 – 6:00 p.m.
 Fee \$45 per event

Code	Date	Place
4-086-01-1	June 25	Centennial Pool
4-086-01-2	July 2	Cypress Cove
4-086-01-3	July 16	Sea Lion Aquatic Park
4-086-01-4	July 30	Lions Park Pool

Gymnastics

This high-energy program focuses on gross motor skills, strength, coordination, and flexibility. Apparatus work is incorporated into this non-competitive program. No experience necessary. **Note:** This facility is not air-conditioned and classes will be cancelled in event of excessive heat. A waiver is sent with the program confirmation and must be returned to SEASPAR by Friday, June 5.

Place IGI Gymnastics
 Dates Thursdays, June 18 – August 6
 # Weeks 8
 Fee \$100

Tumble Time

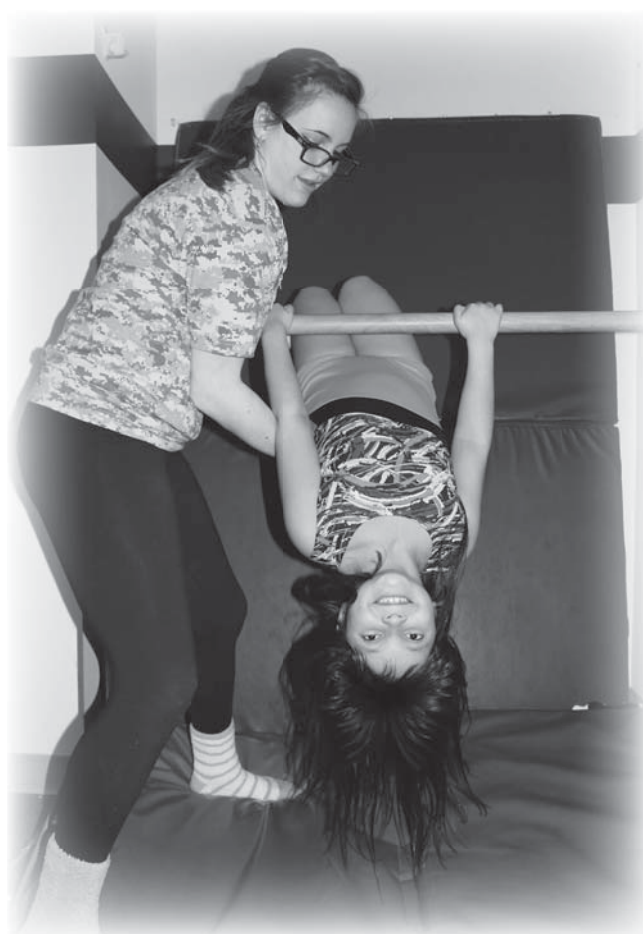
Code 4-053-01-2
 Age 3 – 6
 Time 5:00 – 5:45 p.m.

Beginner Gymnastics

Code 4-053-01-1
 Age 7 – 11
 Time 6:00 – 6:45 p.m.

Gymnastics 101

Code 4-092-01-1
 Age 12 – 15
 Time 7:00 – 7:45 p.m.



16 Programs for Children & Young Teens

Super Saturday

Join SEASPAR's club designed just for kids. The group travels throughout the community enjoying new experiences, making new friends, and developing social skills. Snacks are provided each day.

Age	5 – 10
Day	Saturdays
Lemont	8:30 a.m. – 1:00 p.m.
Denning	9:00 a.m. – 12:30 p.m.
SEASPAR	9:30 a.m. – 12:00 p.m.
Fee	\$30 per event

Code	Date	Activity
4-067-01-1	June 20	Fur, Feathers, & Scales at Lyman Woods
4-067-01-2	June 27	Fire Department Tour
4-067-01-3	July 11	Breakfast at Willow Hills
4-067-01-4	July 18	Wonders
4-067-01-5	July 25	Splash Pad
4-067-01-6	August 1	Cantigny
4-067-01-7	August 8	Cosley Zoo

Teen Excursion

This program is perfect for teens who are too old for kid stuff, but too young for adult activities. Participants learn what resources are available in the community for leisure and play.

Age	11 – 15
Day	Saturdays
Lemont	8:30 a.m. – 1:00 p.m.
Denning	9:00 a.m. – 12:30 p.m.
SEASPAR	9:30 a.m. – 12:00 p.m.
Fee	\$30 per event

Code	Date	Activity
4-085-01-1	June 20	Breakfast at Willow Hill
4-085-01-2	June 27	Waterfall Glen
4-085-01-3	July 11	Swimming
4-085-01-4	July 18	Mini-Golfing
4-085-01-5	July 25	Fur, Feathers, & Scales at Lyman Woods
4-085-01-6	August 1	Fire Department Tour
4-085-01-7	August 8	Wonders

Late Registration

There may be openings available for programs after May 4, so please call to find out if a program you are interested in is still available.



Participation

Participants should be willing to voluntarily engage in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

Annual Information Forms / AIFs

SEASPAR requires that all participants complete an Annual Information Form. Individuals without a current AIF on file will not be permitted to participate.

Special Events for Children & Young Teens 17

Safety First

Learn the best way to be safe in many situations. The curriculum covers traffic safety, stranger danger, water safety, encounters with animals, and much more. Safety lessons are taught through hands-on practice, repetition, games, and activities in a controlled environment. Lunch is included.

Code 4-204-01-1
Age 4 – 10
Place Safety Village
Date Saturday, June 20
Time 1:00 – 4:00 p.m.
SEASPAR 12:00 – 5:00 p.m.
Denning 12:30 – 4:30 p.m.
Fee \$20

Putt-Putt & Pizza

Take a “Leap of Faith,” go “Where Eagles Dare,” conquer the “Triple Threat,” and have fun! Breathe in the fresh air and soak up the sunshine while we enjoy our mini-golfing adventure! After a round of golf, we have pizza at Nonnies.

Code 4-205-01-1
Age 11 – 15
Place Lost Mountain Adventure Golf
Date Saturday, June 20
Denning 3:00 – 7:30 p.m.
Lemont 3:30 – 7:00 p.m.
SEASPAR 4:00 – 6:30 p.m.
Fee \$35

Progressive Dinner

Having trouble choosing between restaurants? Now you don't have to! Come hungry as we travel through Darien. We begin with appetizers at Chuck's Southern Comforts Café, dinner at Buona Beef, and dessert at Steak n' Shake.

Code 4-210-01-1
Age 12 – 15
Place Darien
Date Saturday, June 27
Lemont 3:30 – 7:00 p.m.
Denning 4:00 – 7:30 p.m.
SEASPAR 4:30 – 8:00 p.m.
Fee \$30

More Programs For Teens

Please see page 23 for additional programs for ages 16 – 22.

Wahoo, It's Wednesday!

Ever wake up and wish you had something to do on a weekday morning? Your wish has come true with SEASPAR! We have a whole lot of wholesome activities planned for our wacky excursion. We begin by traveling to the Tivoli Theatre to watch a G or PG rated movie. Once the film has ended, we wander over to experience Wild Wednesdays within the Lake View Nature Center to interact with wildlife and take a ride on a watercraft. We won't waste a moment, since our day is not complete without lunch at Wendy's. So, why wait, don't hesitate to sign up! **Note:** Call SEASPAR or view the movie title on our website at www.seaspar.org on Monday, June 29 and Monday, August 3.

Place Tivoli Theatre and Lake View Nature Center
Lemont 8:30 a.m. – 2:30 p.m.
Denning 9:00 a.m. – 2:00 p.m.
SEASPAR 9:30 a.m. – 3:00 p.m.
Fee \$38

Code 4-211-01-1
Age 10 – 15
Date Wednesday, July 1

Code 4-211-01-2
Age 4 – 9
Date Wednesday, August 5

Phillips Park

Let's go to a park that has everything! We visit with animals at the zoo, play on one of the many playgrounds, walk through the sunken garden, and swim at the water park. Wear your swimsuit and bring a change of clothes, sunscreen, and a towel. Lunch is provided.

Code 4-214-01-1
Age 5 – 10
Place Phillips Park
Date Saturday, July 11
SEASPAR 12:00 – 5:30 p.m.
Denning 12:30 – 6:00 p.m.
Lemont 1:00 – 6:30 p.m.
Fee \$60

For More Information



Please contact
Rachel Pavesich
at 630-960-7600 or
rpavesich@seaspar.org
for information about
programs and special
events for children.

18 Special Events for Children & Young Teens

Teen Overnight

Don't miss out on spending the night at SEASPAR's facility at the Lisle Recreation Center. Start the evening by walking to Sea Lion Aquatic Park to swim, followed by pizza for dinner. We spend the rest of our evening watching movies, playing games, doing activities in the gym, and relaxing in Wonders. In the morning we have breakfast before saying goodbye. Pack an overnight bag with necessary items, and bring a sleeping bag. Bring your favorite board games, Wii games, movies, and CDs if you'd like.

Code 4-218-01-1
Age 12 – 15
Place Lisle Program Room
Date Saturday – Sunday, July 18 – 19
Time 5:00 p.m. – 9:00 a.m.
Denning 4:00 p.m. – 10:00 a.m.
Lemont 4:30 p.m. – 9:30 a.m.
Fee \$60

Take Me Out to the Ballgame

Come cheer on the 2014 Midwest League Champions, the Kane County Cougars, when they take on the Wisconsin Timber Rattlers. Enjoy some peanuts and cracker jack as we cheer on the home team. Lunch is included.

Code 4-219-01-1
Age 12 – 15
Place Fifth Third Bank Ballpark
Date Sunday, July 19
SEASPAR 11:00 a.m. – 5:30 p.m.
Denning 11:30 a.m. – 5:00 p.m.
Lemont 12:00 – 4:30 p.m.
Fee \$50

Swim & Sensory

Join us for a dip in the pool at Sea Lion Aquatic Park, and then a walk to the nearby Lisle Recreation Center to enjoy Wonders, SEASPAR's multi-sensory room. Wear your swimsuit and bring a change of clothes and a towel. Dinner is included.

Place Sea Lion Aquatic Park and Wonders
Time 3:30 – 7:00 p.m.
Denning 2:30 – 8:00 p.m.
Lemont 3:00 – 7:30 p.m.
Fee \$25

Code 4-222-01-1
Age 5 – 10
Date Saturday, July 25

Code 4-222-01-2
Age 11 – 15
Date Saturday, August 8

Please Check In

When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

Tour a Town

Join your friends as we explore Lemont, the newest member in the SEASPAR family. SEASPAR provides specially-made passports that are stamped after visiting each location, including stops within its historic downtown, the I&M Canal, and swimming at the Lemont CORE Pool. Lunch from a local restaurant of the group's choice is included. Wear your swimsuit and bring a change of clothes, sunscreen, and a towel.

Code 4-226-01-1
Age 11 – 15
Place Lemont
Date Saturday, August 1
Time 1:00 – 5:00 p.m.
Denning 12:00 – 5:30 p.m.
SEASPAR 12:30 – 6:00 p.m.
Fee \$30



Lambs Farm

Stroll through the farmyard and visit with Bambino, the cow, or Miss Wiggles, the 600-pound pig. With an abundance of animals, there's no telling which one will be your favorite! We stop at the small animal pen to have a close encounter with the rabbits, goats, chicks and, of course, lambs. We round out our day by playing miniature golf and taking a ride on the miniature train, or on the old world carousel. Snacks are provided.

Code 4-229-01-1
Age 5 – 10
Place Lambs Farm
Date Saturday, August 8
SEASPAR 1:00 – 6:00 p.m.
Lemont 1:30 – 5:30 p.m.
Denning 2:00 – 5:00 p.m.
Fee \$40

Participation

Persons are eligible for Special Olympics if they are eight years of age or older and have been identified by an agency or professional as having intellectual disabilities, cognitive delays as determined by standardized measure, or have significant learning or vocational problems due to cognitive delays that require, or have required, specially designed instruction.



Medical Forms

Athletes wishing to participate in Special Olympics programs must have a current Special Olympics medical form on file at SEASPAR. It is valid for two years from the date of the examination. Please contact SEASPAR to find out when your form expires or to request one. A medical form is available on our website, www.seaspar.org. Faxed forms are not accepted.

Disclaimer – Team sports and relay events take precedence over individual sports or events at the state level of competition.

Volleyball

It's time for another season of Spartans Volleyball! The coaching staff teaches fundamentals, teamwork, and sportsmanship through practice and competitive play. Athletes meet the first week for skill evaluation and team assignments as determined by the coaches. Schedules and uniforms are given prior to the first game. The Spartans compete in the Special Olympics Tournament on Sunday, September 27, and the ITRS Tournament on Sunday, October 4. Tournament dates are subject to change. Wear gym shoes and athletic clothing. No jeans please.



Code 4-121-01-1
 Age 16 years and older
 Dates Tuesdays
 July 28 – October 6
 # Weeks 11
 Limit 24
 Fee \$150

Blue Team
 Place Downers Grove
 Recreation Center
 Time 6:30 – 8:00 p.m.
 Denning 6:00 – 8:30 p.m.

White Team
 Place Park District
 of LaGrange
 Time 6:30 – 8:00 p.m.
 SEASPAR 6:00 – 8:30 p.m.

Bocce

Bocce, a favorite family game, is one of Special Olympics' most enjoyable competitive sports. Closely resembling bowling, this game requires skill, strategy, and a little luck. Learn to toss, roll, hit, and score while having a great time with your friends. This is a fun and relaxing way to spend an evening outdoors. We participate in the District Bocce Tournament in September. Gold medal winners qualify for the Summer Games in June of 2016.

Code 4-104-01-1
 Age 8 years and older
 Place Ebersold Park
 Dates Wednesdays, July 15 – September 16
 # Weeks 10
 Time 5:00 – 6:00 p.m.
 Limit 8
 Fee \$90

Code 4-104-01-3
 Age 8 years and older
 Place Ebersold Park
 Dates Wednesdays, July 15 – September 16
 # Weeks 10
 Time 6:00 – 7:00 p.m.
 Limit 8
 Fee \$90

Note: For those who want to play Bocce without entering competitions, please register for the session below.

Code 4-104-01-2
 Fee \$60

Athletes registered for team sports are expected to attend practices, games, and tournaments.

For More Information

Contact Aaron Hirthe
 at 630-960-7600 or
ahirthe@seaspar.org
 for information
 about Special Olympics.



20 Special Olympics

Flag Football

Come and join us as SEASPAR hits the gridiron for some fast-paced football fun! This program consists of skill-building drills and instruction on the rules and game play of Flag Football. Though not a sport sanctioned by Special Olympics Illinois, we will follow all Special Olympics Flag Football rules. Some weeks the team may travel to practice with and scrimmage against other SRA teams.

Code 4-124-01-1
Age 16 years and older
Place Centennial Park
Dates Wednesdays
June 17 – August 19
Weeks 10
Time 6:00 – 7:30 p.m.
Denning 5:00 – 8:00 p.m.
SEASPAR 5:30 – 8:30 p.m.
Limit 10
Fee \$140

Floor Hockey

Join this competitive team sport as we team up with friends from NEDSRA. This exciting game, similar to ice hockey, is played with straight sticks and a doughnut-shaped puck on a gym floor. We compete with other SRAs as we train for the Special Olympics State Tournament in Chicago on Saturday, November 14. Please note that some games may be held on days other than Wednesday, and the competition date is subject to change. A schedule is available within the first few weeks of practices. Wear gym shoes and athletic clothing.

Code 4-112-01-1
Age 16 years and older
Place NEDSRA
Dates Wednesdays
August 26 – November 11
(No program September 9)
Weeks 11
SEASPAR 5:00 – 9:00 p.m.
Denning 5:30 – 8:30 p.m.
Limit 6
Fee \$145

Golf

This program is for the experienced golfer who is ready for course play. Work on your swing and etiquette while you socialize with friends. Tee times begin between 5:30 and 6:00 p.m. A schedule is sent prior to week one. The competition for 3, 6, and 9-hole golfers is on Monday, August 3. SEASPAR determines competition “readiness” or level of course play, based on an individual’s scores, and weekly course play as described by Special Olympics. Gold medal winners qualify for the Outdoor Sports Festival, Friday to Sunday, September 11 – 13.

Code 4-113-01-1
Age 8 years and older
Place Various courses
Dates Thursdays, June 4 – July 30
Weeks 9
Time Refer to Schedule
Limit 16
Fee \$160

Note: For those who want to golf without entering competitions, please register for the session below.

Code 4-113-01-2
Fee \$130

Unified Golf

New to SEASPAR, we are proudly offering this golf option to our experienced golfers! The program pairs a Special Olympics athlete with a “Unified Partner” for traditional course play. Scoring is aggregate, i.e., both players’ scores on each hole are added together. Tee times begin between 5:30 and 6:00 p.m. A schedule is sent prior to the first week. The competition for Unified Golfers is on Monday, July 20. Gold medal winners qualify for the Outdoor Sports Festival, Friday to Sunday, September 11 – 13.

Code 4-123-01-1
Age 8 years and older
Place Various courses
Dates Thursdays, June 4 – July 30
Weeks 9
Time Refer to Schedule
Limit 16
Fee \$160

Aquatics (Pre-season Practice)

Attention all competitive swimmers! Sign up for this program to practice your swim skills, stay in shape through the summer, and prepare for the fall competition season. Staff focus on swim endurance and encourage swimmers to practice the different competitive swim strokes.

Code 4-118-01-2
Age 8 years and older
Place Indian Boundary YMCA
Dates Saturdays, June 20 – August 15
(No program July 4)
Weeks 8
Time 1:00 – 2:00 p.m.
Limit 15
Fee \$70



2015 Special Olympics and ITRS Competition Schedule Dates to Remember

(all dates are subject to change)

July 12	ITRS Softball Tournament
July 18	SO Tennis Qualifier
July 20	SO Unified Golf Qualifier
July 22	SO Golf Skills Qualifier
July 25	SO Bowling Qualifier
July 26	SO Softball Tournament
Aug. 3	SO Golf (5- and 9-hole) Qualifier
*Aug. 15-16	SO State Tennis
Sept. 12-13	SO State Outdoor Sports Festival
*Sept.	SO Bocce Qualifier
Sept. 27	SO Volleyball Tournament
Oct. 4	ITRS Volleyball Tournament
Oct. 18	SO Sectional Bowling
*Oct. 24-25	SO State Fall Games
*Nov. 14	SO State Floor Hockey
Dec. 5	SO State Bowling

*Dates with an asterisk are tentative (or unknown) at this time.

Revelation Golf

Awaken to the life-changing experience of golf! SEASPAR is teaming up with Revelation Golf to provide instruction and help improve the game of golf for individuals with physical disabilities. This program uses clinical skills and game fundamentals to develop and encourage golfers at any level. All equipment is provided.

Code 4-050-08-1
 Age All ages
 Place Sunshine Through Golf
 Dates Mondays, June 22 – July 27
 # Weeks 6
 Time: 10:00 – 11:30 a.m.
 Fee: \$50

Adapted Music Lessons

Have you ever had the chance to make music? This exciting program gives individuals with limited mobility the chance to make beautiful music! The Soundbeam 5 translates movement into music, using movement sensory technology. Move your head, wave your hand, or spin your wheelchair, and musical notes fill the air. Lessons are one half hour each.

Code 4-050-09-1
 Age All Ages
 Place: Wonders
 Dates: Thursdays, June 18 – August 6
 (No program July 2)
 # Weeks 7
 Time 6:00 – 8:00 p.m.
 Fee \$60

Power Soccer

Participants use an oversized soccer ball and maneuver their power chairs to dribble, pass, shoot, and score goals. A footguard is attached to the front of the power wheelchair and the game is on! This program is an introduction to Power Soccer and is designed for beginners. Footguards are provided.

Code 4-050-06-1
 Age All ages
 Place Westmont Community Center
 Dates Saturdays, June 20 – August 8
 (No program July 4)
 # Weeks 7
 Time 10:00 – 11:00 a.m.
 Fee \$30

Wheelchair Softball

Batter up! Now it's your turn stretch a double to a triple. Lemont's Miracle Field was built for individuals in wheelchairs to experience America's pastime. Hitting, fielding, and base running are a few of the skills that will be taught in this program. Participants will need a baseball glove.

Code 4-050-14-1
 Age All ages
 Place Centennial Park
 Dates Saturdays, June 20 – August 1
 (No program July 4)
 # Weeks 6
 Time 1:30 – 2:30 p.m.
 Fee \$18

Wheelchair Table Tennis

Get your top spin going with SEASPAR's table tennis program. Learn the basics of wheelchair table tennis, or how to deal out a killer serve and counter your opponent's return. This program is for beginners.

Code 4-050-12-1
 Age 8 years and older
 Place Darien Sportsplex
 Dates Saturdays, June 20 – August 8
 (No program July 4)
 # Weeks 7
 Time 3:30 – 4:30 p.m.
 Fee \$25

Boccia

Join SEASPAR in playing Boccia, designed for individuals whose physical impairment is their primary disability. Boccia is a game of precision in which the object is to place the balls closest to a target. Adaptive ramps are available to make the sport accessible for all individuals.

Code 4-050-01-1
 Age All ages
 Place Darien Sportsplex
 Dates Saturdays
 June 20 – August 8
 (No program July 4)
 # Weeks 7
 Time 4:30 – 5:30 p.m.
 Fee \$25



22 Programs for Individuals with Physical Disabilities

For More Information

Contact Greg Pavesich
at 630-960-7600 or
gpavesich@seaspar.org
for information
about adapted sports.



Sled Hockey

SEASPAR is hitting the ice. Sled hockey allows participants who have a physical disability to play hockey. This program is for beginners to learn the fundamentals. So come and try one of the most popular sports in the Paralympic Games. All equipment is provided.

Code 4-050-03-1
Age 8 years and older
Place Darien Sportsplex
Dates Sundays, June 21 – August 9
(No program July 5)
Weeks 7
Time 3:00 – 5:00 p.m.
Fee \$50

Center for Independence

SEASPAR has been working with The Center for Independence School for Conductive Education for the last five years to provide recreational and vocational experiences by hosting field trips for students with cerebral palsy. The group has travelled to the Park District of LaGrange for a tour of their facilities and to play a variety of sports, the library in Western Springs, therapeutic horseback riding at Double J, sledding, and the Museum of Science and Industry. In March, SEASPAR took the students to Springfield to meet Representative Dick Durbin and to advocate for people with disabilities. This collaboration has enabled both the Center for Independence and SEASPAR to educate these individuals about opportunities that may impact their future.



THE GOAL POST

*Opening doors to
your adapted goals*

Along with many other attributes, the Lemont Park District brings to SEASPAR a Miracle Field. This specially-designed field has a hard surface so that individuals with a physical impairment can play baseball. SEASPAR is excited to offer Wheelchair Softball at this accessible field, where our athletes will get to swing for the fences just like in the big leagues!

Karate

The skills learned, and the training methods used in non-contact karate, help release tension and increase focus. Participants learn self-control, balance, and the ability to process and follow a series of directions. This is a continuous program giving participants the ability to advance through the belt system, and the opportunity to earn a black belt. All abilities are welcome as instruction is tailored to each individual's progress. A uniform, purchased through True Balance Karate, is required for individuals participating in two or more sessions, since they then become members of the karate club. **Note:** A waiver is sent with the program confirmation and must be returned by Friday, June 5.

Code 4-074-01-1
 Place True Balance Karate
 Dates Mondays, June 15 – September 14
 (No program September 7)
 # Weeks 13
 Time 5:55 – 6:25 p.m.
 Fee \$130

Teen Scene

Spend the afternoon with SEASPAR friends exploring the community and having fun. Past activities included miniature golf, fishing, picnics, and shopping. A schedule is mailed with confirmations.

Code 4-012-01-1
 Place Various locations
 Dates Tuesdays, June 16 – August 4
 # Weeks 8
 SEASPAR 12:00 – 5:00 p.m.
 Denning 12:30 – 4:30 p.m.
 Limit 12
 Fee \$240

Aquatic Adventures

Enjoy the area's finest water parks for an afternoon of swimming, sliding, splashing, and sunning! SEASPAR takes you to a different pool each week. No need to be an experienced swimmer, as participants are placed in small groups according to swim ability. Wear your swimsuit and bring a change of clothes, sunscreen, and a towel. Bring \$10 for snacks.

Day Thursdays
 Denning 1:00 – 5:00 p.m.
 SEASPAR 1:30 – 4:30 p.m.
 Fee \$45 per event

Code	Date	Place
4-086-01-7	July 9	Sea Lion Aquatic Park
4-086-01-8	July 16	Centennial Pool
4-086-01-9	July 23	Paradise Bay Water Park

Young Adult Club

Calling all teens and young adults! This club is geared specifically for teens and young adults transitioning into adult programs. Activities and outings place a strong emphasis on socialization, while also having fun. It's the perfect opportunity to meet new friends and connect with old ones.

Code 4-095-01-1
 Place Various locations
 Date Saturdays, June 27, July 11, 25, August 8
 SEASPAR 1:30 – 5:30 p.m.
 Denning 2:00 – 5:00 p.m.
 Limit 12
 Fee \$150



*Become a fan of
 SEASPAR on Facebook.*

24 Programs for Teens & Adults (16+)

Afternoon Adventures

Spend an afternoon with your buddies enjoying exciting travels throughout the community. You're sure to have a memorable time. Activities include mini-golf, fishing, and exploring local parks. A schedule is mailed with confirmations.

Code 4-007-01-3
Place Various locations
Dates Mondays, June 15 – August 3
Weeks 8
Drop-off SEASPAR 2:30 p.m.
Drop-off Darien Sportsplex 3:00 p.m.
Pickup Denning 6:00 p.m.
Pickup SEASPAR 6:30 p.m.
Limit 12
Fee \$180

Please Check In

When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. Note: SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

Wrestle Mania

Liven up your Monday evenings and spend them watching WWE Monday Night RAW at SEASPAR's program room in Lisle. The evening includes pizza, watching wrestling on TV, and enjoying time with your friends.

Code 4-046-01-1
Place Lisle Program Room
Dates Mondays June 15, 29, July 13, 27
Time 7:00 – 9:00 p.m.
Denning 6:30 – 9:30 p.m.
Fee \$50

Casino Night

Feeling lucky? Spend an evening with your friends trying your luck at poker, roulette, blackjack and more! Snacks are provided.

Code 4-017-01-1
Place Woodridge Community Center
Date Mondays, June 15 – August 3
Weeks 12
Time 6:00 – 7:00 p.m.
Fee \$42

Miniature Golf

Here is your chance to practice your putting skills, learn proper sportsmanship, and enjoy some friendly competition as we travel to different miniature golf courses to experience an exciting new challenge each week. Please sign up for the appropriate age group. Bring \$10 for concessions if you wish. **Note:** If the weather is not conducive for outdoor play, an alternate indoor location is available.

Lemont 6:00 – 9:30 p.m.
Denning 6:00 – 9:30 p.m.
SEASPAR 6:30 – 9:00 p.m.
Limit 12
Fee \$77

Code 4-018-01-1
Age 16 – 30
Dates Mondays
June 15 The Hub at Beren's Park
June 29 Wilderness Falls
July 13 Putter's Peak
July 27 Holes & Knolls

Code 4-018-01-2
Age 30 years and older
Dates Mondays
June 22 The Hub at Beren's Park
July 6 Wilderness Falls
July 20 Putter's Peak
August 3 Holes & Knolls



Fit n' Fuel

Regular exercise and physical activity are extremely important and beneficial for long-term health and well-being. Fit n' Fuel explores different exercises such as Zumba, Kickboxing, Boot Camp, and more! Participants learn how to make a healthy snack following the fitness portion. Please bring a water bottle. Athletic apparel and gym shoes are required. No jeans are allowed.

Code 4-003-01-4
 Place Community Park District of LaGrange Park
 Dates Mondays, June 15 – August 3
 # Weeks 8
 Time 5:00 – 7:00 p.m.
 Fee \$40

Aqua Exercise & Healthy Snack Prep

Jump right into SEASPAR's new aqua exercise class. Participants build cardiovascular fitness and strength in a fun way. Participants experience a mix of water aerobics and aqua boot camp. After drying off, the group learns how to prepare a healthy snack. Please wear your swimsuit under your clothes, and bring a towel.

Code 4-002-01-3
 Place Lemont CORE Pool
 Dates Mondays
 June 15 – August 3
 # Weeks 8
 Time 5:00 – 7:00 p.m.
 Fee \$60



Day Away Tour

If you have been wishing for something to do during the week, join Day Away Tour. This group travels beyond the local community to experience a variety of fun recreational activities. Outings include shopping, theater, and sporting events. A schedule is mailed with confirmations. **Note:** Based on the distance of the destination, times may vary.

Code 4-007-01-1
 Age 21 years and older
 Place Various locations
 Dates Tuesdays, June 23, June 30, July 21, August 4
 SEASPAR 9:00 a.m. – 3:00 p.m.
 Fee \$210

For More Information

Please contact Dana Herrera
 at 630-960-7600 or
dherrera@seaspar.org for
 information about programs
 for teens and adults.



Role Play

Express yourself, gain confidence, and socialize while acting in a fun, relaxed setting. Participants work on new scenes each week in this non-performance based acting class. The program focuses on group activities and improvisation. Get ready to move and be a star in this exciting new program! Please wear comfortable clothes and bring a water bottle.

Code 4-076-01-1
 Place Westmont Community Center
 Dates Tuesdays, June 16 – August 4
 # Weeks 8
 Time 5:30 – 6:30 p.m.
 Fee \$40

Concert Series

If you are looking for a way to kick back and listen to some great music, join us for a weekly concert in the park. Classic rock, country, soul, and big band are just a few of the sounds we hear. A picnic dinner from local restaurants is provided. Participants are encouraged to bring a blanket or lawn chair, and insect repellent. A schedule is mailed with confirmations. **Note:** If the weather is not conducive to the outdoor concert, the group meets at Lincoln Center.

Code 4-015-01-1
 Place Fishel Park
 Dates Tuesdays, June 16 – August 4
 # Weeks 8
 Time 6:30 – 8:30 p.m.
 Fee \$127

Nothing Kills a Good Program Quicker ...

than everyone waiting until the last minute to register. If there are not enough registrants, the program is cancelled, and coming in the day of the program to sign up won't save it. Registration must be received five days prior to the start of the program and preferably by Monday, May 4.

26 Programs for Teens & Adults (16+)

Music Mania

Learn new songs, free dance, and how to jam instrumentally. The group experience teaches patience, sharing, and listening. The goal is for you to use music for stress reduction, relaxation, and improving communication. The most important goal is to have fun!

Code 4-014-01-1
Place Westmont Community Center
Dates Tuesdays, June 16 – August 4
Weeks 8
Time 7:00 – 7:45 p.m.
Fee \$62

BINGO!

Don't miss your chance to be a big winner! Spend the evening with your SEASPAR friends trying your luck at B-I-N-G-O! We have many wonderful prizes and snacks, plus there's time to socialize.

Code 4-034-01-1
Place Lincoln Center
Dates Tuesdays, June 16 – July 7
Weeks 4
Time 6:00 – 7:00 p.m.
Fee \$25

Code 4-034-01-2
Place Western Springs Recreation Center
Dates Tuesdays, July 14 – August 4
Weeks 4
Time 6:00 – 7:00 p.m.
Fee \$25

Animal Assisted Therapy

Spend time with man's best friend. You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem.

Code 4-039-01-1
Place Darien Community Center
Dates Tuesdays, July 14 – August 4
Weeks 4
Time 7:00 – 8:00 p.m.
Fee \$38

Holiday Treats

Each season brings new holiday treats to enjoy. We make delectable delights for each of our favorite holidays. Try your luck at watermelon cupcakes, chocolate-dipped frozen bananas, and ice cream cake. Learn how to follow a recipe in order to create your succulent snack.

Code 4-032-01-1
Place Darien Sportsplex
Dates Wednesdays, June 17, July 1, 15, August 5
Time 6:30 – 8:00 p.m.
Fee \$44

Adult Swim

Jump right in; the water's great! This non-competitive program is designed for those who enjoy a leisurely swim in the pool. We spend our Wednesday evenings playing fun water games and socializing with great friends. Sign up today and make a splash this summer.

Code 4-002-01-1
Place Sea Lion Aquatic Park
Dates Wednesdays, June 17 – August 5
Weeks 8
Time 7:00 – 8:00 p.m.
Fee \$46

At the Movies

Lights, camera, action! Get together with friends to see a current G, PG, or PG-13 movie. Check our website at www.seaspar.org or call SEASPAR after 2:00 p.m. the day of the program for movie title and time (if calling after hours, select the program update option). Bring \$10 for concessions if you wish. **Note:** Parents, guardians, and/or caseworkers must check in with the supervisor upon arrival and departure.

Time Varies
Dates Wednesdays, June 17, July 8, 22, August 5
Fee \$70

Code 4-019-01-1
Place AMC Quarry Cinema

Code 4-019-01-2
Place Cinemark @ Seven Bridges

Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.



Watch for your fall brochure to be delivered the week of July 13.

Picnic in the Park

Summer would never be the same without spending Thursday evenings at McCollum Park. This program is designed to let you play a friendly game of basketball, volleyball, or Baggo, take a walk around the park, or just socialize with friends. Each week a meal is brought in from local restaurants. Bring your energy and an appetite for a great evening! Wear comfortable clothing and gym shoes, and bring insect repellent. **Note:** All participants must meet at the pavilion by the south parking lot and check in with a supervisor. In the event of inclement weather, the program is held at Lincoln Center.

Code 4-022-01-1
 Place McCollum Park
 Dates Thursdays, June 18 – August 6
 # Weeks 8
 Time 5:30 – 7:30 p.m.
 Denning 5:00 – 8:00 p.m.
 Fee \$152

Weight Training

Are you willing to go the extra mile and dedicate yourself to our successful weight training program? When it comes to changing how your body looks, weight training wins hands down. Lifting weights can help raise your metabolism, strengthen bones, help to avoid injuries, increase confidence and self-esteem, and improve coordination and balance. SEASPAR staff assist you in choosing which exercises help you achieve your goals. Bring a water bottle. Athletic apparel and gym shoes are required. No jeans are allowed.

Code 4-013-01-1
 Place Lisle Community Center
 Dates Thursdays, June 18 – August 6
 (No program July 2)
 # Weeks 7
 Time 4:30 – 5:30 p.m.
 Fee \$58

Yoga

Yoga is designed to safely guide you toward enhanced strength, stamina, and flexibility. Studies show yoga has multiple health benefits such as reducing high blood pressure, high blood sugar, and obesity. Mats are provided. Bring a water bottle.

Code 4-033-01-1
 Place Darien Community Center
 Dates Thursdays, June 18 – August 6
 # Weeks 8
 Time 7:00 – 8:00 p.m.
 Limit 10
 Fee \$93

Baseball Tour

There is nothing like summer fun at the ballpark. Join us as we “take you out to the ballgame” and follow our local teams in the minor leagues. It’s a great way to spend time with friends, relax in the fresh air, and watch an exciting game all in one! The focus is not only on the fun, but on appropriate socialization skills and learning financial independence. Bring a minimum of \$10 for concessions and souvenirs. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game, including delays and extra innings. In the event of an excessive delay, staff decides when they need to return home prior to the end of the game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Day Wednesdays
 Place Various ballparks
 Lemont 5:30 – 11:15 p.m.
 Denning 5:30 – 11:15 p.m.
 SEASPAR 6:00 – 10:45 p.m.
 Limit 12
 Fee \$32 per event

Code	Date	Game
4-016-01-1	July 1	Schaumburg Boomers vs. Frontier Greys
4-016-01-2	July 22	Kane County Cougars vs. Quad Cities River Bandits
4-016-01-3	August 5	Windy City Thunderbolts vs. Gateway Grizzlies
4-016-01-4	August 12	Kane County Cougars vs. Great Lakes Loons



28 Programs for Teens & Adults (16+)

Glee Club

Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Practicing helps you stay in tune in preparation for a recital, keeping the “perfect pitch” for your friends and family.

Code 4-014-01-2
 Place Darien Sportsplex
 Dates Thursdays, June 18 – August 20
 # Weeks 9
 Time 5:00 – 6:00 p.m.
 Fee \$80

Social Club

Social Club offers activities and excursions within the community. As clubs are established, consideration is given to age, peer groups, car pools, CILAs, and issues that are important to you. Please be sure to list car pool information on the registration form. Accessible transportation is available. The Summer Bash Dance and Movie in the Park are included in the club schedule.

Code 4-025-01-1
 Dates Fridays, June 19 – August 7
 (No program July 3)
 # Weeks 7
 Time Varies by activity
 Limit 12
 Fee \$140



Participation

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

Saturday Night Socialites

This program is designed for adults who are ready to venture out on their own, but may need a jump-start. The group plans a variety of community outings. A schedule is mailed and available on the website once the activities are determined. Participants must contribute to the social dynamics of the group and adhere to dress and behavior codes.

Code 4-026-01-1
 Age 21 years and older
 Place Palmer Place
 Planning Date Saturday, June 13
 SEASPAR 6:00 – 9:30 p.m.
 737 Apts. 6:30 – 9:00 p.m.
 Dates Saturdays, July 18, August 1, 8
 Time Varies
 Pickup SEASPAR
 737 Apartments
 Limit 12
 Fee \$167

Sunday Brunch – New!!

This program is geared toward older adults. The group enjoys brunch at a local restaurant. Following the meal, we enjoy a leisurely walk through one of the neighboring communities or parks.

Code 4-024-01-1
 Age 45 years and older
 Place Various locations
 Dates Sundays, June 28, July 26
 SEASPAR 11:00 a.m. – 3:30 p.m.
 Denning 11:30 a.m. – 3:00 p.m.
 Fee \$30

Baseball Bonanza

Join your baseball-loving friends for all the exciting action. Managers Rick Renteria and Rockin' Robin Ventura lead their teams through an exciting season of home runs and stolen bases. Lunch is served as the action plays out on the big screen. **Note:** Due to the unpredictable length of the games, return time to Denning Park is approximate. SEASPAR remains until the end of the game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Day Sunday
 Place Papa Passero's
 Game Time 1:20 p.m.
 Time 1:00 – 4:45 p.m.
 Denning 12:30 – 5:15 p.m.
 Lemont 12:00 – 5:15 p.m.
 Fee \$28 per event

Code	Date	Game
4-027-01-1	June 21	Cubs vs. Minnesota Twins
4-027-01-2	July 12	White Sox vs. Cubs
4-027-01-3	July 26	Cubs vs. Philadelphia Phillies
4-027-01-4	August 9	White Sox vs. Kansas City Royals

Six Flags Great America

Nothing says summer fun like Six Flags Great America! Join your friends for a day of awesome rides, great shows, and incredible attractions. With so many choices, where do you begin? Bring \$40 for lunch and dinner. **Note:** Due to the nature of this event, participants must be able to tolerate large crowds, wait in line, and not wander from the group.

Code 4-201-01-1
 Place Six Flags Great America
 Date Saturday, June 13
 Lemont 8:30 a.m. – 9:30 p.m.
 SEASPAR 9:00 a.m. – 9:00 p.m.
 Denning 9:30 a.m. – 8:30 p.m.
 Limit 22
 Fee \$95

Carrabba's Italian Grill

Carrabba's is dedicated to the craft of cooking great Italian food. They use the freshest ingredients, grill over a wood fire, and make the sauces from scratch. There are many choices on the menu including chicken marsala, wood-grilled chicken, spaghetti, and so much more; the choice is yours.

Code 4-202-01-1
 Place Carrabba's Italian Grill
 Date Sunday, June 14
 Lemont 3:30 – 8:00 p.m.
 SEASPAR 4:00 – 7:30 p.m.
 Denning 4:30 – 7:00 p.m.
 Limit 12
 Fee \$55

Summer Bash Dance

Celebrate summer with a bang! Boogie down with John the DJ as he provides a bevy of great songs. Meet all your friends and get grooving! Snacks are included. **Note:** This event is included in all Social Club schedules.

Code 4-203-01-1
 Place Clarendon Hills Community Center
 Date Friday, June 19
 Time 6:30 – 8:30 p.m.
 Lemont 6:00 – 9:00 p.m.
 Fee \$15

Woodridge Jubilee

With carnival rides, live music, and a variety of food options, the beginning of summer doesn't get any better! You'll find that, and much more, at the 32nd Annual Woodridge Jubilee. Bring \$20 for concessions, rides, and souvenirs.

Code 4-206-01-1
 Place Woodridge Community Center
 Date Saturday, June 20
 Lemont 4:30 – 11:15 p.m.
 Denning 5:00 – 10:45 p.m.
 SEASPAR 5:30 – 10:15 p.m.
 Limit 12
 Fee \$35

Kane County Cougars

Join SEASPAR as we watch the Kane County Cougars play the Peoria Chiefs. Enjoy fresh peanuts, popcorn, and Cracker Jack, and get ready for an exciting game. Bring \$20 for concessions and souvenirs. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Code 4-207-01-1
 Place Fifth Third Bank Ballpark
 Date Sunday, June 21
 Game Time 1:00 p.m.
 Lemont 11:00 a.m. – 5:30 p.m.
 Denning 11:30 a.m. – 5:00 p.m.
 SEASPAR 12:00 – 4:30 p.m.
 Limit 29
 Fee \$40

Accessible Seats

Code 4-207-01-2
 Limit 2



Parents of Special Olympics Athletes ...

Please check the events on pages 19 – 20 for potential date conflicts.



30 Special Events for Teens & Adults (16+)

Teen and Adult Getaway

Are you ready for a weekend of fun in Michigan? Activities include a visit to the Old Mission Peninsula, shopping in downtown Traverse City, enjoying Sleeping Bear Dunes, and more. The group stays on the beach at the Park Shore Resort. Participants share rooms, and possibly beds. Contact Kim Huggins before Monday, May 4 if you want your own room or bed. An additional fee will apply for these arrangements. Staff may not be present in all rooms. Rooms are assigned according to age and gender. **Note:** Participants are encouraged to contribute to group dynamics by cooperating with staff and fellow travelers, and by adapting their schedules and routines to accommodate the logistics of the trip. Bring \$50 for souvenirs and snacks. A packing list is sent one week prior to the trip.

Code	4-208-01-1
Place	Traverse City, Michigan
Dates	Friday – Sunday, June 26 – 28
Departure	9:00 a.m.
Return	6:00 p.m.
Limit	12
Fee	\$485

Summerfest

Set on the shores of Lake Michigan at Henry Maier Festival Park, even the hottest days are cool at Summerfest. This event provides the backdrop for the music industry's hottest stars, emerging talent, and local favorites to create an unforgettable live music experience in a world-class festival setting. Bring \$20 for concessions and souvenirs. Lunch is provided. **Note:** Due to the nature of this event, participants must be able to tolerate large crowds and not wander from the group.

Code	4-209-01-1
Place	Henry Maier Festival Park
Date	Saturday, June 27
Lemont	8:30 a.m. – 7:30 p.m.
SEASPAR	9:00 a.m. – 7:00 p.m.
Denning	9:30 a.m. – 6:30 p.m.
Limit	12
Fee	\$95

For More Information



Please contact
Kim Huggins at
630-960-7600 or
khuggins@seaspar.org
for information about
special events for
teens and adults.

Eyes to the Skies Festival

Don't miss the popular Eyes to the Skies Festival. A ride in Serena's Song, the first wheelchair-accessible hot air balloon, is included. This festival has everything you could ask for, including live music, food, arcade games, and crafts. We enjoy the balloon glow and fireworks. Wear comfortable shoes. Bring \$20 for dinner and souvenirs. **Note:** Due to the nature of this event, participants must be able to tolerate large crowds, wait in line, and not wander from the group.

Code	4-212-01-1
Place	Lisle Community Park
Date	Thursday, July 2
Lemont	3:30 – 11:30 p.m.
Denning	4:00 – 11:00 p.m.
SEASPAR	4:30 – 10:30 p.m.
Limit	12
Fee	\$30

Ribfest

Naperville's Ribfest takes its barbecue seriously with 12 rib vendors from across the nation. This festival has been voted the best festival in the midwest multiple times by the Illinois Festival Association. It also offers carnival rides and musical acts. Bring \$20 for dinner and souvenirs. **Note:** Due to the nature of this event, participants must be able to tolerate large crowds, wait in line, and not wander from the group.

Code	4-213-01-1
Place	Knoch Park
Date	Sunday, July 5
Lemont	10:00 a.m. – 5:30 p.m.
Denning	10:30 a.m. – 5:00 p.m.
SEASPAR	11:00 a.m. – 4:30 p.m.
Limit	22
Fee	\$60

Moon and Stars Dance

Dance under the moon and stars while DJ John provides an array of tunes. Don't worry if you work up an appetite while you boogie down, a variety of delicious summer refreshments are included.

Code	4-215-01-1
Place	The CORE
Date	Saturday, July 11
Time	6:00 – 8:00 p.m.
Denning	5:00 – 8:30 p.m.
SEASPAR	5:30 – 9:00 p.m.
Fee	\$20

PLEASE NOTE: Program confirmations are mailed two weeks prior to the start of programs.

Centennial Pool Party

Chill out with SEASPAR on a warm summer afternoon. In the heat of the summer, Lemont Park District's Centennial Pool is the place to be. Bring a towel and a change of clothes. Please label all belongings. Lunch is provided.

Code	4-216-01-1
Place	Centennial Pool
Date	Sunday, July 12
Time	12:30 – 3:30 p.m.
SEASPAR	11:30 a.m. – 4:30 p.m.
Denning	12:00 – 4:00 p.m.
Fee	\$25



Raging Waves Waterpark

Take the plunge and visit Illinois' largest waterpark. This event packs in a full day of exhilarating fun. Enjoy the Great Barrier Reef, a ginormous wave pool, and whoosh down PJ's Plummet, or any of the other 17 slides that will have you screaming with delight. Swirl, spin, and twist down a family raft ride, experience thrills at the famous Boomerang Ride, and float along the lazy river. Please bring sunscreen, towel, and a change of clothes. Bring \$20 for lunch.

Code	4-217-01-1
Place	Raging Waves Waterpark
Date	Saturday, July 18
Lemont	8:30 a.m. – 7:00 p.m.
Denning	9:00 a.m. – 6:30 p.m.
SEASPAR	9:30 a.m. – 6:00 p.m.
Limit	16
Fee	\$65

Shopping and Dining

Be the bargain hunter as we enjoy shopping at The Promenade, an open-air shopping center. Participants may make purchases or just window shop. After shopping, we enjoy a delicious dinner inside the Bass Pro Shop at their world famous Islamorada Fish Company where we can view and enjoy the 14,000 gallon aquarium which hosts more than 200 species of salt water fish.

Code	4-220-01-1
Place	The Promenade
Date	Sunday, July 19
SEASPAR	2:00 – 8:00 p.m.
Denning	2:30 – 7:30 p.m.
Lemont	3:00 – 7:00 p.m.
Limit	12
Fee	\$45

Chicago Cubs

Don't miss this exciting opportunity to watch the Chicago Cubs take on the Philadelphia Phillies. Bring \$20 for concessions and souvenirs. The seats are located in the terrace level. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Code	4-221-01-1
Place	Wrigley Field
Date	Saturday, July 25
Game Time	3:05 p.m.
Lemont	12:30 – 8:15 p.m.
SEASPAR	1:00 – 7:30 p.m.
Denning	1:30 – 7:00 p.m.
Limit	15
Fee	\$110

Accessible Seat

Code	4-221-01-2
Limit	1

DuPage County Fair

There is plenty to see and do at this classic summertime event. Stroll by the animal barns, take a spin on a carnival ride, and sample some delicious fair treats. Bring \$20 for concessions and souvenirs.

Code	4-223-01-1
Place	DuPage County Fairgrounds
Date	Sunday, July 26
Lemont	1:00 – 7:30 p.m.
Denning	1:30 – 7:00 p.m.
SEASPAR	2:00 – 6:30 p.m.
Limit	12
Fee	\$40

The Bikinis

Back together after 20 years, the hit 60s girl group, The Bikinis, are ready to relive their fun in the sun, revive their Jersey girl heydays, and rekindle their long-lost friendships, all to raise money for the good folks at Sandy Shores Mobile Home Beach Resort. Celebrate the good 'ole days with "It's in His Kiss," "I Will Survive," "Under the Boardwalk," and more with folk rock n' roller Annie, passive aggressive Jodi, no-holds-barred Barbara, and fun loving Karla!

Code	4-225-01-1
Place	Fox Valley Repertory at Pheasant Run
Date	Saturday, August 1
Show Time	8:00 p.m.
SEASPAR	5:30 – 10:45 p.m.
Denning	6:00 – 11:15 p.m.
Lemont	6:30 – 11:45 p.m.
Limit	11
Fee	\$45

Accessible Seat

Code	4-225-01-2
Limit	1

32 Special Events for Teens & Adults (16+)

Guys Day Out

Hey guys, join SEASPAR as we watch the Chicago Bandits, a women's professional softball league take on the Pennsylvania Rebellion. Get ready for an exciting game! Bring \$20 for concessions and souvenirs. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Code 4-224-01-1
Date Saturday, August 1
Place The Ballpark at Rosemont
Game Time 7:35 p.m.
Lemont 5:30 – 11:30 p.m.
SEASPAR 6:00 – 11:00 p.m.
Denning 6:30 – 10:30 p.m.
Limit 11
Fee \$40

Accessible Seat

Code 4-224-01-2
Limit 1

Funfest

Gather for one of America's favorite summer pastimes, an old-fashioned family picnic. Games and entertainment are provided to enhance your fun, or you can dance along to some fantastic tunes played by our DJ. Participants should be dropped off at the pavilion located on Norfolk between Oxford and Prospect. **Note:** In case of inclement weather, we take the party inside at the Clarendon Hills Community Center.

Code 4-227-01-1
Date Sunday, August 2
Place Prospect Park
Time 4:00 – 7:00 p.m.
Lemont 3:30 – 7:30 p.m.
Fee \$25

Movie in the Park

Enjoy watching "The Wizard of Oz" under the stars at Ty Warner Park hosted by the Westmont Park District. Freshly popped popcorn and beverages are provided. This event is included in all Social Club schedules. **Note:** In case of inclement weather, you will be contacted about a different location for this event.

Code 4-228-01-1
Place Ty Warner Park
Date Friday, August 7
Time 8:30 – 10:45 p.m.
Lemont 6:45 – 11:15 p.m.
Fee \$15

Bristol Renaissance Faire

The Bristol Renaissance Faire is acres of pure fun! Twenty stages at the faire offer a variety of entertainment. You'll be dazzled by actors with a fully-armored joust, the queen and her glittered court, amazing arts and crafts, delicious food, music, dance, parades, rides, games, and entertainers in the streets. Bring \$20 for concessions and souvenirs.

Code 4-230-01-1
Date Saturday, August 8
Place Bristol Renaissance Faire
Lemont 8:30 a.m. – 6:00 p.m.
SEASPAR 9:00 a.m. – 5:30 p.m.
Denning 9:30 a.m. – 5:00 p.m.
Limit 22
Fee \$65

Barn Dance

Don't miss one of SEASPAR's most popular events. Be there to meet your friends for one fantastic hoedown! SEASPAR returns to Arabian Knights Farm for our favorite barnyard dance. A scenic hay ride around the farm and a pizza dinner are included. Participants must be dropped off at the barn doors where a SEASPAR staff member greets you. Enter at the west driveway on Clarendon Hills Road, and proceed to the doors on the south side of the barn.

Code 4-231-01-1
Place Arabian Knights Farm
Date Sunday, August 9
Time 6:00 – 9:00 p.m.
Lemont 5:30 – 9:30 p.m.
Fee \$25



Baseball Game and Picnic

Enjoy a picnic at Centennial Park Pavilion, followed by a game of baseball on Lemont Park District's Miracle Field. This field is free of barriers and obstructions, and the surface and bases are made of poured rubber, making it wheelchair accessible. So bring your bats and gloves as we have fun playing baseball on a summer afternoon.

Code	4-232-01-1
Date	Saturday, August 15
Place	Centennial Park
Time	12:00 – 2:00 p.m.
SEASPAR	11:00 a.m. – 3:00 p.m.
Denning	11:30 a.m. – 2:30 p.m.
Fee	\$20

LongHorn Steakhouse

Discover LongHorn Steakhouse for the best steak done right! They serve the highest quality beef, ribs, chops, and more. The choice is yours. Come with SEASPAR and see what LongHorn Steakhouse is all about.

Code	4-233-01-1
Place	LongHorn Steakhouse
Date	Sunday, August 16
SEASPAR	3:30 – 8:00 p.m.
Denning	4:00 – 7:30 p.m.
Lemont	4:30 – 7:00 p.m.
Limit	12
Fee	\$60

Norman B. Barr Camp

Norman B. Barr Camp gives participants the opportunity to experience residential camping at its best! Located on the beautiful shores of Geneva Lake, swimming is a daily event. Acres of woods and grassland surrounding the camp are perfect for hiking, observing wildlife, sports, and games. Participants sleep in cabins, and enjoy meals prepared by the "mess hall" staff that includes favorite summertime treats. **Note:** Participants are encouraged to contribute to group dynamics by cooperating with staff and other group members and by adapting their schedules and routines to accommodate the logistics of this camping experience. SEASPAR and Norman B. Barr staff look forward to introducing the wonders of the great outdoors to our campers. Participants are expected to stay with the group at all times and not wander. A packing list is sent one week prior to the trip.

Code	4-234-01-1
Age	15 years and older
Place	Norman B. Barr Camp
Dates	Monday – Friday, August 10 – August 14
Departure	9:00 a.m.
Return	3:00 p.m.
Limit	17
Fee	\$425

BRONSWOOD/SEASPAR PLANT SALE FUNDRAISER

Bronswood Greenhouse Sale Dates:
 Saturday, May 2 9:00 a.m. – 5:00 p.m.
 Tuesday, May 5 9:00 a.m. – 4:00 p.m.



Chicago Fire

Join SEASPAR at the Chicago Fire soccer game for an evening of fun and excitement. Be there to watch the fancy footwork of these red-hot Chicago Fire athletes. Cheer on our home team as they encounter yet another worthy opponent. Bring \$20 for concessions and souvenirs. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Code	4-235-01-1
Place	Toyota Park
Date	Saturday, August 22
Game Time	7:30 p.m.
Lemont	5:30 – 11:00 p.m.
SEASPAR	6:00 – 11:30 p.m.
Denning	6:30 – 10:30 p.m.
Limit	11
Fee	\$52

Accessible Seat

Code	4-235-01-2
Limit	1

Granite City Food & Brewery

Granite City Food & Brewery is best known for their incredible burgers. They are passionate about creating fresh menu items from scratch. Their signature dishes include grilled chicken and asparagus linguini, burgers, flatbreads, salads, and steaks. Come see what Granite City Food & Brewery has to offer.

Code	4-236-01-1
Place	Granite City Food & Brewery
Date	Sunday, August 23
Lemont	3:15 – 8:15 p.m.
Denning	3:45 – 7:45 p.m.
SEASPAR	4:15 – 7:15 p.m.
Limit	12
Fee	\$60



*Become a fan of SEASPAR
on Facebook.*

34 Special Events for Teens & Adults (16+)

Chicago White Sox

Nothing says summer in Chicago like hot dogs, peanuts, summer heat, and America's favorite pastime – baseball. Spend an evening at U.S. Cellular Field watching Chicago's south-side sluggers host the Seattle Mariners. Let's make it a game to remember! Bring \$20 for concessions and souvenirs. The seats are located in the lower level. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Code 4-237-01-1
Date Saturday, August 29
Place U.S. Cellular Field
Game Time 6:10 p.m.
Lemont 3:30 – 11:30 p.m.
SEASPAR 4:00 – 11:00 p.m.
Denning 4:30 – 10:30 p.m.
Limit 20
Fee \$92

Accessible Seats

Code 4-237-01-2
Limit 2

Naperville's Last Fling

The Last Fling in Naperville gives you one last chance to let loose, have fun, and end summer with a bang. Enjoy tasty food, live music, and rides. Wear comfortable shoes, bring sunscreen, and pack a water bottle. Bring \$25 for food, rides, and souvenirs. **Note:** Due to the nature of this event, participants must be able to tolerate large crowds, wait in line, and not wander from the group.

Code 4-238-01-1
Place Naperville
Date Friday, September 4
Lemont 3:30 – 10:30 p.m.
Denning 4:00 – 10:00 p.m.
SEASPAR 4:30 – 9:30 p.m.
Limit 12
Fee \$40

Ladies Day Out

Hey ladies, enjoy an afternoon at the Anderson Japanese Gardens in Rockford. We have a guided tour of the gardens, which are ranked among the highest quality and most authentic in the United States. There is also a wonderful gift shop. After our tour, dinner will be provided at Mary's Market.

Code 4-239-01-1
Place Anderson Japanese Gardens
Date Sunday, September 6
Lemont 11:00 a.m. – 8:30 p.m.
Denning 11:30 a.m. – 8:00 p.m.
SEASPAR 12:00 – 7:30 p.m.
Limit 12
Fee \$70

FVSRA Bowling Tournament

SEASPAR is invited to FVSRA's 25th Annual Bowling Tournament. Get back into the swing of things and start the bowling season with some friendly competition. The tournament consists of bowling three games, lunch, and awards ceremony. Shoes, ramp, and bowling balls are available at the bowling alley, or you are welcome to bring your own.

Code 4-240-01-1
Place Bowling Green Sports Center
Date Saturday, September 12
Lemont 8:15 a.m. – 2:30 p.m.
Denning 8:45 a.m. – 2:00 p.m.
SEASPAR 9:15 a.m. – 1:30 p.m.
Limit 12
Fee \$45



80s Dance Party

Don't miss this totally awesome 80s dance party! Let's go back to the days of metal bands and big hair. Grab some leg warmers, muscle shirts, or acid-wash jeans to wear. Celebrate with SEASPAR; be there or be square. Refreshments are provided.

Code 4-241-01-1
Place Clarendon Hills Community Center
Date Sunday, September 13
Time 6:30 – 8:30 p.m.
Lemont 6:00 – 9:00 p.m.
Fee \$15

Annual Information Forms / AIFs

SEASPAR requires that all participants complete an Annual Information Form. Individuals without a current AIF on file will not be permitted to participate.

Family Playgroup

Child and Family Connections and SEASPAR have joined together to offer playgroups to families of children with a disability, ages birth to three. The goal of the playgroup is to bring families together in an open format, to play with other children and to meet parents with similar experiences. Toys, balls, books, the multi-sensory room, and more are available. Siblings are encouraged to attend.

The group meets the second Tuesday of the month from 9:00 to 11:00 a.m. at the SEASPAR program room at the Lisle Recreation Center. For additional information, contact Jenny Somone or Gia Konieczny at Child and Family Connections at 630-493-0400.

Inclusive Programs

As part of SEASPAR's continuum of recreation programs, inclusive services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. SEASPAR and its member entity staff encourage and aid, but do not force participation. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations. If you have any questions, please contact Dana Herrera. We are happy to discuss options for making this season a great one.

Stroke Support Group

SEASPAR, in cooperation with Hinsdale Hospital and LaGrange Memorial Hospital, sponsors the Stroke Support Group for those who have had a stroke and their family and friends. It provides educational sessions about strokes and how to rebound following a stroke. Members encourage one another to face and overcome common problems by sharing their own experiences.

The group provides a welcoming atmosphere and a sense of understanding, especially for those with communication and physical limitations. Strength can be drawn from one another in this type of environment. A schedule of activities and trips is available on our website.



EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities Enhance Adult Growth through Lifestyle Education and Services.

This weekly program for adults 18 – 50 years of age emphasizes leisure independence, community outings, and social interaction with peers. Each day the EAGLES practice making healthy choices through activities such as physical fitness, recreational activities, and lunch. Individuals must meet specific criteria in order to be eligible for the program. This year-round program is held at three different sites throughout SEASPAR's communities; the Darien Sportsplex, the Lisle Park District, and the Brookfield Municipal Building. To learn more about the EAGLES program, please contact Dawn Krawiec, dkrawiec@seaspar.org or 630-960-7600.

Drop In Center

The Drop In Center provides individuals who have mental health needs an opportunity to spend leisure time in a friendly, relaxed atmosphere. Activities are designed to enhance relationships between friends, peers, and family members. The program is free for everyone who attends. Donations are accepted. A schedule of activities and trips is available on our website. The program starts with lunch, followed by the planned activity. Individuals may choose to stop by for a few minutes or stay the entire time.

The Drop In Center is co-sponsored by SEASPAR, the DuPage County Health Department, and NAMI DuPage (National Alliance on Mental Illness). Contact Greg Pavesich for information.

Days 1st and 3rd Sunday of each month (except holidays)

Time 1:00 – 4:00 p.m.

Place Westmont Community Center, 75 East Richmond Street

SEASPAR/WDSRA Agreement

The SEASPAR/WDSRA Agreement allows residents of each SRA to register in weekly programs and special events of the other at the in-district rate. Overnight trips are not included. Registrations must be submitted by the agency's deadline, and are processed after the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For information, call SEASPAR at 630-960-7600. For a copy of the WDSRA brochure, call WDSRA at 630-681-0962.

Nursing Home Programs

SEASPAR conducts activities for nursing homes within its communities. Some of the activities offered are trips to zoos, museums, movie theaters, plays, restaurants, and shopping. Also offered are programs such as fishing, bowling, wheelchair square dancing, or almost anything the group finds entertaining. There is a small fee for transportation, staff, and the cost of admissions or supplies. Contact Greg Pavesich if you are interested in scheduling an activity.

36 Program Information

Pickup/Drop-Off

SEASPAR asks that parents promptly drop off and pick up participants at the designated program times. Before programs, staff are busy preparing for the program and are unavailable to supervise participants. After programs, staff members may be scheduled at another facility and, therefore, need to depart soon after the program. By allowing them to complete their work promptly, SEASPAR can operate more cost efficiently. Be sure to check in with the staff when dropping off and picking up your child.

Families of participants who are not picked up promptly are sent a letter that serves to remind them of the concern. If the situation continues, a charge is imposed for subsequent late pickups. If a participant is picked up late (more than 10 minutes) three times in three months or less, a warning is sent stating that the next late pickup(s) results in a payment due to SEASPAR for the overtime. A rate of \$18 per hour is used. Payment is due to SEASPAR within one week of notification. If not paid promptly, the amount is due prior to the next registration. The staff makes every effort to return on time from all outings; we ask your cooperation in making pickups promptly.

If a participant is traveling home unsupervised, parents or case managers must submit written notice to the SEASPAR office. Please submit this notice with the registration form. We ask that you notify SEASPAR if someone other than a familiar family member is picking up your child.

Absences

Call SEASPAR when a participant cannot attend an activity. The number of staff hired is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. On special events, this allows those on the waiting list to attend and means that no tickets are wasted. Messages may be left on the after-hours absence line. We realize that last minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

Atlanto Axial Subluxation

Individuals with Down Syndrome are at risk of having Atlanto Axial Subluxation Condition (ASC) that causes increased mobility in the cervical spine. For the safety of our participants, individuals with Down Syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for ASC. An x-ray determines if the condition is present. Contact SEASPAR for further details.

Transportation Safety Procedures

The following procedures are required to ensure the safety of our participants while riding in our vehicles. SEASPAR reserves the right to refuse to transport individuals. All passengers must be sitting in seats or wheelchairs with seat belts securely fastened or the driver will not move the vehicle. All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.

SEASPAR staff are responsible for determining whether a participant can be transported safely. Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.

Scholarships Available

The SEASPAR Board and staff are committed to offering programs at the lowest possible cost. However, due to financial restrictions, some individuals may find it difficult to pay the entire fee. To help those in need, a significant amount of scholarship funds are made available through the generosity of donors. Each year community organizations and individuals contribute funds that are earmarked for scholarships. We appreciate this support which allows participants to benefit from activities.

Generally, scholarships are available for up to 50% of the program fee. Any balance due from a previous season must be paid prior to receiving additional scholarship funds. Scholarships are not available for overnight trips, and are only available to SEASPAR residents. Arrangements for a payment schedule are also possible to make the payment of fees more feasible. To apply for a scholarship, contact Matt Corso at least one week prior to the registration deadline.

Medication Dispensation

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in specially-marked envelopes, complete the label, and give it to the program supervisor before the group leaves. To make the process work more efficiently for overnight trips, envelopes are sent to you along with the packing list. For day trips, staff provides envelopes at the drop-off point. For the convenience of those who are involved in many outings, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

Weather Cancellations

Weekly programs and special events may be cancelled due to inclement weather. Call SEASPAR one to two hours before the program begins, or between 4:00 and 4:30 p.m. for evening programs. If a program is cancelled, staff attempt to reach all participants by phone to inform them of the cancellation. After hours, program changes are available on the program update selection of the phone system. If indoor facilities are available for weekly programs, the program is held as usual. Programs cancelled due to inclement weather are not rescheduled.

Severe hot weather guidelines for cancelling programs

Outdoor programs or indoor sites without air-conditioning:

- Heat index of 100° or higher

Trips/Transportation:

- Heat index of 110° or higher

Other weather concerns affecting program cancellation

All programs (including indoor) where a tornado warning is in effect for the surrounding area. SEASPAR uses discretion for all other weather warnings and watches.

Participant Expectations

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and normalization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call SEASPAR.

Staff will be consistent in stressing personal hygiene while participants are at programs.

Code of Conduct

SEASPAR asks all participants and family members to observe the behavior code below, which was developed to ensure enjoyable and safe program experiences. SEASPAR will attempt reasonable accommodations to enable participants to meet behavior expectations.

- Show respect to all participants, staff, and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and others at public facilities to enjoy the activity without disruption (within reason).
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

Additional rules are developed for specific programs as deemed necessary by the staff.

Discipline

SEASPAR applies a caring, positive approach to discipline. Staff review rules with participants and are willing to work with parents to develop behavior modification programs as necessary. When conduct expectations are not met, staff will take reasonable steps to accommodate the behavior and minimize future risks. However, when accommodations are attempted and are unsuccessful, or when no reasonable accommodation exists to avoid future risks, SEASPAR may take actions such as removing a participant from an activity for a short period of time, removing a participant from an activity for the remainder of the day, suspending participation for the next program meeting, or suspending participation in that program for the remainder of the season. Notwithstanding SEASPAR's option to use progressive discipline, SEASPAR is not required to do so and may, at its sole discretion, forego lesser forms of discipline at any time, and proceed immediately with suspending participation for the remainder of the season.

Listed below are examples of reasons for disciplinary action. This list, however, does not constitute a comprehensive list of all acts which may subject the participant to disciplinary action, including suspension from any program or activity. Instead, the following list sets forth some of the more typical circumstances that arise. They include, but are not limited to:

- Making loud noises in particular settings where quietness is expected.
- Inability to sit quietly in theaters, concerts, etc.
- Showing lack of respect for other participants/patrons at activities.
- Running in crowded areas or bolting from the group – this can cause disruption or be a significant safety problem.

Wellness Guidelines

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackie's virus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

38 Registration Information

REGISTRATION DEADLINE: MONDAY, MAY 4 – 4:30 p.m.

Registration Procedures



Online registration begins on Monday, April 13, and must be submitted by Monday, May 4 at 4:30 p.m. To register online, go to www.seaspar.org.

To register online, you must meet the following criteria:

- SEASPAR resident
- No outstanding balance
- 2015 Annual Information Form on file
- Full credit card payment is required at the time of registration

If you would like to register online, please call the SEASPAR office for a user name, password, and instructions. All online registration ends on Monday, May 4.

- Complete both sides of the registration form and sign it.
- All new participants must complete an Annual Information Form and submit it with their registration form. Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information. Annual Information Forms are available at SEASPAR and on the website.
- Full payment must be received with the registration unless other arrangements have been made. Payment may be made by check, money order, cash, or credit card.
- Mail or drop off your registration, Annual Information Form, and payment as soon as possible, but no later than Monday, May 4 by 4:30 p.m. For after-hours convenience, there is a mail slot at the SEASPAR office entrance.
- SEASPAR resident registrations received by Monday, May 4, will be processed randomly beginning Tuesday, May 5.
- Registrations will not be processed if a balance remains from a previous season. Please contact the office with questions about any outstanding balances.
- Registrations received after the registration deadline are accepted if space is available.
- Non-resident registration begins Thursday, May 7, and is processed randomly.
- Registrations must be received in the office five business days before an activity.
- SEASPAR encourages registration at the times and dates listed. This enables the staff to answer questions and provide additional information.
- Instructors may not receive payment or register participants at programs.
- SEASPAR sends registration confirmations before programs begin. Please review the confirmation to verify programs for which you are registered or on the waiting list.

Program Cancellations

- A program may be cancelled if the program minimum is not met.
- Programs may be cancelled due to inclement weather. Make-up dates are generally not possible.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

Refund/Credit Procedures

- A full refund is issued if a program or special event is cancelled by SEASPAR.
- In order for a participant to drop from a program or special event, SEASPAR must be notified five business days prior to the start of the program or special event to qualify for a refund. At this time, the participant will be refunded the cost of the program less a \$5 processing fee, the cost of a ticket (unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated refund is issued if a written medical excuse accompanies the refund request.
- No refund is given if a class is postponed due to low enrollment. If the program is subsequently cancelled, a full refund is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated refund is issued, less a \$5 processing fee and ticket price, if applicable.
- All refunds are issued monthly.

Registrations will not be processed without payment.

Non-Resident Fee Policy

SEASPAR does not accept out-of-district participants unless they reside in an unincorporated area. (See page 35 for information on the SEASPAR/WDSRA agreement.) An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 in-district fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

Registration Deadline:
May 4 – 4:30 p.m.

Registration Form Children & Young Teens (Ages 3 – 15) 39

Participant's Name _____ Age _____ Birth Date _____ Gender _____

Listed are all programs in order as they appear in the brochure. Please check only those programs for which you are registering.

Please Circle Pickup Location: **D = Denning** **L = Lemont** **S = SEASPAR**

Code	Program	✓	Fee
Programs for Everyone			
4-001-01-1	Swim Hilton Mon 4:30		100
4-001-01-2	Swim Hilton Mon 5:00		100
4-001-01-3	Swim Core Mon 5:30		88
4-001-01-4	Swim Core Mon 6:00		88
4-001-01-5	Swim Lodge Tues 4:30		100
4-001-01-6	Swim Lodge Tues 5:00		100
4-001-01-7	Swim Lodge Tues 5:30		100
4-001-01-8	Swim Lodge Tues 6:00		100
4-001-01-9	Swim Doubletree Wed 5:30		100
4-001-01-10	Swim Doubletree Wed 6:00		100
4-001-01-11	Swim Doubletree Wed 6:30		100
4-001-01-12	Swim Lodge Thurs 4:30		100
4-001-01-13	Swim Lodge Thurs 5:00		100
4-001-01-14	Swim Lodge Thurs 5:30		100
4-001-01-15	Swim Lodge Thurs 6:00		100
4-001-01-16	Swim Maple Hill Thurs 4:30		100
4-001-01-17	Swim Maple Hill Thurs 5:00		100
4-006-01-1	Music: Tues Piano Drums Guitar Time:		170
4-006-01-3	Music: Wed Piano Time:		153
4-006-01-2	Music: Thurs Piano Voice Time:		170
4-008-01-2	Ice Skating		84
4-041-01-2	Sunshine Golf		60
4-070-01-4	Horseback Riding 1:00		303
4-070-01-5	Horseback Riding 1:45		303
4-070-01-6	Horseback Riding 2:30		303
Wonders Programs			
4-099-01-1	Explorers (3-7) Time:		60
4-099-02-1	Explorers (8-15) Time:		60
4-099-01-8	Sensory Sunday (5 Visits) 1:00-1:30 (3-7) 1:30-2:00 (3-7) 2:00-2:30 (8-12) 2:30-3:00 (8-12) 3:00-3:30 (13+) 3:30-4:00 (13+)	Circle Time	25

Code	Program	✓	Fee
Wonders Programs (cont.)			
4-099-01-9	Sensory Sunday (12 Visits) 1:00-1:30 (3-7) 1:30-2:00 (3-7) 2:00-2:30 (8-12) 2:30-3:00 (8-12) 3:00-3:30 (13+) 3:30-4:00 (13+)	Circle Time	50
Programs for Children & Young Teens			
4-075-01-1	Yoga (9-15)		105
4-074-01-1	Karate (6-15)		130
4-065-01-1	Sports Camp LGP (5-10)		50
4-089-01-1	Sports Camp LGP (11-15)		50
4-065-01-2	Sports Camp DG (5-10)		50
4-089-01-2	Sports Camp DG (11-15)		50
4-065-01-3	Sports Camp LE (5-10)		50
4-089-01-3	Sports Camp LE (11-15)		50
4-058-01-1	Right Fit 4:00 (7-15)		128
4-058-01-2	Right Fit 5:00 (7-15)		128
4-068-01-1	Water Pk 6/18 (5-10) D S		45
4-068-01-2	Water Pk 7/9 (5-10) D L S		45
4-068-01-3	Water Pk 7/23 (5-10) D L S		45
4-068-01-4	Water Pk 8/6 (5-10) D L S		45
4-086-01-1	Aq/Adv 6/25 (11-15) D S		45
4-086-01-2	Aq/Adv 7/2 (11-15) D L S		45
4-086-01-3	Aq/Adv 7/16 (11-15) D L S		45
4-086-01-4	Aq/Adv 7/30 (11-15) D L S		45
4-053-01-2	Tumble Time (3-6)		100
4-053-01-1	Beginner Gymnastics (7-11)		100
4-092-01-1	Gymnastics 101 (12-15)		100
4-067-01-1	Super Saturday 6/20 D L S		30
4-067-01-2	Super Saturday 6/27 D L S		30
4-067-01-3	Super Saturday 7/11 D L S		30
4-067-01-4	Super Saturday 7/18 D L S		30
4-067-01-5	Super Saturday 7/25 D L S		30
4-067-01-6	Super Saturday 8/1 D L S		30
4-067-01-7	Super Saturday 8/8 D L S		30

Code	Program	✓	Fee
Programs for Children & Young Teens (cont.)			
4-085-01-1	Teen Excursion 6/20 D L S		30
4-085-01-2	Teen Excursion 6/27 D L S		30
4-085-01-3	Teen Excursion 7/11 D L S		30
4-085-01-4	Teen Excursion 7/18 D L S		30
4-085-01-5	Teen Excursion 7/25 D L S		30
4-085-01-6	Teen Excursion 8/1 D L S		30
4-085-01-7	Teen Excursion 8/8 D L S		30
Special Events for Children & Young Teens			
4-204-01-1	Safety First (4-10) D S		20
4-205-01-1	Putt-Putt (11-15) D L S		35
4-210-01-1	Prog. Dinner (12-15) D L S		30
4-211-01-1	Wahoo Wed (10-15) D L S		38
4-211-01-2	Wahoo Wed (4-9) D L S		38
4-214-01-1	Phillips Park (5-10) D L S		60
4-218-01-1	Overnight (12-15) D L		60
4-219-01-1	Ballgame (12-15) D L S		50
4-222-01-1	Swim/Sensory (5-10) D L		25
4-222-01-2	Swim/Sensory (11-15) D L		25
4-226-01-1	Tour a Town (11-15) D S		30
4-229-01-1	Lambs Farm (5-10) D L S		40
Programs for Individuals with Physical Disabilities			
4-050-08-1	Revelation Golf		50
4-050-09-1	Adapted Music Lessons		60
4-050-06-1	Power Soccer		30
4-050-14-1	Wheelchair Softball		18
4-050-12-1	Wheelchair Table Tennis (8+)		25
4-050-01-1	Boccia		25
4-050-03-1	Sled Hockey (8+)		50
Special Olympics			
4-104-01-1	Bocce 5:00 (8+)		90
4-104-01-3	Bocce 6:00 (8+)		90
4-104-01-2	Bocce-No Comp (8+)		60
4-113-01-1	Golf (8+)		160
4-113-01-2	Golf-No Comp (8+)		130
4-123-01-1	Unified Golf (8+)		160
4-118-01-2	Pre-Season Aquatics (8+)		70

Total	\$
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Credit Card: Master Card <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/>	Office Use Only	
Cardholder Name	Date Rec'd	Cash Amt
Account #	Exp. Date	Rec'd By
Authorized Signature	AIF Given	AIF Rec'd

40 Registration Waiver Children & Young Teens (Ages 3 – 15)

Participant's Name _____ Age _____ Birth Date _____ Gender _____

Address _____ City _____ Zip _____

Are you a new participant? Yes No Is this a new address? Yes No Is this a new phone number? Yes No

Home Phone (____) _____ Work Phone: Mom (____) _____ Dad (____) _____

Parents' Names _____ Cell Phone: Mom (____) _____ Dad (____) _____

E-mail Address _____

School _____ Teacher _____

Disabilities or Diagnosis _____

Are there any changes in allergic conditions? Yes No Dietary restrictions? Yes No Medication? Yes No

Other health issues? Yes No Please list _____

Do you have an updated emergency contact? Yes No Name _____

Address _____ Phone Number _____

Indicate friends and/or car pool accommodations _____

Waiver & Release Important Information

SEASPAR is committed to conducting its recreation activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

Warning of Risk

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of the participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. (Understandably, not all hazards and dangers can be foreseen. Depending on the particular activities, participants must understand that certain risks, dangers, and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction, or officiating, and all other circumstances inherent to indoor and outdoor recreation activities exist. In this regard, it must be recognized that it is impossible for SEASPAR to guarantee absolute safety.

Waiver And Release of All Claims And Assumption of Risk

Please read this information carefully and be aware that in signing up and participating in activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these activities (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these activities against SEASPAR, including their officials, agents, volunteers, and employees (hereinafter collectively referred as "SEASPAR").

I do hereby fully release and forever discharge SEASPAR from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these activities.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver, and release of all claims.

In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

Parent's Signature _____ Date _____

**PARTICIPATION WILL BE DENIED if the waiver is not signed or dated by parent/guardian.
PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.**

Registration Deadline:
May 4 – 4:30 p.m.

Registration Form Teens & Adults (16+)

41

Participant's Name _____ Age _____ Birth Date _____ Gender _____

Listed are all programs in order as they appear in the brochure. Please check only those programs for which you are registering.

Please Circle Pickup Location: D = Denning L = Lemont S = SEASPAR

Code	Program	✓	Fee
Programs for Everyone			
4-001-01-1	Swim Hilton Mon 4:30		100
4-001-01-2	Swim Hilton Mon 5:00		100
4-001-01-3	Swim Core Mon 5:30		88
4-001-01-4	Swim Core Mon 6:00		88
4-001-01-5	Swim Lodge Tues 4:30		100
4-001-01-6	Swim Lodge Tues 5:00		100
4-001-01-7	Swim Lodge Tues 5:30		100
4-001-01-8	Swim Lodge Tues 6:00		100
4-001-01-9	Swim Doubletree Wed 5:30		100
4-001-01-10	Swim Doubletree Wed 6:00		100
4-001-01-11	Swim Doubletree Wed 6:30		100
4-001-01-12	Swim Lodge Thurs 4:30		100
4-001-01-13	Swim Lodge Thurs 5:00		100
4-001-01-14	Swim Lodge Thurs 5:30		100
4-001-01-15	Swim Lodge Thurs 6:00		100
4-001-01-16	Swim Maple Hill Thurs 4:30		100
4-001-01-17	Swim Maple Hill Thurs 5:00		100
4-006-01-1	Music: Tues Piano Drums Guitar Time:		170
4-006-01-3	Music: Wed Piano Time:		153
4-006-01-2	Music: Thurs Piano Voice Time:		170
4-008-01-2	Ice Skating		84
4-041-01-2	Sunshine Golf		60
4-070-01-4	Horseback Riding 1:00		303
4-070-01-5	Horseback Riding 1:45		303
4-070-01-6	Horseback Riding 2:30		303
Wonders Programs			
4-099-01-2	Explorers Time:		60
4-099-01-8	Sensory Sunday (5 Visits) Circle Time 3:00-3:30 3:30-4:00		25
4-099-01-9	Sensory Sunday (12 Visits) Circle Time 3:00-3:30 3:30-4:00		50
Programs for Individuals with Physical Disabilities			
4-050-08-1	Revelation Golf		50
4-050-09-1	Adapted Music Lessons		60
4-050-06-1	Power Soccer		30
4-050-14-1	Wheelchair Softball		18
4-050-12-1	Wheelchair Table Tennis		25
4-050-01-1	Boccia		25
4-050-03-1	Sled Hockey		50
Special Olympics			
4-121-01-1	Volleyball D S		150

Code	Program	✓	Fee
Special Olympics (cont.)			
4-104-01-1	Bocce 5:00		90
4-104-01-3	Bocce 6:00		90
4-104-01-2	Bocce-No Comp		60
4-124-01-1	Flag Football D S		140
4-112-01-1	Floor Hockey D S		145
4-113-01-1	Golf		160
4-113-01-2	Golf-No Comp		130
4-123-01-1	Unified Golf		160
4-118-01-2	Pre-Season Aquatics		70
Programs for Teens & Young Adults (16-22)			
4-074-01-1	Karate		130
4-012-01-1	Teen Scene D S		240
4-086-01-7	Aquatic Adv. 7/9 D S		45
4-086-01-8	Aquatic Adv. 7/16 D S		45
4-086-01-9	Aquatic Adv. 7/23 D S		45
4-095-01-1	Young Adult Club D S		150
Programs for Teens & Adults			
4-007-01-3	Afternoon Adventures		180
4-046-01-1	Wrestle Mania		50
4-017-01-1	Casino Night		42
4-018-01-1	Mini Golf (16-30) D L S		77
4-018-01-2	Mini Golf (30+) D L S		77
4-003-01-4	Fit n' Fuel		40
4-002-01-3	Aqua Exercise		60
4-007-01-1	Day Away Tour		210
4-076-01-1	Role Play		40
4-015-01-1	Concert Series		127
4-014-01-1	Music Mania		62
4-034-01-1	BINGO! Lincoln Center		25
4-034-01-2	BINGO! Western Springs		25
4-039-01-1	Animal Therapy		38
4-032-01-1	Holiday Treats		44
4-002-01-1	Adult Swim		46
4-019-01-1	At the Movies Quarry		70
4-019-01-2	At the Movies Seven Bridges		70
4-022-01-1	Picnic in the Park D		152
4-013-01-1	Weight Training		58
4-033-01-1	Yoga		93
4-016-01-1	Baseball Tour 7/1 D L S		32
4-016-01-2	Baseball Tour 7/22 D L S		32
4-016-01-3	Baseball Tour 8/5 D L S		32
4-016-01-4	Baseball Tour 8/12 D L S		32
4-014-01-2	Glee Club		80
4-025-01-1	Social Club		140

Code	Program	✓	Fee
Programs for Teens & Adults (cont.)			
4-026-01-1	Socialites S 737		167
4-024-01-1	Sunday Brunch D S		30
4-027-01-1	Baseball Bon. 6/21 D L		28
4-027-01-2	Baseball Bon. 7/12 D L		28
4-027-01-3	Baseball Bon. 7/26 D L		28
4-027-01-4	Baseball Bon. 8/9 D L		28
Special Events for Teens & Adults			
4-201-01-1	Great America D L S		95
4-202-01-1	Carrabba's Grill D L S		55
4-203-01-1	Summer Bash Dance L		15
4-206-01-1	Woodridge Jubilee D L S		35
4-207-01-1	Kane Co Cougars D L S		40
4-207-01-2	Kane Co (Access) D L S		40
4-208-01-1	Teen & Adult Getaway		485
4-209-01-1	Summerfest D L S		95
4-212-01-1	Eyes to the Skies D L S		30
4-213-01-1	Ribfest D L S		60
4-215-01-1	Moon & Stars Dance D S		20
4-216-01-1	Centennial Pool Party D S		25
4-217-01-1	Raging Waves D L S		65
4-220-01-1	Shopping & Dining D L S		45
4-221-01-1	Chicago Cubs D L S		110
4-221-01-2	Cubs (Access) D L S		110
4-223-01-1	DuPage County Fair D L S		40
4-225-01-1	The Bikinis D L S		45
4-225-01-2	The Bikinis (Access) D L S		45
4-224-01-1	Guys Day Out D L S		40
4-224-01-2	Guys Day (Access) D L S		40
4-227-01-1	Funfest L		25
4-228-01-1	Movie in the Park L		15
4-230-01-1	Bristol Faire D L S		65
4-231-01-1	Barn Dance L		25
4-232-01-1	Baseball Game/Picnic D S		20
4-233-01-1	LongHorn Steakhouse D L S		60
4-234-01-1	Norman B Barr Camp		425
4-235-01-1	Chicago Fire D L S		52
4-235-01-2	Fire (Access) D L S		52
4-236-01-1	Granite City Food D L S		60
4-237-01-1	Chicago White Sox D L S		92
4-237-01-2	Sox (Access) D L S		92
4-238-01-1	Naperville's Last Fling D L S		40
4-239-01-1	Ladies Day Out D L S		70
4-240-01-1	FVSRA Bowling D L S		45
4-241-01-1	80s Dance Party L		15

Total	\$
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Credit Card: Master Card <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/>	Office Use Only	
Cardholder Name	Date Rec'd	Cash Amt
Account #	Exp. Date	Rec'd By
Authorized Signature	AIF Given	Check Amt
		AIF Rec'd

42 Registration Waiver Teens & Adults (16+)

Participant's Name _____ Age _____ Birth Date _____ Gender _____

Address _____ City _____ Zip _____

Are you a new participant? Yes No Is this a new address? Yes No Is this a new phone number? Yes No

Home Phone (____) _____ Work Phone: Mom (____) _____ Dad (____) _____

Parents' Names _____ Cell Phone: Mom (____) _____ Dad (____) _____

E-mail Address _____

School _____ Teacher _____

Disabilities or Diagnosis _____

Are there any changes in allergic conditions? Yes No Dietary restrictions? Yes No Medication? Yes No

Other health issues? Yes No Please list _____

Do you have an updated emergency contact? Yes No Name _____

Address _____ Phone Number _____

Indicate friends and/or car pool accommodations _____

Waiver & Release

Important Information

SEASPAR is committed to conducting its recreation activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

Warning of Risk

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of the participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activities, participants must understand that certain risks, dangers, and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction, or officiating, and all other circumstances inherent to indoor and outdoor recreation activities exist. In this regard, it must be recognized that it is impossible for SEASPAR to guarantee absolute safety.

Waiver And Release of All Claims And Assumption of Risk

Please read this information carefully and be aware that in signing up and participating in activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these activities (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these activities against SEASPAR, including their officials, agents, volunteers, and employees (hereinafter collectively referred as "SEASPAR").

I do hereby fully release and forever discharge SEASPAR from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these activities.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver, and release of all claims.

In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

Parent's Signature _____ Date _____

Participant's Signature (18 or older or Parent/Guardian) _____ Date _____

**PARTICIPATION WILL BE DENIED if the waiver is not signed or dated by parent/guardian.
PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.**

Walk And Roll-A-Thon

Sunday, May 17

10:00 p.m. – 12:00 p.m.

Ebersold Park, Downers Grove

Participants raise money through sponsors for each lap completed around the half-mile course. All proceeds from the event go toward the purchase of a new SEASPAR vehicle. Can you please help? Registration and pledge forms are available now.



**Serena's
Song
Accessible
Hot Air
Ballooning**
Launch Dates:
July 2 – 4

Eyes to the Skies Balloon Festival

Lisle Community Park

Route 53 and Short Street

Through the support and coordination of SEASPAR, the nation's only wheelchair accessible hot air balloon, Serena's Song, is making its 20th appearance at the Lisle Eyes to the Skies Balloon Festival. Tethered rides are available to people with disabilities who register through SEASPAR. There is no charge, but reservations are highly recommended for launches, which are at dawn and dusk. Call SEASPAR for additional information or to make a reservation. Donations are accepted. To learn more about the festival, visit www.eyestotheskies.org.

Chip In NEW EVENT!
For SEASPAR
9-Hole Golf Event

Tuesday, May 19

11:00 a.m. Registration and Lunch

12:00 p.m. shotgun start

Downers Grove Golf Course

SEASPAR NEW DATE!
Golf Classic
Friday, September 11

12:30 p.m. shotgun start

Village Greens Golf Course
Woodridge

Golf With Us!



4500 Belmont Road
Downers Grove, IL 60515

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Coming Events

- Believe & Achieve Banquet – Thursday, May 14
- Chip In For SEASPAR 9-Hole Golf Event – Tuesday, May 19
- Walk And Roll-A-Thon – Sunday, May 17
- SEASPAR Golf Classic – Friday, September 11

SEASPAR'S SUMMER KICK-OFF PARTY



DON'T MISS THIS
FREE EVENT!

Sunday, June 7
1:00 – 4:00 p.m.

Ty Warner Park
801 Blackhawk Drive, Westmont

Please join us for games, camaraderie, and good food. Come and see a sample of what SEASPAR has to offer in one fun-filled afternoon! All participants must be accompanied by an adult.



- Free Lunch •
- DJ •
- Face Painting •
- Live Demonstration by True Balance Karate •

— RSVP deadline: Wednesday, June 3, by calling 630-960-7600 —

In case of inclement weather, the party is held at the Westmont Park District Fitness Club, 424 Plaza Drive.