

PROVIDING YEAR-ROUND RECREATION SERVICES FOR INDIVIDUALS WITH DISABILITIES



WWW.SEASPAR.ORG  
FALL 2015

CONNECT WITH US!



S E R V I N G   T H E   C O M M U N I T I E S   O F

Village of Brookfield • Clarendon Hills Park District • Darien Park District • Downers Grove Park District  
Village of Indian Head Park • Park District of LaGrange • Community Park District of LaGrange Park • Lemont Park District  
Lisle Park District • Village of Western Springs • Westmont Park District • Woodridge Park District

We Take Pride In Our Core Values

**Fun • Excellence • Service • Respect • Accountability**



**Mission Statement:** SEASPAR provides dynamic recreation programs and quality services for its residents with disabilities.

[www.seaspar.org](http://www.seaspar.org)

## ASSOCIATION MEMBERS & REPRESENTATIVES

**Lisle Park District** - Dan Garvy - *President*  
1925 Ohio Street, Lisle 60532

**Woodridge Park District** - Mike Adams - *Vice President*  
2600 Center Drive, Woodridge 60517

**Park District of LaGrange** - Dean Bissias - *Secretary*  
536 East Avenue, LaGrange 60525

**Darien Park District** - Stephanie Gurgone - *Treasurer*  
7301 Fairview Avenue, Darien 60561

**Village of Brookfield** - Mary Pezdek  
8820 Brookfield Avenue, Brookfield 60513

**Clarendon Hills Park District** - Kelly Smith  
315 Chicago Avenue, Clarendon Hills 60514

**Downers Grove Park District** - Bill McAdam  
2455 Warrenville Road, Downers Grove 60515

**Village of Indian Head Park** - Tom Hinshaw  
201 Acacia Drive, Indian Head Park 60525

**Community Park District of LaGrange Park** - Aleks Briedis  
1501 Barnsdale Road, LaGrange Park 60526

**Lemont Park District** - Louise Egofske  
16028 127th Street, Lemont 60439

**Village of Western Springs** - Raymond Jasica  
1500 Walker Street, Western Springs 60558

**Westmont Park District** - Ron Gunter  
55 East Richmond, Westmont 60559

**Office Hours:** **Monday - Friday:** 8:30 a.m. - 4:30 p.m.  
*Recorded Message After Hours*

**Office Closed:** Sept 7, Nov 26, 27, Dec 24, 25, 31, Jan 1

## Executive Director's Corner

I was glad to see so many of you at the Believe & Achieve Banquet. Meeting some of you for the first time and seeing familiar faces as well, was the highlight of the event for me. It was particularly exciting to hear of the progress that many participants are making at school, at home, at programs, and at work. It was gratifying to learn how involvement in SEASPAR programs had helped these individuals in attaining developmental goals, made them more confident, and provided a solid social background that enabled them to excel on the job.

**Congratulations to Becky Berman, SEASPAR's Cultural Artist of the Year and to William Porch, SEASPAR's Athlete of the Year.** They certainly have demonstrated that they believe and they have achieved. We are so proud of you and your accomplishments!



If you use Facebook, be sure to "like" SEASPAR. It is a great way of seeing what's happening and a good source of up-to-date information for weather-related issues that affect programs. Facebook users are the first to have updates on programs and see pictures of events as they happen.

**SEASPAR's electronic newsletter, distributed approximately every three weeks, is another way to stay on top of all that's happening.** If you have not yet shared your email address for the E-News, please do! You don't want to miss the latest news and information.

**The annual Holiday Spectacular** is a "must see." It is on Monday, December 7. at the Theatre of Western Springs. This special event is a showcase of the amazing abilities of SEASPAR's participants. See the back page for details. **I hope to see you there!**

**Thank You! SEASPAR extends its appreciation to Richard Andrews for his service on the SEASPAR Board of Directors.** He served as the representative of the Village of Indian Head Park for the past four years. We wish him well as he steps back from his public responsibilities to enjoy time with his family! Don't be a stranger, Rich!

Best wishes for a terrific fall,

A handwritten signature in black ink that reads "Susan".

**Board Meetings:** The SEASPAR Board meets the third Tuesday of every month at SEASPAR at 3:30 p.m. For information, call 630-960-7600. The public is welcome.

## STAFF

**Susan B. Friend, CPRP – Executive Director**  
ADA, Association Operations, Board, Funding

**Catherine A. Morava, CPRP – Superintendent of Recreation**  
Day Camp, Full-time Staff Supervision, Ongoing Program Supervision, Risk Management

**Matthew R. Corso, CTRS, CPRP – Superintendent of Program Development & Public Information**  
Full-time Staff Supervision, Program Development, Public Awareness, Summer School Cooperative Programs, Scholarships, Website

**Shannon Tovey, CTRS – Support Staff Services Coordinator**  
Ability Awareness, Part-time Staff, Volunteers, Intern Supervision, Vehicles

**Dawn Krawiec, CPRP – Coordinator**  
EAGLES Program

**Dana Herrera, CTRS – Coordinator**  
Inclusive Programs, Leisure Education, Teen & Adult New Participant Liaison, Weekly Programs

**Lisa Rasin – Fund Development Coordinator**  
Seeks donations, sponsorships, and in-kind services from local, state, and national businesses and organizations.

## **Greg Pavesich, CPRP – Recreation Specialist**

Adapted Sports, Drop In Center, Home Front Health & Veterans Programs, Low Incidence Programs, Nursing Home Outreach, Stroke Support Group, Youth-at-Risk

## **Kimberly A. Huggins, CPRP – Recreation Specialist**

Camping & Travel, Social Clubs, Teen & Adult Special Events, Vehicle & Facility Scheduling

## **Rachel Pavesich, CTRS – Recreation Specialist**

Adolescent Programs, Children's Programs & Special Events, Day Camp, Wonders Multi-Sensory Room

## **Aaron Hirthe – Recreation Specialist**

Aquatics, Cooperative Day Camp, Special Olympics Athletic Director, Sports & Team Programs

## **Carol Koczek – Administrative Coordinator**

Accounting, Computer System, Payroll, Registration

## **Ann Franczyk – Administrative Assistant**

Human Resources, Payroll, Recording Secretary for the Board, Guest Reception

## **Tammy Semmler – Administrative Assistant**

Registration, Program Information, Guest Reception

## 2015 PARK PURSUIT CHAMPIONS

For the second year in a row, SEASPAR had a team in IPRA's Park Pursuit. Park Pursuit is a scavenger hunt that is similar to the popular show The Amazing Race but is run all on foot. It rotates location every year and this year it was in Rosemont. The team of Dawn Krawiec, Greg Pavesich, Aaron Hirthe, and Matt Corso participated in the competitive division and took first place! For their efforts, they received a traveling trophy to display at SEASPAR and bragging rights for a year.



## WHAT ARE CPRP AND CTRS?

CPRP stands for Certified Park and Recreation Professional and CTRS stands for Certified Therapeutic Recreation Specialist. This status is given to leisure service professionals who can demonstrate through education, experience, and current practice that they meet and exhibit certain predetermined qualifications established by the National Recreation and Park Association Certification Board and the National Council for Therapeutic Recreation Certification. These professionals have earned a Bachelor's or higher degree from an accredited program, have passed a certified examination, and maintain sanctioned educational units.



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## PROGRAM LOCATIONS

### Adler Planetarium

1300 South Lake Shore Drive, Chicago

### Allstate Arena

6920 Mannheim Road, Rosemont

### Alpine Banquets

8230 Cass Avenue, Darien

### AMC Quarry Cinema

9201 63rd Street, Hodgkins

### Arabian Knights Farm

6526 Clarendon Hills Road, Willowbrook

### Benet Academy

2200 Maple Avenue, Lisle

### Bengtson's Pumpkin Farm

13341 West 151st Street, Homer Glen

### Brookfield Municipal Building

8820 Brookfield Avenue, Brookfield

### Brookfield Zoo

8400 31st Street, Brookfield

### Buca Di Beppo

90 Yorktown Shopping Center, Lombard

### Centennial Pool & Community Center

16028 127th Street, Lemont

### Chestnut Mountain Resort

8700 Chestnut Mountain Road, Galena

### Cinemark – Seven Bridges

6500 South Route 53, Woodridge

### Clarendon Hills Community Center

315 Chicago Avenue, Clarendon Hills

### Community Park District of LaGrange Park

1501 Barnsdale Road, LaGrange Park

### Darien Community Center

7301 Fairview Avenue, Darien

### Darien Sportsplex

451 Plainfield Road, Darien

### Denning Park

4901 Gilbert Road, LaGrange

### Doubletree Hotel

2111 Butterfield Road, Downers Grove

### Downers Grove Recreation Center

4500 Belmont Road, Downers Grove

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## PROGRAM LOCATIONS

### Drury Lane Theatre

100 Drury Lane, Oakbrook Terrace

### Ebersold Park

6000 South Main Street, Downers Grove

### Family Fun Zone

2333 Theodore Street, Crest Hill

### Goebbert's Pumpkin Patch

42W813 Reinking Road, Hampshire

### Great America

542 North Illinois Route 2, Gurnee

### Hanson Center

15W431 E 59th St., Burr Ridge

### Hilton Lisle

3003 Corporate West Drive, Lisle

### IGI Gymnastics

145 Plaza Drive, Westmont

### Indian Boundary YMCA

711 59th Street, Downers Grove

### Kohl Children's Museum

2100 Patriot Boulevard, Glenview

### LaGrange Community Center

200 South Washington, LaGrange

### Level 257

2 Woodfield Mall, Unit A, Schaumburg

### Pelican Harbor

200 Lindsey Lane, Bolingbrook

### Right Fit

7101 South Adams Street, Willowbrook

### Ryan Field

1501 Central Street, Evanston

### Schnitzel Platz

729 East North Avenue, Glendale Heights

### Seven Bridges Ice Arena

6690 South Route 53, Woodridge

### Splash Landing Aquatic Center

2400 Chestnut Avenue, Glenview

### Starved Rock State Park

2668 East 878 Road, Utica

### Suburbanite Bowl

201 West Ogden Avenue, Westmont

## PROGRAM LOCATIONS

### Theatre of Western Springs

4384 Hampton Avenue, Western Springs

### The CORE Fitness & Aquatic Complex

16050 127th Street, Lemont

### The Little Traveler

404 South 3rd Street, Geneva

### Tibbot Elementary School

520 Gary Drive, Bolingbrook

### True Balance Karate

406 Ogden Avenue, Downers Grove

### Vaughan Aquatic Center

2121 West Indian Trail, Aurora

### Western Springs Recreation Center

1500 Walker Street, Western Springs

### Westmont Community Center

75 East Richmond Street, Westmont

### White Pines Ranch

3581 West Pines Road, Oregon

### Wilder Mansion

211 South Prospect Avenue, Elmhurst

### Willowbrook Lanes

735 Plainfield Road, Willowbrook

### Wilmot Mountain

11931 Fox River Road, Wilmot, WI

### Wonders

Lisle Recreation Center

1925 Ohio Street, Door #8, Lisle

### Woodcraft

7440 Woodward Avenue, Ste A107, Woodridge

### Woodfield Mall

5 Woodfield Mall, Schaumburg

### Woodridge Community Center

2600 Center Drive, Woodridge

### York Township Center

1502 South Meyers Road, Lombard

SEASPAR thanks all of the dedicated and caring support staff and volunteers for their time and hard work during the summer program season. Their efforts make it possible for SEASPAR to offer quality programs. SEASPAR congratulates all of the award recipients.

**2015 Staff Awards - At the Believe & Achieve Banquet on May 14, support staff members were recognized for their longevity at SEASPAR with special gifts. In addition, the following awards were presented to exceptional staff for their outstanding dedication to programs and participants:**



**Super Star – Brian Klama, of Lisle**, started working with SEASPAR in 2001. In January of 2009, he was hired to work SEASPAR's brand new adult day program, EAGLES. Over time, Brian has established a special relationship with each and every one of them. Brian's playful personality keeps the EAGLES participants laughing all day long. He has also contributed to and planned many great trips and outings for the EAGLES. He is always thinking about the program and sends articles for the newsletter and program ideas for the group. At EAGLES, Brian is the fisherman, onion chopper, fish tank expert, griller, and seamstress among many, many more.

**Leading Light – Montez Hogan, of Downers Grove**, began his journey with SEASPAR in May 2014. A mentor is defined as "a wise and trusted counselor or teacher." Montez is truly a mentor to all the children he works with whether it's a child he is overseeing or all the children in the park district program. He is typically greeted with high fives from all the kids and interesting facts about their days that they can't wait to share with him. Montez exemplifies everything an Inclusion Aide should be. As well as inclusion, he has contributed to EAGLES and weekly programs and is valued by the peers he works with. Montez's strong character extends outside of his SEASPAR responsibilities. He enlisted in the Army and is currently serving his country in Cuba.



**Virtuous Volunteer – Prince Winbush, of the Woodridge Park District**, provides SEASPAR's Sunshine Through Golf program with countless hours of golf instruction and an unwavering dedication to the participants he has served for the past 10 years. Prince is the Assistant Golf Pro at Village Greens of Woodridge. He regards our golfers as friends and not clients. He goes above and beyond what is expected of him while facilitating the weekly meetings. Over the years, Prince has had to evolve his approach to best teach this sport to the beginner and experienced golfer alike. He never misses a practice.

He has a positive energy around him that is unmatched and to say he is a special man with a special purpose in life is an understatement. We are proud to call him a friend of SEASPAR.

# Donations, Honors & Memorials

SEASPAR wishes to thank the following individuals, families, businesses, and community organizations for their generous donations made from March through May 2015.

## DONATIONS

Allstate Giving Campaign  
Sharon Ambroz  
Bank Financial  
Baxter Giving Campaign  
Benevity Giving Platform  
Cathy Bolger  
Kevin Brennan & Catherine Lee  
Brookfield Zoo  
Clarendon Hills Lions Club  
Downers Grove Junior Woman's Club  
Fairview Dental Care  
Fox Valley Bowling Proprietors Assoc.  
Teri Kamykowski  
Bishop James Fitzgerald Council,  
Knights of Columbus  
St. Isidore Council,  
Knights of Columbus  
St. Joan of Arc Council,  
Knights of Columbus  
St. Scholastica Council,  
Knights of Columbus  
Kiwanis Club of Downers Grove  
Kiwanis Club of Lombard  
Lisle Savings Bank

Joyce Ross Martine  
Lorie Pilster  
Rotary Club of Lisle  
Lyle Smith

## IN HONOR

**In Honor of Larry & Ann Franczyk**  
Carolyn Jones

**In Honor of Jenny Kirkpatrick**  
Andrew & Cynthia Johnson

## IN MEMORY

**In Memory of Raphael Copp**  
Steve & Marilyn Sanderson

**In Memory of Suzanne Meissner**  
Steven Smith

**In Memory of Susan Meyers**  
Michael & Mary Ellen Vrankin

## In Memory of Michele Reed

Friends at Beneficial Systems  
Kristyn Benson  
Katie Brown  
Diane Buedel  
Michael Buedel  
Richard & Beverly Buglio  
Lois Bush  
Tracy Capraro  
Judith Currier  
Sharlene Dziedzic  
Eileen Fitzgerald  
Susan Friend  
Helena Garcia  
The Grudem Family  
David & Jean Hailmann  
Mary & Amy Hall  
Mari Beth Jakstys  
Daniel & GERALYNN Jankoski  
The Lubejko Family  
John Lynch  
Bobby Lynch  
Billy Lynch  
Rose Mallon  
Kerby & Tori Meyers

Janice Mulqueeney  
Michael & Kristin Newell  
Beth Owens  
Jerome & Mary Ann Papievis  
Tom & Colleen Porritt  
Robert & Julie Reinhard  
Rich Reynolds  
Donald & Virginia Riordan  
Stacie Ritz  
Richard & Mary Rogala  
Richard & Marina Schricker  
Dave & Janice Scott  
Erica Wise & the Slammers  
Ron & Melissa Sledd, Jr.  
John, Alyce, & Molly Sosnowski  
Kerri Timmerwilke  
Catherine Verbic  
James Veverka  
Michael & Mary Ellen Vrankin

## ANNUAL APPEAL

John & Iona Krivicich  
Christopher & Laura McGrath  
Larry & Janet Slade

## WALK AND ROLL-A-THON

Thank you to the following individuals who walked and to their generous sponsors who raised money for the annual Walk And Roll-A-Thon.

### WALKERS

Jason Catalano  
Mike Chmielewski  
James Deinzer  
Ben Dose  
Aaron Grzywa  
Collin Grzywa  
Jeff Lubejko and Family  
Randy Naberhaus  
Tyler Reineke  
Elliot Sanderson  
Mike Vihon and Family  
Stephen Weithers

### SPONSORS

Timothy & Judy Barg  
Marilyn Bazan  
Robert & Barbara Blackburn

Daniel & Carol Buonamici  
Thomas Cahill  
Martha Callaghan  
Carolyn Catalano  
Joanne Chmela  
John & Jessica Cinelli  
Mark & Susan Clark  
Evelyn Deitering  
Gregory & Ofra Dose  
The Fleming Family  
Laura Faucher  
Steven & Gayle Gillen  
Alan & Linda Goodsitt  
Mark & Elisebeth Grzywa  
Stephen & Mary Grzywa  
Theodore & Mary Grzywa  
Dorothy Hellard  
John & Anne Marie Himpler  
Timothy & Celeste Hoffman  
Brian & Linda Jakubowski  
Edward & Agnes Jaworski  
Sylvia Juric  
PF & JK Kalbfleisch  
Jeffrey & Marthur Kalil  
Daniel & Dorothy Korzon  
Carol Krasowski  
James & Mary Larsen

Cynthia Laughlin  
Gloria Leetz  
Thomas & Renetta Lesniak  
Ken & Carol Leszczynski  
Kevin & Sheree Lilek  
Sharon Lilek  
Laure Long  
Frank & Barbara Lubejko  
J. Lynch, Jr.  
Mary Mader  
Joyce Ross Marine  
Robert & Beth Mayo  
Frank & Sandra McGovern  
James & Margaret McMillin  
Michael & Linda McShea  
Scott & Karen Migaldi  
Gary & Patricia Miller  
Rose & John Morreale  
Bill & Mary Ann Munno  
Gary Naberhaus  
Kate Nelson  
Martha Neville  
Lorraine Ogurek  
Mike O'Malley  
James Pellegrino  
Susan Peltz  
Joseph & Sharon Podolski

Selma Rudnick  
Hadley Rue  
Justin & Charlotte Rue  
Steve & Marilyn Sanderson  
Keith & Kristian Schader  
Robert & Linda Scoppettuolo  
John & Suzanne Seelander  
Anne Shannon  
Lance & Carrie Snider  
Daniel & Eleanor Sniegowski  
Deborah Spaniak  
Robert & Deborah Strnad  
Mr. Submarine  
Subway  
John Sunderman  
Craig and Lori Thompson  
Luann Touhey  
Robert & Patricia VanLaven  
Bruce & Mary Veverka  
Charles & Ruthann Vihon  
Christine Wall  
Timothy & Ann Weithers  
Brett & Jill White  
Joseph Wojtanowski  
Joseph & Olga Zarlenga  
Richard & Barbara Zurawski



## SWIMMING

SEASPAR has partnered with Coach Eve Learn to Swim and their certified instructors to provide quality swim lessons. In the progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff. Please be aware that we share the pools with the public. **Note:** A waiver for The Lodge is sent with the program confirmation and must be returned to SEASPAR by Friday, September 11.

Code	Place	Day	Weeks	Dates	No Program	Time	Fee
5-001-01-1	The Hilton Lisle	Monday	12	9/21 – 12/7		4:30 – 5:00 p.m.	\$170
5-001-01-2	The Hilton Lisle	Monday	12	9/21 – 12/7		5:00 – 5:30 p.m.	\$170
5-001-01-3	CORE Pool	Monday	12	9/21 – 12/7		5:00 – 5:30 p.m.	\$170
5-001-01-4	CORE Pool	Monday	12	9/21 – 12/7		5:30 – 6:00 p.m.	\$170
5-001-01-5	The Lodge at McDonald's	Tuesday	12	9/22 – 12/8		4:30 – 5:00 p.m.	\$170
5-001-01-6	The Lodge at McDonald's	Tuesday	12	9/22 – 12/8		5:00 – 5:30 p.m.	\$170
5-001-01-7	The Lodge at McDonald's	Tuesday	12	9/22 – 12/8		5:30 – 6:00 p.m.	\$170
5-001-01-8	The Lodge at McDonald's	Tuesday	12	9/22 – 12/8		6:00 – 6:30 p.m.	\$170
5-001-01-9	Doubletree Hotel	Wednesday	12	9/23 – 12/9		5:30 – 6:00 p.m.	\$170
5-001-01-10	Doubletree Hotel	Wednesday	12	9/23 – 12/9		6:00 – 6:30 p.m.	\$170
5-001-01-11	Doubletree Hotel	Wednesday	12	9/23 – 12/9		6:30 – 7:00 p.m.	\$170
5-001-01-12	The Lodge at McDonald's	Thursday	11	9/24 – 12/10	11/26	4:30 – 5:00 p.m.	\$155
5-001-01-13	The Lodge at McDonald's	Thursday	11	9/24 – 12/10	11/26	5:00 – 5:30 p.m.	\$155
5-001-01-14	The Lodge at McDonald's	Thursday	11	9/24 – 12/10	11/26	5:30 – 6:00 p.m.	\$155
5-001-01-15	The Lodge at McDonald's	Thursday	11	9/24 – 12/10	11/26	6:00 – 6:30 p.m.	\$155

## KARATE

The skills learned, and the training methods used in non-contact karate, help release tension and increase focus. Participants learn self-control, balance, and the ability to process and follow a series of directions. This is a continuous program giving participants the ability to advance through the belt system, and have the opportunity to earn a black belt. All abilities are welcome as instruction is tailored to each individual's progress. A uniform, purchased at True Balance Karate, is required for individuals participating in two or more sessions of karate since they then become members of the karate club. **Note:** A waiver is sent with the program confirmation and must be returned by Friday, September 11.

Place True Balance Karate  
Time 5:55 – 6:25 p.m.  
Weeks 9  
Fee \$90 per session

Code 5-074-01-1  
Dates Mondays, September 21 – November 16

Code 5-074-01-2  
Dates Mondays, November 23 – January 25  
(No program December 7)



**ADA STATEMENT** – SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodation for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. This brochure is available in an alternate format upon request. Individuals who have an accommodation concern should contact Susan Friend.



## HORSEBACK RIDING LESSONS

If you are new to the saddle, or have been horseback riding before, this program is for you. Riders develop balance and rhythm as they feel the movement of the horse. Riders of all levels embrace the ageless goal of lightness and harmony with one's equine partner. Participants must be ambulatory and able to sit on a horse without a riding partner. The Hanson Center follows the Professional Association of Therapeutic Horsemanship International's (PATH) guidelines. **Note:** Waivers are sent with the program confirmation and must be returned to SEASPAR by Friday, September 11.

Place Hanson Center  
Dates Wednesdays, September 9, 23, October 7, 21, 28  
Fee \$150

Code 5-070-01-1  
Time 5:00 – 5:30 p.m.

Code 5-070-01-2  
Time 5:30 – 6:00 p.m.

Code 5-070-01-3  
Time 6:00 – 6:30 p.m.

## THERAPEUTIC BADGE ICE SKATING

Lessons provide individuals the opportunity to learn to skate or improve skating skills. Instructors and student teachers work cooperatively with SEASPAR staff to provide lessons which focus on skill development, coordination, muscle strengthening, increasing endurance, and fun! They are designed to allow skaters to reach obtainable objectives while working toward one long-term goal. Skaters progress at their own rate according to their abilities.

**Note:** A waiver is sent with the program confirmation and must be returned to SEASPAR by Friday, September 11.

Code 5-008-01-2  
Place Seven Bridges Ice Arena  
Dates Saturdays, October 24-December 19  
(No program November 7, 28)  
Weeks 7  
Time 10:10 – 10:40 a.m.\*  
Fee \$100

\*A free, optional practice time is available from 9:50 – 10:10 a.m.

## MUSIC LESSONS

Research demonstrates that studying music makes you smarter! Participants ages five and older can choose between piano, keyboard, drums, or voice lessons. Bring a spiral notebook, pencil, and any music books you have used in the past. Participants should indicate their lesson time on the registration form. Guitar students must provide their own guitar and drum students need drum sticks and a practice pad. Lessons are one half hour each. Musicians have the opportunity to participate in the Holiday Spectacular, held on Monday, December 7. **Note:** Returning students retain their lesson time if they register by Monday, August 17.

### PIANO/DRUMS/GUITAR (Instructor Kevin Wood)

Code 3-006-01-1  
Age 5 years and older  
Place Darien Sportsplex  
Dates Tuesdays, September 22- January 5  
Weeks 14  
Time 6:00 – 9:00 p.m.  
Fee \$220

### PIANO (Instructor Debora Judycki)

Code 3-006-01-3  
Age 5 years and older  
Place SEASPAR  
Dates Wednesdays, September 23- January 6  
Weeks 14  
Time 4:00 – 8:30 p.m.  
Fee \$220

### KEYBOARD/VOICE (Instructor Nancy Urban)

Code 3-006-01-2  
Age 5 years and older  
Place Darien Sportsplex  
Dates Thursdays, September 24- December 17  
(No program October 8, November 26)  
Weeks 11  
Time 6:00 – 9:00 p.m.  
Fee \$175



CONNECT WITH US!



## Wonders

**A MULTI-SENSORY ROOM**

Our multi-sensory room contains interactive equipment that pleases your senses in a variety of soothing ways. Feel the vibration of music as it plays through the Learning Chair, follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor.

*Located in the Lisle Recreation Center - Door 8, 1925 Ohio Street*

A one-way observation window is available in the room adjacent to Wonders. Complimentary Wi-Fi and coffee are provided.

### **BENEFITS OF THE MULTI-SENSORY ROOM INCLUDE:**

- Improved mood
- Fewer disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improved communication
- Enhanced interpersonal interactions

### **THE ROOM PRIMARILY BENEFITS INDIVIDUALS OF ANY AGE WITH:**

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia

## Engage your senses at Wonders!

## SENSORY EXPLORERS

Our multi-sensory room provides participants with a chance to explore their feelings and become interested in their surroundings. SEASPAR has established a variety of program times for you to enjoy the multi-sensory room each week. **Note:** Each session is for one half hour. **Indicate your time preference on the registration form.**

Code 5-099-01-1  
Age 3 – 7  
Dates Mondays, September 21 – January 11  
(No program November 23,  
December 21, 28)  
Weeks 14  
Time 4:00 – 6:00 p.m.  
Fee \$77

Code 5-099-02-1  
Age 8 – 15  
Dates Tuesdays, September 22 – January 12  
(No program November 24,  
December 22, 29)  
Weeks 14  
Time 4:00 – 6:00 p.m.  
Fee \$77

Code 5-099-01-2  
Age 16 years & older  
Dates Wednesday, September 23 – January 13  
(No program November 25,  
December 23, 30)  
Weeks 14  
Time 4:00 – 6:00 p.m.  
Fee \$77



## SENSORY SUNDAY

You're invited to experience Wonders on dates flexible for you. Sensory Sunday is designed with your schedule in mind so that you can come only on the days which are convenient for you. Please select either the 5 or 12-visit pass on the registration form and we will send you a punch card with your confirmation. The card is punched at each of your visits.

Reservations are required in order to ensure that a stimulating, yet calming atmosphere prevails during the time your child explores the many wonders of the room. Sessions are cancelled if no one is signed up. An electronic sign-up sheet is e-mailed before the program begins.

Dates Sundays, September 27 – January 17  
(No program November 29, December 27, January 3)  
Fee 5 visits for \$25 (5-099-01-8)  
12 visits \$50 (5-099-01-9)

Time	Age
1:00 – 1:30 p.m.	3 – 7
1:30 – 2:00 p.m.	3 – 7
2:00 – 2:30 p.m.	8 – 12
2:30 – 3:00 p.m.	8 – 12
3:00 – 3:30 p.m.	13 years & older
3:30 – 4:00 p.m.	13 years & older



## TEEN GLEE

Are you ready to take it up a notch and join our singing ensemble? Whether you are a soprano, alto, tenor, or bass it doesn't matter, as we are calling all voices to band together to make sweet, sweet music. Practicing helps you stay "in tune" in preparation for the Holiday Spectacular on Monday, December 7.

Code 5-077-01-1  
 Age 11 – 15  
 Place Darien Community Center  
 Dates Mondays, September 21 – November 30  
 Weeks 11  
 Time 4:00 – 5:00 p.m.  
 Fee \$60

## ZENSATIONAL YOGA

Move, bend, and breathe in this guided yoga experience with a certified yoga practitioner trained in the method of Yoga for the Special Child. With regular practice, yoga as an adjunct to traditional therapies significantly enhances the participant's physical, mental, and emotional development in a safe and gentle manner. Participants learn skills to calm themselves, quiet their minds, and honor their abilities in a fun and peaceful environment. Mats are provided. Please bring a water bottle and wear comfortable clothing.

Code 5-075-01-1  
 Age 9 – 15  
 Place Lisle Recreation Center  
 Dates Mondays, September 21 – December 7  
 Weeks 12  
 Time 5:30 – 6:30 p.m.  
 Fee \$170

Code 5-075-01-2  
 Age 9 – 15  
 Place The CORE  
 Dates Thursdays, September 24 – December 10  
 (No program November 26)  
 Weeks 11  
 Time 5:00 – 6:00 p.m.  
 Fee \$155

## RIGHT FIT

Test your fitness skills while playing to stay fit. This program provides fitness, social interaction, and the opportunity to explore sport and movement through activities such as basketball, obstacle courses, tug-of-war, and more. This is a great opportunity to stay fit, build strength, learn body control, and increase flexibility.

**Note:** A waiver is sent with the program confirmation and must be returned by Friday, September 11.

Age 7 – 15  
 Place Right Fit  
 Dates Tuesdays, September 22 – December 8  
 Weeks 12  
 Fee \$192

Code 5-058-01-1  
 Time 4:00 – 5:00 p.m.

Code 5-058-01-2  
 Time 5:00 – 6:00 p.m.

## EARLY CHILDHOOD PLAYGROUP

Come out and play! The goal of the group is to bring families together to play with other children and to meet other parents with similar experiences. Toys, blocks, books, the multi-sensory room, and more are available. Drop in at any point during the designated time, and stay as long as you like. Siblings are encouraged to attend.

Code 5-057-01-1  
 Age 2 – 5  
 Place Lisle Program Room  
 Dates Wednesdays, October 21, November 18, December 16  
 Time 9:00 – 11:00 a.m.  
 Fee \$5



# Programs for Children, & Young Teens



## KID'S CAFÉ

SEASPAR staff helps children follow simple recipes and create a tasty meal. Learn to measure, mix, and practice kitchen safety. Participants also learn table manners, table-setting skills, and proper clean-up. Don't miss this opportunity to have dinner with your friends! Participants take home a book of the recipes on the last day of class.

Code 5-080-01-1  
Age 9 – 15  
Place Lincoln Center  
Dates Wednesdays, September 23– December 9  
(No program October 21)  
Weeks 11  
Time 5:00 – 6:00 p.m.  
Fee \$85

## GYMNASTICS

This high-energy program focuses on gross motor skills, strength, coordination, and flexibility. Apparatus work is incorporated into this non-competitive program. No experience necessary. **Note:** A waiver is sent with the program confirmation and must be returned to SEASPAR by Friday, September 11.

Place IGI Gymnastics  
Dates Thursdays, September 24 – December 10  
(No program November 26)  
Weeks 11  
Fee \$150

## TUMBLE TIME

Code 5-053-01-2  
Age 3 – 6  
Time 5:00 – 5:45 p.m.

## BEGINNER GYMNASTICS

Code 5-053-01-1  
Age 7 – 11  
Time 6:00 – 6:45 p.m.

## GYMNASTICS 101

Code 5-092-01-1  
Age 12 – 15  
Time 7:00 – 7:45 p.m.



## BASKETBALL SKILLS

This program is designed to develop basketball and sportsmanship skills. Emphasis is put on the basics such as passing, dribbling, shooting, and rules of the game. Wear gym shoes and athletic apparel, and bring a water bottle.

Code 5-065-01-4  
Age 8 – 15  
Place Park District of LaGrange  
Dates Thursdays, September 24 – December 10  
(No program October 22, November 26)  
Time 5:00 – 6:00 p.m.  
Weeks 10  
Fee \$50

## SPORTS MANIA

Develop the basic skills to play a variety of sports. Participants improve motor and cognitive skills through traditional sports such as kickball, T-ball, and soccer. This fun-filled class teaches the importance of sportsmanship and teamwork. Wear gym shoes and athletic apparel, and bring a water bottle. This program follows Basketball Skills.

Age 8 – 15  
Dates Thursdays, September 24 – December 10  
(No program October 22, November 26)  
Time 6:00 – 7:00 p.m.  
Weeks 10  
Fee \$40

Code 5-084-01-2  
Place The CORE

Code 5-084-01-1  
Place Park District of LaGrange



CONNECT WITH US!

## SUPER SATURDAY

Join SEASPAR's club designed just for kids. Gather together each Saturday morning for crafts, games, music, dance, community outings, and more. Snacks are provided.

Age	5 – 10
Day	Saturdays
Lemont	8:30 a.m. – 1:00 p.m.
Denning	9:00 a.m. – 12:30 p.m.
SEASPAR	9:30 a.m. – 12:00 p.m.
Fee	\$ 30 per event

Code	Date	Activity
5-067-01-1	September 26	Apple Picking
5-067-01-2	October 3	Wonders
5-067-01-3	October 10	Playgrounds at Rainbow
5-067-01-4	October 17	Pumpkin Patch
5-067-01-5	October 24	Movie
5-067-01-6	October 31	Halloween Party
5-067-01-7	November 7	Pump It Up
5-067-01-8	November 14	Cake Decorating
5-067-01-9	November 21	Holiday Shopping
5-067-01-10	December 5	Bowling
5-067-01-11	December 12	Lego Train Show

## TEEN EXCURSION

This program is perfect for teens who are too old for kid stuff, but too young for adult activities. Participants learn what resources are available in the community for leisure and play.

Age	11 – 15
Day	Saturdays
Lemont	8:30 a.m. – 1:00 p.m.
Denning	9:00 a.m. – 12:30 p.m.
SEASPAR	9:30 a.m. – 12:00 p.m.
Fee	\$ 30 per event

Code	Date	Activity
5-085-01-1	September 26	Apple Picking
5-085-01-2	October 3	Movie
5-085-01-3	October 10	Volunteer
5-085-01-4	October 17	Wonders
5-085-01-5	October 24	Pumpkin Patch
5-085-01-6	October 31	Halloween Party
5-085-01-7	November 7	Bowling
5-085-01-8	November 14	Cake Decorating
5-085-01-9	November 21	Holiday Shopping
5-085-01-10	December 5	Holiday Party
5-085-01-11	December 12	Lego Train Show

## WATER PARK ADVENTURES

Enjoy an afternoon of swimming, sliding, and splashing as we travel around to three different pools! No need to be an experienced swimmer as participants are placed in small groups according to swim ability. Wear your swimsuit and bring a change of clothes and a towel. Snacks are included.

### NEMO'S SIDEKICKS

Age	5 – 10
Day	Saturdays
SEASPAR	12:00 – 5:00 p.m.
Denning	12:30 – 5:30 p.m.
Lemont	1:00 – 4:30 p.m.
Fee	\$ 40 per event

Code	Date	Place
5-068-01-1	September 26	Oak Brook Family Aquatic Center
5-068-01-2	October 10	Vaughan Aquatic Center
5-068-01-3	November 7	Pelican Harbor

### SWIMMING SAMPLER

Age	11 – 15
Day	Saturdays
SEASPAR	12:00 – 5:00 p.m.
Denning	12:30 – 5:30 p.m.
Lemont	1:00 – 4:30 p.m.
Fee	\$40 per event

Code	Date	Place
5-086-01-1	October 3	Splash Landing Aquatic Center
5-086-01-2	October 17	Vaughan Aquatic Center
5-086-01-3	November 14	Pelican Harbor

# Special Events for Children, & Young Teens



## TOUR A TOWN

Join your friends as we explore the Village of Brookfield. SEASPAR provides specially made passports that are stamped after each stop which includes the Zoo. A snack is included.

Code	5-203-01-1
Age	11 – 15
Place	Brookfield
Date	Saturday, September 26
Lemont	2:00 – 6:30 p.m.
SEASPAR	2:30 – 7:00 p.m.
Denning	3:00 – 6:00 p.m.
Fee	\$30

## SWIM & SENSORY

Join your friends for a swim at The CORE followed by an amazing experience exploring your senses at Wonders, SEASPAR's multi-sensory room. Wear your swimsuit and bring a change of clothes and a towel. Dinner is included.

Place	Lisle Program Room
Denning	3:00 – 8:00 p.m.
Lisle	3:30 – 7:30 p.m.
Lemont	4:00 – 8:30 p.m.
Fee	\$30

Code	5-208-01-1
Age	4 – 10
Date	Saturday, October 3

Code	5-208-01-2
Age	11 – 15
Date	Saturday, October 24

**LOSS OR THEFT** – Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

## PROGRESSIVE DINNER

Having trouble choosing between restaurants? Now you don't have to! Come hungry as we travel through LaGrange Park. We stop at Bill's Place for appetizers, Alex and Aldo's Ristorante for dinner, and top it off with dessert at Maple Avenue Creamery.

Code	5-209-01-1
Age	12 – 15
Place	LaGrange Park
Date	Saturday, October 10
Lemont	3:30 – 8:00 p.m.
SEASPAR	4:00 – 7:30 p.m.
Denning	4:30 – 7:00 p.m.
Fee	\$35

## DAY OFF SCHOOL

Looking for something fun to do on your day off from school? Spend time with SEASPAR as we visit the pumpkin patch for some Halloween fun. Our day also includes games, sports, and crafts. Bring a sack lunch.

Code	5-212-01-1
Age	6 – 15
Place	Darien Sportsplex
Date	Monday, October 12
Time	9:00 a.m. – 3:30 p.m.
Fee	\$60

## BOO! AT THE ZOO

Little ghosts and goblins of all ages are sure to have a howlin' good time! Brookfield Zoo's not-so-scary and fun-filled event has something for everyone to enjoy. Take a spin on the haunted carousel, find your way through a corn maze, and of course visit all of the animals. Lunch is provided.

Code	5-215-01-1
Age	5 – 12
Place	Brookfield Zoo
Date	Saturday, October 17
SEASPAR	12:00 – 6:30 p.m.
Lemont	12:30 – 6:00 p.m.
Denning	1:00 – 5:30 p.m.
Fee	\$35



## PARENTS NIGHT OUT

Parents, here's your chance to have a night out on the town! Leave your children with SEASPAR staff and treat yourself to a quiet evening while your children enjoy a night of fun and games. Siblings are invited to attend as well.

Age 5 – 10  
Time 5:30 – 7:30 p.m.  
Fee \$20 per event

Code	Date	Location
5-218-01-1	Saturday, October 24	The CORE
5-218-01-3	Saturday, November 14	Grand Avenue
5-218-01-5	Saturday, December 12	Lisle Program Room

## SIBLINGS

Age 5 – 10  
Time 5:30 – 7:30 p.m.  
Fee \$10 per sibling per event

Code	Date	Location
5-218-01-2	Saturday, October 24	The CORE
5-218-01-4	Saturday, November 14	Grand Avenue
5-218-01-6	Saturday, December 12	Lisle Program Room

## BOO BASH

Halloween is celebrated with costumes, trick-or-treating, ghost stories, and jack-o-lanterns. Why not add dancing and fun to the list? Celebrate with friends and show off your costume and dance moves. Refreshments are included.

Code 5-221-01-1  
Age 11 – 15  
Place Benet Academy  
Date Friday, October 30  
Time 6:30 – 8:30 p.m.  
Fee \$15

## STRIKES AND BITES

Let's see those strikes and spares! Enjoy a leisurely game or two of bowling with your friends. This non-competitive event focuses on socialization and fun. Shoes, ramps, and balls are available at the bowling alley, or you are welcome to bring your own. After bowling, we travel to Pompei for dinner.

Code 5-223-01-1  
Age 11 – 15  
Place Suburbanite Bowl  
Date Saturday, November 7  
SEASPAR 2:00 – 7:30 p.m.  
Lemont 2:30 – 7:00 p.m.  
Denning 3:00 – 6:30 p.m.  
Fee \$40

## TURKEY SHOOT

The Turkey Shoot is a basketball shooting contest in which participants compete to win a turkey for Thanksgiving dinner. A variety of competitions are provided for all ability levels. Everyone gets to take home a memento, and winners take home a turkey.

Code 5-230-01-1  
Age 11 – 15  
Place Lincoln Center  
Date Saturday, November 21  
Time 10:00 a.m. – 12:00 p.m.  
Denning 9:00 a.m. – 12:30 p.m.  
Lemont 9:30 a.m. – 1:00 p.m.  
Fee \$

## THANKSGIVING BREAK CAMP

Looking for something fun to do before Thanksgiving? Spend time with SEASPAR as we explore Wonders, go bowling, and do a variety of other fun games, sports, and crafts. Participants are divided into groups by age. Bring a sack lunch.

Age 6 – 15  
Place Darien Sportsplex  
Time 9:00 a.m. – 3:30 p.m.  
Fee \$60 per event

Code	Date	Activity
5-232-01-1	Monday, November 23	MagiQuest
5-232-01-2	Tuesday, November 24	Kohl Children's Museum
5-232-01-3	Wednesday, November 25	Lunch & a Movie



# Special Events for Children, & Young Teens



## SPECIAL KIDS DAY

Since 1990, 400 special needs children have been treated to a delightful afternoon where they bond with Santa Claus. Participants have their pictures taken and receive specially selected toys. Face painting, clowns, and other performer are all on hand to make this a special day. We stop for dinner at Pizza Palace for dinner.

Code 5-233-01-1  
Age 5 – 10  
Place Wilder Mansion  
Date Wednesday, December 2  
SEASPAR 3:00 – 6:30 p.m.  
Denning 3:30 – 6:00 p.m.  
Fee \$30

## SANTA ON THE TRAIN

Join SEASPAR as we ride the Holiday Train to the North Pole. Your favorite characters from the book and movie, The Polar Express, join us on our trip including a very special visit from Santa Claus. The train ride is 75 minutes and includes songs, a reading of the Polar Express, and snacks.

Code 5-235-01-1  
Age 5 – 12  
Place Westmont Train Station  
Date Saturday, December 5  
Denning 1:00 – 6:00 p.m.  
Lemont 1:30 – 5:00 p.m.  
SEASPAR 2:00 – 6:30 p.m.  
Fee \$50

## SENSORY FRIENDLY PLAY

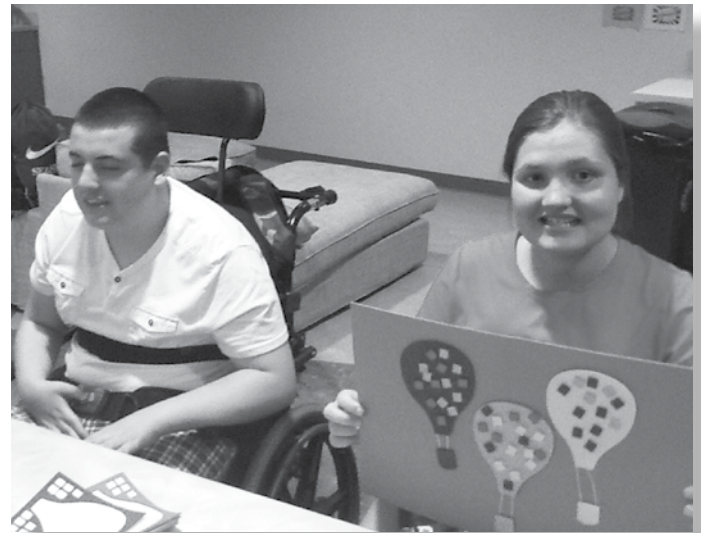
When Charlie Brown complains about the overwhelming greed that he sees amongst everyone during the Christmas season, Lucy suggests that he become director of the school Christmas pageant. Charlie accepts, but it proves to be a frustrating struggle. When an attempt to restore the proper spirit with a sad little fir Christmas tree fails, he needs Linus' help to learn what the real meaning of Christmas is. The play, being sensory friendly, means that the audience members are welcome to get up and dance, walk, shout, or sing.

Code 5-238-01-1  
Age 8 – 15  
Place Theatre of Western Springs  
Date Thursday, December 10  
Time 6:30 – 8:30 p.m.  
SEASPAR 6:00 – 9:00 p.m.  
Fee \$15

## TEEN OVERNIGHT

Don't miss out on spending the night with friends. Start the evening with bowling at Lisle Lanes, followed by pizza for dinner. We spend the rest of our evening watching movies, playing games in the gym, and relaxing in the multi-sensory room. In the morning we have breakfast before saying goodbye. Pack an overnight bag with necessary items and bring a sleeping bag. Bring your favorite board games, Wii games, movies, and CDs if you'd like.

Code 5-243-01-1  
Age 11 – 15  
Place Lisle Recreation Center  
Date Friday – Saturday, December 18 – 19  
Time 5:30 p.m. – 9:00 a.m.  
Denning 4:30 p.m. – 10:00 a.m.  
Lemont 5:00 p.m. – 9:30 a.m.  
Fee \$60



### CONTACT

for information about Programs & Special Events for Children.

**Rachel Pavesich**

630-960-7600

[rpavesich@seaspar.org](mailto:rpavesich@seaspar.org)



**CONNECT WITH US!**

**PLEASE CHECK IN** – When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

**ANNUAL INFORMATION FORMS (AIFS)** – SEASPAR requires that all participants complete an Annual Information Form. Individuals without a current AIF on file will not be permitted to participate.

**LATE REGISTRATION** – There may be openings available for programs after August 17, so please call to find out if a program you are interested in is still available.

**PARTICIPATION** – Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

## WINTER BREAK CAMP

Games, sports, crafts, and special outings make up these special days. Participants are divided into smaller groups based on age. Provide a sack lunch each day.

Age 6 – 15  
Place LaGrange Community Center  
Time 9:00 a.m. – 3:30 p.m.  
Fee \$60 per event

Code	Date	Activity
5-246-01-1	Monday, December 21	Painting at Pottery Bayou
5-246-01-2	Tuesday, December 22	<i>White Christmas</i> , the Musical
5-246-01-3	Wednesday, December 23	Bowling
5-246-01-4	Monday, December 28	Swimming
5-246-01-5	Tuesday, December 29	Party Time Palace
5-246-01-6	Wednesday, December 30	Cabela's
5-246-01-7	Monday, January 4	Pump It Up
5-246-01-8	Tuesday, January 5	Sports Day

Age 6 – 15  
Place Lisle Program Room  
Time 9:00 a.m. – 3:30 p.m.  
Lemont 8:30 a.m. – 4:00 p.m.  
Fee \$60 per event

Code	Date	Activity
5-246-01-9	Monday, December 21	Bowling
5-246-01-10	Tuesday, December 22	<i>White Christmas</i> , the Musical
5-246-01-11	Wednesday, December 23	Painting at Pottery Bayou
5-246-01-12	Monday, December 28	Cabela's
5-246-01-13	Tuesday, December 29	Swimming
5-246-01-14	Wednesday, December 30	Party Time Palace



## SNOW-SHOEING

If you are interested in trying a winter sport but skiing is not for you, snow-shoeing is a great option. Athletes practice "sprinting" or "distance" events, as determined by the coaches and according to each individual's ability and interest. The Special Olympics district competition is held in early January. Gold medal winners advance to the Special Olympics Winter Games held in Galena in early February. The program is held snow or no snow. SEASPAR provides all necessary equipment.

Code	5-109-01-1
Age	8 years and older
Place	Ebersold Park
Dates	Mondays, October 26 – January 4
Weeks	11
Time	4:00 – 5:00 p.m.
Limit	10
Fee	\$100

## CROSS COUNTRY SKIING

Enjoy this popular winter sport with SEASPAR. The group is introduced to the basics of cross country skiing, while promoting fitness and coordination. A sense of team spirit and good sportsmanship is encouraged. The program prepares skiers for the Special Olympics competition in early January. Gold medal winners in this competition advance to the Special Olympics Winter Games held in Galena in early February. The program is held snow or no snow. Personal ski equipment is recommended.

Code	5-108-01-1
Age	8 years and older
Place	Ebersold Park
Dates	Mondays, October 26 – January 4
Weeks	11
Time	4:00 – 5:00 p.m.
Limit	10
Fee	\$100

## MEDICAL FORMS

Athletes wishing to participate in Special Olympics programs must have a current Special Olympics medical form on file at SEASPAR. It is valid for two years from the date of the examination. Please contact SEASPAR to find out when your form expires or to request one. A medical form is available on our website, [www.seaspar.org](http://www.seaspar.org). Faxed forms or copies are not accepted.

## PARTICIPATION

Persons are eligible for Special Olympics if they are eight years of age or older and have been identified by an agency or professional as having intellectual disabilities, cognitive delays as determined by standardized measure, or have significant learning or vocational problems due to cognitive delays that require, or have required, specially designed instruction.

## DISCLAIMERS

Team sports and relay events take precedence over individual sports or events at the state level of competition.

Athletes registered for team sports are expected to attend practices, games, and tournaments.

## 2015 SPECIAL OLYMPICS/ITRS/INVITATIONAL COMPETITION

*Dates (Subject To Change)*

September 12-13	SO State Outdoor Sports Festival
September 19	SO Bocce Qualifier
*September 27	SO Volleyball Tournament
October 4	ITRS Volleyball Tournament
October 18	SO Sectional Bowling
*October 24-25	SO State Fall Games
*November 14	SO State Floor Hockey
November 21	SEASPAR Swim Meet
December 5	SO State Bowling

*\*Dates with an asterisk are tentative (or unknown) at this time.*



## CONTACT

for information about Special Olympics.

**Aaron Hirthe**  
630-960-7600  
[ahirthe@seaspar.org](mailto:ahirthe@seaspar.org)



## ALPINE SKIING

It's that time of the year to join the SEASPAR Ski Team for a day of winter fun! Both beginner and experienced skiers are welcome. This program is designed to teach beginner skiers the basic skills required to pass the Special Olympics assessment tests, required for competitive skiing. SEASPAR coaches promote independence and emphasize balance and control while skiing. Coaches also work with the competitive skiers to refine their skills in preparation for the 2016 Alpine Qualifier. Participation in this competition is determined by the coaches. Helmets are required. In the event of inclement weather, the practice at Wilmot Mountain is held on Sunday, January 3.

Code	5-110-01-1
Age	8 years and older
Place	Wilmot Mountain
Date	Saturday, January 2
Time	8:00 a.m. – 7:00 p.m.
Limit	4
Fee	\$265

**Note:** Athletes can sign up for an additional three hours of skiing at Four Lakes Ski and Snowboard Area in the months of December and January. These lessons/practices are scheduled on an individual basis and are subject to coach availability and permissible weather.

Code	5-110-01-2
Age	8 years and older
Place	Four Lakes Ski & Snowboard Area
Days	Various
Time	TBD
Fee	\$85

## WINTER SPORTS GETAWAY

This program provides an on-site training opportunity for the 2016 State Winter Games or extra practice for those athletes aspiring to qualify for this Special Olympics State competition. This trip to Chestnut Mountain Ski Resort is only open to athletes who are registered in a SEASPAR winter sport program including Snow-Shoeing, Cross Country Skiing, or Alpine Skiing. Coaches hold structured practices for each sport and athletes are welcome to try the other sports during scheduled free time.

**Note:** Participants are encouraged to contribute to the group dynamics by cooperating with staff and other group members, and by adapting their schedules and routines to accommodate the logistics of this experience. Due to the nature of the setting, participants are expected to stay with their assigned staff and not wander. A packing list and detailed schedule are sent prior to the trip.

Code	5-110-01-3
Age	8 years and older
Place	Chestnut Mountain Resort
Dates	Saturday to Sunday, January 9 - 10
Departure	6:30 a.m.
Return	7:00 p.m.
Limit	6
Fee	\$275





## ARTISTIC GYMNASTICS

Gymnasts learn and practice the individual movements required to complete specific routines for the Vault, Balance Beam, Uneven Bars, and the Floor Routine, in preparation for the Special Olympics competition in March. Participants must exhibit patience and be able to follow all safety guidelines for the facilities and equipment used. Athletes should wear gymnastics leotards or fitted clothing.

Code 5-114-01-2  
Age 16 years and older  
Place Centennial Community Center  
Dates Wednesdays, October 7 – January 13  
Weeks 15  
Time 7:15 – 8:30 p.m.  
Limit 6  
Fee \$245

Code 5-114-01-3  
Age 8 - 15  
Place Centennial Community Center  
Dates Saturdays, September 19 – January 16  
(No program November 28, December 26, and January 2)  
Weeks 15  
Time 12:45 – 2:00 p.m.  
Limit 6  
Fee \$245

## RHYTHMIC GYMNASTICS

Increase your coordination and flexibility while learning compulsory routines, and using balls, hoops, ribbons, and ropes. Athletes have the opportunity to participate in the Special Olympics competition in March. Participants should wear leotards or fitted clothing and gym shoes.

Code 5-114-01-1  
Age 8 years and older  
Place Westmont Community Center  
Dates Wednesdays, October 7 – January 13  
Weeks 15  
Time 7:00 – 8:15 p.m.  
Limit 6  
Fee \$160



## AQUATICS

Aquatics is designed for advanced swimmers who want to compete, and are able to meet the minimum skill requirements to perform during practice and in competition. Practices focus on swim endurance and refining stroke mechanics. The team competes in the SEASPAR Swim Meet on Saturday, November 21, and the FVSRA Swim Meet in December.

Code 5-118-01-1  
Age 8 years and older  
Place Indian Boundary YMCA  
Dates Saturdays, September 26 – December 19  
(No program November 28)  
Time 1:00 – 2:00 p.m.  
Weeks 12  
Limit 25  
Fee \$140

## POWERLIFTING

Athletes set and reach fitness goals through the disciplined and challenging sport of powerlifting. Participants learn proper technique for both the dead lift and bench press, while improving their overall fitness level through weekly workout sessions. We participate in the District Powerlifting competition at the 2016 Spring Games.

Code 5-122-01-1  
Age 16 years and older  
Place Lisle Community Center  
Dates Mondays, October 26 – January 11  
Weeks 12  
Time 6:00 – 7:30 p.m.  
Limit 6  
Fee \$135

## JUNIOR BASKETBALL

Are you ready to play full-court, team basketball? If so, join us on Saturdays as we play games against other junior teams. Work on your dribbling, shooting, and passing while building a concept of teamwork and a sense of team spirit. Our junior basketball team competes at the Special Olympics tournament in January and the ITRS tournament on Sunday, February 14. Game times and locations vary.

Code	5-102-01-1
Age	8 – 15
Place	Lemont CORE
Dates	Saturdays, October 17 – February 6 (No program November 28, December 26, & January 2)
Weeks	14
Time	12:30 – 2:00 p.m.
Limit	10
Fee	\$180

## BASKETBALL (PRE-SEASON PRACTICE)

Have an area of your basketball game that needs improvement? Come join other members of the SEASPAR Spartans basketball teams in a warm-up session of basketball practice before the regular season begins. Athletes can just shoot around, join the group scrimmages, or participate in instructional drills designed to get your mind, body, and game ready for competitive play!

**Note:** This program is only open to athletes registered for the SEASPAR Special Olympics Basketball program.

Code	5-101-01-5
Age	16 years and older
Place	Park District of LaGrange
Dates	Tuesdays, October 6, 13, 20, 27
Time	6:30 – 8:00 p.m.
SEASPAR	5:30 – 9:00 p.m.
Lemont	6:00 – 8:30 p.m.
Limit	36
Fee	\$30



## BASKETBALL

Spartans basketball is back for another season of fast breakin' action! SEASPAR's veteran coaching staff instructs the athletes in the fundamentals of basketball and team play. We meet at the Downers Grove Park District Recreation Center to practice on the first week of the program. Athletes are then divided into the Blue Team, White Team, and Gray Team according to game play ability, age, and the discretion of the coaches. Information regarding transportation, practices, games, and tournaments is sent at the start of the season. Uniforms are distributed at practice prior to the first game. In addition to the regular game schedule, teams compete in the Special Olympics Tournament in January and the ITRS Tournament on Sunday, February 14.

Code	5-101-01-1
Age	16 years and older
Place	Varies
Dates	Tuesdays, November 3 – February 9
# Weeks	15
Time	6:30 – 8:00 p.m.
Limit	36
Fee	\$200



CONNECT WITH US!

## YOUTH GOALBALL

Goalball provides an opportunity for athletes who are visually impaired to stay fit while having fun. Athletes throw and block a goalball with bells in it to score points while blindfolded. This program is designed to develop offensive throwing skills, defensive techniques, and team communication.

Code 5-050-02-1  
Age 8 – 18  
Place Lisle Recreation Center  
Dates Tuesdays, September 29 – December 8  
Weeks 11  
Time 4:30 – 5:30 p.m.  
Fee \$60

## ADAPTED MUSIC LESSONS

Have you ever had the chance to make music? This exciting program gives individuals with limited mobility the chance to make beautiful music! The Soundbeam 5 translates movement into music using movement sensory technology. Move your head, wave your hand, or spin your wheelchair, and musical notes fill the air. Lessons are one half-hour each.

Code 5-050-09-1  
Age All ages  
Place Wonders  
Dates Thursdays, September 24 – December 10  
(No program November 26)  
Weeks 11  
Time 5:30 – 7:00 p.m.  
Fee \$80

## ADAPTED BOCCIA

Join SEASPAR in playing Boccia, designed for individuals whose physical impairment is their primary disability. Boccia is a game of precision in which the object is to place the balls closest to a target. Adaptive ramps are available to make the sport accessible for all individuals.

Code 5-050-01-1  
Age All ages  
Place Tibbot Elementary School  
Dates Thursdays, October 1 – December 10  
(No program November 26)  
Weeks 10  
Time 6:45 – 7:45 p.m.  
Fee \$35

## POWER SOCCER

Participants use an oversized soccer ball and maneuver their power chairs to dribble, pass, shoot, and score goals. A footguard is attached to the front of the power wheelchair and the game is on! This program is an introduction to Power Soccer and is designed for beginners. Footguards are provided.

Code 5-050-06-1  
Age All ages  
Place Westmont Community Center  
Dates Saturdays, October 3 – November 21  
Weeks 8  
Time 9:30 – 10:30 a.m.  
Fee \$34

## WHEELCHAIR TABLE TENNIS

Get your top spin going with SEASPAR's table tennis program. Learn the basics of wheelchair table tennis, or how to deal out a killer serve and counter your opponent's return. This program is for beginners.

Code 5-050-12-1  
Age 8 years and older  
Place Darien Sportsplex  
Dates Saturdays, October 3 – December 12  
(No program November 28)  
Weeks 10  
Time 11:00 a.m. – 12:00 p.m.  
Fee \$35



## WHEELCHAIR SOFTBALL

Batter up! Now it's your turn to stretch a double into a triple. Lemont's Miracle Field was built for individuals in wheelchairs to experience America's favorite pastime. Hitting, fielding, and base running are a few of the skills that will be taught in this program. Participants will need a baseball glove.

Code 5-050-14-1  
Age All ages  
Place Centennial Park  
Dates Saturdays, September 12 – October 17  
Weeks 6  
Time 1:30 – 2:30 p.m.  
Fee \$18

## SLED HOCKEY

SEASPAR is hitting the ice. Sled hockey allows participants who have a physical disability to play hockey. This program is for beginners to learn the basic fundamentals. So come and try one of the most popular sports in the Paralympic Games. All equipment is provided.

Code 5-050-03-1  
Age 8 years and older  
Place Darien Sportsplex  
Dates Sundays, October 4 – December 13  
(No program November 29)  
Weeks 10  
Time 1:50 – 3:50 p.m.  
Fee \$100



## THE GOAL POST – OPENING DOORS TO YOUR ADAPTED GOALS

It's always good to take a moment to look around at your surroundings to see not only where you are going but also what is happening around you. In the past few months, we have seen the Paralympic movement take a giant leap forward. The USA sled hockey team won its third world title by defeating Canada in the World Championship in Buffalo, New York. This victory comes with more than just a medal; the championship game was aired live on NBCSN. Another attention grabber for the Paralympic movement came when Usain Bolt was a guide runner for a visually impaired runner. As the momentum grows look to SEASPAR for your adapted sport opportunities.



## CONTACT

for information about Adapted Sports.

**Greg Pavesich**  
630-960-7600  
gpavesich@seaspar.org

MARK YOUR CALENDAR AND JOIN US FOR OUR ANNUAL

# Holiday Shopping Night

**Downtown Downers Grove | Thursday, December 3 | 3:00 – 9:00 p.m.**



1010 Curtiss Street  
630-963-1010



1008 Curtiss Street  
331-777-5263



1008 Curtiss Street  
331-777-4979

*20% of the evening's  
proceeds will benefit  
SEASPAR*





# Programs for Teens & Young Adults (16+)



## TEEN SCENE

Spend the afternoon with SEASPAR exploring the community and having fun. Activities include shopping, movies, bowling, and more. Participants are picked up directly from school. Parents are responsible for pickup at SEASPAR, Denning Park, or Lemont Park District after the program. A schedule is mailed with confirmations.

Code 5-012-01-2  
Place Lyons Township North and South High Schools  
Dates Mondays, September 21 – December 7  
Weeks 12  
Denning 6:00 p.m.  
Fee \$312

Code 5-012-01-1  
Place Downers Grove South and Lemont High Schools  
Dates Tuesdays, September 22 – December 8  
Weeks 12  
Lemont 6:00 p.m.  
SEASPAR 6:30 p.m.  
Fee \$312

## YOUNG ADULT CLUB

Calling all teens and young adults! SEASPAR's Young Adult Club is geared specifically for teens and young adults transitioning into adult programs. Activities and outings place a strong emphasis on socialization and fun. It's the perfect opportunity to meet new friends and connect with old ones.

Code 5-095-01-1  
Place Various Locations  
Dates Saturdays, September 26, October 10, 24,  
November 7, 21, December 5  
SEASPAR 1:30 – 6:00 p.m.  
Denning 2:00 – 5:30 p.m.  
Lemont 2:30 – 4:00 p.m.  
Limit 12  
Fee \$210

## COLUMBUS DAY

Celebrate Columbus Day with SEASPAR! We travel to Family Fun Zone in Crest Hill and spend the day exploring this amazing arcade. A pizza lunch is provided.

Code 5-213-01-1  
Place Family Fun Zone  
Date Monday, October 12  
SEASPAR 8:30 a.m. – 4:00 p.m.  
Denning 9:00 a.m. – 3:30 p.m.  
Lemont 9:30 a.m. – 3:00 p.m.  
Fee \$48

## VETERANS DAY

We have double the fun this Veteran's Day. Participants enjoy a movie at a local theatre, go bowling and enjoy pizza for lunch. Don't miss out on this exciting day off from school!

Code 5-226-01-1  
Place Various Locations  
Date Wednesday, November 11  
SEASPAR 8:30 a.m. – 4:00 p.m.  
Denning 9:00 a.m. – 3:30 p.m.  
Lemont 9:30 a.m. – 3:00 p.m.  
Fee \$48

## WINTER EXPEDITION

Looking to socialize and see friends over winter break? Join the Winter Expedition where participants travel in the community. Outings include bowling, going to the movies, and more! Lunch is provided.

Place Lisle Program Room  
Time 10:00 a.m. – 3:00 p.m.  
Denning 9:00 a.m. – 3:30 p.m.  
Lemont 9:30 a.m. – 3:00 p.m.  
Fee \$50

Code 5-247-01-1  
Date Monday, December 21

Code 5-247-01-2  
Date Wednesday, December 23

## AFTERNOON ADVENTURES

Enjoy exciting travels throughout the community with your friends. You're sure to have a memorable time. Parents are responsible for pickup at SEASPAR or Denning Park after the program. A schedule is mailed with confirmations.

Code 5-007-01-3  
 Place Various Locations  
 Dates Mondays, September 21 – December 7  
 Weeks 12  
 Drop-off SEASPAR 2:30 p.m.  
 Darien Sportsplex 3:00 p.m.  
 Lisle Recreation Center 3:30 p.m.  
 Pickup Denning 6:00 p.m.  
 Pickup SEASPAR 6:30 p.m.  
 Limit 12  
 Fee \$270

## EXERCISE & HEALTHY SNACK PREP

Jump right into SEASPAR's new exercise class. Participants will experience a mix of cardiovascular and strength exercises utilizing Lemont's fitness center. After working out, the group will learn how to prepare a healthy snack. Please bring a water bottle. Athletic apparel and gym shoes are required. No jeans are allowed.

Code 5-002-01-3  
 Place Lemont Fitness Center  
 Dates Mondays, September 21 – December 7  
 Weeks 12  
 Time 5:00 – 7:00 p.m.  
 Fee \$60

## FIT N' FUEL

Regular exercise and physical activity are extremely important and beneficial for long-term health and well-being. Fit n' Fuel explores different exercise such as Zumba, Kickboxing, Boot Camp, and more! Participants learn how to make a healthy snack following the fitness portion. Please bring a water bottle. Athletic apparel and gym shoes are required. No jeans are allowed.

Code 5-003-01-4  
 Place Community Park District of LaGrange Park  
 Dates Mondays, September 21 – December 7  
 Weeks 12  
 Time 5:00 – 7:00 p.m.  
 Fee \$60

## WRESTLE MANIA

Liven up your Monday evenings and spend them watching WWE Monday Night RAW at SEASPAR's program room in Lisle. The evening includes pizza, watching wrestling on TV, and enjoying time with your friends.

Code 5-046-01-1  
 Dates Mondays, September 21, October 5, 19,  
 November 2, 16, December 7  
 Place Lisle Program Room  
 Time 7:00 – 9:00 p.m.  
 Denning 6:30 – 9:30 p.m.  
 Fee \$66

## CASINO NIGHT

Feeling lucky? Spend an evening with your friends trying your luck at Poker, Roulette, Blackjack, and more! Snacks are provided.

Code 5-017-01-1  
 Place Woodridge Community Center  
 Date Mondays, September 21- December 7  
 Weeks 12  
 Time 6:00 – 7:00 p.m.  
 Fee \$52

## DAY AWAY TOUR

If you have been wishing for something to do during the week, join Day Away Tour. This group travels beyond the local community to experience a variety of fun recreational activities. Outings include shopping, theater, and sporting events. A schedule is mailed with confirmations. **Note:** Based on the distance of the destination, times may vary.

Code 5-007-01-1  
 Age 21 years and older  
 Place Various Locations  
 Dates Tuesdays, September 29, October 13, 27,  
 November 10, 24, December 8  
 SEASPAR 9:00 a.m. – 3:00 p.m.  
 Fee \$ 315



CONNECT WITH US!

# Programs for Teens & Adults (16+)



## ANIMAL ASSISTED THERAPY

Spend time with man's best friend. You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem.

Code 5-039-01-1  
Place Darien Community Center  
Dates Tuesdays, November 3 – December 8  
Weeks 6  
Time 7:00 – 8:00 p.m.  
Fee \$56

## BINGO!

Don't miss your chance to be a big winner! Spend the evening with your SEASPAR friends trying your luck at B-I-N-G-O! We have many prizes and snacks, plus there's time to socialize.

Code 5-034-01-1  
Place Lincoln Center  
Dates Tuesdays, September 22 – October 27  
Weeks 6  
Time 7:00 – 8:00 p.m.  
Fee \$39

Code 5-034-01-2  
Place Grand Avenue Recreation Center  
Dates Tuesdays, November 3 – December 8  
Weeks 6  
Time 6:00 – 7:00 p.m.  
Fee \$39

**LOSS OR THEFT** - Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

## ROLE PLAY

Express yourself, gain confidence, and socialize while acting in a fun, relaxed setting. Participants work on new scenes each week in this non-performance based acting class. The program focuses on group activities and improvisation. Get ready to move and be a star in this exciting program! Please wear comfortable clothes and bring a water bottle.

Code 5-010-01-2  
Place Westmont Community Center  
Dates Tuesdays, September 22 – December 8  
Weeks 12  
Time 5:30 - 6:30 p.m.  
Fee \$60

## MUSIC MANIA

Learn new songs, free dance, and how to jam instrumentally. The group experience teaches patience, sharing, and listening. The goal is for you to use music for stress reduction, relaxation, and improving communication. The most important goal is to have fun!

Code 5-014-01-1  
Place Westmont Community Center  
Dates Tuesdays, September 22 – December 8  
Weeks 12  
Time 7:00 – 7:45 p.m.  
Fee \$93

## DANCIN' THE NIGHT AWAY

Have you always wanted to learn how to boogie down? Now you can. Learn dance movements that you'll be able to show off for your friends and family on the final date of the program. You can then flaunt your new moves at one of our many dances offered throughout the year.

Code 5-011-01-2  
Place Brookfield Municipal Building  
Dates Wednesdays, September 23 – December 9  
Weeks 12  
Time 7:00 – 8:00 p.m.  
Fee \$72

## AT THE MOVIES

Lights, camera, action! Get together with friends to see a current G, PG, or PG-13 movie. Please visit our website at [www.seaspar.org](http://www.seaspar.org) or call SEASPAR after 2:00 p.m. on the day of the program for movie title and time (if calling after hours, select the program update option). Bring \$10 for concessions if you wish. **Note:** Parents, guardians, and/or caseworkers must check in with the supervisor upon arrival and departure.

Time Varies  
 Dates Wednesdays, September 23, October 14,  
 November 11, December 9  
 Fee \$70

Code 5-019-01-1  
 Place AMC Quarry Cinema

Code 5-019-01-2  
 Place Cinemark at Seven Bridges

## ACTORS GUILD

This program is taught by Christine Grohne of Actors with Special Needs. Actors hone their acting skills and practice for the spring performance. Participants are encouraged to register for the winter/spring session as well. Actors Guild is designed to build self-esteem, enhance character, and motivate each of you to do your best. No acting experience is necessary. Family and friends are encouraged to practice lines with participants to prepare for the Holiday Spectacular on Monday, December 7.

Code 5-010-01-1  
 Place Lincoln Center  
 Dates Wednesdays, September 23 – December 9  
 (No program October 21)  
 Weeks 12  
 Time 4:45 – 6:00 p.m.  
 Fee \$ 105

## HOLIDAY TREATS

Each season brings new holiday treats to enjoy. We make delectable delights for each of our favorite holidays. Try your luck at frosted pumpkin cupcakes, spooky ghostwiches, and Santa party poppers. Learn how to follow a recipe in order to create your own succulent snack.

Code 5-032-01-1  
 Place Darien Sportsplex  
 Dates Wednesdays, September 30, October 21,  
 November 4, December 2  
 Time 6:00 – 7:30 p.m.  
 Fee \$48

## ADULT SWIM

Jump right in; the water's great! This non-competitive program is designed for those who enjoy a leisurely swim in the pool. We spend our Wednesday evenings playing fun water games while socializing with our friends. Sign up today and make a splash.

Code 5-002-01-1  
 Place Doubletree Hotel  
 Dates Wednesdays, September 23 – December 9  
 Weeks 12  
 Time 7:00 – 8:00 p.m.  
 Fee \$60

## WEIGHT TRAINING

Are you willing to go the extra mile and dedicate yourself to our weight training program? When it comes to changing how your body looks, weight training wins hands down. Lifting weights can help raise your metabolism, strengthen bones, help to avoid injuries, increase your confidence and self-esteem, and improve coordination and balance. SEASPAR staff assist you in choosing which exercises help you achieve your goals. Bring a water bottle. Athletic apparel and gym shoes are required. No jeans allowed.

Code 5-013-01-1  
 Place Lisle Community Center  
 Dates Thursdays, September 24 – December 10  
 (No program November 26)  
 Weeks 11  
 Time 4:30 – 5:30 p.m.  
 Fee \$88



## CONTACT

for information about Programs  
 for Teens & Adults 16 +.

**Dana Herrera**

630-960-7600

[dherrera@seaspar.org](mailto:dherrera@seaspar.org)



# Programs for Teens & Adults (16+)



## ALLEY CATS/STRIKERS

Enjoy a leisurely game of bowling with your friends. This non-competitive program focuses on the importance of sportsmanship, socialization, and fun with basic instruction. Scores are recorded to help participants track their progress. These scores are also used as a basis for participants who choose to sign up for Special Olympics Bowling. **Note:** Parents and/or guardians are responsible for bringing participants into the bowling alley and checking in with staff.

## DINER'S DELIGHT

Whether you work up an appetite from bowling, or are looking for an evening among friends, Diner's Delight can provide you with a tasty meal and friendly conversations. Staff help participants promote their independence by having them order their own meals, set the tables, engage in appropriate social interaction, and clean up after the meal. A schedule is mailed with confirmations. **Note:** Participants registering only for Diner's Delight meet at Lisle Lanes at 4:45 p.m. or at Willowbrook Lanes at 5:15 p.m. Participants registered for Lisle EAGLES and Alley Cats Lisle are picked up from Lisle EAGLES at 3:30 p.m.

Code	Program	Place	Day	Dates	No Program	# Weeks	Time	Fee
5-023-01-1	Alley Cats	Lisle Lanes	Wednesday	9/23 – 12/9		12	4:00 – 5:00 p.m.	\$ 175
5-022-01-1	Diner's Delight	Lisle Lanes	Wednesday	9/23 – 12/9		12	5:00 – 6:30 p.m.	\$180
5-023-01-2	Alley Cats	Willowbrook Lanes	Thursday	9/24 – 12/10	11/26	11	4:30 – 5:30 p.m.	\$160
5-022-01-2	Diner's Delight	SEASPAR	Thursday	9/24 – 12/10	11/26	11	5:30 – 7:00 p.m.	\$180
5-022-01-3	Diner's Delight	Denning	Thursday	9/25 – 12/10	11/26	11	5:30 – 7:00 p.m.	\$180
5-023-01-3	Strikers	Suburbanite Bowl	Saturday	9/26 – 12/12	10/31 & 11/28	11	11 a.m. – 12 p.m.	\$160

## GLEE CLUB

Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Practicing helps you stay "in tune" in preparation for the Holiday Spectacular on Monday, December 7.

Code	5-014-01-2
Place	Darien Sportsplex
Dates	Thursdays, September 24 – December 17 (No program October 8, November 26)
Weeks	11
Time	5:00 – 6:00 p.m.
Fee	\$100

## WOODWORKING

Let the experts at Woodcraft help you create your own woodworking masterpiece in this unique program. Staff members help you choose from a multitude of different woodworking activities. Past projects have included birdhouses, magazine racks, pens, and ornaments.

Code	5-015-01-1
Place	Woodcraft
Dates	Thursdays, October 8, 22, November 5, 19
Time	7:00 – 8:30 p.m.
Limit	8
Fee	\$87

## YOGA

Yoga is designed to safely guide you toward enhanced strength, stamina, and flexibility. Studies show yoga has multiple health benefits such as reducing high blood pressure, blood sugar, and obesity. Mats are provided. Please bring a water bottle.

Code	5-033-01-1
Place	Darien Community Center
Dates	Thursdays, September 24 – December 10 (No program November 26)
Weeks	11
Time	7:00 – 8:00 p.m.
Limit	8
Fee	\$150

## SOCIAL CLUB

Social Club offers activities and excursions within the community. As clubs are established, consideration is given to age, peer groups, car pools, CILA's, and issues that are important to you. Please be sure to list car pool information on the registration form. Accessible transportation is available. The Boo Bash and Holiday Dinner Dance are included in the club schedule.

Code 2-025-01-1  
 Dates Fridays, September 25 – December 11  
 (No program November 27)  
 Weeks 11  
 Time Varies by activity  
 Fee \$195

## SATURDAY NIGHT SOCIALITES

This program is designed for adults who are ready to venture out on their own, but may need a jump-start. The group plans a variety of community outings. A schedule is mailed and available on the website once the activities are determined. Participants must contribute to the social dynamics of the group and adhere to dress and behavior codes.

Code 5-026-01-1  
 Age 21 years and older  
 Place Nonnie's Pizza  
 Planning  
 Date: Saturday, September 26  
 SEASPAR 6:00 – 9:30 p.m.  
 737 Apts. 6:30 – 9:00 p.m.  
 Dates Saturdays, October 10, 24, November 7, 21,  
 December 12  
 Time Varies  
 Pickup SEASPAR  
 737 Apartments  
 Limit 12  
 Fee \$260

## FALL FESTERS

Love the changing leaves and cooler air? Get outdoors this fall and join your SEASPAR friends as we experience all this season has to offer before winter. We travel to an Oktoberfest celebration, a scarecrow fest, and have a fall celebration of our own on the last day. Bring \$15 for snacks and souvenirs.

Code 5-005-01-4  
 Place SEASPAR  
 Dates Saturdays, October 3, 10, 17  
 Time 6:00 - 9:30 p.m.  
 Limit 12  
 Fee \$50

**PLEASE CHECK IN** - When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

**PARTICIPATION** - Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

## BEARS BONANZA

Don't miss your chance to cheer on the Chicago Bears in their hunt to return to the NFL playoffs! Head Coach Marc Trestman leads the team through an exciting season of touchdown passes and crushing tackles. Lunch is served as the competition plays out on the big screen. **Note:** Due to the unpredictable length of the games, return time to Denning Park is approximate. SEASPAR remains until the end of the game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Day Sundays  
 Place Papa Passero's  
 Game Time Noon  
 Time 11:45 a.m. – 3:15 p.m.  
 Denning 11:15 a.m. – 3:45 p.m.  
 Fee \$28 per event

Code	Date	Team
5-027-01-1	October 4	Oakland Raiders
5-027-01-2	October 18	Detroit Lions
5-027-01-3	November 15	St. Louis Rams
5-027-01-4	December 6	San Francisco 49ers

## SUNDAY BRUNCH

This program is geared toward older adults. The group enjoys brunch at a local restaurant. Following the meal, we take a leisurely walk through one of the neighboring communities or parks.

Code 5-024-01-1  
 Age 40 years and older  
 Place Various Locations  
 Dates Sundays, October 4, November 15  
 SEASPAR 11:00 a.m. – 3:30 p.m.  
 Denning 11:30 a.m. – 3:00 p.m.  
 Fee \$32

# Special Events for Teens & Adults (16+)



## OKLAHOMA

Set in the turn of the century Oklahoma Territory, tensions mount between the local farmers and cowboys over the use of land. In the midst of it all is the rugged cowboy, Curly, who's fallen for the strong-headed farm girl, Laurey. Despite their fiery spirits and at times tumultuous relationship, the two are destined to start a life together in the soon-to-be state called Oklahoma! This performance is filled with some of the most recognized songs in theater including "Beautiful Morning," "Surrey with the Fringe," "People Will Say We're in Love," and of course, the resounding "Ok-la-hom-a." Please have lunch before the event.

Code	5-201-01-1
Place	Paramount Theatre
Date	Saturday, September 19
Show Time	3:00 p.m.
Lemont	12:15 – 7:30 p.m.
Denning	12:45 – 7:00 p.m.
SEASPAR	1:15 – 6:30 p.m.
Limit	11
Fee	\$60

### Accessible Seat

Code	5-201-01-2
Limit	1

## LADIES DAY OUT

Hey ladies, enjoy an afternoon of shopping and brunch at the Little Traveler in Geneva. True to their name, the stores' little travelers scout throughout Europe and the Far East to bring back the most wonderful treasures. Look for incredible one-of-a-kind pieces for yourself as well as unique gifts for friends and family. Participants may make purchases or just browse through collections. Brunch is included.

Code	5-202-01-1
Place	The Little Traveler
Date	Sunday, September 20
Lemont	11:30 a.m. – 5:30 p.m.
Denning	12:00 – 5:00 p.m.
SEASPAR	12:30 – 4:30 p.m.
Limit	12
Fee	\$56

## NORTHWESTERN FOOTBALL

Get ready to cheer on the Wildcats as they take on the Ball State Cardinals at Ryan Field. Bring \$20 for concessions and souvenirs.

**Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Code	5-204-01-1
Place	Ryan Field
Date	Saturday, September 26
Game Time	7:00 p.m.
Lemont	4:30 p.m. – 12:00 a.m.
SEASPAR	5:00 – 11:30 p.m.
Denning	5:30 – 11:00 p.m.
Limit	13
Fee	\$40

### Accessible Seat

Code	5-204-01-2
Limit	1

## LONG GROVE APPLE FESTIVAL

An apple a day is said to keep the doctor away. At Long Grove Apple Festival, you will have enough apples to keep the doctor away for a long time. Any way you slice it, you can expect bushels of fun! From brown bag apple pies and apple cider donuts to hot apple cider and caramel lattes, we've got your apple cravings covered. Lunch is included.

Code	5-205-01-1
Place	Long Grove
Date	Sunday, September 27
Lemont	9:00 a.m. – 5:00 p.m.
Denning	9:30 a.m. – 4:30 p.m.
SEASPAR	10:00 a.m. – 4:00 p.m.
Limit	18
Fee	\$55

## SRA HOMECOMING DANCE

This is a chance to meet friends from other SRAs and enjoy an evening of dancing, food, and fun! A DJ plays all of your favorite tunes. Snacks and refreshments are included. Since this is a formal affair, the gentlemen should wear dress slacks and collared shirts, and the ladies wear skirts or party dresses. The highlight of the evening is the crowning of the King and Queen, and recognizing the Court. **Note:** This is not a Social Club event.

Code 5-206-01-1  
Place York Township Center  
Date Friday, October 2  
Lemont 5:30 – 11:00 p.m.  
SEASPAR 6:00 – 10:30 p.m.  
Denning 6:30 – 10:00 p.m.  
Limit 12  
Fee \$42

## FALL ESCAPE

Join SEASPAR as we travel to Green Bay, Wisconsin. We enjoy shopping, a tour of Lambeau Field, as well as the Green Bay Packer Hall of Fame. The group stays at the Best Western Green Bay Inn Conference Center near Lambeau Field. Participants share rooms and possibly beds. Contact Kim Huggins before Monday, August 17, if you want your own room or bed. An additional fee will apply for these arrangements. Staff may not be present in all rooms. Rooms are assigned according to age and gender. **Note:** This trip involves moderate walking. Participants are encouraged to contribute to group dynamics by cooperating with staff and fellow travelers, and by adapting their schedules and routines to accommodate the logistics of the trip. Bring \$50 for souvenirs and snacks. A packing list is sent one week prior to the trip.

Code 5-207-01-1  
Place Green Bay, Wisconsin  
Dates Friday - Sunday, October 2 - 4  
SEASPAR Departure 9:00 a.m.  
SEASPAR Return 6:00 p.m.  
Limit 12  
Fee \$395

## BENGTSON'S PUMPKIN FARM

Experience an afternoon of fun at the pumpkin farm. Enjoy a tractor-pulled hayride, the haunted barn, if you dare, and giggle in the animated Fun Barn. For the adventurous, try making it to the end of the Crazy Corn Maizey. Snacks are provided. Bring \$10 for additional snacks and souvenirs.

Code 5-210-01-1  
Place Bengtson's Pumpkin Farm  
Date Saturday, October 10  
SEASPAR 12:15 – 7:30 p.m.  
Denning 12:45 – 7:00 p.m.  
Lemont 1:15 – 6:30 p.m.  
Limit 12  
Fee \$50

## WHITE PINES RANCH

Don't miss it when SEASPAR saddles up for a day of riding and exploring life the way it used to be. Activities include horseback riding and viewing wildlife. Participants must be ambulatory and able to sit on a horse without a riding partner. Lunch is included.

**Note:** A waiver is sent with the program confirmation and must be returned by Friday, September 11.

Code 5-211-01-1  
Place White Pines Ranch  
Date Sunday, October 11  
Lemont 9:00 a.m. – 6:00 p.m.  
Denning 9:30 a.m. – 5:30 p.m.  
SEASPAR 10:00 a.m. – 5:00 p.m.  
Limit 12  
Fee \$90



**CONNECT WITH US!**



# Special Events for Teens & Adults (16+)



## STARVED ROCK

Voted the # 1 attraction in Illinois, Starved Rock State Park is a world apart from anything else in our state. You know it the minute you enter the park, as the van travels through the winding roads while taking in the beauty of the fall colors. We enjoy lunch at the Lodge, and then we'll burn off those extra calories with a hike through the trails. After hiking, we enjoy fishing and perhaps wrap up the day with a little shopping. Lunch is included. Bring \$20 for concessions and souvenirs.

Code	5-214-01-1
Place	Starved Rock State Park
Date	Monday, October 12
SEASPAR	8:30 a.m. – 4:30 p.m.
Denning	9:00 a.m. – 4:00 p.m.
Lemont	9:30 a.m. – 3:30 p.m.
Limit	12
Fee	\$60

## FRIGHT FEST GREAT AMERICA

Six Flags Great America transforms itself into a Halloween extravaganza and SEASPAR joins right in. There are rides and roller coasters for the daring, the reserved, and anyone in between, along with carnival games and live shows, too! Bring \$40 for lunch and dinner and extra money for games, snacks, and souvenirs. Participants are grouped according to interests. **Note:** Due to the nature of this event, participants must be able to stay with the group, wait in lines, and tolerate a lot of walking.

Code	5-216-01-1
Place	Six Flags Great America
Date	Saturday, October 17
Lemont	8:30 a.m. – 10:00 p.m.
SEASPAR	9:00 a.m. – 9:30 p.m.
Denning	9:30 a.m. – 9:00 p.m.
Limit	12
Fee	\$100

## GOEBBERT'S PUMPKIN PATCH

Join your friends at Goebbert's Fall Festival. Come enjoy the animals, watch the pig races, see the famous pumpkin eating dinosaur, and take a wagon ride to the pumpkin patch. We stop by the Farmer's Wife Café for some tasty treats, including their famous apple cider donuts and pumpkin cookies. Snacks are provided. Bring \$20 for lunch and souvenirs.

Code	5-217-01-1
Place	Goebbert's Pumpkin Patch
Date	Sunday, October 18
Lemont	12:00 – 8:00 p.m.
Denning	12:30 – 7:30 p.m.
SEASPAR	1:00 – 7:00 p.m.
Limit	22
Fee	\$65

## POOL PARTY

Come take a plunge with SEASPAR at the Core Pool at Lemont Park District. It might be getting cold outside, but we stay warm in this indoor pool. Pizza and munchies are provided. Wear your swimsuit under your clothes and bring a change of clothes and a towel.

Code	5-219-01-1
Place	CORE Pool
Date	Saturday, October 24
SEASPAR	5:00 – 9:00 p.m.
Denning	5:30 – 8:30 p.m.
Lemont	6:00 – 8:00 p.m.
Limit	12
Fee	\$25

## SCHNITZEL PLATZ

Come join us at Schnitzel Platz for an evening of live entertainment and fine German cuisine. This famous restaurant offers diners a variety of delectable entrees including Schnitzels and roast pork, dumplings with sauerkraut, braised pork shank, bratwurst, and smoked Thuringer sausage. A unique selection of German gifts are available for purchase. Celebrate Oktoberfest the old fashioned way.

Code	5-220-01-1
Place	Schnitzel Platz
Date	Sunday, October 25
Lemont	3:30 – 8:30 p.m.
Denning	4:00 – 8:00 p.m.
SEASPAR	4:30 – 7:30 p.m.
Limit	12
Fee	\$50

## BOO BASH

Halloween is celebrated with costumes, trick-or-treating, ghost stories, and jack-o-lanterns. Why not add dancing and fun to the list? Celebrate with friends and show off your costume and dance moves. Refreshments are included. **Note:** This event is included in all Social Club schedules.

Code 5-221-01-1  
Place Benet Academy  
Date Friday, October 30  
Time 6:30 – 8:30 p.m.  
Fee \$15

## GUYS DAY OUT

Hey fellas, join us for an afternoon of video games and food at Main Event, all while enjoying the latest and greatest interactive game technology to the tried and true classics. Test your skill and luck in the vast gaming area. Compete against others at Giant Connect Four, Dark Escape, Dead Heat, Sno Cross or Doodle Jump. Top your own personal best at Temple Run or Dizzy Chicken. Whatever your game, there's one for you. Pizza and soda is provided.

Code 5-222-01-1  
Place Main Event  
Date Sunday, November 1  
Lemont 1:30 – 7:30 p.m.  
Denning 2:00 – 7:00 p.m.  
SEASPAR 2:30 – 6:30 p.m.  
Limit 12  
Fee \$40

## RINGLING BROTHERS & BARNUM BAILEY PRESENTS: CIRCUS XTREME

Be astonished by UN-XPECTED circus spectacles you've never seen before and that can't be seen anywhere else but at The Greatest Show on Earth. Get ready for an X-HILARATING adventure with X-TRAORDINARY circus artists and magnificent X-OTIC animals! It's time to have XTREME fun with your friends! Bring \$20 for concessions and additional money for souvenirs.

Code 5-224-01-1  
Place Allstate Arena  
Date Saturday, November 7  
Show Time 3:30 p.m.  
Lemont 1:30 – 8:00 p.m.  
SEASPAR 2:00 – 7:30 p.m.  
Denning 2:30 – 7:00 p.m.  
Limit 20  
Fee \$65

### Accessible Seats

Code 5-224-01-2  
Limit 2

## HARVEST DANCE

There is no better way to celebrate fall than with a dance, fun, and snacks. Wear your dancing shoes and show off those moves as we have a rocking good time, celebrating with your friends at this annual autumn event.

Code 5-225-01-1  
Place Clarendon Hills Community Center  
Date Sunday, November 8  
Time 6:30 – 8:30 p.m.  
Lemont 6:00-9:00 p.m.  
Fee \$15

## MUSEUM OF SCIENCE AND INDUSTRY

Tour the largest science museum in the western hemisphere. Experience live science experiments, explore a World War II submarine, catch a big-screen film, and more. There is always something new to do at the Museum of Science and Industry. Bring \$20 for lunch.

Code 5-227-01-1  
Place Museum of Science and Industry  
Date Wednesday, November 11  
Lemont 8:30 a.m. – 4:00 p.m.  
SEASPAR 9:00 a.m. – 3:30 p.m.  
Denning 9:30 a.m. – 3:00 p.m.  
Limit 12  
Fee \$68



# Special Events for Teens & Adults (16+)



## MAGGIANO'S LITTLE ITALY

Maggiano's is the perfect place to enjoy Italian Cuisine. A salad, two choices of pasta, and dessert is included. This mouth watering family-style dinner is guaranteed to satisfy your appetite.

Code	5-228-01-1
Place	Maggiano's Little Italy
Date	Saturday, November 14
Lemont	3:30 – 8:30 p.m.
SEASPAR	4:00 – 8:00 p.m.
Denning	4:30 – 7:30 p.m.
Limit	12
Fee	\$60

## LEVEL 257

Level 257, located in the Woodfield Mall, is a unique dining and entertainment experience. This massive 42,000 square foot playground was inspired by Pac-Man, and is designed to encourage social interaction. We'll enjoy pizza, bowling, and play arcade games such as Pac-Man, Space Invaders, and Asteroids.

Code	5-229-01-1
Place	Level 257
Date	Sunday, November 15
Lemont	1:00 – 7:00 p.m.
Denning	1:30 – 6:30 p.m.
SEASPAR	2:00 – 6:00 p.m.
Limit	12
Fee	\$70

## TURKEY SHOOT

The Turkey Shoot is an annual basketball shooting contest in which participants compete to win a turkey for Thanksgiving dinner. A variety of competitions are provided for all ability levels. Everyone gets to take home a memento, and winners take home a turkey.

Code	5-230-01-1
Place	Lincoln Center
Date	Saturday, November 21
Time	10:00 a.m. – 12:00 p.m.
Lemont	9:00 a.m. – 12:30 p.m.
Denning	9:30 a.m. – 1:00 p.m.
Fee	\$20

## AROUND THE WORLD IN 80 DAYS

This annual Actors with Special Needs production is one you won't want to miss. Come join our own Christine Grohne and her actors on a madcap journey visiting different countries around the globe. You'll delight at the fantastic costumes and ethnic dancing performed by one or two of your friends. An assortment of world-wide refreshments are served following the performance. Please have lunch before the event.

Code	5-231-01-1
Place	Lyons Township High School Performing Arts Center
Date	Sunday, November 22
Show Time	2:00 p.m.
Lemont	12:00 – 7:00 p.m.
SEASPAR	12:30 – 6:30 p.m.
Denning	1:00 – 6:00 p.m.
Limit	20
Fee	\$35

### Accessible Seats

Code	5-231-01-2
Limit	2

## ST. FRANCIS BOWLING

Let's see those strikes and spares! Enjoy a leisurely game or two of bowling with your friends and students from St. Francis Xavier School. This non-competitive program focuses on socialization and fun. Participants are grouped with the sixth graders as the students work to give back to the community. Shoes, ramps, and balls are available at the bowling alley, or you are welcome to bring your own. Don't miss out on the chance to get some extra practice, or just enjoy a game at your own pace.

Code	5-234-01-1
Place	Suburbanite Bowl
Date	Friday, December 4
Time	10:00 – 11:30 a.m.
Fee	\$15

## BUCA DI BEPPO

Dine with friends while enjoying the traditions of food, friendship, and hospitality. In the spirit of Italian culture, Buca's dishes are served family style and are meant to be shared. Food enjoyed for generations in villages throughout Italy inspire the menu, giving Buca its authentic fare.

Code	5-236-01-1
Place	Buca di Beppo
Date	Saturday, December 5
Lemont	10:30 a.m. – 3:30 p.m.
Denning	11:00 a.m. – 3:00 p.m.
SEASPAR	11:30 a.m. – 2:30 p.m.
Limit	12
Fee	\$50

## ELF

Come join your SRA friends at a unique theatre in the round, and see this hilarious tale unfold on stage. Join Buddy the Elf on a larger than life quest from the North Pole to New York City to find his true identity. Enjoy some catchy one-of-a kind new tunes including, "Christmastown," "Sparklejollytwinklejingley and I'll Believe in You." Please have lunch before the event.

Code 5-237-01-1  
Place Marriott Theatre  
Date Sunday, December 6  
Show Time 1:00 p.m.  
Lemont 11:00 a.m. – 5:30 p.m.  
SEASPAR 11:30 a.m. – 5:00 p.m.  
Denning 12:00 – 4:30 p.m.  
Limit 11  
Fee \$65

### Accessible Seat

Code 5-237-01-2  
Limit 1

## HOLIDAY DINNER DANCE

Celebrate the season with a delicious dinner and dancing at this annual event. Don't forget to dress up – no jeans or tennis shoes. We'll see you there in your formal wear! Participants must be able to remain seated during dinner. **Note:** This event is included in all Social Club schedules.

Code 5-239-01-1  
Place Alpine Banquets  
Date Friday, December 11  
Time 6:00 – 9:30 p.m.  
Fee \$45



## ADLER PLANETARIUM

Explore outer space at American's first Planetarium. We watch the sky show, experience interactive exhibits, and observe Adler's Galaxy Wall, which gives us the largest view of our galaxy. Don't miss this afternoon exploring science and embarking on an awe-inspiring journey. Bring \$20 for lunch.

Code 5-240-01-1  
Place Adler Planetarium  
Date Saturday, December 12  
Lemont 8:30 a.m. – 4:00 p.m.  
SEASPAR 9:00 a.m. – 3:30 p.m.  
Denning 9:30 a.m. – 3:00 p.m.  
Limit 12  
Fee \$68

## WHITE CHRISTMAS

Veterans Bob Wallace and Phil Davis have a successful song and dance act after World War II. With romance in mind, the two follow a duo of beautiful singing sisters en route to their Christmas show at a Vermont lodge, which happens to be owned by Bob and Phil's former Army commander. The dazzling score features well know standards including "Blue Skies," "How Deep is the Ocean," and the perennial favorite, "White Christmas." Please have lunch before the event.

Code 5-241-01-1  
Place Drury Lane Theatre  
Date Sunday, December 13  
Show Time 2:00 p.m.  
Lemont 12:00 – 6:00 p.m.  
SEASPAR 12:30 – 5:30 p.m.  
Denning 1:00 – 5:00 p.m.  
Limit 15  
Fee \$85

### Accessible Seat

Code 5-241-01-2  
Limit 1

**PARENTS OF SPECIAL OLYMPICS ATHLETES . . .  
PLEASE CHECK THE EVENTS ON PAGES 19 – 22 FOR  
POTENTIAL DATE CONFLICTS.**



# Special Events for Teens & Adults (16+)



## HOLIDAY SHOPPING

Selecting the perfect gift for that special someone can be a tricky task, but SEASPAR is here to help. Staff assist with money transactions, asking for assistance, and finding the perfect gift. Bring a shopping list and money for dinner. Participants may make purchases or just window shop.

Code	5-242-01-1
Place	Woodfield Mall
Date	Monday, December 14
Lemont	4:00 – 9:45 p.m.
Denning	4:30 – 10:15 p.m.
SEASPAR	5:00 – 10:45 p.m.
Limit	12
Fee	\$25

## HOLIDAY MAGIC AT THE ZOO

Join SEASPAR as we watch the light festival featuring more than one million twinkling lights, animated light displays, and a laser show. Many indoor exhibits are open. Music in the pavilion and ice carvings are available for us to enjoy. Please have dinner before the event. Dress appropriately for the weather and bring \$20 for concessions and souvenirs.

Code	5-244-01-1
Place	Brookfield Zoo
Date	Saturday, December 19
Lemont	4:30 – 10:30 p.m.
SEASPAR	5:00 – 10:00 p.m.
Denning	5:30 – 9:30 p.m.
Limit	22
Fee	\$25



## CONTACT

For information about Special Events for Teens & Adults 16 +.

**Kim Huggins**

630-960-7600

khuggins@seaspar.org

## ANNUAL INFORMATION FORMS (AIFS) - SEASPAR

requires that all participants complete an Annual Information Form. Individuals without a current AIF on file will not be permitted to participate.

## A CHRISTMAS STORY

It's the story of nine-year-old Ralphie Parker growing up in middle-America in the 1940s. With Christmas right around the corner, Ralphie has his bespectacled sights set on one thing, a Red Ryder BB Gun. But at every turn, the young daydreamer hears those five words that are the bane of his existence: "you'll shoot your eye out." It's a story filled with laughs, dreams, warmth, and family complete with a department store Santa, a Leg Lamp, a Snow Suit, and friends that will never leave your side – even if your tongue is stuck to a Flag Pole. The music is energetic, unforgettable and ranges from gentle ballads to full-on show-stopping numbers. Please have dinner before the event.

Code	5-245-01-1
Place	Paramount Theatre
Date	Sunday, December 20
Show Time	5:30 p.m.
Lemont	3:00 – 10:00 p.m.
Denning	3:30 – 9:30 p.m.
SEASPAR	4:00 – 9:00 p.m.
Limit	15
Fee	\$50

## Accessible Seat

Code	5-245-01-2
Limit	1

## NEW YEAR'S BASH

It seems like just yesterday that we rang in 2015. How time flies when you're having fun! Let's send another great year on its way with a grand celebration. Party favors and pizza are provided while you ring in the New Year. Don't miss the last dance of the year!

Code	5-248-01-1
Place	Clarendon Hills Community Center
Date	Tuesday, December 29
Time	7:00 – 10:00 p.m.
Lemont	6:30-10:30 p.m.
Fee	\$25

## PICKUP/DROP-OFF

SEASPAR asks that parents promptly drop off and pick up participants at the designated program times. Before programs, staff are busy preparing for the program and are unavailable to supervise participants. After programs, staff members may be scheduled at another facility and, therefore, need to depart soon after the program. By allowing them to complete their work promptly, SEASPAR can operate more cost efficiently. Be sure to check in with the staff when dropping off and picking up your child.

Families of participants who are not picked up promptly are sent a letter that serves to remind them of the concern. If the situation continues, a charge is imposed for subsequent late pickups. If a participant is picked up late (more than 10 minutes) three times in three months or less, a warning is sent stating that the next late pickup(s) results in a payment due to SEASPAR for the overtime. A rate of \$18 per hour is used. Payment is due to SEASPAR within one week of notification. If not paid promptly, the amount is due prior to the next registration. The staff makes every effort to return on time from all outings; we ask your cooperation in making pickups promptly.

If a participant is traveling home unsupervised, parents or case managers must submit written notice to the SEASPAR office. Please submit this notice with the registration form. We ask that you notify SEASPAR if someone other than a familiar family member is picking up your child.

## ABSENCES

Call SEASPAR when a participant cannot attend an activity. The number of staff hired is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. On special events, this allows those on the waiting list to attend and means that no tickets are wasted. Messages may be left on the after-hours absence line. We realize that last minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

## FAMILY PLAYGROUP

Child and Family Connections and SEASPAR have joined together to offer playgroups to families of children with a disability, ages birth to three. The goal of the playgroup is to bring families together in an open format, to play with other children and to meet other parents with similar experiences. Toys, balls, books, the multi-sensory room, and more are available. Siblings are encouraged to attend. **The group meets the second Tuesday of the month from 9:00 a.m. – 12:00 p.m. at the SEASPAR program room at the Lisle Recreation Center. For additional information contact Jenny Somone at Child and Family Connections at 630-493-0400.**

## INCLUSIVE PROGRAMS

As part of SEASPAR's continuum of recreation programs, inclusive services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. SEASPAR and its member entity staff encourage and aid, but do not force participation. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations. If you have any questions, please contact Dana Herrera. We are happy to discuss options for making this season a great one.

## STROKE SUPPORT GROUP

SEASPAR, in cooperation with Hinsdale Hospital and LaGrange Memorial Hospital, sponsors the Stroke Support Group for those who have had a stroke and their family and friends. It provides educational sessions about strokes and how to rebound following a stroke. Members encourage one another to face and overcome common problems by sharing their own experiences. The group provides a welcoming atmosphere and a sense of understanding, especially for those with communication and physical limitations. Strength can be drawn from one another in this type of environment. A schedule of activities and trips is available on our website.

## ATLANTO AXIAL SUBLUXATION

Individuals with Down Syndrome are at risk of having Atlanto Axial Subluxation Condition (ASC) that causes increased mobility in the cervical spine. For the safety of our participants, individuals with Down Syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for ASC. An x-ray determines if the condition is present. Contact SEASPAR for further details.

## EAGLES

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities Enhance Adult Growth through Lifestyle Education and Service. This weekly program for adults 18 – 50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at three different sites throughout SEASPAR's communities: the Darien Sportsplex, the Lisle Park District, and the Brookfield Municipal Building. For information about the EAGLES program, please contact Dawn Krawiec, dkrawiec@seaspar.org or 630-960-7600.

## DROP IN CENTER

The Drop In Center provides individuals who have mental health needs an opportunity to spend leisure time in a friendly, relaxed atmosphere. Activities are designed to enhance relationships between friends, peers, and family members. The program is free for everyone who attends. Donations are accepted. A schedule of activities and trips is available on our website. The program starts with lunch, followed by the planned activity. Individuals may choose to stop by for a few minutes or stay the entire time.

The Drop In Center is co-sponsored by SEASPAR, the DuPage County Health Department, and NAMI DuPage (National Alliance on Mental Illness). Contact Greg Pavesich for information.

Days	1st and 3rd Sunday of each month (except holidays)
Time	1:00 – 4:00 p.m.
Place	Westmont Community Center, 75 East Richmond Street



## AKTION CLUB

Through the joint sponsorship of the Downers Grove and Lombard Kiwanis Clubs and SEASPAR, the SEASPAR Aktion Club is a unique community service organization. Aktion Club is designed for adults who wish to help others. Due to the nature of this Club, members must be able to independently perform service activities or perform them with minimal supervision or support. Each year the group conducts fundraisers to support local, state, national, and international projects. They also perform several service projects annually and compete in state and international Aktion Club contests. Those interested in learning more about club, should contact Susan Friend.

## SEASPAR/WDSRA AGREEMENT

The SEASPAR/WDSRA Agreement allows residents of each SRA to register in weekly programs and special events of the other at the in-district rate. Overnight trips are not included. Registrations must be submitted by the agency's deadline, and are processed after the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For information, call SEASPAR at 630-960-7600. For a copy of the WDSRA brochure, call WDSRA at 630-681-0962.

## TRANSPORTATION SAFETY PROCEDURES

The following procedures are required to ensure the safety of our participants while riding in our vehicles. SEASPAR reserves the right to refuse to transport individuals. All passengers must be sitting in seats or wheelchairs with seat belts securely fastened or the driver will not move the vehicle. All wheelchairs must have brakes that are in good working condition and can stop the chair from moving. SEASPAR staff are responsible for determining whether a participant can be transported safely. Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.



## SCHOLARSHIPS AVAILABLE

The SEASPAR Board and staff are committed to offering programs at the lowest possible cost. However, due to financial restrictions, some individuals may find it difficult to pay the entire fee. To help those in need, a significant amount of scholarship funds are made available through the generosity of donors. Each year community organizations and individuals contribute funds that are earmarked for scholarships. We appreciate this support which allows participants to benefit from activities.

Generally, scholarships are available for up to 50% of the program fee. Any balance due from a previous season must be paid prior to receiving additional scholarship funds. Scholarships are not available for overnight trips, and are only available to SEASPAR residents. Arrangements for a payment schedule are also possible to make the payment of fees more feasible. To apply for a scholarship, contact Matt Corso at least one week prior to the registration deadline.



## WEATHER CANCELLATIONS

Weekly programs and special events may be cancelled due to inclement weather. Call SEASPAR one to two hours before the program begins, or between 4:00 and 4:30 p.m. for evening programs. If a program is cancelled, staff attempt to reach all participants by phone to inform them of the cancellation. After hours, program changes are available on the program update selection of the phone system. If indoor facilities are available for weekly programs, the program is held as usual. Programs cancelled due to inclement weather are not rescheduled.

### Severe winter weather guidelines for cancelling programs outdoor programs or programs with transportation for participants with physical disabilities:

- Temperature of zero or wind chill of -10° or less

### All other programs with transportation:

- Temperature of -10° or wind chill of -20° or less

All programs (including indoor): snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

## PARTICIPANT EXPECTATIONS

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and normalization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call SEASPAR.

Staff will be consistent in stressing personal hygiene while participants are at programs.

**Note:** Program confirmations are mailed two weeks prior to the start of programs.

# WWW.SEASPAR.ORG

## DISCIPLINE

SEASPAR applies a caring, positive approach to discipline. Staff review rules with participants and are willing to work with parents to develop behavior modification programs as necessary. When conduct expectations are not met, staff will take reasonable steps to accommodate the behavior and minimize future risks. However, when accommodations are attempted and are unsuccessful, or when no reasonable accommodation exists to avoid future risks, SEASPAR may take actions such as removing a participant from an activity for a short period of time, removing a participant from an activity for the remainder of the day, suspending participation for the next program meeting, or suspending participation in that program for the remainder of the season. Notwithstanding SEASPAR's option to use progressive discipline, SEASPAR is not required to do so and may, at its sole discretion, forego lesser forms of discipline at any time, and proceed immediately with suspending participation for the remainder of the season.

Listed below are examples of reasons for disciplinary action. This list, however, does not constitute a comprehensive list of all acts which may subject the participant to disciplinary action, including suspension from any program or activity. Instead, the following list sets forth some of the more typical circumstances that arise. They include, but are not limited to:

- Making loud noises in particular settings where quietness is expected.
- Inability to sit quietly in theaters, concerts, etc.
- Showing lack of respect for other participants/patrons at activities.
- Running in crowded areas or bolting from the group – this can cause disruption or be a significant safety problem.

## WELLNESS GUIDELINES

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackie's virus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

## MEDICATION DISPENSATION

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in specially-marked envelopes, complete the label, and give it to the program supervisor before the group leaves. To make the process work more efficiently for overnight trips, envelopes are sent to you along with the packing list. For day trips, staff provides envelopes at the drop-off point. For the convenience of those who are involved in many outings, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

## CODE OF CONDUCT

SEASPAR asks all participants and family members to observe the behavior code below, which was developed to ensure enjoyable and safe program experiences. SEASPAR will attempt reasonable accommodations to enable participants to meet behavior expectations.

- Show respect to all participants, staff, and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and others at public facilities to enjoy the activity without disruption (within reason).
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

Additional rules are developed for specific programs as deemed necessary by the staff.



**REGISTRATION DEADLINE: MONDAY, AUGUST 17 – 4:30 P.M.**

## REGISTRATION PROCEDURES

### ONLINE REGISTRATION

Online registration begins on Monday, July 27, and must be submitted by Monday, August 17 at 4:30 p.m.

To register online, go to [www.seaspar.org](http://www.seaspar.org). To register online, you must meet the following criteria:

- SEASPAR resident
- No outstanding balance
- 2015 Annual Information Form on file
- Full credit card payment is required at the time of registration

If you would like to register online, please call the SEASPAR office for a user name, password, and instructions. All online registration ends on Monday, August 17.

- Complete both sides of the registration form and sign it.
- All new participants must complete an Annual Information Form and submit it with their registration form. Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information. Annual Information Forms are available at SEASPAR and on the website.
- Full payment must be received with the registration unless other arrangements have been made. Payment may be made by check, money order, cash, or credit card.
- Mail or drop off your registration, Annual Information Form, and payment as soon as possible, but no later than Monday, August 17 by 4:30 p.m. For after-hours convenience, there is a mail slot at the SEASPAR office entrance.
- SEASPAR resident registrations received by Monday, August 17, will be processed randomly beginning Tuesday, August 18.
- Registrations will not be processed if a balance remains from a previous season. Please contact the office with questions about any outstanding balances.
- Registrations received after the registration deadline are accepted if space is available.
- Non-resident registration begins Thursday, August 20, and is processed randomly.
- Registrations must be received in the office five business days before an activity.
- SEASPAR encourages registration at the times and dates listed. This enables the staff to answer questions and provide additional information.
- Instructors may not receive payment or register participants at programs.
- SEASPAR sends registration confirmations before programs begin. Please review the confirmation to verify programs for which you are registered or on the waiting list.

## PROGRAM CANCELLATIONS

- A program may be cancelled if the program minimum is not met.
- Programs may be cancelled due to inclement weather. Make-up dates are generally not possible.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

## REFUND/CREDIT PROCEDURES

- A full refund is issued if a program or special event is cancelled by SEASPAR.
- In order for a participant to drop from a program or special event, SEASPAR must be notified five business days prior to the start of the program or special event to qualify for a refund. At this time, the participant will be refunded the cost of the program less a \$5 processing fee, the cost of a ticket (unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated refund is issued if a written medical excuse accompanies the refund request.
- No refund is given if a class is postponed due to low enrollment. If the program is subsequently cancelled, a full refund is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated refund is issued, less a \$5 processing fee and ticket price, if applicable.
- All refunds are issued monthly.

Registrations will not be processed without payment.

## NON-RESIDENT FEE POLICY

SEASPAR does not accept out-of-district participants unless they reside in an unincorporated area. (See page 35 for information on the SEASPAR/WDSRA agreement.) An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 in-district fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.



**CONNECT WITH US!**

# Registration Form Children & Young Teens (Ages 3-15)

REGISTRATION DEADLINE: MONDAY, AUGUST 17 – 4:30 P.M.



Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Gender \_\_\_\_\_

Listed are all programs in order as they appear in the brochure. Please check only those programs for which you are registering.

Please Circle Pickup Location: D = Denning L = Lemont S = SEASPAR

Code	Program	✓	Fee
<b>Programs for Everyone</b>			
5-001-01-1	Swim Hilton Mon 4:30		170
5-001-01-2	Swim Hilton Mon 5:00		170
5-001-01-3	Swim Core Mon 5:00		170
5-001-01-4	Swim Core Mon 5:30		170
5-001-01-5	Swim Lodge Tues 4:30		170
5-001-01-6	Swim Lodge Tues 5:00		170
5-001-01-7	Swim Lodge Tues 5:30		170
5-001-01-8	Swim Lodge Tues 6:00		170
5-001-01-9	Swim Doubletree Wed 5:30		170
5-001-01-10	Swim Doubletree Wed 6:00		170
5-001-01-11	Swim Doubletree Wed 6:30		170
5-001-01-12	Swim Lodge Thurs 4:30		155
5-001-01-13	Swim Lodge Thurs 5:00		155
5-001-01-14	Swim Lodge Thurs 5:30		155
5-001-01-15	Swim Lodge Thurs 6:00		155
5-074-01-1	Karate (Fall)		90
5-074-01-1	Karate (Winter)		90
5-070-01-1	Horseback Riding 5:00		150
5-070-01-2	Horseback Riding 5:30		150
5-070-01-3	Horseback Riding 6:00		150
5-008-01-2	Ice Skating		100
5-006-01-1	Music: Tues Piano Drums Guitar Time:		220
5-006-01-3	Music: Wed Piano Time:		220
5-006-01-2	Music: Thurs Piano Voice Time:		175
<b>Wonders Programs</b>			
5-099-01-1	Explorers (3-7) Time:		77
5-099-02-1	Explorers (8-15) Time:		77
5-099-01-8	Sensory Sunday (5 Visits) 1:00-1:30pm (3-7) 1:30-2:00pm (3-7) 2:00-2:30pm (8-12) 2:30-3:00pm (8-12) 3:00-3:30pm (13-15) 3:30-4:00pm (13-15)		25
5-099-01-9	Sensory Sunday (10 Visits) 1:00-1:30pm (3-7) 1:30-2:00pm (3-7) 2:00-2:30pm (8-12) 2:30-3:00pm (8-12) 3:00-3:30pm (13-15) 3:30-4:00pm (13-15)		50
<b>Programs for Children &amp; Young Teens</b>			
5-077-01-1	Teen Glee (11-15)		60
5-075-01-1	Zen Yoga-Lisle (9-15)		170
5-075-01-2	Zen Yoga-Lemont (9-15)		155
5-058-01-1	Right Fit 4:00 (7-15)		192
5-058-01-2	Right Fit 5:00 (7-15)		192

Code	Program	✓	Fee
<b>Programs for Children &amp; Young Teens (cont.)</b>			
5-057-01-1	E.C. Playgroup (2-5)		5
5-080-01-1	Kid's Café (9-15)		85
5-053-01-2	Tumble Time (3-6)		150
5-053-01-1	Beginner Gymnastics (7-11)		150
5-092-01-1	Gymnastics 101 (12-15)		150
5-065-01-4	Basketball Skills (8-15)		50
5-084-01-1	Sports Mania-LaGrange (8-15)		40
5-084-01-2	Sports Mania-Lemont (8-15)		40
5-067-01-1	Super Saturday 9/26 D L S		30
5-067-01-2	Super Saturday 10/3 D L S		30
5-067-01-3	Super Saturday 10/10 D L S		30
5-067-01-4	Super Saturday 10/17 D L S		30
5-067-01-5	Super Saturday 10/24 D L S		30
5-067-01-6	Super Saturday 10/31 D L S		30
5-067-01-7	Super Saturday 11/7 D L S		30
5-067-01-8	Super Saturday 11/14 D L S		30
5-067-01-9	Super Saturday 11/21 D L S		30
5-067-01-10	Super Saturday 12/5 D L S		30
5-067-01-11	Super Saturday 12/12 D L S		30
5-085-01-1	Teen Excursion 9/26 D L S		30
5-085-01-2	Teen Excursion 10/3 D L S		30
5-085-01-3	Teen Excursion 10/10 D L S		30
5-085-01-4	Teen Excursion 10/17 D L S		30
5-085-01-5	Teen Excursion 10/24 D L S		30
5-085-01-6	Teen Excursion 10/31 D L S		30
5-085-01-7	Teen Excursion 11/7 D L S		30
5-085-01-8	Teen Excursion 11/14 D L S		30
5-085-01-9	Teen Excursion 11/21 D L S		30
5-085-01-10	Teen Excursion 12/5 D L S		30
5-085-01-11	Teen Excursion 12/12 D L S		30
5-068-01-1	Nemo 9/26 (5-10) D L S		40
5-068-01-2	Nemo 10/10 (5-10) D L S		40
5-068-01-3	Nemo 11/7 (5-10) D L S		40
5-086-01-1	Sampler 10/3 (11-15) D L S		40
5-086-01-2	Sampler 10/17 (11-15) D L S		40
5-086-01-3	Sampler 11/14 (11-15) D L S		40
<b>Special Events for Children &amp; Young Teens</b>			
5-203-01-1	Tour A Town (11-15) D L S		30
5-208-01-1	Swim/Sensory (4-10) D L		30
5-208-01-2	Swim/Sensory (11-15) D L		30
5-209-01-1	Prog Dinner (12-15) D L S		35
5-212-01-1	Day Off School (6-15)		60
5-215-01-1	Boo! At the Zoo (5-12) D L S		35
5-218-01-1	Parents Night (5-10)		20
5-218-01-2	Parents Night/Sibling (5-10)		10
5-218-01-3	Parents Night (5-10)		20
5-218-01-4	Parents Night/Sibling (5-10)		10

Code	Program	✓	Fee
<b>Special Events for Children &amp; Young Teens (cont.)</b>			
5-218-01-5	Parents Night (5-10)		20
5-218-01-6	Parents Night/Sibling (5-10)		10
5-221-01-1	Boo Bash (11-15)		15
5-223-01-1	Strikes & Bites (11-15) D L S		40
5-230-01-1	Turkey Shoot (11-15) D L		20
5-232-01-1	Break Camp 11/23 (6-15)		60
5-232-01-2	Break Camp 11/24 (6-15)		60
5-232-01-3	Break Camp 11/25 (6-15)		60
5-233-01-1	Special Kids Day (5-10)D S		30
5-235-01-1	Santa Train (5-12) D L S		50
5-238-01-1	Sensory Play (8-15) S		15
5-243-01-1	Teen Overnight (11-15) D L		60
5-246-01-1	Break/East (6-15) 12/21		60
5-246-01-2	Break/East (6-15) 12/22		60
5-246-01-3	Break/East (6-15) 12/23		60
5-246-01-4	Break/East (6-15) 12/28		60
5-246-01-5	Break/East (6-15) 12/29		60
5-246-01-6	Break/East (6-15) 12/30		60
5-246-01-7	Break/East (6-15) 1/4		60
5-246-01-8	Break/East (6-15) 1/5		60
5-246-01-9	Break/West (6-15) 12/21		60
5-246-01-10	Break/West (6-15) 12/22		60
5-246-01-11	Break/West (6-15) 12/23		60
5-246-01-12	Break/West (6-15) 12/28		60
5-246-01-13	Break/West (6-15) 12/29		60
5-246-01-14	Break/West (6-15) 12/30		60
<b>Programs for Individuals with Physical Disabilities</b>			
5-050-02-1	Youth Goalball (8+)		60
5-050-09-1	Adapted Music Lessons		80
5-050-01-1	Adapted Bocce		35
5-050-06-1	Power Soccer		34
5-050-12-1	Wheelchair Table Tennis (8+)		35
5-050-14-1	Wheelchair Softball		18
5-050-03-1	Sled Hockey (8+)		100
<b>Special Olympics</b>			
5-109-01-1	Snow-Shoeing (8+)		100
5-108-01-1	Cross Country Skiing (8+)		100
5-110-01-1	Alpine Skiing (8+)		265
5-110-01-2	Alpine Skiing Practice (8+)		85
5-110-01-3	Winter Sports Getaway (8+)		275
5-102-01-1	Junior Basketball (8+)		180
5-118-01-1	Aquatics (8+)		140
5-114-01-2	Artistic Gymnastics (8+)		245
5-114-01-1	Rhythmic Gymnastics (8+)		160
<b>Total</b>			
			\$

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Are you a new participant? Yes ☐ No ☐ Is this a new address? Yes ☐ No ☐ Is this a new phone number? Yes ☐ No ☐

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone: Mom (\_\_\_\_) \_\_\_\_\_ Dad (\_\_\_\_) \_\_\_\_\_

Parents' Names \_\_\_\_\_ Cell Phone: Mom (\_\_\_\_) \_\_\_\_\_ Dad (\_\_\_\_) \_\_\_\_\_

E-mail Address \_\_\_\_\_

School \_\_\_\_\_ Teacher \_\_\_\_\_

Disabilities or Diagnosis \_\_\_\_\_

Are there any changes in allergic conditions? Yes ☐ No ☐ Dietary restrictions? Yes ☐ No ☐ Medication? Yes ☐ No ☐ Other health issues?

Yes ☐ No ☐ Please list \_\_\_\_\_

Do you have an updated emergency contact? Yes ☐ No ☐ Name \_\_\_\_\_

Address \_\_\_\_\_ Phone Number \_\_\_\_\_

Indicate friends and/or car pool accommodations \_\_\_\_\_

## WAIVER & RELEASE IMPORTANT INFORMATION

SEASPAR is committed to conducting its recreation activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/ guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

## WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of the participant. Despite careful and proper preparation instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activities, participants must understand that certain risks, dangers, and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction, or officiating, and all other circumstances inherent to indoor and outdoor recreation activities exist. In this regard, it must be recognized that it is impossible for SEASPAR to guarantee absolute safety.

## WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this information carefully and be aware that in signing up and participating in activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these activities (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these activities against SEASPAR, including their officials, agents, volunteers, and employees (hereinafter collectively referred as "SEASPAR").

I do hereby fully release and forever discharge SEASPAR from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these activities.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver, and release of all claims.

In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

**PARTICIPATION WILL BE DENIED if the waiver is not signed or dated by parent/guardian.  
PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.**



# Registration Form Teens & Adults (Ages 16+)



REGISTRATION DEADLINE: MONDAY, AUGUST 17 – 4:30 P.M.

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Gender \_\_\_\_\_

Listed are all programs in order as they appear in the brochure. Please check only those programs for which you are registering.

Please Circle Pickup Location: D = Denning L = Lemont S = SEASPAR

Code	Program	✓	Fee
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5-001-01-4	Swim Core Mon 5:30		170
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5-001-01-6	Swim Lodge Tues 5:00		170
5-001-01-7	Swim Lodge Tues 5:30		170
5-001-01-8	Swim Lodge Tues 6:00		170
5-001-01-9	Swim Doubletree Wed 5:30		170
5-001-01-10	Swim Doubletree Wed 6:00		170
5-001-01-11	Swim Doubletree Wed 6:30		170
5-001-01-12	Swim Lodge Thurs 4:30		155
5-001-01-13	Swim Lodge Thurs 5:00		155
5-001-01-14	Swim Lodge Thurs 5:30		155
5-001-01-15	Swim Lodge Thurs 6:00		155
5-074-01-1	Karate (Fall)		90
5-074-01-2	Karate (Winter)		90
5-070-01-1	Horseback Riding 5:00		150
5-070-01-2	Horseback Riding 5:30		150
5-070-01-3	Horseback Riding 6:00		150
5-008-01-2	Ice Skating		100
5-006-01-1	Music: Tues Piano Drums Guitar Time:		220
5-006-01-3	Music: Wed Piano Time:		220
5-006-01-2	Music: Thurs Piano Voice Time:		175
<b>Wonders Programs</b>			
5-099-01-2	Explorers Time:		77
5-099-01-8	Sensory Sunday (5 Visits) Circle Time 3:00-3:30pm 3:30-4:00pm		25
5-099-01-9	Sensory Sunday (12 Visits) Circle Time 3:00-3:30pm 3:30-4:00pm		50
<b>Programs for Individuals with Physical Disabilities</b>			
5-050-02-1	Youth Goalball (16-18)		60
5-050-09-1	Adapted Music Lessons		80
5-050-01-1	Adapted Boccia		35
5-050-06-1	Power Soccer		34
5-050-12-1	Wheelchair Table Tennis		35
5-050-14-1	Wheelchair Softball		18
5-050-03-1	Sled Hockey		100
<b>Special Olympics</b>			
5-109-01-1	Snow-Shoeing		100
5-108-01-1	Cross Country Skiing		100
5-110-01-1	Alpine Skiing		265
5-110-01-2	Alpine Skiing Practice		85
5-110-01-3	Winter Sports Getaway		275

Code	Program	✓	Fee
<b>Special Olympics (cont.)</b>			
5-114-01-2	Artistic Gymnastics		245
5-114-01-1	Rhythmic Gymnastics		160
5-118-01-1	Aquatics		140
5-122-01-1	Powerlifting		135
5-101-01-5	Pre-Season Basketball S L		30
5-101-01-1	Basketball		200
<b>Programs for Teens &amp; Young Adults (16-22)</b>			
5-012-01-2	Teen Scene East D		312
5-012-01-1	Teen Scene West L S		312
5-095-01-1	Young Adult Club D L S		210
5-213-01-1	Columbus Day D L S		48
5-226-01-1	Veterans Day D L S		48
5-247-01-1	Winter Expo 12/21 D L		50
5-247-01-2	Winter Expo 12/23 D L		50
<b>Programs for Teens &amp; Adults</b>			
5-007-01-3	Afternoon Adventures		270
5-002-01-3	Aqua Exercise		60
5-003-01-4	Fit n' Fuel		60
5-046-01-1	Wrestle Mania		66
5-017-01-1	Casino Night		52
5-007-01-1	Day Away Tour		315
5-039-01-1	Animal Therapy		56
5-034-01-1	BINGO! Lincoln Center		39
5-034-01-2	BINGO! Western Springs		39
5-010-01-2	Role Play		60
5-014-01-1	Music Mania		93
5-011-01-2	Dancin' the Night Away		72
5-019-01-1	At the Movies Quarry		70
5-019-01-2	At the Movies Seven Bridges		70
5-010-01-1	Actors Guild		105
5-032-01-1	Holiday Treats		48
5-002-01-1	Adult Swim		60
5-013-01-1	Weight Training		88
5-023-01-1	Alley Cats Lisle		175
5-022-01-1	Diner's Delight Lisle		180
5-023-01-2	Alley Cats Willowbrook		160
5-022-01-2	Diner's Delight SEASPAR		180
5-022-01-3	Diner's Delight Denning		180
3-023-01-3	Saturday Strikers		160
5-014-01-2	Glee Club		100
5-015-01-1	Woodworking		87
5-033-01-1	Yoga		93
5-025-01-1	Social Club		195
5-026-01-1	Socialites S 737		260
5-005-01-4	Fall Festers		50
5-024-01-1	Sunday Brunch D S		32

Code	Program	✓	Fee
<b>Programs for Teens &amp; Adults (cont.)</b>			
5-027-01-1	Bears Bon. 10/4 D		28
5-027-01-2	Bears Bon. 10/18 D		28
5-027-01-3	Bears Bon. 11/15 D		28
5-027-01-4	Bears Bon. 12/6 D		28
<b>Special Events for Teens &amp; Adults</b>			
5-201-01-1	Oklahoma D L S		60
5-201-01-2	Oklahoma (Access) D L S		60
5-202-01-1	Ladies Day Out D L S		56
5-204-01-1	Northwestern D L S		40
5-204-01-21	Northwestern (Access) D L S		40
5-205-01-1	Long Grove Festival D L S		55
5-206-01-1	SRA Homecoming D L S		42
5-207-01-1	Fall Escape		395
5-210-01-1	Bengtson's Farm D L S		50
5-211-01-1	White Pines Ranch D L S		90
5-214-01-1	Starved Rock D L S		60
5-216-01-1	Fright Fest D L S		100
5-217-01-1	Goebbert's Patch D L S		65
5-219-01-1	Pool Party D S		25
5-220-01-1	Schnitzel Platz D L S		50
5-221-01-1	Boo Bash (incl. in Club)		15
5-222-01-1	Guys Day Out D L S		40
5-224-01-1	Ringling Circus D L S		65
5-224-01-2	Ringling (Access) D L S		65
5-225-01-1	Harvest Dance L		15
5-227-01-1	Science & Industry D L S		68
5-228-01-1	Maggiano's D L S		60
5-229-01-1	Level 257 D L S		70
5-230-01-1	Turkey Shoot D L		20
5-231-01-1	Around the World D L S		35
5-231-01-2	Around (Access) D L S		35
5-234-01-1	St Francis Bowling		15
5-236-01-1	Buca Di Beppo D L S		50
5-237-01-1	Elf D L S		65
5-237-01-2	Elf (Access) D L S		65
5-239-01-1	Dinner Dance (incl. In Club)		45
5-240-01-1	Adler Planetarium D L S		68
5-241-01-1	White Christmas D L S		85
5-241-01-2	Christmas (Access) D L S		85
5-242-01-1	Holiday Shopping D L S		25
5-244-01-1	Holiday Magic D L S		25
5-245-01-1	A Christmas Story D L S		50
5-245-01-2	Christmas (Access) D L S		50
5-248-01-1	New Year's Bash L		25

<b>Total</b>	<b>\$</b>
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Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Are you a new participant? Yes ☐ No ☐ Is this a new address? Yes ☐ No ☐ Is this a new phone number? Yes ☐ No ☐

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone: Mom (\_\_\_\_) \_\_\_\_\_ Dad (\_\_\_\_) \_\_\_\_\_

Parents' Names \_\_\_\_\_ Cell Phone: Mom (\_\_\_\_) \_\_\_\_\_ Dad (\_\_\_\_) \_\_\_\_\_

E-mail Address \_\_\_\_\_

School \_\_\_\_\_ Teacher \_\_\_\_\_

Disabilities or Diagnosis \_\_\_\_\_

Are there any changes in allergic conditions? Yes ☐ No ☐ Dietary restrictions? Yes ☐ No ☐ Medication? Yes ☐ No ☐ Other health issues? Yes ☐ No ☐ Please list \_\_\_\_\_

Do you have an updated emergency contact? Yes ☐ No ☐ Name \_\_\_\_\_

Address \_\_\_\_\_ Phone Number \_\_\_\_\_

Indicate friends and/or car pool accommodations \_\_\_\_\_

## WAIVER & RELEASE IMPORTANT INFORMATION

SEASPAR is committed to conducting its recreation activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/ guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

## WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of the participant. Despite careful and proper preparation instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activities, participants must understand that certain risks, dangers, and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction, or officiating, and all other circumstances inherent to indoor and outdoor recreation activities exist. In this regard, it must be recognized that it is impossible for SEASPAR to guarantee absolute safety.

## WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this information carefully and be aware that in signing up and participating in activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these activities (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these activities against SEASPAR, including their officials, agents, volunteers, and employees (hereinafter collectively referred as "SEASPAR").

I do hereby fully release and forever discharge SEASPAR from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these activities.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver, and release of all claims.

In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant's Signature (18 or older or Parent/Guardian) \_\_\_\_\_ Date \_\_\_\_\_

**PARTICIPATION WILL BE DENIED if the waiver is not signed or dated by parent/guardian.  
PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.**



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## ANNUAL *Holiday Spectacular*

**Monday, December 7 • 7:00 p.m.**  
**Theatre of Western Springs, 4384 Hampton Avenue**

The Holiday Spectacular is a showcase of participant's talents and abilities for all to enjoy. This event offers the opportunity for family and friends to see what participants are learning and accomplishing in cultural arts programs throughout the year. If you are not in one of the programs selected to perform, you can still participate. Contact Kim Huggins for more details.

*As always, SEASPAR welcomes you to watch the performance and support your peers if you do not wish to perform.*



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**Friday, October 16**

Arabian Knights Farms – The Barn  
6526 Clarendon Hills Road, Willowbrook

Doors open at 6:00 p.m.

Games begin at 7:00 p.m.

Food provided – Cash bar

\$25 per person

Table of 10/\$200

Open to the Public

Call 630-960-7600

[www.seaspar.org](http://www.seaspar.org)

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the  
Date!



**Golf With Us!**

**SEASPAR**  
**Golf Classic**

NEW DATE!

**Friday, September 11**

12:30 p.m. shotgun start

Village Greens Golf Course  
Woodridge

