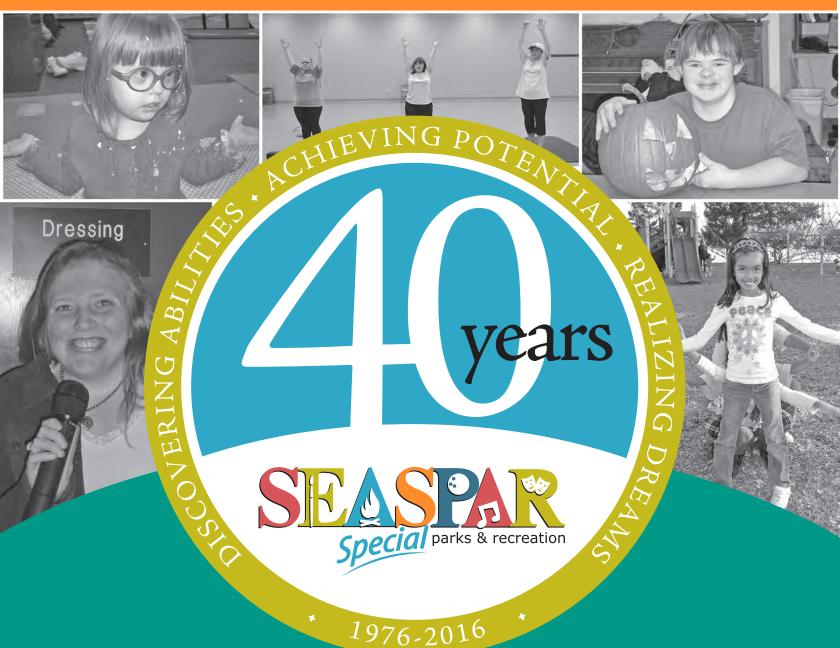
## Providing Year-Round Recreation Services for Individuals with Disabilities

# Fall 2016



### SERVING THE COMMUNITIES OF

Village of Brookfield • Clarendon Hills Park District • Darien Park District • Downers Grove Park District Village of Indian Head Park • Park District of La Grange • Community Park District of La Grange Park • Lemont Park District Lisle Park District • Village of Western Springs • Westmont Park District • Woodridge Park District



**SEASPAR.org** 





### **Association Members & Representatives**

**Lisle Park District** • Dan Garvy, President 1925 Ohio Street, Lisle 60532

**Woodridge Park District** • Mike Adams, Vice President 2600 Center Drive, Woodridge 60517

Park District of La Grange • Dean Bissias, Secretary 536 East Avenue, La Grange 60525

**Darien Park District** • Stephanie Gurgone, Treasurer 7301 Fairview Avenue, Darien 60561

Village of Brookfield • Mary Pezdek 8820 Brookfield Avenue, Brookfield 60513

**Clarendon Hills Park District** • Kelly Smith 315 Chicago Avenue, Clarendon Hills 60514

**Downers Grove Park District** • Bill McAdam 2455 Warrenville Road, Downers Grove 60515

**Village of Indian Head Park** • Brenda O'Laughlin 201 Acacia Drive, Indian Head Park 60525

**Community Park District of La Grange Park** • Aleks Briedis 1501 Barnsdale Road, La Grange Park 60526

**Lemont Park District** • Louise Egofske 16028 127<sup>th</sup> Street, Lemont 60439

**Village of Western Springs** • Raymond Jasica 1500 Walker Street, Western Springs 60558

**Westmont Park District** • Ron Gunter 55 East Richmond, Westmont 60559

### **From the Executive Director**

#### Fall Greetings!

Best wishes to Ann Franczyk on her retirement from her full-time Administrative Assistant position at SEASPAR. We thank Ann for her 10 years of service and the many talents she shared with the organization. We still expect to see her around the office working on special projects and at the programs for which she volunteers. We know that SEASPAR's loss is her family's gain.

SEASPAR continues the celebration of its 40<sup>th</sup> anniversary throughout the fall. It has been fun to look back and remember all the people, organizations, and events that have shaped the first 40 years. On behalf of everyone at SEASPAR, thank you for encouraging and enabling it to grow and provide the services that are now available. Those who founded the organization 40 years ago had a vision, but most would agree that they could not have imagined all that has transpired.

I recently spoke with Bud Sherman, SEASPAR's founding Board member from Downers Grove and President of the Board of Directors for more than 16 years. When asking about what provided the impetus to form SEASPAR, he said, "We all just said that it seems like something we should do. We need to reach out to more members of the community. This was something people needed."

Bud offered this insight as SEASPAR moves into its 41<sup>st</sup> year. "Keep doing what you're doing. Keep an open mind as to what opportunities may come up. Realize that things may be tried and not be successful, but this happens everywhere. Ford Motor Company had an Edsel, but they're still in business and still doing well!"

SEASPAR's vision to discover abilities, achieve potential, and realize dreams will come to life as we see our participant's artistic creations at the agency's first Art Show. It will be at the Darien Sportsplex on November 3. Check out the details on page 47.

Don't miss the Holiday Spectacular on Monday, December 5 at the Theatre of Western Springs. This special event is a showcase of the amazing musical and theatrical abilities of SEASPAR's participants. See the back cover for details. The public is encouraged to attend.

Enjoy all that fall has to offer by taking in the autumn colors and all of nature's bountiful harvest.

Jusan

**Board Meetings:** The SEASPAR Board meets the third Tuesday of every month at SEASPAR at 3:30 p.m. For information, call 630.960.7600. The public is welcome. Welcome to the final issue in our series of program guides celebrating our 40<sup>th</sup> anniversary! We hope you've enjoyed traveling back through SEASPAR's history in the days of disco, rollerskating, and Beanie Babies.

This fall issue brings us up into the 2000s, commemorating the latest 15 years of SEASPAR. Whether you've been with us from the start or are new to our programs, we hope you've had fun learning more about the story of SEASPAR!

#### Mission

SEASPAR provides dynamic recreation programs and quality services for its residents with disabilities.

4500 Belmont Road • Downers Grove, IL 60515 630.960.7600 • 630.960.7605 TDD 630.960.7601 Fax

### SEASPAR.org

#### **Core Values** Fun • Excellence • Service • Respect • Accountability

Office Hours Monday–Friday, 8:30 a.m.–4:30 p.m. Recorded Message After Hours

Office Closures September 5 • November 24 & 25 December 24, 25, & 31 • January 1

#### Susan B. Friend, CPRP – Executive Director

ADA, Association Operations, Board, Funding

#### Catherine A. Morava, CPRP –

Superintendent of Recreation Day Camp, Full-time Staff Supervision, Ongoing Program Supervision, Risk Management

#### Matthew R. Corso, CTRS, CPRP – Superintendent of Program Development & Public Awareness

Full-time Staff Supervision, Program Development, Public Awareness, Program Grants, Summer School Cooperative Programs

#### Shannon Tovey, CTRS – Support Staff Manager

Ability Awareness, Part-time Staff, Volunteer, and Intern Supervision, Vehicles

**Dawn Krawiec, CPRP – Day Program Manager** EAGLES Program

**Lisa Rasin – Fund Development Coordinator** Donations, In-Kind Services, Sponsorships

#### **Greg Pavesich, CPRP** – Recreation Coordinator

Adapted Sports, Drop In Center, Home Front Health, Low Incidence Programs, Nursing Home Outreach, Stroke Support Group, Youth at Risk

#### Kimberly A. Huggins, CPRP – Recreation Coordinator

Camping and Travel, Facility Scheduling, Social Clubs, Teen and Adult Special Events

#### Rachel Pavesich, CTRS – Recreation Coordinator

Adolescent Programs, Children's Programs and Special Events, Day Camp, Wonders Multi-Sensory Room

#### Aaron Hirthe – Recreation Coordinator

Aquatics, Competitive Sport Programs, Cooperative Day Camps, Special Olympics Athletic Director

#### Morgan Drdak, CPRP – Marketing Coordinator

Advertising, Public Relations, Publication and Brochure Development, Social Media, Website

#### **Carol Kocek** – Administrative Services Manager

Accounting, Computer System, Payroll, Registration

#### What Are CPRP and CTRS?

CPRP stands for Certified Park and Recreation Professional and CTRS stands for Certified Therapeutic Recreation Specialist. This status is given to leisure service professionals who can demonstrate through education, experience, and current practice that they meet and exhibit certain predetermined qualifications established by the National Recreation and Park Association Certification Board and the National Council for Therapeutic Recreation Certification. These professionals have earned a bachelor's degree or higher from an accredited program, have passed a certified examination, and maintain sanctioned educational units.



# table of contents

#### **General Information**

Absences
ADA Statement41
Aktion Club39
Atlanto Axial Subluxation41
Code of Conduct 40
Discipline 40
Donations/Honors/Memorials7
Drop-Off/Pickup38
Drop In Center
EAGLES
Events and Sponsors47
Family Playgroup38
Inclusive Programs38
Medication Dispensation41
Participant Expectations 40
Program Grants
Program Locations5
Registration Forms
Registration Information42
SEASPAR/WDSRA Agreement39
Staff Appreciation6
Staff Information3
Stroke Support Group38
Transportation 14, 28
Weather Cancellations41
Wellness Guidelines41
Wonders Multi-Sensory Room 10

#### **Programs for Everyone**

Adapted Music Lessons	.11
Horseback Riding Lessons	.9
Ice Skating	.9
Karate	.8
Music Lessons	.9
Sensory Explorers	.11
Sensory Sunday	.11
Swimming	.8

#### Programs for Children and Young Teens

Basketball Skills	13
Dog Therapy	12

#### Programs for Children and Young Teens (Continued)

Gym & Games	13
Gymnastics	13
LEGO Builders Club	14
Music & Movement	12
Right Fit	12
Saturday Excursions	15
Sensory Art	12
Sports Mania	13
Teen Glee	13
Water Park Adventures	15
Workout Warriors	14
Zensational Yoga	12

#### Special Events for Children and Young Teens

Bears & Burgers18
Day in Kenosha17
Day Off School16
Halloween Party17
Holiday Party19
The Last Straw16
Progressive Dinner17
Santa on the Train18
SciTech18
Sensational Senses17
Six Flags Great America16
Special Kids Day Halloween17
Special Kids Day Holiday18
Swim & Sensory16
Teen Overnight
Thanksgiving Break18
Tour a Town16
Winter Break Camp19
······

#### Special Olympics

2016-17 Competition Schedule	20
Alpine Skiing	21
Aquatics	22
Artistic Gymnastics	22
Basketball	22
Basketball (Pre- & In-Season Practice)	22

#### **Special Olympics (Continued)**

## Programs for Individuals with Physical Disabilities

Power Soccer	23
Sled Hockey	23
Wheelchair Table Tennis	23
Youth Goalball	23

#### Programs for Teens and Young Adults

Columbus Day24	1
Teen Scene24	1
Veterans Day24	1
Winter Expedition24	1
Young Adult Club24	1

#### **Programs for Teens and Adults**

Actors Guild	Holida
Adult Swim27	Holida
Afternoon Adventures	Holida
Alley Cats27	Illinois
Animal Assisted Therapy	Ladies
Aqua Exercise & Healthy Snack 25	The Li
At the Movies27	Long
Bears Bonanza 30	MAM
BINGO!	New Y
Crafters Club	North
Dancin' the Night Away27	Out O
Day Away Tour	Paisar
Diner's Delight27	The Ri
Fall Festers	Shade
Fit N' Fuel	Singin
Glee Club	St. Fra
Holiday Treats	Starve
Music Mania	Turkey
Role Play26	White
Saturday Night Socialites	White
Social Club	

## Programs for Teens and Adults (Continued)

Strikers	27
Weight Training	28
Wrestle Mania	25
Yoga	29

## Special Events for Teens and Adults

Annie3	5
Bengtson's Pumpkin Farm3	2
Boo! at the Zoo3	3
Boo Bash3	3
Chicago Fire	31
ComedySportz3	6
Fall Escape3	2
Fall Pool Party3	4
Fright Fest Great America3	3
Goebbert's Pumpkin Patch	31
Guys Day Out3	6
Holiday Dinner Dance3	6
Holiday Magic at the Zoo3	7
Holiday Pool Party3	7
Holiday Shopping3	7
Illinois Railway Museum3	2
Ladies Day Out3	5
The Little Mermaid3	6
Long Grove Apple Festival3	2
MAMMA MIA!	31
New Year's Bash3	7
Northwestern Football	31
Out Of This World3	4
Paisans Pizzeria3	3
The Richard H. Driehaus Museum3	4
Shades of Autumn Dance3	4
Singin' in the Rain3	6
St. Francis Bowling3	5
Starved Rock3	2
Turkey Shoot3	5
White Fence Farm3	4
White Pines Ranch3	3

# program locations



**Adventure Island:** 100 Symphony Way, Elgin

Allstate Arena: 6920 Mannheim Rd., Rosemont

Alpine Banquets: 8230 Cass Ave., Darien

**AMC Quarry Cinema:** 9201 63<sup>rd</sup> St., Hodgkins

**Benet Academy:** 2220 Maple Ave., Lisle

**Bengtson's Pumpkin Farm:** 13341 W. 151<sup>st</sup> St., Homer Glen

**Brookfield Municipal Building:** 8820 Brookfield Ave., Brookfield

### Throwback Fact

The Village of Brookfield joined SEASPAR in 2007.

**Brookfield Zoo:** 8400 W. 31<sup>st</sup> St., Brookfield

**Cadillac Palace Theatre:** 151 W. Randolph, Chicago

Centennial Community Center: 16028 127<sup>th</sup> St., Lemont

### Throwback Fact

The Lemont Park District joined SEASPAR in 2015.

**Chestnut Mountain Resort:** 8700 W. Chestnut Mountain Rd., Galena

**Cinemark – Seven Bridges:** 6500 S. Route 53, Woodridge

**Clarendon Hills Community Center:** 315 Chicago Ave., Clarendon Hills

**Community Park District of La Grange Park:** 1501 Barnsdale Rd., La Grange Park The CORE Fitness & Aquatic Complex: 16050 127<sup>th</sup> St., Lemont

**CSz Theater Chicago:** 929 W. Belmont Ave., Chicago

Darien Community Center: 7301 Fairview Ave., Darien

Darien Sportsplex: 451 Plainfield Rd., Darien

**Denning Park:** 4901 Gilbert Rd., La Grange

**Diplomat West Banquet Hall:** 681 W. North Ave., Elmhurst

**Doubletree Hotel:** 2111 Butterfield Rd., Downers Grove

**Ebersold Park:** 6000 S. Main St., Downers Grove

Four Lakes Ski & Snowboard Area: 5750 Lakeside Dr., Lisle

**Goebbert's Pumpkin Patch:** 42W813 Reinking Rd., Hampshire

Grand Avenue Community Center: 4211 Grand Ave., Western Springs

**Gregg House Museum:** 115 S. Linden Ave., Westmont

Hanson Center: 15W431 59<sup>th</sup> St., Burr Ridge

Hilton Lisle/Naperville: 3003 Corporate West Dr., Lisle

**The Hyatt Lodge at McDonald's Campus:** 2815 Jorie Blvd., Oak Brook

IGI Gymnastics: 145 Plaza Dr., Westmont

Illinois Railway Museum: 7000 Olson Rd., Union

Indian Boundary YMCA: 711 59<sup>th</sup> St., Downers Grove Lincoln Center: 935 Maple Ave., Downers Grove

Lisle Community Center: 1825 Short St., Lisle

Lisle Lanes: 4920 Lincoln Ave., Lisle

Lisle Recreation Center: 1925 Ohio St., Lisle

The Marriott Theatre: 10 Marriott Dr., Lincolnshire

**Meson Sabika:** 1025 Aurora Ave., Naperville

**Paisans Pizzeria:** 2901 Ogden Ave., Lisle

**Papa Passero's:** 6326 S. Cass Ave., Westmont

**Paramount Theatre:** 8 E. Galena Blvd., Aurora

**Park District of La Grange:** 536 East Ave., La Grange

Pavilion Aquatics Center: 1000 Wellington Ave., Elk Grove Village

**Punch Bowl Social:** 1100 American Ln., Schaumburg

The Richard H. Driehaus Museum: 40 E. Erie St., Chicago

**Right Fit:** 7101 S. Adams St., Willowbrook

**Ryan Field:** 1501 Central St., Evanston

SciTech Hands On Museum: 18 W. Benton St., Aurora

**SEASPAR:** 4500 Belmont Rd., Downers Grove

### Throwback Fact

SEASPAR moved into its current offices at the Downers Grove Recreation Center in 2003. Seven Bridges Ice Arena: 6690 S. Route 53, Woodridge

**Six Flags Great America:** 542 N. Illinois Route 2, Gurnee

**Smashburger:** 1 N. La Grange Rd., La Grange

Starved Rock State Park: 2668 E. 873 Rd., Oglesby

**Suburbanite Bowl:** 201 Ogden Ave., Westmont

**Toyota Park:** 7000 Harlem Ave., Bridgeview

**True Balance Karate:** 406 Ogden Ave., Downers Grove

**Vaughan Aquatic Center:** 2121 W. Indian Trail, Aurora

Westmont Community Center: 75 E. Richmond St., Westmont

Westmont Train Station: 1 W. Quincy, Westmont

White Fence Farm: 1376 Joliet Rd., Romeoville

White Pines Ranch: 3581 W. Pines Rd., Oregon

Wilder Mansion: 211 S. Prospect Ave., Elmhurst

Willowbrook Lanes: 735 Plainfield Rd., Willowbrook

Wilmot Mountain: 11931 Fox River Rd., Wilmot, WI

Wonders Multi-Sensory Room: Lisle Recreation Center, 1925 Ohio St., Door 8, Lisle

**Woodfield Mall:** 5 Woodfield Mall, Schaumburg

Woodridge Community Center: 2600 Center Dr., Woodridge staff appreciation

SEASPAR thanks all of the dedicated and caring support staff and volunteers for their time and hard work during the summer program season. Their efforts make it possible for SEASPAR to offer quality programs!

## 2016 Staff Awards

At the Believe & Achieve Banquet on May 18, support staff members were recognized for their longevity at SEASPAR with special gifts. In addition, the following awards were presented to exceptional staff for their outstanding dedication to programs and participants.

#### Super Star Award – Amy Klama

Amy Klama was hired in June of 2007 and she frequently goes above and beyond the "call of duty" without expecting extra recognition. She is happy to accept responsibility with a smile and optimistic outlook. She has worked in various program areas including weekly programs, EAGLES, and inclusion. Whether she is working with youth or adult participants, she can always be trusted to provide a safe and successful program for the participants. She is a valued member of our part-time staff team and we are happy to acknowledge her positive presence at SEASPAR.



#### Leading Light Award – Katie Lyter



Katie Lyter was awarded for her dedication to the EAGLES program as well as her positive attitude. She has done an exceptional job in the multiple roles during her short time with SEASPAR and has exceeded expectations within each of them. She started her journey with SEASPAR in March of 2015 and hit the ground running from day one. She is always willing to step into a leadership role when the opportunity presents itself, and she also does a great job building positive relationships with each of the EAGLES participants and staff. When we were looking for a recipient of this year's Leading Light Award, it was easy to see that Katie Lyter was more than deserving of this recognition!

#### Virtuous Volunteer Award – Liz Huskey and Otis

One of the 2016 Virtuous Volunteer Award recipients was a first in the history of SEASPAR because he was not a human being, but a canine that has lifted the spirits of and provided hours of enjoyment for many SEASPAR participants. Liz Huskey began volunteering with the EAGLES program four years ago with her newly certified therapy dog, Otis. Liz and Otis would visit multiple EAGLES sites at least once a month. Liz has all of the participants work with Otis, doing tricks and basic dog obedience. They also go for walks and Otis teaches them what his needs are, like being groomed and fed. Their visits are greatly anticipated by participants and staff. We appreciate Liz and Otis' dedication to SEASPAR and our participants.



### **SEASPAR** congratulates all of the award recipients!

## **Park Pursuit Champions**

On May 10, SEASPAR staff competed in the Illinois Park and Recreation Association's Park Pursuit competition, and took first place for the second time!

The Park Pursuit is a scavenger hunt similar to the show *The Amazing Race*, but is all run on foot. This year's event took place in Oak Brook, and staff members Matt Corso, Aaron Hirthe, Dawn Krawiec, and Greg Pavesich brought home the traveling trophy to spend its second year with us. Join us in congratulating Team SEASPAR!



## donations, honors, and memorials



**SEASPAR** wishes to thank the following individuals, families, businesses, and community organizations for their generous donations made from March through May 2016.

#### **DONATIONS**

Allstate Giving Campaign AmazonSmile BlueCross BlueShield of Illinois Chavez for Charity Clarendon Hills Lions Club Downers Grove Junior Women's Club **Richard Hanus** Illinois State Council Knights of Columbus Kiwanis Club of Downers Grove Kohl's Lemont Rotary Club Lisle Rotary Charities **PNC Bank** Precision Brand Products, Inc Prospect School PTO Rotary Club of Darien Keith & Kristian Schrader **Tivoli Enterprises** United Sertoma Charles & Ruthann Vihon

#### **ANNUAL APPEAL**

Daniel & Ann Cohen Ray & Ruth Furlong John & Iona Krivicich

#### **IN HONOR**

In Honor of Larry & Ann Franczyk Carolyn Jones

In Honor of Aaron & Collin Grzywa Scott & Karen Migaldi

#### **IN MEMORY**

In Memory of Suzanne Meissner Steven Smith

#### **Throwback Fact**

SEASPAR hosted its first Walk and Roll-A-Thon in 2001.

In honor of SEASPAR's 25<sup>th</sup> anniversary, the fundraising goal for the event was \$2,500.

In fact, nearly 50 participants raised over \$7,000 that first year.

#### Walk and Roll-A-Thon

Thank you to the following individuals who walked and to their generous sponsors who raised money for SEASPAR at the 16<sup>th</sup> annual Walk and Roll-A-Thon on May 22.

	WAL	KERS	
Paul Bures	Jeff Lubejko & Family	Kate Rabinak	Elliot Sanderson
Mike Chmielewski	Randy Naberhaus	Tyler Reineke & Family	Mike Vihon & Family
SPONSORS Phillip & Kathleen Basso Marilyn Bazan Robert & Barbara Blackburn Brett Boyna Joanne Chmela Nancy Chmielewski Evelyn Deitering Michael DeLuca David & Lisa Ellstrom J.M. Eppers	Harry & Ginger Miller John & Rose Morreale William & Mary Ann Munno Hallie Naberhaus Mike O'Malley Lorraine Ogurek James Pellegrino Joseph & Sharon Podolski John & Marilyn Radicker Steve & Marilyn Sanderson		

David & Lisa Elistrom J.M. Eppers Joseph & Dawn Fleming Stephen & Linda Fortelka Steven & Gayle Gillen Mark & Elisabeth Grzywa Dorothy Hellard Therese Herman John & Anne Marie Himpler Brian & Linda Jakubowski Sylvia Juric Gloria Leetz Frank & Barbara Lubejko Mary Mader Frank & Sandra McGovern Terence McGovern Gary & Patricia Miller Harry & Ginger Miller John & Rose Morreale William & Mary Ann Munno Hallie Naberhaus Mike O'Malley Lorraine Ogurek James Pellegrino Joseph & Sharon Podolski John & Marilyn Radicker Steve & Marilyn Sanderson John & Suzanne Seelander Daniel & Eleanor Sniegowski Deborah Spaniak Craig and Lori Thompson Luann Touhey Bruce & Mary Veverka Charles & Ruthann Vihon Mike Vihon Timothy & Ann Weithers Wintrust Financial Corp Lori Witzel Joseph Wojtanowski Joseph & Olga Zarlenga Richard & Barbara Zurawski



#### Swimming

SEASPAR has partnered with Coach Eve Learn to Swim and its certified instructors to provide quality swim lessons. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff. Please be aware that we share the pools with the public. **Note:** A waiver for The Hyatt Lodge is sent with the program confirmation and must be returned by September 9.

Code	Location	Day	Dates	Time	Fee
8-001-01-1	Hilton Lisle/Naperville, Lisle	Monday	9/19–12/5 (12 Weeks)	4:30–5 p.m.	\$175
8-001-01-2	Hilton Lisle/Naperville, Lisle	Monday	9/19–12/5 (12 Weeks)	5–5:30 p.m.	\$175
8-001-01-3	The CORE, Lemont	Monday	9/19–12/5 (12 Weeks)	5–5:30 p.m.	\$175
8-001-01-4	The CORE, Lemont	Monday	9/19–12/5 (12 Weeks)	5:30–6 p.m.	\$175
8-001-01-5	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	9/20–12/6 (12 Weeks)	4:30–5 p.m.	\$175
8-001-01-6	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	9/20–12/6 (12 Weeks)	5–5:30 p.m.	\$175
8-001-01-7	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	9/20–12/6 (12 Weeks)	5:30–6 p.m.	\$175
8-001-01-8	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	9/20–12/6 (12 Weeks)	6–6:30 p.m.	\$175
8-001-01-9	Doubletree Hotel, Downers Grove	Wednesday	9/21–12/7 (12 Weeks)	5:30–6 p.m.	\$175
8-001-01-10	Doubletree Hotel, Downers Grove	Wednesday	9/21–12/7 (12 Weeks)	6–6:30 p.m.	\$175
8-001-01-11	Doubletree Hotel, Downers Grove	Wednesday	9/21–12/7 (12 Weeks)	6:30–7 p.m.	\$175
8-001-01-12	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	9/22–12/15 (12 Weeks, No Program 11/24)	4:30–5 p.m.	\$175
8-001-01-13	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	9/22–12/15 (12 Weeks, No Program 11/24)	5–5:30 p.m.	\$175
8-001-01-14	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	9/22–12/15 (12 Weeks, No Program 11/24)	5:30–6 p.m.	\$175
8-001-01-15	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	9/22–12/15 (12 Weeks, No Program 11/24)	6–6:30 p.m.	\$175

#### Karate

The skills learned and the training methods used in non-contact karate help release tension and increase focus. Participants learn self-control, balance, and the ability to process and follow a series of directions. This is a continuous program, giving participants the ability to advance through the belt system and the opportunity to earn a black belt. All abilities are welcome, as instruction is tailored to each individual's progress. **Note:** A waiver is sent with the program confirmation and must be returned by September 9.

Location Time Fee	True Balance Karate, Downers Grove 5:55–6:25 p.m. \$85 per session
Code Dates	8-074-01-1 Mondays, September 19–November 14 (8 Weeks) <i>No program October 31</i>
Code Dates	8-074-01-2 Mondays, November 21–January 16 (8 Weeks) <i>No program December 26</i>





#### **Music Lessons**

Research demonstrates that studying music makes you smarter! Participants ages five and older can choose between piano, keyboard, drums, or voice lessons. Bring a spiral notebook, pencil, and any music books you have used in the past. Participants should indicate their lesson time on the registration form. Guitar students must provide their own guitar, and drum students need drumsticks and a practice pad. Lessons are one half-hour each. **Note:** Returning students retain their lesson time if they register by August 15.

#### Piano/Drums/Guitar (Instructor Kevin Wood)

Code	8-006-01-1
Ages	5 years and older
Location	Darien Sportsplex
Dates	Tuesdays, September 20–December 20 (14 Weeks)
Time	6–9 p.m.
Fee	\$225

#### Piano (Instructor Debora Judycki)

Code	8-006-01-3
Ages	5 years and older
Location	SEASPAR, Downers Grove
Dates	Wednesdays, September 21–December 21 (14 Weeks)
Time	4–8 p.m.
Fee	\$225

#### Keyboard/Voice (Instructor Nancy Urban)

Code	8-006-01-2
Ages	5 years and older
Location	Darien Sportsplex
Dates	Thursdays, September 22–December 8 (10 Weeks)
	No program September 29 & November 24
Time	6–9 p.m.
Fee	\$193



#### **Horseback Riding Lessons**

Whether you are new to the saddle or have been horseback riding before, this program is for you. Riders develop balance and rhythm as they feel the movement of the horse. Riders of all levels embrace the ageless goal of lightness and harmony with one's equine partner. Participants must be ambulatory and able to sit on a horse without a riding partner. The Hanson Center follows the Professional Association of Therapeutic Horsemanship International's (PATH) guidelines. **Note:** Waivers are sent with the program confirmation and must be returned by August 22. Each session has a maximum of two participants.

Location Dates Fee	Hanson Center, Burr Ridge Wednesdays, August 31, September 14 & 28, October 12 & 19 (5 Weeks) \$150
Code	8-070-01-1
Time	5–5:30 p.m.
Code	8-070-01-2
Time	5:30–6:30 p.m.
Code	8-070-01-3
Time	6–6:30 p.m.

#### **Ice Skating**

Ice skating lessons provide individuals the opportunity to learn to skate or improve skating skills. Instructors and student teachers work cooperatively with SEASPAR staff to provide lessons which focus on skill development, coordination, muscle strengthening, increasing endurance, and fun! Lessons are designed to allow skaters to reach obtainable objectives while working toward one long-term goal. Skaters progress at their own rate according to their abilities. **Note:** A waiver is sent with the program confirmation and must be returned by August 22. (A free, optional practice time is available from 9:50–10:10 a.m.)

Location Time	Seven Bridges Ice Arena, Woodridge 10:10–10:40 a.m.
Code	8-008-01-2 Saturdaya August 27 Ostabor 15 (7 Maaka)
Dates	Saturdays, August 27–October 15 (7 Weeks) No program September 3
Fee	\$114
Code	8-008-01-3
Dates	Saturdays, October 22–December 17 (7 Weeks)
Fee	No program November 5 & 26 \$114

#### Registration Deadline: Monday, August 15 – 4:30 p.m.





### Located at the Lisle Recreation Center – Door 8, 1925 Ohio Street

A one-way observation window is available in the room adjacent to Wonders.

Complimentary Wi-Fi and coffee are provided.

SEASPAR's multi-sensory room contains interactive equipment that pleases your senses in a variety of soothing ways. Feel the vibration of music as it plays through the Learning Chair, follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor.





#### Benefits of the multi-sensory room include:

- Improved mood
- Fewer disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improved communication
- Enhanced interpersonal interactions

## Engage Your Senses at Wonders!

#### The room primarily benefits individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia

For information about Wonders or to schedule a tour, contact Rachel Pavesich at 630.960.7664 or rpavesich@seaspar.org.



#### **Sensory Explorers**

Our award-winning Wonders multi-sensory room provides participants with a chance to explore their feelings and become interested in their surroundings. SEASPAR has established a variety of program times for you to enjoy the multi-sensory room each week. **Note:** Each session is for one half-hour. Indicate your time preference on the registration form.

Location	Wonders, Lisle Recreation Center
Fee	\$100
Code	8-099-01-1
Ages	3–15
Dates	Tuesdays, September 20–January 10 (16 Weeks)
Time	3:30–6 p.m.
Code	8-099-04-1
Ages	16 years and older
Dates	Wednesdays, September 21–January 11 (16 Weeks)
Time	4–6 p.m.

#### **Adapted Music Lessons**

Have you ever had the chance to make music? This exciting program at Wonders gives individuals with limited mobility the opportunity to make beautiful music! The Soundbeam 5 translates movement into melody using movement sensory technology. Move your head, wave your hand, or spin your wheelchair, and musical notes fill the air. **Note:** Each session is for one half-hour. Indicate your time preference on the registration form.

Code	8-050-09-1
Ages	All ages
Location	Wonders, Lisle Recreation Center
Dates	Thursdays, September 22–December 8 (11 Weeks)
	No program November 24
Time	5:30–7 p.m.
Fee	\$80

#### **Throwback Fact**

In 2014, SEASPAR opened Wonders, the first multi-sensory room within a municipal building in the country.

That same year, SEASPAR received the Agency Excellence Award from the Illinois Park and Recreation Association's Therapeutic Recreation Section, specifically for the creation of Wonders.

#### Sensory Sunday

You're invited to experience Wonders on dates flexible for you. Sensory Sunday is designed with your schedule in mind so that you can come only on the days which are convenient for you. Please select either the 5- or 12-visit pass on the registration form and we will send you a punch card with your confirmation. The card is punched at each of your visits and never expires.

Reservations are required in order to ensure that a stimulating, yet calming atmosphere prevails during the time your child explores the many wonders of the room. Sessions are cancelled if no one is signed up to attend. An electronic sign-up sheet will be emailed to you before the program begins.

Location	Wonders, Lisle Recreation Center	
Dates	Sundays, September 25–January 15	
	No program November 27, December 25, & January 1	

Time		Ages
1–1:30 p.m.		3–7
1:30–2 p.m	I <b>.</b>	3–7
2–2:30 p.n	n.	8–12
2:30–3 p.n	1.	8–12
3–3:30 p.m.		13 years and older
3:30–4 p.m.		13 years and older
Code 8-099 Fee \$25 (5		-01-8 5-visit pass)
Code	8-099	-01-9
Fee \$50 (1		2-visit pass)





# programs for children and young teens

### Music & Movement NEW!

This multi-faceted music and movement program focuses on song and dance, rhythm and rhyme, socialization, and following directions. Instruments and props include hand bells, maracas, tambourines, and much more! Caregivers are encouraged to stay and participate.

Code	8-055-01-1
Ages	2–5
Location	Woodridge Community Center
Dates	Mondays, September 19–December 5 (10 Weeks)
	No program October 31 & November 21
Time	9:30–10:15 a.m.
Fee	\$55

## Sensory Art NEW!

Show off your creative side in this art program. Participants experience sensory-centered art projects, music, and movement. Participants also utilize Wonders as an additional sensory experience.

Code	8-051-01-1
Ages	5–10
Location	Lisle Recreation Center
Dates	Mondays, September 19–December 5 (11 Weeks)
	No program October 31
Time	4:30–5:30 p.m.
Fee	\$64

#### **Zensational Yoga**

Move, bend, and breathe in this guided yoga experience with a certified yoga practitioner. With regular practice, yoga as an adjunct to traditional therapies significantly enhances the participant's physical, mental, and emotional development in a safe and gentle manner. Participants learn skills to calm themselves, quiet their minds, and honor their abilities in a fun and peaceful environment. Mats are provided. Bring a water bottle and wear comfortable clothing.

Location Time	Lisle Recreation Center 5:30–6:30 p.m.
Fee	\$60
Code	8-075-01-1
Ages	5–10
Dates	Mondays, September 19–October 24 (6 Weeks)
Code	8-075-01-2
Ages	11–15
Dates	Mondays, November 7–December 12 (6 Weeks)

#### **Right Fit**

Test your fitness skills while playing to stay fit. This program provides fitness, social interaction, and the opportunity to explore sport and movement through activities such as basketball, obstacle courses, tug-of-war, and more. This is a great opportunity to stay fit, build strength, learn body control, and increase flexibility. Wear gym shoes and athletic apparel. **Note:** A waiver is sent with the program confirmation and must be returned by September 9.

Ages	8–15
Location	Right Fit, Willowbrook
Dates	Tuesdays, September 20–December 6 (12 Weeks)
Fee	\$185
Code	8-058-01-1
Time	4–5 p.m.
Code	8-058-01-2
Time	5–6 p.m.

#### **Dog Therapy**

Spend time with man's best friend. You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem.

8-056-01-1
8–15
Darien Community Center
Tuesdays, September 20–October 25 (6 Weeks)
7–8 p.m.
\$38



## programs for children and young teens

#### **Teen Glee**

Are you ready to take it up a notch and join our singing ensemble? Whether you are a soprano, alto, tenor, or bass, it doesn't matter – we are calling all voices to band together to make sweet music! The group also learns dance moves to accompany the music. The group performs in the Holiday Spectacular talent show on December 5.

#### **Sports Mania**

Develop the basic skills to play a variety of sports. Participants improve motor and cognitive skills through traditional sports such as kickball, tee-ball, and soccer. This fun-filled class teaches the importance of sportsmanship and teamwork. Wear gym shoes and athletic apparel, and bring a water bottle.

Code	8-084-01-1
Ages	8–15
Location	Park District of La Grange
Dates	Wednesdays, September 21–December 7 (12 Weeks)
Time	4–5 p.m.
Fee	\$54



#### **Basketball Skills**

This program is designed to develop basketball and sportsmanship skills. Emphasis is put on the basics such as passing, dribbling, shooting, and rules of the game. Wear gym shoes and athletic apparel, and bring a water bottle.

Code	8-065-01-4
Ages	8–15
Location	Park District of La Grange
Dates	Wednesdays, September 21–December 7 (12 Weeks)
Time	5–6 p.m.
Fee	\$64

### Gym & Games NEW!

Drop by for some fun and games! We have a variety of board games and sports equipment for you to enjoy. Participants learn basic rules to games, teamwork, sharing, and following directions all while having fun. Wear gym shoes and athletic apparel, and bring a water bottle.

Code	8-069-01-4
Ages	2–5
Location	Park District of La Grange
Dates	Thursdays, September 22–December 15 (11 Weeks)
	No program October 27 & November 24
Time	2–2:45 p.m.
Fee	\$40

#### **Gymnastics**

This high-energy program focuses on gross motor skills, strength, coordination, and flexibility. Apparatus work is incorporated into this non-competitive program. No experience necessary. Please wear athletic apparel. **Note:** A waiver is sent with the program confirmation and must be returned by September 9.

Location	IGI Gymnastics, Westmont	
Dates	Thursdays, September 22–December 8 (11 Weeks)	
	No program November 24	
Fee	\$150	

#### **Tumble Time**

Code	8-053-01-2
Ages	3–6
Time	5–5:45 p.m.

#### **Beginner Gymnastics**

Code 8-053-01-1 Ages 7–11 Time 6–6:45 p.m.

#### **Gymnastics 101**

Code	8-092-01-1
Ages	12–15
Time	7–7:45 p.m.

### **Throwback Fact**

SEASPAR hosted the first Believe & Achieve Recognition Banquet in 2010.

This new event expanded the long-standing Sports Banquet, where the Athlete of the Year was named.

At the Believe & Achieve Banquet in May of this year, Michael Duffy received this recognition for 2016.



# programs for children and young teens

### Workout Warriors NEW!

Have fun and get your heart pumping! We sample a variety of different workouts such as cardio, weight training, swimming, and sports. SEASPAR staff assists participants with finding the best exercises to meet their goals and abilities. Please bring a water bottle and wear athletic apparel.

Code	8-093-01-1
Ages	11–15
Location	The CORE, Lemont
Dates	Thursdays, September 22–December 8 (11 Weeks)
	No program November 24
Time	5–6 p.m.
Fee	\$40

#### LEGO Builders Club

Put your creativity to work and join in for some fun building LEGOs. We provide the LEGOs, you create the masterpiece. The group follows step-by-step directions to create specific models while socializing with other builders, and also has the opportunity to build something of their own imagination.

Code	8-079-01-1
Ages	8–15
Location	SEASPAR, Downers Grove
Dates	Thursdays, September 22–October 27 (6 Weeks)
Time	6–6:45 p.m.
Fee	\$25

## At-A-Glance Weekly Programs for Children and Young Teens

#### MONDAYS

Music & Movement – Woodridge Sensory Art – Lisle Zensational Yoga – Lisle

#### TUESDAYS

Right Fit – Willowbrook Dog Therapy – Darien

#### WEDNESDAYS

Teen Glee – Darien Sports Mania – La Grange Basketball Skills – La Grange

#### THURSDAYS

Gym & Games – La Grange Gymnastics – Westmont Workout Warriors – Lemont LEGO Builders Club – Downers Grove

#### SATURDAYS

Saturday Excursions – Various Locations Water Park Adventures – Various Locations



#### Transportation

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions. These locations may include:

Darien: Darien Sportsplex, 451 Plainfield Road, Darien Denning: Denning Park, 4901 Gilbert Road, La Grange Lemont: Centennial Community Center, 16028 127<sup>th</sup> Street, Lemont Lisle: Lisle Recreation Center, 1925 Ohio Street, Lisle SEASPAR: SEASPAR Office, Downers Grove Recreation Center, 4500 Belmont Road, Downers Grove

When completing your registration form for programs that include transportation, please circle the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles. SEASPAR reserves the right to refuse to transport individuals. All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle. All wheelchairs must have brakes that are in good working condition and can stop the chair from moving. SEASPAR staff are responsible for determining whether a participant can be transported safely. Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.

## programs for children and young teens

#### **Saturday Excursions**

Kick off your weekend with fun! Travel to a variety of different venues within our communities and experience what is available for leisure and play. Snacks are provided. If you are registering for a special event following Super Saturday or Teen Excursion, please bring a sack lunch.

Dates	Saturdays (see schedule below)
Time	Lemont Transportation: 8:30 a.m.–1 p.m.
	Denning Transportation: 9 a.m.–12:30 p.m.
	SEASPAR Transportation: 9:30 a.m.–12 p.m.
Fee	\$30 per event

#### **Super Saturday**

Ages 5–10

Code	Date	Activity
8-067-01-1	September 24	Hidden Oaks Nature Center
8-067-01-2	October 1	Open Gym
8-067-01-3	October 8	Pumpkin Decorating
8-067-01-4	October 15	Making Music
8-067-01-5	October 22	Halloween Window Painting
8-067-01-6	October 29	Darien Play Room
8-067-01-7	November 5	Yoga
8-067-01-8	November 12	Wonders Multi-Sensory Room
8-067-01-9	November 19	Holiday Shopping at Yorktown Mall
8-067-01-10	December 3	Magic Show
8-067-01-11	December 10	Breakfast with Santa

#### **Teen Excursion**

Ages 11–15

Code	Date	Activity
8-085-01-1	September 24	Little Red Schoolhouse
8-085-01-2	October 1	Donuts and Library
8-085-01-3	October 8	Open Gym
8-085-01-4	October 15	Pumpkin Decorating
8-085-01-5	October 22	Halloween Window Painting
8-085-01-6	October 29	Wonders Multi-Sensory Room
8-085-01-7	November 5	Yoga
8-085-01-8	November 12	Movie at SEASPAR
8-085-01-9	November 19	Holiday Shopping at Yorktown Mall
8-085-01-10	December 3	Magic Show
8-085-01-11	December 10	Breakfast with Santa

#### **Water Park Adventures**

Enjoy an afternoon of swimming, sliding, and splashing as we travel to different pools. No need to be an experienced swimmer, as participants are placed in small groups according to swim ability. Wear your swimsuit under your clothes and bring a towel. Please label all belongings. Snacks are included.

- Dates Saturdays (see schedule below) Time SEASPAR Transportation: 12–5 p.m. Denning Transportation: 12:30–5:30 p.m. Lemont Transportation: 1–4:30 p.m.
- Fee \$40 per event

#### **Nemo's Sidekicks**

Ages 5–10

Code	Date	Location
8-068-01-1	September 24	Pavilion Aquatics Center, Elk Grove
8-068-01-2	October 8	Adventure Island, Elgin
8-068-01-3	October 22	Vaughan Aquatic Center, Aurora

#### Swimming Sampler

Ages 11–15

Code	Date	Location
8-086-01-1	October 1	Pavilion Aquatics Center, Elk Grove
8-086-01-2	October 15	Adventure Island, Elgin
8-086-01-3	November 12	Vaughan Aquatic Center, Aurora



# special events for children and young teens

#### **Tour** a **Town**

Join your friends as we explore Darien. SEASPAR provides specially made passports that are stamped after each stop, including a hike at Waterfall Glen. A snack from a local restaurant of the group's choice is included.

Code	8-205-01-1
Ages	11–15
Location	Darien
Date	Saturday, September 24
Time	Lemont Transportation: 1:30–7 p.m.
	Denning Transportation: 2–6:30 p.m.
	SEASPAR Transportation: 2:30–6 p.m.
Fee	\$30

#### **Six Flags Great America**

Join your friends for a day of awesome rides, great shows, and incredible attractions. With so many choices, where do you begin? Bring \$40 for lunch and dinner. **Note:** Due to the nature of this event, participants must be able to tolerate large crowds, wait in line, and not wander from the group.

Code	8-206-01-1
Ages	11–15
Location	Six Flags Great America, Gurnee
Date	Sunday, September 25
Time	Lemont Transportation: 9:30 a.m.—6:30 p.m.
	Denning Transportation: 10 a.m.—6 p.m.
	SEASPAR Transportation: 10:30 a.m.–5:30 p.m.
Fee	\$130

#### **The Last Straw**

Come out and have fall-time fun as we stop by the Gregg House Museum for bales of fun. The Last Straw's activities include creating a scarecrow, making a craft, taking a hayride, dancing to the music of Tim Wilsey, and touring the museum. Snacks are included.

Code	8-209-01-1
Ages	5–10
Location	Gregg House Museum, Westmont
Date	Sunday, October 2
Time	SEASPAR Transportation: 12–4 p.m.
	Denning Transportation: 12:30–4:30 p.m.
	Lemont Transportation: 1–5 p.m.
Fee	\$30

#### **Swim & Sensory**

Come for a swim at The CORE followed by an amazing experience exploring your senses in the Wonders multi-sensory room. Wear your swimsuit and bring a change of clothes and a towel. Please label belongings. Dinner is included.

Location Time	The CORE, Lemont/Lisle Recreation Center Denning Transportation: 3–8 p.m. Lisle Transportation: 3:30–7:30 p.m. Lemont Transportation: 4–8:30 p.m.
Fee	\$35
Code	8-211-01-2
Ages	11–15
Date	Saturday, October 8
Code	8-211-01-1
Ages	5–10
Date	Saturday, October 15



#### **Day Off School**

Looking for something fun to do on your day off from school? Spend time with your SEASPAR friends as we travel throughout the community on field trips. Our day also includes games, sports, crafts, and a field trip. Bring a sack lunch.

Ages	6–15	
Location	Darien Sportsplex	
Time	9 a.m.–3:30 p.m.	
Fee	\$55 per day	
Code	Date	Activity

## special events for children and young teens

#### **Progressive Dinner**

Having trouble choosing between restaurants? Now you don't have to! Come hungry as we explore the sights and tastes of Brookfield. We stop at Irish Times for appetizers, have dinner at Burger Antics, and top it off with dessert at Zoo City Treats.

Code	8-218-01-1
Ages	12–15
Location	Brookfield
Date	Saturday, October 22
Time	SEASPAR Transportation: 3:30–8 p.m.
	Lemont Transportation: 4–7:30 p.m.
	Denning Transportation: 4:30–7 p.m.
Fee	\$35

#### **Special Kids Day Halloween Dance**

Halloween is celebrated with costumes, trick-or-treating, ghost stories, and jack-o-lanterns. Why not add dancing and fun to the list? Celebrate with friends and show off your costume and dance moves. Snacks are included.

Code	8-224-01-1
Ages	12–15
Location	Diplomat West Banquet Hall, Elmhurst
Date	Sunday, October 23
Time	SEASPAR Transportation: 12–4:30 p.m.
	Denning Transportation: 12:30–3:30 p.m.
	Lemont Transportation: 1–4 p.m.
Fee	\$25

#### **Halloween Party**

No tricks, just treats and lots of fun at our Halloween Party! We play themed games, make crafts, and have pizza. Please come dressed in your costume.

Code	8-222-01-1
Ages	5–10
Location	Community Park District of La Grange Park
Date	Saturday, October 29
Time	4–6 p.m.
	SEASPAR Transportation: 3–7 p.m.
	Lemont Transportation: 3:30–6:30 p.m.
Fee	\$30

Registration Deadline: Monday, August 15 – 4:30 p.m.

#### **Day in Kenosha**

Take a trip and explore what Kenosha, Wisconsin has to offer. We visit downtown Kenosha, the Dinosaur Discovery Museum, and ride a streetcar. Lunch is included.

Code	8-227-01-1
Ages	11–15
Location	Kenosha, WI
Date	Saturday, November 5
Time	SEASPAR Transportation: 9 a.m.–5:30 p.m.
	Denning Transportation: 9:30 a.m.—5 p.m.
Fee	\$50

#### **Sensational Senses**

Explore each of your senses through games, crafts, and snacks. We also spend time experiencing our different senses while in Wonders.

Code	8-230-01-1
Ages	4–10
Location	Lisle Recreation Center
Date	Saturday, November 12
Time	1:30–3:30 p.m.
	Denning Transportation: 12:30–4:30 p.m.
	Lemont Transportation: 1–4 p.m.
Fee	\$28





# special events for children and young teens

#### SciTech

At SciTech, science is an adventure! Explore over 150 interactive STEM (science, technology, engineering, mathematics) exhibits which inspire education and imagination.

Code	8-234-01-1
Ages	5–10
Location	SciTech Hands On Museum, Aurora
Dates	Saturday, November 19
Time	SEASPAR Transportation: 12–4:30 p.m.
	Denning Transportation: 12:30–5 p.m.
	Lemont Transportation: 1–5:30 p.m.
Fee	\$40

#### **Bears & Burgers**

Bear down! Come cheer on the Chicago Bears as they play for a win against the New York Giants. Burgers are served for lunch.

Code	8-235-01-1
Ages	11–15
Location	Lisle Recreation Center
Date	Sunday, November 20
Time	12–3 p.m.
	Denning Transportation: 11 a.m.—4 p.m.
	Lemont Transportation: 11:30 a.m.—3:30 p.m.
Fee	\$25

#### **Thanksgiving Break**

Looking for something fun to do before Thanksgiving? Spend time with SEASPAR as we explore a variety of fun games, sports, crafts, and outings. Bring a sack lunch.

	D	Α.
Fee	\$60 per day	
Time	9 a.m.–3:30 p.m.	
Location	Darien Sportsplex	
Ages	5–15	

Code	Date	Activity
8-237-01-1	Tuesday, November 22	Enchanted Castle
8-237-01-2	Wednesday, November 23	FireZone



#### CONTACT

for information about programs and special events for children and young teens.

### **Rachel Pavesich**

630.960.7664 rpavesich@seaspar.org

#### Santa on the Train

Join SEASPAR as we ride the train to the North Pole. Your favorite characters from the book and movie, *The Polar Express*, join us on our trip including a very special visit from Santa Claus. The train ride includes songs, a reading of *The Polar Express*, and snacks.

Code	8-239-01-1
Ages	5–12
Location	Westmont Train Station
Date	Saturday, December 3
Time	Denning Transportation: 1–6 p.m.
	Lemont Transportation: 1:30–5:30 p.m.
	SEASPAR Transportation: 2:30–6:30 p.m.
Fee	\$50

#### **Special Kids Day Holiday Celebration**

Since 1990, four hundred children with special needs have been treated each year to a delightful afternoon where they can bond with Santa Claus. Participants get their picture taken and receive specially selected toys. Face painting, clowns, and other performers are on hand to make this a special day. We stop at Pizza Palace for an early dinner.

Code	8-242-01-1
Ages	5–10
Location	Wilder Mansion, Elmhurst
Date	Wednesday, December 7
Time	SEASPAR Transportation: 3:30–7 p.m.
Fee	\$30



## special events for children and young teens

#### **Holiday Party**

Code

Ages

Date

Time

Fee

Location

Celebrate the holiday season with your SEASPAR friends. Get into the holiday spirit as we play games, make handcrafted gifts for your family, and enjoy tasty treats. Santa even takes time out of his busy schedule to visit and to hand out presents!

#### **Teen Overnight**

The force is strong at this overnight. Our Star Wars sleepover begins with a themed dinner before taking us to a galaxy far, far away while we mini-golf at Space Golf. Later, we watch movies, play games, and relax in our out-of-thisworld Wonders multi-sensory room. We have breakfast before saying goodbye. Pack an overnight bag with necessary items and bring a sleeping bag. Bring your favorite board games, Wii games, movies, and CDs if you'd like.

8-244-01-1	,	···· · · · · · · · · · · · · · · · · ·
7–15	Code	8-248-01-1
SEASPAR, Downers Grove	Ages	11–15
Saturday, December 10	Location	Lisle Recreation Center
3–5 p.m.	Dates	Friday, December 16–Saturday, December 17
Denning Transportation: 2–5:30 p.m.	Time	5:30 p.m.–9 a.m.
Lemont Transportation: 2:30–6 p.m.		Denning Transportation: 4:30 p.m.—10 a.m.
\$45		Lemont Transportation: 5 p.m.–9:30 a.m.
	Fee	\$40

#### Winter Break Camp

Spend time with your SEASPAR friends as we travel throughout the community on field trips. Our day also includes games, sports, and crafts. Provide a sack lunch each day.

Ages	6–15
Time	9 a.m.–3:30 p.m
Fee	\$60 per day

#### **Lisle Recreation Center**

8-251-01-15

8-251-01-16

Thursday, January 5

Friday, January 6

Code	Date	Activity
8-251-01-1	Monday, December 19	Chuck E. Cheese
8-251-01-2	Tuesday, December 20	Lake County Discovery Museum
8-251-01-3	Wednesday, December 21	Swimming
8-251-01-4	Thursday, December 22	Luigi's Pizza & Fun Center
8-251-01-5	Tuesday, December 27	Nickel City
8-251-01-6	Wednesday, December 28	DuPage Children's Museum
8-251-01-7	Thursday, December 29	Cupcake Making
8-251-01-8	Monday, January 2	Exploritorium
Brookfield Municipal Building		
Code	Date	Activity
8-251-01-9	Tuesday, December 27	Lake County Discovery Museum
8-251-01-10	Wednesday, December 28	Nickel City
8-251-01-11	Thursday, December 29	DuPage Children's Museum
8-251-01-12	Monday, January 2	Luigi's Pizza & Fun Center
Grand Avenue Community Center, Western Springs		
Code	Date	Activity
oouc		
8-251-01-13	Tuesday, January 3	Chuck E. Cheese



Cupcake Making

Exploritorium



# special olympics

#### Eligibility

Persons are eligible for Special Olympics if they are eight years of age or older and have been identified by an agency or professional as having intellectual disabilities, cognitive delays as determined by standardized measure, or have significant learning or vocational problems due to cognitive delays that require, or have required, specially designed instruction.

#### **Application for Participation**

Athletes wishing to participate in Special Olympics programs must have a current Special Olympics application for participation on file at SEASPAR. The application may be obtained online at SEASPAR.org/Special-Olympics. Faxed forms or copies are not accepted. The application is valid for two years from the date of the examination. Please contact SEASPAR to find out when your application expires.

#### **Disclaimers**

Team sports and relay events take precedence over individual sports or events at the state level of competition.

Athletes registered for team sports are expected to attend practices, games, and tournaments.



### CONTACT

for information about Special Olympics.

#### **Aaron Hirthe**

630.960.7627 ahirthe@seaspar.org

## 2016–17 Special Olympics/ITRS/Invitational Competition Schedule

(All Dates Subject To Change)

September 10–11	SO Outdoor Sports Festival
September 17	SO District Bocce Qualifier
September 25	SO District Volleyball Qualifier
October 2	ITRS Volleyball Tournament
October 16	SO Sectional Bowling Qualifier
October 22–23	SO Fall Games
November 12	SO State Floor Hockey
November 19	SEASPAR Swim Meet
December 3	SO State Bowling
February 19	ITRS Basketball Tournament

#### Powerlifting

Athletes set and reach fitness goals through the disciplined and challenging sport of powerlifting. Participants learn proper technique for both the dead lift and bench press, while improving their overall fitness level through weekly workout sessions. We participate in the Special Olympics District Qualifier at the 2017 Spring Games.

Code	8-122-01-1
Ages	16 years and older
Location	Lisle Community Center
Dates	Mondays, October 17–January 9 (12 Weeks)
	No program December 26
Time	6–7:30 p.m.
Limit	6
Fee	\$140



### **Throwback Fact**

SEASPAR sent eight athletes to World and USA National Special Olympics competitions in the 2000s:

2003 • Randy Naberhaus • World Games • Tennis 2003 • Wayne Neumann • World Games • Volleyball 2005 • Molly Sosnowski • World Games • Alpine Skiing 2006 • Michele Forzley • USA Games • Golf 2007 • Michelle Sullivan • World Games • Aquatics 2010 • David Svitak • USA Games • Basketball 2014 • Jeffrey Osowski • USA Games • Golf 2014 • Christina Schutz • USA Games • Volleyball

# special olympics

#### Snowshoeing

If you are interested in trying a winter sport but skiing is not for you, snowshoeing is a great option. Athletes practice "sprinting" or "distance" events, as determined by the coaches and according to each individual's ability and interest. The program is held snow or no snow. SEASPAR provides all necessary equipment. The Special Olympics District Qualifier is held in early January. Gold medal winners advance to the Winter Games held in Galena in early February.

Code	8-109-01-1
Ages	8 years and older
Location	Ebersold Park, Downers Grove
Dates	Mondays, October 17–January 2 (11 Weeks)
	No program December 26
Time	4–5 p.m.
Limit	10
Fee	\$105

#### **Cross Country Skiing**

Enjoy this popular winter sport with SEASPAR. The group is introduced to the basics of cross country skiing, while promoting fitness and coordination. A sense of team spirit and good sportsmanship is encouraged. The program is held snow or no snow. Personal ski equipment is recommended. The program prepares skiers for the Special Olympics District Qualifier in early January. Gold medal winners in this competition advance to the Winter Games held in Galena in early February.

8-108-01-1
8 years and older
Ebersold Park, Downers Grove
Mondays, October 17–January 2 (11 Weeks)
No program December 26
4–5 p.m.
10
\$105



#### **Alpine Skiing**

It's that time of the year to join the SEASPAR Ski Team for a day of winter fun! Both beginner and experienced skiers are welcome. This program is designed to teach beginner skiers the basic skills required to pass the Special Olympics assessment tests required for competitive skiing. SEASPAR coaches promote independence and emphasize balance and control while skiing. Coaches also work with the competitive skiers to refine their skills in preparation for the 2017 Alpine Skiing Qualifier. Participation in this competition is determined by the coaches. Helmets are required. In the event of inclement weather, the practice at Wilmot Mountain is held on January 8.

Code	8-110-01-1
Ages	8 years and older
Location	Wilmot Mountain, Wilmot, WI
Date	Saturday, January 7
Time	7 a.m.–7 p.m.
Limit	4
Fee	\$275

**Note:** Athletes can sign up for an additional three hours of skiing at Four Lakes Ski and Snowboard Area in the months of December, January, and February. These lessons/practices are scheduled on an individual basis and are subject to coach availability and permissible weather.

Code	8-110-01-2
Ages	8 years and older
Place	Four Lakes Ski & Snowboard Area, Lisle
Dates	Various
Fee	\$85

#### **Winter Sports Getaway**

This program provides an on-site training opportunity for the 2017 State Winter Games or extra practice for those athletes aspiring to qualify for this Special Olympics State competition. This trip to Chestnut Mountain Ski Resort is only open to athletes who are registered in a SEASPAR winter sport program including Snowshoeing, Cross Country Skiing, or Alpine Skiing. Coaches hold structured practices for each sport and athletes are welcome to try the other sports during scheduled free time. **Note:** Participants are encouraged to contribute to the group dynamics by cooperating with staff and other group members, and by adapting their schedules and routines to accommodate the logistics of this experience. Due to the nature of the setting, participants are expected to stay with their assigned staff and not wander. A packing list and detailed schedule are sent prior to the trip.

Code	8-110-01-3
Ages	8 years and older
Location	Chestnut Mountain Resort, Galena
Dates	Wednesday, January 25–Thursday, January 26
Times	Depart: 6:30 a.m. Return: 6:30 p.m.
Limit	6
Fee	\$275
Dates Times Limit	Wednesday, January 25–Thursday, January 26 Depart: 6:30 a.m. Return: 6:30 p.m. 6



# special olympics

#### Basketball

Spartans basketball is back for another season of fast breakin' action! SEASPAR's veteran coaching staff instructs the athletes in the fundamentals of basketball and team play. We meet at the Downers Grove Park District Recreation Center to practice on the first week of the program. Athletes are then divided into the Blue Team, White Team, and Gray Team according to game play ability, age, and the discretion of the coaches. Information regarding transportation, practices, games, and tournaments is sent at the start of the season. Uniforms are distributed at practice prior to the first game. In addition to the regular game schedule, teams compete in the Special Olympics Tournament in January and the ITRS Tournament on February 19.

Code	8-101-01-1
Ages	16 years and older
Location	Various
Dates	Tuesdays, November 1–February 14 (16 Weeks)
Time	6:30–8 p.m.
Limit	36
Fee	\$210



#### **Artistic Gymnastics**

Gymnasts learn and practice the individual movements required to complete specific routines for the Vault, Balance Beam, Uneven Bars, and Floor Routine in preparation for the Special Olympics competition in March. Participants must exhibit patience and be able to follow all safety guidelines for the facilities and equipment used. Athletes should wear gymnastics leotards or fitted clothing.

Code	8-114-01-2
Ages	16 years and older
Location	Centennial Community Center, Lemont
Dates	Wednesdays, October 5–January 11 (15 Weeks)
Time	7:15–8:30 p.m.
Limit	6
Fee	\$240

#### Aquatics

Aquatics is designed for advanced swimmers who want to compete, and are able to meet the minimum skill requirements to perform during practice and in competition. Practices focus on swim endurance and refining stroke mechanics. The team competes in the SEASPAR Swim Meet on November 19 and the FVSRA Swim Meet in December.

Code	8-118-01-3
Ages	8 years and older
Location	Indian Boundary YMCA, Downers Grove
Dates	Saturdays, September 24–December 17 (12 Weeks)
	No program November 26
Time	1–2 p.m.
Limit	20
Fee	\$145

#### Basketball (Pre-Season and In-Season Practice)

Have an area of your basketball game that needs improvement? Come join other members of the SEASPAR Spartans basketball teams in a warm-up session of basketball practice before the regular season begins. Athletes can just shoot around, join the group scrimmages, or participate in instructional drills designed to get your mind, body, and game ready for competitive play! For those who want more court time once the season begins, a second six-week session of Saturday practices is now offered! Information regarding transportation is sent at the start of the season. **Note:** This program is only open to athletes registered for the SEASPAR Special Olympics Basketball program.

Code Ages Location Dates Time Limit Fee	8-101-01-5 16 years and older The CORE, Lemont Saturdays, September 24–October 29 (6 Weeks) 12:30–2 p.m. 18 \$50
Code Ages	8-101-01-6 16 years and older
Location	The CORE, Lemont
Dates	Saturdays, November 5–December 17 (6 Weeks) No program November 26
Time	12:30–2 p.m.
Limit	18
Fee	\$50

Discover Us! 🚺 💟 💶 💽 🚷

# programs for individuals with physical disabilities

#### **Youth Goalball**

Goalball provides an opportunity for athletes who are visually impaired to stay fit while having fun. Athletes throw and block a goalball with bells in it to score points while blindfolded. This program is designed to develop offensive throwing skills, defensive techniques, and team communication.

Code	8-050-02-1
Ages	8–18
Location	Westmont Community Center
Dates	Tuesdays, September 20–December 6 (11 Weeks)
	No program November 8
Time	4:30–6 p.m.
Fee	\$66
samble de san Reneral de las, mai Malanders de sette manuel (de la subarchise mender schwarmeil sadella da Reiser, Reiser and sade a de settem de	





#### CONTACT

for information about programs for individuals with physical disabilities.

#### **Greg Pavesich**

630.960.7629 gpavesich@seaspar.org

#### **Power Soccer**

Participants use an oversized soccer ball and maneuver their power chairs to dribble, pass, shoot, and score goals. A footguard is attached to the front of the power wheelchair and the game is on! This program is an introduction to power soccer and is designed for beginners. Footguards are provided.

Code	8-050-06-1
Ages	All ages
Location	Westmont Community Center
Dates	Saturdays, September 24–December 10 (11 Weeks)
	No program November 26
Time	9:30–10:30 a.m.
Fee	\$44

#### **Wheelchair Table Tennis**

Get your top spin going with SEASPAR's table tennis program! Learn the basics of wheelchair table tennis, or how to deal out a killer serve and counter your opponent's return. This program is for beginners.

Code	8-050-12-1
Ages	8 years and older
Location	Darien Sportsplex
Dates	Saturdays, September 24–December 10 (11 Weeks)
	No program November 26
Time	11 a.m.–12 p.m.
Fee	\$37

#### **Sled Hockey**

SEASPAR is hitting the ice! Sled hockey allows participants who have a physical disability to play hockey. This program is for beginners to learn the fundamentals. So come and try one of the most popular sports in the Paralympic Games. All equipment is provided.

Code	8-050-03-1
Ages	8 years and older
Location	Darien Sportsplex
Dates	Sundays, September 25, October 9 & 30,
	November 13 (4 Weeks)
Time	TBD
Fee	\$32

Registration Deadline: Monday, August 15 – 4:30 p.m.



## programs for teens and young adults (ages 16–22)

#### **Teen Scene**

Spend the afternoon with SEASPAR exploring the community and having fun! Activities include shopping, movies, bowling, and more. Participants are picked up directly from school. Parents are responsible for pickup at Denning Park, Lemont, or SEASPAR after the program. A schedule is mailed with confirmations.

Code	8-012-01-2
Location	Lyons Township North and South High Schools
Dates	Mondays, September 19–December 5 (12 Weeks)
Pickup	Denning: 6 p.m.
Fee	\$315
Code Location Dates Pickup Fee	8-012-01-1 Downers Grove South and Lemont High Schools Tuesdays, September 20–December 6 (12 Weeks) Lemont: 6 p.m. SEASPAR: 6:30 p.m. \$315

#### **Young Adult Club**

Calling all teens and young adults! This club is geared specifically for teens and young adults transitioning into adult programs. Activities and outings place a strong emphasis on socialization while also having fun. Mini golf, shopping, a tour of the fire department, and ceramics are just a few of the activities offered in previous sessions. It's the perfect opportunity to meet new friends and connect with old ones! A snack is provided.

Code	8-095-01-1
Location	Various
Dates	Saturdays, September 24, October 8 & 22,
	November 5 & 19, December 3
Time	SEASPAR Transportation: 1:30–6 p.m.
	Denning Transportation: 2–5:30 p.m.
	Lemont Transportation: 2:30–5 p.m.
Limit	12
Fee	\$225

#### **Columbus Day**

Celebrate Columbus Day with SEASPAR! Our day includes a movie at a local theater, bowling, and lunch at Lou Malnati's. Don't miss out on this exciting day off from school!

Code	8-214-01-1
Location	Various
Date	Monday, October 10
Time	SEASPAR Transportation: 8:30 a.m4 p.m.
	Lemont Transportation: 9 a.m.—3:30 p.m.
	Denning Transportation: 9:30 a.m.—3 p.m.
Fee	\$60

#### **Veterans Day**

You won't want to miss this opportunity to spend the day in beautiful downtown Chicago with SEASPAR friends. Our day includes touring the museum campus and lunch at a famous downtown restaurant.

Code	8-229-01-1
Location	Downtown Chicago
Date	Friday, November 11
Time	Denning Transportation: 9 a.m.—3:30 p.m.
	SEASPAR Transportation: 9:30 a.m.–3 p.m.
Fee	\$60

#### **Winter Expedition**

Looking to socialize and see friends over winter break? Join the Winter Expedition for outings in the community to a local arcade, the library, and the mall to purchase that last-minute gift for someone special. Lunch is included.

Location Time Fee	Lisle Recreation Center Lemont Transportation: 9 a.m.—3:30 p.m. Denning Transportation: 9:30 a.m.—3 p.m. \$55 per day
Code	8-252-01-1
Date	Monday, December 19
Code	8-252-01-2
Date	Wednesday, December 21



## programs for teens and adults (ages 16+)

#### **Afternoon Adventures**

Enjoy exciting travels throughout the community with your friends. You're sure to have a memorable time! Parents are responsible for pickup at SEASPAR after the program. A schedule is mailed with confirmations.

Code	8-007-01-3
Location	Various
Dates	Mondays, September 19–December 5 (12 Weeks)
Drop-off	SEASPAR: 2:30 p.m.
	Darien: 3 p.m.
	Lisle: 3:30 p.m.
Pickup	SEASPAR: 6 p.m.
Limit	12
Fee	\$275

#### **Throwback Fact**

SEASPAR presented its first Achievement Award to Jason Catalano and Breeze Davis in 2010.

Erin Compton received this special recognition at the Believe & Achieve Banquet in 2016.

#### Fit N' Fuel

Regular exercise and physical activity are extremely important and beneficial for long-term health and well-being. Being physically active can help you reduce body fat, control weight and build and maintain healthy muscles. If the weather is conducive, we may walk outside. Participants learn how to make a healthy snack following the fitness portion. Please bring a water bottle. Athletic apparel and gym shoes are required.

Code	8-003-01-4
Location	Community Park District of La Grange Park
Dates	Mondays, September 19–December 5 (12 Weeks)
Time	5–7 p.m.
Fee	\$60

#### **Wrestle Mania**

Liven up your Monday nights and spend it watching WWE Monday Night RAW. The evening includes pizza, watching wrestling on TV, and enjoying time with your friends.

Code	8-046-01-1
Location	Lisle Recreation Center
Dates	Mondays, September 19, October 3 & 17,
	November 7, 21, & 28
Time	7–9 p.m.
	Denning Transportation: 6:30–9:30 p.m.
Fee	\$68

#### **Day Away Tour**

If you have been wishing for something to do during the week, join Day Away Tour. This group travels beyond the local community to experience a variety of fun recreational activities. Outings include shopping, theater, bowling, museums, and sporting events. A schedule is mailed with confirmations. **Note:** Based on the distance of the destination, times may vary.

Code	8-007-01-1
Ages	21 years and older
Location	Various
Dates	Tuesdays, September 20, October 11 & 25,
	November 8 & 22, December 6
Time	SEASPAR Transportation: 9 a.m.–3 p.m.
Fee	\$320

#### **Aqua Exercise & Healthy Snack**

Jump right into SEASPAR's aqua exercise class! Build cardiovascular fitness and strength in a fun way. Participants experience a mix of water aerobic and aqua boot camp. After drying off, the group learns how to prepare a healthy snack. Wear your swimsuit under your clothes, and bring a towel. Participants will use the fitness center/walk the track on days the pool is not available.

Code	8-002-01-3
Location	The CORE, Lemont
Dates	Tuesdays, September 20–December 6 (12 Weeks)
Time	5–7 p.m.
Fee	\$60

#### **BINGO!**

Don't miss your chance to be a big winner! Spend the evening with your SEASPAR friends trying your luck at B-I-N-G-O! We have many wonderful prizes and snacks, plus there's time to socialize.

Code	8-034-01-1
Location	Lincoln Center, Downers Grove
Dates	Tuesdays, September 20–November 1 (6 Weeks)
	No program October 18
Time	7–8 p.m.
Fee	\$40





# programs for teens and adults (ages 16+)

#### Late Registration

The registration deadline is Monday, August 15 at 4:30 p.m. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waiting list. However, there may be openings available for programs after the deadline; please call SEASPAR to find out if a program you are interested in is still available.

#### **Annual Information Forms**

SEASPAR requires that all participants complete an Annual Information Form (AIF). Individuals without a current AIF on file will not be permitted to participate.

#### Please Check In

When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

#### Participation

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

#### ADA Statement

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. This program guide is available in an alternate format upon request. Individuals who have an accommodation concern should contact Susan Friend at 630.960.7600.

#### Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.



#### **Role Play**

Express yourself, gain confidence, and socialize while acting in a fun, relaxed setting. Participants work on new scenes each week in this non-performance-based acting class. The program focuses on group activities and improvisation. Get ready to move and be a star in this exciting program! Please wear comfortable clothes and bring a water bottle.

Code	8-076-01-1
Location	Westmont Community Center
Dates	Tuesdays, September 20–December 13 (11 Weeks)
	No program September 27 & November 8
Time	5:30–6:30 p.m.
Fee	\$60



#### **Music Mania**

Learn new songs, free dance, and how to jam instrumentally. The group experience teaches patience, sharing, and listening. The goal is for you to use music for stress reduction, relaxation, and improving communication, but the most important objective is to have fun!

Code	8-014-01-1
Location	Westmont Community Center
Dates	Tuesdays, September 20–December 13 (11 Weeks)
	No program September 27 & November 8
Time	7–7:45 p.m.
Fee	\$87

#### **Animal Assisted Therapy**

Spend time with man's best friend. You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem.

Code	8-039-01-1
Location	Darien Community Center
Dates	Tuesdays, November 1–December 6 (6 Weeks)
Time	7–8 p.m.
Fee	\$50

## programs for teens and adults (ages 16+)

#### **Alley Cats/Strikers**

Enjoy a leisurely game of bowling with your friends. This non-competitive program focuses on the importance of sportsmanship, socialization, and fun with basic instruction. Scores are recorded to help participants track their progress. These scores are also used as a basis for participants who choose to sign up for Special Olympics Bowling. **Note:** Parents/guardians are responsible for bringing participants into the bowling alley and checking in with staff.

#### **Diner's Delight**

Whether you work up an appetite from bowling, or are looking for an evening among friends, Diner's Delight can provide you with a tasty meal and friendly conversations. Staff help participants promote their independence by having them order their own meals, set the tables, engage in appropriate social interaction, and clean up after the meal. A schedule is mailed with confirmations. **Note:** Participants registering only for Diner's Delight meet at Lisle Lanes at 4:45 p.m. or at Willowbrook Lanes at 5:15 p.m. Participants registered for Lisle EAGLES and Alley Cats Lisle are picked up from Lisle EAGLES at 3:30 p.m.

Code	Program	Location	Day	Dates	Time	Fee
8-023-01-1	Alley Cats	Lisle Lanes	Wednesday	9/21–12/7 (12 Weeks)	4–5 p.m.	\$175
8-022-01-1	Diner's Delight	Lisle Lanes	Wednesday	9/21–12/7 (12 Weeks)	5–6:30 p.m.	\$185
8-023-01-2	Alley Cats	Willowbrook Lanes	Thursday	9/22–12/8 (11 Weeks, No Program 11/24)	4:30–5:30 p.m.	\$160
8-022-01-2	Diner's Delight	SEASPAR, Downers Grove	Thursday	9/22–12/8 (11 Weeks, No Program 11/24)	5:30–7 p.m.	\$170
8-022-01-3	Diner's Delight	Denning Park, La Grange	Thursday	9/22–12/8 (11 Weeks, No Program 11/24)	5:30–7 p.m.	\$170
8-023-01-3	Strikers	Suburbanite Bowl, Westmont	Saturday	9/24–12/10 (11 Weeks, No Program 11/26)	1:30–2:30 p.m.	\$160

#### **Throwback Fact**

SEASPAR's first Holiday Spectacular was held in 2007 to showcase the talents of participants in programs like Dancin' the Night Away.

Learn more about this year's event on the back cover of this brochure.

#### **At the Movies**

Lights, camera, action! Get together with friends to see a current G, PG, or PG-13 movie. Please visit our website at SEASPAR.org or call SEASPAR after 2 p.m. on the day of the program for movie title and time (if calling after hours, select the program update option). Bring \$10 for concessions if you wish. **Note:** Parents, guardians, or caseworkers must check in with the supervisor upon arrival and departure.

Dates	Wednesdays, September 21, October 12,
Time Fee	November 9, December 7 Varies \$70
Code	8-019-01-1
Location	AMC Quarry Cinema, Hodgkins
Code	8-019-01-2
Location	Cinemark – Seven Bridges, Woodridge

#### Dancin' the Night Away

Have you always wanted to learn how to boogie down? Now you can! Learn dance movements that you'll be able to show off for your friends and family on the final date of the program. You can also flaunt your new moves at one of our many dances offered throughout the year.

Code	8-011-01-2
Location	Brookfield Municipal Building
Dates	Wednesdays, September 21–December 7 (12 Weeks)
Time	7–8 p.m.
Fee	\$74

#### **Adult Swim**

Jump right in; the water's great! This non-competitive program is designed for those who enjoy a leisurely swim in the pool. We spend our Wednesday evenings playing fun water games while socializing with great friends. Sign up today and make a splash!

Code	8-002-01-1
Location	Doubletree Hotel, Downers Grove
Dates	Wednesdays, September 21–December 7 (12 Weeks)
Time	7–8 p.m.
Fee	\$65



# programs for teens and adults (ages 16+)

#### **Actors Guild**

This program is taught by Christine Grohne of Actors with Special Needs. Actors hone their acting skills and practice for the spring performance. Participants are encouraged to register for the winter/spring session as well. Actors Guild is designed to build self-esteem, enhance character, and motivate each of you to do your best. No acting experience is necessary. Family and friends are encouraged to practice lines with participants to prepare for the Holiday Spectacular on December 5.

8-010-01-1
Lincoln Center, Downers Grove
Wednesdays, September 21–December 14 (12 Weeks)
No program October 19
4:45–6 p.m.
\$107



#### **Holiday Treats**

Each season brings new holiday treats to enjoy! We make delectable delights for each of our favorite holidays. Try your luck at a variety of fall-inspired treats. Learn how to follow a recipe in order to create your succulent snack.

Code	8-032-01-1
Location	Darien Sportsplex
Dates	Wednesdays, September 28, October 26,
	November 2, December 7
Time	6:30–8 p.m.
Fee	\$50

#### **Weight Training**

Are you willing to go the extra mile and dedicate yourself to our weight training program? When it comes to changing how your body looks, weight training wins hands-down. Lifting weights can help raise your metabolism, strengthen bones, help you avoid injuries, increase your confidence and self-esteem, and improve coordination and balance. SEASPAR staff assist you in choosing which exercises help you achieve your goals. Bring a water bottle. Athletic apparel and gym shoes are required. No jeans allowed.

Code	8-013-01-1	
Location	Lisle Community Center	
Dates	Thursdays, September 22–December 8 (11 Weeks)	
	No program November 24	
Time	4:30–5:30 p.m.	
Fee	\$83	

Registration Deadline: Monday, August 15 – 4:30 p.m.

#### Transportation

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions. These locations may include:

Darien: Darien Sportsplex, 451 Plainfield Road, Darien Denning: Denning Park, 4901 Gilbert Road, La Grange Lemont: Centennial Community Center, 16028 127<sup>th</sup> Street, Lemont Lisle: Lisle Recreation Center, 1925 Ohio Street, Lisle SEASPAR: SEASPAR Office, Downers Grove Recreation Center, 4500 Belmont Road, Downers Grove

When completing your registration form for programs that include transportation, please circle the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles. SEASPAR reserves the right to refuse to transport individuals. All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle. All wheelchairs must have brakes that are in good working condition and can stop the chair from moving. SEASPAR staff are responsible for determining whether a participant can be transported safely. Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.

## programs for teens and adults (ages 16+)

#### **Glee Club**

Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Practicing helps you stay "in tune" in preparation for the spring recital, keeping the "perfect pitch" for your friends and family.

Code	8-014-01-2
Location	Darien Sportsplex
Dates	Thursdays, September 22–December 8 (10 Weeks)
	No program September 29 & November 24
Time	5–6 p.m.
Fee	\$102

#### **Throwback Fact**

In 2012, SEASPAR began recognizing a Cultural Artist of the Year at the Believe & Achieve Banquet. The recipients have been:

> 2012 • Aaron Grzywa 2013 • Melissa Hands 2014 • Emma Randleman 2015 • Becky Berman 2016 • Bryal Peterson

#### **Crafters Club**

Get in touch with your creative side at SEASPAR's fine arts program! Participants focus on different art media such as jewelry, ceramics, and canvas. The artists can choose their own projects to be displayed throughout our member districts.

Code	8-028-01-1
Location	Darien Community Center
Dates	Thursdays, September 22–December 8 (11 Weeks)
	No program November 24
Time	6–7 p.m.
Fee	\$75

#### Yoga

Yoga is designed to safely guide you toward enhanced strength, stamina, and flexibility. Studies show yoga has multiple health benefits such as reducing high blood pressure, blood sugar, and obesity. Mats are provided. Please bring a water bottle.

Code	8-033-01-1
Location	Darien Community Center
Dates	Thursdays, September 22–December 8 (11 Weeks)
	No program November 24
Time	7–8 p.m.
Limit	8
Fee	\$139

#### **Social Club**

Social Club offers activities and excursions within the community. As clubs are established, consideration is given to age, peer groups, carpools, CILAs, and issues that are important to you. Please be sure to list carpool information on the registration form. Accessible transportation is available. The Boo Bash and Holiday Dinner Dance are included in the club schedule.

Code	8-025-01-1	
Dates	Fridays, September 23–December 9 (11 Weeks)	
	No program November 25	
Time	Varies	
Fee	\$198	

#### **Saturday Night Socialites**

This program is designed for adults who are ready to venture out on their own, but may need a jump-start. The group plans a variety of community outings. A schedule is mailed and available on our website at SEASPAR.org once the activities are determined. Participants must contribute to the social dynamics of the group and adhere to dress and behavior codes.

Code	8-026-01-1	
Ages	21 years and older	
Location	Smashburger, La Grange	
Planning Date	Saturday, September 17	
Time	SEASPAR Transportation: 6–9:30 p.m.	
	737 Apts. Transportation: 6:30–9 p.m.	
Program Dates	Saturdays, October 8 & 22, November 5 & 19,	
	December 3	
Program Time	Varies	
Fee	\$265	

#### **Fall Festers**

Love the changing leaves and cooler air? Get outdoors this fall and join your SEASPAR friends as we experience all this season has to offer before winter. We travel to an Oktoberfest celebration, a scarecrow fest, and have a fall celebration of our own on the last day. Bring \$15 for snacks and souvenirs.

Code	8-005-01-4
Location	SEASPAR, Downers Grove
Dates	Saturdays, October 1, 15, & 22
Time	6–9:30 p.m.
Limit	12
Fee	\$50

29



# programs for teens and adults (ages 16+)

#### **Bears Bonanza**

Don't miss your chance to cheer on the Chicago Bears in their hunt to return to the NFL playoffs! Head Coach John Fox leads the team through an exciting season of touchdown passes and crushing tackles. Lunch is served as the competition plays out on the big screen. **Note:** Due to the unpredictable length of the games, return time to Denning Park is approximate. SEASPAR remains until the end of the game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Location	Papa Passero's, Westmont
Dates	Sundays (see schedule below)
Game Time	Noon
Time	11:45 a.m.–3:15 p.m.
	Denning Transportation: 11:15 a.m.–3:45 p.m.
Fee	\$28 per event

Code	Date	Team
8-027-01-1	October 9	Indianapolis Colts
8-027-01-2	November 20	New York Giants
8-027-01-3	December 4	San Francisco 49ers
8-027-01-4	December 18	Green Bay Packers





#### CONTACT

for information about programs for teens and adults (16+).

#### Catherine A. Morava

630.960.7600 cmorava@seaspar.org

## At-A-Glance Weekly Programs for Teens and Adults

#### MONDAYS

Afternoon Adventures – Various Locations Fit N' Fuel – La Grange Park Wrestle Mania – Lisle

#### TUESDAYS

Day Away Tour – Various Locations Aqua Exercise & Healthy Snack – Lemont BINGO! – Downers Grove Role Play – Westmont Music Mania – Westmont Animal Assisted Therapy – Darien

#### WEDNESDAYS

Alley Cats – Lisle Diner's Delight – Lisle At the Movies – Hodgkins/Woodridge Dancin' the Night Away – Brookfield Adult Swim – Downers Grove Actors Guild – Downers Grove Holiday Treats – Darien

#### THURSDAYS

Alley Cats – Willowbrook Diner's Delight – Downers Grove/La Grange Weight Training – Lisle Glee Club – Darien Crafters Club – Darien Yoga – Darien

#### FRIDAYS

**Social Club – Various Locations** 

#### SATURDAYS

Strikers – Westmont Saturday Night Socialites – Various Locations Fall Festers – Downers Grove

#### SUNDAYS

Bears Bonanza – Westmont



#### **Chicago Fire**

Join SEASPAR at the Chicago Fire soccer game for an evening of fun and excitement. Be there to watch the fancy footwork of the red-hot Chicago Fire. Cheer on our home team as they encounter yet another worthy opponent. Bring \$20 for concessions and souvenirs. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Code	8-201-01-1
Location	Toyota Park, Bridgeview
Date	Friday, September 16
Game Time	7 p.m.
Time	Lemont Transportation: 5–11 p.m.
	SEASPAR Transportation: 5:30–10:30 p.m.
	Denning Transportation: 6–10 p.m.
Limit	11
Fee	\$56

#### Accessible Seat

Code	8-201-01-2
Limit	1

#### **Northwestern Football**

Get ready to cheer on the Wildcats as they take on Duke University at Ryan Field. Bring \$20 for concessions and souvenirs. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Code	8-202-01-1
Location	Ryan Field, Evanston
Date	Saturday, September 17
Game Time	7 p.m.
Time	Lemont Transportation: 4:30 p.m.–12 a.m.
	SEASPAR Transportation: 5–11:30 p.m.
	Denning Transportation: 5:30–11 p.m.
Limit	13
Fee	\$42

#### **Accessible Seat**

Code	8-202-01-2
Limit	1

#### **Goebbert's Pumpkin Patch**

Join your friends at Goebbert's Fall Festival. Come enjoy the animals, watch the pig races, see the famous pumpkin-eating dinosaur, and take a wagon ride to the pumpkin patch. We stop by Farmer's Wife Café for some tasty treats, including their famous apple cider donuts and pumpkin cookies. Snacks are provided. Bring \$20 for lunch and souvenirs.

Code	8-203-01-1
Location	Goebbert's Pumpkin Patch, Hampshire
Date	Sunday, September 18
Time	Lemont Transportation: 12–8 p.m.
	Denning Transportation: 12:30–7:30 p.m.
	SEASPAR Transportation: 1–7 p.m.
Limit	22
Fee	\$67

#### **MAMMA MIA!**

This is a story of love and friendship, of lost dreams, and that last chance to make it all right. Best of all, the entire show is set to the music of one of the most popular bands in the world – ABBA. From "Dancing Queen" to "Take a Chance" and "SOS" to "Knowing Me, Knowing You," it's one hit song after another that has you singing the words, dancing in your seats, and touching your heart. Experience the musical that is an international phenomenon, *Mamma Mia!* Bring \$20 for concessions. Please have lunch before the event.

Code	8-204-01-1
Location	Paramount Theatre, Aurora
Date	Saturday, September 24
Show Time	3 p.m.
Time	Lemont Transportation: 12:30–7:30 p.m.
	Denning Transportation: 1–7 p.m.
	SEASPAR Transportation: 1:30–6:30 p.m.
Limit	20
Fee	\$68

#### **Accessible Seats**

Code	8-204-01-2
Limit	2

### **Parents of Special Olympics Athletes:**

Please check the events on page 20 for potential date conflicts.





#### Long Grove Apple Festival

An apple a day is said to keep the doctor away. At the Long Grove Apple Festival, there are enough apples to keep the doctor away for a long time. Any way you slice it, you can expect bushels of fun! From brown bag apple pies and apple cider donuts to hot apple cider and caramel lattes, we've got your apple cravings covered. Lunch is included.

Code	8-207-01-1
Location	Long Grove
Date	Sunday, September 25
Time	Lemont Transportation: 9 a.m.–5 p.m.
	SEASPAR Transportation: 9:30 a.m.–4:30 p.m.
	Denning Transportation: 10 a.m.—4 p.m.
Limit	18
Fee	\$56

#### **Illinois Railway Museum**

See the largest railroad museum in the United States. Join us on "Bus Day" where the rubber meets the road. Trolley bus rides, other buses, and electric trains are on display. The Bus Shop Stop is open to buy artifacts from their collection. Lunch is included.

Code	8-208-01-1
Location	Illinois Railway Museum, Union
Date	Saturday, October 1
Time	Lemont Transportation: 8:30 a.m.–4:30 p.m.
	Denning Transportation: 9 a.m.—4 p.m.
	SEASPAR Transportation: 9:30 a.m.–3:30 p.m.
Limit	12
Fee	\$65

#### **Bengtson's Pumpkin Farm**

Experience an afternoon of fun at the pumpkin farm. Enjoy a tractor-pulled hayride, the haunted barn, if you dare, and giggle in the animated Fun Barn. For the adventurous, try making it to the end of the Crazy Corn Maizey. Snacks are included. Bring \$10 for additional snacks and souvenirs.

Code	8-210-01-1
Location	Bengtson's Pumpkin Farm, Homer Glen
Date	Sunday, October 2
Time	SEASPAR Transportation: 11:30 a.m.—6:30 p.m.
	Denning Transportation: 12–6 p.m.
	Lemont Transportation: 12:30–5:30.m.
Limit	12
Fee	\$52

#### **Fall Escape**

Join SEASPAR as we travel to Madison, Wisconsin. We enjoy shopping at their famous Dane County Farmers Market, tour the Wisconsin State Capital, and visit the Henry Vilas Zoo. The group stays at the Best Western Plus Inn Towner. Participants share rooms and possibly beds. Contact Kim Huggins before Monday, August 15 if you want your own room or bed. An additional fee applies for these arrangements. Staff may not be present in all rooms. Rooms are assigned according to age and gender. **Note:** This trip involves moderate walking. Participants are encouraged to contribute to group dynamics by cooperating with staff and fellow travelers, and by adapting their schedules and routines to accommodate the logistics of the trip. Bring \$50 for souvenirs and snacks. A packing list is sent one week prior to the trip.

Code	8-212-01-1
Location	Madison, WI
Dates	Saturday, October 8–Sunday, October 9
	Drop-off and pickup at SEASPAR
Times	Depart: 9 a.m. Return: 6 p.m.
Limit	12
Fee	\$287

#### **Starved Rock**

Voted the number one attraction in Illinois, Starved Rock State Park is a world apart from anything else in our state. You know it the minute you enter the park, as the van travels through the winding roads while taking in the beauty of the fall colors. We enjoy lunch at the Lodge, and then we burn off those extra calories with a hike through the trails. After hiking, we enjoy fishing and perhaps wrap up the day with a little shopping. Lunch is included. Bring \$20 for concessions and souvenirs.

Code	8-215-01-1
Location	Starved Rock State Park, Oglesby
Date	Monday, October 10
Time	SEASPAR Transportation: 8 a.m.–7 p.m.
	Denning Transportation: 8:30 a.m.–6:30 p.m.
	Lemont Transportation: 9 a.m.–6 p.m.
Limit	12
Fee	\$70



#### **Fright Fest Great America**

Six Flags Great America transforms itself into a Halloween extravaganza and SEASPAR joins right in. There are rides and roller coasters for the daring, the reserved, and anyone in between, along with carnival games and live shows, too! Bring \$40 for lunch and dinner and extra money for games, snacks, and souvenirs. Participants are grouped according to interests. Due to the nature of this event, participants must be able to stay with the group, wait in lines, and tolerate a lot of walking.

Code	8-216-01-1
Location	Six Flags Great America, Gurnee
Date	Saturday, October 15
Time	Lemont Transportation: 8:30 a.m.–10 p.m.
	SEASPAR Transportation: 9 a.m.–9:30 p.m.
	Denning Transportation: 9:30 a.m.—9 p.m.
Limit	12
Fee	\$100

#### **White Pines Ranch**

Don't miss it when SEASPAR saddles up for a day of riding and exploring life the way it used to be. Activities include horseback riding and viewing wildlife. Participants must be ambulatory and able to sit on a horse without a riding partner. Lunch is included. **Note:** A waiver is sent with the program confirmation and must be returned by October 7.

Code	8-217-01-1
Location	White Pines Ranch, Oregon
Date	Sunday, October 16
Time	Lemont Transportation: 9 a.m.–6 p.m.
	Denning Transportation: 9:30 a.m.—5:30 p.m.
	SEASPAR Transportation: 10 a.m.—5 p.m.
Limit	12
Fee	\$95



#### Boo! at the Zoo

Ghosts and goblins of all ages are sure to have a howlin' good time! Brookfield Zoo's not-so-scary and fun-filled event has something for everyone to enjoy. Find your way through the more than 7,000-square-foot Crazy Maize corn maze, take a picture at the many pumpkin patches throughout the park, and much more! Dress appropriately for the weather and bring \$20 for lunch and souvenirs.

Code	8-219-01-1
Location	Brookfield Zoo
Date	Saturday, October 22
Time	Lemont Transportation: 9:30 a.m.–5 p.m.
	SEASPAR Transportation: 10 a.m.—4:30 p.m.
	Denning Transportation: 10:30 a.m.—4 p.m.
Limit	12
Fee	\$45

#### **Paisans Pizzeria**

Come join us at Paisans Pizzeria where they serve gourmet burgers, fresh salads, handmade pasta, and the pizza you have always loved. Custom motorcycles, gorgeous fish tanks, and big screen TVs make this a perfect place to hang out with your SEASPAR friends.

Code	8-220-01-1
Location	Paisans Pizzeria, Lisle
Date	Sunday, October 23
Time	Lemont Transportation: 3:45–8:15 p.m.
	Denning Transportation: 4:15–7:45 p.m.
	SEASPAR Transportation: 4:45–7:15 p.m.
Limit	12
Fee	\$45

#### **Boo Bash**

Halloween is celebrated with costumes, trick-or-treating, ghost stories, and jack-o-lanterns. Why not add dancing and fun to the list? Celebrate with friends and show off your costume and dance moves. Refreshments are included. **Note:** This event is included in all Social Club schedules.

Code	8-221-01-1
Location	Benet Academy, Lisle
Date	Friday, October 28
Time	6:30–8:30 p.m.
Fee	\$20





#### **White Fence Farm**

Since it opened in the early 1920s, White Fence Farm has been known throughout the Midwest for its outstanding chicken dinners. "The World's Greatest Chicken" is certainly a statement that has stood the test of time. Our dinner is family style and you have a choice of chicken or fish. This place has earned its reputation over the years as a truly unique, friendly, and courteous place to have dinner.

Code	8-223-01-1
Location	White Fence Farm, Romeoville
Date	Saturday, October 29
Time	Denning Transportation: 3:30–8:30 p.m.
	SEASPAR Transportation: 4–8 p.m.
	Lemont Transportation: 4:30–7:30 p.m.
Limit	12
Fee	\$50



#### **The Richard H. Driehaus Museum**

Steps away from Chicago's Magnificent Mile, the Richard H. Driehaus Museum offers a fascinating view of one of the few remaining examples of the palatial homes erected by the wealthy of America's Gilded Age. Join us as we tour one of the grandest residential buildings of 19<sup>th</sup> century Chicago. Have lunch before the event.

Code	8-225-01-1
Location	Richard H. Driehaus Museum, Chicago
Date	Sunday, October 30
Time	Lemont Transportation: 12:30–6 p.m.
	SEASPAR Transportation: 1–5:30 p.m.
	Denning Transportation: 1:30–5 p.m.
Limit	11
Fee	\$60

#### **Out Of This World**

Prepare to blast off on an intergalactic adventure for space-age fun as Ringling Bros. and Barnum & Bailey presents Out Of This World! Join the circus space fleet on a heroic quest of good versus evil that lets your imagination run wild with unexpected surprises and thrills at every turn. Be amazed by this cosmic voyage as you discover the wonders of gravity defying acrobats, orbital aerialists, majestic animals, fearless daredevils, and humorous clowns. Bring \$20 for concessions and additional money for souvenirs.

Code	8-226-01-1
Location	Allstate Arena, Rosemont
Date	Saturday, November 5
Show Time	3 p.m.
Time	Lemont Transportation: 1–7:30 p.m.
	SEASPAR Transportation: 1:30–7 p.m.
	Denning Transportation: 2–6:30 p.m.
Limit	20
Fee	\$65

#### **Accessible Seats**

Code	8-226-01-2
Limit	2

#### **Shades of Autumn Dance**

There is no better way to celebrate fall than with a dance, fun, and snacks. Wear your dancing shoes and show off those moves as we have a rocking good time celebrating with your friends at this annual autumn event.

Code	8-228-01-1
Location	Clarendon Hills Community Center
Date	Sunday, November 6
Time	6:30–8:30 p.m.
	Lemont Transportation: 6–9 p.m.
Fee	\$20

#### **Fall Pool Party**

Come take a plunge with SEASPAR at The CORE pool. It might be getting cold outside, but we stay warm inside! Pizza and munchies are included. Wear your swimsuit and bring a change of clothes and a towel.

Code	8-231-01-1
Location	The CORE, Lemont
Date	Saturday, November 12
Time	5–7:30 p.m.
	SEASPAR Transportation: 4–8:30 p.m.
	Denning Transportation: 4:30–8 p.m.
Limit	12
Fee	\$30

#### Annie

Leapin' Lizards! The world's best loved musical returns in time honored form. This production of *Annie* brings a brand new incarnation of the iconic original. *Annie* includes such unforgettable songs as "It's the Hard Knock Life," "Easy Street," "I Don't Need Anything But You," plus the eternal anthem of optimism, "Tomorrow." Bring \$20 for concessions. Have lunch before the event.

Code	8-232-01-1
Location	Cadillac Palace Theatre, Chicago
Date	Sunday, November 13
Show Time	2 p.m.
Time	Lemont Transportation: 11:30 a.m.–6:45 p.m.
	SEASPAR Transportation: 12–6:15 p.m.
	Denning Transportation: 12:30–5:45 p.m.
Limit	15
Fee	\$70

#### **Accessible Seat**

Code 8-232-01-2 Limit 1

#### **Turkey Shoot**

The Turkey Shoot is an annual basketball shooting contest in which participants compete to win a turkey for Thanksgiving dinner. A variety of competitions are provided for all ability levels. Everyone gets to take home a memento, and winners take home a turkey.

Code	8-233-01-1
Location	Lincoln Center, Downers Grove
Date	Saturday, November 19
Time	10 a.m.–12 p.m.
	Lemont Transportation: 9 a.m.—1 p.m.
	Denning Transportation: 9:30 a.m.–12:30 p.m.
Fee	\$20

#### **Throwback Fact**

Since 2008, SEASPAR has provided Ability Awareness training for 6<sup>th</sup> grade students at St. Francis Xavier School in La Grange. This training teaches students about individuals with disabilities.

In turn, the students regularly volunteer at SEASPAR programs and events, including the annual St. Francis Bowling event. Learn more about this year's program on this page.

#### **Ladies Day Out**

Hey ladies, enjoy brunch at Meson Sabika. We dine inside the Willoway Mansion that was built in 1847. Enjoy the grace and charm reminiscent of a European Villa. Enjoy tapas, soups, fresh fruit, made-to-order omelets, and homemade desserts. There's always a pleasant combination of exceptional food, friendly service, and unique atmosphere at Meson Sabika.

Code	8-236-01-1
Location	Meson Sabika, Naperville
Date	Sunday, November 20
Time	Lemont Transportation: 10:45 a.m.–3:30 p.m.
	Denning Transportation: 11:15 a.m.—3 p.m.
	SEASPAR Transportation: 11:45 a.m.—2:30 p.m.
Limit	12
Fee	\$65

#### **St. Francis Bowling**

Let's see those strikes and spares! Enjoy a leisurely game or two of bowling with your friends and students from St. Francis Xavier School in La Grange. This non-competitive program focuses on socialization and fun. Participants are grouped with the sixth graders as the students work to give back to the community. Shoes, ramps, and balls are available at the bowling alley, or you are welcome to bring your own. Don't miss out on the chance to get some extra practice, or just enjoy a game at your own pace.

Code	8-238-01-1
Location	Suburbanite Bowl, Westmont
Date	Friday, December 2
Time	10–11:30 a.m.
Fee	\$15





#### **Guys Day Out**

Hey fellas, join us for an afternoon of games and food at Punch Bowl Social. Test your skill and luck in old school entertainment such as bocce, baggo, foosball, shuffleboard, and more. Whatever your game, there's one for you. Check out the good things in life at Punch Bowl Social. Lunch is included.

Code	8-240-01-1
Location	Punch Bowl Social, Schaumburg
Date	Saturday, December 3
Time	Lemont Transportation: 10 a.m.—3:30 p.m.
	Denning Transportation: 10:30 a.m.—3 p.m.
	SEASPAR Transportation: 11 a.m.–2:30 p.m.
Limit	12
Fee	\$60

#### **The Little Mermaid**

Mermaid princess Ariel is fascinated by the world and lives of people on dry land, and she longs to someday join them, though her father, King Triton, forbids contact. When she falls in love with human Prince Eric from afar, she makes a deal with her father's sister and enemy Ursula: she is temporarily transformed into a human and may remain so if she wins the kiss of true love from her prince within three days. The dangerous mission leads to a showdown between good and evil forces which only love can remedy. Bring \$20 for concessions. Please have an early dinner before the event.

Code	8-241-01-1
Location	Paramount Theatre, Aurora
Date	Sunday, December 4
Show Time	5:30 p.m.
Time	Lemont Transportation: 3–10 p.m.
	Denning Transportation: 3:30–9:30 p.m.
	SEASPAR Transportation: 4–9 p.m.
Limit	11
Fee	\$55

#### **Accessible Seat**

Code	8-241-01-2
Limit	1

#### **Holiday Dinner Dance**

Celebrate the season with a delicious dinner and dancing for this annual event. Don't forget to dress up – no jeans or tennis shoes. We'll see you there in your formal wear! Participants must be able to remain seated during dinner. **Note:** This event is included in all Social Club schedules.

Code8-243-01-1LocationAlpine Banquets, DarienDateFriday, December 9Time6-9:30 p.m.Fee\$50

#### ComedySportz

Two teams battle for your laughs in a hilarious improv comedy show! This ultimate ComedySportz competition is clean, upbeat, and full of audience participation. The teams come with songs and games based on your suggestions. Please have an early dinner before the event.

Code	8-245-01-1
Location	CSz Theatre Chicago
Date	Saturday, December 10
Show Time	6 p.m.
Time	Lemont Transportation: 3–10:15 p.m.
	SEASPAR Transportation: 3:30–9:45 p.m.
	Denning Transportation: 4–9:15 p.m.
Limit	11
Fee	\$60

#### **Accessible Seat**

Code	8-245-01-2
Limit	1

#### Singin' in the Rain

Singin' in the Rain has all the makings of a Tinseltown tabloid headline – the starlet, the leading man, and a love affair that could change lives and make or break careers! In silent movies, Don Lockwood and Lina Lamont are a hot item, but behind the scenes, things aren't as they appear on the big screen. Meanwhile, Lina's squeaky voice might be the end of her career in "talking pictures" without the help of a talented young actress to do the talking and singing for her. Filled with every memorable moment from the film and a downpour of unforgettable songs, *Singin' In The Rain* is a guaranteed hit! Bring \$20 for concessions. Please have an early dinner before the event.

Code	8-246-01-1
Location	The Marriott Theatre, LincoInshire
Date	Sunday, December 11
Show Time	5 p.m.
Time	Lemont Transportation: 2:30–9:30 p.m.
	SEASPAR Transportation: 3–9 p.m.
	Denning Transportation: 3:30–8:30 p.m.
Limit	14
Fee	\$75

#### **Accessible Seat**

Code	8-246-01-2
Limit	1



# special events for teens and adults (ages 16+)

#### **Holiday Shopping**

Selecting the perfect gift for that special someone can be a tricky task, but SEASPAR is here to help. Staff assist with money transactions, asking for assistance, and finding the perfect gift. Bring a shopping list and money for dinner. Participants may make purchases or just window shop.

Code	8-247-01-1
Location	Woodfield Mall, Schaumburg
Date	Monday, December 12
Time	Lemont Transportation: 4–10:45 p.m.
	Denning Transportation: 4:30–10:15 p.m.
	SEASPAR Transportation: 5–9:45 p.m.
Limit	12
Fee	\$25

#### Holiday Magic at the Zoo

Join SEASPAR as we watch the light festival featuring more than one million twinkling lights, animated light displays, and a laser show. Many indoor exhibits are open. Music in the pavilion and ice carvings are all available for us to enjoy. Please have dinner before the event. Dress appropriately for the weather and bring \$20 for concessions and souvenirs.

Code	8-249-01-1
Location	Brookfield Zoo
Date	Saturday, December 17
Time	Lemont Transportation: 2:30–9:30 p.m.
	SEASPAR Transportation: 3–9 p.m.
	Denning Transportation: 3:30–8:30 p.m.
Limit	22
Fee	\$46

#### Registration Deadline: Monday, August 15 – 4:30 p.m.



#### CONTACT

for information about special events for teens and adults (16+).

#### Kim Huggins 630.960.7628 khuggins@seaspar.org

#### **Holiday Pool Party**

Come take a plunge with SEASPAR at The CORE pool! It might be cold outside, but we stay warm inside! Pizza and munchies are provided. Wear your swimsuit and bring a change of clothes and a towel.

Code	8-250-01-1
Location	The CORE, Lemont
Date	Sunday, December 18
Time	5–7:30 p.m.
	SEASPAR Transportation: 4–8:30 p.m.
	Denning Transportation: 4:30–8 p.m.
Limit	12
Fee	\$30

#### **New Year's Bash**

It seems like just yesterday that we rang in 2016. How time flies when you're having fun! Let's send another great year on its way with a grand celebration. Party favors and pizza are provided while you ring in the new year. Don't miss the last dance of the year!

Code	8-253-01-1
Location	Clarendon Hills Community Center
Date	Wednesday, December 28
Time	7–10 p.m.
	Lemont Transportation: 6:30–10:30 p.m.
Fee	\$26





#### **Drop-Off/Pickup**

SEASPAR asks that parents promptly drop off and pick up participants at the designated program times. Before programs, staff are busy preparing for the program and are unavailable to supervise participants. After programs, staff may be scheduled at another facility and need to depart soon after the program. By allowing them to complete their work promptly, SEASPAR can operate more cost-efficiently. Be sure to check in with the staff when dropping off and picking up your child.

Families of participants who are not picked up promptly are sent a letter that serves to remind them of the concern. If the situation continues, a charge is imposed for subsequent late pickups. If a participant is picked up late (more than 10 minutes) three times in three months or less, a warning is sent stating that the next late pickup results in a payment due to SEASPAR for the overtime. A rate of \$18 per hour is used. Payment is due to SEASPAR within one week of notification. If not paid promptly, the amount is due prior to the next registration. The staff makes every effort to return on time from all outings; we ask your cooperation in making pickups promptly.

If a participant is traveling home unsupervised, parents or case managers must submit written notice to the SEASPAR office. Please submit this notice with the registration form. We ask that you notify SEASPAR if someone other than a familiar family member is picking up your child.

#### **Absences**

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and means that no tickets are wasted. Messages may be left on the after-hours absence line. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

#### **Family Playgroup**

Child and Family Connections and SEASPAR have joined together to offer playgroups to families of children with a disability, ages birth to three years. The goal of the playgroup is to bring families together in an open format, to play with other children, and to meet other parents with similar experiences. Toys, balls, books, the Wonders multi-sensory room, and more are available. Siblings are encouraged to attend. The group meets the second Tuesday of the month from 9:30–11 a.m. at the SEASPAR program room at the Lisle Recreation Center. For more information, contact Jenny Somone at Child and Family Connections at 630.493.0400.

#### **Inclusive Programs**

As part of SEASPAR's continuum of recreation programs, inclusive services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. SEASPAR and its member entity staff encourage and aid, but do not force participation. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations. For more information, contact Catherine Morava at 630.960.7600.

#### **Stroke Support Group**

SEASPAR, in cooperation with Hinsdale Hospital and La Grange Memorial Hospital, sponsors the Stroke Support Group for those who have had a stroke and their family and friends. It provides educational sessions about strokes and how to rebound following a stroke. Members encourage one another to face and overcome common problems by sharing their own experiences. The group provides a welcoming atmosphere and a sense of understanding, especially for those with communication and physical limitations. Strength can be drawn from one another in this type of environment. A schedule of activities and trips is available on our website at SEASPAR.org. For more information, visit our website at SEASPAR.org/Stroke-Support-Group or contact Greg Pavesich at 630.960.7629.

#### **Throwback Fact**

SEASPAR's Kiwanis Aktion Club was formed in 2005 in partnership with the Kiwanis Clubs of Downers Grove and Lombard.

Since its creation, the Aktion Club has raised and donated more than \$10,000 to nearly 30 charities, and performed service projects for 25 organizations. On its tenth anniversary, it was awarded the Kiwanis International's Distinguished Club Award for 2014-2015.



#### EAGLES

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities *E*nhance *A*dult *G*rowth through *L*ifestyle *E*ducation and *S*ervice. This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at three different sites throughout SEASPAR's communities: the Darien Sportsplex, the Lisle Recreation Center, and the Brookfield Municipal Building. For more information, visit our website at SEASPAR.org/EAGLES or contact Dawn Krawiec at 630.960.7608.

#### **Throwback Fact**

In 2007, EAGLES was created and housed at the Darien Sportsplex.

In 2010, SEASPAR received the Outstanding Program Award from the Illinois Park and Recreation Association for EAGLES.

#### **Drop In Center**

The Drop In Center provides individuals who have mental health needs an opportunity to spend leisure time in a friendly, relaxed atmosphere. Activities are designed to enhance relationships between friends, peers, and family members. The program starts with lunch, followed by a planned activity or trip. A schedule of activities and trips is available on our website at SEASPAR.org. Individuals may choose to stop by for a few minutes or stay the entire time. The program is free for everyone who attends. Donations are accepted.

Dates1st and 3rd Sunday of each month (except holidays)Time1-4 p.m.

Location Westmont Community Center, 75 East Richmond Street

The Drop In Center is co-sponsored by SEASPAR, the DuPage County Health Department, and NAMI DuPage (National Alliance on Mental Illness). For more information, visit our website at SEASPAR.org/Drop-In-Center or contact Greg Pavesich at 630.960.7629.

#### **Aktion Club**

Through the joint sponsorship of the Downers Grove and Lombard Kiwanis Clubs and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. It also performs several service projects



annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support. For more information, contact Susan Friend at 630.960.7600.

#### SEASPAR/WDSRA Agreement

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips are not included. Registrations must be submitted by the agency's deadline, and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For more information, contact SEASPAR at 630.960.7600. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WSDRA.com.

#### **Program Grants**

The SEASPAR Board and staff are committed to offering programs at the lowest possible cost. However, due to financial restrictions, some individuals may find it difficult to pay the entire fee. To help those in need, a significant amount of grant funds are made available for participants through the generosity of donors. Each year, community organizations and individuals contribute funds that are earmarked for program grants. We appreciate this support which allows participants to benefit from activities.

Generally, grants are available for up to 50% of the program fee. Any balance due from a previous season must be paid prior to receiving additional grant funds. Grants are not available for overnight trips, and are only available to SEASPAR residents. Arrangements for a payment schedule are also possible to make the payment of fees more feasible. Visit SEASPAR.org or call the SEASPAR office to obtain a program grant application.



#### **Participant Expectations**

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and normalization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have questions about attire, contact SEASPAR at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

#### **Participation**

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

#### **Code of Conduct**

SEASPAR asks all participants and family members to observe the behavior code below, which was developed to ensure enjoyable and safe program experiences. SEASPAR will attempt reasonable accommodations to enable participants to meet behavior expectations.

- Show respect to all participants, staff, and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and others at public facilities to enjoy the activity without disruption (within reason).
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

Additional rules are developed for specific programs as deemed necessary by the staff.

#### Discipline

SEASPAR applies a caring, positive approach to discipline. Staff review rules with participants and are willing to work with parents to develop behavior modification programs as necessary. When conduct expectations are not met, staff will take reasonable steps to accommodate the behavior and minimize future risks. However, when accommodations are attempted and are unsuccessful, or when no reasonable accommodation exists to avoid future risks, SEASPAR may take actions such as removing a participant from an activity for a short period of time, removing a participant from an activity for the remainder of the day, suspending participation for the next program meeting, or suspending participation in that program for the remainder of the season. Notwithstanding SEASPAR's option to use progressive discipline, SEASPAR is not required to do so and may, at its sole discretion, forgo lesser forms of discipline at any time, and proceed immediately with suspending participation for the remainder of the season.

Listed below are examples of reasons for disciplinary action. This list, however, does not constitute a comprehensive list of all acts which may subject the participant to disciplinary action, including suspension from any program or activity. Instead, the following list sets forth some of the more typical circumstances that arise. They include, but are not limited to:

- Making loud noises in particular settings where quietness is expected.
- Inability to sit quietly in theaters, concerts, etc.
- Showing lack of respect for other participants/patrons at activities.
- Running in crowded areas or bolting from the group this can cause disruption or be a significant safety problem.

#### **Please Check In**

When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.



#### **Wellness Guidelines**

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackie's virus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

#### **Medication Dispensation**

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in specially marked envelopes, complete the label, and give it to the program supervisor before the group leaves. To make the process work more efficiently for overnight trips, envelopes are sent to you along with the packing list. For day trips, staff provides envelopes at the drop-off point. For the convenience of those who are involved in many outings, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

#### **Atlanto Axial Subluxation**

Individuals with Down Syndrome are at risk of having Atlanto Axial Subluxation Condition (ASC) that causes increased mobility in the cervical spine. For the safety of our participants, individuals with Down Syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for ASC. An x-ray determines if the condition is present. For more information, contact SEASPAR at 630.960.7600.

#### **ADA Statement**

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. This program guide is available in an alternate format upon request. Individuals who have an accommodation concern should contact Susan Friend at 630.960.7600.

#### Weather Cancellations

Weekly programs and special events may be cancelled due to inclement weather. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 4–4:30 p.m. for evening programs. If a program is cancelled, staff attempt to reach all participants by phone to inform them of the cancellation. After hours, program changes are available on the program update selection of SEASPAR's phone system. If indoor facilities are available for weekly programs, the program is held as usual. Programs cancelled due to inclement weather are not rescheduled.

### Severe Winter Weather Guidelines for Cancelling Programs:

### Outdoor programs or programs with transportation for participants with physical disabilities:

 Temperature of zero or wind chill of -10° or less

#### All other programs with transportation:

 Temperature of -10° or wind chill of -20° or less

All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

#### Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

Watch for your winter-spring brochure to be delivered in early December!



### registration information

#### Registration Deadline: Monday, August 15 – 4:30 p.m.

#### **Registration Procedures**

#### **Online Registration**

Online registration begins on Monday, July 18, and ends on Monday, August 15 at 4:30 p.m.

To register online, visit SEASPAR.org. First-time online registrants must call the SEASPAR office for a user name, password, and instructions. The online registration requirements are:

- Must be a SEASPAR resident
- Must have no outstanding balance
- Must have 2016 Annual Information Form on file
- Full credit card payment is required at the time of registration

#### **Mail/In-Person Registration**

- Complete both sides of the registration form and sign it.
- All new participants must complete an Annual Information Form and submit it with their registration form. Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information. Annual Information Forms are available at SEASPAR and online at SEASPAR.org.
- Full payment must be received with the registration unless other arrangements have been made. Payment may be made by check, money order, cash, or credit card.
- Mail or drop off your registration, Annual Information Form, and payment as soon as possible, but no later than Monday, August 15 by 4:30 p.m. For after-hours convenience, there is a mail slot at the SEASPAR office entrance.
- SEASPAR resident registrations received by Monday, August 15, will be processed randomly beginning Tuesday, August 16.
- Non-resident registration begins Thursday, August 18, and is processed randomly.
- Registrations will not be processed if a balance remains from a previous season. Please contact the SEASPAR office with questions about any outstanding balances.
- Registrations received after the registration deadline are accepted if space is available.
- Registrations must be received in the office five business days before an activity.
- SEASPAR encourages registration prior to August 15. This enables the staff to answer questions and provide additional information.
- Instructors may not receive payment or register participants at programs.
- SEASPAR sends registration confirmations two weeks before programs begin. Please review the confirmation to verify programs for which you are registered or on the waiting list.

#### **Program Cancellations**

- A program may be cancelled if the program minimum is not met.
- Programs may be cancelled due to inclement weather. Makeup dates are generally not possible.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

#### **Refund/Credit Procedures**

- A full refund is issued if a program is cancelled by SEASPAR.
- In order for a participant to drop from a program, SEASPAR must be notified five business days prior to the start of the program to qualify for a refund. At that time, the participant will be refunded the cost of the program less a \$5 processing fee, the cost of a ticket (if applicable, unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated refund is issued if a written medical excuse accompanies the refund request.
- No refund is given if a program is postponed due to low enrollment. If the program is subsequently cancelled, a full refund is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated refund is issued, less a \$5 processing fee and ticket price, if applicable.
- All refunds are issued monthly.

Registrations will not be processed without payment.

#### **Non-Resident Fee Policy**

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. (See page 39 for information on the SEASPAR/WDSRA agreement.) An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are served.



### registration form (ages 2–15)

Age \_

#### Participant's Name

\_\_\_\_ Birth Date \_

Gender

Listed are all programs in the order that they appear in the brochure. Please check only those programs for which you are registering. Any age restrictions are noted in parentheses. Circle transportation location where appropriate: DE = Denning LE = Lemont LI = Lisle SE = SEASPAR See transportation information and requirements on pages 14 or 28.

Code	Program	1	Fee	Code	Program	✓	Fee	Code	Program	1	Fee
Programs fo	rograms for Everyone Programs for Children and Young Teens, Continued Special Events for Children and Young Teens, Continued							-			
8-001-01-1	Swim, Hilton, Mon., 4:30 p.m.	1	175	8-084-01-1	Sports Mania (8-15)		54	8-213-01-2	Day Off School, 11/11 (6-15)	Τ	55
8-001-01-2	Swim, Hilton, Mon., 5 p.m.		175	8-065-01-4	Basketball Skills (8-15)		64	8-218-01-1	Progressive Dinner (12-15) - DE LE SE		35
8-001-01-3	Swim, The CORE, Mon., 5 p.m.		175	8-069-01-1	Gym & Games (2-5)		40	8-224-01-1	Special Kids Day Halloween (12-15) - DE LE SE		25
8-001-01-4	Swim, The CORE, Mon., 5:30 p.m.		175	8-053-01-2	Tumble Time (3-6)		150	8-222-01-1	Halloween Party (5-10) - LE SE		30
8-001-01-5	Swim, Hyatt, Tue., 4:30 p.m.		175	8-053-01-1	Beginner Gymnastics (7-11)		150	8-227-01-1	Day in Kenosha (11-15) - DE SE		50
8-001-01-6	Swim, Hyatt, Tue., 5 p.m.		175	8-092-01-1	Gymnastics 101 (12-15)		150	8-230-01-1	Sensational Senses (4-10) - DE LE		28
8-001-01-7	Swim, Hyatt, Tue., 5:30 p.m.		175	8-093-01-1	Workout Warriors (11-15)		40	8-234-01-1	SciTech (5-10) - DE LE SE		40
8-001-01-8	Swim, Hyatt, Tue., 6 p.m.		175	8-079-01-1	LEGO Builders Club (8-15)		25	8-235-01-1	Bears & Burgers (11-15) - DE LE	1	25
8-001-01-9	Swim, Doubletree, Wed., 5:30 p.m.		175	8-067-01-1	Super Saturday, 9/24 (5-10) - DE LE SE		30	8-237-01-1	Thanksgiving Break, 11/22 (5-15)	1	60
8-001-01-10	Swim, Doubletree, Wed., 6 p.m.		175	8-067-01-2	Super Saturday, 10/1 (5-10) - DE LE SE		30	8-237-01-2	Thanksgiving Break, 11/23 (5-15)		60
8-001-01-11	-		175	8-067-01-3	Super Saturday, 10/8 (5-10) - DE LE SE		30	8-239-01-1	Santa on the Train (5-12) - DE LE SE		50
8-001-01-12	Swim, Hyatt, Thu., 4:30 p.m.	-	175	8-067-01-4	Super Saturday, 10/15 (5-10) - DE LE SE		30	8-242-01-1	Special Kids Day Holiday Celebration (5-10)		30
8-001-01-13		-	175	8-067-01-5	Super Saturday, 10/22 (5-10) - DE LE SE		30	8-244-01-1	Holiday Party (7-15) - DE LE		45
8-001-01-14			175	8-067-01-6	Super Saturday, 10/29 (5-10) - DE LE SE		30	8-248-01-1	Teen Overnight (11-15) - DE LE		40
8-001-01-15			175	8-067-01-7	Super Saturday, 11/5 (5-10) - DE LE SE		30	8-251-01-1	Winter Break Camp, Lisle, 12/19 (6-15)	-	60
8-074-01-1	Karate, 9/19-11/14	-	85	8-067-01-8	Super Saturday, 11/12 (5-10) - DE LE SE		30	8-251-01-2	Winter Break Camp, Lisle, 12/20 (6-15)		60
8-074-01-2	Karate, 11/21-1/16	-	85	8-067-01-9	Super Saturday, 11/19 (5-10) - DE LE SE		30	8-251-01-3	Winter Break Camp, Lisle, 12/21 (6-15)		60
8-006-01-1	Music, Tue., Piano/Drums/Guitar (5+)	+	225	8-067-01-10	Super Saturday, 12/3 (5-10) - DE LE SE		30	8-251-01-4	Winter Break Camp, Lisle, 12/22 (6-15)	+	60
0 000 01 1	Time Selection:		220	8-067-01-11	Super Saturday, 12/0 (5-10) - DE LE SE		30	8-251-01-5	Winter Break Camp, Lisle, 12/27 (6-15)	-	60
8-006-01-3	Music, Wed., Piano (5+)	+	225	8-085-01-1	Teen Excursion, 9/24 (11-15) - DE LE SE		30	8-251-01-6	Winter Break Camp, Lisle, 12/28 (6-15)	+	60
0 000 01 3	Time Selection:		225	8-085-01-2	Teen Excursion, 10/1 (11-15) - DE LE SE		30	8-251-01-7	Winter Break Camp, Lisle, 12/29 (6-15)	-	60
8-006-01-2	Music, Thu., Keyboard/Voice (5+)	-	193	8-085-01-3	Teen Excursion, 10/8 (11-15) - DE LE SE		30	8-251-01-8	Winter Break Camp, Lisle, 1/2 (6-15)	-	60
0-000-01-2	Time Selection:		155	8-085-01-4	Teen Excursion, 10/15 (11-15) - DE LE SE		30	8-251-01-9	Winter Break Camp, Brookfield, 12/27 (6-15)	+	60
8-070-01-1	Horseback Riding Lessons, 5 p.m.	-	150	8-085-01-4	Teen Excursion, 10/22 (11-15) - DE LE SE		30	8-251-01-3	Winter Break Camp, Brookfield, 12/28 (6-15)	-	60
8-070-01-2	Horseback Riding Lessons, 5:30 p.m.	-	150	8-085-01-6	Teen Excursion, 10/29 (11-15) - DE LE SE		30	8-251-01-11	Winter Break Camp, Brookfield, 12/29 (6-15)	-	60
8-070-01-2	Horseback Riding Lessons, 6 p.m.		150	8-085-01-7	Teen Excursion, 11/5 (11-15) - DE LE SE		30	8-251-01-12			60
8-008-01-2	Ice Skating, 8/27-10/15	-	114	8-085-01-8			30	8-251-01-12	Winter Break Camp, Brookfield, 1/2 (6-15) Winter Break Camp, Western Springs, 1/3 (6-15)	+	60
8-008-01-2		-	114	8-085-01-9	Teen Excursion, 11/12 (11-15) - DE LE SE Teen Excursion, 11/19 (11-15) - DE LE SE		30	8-251-01-13		+	60
8-099-01-1	Ice Skating, 10/22-12/17		100	8-085-01-10			30	8-251-01-14	Winter Break Camp, Western Springs, 1/4 (6-15)		60
8-099-01-1	Sensory Explorers (3-15)		100		Teen Excursion, 12/3 (11-15) - <b>DE LE SE</b>				Winter Break Camp, Western Springs, 1/5 (6-15)	-	-
0.050.00.1	Time Selection:	-	00	8-085-01-11	Teen Excursion, 12/10 (11-15) - DE LE SE		30	8-251-01-16 Special Olympi	Winter Break Camp, Western Springs, 1/6 (6-15)		60
8-050-09-1	Adapted Music Lessons		80	8-068-01-1 8-068-01-2	Nemo's Sidekicks, 9/24 (5-10) - DE LE SE		40			1	105
0 000 01 0	Time Selection:	-	05		Nemo's Sidekicks, 10/8 (5-10) - DE LE SE		40	8-109-01-1	Snowshoeing (8+)	-	105
8-099-01-8	Sensory Sunday, 5-Visit Pass	-	25	8-068-01-3	Nemo's Sidekicks, 10/22 (5-10) - <b>DE LE SE</b>		40	8-108-01-1	Cross Country Skiing (8+)	-	105
8-099-01-9	Sensory Sunday, 12-Visit Pass		50	8-086-01-1	Swimming Sampler, 10/1 (11-15) - DE LE SE		40	8-110-01-1	Alpine Skiing, Wilmot (8+)	-	275
-	r Children and Young Teens	1		8-086-01-2	Swimming Sampler, 10/15 (11-15) - DE LE SE		40	8-110-01-2	Alpine Skiing, Lisle (8+)	-	85
8-055-01-1	Music & Movement (2-5)		55	8-086-01-3	Swimming Sampler, 11/12 (11-15) - DE LE SE		40	8-110-01-3	Winter Sports Getaway (8+)	_	275
8-051-01-1	Sensory Art (5-10)		64	-	ts for Children and Young Teens	1			Aquatics (8+)		145
8-075-01-1	Zensational Yoga (5-10)		60	8-205-01-1	Tour a Town (11-15) - DE LE SE		30	-	ndividuals with Physical Disabilities	1	
8-075-01-2	Zensational Yoga (11-15)	<u> </u>	60	8-206-01-1	Six Flags Great America (11-15) - DE LE SE		130	8-050-02-1	Youth Goalball (8-18)	-	66
8-058-01-1	Right Fit, 4 p.m. (8-15)	<u> </u>	185	8-209-01-1	The Last Straw (5-10) - DE LE SE		30	8-050-06-1	Power Soccer	-	44
8-058-01-2	Right Fit, 5 p.m. (8-15)	<u> </u>	185	8-211-01-2	Swim & Sensory (11-15) - DE LI LE		35	8-050-12-1	Wheelchair Table Tennis (8+)		37
8-056-01-1	Dog Therapy (8-15)		38	8-211-01-1	Swim & Sensory (5-10) - DE LI LE		35	8-050-03-1	Sled Hockey (8+)		32
8-077-01-1	Teen Glee (11-15)	1	60	8-213-01-1	Day Off School, 10/10 (6-15)	1	55	Total	s		

Payment Type:	Check O	Cash O	Money Order O	Credit Card O	Office U	lse Only
Credit Card:	MasterCard O	Visa O	Discover O			-
Cardholder Name	3				Date Rec'd	Cash Amt
					Rec'd By	Check Amt
Account Number			Exp. Da	ate		
Authorized Signat	ture				AIF Given	AIF Rec'd



### registration form (ages 2–15, continued)

#### Registration Deadline: Monday, August 15 - 4:30 p.m.

Participant's Name		Age	Birth Date _	Gender		
Address		City		Zip		
Are you a new participant? Yes O No O	Is this a new addr	ess? Yes O No O	Is this a new pho	one number? Yes O No O		
Home Phone	Work Phone:	Mom	Dad			
Parents' Names	Cell Phone: M	lom	Dad			
Email Address						
School		Теа	cher			
Disabilities or Diagnoses						
Are there any changes in allergic conditions	s? Yes O No O	Dietary restriction	ns? Yes O No O	Medication? Yes O No O		
Other health issues? Yes O No O Please li	ist					
Do you have an updated emergency contac	t? Yes O No O Na	ime				
Address		F	hone Number			
Indicate friends and/or carpool accommoda	ations					

#### **WAIVER AND RELEASE**

#### **IMPORTANT INFORMATION**

SEASPAR is committed to conducting its recreation activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

#### WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of the participant. Despite careful and proper preparation instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activities, participants must understand that certain risks, dangers, and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction, or officiating, and all other circumstances inherent to indoor and outdoor recreation activities exist. In this regard, it must be recognized that it is impossible for SEASPAR to guarantee absolute safety. WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

### Please read this information carefully and be aware that in signing up and participating in activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these activities (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these activities against SEASPAR, including their officials, agents, volunteers, and employees (hereinafter collectively referred as "SEASPAR").

I do hereby fully release and forever discharge SEASPAR from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these activities.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver, and release of all claims.

In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

Parent's Signature\_

\_Date

#### PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian. PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.

Submit registration form with payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

The registration deadline is 4:30 p.m. on August 15. Registration confirmations will be sent two weeks before programs begin.

### registration form (ages 16+)

Age \_



#### Participant's Name

\_\_\_\_ Birth Date

Gender

Listed are all programs in the order that they appear in the brochure. Please check only those programs for which you are registering. Any age restrictions are noted in parentheses. Circle transportation location where appropriate: AP = 737 Apts. DA = Darien DE = Denning LE = Lemont LI = Lisle SE = SEASPAR See transportation information and requirements on pages 14 or 28.

Code	Program	1	Fee	Code	Program	1	Fee	Code	Program		1	Fee
Programs for	Everyone			Programs for	Individuals with Physical Disabilities			Special Even	ts for Teens and Adults (Ag	ges 16+)		
8-001-01-1	Swim, Hilton, Mon., 4:30 p.m.		175	8-050-02-1	Youth Goalball (16-18)		66	8-201-01-1	Chicago Fire - DE LE S	E		56
8-001-01-2	Swim, Hilton, Mon., 5 p.m.		175	8-050-06-1	Power Soccer		44	8-201-01-2	Chicago Fire: Accessible	- DE LE SE		56
8-001-01-3	Swim, The CORE, Mon., 5 p.m.		175	8-050-12-1	Wheelchair Table Tennis		37	8-202-01-1 Northwestern Footbal		DE LE SE		42
8-001-01-4	Swim, The CORE, Mon., 5:30 p.m.		175	8-050-03-1	Sled Hockey		32	8-202-01-2	Northwestern Football: A	ccessible - DE LE SE		42
8-001-01-5	Swim, Hyatt, Tue., 4:30 p.m.		175	Programs for	Teens and Young Adults (Ages 16-22)			8-203-01-1	Goebbert's Pumpkin Patc	h - DE LE SE		67
8-001-01-6	Swim, Hyatt, Tue., 5 p.m.		175	8-012-01-2	Teen Scene, Lyons HS		315	8-204-01-1	MAMMA MIA! - DE LE	SE		68
8-001-01-7	Swim, Hyatt, Tue., 5:30 p.m.		175	8-012-01-1	Teen Scene, Downers Grove & Lemont HS		315	8-204-01-2	MAMMA MIA! : Accessible	- DE LE SE		68
8-001-01-8	Swim, Hyatt, Tue., 6 p.m.		175		Pickup - LE SE			8-207-01-1	Long Grove Apple Festiva	al - DE LE SE		56
8-001-01-9	Swim, Doubletree, Wed., 5:30 p.m.		175	8-095-01-1	Young Adult Club - DE LE SE		225	8-208-01-1	Illinois Railway Museum	- DE LE SE		65
8-001-01-10	Swim, Doubletree, Wed., 6 p.m.		175	8-214-01-1	Columbus Day - DE LE SE		60	8-210-01-1	Bengtson's Pumpkin Farn	n - DE LE SE		52
8-001-01-11	Swim, Doubletree, Wed., 6:30 p.m.		175	8-229-01-1	Veterans Day - DE SE		60	8-212-01-1	Fall Escape			287
8-001-01-12	Swim, Hyatt, Thu., 4:30 p.m.		175	8-252-01-1	Winter Expedition, 12/19 - DE LE		55	8-215-01-1	Starved Rock - DE LE	SE		70
8-001-01-13	Swim, Hyatt, Thu., 5 p.m.		175	8-252-01-2	Winter Expedition, 12/21 - DE LE		55	8-216-01-1	Fright Fest Great America	a-DELESE		100
8-001-01-14	Swim, Hyatt, Thu., 5:30 p.m.		175	Programs for	Teens and Adults (Ages 16+)			8-217-01-1	White Pines Ranch - DE	LE SE		95
8-001-01-15	Swim, Hyatt, Thu., 6 p.m.		175	8-007-01-3	Afternoon Adventures - DA LI SE		275	8-219-01-1	Boo! at the Zoo - DE LE	SE		45
8-074-01-1	Karate, 9/19-11/14		85	8-003-01-4	Fit N' Fuel		60	8-220-01-1	Paisans Pizzeria - DE L	E SE		45
8-074-01-2	Karate, 11/21-1/16		85	8-046-01-1	Wrestle Mania - DE		68	8-221-01-1	Boo Bash*			20
8-006-01-1	Music, Tue., Piano/Drums/Guitar		225	8-007-01-1	Day Away Tour		320	8-223-01-1	White Fence Farm - DE	LE SE		50
	Time Selection:			8-002-01-3	Aqua Exercise & Healthy Snack		60	8-225-01-1	The Richard H. Driehaus I	Museum - DE LE SE		60
8-006-01-3	Music, Wed., Piano		225	8-034-01-1	BINGO!		40	8-226-01-1	Out Of This World - DE	LE SE		65
	Time Selection:			8-076-01-1	Role Play		60	8-226-01-2	Out Of This World: Access	sible - DE LE SE		65
8-006-01-2	Music, Thu., Keyboard/Voice		193	8-014-01-1	Music Mania		87	8-228-01-1	Shades of Autumn Dance	- LE		20
	Time Selection:			8-039-01-1	Animal Assisted Therapy		50	8-231-01-1	Fall Pool Party - DE SE			30
8-070-01-1	Horseback Riding Lessons, 5 p.m.		150	8-023-01-1	Alley Cats, Lisle		175	8-232-01-1	Annie - DE LE SE			70
8-070-01-2	Horseback Riding Lessons, 5:30 p.m.		150	8-022-01-1	Diner's Delight, Lisle		185	8-232-01-2	Annie : Accessible - DE LE SE			70
8-070-01-3	Horseback Riding Lessons, 6 p.m.		150	8-023-01-2	Alley Cats, Willowbrook		160	8-233-01-1	Turkey Shoot - DE LE			20
8-008-01-2	Ice Skating, 8/27-10/15		114	8-022-01-2	Diner's Delight, SEASPAR		170	8-236-01-1	Ladies Day Out - DE LE SE			65
8-008-01-3	Ice Skating, 10/22-12/17		114	8-022-01-3	Diner's Delight, Denning		170	8-238-01-1	St. Francis Bowling			15
8-099-04-1	Sensory Explorers		100	8-023-01-3	Strikers		160	8-240-01-1	Guys Day Out - DE LE	SE		60
	Time Selection:			8-019-01-1	At the Movies, Hodgkins		70	8-241-01-1	The Little Mermaid - DE	LE SE		55
8-050-09-1	Adapted Music Lessons		80	8-019-01-2	At the Movies, Woodridge		70	8-241-01-2	The Little Mermaid : Acces	ssible - DE LE SE		55
	Time Selection:			8-011-01-2	Dancin' the Night Away		74	8-243-01-1	Holiday Dinner Dance*			50
8-099-01-8	Sensory Sunday, 5-Visit Pass		25	8-002-01-1	Adult Swim		65	8-245-01-1	ComedySportz - DE LE	SE		60
8-099-01-9	Sensory Sunday, 12-Visit Pass		50	8-010-01-1	Actors Guild		107	8-245-01-2	ComedySportz: Accessib	e - DE LE SE		60
Special Olym	pics			8-032-01-1	Holiday Treats		50	8-246-01-1	Singin' in the Rain - DE	LE SE		75
8-122-01-1	Powerlifting		140	8-013-01-1	Weight Training		83	8-246-01-2	Singin' in the Rain : Acces	sible - DE LE SE		75
8-109-01-1	Snowshoeing		105	8-014-01-2	Glee Club		102	8-247-01-1	Holiday Shopping - DE	LE SE		25
8-108-01-1	Cross Country Skiing		105	8-028-01-1	Crafters Club		75	8-249-01-1	Holiday Magic at the Zoo	- DE LE SE		46
8-110-01-1	Alpine Skiing, Wilmot		275	8-033-01-1	Yoga		139	8-250-01-1	Holiday Pool Party - DE	SE		30
8-110-01-2	Alpine Skiing, Lisle		85	8-025-01-1	Social Club		198	8-253-01-1	New Year's Bash - LE			26
8-110-01-3	Winter Sports Getaway		275	8-026-01-1	Saturday Night Socialites - AP SE		265	Total	s			
8-101-01-1	Basketball		210	8-005-01-4	Fall Festers		50	Total	Ş			
8-114-01-2	Artistic Gymnastics		240	8-027-01-1	Bears Bonanza, 10/9 - <b>DE</b>		28	*Event includ	led in Social Club schedule			
8-118-01-3	Aquatics		145	8-027-01-2	Bears Bonanza, 11/20 - DE		28					
8-101-01-5	Basketball Practice, 9/24-10/29		50	8-027-01-3	Bears Bonanza, 12/4 - DE		28					
8-101-01-6	Basketball Practice, 11/5-12/17		50	8-027-01-4	Bears Bonanza, 12/18 - DE		28					
-	Type: Check O		Cash		ney Order O Credit Card	0			Office Us	e Only		
Credit Card: MasterCard O Visa O Discover O Date Rec'd Cash Amt												
	er Name							ec'd By		Check Amt		
Account Number Exp. Date												
Authorize	ed Signature							. Orven	· · · · · · · · · · · · · · · · · · ·	Noo u		



### registration form (ages 16+, continued)

#### Registration Deadline: Monday, August 15 - 4:30 p.m.

Participant's Name			Age	Birth Date	Gender
Address			City		Zip
Are you a new participant? Yes O No O	Is this a new ad	ddress? Yes O	No O Is this	a new phone	number? Yes O No O
Home Phone	Work Phor	ne: Mom		Dad	
Parents' Names	Cell Phone	e: Mom		Dad	
Email Address					
School			Teacher		
Disabilities or Diagnoses					
Are there any changes in allergic conditions	s? Yes O No O	Dietary res	strictions? Yes O	No O	Medication? Yes O No O
Other health issues? Yes O No O Please	st				
Do you have an updated emergency contac	t? Yes O No O	Name			
Address			Phone Num	1ber	
Indicate friends and/or carpool accommoda	tions				

#### **WAIVER AND RELEASE**

#### **IMPORTANT INFORMATION**

SEASPAR is committed to conducting its recreation activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

#### **WARNING OF RISK**

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of the participant. Despite careful and proper preparation instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activities, participants must understand that certain risks, dangers, and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction, or officiating, and all other circumstances inherent to indoor and outdoor recreation activities exist. In this regard, it must be recognized that it is impossible for SEASPAR to guarantee absolute safety. WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

### Please read this information carefully and be aware that in signing up and participating in activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these activities (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these activities against SEASPAR, including their officials, agents, volunteers, and employees (hereinafter collectively referred as "SEASPAR").

I do hereby fully release and forever discharge SEASPAR from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these activities.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver, and release of all claims.

In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

Parent's Signature \_\_\_\_

\_\_\_\_ Date \_\_\_\_

Participant's Signature (18 or older or Parent/Guardian) \_\_\_\_

Date

#### PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian. PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.

Submit registration form with payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

The registration deadline is 4:30 p.m. on August 15. Registration confirmations will be sent two weeks before programs begin.



### events and sponsors



# Indian Summer BBQ

Blackhawk Park, Indian Head Park Friday, September 9 · 6:30-8:30 p.m.

Live Music by Bert Cattoni & John Ivan Food Will Be Served

Open to the Public • A FREE Event!









## ARBORETUM

WEALTH & TRUST MANAGEMENT TRADITIONAL WEALTH MANAGEMENT Ø INVESTMENT AGENCY RETIREMENT PLANNING Ø TRUST SERVICES Ø CUSTODY SERVICE GUARDIANSHIPS & SPECIAL NEEDS TRUSTS

As a full-service, independent trust company, we focus our efforts on direct personal customer service and attention. Our local, boutique firm combines the benefits of a team of exceptionally credentialed investment professionals with a team of career-long, dedicated trust professionals to provide our clients the best of both worlds. This allows us to focus on those we serve in ways large institutions cannot.

No call centers. No recorded responses. No outrageously high asset minimums Just solid, reasoned and personalized care for you and yours throughout your lifetime and beyond.

801 WARRENVILLE ROAD, LISLE, IL (630) 810-4535 🖉 INFO@AWTM.COM 🖉 WWW.AWTM.COM

A Division of GreatBanc Trust Company





4500 Belmont Road Downers Grove, IL 60515

Change Service Requested

**POSTMASTER:** Dated Material – Do Not Hold

If you no longer wish to receive this brochure, call 630.960.7600.

Presorted Standard U.S. Postage Paid Downers Grove, IL 60515 Permit 103

