



**Providing Year-Round Recreation Services
for Individuals with Disabilities**

Winter-Spring 2017

S E R V I N G T H E C O M M U N I T I E S O F

Village of Brookfield • Clarendon Hills Park District • Darien Park District
Downers Grove Park District • Village of Indian Head Park • Park District of La Grange
Community Park District of La Grange Park • Lemont Park District • Lisle Park District
Village of Western Springs • Westmont Park District • Woodridge Park District

Discover Us! SEASPAR.org





discover abilities
achieve potential
realize dreams

4500 Belmont Road • Downers Grove, IL 60515
630.960.7600 • 630.960.7605 TDD
630.960.7601 Fax

Mission

SEASPAR provides dynamic recreation programs and quality services for its residents with disabilities.

Core Values

Fun • Excellence • Service
Respect • Accountability

SEASPAR.org

Association Members & Representatives

Lisle Park District • Dan Garvy, President
1925 Ohio Street, Lisle 60532

Woodridge Park District • Mike Adams, Vice President
2600 Center Drive, Woodridge 60517

Park District of La Grange • Dean Bissias, Secretary
536 East Avenue, La Grange 60525

Darien Park District • Stephanie Gurgone, Treasurer
7301 Fairview Avenue, Darien 60561

Village of Brookfield • Mary Pezdek
8820 Brookfield Avenue, Brookfield 60513

Clarendon Hills Park District • Kelly Smith
315 Chicago Avenue, Clarendon Hills 60514

Downers Grove Park District • Bill McAdam
2455 Warrenville Road, Downers Grove 60515

Village of Indian Head Park • Brenda O'Laughlin
201 Acacia Drive, Indian Head Park 60525

Community Park District of La Grange Park • Aleks Briedis
1501 Barnsdale Road, La Grange Park 60526

Lemont Park District • Louise Egofski
16028 127th Street, Lemont 60439

Village of Western Springs • Raymond Jasica
1500 Walker Street, Western Springs 60558

Westmont Park District • Bob Fleck
55 East Richmond, Westmont 60559

From the Executive Director

Greetings Everyone!

SEASPAR just completed an exciting year as we celebrated 40 years of service. A series of special events were conducted, one per month, and one in each of our twelve member entities. While attending these events, it became very apparent that a theme ran throughout all of them and, in fact, throughout the last 40 years: *"It's all about the people and relationships."*

Whether the events were open to the public or were planned specifically for participants, the friendships and conversations among those attending were at the core of the event. The Summer Kick-Off, Family Pool Party, and Indian Summer BBQ are examples of how SEASPAR provides the setting, and the good times roll because of the relationships that have been formed over the years, along with those developed with people new to the association.

When talking with former staff members at a recent gathering, there was a genuine interest in catching up on news about participants and their families. Those who live across the country and have been away for more than 35 years still have an interest in the people they served here. That's special!

I hope you find many programs and events that create great times to continue such relationships and develop new ones in 2017. The large circle of individuals who are a part of this organization are amazing people!

Board Meetings: The SEASPAR Board meets the third Tuesday of every month at SEASPAR at 3:30 p.m. For information, call 630.960.7600. The public is welcome.

staff information

Office Hours

Monday–Friday, 8:30 a.m.–4:30 p.m.
Recorded Message After Hours

Office Closures

December 23, 26, & 30 • January 2
April 14 • May 29

Susan B. Friend, CPRP – Executive Director
ADA, Association Operations, Board, Funding

Catherine A. Morava, CPRP –
Superintendent of Recreation
Day Camp, Full-time Staff Supervision, Ongoing Program
Supervision, Risk Management

Matthew R. Corso, CTRS, CPRP –
Superintendent of Program Development &
Public Awareness
Full-time Staff Supervision, Program Development, Public
Awareness, Program Grants, Summer School Cooperative
Programs

Shannon Tovey, CTRS – Support Staff Manager
Ability Awareness, Part-time Staff, Volunteer, and Intern
Supervision, Vehicles

Dawn Krawiec, CPRP – Day Program Manager
EAGLES Program

Lisa Barrera, CTRS – Inclusion Manager
Inclusive Programs, Leisure Education, Teen and Adult New
Participant Liaison, Weekly Programs

Lisa Rasin – Fund Development Coordinator
Donations, In-Kind Services, Sponsorships

Greg Pavesich, CPRP – Recreation Coordinator
Adapted Sports, Drop In Center, Home Front Health, Low
Incidence Programs, Nursing Home Outreach, Stroke
Support Group, Youth at Risk

Kimberly A. Huggins, CPRP –
Recreation Coordinator
Camping and Travel, Facility Scheduling, Social Clubs, Teen
and Adult Special Events

Rachel Pavesich, CTRS – Recreation Coordinator
Adolescent Programs, Children's Programs and Special
Events, Day Camp, Wonders Multi-Sensory Room

Aaron Hirthe – Recreation Coordinator
Aquatics, Competitive Sport Programs, Cooperative Day
Camps, Special Olympics Athletic Director

Morgan Drdak, CPRP – Marketing Coordinator
Advertising, Public Relations, Publication and Brochure
Development, Social Media, Website

Carol Kocak – Administrative Services Manager
Accounting, Computer System, Payroll, Registration

Nicole Guzior – Administrative Assistant
Human Resources, Payroll, Registration

Meet Lisa Barrera!

Lisa Barrera, CTRS, is SEASPAR's new Inclusion Manager. Lisa graduated from Western Illinois University with a Bachelor of Science in Recreation, Parks, and Tourism Administration and an emphasis in Therapeutic Recreation. Lisa completed her internship at FVSRA and began her career as the Recreation Specialist at SSSRA. Lisa moved into the role as Coordinator of Special Olympics and Day Camp until 2010. She then worked at NEDSRA where she took on several different positions, most recently that of Recreation Manager, overseeing Support Staff, Volunteers, Inclusion, and Risk Management.

Lisa is very happy to join the SEASPAR team and bring her previous years of experience to the organization. She looks forward to meeting all of the families and participants at SEASPAR and working closely with our member partners to provide their participants with successful inclusion experiences.



What Are CPRP and CTRS?

CPRP stands for Certified Park and Recreation Professional and CTRS stands for Certified Therapeutic Recreation Specialist. This status is given to leisure service professionals who can demonstrate through education, experience, and current practice that they meet and exhibit certain predetermined qualifications established by the National Recreation and Park Association Certification Board and the National Council for Therapeutic Recreation Certification. These professionals have earned a bachelor's degree or higher from an accredited program, have passed a certified examination, and maintain sanctioned educational units.

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program locations

AMC Quarry Cinema: 9201 63rd St., Hodgkins

Arctic Splash: 333 W. Dundee Rd., Wheeling

Bakers Square: 942 S. La Grange Road, La Grange

Benet Academy: 2220 Maple Ave., Lisle

Big Ten Museum: 5440 Park Place, Rosemont

Bottle & Bottega: 1 W. Harris Ave., La Grange

Bradley Center: 1001 N. 4th St., Milwaukee, WI

Build-A-Bear Workshop: Fox Valley Mall, 1477 Fox Valley Center Dr., Aurora

Cadillac Palace Theatre: 151 W. Randolph St., Chicago

Centennial Community Center: 16028 127th St., Lemont

Cinemark – Seven Bridges: 6500 S. Rte. 53, Woodridge

Clarendon Hills Community Center: 315 Chicago Ave., Clarendon Hills

Community Park District of La Grange Park: 1501 Barnsdale Rd., La Grange Park

The CORE Fitness & Aquatic Complex: 16050 127th St., Lemont

Darien Community Center: 7301 Fairview Ave., Darien

Darien Sportsplex: 451 Plainfield Rd., Darien

Denning Park: 4901 Gilbert Ave., La Grange

Downers Grove North High School: 4436 Main St., Downers Grove

Drury Lane: 100 Drury Ln., Oakbrook Terrace

Ebersold Park: 6000 S. Main St., Downers Grove

GameWorks: 601 N. Martingale Rd., Schaumburg

Giordano's: 17 W. 280 22nd St., Oakbrook Terrace

Grand Avenue Community Center: 4211 Grand Ave., Western Springs

Grizzly Jack's Grand Bear Resort: 2643 IL Rte. 178, Utica

Hanson Center: 15W431 59th St., Burr Ridge

Hilton Lisle/Naperville: 3003 Corporate West Dr., Lisle

Holistic Riding: 12310 115th St., Lemont

Hollywood Boulevard: 1001 75th St., Woodridge

The Hyatt Lodge at McDonald's Campus: 2815 Jorie Blvd., Oak Brook

IGI Gymnastics: 145 Plaza Dr., Westmont

Indian Boundary YMCA: 711 59th St., Downers Grove

Lisle Community Center: 1825 Short St., Lisle

Lily Cache Soccer Fields: Lily Cache Ln. & Hassert Blvd., Bolingbrook

Lincoln Center: 935 Maple Ave., Downers Grove

Links & Tees Golf Facility: 880 W. Lake St., Addison

Lisle Community Center: 1825 Short St., Lisle

Lisle Lanes: 4920 Lincoln Ave., Lisle

Lisle Recreation Center: 1925 Ohio St., Lisle

Long Grove Confectionery Company: 220 Robert Parker Coffin Rd., Long Grove

Lyman Woods: 901 31st St., Downers Grove

Midwest Golf House – Sunshine Course: 11855 Archer Ave., Lemont

Midwestern University: 555 31st St., Downers Grove

Museums at Lisle Station Park: 921 School St., Lisle

Nazareth Academy: 1209 W. Ogden Ave., La Grange Park

Oak Brook Family Aquatic Center: 1450 Forest Gate Rd., Oak Brook

Ogden 6 Theatre: 1227 E. Ogden Ave., Naperville

Paramount Theatre: 23 E. Galena Blvd., Aurora

Park Center: 2400 Chestnut Ave., Glenview

Park District of La Grange: 536 East Ave., La Grange

Pinstripes: 7 Oakbrook Center, Oak Brook

Portillo's: 950 E. Ogden Ave., Naperville

Rainforest Cafe: D121 Woodfield Mall, Schaumburg

Right Fit: 7101 S. Adams St., Willowbrook

Round1 Bowling & Amusement: 420 Stratford Dr., Bloomingdale

SEASPAR: 4500 Belmont Rd., Downers Grove

Seven Bridges Ice Arena: 6690 S. Rte. 53, Woodridge

Shedd Aquarium: 1200 S. Lake Shore Dr., Chicago

Splash Landing Aquatic Center: 2400 Chestnut Ave., Glenview

Suburbanite Bowl: 201 Ogden Ave., Westmont

Sue's Cakery: 29 S. Prospect Ave., Clarendon Hills

Tempel Farms: 17000 W. Wadsworth Rd., Old Mill Creek

Tivoli Theatre: 5021 Highland Ave., Downers Grove

TreeHouse: 985 S. Rand Rd., Lake Zurich

True Balance Karate: 406 Ogden Ave., Downers Grove

Twin Lakes Park: 200 W. 59th St., Westmont

United Center: 1901 W. Madison St., Chicago

Vaughan Aquatic Center: 2121 W. Indian Trail, Aurora

Village Greens of Woodridge: 1575 W. 75th St., Woodridge

The Water Works: 505 N. Springinsguth Rd., Schaumburg

Westmont Community Center: 75 E. Richmond St., Westmont

Westmont Park District Fitness Center: 424 Plaza Dr., Westmont

Westwood Park: 75th St. & Fairview Ave., Darien

Wonders Multi-Sensory Room: Lisle Recreation Center, 1925 Ohio St., Door 8, Lisle

Yerbabuena Mexican Cuisine: 4732 Main St., Lisle

staff appreciation

SEASPAR thanks all of the dedicated and caring support staff and volunteers for their time and hard work during the fall 2016 program season! Their efforts make it possible for SEASPAR to offer quality programs and services.

We would like to recognize SEASPAR support staff and volunteers and their longevity with us. Included are current staff members who work weekly, inclusion, and EAGLES programs.

20 Years+		16-19 Years		11-15 Years	
Jennifer Kierscht* Tanja Murray* Gary Naberhaus (V) Sharmaine Nardone Inge Papaeliou Cheryl Steed Jason Steed Cheryl Westbrook		Don Egan Ann Franczyk (V) Larry Franczyk (V) Patrick Mukushina Colleen Porritt Stacie Ritz Sue Rubins (V) Jaime Tujo		Toni Anderson Christine Grohne Brian Klama* Todd Krystof* Megan Lockett Jill Moldenhauer* Karrie Pece* Ruby Saraf Sharon Wierema William Wilson	
6-10 Years					
Karyn Crider* Chad Flint Liz Grillos Mindy Jack*		Deb Judycki Amy Klama Jessica McGinness Karen Mulroy (V)		Debbie Murdock Steve Murdock (V) Xan Nikchevich Allyson Nyhoff	
				Samantha Oczak* GeriAnn Ortega April Prescott Don Smetko (V)	
				Nicole Suk Kevin Wood JC Woodbury (V) Joe Zarek	
1-5 Years					
Bob Ackermann Blair Bennett Carolyn Bozek* Nancy Brown Jessica Bullard Esther Camacho Aaron Causey Dean Coppin Brigid Cultra Pam Conlon* Jennifer Daar		Haley Evans Chuck Farnsworth Vicki Farnsworth Jenna Flentge Lauren Flentge Christopher Gergits Pam Goodrich Montez Hogan Lori Hohenstein Karina Henehan Michelle Jackson		Debbie Kaminskas* Jeanette Kay Emilie Kopija Jenny Kougias Tim Lieb Mia Liebmann Barb Lima Jorie Lima Dawn Lizak Gail Lupia (V) Kathryn Lyter	
				Erin Madden Jon Marchese* Angie McNeil Kate Moran Patrick Mikus Kelli McGoorty Jennifer Molsky Natalie Munguia Andrew Pawelczyk Alyssa Reynolds Kelly Rounce	
				Ann Saladino (V) Gina Sarlo Emmie Scanlon Courtney Schmitt Janet Schroeder Blair Silver Nicole Strawser Nancy Urban* John Weibel Brooke Zych	
Less Than 1 Year					
Marie Asuncion Olivia Bartkowiak Josie Bormann Wayne Bormann Maura Conrad Patrick Daley		Paige DeBoer (V) Matt Gorecki Jenna Horton Jim Janota (V) Clare Johnson (V) Kylie Johnson		Victoria Kavalie Jordan Krikie Chris Lima Elyse Maturo Delaney Mesick John Noonan	
				Lynette Peterson Kay Pollock Ashley Rauch Taylor Serna Kayla Sistos Jessica Spinelli	
				Emma Spoo Rachel Velasco Jenny Young Susan Willis Emily Zaremski	

- * Denotes reaching 5, 10, 15, or 20-year anniversary with SEASPAR. All anniversaries are as of December 31, 2016.
- (V) Denotes individuals who volunteer at SEASPAR on a regular basis.

SEASPAR's Support Staff Manager, Shannon Tovey, and her husband, Sean, welcomed their new addition, Charlotte Gwendolyn, on Thursday, June 2 at 6:01 a.m. Charlotte weighted in at 7 pounds and measured 19.5 inches. She loves smiling, sleeping through the night, and spending time with her puppy siblings, Seamus and Stella. Congrats and best wishes to the entire Tovey family!



donations, honors, and memorials

SEASPAR wishes to thank the following individuals, families, businesses, and community organizations for their generous donations made from June through September 2016.

Allstate Giving Campaign
Kim Angland
Thomas & Rosemary Bellaire
Peter & Beth Bensen
Leo & Virginia Cattoni
Elizabeth Chalberg
Daniel Cohen
Mary Collins
Elizabeth Connolly
Brian & Eileen Couri
Janilyn Daily
Pamela Davis
Linda DeTerlizzi
Flint Architects
Kenneth Goldstein
Gordon Flesch Charitable Foundation
Michael & Frances Grzywa
Keating Foundation
Joy Kellogg
Kiwanis Club of Lombard
Kohl's
Inalynn Leleu
Lemont Bank & Trust

Lemont Junior Woman's Club
Robert & Doris Nicchia
Sue Richtemeyer
Rotary Club of Downers Grove
Anne Shannon
St. Francis Xavier School
C.J. Tracy
Dennis, Donna & Lauren Zink

WALK AND ROLL-A-THON

Joanne Chmela
Community Bank of Downers Grove
Theresa Herman
Houghton Mifflin Harcourt
Thomas & Renetta Lesniak
Kenneth & Carol Leszczynski
Laure Long
Jerome & Christine Martin
Michael McShea
John & Suzanne Seelander
Lance & Carrie Snider
Christine Wall
Lori Wetzel

LEVEL UP BASKETBALL

Nancy Cummins
Evelyn Jane Boutique
Level UP Basketball
Michels Real Estate Corporation
Musicians Workshop
Shred415
William & Debra Slobodnik

IN MEMORY

In Memory of Dana Lundvall
Marianne Rigby

In Memory of Lorraine Smith
Rosemary Benz
Carl Groesbeck
Mary Obyrtacz
Deena Roslin
Paul & Ann Saladino

Summer Golf Classic

Thank you to the following individuals who competed in the 14th annual Summer Golf Classic on July 8, and to the event's generous sponsors! The Summer Golf Classic raised more than \$7,500 for SEASPAR's services.

GOLFERS

Tim Arnett	Steve Nero
Neil Buchett	Matt Netrepa
Della Deldin	Matt Patrick
Tom Durkin	Michelle Pusateri
Louise Egofski	Craig Rasin
Blake Ertmanis	Aaron Renn
Chris Finn	Eric Renn
Mark Forzley	Jordan Rossi
Michele Forzley	Rob Sarocco
Paul Fyle	Chris Schubert
Stephanie Gurgone	Jack Schubert
Jack Hamilton	Joanne Schubert
Jeff Hamilton	Sue Senicka
Leanna Hartung	Teresa Skrzynski
Matt Henderson	Steve Smith
Ray Jablonski	Eddie Stockman
Ryan Jastizab	Mike Toohey
Jay Kelly	Mike Trombetta
Gina Madden	Ben Westberg
Cathy Marchese	Bob Westberg
Gary Mayberry	Don Westberg
John McGovern	Scott Westberg
Anthony Morelli	Josh Wiencek
Wendy Nadeaz	Erica Wise

CART SPONSORS

Law Office of Gina L. Madden
Ellen Lilly
Deirdre Toler

HOLE SPONSORS

221 Creations
Abbington Banquets
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Brooks, Tarulis & Tibble, LLC
Citizens for Ron Sandack
Downers Grove Economic Development Corporation
Downers Grove Park District
Fairview Dental PC
Forzley Eye Clinic
Holy Cow Sports
Janus & Associates
Lemont Park District
Cathy Mahoney
MG Computer
Midwestern University
TW Group, Inc
Village of Western Springs

RAFFLE SPONSORS

221 Creations
Anderson's Bookshop
Avec Panache
The Baked Apple Breakfast Co.
Big Run Golf Club
Downers Grove Golf Club
Downers Grove Park District
Golfsmith
Grove Dental Associates
Jeans & A Cute Top Shop
Max Logan's Home Accents
TW Group
Village Greens of Woodridge



programs for everyone

Swimming

SEASPAR has partnered with Coach Eve Learn to Swim and its certified instructors to provide quality swim lessons. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff. Please be aware that we share the pools with the public. **Note:** A waiver for The Hyatt Lodge is sent with the program confirmation and must be returned by January 31.

Code	Location	Day	Dates	Time	Fee
9-001-01-1	Hilton Lisle/Naperville, Lisle	Monday	2/6-5/1 (12 Weeks, No Program 3/27)	4:30-5 p.m.	\$175
9-001-01-2	Hilton Lisle/Naperville, Lisle	Monday	2/6-5/1 (12 Weeks, No Program 3/27)	5-5:30 p.m.	\$175
9-001-01-3	The CORE, Lemont	Monday	2/6-5/1 (12 Weeks, No Program 3/27)	5-5:30 p.m.	\$175
9-001-01-4	The CORE, Lemont	Monday	2/6-5/1 (12 Weeks, No Program 3/27)	5:30-6 p.m.	\$175
9-001-01-5	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	2/7-5/2 (12 Weeks, No Program 3/28)	4:30-5 p.m.	\$175
9-001-01-6	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	2/7-5/2 (12 Weeks, No Program 3/28)	5-5:30 p.m.	\$175
9-001-01-7	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	2/7-5/2 (12 Weeks, No Program 3/28)	5:30-6 p.m.	\$175
9-001-01-8	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	2/7-5/2 (12 Weeks, No Program 3/28)	6-6:30 p.m.	\$175
9-001-01-12	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	2/9-5/4 (12 Weeks, No Program 3/30)	4:30-5 p.m.	\$175
9-001-01-13	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	2/9-5/4 (12 Weeks, No Program 3/30)	5-5:30 p.m.	\$175
9-001-01-14	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	2/9-5/4 (12 Weeks, No Program 3/30)	5:30-6 p.m.	\$175
9-001-01-15	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	2/9-5/4 (12 Weeks, No Program 3/30)	6-6:30 p.m.	\$175



Karate

The skills learned and the training methods used in non-contact karate help release tension and increase focus. Participants learn self-control, balance, and the ability to process and follow a series of directions. This is a continuous program, giving participants the ability to advance through the belt system and the opportunity to earn a black belt. All abilities are welcome, as instruction is tailored to each individual's progress. **Note:** A waiver is sent with the program confirmation and must be returned by January 31.

Location True Balance Karate, Downers Grove
Time 5:55-6:25 p.m.
Fee \$75 per session

Code 9-074-01-1
Dates Mondays, February 6-March 20 (7 Weeks)

Code 9-074-01-2
Dates Mondays, April 3-May 15 (7 Weeks)

Wondering what programs are best for your participant? Let us help! We offer leisure counseling services for new and current participants. Give us a call at 630.960.7600 to discuss program options with our staff.

programs for everyone

Horseback Riding Lessons

Whether you are new to the saddle or have been horseback riding before, this program is for you. Riders improve their balance, core stability, and strength while they enjoy the movement of their horse. Riders of all levels embrace the ageless goal of lightness and harmony with one's equine partner. Participants must be ambulatory and able to sit on a horse without a riding partner. The Hanson Center and Holistic Riding follow the Professional Association of Therapeutic Horsemanship International's (PATH) guidelines and are PATH certified. **Note:** Waivers are sent with the program confirmation and must be returned to SEASPAR by January 31. Each session at the Hanson Center has a maximum of two participants.

Code	Location	Day	Dates	Time	Fee
9-070-01-4	Holistic Riding, Lemont	Tuesday	February 7-28 (4 Weeks)	5-6 p.m.	\$350
9-070-01-6	Holistic Riding, Lemont	Tuesday	March 7-April 11 (4 Weeks, No programs March 21 & 28)	5-6 p.m.	\$350
9-070-01-8	Holistic Riding, Lemont	Tuesday	April 18-May 9 (4 Weeks)	5-6 p.m.	\$350
9-070-01-1	Hanson Center, Burr Ridge	Wednesday	April 12 & 26, May 10, 24 & 31 (5 Weeks)	5-5:30 p.m.	\$150
9-070-01-2	Hanson Center, Burr Ridge	Wednesday	April 12 & 26, May 10, 24 & 31 (5 Weeks)	5:30-6 p.m.	\$150
9-070-01-3	Hanson Center, Burr Ridge	Wednesday	April 12 & 26, May 10, 24 & 31 (5 Weeks)	6-6:30 p.m.	\$150
9-070-01-5	Holistic Riding, Lemont	Thursday	February 9-March 2 (4 Weeks)	5-6 p.m.	\$350
9-070-01-7	Holistic Riding, Lemont	Thursday	March 9-April 13 (4 Weeks, No programs March 23 & 30)	5-6 p.m.	\$350
9-070-01-9	Holistic Riding, Lemont	Thursday	April 20-May 11 (4 Weeks)	5-6 p.m.	\$350

Music Lessons

Research demonstrates that studying music makes you smarter! Participants ages five and older can choose between piano, keyboard, drums, or voice lessons. Bring a spiral notebook, pencil, and any music books you have used in the past. Participants should indicate their lesson time on the registration form. Guitar students must provide their own guitar, and drum students need drumsticks and a practice pad. Lessons are one half-hour each. **Note:** Returning students retain their lesson time if they register by January 3. Mark your calendar for the Spring Recital on May 13!

Piano/Drums/Guitar (Instructor Kevin Wood)

Code 9-006-01-1
Ages 5 years and older
Location Darien Sportsplex
Dates Tuesdays, February 7-May 9 (13 Weeks)
No program March 28
Time 6-9 p.m.
Fee \$209

Piano (Instructor Debora Judycki)

Code 9-006-01-3
Ages 5 years and older
Location SEASPAR, Downers Grove
Dates Wednesdays, February 8-May 10 (13 Weeks)
No program March 29
Time 4-8 p.m.
Fee \$209

Keyboard/Voice (Instructor Nancy Urban)

Code 9-006-01-2
Ages 5 years and older
Location Darien Sportsplex
Dates Thursdays, February 9-May 11 (13 Weeks)
No program March 30
Time 6-9 p.m.
Fee \$209

Sunshine Through Golf

The Sunshine Through Golf Foundation and Village Greens of Woodridge are teaming up to offer another great season of beginner golf instruction. We enjoy three weeks of instruction at Village Greens, two weeks at the Sunshine Course at the Midwest Golf House, and our final day at Village Greens for golf and snacks. Please call SEASPAR before the first class if you need to reserve clubs. No jeans or metal spikes may be worn on the course and proper golf attire is required. **Note:** On May 11 and May 18, transportation is provided to the Sunshine Course. Please meet at Village Greens at 4 p.m. Pickup is at 6 p.m.

Code 9-041-01-2
Ages 8 years and older
Location Village Greens of Woodridge and Midwest Golf House - Sunshine Course, Lemont
Dates Thursdays, April 20-May 25 (6 Weeks)
Time 4:30-5:30 p.m.
Limit 8
Fee \$60



programs for everyone

Ice Skating

Ice skating lessons provide individuals the opportunity to learn to skate or improve skating skills. Instructors and student teachers work cooperatively with SEASPAR staff to provide lessons which focus on skill development, coordination, muscle strengthening, increasing endurance, and fun! Lessons are designed to allow skaters to reach obtainable objectives while working toward one long-term goal. Skaters are placed into groups based on their skating abilities. **Note:** A waiver is sent with the program confirmation and must be returned to SEASPAR by January 31. (A free, optional practice time is available from 9:50–10:10 a.m.)

Code 9-008-01-2
Location Seven Bridges Ice Arena, Woodridge
Dates Saturdays, February 25–March 25 (5 Weeks)
Time 10:10–10:40 a.m.
Fee \$88



Registration Deadline:
Tuesday, January 3 – 4:30 p.m.



Sensory Sunday

You're invited to experience Wonders on dates flexible for you. Sensory Sunday is designed with your schedule in mind so that you can come only on the days which are convenient for you. Please select either the 5- or 12-visit pass on the registration form and we will send you a punch card with your confirmation. The card is punched at each of your visits and never expires.

Reservations are required in order to ensure that a stimulating, yet calming atmosphere prevails during the time your child explores the many wonders of the room. Sessions are cancelled if no one is signed up to attend. An electronic sign-up sheet will be emailed to you before the program begins.

Location Wonders, Lisle Recreation Center
Dates Sundays, February 12–May 21
No programs April 2 & 16 and May 14

Time	Ages
1–1:30 p.m.	3–7
1:30–2 p.m.	3–7
2–2:30 p.m.	8–12
2:30–3 p.m.	8–12
3–3:30 p.m.	13 years and older
3:30–4 p.m.	13 years and older

Code 9-099-01-8
Fee \$25 (5-visit pass)

Code 9-099-01-9
Fee \$50 (12-visit pass)

programs for everyone



Located at the
Lisle Recreation
Center – Door 8,
1925 Ohio Street

A one-way observation
window is available in
the room adjacent to
Wonders.

Complimentary Wi-Fi
and coffee are provided.

SEASPAR's multi-sensory room contains interactive equipment that pleases your senses in a variety of soothing ways. Feel the vibration of music as it plays through the Learning Chair, follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor. **NEW:** Control colors and lights with the touch of your hand and feel the calming coolness of glittering glass with the sparkle and marble walls just added to Wonders!



Benefits of the multi-sensory room include:

- Improved mood
- Fewer disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improved communication
- Enhanced interpersonal interactions



**Engage
Your Senses
at Wonders!**

The room primarily benefits individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia

Learn about programs and events held at Wonders on pages 10, 12, 13, 15, 17, and 25!

For information about Wonders or to schedule a tour, contact Rachel Pavesich at 630.960.7664 or rpavesich@seaspar.org.

programs for children & young teens

Sensory Connection

Explore one of your senses through games, crafts, and snacks. Participants also spend time experiencing those senses while in the Wonders multi-sensory room.

Code 9-051-01-1
Ages 4-10
Location Lisle Recreation Center
Dates Mondays, February 6–March 6 (5 Weeks)
Time 5–6 p.m.
Fee \$30

New!

LEGO Builders Club

Put your creativity to work and join in for some fun building LEGOs. We provide the LEGOs, you create the masterpiece. The group follows step-by-step directions to create specific models while socializing with other builders.

Code 9-079-01-1
Ages 8-15
Location SEASPAR, Downers Grove
Dates Mondays, February 6–May 1 (12 Weeks)
No program March 27
Time 6–6:45 p.m.
Fee \$45

Sensory Explorers

Our award-winning Wonders multi-sensory room provides participants with a chance to explore their feelings and become interested in their surroundings. SEASPAR has established a variety of program times for you to enjoy the multi-sensory room each week. **Note:** Each session is for one half-hour. Indicate your time preference on the registration form.

Code 9-099-01-1
Ages 8-15
Location Wonders, Lisle Recreation Center
Dates Tuesdays, February 7–May 16 (14 Weeks)
No program March 28
Time 3:30–6 p.m.
Fee \$70

Right Fit

Test your fitness skills while playing to stay fit. This program provides fitness, social interaction, and the opportunity to explore sport and movement through activities such as basketball, obstacle courses, tug-of-war, and more. This is a great opportunity to stay fit, build strength, learn body control, and increase flexibility. Wear gym shoes and athletic apparel. **Note:** A waiver is sent with the program confirmation and must be returned by January 31.

Ages 7-15
Location Right Fit, Willowbrook
Dates Tuesdays, February 7–May 2 (12 Weeks)
No program March 28
Fee \$185

Code 9-058-01-1
Time 4–5 p.m.

Code 9-058-01-2
Time 5–6 p.m.

Learn to Ride a Bike

Get ready to lose those training wheels! Learning to ride a bike is an important life skill which increases self-esteem, inclusion in neighborhood activities, and independent transportation. We discuss safety and riding rules. Wear gym shoes and bring your bike and helmet. This program is held outdoors and may be canceled due to inclement weather.

Code 9-064-01-1
Ages 5-10
Location Westwood Park, Darien
Dates Tuesdays, April 4–May 2 (5 Weeks)
Time 4:30–5:15 p.m.
Fee \$40



Discover Us!



programs for children & young teens

Basketball Skills

This program is designed to develop basketball and sportsmanship skills. Emphasis is put on the basics such as passing, dribbling, shooting, and rules of the game. Wear gym shoes and athletic apparel, and bring a water bottle.

Code 9-065-01-4
Ages 8-15
Location Park District of La Grange
Dates Wednesdays, February 8-May 3 (12 Weeks)
No program March 29
Time 5-6 p.m.
Fee \$40

Workout Warriors

Have fun and get your heart pumping! We sample a variety of different workouts such as cardio, weight training, and sports. Staff assists participants with finding the best exercises to meet their goals and abilities. Please bring a water bottle and wear athletic apparel.

Code 9-093-01-1
Ages 11-15
Location Westmont Park District Fitness Center
Dates Thursdays, February 9-May 4 (12 Weeks)
No program March 30
Time 4-5 p.m.
Fee \$40

Gymnastics

This high-energy program focuses on gross motor skills, strength, coordination, and flexibility. Apparatus work is incorporated into this non-competitive program. No experience necessary. **Note:** A waiver is sent with the program confirmation and must be returned to SEASPAR by January 31.

Location IGI Gymnastics, Westmont
Dates Thursdays, February 9-May 4 (12 Weeks)
No program March 30
Fee \$160

Tumble Time

Code 9-053-01-2
Ages 3-6
Time 5-5:45 p.m.

Beginner Gymnastics

Code 9-053-01-1
Ages 7-11
Time 6-6:45 p.m.

Gymnastics 101

Code 9-092-01-1
Ages 12-15
Time 7-7:45 p.m.

Teen Excursion

Kick off your weekend with fun! Travel to a variety of different venues within our communities and experience what is available for leisure and play. Snacks are provided.

Ages 11-15
Dates Saturdays (see schedule below)
Time Lemont Transportation: 8:30 a.m.-1 p.m.
Denning Transportation: 9 a.m.-12:30 p.m.
SEASPAR Transportation: 9:30 a.m.-12 p.m.
Fee \$30 per event

Code	Date	Activity
9-085-01-1	February 11	Valentine's Party
9-085-01-2	February 18	Wonders Multi-Sensory Room
9-085-01-3	February 25	Open Gym
9-085-01-4	March 4	Movie at SEASPAR
9-085-01-5	March 11	Karate
9-085-01-6	March 18	Games
9-085-01-7	March 25	Pokémon Party
9-085-01-8	April 8	SEASPAR Bowling Tournament
9-085-01-9	April 22	Earth Day Celebration
9-085-01-10	April 29	Museum at Lisle Station Park
9-085-01-11	May 6	Mother's Day Gift Making

Kids Club

Join our club just for kids! Activities include art projects, playing games, spending time in the Wonders multi-sensory room, and even taking trips into the community. Snacks are provided each day.

Code 9-067-01-1
Ages 5-10
Location Lisle Recreation Center
Dates Saturdays, February 11-May 6 (11 Weeks)
No programs April 1 & 15
Time 9:30 a.m.-12 p.m.
Lemont Transportation: 8:30 a.m.-1 p.m.
Denning Transportation: 9 a.m.-12:30 p.m.
Fee \$152

New!



programs for children & young teens

Water Park Adventures

Enjoy an afternoon of swimming, sliding, and splashing as we travel to different pools. Wear your swimsuit under your clothes and bring a towel. Please label all belongings. Snacks are included.

Dates Saturdays (see schedule below)
Time SEASPAR Transportation: 12–5 p.m.
Denning Transportation: 12:30–4:30 p.m.
Lemont Transportation: 1–4 p.m.
Fee \$40 per event

Nemo's Sidekicks

Ages 5–10

Code	Date	Location
9-068-01-1	February 18	Arctic Splash, Wheeling
9-068-01-2	March 18	Vaughan Aquatic Center, Aurora
9-068-01-3	April 29	Oak Brook Family Aquatic Center

Swimming Sampler

Ages 11–15

Code	Date	Location
9-086-01-1	February 25	Splash Landing Aquatic Center, Glenview
9-086-01-2	March 11	Vaughan Aquatic Center, Aurora
9-086-01-3	April 22	Oak Brook Family Aquatic Center
9-086-01-4	May 13	The Water Works, Schaumburg

• At-A-Glance • Weekly Programs for Children & Young Teens

MONDAYS

Sensory Connection – Lisle
LEGO Builders Club – Downers Grove

TUESDAYS

Sensory Explorers – Lisle
Right Fit – Willowbrook
Learn to Ride a Bike – Darien

WEDNESDAYS

Basketball Skills – La Grange

THURSDAYS

Workout Warriors – Westmont
Gymnastics – Westmont

SATURDAYS

Teen Excursion – Various Locations
Kids Club – Lisle
Water Park Adventures – Various Locations

Wondering what programs are best for your child? Let us help! We offer leisure counseling services for new and current participants. Give us a call at 630.960.7600 to discuss program options with our staff.

Transportation

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions. These locations may include:

Darien: Darien Sportsplex, 451 Plainfield Road, Darien

Denning: Denning Park, 4901 Gilbert Avenue, La Grange

Lemont: Centennial Community Center, 16028 127th Street, Lemont

Lisle: Lisle Recreation Center, 1925 Ohio Street, Lisle

SEASPAR: SEASPAR Office, Downers Grove Recreation Center, 4500 Belmont Road, Downers Grove

When completing your registration form for programs that include transportation, please circle the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles. SEASPAR reserves the right to refuse to transport individuals. All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle. All wheelchairs must have brakes that are in good working condition and can stop the chair from moving. SEASPAR staff are responsible for determining whether a participant can be transported safely. Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.

special events for children & young teens

Disney on Ice

Follow your heart straight to adventure at *Disney on Ice*! Keep swimming with Dory and Hank from *Finding Dory* as they set out to find her parents and discover the devotion of family. Cheer with Joy, Sadness, and the rest of the Emotions from *Inside Out* as they work together to boost Riley's spirit and win the big hockey game. Venture to wintery Arendelle where Olaf and Kristoff reunite royal sisters Anna and Elsa from *Frozen* and learn that love is the most powerful magic of all. See Cinderella, Rapunzel, Ariel, and the Disney Princesses make their dreams possible through virtues of bravery, kindness, and perseverance. Celebrate true friendship with Buzz Lightyear, Woody, and the *Toy Story* gang. Make unforgettable memories with Mickey, Minnie, and all your Disney friends when you "follow your heart"!

Code 9-205-01-1
Ages 5-11
Location United Center, Chicago
Date Saturday, February 11
Time SEASPAR Transportation: 1:30-6:30 p.m.
Denning Transportation: 2-6 p.m.
Fee \$70

Big Ten Experience

Join us for an afternoon at the Big Ten Museum at the Big Ten Conference headquarters. The Big Ten Experience is a new digital museum featuring 13 interactive exhibits that showcase the history of the conference back to 1896, the year it was founded. Attempt to catch a football, stop a soccer ball, or block a hockey puck through an interactive game that promises to test your speed, agility, and hand-eye coordination in their Game On exhibit. Lunch is included at Panera.

Code 9-209-01-1
Ages 11-15
Location Big Ten Museum, Rosemont
Date Sunday, February 19
Time Lemont Transportation: 11 a.m.-5 p.m.
SEASPAR Transportation: 11:30 a.m.-4:30 p.m.
Denning Transportation: 12-4 p.m.
Fee \$40

Day Off School

Looking for something fun to do on your day off from school? Spend time with your SEASPAR friends as we travel throughout the community. Our day includes games, sports, crafts, and a trip to Enchanted Castle. Bring a sack lunch.

Code 9-211-01-1
Ages 5-15
Location Darien Sportsplex
Date Monday, February 20
Time 9 a.m.-3:30 p.m.
Fee \$55

Swim & Sensory

Come for a swim at The CORE followed by an amazing experience exploring your senses in the Wonders multi-sensory room. Wear your swimsuit and bring a change of clothes and a towel. Please label belongings. Dinner is included.

Location The CORE, Lemont/Lisle Recreation Center
Time Denning Transportation: 2-7 p.m.
Lisle Transportation: 2:30-6:30 p.m.
Lemont Transportation: 3-7:30 p.m.
Fee \$35
Code 9-243-01-1
Ages 4-10
Date Saturday, February 25

Code 9-243-01-2
Ages 11-15
Date Saturday, March 4



Rainforest Cafe

Enjoy a wild dinner out with your friends! We travel to the Rainforest Cafe for dinner while enjoying the sights and sounds of the rainforest.

Code 9-214-01-1
Ages 11-15
Location Rainforest Cafe, Schaumburg
Date Sunday, February 26
Time SEASPAR Transportation: 4-8 p.m.
Lemont Transportation: 4:30-7:30 p.m.
Denning Transportation: 5-7 p.m.
Fee \$40

special events for children & young teens

Open Play

The gym is open! We play a variety of sports and games while focusing on socialization during playtime, rules of the game, and taking turns. Wear athletic clothing and gym shoes. A healthy snack is included.

Code 9-216-01-1
Ages 4-9
Location Grand Avenue Community Center, Western Springs
Date Saturday, March 4
Time 3-5 p.m.
SEASPAR Transportation: 2:30-5:30 p.m.
Fee \$20



TreeHouse

Love to climb, swing, slide, and laugh? Then come out to the TreeHouse indoor playground, where you can experience what Nickelodeon chose as "Parents' Picks Best Indoor Playspace" three years in a row! The TreeHouse is home of a multi-level climbing structure with swinging bridges, enclosed slides, swings, and more. We take a break for a healthy lunch while we are there.

Code 9-219-01-1
Ages 4-10
Location TreeHouse, Lake Zurich
Date Saturday, March 11
Time Lemont Transportation: 9 a.m.-3 p.m.
SEASPAR Transportation: 9:30 a.m.-2:30 p.m.
Denning Transportation: 10 a.m.-2 p.m.
Fee \$50

Prom Night

Prom Night is hosted by Nazareth Academy's FISH (Friends In Service & Hospitality). We dance to the tunes of DJ Daryle, a favorite at all the Nazareth dances. As with any prom, the attendees dress for the occasion in prom dresses and tuxes; however, suits and dresses are also acceptable. Attendees receive a corsage or boutonniere and a souvenir picture. Refreshments are provided.

Code 9-220-01-1
Ages 13-15
Location Nazareth Academy, La Grange Park
Date Saturday, March 11
Time 7-9 p.m.
SEASPAR Transportation: 6:30-9:30 p.m.
Fee \$15

Progressive Dinner

Having trouble choosing between restaurants? Now you don't have to! Come hungry as we explore the sights and tastes of Naperville. We stop at Q-BBQ for appetizers, Giordano's for dinner, and top it off with dessert at Cookie Dough Creations.

Code 9-224-01-1
Ages 12-15
Location Naperville
Date Saturday, March 18
Time Denning Transportation: 3:30-8 p.m.
Lemont Transportation: 4-7:30 p.m.
SEASPAR Transportation: 4:30-7 p.m.
Fee \$35

Creativity Central

Let out your artistic side at this program where imagination and creativity is key. Spend the afternoon expressing yourself through music and movement, stories and drama, and art. A snack is included.

Code 9-227-01-1
Ages 4-9
Location Lisle Recreation Center
Date Saturday, March 25
Time 3-5 p.m.
Lemont Transportation: 2-6 p.m.
Denning Transportation: 2:30-5:30 p.m.
Fee \$20

Registration Deadline:
Tuesday, January 3 - 4:30 p.m.

special events for children & young teens

Teen Overnight

Don't miss out on spending the night with friends! Start the evening swimming at The CORE in Lemont, followed by pizza for dinner. Later, we watch movies, play games, and relax in the Wonders multi-sensory room. We have breakfast before saying goodbye. Pack an overnight bag with necessary items and bring a sleeping bag. Bring your favorite board games, Wii games, movies, and CDs if you'd like.

Code 9-228-01-1
Ages 11-15
Location Lisle Recreation Center
Dates Saturday, March 25-Sunday, March 26
Time 6 p.m.-9:30 a.m.
Denning Transportation: 5:30 p.m.-10:30 a.m.
Lemont Transportation: 6:30 p.m.-10 a.m.
Fee \$70

Spring Break Camp

Spend time with your SEASPAR friends as we travel throughout the community on field trips. Our day also includes games, sports, and crafts. Bring a sack lunch each day.

Ages 5-15
Location Centennial Community Center, Lemont
Time 9:30 a.m.-3:30 p.m.
SEASPAR Transportation: 8:30 a.m.-4:30 p.m.
Denning Transportation: 9 a.m.-4 p.m.
Fee \$60 per event

Code	Date	Location
9-231-01-1	Monday, March 27	Dave & Buster's
9-231-01-2	Tuesday, March 28	Open Gym & Swim
9-231-01-3	Wednesday, March 29	Adventure Realm
9-231-01-4	Thursday, March 30	Wonders & Sensory Activities
9-231-01-5	Friday, March 31	Sagawau Environmental Learning Center

Build-A-Bear Workshop

Build your "beary" own stuffed animal at Build-A-Bear Workshop! Choose your stuffed animal and an accessory to go with it. It's the most fun you will ever make. Lunch at the mall is included.

Code 9-235-01-1
Ages 5-10
Location Build-A-Bear Workshop at Fox Valley Mall, Aurora
Date Saturday, April 8
Time SEASPAR Transportation: 12-3 p.m.
Denning Transportation: 12:30-3:30 p.m.
Lemont Transportation: 1-4 p.m.
Fee \$50



Discover Us!



special events for children & young teens

Lunch and a Movie

Enjoy the delectable offerings at Portillo's before seeing a new release at the Ogden 6 Theatre. What a great way to spend your afternoon with SEASPAR friends! Please visit our website at SEASPAR.org or call SEASPAR on April 5 for movie title and time.

Code	9-236-01-1
Ages	12-15
Location	Portillo's/Ogden 6 Theatre, Naperville
Date	Saturday, April 8
Time	SEASPAR Transportation: 12-5 p.m. Denning Transportation: 12:30-5:30 p.m. Lemont Transportation: 1-6 p.m.
Fee	\$35

Earth Day

Join us as we celebrate Mother Earth on its special day. We learn how to take care of the environment, make eco-friendly crafts, and lend a hand at preserving nature with the assistance of the Lyman Woods naturalist. A picnic lunch is included.

Code	9-240-01-1
Ages	10-15
Location	Lyman Woods, Downers Grove
Date	Saturday, April 22
Time	SEASPAR Transportation: 12-4 p.m. Denning Transportation: 12:30-4:30 p.m. Lemont Transportation: 1-5 p.m.
Fee	\$30



Tour a Town

Join your friends as we explore Woodridge. SEASPAR provides specially made passports that are stamped after each stop, including mini-golf at Lost Mountain and a tour of the brand new Athletic Recreation Center. A snack is included.

Code	9-241-01-1
Ages	11-15
Location	Woodridge
Date	Saturday, April 29
Time	SEASPAR Transportation: 1:30-7 p.m. Denning Transportation: 2-6:30 p.m. Lemont Transportation: 2:30-6 p.m.
Fee	\$35

Springfield Tour

Travel to the heart of Illinois as we explore our Capitol. Our visit includes stops at the Illinois State Museum as well as Lincoln's Tomb and Southwind Park, Springfield's fully accessible park. Lunch at the Cozy Dog Drive-In is included.

Code	9-246-01-1
Ages	11-15
Location	Springfield
Date	Saturday, May 6
Time	SEASPAR Transportation: 9 a.m.-5:30 p.m. Denning Transportation: 9:30 a.m.-5 p.m.
Fee	\$60

Train Day

Choo-choo! All aboard for a fun-filled afternoon all about trains! First stop is lunch at the All Aboard Diner where our food is delivered by a model train. Next stop is the Museums at Lisle Station Park where we see the historical depot and train car.

Code	9-247-01-1
Ages	5-10
Location	Museums at Lisle Station Park
Date	Saturday, May 6
Time	Lemont Transportation: 10 a.m.-3 p.m. Denning Transportation: 10:30 a.m.-2:30 p.m. SEASPAR Transportation: 11-2 p.m.
Fee	\$40



CONTACT

for information about programs and special events for children and young teens.

Rachel Pavesich

630.960.7664
rpavesich@seaspar.org



Eligibility

Persons are eligible for Special Olympics if they are eight years of age or older and have been identified by an agency or professional as having intellectual disabilities, cognitive delays as determined by standardized measure, or have significant learning or vocational problems due to cognitive delays that require, or have required, specially designed instruction.

Application for Participation

Athletes wishing to participate in Special Olympics programs must have a current Special Olympics application for participation on file at SEASPAR. The application may be obtained online at SEASPAR.org/Special-Olympics. Faxed forms or copies are not accepted. The application is valid for two years from the date of the examination. Please contact SEASPAR to find out when your application expires.

Disclaimers

Team sports and relay events take precedence over individual sports or events at the state level of competition.

Athletes registered for team sports are expected to attend practices, games, and tournaments.



CONTACT

for information about
Special Olympics.

Aaron Hirthe

630.960.7627

ahirthe@seaspar.org

2017 Special Olympics/ITRS/Invitational Competition Schedule

(All Dates Subject To Change)

January 4	SO District Alpine Skiing Qualifier
January 8	SO District Cross Country Skiing and Snowshoeing Qualifier
January 29	SO District Basketball Tournaments
February 7-9	SO State Winter Games
February 18	WDSRA Swim Meet
February 19	ITRS Senior Basketball Tournaments
March 5	SO District Gymnastics Qualifier
March 9	SO District Aquatics Qualifier
March 17-19	SO State Basketball Tournament
April 8	SEASPAR Team Bowling Tournament
TBD	WDSRA Track and Field Meet
May 7	SO District Soccer Tournament
TBD	SO District Spring Games and Powerlifting Competitions
May 21	ITRS Soccer Tournament
June 9-11	SO State Summer Games
July 8	SO District Tennis Qualifier
July 16	ITRS Softball Tournament
July 17	SO District Unified Golf Qualifier
July 18	SO District Golf Skills Qualifier
July 23	SO District Softball Tournament
July 29	SO Area Bowling Qualifier
August 7	SO District Golf (3/6/9 Hole) Qualifier
August 19-20	SO State Tennis
September 8-10	SO Outdoor Sports Festival

Powerlifting

Athletes set and reach fitness goals through the disciplined and challenging sport of powerlifting. Participants learn proper technique for the deadlift and bench press, while improving their overall fitness level through weekly workout sessions. Athletes participate in the Powerlifting District Qualifier at the Special Olympics Spring Games (date TBD). Gold medal winners advance to the Summer Games at Illinois State University June 9-11.

Code	9-122-01-1
Ages	16 years and older
Location	Lisle Community Center
Dates	Mondays, February 6-June 5 (16 Weeks) <i>No programs March 27 & May 29</i>
Time	6-7:30 p.m.
Limit	6
Fee	\$190

special olympics

Tennis

The SEASPAR tennis program offers athletes an opportunity to improve agility, upper body strength, hand-eye coordination, and overall fitness. For first-time players and seasoned veterans, this program teaches the basic rules and etiquette of the game required for the individual skills competition through traditional court match play. Each week, coaches work on the basic skills of forehand and backhand shots, volleying, and serving. Athletes compete in the Special Olympics District Qualifier on July 8. Gold medal winners qualify for the State Tennis Competition August 19–20.

Code	9-119-01-1
Ages	16 years and older
Location	Twin Lakes Park, Westmont
Dates	Mondays, April 17–June 26 (10 Weeks) <i>No program May 29</i>
Time	4:30–5:30 p.m.
Limit	6
Fee	\$120

Softball

Grab your mitt – the Spartans' softball season is here! Athletes work to improve their skills through practices and games with other SRAs. Athletes are divided into teams according to game play ability, age, and the discretion of the coaches. Teams participate in the ITRS Tournament on July 16 and the Special Olympics District Qualifier on July 23. Gold medal winners qualify for the Outdoor Sports Festival September 8–10. Information regarding the program, transportation, and practices is sent at the start of the season. Uniforms and schedules are distributed at practice prior to the first game.

Code	9-117-01-1
Ages	16 years and older
Location	Various
Dates	Tuesdays, April 18–July 18 (13 Weeks) <i>No program July 4</i>
Time	6:30–8 p.m.
Limit	24
Fee	\$205



Golf (Pre-Season Practice)

This program is for the experienced, competitive golfer who wants to start the golf season early with some time on the range. Grab your clubs, meet with old friends, and add distance to your drives or accuracy to your short game. We use the temperature-controlled Links & Tees Dome for the first portion of the program and move to its outdoor driving range once the dome closes. A collared shirt and khaki shorts or pants are required.

Ages	8 years and older
Location	Links & Tees Golf Facility, Addison
Time	7–8 p.m. SEASPAR Transportation: 6:30–8:30 p.m.
Limit	12
Fee	\$95
Code	9-113-01-1
Dates	Thursdays, February 16–March 23 (6 Weeks)
Code	9-113-01-2
Dates	Thursdays, April 6–May 11 (6 Weeks)

Golf Skills

It's never too late to get into the swing of things! SEASPAR staff coach athletes on etiquette, club selection, and basic golf skills. Athletes compete in the Special Olympics Golf Skills District Qualifier on July 18. Gold medal winners qualify for the Outdoor Sports Festival September 8–10. Clubs will be provided for athletes who do not have their own. No jeans or metal spikes may be worn on the golf course, and a collared shirt and khaki shorts or pants are required.

Code	9-113-01-3
Ages	8 years and older
Location	Village Greens of Woodridge
Dates	Wednesdays, May 3–July 12 (10 Weeks) <i>No program May 17</i>
Time	4:30–5:30 p.m.
Limit	6
Fee	\$130

Unified Golf

Unified Golf pairs a Special Olympic athlete with a “Unified Partner” for traditional course play. Scoring for Unified Golf is aggregate, meaning both players' scores on each hole are added together. The Special Olympics District Qualifier is on July 17. Gold medal winners qualify for the Outdoor Sports Festival September 8–10. Tee times are typically between 5:30 and 6:30 p.m. A schedule is sent prior to the first week. No jeans or metal spikes may be worn on the golf course and a collared shirt is required.

Code	9-123-01-1
Ages	8 years and older
Location	Various
Dates	Wednesdays, May 3–July 12 (10 Weeks) <i>No program May 17</i>
Time	Refer to Schedule
Limit	16
Fee	\$165

special olympics

Soccer

SEASPAR and Lily Cache Special Recreation Association athletes are once again teaming up on the soccer pitch! Coaches focus on general soccer skills such as dribbling, passing, and shooting, while emphasizing teamwork and good sportsmanship. Teams participate in the Special Olympics District Qualifier on May 7 and the ITRS Tournament on May 21. Information regarding the program, transportation, and practices is sent at the start of the season. Uniforms and schedules are distributed at practice prior to the first game.

Note: The home field for the team is located at the Lily Cache Soccer Fields in Bolingbrook.

Code	9-116-01-1
Ages	16 years and older
Location	Various
Dates	Wednesdays, March 1–May 17 (12 Weeks)
Time	6–8 p.m.
Limit	6
Fee	\$140

Bocce (Pre-Season Practice)

Bocce, a favorite family game, is one of Special Olympics' most enjoyable competitive sports. Closely resembling bowling, this game requires skill, strategy, and a little luck. Learn to toss, roll, hit, and score while having a great time with your friends. Gold medal athletes who qualified for the 2017 Summer Games are encouraged to participate.

Code	9-104-01-1
Ages	8 years and older
Location	Ebersold Park, Downers Grove
Dates	Wednesdays, April 26–June 7 (6 Weeks) <i>No program May 17</i>
Time	5:30–6:30 p.m.
Limit	10
Fee	\$45



Artistic Gymnastics

Gymnasts practice the individual movements required to complete specific routines for the Vault, Balance Beam, Uneven Bars, and Floor Routine, in preparation for the Special Olympics District Qualifier on March 5. Gold medal winners advance to the Summer Games at Illinois State University June 9–11. Participants must exhibit patience and be able to follow all safety guidelines for the facilities and equipment used. Athletes should wear gymnastics leotards or fitted clothing.

Code	9-114-01-2
Ages	16 years and older
Location	Centennial Community Center, Lemont
Dates	Wednesdays, January 18–May 10 (16 Weeks) <i>No program March 29</i>
Time	7:15–8:30 p.m.
Limit	6
Fee	\$250



Bowling

Join SEASPAR's bowling team to train for competition. Coaches help you work on your form and techniques to improve your game. SEASPAR competes in the Special Olympics Area Bowling Qualifier on July 29. Gold medal winners qualify for the Sectional Qualifier on October 15. Gold medal winners at the Sectional Qualifier compete at the State Bowling Competition in Peoria on December 2. **Note:** Bowlers may only register for one of the two practice options.

Ages	8 years and older
Location	Suburbanite Bowl, Westmont
Dates	Thursdays, May 25–July 27 (10 Weeks)
Limit	4
Fee	\$140
Code	9-106-01-1
Time	4:30–5:30 p.m.
Code	9-106-01-2
Time	5:30–6:30 p.m.

special olympics

Aquatics

Aquatics is designed for swimmers who can swim proficiently and want to compete. Practices focus on swim endurance and stroke mechanics. The team competes in the Western DuPage Special Recreation Association Swim Meet on February 18 and the Special Olympics Aquatics District Qualifier on March 9. Gold medal winners advance to the Summer Games at Illinois State University June 9-11.

Code	9-118-01-1
Ages	8 years and older
Location	Indian Boundary YMCA, Downers Grove
Dates	Saturdays, January 28-June 3 (16 Weeks) <i>No programs March 25, April 1 & 15</i>
Time	1-2 p.m.
Limit	20
Fee	\$190



Athletics

Join other athletes in training for various track and field events. Athletes participate in the Western DuPage Special Recreation Association Track and Field Meet (date TBD) and the Special Olympics Spring Games (date TBD). Gold medal winners from the Spring Games advance to the Summer Games at Illinois State University June 9-11. **Note:** Meet at the basement-level indoor track. Use the west doors at the turn-around courtyard off Prince Street to access the building.

Ages	8 years and older
Location	Downers Grove North High School
Fee	\$155
Code	9-120-01-1
Dates	Saturdays, February 4-April 22 (11 Weeks) <i>No program April 15</i>
Time	3-4 p.m.
Limit	10
Code	9-120-01-2
Dates	Sundays, February 5-April 23 (11 Weeks) <i>No program April 16</i>
Time	10:15-11:15 a.m.
Limit	10

Special Olympics 2016

Let's hear it for our Special Olympics athletes and coaches!

Here's what we've accomplished in the last year.



programs for individuals with physical disabilities

Adapted Music Lessons

Have you ever had the chance to make music? This exciting program at Wonders gives individuals with limited mobility the opportunity to make beautiful music! The Soundbeam 5 translates movement into melody using movement sensory technology. Move your head, wave your hand, or spin your wheelchair, and musical notes fill the air. **Note:** Each session is for one half-hour. Indicate your time preference on the registration form.

Code 9-050-09-1
Ages All ages
Location Wonders, Lisle Recreation Center
Dates Thursdays, February 9–May 4 (12 Weeks)
No program March 30
Time 5:30–7 p.m.
Fee \$87

Power Soccer

Participants use an oversized soccer ball and maneuver their power chairs to dribble, pass, shoot, and score goals. A footguard is attached to the front of the power wheelchair and the game is on! This program is an introduction to power soccer and is designed for beginners. Footguards are provided.

Code 9-050-06-1
Ages All ages
Location Westmont Community Center
Dates Saturdays, April 8–May 13 (5 Weeks)
No program April 15
Time 9:30–10:30 a.m.
Fee \$30

Wheelchair Table Tennis

Get your top spin going with SEASPAR's table tennis program! Learn the basics of wheelchair table tennis, or how to deal out a killer serve and counter your opponent's return. This program is for beginners.

Code 9-050-12-1
Ages 8 years and older
Location Darien Sportsplex
Dates Saturdays, February 11–May 6 (11 Weeks)
No programs April 1 & 15
Time 11 a.m.–12 p.m.
Fee \$40



CONTACT

for information about programs for individuals with physical disabilities.

Greg Pavesich

630.960.7629

gpavesich@seaspar.org

Power Soccer Tournaments

In 2016, SEASPAR's Power Soccer athletes competed in their first-ever tournaments, the Spring and Fall Power Soccer Cups hosted by Courage League Sports in Urbandale, Iowa.

Our team, the SEASPAR Steel, competed with teams from Courage League Sports, Sports Ability of Cedar Rapids, Iowa, and Madonna Adaptive Sports & Recreation of Lincoln, Nebraska.

SEASPAR's competitors in the two tournaments were Nick Cecchi, Jack DeMatteo, Jacob Gates-Ehlers, Charlie Lettenberger, Matthew Matteucci, Zoe Newman-Payne, and Jarrod Ramos.

We are very proud of these athletes and look forward to providing them with more opportunities to show off their skills in competitions!



programs for teens & adults (ages 16+)

Afternoon Adventures

Enjoy exciting travels throughout the community with your friends. You're sure to have a memorable time! Parents are responsible for pickup at SEASPAR or Denning Park after the program. A schedule is mailed with confirmations.

Code 9-007-01-3
Location Various
Dates Mondays, February 6–May 1 (12 Weeks)
No program March 27
Drop-off SEASPAR: 2:30 p.m.
Darien: 3 p.m.
Lisle: 3:30 p.m.
Pickup SEASPAR: 6 p.m.
Limit 12
Fee \$275

Fit N' Fuel

Regular exercise and physical activity are extremely important and beneficial for long-term health and well-being. Fit N' Fuel explores different exercises such as Zumba, kickboxing, boot camp, and more! Participants learn how to make a healthy snack following the fitness portion. Please bring a water bottle. Athletic apparel and gym shoes are required. No jeans are allowed.

Code 9-003-01-4
Location Community Park District of La Grange Park
Dates Mondays, February 6–May 1 (12 Weeks)
No program March 27
Time 5–7 p.m.
Fee \$60

Aqua Exercise & Healthy Snack

Jump right into SEASPAR's aqua exercise class! Build cardiovascular fitness and strength in a fun way. Participants experience a mix of water aerobic and aqua boot camp. After drying off, the group learns how to prepare a healthy snack. Wear your swimsuit under your clothes, and bring a towel. Participants will use the fitness center/walk the track on days the pool is not available.

Code 9-002-01-3
Location The CORE, Lemont
Dates Mondays, February 6–May 1 (12 Weeks)
No program March 27
Time 5–7 p.m.
Fee \$60

Teen Scene

Spend the afternoon with SEASPAR exploring the community and having fun twice a month! Activities include shopping, movies, bowling, and more. Participants are picked up directly from school. Parents are responsible for pickup at Denning Park, Lemont, or SEASPAR after the program. A schedule is mailed with confirmations.

Code 9-012-01-2
Ages 16–22
Location Lyons Township North and South High Schools
Dates Mondays, February 6 & 20, March 6 & 20, April 3 & 17
Pickup Denning: 6 p.m.
Fee \$160

Code 9-012-01-1
Ages 16–22
Location Downers Grove South and Lemont High Schools
Dates Tuesdays, February 7 & 21, March 7 & 21, April 4 & 18
Pickup Lemont: 6 p.m.
SEASPAR: 6:30 p.m.
Fee \$160

Wrestle Mania

Live up your Monday nights and spend it watching WWE Monday Night RAW at SEASPAR's program room. The evening includes pizza, watching wrestling on TV, and enjoying time with your friends.

Code 9-046-01-1
Location Lisle Recreation Center
Dates Mondays, February 27, March 13 & 20, April 3 & 17, May 1
Time 7–9 p.m.
Denning Transportation: 6:30–9:30 p.m.
Fee \$68



Discover Us!



programs for teens & adults (ages 16+)

Day Away Tour

If you have been wishing for something to do during the week, join Day Away Tour. This group travels beyond the local community to experience a variety of fun recreational activities. Outings include shopping, theater, and sporting events. A schedule is mailed with confirmations. **Note:** Based on the distance of the destination, times may vary.

Code	9-007-01-1
Ages	21 years and older
Location	Various
Dates	Tuesdays, February 7 & 28, March 7 & 21, April 4 & 18, May 2
Time	SEASPAR Transportation: 9 a.m.–3 p.m.
Fee	\$350

Sensory Explorers

Our award-winning Wonders multi-sensory room provides participants with a chance to explore their feelings and become interested in their surroundings. SEASPAR has established a variety of program times for you to enjoy the multi-sensory room each week. **Note:** Each session is for one half-hour. Indicate your time preference on the registration form.

Code	9-099-04-1
Location	Wonders, Lisle Recreation Center
Dates	Wednesdays, February 8–May 17 (14 Weeks) <i>No program March 29</i>
Time	4–6 p.m.
Fee	\$70

Role Play

Express yourself, gain confidence, and socialize while acting in a fun, relaxed setting. Participants work on new scenes each week in this non-performance-based acting class. The program focuses on group activities and improvisation. Get ready to move and be a star in this exciting program! Please wear comfortable clothes and bring a water bottle.

Code	9-076-01-1
Location	Westmont Community Center
Dates	Tuesdays, February 7–May 2 (12 Weeks) <i>No program March 28</i>
Time	5:30–6:30 p.m.
Fee	\$65

**Registration Deadline:
Tuesday, January 3 – 4:30 p.m.**

Music Mania

Learn new songs, free dance, and how to jam instrumentally. The group experience teaches patience, sharing, and listening. The goal is for you to use music for stress reduction, relaxation, and improving communication, but the most important objective is to have fun!

Code	9-014-01-1
Location	Westmont Community Center
Dates	Tuesdays, February 7–May 2 (12 Weeks) <i>No program March 28</i>
Time	7–7:45 p.m.
Fee	\$95

BINGO!

Don't miss your chance to be a big winner! Spend the evening with your SEASPAR friends trying your luck at B-I-N-G-O! We have many wonderful prizes and snacks, plus there's time to socialize.

Code	9-034-01-1
Location	Lincoln Center, Downers Grove
Dates	Tuesdays, February 7–March 14 (6 Weeks)
Time	7–8 p.m.
Fee	\$40

Code	9-034-01-2
Location	The CORE, Lemont
Dates	Tuesdays, March 21–May 2 (6 Weeks) <i>No program March 28</i>
Time	6–7 p.m.
Fee	\$40

Animal Assisted Therapy

Spend time with man's best friend. You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem.

Location	Darien Community Center
Time	7–8 p.m.
Fee	\$54

Code	9-039-01-1
Dates	Tuesdays, February 7–March 14 (6 Weeks)

Code	9-039-01-2
Dates	Tuesdays, April 4–May 9 (6 Weeks)

programs for teens & adults (ages 16+)

Alley Cats/Strikers

Enjoy a leisurely game of bowling with your friends. This non-competitive program focuses on the importance of sportsmanship, socialization, and fun with basic instruction. Scores are recorded to help participants track their progress. These scores are also used as a basis for participants who choose to sign up for Special Olympics Bowling. **Note:** Parents and/or guardians are responsible for bringing participants into the bowling alley and checking in with staff.

Diner's Delight

Whether you work up an appetite from bowling, or are looking for an evening among friends, Diner's Delight can provide you with a tasty meal and friendly conversations. Staff help participants promote their independence by having them order their own meals, set the tables, engage in appropriate social interaction, and clean up after the meal. A schedule is mailed with confirmations. **Note:** Participants registering only for Diner's Delight meet at Lisle Lanes at 4:45 p.m. or at Suburbanite Bowl at 5:15 p.m. Participants registered for Lisle EAGLES and Alley Cats Lisle are picked up from Lisle EAGLES at 3:30 p.m.

Code	Program	Location	Day	Dates	Time	Fee
9-023-01-1	Alley Cats	Lisle Lanes	Wednesday	2/8-5/3 (12 Weeks, No program 3/29)	4-5 p.m.	\$175
9-022-01-1	Diner's Delight	Lisle Lanes	Wednesday	2/8-5/3 (12 Weeks, No program 3/29)	5-6:30 p.m.	\$185
9-023-01-2	Alley Cats	Suburbanite Bowl, Westmont	Wednesday	2/8-5/3 (12 Weeks, No program 3/29)	4:30-5:30 p.m.	\$175
9-022-01-2	Diner's Delight	SEASPAR, Downers Grove	Wednesday	2/8-5/3 (12 Weeks, No program 3/29)	5:30-7 p.m.	\$185
9-022-01-3	Diner's Delight	Denning Park, La Grange	Wednesday	2/8-5/3 (12 Weeks, No program 3/29)	5:30-7 p.m.	\$185
9-023-01-3	Strikers	Suburbanite Bowl, Westmont	Saturday	2/18-5/13 (12 Weeks, No programs 4/1 & 4/15)	1:30-2:30 p.m.	\$160

Actors Guild

This exciting program is taught by Christine Grohne of Actors with Special Needs. Actors Guild is designed to build self-esteem, enhance character, and motivate each of you to do your best. No acting experience is necessary. Family and friends are encouraged to practice lines with participants. Participants perform *Snow White and the Seven Dwarfs* on May 3.

Code	9-010-01-1
Location	Lincoln Center, Downers Grove
Dates	Wednesdays, February 8-May 3 (12 Weeks) <i>No program March 29</i>
Time	4:45-6 p.m.
Fee	\$117

Holiday Treats

Each season brings new holiday treats to enjoy! We make delectable delights for each of our favorite holidays. We will make a delicious treat for your favorite valentine, something lucky for St. Patrick's Day, and try a new recipe to bring in the spring season. Learn how to follow a recipe in order to create your succulent snack.

Code	9-032-01-1
Location	Darien Sportsplex
Dates	Wednesdays, February 8, March 15, April 12
Time	6-7:30 p.m.
Fee	\$60

Bears & Blackhawks Bonanza

Don't miss your chance to cheer on the Bulls and the Blackhawks this season! Head Coach Fred Hoiberg leads the Bulls through an exciting season of slam dunks, and Head Coach Joel Quenneville leads the Blackhawks through an exhilarating season of breakaways. Dinner is served as the competition plays out on the big screen. **Note:** Due to the unpredictable length of the games, return time to Denning Park is approximate. SEASPAR remains until the end of the game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Location	Papa Passero's, Westmont
Dates	Wednesdays (see schedule below)
Game Time	7 p.m.
Time	6:45-9:30 p.m.
	Denning Transportation: 6:15-10 p.m.
Fee	\$28 per event

Code	Date	Team
9-027-01-1	February 8	Blackhawks vs. Minnesota Wild
9-027-01-2	March 1	Blackhawks vs. Pittsburgh Penguins
9-027-01-3	March 15	Bulls vs. Memphis Grizzlies
9-027-01-4	April 12	Bulls vs. Brooklyn Nets

programs for teens & adults (ages 16+)

At the Movies

Lights, camera, action! Get together with friends to see a current G, PG, or PG-13 movie. Please visit our website at SEASPAR.org or call SEASPAR after 2 p.m. on the day of the program for movie title and time (if calling after hours, select the program update option). Bring \$10 for concessions if you wish. **Note:** Parents, guardians, and/or caseworkers must check in with the supervisor upon arrival and departure.

Code 9-019-01-2
Location Cinemark – Seven Bridges, Woodridge
Dates Wednesdays, February 22, March 8 & 22, April 5 & 19
Time Varies
Fee \$84

Code 9-019-01-1
Location AMC Quarry Cinema, Hodgkins
Dates Thursdays, February 23, March 9 & 23, April 6 & 20
Time Varies
Fee \$84

Weight Training

Are you willing to go the extra mile and dedicate yourself to our weight training program? When it comes to changing how your body looks, weight training wins hands-down. Lifting weights can help raise your metabolism, strengthen bones, help you avoid injuries, increase your confidence and self-esteem, and improve coordination and balance. SEASPAR staff assist you in choosing which exercises help you achieve your goals. Bring a water bottle. Athletic apparel and gym shoes are required. No jeans allowed.

Code 9-013-01-1
Location Lisle Community Center
Dates Thursdays, February 9–May 4 (12 Weeks)
No program March 30
Time 4:30–5:30 p.m.
Limit 8
Fee \$90



Late Registration

The registration deadline is Tuesday, January 3 at 4:30 p.m. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waiting list. However, there may be openings available for programs after the deadline; please call SEASPAR to find out if a program you are interested in is still available.

Annual Information Forms

SEASPAR requires that all participants complete an Annual Information Form (AIF). Individuals without a current AIF on file will not be permitted to participate.

Please Check In

When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

Participation

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

ADA Statement

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. This program guide is available in an alternate format upon request. Individuals who have an accommodation concern should contact Susan Friend at 630.960.7600.

Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

Wondering what programs are best for your participant? Let us help! We offer leisure counseling services for new and current participants. Give us a call at 630.960.7600 to discuss program options with our staff.

programs for teens & adults (ages 16+)

Glee Club

Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Practicing helps you stay “in tune” in preparation for the spring recital, keeping the “perfect pitch” for your friends and family. Mark your calendar for the Spring Recital on May 13!

Code 9-014-01-2
Location Darien Sportsplex
Dates Thursdays, February 9–May 4 (12 Weeks)
No program March 30
Time 5–6 p.m.
Fee \$120



Crafters Club

Get in touch with your creative side at SEASPAR's fine arts program! Participants focus on different art media such as jewelry, ceramics, and canvas. The artists can choose their own projects to be displayed throughout our member districts.

Code 9-028-01-1
Location Darien Community Center
Dates Thursdays, February 9–May 4 (12 Weeks)
No program March 30
Time 6–7 p.m.
Fee \$84

Yoga

Yoga is designed to safely guide you toward enhanced strength, stamina, and flexibility. Studies show yoga has multiple health benefits such as reducing high blood pressure, blood sugar, and obesity. Mats are provided. Please bring a water bottle.

Code 9-033-01-1
Location Darien Community Center
Dates Thursdays, February 9–May 4 (12 Weeks)
No program March 30
Time 7–8 p.m.
Limit 8
Fee \$156

Game Groupies

Join your friends each week for some friendly competition. We will play a variety of board games each week including Monopoly, checkers, Yahtzee, Sorry, and so many more. Show off your knowledge and love for board games while playing against your friends. Don't forget to sign up for Art 101 right after this great program!

New!

Code 9-035-01-1
Location Centennial Community Center, Lemont
Dates Thursdays, February 9–May 4 (12 Weeks)
No program March 30
Time 6–7 p.m.
Fee \$40

Art 101

After Game Groupies, stay for Art 101. Each week we will work on a variety of art projects that will get your mind and creativity flowing to create masterpieces. Activities will include painting with water colors, charcoal, and clay. Sign up today to discover your hidden talents!

New!

Code 9-004-01-1
Location Centennial Community Center, Lemont
Dates Thursdays, February 9–May 4 (12 Weeks)
No program March 30
Time 7–8 p.m.
Fee \$50



CONTACT

for information about programs for teens & adults (ages 16+).

Lisa Barrera

630.960.7609
lbarrera@seaspar.org

programs for teens & adults (ages 16+)

Social Club

Social Club offers activities and excursions within the community. As clubs are established, consideration is given to age, peer groups, carpools, CILAs, and issues that are important to you. Please be sure to list carpool information on the registration form. Accessible transportation is available. **Note:** The Fun Fair and the St. Patrick's Day Dance are included in the club schedule.

Code	9-025-01-1
Location	Various
Dates	Fridays, February 10–May 5 (11 Weeks) <i>No programs March 31 & April 14</i>
Time	Varies
Fee	\$195

Young Adult Club

Calling all teens and young adults! This club is geared specifically for teens and young adults transitioning into adult programs. Activities and outings place a strong emphasis on socialization, while also having fun. It's the perfect opportunity to meet new friends and connect with old ones!

Code	9-095-01-1
Ages	16–22
Location	Various
Dates	Saturdays, February 18, March 4 & 25, April 18 & 29, May 6
Time	SEASPAR Transportation: 1:30–6 p.m. Denning Transportation: 2–5:30 p.m. Lemont Transportation: 2:30–5 p.m.
Limit	12
Fee	\$225

Saturday Night Socialites

This program is designed for adults who are ready to venture out on their own, but may need a jump-start. The group plans a variety of community outings. A schedule is mailed and available on our website at SEASPAR.org once the activities are determined. Participants must contribute to the social dynamics of the group and adhere to dress and behavior codes.

Code	9-026-01-1
Ages	21 years or older
Location	Bakers Square, La Grange
Planning Date	Saturday, February 18
Time	SEASPAR Transportation: 6–9:30 p.m. 737 Apts. Transportation: 6:30–9 p.m.
Dates	Saturdays, February 25, March 18, April 18 & 29, May 6
Time	Varies
Limit	12
Fee	\$265

• At-A-Glance • Weekly Programs for Teens & Adults

MONDAYS

Afternoon Adventures – Various Locations
Fit N' Fuel – La Grange Park
Aqua Exercise & Healthy Snack – Lemont
Teen Scene – Various Locations
Wrestle Mania – Lisle

TUESDAYS

Day Away Tour – Various Locations
Sensory Explorers – Lisle
Role Play – Westmont
Music Mania – Westmont
BINGO! – Downers Grove/Lemont
Animal Assisted Therapy – Darien

WEDNESDAYS

Alley Cats – Lisle/Westmont
Diner's Delight – La Grange/Lisle
Actors Guild – Downers Grove
Holiday Treats – Darien
Bulls & Blackhawks Bonanza – Westmont
At the Movies – Hodgkins/Woodridge

THURSDAYS

Diner's Delight – Downers Grove
Weight Training – Lisle/Downers Grove
Glee Club – Darien
Crafters Club – Darien
Yoga – Darien
Game Groupies – Lemont
Art 101 – Lemont

FRIDAYS

Social Club – Various Locations

SATURDAYS

Strikers – Westmont
Young Adult Club – Various Locations
Saturday Night Socialites – Various Locations

special events for teens & adults (ages 16+)

Country Western Dance

This first dance of 2017 is sure to be a highfalutin good time for y'all. It's a country hoedown that features all kinds of music for dancing! The SEASPAR Aktion Club is hosting this event as their annual fundraiser. The monies raised are donated to PADS, Feed My Starving Children, and Sleeping Children Around the World. Be sure to show your spirit by wearing your country best! Don't worry about working up an appetite while dancing – there will be plenty tasty fixin's for you.

Code 9-201-01-1
Location Lisle Recreation Center
Date Saturday, January 28
Time 7-9 p.m.
Limit 55
Fee \$20

Chicago Wolves

Cheer for the Chicago Wolves as they take on the Rockford IceHogs. Bring \$20 for concessions and souvenirs. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Code 9-202-01-1
Location Allstate Arena, Rosemont
Date Saturday, February 4
Game Time 7 p.m.
Time Lemont Transportation: 4:30 p.m.-12 a.m.
SEASPAR Transportation: 5-11:30 p.m.
Denning Transportation: 5:30-11 p.m.
Limit 18
Fee \$55

Accessible Seats

Code 9-202-01-2
Limit 2

Winter Pool Party

Come take a plunge with SEASPAR at The CORE pool. It might be cold outside, but we stay warm inside! Sandwiches and munchies are provided. Wear your swimsuit under your clothes and bring a change of clothes and a towel.

Code 9-203-01-1
Location The CORE, Lemont
Date Sunday, February 5
Time 5-7:30 p.m.
SEASPAR Transportation: 4-8:30 p.m.
Denning Transportation: 4:30-8 p.m.
Limit 23
Fee \$30

Fun Fair

Benet Academy is hosting a fun-filled evening for SEASPAR. The gymnasium is transformed into a mini fun fair. Play carnival games, dance, or snack on delicious treats. Find a friend or two and play a round of Baggo. You won't want to miss this party! **Note:** This event is included in all Social Club schedules.

Code 9-204-01-1
Location Benet Academy, Lisle
Date Friday, February 10
Time 6:30-8:30 p.m.
Fee \$17



Transportation

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions. These locations may include:

Darien: Darien Sportsplex, 451 Plainfield Road, Darien

Denning: Denning Park, 4901 Gilbert Avenue, La Grange

Lemont: Centennial Community Center, 16028 127th Street, Lemont

Lisle: Lisle Recreation Center, 1925 Ohio Street, Lisle

SEASPAR: SEASPAR Office, Downers Grove Recreation Center, 4500 Belmont Road, Downers Grove

When completing your registration form for programs that include transportation, please circle the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles. SEASPAR reserves the right to refuse to transport individuals. All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle. All wheelchairs must have brakes that are in good working condition and can stop the chair from moving. SEASPAR staff are responsible for determining whether a participant can be transported safely. Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.

special events for teens & adults (ages 16+)

Midwestern Dance

Midwestern University is hosting its 16th annual dance for SEASPAR and other SRAs. Wear your dancing shoes because this is sure to be an exciting night! Midwestern students are busy decorating and choosing the perfect songs for the evening to ensure you have a wonderful time. Refreshments are served. The event is held in the Student Athletic Center.

Code	9-206-01-1
Location	Midwestern University, Downers Grove
Date	Saturday, February 11
Time	6:30-8:30 p.m. Lemont Transportation: 5:30-9:30 p.m. Denning Transportation: 6-9 p.m.
Limit	60
Fee	\$18

Sweeney Todd

It's just another day in 19th century England, and Benjamin Barker has returned home. It has been 15 years since the barber has been home to see his family. He was unjustly sentenced to prison on trumped up charges by the corrupt Judge Turpin, who had his leering eyes on the barber's beautiful wife. Upon his arrival at the pie shop - where he and his family once lived above - his old friend and confidant Mrs. Lovett unravels the events of the past decade. *Sweeney Todd* has been described as a pitch-black comedy filled with thrills and terrors and one of the best musicals in the last 50 years. Decide for yourself and experience *Sweeney Todd*. Bring \$20 for concessions. Please have dinner before this event.

Code	9-207-01-1
Location	Paramount Theatre, Aurora
Date	Sunday, February 12
Show Time	5:30 p.m.
Time	Lemont Transportation: 3-10 p.m. Denning Transportation: 3:30-9:30 p.m. SEASPAR Transportation: 4-9 p.m.
Limit	11
Fee	\$70

Accessible Seat

Code	9-207-01-2
Limit	1

**Registration Deadline:
Tuesday, January 3 - 4:30 p.m.**

Ladies Day Out

Hey ladies - don't miss your opportunity to join the cookie-making craze! We visit Sue's Cakery for a cookie making and decorating party. We decorate cookies to take home. Pizza for lunch is included.

Code	9-208-01-1
Location	Sue's Cakery, Clarendon Hills
Date	Saturday, February 18
Time	Lemont Transportation: 10 a.m.-2:30 p.m. SEASPAR Transportation: 10:30 a.m.-2 p.m. Denning Transportation: 11 a.m.-1:30 p.m.
Limit	12
Fee	\$55

GameWorks

Get your game on with game cards at GameWorks! This is your ticket to play hundreds of games. Enjoy arcade games, carnival games, pinball machines, and retro games. From novice players to hard core gamers, we've got something for everyone. A lunch buffet is included.

Code	9-210-01-1
Location	GameWorks, Schaumburg
Date	Sunday, February 19
Time	Lemont Transportation: 11 a.m.-4:45 p.m. Denning Transportation: 11:30 a.m.-4:15 p.m. SEASPAR Transportation: 12-3:45 p.m.
Limit	12
Fee	\$65



Presidents' Day Out

Celebrate Presidents' Day with SEASPAR! We start our day playing games and trivia, then head to Hollywood Boulevard for a movie and lunch.

Code	9-212-01-1
Ages	16-22
Location	SEASPAR, Downers Grove/Hollywood Boulevard, Woodridge
Date	Monday, February 20
Time	SEASPAR Transportation: 9 a.m.-4 p.m. Denning Transportation: 9:30 a.m.-3 p.m. Lemont Transportation: 10 a.m.-3:30 p.m.
Fee	\$60

special events for teens & adults (ages 16+)

Chocolate Factory Tour

Enjoy a tour of the Long Grove Confectionery Company. Watch as they create a dazzling array of products. Smell the sweet buttery caramel and taste the rich chocolate. Long Grove Confectionery is the leader in the candy industry. Everyone gets a chocolate treat. Bring \$20 to shop after the tour, if desired. Lunch is included.

Code	9-213-01-1
Location	Long Grove Confectionery Company, Buffalo Grove
Date	Saturday, February 25
Time	Lemont Transportation: 9 a.m.–4:30 p.m. Denning Transportation: 9:30 a.m.–4 p.m. SEASPAR Transportation: 10 a.m.–3:30 p.m.
Limit	12
Fee	\$55

Milwaukee Bucks

Watch the Bucks dribble, shoot, and score against the Phoenix Suns. Bring \$30 for concessions and souvenirs. Please have lunch before this event. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. This program is not recommended for those who fear heights, as our seats are located in the upper level.

Code	9-215-01-1
Location	Bradley Center, Milwaukee
Date	Sunday, February 26
Game Time	2:30 p.m.
Time	Lemont Transportation: 11 a.m.–8:30 p.m. SEASPAR Transportation: 11:30 a.m.–8 p.m. Denning Transportation: 12–7:30 p.m.
Limit	11
Fee	\$95

Accessible Seat

Code	9-215-01-2
Limit	1



Shedd Aquarium

Enjoy our Total Experience Pass at Shedd Aquarium with access to all of the exhibits and experiences. Included is the aquatic show, Amazon Rising, a 4-D movie, and more. Please bring \$20 for lunch.

Code	9-217-01-1
Location	Shedd Aquarium, Chicago
Date	Saturday, March 4
Time	Lemont Transportation: 8 a.m.–4 p.m. SEASPAR Transportation: 8:30 a.m.–3:30 p.m. Denning Transportation: 9 a.m.–3 p.m.
Limit	18
Fee	\$70

Giordano's

Italian immigrants Efren and Joseph Boglio moved to Chicago to start their own pizza business. The brothers introduced their mama's recipe for stuffed pizza and in 1974 opened the first Giordano's on Chicago's historic south side. Over the next 40 years, millions of happy and loyal fans call Giordano's the city's best stuffed pizza. Come see what it's all about!

Code	9-218-01-1
Location	Giordano's, Oakbrook Terrace
Date	Sunday, March 5
Time	Lemont Transportation: 3:15–8:30 p.m. SEASPAR Transportation: 3:45–8 p.m. Denning Transportation: 4:15–7:30 p.m.
Limit	18
Fee	\$45

Yerbabuena Mexican Cuisine

Join SEASPAR at this charming restaurant. Many of Yerbabuena's menu items have been handed down from generation to generation. From the famous appetizers to their fantastic burritos or fajitas, there is something for everyone.

Code	9-221-01-1
Location	Yerbabuena Mexican Cuisine, Lisle
Date	Saturday, March 11
Time	Lemont Transportation: 3:30–8:30 p.m. Denning Transportation: 4–8 p.m. SEASPAR Transportation: 4:30–7:30 p.m.
Limit	12
Fee	\$55

Discover Us!



special events for teens & adults (ages 16+)

Bottle & Bottega

It's been Bottle & Bottega's credo that "Every artist was first an amateur" (Ralph Waldo Emerson). Participants paint on canvas and socialize with friends. Find your inner artist at this unique venue. Lunch is provided.

Code	9-222-01-1
Location	Bottle & Bottega, La Grange
Date	Sunday, March 12
Time	Lemont Transportation: 9:15 a.m.–2:30 p.m. SEASPAR Transportation: 9:45 a.m.–2 p.m. Denning Transportation: 10:15 a.m.–1:30 p.m.
Limit	12
Fee	\$60

St. Patrick's Day Dance

Dress in your favorite green outfit as we celebrate St. Patrick's Day. Show off your favorite Irish jig as our DJ plays the latest tunes! Refreshments are served. **Note:** This event is included in all Social Club schedules.

Code	9-223-01-1
Location	Darien Community Center
Date	Friday, March 17
Time	6:30–8:30 p.m.
Fee	\$18

Saturday Night Fever

Grab your bell-bottoms and take a trip back in time with *Saturday Night Fever*. The story follows Brooklyn teen Tony Manero in his attempt to escape his tribulations by spending weekends at the local discotheque. Watch as Tony tries to win the admiration of the crowd as well as his heartthrob, Stephanie Mangano, with his electric moves. Featuring your favorite songs by the Bee Gees such as "Stayin' Alive" and "More Than a Woman," *Saturday Night Fever* is a nostalgic classic that has you dancing in the aisle. Bring \$20 for concessions. Please have dinner before the event.

Code	9-225-01-1
Location	Drury Lane, Oakbrook Terrace
Date	Saturday, March 18
Show Time	5 p.m.
Time	Lemont Transportation: 2:45–9 p.m. SEASPAR Transportation: 3:15–8:30 p.m. Denning Transportation: 3:45–8 p.m.
Limit	20
Fee	\$85

Accessible Seats

Code	9-225-01-2
Limit	2

Pinstripes

Join SEASPAR for an outing to Pinstripes. Enjoy a game or two of bocce in their indoor courts. Come discover sophisticated fun at Pinstripes. Pizza for dinner is included.

Code	9-226-01-1
Location	Pinstripes, Oak Brook
Date	Sunday, March 19
Time	Lemont Transportation: 3:15–8:30 p.m. SEASPAR Transportation: 3:45–8 p.m. Denning Transportation: 4:15–7:30 p.m.
Limit	18
Fee	\$65

Parents of Special Olympics Athletes:

Please check the events on page 19 for potential date conflicts.



special events for teens & adults (ages 16+)

Tempel Lipizzans

See what this working stable looks like when the Tempel Lipizzans aren't performing. We have access to the equine athletes' daily routine. The tour begins in the stallions' stables where individual care of the horse is high priority. There are opportunities to pet some noses as you learn the history and care of the rare stallions. A majority of our time is spent in the indoor arena where we watch the horses in their regular training program. Dress for the weather. Lunch is provided.

Code	9-229-01-1
Location	Tempel Farms, Old Mill Creek
Date	Saturday, March 25
Time	Lemont Transportation: 8:30 a.m.–5 p.m. SEASPAR Transportation: 9 a.m.–4:30 p.m. Denning Transportation: 9:30 a.m.–4 p.m.
Limit	18
Fee	\$75

Round1 Bowling & Amusement

Join SEASPAR for an outing to Round1 Bowling & Amusement. See how many strikes and spares you can roll as you bowl on the state-of-the-art lanes with friends. You can watch your favorite team on the big screen TV while you are bowling. Pizza is included.

Code	9-230-01-1
Location	Round1 Bowling & Amusement, Bloomingdale
Date	Sunday, March 26
Time	Lemont Transportation: 3–9 p.m. Denning Transportation: 3:30–8:30 p.m. SEASPAR Transportation: 4–8 p.m.
Limit	12
Fee	\$56

Spring Expedition

Looking to socialize and see friends over spring break? Join the Spring Expedition for outings in the community including movies, the bowling alley, and more! Lunch is included.

Location	Lisle Recreation Center
Time	SEASPAR Transportation: 8:30 a.m.–4 p.m. Lemont Transportation: 9 a.m.–3:30 p.m. Denning Transportation: 9:30 a.m.–3 p.m.
Fee	\$55 per day

Code	9-232-01-1
Ages	16–22
Date	Tuesday, March 28

Code	9-232-01-2
Ages	16–22
Date	Thursday, March 30

Chicago Bulls

Watch the Bulls dribble, shoot, and score against the Atlanta Hawks. Bring \$20 for concessions and souvenirs. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. This program is not recommended for those who fear heights, as our seats are located in the upper level.

Code	9-233-01-1
Location	United Center, Chicago
Date	Saturday, April 1
Game Time	4 p.m.
Time	Lemont Transportation: 1:30–8:30 p.m. SEASPAR Transportation: 2–8 p.m. Denning Transportation: 2:30–7:30 p.m.
Limit	18
Fee	\$95

Accessible Seats

Code	9-233-01-2
Limit	2



Guys Night Out

Hey fellas, join us for an evening of curling. The curling league demonstrates the art of this sport. Curling is where players slide a stone on a sheet of ice toward a designated target. Dress appropriately for the ice arena. Dinner is provided.

Code	9-234-01-1
Location	Seven Bridges Ice Arena, Woodridge
Date	Sunday, April 2
Time	Lemont Transportation: 3–10:30 p.m. Denning Transportation: 3:30–10 p.m. SEASPAR Transportation: 4–9:30 p.m.
Limit	12
Fee	\$75

special events for teens & adults (ages 16+)

Team Bowling Tournament

The 37th annual Team Bowling Tournament, co-hosted by the Kiwanis Club of Downers Grove, is one of the highlights of the season. Bowlers from other SRAs join us in a friendly competition. Remember that SEASPAR's tournament is a team effort, meaning scores from every individual are pooled to create a team score. Lunch is provided after bowling.

Code	9-237-01-1
Location	Suburbanite Bowl, Westmont
Date	Saturday, April 8
Time	9 a.m.-12 p.m.
Limit	12
Fee	\$30

Spring Fever Dance

Dance away those winter blues as we get ready for spring. Our DJ spins the latest tunes. Don't worry if you work up an appetite while you boogie down, as refreshments are included.

Code	9-238-01-1
Location	Clarendon Hills Community Center
Date	Sunday, April 9
Time	6-8 p.m. Lemont Transportation: 5:30-8:30 p.m.
Fee	\$18

Spring Escape

Discover a magical getaway just beyond the glow of Chicago at Grizzly Jack's Grand Bear Resort. Nestled in the Starved Rock area Grizzly Jack's is an oasis of relaxation and adventure – a destination where water park fun meets nature. Escape from the big city and enjoy a weekend to unwind, play, dine, and explore with friends. Participants share rooms and possibly beds. Contact Kim Huggins before January 3 if you want your own room or bed. An additional fee applies for these arrangements. Staff may not be present in all rooms. Rooms are assigned according to age and gender. **Note:** This trip involves moderate walking. Participants are encouraged to contribute to group dynamics by cooperating with staff and fellow travelers, and by adapting their schedules and routines to accommodate the logistics of the trip. Bring \$50 for souvenirs and snacks. A packing list is sent one week prior to the trip.

Code	9-239-01-1
Location	Grizzly Jack's Grand Bear Resort, Utica <i>Drop-off and pickup at SEASPAR</i>
Dates	Saturday, April 22-Sunday, April 23
Time	Depart: 9 a.m. Return: 6 p.m.
Limit	12
Fee	\$229

Aladdin

Discover a whole new world at this Broadway hit musical *Aladdin*. The timeless story of *Aladdin* is filled with unforgettable beauty, magic, comedy and breathtaking spectacle. Join your friends as we enjoy a magical far away land with Aladdin, Jasmine, and the lovable Genie in this exciting musical adventure full of memorable songs. Please have lunch before the event. This program is not recommended for those who fear heights, as our seats are located in the upper level.

Code	9-242-01-1
Location	Cadillac Palace Theatre, Chicago
Date	Saturday, April 29
Show Time	2 p.m.
Time	Lemont Transportation: 11:30 a.m.-7 p.m. SEASPAR Transportation: 12-6:30 p.m. Denning Transportation: 12:30-6 p.m.
Limit	16
Fee	\$100

Accessible Seat

Code	9-242-01-2
Limit	1

Jesus Christ Superstar

This is not just the story of the last seven days of the greatest idol in history. It's the story of the close friend who tried to save him and why that friend eventually betrayed him. This is a story of love and fear, a story of kindness and greed, a story of expectations and what happens when those expectations are not met. This energized rock opera delves into the internal struggles of mortals – including Jesus – as they were drawn closer to one of the most pivotal moments in history. It's an emotionally charged journey that in the end, each person discovers something about themselves. Bring \$20 for concessions. Please have dinner before the event.

Code	9-244-01-1
Location	Paramount Theatre, Aurora
Date	Sunday, April 30
Show Time	5:30 p.m.
Time	Lemont Transportation: 3-10 p.m. Denning Transportation: 3:30-9:30 p.m. SEASPAR Transportation: 4-9 p.m.
Limit	20
Fee	\$70

Accessible Seats

Code	9-244-01-2
Limit	2

special events for teens & adults (ages 16+)

Spring Formal

Join your friends at the North Suburban Special Recreation Association's Spring Formal. Participants enjoy delicious appetizers and a night of dancing. This is a formal event and appropriate attire is required. No jeans or gym shoes. Men should wear ties and a jacket; ladies a party dress.

Code	9-245-01-1
Location	Park Center, Glenview
Date	Friday, May 5
Time	Lemont Transportation: 4:45-11:15 p.m. SEASPAR Transportation: 5:15-10:45 p.m. Denning Transportation: 5:45-10:15 p.m.
Limit	12
Fee	\$45

Robin Hood

Join Robin Hood on a merry musical adventure as he fights for justice, triumphs over evil, and wins the heart of Maid Marian. Don't miss this premiere of swashbuckling, action-packed retelling of literature's most famous outlaw at the Tivoli Theatre! Lunch is provided following the play.

Code	9-248-01-1
Location	Tivoli Theatre, Downers Grove
Date	Saturday, May 6
Show Time	10 a.m.
Time	Lemont Transportation: 8 a.m.-3 p.m. SEASPAR Transportation: 8:30 a.m.-2:30 p.m. Denning Transportation: 9 a.m.-2 p.m.
Limit	17
Fee	\$65

Accessible Seats

Code	9-248-01-2
Limit	2

Spring Pool Party

Come take a plunge with SEASPAR at The CORE pool! Sandwiches and munchies are provided. Wear your swimsuit under your clothes and bring a change of clothes and a towel.

Code	9-249-01-1
Location	The CORE, Lemont
Date	Sunday, May 7
Time	5-7:30 p.m. SEASPAR Transportation: 4-8:30 p.m. Denning Transportation: 4:30-8 p.m.
Limit	23
Fee	\$30

Roaring 20s Dance

Come as a flapper or come as you are. Dress as a gangster or a silent film star. It's going to be fun no matter the dress, just bring yourself and we do the rest. A light dinner and snacks are provided.

Code	9-250-01-1
Location	The CORE, Lemont
Date	Saturday, May 13
Time	6-8 p.m. SEASPAR Transportation: 5-9 p.m. Denning Transportation: 5:30-8:30 p.m.
Fee	\$25



CONTACT

for information about special events for teens & adults (ages 16+).

Kim Huggins

630.960.7628

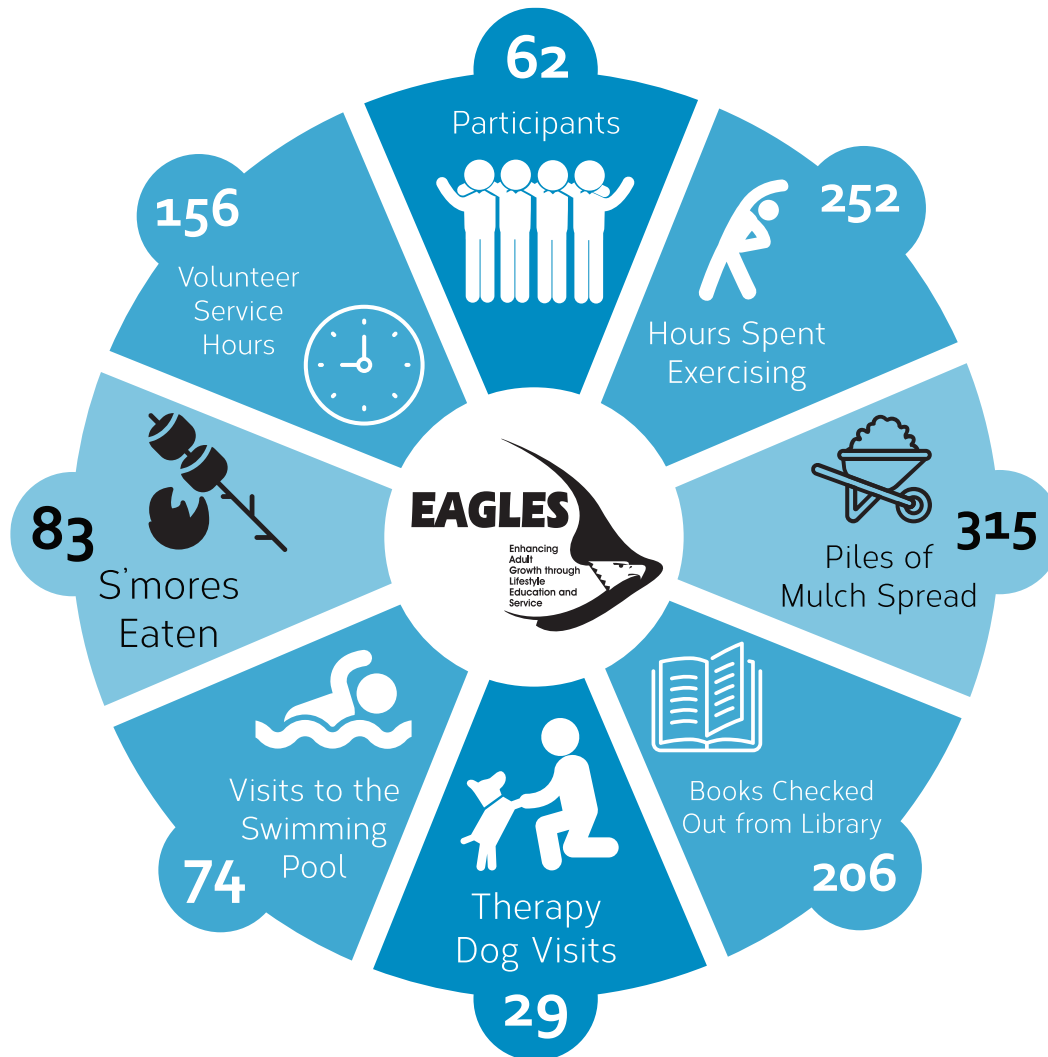
khuggins@seaspar.org

Discover Us!



EAGLES

Wondering what the participants in our EAGLES (Enhancing Adult Growth through Lifestyle Education and Service) program have been up to this year?
Hint: They've been busy!



Mark Your Calendar!

Sunday, June 11 • 1 p.m.
Ty Warner Park, Westmont

SUMMER
KICK-OFF
PARTY

A Free Event
Fun for the Entire
Family!



program information

Drop-Off/Pickup

SEASPAR asks that parents promptly drop off and pick up participants at the designated program times. Before programs, staff are busy preparing for the program and are unavailable to supervise participants. After programs, staff may be scheduled at another facility and need to depart soon after the program. By allowing them to complete their work promptly, SEASPAR can operate more cost-efficiently. Be sure to check in with the staff when dropping off and picking up your child.

Families of participants who are not picked up promptly are sent a letter that serves to remind them of the concern. If the situation continues, a charge is imposed for subsequent late pickups. If a participant is picked up late (more than 10 minutes) three times in three months or less, a warning is sent stating that the next late pickup results in a payment due to SEASPAR for the overtime. A rate of \$18 per hour is used. Payment is due to SEASPAR within one week of notification. If not paid promptly, the amount is due prior to the next registration. The staff makes every effort to return on time from all outings; we ask your cooperation in making pickups promptly.

If a participant is traveling home unsupervised, parents or case managers must submit written notice to the SEASPAR office. Please submit this notice with the registration form. We ask that you notify SEASPAR if someone other than a familiar family member is picking up your child.

Absences

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and means that no tickets are wasted. Messages may be left on the after-hours absence line. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

Family Playgroup

Child and Family Connections and SEASPAR have joined together to offer playgroups to families of children with a disability, ages birth to three years. The goal of the playgroup is to bring families together in an open format, to play with other children, and to meet other parents with similar experiences. Toys, balls, books, the Wonders multi-sensory room, and more are available. Siblings are encouraged to attend. The group meets the second Tuesday of the month from 9:30–11 a.m. at the SEASPAR program room at the Lisle Recreation Center. For more information, contact SEASPAR's Rachel Pavesich at 630.960.7664 or Jenny Somone at Child and Family Connections at 630.493.0400.

Inclusive Programs

As part of SEASPAR's continuum of recreation programs, inclusive services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. SEASPAR and its member entity staff encourage and aid, but do not force participation. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations. For more information, contact Lisa Barrera at 630.960.7600.

Stroke Support Group

SEASPAR, in cooperation with Hinsdale Hospital and La Grange Memorial Hospital, sponsors the Stroke Support Group for those who have had a stroke and their family and friends. It provides educational sessions about strokes and how to rebound following a stroke. Members encourage one another to face and overcome common problems by sharing their own experiences. The group provides a welcoming atmosphere and a sense of understanding, especially for those with communication and physical limitations. Strength can be drawn from one another in this type of environment. A schedule of activities and trips is available on our website at SEASPAR.org. For more information, visit our website at SEASPAR.org/Stroke-Support-Group or contact Greg Pavesich at 630.960.7629.



program information

EAGLES

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities Enhance Adult Growth through Lifestyle Education and Service. This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at three different sites throughout SEASPAR's communities: the Darien Sportsplex, the Lisle Recreation Center, and the Brookfield Municipal Building. For more information, visit our website at SEASPAR.org/EAGLES or contact Dawn Krawiec at 630.960.7608.

Drop In Center

The Drop In Center provides individuals who have mental health needs an opportunity to spend leisure time in a friendly, relaxed atmosphere. Activities are designed to enhance relationships between friends, peers, and family members. The program starts with lunch, followed by a planned activity or trip. A schedule of activities and trips is available on our website at SEASPAR.org. Individuals may choose to stop by for a few minutes or stay the entire time. The program is free for everyone who attends. Donations are accepted.

Dates 1st and 3rd Sunday of each month (except holidays)
Time 1–4 p.m.
Location Westmont Community Center, 75 East Richmond Street

The Drop In Center is co-sponsored by SEASPAR, the DuPage County Health Department, and NAMI DuPage (National Alliance on Mental Illness). For more information, visit our website at SEASPAR.org/Drop-In-Center or contact Greg Pavesich at 630.960.7629.

Aktion Club

Through the joint sponsorship of the Downers Grove and Lombard Kiwanis Clubs and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. It also performs several service projects annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support. For more information, contact Susan Friend at 630.960.7600.



SEASPAR/WDSRA Agreement

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips are not included. Registrations must be submitted by the agency's deadline, and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For more information, contact SEASPAR at 630.960.7600. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WSDRA.com.

Program Grants

The SEASPAR Board and staff are committed to offering programs at the lowest possible cost. However, due to financial restrictions, some individuals may find it difficult to pay the entire fee. To help those in need, a significant amount of grant funds are made available for participants through the generosity of donors. Each year, community organizations and individuals contribute funds that are earmarked for program grants. We appreciate this support which allows participants to benefit from activities.

Generally, grants are available for up to 50% of the program fee. Any balance due from a previous season must be paid prior to receiving additional grant funds. Grants are not available for overnight trips, and are only available to SEASPAR residents. Arrangements for a payment schedule are also possible to make the payment of fees more feasible. Visit SEASPAR.org or call the SEASPAR office to obtain a program grant application.

program information

Participant Expectations

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and normalization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have questions about attire, contact SEASPAR at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

Participation

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

Code of Conduct

SEASPAR asks all participants and family members to observe the behavior code below, which was developed to ensure enjoyable and safe program experiences. SEASPAR will attempt reasonable accommodations to enable participants to meet behavior expectations.

- Show respect to all participants, staff, and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and others at public facilities to enjoy the activity without disruption (within reason).
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

Additional rules are developed for specific programs as deemed necessary by the staff.

Discipline

SEASPAR applies a caring, positive approach to discipline. Staff review rules with participants and are willing to work with parents to develop behavior modification programs as necessary. When conduct expectations are not met, staff will take reasonable steps to accommodate the behavior and minimize future risks. However, when accommodations are attempted and are unsuccessful, or when no reasonable accommodation exists to avoid future risks, SEASPAR may take actions such as removing a participant from an activity for a short period of time, removing a participant from an activity for the remainder of the day, suspending participation for the next program meeting, or suspending participation in that program for the remainder of the season. Notwithstanding SEASPAR's option to use progressive discipline, SEASPAR is not required to do so and may, at its sole discretion, forgo lesser forms of discipline at any time, and proceed immediately with suspending participation for the remainder of the season.

Listed below are examples of reasons for disciplinary action. This list, however, does not constitute a comprehensive list of all acts which may subject the participant to disciplinary action, including suspension from any program or activity. Instead, the following list sets forth some of the more typical circumstances that arise. They include, but are not limited to:

- Making loud noises in particular settings where quietness is expected.
- Inability to sit quietly in theaters, concerts, etc.
- Showing lack of respect for other participants/patrons at activities.
- Running in crowded areas or bolting from the group – this can cause disruption or be a significant safety problem.

Please Check In

When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

program information

Wellness Guidelines

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackie's virus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

Medication Dispensation

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in specially marked envelopes, complete the label, and give it to the program supervisor before the group leaves. To make the process work more efficiently for overnight trips, envelopes are sent to you along with the packing list. For day trips, staff provides envelopes at the drop-off point. For the convenience of those who are involved in many outings, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

Atlanto Axial Subluxation

Individuals with Down Syndrome are at risk of having Atlanto Axial Subluxation Condition (ASC) that causes increased mobility in the cervical spine. For the safety of our participants, individuals with Down Syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for ASC. An x-ray determines if the condition is present. For more information, contact SEASPAR at 630.960.7600.

ADA Statement

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. This program guide is available in an alternate format upon request. Individuals who have an accommodation concern should contact Susan Friend at 630.960.7600.

Weather Cancellations

Weekly programs and special events may be cancelled due to inclement weather. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 4-4:30 p.m. for evening programs. If a program is cancelled, staff attempt to reach all participants by phone to inform them of the cancellation. After hours, program changes are available on the program update selection of SEASPAR's phone system. If indoor facilities are available for weekly programs, the program is held as usual. Programs cancelled due to inclement weather are not rescheduled.

Severe Winter Weather Guidelines for Cancelling Programs:

Outdoor programs or programs with transportation for participants with physical disabilities:

- Temperature of zero or wind chill of -10° or less

All other programs with transportation:

- Temperature of -10° or wind chill of -20° or less

All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

Can't wait for warmer weather? Watch for your summer brochure to be delivered in early April!

registration information

Registration Deadline: Tuesday, January 3 – 4:30 p.m.

Registration Procedures

Online Registration

Online registration begins on Monday, December 12, and ends on Tuesday, January 3 at 4:30 p.m.

To register online, visit SEASPAR.org. First-time online registrants must call the SEASPAR office for a user name, password, and instructions. The online registration requirements are:

- Must be a SEASPAR resident
- Must have no outstanding balance
- Must have 2017 Annual Information Form on file
- Full credit card payment is required at the time of registration

Mail/In-Person Registration

- Complete both sides of the registration form and sign it.
- All new participants must complete an Annual Information Form and submit it with their registration form. Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information. Annual Information Forms are available at SEASPAR and online at SEASPAR.org.
- Full payment must be received with the registration unless other arrangements have been made. Payment may be made by check, money order, cash, or credit card.
- Mail or drop off your registration, Annual Information Form, and payment as soon as possible, but no later than Tuesday, January 3 by 4:30 p.m. For after-hours convenience, there is a mail slot at the SEASPAR office entrance.
- SEASPAR resident registrations received by Tuesday, January 3 will be processed randomly beginning Wednesday, January 4.
- Non-resident registration begins Thursday, January 5, and is processed randomly.
- Registrations will not be processed if a balance remains from a previous season. Please contact the SEASPAR office with questions about any outstanding balances.
- Registrations received after the registration deadline are accepted if space is available.
- Registrations must be received in the office five business days before an activity.
- SEASPAR encourages registration prior to January 3. This enables the staff to answer questions and provide additional information.
- Instructors may not receive payment or register participants at programs.
- SEASPAR sends registration confirmations two weeks before programs begin. Please review the confirmation to verify programs for which you are registered or on the waiting list.

Program Cancellations

- A program may be cancelled if the program minimum is not met.
- Programs may be cancelled due to inclement weather. Make-up dates are generally not possible.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

Refund/Credit Procedures

- A full refund is issued if a program is cancelled by SEASPAR.
- In order for a participant to drop from a program, SEASPAR must be notified five business days prior to the start of the program to qualify for a refund. At that time, the participant will be refunded the cost of the program less a \$5 processing fee, the cost of a ticket (if applicable, unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated refund is issued if a written medical excuse accompanies the refund request.
- No refund is given if a program is postponed due to low enrollment. If the program is subsequently cancelled, a full refund is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated refund is issued, less a \$5 processing fee and ticket price, if applicable.
- All refunds are issued monthly.

Registrations will not be processed without payment.

Non-Resident Fee Policy

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. (See page 39 for information on the SEASPAR/WDSRA agreement.) An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

Photograph/Video Policy

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. If there is a specific reason you or your child/ward cannot be photographed, please contact us.

registration form (ages 3-15)

Participant's Name _____ Age _____ Birth Date _____ Gender _____

Listed are all programs in the order that they appear in the brochure. Please check only those programs for which you are registering. Any age restrictions are noted in parentheses. Circle transportation location where appropriate: DE = Denning LE = Lemont LI = Lisle SE = SEASPAR
See transportation information and requirements on pages 14 or 30.

Code	Program	✓	Fee
Programs for Everyone			
9-001-01-1	Swim, Hilton, Mon., 4:30 p.m.		175
9-001-01-2	Swim, Hilton, Mon., 5 p.m.		175
9-001-01-3	Swim, The CORE, Mon., 5 p.m.		175
9-001-01-4	Swim, The CORE, Mon., 5:30 p.m.		175
9-001-01-5	Swim, Hyatt, Tue., 4:30 p.m.		175
9-001-01-6	Swim, Hyatt, Tue., 5 p.m.		175
9-001-01-7	Swim, Hyatt, Tue., 5:30 p.m.		175
9-001-01-8	Swim, Hyatt, Tue., 6 p.m.		175
9-001-01-12	Swim, Hyatt, Thu., 4:30 p.m.		175
9-001-01-13	Swim, Hyatt, Thu., 5 p.m.		175
9-001-01-14	Swim, Hyatt, Thu., 5:30 p.m.		175
9-001-01-15	Swim, Hyatt, Thu., 6 p.m.		175
9-074-01-1	Karate, 2/6-3/20		75
9-074-01-2	Karate, 4/3-5/15		75
9-070-01-4	Horseback Riding, Holistic, 2/7-28		350
9-070-01-6	Horseback Riding, Holistic, 3/7-4/11		350
9-070-01-8	Horseback Riding, Holistic, 4/18-5/9		350
9-070-01-1	Horseback Riding, Hanson, 5 p.m.		150
9-070-01-2	Horseback Riding, Hanson, 5:30 p.m.		150
9-070-01-3	Horseback Riding, Hanson, 6 p.m.		150
9-070-01-5	Horseback Riding, Holistic, 2/9-3/2		350
9-070-01-7	Horseback Riding, Holistic, 3/9-4/13		350
9-070-01-9	Horseback Riding, Holistic, 4/20-5/11		350
9-006-01-1	Music, Tue., Piano/Drums/Guitar (5+)		209
	Time Selection: _____		
9-006-01-3	Music, Wed., Piano (5+)		209
	Time Selection: _____		
9-006-01-2	Music, Thu., Keyboard/Voice (5+)		209
	Time Selection: _____		
9-041-01-2	Sunshine Through Golf (8+)		60
9-008-01-2	Ice Skating		88
9-099-01-8	Sensory Sunday, 5-Visit Pass		25
9-099-01-9	Sensory Sunday, 12-Visit Pass		50
Programs for Children & Young Teens			
9-051-01-1	Sensory Connection (4-10)		30
9-079-01-1	LEGO Builders Club (8-15)		45

Code	Program	✓	Fee
Programs for Children & Young Teens, Continued			
9-099-01-1	Sensory Explorers (8-15)		70
	Time Selection: _____		
9-058-01-1	Right Fit, 4 p.m. (7-15)		185
9-058-01-2	Right Fit, 5 p.m. (7-15)		185
9-064-01-1	Learn to Ride a Bike (5-10)		40
9-065-01-4	Basketball Skills (8-15)		40
9-093-01-1	Workout Warriors (11-15)		40
9-053-01-2	Tumble Time (3-6)		160
9-053-01-1	Beginner Gymnastics (7-11)		160
9-092-01-1	Gymnastics 101 (12-15)		160
9-085-01-1	Teen Excursion, 2/11 (11-15) - DE LE SE		30
9-085-01-2	Teen Excursion, 2/18 (11-15) - DE LE SE		30
9-085-01-3	Teen Excursion, 2/25 (11-15) - DE LE SE		30
9-085-01-4	Teen Excursion, 3/4 (11-15) - DE LE SE		30
9-085-01-5	Teen Excursion, 3/11 (11-15) - DE LE SE		30
9-085-01-6	Teen Excursion, 3/18 (11-15) - DE LE SE		30
9-085-01-7	Teen Excursion, 3/25 (11-15) - DE LE SE		30
9-085-01-8	Teen Excursion, 4/8 (11-15) - DE LE SE		30
9-085-01-9	Teen Excursion, 4/22 (11-15) - DE LE SE		30
9-085-01-10	Teen Excursion, 4/29 (11-15) - DE LE SE		30
9-085-01-11	Teen Excursion, 5/6 (11-15) - DE LE SE		30
9-067-01-1	Kids Club (5-10) - DE LE		152
9-068-01-1	Nemo's Sidekicks, 2/18 (5-10) - DE LE SE		40
9-068-01-2	Nemo's Sidekicks, 3/18 (5-10) - DE LE SE		40
9-068-01-3	Nemo's Sidekicks, 4/29 (5-10) - DE LE SE		40
9-086-01-1	Swimming Sampler, 2/25 (11-15) - DE LE SE		40
9-086-01-2	Swimming Sampler, 3/11 (11-15) - DE LE SE		40
9-086-01-3	Swimming Sampler, 4/22 (11-15) - DE LE SE		40
9-086-01-4	Swimming Sampler, 5/13 (11-15) - DE LE SE		40
Special Events for Children & Young Teens			
9-205-01-1	Disney on Ice (5-11) - DE SE		70
9-209-01-1	Big Ten Experience (11-15) - DE LE SE		40
9-211-01-1	Day Off School (5-15)		55
9-243-01-1	Swim & Sensory (4-10) - DE LE LI		35
9-243-01-2	Swim & Sensory (11-15) - DE LE LI		35
9-214-01-1	Rainforest Cafe (11-15) - DE LE SE		40

Code	Program	✓	Fee
Special Events for Children & Young Teens, Continued			
9-216-01-1	Open Play (4-9) - DE		20
9-219-01-1	TreeHouse (4-10) - DE LE SE		50
9-220-01-1	Prom Night (13-15) - LE SE		15
9-224-01-1	Progressive Dinner (12-15) - DE LE SE		35
9-227-01-1	Creativity Central (4-9) - DE LE		20
9-228-01-1	Teen Overnight (11-15) - DE LE		70
9-231-01-1	Spring Break Camp, 3/27 (5-15)		60
9-231-01-2	Spring Break Camp, 3/28 (5-15)		60
9-231-01-3	Spring Break Camp, 3/29 (5-15)		60
9-231-01-4	Spring Break Camp, 3/30 (5-15)		60
9-231-01-5	Spring Break Camp, 3/31 (5-15)		60
9-235-01-1	Build-A-Bear Workshop (5-10) - DE LE SE		50
9-236-01-1	Lunch and a Movie (12-15) - DE LE SE		35
9-240-01-1	Earth Day (10-15) - DE LE SE		30
9-241-01-1	Tour a Town (11-15) - DE LE SE		35
9-246-01-1	Springfield Tour (11-15) - DE SE		60
9-247-01-1	Train Day (5-10) - DE LE SE		40
Special Olympics			
9-113-01-1	Golf Practice, 2/16-3/23 (8+) - SE		95
9-113-01-2	Golf Practice, 4/6-5/11 (8+) - SE		95
9-113-01-3	Golf Skills (8+)		130
9-123-01-1	Unified Golf (8+)		165
9-104-01-1	Bocce Practice (8+)		45
9-106-01-1	Bowling, 4:30 p.m. (8+)		140
9-106-01-2	Bowling, 5:30 p.m. (8+)		140
9-118-01-1	Aquatics (8+)		190
9-120-01-1	Athletics, 1/30-4/23 (8+)		155
9-120-01-2	Athletics, 1/31-4/24 (8+)		155
Programs for Individuals with Physical Disabilities			
9-050-09-1	Adapted Music Lessons		87
	Time Selection: _____		
9-050-06-1	Power Soccer		30
9-050-12-1	Wheelchair Table Tennis (8+)		40
Total			
	\$		

Payment Type: Check ☐ Cash ☐ Money Order ☐ Credit Card ☐

Credit Card: MasterCard ☐ Visa ☐ Discover ☐

Cardholder Name _____

Account Number _____ Exp. Date _____

Authorized Signature _____

Office Use Only	
Date Rec'd	Cash Amt
Rec'd By	Check Amt
AIF Given	AIF Rec'd

registration form (ages 3–15)

Registration Deadline: Tuesday, January 3 – 4:30 p.m.

Participant's Name _____ Age _____ Birth Date _____ Gender _____
Address _____ City _____ Zip _____
Are you a new participant? Yes ☐ No ☐ Is this a new address? Yes ☐ No ☐ Is this a new phone number? Yes ☐ No ☐
Home Phone _____ Work Phone: Mom _____ Dad _____
Parents' Names _____ Cell Phone: Mom _____ Dad _____
Email Address _____
School _____ Teacher _____
Disabilities or Diagnoses _____
Are there any changes in allergic conditions? Yes ☐ No ☐ Dietary restrictions? Yes ☐ No ☐ Medication? Yes ☐ No ☐
Other health issues? Yes ☐ No ☐ Please list _____
Do you have an updated emergency contact? Yes ☐ No ☐ Name _____
Address _____ Phone Number _____
Indicate friends and/or carpool accommodations _____

WAIVER AND RELEASE

IMPORTANT INFORMATION

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver, and release of all claims.

In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent's Signature _____ Date _____

**PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian.
PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.**

Submit registration form with payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

The registration deadline is 4:30 p.m. on January 3. Registration confirmations will be sent two weeks before programs begin.

registration form (ages 16+)

Participant's Name _____ Age _____ Birth Date _____ Gender _____

Listed are all programs in the order that they appear in the brochure. Please check only those programs for which you are registering. Any age restrictions are noted in parentheses. Circle transportation location where appropriate: AP = 737 Apts. DA = Darien DE = Denning LE = Lemont LI = Lisle SE = SEASPAR
See transportation information and requirements on pages 14 or 30.

Code	Program	✓	Fee
Programs for Everyone			
9-001-01-1	Swim, Hilton, Mon., 4:30 p.m.		175
9-001-01-2	Swim, Hilton, Mon., 5 p.m.		175
9-001-01-3	Swim, The CORE, Mon., 5 p.m.		175
9-001-01-4	Swim, The CORE, Mon., 5:30 p.m.		175
9-001-01-5	Swim, Hyatt, Tue., 4:30 p.m.		175
9-001-01-6	Swim, Hyatt, Tue., 5 p.m.		175
9-001-01-7	Swim, Hyatt, Tue., 5:30 p.m.		175
9-001-01-8	Swim, Hyatt, Tue., 6 p.m.		175
9-001-01-12	Swim, Hyatt, Thu., 4:30 p.m.		175
9-001-01-13	Swim, Hyatt, Thu., 5 p.m.		175
9-001-01-14	Swim, Hyatt, Thu., 5:30 p.m.		175
9-001-01-15	Swim, Hyatt, Thu., 6 p.m.		175
9-074-01-1	Karate, 2/6-3/20		75
9-074-01-2	Karate, 4/3-5/15		75
9-070-01-4	Horseback Riding, Holistic, 2/7-28		350
9-070-01-6	Horseback Riding, Holistic, 4/7-4/11		350
9-070-01-8	Horseback Riding, Holistic, 4/18-5/9		350
9-070-01-1	Horseback Riding, Hanson, 5 p.m.		150
9-070-01-2	Horseback Riding, Hanson, 5:30 p.m.		150
9-070-01-3	Horseback Riding, Hanson, 6 p.m.		150
9-070-01-5	Horseback Riding, Holistic, 2/9-3/2		350
9-070-01-7	Horseback Riding, Holistic, 3/9-4/13		350
9-070-01-9	Horseback Riding, Holistic, 4/20-5/11		350
9-006-01-1	Music, Tue., Piano/Drums/Guitar Time Selection: _____		209
9-006-01-3	Music, Wed., Piano Time Selection: _____		209
9-006-01-2	Music, Thu., Keyboard/Voice Time Selection: _____		209
9-041-01-2	Sunshine Through Golf		60
9-008-01-2	Ice Skating		88
9-099-01-8	Sensory Sunday, 5-Visit Pass		25
9-099-01-9	Sensory Sunday, 12-Visit Pass		50
Special Olympics			
9-122-01-1	Powerlifting		190
9-119-01-1	Tennis		120
9-117-01-1	Softball		205
9-113-01-1	Golf Practice, 2/16-3/23 - SE		95
9-113-01-2	Golf Practice, 4/6-5/11 - SE		95
9-113-01-3	Golf Skills		130
9-123-01-1	Unified Golf		165
9-116-01-1	Soccer		140
9-104-01-1	Bocce Practice		45
9-114-01-2	Artistic Gymnastics		250
9-106-01-1	Bowling, 4:30 p.m.		140
9-106-01-2	Bowling, 5:30 p.m.		140

Code	Program	✓	Fee
Special Olympics, Continued			
9-118-01-1	Aquatics		190
9-120-01-1	Athletics, 1/30-4/23		155
9-120-01-2	Athletics, 1/31-4/24		155
Programs for Individuals with Physical Disabilities			
9-050-09-1	Adapted Music Lessons Time Selection: _____		87
9-050-06-1	Power Soccer		30
9-050-12-1	Wheelchair Table Tennis		40
Programs for Teens & Adults (Ages 16+)			
9-007-01-3	Afternoon Adventures - DA LI SE		275
9-003-01-4	Fit N' Fuel		60
9-002-01-3	Aqua Exercise & Healthy Snack		60
9-012-01-2	Teen Scene, Lyons Township HS (16-22)		160
9-012-01-1	Teen Scene, Downers Grove/Lemont HS (16-22) Pickup - LE SE		160
9-046-01-1	Wrestle Mania - DE		68
9-007-01-1	Day Away Tour (21+)		350
9-099-04-1	Sensory Explorers Time Selection: _____		96
9-076-01-1	Role Play		65
9-014-01-1	Music Mania		95
9-034-01-1	BINGO!, 2/7-3/14		40
9-034-01-2	BINGO!, 3/21-5/2		40
9-039-01-1	Animal Assisted Therapy, 2/7-3/14		54
9-039-01-2	Animal Assisted Therapy, 4/4-5/9		54
9-023-01-1	Alley Cats, Lisle		175
9-022-01-1	Diner's Delight, Lisle		185
9-023-01-2	Alley Cats, Suburbanite		175
9-022-01-2	Diner's Delight, SEASPAR		185
9-022-01-3	Diner's Delight, Denning		185
9-023-01-3	Strikers		160
9-010-01-1	Actors Guild		117
9-032-01-1	Holiday Treats		60
9-027-01-1	Bears & Blackhawks Bonanza, 2/8 - DE		28
9-027-01-2	Bears & Blackhawks Bonanza, 3/1 - DE		28
9-027-01-3	Bears & Blackhawks Bonanza, 3/15 - DE		28
9-027-01-4	Bears & Blackhawks Bonanza, 4/12 - DE		28
9-019-01-2	At the Movies, Woodridge		84
9-019-01-1	At the Movies, Hodgkins		84
9-013-01-1	Weight Training		90
9-014-01-2	Glee Club		120
9-028-01-1	Crafters Club		84
9-033-01-1	Yoga		156
9-035-01-1	Game Groupies		40
9-004-01-1	Art 101		50
9-025-01-1	Social Club		195

Code	Program	✓	Fee
Programs for Teens & Adults (Ages 16+), Continued			
9-095-01-1	Young Adult Club (16-22) - DE LE SE		225
9-026-01-1	Saturday Night Socialites (21+) - AP SE		265
Special Events for Teens & Adults (Ages 16+)			
9-201-01-1	Country Western Dance		20
9-202-01-1	Chicago Wolves - DE LE SE		55
9-202-01-2	Chicago Wolves: Accessible - DE LE SE		55
9-203-01-1	Winter Pool Party - DE SE		30
9-204-01-1	Fun Fair*		17
9-206-01-1	Midwestern Dance - DE LE		18
9-207-01-1	Sweeney Todd - DE LE SE		70
9-207-01-2	Sweeney Todd: Accessible - DE LE SE		70
9-208-01-1	Ladies Day Out - DE LE SE		55
9-210-01-1	GameWorks - DE LE SE		65
9-212-01-1	Presidents' Day Out (16-22) - DE LE SE		60
9-213-01-1	Chocolate Factory Tour - DE LE SE		55
9-215-01-1	Milwaukee Bucks - DE LE SE		95
9-215-01-2	Milwaukee Bucks: Accessible - DE LE SE		95
9-217-01-1	Shedd Aquarium - DE LE SE		70
9-218-01-1	Giordano's - DE LE SE		45
9-221-01-1	Yerbabuena Mexican Cuisine - DE LE SE		55
9-222-01-1	Bottle & Bottega - DE LE SE		60
9-223-01-1	St. Patrick's Day Dance*		18
9-225-01-1	Saturday Night Fever - DE LE SE		85
9-225-01-2	Saturday Night Fever: Accessible - DE LE SE		85
9-226-01-1	Pinstripes - DE LE SE		65
9-229-01-1	Tempel Lipizzans - DE LE SE		75
9-230-01-1	Round1 Bowling & Amusement - DE LE SE		56
9-232-01-1	Spring Expedition, 3/28 (16-22) - DE LE SE		55
9-232-01-2	Spring Expedition, 3/30 (16-22) - DE LE SE		55
9-233-01-1	Chicago Bulls - DE LE SE		95
9-233-01-2	Chicago Bulls: Accessible - DE LE SE		95
9-234-01-1	Guys Night Out - DE LE SE		75
9-237-01-1	Team Bowling Tournament		30
9-238-01-1	Spring Fever Dance - LE		18
9-239-01-1	Spring Escape		229
9-242-01-1	Aladdin - DE LE SE		100
9-242-01-2	Aladdin: Accessible - DE LE SE		100
9-244-01-1	Jesus Christ Superstar - DE LE SE		70
9-244-01-2	Jesus Christ Superstar: Accessible - DE LE SE		70
9-245-01-1	Spring Formal - DE LE SE		45
9-248-01-1	Robin Hood - DE LE SE		65
9-248-01-2	Robin Hood: Accessible - DE LE SE		65
9-249-01-1	Spring Pool Party - DE SE		30
9-250-01-1	Roaring 20s Dance - DE SE		25
Total		\$	

*Event included in Social Club schedule.

Payment Type: Check ☐ Cash ☐ Money Order ☐ Credit Card ☐
Credit Card: MasterCard ☐ Visa ☐ Discover ☐
Cardholder Name _____
Account Number _____ Exp. Date _____
Authorized Signature _____

Office Use Only	
Date Rec'd	Cash Amt
Rec'd By	Check Amt
AIF Given	AIF Rec'd

registration form (ages 16+)

Registration Deadline: Tuesday, January 3 – 4:30 p.m.

Participant's Name _____	Age _____	Birth Date _____	Gender _____
Address _____	City _____	Zip _____	
Are you a new participant? Yes <input type="radio"/> No <input type="radio"/> Is this a new address? Yes <input type="radio"/> No <input type="radio"/> Is this a new phone number? Yes <input type="radio"/> No <input type="radio"/>			
Home Phone _____	Work Phone: Mom _____	Dad _____	
Parents' Names _____	Cell Phone: Mom _____	Dad _____	
Email Address _____			
School _____	Teacher _____		
Disabilities or Diagnoses _____			
Are there any changes in allergic conditions? Yes <input type="radio"/> No <input type="radio"/> Dietary restrictions? Yes <input type="radio"/> No <input type="radio"/> Medication? Yes <input type="radio"/> No <input type="radio"/>			
Other health issues? Yes <input type="radio"/> No <input type="radio"/> Please list _____			
Do you have an updated emergency contact? Yes <input type="radio"/> No <input type="radio"/> Name _____			
Address _____		Phone Number _____	
Indicate friends and/or carpool accommodations _____			

WAIVER AND RELEASE

IMPORTANT INFORMATION

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver, and release of all claims.

In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent's Signature _____	Date _____
Participant's Signature (18 or older or Parent/Guardian) _____	Date _____

**PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian.
PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.**

Submit registration form with payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

The registration deadline is 4:30 p.m. on January 3. Registration confirmations will be sent two weeks before programs begin.

events & fundraisers



3v3 BASKETBALL TOURNAMENT

Saturday, April 8
9 a.m.–3 p.m.

Downers Grove Recreation Center

Participants, Family, and Friends are Invited!

All Proceeds Benefit SEASPAR!

Visit LevelUPBasketball.com for
information and registration.



An Annual Banquet
Recognizing
SEASPAR
Participants,
Staff, and
Partners

Wednesday, May 17
Abbington Banquets
Glen Ellyn

Look for your invitation in April!

Golf for SEASPAR!

9-Hole Golf Event

Friday, May 12 • 11 a.m.
Downers Grove Golf Course

Summer Golf Classic

Friday, July 28 • 11:30 a.m.
Village Greens of Woodridge



Register Online!
SEASPAR.org

SEASPAR

Walk and Roll-A-Thon

A Fundraising Event



Ebersold Park, Downers Grove

Sunday, May 21 • 10 a.m.–12 p.m.

◆ **Collect Pledges** ◆

◆ **Walk and Roll at Ebersold Park** ◆

Raise Money for a New Vehicle for SEASPAR!



4500 Belmont Road
Downers Grove, IL 60515

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60515
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SEASPAR Fish Fry

Friday, February 24
Seatings at 5:30 and 7:30 p.m.

Wheatstack Restaurant
5900 S. Route 53, Lisle

All-You-Can-Eat Meal - \$20
Children's Meals - \$10
Carry-Out Available



Proceeds
Benefit
SEASPAR's
Programs &
Services



Purchase
Tickets Online!
SEASPAR.org

Plant Sale Fundraiser

May 6 & 9 • 9 a.m.–4 p.m.
Bronswood Greenhouse, Oak Brook

Bring new life to your garden
while supporting SEASPAR!

