

SERVING THE COMMUNITIES OF

Village of Brookfield • Clarendon Hills Park District • Darien Park District Downers Grove Park District • Village of Indian Head Park • Park District of La Grange Community Park District of La Grange Park · Lemont Park District · Lisle Park District Village of Western Springs • Westmont Park District • Woodridge Park District













discover abilities achieve potential realize dreams

4500 Belmont Road • Downers Grove, IL 60515 630.960.7600 • 630.960.7605 TDD 630.960.7601 Fax

SEASPAR.org

Mission

SEASPAR provides dynamic recreation programs and quality services for its residents with disabilities.

Core Values

Fun • Excellence • Service Respect • Accountability

From the Executive Director

It's an honor to be writing this message as I am so excited for the positive changes coming to SEASPAR as we write the next chapter in our long, storied history. First, I want to wish Susan Friend congratulations on her retirement. To say she has earned it is an understatement, and we look forward to hearing all about her newfound state of relaxation and wish her and her family the best.

There will be at least one new face here and some changes in responsibilities for some of the staff. My goal is to continue the wonderful programs that we offer and to enhance our customer service to our participants and provide more efficient processes for families to reach services and gather information about SEASPAR. One significant change you will see very soon is a new, enhanced website that will be more user-friendly and easier to navigate. After we launch the site, we hope you visit it on any device to find exciting news from SEASPAR.

We recently conducted a survey with the help of students and faculty from the University of St. Francis in Joliet. Last fall, they asked if SEASPAR could be a project for their Business Research Course, and we couldn't refuse! They did the bulk of the work – sending out the surveys, collecting and analyzing the data, and providing recommendations to SEASPAR to help improve our services. There were no significant surprises with the results but it certainly provided helpful suggestions that staff can implement for future planning. The main reason I wanted to share this is to let you know that we are listening to you, our participants and families. Please feel free to give us suggestions or ideas at any time. While I can't promise we will be able to do each and every thing you ask for, I can promise that we'll listen and work hard to provide the best services that we can.

I hope you have a great fall season of programs and look forward to seeing all of our participants continue to discover their abilities, achieve their potential, and realize their dreams!

Matthew Corso

-Mus

Association Members & Representatives

Lisle Park District • Dan Garvy, President 1925 Ohio Street, Lisle 60532

Woodridge Park District • Mike Adams, Vice President 2600 Center Drive, Woodridge 60517

Park District of La Grange • Dean Bissias, Secretary 536 East Avenue, La Grange 60525

Darien Park District • Stephanie Gurgone, Treasurer 7301 Fairview Avenue, Darien 60561

Village of Brookfield • Mary Pezdek 8820 Brookfield Avenue, Brookfield 60513

Clarendon Hills Park District • Kelly Smith 315 Chicago Avenue, Clarendon Hills 60514

Downers Grove Park District • Bill McAdam 2455 Warrenville Road, Downers Grove 60515

Village of Indian Head Park • Brenda O'Laughlin 201 Acacia Drive, Indian Head Park 60525

Community Park District of La Grange Park

Aleks Briedis • 1501 Barnsdale Road, La Grange Park 60526

Lemont Park District • Louise Egofske 16028 127th Street, Lemont 60439

Village of Western Springs • Raymond Jasica 1500 Walker Street, Western Springs 60558

Westmont Park District • Bob Fleck 55 East Richmond, Westmont 60559

Board Meetings: The SEASPAR Board meets the third Tuesday of every month at SEASPAR at 3:30 p.m. For information, call 630.960.7600. The public is welcome.

staff information

Office Hours

Monday-Friday, 8:30 a.m.-4:30 p.m. Recorded Message After Hours

Office Closures

September 4 • November 23 & 24 December 25 • January 1, 2018

Matthew R. Corso, CTRS, CPRP -

Executive Director

ADA, Association Operations, Board, Funding

Catherine A. Morava, CPRP -

Superintendent of Recreation

Day Camp, Full-time Staff Supervision, Ongoing Program Supervision, Risk Management

Shannon Tovey, CTRS - Support Staff Manager

Ability Awareness, Part-time Staff, Volunteer, and Intern Supervision, Vehicles

Dawn Krawiec, CPRP - Day Program Manager EAGLES Program

Lisa Barrera, CTRS - Inclusion Manager

Inclusive Programs, Leisure Education, Teen and Adult New Participant Liaison, Weekly Programs

Lisa Rasin - Fund Development Coordinator

Donations, In-Kind Services, Sponsorships

Greg Pavesich, CPRP - Recreation Coordinator

Adapted Sports, Drop In Center, Home Front Health, Low Incidence Programs, Nursing Home Outreach, Stroke Support Group, Youth at Risk

Kimberly A. Huggins, CPRP -

Recreation Coordinator

Camping and Travel, Facility Scheduling, Social Clubs, Teen and Adult Special Events

Rachel Pavesich, CTRS - Recreation Coordinator

Adolescent Programs, Children's Programs and Special Events, Day Camp, Wonders Multi-Sensory Room, Youth New Participant Liaison

Aaron Hirthe - Recreation Coordinator

Aquatics, Competitive Sport Programs, Cooperative Day Camps, Special Olympics Athletic Director

Morgan Drdak, CPRP - Marketing Coordinator

Advertising, Public Relations, Publication and Brochure Development, Social Media, Website

Carol Kocek - Administrative Services Manager

Accounting, Computer System, Payroll, Registration

Nicole Guzior - Administrative Assistant

Human Resources, Payroll, Registration

What Are CPRP and CTRS?

CPRP stands for Certified Park and Recreation Professional and CTRS stands for Certified Therapeutic Recreation Specialist. This status is given to leisure service professionals who can demonstrate through education, experience, and current practice that they meet and exhibit certain predetermined qualifications established by the National Recreation and Park Association Certification Board and the National Council for Therapeutic Recreation Certification. These professionals have earned a bachelor's degree or higher from an accredited program, have passed a certified examination, and maintain sanctioned educational units.

Thanks to Susan Friend for 38 Years of Service to SEASPAR!

With more than 40 years of full-time experience in the field of special recreation including 38 with SEASPAR, Susan Friend retired from her role as Executive Director on July 7. She was one of the first employees hired by the newly-developing DuPage County special recreation associations in the mid-1970s. Since that time, she has been instrumental in developing the organizations for which she has worked (Western DuPage Special Recreation Association and SEASPAR) and promoting special recreation and the associations which provide the vital service of recreation specifically for people with disabilities.

Susan played a significant role in SEASPAR's extensive growth in the number of communities served, programs offered, and individuals served by the agency. During her tenure, the agency received numerous recognitions including the NRPA National Gold Medal Award, IPRA Program Awards, ITRS Program Awards, and the Downers Grove Chamber Choice Award. Susan was also active in a number of professional organizations in a variety of roles and received countless awards for her dedication to special recreation.

While her career has been an exciting ride, Susan looks forward to spending time with family, traveling, volunteering, pursuing hobbies that have been on the shelf for a while, and going to St. Louis Cardinals games any day she wants. Enjoy it, Susan!

table of contents

General Information	Programs for Children & Young	Special Olympics (Cont.)	Special Events for Teens &
Absences38	Teens	Basketball22	Adults
ADA Statement41	Adventures in Science13	Basketball (Practice)22	The Bavarian Lounge34
Aktion Club38	Art with Animals12	Powerlifting20	Boo Bash33
Association Members2	Book Worms12	Snowshoeing21	The Cheesecake Factory & Shopping 3 !
Atlanto Axial Subluxation41	Disney Stay-cation Club12	Swimming22	Chicago Botanic Garden30
Code of Conduct40	Gymnastics 13	Winter Sports Getaway21	Chicago History Museum34
Discipline40	Happy, Healthy Me13	Programs for Individuals with	Christkindlmarket36
Donations/Honors/Memorials7	Kids Club14	Physical Disabilities	Columbus Day32
Drop-Off/Pickup38	Music Therapy12	Adapted Music Lessons23	Day Camp Reunion30
Drop In Center38	Right Fit12	Power Soccer23	Elf36
EAGLES38	Sensory Explorers12	Wheelchair Table Tennis23	Fall Escape3
Family Playgroup38	Swimming Sampler14		Fall Fest at Lincoln Park Zoo32
Inclusive Programs39	Teen Excursion13	Programs for Teens & Adults	Fall Harvest Dance35
Medication Dispensation41	Special Events for Children &	Actors Guild26	Fall Pool Party34
Participant Expectations40	Young Teens	Afternoon Adventures24	The Field Museum34
Program Grants39	Bowlero17	Alley Cats26	Goebbert's Pumpkin Patch 3
Program Locations5	Candy Making18	Animal Assisted Therapy25	Guys Day Out33
Registration Forms43-46	Celebrate the Season18	Aqua Fitness & Healthy Snack24	Harvest Festival3
Registration Information42	Day Camp Reunion16	At the Movies27	Hofbräuhaus Chicago33
SEASPAR/WDSRA Agreement 39	Day Off School16	Bears Bonanza28	Holiday Dinner Dance36
Staff Appreciation6	Fall Fest16	BINGO!25	Holiday Magic at the Zoo36
Staff Information3	Friendsgiving18	Crafters Club27	Holiday Shopping3
Stroke Support Group39	Halloween Party17	Day Away Tour24	Illumination Tree Lights3
Transportation19, 30	Holiday Lights Tour19	Diner's Delight26	Ladies Day Out3
Weather Cancellations41	Holiday Party19	Fall Festers28	Level 25734
Wellness Guidelines41	Oktoberfest for Kids16	Fit N' Fuel24	Million Dollar Quartet33
Wonders Multi-Sensory Room 11	Open Gym17	Glee Club26	Morkes Chocolates36
•	Special Kids Halloween Dance17	Holiday Treats26	New Year's Bash37
Programs for Everyone	Swim & Sensory18	Music Mania25	Newsies3
Horseback Riding Lessons9	Teen Overnight16	Role Play25	Northwestern Football30
Ice Skating8	Thanksgiving Break Camp18	Saturday Night Socialites27	Oktoberfest32
Karate8	Turkey Bowl18	Social Club27	Richardson Adventure Farm32
Music Lessons10	Winter Break Camp19	Strikers26	Scarecrow Festival32
Sensory Sunday10		Teen Scene24	SRA Holiday Movie3
Swim Lessons8	Special Olympics	Weight Training26	St. Francis Bowling35
	2017-2018 Competition Schedule20	Wrestle Mania24	Turkey Shoot35
	Alpine Skiing21	Yoga27	Winter Expedition3
	Artistic Gymnastics22	Young Adult Club27	•

program locations

Alpine Banquets: 8230 Cass Ave., Darien

AMC Quarry Cinema: 9201 63rd St., Hodgkins

ARC (Athletic Recreation Center): 8201 S. Janes Ave., Woodridge

The Bavarian Lodge: 1800 Ogden Ave., Lisle

Benet Academy: 2220 Maple Ave., Lisle

Bowlero: 1515 Aurora Ave., Naperville

Brookfield Municipal Building: 8820 Brookfield Ave., Brookfield

Brookfield Zoo: 8400 W. 31st St., Brookfield

Cantigny Park: 1S151 Winfield Rd., Wheaton

Cascade Mountain: W10441 Cascade Mountain Rd., Portage, WI

Centennial Community Center: 16028 127th St., Lemont

The Cheesecake Factory: 2020 Spring Rd., Oak Brook

Chestnut Mountain Resort: 8700 W. Chestnut Mountain Rd., Galena

Chicago Botanic Garden: 1000 Lake Cook Rd., Glencoe

Chicago History Museum: 1601 N. Clark St., Chicago

Cinemark - Seven Bridges: 6500 S. Rte. 53, Woodridge

Clarendon Hills Community Center: 315 Chicago Ave., Clarendon Hills A Colorful Affair: 124 S. Webster St., Naperville

Community Park District of La Grange Park: 1501 Barnsdale Rd., La Grange Park

The CORE Fitness & Aquatic Complex: 16050 127th St., Lemont

Darien Community Center: 7301 Fairview Ave., Darien

Darien Sportsplex: 451 Plainfield Rd., Darien

Denning Park: 4901 Gilbert Ave., La Grange

Diplomat West Banquet Hall: 681 W. North Ave., Flmhurst

Ebersold Park: 6000 S. Main St., Downers Grove

The Field Museum: 1400 S. Lake Shore Dr., Chicago

Fishel Park: Main St. & Grove St., Downers Grove

Four Lakes Ski & Snowboard Area: 5750 Lakeside Dr., Lisle

Goebbert's Pumpkin Patch: 42W813 Reinking Rd., Hampshire

Hanson Center: 15W431 59th St., Burr Ridge

Hidden Oaks Nature Center: 419 Trout Farm Rd., Bolingbrook

Hilton Lisle/Naperville: 3003 Corporate West Dr., Lisle

Hofbräuhaus Chicago: 5500 Park Pl., Rosemont

Holistic Riding: 12310 115th St., Lemont

The Hyatt Lodge at McDonald's Campus: 2815 Jorie Blvd., Oak Brook

IGI Gymnastics: 145 Plaza Dr., Westmont

Indian Boundary YMCA: 711 59th St., Downers Grove

J.C. Georges: 181 Countryside Plaza, Countryside

La Grange Community Center: 200 Washington St., La Grange

Level 257: 2 Woodfield Mall A, Schaumburg

Lifetime Fitness: 601 Burr Ridge Pkwy., Burr Ridge

Lincoln Center: 935 Maple Ave., Downers Grove

Lincoln Park Zoo: 2001 N. Clark St., Chicago

Lisle Community Center: 1825 Short St., Lisle

Lisle Lanes: 4920 Lincoln Ave., Lisle

Lisle Recreation Center: 1925 Ohio St., Lisle

The Marriott Theatre: 10 Marriott Dr., Lincolnshire

Morkes Chocolates: 1890 N. Rand Rd., Palatine

The Morton Arboretum: 4100 Rte. 53, Lisle

Naper Settlement: 523 S. Webster St., Naperville

Papa Passero's: 6326 S. Cass Ave., Westmont

Paramount Theatre: 23 E. Galena Blvd., Aurora

Pavilion Aquatics Center: 1000 Wellington Ave., Elk Grove Village Prisco Community Center: 150 W. Illinois Ave., Aurora

Richardson Adventure Farm: 909 English Prairie Rd., Spring Grove

Right Fit: 7101 S. Adams St., Willowbrook

Ryan Field: 1501 Central St., Evanston

SEASPAR: 4500 Belmont Rd.. Downers Grove

Seven Bridges Ice Arena: 6690 S. Rte. 53, Woodridge

Splash Landings Aquatic Center: 2400 Chestnut Ave., Glenview

Suburbanite Bowl: 201 Ogden Ave., Westmont

True Balance Karate: 406 Ogden Ave., Downers Grove

Vaughan Aquatic Center: 2121 W. Indian Trail, Aurora

The Water Works Indoor Water Park: 505 N. Springinsguth Rd., Schaumburg

Westmont Community Center: 75 E. Richmond St., Westmont

Westmont Yard Indoor Sports Complex: 233 63rd St., Westmont

Wonders Multi-Sensory Room: Lisle Recreation Center, 1925 Ohio St., Door 8. Lisle

Woodfield Mall: 5 Woodfield Mall, Schaumburg

staff appreciation

SEASPAR thanks all of the dedicated and caring support staff and volunteers for their time and hard work during the summer program season. Their efforts make it possible for SEASPAR to offer quality programs!

2017 Staff Awards

At the Believe & Achieve Banquet on May 17, support staff were recognized for their longevity at SEASPAR with special gifts. In addition, the following awards were presented to exceptional staff for their outstanding dedication to programs and participants:

Super Star Award - Tim Lieb

Tim Lieb began working for SEASPAR in June 2013. He started working Inclusion programs then transitioned to weekly programs, special events, and then Special Olympics. Over a short amount of time, he accepted the role of Program Supervisor, Driver, and Head Coach. He has worked so many SEASPAR programs that it's hard to list them. During this year's winter-spring season, he worked Social Club every Friday night, Sunshine Through Golf, Special Olympics Powerlifting, Tennis, and Soccer, plus many special events. He has a passion for coaching which is evident when you see him at programs. They say that the very best coaches get their athletes to believe in themselves – to inspire their players to do more than they think they can. Tim does this and much more. He has stepped up to the plate time and time again. Tim wears many different hats in his life and we feel fortunate that being a SEASPAR staff member is one of them.



Leading Light Award - Lori Hohenstein

In 2012, Lori Hohenstein was hired as an assist staff for the Darien EAGLES program. In 2014, Lori became the Brookfield EAGLES Site Director. Lori was an easy choice for that role because she had shown so much leadership and passion during her short time with EAGLES. Lori continues to use her drive and passion on a daily basis by creating such a great place for our EAGLES participants and staff each day. She is consistently coming up with creative and fun ways to encourage our EAGLES to push themselves to be even more independent then they were the day before. She always has a smile on her face and is able to work through any tough situation. Lori has a great relationship with each of our EAGLES participants and staff; she is able to be fun, stern, and encouraging all wrapped up into one on a daily basis. Lori's positive attitude and "go with the flow" personality make her a delight to be around and work with.



Join us in congratulating the award recipients and thanking them for their dedication to SEASPAR!

donations, honors, and memorials

SEASPAR wishes to thank the following individuals, families, businesses, and community organizations for their generous donations made from March through May 2017.

Donations

Allstate Giving Campaign AmazonSmile AT&T **BankFinancial** BlueCross BlueShield of Illinois Brook Park School Staff Fundraiser Daniel & Karen Gentilcore Margaret Greenberg Illinois State Council Knights of Columbus Council #14649 Illinois State Council Knights of Columbus Council #5918 Illinois State Council Knights of Columbus Council #8522 Kiwanis Club of Downers Grove Kohl's Lisle Lions Club Portillo's Hot Dogs, LLC Truist University of St. Francis Charles & Ruthann Vihon

Annual Appeal

Fred Fratto

Memorials

J Patrick & Rose Hearn Deborah Hoalt Dennis & Katherine Jensen Dennis & Pauline Johnson Mark Johnson John & Susan Johnston Camille Kielty Alan & Barbara Klestadt Michael & Susan Liston Christopher & Rosanne Moeslein Maureen Norton Frank & Fina O'Connor Robert & Donna O'Toole Kenneth & Lynn Okelman Joseph & Sally Owca Philip & Karen Palcowski Frank Parker Maria Price Bernice Rajchel Keith Sanchez

Darrell & Martha Sekin Jane Seperich-Gill John & Alyce Sosnowski Joseph Stefanelli Rose Marie Stejkowski Patrick & Ardy Weston Roy & Pam Wiemerslage James Zuhlke

In Memory of Hilde Ploskonka

Apple Dental Center PC Chicago Dental Society Martin & Sandra Gallwas Brittany Hirsch Charles & Jeanette Lovely Eugene & Karen Ploskonka Melody Ploskonka Michael & Kimberly O'Donnell Richard & Janet Samuel Joseph & Susan Unger

In Memory of Ray Osowski Alan & Lois Adamski

In Memory of Suzanne

Meissner

Steven Smith

William & Joan Ansley FC & Anita Averill David & Gian Ballands Charles & Julia Beesley William & Laura Bergin James & Carole Bibby Annette Bonfield Roy & Donn Clavey Patrick & Julian Cooper Garrett & Mary DeLucca John & Katherine Flaherty Mark & Kathleen Forzley Robert & Lana Garcia Tom & Lynnette Gartland Tony & Teresa Glowicki Edward & Jeri Greenberg

Walk and Roll-A-Thon

Thank you to the following individuals who walked and to their generous sponsors who raised money for SEASPAR at the 17th annual Walk and Roll-A-Thon on May 21.

Walkers

Jason Catalano
Mike Chmielewski
James Deinzer
Jeff, Paul, Chris & Jen Lubejko
Randy Naberhaus
Kate Rabinak
Tyler and John Reineke
Elliot Sanderson
Mike Vihon
Stephen Weithers

Sponsors

Phillip & Kathleen Basso Robert & Barbara Blackburn Carolyn Catalano Nancy Chmielewski Evelyn Deitering Michael DeLuca David & Lisa Ellstrom Janet Eppers Joseph & Dawn Fleming Stephen & Linda Fortelka Steven & Gayle Gillen John Himpler Kelly Honn Brian & Linda Jakubowski Svlvia Iuric Gloria Leetz Thomas & Renetta Lesniak Francis & Barbara Lubejko Mary Mader Frank & Sandra McGovern Terence McGovern Gary & Patricia Miller Harry & Ginger Miller Iohn & Rose Morreale William & Mary Ann Munno Mike O'Malley Michael Pacheco James Pellegrino Joseph & Sharon Podolski Gary & Barbara Rabinak John & Marilyn Radicker Hadley Rue Steven & Marilyn Sanderson Daniel & Eleanor Sniegowski

Deborah Spaniak

Craig & Lori Thompson Luann Touhey Bruce & Mary Veverka Charles & Ruthann Vihon Christine Wall Timothy & Ann Weithers Joseph Wojtanowski Joseph & Olga Zarlenga Richard & Barbara Zurawski

Michael Schutz

Level UP Basketball

Data-Tel of Illinois, Inc Elle Hair Salon Inc Evelyn Jane Boutique, LTD James & Kiley Fields Forzley Eye Clinic Robert Girgis DDS Greentree Massage Interesting People Tour, Inc Mark Ligocki DDS Memeti Pizzaria, Inc 2Twenty2 Tavern Carter & Dorothy Wilson



Swim Lessons

SEASPAR has again partnered with Coach Eve Learn to Swim and its certified instructors to provide quality swim lessons. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff. Please be aware that we share the pools with the public. **Note:** A waiver for The Hyatt Lodge is sent with the program confirmation and must be returned to SEASPAR by September 8.

Code	Location	Day	Dates	Time	Fee
2-001-01-1	Hilton Lisle/Naperville, Lisle	Monday	9/18-12/4 (12 Weeks)	4:30-5 p.m.	\$178
2-001-01-2	Hilton Lisle/Naperville, Lisle	Monday	9/18-12/4 (12 Weeks)	5-5:30 p.m.	\$178
2-001-01-3	The CORE, Lemont	Monday	9/18-12/4 (12 Weeks)	5-5:30 p.m.	\$178
2-001-01-4	The CORE, Lemont	Monday	9/18-12/4 (12 Weeks)	5:30-6 p.m.	\$178
2-001-01-5	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	9/19-12/5 (12 Weeks)	4:30-5 p.m.	\$178
2-001-01-6	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	9/19-12/5 (12 Weeks)	5-5:30 p.m.	\$178
2-001-01-7	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	9/19-12/5 (12 Weeks)	5:30-6 p.m.	\$178
2-001-01-8	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	9/19-12/5 (12 Weeks)	6-6:30 p.m.	\$178
2-001-01-12	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	9/21-12/14 (12 Weeks, No Program 11/23)	4:30-5 p.m.	\$178
2-001-01-13	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	9/21-12/14 (12 Weeks, No Program 11/23)	5-5:30 p.m.	\$178
2-001-01-14	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	9/21-12/14 (12 Weeks, No Program 11/23)	5:30-6 p.m.	\$178
2-001-01-15	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	9/21-12/14 (12 Weeks, No Program 11/23)	6-6:30 p.m.	\$178

Karate

The skills learned and the training methods used in non-contact karate help release tension and increase focus. Participants learn self-control, balance, and the ability to process and follow a series of directions. This is a continuous program, giving participants the ability to advance through the belt system and the opportunity to earn a black belt. All abilities are welcome, as instruction is tailored to each individual's progress. **Note**: A waiver is sent with the program confirmation and must be returned by September 8.

Code 2-074-01-1

Location True Balance Karate, Downers Grove

Dates Mondays, September 18-December 18 (14 weeks)

Time 5:55-6:25 p.m.

Fee \$150

Registration Deadline: Monday, August 14 - 4:30 p.m.

Ice Skating

Ice skating lessons provide individuals the opportunity to learn to skate or improve skating skills. Instructors and student teachers work cooperatively with SEASPAR staff to provide lessons which focus on skill development, coordination, muscle strengthening, increasing endurance, and fun! Lessons are designed to allow skaters to reach obtainable objectives while working toward one long-term goal. Skaters progress at their own rate according to their abilities. **Note:** A waiver is sent with the program confirmation and must be returned by August 23. (A free, optional practice time is available from 9:50–10:10 a.m.)

Location Seven Bridges Ice Arena, Woodridge

Time 10:10-10:40 a.m.

Code 2-008-01-1

Dates Saturdays, August 26-October 14 (7 Weeks)

No program September 2

Fee \$120

Code 2-008-01-2

Dates Saturdays, October 28-December 16 (5 Weeks)

No programs November 4 & 25 and December 9

Fee \$85

Horseback Riding Lessons

Whether you are new to the saddle or have been horseback riding before, this program is for you. Riders improve their balance, core stability, and strength while they enjoy the movement of their horse. Riders of all levels embrace the ageless goal of lightness and harmony with one's equine partner. Participants must be ambulatory and able to sit on a horse without a riding partner. **Note:** Waivers are sent with the program confirmation and must be returned to SEASPAR by September 1.

Hanson Center

The Hanson Center is a premier Professional Association of Therapeutic Horsemanship International (PATH) certified facility. Its team of PATH certified instructors have been teaching therapeutic horsemanship lessons for more than 30 years. Each session at the Hanson Center has a maximum of three participants.

Location Hanson Center, Burr Ridge

Dates Wednesdays, September 6 & 20, October 4, 18, & 25

Fee \$150

Code 2-070-01-1 Time 5-5:30 p.m.

Code 2-070-01-2 Time 5:30-6 p.m.

Code 2-070-01-3 Time 6-6:30 p.m.

Holistic Riding Equestrian Therapy

Holistic Riding Equestrian Therapy follows the Professional Association of Therapeutic Horsemanship International's (PATH) guidelines and its instructors are PATH certified. Lessons are one hour each. Participants should indicate their lesson time on the registration form. Private lessons are available through the winter. Contact Holistic Riding for details.

Location Holistic Riding, Lemont

Times 4:30 p.m., 5:30 p.m., 6:30 p.m.

Code 2-070-01-4

Dates Mondays, September 11-October 16 (6 Weeks)

Fee \$400

Code 2-070-01-5

Dates Tuesdays, September 12-October 17 (6 Weeks)

Fee \$400

Code 2-070-01-6

Dates Wednesdays, September 13-October 18 (6 Weeks)

Fee \$400

Code 2-070-01-7

Dates Mondays, November 6-27 (4 Weeks)

Fee \$350

Code 2-070-01-8

Dates Tuesdays, November 7-28 (4 Weeks)

Fee \$350

Code 2-070-01-9

Dates Wednesdays, November 8-29 (4 Weeks)

Fee \$350

Code 2-070-01-10

Dates Thursdays, November 9-December 7 (4 Weeks)

No program November 23

Fee \$350



Music Lessons

Research demonstrates that studying music makes you smarter! Participants can choose between piano, keyboard, drum, or voice lessons. Participants in drum lessons must bring their own drumstick. Bring a spiral notebook, pencil, and any music books you have used in the past. Lessons are one half-hour each. Participants should indicate their lesson time on the registration form. **Note:** Returning students retain their lesson time if they register by August 14.

Piano/Drums (Instructor Kevin Wood)

Code 2-006-01-1 Ages 5 years and older Location Darien Sportsplex

Dates Tuesdays, September 19-December 12 (13 Weeks)

Time 6-9 p.m. Fee \$240

Piano (Instructor Debora Judycki)

Code 2-006-01-3 Ages 5 years and older

Location SEASPAR, Downers Grove

Dates Wednesdays, September 20-December 13 (13 Weeks)

Time 4–8 p.m. Fee \$240

Keyboard/Voice (Instructor Nancy Urban)

Code 2-006-01-2 Ages 5 years and older Location Darien Sportsplex

Dates Thursdays, September 21-December 14 (12 Weeks)

No program November 23

Time 6–9 p.m. Fee \$216



Sensory Sunday

You're invited to experience Wonders on dates flexible for you. Sensory Sunday is designed with your schedule in mind so that you can come only on the days which are convenient for you. Please select either the 5- or 12-visit pass on the registration form and we will send you a punch card with your confirmation. The card is punched at each of your visits and never expires.

Reservations are required in order to ensure that a stimulating, yet calming atmosphere prevails during the time your child explores the many wonders of the room. Sessions are cancelled if no one is signed up to attend. An electronic signup sheet will be emailed to you before the program begins.

Location Wonders, Lisle Recreation Center
Dates Sundays, September 24-December 17

No program November 26

Time Ages 1–1:30 p.m. 3–7 1:30–2 p.m. 3–7 2–2:30 p.m. 8–12 2:30–3 p.m. 8–12

3-3:30 p.m.13 years and older3:30-4 p.m.13 years and older

Code 2-099-01-8 Fee \$25 (5-visit pass)

Code 2-099-01-9 Fee \$50 (12-visit pass)

Cultural Artist of the Year

Congratulations to Kyler Wulff, SEASPAR's Cultural Artist of the Year for 2017! Kyler is a dedicated piano player and is described by his instructor, Deb Judycki, as being "on a mission to be the best." If you haven't seen him play, check out his performances from the Music Recital and Holiday Spectacular on the SEASPAR YouTube Channel!





Located at the Lisle Recreation Center - Door 8, 1925 Ohio Street

A one-way observation window is available in the room adjacent to Wonders.

Complimentary Wi-Fi and coffee are provided.

SEASPAR's multi-sensory room contains interactive equipment that pleases your senses in a variety of soothing ways. Feel the vibration of music as it plays through the Learning Chair, follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor. **NEW**: Control colors and lights with the touch of your hand and feel the calming coolness of glittering glass with the sparkle and marble walls recently added to Wonders!





Benefits of the multi-sensory room include:

- Improved mood
- Fewer disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improved communication
- Enhanced interpersonal interactions

Engage Your Senses at Wonders!

The room primarily benefits individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia

Learn about programs and events held at Wonders on pages 10, 12, 13, 14, 16, and 18!

For information about Wonders or to schedule a tour, contact Rachel Pavesich at 630.960.7664 or rpavesich@seaspar.org.

lew!

New!

Disney Stay-cation Club

Travel to Disney World without having to travel to Florida. Each week we visit one of the four parks: Animal Kingdom, Epcot, Hollywood Studios, and Magic Kingdom. We also recreate the sounds, rides, and tastes which makes each park unique.

Code 2-088-01-1

Ages 11-15

Location Darien Sportsplex

Dates Mondays, September 18-October 9 (4 Weeks)

Time 5-6 p.m. Fee \$32

Music Therapy

Get ready to dance to awesome music, move with sensory-motor props such as parachutes, scarves, and ribbons, and see your child light up with excitement. This group emphasizes interactive social skills, communication, and cognitive development through music and movement. The class is taught by a licensed Music Therapist.

Code 2-055-01-1 Ages 4-10

Location Lincoln Center, Downers Grove

Dates Mondays, September 18-December 4 (12 Weeks)

Time 6:30-7:30 p.m.

Fee \$100

Sensory Explorers

Our award-winning Wonders multi-sensory room provides participants with a chance to explore their surroundings. Wonders is designed to provide a calming, yet stimulating experience for each individual. **Note:** Each session is for one half-hour. Indicate your time preference on the registration form.

Code 2-099-01-1 Ages 3-15

Location Wonders, Lisle Recreation Center

Dates Tuesdays, September 19-December 19 (14 Weeks)

Time 3:30-5:30 p.m.

Fee \$70



Right Fit

Test your fitness skills while playing to stay fit. This program provides fitness, social interaction, and the opportunity to explore sport and movement through activities such as basketball, obstacle courses, tug-of-war, and more. This is a great opportunity to stay fit, build strength, learn body control, and increase flexibility. Wear gym shoes and athletic apparel. **Note**: A waiver is sent with the program confirmation and must be returned by September 8.

Ages 10-15

Location Right Fit, Willowbrook

Dates Tuesdays, September 19-December 5 (12 Weeks)

Fee \$192

Code 2-058-01-1 Time 4-5 p.m.

Code 2-058-01-2 Time 5-6 p.m.

Art with Animals

Art with Animals is a partnership with the Naperville Area Humane Society which combines a guided therapeutic art lesson with animal assisted therapy. As participants work on an animal-themed art project, they are greeted by a therapy dog. At the end of the lesson, the participants are able to interact with the dog.

New)

New!

Code 2-051-01-1 Ages 5-10

Location Lisle Recreation Center

Dates Tuesdays, September 19, October 3 & 17,

November 7 & 21, December 5

Time 5:30-6:30 p.m.

Fee \$48

Book Worms

Join the program where books are at the center of all of our activities. In this class, we incorporate movement, songs, snacks, and crafts all around our book of the week.

Code 2-059-01-1

Ages 4-10

Location Brookfield Municipal Building

Dates Wednesdays, September 27, October 11 & 25,

November 1, 15, & 29

Time 4:30-5:30 p.m.

Fee \$42

Registration Deadline: Monday, August 14 - 4:30 p.m.

Happy, Healthy Me

Ready to learn how to take care of "me"? Join us for fun as we learn about healthy habits and exercise, and make a healthy snack.

Code 2-093-01-1 Ages 11-15

Location Darien Sportsplex

Dates Wednesdays, September 20-December 6 (12 Weeks)

Time 5-6:30 p.m.

Fee \$60

Adventures in Science

This class encourages curiosity and expands your child's understanding of the world of science. Different scientific concepts are explored each session through a variety of activities. Please send your child in an old shirt or smock.

Neur

Code 2-078-01-1 Ages 11-15

Location Community Park District of La Grange Park
Dates Thursdays, September 21-December 7 (11 Weeks)

No program November 23

Time 5–5:45 p.m.

Fee \$60

Gymnastics

This high-energy program focuses on gross motor skills, strength, coordination, and flexibility. Apparatus work is incorporated into this non-competitive program. No experience necessary. Please wear athletic apparel. **Note:** A waiver is sent with the program confirmation and must be returned by September 8.

Location IGI Gymnastics, Westmont

Dates Thursdays, September 21-December 7 (11 Weeks)

No program November 23

Fee \$150

Beginner Gymnastics

Code 2-053-01-1 Ages 4-10 Time 6-6:45 p.m.

Gymnastics 101

Code 2-092-01-1 Ages 11-15 Time 7-7:45 p.m.

Teen Excursion

Kick off your weekend with fun! Travel to a variety of different venues within our communities and experience what is available for leisure and play. Snacks are provided.

Ages 11–15

Dates Saturdays (see schedule below)

Time Lemont Transportation: 8:30 a.m.-1 p.m. Denning Transportation: 9 a.m.-12:30 p.m. SEASPAR Transportation: 9:30 a.m.-12 p.m.

Fee \$35 per event

Code	Date	Activity
2-085-01-1	September 23	Nature Hike & Picnic
2-085-01-2	September 30	Harvest Fest
2-085-01-3	October 7	Mini-Golf at Space Golf
2-085-01-4	October 14	Open Gym
2-085-01-5	October 21	Wonders
2-085-01-6	October 28	Halloween Party
2-085-01-7	November 4	Movie at SEASPAR
2-085-01-8	November 11	Sensory Art with Animals
2-085-01-9	November 18	Holiday Shopping
2-085-01-10	December 2	Karaoke & Games
2-085-01-11	December 9	Breakfast with Santa



Kids Club

Join our club just for kids! Activities include art projects, playing games, spending time in the Wonders multisensory room, and even taking trips into the community. Snacks are provided each day.

Code 2-067-01-1 Ages 5-10

Location Lisle Recreation Center

Dates Saturdays, September 23-December 9 (11 Weeks)

No program November 25

Time 9:30 a.m.-12 p.m.

Lemont Transportation: 8:30 a.m.-1 p.m. Denning Transportation: 9 a.m.-12:30 p.m.

Fee \$170



Swimming Sampler

Enjoy an afternoon of swimming, sliding, and splashing as we travel to different pools. No need to be an experienced swimmer, as participants are placed in small groups according to swim ability. Wear your swimsuit under your clothes and bring a towel. Please label all belongings. Snacks are included.

Ages 11-15

Dates Saturdays (see schedule below)
Time Denning Transportation: 12–5 p.m.

SEASPAR Transportation: 12:30–5:30 p.m. Lemont Transportation: 1–4:30 p.m.

Fee \$50 per event

Code	Date	Location
2-086-01-1	September 30	Pavilion Aquatics Center, Elk Grove
2-086-01-2	October 21	Splash Landings Aquatic Center, Glenview
2-086-01-3	November 11	Vaughan Aquatic Center, Aurora
2-086-01-4	December 2	Lifetime Fitness, Burr Ridge

At-A-Glance Weekly Programs for Children & Young Teens

MONDAYS

Disney Stay-cation Club - Darien Music Therapy - Downers Grove

TUESDAYS

Sensory Explorers - Lisle Right Fit - Willowbrook Art with Animals - Lisle

WEDNESDAYS

Book Worms - Brookfield Happy, Healthy Me - Darien

THURSDAYS

Adventures in Science - La Grange Park Gymnastics - Westmont

SATURDAYS

Teen Excursion - Various Locations Kids Club - Lisle Swimming Sampler - Various Locations

Fast Facts: Programs & Special Events for Children

225 Total Inches Participants Have Grown in the Last Year

Teen Excursions This Year

Boards Broken in Karate This Year

53 Trips Down a Water Slide This Year

64,562 Steps Taken at Right Fit This Year

27 Seasons of Beginner Gymnastics

Towns Visited for Tour a Town Events Since Program Began

Restaurants Dined at in Progressive Dinner Events Since Program Began

Teen Overnight

Don't miss out on spending the night with friends! We spend our evening having dinner, watching movies, playing games, and relaxing in Wonders. We have breakfast before saying goodbye. Pack an overnight bag with necessary items and bring a sleeping bag. Bring your favorite board games, Wii or PS4 games, movies, and CDs if you'd like.

Code 2-201-01-1 11-15 Ages

Location Lisle Recreation Center

Friday, September 15-Saturday, September 16 Date

Time 6 p.m.-9 a.m.

> Denning Transportation: 5 p.m.-10 a.m. Lemont Transportation: 5:30 p.m.-9:30 a.m.

Fee

Day Camp Reunion

Do you miss your summer day camp friends? We have the solution for your post-camp blues - join your friends for a day of swimming at The Water Works! Lunch is provided for each camper from the concession stand. Wear your swimsuit under your clothes and bring a towel. Please label all belongings.

Code 2-204-01-1 Ages 13 - 15

Saturday, September 23 Date

2-204-01-2 Code

Ages

Saturday, September 30 Date

Location The Water Works Indoor Water Park, Schaumburg SEASPAR Transportation: 9:30 a.m.-4 p.m. Time

> Lemont Transportation: 10 a.m.-3:30 p.m. Denning Transportation: 10:30 a.m.-3 p.m

\$70 Fee



Oktoberfest for Kids

Let's celebrate fall the way they do in Germany with Oktoberfest. Participants enjoy a variety of outdoor games with individuals from neighboring SRAs. A late lunch is included. Participants also have the opportunity to roast marshmallows by a campfire. Come out and meet new friends. Note: The fee for this program is to be determined. Please indicate your interest in participation on the registration form. When the fee is set, a flyer will be mailed to interested participants.

2-210-01-1 Code

Ages 6-15

Hidden Oaks Nature Center, Bolingbrook Location

Sunday, October 8 Date

3-5 p.m. Time

> Lemont Transportation: 1:45-6:30 p.m. Denning Transportation: 2:15-6 p.m. SEASPAR Transportation: 2:45-5:30 p.m.

Fee

Day Off School

Looking for something fun to do on your day off from school? Spend time with your SEASPAR friends as we travel throughout the community. Our day includes fall-themed games, sports, crafts, and a hayride at the Woodridge Park District. Bring a sack lunch.

Code 2-212-01-1 Ages 5-15

Darien Sportsplex Location Monday, October 9 Date 9 a.m.-3:30 p.m. Time

Fee \$60

Fall Fest

Celebrate the fall season at Cantigny with harvest-time fun including music, hayrides, and a cup of hot cider. Decadent fall treats are provided. Please have lunch before attending this event.

Code 2-214-01-1 Ages 11-15

Location Cantigny Park, Wheaton Saturday, October 14 Date

SEASPAR Transportation: 12-4 p.m. Time Denning Transportation: 12:30-4:30 p.m.

Lemont Transportation: 1-5 p.m.

Fee \$30

Wondering what programs are best for your child? Let us help! We offer leisure counseling services for new and current participants. Give us a call at 630.960.7600 to discuss program options with our staff.

Open Gym

We play a variety of sports and games while focusing on socialization during playtime, rules of the game, and taking turns. Wear athletic clothing and gym shoes. A healthy snack is provided.

Code 2-217-01-1 Ages 4-10

Location ARC, Woodridge
Date Saturday, October 21

Time 3-5 p.m.

Denning Transportation: 2:30-5:30 p.m.

Fee \$20



Halloween Party

What would Halloween be without a good scare? Guys and girls, here is your chance to show off your costume, wrap the mummy, play pass the pumpkin, play broomball, bob for apples, and carve a pumpkin. Lunch is provided.

Code 2-223-01-1 Ages 5-10

Location Community Park District of La Grange Park

Date Saturday, October 28 Time 12:30-2:30 p.m.

Lemont Transportation: 11:30 a.m.-3:30 p.m.

SEASPAR Transportation: 12-3 p.m.

Fee \$30

Bowlero

Join SEASPAR for an outing to Bowlero. This new vintagestyle bowling alley is one of the coolest places to go. Let's see those strikes and spares on Bowlero's state-of-the-art lanes. Dinner is included.

Code 2-222-01-1 Ages 11-15

Location Bowlero, Naperville Date Saturday, October 28

Time Lemont Transportation: 2:30–7:30 p.m. Denning Transportation: 3–7 p.m.

SEASPAR Transportation: 3:30-6:30 p.m.

Fee \$55

Registration Deadline: Monday, August 14 - 4:30 p.m.

Special Kids Halloween Dance

Halloween is celebrated with costumes, trick-or-treating, ghost stories, and jack-o-lanterns. Why not add dancing and fun to the list? Celebrate with friends and show off your costume and dance moves. Snacks are included. Please eat lunch before attending.

Code 2-219-01-1 Ages 11-15

Location Diplomat West Banquet Hall, Elmhurst

Date Sunday, October 22

Time SEASPAR Transportation: 12-4:30 p.m.

Denning Transportation: 12:30-3:30 p.m.

Lemont Transportation: 1-4 p.m.

Fee \$25



CONTACT

for information about programs and special events for children & young teens.

Rachel Pavesich

630.960.7664

rpavesich@seaspar.org

Swim & Sensory

Come for a swim at The CORE followed by an amazing experience exploring your senses in the Wonders multisensory room and other sensory activities. Wear your swimsuit and bring a change of clothes and a towel. Please label belongings. Participants are placed in small groups according to age and swim ability. Dinner is included.

Code 2-226-01-1 Ages 5-15

Location The CORE, Lemont/Lisle Recreation Center

Date Saturday, November 4

Time Denning Transportation: 2-7 p.m. Lisle Transportation: 2:30-6:30 p.m.

Lemont Transportation: 3-7:30 p.m.

Fee \$35

Turkey Bowl

Join your friends for an afternoon of pizza and bowling lots of TURKEYS! The bowler with the highest score wins a turkey to bring home for Thanksgiving. Snacks from the bowling alley are included.

Code 2-230-01-1 Ages 5-10

Location Suburbanite Bowl, Westmont Date Saturday, November 11

Time SEASPAR Transportation: 1:30–6 p.m.

Lemont Transportation: 2-5:30 p.m. Denning Transportation: 2:30-5 p.m.

Fee \$50

Friendsgiving

Thanksgiving is a time to reflect upon what we are thankful for, and we are thankful for our friends! Join us for a special Thanksgiving lunch celebration. Traditional Thanksgiving fare is served with a twist. On the menu are turkey sandwiches, potato chips, JELL-O, carrots, and apple pie. Additional activities are planned.

Code 2-235-01-1 Ages 11-15

Location Brookfield Municipal Building
Date Sunday, November 19

Time 12-2 p.m.

SEASPAR Transportation: 11 a.m.–3 p.m.

Lemont Transportation: 11:30 a.m.-2:30 p.m.

Fee \$30

Thanksgiving Break Camp

Looking for something fun to do before Thanksgiving? Spend time with SEASPAR as we explore a variety of fun games, sports, crafts, and outings. Participants are divided into groups according to age and ability. Bring a sack lunch.

Ages 5-15

Location Westmont Community Center

Time 9 a.m.-3:30 p.m. Fee \$60 per day

Code	Date	Activity
2-237-01-1	Tuesday, November 21	Pump It Up
2-237-01-2	Wednesday, November 22	Movie & Swimming

Celebrate the Season

'Tis the season for twinkling lights, snow, and celebrations! Come see Cantigny Park decorated for the holidays while participating in activities to kick off the season. Offerings include sleigh rides, crafts, face painting, story time with Mrs. Claus, visits with reindeers, Jack Frost, and Santa Claus. Snacks are included.

Code 2-239-01-1 Ages 5-10

Location Cantigny Park, Wheaton Date Saturday, December 2

Time Lemont Transportation: 2:30-7 p.m.

Denning Transportation: 3–6:30 p.m. SEASPAR Transportation: 3:30–6 p.m.

Fee \$40

Candy Making

It is the season of gift giving, and candy–especially when it's homemade–is the perfect present for friends, teachers, or even yourself. This class unwraps the secrets to crunchy Sno-Caps, chewy cookies, and delicious peppermint bark so you can make your own luscious gifts. Recipes for each of the treats are provided.

Code 2-241-01-1 Ages 11-15

Location Darien Sportsplex
Date Sunday, December 3

Time SEASPAR Transportation: 12:30–5 p.m.

Denning Transportation: 1–4:30 p.m. Lemont Transportation: 1:30–4 p.m.

Fee \$30



Holiday Lights Tour

Experience the magic of the holidays with spectacular light displays. We take in the sights as we look for the best holiday displays in the area. We listen and sing along to popular carols while driving through the community. We make a stop during our tour for hot cocoa and cookies.

Code 2-245-01-1 Ages 11-15

Date Saturday, December 9

Time SEASPAR Transportation: 5:30–8 p.m. Denning Transportation: 6–7:30 p.m.

Fee \$30

Holiday Party

Celebrate the holiday season with your SEASPAR friends. Get into the holiday spirit as we play games, make handcrafted gifts for the family, and enjoy tasty treats. Santa even takes time out of his busy schedule to visit and hand out presents!

Code 2-246-01-1 Ages 5-10

Location SEASPAR, Downers Grove Date Sunday, December 10

Time 3-5 p.m.

Lemont Transportation: 2-6 p.m.

Denning Transportation: 2:30-5:30 p.m.

Fee \$45

Winter Break Camp

Spend time with your SEASPAR friends as we travel throughout the community on field trips. Our day also includes games, sports, and crafts. Please bring a sack lunch each day. Participants are divided into groups according to age and ability.

Ages 5-15

Location La Grange Community Center

Time 9:30 a.m.-3:30 p.m.

SEASPAR Transportation: 8:30 a.m.-4:30 p.m.

Lemont Transportation: 9 a.m.-4 p.m.

Fee \$65 per day

Code	Date	Activity
2-252-01-1	Tuesday, December 26	Bowling
2-252-01-2	Wednesday, December 27	Main Event
2-252-01-3	Thursday, December 28	Sensory Day
2-252-01-4	Friday, December 29	Aurora Regional Fire Museum
2-252-01-5	Tuesday, January 2	Movie & Pizza
2-252-01-6	Wednesday, January 3	Open Gym & Swim
2-252-01-7	Thursday, January 4	Painting at Brigantine Gallery
2-252-01-8	Friday, January 5	Airtastic



Transportation

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions. These locations may include:

Darien: Darien Sportsplex, 451 Plainfield Road, Darien Denning: Denning Park, 4901 Gilbert Avenue, La Grange

Lemont: Centennial Community Center, 16028 127th Street, Lemont

Lisle: Lisle Recreation Center, 1925 Ohio Street, Lisle

SEASPAR: SEASPAR Office, Downers Grove Recreation Center, 4500 Belmont Road, Downers Grove

When completing your registration form for programs that include transportation, please circle the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles. SEASPAR reserves the right to refuse to transport individuals. All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle. All wheelchairs must have brakes that are in good working condition and can stop the chair from moving. SEASPAR staff are responsible for determining whether a participant can be transported safely. Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.

special olympics



Special Olympics

Eligibility

Persons are eligible for Special Olympics if they are eight years of age or older and have been identified by an agency or professional as having intellectual disabilities, cognitive delays as determined by standardized measure, or have significant learning or vocational problems due to cognitive delays that require, or have required, specially designed instruction.

Application for Participation

Athletes wishing to participate in Special Olympics programs must have a current Special Olympics application for participation on file at SEASPAR. The application may be obtained online at SEASPAR.org/Special-Olympics. Faxed forms or copies are not accepted. The application is valid for two years from the date of the examination. Please contact SEASPAR to find out when your application expires.

Disclaimers

Team sports and relay events take precedence over individual sports or events at the state level of competition.

Athletes registered for team sports are expected to attend practices, games, and tournaments.



CONTACT for information about

Special Olympics.

Aaron Hirthe 630.960.7627 ahirthe@seaspar.org

2017-2018 Special Olympics/ITRS/Invitational Competition Schedule

(All Dates Subject To Change)

July 29 SO Area Bowling Qualifier

August 7 SO District Golf (3/6/9 Hole) Qualifier

August 19–20 SO State Tennis

August 20 SO District Flag Football Tournament

September 8-10 SO Outdoor Sports Festival
September 16 SO District Bocce Qualifier
September 24 SO District Volleyball Qualifier
October 8 ITRS Volleyball Tournament
October 15 SO Sectional Bowling Qualifier

October 28-29 SO Fall Games

November 18 SO State Floor Hockey
November 18 SEASPAR Swim Meet
December 2 SO State Bowling
December 2 FVSRA Swim Meet

February 18, 2018 ITRS Basketball Tournament

Powerlifting

Athletes set and reach fitness goals through the disciplined and challenging sport of powerlifting. Participants learn proper technique for both the dead lift and bench press, while improving their overall fitness level through weekly workout sessions. We participate in the Special Olympics District Qualifier in April 2018.

Code 2-122-01-1
Ages 16 years and older
Location Lisle Community Center

Dates Mondays, October 16-January 15 (12 Weeks)

No programs December 25 & January 1

Time 6-7:30 p.m.

Limit 6 Fee \$145



special olympics

Snowshoeing

If you are interested in trying a winter sport but skiing is not for you, snowshoeing is a great option. Athletes practice "sprinting" or "distance" events, as determined by the coaches and according to each individual's ability and interest. The program is held snow or no snow. SEASPAR provides all necessary equipment. The Special Olympics District Qualifier is held in early January 2018. Gold medal winners advance to the Winter Games held in Galena in early February 2018.

Code 2-109-01-1 Ages 8 years and older

Location Ebersold Park, Downers Grove

Dates Mondays, October 16-January 8 (11 Weeks)

No programs December 25 & January 1

Time 4-5 p.m. Limit 10 Fee \$110

Alpine Skiing

It's that time of the year to join the SEASPAR Ski Team for a day of winter fun! Both beginner and experienced skiers are welcome. This program is designed to teach beginner skiers the basic skills required to pass the Special Olympics assessment tests required for competitive skiing. SEASPAR coaches promote independence and emphasize balance and control while skiing. Coaches also work with the competitive skiers to refine their skills in preparation for the 2018 Alpine Skiing Qualifier. Participation in this competition is determined by the coaches. Helmets are required. In the event of inclement weather, the practice at Cascade Mountain is held on January 7.

Code 2-110-01-1 Ages 8 years and older

Location Cascade Mountain, Portage, WI

Date Saturday, January 6 Time 7 a.m.-7 p.m.

Limit 4 Fee \$300

Note: Athletes can sign up for an additional three hours of skiing at Four Lakes Ski and Snowboard Area in the months of December, January, and February. These lessons/practices are scheduled on an individual basis and are subject to coach availability and permissible weather.

Code 2-110-01-2 Ages 8 years and older

Location Four Lakes Ski & Snowboard Area, Lisle

Dates Various Fee \$85

> Registration Deadline: Monday, August 14 - 4:30 p.m.

Winter Sports Getaway

This program provides an on-site training opportunity for the 2018 State Winter Games or extra practice for those athletes aspiring to qualify for this Special Olympics State competition. This trip to Chestnut Mountain Ski Resort is only open to athletes who are registered in a SEASPAR winter sport program including Snowshoeing and Alpine Skiing. Coaches hold structured practices for each sport and athletes are welcome to try the other sports during scheduled free time. Note: Participants are encouraged to contribute to the group dynamics by cooperating with staff and other group members, and by adapting their schedules and routines to accommodate the logistics of this experience. Due to the nature of the setting, participants are expected to stay with their assigned staff and not wander. A packing list and detailed schedule are sent prior to the trip.

Code 2-110-01-3 Ages 8 years and older

Location Chestnut Mountain Resort, Galena

Dates Wednesday, January 24-Thursday, January 25

Time Depart: 6:30 a.m. Return: 6:30 p.m.

Limit 6 Fee \$300

Athlete of the Year

Congratulations to Tyler Reineke, SEASPAR's Athlete of the Year for 2017! Tyler began participating in our Special Olympics Softball program four years ago and has since competed in Athletics, Basketball, and Volleyball as well. Tyler is recognized for his hard work, heart, and hustle!



special olympics

Basketball (Pre-Season & In-Season Practice)

Have an area of your basketball game that needs improvement? Come join other members of the SEASPAR Spartans basketball teams in a warm-up session of basketball practice before the regular season begins. Athletes can just shoot around, join the group scrimmages, or participate in instructional drills designed to get your mind, body, and game ready for competitive play! For those who want more court time once the season begins, a second six-week session of Saturday practices is now offered! Information regarding transportation is sent at the start of the season. **Note:** This program is only open to athletes registered for the SEASPAR Special Olympics Basketball program.

Code 2-101-01-5 Ages 16 years and older Location The CORE, Lemont

Dates Saturdays, September 23-October 28 (6 Weeks)

Time 1-2 p.m. Limit 12 Fee \$60

Code 2-101-01-6 Ages 16 years and older Location The CORE, Lemont

Dates Saturdays, November 4-December 16 (6 Weeks)

No program November 25

Time 1–2 p.m. Limit 12 Fee \$60

Basketball

Spartans basketball is back for another season of fast breakin' action! SEASPAR's veteran coaching staff instructs the athletes in the fundamentals of basketball and team play. All athletes meet together to practice on the first week of the program. Athletes are then divided into the Blue Team, Gray Team, and White Team according to game play ability, age, and the discretion of the coaches. Information regarding transportation, practices, games, and tournaments is sent at the start of the season. Uniforms are distributed at practice prior to the first game. In addition to the regular game schedule, teams compete in the Special Olympics Tournament in January and the ITRS Tournament on February 18, 2018.

Code 2-101-01-1 Ages 16 years and older

Location Various

Dates Tuesdays, November 7-February 13 (15 Weeks)

Time 6:30-8 p.m.

Limit 36 Fee \$220

Swimming

Swimming (formerly Aquatics) is designed for advanced swimmers who want to compete, and are able to meet the minimum skill requirements to perform during practice and in competition. Practices focus on swim endurance and refining stroke mechanics. The team competes in the SEASPAR Swim Meet on November 18 and the FVSRA Swim Meet on December 2.

Code 2-118-01-3 Ages 8 years and older

Location Indian Boundary YMCA, Downers Grove

Dates Saturdays, September 23-December 16 (12 Weeks)

No program November 25

Time 1-2 p.m. Limit 20 Fee \$150

Artistic Gymnastics

Gymnasts learn and practice the individual movements required to complete specific routines for the Vault, Balance Beam, Uneven Bars, and Floor Routine in preparation for the Special Olympics competition in March 2018. Participants must exhibit patience and be able to follow all safety guidelines for the facilities and equipment used. Athletes should wear gymnastics leotards or fitted clothing.

Code 2-114-01-2 Ages 16 years and older

Location Centennial Community Center, Lemont

Dates Wednesdays, October 4-January 10 (15 Weeks)

Time 7:15-8:30 p.m.

Limit 6 Fee \$240



programs for individuals with physical disabilities

Adapted Music Lessons

Have you ever had the chance to make music? This exciting program at Wonders gives individuals with limited mobility the opportunity to make beautiful music! The Soundbeam 5 translates movement into melody using movement sensory technology. Move your head, wave your hand, or spin your wheelchair, and musical notes fill the air. **Note:** Each session is for one half-hour. Indicate your time preference on the registration form.

Code 2-050-09-1 Ages All ages

Location Wonders, Lisle Recreation Center

Dates Thursdays, September 21-December 7 (11 Weeks)

No program November 23

Time 5:30-7:30 p.m.

Fee \$90

Power Soccer

Participants use an oversized soccer ball and maneuver their power chairs to dribble, pass, shoot, and score goals. A footguard is attached to the front of the power wheelchair and the game is on! This program is an introduction to power soccer and is designed for beginners. Footguards are provided.

Code 2-050-06-1 Ages All ages

Location Westmont Community Center

Dates Saturdays, September 23-December 9 (11 Weeks)

No program November 25

Time 9:30-10:30 a.m.

Fee \$66

Wheelchair Table Tennis

Get your top spin going with SEASPAR's table tennis program! Learn the basics of wheelchair table tennis, or how to deal out a killer serve and counter your opponent's return. This program is for beginners.

Code 2-050-12-1 Ages 8 years and older Location Darien Sportsplex

Dates Saturdays, September 23-December 9 (11 Weeks)

No program November 25

Time 11 a.m.-12 p.m.

Fee \$55

SEASPAR Steel Cup Power Soccer Tournament

On May 20, we hosted our first Power Soccer tournament, the SEASPAR Steel Cup, at the Park District of La Grange.

The Courage League Sports Dominators and Cedar Rapids Power Soccer Association Power Eagles teams both traveled from Iowa to join our team, the SEASPAR Steel, for this recreational tournament.

The Dominators took first place, but all three teams earned valuable competition experience. The SEASPAR Steel plan to claim the cup in next year's tournament!





CONTACTfor information about programs for individuals with physical disabilities.

Greg Pavesich 630.960.7629 gpavesich@seaspar.org

Afternoon Adventures

Enjoy exciting travels throughout the community with your friends. You're sure to have a memorable time! Parents are responsible for pickup at the Darien Sportsplex or SEASPAR after the program. A schedule is mailed with confirmations.

Code 2-007-01-3 Location Various

Dates Mondays, September 18-November 27 (11 Weeks)

Drop-off SEASPAR: 2:30 p.m.

Lisle: 3 p.m.
Darien: 3:30 p.m.

Pickup Darien: 5:30 p.m. SEASPAR: 6 p.m.

Limit 12 Fee \$285

Teen Scene

Spend the afternoon with SEASPAR exploring the community and having fun! Activities include shopping, movies, bowling, and more. Participants are picked up directly from school. Parents are responsible for pickup at Denning Park or SEASPAR after the program. A schedule is mailed with confirmations.

Code 2-012-01-2 Ages 16-22

Location Lyons Township North and South High Schools
Dates Mondays, September 18-November 27 (11 Weeks)

Pickup Denning: 6 p.m.

Fee \$285

Code 2-012-01-1 Ages 16-22

Location Downers Grove North and South High Schools
Dates Tuesdays, September 19-December 5 (12 Weeks)

Pickup SEASPAR: 6 p.m.

Fee \$311

Fit N' Fuel

Regular exercise and physical activity are extremely important and beneficial for long-term health and well-being. Being physically active can help you reduce body fat, control weight and build and maintain healthy muscles. If the weather is conducive, we may walk outside. Participants learn how to make a healthy snack following the fitness portion. Please bring a water bottle. Athletic apparel and gym shoes are required.

Code 2-003-01-4

Location Community Park District of La Grange Park
Dates Mondays, September 18-November 27 (11 Weeks)

Time 5–7 p.m. Fee \$80

Wrestle Mania

Liven up your Monday night and spend it watching WWE Monday Night RAW. The evening includes pizza, watching wrestling on TV, and enjoying time with your friends.

Code 2-046-01-1

Location Lisle Recreation Center

Dates Mondays, September 18, October 2 & 16,

November 6, 20, & 27

Time 7–9 p.m.

Denning Transportation: 6:30-9:30 p.m.

Fee \$75

Day Away Tour

If you have been wishing for something to do during the week, join Day Away Tour. This group travels beyond the local community to experience a variety of fun recreational activities. Outings include shopping, theater, bowling, museums, and sporting events. A schedule is mailed with confirmations. **Note:** Based on the distance of the destination, times may vary.

Code 2-007-01-1 Ages 21 years and older

Location Various

Dates Tuesdays, September 19, October 10 & 24,

November 7 & 21, December 5

Time SEASPAR Transportation: 9 a.m.-3 p.m.

Fee \$300

Aqua Fitness & Healthy Snack

Jump right into SEASPAR's aqua exercise class! Build cardiovascular fitness and strength in a fun way. Participants experience a mix of water aerobic and aqua boot camp. After drying off, the group learns how to prepare a healthy snack. Wear your swimsuit under your clothes, and bring a towel. Participants will use the fitness center/walk the track on days the pool is not available.

Code 2-002-01-3 Location The CORE, Lemont

Dates Tuesdays, September 19-November 14 (9 Weeks)

Time 5–7 p.m. Fee \$75

Registration Deadline: Monday, August 14 - 4:30 p.m.

Role Play

Express yourself, gain confidence, and socialize while acting in a fun, relaxed setting. Participants work on new scenes each week in this non-performance-based acting class. The program focuses on group activities and improvisation. Get ready to move and be a star in this exciting program! Wear comfortable clothes and bring a water bottle.

Code 2-076-01-1

Location Westmont Community Center

Dates Tuesdays, September 19-December 5 (12 Weeks)

Time 5:30-6:30 p.m.

Fee \$54

Music Mania

Learn new songs, free dance, and how to jam instrumentally. The group experience teaches patience, sharing, and listening. The goal is for you to use music for stress reduction, relaxation, and improving communication, but the most important objective is to have fun!

Code 2-014-01-1

Location Westmont Community Center

Dates Tuesdays, September 19-December 5 (12 Weeks)

Time 7–7:45 p.m. Fee \$120

BINGO!

Don't miss your chance to be a big winner! Spend the evening with your SEASPAR friends trying your luck at B-I-N-G-O! We have many wonderful prizes and snacks, plus there's time to socialize.

Code 2-034-01-1

Location Lincoln Center, Downers Grove

Dates Tuesdays, September 19-October 24 (6 Weeks)

Time 7–8 p.m. Fee \$42

Animal Assisted Therapy

Spend time with man's best friend. You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem.

Location Darien Community Center

Time 7–8 p.m. Fee \$57

Code 2-039-01-1

Dates Tuesdays, September 19-October 24 (6 Weeks)

Code 2-039-01-2

Dates Tuesdays, November 7-December 12 (6 Weeks)

Late Registration

The registration deadline is Monday, August 14 at 4:30 p.m. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waiting list. However, there may be openings available for programs after the deadline; please call SEASPAR to find out if a program you are interested in is still available.

Annual Information Forms

SEASPAR requires that all participants complete an Annual Information Form (AIF). Individuals without a current AIF on file will not be permitted to participate.

Please Check In

When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

Participation

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

ADA Statement

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. This program guide is available in an alternate format upon request. Individuals who have an accommodation concern should contact Matthew Corso at 630.960.7600.

Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.



Alley Cats/Strikers

Enjoy a leisurely game of bowling with your friends. This non-competitive program focuses on the importance of sportsmanship, socialization, and fun with basic instruction. Scores are recorded to help participants track their progress. These scores are also used as a basis for participants who choose to sign up for Special Olympics Bowling. **Note:** Parents and/or guardians are responsible for bringing participants into the bowling alley and checking in with staff.

Diner's Delight

Whether you work up an appetite from bowling, or are looking for an evening among friends, Diner's Delight can provide you with a tasty meal and friendly conversations. Staff help participants promote their independence by having them order their own meals, set the tables, engage in appropriate social interaction, and clean up after the meal. A schedule is mailed with confirmations. **Note:** Participants registering only for Diner's Delight meet at Lisle Lanes at 4:45 p.m. or at Suburbanite Bowl at 5:15 p.m. Participants registered for Lisle EAGLES and Alley Cats Lisle are picked up from Lisle EAGLES at 3:30 p.m.

Code	Program	Location	Day	Dates	Time	Fee
2-023-01-1	Alley Cats	Lisle Lanes	Wednesday	9/20-12/6 (12 Weeks)	4-5 p.m.	\$180
2-022-01-1	Diner's Delight	Lisle Lanes	Wednesday	9/20-12/6 (12 Weeks)	5-6:30 p.m.	\$190
2-023-01-2	Alley Cats	Suburbanite Bowl, Westmont	Wednesday	9/20-12/6 (12 Weeks)	4:30-5:30 p.m.	\$180
2-022-01-2	Diner's Delight	SEASPAR, Downers Grove	Wednesday	9/20-12/6 (12 Weeks)	5:30-7 p.m.	\$190
2-022-01-3	Diner's Delight	Denning Park, La Grange	Wednesday	9/20-12/6 (12 Weeks)	5:30-7 p.m.	\$190
2-023-01-3	Strikers	Suburbanite Bowl, Westmont	Saturday	9/23-12/9 (11 Weeks, No Program 11/25)	1:30-2:30 p.m.	\$165

Actors Guild

This program is taught by Christine Grohne of Actors with Special Needs. Actors hone their acting skills and practice for the spring performance. Participants are encouraged to register for the winter/spring session as well. Actors Guild is designed to build self-esteem, enhance character, and motivate each of you to do your best. No acting experience is necessary. Family and friends are encouraged to practice lines with participants to prepare for the Holiday Spectacular on December 4.

Code 2-010-01-1

Location Lincoln Center, Downers Grove

Dates Wednesdays, September 20-December 6 (12 Weeks)

Time 4:45-6 p.m.

Fee \$130

Holiday Treats

Each season brings new holiday treats to enjoy! We make delectable delights for each of our favorite holidays. Try your luck at a variety of fall-inspired treats. Learn how to follow a recipe in order to create your succulent snack.

Code 2-032-01-1 Location Darien Sportsplex

Dates Wednesdays, September 27, October 25,

November 1, December 6

Time 6:30-8 p.m.

Fee \$60

Weight Training

Are you willing to go the extra mile and dedicate yourself to our successful weight training program? When it comes to changing how your body looks, weight training wins hands down. Lifting weights can help raise your metabolism, strengthen bones, help avoid injuries, increase confidence and self-esteem, and improve coordination and balance. SEASPAR staff assist you in choosing which exercises help you achieve your goals. Bring a water bottle. Athletic apparel and gym shoes are required. No jeans are allowed.

Code 2-013-01-1

Location Lisle Community Center

Dates Thursdays, September 21-December 7 (11 Weeks)

No program November 23

Time 4:30-5:30 p.m.

Limit 8 Fee \$84

Glee Club

Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Practicing helps you stay "in tune" in preparation for the Spring Recital, keeping the "perfect pitch" for your friends and family.

Code 2-014-01-2 Location Darien Sportsplex

Dates Thursdays, September 21-December 7 (11 Weeks)

No program November 23

Time 5–6 p.m. Fee \$100

Crafters Club

Get in touch with your creative side at SEASPAR's fine arts program! Participants focus on different art media such as jewelry, ceramics, and canvas. The artists can choose their own projects to be displayed throughout our member districts.

2-028-01-1

Location **Darien Community Center**

Dates Thursdays, September 21-December 7 (11 Weeks)

No program November 23

6-7 p.m. Time Fee \$77

Yoga

Yoga is designed to safely guide you toward enhanced strength, stamina, and flexibility. Studies show yoga has multiple health benefits such as reducing high blood pressure, high blood sugar, and obesity. Mats are provided. Bring a water bottle.

Code 2-033-01-1

Darien Community Center Location

Thursdays, September 21-December 7 (11 Weeks) Dates

No program November 23

7-8 p.m. Time Limit Fee \$140

At the Movies

Lights, camera, action! Get together with friends to see a current G, PG, or PG-13 movie. Please visit our website at SEASPAR.org or call SEASPAR after 2 p.m. on the day of the program for movie title and time (if calling after hours, select the program update option). Bring \$10 for concessions if you wish. Note: Parents, guardians, and/or caseworkers must check in with the supervisor upon arrival and departure.

Thursdays, September 21, October 12, November 9, **Dates**

December 7

Time **Varies** Fee \$78

2-019-01-1 Code

Location Cinemark - Seven Bridges, Woodridge

Code 2-019-01-2

Location AMC Quarry Cinema, Hodgkins

Discover Us! f











Social Club

Social Club offers activities and excursions within the community. As clubs are established, consideration is given to age, peer groups, carpools, CILAs, and issues that are important to you. Please be sure to list carpool information on the registration form. Accessible transportation is available. Note: The Boo Bash and Holiday Dinner Dance are included in the club schedule.

Code 2-025-01-1

Fridays, September 22-December 8 (11 Weeks) Dates

No program November 24

Time **Varies** Fee \$200

Young Adult Club

Calling all teens and young adults! This club is geared specifically for teens and young adults transitioning into adult programs. Activities and outings place a strong emphasis on socialization while also having fun. Mini golf, shopping, a tour of the fire department, and ceramics are just a few of the activities offered in previous sessions. It's the perfect opportunity to meet new friends and connect with old ones! A snack is provided.

Code 2-095-01-1 16-22 Ages Location Various

Dates Saturdays, September 23, October 7 & 21,

November 4 & 18, December 2

SEASPAR Transportation: 1:30-6 p.m. Time

Denning Transportation: 2-5:30 p.m. Lemont Transportation: 2:30-5 p.m.

Limit 12 Fee \$250

Saturday Night Socialites

This program is designed for adults who are ready to venture out on their own, but may need a jump-start. The group plans a variety of community outings. A schedule is mailed and available on our website at SEASPAR.org once the activities are determined. Participants must contribute to the social dynamics of the group and adhere to dress and behavior codes.

2-026-01-1 Code Ages 21 years and older J.C. Georges, Countryside Location Planning Date Saturday, September 16

SEASPAR Transportation: 6-9:30 p.m. Time

737 Apts. Transportation: 6:30-9 p.m.

Program Dates Saturdays, October 7 & 21, November 4 & 18,

December 2

Fee \$250

Fall Festers

Love the changing leaves and cooler air? Get outdoors this fall and join your SEASPAR friends as we experience all this season has to offer before winter. We travel to an Oktoberfest celebration, a scarecrow fest, and have a fall celebration of our own on the last day. Bring \$15 for snacks and souvenirs.

Code 2-005-01-4

Location SEASPAR, Downers Grove

Dates Saturdays, September 23, October 7 & 21

Time 4-7:30 p.m.

Limit 12 Fee \$58

Bears Bonanza

Don't miss your chance to cheer on the Chicago Bears in their hunt to return to the NFL playoffs! Head Coach John Fox leads the team through an exciting season of touchdown passes and crushing tackles. Lunch is served as the competition plays out on the big screen. **Note:** Due to the unpredictable length of the games, return time to Denning Park is approximate. SEASPAR remains until the end of the game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Location Papa Passero's, Westmont
Dates Sundays (see schedule below)

Game Time 12 p.m.

Time 11:45 a.m.-3:15 p.m.

Denning Transportation: 11:15 a.m.-3:45 p.m.

Fee \$28 per event

Code	Date	Team
2-027-01-1	September 17	Tampa Bay Buccaneers
2-027-01-2	October 22	Carolina Panthers
2-027-01-3	November 12	Green Bay Packers
2-027-01-4	December 3	San Francisco 49ers



CONTACT

for information about programs for teens & adults (ages 16+).

Lisa Barrera

630.960.7609 lbarrera**@**seaspar.org

At-A-Glance Weekly Programs for Teens & Adults

MONDAYS

Afternoon Adventures - Various Locations Teen Scene - La Grange & Western Springs Fit N' Fuel - La Grange Park

Wrestle Mania - Lisle

TUESDAYS

Teen Scene - Downers Grove
Day Away Tour - Various Locations
Aqua Fitness & Healthy Snack - Lemont
Role Play - Westmont
Music Mania - Westmont
BINGO! - Downers Grove
Animal Assisted Therapy - Darien

WEDNESDAYS

Alley Cats - Lisle & Westmont

Diner's Delight - Downers Grove, La Grange & Lisle

Actors Guild - Downers Grove

Holiday Treats - Darien

THURSDAYS

Weight Training - Lisle Glee Club - Darien Crafters Club - Darien

Yoga - Darien

At the Movies - Hodgkins & Woodridge

FRIDAYS

Social Club - Various Locations

SATURDAYS

Strikers - Westmont Young Adult Club - Various Locations Saturday Night Socialites - Various Locations Fall Festers - Downers Grove

SUNDAYS

Bears Bonanza - Westmont

Fast Facts: Programs € Special Events for Teens € Adults 192 Teen & Adult Programs and Special Events Run in the Last Year 228 Participants Registered for Social Clubs 16 Dances Offered 178 Games Bowled in Alley Cats and Strikers 28 Films Seen by the At the Movies **Participants** 3,366 Miles Traveled for Vacations and Overnight Trips 310 Poses Made in Yoga

Years SEASPAR has Traveled to Norman B. Barr Camp

Northwestern Football

Get ready to cheer on the Wildcats as they take on Bowling Green Falcons at Ryan Field. Bring \$20 for concessions and souvenirs. Note: Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Code 2-202-01-1

Location Ryan Field, Evanston Date Saturday, September 16

Game Time 6:30 p.m.

Time Lemont Transportation: 4-11:30 p.m.

> SEASPAR Transportation: 4:30-11 p.m. Denning Transportation: 5-10:30 p.m.

Limit 13 \$42 Fee

Accessible Seat

2-202-01-2 Code

Limit

Chicago Botanic Garden

Join your friends as we enjoy the American Craft Exposition. Meet some of the country's top artists who make jewelry, ceramics, metal, glass, and more. We take a break from the show and board a tram tour showing the main island for a closer look at the garden to enjoy the early fall colors. Lunch is included.

Code 2-203-01-1

Chicago Botanic Garden, Glencoe Location

Date Sunday, September 17

Lemont Transportation: 9:30 a.m.-5 p.m. Time

SEASPAR Transportation: 10 a.m.-4:30 p.m.

Denning Transportation: 10:30 a.m.-4 p.m.

12 Limit Fee \$75

Day Camp Reunion

Do you miss your summer day camp friends? We have the solution for your post-camp blues - join your friends for a day of swimming at The Water Works! Lunch is provided for each camper from the concession stand. Wear your swimsuit under your clothes and bring a towel. Please label all belongings.

2-204-01-1 Code Ages 16-22

The Water Works Indoor Water Park, Schaumburg Location

Date Saturday, September 23

Time SEASPAR Transportation: 9:30 a.m.-4 p.m. Lemont Transportation: 10 a.m.-3:30 p.m. Denning Transportation: 10:30 a.m.-3 p.m.

Fee



Transportation

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions. These locations may include:

Darien: Darien Sportsplex, 451 Plainfield Road, Darien Denning: Denning Park, 4901 Gilbert Avenue, La Grange

Lemont: Centennial Community Center, 16028 127th Street, Lemont

Lisle: Lisle Recreation Center, 1925 Ohio Street, Lisle

SEASPAR: SEASPAR Office, Downers Grove Recreation Center, 4500 Belmont Road, Downers Grove

When completing your registration form for programs that include transportation, please circle the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles. SEASPAR reserves the right to refuse to transport individuals. All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle. All wheelchairs must have brakes that are in good working condition and can stop the chair from moving. SEASPAR staff are responsible for determining whether a participant can be transported safely. Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.

Goebbert's Pumpkin Patch

Join your friends at Goebbert's Fall Festival. Come see the animals, watch the pig races, enjoy watching their famous pumpkin-eating dinosaur, and take a wagon ride to the pumpkin patch. We stop by Farmer's Wife Café for some tasty treats, including famous apple cider donuts and pumpkin cookies. Bring \$20 for lunch and souvenirs.

Code 2-205-01-1

Location Goebbert's Pumpkin Patch, Hampshire

Date Saturday, September 23

Time Lemont Transportation: 12-8 p.m.

Denning Transportation: 12:30-7:30 p.m.

SEASPAR Transportation: 1-7 p.m.

Limit 15 Fee \$70



Ladies Day Out

Hey ladies, get creative with SEASPAR at A Colorful Affair. We enjoy an afternoon creating a beautiful mosaic masterpiece. Then we dance to the latest hits while singing karaoke. Dinner is included.

Code 2-206-01-1

Location A Colorful Affair, Naperville Date Sunday, September 24

Time Lemont Transportation: 3:15–7:30 p.m.

Denning Transportation: 3:45–7 p.m. SEASPAR Transportation: 4:15–6:30 p.m.

Limit 12 Fee \$65

Fall Escape

Join SEASPAR as we travel to Wisconsin Dells, the waterpark capital of the world! We enjoy shopping, swimming at Chula Vista's indoor waterpark, and visiting the Timbavati Wildlife Park. The group stays at the Chula Vista Resort. Participants share rooms and possibly beds. Contact Kim Huggins before Monday, August 14 if you want your own room or bed. An additional fee applies for these arrangements. Staff may not be present in all rooms. Rooms are assigned according to age and gender. **Note:** This trip involves moderate walking. Participants are encouraged to contribute to group dynamics by cooperating with staff and fellow travelers, and by adapting their schedules and routines to accommodate the logistics of the trip. Bring \$50 for souvenirs and snacks. A packing list is sent one week prior to the trip.

Code 2-207-01-1 Location Wisconsin Dells

Dates Friday, September 29-Sunday, October 1

Drop-off and pickup at SEASPAR

Times Depart: 9 a.m. Return: 6 p.m.

Limit 12 Fee \$490

Harvest Festival

Join us for a day of food, fun, live music, crafts, and more at the Downers Grove Park District Harvest Festival. Dance away to some of your favorite tunes, check out some of the handmade fall crafts, and enjoy some delicious food from local restaurants. Lunch is included. Bring \$20 for snacks and souvenirs.

Code 2-208-01-1

Location Fishel Park, Downers Grove Date Saturday, September 30

Time Lemont Transportation: 10 a.m.-4:30 p.m.

Denning Transportation: 10:30 a.m.-4 p.m. SEASPAR Transportation: 11 a.m.-3:30 p.m.

Limit 12 Fee \$40

Parents of Special Olympics Athletes:

Please check the events on page 20 for potential date conflicts.



Oktoberfest

Grab your lederhosen and celebrate Oktoberfest at Naper Settlement. Be part of an annual autumn event that celebrates our community's heritage. Enjoy live musical entertainment ranging from classic German Oom-pah music to classic rock performed under the heated tent, along with German cuisine. Enjoy bratwurst with sauerkraut, spaetzle with gravy, and apple strudel – the choice is yours. Lunch is included. Bring \$20 for snacks and souvenirs.

Code 2-209-01-1

Location Naper Settlement, Naperville

Date Saturday, October 7

Time Lemont Transportation: 10 a.m.-4:30 p.m.

Denning Transportation: 10:30 a.m.-4 p.m. SEASPAR Transportation: 11 a.m.-3:30 p.m.

Limit 12 Fee \$45

Scarecrow Festival

Join generations of visitors who flock to the annual St. Charles Scarecrow Fest. Enjoy the live entertainment, arts and crafts show, carnival, and petting zoo. Don't forget to vote for your favorite scarecrow. Lunch is included. Bring \$20 for snacks and souvenirs.

Code 2-211-01-1 Location St. Charles

Date Sunday, October 8

Time Lemont Transportation: 10:30 a.m.-5:30 p.m.

Denning Transportation: 11 a.m.-5 p.m. SEASPAR Transportation: 11:30 a.m.-4:30 p.m.

Limit 16 Fee \$55



Columbus Day

Celebrate Columbus Day with SEASPAR! Our day includes a movie at a local theater, bowling, and lunch at Lou Malnati's. Don't miss out on this exciting day off from school!

Code 2-214-01-1 Ages 16-22 Location Various

Date Monday, October 9

Time SEASPAR Transportation: 8:30 a.m.-4 p.m.

Denning Transportation: 9 a.m.-3:30 p.m. Lemont Transportation: 9:30 a.m.-3 p.m.

Fee \$65

Richardson Adventure Farm

You don't want to miss this opportunity to see the world's largest corn maze, pig races, a wagon ride to the pumpkin patch, petting zoo, and so much more. Bring additional money to purchase a pumpkin, apple cider, or other seasonal favorites. Lunch is included.

Code 2-215-01-1

Location Richardson Adventure Farm, Spring Grove

Date Saturday, October 14

Time Lemont Transportation: 9 a.m.-5:30 p.m.

SEASPAR Transportation: 9:30 a.m.-5 p.m. Denning Transportation: 10 a.m.-4:30 p.m.

Limit 12 Fee \$70

Fall Fest at Lincoln Park Zoo

Get ready to harvest some fun at Lincoln Park Zoo's Fall Fest. Enjoy animal chats, musical entertainment, a pumpkin carver, and fall-themed enrichments for the animals. They also have a corn maze, pumpkin patch, Ferris wheel, and so much more throughout the zoo. Bring additional money for souvenirs, rides, and snacks. Lunch is included.

Code 2-216-01-1

Location Lincoln Park Zoo, Chicago Date Sunday, October 15

Time Lemont Transportation: 8:30 a.m.-4:30 p.m.

SEASPAR Transportation: 9 a.m.-4 p.m. Denning Transportation: 9:30 a.m.-3:30 p.m.

Limit 16 Fee \$65

Wondering what programs are best for your participant? Let us help! We offer leisure counseling services for new and current participants. Give us a call at 630.960.7600 to discuss program options with our staff.

Guys Day Out

Hey fellas, join us for a few games of Nerf gun wars at the Westmont Yard. After working up our appetite we head over to Papa Passero's for dinner. Darts flying and friends laughing, what more can you ask for on a Saturday afternoon. Dinner is included. Note: A waiver is sent with the program confirmation and must be returned by October 16.

Code 2-218-01-1

Location Westmont Yard Indoor Sports Complex

Date Saturday, October 21

Time Lemont Transportation: 2:15-8:30 p.m. SEASPAR Transportation: 2:45-8 p.m.

Denning Transportation: 3:15-7:30 p.m.

Limit \$55 Fee

Million Dollar Quartet

There was no plan for Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins to record together on December 4, 1956, but as fate would have it, they did and left behind a historic and mind-blowing album. Million Dollar Quartet tells that story, with all the raw energy and monumental talent you've come to expect from these music giants. Nominated for three Tony Awards, including Best Musical, and a win for Best Supporting Actor, Million Dollar Quartet features some of the biggest and best songs of all time, including "Peace in the Valley," "Blue Suede Shoes," "Folsom Prison Blues," "I Walk the Line," "Hound Dog," and "Great Balls of Fire." Bring \$20 for concessions. Please have an early dinner before the event.

Code 2-220-01-1

Paramount Theatre, Aurora Location

Sunday, October 22 Date

Show Time 5:30 p.m.

Time Lemont Transportation: 3-9:30 p.m.

> Denning Transportation: 3:30-9 p.m. SEASPAR Transportation: 4-8:30 p.m.

Limit 20 Fee \$70

Accessible Seats

Code 2-220-01-2

2 Limit

Discover Us! f











Boo Bash

Halloween is celebrated with costumes, trick-or-treating, ghost stories, and jack-o-lanterns. Why not add dancing and fun to the list? Celebrate with friends and show off your costume and dance moves. Refreshments are included. Note: This event is included in all Social Club schedules.

Code 2-221-01-1

Location Benet Academy, Lisle Date Friday, October 27 6:30-8:30 p.m. Time

Fee \$20



Hofbräuhaus Chicago

Hofbräuhaus Chicago is a family friendly restaurant that brings the classic tastes of Munich, Germany to the Chicago area. Guests can savor schnitzels, sausages, sauerbraten, and pretzels. After lunch we visit their gift shop. Bring \$20 for shopping if desired.

Code 2-224-01-1

Location Hofbräuhaus Chicago, Rosemont

Date Saturday, October 28

Time Lemont Transportation: 10 a.m.-3:45 p.m. SEASPAR Transportation: 10:30 a.m.-3:15 p.m.

Denning Transportation: 11 a.m.-2:45 p.m.

Limit 12 \$55 Fee

Level 257

Level 257 is a unique dining and entertainment experience. This massive 42,000-square-foot playground was inspired by Pac-Man and is designed to encourage social interaction. We enjoy dinner and play arcade games such as Pac-Man, Space Invaders, and Asteroids.

Code 2-225-01-1

Location Level 257, Schaumburg
Date Sunday, October 29

Time Lemont Transportation: 3–10 p.m.

Denning Transportation: 3:30–9:30 p.m. SEASPAR Transportation: 4–9 p.m.

Limit 15 Fee \$70

The Field Museum

Come face to face with the largest T. rex ever found, descend into an ancient Egyptian tomb, or shrink to the size of a bug; it's all in a day at The Field Museum. We enjoy the all-access pass which gives us access to really cool ticketed exhibitions and a 3D movie. Bring \$20 for lunch.

Code 2-227-01-1

Location The Field Museum, Chicago Date Saturday, November 4

Time Lemont Transportation: 9:30 a.m.-6 p.m.

SEASPAR Transportation: 10 a.m.-5:30 p.m. Denning Transportation: 10:30 a.m.-5 p.m.

Limit 12 Fee \$70

The Bavarian Lodge

For spectacular German food in the heart of Lisle, take your appetite on over to The Bavarian Lodge. There is a lot to enjoy on the menu including Wiener Schnitzel, Bavarian Lodge meatloaf, and so much more – the choice is yours.

Code 2-228-01-1

Location The Bavarian Lodge, Lisle Date Sunday, November 5

Time Lemont Transportation: 11 a.m.-3:45 p.m.

Denning Transportation: 11:30 a.m.-3:15 p.m.

SEASPAR Transportation: 12–2:45 p.m.

Limit 12 Fee \$50

> Registration Deadline: Monday, August 14 - 4:30 p.m.

Fall Pool Party

Come take a plunge with SEASPAR at The CORE pool. It might be getting cold outside, but we stay warm inside! Pizza and munchies are included. Wear your swimsuit and bring a change of clothes and a towel.

Code 2-229-01-1

Location The CORE, Lemont Date Sunday, November 5

Time 5–7:30 p.m.

SEASPAR Transportation: 4-8:30 p.m. Denning Transportation: 4:30-8 p.m.

Limit 22 Fee \$30



Chicago History Museum

Climb aboard L car no. 1, visit a jazz club, picture yourself in the fashions of a Marshall Field's store window, and learn what makes Chicago home sweet home. Explore the sights of bustling Maxwell Street in the 1950s, peer down from an I-beam at the top of the Sears Tower in the 1970s, relive Chicago sports victories, and listen to President Obama during his Grant Park victory speech in *The Great Chicago Adventure Film* exhibit. Come see Chicago's history unfold at the Chicago History Museum. Bring \$20 for lunch.

Code 2-231-01-1

Location Chicago History Museum
Date Saturday, November 11

Time Lemont Transportation: 9 a.m.-4:30 p.m.

SEASPAR Transportation: 9:30 a.m.-4 p.m. Denning Transportation: 10 a.m.-3:30 p.m.

Limit 12 Fee \$45

Fall Harvest Dance

There is no better way to celebrate fall than with a dance, snacks, and fun. Wear your dancing shoes and show off those moves as we have a rocking good time celebrating with your friends at this annual autumn event.

Code 2-232-01-1

Location The CORE, Lemont Date Sunday, November 12

Time 6-8 p.m.

SEASPAR Transportation: 5-9 p.m. Denning Transportation: 5:30-8:30 p.m.

Limit 50 Fee \$25

Turkey Shoot

The Turkey Shoot is an annual basketball shooting contest in which participants compete to win a turkey for Thanksgiving dinner. A variety of competitions are provided for all ability levels. Everyone gets to take home a memento, and winners take home a turkey.

Code 2-234-01-1

Location Lincoln Center, Downers Grove

Date Saturday, November 18

Time 10 a.m.-12 p.m.

Lemont Transportation: 9 a.m.-1 p.m.

Denning Transportation: 9:30 a.m.-12:30 p.m.

Fee \$20

Newsies

Disney's *Newsies* is the rousing tale of Jack Kelly, a charismatic newsboy and leader of a ragged band of teen-aged "newsies," who dreams only of a better life far from the hardship of the streets. But when the newspaper publishing titans raise distribution prices at the newsboys' expense, Jack rallies newsies from across the city to fight them. With music by Alan Menken, this recent Broadway smash is a high-energy musical thrill for the whole family! Please have an early dinner before the event.

Code 2-233-01-1

Location The Marriott Theatre, Lincolnshire

Date Saturday, November 18

Show Time 4:30 p.m.

Time Lemont Transportation: 2-9 p.m.

SEASPAR Transportation: 2:30-8:30 p.m.

Denning Transportation: 3-8 p.m.

Limit 15 Fee \$100

Accessible Seat

Code 2-233-01-2

Limit 1

The Cheesecake Factory & Shopping

The Cheesecake Factory serves much more than just cheesecake. This unique and upscale restaurant offers more than 200 menu items, including salads, pasta, pizza, steak, fish, and sandwiches. We also enjoy shopping at Oakbrook Center. Please dress for the weather. Bring money for shopping if desired.

Code 2-236-01-1

Location The Cheesecake Factory, Oak Brook

Date Sunday, November 19

Time Lemont Transportation: 3:15–10:30 p.m.

SEASPAR Transportation: 3:45–10 p.m. Denning Transportation: 4:15–9:30 p.m.

Limit 12 Fee \$65

St. Francis Bowling

Let's see those strikes and spares! Enjoy a leisurely game or two of bowling with your friends and students from St. Francis Xavier School in La Grange. This non-competitive program focuses on socialization and fun. Participants are grouped with the sixth graders as the students work to give back to the community. Shoes, ramps, and balls are available at the bowling alley, or you are welcome to bring your own. Don't miss out on the chance to get some extra practice, or just enjoy a game at your own pace.

Code 2-238-01-1

Location Suburbanite Bowl, Westmont

Date Friday, December 1 Time 10-11:30 a.m.

Fee \$15



Elf

If you've ever felt like you don't belong, just be glad you're not William "Buddy" Hobbes. When he was only a baby, Buddy crawled into Santa's sack of presents and was whisked away to the North Pole where he lived as an elf for years. He took joy in doing elf things, like making toys. But there was always something off about him. Buddy soon realizes the truth about being... gulp... human and goes in search of his father, a workaholic publisher. Imagine Buddy's horror when he finds out his dad does not share his love for Christmas. This is the infectiously-cheerful wannabe elf who grew up with jolly old St. Nick, and a little problem like that won't deter Buddy from changing people's hearts and minds. Bring \$20 for concessions. Please have an early dinner before the event.

2-240-01-1 Code

Location Paramount Theatre, Aurora Date Saturday, December 2

Show Time 3 p.m.

Time Lemont Transportation: 12:30-7:30 p.m.

Denning Transportation: 1-7 p.m.

SEASPAR Transportation: 1:30-6:30 p.m.

Limit Fee \$75

Accessible Seats

2-240-01-2 Code

Limit

Morkes Chocolates

Morkes Chocolates has been making gourmet candies with natural chocolate and fresh ingredients since 1920. Enjoy making a chocolate pizza with a variety of candy toppings. molded chocolate items, and chocolate dipped pretzels. Please have lunch before the event.

2-242-01-1 Code

Location Morkes Chocolates, Palatine

Date Sunday, December 3

Lemont Transportation: 11:30 a.m.-5 p.m. Time

Denning Transportation: 12-4:30 p.m.

SEASPAR Transportation: 12:30-4 p.m.

Limit 12 \$40 Fee



CONTACT

for information about special events for teens & adults (ages 16+).

Kim Huggins

630.960.7628 khuggins@seaspar.org

Holiday Dinner Dance

Celebrate the season with a delicious dinner and dancing for this annual event. Don't forget to dress up - no jeans or tennis shoes. We'll see you there in your formal wear! Participants must be able to remain seated during dinner. Note: This event is included in all Social Club schedules.

Code 2-243-01-1

Location Alpine Banquets, Darien Friday, December 8 Date

Time 6-9:30 p.m.

Fee \$50

Christkindlmarket

Christkindlmarket brings a cherished German and European tradition with international flair charm to Naperville. This enchanting and inviting holiday village is nestled in Naper Settlement. Enjoy holiday shopping and delicious food with friends. Please bring money for lunch and shopping.

Code 2-244-01-1

Location Naper Settlement, Naperville

Saturday, December 9 Date

Time Lemont Transportation: 10 a.m.-4 p.m.

Denning Transportation: 10:30 a.m.-3:30 p.m.

SEASPAR Transportation: 11 a.m.-3 p.m.

Limit 12 Fee \$35

Holiday Magic at the Zoo

Ioin SEASPAR as we watch the light festival featuring more than one million twinkling lights, animated light displays, and a laser show. We also enjoy holiday carols in the pavilion and view the ice carvings. Please have dinner before the event. Dress appropriately for the weather and bring \$20 for concessions and souvenirs. Due to the nature of this event, participants must be able to stay with the group and tolerate a lot of walking.

2-247-01-1 Code Location **Brookfield Zoo**

Date Sunday, December 10

Time Lemont Transportation: 2:30-9:30 p.m.

SEASPAR Transportation: 3-9 p.m. Denning Transportation: 3:30-8:30 p.m.

Limit 22

Fee \$50

special events for teens & adults (ages 16+)

Holiday Shopping

Selecting the perfect gift for that special someone can be a tricky task, but SEASPAR is here to help. Staff assist with money transactions, asking for assistance, and finding the perfect gift. Bring a shopping list and money for dinner. Participants may make purchases or just window shop.

Code 2-248-01-1

Location Woodfield Mall, Schaumburg

Date Monday, December 11

Time Lemont Transportation: 4-10:45 p.m. Denning Transportation: 4:30-10:15 p.m.

SEASPAR Transportation: 5-9:45 p.m.

Limit 12 Fee \$30

SRA Holiday Movie

Enjoy watching *Elf* at the Prisco Community Center with friends from other SRAs. Buddy was accidentally transported to the North Pole as a toddler and raised to adulthood among Santa's elves. Unable to shake the feeling that he doesn't fit in, the adult Buddy travels to New York, in full elf uniform, in search of his real father. As it happens, this is Walter Hobbs, a cynical businessman. After a DNA test proves this, Walter reluctantly attempts to start a relationship with the childlike Buddy with increasingly chaotic results. Please have lunch before the event. Snacks are provided.

Code 2-249-01-1

Location Prisco Community Center, Aurora

Date Saturday, December 16

Time Lemont Transportation: 10:30 a.m.-4:30 p.m.

Denning Transportation: 11 a.m.-4 p.m.

SEASPAR Transportation: 11:30 a.m.-3:30 p.m.

Limit 10 Fee \$25

Illumination Tree Lights

Join us for a night to remember at The Morton Arboretum. Come enjoy one of the region's premier holiday light shows, Illumination. This spectacular light show features tens of thousands of LED lights and plenty of music and special effects along a one-mile route with forests, hills, and stunning vistas in every direction. Dress appropriately for the weather and bring \$20 for concessions and souvenirs. Due to the nature of this event, participants must be able to stay with the group, wait in line, and tolerate a lot of walking.

Code 2-250-01-1

Location The Morton Arboretum, Lisle

Date Sunday, December 17

Time Lemont Transportation: 3:30–10:30 p.m.

Denning Transportation: 4-10 p.m.

SEASPAR Transportation: 4:30-9:30 p.m.

Limit 22 Fee \$65

Winter Expedition

Looking to socialize and see friends over winter break? Join the Winter Expedition for outings in the community to a local arcade, the library, and the mall to purchase that last-minute gift for someone special. Lunch is included.

Ages 16-22

Location Lisle Recreation Center

Time Lemont Transportation: 9 a.m.-3:30 p.m.

Denning Transportation: 9:30 a.m.-3 p.m.

Fee \$65 per day

Code 2-252-01-1

Date Monday, December 18

Code 2-252-01-2

Date Wednesday, December 20

New Year's Bash

It seems like just yesterday that we rang in 2017. How time flies when you're having fun! Let's send another great year on its way with a grand celebration. Party favors and pizza are provided while you ring in the new year. Don't miss the last dance of the year!

Code 2-253-01-1

Location Clarendon Hills Community Center

Date Wednesday, December 27

Time 6-9 p.m. Limit 70 Fee \$26



Drop-Off/Pickup

SEASPAR asks that parents promptly drop off and pick up participants at the designated program times. Before programs, staff are busy preparing for the program and are unavailable to supervise participants. After programs, staff may be scheduled at another facility and need to depart soon after the program. By allowing them to complete their work promptly, SEASPAR can operate more cost-efficiently. Be sure to check in with the staff when dropping off and picking up your child.

Families of participants who are not picked up promptly are sent a letter that serves to remind them of the concern. If the situation continues, a charge is imposed for subsequent late pickups. If a participant is picked up late (more than 10 minutes) three times in three months or less, a warning is sent stating that the next late pickup results in a payment due to SEASPAR for the overtime. A rate of \$18 per hour is used. Payment is due to SEASPAR within one week of notification. If not paid promptly, the amount is due prior to the next registration. The staff makes every effort to return on time from all outings; we ask your cooperation in making pickups promptly.

If a participant is traveling home unsupervised, parents or case managers must submit written notice to the SEASPAR office. Please submit this notice with the registration form. We ask that you notify SEASPAR if someone other than a familiar family member is picking up your child.

Absences

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and means that no tickets are wasted. Messages may be left on the after-hours absence line. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

Aktion Club

Through the joint sponsorship of the Downers Grove and Lombard Kiwanis Clubs and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. It also performs several service projects annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support. For more information, contact Catherine Morava at 630.960.7600.

Drop In Center

The Drop In Center at the Westmont Community Center provides individuals who have mental health needs an opportunity to spend leisure time in a friendly, relaxed atmosphere. Activities are designed to enhance relationships between friends, peers, and family members. The program starts with lunch, followed by a planned activity or trip. A schedule of program dates and times is available on our website at SEASPAR.org. Individuals may choose to stop by for a few minutes or stay the entire time. The program is free for everyone who attends. Donations are accepted. The Drop In Center is co-sponsored by SEASPAR, the DuPage County Health Department, and NAMI DuPage (National Alliance on Mental Illness). For more information, visit our website at SEASPAR.org/Drop-In-Center or contact Greg Pavesich at 630.960.7629.

EAGLES

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities *E*nhance *A*dult *G*rowth through *L*ifestyle *E*ducation and *S*ervice. This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at three different sites throughout SEASPAR's communities: the Darien Sportsplex, the Lisle Recreation Center, and the Brookfield Municipal Building. For more information, visit our website at SEASPAR.org/EAGLES or contact Dawn Krawiec at 630.960.7608.

Family Playgroup

Child and Family Connections and SEASPAR have joined together to offer playgroups to families of children with a disability, ages birth to three years. The goal of the playgroup is to bring families together in an open format, to play with other children, and to meet other parents with similar experiences. Toys, balls, books, the Wonders multi-sensory room, and more are available. Siblings are encouraged to attend. The group meets the second Tuesday of the month from 9:30–11 a.m. at the SEASPAR program room at the Lisle Recreation Center. For more information, contact SEASPAR's Rachel Pavesich at 630.960.7664 or Jenny Somone at Child and Family Connections at 630.493.0400.

Inclusive Programs

As part of SEASPAR's continuum of recreation programs, inclusive services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. SEASPAR and its member entity staff encourage and aid, but do not force participation. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations. For more information, contact Lisa Barrera at 630.960.7600.

Stroke Support Group

SEASPAR, in cooperation with Hinsdale Hospital and La Grange Memorial Hospital, sponsors the Stroke Support Group for those who have had a stroke and their family and friends. It provides educational sessions about strokes and how to rebound following a stroke. Members encourage one another to face and overcome common problems by sharing their own experiences. The group provides a welcoming atmosphere and a sense of understanding, especially for those with communication and physical limitations. Strength can be drawn from one another in this type of environment. A schedule of activities and trips is available on our website at SEASPAR.org. For more information, visit our website at SEASPAR.org/Stroke-Support-Group or contact Greg Pavesich at 630.960.7629.

Achievement Award

Congratulations to Bridget Brown, the recipient of SEASPAR's Achievement Award for 2017! Bridget has too many accomplishments to list, so we'll just say that she is a national inclusion advocate through her Butterflies for Change organization, her role as a Special Olympics Global Messenger, and her position as an officer for the National Association for Down Syndrome, to name a few. We are proud that she is one of SEASPAR's very own!



SEASPAR/WDSRA Agreement

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips are not included. Registrations must be submitted by the agency's deadline, and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For more information, contact SEASPAR at 630.960.7600. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WSDRA.com.

Program Grants

The SEASPAR Board and staff are committed to offering programs at the lowest possible cost. However, due to financial restrictions, some individuals may find it difficult to pay the entire fee. To help those in need, a significant amount of grant funds are made available for participants through the generosity of donors. Each year, community organizations and individuals contribute funds that are earmarked for program grants. We appreciate this support which allows participants to benefit from activities.

Generally, grants are available for up to 50% of the program fee. Any balance due from a previous season must be paid prior to receiving additional grant funds. Grants are not available for overnight trips, and are only available to SEASPAR residents. Arrangements for a payment schedule are also possible to make the payment of fees more feasible. Visit SEASPAR.org or call the SEASPAR office to obtain a program grant application.

Participant Expectations

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and normalization.

- · Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- · Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have questions about attire, contact SEASPAR at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

Participation

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

Code of Conduct

SEASPAR asks all participants and family members to observe the behavior code below, which was developed to ensure enjoyable and safe program experiences. SEASPAR will attempt reasonable accommodations to enable participants to meet behavior expectations.

- Show respect to all participants, staff, and public.
- · Listen to and comply with staff direction and program rules.
- · Allow others in the program and others at public facilities to enjoy the activity without disruption (within reason).
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

Additional rules are developed for specific programs as deemed necessary by the staff.

Discipline

SEASPAR applies a caring, positive approach to discipline. Staff review rules with participants and are willing to work with parents to develop behavior modification programs as necessary. When conduct expectations are not met, staff will take reasonable steps to accommodate the behavior and minimize future risks. However, when accommodations are attempted and are unsuccessful, or when no reasonable accommodation exists to avoid future risks, SEASPAR may take actions such as removing a participant from an activity for a short period of time, removing a participant from an activity for the remainder of the day, suspending participation for the next program meeting, or suspending participation in that program for the remainder of the season. Notwithstanding SEASPAR's option to use progressive discipline, SEASPAR is not required to do so and may, at its sole discretion, forgo lesser forms of discipline at any time, and proceed immediately with suspending participation for the remainder of the season.

Listed below are examples of reasons for disciplinary action. This list, however, does not constitute a comprehensive list of all acts which may subject the participant to disciplinary action, including suspension from any program or activity. Instead, the following list sets forth some of the more typical circumstances that arise. They include, but are not limited to:

- Making loud noises in particular settings where quietness is expected.
- Inability to sit quietly in theaters, concerts, etc.
- Showing lack of respect for other participants/patrons at activities.
- Running in crowded areas or bolting from the group this can cause disruption or be a significant safety problem.

Please Check In

When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

Wellness Guidelines

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100° or higher within the last 24 hours.
- · Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- · Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackie's virus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- · Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

Medication Dispensation

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in specially marked envelopes, complete the label, and give it to the program supervisor before the group leaves. To make the process work more efficiently for overnight trips, envelopes are sent to you along with the packing list. For day trips, staff provides envelopes at the drop-off point. For the convenience of those who are involved in many outings, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

Atlanto Axial Subluxation

Individuals with Down Syndrome are at risk of having Atlanto Axial Subluxation Condition (ASC) that causes increased mobility in the cervical spine. For the safety of our participants, individuals with Down Syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for ASC. An x-ray determines if the condition is present. For more information, contact SEASPAR at 630.960.7600.

ADA Statement

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. This program guide is available in an alternate format upon request. Individuals who have an accommodation concern should contact Matthew Corso at 630.960.7600.

Weather Cancellations

Weekly programs and special events may be cancelled due to inclement weather. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 4–4:30 p.m. for evening programs. If a program is cancelled, staff attempt to reach all participants by phone to inform them of the cancellation. After hours, program changes are available on the program update selection of SEASPAR's phone system. If indoor facilities are available for weekly programs, the program is held as usual. Programs cancelled due to inclement weather are not rescheduled.

Severe Winter Weather Guidelines for Cancelling Programs:

Outdoor programs or programs with transportation for participants with physical disabilities:

 Temperature of zero or wind chill of -10° or less

All other programs with transportation:

Temperature of -10° or wind chill of -20° or less

All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

Watch for your winter-spring brochure to be delivered in early December!

registration information

Registration Deadline: Monday, August 14 - 4:30 p.m.

Registration Procedures

Online Registration

Online registration begins on Monday, July 24, and ends on Monday, August 14 at 4:30 p.m.

To register online, visit SEASPAR.org. First-time online registrants must call the SEASPAR office for a user name, password, and instructions. The online registration requirements are:

- Must be a SEASPAR resident
- Must have no outstanding balance
- Must have 2017 Annual Information Form on file
- Full credit card payment is required at the time of registration

Mail/In-Person Registration

- · Complete both sides of the registration form and sign it.
- All new participants must complete an Annual Information Form and submit it with their registration form. Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information. Annual Information Forms are available at SEASPAR and online at SEASPAR.org.
- Full payment must be received with the registration unless other arrangements have been made. Payment may be made by check, money order, cash, or credit card.
- Mail or drop off your registration, Annual Information Form, and payment as soon as possible, but no later than Monday, August 14 by 4:30 p.m. For after-hours convenience, there is a mail slot at the SEASPAR office entrance.
- SEASPAR resident registrations received by Monday, August 14 will be processed randomly beginning Tuesday, August 15.
- Non-resident registration begins Wednesday, August 16, and is processed randomly.
- Registrations will not be processed if a balance remains from a previous season. Please contact the SEASPAR office with questions about any outstanding balances.
- Registrations received after the registration deadline are accepted if space is available.
- Registrations must be received in the office five business days before an activity.
- SEASPAR encourages registration prior to August 14.
 This enables the staff to answer questions and provide additional information.
- Instructors may not receive payment or register participants at programs.
- SEASPAR sends registration confirmations two weeks before programs begin. Please review the confirmation to verify programs for which you are registered or on the waiting list.

Program Cancellations

- A program may be cancelled if the program minimum is not met.
- Programs may be cancelled due to inclement weather.

 Make-up dates are generally not possible.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

Refund/Credit Procedures

- A full refund is issued if a program is cancelled by SEASPAR.
- In order for a participant to drop from a program, SEASPAR
 must be notified five business days prior to the start of
 the program to qualify for a refund. At that time, the
 participant will be refunded the cost of the program less a
 \$5 processing fee, the cost of a ticket (if applicable, unless
 a participant on the waiting list registers), contracted
 services, or specialized non-refundable supplies.
- A prorated refund is issued if a written medical excuse accompanies the refund request.
- No refund is given if a program is postponed due to low enrollment. If the program is subsequently cancelled, a full refund is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated refund is issued, less a \$5 processing fee and ticket price, if applicable.
- · All refunds are issued monthly.

Registrations will not be processed without payment.

Non-Resident Fee Policy

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. (See page 39 for information on the SEASPAR/WDSRA agreement.) An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

Photograph/Video Policy

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. If there is a specific reason you or your child/ward cannot be photographed, please contact us.

registration form (ages 3-15)

Participant's Name	Age	Birth Date	Gender
	- ' '6"	_ =	

Listed are all programs in the order that they appear in the brochure. Please check only those programs for which you are registering. Any age restrictions are noted in parentheses. Circle transportation location where appropriate: DE = Denning LE = Lemont SE = SEASPAR

See transportation information and requirements on pages 19 or 30.

See transportation information and requirement						
Code	Program	1	Fee			
Programs fo	or Everyone					
2-001-01-1	Swim, Hilton, Mon., 4:30 p.m.		178			
2-001-01-2	Swim, Hilton, Mon., 5 p.m.		178			
2-001-01-3	Swim, The CORE, Mon., 5 p.m.		178			
2-001-01-4	Swim, The CORE, Mon., 5:30 p.m.		178			
2-001-01-5	Swim, Hyatt, Tue., 4:30 p.m.		178			
2-001-01-6	Swim, Hyatt, Tue., 5 p.m.		178			
2-001-01-7	Swim, Hyatt, Tue., 5:30 p.m.		178			
2-001-01-8	Swim, Hyatt, Tue., 6 p.m.		178			
2-001-01-12	Swim, Hyatt, Thu., 4:30 p.m.		178			
2-001-01-13	Swim, Hyatt, Thu., 5 p.m.		178			
2-001-01-14	Swim, Hyatt, Thu., 5:30 p.m.		178			
2-001-01-15	Swim, Hyatt, Thu., 6 p.m.		178			
2-074-01-1	Karate		150			
2-008-01-1	Ice Skating, 8/26-10/14		120			
2-008-01-2	Ice Skating, 10/28-12/16		85			
2-070-01-1	Horseback Riding, Hanson, 5 p.m.		150			
2-070-01-2	Horseback Riding, Hanson, 5:30 p.m.		150			
2-070-01-3	Horseback Riding, Hanson, 6 p.m.		150			
2-070-01-4	Horseback Riding, Holistic, 9/11-10/16		400			
	Time Selection:					
2-070-01-5	Horseback Riding, Holistic, 9/12-10/17		400			
	Time Selection:					
2-070-01-6	Horseback Riding, Holistic, 9/13-10/18		400			
	Time Selection:					
2-070-01-7	Horseback Riding, Holistic, 11/6-27		350			
	Time Selection:					
2-070-01-8	Horseback Riding, Holistic, 11/7-28		350			
	Time Selection:					
2-070-01-9	Horseback Riding, Holistic, 11/8-29		350			
	Time Selection:					
2-070-01-10	Horseback Riding, Holistic, 11/9-12/7		350			
	Time Selection:					
2-006-01-1	Music, Tue., Piano/Drums (5+)		240			
	Time Selection:					
2-006-01-3	Music, Wed., Piano (5+)		240			
	Time Selection:					
2-006-01-2	Music, Thu., Keyboard/Voice (5+)		216			
	Time Selection:					
L						

Code	Program	1	Fee
Programs fo	r Everyone (Continued)		
2-099-01-8	Sensory Sunday, 5-Visit Pass		25
2-099-01-9	Sensory Sunday, 12-Visit Pass		50
Programs fo	r Children & Young Teens		
2-088-01-1	Disney Stay-cation Club (11-15)		32
2-055-01-1	Music Therapy (4-10)		100
2-099-01-1	Sensory Explorers (3-15)		70
	Time Selection:		
2-058-01-1	Right Fit, 4 p.m. (10-15)		192
2-058-01-2	Right Fit, 5 p.m. (10-15)		192
2-051-01-1	Art with Animals (5-10)		48
2-059-01-1	Book Worms (4-10)		42
2-093-01-1	Happy, Healthy Me (11-15)		60
2-078-01-1	Adventures in Science (11-15)		60
2-053-01-1	Beginner Gymnastics (4-10)		150
2-092-01-1	Gymnastics 101 (11-15)		150
2-085-01-1	Teen Excursion, 9/23 (11-15) - DE LE SE		35
2-085-01-2	Teen Excursion, 9/30 (11-15) - DE LE SE		35
2-085-01-3	Teen Excursion, 10/7 (11-15) - DE LE SE		35
2-085-01-4	Teen Excursion, 10/14 (11-15) - DE LE SE		35
2-085-01-5	Teen Excursion, 10/21 (11-15) - DE LE SE		35
2-085-01-6	Teen Excursion, 10/28 (11-15) - DE LE SE		35
2-085-01-7	Teen Excursion, 11/4 (11-15) - DE LE SE		35
2-085-01-8	Teen Excursion, 11/11 (11-15) - DE LE SE		35
2-085-01-9	Teen Excursion, 11/18 (11-15) - DE LE SE		35
2-085-01-10	Teen Excursion, 12/2 (11-15) - DE LE SE		35
2-085-01-11	Teen Excursion, 12/9 (11-15) - DE LE SE		35
2-067-01-1	Kids Club (5-10) - DE LE		170
2-086-01-1	Swimming Sampler, 9/30 (11-15) - DE LE SE		50
2-086-01-2	Swimming Sampler, 10/21 (11-15) - DE LE SE		50
2-086-01-3	Swimming Sampler, 11/11 (11-15) - DE LE SE		50
2-086-01-4	Swimming Sampler, 12/2 (11-15) - DE LE SE		50
Special Ever	nts for Children & Young Teens		
2-201-01-1	Teen Overnight (11-15) - DE LE		45
2-204-01-1	Day Camp Reunion (13-15) - DE LE SE		70
2-204-01-2	Day Camp Reunion (5-12) - DE LE SE		70
2-210-01-1	Oktoberfest for Kids (6-15) - DE LE SE		TBD

Code	Program	1	Fee
Special Eve	ents for Children & Young Teens (Continued)		
2-212-01-1	Day Off School (5-15)		60
2-214-01-1	Fall Fest (11-15) - DE LE SE		30
2-207-01-1	Open Gym (4-10) - DE		20
2-219-01-1	Special Kids Halloween Dance (11-15) - DE LE SE		25
2-223-01-1	Halloween Party (5-10) - LE SE		30
2-222-01-1	Bowlero (11-15) - DE LE SE		55
2-226-01-1	Swim & Sensory (5-15) - DE LE LI		35
2-230-01-1	Turkey Bowl (5-10) - DE LE SE		50
2-235-01-1	Friendsgiving (11-15) - LE SE		30
2-237-01-1	Thanksgiving Break Camp, 11/21 (5-15)		60
2-237-01-2	Thanksgiving Break Camp, 11/22 (5-15)		60
2-239-01-1	Celebrate the Season (5-10) - DE LE SE		40
2-241-01-1	Candy Making (11-15) - DE LE SE		30
2-245-01-1	Holiday Lights Tour (11-15) - DE SE		30
2-246-01-1	Holiday Party (5-10) - DE LE		45
2-252-01-1	Winter Break Camp, 12/26 (5-15) - LE SE		65
2-252-01-2	Winter Break Camp, 12/27 (5-15) - LE SE		65
2-252-01-3	Winter Break Camp, 12/28 (5-15) - LE SE		65
2-252-01-4	Winter Break Camp, 12/29 (5-15) - LE SE		65
2-252-01-5	Winter Break Camp, 1/2 (5-15) - LE SE		65
2-252-01-6	Winter Break Camp, 1/3 (5-15) - LE SE		65
2-252-01-7	Winter Break Camp, 1/4 (5-15) - LE SE		65
2-252-01-8	Winter Break Camp, 1/5 (5-15) - LE SE		65
Special Oly	ympics		
2-109-01-1	Snowshoeing (8+)		110
2-110-01-1	Alpine Skiing, Cascade Mountain (8+)		300
2-110-01-2	Alpine Skiing, Four Lakes (8+)		85
2-110-01-3	Winter Sports Getaway (8+)		300
2-118-01-3	Swimming (8+)		150
Programs 1	for Individuals with Physical Disabilities		
2-050-09-1	Adapted Music Lessons		90
	Time Selection:		
2-050-06-1	Power Soccer		66
2-050-12-1	Wheelchair Table Tennis (8+)		55
Total	\$		

Payment Type:	Check O	Cash O	Money Order O	Credit Card O
Credit Card:	MasterCard O	Visa O	Discover O	
Cardholder Name				
Account Number _			Exp. Date _	
Authorized Signatu	ure			

Office Use Only					
Date Rec'd	Cash Amt				
Rec'd By	Check Amt				
AIF Given	AIF Rec'd				

registration form (ages 3-15)

Registration Deadline: Monday, August 14 - 4:30 p.m.

Participant's Name	Age	Birth Date	Gender
Address	City		Zip
Are you a new participant? Yes O No O Is	this a new address? Yes O No O	Is this a new phone nur	mber? Yes O No O
Home Phone	Work Phone: Mom	Da	d
Parents' Names	Cell Phone: Mom	Da	d
Email Address			
School			
Disabilities or Diagnoses			
Are there any changes in allergic conditions?			
Other health issues? Yes O No O Please list			
Do you have an updated emergency contact?	Yes O No O Name		
Address		Phone Number	
Indicate friends and/or carpool accommodation	ons		

WAIVER AND RELEASE

IMPORTANT INFORMATION

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent's Signature ______ Date _____

PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian.

PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.

Submit registration form with payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

The registration deadline is 4:30 p.m. on August 14. Registration confirmations will be sent two weeks before programs begin.

registration form (ages 16+)

Participar	nt's Name				Age		Bir	th Date		Gender		
Listed are	all programs in the order that t				prochure. Please check only those priate: AP = 737 Apts. DA = Darie	e pro	ogran	ns for whic	h you are registering	g. Any age restrictions a		
	portation information and requ					Ç11	DL -		LL - Lemont Li - Li	SIC SL-SLASFAIN		
Code	Program	1	Fee	Code	Program	1	Fee	Code	Program		1	Fee
Programs fo	or Everyone			Special Oly	ympics, Continued			Special Ev	ents for Teens & Adults (Ages 16+)		
2-001-01-1	Swim, Hilton, Mon., 4:30 p.m.		178	2-101-01-5	Basketball (Practice), 9/23-10/28		60	2-202-01-1	Northwestern Football - I	DE LE SE		42
2-001-01-2	Swim, Hilton, Mon., 5 p.m.		178	2-101-01-6	Basketball (Practice), 11/4-12/16		60	2-202-01-2	Northwestern Football: Ac	cessible - DE LE SE		42
2-001-01-3	Swim, The CORE, Mon., 5 p.m.		178	2-101-01-1	Basketball		220	2-203-01-1	Chicago Botanic Garden	- DE LE SE		75
2-001-01-4	Swim, The CORE, Mon., 5:30 p.m.		178	2-118-01-3	Swimming		150	2-204-01-1	Day Camp Reunion (16-22	2) - DE LE SE		70
2-001-01-5	Swim, Hyatt, Tue., 4:30 p.m.		178	2-114-01-2	Artistic Gymnastics		240	2-205-01-1	Goebbert's Pumpkin Patch	n - DE LE SE		70
2-001-01-6	Swim, Hyatt, Tue., 5 p.m.		178	Programs	for Individuals with Physical Disabilities			2-206-01-1	Ladies Day Out - DE LE	SE		65
2-001-01-7	Swim, Hyatt, Tue., 5:30 p.m.		178	2-050-09-1	Adapted Music Lessons		90	2-207-01-1	Fall Escape			490
2-001-01-8	Swim, Hyatt, Tue., 6 p.m.		178		Time Selection:			2-208-01-1	Harvest Festival - DE L	E SE		40
2-001-01-12	Swim, Hyatt, Thu., 4:30 p.m.		178	2-050-06-1	Power Soccer		66	2-209-01-1	Oktoberfest - DE LE S	E		45
2-001-01-13	Swim, Hyatt, Thu., 5 p.m.		178	2-050-12-1	Wheelchair Table Tennis		55	2-211-01-1	Scarecrow Festival - DE	LE SE	T	55
2-001-01-14	Swim, Hyatt, Thu., 5:30 p.m.		178	Programs	for Teens & Adults (Ages 16+)			2-214-01-1	Columbus Day (16-22) -	DE LE SE	1	65
2-001-01-15	Swim, Hyatt, Thu., 6 p.m.		178	2-007-01-3	Afternoon Adventures - DA LI SE		285	2-215-01-1	Richardson Adventure Fai	m - DE LE SE	T	70
2-074-01-1	Karate		150	2-012-01-2	Teen Scene (16-22), Lyons Township		285	2-216-01-1	Fall Fest at Lincoln Park Z	oo - DE LE SE	1	65
2-008-01-1	Ice Skating, 8/26-10/14		120	2-012-01-1	Teen Scene (16-22), Downers Grove		311	2-218-01-1	Guys Day Out - DE LE	SE	T	55
2-008-01-2	Ice Skating, 10/28-12/16		85	2-003-01-4	Fit N' Fuel		80	2-220-01-1	Million Dollar Quartet - D	E LE SE	\top	70
2-070-01-1	Horseback Riding, Hanson, 5 p.m.		150	2-046-01-1	Wrestle Mania - DE		75	2-220-01-2	Million Dollar Quartet: Acc	essible - DE LE SE	\top	70
2-070-01-2	Horseback Riding, Hanson, 5:30 p.m.		150	2-007-01-1	Day Away Tour (21+)		300	2-221-01-1	Boo Bash*		\top	20
2-070-01-3	Horseback Riding, Hanson, 6 p.m.		150	2-002-01-3	Aqua Fitness & Healthy Snack		75	2-224-01-1	Hofbräuhaus Chicago - D	DE LE SE	1	55
2-070-01-4	Horseback Riding, Holistic, 9/11-10/16		400	2-076-01-1	Role Play		54	2-225-01-1	Level 257 - DE LE SE		1	70
	Time Selection:			2-014-01-1	Music Mania	1	120	2-227-01-1	The Field Museum - DE	LE SE	T	70
2-070-01-5	Horseback Riding, Holistic, 9/12-10/17		400	2-034-01-1	BINGO!		42	-	The Bavarian Lodge - DE		+	50
	Time Selection:			2-039-01-1	Animal Assisted Therapy, 9/19-10/24	+	57	-	Fall Pool Party - DE SE		+	30
2-070-01-6	Horseback Riding, Holistic, 9/13-10/18		400	-	Animal Assisted Therapy, 11/7-12/12		57		Chicago History Museum		+	45
	Time Selection:			2-023-01-1	Alley Cats, Lisle	+	180		Fall Harvest Dance - DE		+	25
2-070-01-7	Horseback Riding, Holistic, 11/6-27		350	2-022-01-1	Diner's Delight, Lisle	+	190	2-234-01-1	Turkey Shoot - DE LE		+	20
	Time Selection:				Alley Cats, Suburbanite	+	180	2-233-01-1	Newsies - DE LE SE		+-	100
2-070-01-8	Horseback Riding, Holistic, 11/7-28		350		Diner's Delight, SEASPAR	+	190	-	Newsies: Accessible - DI	E LE SE	+	100
	Time Selection:				Diner's Delight, Denning	+	190	-		& Shopping - DE LE SE	+-	65
2-070-01-9	Horseback Riding, Holistic, 11/8-29		350	2-023-01-3	Strikers	1	165		St. Francis Bowling - DE		+	15
2 0.0 0.0	Time Selection:		000		Actors Guild		130		Elf - DE LE SE		+	75
2-070-01-10	Horseback Riding, Holistic, 11/9-12/7		350	2-032-01-1	Holiday Treats	1	60	2-240-01-2		SF	+	75
	Time Selection:			2-013-01-1	Weight Training	1	84	2-242-01-1			+	40
2-006-01-1	Music, Tue., Piano/Drums		240	2-014-01-2			100		Holiday Dinner Dance*		+	50
	Time Selection:				Crafters Club	1	77		Christkindlmarket - DE	F SF	+	35
2-006-01-3	Music, Wed., Piano		240	2-033-01-1		1	140	-	Holiday Magic at the Zoo		+	50
2 000 01 0	Time Selection:		240	-	At the Movies, Woodridge	+	78		Holiday Shopping - DE		+	30
2-006-01-2	Music, Thu., Keyboard/Voice		216		At the Movies, Hodgkins	+	78		SRA Holiday Movie - DE		+	25
2 000 01 2	Time Selection:		210	-	Social Club		200		Illumination Tree Lights -		+	65
2-099-01-8	Sensory Sunday, 5-Visit Pass		25	2-025-01-1	Young Adult Club (16-22) - DE LE SE	+	250		Winter Expedition, 12/18 (₩	65
2-099-01-9	Sensory Sunday, 12-Visit Pass		50	2-095-01-1		+	250	2-252-01-1			+	65
Special Oly		<u> </u>	50	2-026-01-1	Saturday Night Socialites (21+) - AP SE Fall Festers	_	58		Winter Expedition, 12/20 (New Year's Bash	16-22) - DE LE	₩	
-		1	145		Bears Bonanza, 9/17 - DE	+	+-	2-253-01-1	New Teal S Dasii		Щ	26
2-122-01-1 2-109-01-1	Powerlifting		145 110			-	28	Total	\$			
-	Snowshoeing		-		Bears Bonanza, 10/22 - DE	+	+-	*Event inch	idad in Casial Club ashadul	•		
2-110-01-1	Alpine Skiing, Cascade Mountain		300		Bears Bonanza, 11/12 - DE	-	28	Eventincit	ided in Social Club schedul	e.		
2-110-01-2	Alpine Skiing, Four Lakes		85	2-027-01-4	Bears Bonanza, 12/3 - DE	<u> </u>	28					
2-110-01-3	Winter Sports Getaway	1	300									
•	Type: Check O		Cash 		oney Order O Credit Card	d (٦ (Office U	Ise Only		
Credit Ca			√isa		scover O		Ī	Date Rec	.'d	Cash Amt		
	er Name						-	Rec'd By		Check Amt		
account l	Number				Exp. Date			,				

AIF Rec'd

Authorized Signature

AIF Given

registration form (ages 16+)

Registration Deadline: Monday, August 14 - 4:30 p.m.

Participant's Name	Age	Birth Date	Gender
Address	City		Zip
Are you a new participant? Yes O No O	Is this a new address? Yes O No O	Is this a new phone number?	Yes O No O
Home Phone	Work Phone: Mom	Dad	
Parents' Names	Cell Phone: Mom	Dad	
Email Address			
School			
Disabilities or Diagnoses			
Are there any changes in allergic conditions?			tion? Yes O No O
Other health issues? Yes O No O Please lis	t		
Do you have an updated emergency contact	? Yes O No O Name		
Address		Phone Number	
Indicate friends and/or carpool accommoda	tions		
•			

WAIVER AND RELEASE

IMPORTANT INFORMATION

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online or facsimile signature shall substitute for and have the same legal effect as an original form signature.

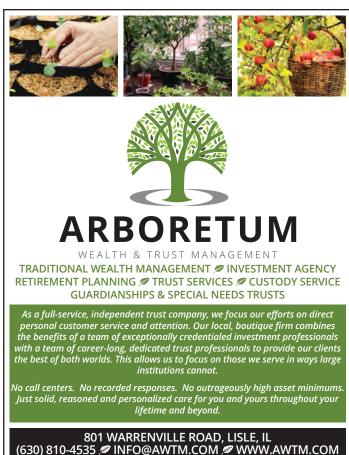
Parent's Signature	Date
Participant's Signature (18 or older or Parent/Guardian)	Date

PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian. PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.

Submit registration form with payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

The registration deadline is 4:30 p.m. on August 14. Registration confirmations will be sent two weeks before programs begin.





A Division of GreatBanc Trust Company

LOOKING FOR FALL FAMILY FUN?

Check out our member entities' autumn festivals!



Clarendon Hills Park District Family Fall Fest Saturday, September 16 3:30-6:30 p.m. Prospect Park ClarendonHillsParkDistrict.org



Downers Grove Park District Harvest Fest and DG 5 & 8 Miler Race Saturday, September 30 10 a.m.-7 p.m. Fishel Park DGParks.org



Westmont Park District Last Straw Fall Event Sunday, October I 12-4 pm. Gregg House Museum Westmont Parks.org



Lemont Park District Fall Fest Saturday, October 14 3-6 pm. Centennial Park Lemont Park District.org



4500 Belmont Road Downers Grove, IL 60515

Change Service Requested

POSTMASTER:

Dated Material - Do Not Hold

If you no longer wish to receive this brochure, call 630.960.7600.

Presorted Standard
U.S. Postage Paid
Downers Grove, IL
60515
Permit 103

Holiday Shopping Night

Shop Downtown Downers Grove Thursday, December 7 · 3–9 p.m.

20% of the night's proceeds will benefit SEASPAR!



