



**HOME FRONT  
HEALTH**

# VETERAN WELLNESS PROGRAM

Presented by: **SEASPAR** & *Special* parks & recreation



## Membership Includes:

**FREE!**

### Fitness Benefits:

- An annual pass to the Downers Grove Park District's 4500 Fitness.
- A second annual pass for a companion (when accompanying member).
- Eight personal training sessions with a Certified Inclusive Trainer.
- Four additional personal training sessions for referrals to the program.

### Social Benefit:

- \$100 gift card for the Downers Grove Park District, which can be used for hundreds of different classes, activities, and events.

## Membership Requirements:

- Veteran of any branch of the United States Armed Forces, honorably discharged.
- Disability rating of 10% or higher.
- Resident of the Downers Grove Park District.

Registration and Questions: Contact Greg Pavesich at 630.960.7600.

**SEASPAR.org**     

