

DROP IN CENTER

The Drop In Center provides individuals who have mental health needs an opportunity to spend leisure time in a friendly, relaxed atmosphere.

Family members are welcome to attend. The activities are designed to enhance relationships between peers and family members.

Program Information

The Drop In Center is located at the Westmont Community Center, 75 East Richmond Avenue, in Westmont.

The program is free for all who attend.

Staff and volunteers are available to give you a warm welcome, introduce you, and show you around. Individuals may choose to stop by for a few minutes or stay the entire time.

The program begins at 2 p.m. and ends at 4 p.m. Although participation is encouraged, all activities are optional.

2019 Schedule

Date	Activity	Date	Activity
Jan. 13	Yorktown Mall	July 21	BBQ
Feb. 10	Members Cook	Aug. 18	Board Games
Mar. 17	Brookfield Zoo	Sep. 15	Movie Out
Apr. 14	Bowling at Suburbanite	Oct. 20	Ornament Making
May 19	Morton Arboretum	Nov. 17	Holly Days Tree Decoration
Jun. 16	Members' Choice	Dec. 15	Movie Out

For community trips, registration is necessary due to limited vehicle seating. Please register with the program supervisor on the program date preceding the activity.

If more people register than there are seats available, a waiting list is created. Please arrive 15 minutes before departure, or your spot will be assigned to the next person on the waiting list.

Participants are required to pay admission and any other expenses during the trip.

On community trip days, the Drop In Center may be closed and signs will be posted.

Please call SEASPAR at 630.960.7600 with any questions.

Presented by



SEASPAR provides recreational programs and services for people with disabilities in Brookfield, Clarendon Hills, Darien, Downers Grove, Indian Head Park, La Grange, La Grange Park, Lemont, Lisle, Western Springs, Westmont, and Woodridge.

For more information, call 630.960.7600 or visit SEASPAR.org.

Program Coordinator:
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The DuPage County Health Department promotes physical and emotional health; prevents illness, injury, and disability; protects health from environmental risk factors; and strives to assure the provision of accessible, quality service to residents of DuPage County.

For more information, call 630.682.7400 or visit DuPageHealth.org.

Support the Center!

As the Drop In Center is free for participants, donations are welcome and are accepted at the Drop In Center or SEASPAR, 4500 Belmont Road, Downers Grove.

Volunteers lead activities and socialize with all who attend. If you are interested in becoming a volunteer, please contact SEASPAR at 630.960.7600.