



**Providing Year-Round Recreation Services
for Individuals with Disabilities
Fall 2019**

S E R V I N G T H E C O M M U N I T I E S O F

Village of Brookfield • Clarendon Hills Park District • Darien Park District
Downers Grove Park District • Village of Indian Head Park • Park District of La Grange
Community Park District of La Grange Park • Lemont Park District • Lisle Park District
Village of Western Springs • Westmont Park District • Woodridge Park District

Discover Us!

SEASPAR.org





discover abilities
achieve potential
realize dreams

4500 Belmont Road • Downers Grove, IL 60515
630.960.7600 • 630.960.7605 TDD
630.960.7601 Fax

SEASPAR.org

Mission

SEASPAR provides dynamic recreation programs and quality services for its residents with disabilities.

Core Values

Fun • Excellence • Service
Respect • Accountability

From the Executive Director

Fall Greetings!

I'm writing this literally days after our Believe & Achieve Banquet where we honor many people; most importantly, the people we serve. It is truly the highlight of the year for me, along with other events like the Summer Kick-Off Party and any sports tournament we host. The best part about these events is that it is all about the participants and what they can do.

This fall, we continue offering programs that focus on the abilities of our participants, from new programs like Horseback Riding at the Legacy Ranch and an additional Weight Training program at the new Park District of La Grange fitness center to old staples like Day Away Tour and Alley Cats. We are also in the preliminary stages of creating a new Wonders Multi-Sensory Room at the Grand Avenue Community Center in Western Springs. Please check out all of the programs we are offering and maybe pick out a new one to try this fall!

I want to congratulate our Administrative Services Manager, Carol Kocek, who is retiring on October 4. She has served the agency for over 40 years so has witnessed all of the changes and growth of SEASPAR for a long time. Our own Morgan Mason will be replacing her as we look forward to continued changes and growth.

Finally, please mark your calendars for our annual Holiday Spectacular on Monday, December 2 at the Theatre of Western Springs. This annual event showcases all of the amazing musical and theatrical abilities of SEASPAR's participants. See the back cover for more details and note the other wonderful events we are offering.

Enjoy all that fall has to offer by taking in the autumn colors and all of nature's bountiful harvest!

Matthew Corso

Association Members and Representatives

Lisle Park District • Dan Garvy, President
1925 Ohio Street, Lisle 60532

Woodridge Park District • Mike Adams, Vice President
2600 Center Drive, Woodridge 60517

Park District of La Grange • Dean Bissias, Secretary
536 East Avenue, La Grange 60525

Darien Park District • Stephanie Gurgone, Treasurer
7301 Fairview Avenue, Darien 60561

Village of Brookfield • Stevie Ferrari
8820 Brookfield Avenue, Brookfield 60513

Clarendon Hills Park District • Kelly Smith
315 Chicago Avenue, Clarendon Hills 60514

Downers Grove Park District • Bill McAdam
2455 Warrenville Road, Downers Grove 60515

Village of Indian Head Park • Rita Farrell Mayer
201 Acacia Drive, Indian Head Park 60525

Community Park District of La Grange Park
Dean Carrara • 1501 Barnsdale Road, La Grange Park 60526

Lemont Park District • Louise Egofske
16028 127th Street, Lemont 60439

Village of Western Springs • Raymond Jasica
1500 Walker Street, Western Springs 60558

Westmont Park District • Bob Fleck
55 East Richmond, Westmont 60559

Board Meetings: The SEASPAR Board meets the third Tuesday of every month at SEASPAR at 3 p.m. For information, call 630.960.7600. The public is welcome.

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Community Partner of the Year: Benet Academy

At SEASPAR's Believe & Achieve Recognition Banquet on May 15, participants, families, staff, volunteers, and partners came together to celebrate a year of achievement.

One of the many recognitions made at the event was that of our Community Partner of the Year, Benet Academy of Lisle. Benet Academy is a Benedictine college preparatory high school whose mission is to provide a disciplined educational environment that fosters the ongoing religious, intellectual, and social development of its students.

Benet Academy has provided a variety of resources to SEASPAR over many, many years, including hosting two of SEASPAR's most popular adult events - the Boo Bash for Halloween and the Fun Fair in the winter. Not only does the school donate for expenses like a DJ and giveaways, but the students themselves provide a fun, welcoming, and inclusive environment for SEASPAR participants to enjoy!

Find more recognitions from the Believe & Achieve Banquet on pages 6, 7, and 38!



staff information

Office Hours

Monday–Friday, 8:30 a.m.–4:30 p.m.
Recorded Message After Hours

Office Closures

September 2 • November 28 & 29
December 24, 25, & 31 • January 1, 2020

Matthew R. Corso, CTRS, CPRP – Executive Director

Molly Downing, CTRS – Recreation Coordinator

Sioban Goddard – Recreation Coordinator

Nicole Guzior – Administrative Assistant

Aaron Hirthe, CPRP – Inclusion Manager

Kimberly A. Huggins, CPRP – Recreation Coordinator

Carol Kocek – Administrative Services Manager

Dawn Krawiec, CPRP – Superintendent of Recreation

Karen Lesniak – Superintendent of Administrative Services

Morgan Mason, CPRP – Marketing Coordinator

Catherine A. Morava, CPRP – Day Program Manager

Greg Pavesich, CPRP – Recreation Coordinator

Lisa Rasin – Fund Development Coordinator

Shannon Tovey, CTRS – Support Staff Manager

What Are CPRP and CTRS?

CPRP stands for Certified Park and Recreation Professional and CTRS stands for Certified Therapeutic Recreation Specialist. This status is given to leisure service professionals who can demonstrate through education, experience, and current practice that they meet and exhibit certain predetermined qualifications established by the National Recreation and Park Association Certification Board and the National Council for Therapeutic Recreation Certification. These professionals have earned a bachelor's degree or higher from an accredited program, have passed a certified examination, and maintain sanctioned educational units.

Meet Molly Downing!

Join us in welcoming SEASPAR's new Recreation Coordinator, Molly Downing! Molly graduated from the University of Iowa, where she majored in Therapeutic Recreation and earned a certificate in Disability Studies. She started her career right here at SEASPAR, working as a part-time program assistant, inclusion aide, and EAGLES assistant. After her time at SEASPAR, Molly took a position at New Star Recreation Services, working as their Recreation Supervisor and Office Manager. While there, she also worked as a Recreational Therapist for children in northwest Indiana. Now back at SEASPAR, Molly is excited to be in her new role overseeing youth programming, day camps, and the Wonders Multi-Sensory Room. She looks forward to once again working with the many families and participants she has gotten to know over the years!



Join the SEASPAR Team!

Don't just *work a job* –
make a difference with SEASPAR!

Part-time positions are available in the following program areas:

Weekly Programs/Special Events • Inclusion Services

We offer flexible hours with a variety of fun programs and events to choose from. No experience is necessary for some positions. Applicants must be 16 or older.

Call us at 630.960.7600 or visit SEASPAR.org to apply online!

program locations

Alpine Banquets: 230 Cass Ave., Darien

AMC Quarry Cinema: 9201 63rd St., Hodgkins

Benet Academy: 2220 Maple Ave., Lisle

Centennial Community Center: 16028 127th St., Lemont

Cinemark – Seven Bridges: 6500 S. Rte. 53, Woodridge

Clarendon Hills Community Center: 315 Chicago Ave., Clarendon Hills

Community Park District of La Grange Park: 1501 Barnsdale Rd., La Grange Park

The CORE Fitness & Aquatic Complex: 16050 127th St., Lemont

Darien Community Center: 7301 Fairview Ave., Darien

Darien Sportsplex: 451 Plainfield Rd., Darien

Ebersold Park: 6000 S. Main St., Downers Grove

Hanson Center: 15W431 59th St., Burr Ridge

The Hyatt Lodge at McDonald's Campus: 2815 Jorie Blvd., Oak Brook

IGI Gymnastics: 145 Plaza Dr., Westmont

Indian Boundary YMCA: 711 59th St., Downers Grove

The Legacy Ranch: 2705 S. Farrell Rd., Lockport

Lemont Safety Village: 55 Stephen St., Lemont

Lincoln Center: 935 Maple Ave., Downers Grove

Lisle Community Center: 1825 Short St., Lisle

Lisle Lanes: 4920 Lincoln Ave., Lisle

Lisle Recreation Center: 1925 Ohio St., Door 8, Lisle

Lyons Township South Campus Performing Arts Center: 4900 S. Willow Springs Rd., Western Springs

Papa Passero's: 6326 S. Cass Ave., Westmont

Park District of La Grange: 536 East Ave., La Grange

SEASPAR: 4500 Belmont Rd., Downers Grove

Seven Bridges Ice Arena: 6690 S. Rte. 53, Woodridge

Suburbanite Bowl: 201 Ogden Ave., Westmont

True Balance Karate: 406 Ogden Ave., Downers Grove

Westmont Community Center: 75 E. Richmond St., Westmont

Willowbrook Burr Ridge Sports Performance and Fitness Center: 7850 S. Quincy St., Willowbrook

Wonders Multi-Sensory Room: Lisle Recreation Center, 1925 Ohio St., Door 8, Lisle

Transportation

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions. These locations may include:

Darien: Darien Sportsplex, 451 Plainfield Road, Darien

Denning: Denning Park, 4901 Gilbert Avenue, La Grange

Lemont: Centennial Community Center, 16028 127th Street, Lemont

Lisle: Lisle Recreation Center, 1925 Ohio Street, Lisle

SEASPAR: SEASPAR Office, Downers Grove Recreation Center, 4500 Belmont Road, Downers Grove

When completing your registration form for programs/events that include transportation, please indicate the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles:

- SEASPAR reserves the right to refuse to transport individuals.
- All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle.
- All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.
- Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
- SEASPAR staff are responsible for determining whether a participant can be transported safely.

staff appreciation

SEASPAR thanks all of the dedicated and caring support staff and volunteers for their time and hard work during the summer program season. Their efforts make it possible for SEASPAR to offer quality programs!

Staff Awards

At the Believe & Achieve Recognition Banquet on May 15, the following awards were presented to exceptional staff for their outstanding dedication to programs and participants.

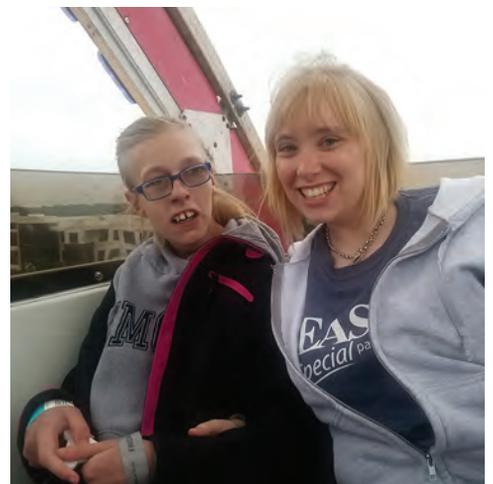
Super Star Award – Mindy Jack

Mindy Jack began her journey with SEASPAR in September of 2006 and has touched the lives of hundreds of participants since then. Mindy has consistently supervised seasonal programs throughout the year, as well as countless special events. Her experiences include supervision of Social Clubs, Norman B. Barr Camp, Camp Carefree, the Drop In Center, and being part of the staff team for Actor's Guild. The list of year-round weekend special events she has staffed is endless. Mindy's smile and bubbly personality radiate to everyone around her. She is enthusiastic, a positive role model to others, and a huge advocate for people with disabilities. In addition to the time she spends at SEASPAR, Mindy works with children with special needs during the day, and also works programs at a neighboring special recreation association. It's a wonder how she has any time for herself! Mindy has a heart of gold, and we are lucky to have her sharing it with SEASPAR and our participants!



Leading Light Award – Courtney Schmitt

Courtney Schmitt joined the SEASPAR team in August of 2015, and in a short time she has proven to be an incredible asset to our participants. From Kids Club and Young Adult Club to weekly programs and special events, Courtney has done an outstanding job. She is consistently patient, detail-oriented, and displays strong communication skills with staff. Courtney has really found her niche working in our youth programs, as she truly understands how to involve everyone in the program and keep the entire group engaged. Courtney has been described by her peers as someone who is always willing to help out at the last minute, keeps a positive attitude even in a tricky situation, and leads with kindness. She is a delight to work with and brings a great attitude to every situation. Her strong work ethic and kind-spirited personality shine bright when working with our participants and their families, and we are thankful to have her on our team!



Naberhaus Volunteer of the Year Award

Also at the Believe & Achieve Recognition Banquet, Executive Director Matt Corso announced that SEASPAR's Virtuous Volunteer Award would be renamed to the Naberhaus Volunteer of the Year Award. This change was made to recognize the incredible work that has been done for SEASPAR by volunteers from the Naberhaus family, including the late Hallie and Bob as well as their son Gary, who has volunteered with SEASPAR since 1994. The impact that the Naberhaus family has made on SEASPAR and our participants is immeasurable, and renaming this award was one way for us to express our appreciation.

Jim and Roxane Pappa

The newly named Naberhaus Volunteer of the Year Award was presented to Jim and Roxane Pappa, who have volunteered with SEASPAR since 2017, mainly working at dances and bowling programs. Roxane is our main contact with Spectrum Vocational Services in Downers Grove, where we offer weekly cooperative programs to her clients, and she has brought her years of experience with disabilities to benefit our participants in her role as a SEASPAR volunteer. In turn, her husband, Jim, has brought his knowledge as a lifelong bowler - and his great dance moves! Both Roxane and Jim are dedicated and caring; they believe that our participants can achieve whatever they want, and are right there cheering them on. Everyone at SEASPAR is grateful for their selfless contributions to our programs and participants!



Part-Time Staff Milestones

Several of SEASPAR's part-time staff reached milestones in the length of their employment with SEASPAR in 2018, and they were honored with special gifts at the Believe & Achieve Banquet Recognition Banquet.



20 Years

Don Egan

15 Years

Ruby Saraf
Sharon Wierema

10 Years

Allyson Nyhoff
Kevin Wood
Joe Zarek

5 Years

Aaron Causey
Brigid Cultra
Tim Lieb
Jorie Lima
Kate Moran
Jenna Nickel

Congratulations to All!

donations, honors, and memorials

SEASPAR wishes to thank the following individuals, families, businesses, and community organizations for their generous donations made from March through May 2019.

Allstate
AmazonSmile
BankFinancial
City Barbeque
The DuPage Foundation
DuPage Medical Group Charitable Fund
Andrew Field
Colleen Fitzgerald
Flint Architects
Fred Fratto
Thomas & Margaret Hough
Ray & Jeanne Jasica
Kiwanis Club of Downers Grove
Knights of Columbus, Bishop James Fitzgerald Council #14649
Knights of Columbus, Robert P Connelly Council #5918
Lemont Lions Club
Lisle Lions Club
Lisle Park District
Network for Good
Barb Rabinak
RTI International
Joseph & Barbara Ryan
YourCause

Annual Appeal

Fred Fratto
Tom and Margaret Hough
Joe & Barbara Ryan

Level UP Basketball Tournament

2Twenty2 Tavern
7 Bridges Brewing Operations
Adorn 512 Inc
Clarendon Hills Park District
Evelyn Jane Boutique
Ike & Oak Brewing Co
Forzley Eye Clinic
Mark & Kathy Forzley
The Lemon Tree LLC
Mark Ligocki DDS
Sharon Osowski
Eric & Angelique Stacy
Roy & Pam Wiemerslage
Ryan & Jennifer Watts

In Memory of Patricia Gazzola

James & Pat Loy
Jim & Roxanne Pappa
Phil & Karen Palcowski

In Memory of Wanda Kuchta

Barbara Kenner Corwin
Grand Avenue Preschool
Patricia Kenner

In Memory of Suzanne Meissner

Steven Smith

In Memory of Hallie Naberhaus

The Grudem Family

In Honor of Anna Cavallo's Birthday

Nancy Bawolek
Bob Cavallo
James Cavallo
Alison Faye
Eileen Hayes
Ann Helt
Steve Tichenor

In Honor of Nicholas Edwards' Birthday

Anonymous

In Honor of Charlie Hopkins' Birthday

Anonymous

In Honor of Chloe Konicki's Birthday

Maryellen Lynch

THANK YOU

FOR EVERYTHING

Chip In for SEASPAR 9-Hole Golf Fundraiser

Thank you to the following individuals who competed in SEASPAR's Chip In for SEASPAR 9-Hole Golf Event fundraiser at the Downers Grove Golf Club on May 17, and to the event's generous sponsors who helped this event raise more than \$1,000 for our programs and services!

Golfers

Bob Ackermann	Ralph Jones
Tim Arnett	Jason Khuen
Carrie Dellamano	Dustin Kleefisch
Louise Egofske	Bob Kotula
Blake Ertmanis	Sharon Macak
Bob Fleck	Anthony Morelli
Steve Giesler	Craig Rasin
Marcia Hamilton	Larry Rizzo
Matt Henderson	Jordan Rossi
Rob Henderson	Adam Sikora
Scott Henderson	Bob Westberg
Stephen Henderson	Robert Westberg
Steve Henderson	John Wojdyla

Sponsors/Donors

Anderson's Bookshop
Baked Apple
Bob Carter Auto Body
Downers Grove Golf Club
Ralph Jones

Winners

Closest to the Pin:
Bob Kotula

Longest Drive:
Jordan Rossi

Winning Foursome:
Steve Giesler
Ralph Jones
Bob Kotula
Craig Rasin



Walk and Roll-A-Thon

Thank you to the following individuals who participated in SEASPAR's Walk and Roll-A-Thon fundraiser at Ebersold Park in Downers Grove on May 19, and to the event's generous sponsors and donors who helped this event raise more than \$1,100 for our programs and services!

Walkers

Jason and Carolyn Catalano
Mike Chmielewski
Randy and Gary Naberhaus
Tyler Reineke and Family

Sponsors

Community Bank of Downers Grove
Subway of Downers Grove

Donors

Stephen Deinzer
The Grzywa Family
Kathleen Rzepka
Mike Vihon and Family

programs for everyone

Swim Lessons

SEASPAR has again partnered with Coach Eve Learn to Swim and its certified instructors to provide quality swim lessons. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff. Please be aware that we share the pools with the public. **Note:** A waiver for The Hyatt Lodge is sent with the program confirmation and must be returned by September 2.

Code	Location	Day	Dates	Time	Fee
8-001-01-2	The CORE, Lemont	Monday	9/16-12/2 (12 Weeks)	4:30-5 p.m.	\$192
8-001-01-3	The CORE, Lemont	Monday	9/16-12/2 (12 Weeks)	5-5:30 p.m.	\$192
8-001-01-4	The CORE, Lemont	Monday	9/16-12/2 (12 Weeks)	5:30-6 p.m.	\$192
8-001-01-5	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	9/17-12/3 (12 Weeks)	4:30-5 p.m.	\$192
8-001-01-6	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	9/17-12/3 (12 Weeks)	5-5:30 p.m.	\$192
8-001-01-7	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	9/17-12/3 (12 Weeks)	5:30-6 p.m.	\$192
8-001-01-8	The Hyatt Lodge at McDonald's, Oak Brook	Tuesday	9/17-12/3 (12 Weeks)	6-6:30 p.m.	\$192
8-001-01-12	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	9/19-12/12 (12 Weeks, No program 11/28)	4:30-5 p.m.	\$192
8-001-01-13	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	9/19-12/12 (12 Weeks, No program 11/28)	5-5:30 p.m.	\$192
8-001-01-14	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	9/19-12/12 (12 Weeks, No program 11/28)	5:30-6 p.m.	\$192
8-001-01-15	The Hyatt Lodge at McDonald's, Oak Brook	Thursday	9/19-12/12 (12 Weeks, No program 11/28)	6-6:30 p.m.	\$192
8-001-01-16	The CORE, Lemont	Sunday	9/22-12/15 (12 Weeks, No program 12/1)	5:15-5:45 p.m.	\$192
8-001-01-17	The CORE, Lemont	Sunday	9/22-12/15 (12 Weeks, No program 12/1)	5:45-6:15 p.m.	\$192
8-001-01-18	The CORE, Lemont	Sunday	9/22-12/15 (12 Weeks, No program 12/1)	6:15-6:45 p.m.	\$192



Karate

The skills learned and the training methods used in non-contact karate help release tension and increase focus. Participants learn self-control, balance, and the ability to process and follow a series of directions. This is a continuous program, giving participants the ability to advance through the belt system and the opportunity to earn a black belt. All abilities are welcome, as instruction is tailored to each individual's progress. **Note:** A waiver is sent with the program confirmation and must be returned by September 6.

Code	8-074-01-1
Location	True Balance Karate, Downers Grove
Dates	Mondays, September 16-December 2 (12 Weeks)
Time	5:55-6:25 p.m.
Fee	\$110

programs for everyone

Horseback Riding Lessons

Whether you are new to the saddle or have been horseback riding before, this program is for you. Riders improve their balance, core stability, and strength while they enjoy the movement of their horse. Riders of all levels embrace the ageless goal of lightness and harmony with one's equine partner. Participants must be ambulatory and able to sit on a horse without a riding partner. **Note:** Waivers are sent with the program confirmation and must be returned by September 6.

The Legacy Ranch

The Legacy Ranch is a brand new 18,000-square-foot ADA-certified therapeutic facility that specializes in equine-assisted therapy for clients of all ability levels. Their PATH-certified instructors have over 25 years of experience in providing therapeutic riding for children and adults with special needs.

Ages 5 years and older
Location The Legacy Ranch, Lockport
Time 5:30-6 p.m.
Fee \$205

Code 8-070-01-7
Dates Tuesdays, September 3-24 (4 Weeks)

Code 8-070-01-8
Tuesdays, October 1-22 (4 Weeks)

Hanson Center

The Hanson Center is a premier Professional Association of Therapeutic Horsemanship International (PATH) certified facility. Its team of PATH certified instructors have been teaching therapeutic horsemanship lessons for more than 30 years.

Location Hanson Center, Burr Ridge
Dates Wednesdays, September 18 & 25, October 16 & 30
Fee \$120

Code 8-070-01-1
Time 5-5:30 p.m.

Code 8-070-01-2
Time 5:30-6 p.m.

Code 8-070-01-3
Time 6-6:30 p.m.

**Registration Deadline:
Monday, August 12 - 4:30 p.m.**

Music Lessons

Research demonstrates that studying music makes you smarter! Participants can choose between piano, drums, voice, or keyboard lessons, depending on the instructor (details below). Participants in drum lessons must bring their own drumstick. Bring a spiral notebook, pencil, and any music books you have used in the past. **Note:** Lessons are one half-hour each. **Participants should indicate their desired lesson time on the registration form.** Returning students retain their lesson time if they register by August 12.

Piano/Drums (Instructor Kevin Wood)

Code 8-006-01-1
Ages 5 years and older
Location Darien Sportsplex
Dates Tuesdays, September 17-November 26 (11 Weeks)
Time 6-9 p.m.
Fee \$202

Keyboard/Voice (Instructor Nancy Urban)

Code 8-006-01-2
Ages 5 years and older
Location Darien Sportsplex
Dates Thursdays, September 19-November 21 (10 Weeks)
Time 3:30-5 p.m.
6-9 p.m.
Fee \$183

Keyboard/Voice (Instructor Nancy Urban)

Code 8-006-01-4
Ages 5 years and older
Location Darien Sportsplex
Dates Saturdays, September 21-November 23 (9 Weeks)
No program October 12
Time 10:30 a.m.-12 p.m.
Fee \$165



programs for everyone

Ice Skating

Ice skating lessons provide individuals the opportunity to learn to skate or improve skating skills. Instructors and student teachers work cooperatively with SEASPAR staff to provide lessons which focus on skill development, coordination, muscle strengthening, increasing endurance, and fun! Lessons are designed to allow skaters to reach obtainable objectives while working toward one long-term goal. Skaters progress at their own rate according to their abilities. **Note:** A waiver is sent with the program confirmation and must be returned by September 6. (A free, optional practice time is available from 9:50-10:10 a.m.)

Code 8-008-01-1
Location Seven Bridges Ice Arena, Woodridge
Dates Saturdays, September 21-December 21 (10 Weeks)
No program October 19, November 2 & 30, December 7
Time 10:10-10:40 a.m.
Fee \$168

Sensory Sunday

You're invited to experience the Wonders Multi-Sensory Room on dates flexible for you. Sensory Sunday is designed with your schedule in mind so that you can come only on the days which are convenient for you. Please select either the 5- or 12-visit pass on the registration form and we will send you a punch card with your confirmation. The card is punched at each of your visits and never expires.

Sessions are one half-hour each. You will be contacted to choose your session time after purchasing a punch card.

Ages 3 years and older
Location Wonders Multi-Sensory Room, Lisle
Dates Sundays, September 22-November 24
Time 1-4 p.m.

Code 8-099-01-8
Fee \$25 (5-visit pass)

Code 8-099-01-9
Fee \$50 (12-visit pass)



Discover Us!



programs for everyone

Wonders

A MULTI-SENSORY ROOM

Located at the
Lisle Recreation
Center – Door 8,
1925 Ohio Street

A one-way observation
window is available in
the room adjacent to
Wonders.

Complimentary
Wi-Fi and coffee are
provided.

SEASPAR's Wonders Multi-Sensory Room contains interactive equipment that pleases your senses in a variety of soothing ways. Feel the vibration of music as it plays through the Learning Chair, follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor. Control colors and lights with the touch of your hand and feel the calming coolness of glittering glass with the sparkle and marble walls.



Benefits of the multi-sensory room include:

- Improved mood
- Fewer disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improved communication
- Enhanced interpersonal interactions

**Engage
Your Senses
at Wonders!**

Learn about programs and events held at Wonders on pages 12, 15, 18, and 24!

For information about Wonders or to schedule a tour, contact Molly Downing at 630.960.7664 or mdowning@seaspar.org.

The room primarily benefits individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia

program directory: children & young teens

Program/Event	Ages	Days/Date	Location	Page #
Weekly Programs				
Swim Lessons	All	Mondays/Tuesdays/Thursdays/Sundays	Lemont/Oak Brook	10
Karate	All	Mondays	Downers Grove	10
Learn to Ride a Bike	5-15	Tuesdays	Lemont	15
Horseback Riding Lessons	5+/All	Tuesdays/Wednesdays	Lockport/Burr Ridge	11
Music Lessons: Piano/Drums	5+	Tuesdays	Darien	11
Right Fit	10-15	Tuesdays	Willowbrook	15
Music Lessons: Keyboard/Voice	5+	Thursdays/Saturdays	Darien	11
Beginner Gymnastics	4-10	Thursdays	Westmont	15
Gymnastics 101	11-15	Thursdays	Westmont	15
Adapted Music Lessons	All	Thursdays	Lisle	34
Ice Skating	All	Saturdays	Woodridge	12
Kids Club	5-10	Saturdays	Lisle (T)	17
Power Soccer	All	Saturdays	Westmont	34
Sensory Sunday	All	Sundays	Lisle	12
Special Olympics				
Snowshoeing	8+	Mondays	Downers Grove	37
Swimming	8+	Saturdays	Downers Grove	36
Alpine Skiing	8+	Saturday, January 4	Galena	37
Winter Sports Getaway	8+	Wednesday, January 15–Thursday, January 16	Galena	37
Special Events				
Apple Picking	10-15	Saturday, September 21	Maple Park (T)	16
Picnic in the Park	10-15	Saturday, September 28	Darien (T)	16
Blackberry Farm	10-15	Saturday, October 5	Aurora (T)	16
Fall Fest	10-15	Saturday, October 12	Wheaton (T)	16
Day Off School	5-15	Monday, October 14	Darien (T)	17
Trunk Theatre	5-10	Saturday, October 19	Lemont (T)	17
We Rock the Spectrum	5-15	Saturday, October 26	Palatine (T)	17
Open Gym	10-15	Saturday, November 2	La Grange	17
Lunch & A Movie	10-15	Saturday, November 9	Naperville (T)	18
Swim & Sensory	5-15	Saturday, November 16	Lemont/Lisle (T)	18
Waterpark Wonderland	10-15	Saturday, November 23	Schaumburg (T)	18
Thanksgiving Break Camp	5-15	Wednesday, November 27	La Grange Park (T)	18
Holiday Zoo Lights	10-15	Saturday, December 7	Brookfield (T)	19
Winter Break Camp	5-15	Wednesday, December 23–Friday, January 3	Lisle (T)	19

(T) Transportation Available

programs for children & young teens

Learn to Ride a Bike

Get ready to lose those training wheels! Learning to ride a bike is an important life skill which increases self-esteem, inclusion in neighborhood activities, and independent transportation. We discuss safety and riding rules. Wear gym shoes and bring your bike and helmet. This program is held outdoors and may be canceled due to inclement weather.

Code 8-064-01-1
Ages 5-15
Location Lemont Safety Village
Dates Tuesdays, September 17-October 15 (5 Weeks)
Time 4:30-5:15 p.m.
Fee \$40

Right Fit

Do you struggle with weight, strength/muscle tone, endurance, coordination, body awareness, confidence, and/or social skills? If so, this program is the right fit for you! The Right Fit fitness program is a proven exercise program which includes all aspects of fitness through weight training, play, social, and sport activities. During the session, each participant receives their body measurements including height, weight, muscle mass, hydration, BMI, and grip strength. **Note:** A waiver is sent with the program confirmation and must be returned by September 6.

Code 8-058-01-2
Ages 10-15
Location Willowbrook Burr Ridge Sports Performance and Fitness Center, Willowbrook
Dates Tuesdays, September 17-December 3 (12 Weeks)
Time 5-6 p.m.
Fee \$184



Gymnastics

This high-energy program focuses on gross motor skills, strength, coordination, and flexibility. Apparatus work is incorporated into this non-competitive program. No experience necessary. Please wear athletic apparel. **Note:** A waiver is sent with the program confirmation and must be returned by September 6.

Location IGI Gymnastics, Westmont
Dates Thursdays, September 19-December 5 (11 Weeks)
No program November 28
Fee \$146

Beginner Gymnastics

Code 8-053-01-1
Ages 4-10
Time 6-6:45 p.m.

Gymnastics 101

Code 8-092-01-1
Ages 11-15
Time 7-7:45 p.m.

Kids Club

Join our club just for kids! Structured activities include art projects, playing games, spending time in the Wonders Multi-Sensory Room, and even taking trips into the community. Snacks are provided.

Code 8-067-01-1
Ages 5-10
Location Lisle Recreation Center
Dates Saturdays, September 21-December 7 (11 Weeks)
No program November 30
Time 9:30 a.m.-12 p.m.
Lemont Transportation: 8:30 a.m.-1 p.m.
Denning Transportation: 9 a.m.-12:30 p.m.
Fee \$172



special events for children & young teens

Apple Picking

Join us for a trip to Kuipers Family Farm in Maple Park. Everyone will have a chance to fill a 1/4 peck bag of apples and enjoy a hayride to the grove. Please dress for the weather. Lunch is provided.

Code 8-209-01-1
Ages 10-15
Date Saturday, September 21
Time Lemont Transportation: 11 a.m.-6:30 p.m.
Denning Transportation: 11:30-6 p.m.
SEASPAR Transportation: 12-5:30 p.m.
Fee \$38

Picnic in the Park

Come our and enjoy the beautiful Darien Community Park. The group will play games, take a walk around the park socializing with friends, and enjoy a picnic-style lunch. Bring your energy and an appetite for a great afternoon! Wear comfortable clothing and gym shoes. Lunch is provided.

Code 8-202-01-1
Ages 10-15
Location Darien Community Park
Date Saturday, September 28
Time 11 a.m.-1 p.m.
SEASPAR Transportation: 10 a.m.-2 p.m.
Denning Transportation: 10:30 a.m.-1:30 p.m.
Fee \$25

Blackberry Farm

Visit the historic Blackberry Farm in Aurora. Enjoy a ride on the steam-engine replica train, hay wagon, pedal tractors, and carousel. Pioneer life is recreated in the schoolhouse, carriage house, cabin, and early streets museum. Dress for the weather. Lunch is provided.

Code 8-225-01-1
Ages 10-15
Date Saturday, October 5
Time Lemont Transportation: 9 a.m.-3:30 p.m.
Denning Transportation: 9:30 a.m.-3 p.m.
SEASPAR Transportation: 10 a.m.-2:30 p.m.
Fee \$45

Fall Fest

Celebrate the fall season at Cantigny Park in Wheaton with harvest-time fun including music, hayrides, and a cup of hot cider. A decadent fall treat is included. Please have lunch before attending this event.

Code 8-212-01-1
Ages 10-15
Date Saturday, October 12
Time Lemont Transportation: 11:30 a.m.-5:30 p.m.
Denning Transportation: 12-5 p.m.
SEASPAR Transportation: 12:30-4:30 p.m.
Fee \$35



**Registration Deadline:
Monday, August 12 - 4:30 p.m.**

Discover Us!



special events for children & young teens

Day Off School

Looking for something fun to do on your day off from school? Spend time with your SEASPAR friends as we travel throughout the community. Our day includes games, sports, crafts, and swimming. **Bring a sack lunch.**

Code 8-215-01-1
Ages 5-15
Location Darien Sportsplex
Date Monday, October 14
Time 9 a.m.-3:30 p.m.
SEASPAR Transportation: 8:30 a.m.-4 p.m.
Fee \$65

Trunk Theatre

Trunk Theatre is an opportunity to express your creative side as we have fun creating our own scene from your favorite plays. A little song, a little dance, and a lot of acting is the basis of our Trunk Theatre Workshop. We start with theatre and improv games to warm us up, and then we set our stage for our adventure. The workshop is improv-based theatre, no scripts to learn – pure imagination guided by Seasoned Theater Teaching Artists. Out of our trunk, we pull out props and costumes pieces to help tell the story, rehearse it a few times, and then on with the show! A snack is included.

Code 8-216-01-1
Ages 5-10
Location Centennial Community Center, Lemont
Date Saturday, October 19
Time 2-3:45 p.m.
SEASPAR Transportation: 1-4:45 p.m.
Denning Transportation: 1:30-4:15 p.m.
Fee \$38



We Rock the Spectrum

Join us at this cool open gym where we will tumble, jump, hang, and climb! The possibilities are endless in this gym and it's the perfect place to have some indoor fun. We will be heading to Palatine to enjoy this new indoor gym space. A snack is provided.

Code 8-220-01-1
Ages 5-15
Date Saturday, October 26
Time Lemont Transportation: 1-6:30 p.m.
Denning Transportation: 1:30-6 p.m.
SEASPAR Transportation: 2-5:30 p.m.
Fee \$32

Open Gym

The gym is open! We play a variety of sports and games while focusing on socialization, rules of the game, good sportsmanship, and taking turns. Wear athletic clothing and gym shoes. A healthy snack is included.

Code 8-205-01-1
Ages 10-15
Location Park District of La Grange
Date Saturday, November 2
Time 2:30-5:30 p.m.
Fee \$20



special events for children & young teens

Lunch & A Movie

Enjoy the delectable offerings at Portillo's before seeing a new release at the Ogden 6 Theatre in Naperville. What a great way to spend your afternoon with SEASPAR friends! Please visit our website at SEASPAR.org or call SEASPAR on November 9 for movie title and times. **Note:** Transportation times are dependent upon the time of the movie and are subject to change. Lunch is included.

Code 8-231-01-1
Ages 10-15
Date Saturday, November 9
Time Lemont Transportation: 12-7 p.m.
Denning Transportation: 12:30-6:30 p.m.
SEASPAR Transportation: 1-6 p.m.
Fee \$42

Swim & Sensory

Come for a swim at The CORE in Lemont followed by an amazing experience exploring your senses in the Wonders Multi-Sensory Room and enjoying other sensory activities in Lisle. Wear your swimsuit and bring a change of clothes and a towel. Please label belongings. Dinner is included.

Code 8-228-01-1
Ages 5-15
Date Saturday, November 16
Time Denning Transportation: 2-7 p.m.
SEASPAR Transportation: 2:30-6:30 p.m.
Lemont Transportation: 3-7:30 p.m.
Fee \$38

Wondering which programs are best for your child?

Let us help! We offer leisure counseling services for new and current participants. Give us a call at 630.960.7600 to discuss program options with our staff.

Waterpark Wonderland

Enjoy an afternoon of swimming, sliding, and splashing at The Water Works in Schaumburg. Wear your swimsuit and bring a change of clothes and a towel. Please label all belongings. A snack is included.

Code 8-208-01-1
Ages 10-15
Date Saturday, November 23
Time SEASPAR Transportation: 12-5:30 p.m.
Denning Transportation: 12:30-5 p.m.
Lemont Transportation: 1-4:30 p.m.
Fee \$48



Thanksgiving Break Camp

Looking for something fun to do before Thanksgiving? Spend time with friends as we explore a variety of fun games, sports, crafts, a movie, and playing on the indoor playground. **Bring a sack lunch.**

Code 8-234-01-1
Ages 5-15
Location Community Park District of La Grange Park
Date Wednesday, November 27
Time 9 a.m.-3:30 p.m.
SEASPAR Transportation: 8:30 a.m.-4 p.m.
Fee \$65

special events for children & young teens

Holiday Zoo Lights

Join us on a tour of the Brookfield Zoo as we go see the zoo lights and animals! We'll take in the lights and see the lions, tigers, and polar bears too! We will take a hot chocolate break as we walk around the zoo. Dinner is included. Please dress for the winter weather.

Code 8-237-01-1
Ages 10-15
Date Saturday, December 7
Time Lemont Transportation: 3-7:45 p.m.
SEASPAR Transportation: 3:30-7:15 p.m.
Denning Transportation: 4-6:45 p.m.
Fee \$54

Winter Break Camp

Spend time with your SEASPAR friends as we travel throughout the community on field trips. Our day also includes games, sports, and crafts. Participants are divided into groups according to age and ability. **Bring a sack lunch.**

Ages 5-15
Location Lisle Recreation Center
Time 9:30 a.m.-3:30 p.m.
Lemont Transportation: 8:30 a.m.-4:30 p.m.
Denning Transportation: 9 a.m.-4 p.m.
Fee \$65 per day

Code	Date	Activity
8-244-01-1	Wed., Dec. 23	Breakfast with Santa
8-244-01-2	Thu., Dec. 26	Bowling at Suburbanite
8-244-01-3	Fri., Dec. 27	Swimming at The CORE
8-244-01-4	Mon., Dec. 30	Movie & Pizza
8-244-01-5	Thu., Jan. 2	Ceramic Art Café
8-244-01-6	Fri., Jan. 3	We Rock the Spectrum



CONTACT

for information about programs and special events for children & young teens.

Molly Downing

630.960.7664

mdowning@seaspar.org

program directory: teens & adults (ages 16+)

Program	Ages	Days	Location	Page #
Weekly Programs				
Swim Lessons	All	Mondays/Tuesdays/Thursdays/Sundays	Lemont/Oak Brook	10
Karate	All	Mondays	Downers Grove	10
Afternoon Adventures	16+	Mondays	Various (T)	22
Teen Scene	16-26	Mondays	Various (T)	22
Horseback Riding Lessons	5+/All	Tuesdays/Wednesdays	Lockport/Burr Ridge	11
Music Lessons: Piano/Drums	5+	Tuesdays	Darien	11
Day Away Tour	30+	Tuesdays	Various (T)	22
Aqua Exercise & Healthy Snack	16+	Tuesdays	Lemont	22
BINGO!	16+	Tuesdays	La Grange/Downers Grove	22
Music Mania	16+	Tuesdays	Westmont	23
Animal Assisted Therapy	16+	Tuesdays	Darien	23
Weight Training (East)	16+	Tuesdays	La Grange	23
Alley Cats	16+	Wednesdays	Lisle/Westmont	23
Diner's Delight	16+	Wednesdays	Lisle/La Grange	23
Sensory Explorers	16+	Wednesdays	Lisle	24
Actors Guild	16+	Wednesdays	Downers Grove	24
Holiday Treats	16+	Wednesdays	Darien	24
Music Lessons: Keyboard/Voice	5+	Thursdays/Saturdays	Darien	11
Adapted Music Lessons	All	Thursdays	Lisle	34
At the Movies	16+	Thursdays	Woodridge/Hodgkins	24
Weight Training (West)	16+	Thursdays	Lisle	25
Glee Club	16+	Thursdays	Darien	25
Crafters Club	16+	Thursdays	Darien	25
Yoga	16+	Thursdays	Darien	25
Social Club	16+	Fridays	Various (T)	25
Ice Skating	All	Saturdays	Woodridge	12
Strikers	16+	Saturdays	Westmont	23
Young Adult Club	16-22	Saturdays	Various (T)	25
Fall Festers	16+	Saturdays	Downers Grove	26
Saturday Night Socialites	22+	Saturdays	Various (T)	26
Power Soccer	All	Saturdays	Westmont	34
Sensory Sunday	All	Sundays	Lisle	12
Bears Bonanza	16+	Sundays	Westmont (T)	26

(T) Transportation Available

program directory: teens & adults (ages 16+)

Program	Days/Date	Location	Page #
Special Olympics			
Powerlifting	Mondays	Lisle	35
Snowshoeing	Mondays	Downers Grove	37
Basketball	Tuesdays	Various	36
Artistic Gymnastics	Wednesdays	Lemont	36
Swimming	Saturdays	Downers Grove	36
Basketball (Pre-Season Practice)	Saturdays	Lemont	36
Alpine Skiing	Saturday, January 4	Galena	37
Winter Sports Getaway	Wednesday, January 15–Thursday, January 16	Galena	37
Special Events			
Fall Escape	Saturday, September 14–Sunday, September 15	Oglesby (T)	27
Goebbert's Pumpkin Patch	Saturday, September 21	Hampshire (T)	27
Clara's Restaurant	Sunday, September 22	Woodridge (T)	27
White Pines Ranch	Saturday, September 28	Oregon (T)	27
Grease Sing-Along	Sunday, September 29	Downers Grove (T)	27
Bengtson's Pumpkin Festival	Saturday, October 5	Homer Glen (T)	28
Bowling at Bowlero	Sunday, October 6	Naperville (T)	28
Disney's Newsies the Broadway Musical	Saturday, October 12	Aurora (T)	28
Lincoln Park Zoo	Sunday, October 13	Chicago (T)	28
Ladies Day Out	Saturday, October 19	Hoffman Estates (T)	29
Gizmo's Fun Factory	Sunday, October 20	Orland Park (T)	29
Boo Bash*	Friday, October 25	Lisle	29
Guys Day Out	Saturday, October 26	Addison (T)	29
The Melting Pot	Sunday, October 27	Downers Grove (T)	29
Fall Pool Party	Saturday, November 2	Lemont (T)	30
Fall Harvest Dance	Sunday, November 3	Clarendon Hills	30
Mascot Hall of Fame	Saturday, November 9	Whiting, IN (T)	30
Turkey Shoot	Sunday, November 10	Downers Grove (T)	30
Medieval Times Dinner and Tournament	Saturday, November 16	Schaumburg (T)	31
Adler Planetarium	Sunday, November 17	Chicago (T)	31
The Wizard of Oz	Saturday, November 23	Western Springs (T)	31
The Water Works Indoor Waterpark	Sunday, November 24	Schaumburg (T)	31
St. Francis Bowling	Friday, December 6	Westmont	32
Holiday Dinner Dance*	Friday, December 6	Darien	32
Beauty and the Beast	Saturday, December 7	Aurora (T)	32
Holiday Shopping	Sunday, December 8	Lombard (T)	32
A Christmas Carol	Saturday, December 14	Oakbrook Terrace (T)	33
Illumination: Tree Lights	Sunday, December 15	Lisle (T)	33
Holiday Magic at the Zoo	Saturday, December 21	Brookfield (T)	33
Main Event	Sunday, December 22	Warrenville (T)	33
New Year's Bash	Friday, December 27	Clarendon Hills	33

* Included in Social Club Schedule

(T) Transportation Available

programs for teens & adults (ages 16+)

Afternoon Adventures

Enjoy exciting travels throughout the community with your friends. You're sure to have a memorable time! Parents are responsible for pickup at SEASPAR after the program. A light snack will be provided. A schedule is mailed with confirmations.

Code 8-007-01-3
Location Various
Dates Mondays, September 16–November 25 (11 Weeks)
Drop-off SEASPAR: 2:45 p.m.
Lisle: 3 p.m.
Pickup SEASPAR: 6 p.m.
Fee \$275

Teen Scene

Spend the afternoon with SEASPAR friends exploring the community and having fun every week! Activities include shopping, movies, bowling, and more. Participants are picked up directly from school or at Denning Park. Parents are responsible for pickup at Denning Park after the program. A schedule is mailed with confirmations.

Code 8-012-01-2
Ages 16–26
Location Lyons Township High School
Dates Mondays, September 16–December 2 (12 Weeks)
Drop-off Denning: 3:20 p.m.
Pickup Denning: 6 p.m.
Fee \$312

Day Away Tour

If you are an older adult and have been wishing for something to do during the week, join Day Away Tour. This group travels beyond the local community to experience a variety of fun recreational activities. Outings may include shopping, theatre, bowling, museums, and sporting events. A schedule is mailed with confirmations. **Note:** Based on the distance of the destination, times may vary. Due to the nature of the program, participants must be able to physically tolerate a full day out in the community.

Code 8-007-01-1
Ages 30 years and older
Location Various
Dates Tuesdays, September 17, October 1 & 15, November 12, December 3
Time SEASPAR Transportation: 9 a.m.–3 p.m.
Fee \$260

Aqua Exercise & Healthy Snack

Jump right into SEASPAR's aqua exercise class! Build cardiovascular fitness and strength in a fun way. Participants experience a mix of water aerobic and aqua boot camp. After drying off, the group learns how to prepare a healthy snack. Wear your swimsuit under your clothes, and bring a towel. Participants use the fitness center/walk the track on days the pool is not available.

Code 8-002-01-3
Location The CORE, Lemont
Dates Tuesdays, September 17–December 3 (12 Weeks)
Time 5–7 p.m.
Fee \$108

BINGO!

Don't miss your chance to be a big winner! Spend the evening with your SEASPAR friends trying your luck at B-I-N-G-O! We have many wonderful prizes and snacks, plus there's time to socialize.

Dates Tuesdays, September 17–October 22 (6 Weeks)
Fee \$45

Code 8-034-01-2
Location Park District of La Grange
Time 6–7 p.m.

Code 8-034-01-1
Location Lincoln Center, Downers Grove
Time 7–8 p.m.



Discover Us!



programs for teens & adults (ages 16+)

Music Mania

Learn new songs, free dance, and how to jam instrumentally. The group experience teaches patience, sharing, and listening. The goal is for you to use music for stress reduction, relaxation, and improving communication, but the most important objective is to have fun!

Code 8-014-01-1
 Location Westmont Community Center
 Dates Tuesdays, September 17–December 3 (12 Weeks)
 Time 7–7:45 p.m.
 Fee \$108

Animal Assisted Therapy

Spend time with man's best friend. You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem.

Location Darien Community Center
 Time 7–8 p.m.
 Fee \$57

Code 8-039-01-1
 Dates Tuesdays, September 17–October 22 (6 Weeks)

Code 8-039-01-2
 Dates Tuesdays, October 29–December 3 (6 Weeks)

Alley Cats/Strikers

Enjoy a leisurely game of bowling with your friends. This non-competitive program focuses on the importance of sportsmanship, socialization, and fun with basic instruction. Scores are recorded to help participants track their progress. These scores are also used as a basis for participants who choose to sign up for Special Olympics Bowling. **Note:** Parents and/or guardians are responsible for bringing participants into the bowling alley and checking in with staff.

Diner's Delight

Whether you work up an appetite from bowling, or are looking for an evening among friends, Diner's Delight can provide you with a tasty meal and friendly conversations. Staff help participants promote their independence by having them order their own meals, set the tables, engage in appropriate social interaction, and clean up after the meal. A schedule is mailed with confirmations. **Note:** Participants registering only for Diner's Delight meet at Lisle Lanes at 4:45 p.m. or at Suburbanite Bowl at 5:15 p.m. Participants registered for Lisle EAGLES and Alley Cats Lisle are picked up from Lisle EAGLES at 3:30 p.m.

Code	Program	Location	Day	Dates	Time	Fee
8-023-01-1	Alley Cats	Lisle Lanes	Wed.	9/18–12/4 (12 Weeks)	4–5 p.m.	\$185
8-022-01-1	Diner's Delight	Lisle Lanes	Wed.	9/18–12/4 (12 Weeks)	5–6:30 p.m.	\$196
8-023-01-2	Alley Cats	Suburbanite Bowl, Westmont	Wed.	9/18–12/4 (12 Weeks)	5:30–6:30 p.m.	\$185
8-022-01-3	Diner's Delight	Denning Park, La Grange	Wed.	9/18–12/4 (12 Weeks)	6:30–8 p.m.	\$196
8-023-01-3	Strikers	Suburbanite Bowl, Westmont	Sat.	9/21–12/7 (10 Weeks, No program 10/26 & 11/30)	1:30–2:30 p.m.	\$150

Weight Training (East)

Are you willing to go the extra mile and dedicate yourself to our successful weight training program? When it comes to changing how your body looks, weight training wins hands-down. Lifting weights can help raise your metabolism, strengthen bones, help you avoid injuries, increase your confidence and self-esteem, and improve coordination and balance. SEASPAR staff assist you in choosing which exercises help you achieve your goals. Bring a water bottle. Athletic apparel and gym shoes are required. No jeans are allowed.

Code 8-013-01-2
 Location Park District of La Grange
 Dates Tuesdays, September 17–December 3 (12 Weeks)
 Time 7–8 p.m.
 Fee \$87

Registration Deadline:
Monday, August 12 – 4:30 p.m.

programs for teens & adults (ages 16+)

Sensory Explorers

Our award-winning Wonders Multi-Sensory Room provides participants with a chance to explore their feelings and become interested in their surroundings. SEASPAR has established a variety of program times for you to enjoy the Multi-Sensory Room each week. **Note:** Sessions are one half-hour each. **Participants should indicate their desired session time on the registration form.**

Code 8-099-04-1
Location Wonders Multi-Sensory Room, Lisle
Dates Wednesdays, September 18–December 4 (12 Weeks)
Time 4–6 p.m.
Fee \$65

Actors Guild

This program is taught by Christine Grohne of Actors with Special Needs. Actors hone their acting skills and practice for the spring performance. Participants are encouraged to register for the winter/spring session as well. Actors Guild is designed to build self-esteem, enhance character, and motivate each of you to do your best. No acting experience is necessary. Family and friends are encouraged to practice lines with participants to prepare for the Holiday Spectacular on December 2.

Code 8-010-01-1
Location Lincoln Center, Downers Grove
Dates Wednesdays, September 18–December 4 (12 Weeks)
Time 4:45–6 p.m.
Fee \$132



Holiday Treats

Each season brings new holiday treats to enjoy! We make delectable delights for each of our favorite holidays. Try your luck at a variety of fall-inspired treats. Learn how to follow a recipe in order to create your succulent snack.

Code 7-002-01-2
Location Darien Sportsplex
Dates Wednesdays, October 16–November 20 (6 Weeks)
Time 6–7:30 p.m.
Fee \$67



At the Movies

Lights, camera, action! Get together with friends to see a current G, PG, or PG-13 movie. Please visit our website at SEASPAR.org or call SEASPAR after 2 p.m. on the day of the program for movie title and time (if calling after hours, select the program update option). Bring \$12 for concessions if you wish. **Note:** Parents, guardians, and/or caseworkers must check in with the supervisor upon arrival and departure.

Dates Thursdays, September 19, October 10,
November 7, December 5
Time Varies
Fee \$72

Code 8-019-01-1
Location Cinemark – Seven Bridges, Woodridge

Code 8-019-01-2
Location AMC Quarry Cinema, Hodgkins

programs for teens & adults (ages 16+)

Weight Training (West)

Are you willing to go the extra mile and dedicate yourself to our successful weight training program? When it comes to changing how your body looks, weight training wins hands-down. Lifting weights can help raise your metabolism, strengthen bones, help you avoid injuries, increase your confidence and self-esteem, and improve coordination and balance. SEASPAR staff assist you in choosing which exercises help you achieve your goals. Bring a water bottle. Athletic apparel and gym shoes are required. No jeans are allowed.

Code 8-013-01-1
Location Lisle Community Center
Dates Thursdays, September 19–December 5 (11 Weeks)
No program November 28
Time 4:30–5:30 p.m.
Fee \$80

Glee Club

Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Practicing helps you stay "in tune" in preparation for the Holiday Spectacular, keeping the "perfect pitch" for your friends and family.

Code 8-014-01-2
Location Darien Sportsplex
Dates Thursdays, September 19–November 21 (10 Weeks)
Time 5–6 p.m.
Fee \$80

Crafters Club

Get in touch with your creative side at SEASPAR's fine arts program! Participants focus on different art media such as jewelry, ceramics, and canvas.

Code 8-028-01-1
Location Darien Community Center
Dates Thursdays, September 19–December 5 (11 Weeks)
No program November 28
Time 6–7 p.m.
Fee \$83

Yoga

Yoga is designed to safely guide you toward enhanced strength, stamina, and flexibility. Studies show yoga has multiple health benefits such as reducing high blood pressure, blood sugar, and obesity. Mats are provided. Bring a water bottle.

Code 8-033-01-1
Location Darien Community Center
Dates Thursdays, September 19–December 5 (11 Weeks)
No program November 28
Time 7–8 p.m.
Fee \$135

Social Club

Social Club offers activities and excursions within the community. As clubs are established, consideration is given to age, peer groups, carpools, CILAs, and issues that are important to you. Please be sure to list carpool information on the registration form. Accessible transportation is available. A schedule with times and transportation information is mailed with confirmations. **Note:** The Boo Bash and Holiday Dinner Dance are included in the club schedule.

Code 8-025-01-1
Dates Fridays, September 20–December 6 (11 Weeks)
No program November 29
Time Varies
Fee \$233

Young Adult Club

Calling all teens and young adults! This club is geared specifically for teens and young adults transitioning into adult programs. Activities and outings place a strong emphasis on socialization, while also having fun. Arcade centers, movies, bowling, and game days are just a few of the activities offered in previous sessions. It's the perfect opportunity to meet new friends and connect with old ones! A snack is provided.

Code 8-095-01-1
Ages 16–22
Location Various
Dates Saturdays, September 28, October 12 & 26, November 16
Time SEASPAR Transportation: 1:30–6 p.m.
Denning Transportation: 2–5:30 p.m.
Lemont Transportation: 2:30–5 p.m.
Fee \$170

programs for teens & adults (ages 16+)

Fall Festers

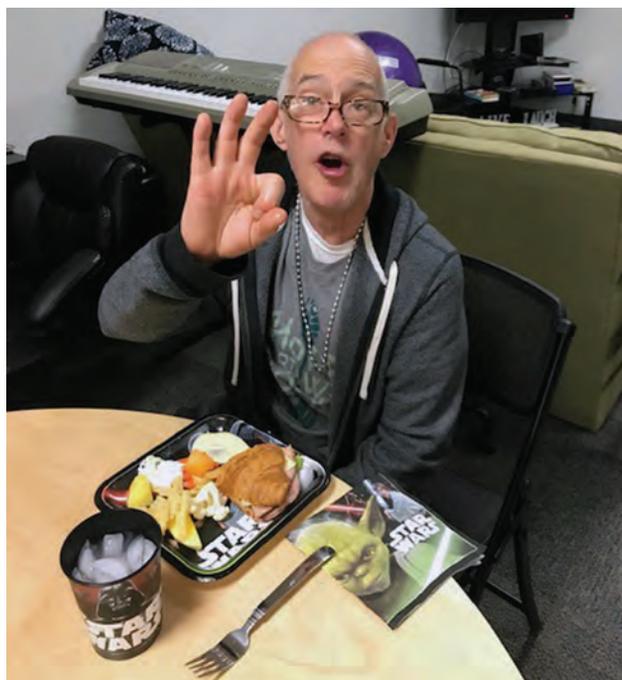
Love the changing leaves and cooler air? Get outdoors this fall and join your SEASPAR friends as we experience all this season has to offer before winter. We travel to an Oktoberfest celebration, a scarecrow fest, and have a fall celebration of our own on the last day. Bring \$15 for snacks and souvenirs.

Code 8-005-01-4
Location SEASPAR, Downers Grove
Dates Saturdays, October 5 & 19, November 9
Time 1:30–6 p.m.
Fee \$63

Saturday Night Socialites

This program is designed for adults who are ready to venture out on their own, but may need a jump-start. The group plans a variety of community outings. A schedule is mailed and available on our website at SEASPAR.org once the activities are determined. Participants must contribute to the social dynamics of the group and adhere to dress and behavior codes.

Code 8-026-01-1
Ages 22 years and older
Location Texas Roadhouse, Countryside
Planning Date Saturday, September 21
Time SEASPAR Transportation: 6–9:30 p.m.
737 Apts. Transportation: 6:30–9 p.m.
Program Dates Saturdays, October 5 & 19, November 9, December 7
Fee \$205



Bears Bonanza

Don't miss your chance to cheer on the Chicago Bears! Head Coach Matt Nagy leads the team through an exciting season of touchdown passes and crushing tackles. Lunch is served as the competition plays out on the big screen. **Note:** Due to the unpredictable length of the games, return time to Denning Park is approximate. SEASPAR remains until the end of the game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Location Papa Passero's, Westmont
Dates Sundays (see schedule below)
Game Time 12 p.m.
Time 11:45–3:15 p.m.
Denning Transportation: 11:15 a.m.–3:45 p.m.
Fee \$30 per event

Code	Date	Team
8-027-01-1	Oct. 6	Chicago Bears vs. Oakland Raiders
8-027-01-2	Nov. 3	Chicago Bears vs. Philadelphia Eagles
8-027-01-3	Nov. 24	Chicago Bears vs. New York Giants

Wondering which programs are best for your participant?

Let us help! We offer leisure counseling services for new and current participants. Give us a call at 630.960.7600 to discuss program options with our staff.



CONTACT

for information about programs for teens & adults (ages 16+).

Greg Pavesich

630.960.7629

gpavesich@seaspar.org

special events for teens & adults (ages 16+)

Fall Escape

Enjoy an escape to Starved Rock Lodge in Oglesby this fall. Relax and unwind in their indoor pool, hot tub, and sauna, and stop by The Back Door Lounge to fuel up before a hike. We enjoy a trolley tour, hiking to see beautiful canyons and seasonal waterfalls, shopping, and so much more. Participants share rooms and possibly beds. Contact Kim Huggins before Monday, August 12 if you want your own room or bed. An additional fee applies for these arrangements. Staff may not be present in all rooms. Rooms are assigned according to age and gender. **Note:** This trip involves moderate walking. Participants are encouraged to contribute to group dynamics by cooperating with staff and fellow travelers, and by adapting their schedules and routines to accommodate the logistics of the trip. Bring \$50 for souvenirs and snacks. A packing list is sent one week prior to the trip.

Code 8-201-01-1
Location Drop-off and Pickup at SEASPAR
Dates Saturday, September 14–Sunday, September 15
Time Depart: 9 a.m. Return: 6 p.m.
Fee \$271

Goebbert's Pumpkin Patch

Join your friends at Goebbert's Fall Festival in Hampshire. Come see the animals, watch the pig races, enjoy watching their famous pumpkin-eating dinosaur, and take a wagon ride to the pumpkin patch. We stop by the Farmer's Wife Café for some tasty treats, including famous apple cider donuts and pumpkin cookies. Dinner is included. Bring \$20 for snacks and souvenirs.

Code 8-203-01-1
Date Saturday, September 21
Time Lemont Transportation: 12–8 p.m.
Denning Transportation: 12:30–7:30 p.m.
SEASPAR Transportation: 1–7 p.m.
Fee \$90

Clara's Restaurant

Clara's Restaurant is known for its authentic Italian fare. If it's comfort you're looking for, their handmade stone oven pizza will satisfy, as will their pasta. You get more than lasagna and spaghetti. Homemade and offered in 16 varieties, Clara's pastas can be paired with any one of their 11 sauces. Come see what Clara's is all about, a taste of Italy in Woodridge. Dinner is included.

Code 8-204-01-1
Date Sunday, September 22
Time Lemont Transportation: 3:30–8:30 p.m.
Denning Transportation: 4–8 p.m.
SEASPAR Transportation: 4:30–7:30 p.m.
Fee \$77

White Pines Ranch

Don't miss it when SEASPAR saddles up for a day of riding and exploring life the way it used to be at White Pines Ranch in Oregon. Activities include horseback riding and viewing wildlife along the beautiful trail. Participants must be ambulatory and able to sit on a horse without a riding partner. Lunch is included. **Note:** A waiver is sent with the program confirmation and must be returned by Monday, September 23.

Code 8-206-01-1
Date Saturday, September 28
Time Lemont Transportation: 8:30 a.m.–6 p.m.
Denning Transportation: 9 a.m.–5:30 p.m.
SEASPAR Transportation: 9:30 a.m.–5 p.m.
Fee \$98

Grease Sing-Along

Have you ever been to a film musical and had the uncontrollable urge to burst into song? Ever wanted to know what it's like to be a T-bird or a Pink Lady but never quite felt cool enough to pull it off? Well, now is your chance to don those pink jackets, grease up your hair, and let your inhibitions go for an evening where you are the star. And remember *GREASE* is the word... then just sit back and watch Danny and Sandy and the gang, while singing (and dancing) along to the lyrics on the screen. It couldn't be easier – or more fun! The first rule of sing-along is there are no rules! Fancy dress is strongly encouraged and full audience participation is essential. Dinner is included.

Code 8-207-01-1
Location SEASPAR, Downers Grove
Date Sunday, September 29
Time 5–7:30 p.m.
Lemont Transportation: 4–8:30 p.m.
Denning Transportation: 4:30–8 p.m.
Fee \$35

Discover Us!



special events for teens & adults (ages 16+)

Bengtson's Pumpkin Festival

Experience an afternoon of fun at the Bengtson's Pumpkin Festival in Homer Glen. Enjoy a tractor-pulled hayride, explore the haunted barn (if you dare), and giggle in the animated Fun Barn. Come cheer on your favorite pig and yell "sueeee" as loud as you can to get the pigs pumped up at their popular pig races. Bring \$20 for lunch.

Code 8-210-01-1
Date Saturday, October 5
Time SEASPAR Transportation: 11 a.m.-5:30 p.m.
Denning Transportation: 11:30 a.m.-5 p.m.
Lemont Transportation: 12-4:30 p.m.
Fee \$85



Bowling at Bowlero

Join SEASPAR for an outing to Bowlero in Naperville. This vintage style bowling alley is one of the coolest places to go. Let's see those strikes and spares on Bowlero's state-of-the-art lanes with friends. Come discover Bowlero and see what it is all about. Dinner is included.

Code 8-211-01-1
Date Sunday, October 6
Time Lemont Transportation: 3:15-8:45 p.m.
Denning Transportation: 3:45-8:15 p.m.
SEASPAR Transportation: 4:15-7:45 p.m.
Fee \$70

Disney's Newsies the Broadway Musical

High in the skyscrapers of New York City, Joseph Pulitzer is plotting a way to increase the revenue of his declining newspaper, while down in the streets, newsboys hawk papers on corners barely making enough to survive. When Pulitzer raises the price of the paper, delivery boy Jack Kelly organizes a strike to show Pulitzer and his gang of cronies they're not going to be pushed into the gutter. Bring \$20 for concessions. Please have lunch before the musical, which is at the Paramount Theatre in Aurora. **Note: Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.**

Code 8-213-01-1
Date Saturday, October 12
Time Lemont Transportation: 12:30-7:30 p.m.
Denning Transportation: 1-7 p.m.
SEASPAR Transportation: 1:30-6:30 p.m.
Fee \$87

Accessible Seat

Code 8-213-01-2

Lincoln Park Zoo

Lincoln Park Zoo is a world of wildlife in the shadow of Chicago skyscrapers. This zoo has been a natural, free oasis for generations of animal lovers, who visit the zoo to hear a lion's roar echo off nearby apartment buildings and see gorillas climb trees as the Willis Tower looms in the distance. Bring additional money for souvenirs and snacks. Lunch is included.

Code 8-214-01-1
Date Sunday, October 13
Time Lemont Transportation: 8:30 a.m.-4:30 p.m.
SEASPAR Transportation: 9 a.m.-4 p.m.
Denning Transportation: 9:30 a.m.-3:30 p.m.
Fee \$90



special events for teens & adults (ages 16+)

Ladies Day Out

Hey ladies, get creative with SEASPAR at Hugs + Mugs in Hoffman Estates. Create a gift from the heart – a personalized mug or water bottle printed with artwork and photos you design! They also have awesome templates if you prefer to not create a design, that is up to you. Dinner is included along with a scoop of gelato from Hugs + Mugs.

Code 8-217-01-1
Date Saturday, October 19
Time Lemont Transportation: 3–8:45 p.m.
Denning Transportation: 3:30–8:15 p.m.
SEASPAR Transportation: 4–7:45 p.m.
Fee \$60



Gizmo's Fun Factory

Gizmo's Fun Factory in Orland Park is wacky fun! Play over 70 arcade games and enjoy robot laser tag! Grab your gear and get ready to battle robots in their two-story laser tag arena. Let the battle begin! Closed toed shoes with socks are required. Dinner is included. **Note:** A waiver is sent with the program confirmation and must be returned by Monday, October 14.

Code 8-218-01-1
Date Sunday, October 20
Time Lemont Transportation: 2:30–8:30 p.m.
SEASPAR Transportation: 3–8 p.m.
Denning Transportation: 3:30–7:30 p.m.
Fee \$75

Boo Bash

Halloween is celebrated with costumes, trick-or-treating, ghost stories, and jack-o-lanterns. Why not add dancing and fun to the list? Celebrate with friends and show off your costume and dance moves. Benet Academy is hosting this Spooktacular dance. Refreshments are included. **Note:** This event is included in all Social Club schedules.

Code 8-219-01-1
Location Benet Academy, Lisle
Date Friday, October 25
Time 6:30–8:30 p.m.
Fee \$20



Guys Day Out

Hey fellas, find the new mix of fun at Dave & Busters in Addison! Enjoy dinner and the Million Dollar Midway, where there are more than 200 arcade games to play with a power card – the choice is yours. Let your inner kid run free at Dave & Busters! Dinner is included.

Code 8-221-01-1
Date Saturday, October 26
Time Lemont Transportation: 3–9 p.m.
Denning Transportation: 3:30–8:30 p.m.
SEASPAR Transportation: 4–8 p.m.
Fee \$75

The Melting Pot

The Melting Pot invented the art of fondue just for people like you. If rich creamy cheeses and chocolates sound like your kind of scene, come join your friends to dine on some of the best food you've ever experienced in Downers Grove. We will enjoy cheese and chocolate fondue and a salad. Let's fondue!

Code 8-222-01-1
Date Sunday, October 27
Time Lemont Transportation: 3:30–8:30 p.m.
Denning Transportation: 4–8 p.m.
SEASPAR Transportation: 4:30–7:30 p.m.
Fee \$40

special events for teens & adults (ages 16+)

Fall Pool Party

Come take a plunge with SEASPAR at The CORE pool. It might be getting cold outside, but we stay warm inside! Pizza and munchies are included. Please wear your swimsuit and bring a change of clothes and a towel. Please label all belongings.

Code 8-223-01-1
Location The CORE, Lemont
Date Saturday, November 2
Time 5-7:30 p.m.
SEASPAR Transportation: 4-8:30 p.m.
Denning Transportation: 4:30-8 p.m.
Fee \$40

Fall Harvest Dance

There is no better way to celebrate fall than with a dance, snacks, and fun. Wear your dancing shoes and show off those moves as we have a rocking good time celebrating with your friends at this annual autumn event. Refreshments are served.

Code 8-224-01-1
Location Clarendon Hills Community Center
Date Sunday, November 3
Time 6:30-8:30 p.m.
Fee \$20



Mascot Hall of Fame

Come meet different mascots at the Mascots Hall of Fame in Whiting, Indiana. This interactive museum brings fun to life with a lot of different mascots. Benny The Bull from the Chicago Bulls and Tommy Hawk from the Chicago Blackhawks have been inducted into their hall of fame. Lunch is included.

Code 8-226-01-1
Date Saturday, November 9
Time Lemont Transportation: 9 a.m.-5:30 p.m.
SEASPAR Transportation: 9:30 a.m.-5 p.m.
Denning Transportation: 10 a.m.-4:30 p.m.
Fee \$85

Turkey Shoot

The Turkey Shoot is an annual basketball shooting contest in which participants compete to win a turkey for Thanksgiving dinner. A variety of competitions are provided for all ability levels. Everyone gets to take home a memento, and winners take home a turkey!

Code 8-227-01-1
Location Lincoln Center, Downers Grove
Dates Sunday, November 10
Time 2-4 p.m.
Lemont Transportation: 1-5 p.m.
Denning Transportation: 1:30-4:30 p.m.
Fee \$35



special events for teens & adults (ages 16+)

Medieval Times Dinner and Tournament

Surrender to an age of bravery and honor and witness epic battles of steel and steed at Medieval Times in Schaumburg. Discover a feast for the eyes and appetite with more action, fun, and excitement from ringside seats. As you thrill to a rousing, live jousting tournament, marvel at awe-inspiring horsemanship and falconry. Medieval Times serves a four-course meal fit for royalty. Dinner is included. **Participants must be able to stay seated in the arena throughout the whole show to attend this event.**

Code 8-229-01-1
Date Saturday, November 16
Time Lemont Transportation: 1:30–8:30 p.m.
Denning Transportation: 2–8 p.m.
SEASPAR Transportation: 2:30–7:30 p.m.
Fee \$90

Accessible Seat

Code 8-229-01-2



Adler Planetarium

Roll up your sleeves and let curiosity be your guide. At the Adler Planetarium in Chicago, you'll find hands-on, minds-on activities and explore mind-blowing facts about the universe. Don't miss exploring science and embarking on an awe-inspiring journey. Bring \$20 for lunch.

Code 8-230-01-1
Date Sunday, November 17
Time Lemont Transportation: 8:30 a.m.–4 p.m.
SEASPAR Transportation: 9 a.m.–3:30 p.m.
Denning Transportation: 9:30 a.m.–3 p.m.
Fee \$60

The Wizard of Oz

The Lyons Township High School Actors with Special Needs presents *The Wizard of Oz*. You may have been to Oz before, but never like this! Stuck on a Kansas farm with her aunt, uncle, and dog Toto, Dorothy Gale wishes for a better and more exciting life. When a twister hits, Dorothy is whisked away to the wonderful Land of Oz, a fantastical place full of munchkins, a cowardly lion, tin man, a living scarecrow... and a wicked witch that will do whatever it takes to stop Dorothy. Now we're taking you over the rainbow in what is sure to be one of our most talked about musicals yet. **Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.**

Code 8-232-01-1
Location Lyons Township High School South Campus
Performing Arts Center, Western Springs
Date Saturday, November 23
Time 1:30–5 p.m.
Lemont Transportation: 12:30–6 p.m.
SEASPAR Transportation: 1–5:30 p.m.
Fee \$50

The Water Works Indoor Waterpark

The Water Works Indoor Waterpark in Schaumburg is an underwater adventure. Enjoy three waterslides, a rapid water channel, whirlpool, and so much more. Please wear your swimsuit and bring a change of clothes and a towel. Please label all belongings. Lunch is included.

Code 8-233-01-1
Date Sunday, November 24
Time Lemont Transportation: 1–8 p.m.
Denning Transportation: 1:30–7:30 p.m.
SEASPAR Transportation: 2–7 p.m.
Fee \$65

**Registration Deadline:
Monday, August 12 – 4:30 p.m.**

special events for teens & adults (ages 16+)

St. Francis Bowling

Let's see those strikes and spares! Enjoy a leisurely game or two of bowling with your friends and students from St. Francis Xavier School in La Grange. This non-competitive program focuses on socialization and fun. Participants are grouped with the sixth graders as the students work to give back to the community. Shoes, ramps, and balls are available at the bowling alley, or you are welcome to bring your own. Don't miss out on the chance to get some extra practice, or just enjoy a game at your own pace.

Code 8-235-01-1
Location Suburbanite Bowl, Westmont
Date Friday, December 6
Time 10-11:30 a.m.
Fee \$15

Holiday Dinner Dance

Celebrate in style and have a holly jolly good time dancing the night away. We start off with a delicious four-course meal. Don your festive holiday attire and head to Alpine Banquets to start your holiday season off right. **Note:** This event is included in all Social Club schedules. **Participants must be able to remain seated during dinner.**

Code 8-236-01-1
Location Alpine Banquets, Darien
Date Friday, December 6
Time 6-9:30 p.m.
Fee \$50



Beauty and the Beast

Once upon a time on a bitter winter's night, a young, selfish and vain prince finds a beggar woman asking for shelter. Disgusted by her appearance, he sends her away. The old woman transforms into a magical enchantress who places a curse upon the prince to appear as hideous on the outside as he is on the inside. Given a magical rose, he must learn to love and find love in return before the last petal drops, or he is doomed to remain a beast forever. Be our guest this holiday season as we step inside this classic storybook fairytale and discover that beauty isn't always as it appears. Bring \$20 for concessions. Please have an early dinner before the event, which is located at the Paramount Theatre in Aurora. **Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.**

Code 8-238-01-1
Date Saturday, December 7
Show Time 3 p.m.
Time Lemont Transportation: 12:30-7:30 p.m.
Denning Transportation: 1-7 p.m.
SEASPAR Transportation: 1:30-6:30 p.m.
Fee \$75

Accessible Seat

Code 8-238-01-2

Holiday Shopping

Selecting the perfect gift for that special someone can be a tricky task, but SEASPAR is here to help. Staff assist with money transactions, asking for assistance, and finding the perfect gift at Yorktown Center in Lombard. Bring a shopping list and money for lunch and shopping. Participants may make purchases or just window shop. Due to large crowds at this time of year, please no drop-offs at the mall.

Code 8-239-01-1
Date Sunday, December 8
Time Lemont Transportation: 10 a.m.-4:30 p.m.
SEASPAR Transportation: 10:30 a.m.-4 p.m.
Denning Transportation: 11 a.m.-3:30 p.m.
Fee \$40



CONTACT

for information about special events for teens & adults (ages 16+).

Kim Huggins

630.960.7628

khuggins@seaspar.org

special events for teens & adults (ages 16+)

A Christmas Carol

Set in Victorian-era London, *A Christmas Carol* tells the story of Ebenezer Scrooge, a miserly old man who receives a Christmas Eve visit from the ghost of his old business partner, Jacob Marley, warning him to mend his ways. During the night, three spirits appear before Scrooge showing him visions of Christmas Past, Christmas Present, and Christmas Future to reveal the results of his selfish life. Scrooge promises to redeem himself and vows to honor the spirit of Christmas with all his heart, spreading good cheer, kindness and generosity to everyone he encounters. We will enjoy a delicious breakfast buffet before the show at the Drury Lane Theatre in Oakbrook Terrace. **Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.**

Code 8-240-01-1
Date Saturday, December 14
Show Time 12 p.m.
Time Lemont Transportation: 8:30 a.m.-3:15 p.m.
SEASPAR Transportation: 9 a.m.-2:45 p.m.
Denning Transportation: 9:30 a.m.-2:15 p.m.
Fee \$90

Accessible Seat

Code 8-240-01-2

Illumination: Tree Lights

See trees in a different light at Illumination: Tree Lights at The Morton Arboretum in Lisle. You'll be surrounded by color as you walk a one-mile paved path amid interactive lighting effects that highlight the beauty of trees in winter. Enjoy seasonal music, marvel at ever-changing interactive lighting designs, and warm up by a crackling fire with a cozy drink. Dress appropriately for the weather and bring \$20 for concessions and souvenirs. **Due to the nature of this event, participants must be able to stay with the group, wait in line, and tolerate a lot of walking.**

Code 8-241-01-1
Date Sunday, December 15
Time Lemont Transportation: 3:30-10 p.m.
Denning Transportation: 4-9:30 p.m.
SEASPAR Transportation: 4:30-9 p.m.
Fee \$75

Parents of Special Olympics Athletes:

Please check the events on page 35 for potential date conflicts.



Holiday Magic at the Zoo

Join SEASPAR as we visit Chicagoland's largest and longest-running lights festival with over one million twinkling LED lights and a 41-foot talking tree at Brookfield Zoo. We also enjoy holiday carolers in the pavilion and view ice carvings. Please have dinner before the event. Dress appropriately for the weather and bring \$20 for concessions and souvenirs. **Due to the nature of this event, participants must be able to stay with the group and tolerate a lot of walking.**

Code 8-242-01-1
Date Saturday, December 21
Time Lemont Transportation: 2:30-9:30 p.m.
SEASPAR Transportation: 3-9 p.m.
Denning Transportation: 3:30-8:30 p.m.
Fee \$75

Main Event

Main Event in Warrenville is the place to get your fun on! Enjoy a pizza social including caesar salad, tomato caprese salad, and assorted pizzas. Play video games and enjoy a game of laser tag with friends. The possibilities are endless at Main Event.

Code 8-243-01-1
Date Sunday, December 22
Time Lemont Transportation: 3:30-9:30 p.m.
Denning Transportation: 4-9 p.m.
SEASPAR Transportation: 4:30-8:30 p.m.
Fee \$90

New Year's Bash

The countdown is on! Usher in the new year with style. It seems like just yesterday that we rang in 2019. Let's send another great year on its way with a grand celebration. Party favors and pizza are provided while you ring in the New Year. Don't miss the last dance of the year!

Code 8-245-01-1
Location Clarendon Hills Community Center
Date Friday, December 27
Time 6-9 p.m.
Fee \$25



programs for individuals with physical disabilities

Adapted Music Lessons

Have you ever had the chance to make music? This exciting program at the Wonders Multi-Sensory Room gives individuals with limited mobility the opportunity to make beautiful music! The Soundbeam 5 translates movement into melody using movement sensory technology. Move your head, wave your hand, or spin your wheelchair, and musical notes fill the air. **Note:** Lessons are one half-hour each. **Participants should indicate their desired lesson time on the registration form.**

Code 8-050-09-1
Ages All ages
Location Wonders Multi-Sensory Room, Lisle
Dates Thursdays, September 19–November 21 (10 Weeks)
Time 4:30–6:30 p.m.
Fee \$63



Power Soccer

Participants use an oversized soccer ball and maneuver their power chairs to dribble, pass, shoot, and score goals. A footguard is attached to the front of the power wheelchair and the game is on! This program is an introduction to power soccer and is designed for beginners. Footguards are provided.

Code 8-050-06-1
Ages All ages
Location Westmont Community Center
Dates Saturdays, September 21–December 7 (11 Weeks)
No program November 30
Time 8:30–10:30 a.m.
Fee \$82

**Registration Deadline:
Monday, August 12 – 4:30 p.m.**



CONTACT

for information about programs for individuals with physical disabilities.

Greg Pavesich

630.960.7629

gpavesich@seaspar.org



Special Olympics

Eligibility

Persons are eligible for Special Olympics if they are eight years of age or older and have been identified by an agency or professional as having intellectual disabilities, cognitive delays as determined by standardized measure, or have significant learning or vocational problems due to cognitive delays that require, or have required, specially designed instruction.

Application for Participation

Athletes wishing to participate in Special Olympics programs must have a current Special Olympics application for participation on file at SEASPAR. The application is available on pages 39–40 of this program guide or may be obtained online at SEASPAR.org/Special-Olympics. Faxed forms or copies are acceptable if all text is legible. The application is valid for two years from the date of the examination. You do NOT need to submit an application each season. Please contact SEASPAR to find out when your application expires.

Disclaimers

Team sports and relay events take precedence over individual sports or events at the state level of competition.

Athletes registered for team sports are expected to attend practices, games, and tournaments.



CONTACT

for information about Special Olympics.

Sioban Goddard

630.960.7627

sgoddard@seaspar.org

2019 Special Olympics/ITRS/Invitational Competition Schedule

(All Dates Subject To Change)

September 6–8	Outdoor Sports Festival (State Golf & Softball)
September 14	Flag Football Regional Qualifier
September 21	Bocce Regional Qualifier
September 29	Volleyball Regional Qualifier
October 6	ITRS Volleyball Tournaments
October 20	Bowling Sectional Qualifier
October 26–27	Fall Games (State Volleyball)
November 2–3	State Flag Football
November 16	State Floor Hockey
November 23	SEASPAR Swim Meet
December 7	State Bowling

Powerlifting

Athletes set and reach fitness goals through the disciplined and challenging sport of powerlifting. Participants learn proper technique for both the dead lift and bench press, while improving their overall fitness level through weekly workout sessions. We participate in the Special Olympics Illinois Regional Qualifier in spring 2020.

Code	8-122-01-1
Ages	16 years and older
Location	Lisle Community Center
Dates	Mondays, October 14–January 13 (12 Weeks) <i>No program December 23 & 30</i>
Time	6:30–8 p.m.
Fee	\$154



special olympics

Artistic Gymnastics

Gymnasts learn and practice the individual movements required to complete specific routines for the Vault, Balance Beam, Uneven Bars, and Floor Routine in preparation for the Special Olympics Illinois competition in March 2020. Participants must exhibit patience and be able to follow all safety guidelines for the facilities and equipment used. Athletes should wear gymnastics leotards or fitted clothing.

Code 8-114-01-2
Ages 16 years and older
Location Centennial Community Center, Lemont
Dates Wednesdays, October 2–January 22 (15 Weeks)
No program December 25 & January 1
Time 7:15–8:30 p.m.
Fee \$234

Swimming

Special Olympics Swimming is designed for advanced swimmers who want to compete and are able to meet the minimum skill requirements to perform during practice and in competition. Practices focus on swim endurance and refining stroke mechanics. The team competes in the SEASPAR Swim Meet on November 23 and the Fox Valley Special Recreation Association Swim Meet in December.

Code 8-118-01-3
Ages 8 years and older
Location Indian Boundary YMCA, Downers Grove
Dates Saturdays, September 21–December 14 (12 Weeks)
No program November 30
Time 1–2 p.m.
Fee \$155



Basketball (Pre-Season Practice)

Have an area of your basketball game that needs improvement? Come join other members of the SEASPAR Spartans basketball teams in a warm-up session of practice before the regular season begins. Athletes can just shoot around, join the group scrimmages, or participate in instructional drills designed to get your mind, body, and game ready for competitive play! Information regarding transportation is sent at the start of the season. **Note:** This program is only open to athletes registered for the SEASPAR Special Olympics Basketball program.

Code 8-101-01-5
Ages 16 years and older
Location The CORE, Lemont
Dates Saturdays, September 21–October 26 (6 Weeks)
Time 1–2 p.m.
Fee \$70

Basketball

Spartans basketball is back for another season of fast breakin' action! SEASPAR's veteran coaching staff instructs the athletes in the fundamentals of basketball and team play. All athletes meet together to practice on the first week of the program. Athletes are then divided into the Blue Team, Gray Team, and White Team according to game play ability, age, and the discretion of the coaches. Information regarding transportation, practices, games, and tournaments is sent at the start of the season. Uniforms are distributed at practice prior to the first game. In addition to the regular game schedule, teams compete in the Special Olympics Illinois Tournament in January and the ITRS Tournament on February 16, 2020.

Code 8-101-01-1
Ages 16 years and older
Location Various
Dates Tuesdays, November 5–February 11 (13 Weeks)
No program December 24 & 31
Time Evenings (Varies based on team schedule)
Fee \$220

**Registration Deadline:
Monday, August 12 – 4:30 p.m.**

Discover Us!



Snowshoeing

If you are interested in trying a winter sport but skiing is not for you, snowshoeing is a great option. Athletes practice "sprinting" or "distance" events, as determined by the coaches and according to each individual's ability and interest. The program is held with snow or no snow. SEASPAR provides all necessary equipment. The Special Olympics Illinois Regional Qualifier is held in early January 2020. Gold medal winners advance to the Winter Games held in Galena in early February 2020.

Code 8-109-01-1
Ages 8 years and older
Location Ebersold Park, Downers Grove
Dates Mondays, October 7–December 16 (11 Weeks)
Time 4–5 p.m.
Fee \$114

Alpine Skiing

It's that time of the year to join the SEASPAR Ski Team for a day of winter fun! This program is designed to teach skiers the basic skills required to pass the Special Olympics assessment tests required for competitive skiing. SEASPAR coaches promote independence and emphasize balance and control while skiing. Coaches also work with the competitive skiers to refine their skills in preparation for the 2020 Alpine Skiing Regional Qualifier. Participation in this competition is determined by the coaches. Helmets are required. In the event of inclement weather, the practice at Chestnut Mountain is held on January 5.

Code 8-110-01-1
Ages 8 years and older
Location Chestnut Mountain, Galena
Dates Saturday, January 4
Time 7 a.m.–7 p.m.
Fee \$300

Note: Athletes can sign up for an additional three hours of skiing at Four Lakes Ski and Snowboard Area in the months of December, January, and February. These lessons/practices are scheduled on an individual basis and are subject to coach availability, permissible weather, and safe ski conditions.

Code 8-110-01-2
Ages 8 years and older
Location Four Lakes Ski & Snowboard Area, Lisle
Dates Various
Fee \$85

Winter Sports Getaway

This program provides an on-site training opportunity for the 2020 State Winter Games or extra practice for those athletes aspiring to qualify for this Special Olympics State competition. This trip to Chestnut Mountain Ski Resort is only open to athletes who are registered in a SEASPAR winter sport program, including Snowshoeing and Alpine Skiing. Coaches hold structured practices for each sport and athletes are welcome to try the other sports during scheduled free time. **Note:** Participants are encouraged to contribute to the group dynamics by cooperating with staff and other group members, and by adapting their schedules and routines to accommodate the logistics of this experience. Due to the nature of the setting, participants are expected to stay with their assigned staff and not wander. A packing list and detailed schedule are sent prior to the trip.

Code 8-110-01-3
Ages 8 years and older
Location Chestnut Mountain Resort, Galena
Dates Wednesday, January 15–Thursday, January 16
Time Depart: 6:30 a.m. Return: 6:30 p.m.
Fee \$350



believe & achieve

Congratulations to Our Participant Award Winners!

At SEASPAR's Believe & Achieve Recognition Banquet on May 15, four participants were selected to receive special awards to acknowledge the contributions that they've made to our programming. Join us in congratulating the recipients!

Athlete of the Year – Melissa Engelhardt

The Athlete of the Year award is presented to a participant in SEASPAR's athletics programming who displays a positive attitude, good sportsmanship, teamwork, knowledge of the game, and skill. This year's recipient, Melissa Engelhardt, is a long-time participant in SEASPAR's Special Olympics Volleyball and Swimming programs. As a core server on the Spartans Volleyball team and a fixture in 50-meter freestyle and backstroke Swimming events, Melissa is not only a talented athlete but also an outstanding team player. She amplifies the environment and those around her with her unwavering warmth and positivity!



Cultural Artist of the Year – Jonathan Shoup

The Cultural Artist of the Year Award is presented to a participant in SEASPAR's programming who recognizes the importance of cultural arts. This year's recipient, Jonathan Shoup, has been active in SEASPAR's Actors Guild program for nearly a decade. During that time, he has played numerous roles in the plays and musicals that the program produces, most recently Prince Phillip in an adaptation of *Sleeping Beauty* that the group performed in May 2019. Jonathan is known to be witty, inventive, and respectful and encouraging toward his fellow actors in the program, regardless of their abilities!



Rising Star Award – T.J. Postmus

The Rising Star Award is presented to a participant in SEASPAR's youth programming who has a positive attitude and positive interactions with their peers and staff. This year's recipient, 14-year-old T.J. Postmus, has been participating in SEASPAR programs nearly his entire life. His favorite activities involve fitness and swimming. T.J. has progressed in his swim lessons to enter SEASPAR's Special Olympics Developmental Swimming program, competing at practices and tournaments around northern Illinois. He uses assistive technology to verbalize, but he is most known around SEASPAR for having a smile that speaks volumes!



Shining Star Award – Emilie Donaldson

The Shining Star Award, new for 2019, is presented to a participant in SEASPAR's adult programming who has a positive attitude and positive interactions with their peers and staff. This year's recipient, Emilie Donaldson, participates in countless SEASPAR programs, from the EAGLES Adult Day Program and Social Club to weekly programs and special events. She uses a wheelchair but never lets it stop her from cutting a rug at SEASPAR dances. Considered a friend to all, Emilie is well known among staff and participants for her fun-loving attitude, kind words, and warm smiles!



Watch videos of all of our Believe & Achieve award presentations on our YouTube Channel!



APPLICATION FOR PARTICIPATION IN SPECIAL OLYMPICS ILLINOIS

Valid Application for Participation is mandatory for all competitors

605 E. Willow St. - Normal, IL 61761-2682 - 309-888-2551

SOILL Rev. 8-1-17

ATHLETE INFORMATION

Athlete Name (last name, space, first name) _____

Agency Name _____

S E A S P A R _____

Athlete's Mailing Address _____

Athlete's City _____

State _____ Zip Code _____

Ethnicity White Black/African American Asian
 Hispanic/Latino Other _____

Parents/Guardian's (Please Circle One) Home Address _____

Parents/Guardian's City _____

State _____ Zip Code _____

Parents/Guardian's Home Telephone _____

MEDICAL CLEARANCE

C Region _____

PLEASE CHECK MEDICAL INFORMATION

Does athlete have Down Syndrome? Yes No

If yes, have x-rays of the C1-C2 vertebrae been taken and examined? Yes No

Date of x-ray _____

Is the athlete clear of Atlantoaxial Instability? Yes No

Does the athlete have or is the athlete:

Heart Problems Yes No

Diabetic Yes No

Epileptic/Seizures Yes No

Blind Yes No

Deaf Yes No

Hepatitis Yes No

Other _____

Current Medication _____ Dosage _____

HEALTH INSURANCE & EMERGENCY INFORMATION (Required for Processing)

Person to be contacted in case of emergency _____

Emergency Contact Phone () _____

Medical Insurance Company _____

Policy Number _____

PARENT AND/OR GUARDIAN AUTHORIZATION AND MEDIA RELEASE

I, on my own behalf or as the undersigned parent and/or legal guardian of the above named applicant (hereafter referred to as the "Entrant"), hereby request permission for the Entrant to participate in Special Olympics programs. I acknowledge that Special Olympics will screen all entrants using the Sex Offender Public Registry and the Child Murder and Violent Offender Against Youth Registry and understand that entrants listed on either Registry will be denied participation. I affirm that this Entrant has never been on said Registries or, if Entrant was listed on either Registry but has since been removed, I will contact Special Olympics Illinois for instructions before submitting this application.

I represent and warrant to you that the Entrant is physically and mentally able to participate in Special Olympics, and I submit herewith a subscribed medical certificate. I understand that if the athlete has Down syndrome, he/she cannot participate in sports or events which, by their nature result in hyper-extension, radical flexion or direct pressure on the neck or upper spine unless a full radiological examination established the absence of Atlantoaxial Instability. I am aware that the sports and events for which this radiological examination is required are equestrian sports, artistic gymnastics, diving, pentathlon, high jump, alpine skiing, soccer, powerlifting squat, and butterfly stroke and diving starts in swimming.

On behalf of the Entrant and myself, I acknowledge that the Entrant will be using facilities at his/her own risk and I, on my own behalf, hereby release, discharge and indemnify Special Olympics from all liability for injury to person or damage to property of myself and Entrant.

In permitting the Entrant to participate, I am specifically granting permission to Special Olympics Illinois to use the likeness, voice and words of the Entrant in television, radio, films, newspapers, magazines and other media, and in any form not heretofore described, for the purpose of advertising or communicating the purposes and activities of Special Olympics and in appealing for funds to support such activities. I understand that by signing below I consent for the Entrant to participate in the Special Olympics Healthy Athletes Program that provides individual screening assessments of health status and health care needs. The Entrant has no obligation to participate and I understand the Entrant should seek his/her own medical advice and assistance and Special Olympics is not responsible for the Entrant's health.

If I am not personally present at Special Olympics activities in which the Entrant is to compete, so as to be consulted in case of necessity, you are authorized on my behalf and at my account to take such measures and arrange for such medical and hospital treatment as you may deem advisable for the health and well-being of the Entrant.

I, THE UNDERSIGNED ADULT ENTRANT, have read and fully understand the provisions of the above release and have explained them to said Entrant. I hereby agree that I and said minor will be bound thereby, and I shall defend Special Olympics Illinois and hold it harmless from any disaffirmation thereof by said minor.

Entrant _____
 Athlete is own guardian
 Witness _____ Date _____

Signature of Parent
 and/or Legal Guardian
 (Check appropriate box)
 Print Name _____ Date _____

Parent's Email Address _____

Instructions for Completing the Application for Participation

The Application for Participation (App) must be filled in completely. Apps with blank sections will not be accepted. This App is valid for 2 years from the date of the examination date, regardless of the Parent/Guardian/Entrant signature date. The only Application for Participation form that will be accepted is the revised form dated 4/1/08, 8/1/10 or 8/1/16.

Parent/Guardian and Doctor signatures must both be on the same App form. Phone consents or verbal consents will not be accepted.

If Entrant was listed on the Sex Offender Public Registry or the Child Murder and Violent Offender Against Youth Registry but has since been removed, contact the Special Olympics Illinois office for instructions before submitting this application.

ATHLETE INFORMATION AND HEALTH INSURANCE & EMERGENCY INFORMATION

1. The first two sections must be filled in completely. The ethnicity information is requested to assist in the organizational outreach efforts. The athlete should indicate their identified gender in the sex (M/F) section.

PARENT AND/OR GUARDIAN AUTHORIZATION AND MEDIA RELEASE

2. The Parent or Legal Guardian must read, sign and date the Parent/Guardian Authorization and Media Release.

- a. The section must be signed and dated as printed. Deletions or alterations to the section will result in an invalid App. (Exception: Deletion of the last paragraph regarding medical treatment and attachment of a letter of explanation and 24-hour emergency telephone numbers from the State Office of Guardianship.
- b. Only one of the two signature blocks must be completed. Special Olympics Illinois works under the understanding that this section may be signed by either:
 - The (biological or adoptive) parent unless the athlete has been designated a ward of the state;

OR

- The legal guardian; this person must be legally assigned for the individual;

OR

- The athlete if he/she is over the age of 18 and has not been designated as needing and having been assigned a legal guardian. A witness signature is necessary if the athlete's signature is unrecognizable (for example, if the athlete's signature is an "X.")

MEDICAL CLEARANCE

3. The Medical Clearance section must be completed, signed and dated by a medical practitioner licensed to administer physical examinations by the state in which he/she practices.

This person, by signing the Medical Clearance, is stating that the athlete is in good health and can safely participate in Special Olympics sports training and competition. It is strongly suggested that the person administering the physical examination possess the following:

- Background and preparation in giving sports physical examinations.
- Qualifications to administer examinations that would not compromise his/her area of specialty.

AFTER COMPLETING THE APPLICATION ...

4. Send the original copy of the App to Sioban Goddard at SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515. Faxed forms or copies are accepted if all text is legible. Sioban will send the App to the Special Olympics Illinois Regional Office for validation. An Application for Participation will not be validated until all information is correct and completed on the approved form.

5. Special Olympics Illinois requires that all Applications for Participation be presented prior to and no later than the established Medical App deadline of a state championship level event (Winter Games, State Basketball Tournament, Summer Games, Outdoor Sports Festival, Fall Games, Floor Hockey or State Bowling Tournament). All Apps for the event in question must be valid throughout the completion of that state competition.

Applications for Participation for athletes participating in Regional Tournaments and Sectional Tournaments must be received before the entry deadline or with registration materials.

Applications not on file or in receipt by the specified deadline will not be accepted.

For Application for Participation inquiries, please contact Sioban Goddard (SEASPAR-SOAD) at 630.960.7600 or sgoddard@seaspar.org.



special programs

Aktion Club

Through the joint sponsorship of the Downers Grove and Lombard Kiwanis Clubs and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. It also performs several service projects annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support. For more information, contact Catherine Morava at 630.960.7620.

Drop In Center

The Drop In Center at the Westmont Community Center provides individuals who have mental health needs an opportunity to spend leisure time in a friendly, relaxed atmosphere. Activities are designed to enhance relationships between friends, peers, and family members. The program features a planned activity or trip. A schedule of program dates and times is available on our website at SEASPAR.org. Individuals may choose to stop by for a few minutes or stay the entire time. The program is free for everyone who attends. Donations are accepted. The Drop In Center is co-sponsored by SEASPAR and the DuPage County Health Department. For more information, visit our website at SEASPAR.org/Drop-In-Center or contact Greg Pavesich at 630.960.7629.

EAGLES

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities Enhance Adult Growth through Lifestyle Education and Service. This weekly program for adults ages 18-50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at four different sites throughout SEASPAR's communities: the Darien Sportsplex, Lemont Safety Village, Lisle Recreation Center, and Brookfield Municipal Building. For more information, visit our website at SEASPAR.org/EAGLES or contact Catherine Morava at 630.960.7620.



Family Playgroup

Child and Family Connections and SEASPAR have joined together to offer playgroups to families of children with a disability, ages birth to three years. The goal of the playgroup is to bring families together in an open format, to play with other children, and to meet other parents with similar experiences. Toys, balls, books, the Wonders Multi-Sensory Room, and more are available. Siblings are encouraged to attend. The group meets the second Tuesday of the month from 9:30-11 a.m. at the SEASPAR program room at the Lisle Recreation Center. For more information, contact Jenny Somone at Child and Family Connections at 630.493.0400.

Inclusion Services

As part of SEASPAR's continuum of recreation programs, inclusion services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. SEASPAR and its member entity staff encourage and aid, but do not force participation. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations. For more information, visit our website at SEASPAR.org/Inclusion or contact Aaron Hirthe at 630.960.7609.

Can't Wait for Winter?

Watch for your winter/spring program guide to be delivered in early December!

program policies

Absences

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and ensures that no tickets are wasted. Messages may be left on the after-hours absence line. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

ADA Statement

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. This program guide is available in an alternate format upon request. Individuals who have an accommodation concern should contact Matthew Corso at 630.960.7600.

Annual Information Forms

SEASPAR requires that all participants complete an Annual Information Form (AIF) each calendar year. Individuals without a current AIF on file will not be permitted to participate. **You do NOT need to submit an AIF each season, only once per year.**

Atlanto Axial Subluxation

Individuals with Down Syndrome are at risk of having Atlanto Axial Subluxation Condition (ASC) that causes increased mobility in the cervical spine. For the safety of our participants, individuals with Down Syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for ASC. An x-ray determines if the condition is present. For more information, contact SEASPAR at 630.960.7600.

Check In

When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

Code of Conduct

SEASPAR asks all participants and guests to observe the behavior code of conduct when participating, spectating, or attending any SEASPAR activity. Participants and their guests are expected to:

- Show respect to all participants, staff, and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and those at public facilities to enjoy the activity without disruption.
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

Discipline

SEASPAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SEASPAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of him/herself or others.

Drop-Off/Pickup

SEASPAR asks that parents/guardians/group home staff promptly drop off and pick up participants at the designated program times. Be sure to check in with the staff when dropping off and picking up. Drivers will wait a maximum of ten minutes from the scheduled time. After the ten-minute wait period, the driver will continue on the route to the next location. The staff make every effort to return on time from all outings. If unpredictable factors affect the scheduled drop-off or pickup times, SEASPAR staff will attempt to contact parents/guardians/group home staff.

If a participant is traveling home unsupervised, parents or guardians must submit written notice to the SEASPAR office prior to the start of the season. The necessary form can be requested by calling the SEASPAR office at 630.960.7600.

program policies

Fee Assistance Program

SEASPAR is in a position to offer scholarships for a percentage of fees to our families with financial restrictions because we believe that all residents, regardless of financial limitations, should have access to SEASPAR programs. Generally, fee assistance is available for up to 50% of the program fee. Any balance due from the previous season must be paid prior to receiving additional fee assistance. Fee assistance is not available for non-residents, day camp transportation, overnight trips, or the EAGLES adult day program. Participants in need of financial assistance may request a Fee Assistance Program Application by visiting SEASPAR.org or calling the SEASPAR office at 630.960.7600.

Arrangements for a payment schedule are also possible to make the payment of fees more feasible; please call the SEASPAR office at 630.960.7600 for more information.

Late Pickup Policy

If a participant has not been picked up at the scheduled program end time, the parent/guardian/group home staff will be contacted. After a ten-minute wait period, emergency contacts will be called. A fee will be applied for every ten minutes that a participant is picked up late or the SEASPAR vehicle is delayed. A notice will be sent to you indicating the fee being charged to your account.

Late Registration

The registration deadline is Monday, August 12 at 4:30 p.m. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waiting list. However, there may be openings available for programs after the deadline; please call SEASPAR to find out if a program you are interested in is still available.

Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

Medication Dispensation

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in specially marked envelopes, complete the label, and give it to the program supervisor before the group leaves. To make the process work more efficiently for overnight trips, envelopes are sent to you along with the packing list. For day trips, staff provides envelopes at the drop-off point. For the convenience of those who are involved in many outings, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

Participant Expectations

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and normalization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have questions about attire, contact SEASPAR at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

program policies

Participation

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

SEASPAR/WDSRA Agreement

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips and the EAGLES adult day program are not included. Registrations must be submitted by the agency's deadline, and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For more information, contact SEASPAR at 630.960.7600. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WSDRA.com.

Weather Cancellations

Weekly programs and special events may be cancelled due to inclement weather. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 4-4:30 p.m. for evening programs. If a program is cancelled, staff attempt to reach all participants by phone to inform them of the cancellation. After hours, program changes are available on our website at SEASPAR.org. If indoor facilities are available for weekly programs, the program is held as usual. Programs cancelled due to inclement weather are not rescheduled.

Severe Winter Weather Guidelines for Cancelling Programs

Outdoor Programs or Programs with Transportation for Participants with Physical Disabilities	All Other Programs with Transportation
Temperature of Zero or Wind Chill of -10° or Less	Temperature of -10° or Wind Chill of -20° or Less

All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

Wellness Guidelines

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackie's virus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

Participant Forms

Did you know? You can fill out many of our participant forms on our website!

Visit SEASPAR.org/Forms to complete your forms online or download fillable PDF versions.

- Annual Information Form
- Special Olympics Application for Participation
- Fee Assistance Program Form
- Seizure Plan Form
- Transfer Plan Form
- Diabetes Plan Form

The Annual Information Form, Fee Assistance Program Form, and Registration Form are also available in Spanish upon request. Please call us at 630.960.7600 for more information.

2019 Annual Information Form



For office use only	
PDF _____	Date _____
RecTrac _____	Date _____
Details/Status _____	Date _____

Complete ONLY if you haven't yet submitted a 2019 AIF!

Participant Name _____ Age _____ Birth Date _____ Gender _____

Address _____ City _____ Zip _____

Home Phone _____ Park District _____

Parent 1 Name _____ Work # _____ Cell # _____ Email _____

Parent 2 Name _____ Work # _____ Cell # _____ Email _____

Guardian Name _____ Work # _____ Cell # _____ Email _____

School _____ District # _____ Teacher _____ Permission to Consult with Teacher Yes No

Group Home/Residential Facility _____ Permission to Consult with Case Worker Yes No

Manager/Caseworker _____ Manager/Caseworker # _____

Weekend and/or Emergency # _____

Emergency Contact/Transportation Permission (other than parents/guardian)

Name _____ Relationship _____ City _____ Transportation? Yes No

Home # _____ Cell # _____ Work # _____

Name _____ Relationship _____ City _____ Transportation? Yes No

Home # _____ Cell # _____ Work # _____

Transportation Permission in SEASPAR Vehicle? Yes No

Transportation Locations (Pickup/Drop Off) Denning Park Lemont SEASPAR Varies

Independent Departure (18 years or older) Is able to wait independently? Yes No Is able to go home on his/her own? Yes No

This permission applies to all programs? Yes No If no, please specify _____

Behavior/Communication

<input type="checkbox"/> Attention seeking	<input type="checkbox"/> Fear	<input type="checkbox"/> Manipulative	<input type="checkbox"/> Spitting
<input type="checkbox"/> Biting	<input type="checkbox"/> Hair pulling	<input type="checkbox"/> Pinching	<input type="checkbox"/> Steals
<input type="checkbox"/> Defiance/refusal	<input type="checkbox"/> Hitting/kicking	<input type="checkbox"/> Removal of clothing	<input type="checkbox"/> Tantrums/meltdowns
<input type="checkbox"/> Difficult transitions	<input type="checkbox"/> Hyperactivity	<input type="checkbox"/> Runs/wanders	<input type="checkbox"/> Throwing objects
<input type="checkbox"/> Easily distracted	<input type="checkbox"/> Inappropriate touching	<input type="checkbox"/> Self-abusive	<input type="checkbox"/> Verbal outburst
<input type="checkbox"/> Other _____			

Complies with verbal requests and directions Responds to specific verbal/non-verbal directions Responds to positive reinforcement

Does participant have a specific behavior plan? Yes No (If yes, please attach)

Method of communication: Communication board Facilitated communication

Alternative communication Sign language Other _____

Please indicate any sensory needs the participant may have _____

Additional Information _____

Medical Information

Medical Conditions

Disability/Diagnosis _____

Allergies Yes No (please list) _____

Blood disorder Yes No _____

Diabetes Yes No (If YES, a Diabetes Plan is required)

Dietary restrictions Yes No (please describe, i.e. dairy, gluten free, etc.) _____

Down Syndrome Yes No ASC testing result? Positive Negative Not tested

G-Tube Yes No (If YES, please attach instructions)

Hearing Impaired Yes No _____

Heart Condition Yes No _____

Seizures Yes No (If YES, a Seizure Plan is required)

Visually Impaired Yes No _____

Other (asthma, chronic illness, etc.) _____

Medications (list all prescription medications taken, even if not taken at program)

Drug Name (Brand/Generic)	Dose	Time	Reason	Side Effects
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

***Please attach sheet with additional medications if needed.**

Is participant responsible for self medication at programs? Yes No

Does staff need to remind participant to take medication? Yes No

I understand that it is my responsibility to give the medication directly to the SEASPAR staff with instructions in individual **clearly labeled envelopes**. In all cases, medication dispensing can only be changed or modified by amending this form. I hereby acknowledge that the above information provided for the dispensing of medication for the participant is accurate. I also understand that it is my responsibility to inform SEASPAR if any changes in the dispensing of medication occur. In all cases, the recommended dosage of any medication will not be exceeded. If after administering medication there is an adverse reaction, I give my permission to SEASPAR to secure from any licensed hospital physician and/or medical personnel any treatment deemed necessary for immediate care. I agree to be responsible for payment of any and all medical services rendered.

I recognize and acknowledge that there are certain risks of physical injury in connection with the administering of medication to the participant. In consideration of SEASPAR administering medication, I hereby fully release or discharge SEASPAR, and its officers, agents, employees, and volunteers from any and all claims from injuries, damages and losses the participant may have, arising out of, connected with, incidental to, or in any way associated with the administering of medication. I further agree to indemnify, hold harmless and defend SEASPAR, its officers, agents, employees, and volunteers from any and all claims resulting from injuries, damages, and losses sustained by the participant and arising out of, connected with, incidental to or in any way associated with the administering of medication.

Parent/Guardian Signature _____ Date _____

Participant Signature (over 21) _____ Date _____

Personal/Physical Requirements

Assistive Devices

Wheelchair Yes No Type Manual Electric Transport only in wheelchair? Yes No

Does participant need assistance with transfers? Yes No (If YES, a Transfer Plan is required)

Transfer to chair or floor? Yes No Transfer to seat in theater or restaurant? Yes No

Please indicate if used: Stroller Walker Cane/Crutches Prosthetic Device AFOs Other _____

Service Animal (please describe) _____

What level of assistance does participant need?	Full	Moderate	Independent	Details
Eating/Drinking (cuts food, uses straw, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Toileting (diapers, catheter, wiping, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Dressing/Undressing (tying shoes, pulling up swimsuit, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Money Handling (monitor for correct change, no concept, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Reading (comprehension level, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Responsibility (keeping track of belongings, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Safety (crossing street, water safety, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Please select swimming ability Cannot swim Needs personal flotation device
 Can swim one length of pool without flotation device Competitive/multi-lap independent swimmer

Please indicate bowling need Ramp Bumpers

Sports Programs/Day Camp

Height _____ Weight _____ Shoe Size _____

T-Shirt Size: Child Adult
 Small Medium Large XL 2XL 3XL 4XL

Shorts Size: Child Adult
 Small Medium Large XL 2XL 3XL 4XL

Please list any information concerning the participant that would aid staff in ensuring a safe and enjoyable program for him/her. Remember, the more you tell SEASPAR, the better we can meet each participant's needs.

Indicate friends attending SEASPAR _____

Parent/Guardian Signature _____ Date _____

Participant Signature (over 21) _____ Date _____

registration information

Registration Deadline: Monday, August 12 – 4:30 p.m.

Registration Procedures

Registration opens on Monday, July 22, and closes on Monday, August 12 at 4:30 p.m. First-time participants must register via mail or in person at the SEASPAR office.

Online Registration

To register online, visit SEASPAR.org. First-time online registrants must call the SEASPAR office for a user name, password, and instructions. The online registration requirements are:

- Must be a SEASPAR resident
- Must have no outstanding balance
- Must have 2019 Annual Information Form on file
- Full credit card payment is required at the time of registration

Mail/In-Person Registration

- Complete both sides of the registration form and sign it.
- All participants must have a 2019 Annual Information Form on file. The Annual Information Form is available on pages 45–47, or may be submitted online at SEASPAR.org. **Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information but do NOT need to submit a new Annual Information Form if one was previously submitted for 2019.**
- Full payment must be received with the registration unless other arrangements have been made. Payment may be made by check, money order, cash, or credit card.
- Mail or drop off your registration form and payment as soon as possible, but no later than Monday, August 12 by 4:30 p.m. For after-hours convenience, there is a mail slot at the SEASPAR office entrance.
- SEASPAR resident registrations received by Monday, August 12 will be processed randomly beginning Tuesday, August 13.
- Non-resident registration begins Wednesday, August 14, and is processed randomly.
- Registrations will not be processed if a balance remains from a previous season. Please contact the SEASPAR office with questions about any outstanding balances.
- Registrations received after the registration deadline are accepted if space is available.
- Registrations must be received in the office five business days before an activity.
- SEASPAR encourages registration prior to August 12. This enables the staff to answer questions and provide additional information.
- Instructors may not receive payment or register participants at programs.
- SEASPAR sends registration confirmations two weeks before programs begin. Please review the confirmation to verify programs for which you are registered or on the waiting list.

Program Cancellations

- A program may be cancelled if the program minimum enrollment is not met.
- Programs may be cancelled due to inclement weather and are not rescheduled. See the Weather Cancellations information on page 44 for more information.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

Refund/Credit Procedures

- A full refund is issued if a program is cancelled by SEASPAR.
- In order for a participant to drop from a program, SEASPAR must be notified five business days prior to the start of the program to qualify for a refund. At that time, the participant will be refunded the cost of the program less a \$5 processing fee, the cost of a ticket (if applicable, unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated refund is issued if a written medical excuse accompanies the refund request.
- No refund is given if a program is postponed due to low enrollment. If the program is subsequently cancelled, a full refund is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated refund is issued, less a \$5 processing fee and ticket price, if applicable.
- All refunds are issued monthly.

Registrations will not be processed without payment.

Non-Resident Fee Policy

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. (See page 44 for information on the SEASPAR/WDSRA agreement.) An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

Photograph/Video Policy

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. If there is a specific reason you or your child/ward cannot be photographed, please contact us.

fall 2019 registration form

Participant's Name _____ Age _____ Birth Date _____

Please print your program selection(s) in the table below. If your program offers more than one time or transportation option, please include your preference. (See transportation information and requirements on page 5.) Attach additional sheets if necessary.

Program Name	Program Number										Transportation or Time Selection (If Applicable)	Fee
Example: Bears Bonanza	8	-	0	2	7	-	0	1	-	1	Denning	\$ 30
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
Would you like to include a donation to SEASPAR? If so, please indicate the amount to the right. Thank you!											\$	
Total Fees											\$	

Full payment must be received with the registration unless other arrangements have been made. Payment may be made by check, money order, cash, or credit card.

Payment Type: Check Cash Money Order Credit Card

Credit Card: MasterCard Visa Discover

Cardholder Name _____

Account Number _____ Exp. Date _____

Authorized Signature _____

Please complete both sides of this registration form. Submit form and payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

The registration deadline is 4:30 p.m. on August 12. Registration confirmations will be sent two weeks before programs begin.

Only submit an Annual Information Form if you haven't done so yet for 2019. Contact the SEASPAR office to update information if necessary.

Office Use Only	
Date Rec'd	Cash Amt
Rec'd By	Check Amt
AIF Given	AIF Rec'd
Transportation: AP DA DE LE LI SE	

fall 2019 registration form

Participant Name _____ Age _____ Birth Date _____ Gender _____

Address _____ City _____ Zip _____

Are you a new participant? Yes No Is this a new address? Yes No Is this a new phone number? Yes No

If you are new to SEASPAR, how did you learn about us? _____

Home # _____ Participant Cell # _____ Participant Email _____

Parent 1 Name _____ Work # _____ Cell # _____ Email _____

Parent 2 Name _____ Work # _____ Cell # _____ Email _____

Guardian Name _____ Work # _____ Cell # _____ Email _____

Participant School _____ Teacher _____

Disabilities or Diagnoses _____

Are there any changes in allergic conditions? Yes No Dietary restrictions? Yes No Medication? Yes No

Other health issues? Yes No Please list _____

Do you have an updated emergency contact? Yes No Name _____

Address _____ Phone Number _____

Indicate friends and/or carpool accommodations _____

WAIVER AND RELEASE

IMPORTANT INFORMATION

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent/Guardian Signature _____ Date _____

Participant Signature (if 18 or older) _____ Date _____

PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian.

PARTICIPATION WILL BE DENIED if a 2019 Annual Information Form is not on file.

family events & sponsors

Family POOL Party

Saturday, August 17
6:15-8:15 p.m.

Free!

Centennial
Outdoor Aquatic
Center, Lemont

RSVP
online!

SEASPAR.org



SEASPAR & 
Special parks & recreation

present

Picnic & Flick

Saturday, September 14 • 6:30 p.m.
Blackhawk Park, Indian Head Park



FREE BBQ & Movie in the Park
Open to the Public!

Find out the movie title and
RSVP online at SEASPAR.org by September 11!

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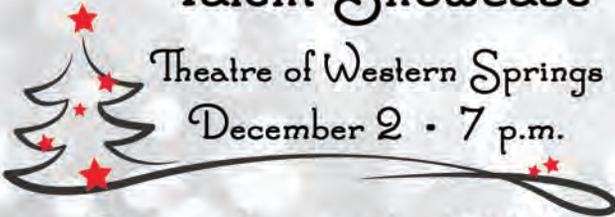
SEASPAR
Special parks & recreation

Proudly Presents the 13th Annual

Holiday Spectacular

Talent Showcase

Theatre of Western Springs
December 2 • 7 p.m.



Free • Open to the Public!



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Downers Grove, IL 60515

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**A Fundraiser
Hosted by**



**\$500 Cash
Prize!**

Friday, October 18

**Doors Open 6 p.m. • Games Begin 7 p.m.
American Legion, Downers Grove**

**\$25/Person • \$225/10-Person Table
Snacks Provided or Bring Your Own • Cash Bar**

**Register online at SEASPAR.org
or call 630.960.7600.**

