Providing Year-Round Recreation Services for Individuals with Disabilities

SEASPAR

Specia recreation

WINTER20
SPRING20
Program Guide

SEASPAR.org

SEASPAR
Special parks & recreation

4500 Belmont Road
Downers Grove, IL 60515
630.960.7600 • 630.960.7605 TDD
630.960.7601 Fax
SEASPAR.org

From the Executive Director

These past few months have seen two long-time friends of SEASPAR step down from their positions. First, Ray Jasica resigned from the SEASPAR Board after serving 22 years. Of all members in the history of SEASPAR, Ray served the longest continuous term. Ray has seen lots of changes over the years and has always been an advocate for people with disabilities and the services SEASPAR provides. We thank Ray for his dedication to SEASPAR and look forward to continuing to see him at events.

Administrative Services Manager Carol Kocek retired from SEASPAR after serving the organization for over 40 years. A lot has changed with SEASPAR since she joined the agency in 1979 and she was dedicated to the behind-the-scenes operations of the office. She performed a very wide range of responsibilities over the years and has seen countless participants and staff during her tenure. We wish her the best in retirement and hope she enjoys all of the extra time she can now spend with her friends and family, especially her new grandson.

SEASPAR staff look forward to getting together and launching a new strategic plan with a consultant to help guide the agency for the next number of years. The past few years has brought many changes to the agency, especially staff changes, and with many people in new roles, it is time to put our heads together and fine tune our direction to best serve SEASPAR residents. Our staff are dedicated to enhancing the lives of participants and I'm impressed every day by their commitment and loyalty to their roles.

I hope everyone enjoys the holiday season and when you are not enjoying a SEASPAR program, be sure to spend quality time with friends and family.

Matthew Corso

MISSION

SEASPAR provides dynamic recreation programs and quality services for its residents with disabilities

VISION

**Discover Abilities
Achieve Potential
Realize Dreams**

CORE VALUES

**Fun • Excellence
Service • Respect
Accountability**

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Association Members and Representatives

Lisle Park District • Dan Garvy, President
1925 Ohio Street, Lisle 60532

Woodridge Park District • Mike Adams, Vice President
2600 Center Drive, Woodridge 60517

Park District of La Grange • Dean Bissias, Secretary
536 East Avenue, La Grange 60525

Darien Park District • Stephanie Gurgone, Treasurer
7301 Fairview Avenue, Darien 60561

Village of Brookfield • Stevie Ferrari
8820 Brookfield Avenue, Brookfield 60513

Clarendon Hills Park District • Kelly Smith
315 Chicago Avenue, Clarendon Hills 60514

Downers Grove Park District • Bill McAdam
2455 Warrenville Road, Downers Grove 60515

Village of Indian Head Park • Rita Farrell Mayer
201 Acacia Drive, Indian Head Park 60525

Community Park District of La Grange Park
Jessica Cannaday • 1501 Barnsdale Road
La Grange Park 60526

Lemont Park District • Louise Egofske
16028 127th Street, Lemont 60439

Village of Western Springs • Aleks Briedis
1500 Walker Street, Western Springs 60558

Westmont Park District • Bob Fleck
55 East Richmond Steet, Westmont 60559

Board Meetings

The SEASPAR Board meets the third Tuesday of every month at SEASPAR at 3:00 pm. For information, call 630.960.7600. The public is welcome.

Board meeting agendas and minutes are available online at SEASPAR.org/Board.

Staff Information

William Cazares
Marketing Coordinator

Matthew R. Corso, CTRS, CPRP
Executive Director

Molly Downing, CTRS
Recreation Coordinator

Sioban Goddard, CPRP
Recreation Coordinator

Aaron Hirthe, CPRP
Inclusion Manager

Kimberly A. Huggins, CPRP
Recreation Coordinator

Dawn Krawiec, CPRP
Superintendent of Recreation

Karen Lesniak
Superintendent of Administrative Services

Morgan Mason, CPRP
Administrative Services Manager

Catherine A. Morava, CPRP
Day Program Manager

Greg Pavesich, CPRP
Recreation Coordinator

Shannon Tovey, CTRS
Support Staff Manager

Office Hours

Monday - Friday, 8:30 am - 4:30 pm
Recorded Message After Hours

Office Closures
December 24, 25, & 31 • January 1
April 10 • May 25

4500 Belmont Road
Downers Grove, IL 60515
630.960.7600 • 630.960.7605 TDD
630.960.7601 Fax

Meet William Cazares

Join us in welcoming William Cazares as SEASPAR's new Marketing Coordinator! William graduated from Northern Illinois University, where he majored in Design. William comes to us with over 10 years of experience working in parks and recreation. William is thrilled for the opportunity to advocate for people with special needs.

Join the SEASPAR Team!

WE'RE HIRING

Don't just ***work a job*** this summer – ***make a difference*** with **SEASPAR!**

In March, we'll begin interviewing for the summer program season. Part-time positions are available in the following program areas:

- Weekly Programs/Special Events
- Summer Day Camp
- Inclusion Services

We offer flexible hours with a variety of fun programs and events to choose from. No experience is necessary for some positions. Applicants must be 16 or older.

Call us at 630.960.7600 or visit **SEASPAR.org** to apply online!

What are CPRP and CTRS?

CPRP stands for Certified Park and Recreation Professional and **CTRS** stands for Certified Therapeutic Recreation Specialist. This status is given to leisure service professionals who can demonstrate through education, experience, and current practice that they meet and exhibit certain predetermined qualifications established by the National Recreation and Park Association Certification Board and the National Council for Therapeutic Recreation Certification. These professionals have earned a bachelor's degree or higher from an accredited program, have passed a certified examination, and maintain sanctioned educational units.

AMC Quarry Cinema
9201 63rd St., Hodgkins

Benet Academy
2220 Maple Ave., Lisle

Brookfield Municipal Building
8820 Brookfield Ave., Brookfield

Centennial Community Center
16028 127th St., Lemont

Cinemark • Seven Bridges
6500 S. Rte. 53, Woodridge

Clarendon Hills Community Center
315 Chicago Ave., Clarendon Hills

The CORE Fitness & Aquatic Complex
16050 127th St., Lemont

Darien Community Center
7301 Fairview Ave., Darien

Darien Sportsplex
451 Plainfield Rd., Darien

Denning Park
4901 Gilbert Ave., La Grange

Diane Main Park
200 W. 59th St., Westmont

Downers Grove North High School
4436 Main St., Downers Grove

Ebersold Park
6000 S. Main St., Downers Grove

Flying High
5400 East Ave., Countryside

Hanson Center
15W431 59th St., Burr Ridge

The Hyatt Lodge at McDonald's Campus 2815 Jorie Blvd., Oak Brook

Indian Boundary YMCA
711 59th St., Downers Grove

Lincoln Center
935 Maple Ave., Downers Grove

Links & Tees Golf Facility
880 W. Lake St., Addison

Lisle Community Center
1825 Short St., Lisle

Lisle Lanes
4920 Lincoln Ave., Lisle

Lisle Recreation Center
1925 Ohio St., Door 8, Lisle

Midwestern University
555 31st St., Downers Grove

Park District of La Grange
536 East Ave., La Grange

SEASPAR
4500 Belmont Rd., Downers Grove

Seven Bridges Ice Arena
6690 S. Rte. 53, Woodridge

Suburbanite Bowl
201 Ogden Ave., Westmont

True Balance Karate
406 Ogden Ave., Downers Grove

Village Greens of Woodridge
1575 W. 75th St., Woodridge

Westmont Community Center
75 E. Richmond St., Westmont

Willowbrook Burr Ridge Sports Performance and Fitness Center
7850 S. Quincy St., Willowbrook

Wonders Multi-Sensory Room
Lisle Recreation Center, 1925 Ohio St., Door 8, Lisle

Woodridge Athletic Recreation Center (ARC)
8201 S. Janes Ave., Woodridge

Transportation

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions. These locations may include:

Darien	Denning	Lemont	Lisle	SEASPAR
Darien Sportsplex, 451 Plainfield Road, Darien (parking lot)	Denning Park, 4901 Gilbert Avenue, La Grange (parking lot)	Centennial Community Center, 16028 127th Street, Lemont (parking lot near 127th street)	Lisle Recreation Center, 1925 Ohio Street, Lisle (door #8)	Downers Grove Recreation Center, 4500 Belmont Road, Downers Grove (parking lot near building)

When completing your registration form for programs that include transportation, please indicate the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles:

- SEASPAR reserves the right to refuse to transport individuals.
- All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle.
- All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.
- Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
- SEASPAR staff are responsible for determining whether a participant can be transported safely.

Staff Appreciation

SEASPAR thanks all of the dedicated and caring support staff and volunteers for their time and hard work during the fall 2019 program season! Their efforts make it possible for SEASPAR to offer quality programs.

We would like to recognize SEASPAR support staff and volunteers for their longevity with us. Included are current staff members who work weekly, inclusion, and EAGLES programs.

20 YEARS +
of Service

DON EGAN
PATRICK MUKUSHINA
TANJA MURRAY
GARY NABERHAUS •
SHARMAINE NARDONE
INGE PAPAELIOU
COLLEEN PORRITT
STACIE RITZ •
CHERYL STEED
JASON STEED

11-15 YEARS
of Service

KARYN CRIDER
CHRISTINE GROHNE
MINDY JACK
ALLYSON NYHOFF
SAMANTHA OCZAK
MEGAN RUSCHKE
WILLIAM WILSON
KEVIN WOOD
JOE ZAREK

16-19 YEARS
of Service

ANN FRANCZYK •
LARRY FRANCZYK •
BRIAN KLAMA
TODD KRYSTOF •
JILL MOLDENHAUER
KARRIE PECE
RUBY SARAF
SHARON WIEREMA

6-10 YEARS
of Service

CAROLYN BOZEK
AARON CAUSEY
NICOLE CAUSEY
JESSICA CHRISTY
PAM CONLON
BRIGID CULTRA
CHAD FLINT
LIZ GRILLOS
LORI HOHENSTEIN
DEBBIE KAMINSKAS
AMY KLAMA
TIM LIEB
JORIE LIMA
JON MARCHESE
JESSICA MCGINNESS •
KELLI MCGOORTY
KATE MORAN
KAREN MULROY •
DEBBIE MURDOCK
STEVE MURDOCK •
JENNA NICKEL
GERIANN ORTEGA
APRIL PRESCOTT
DON SMETKO •
NANCY URBAN

• Denotes reaching 10-, 15- or 20-year anniversary with SEASPAR. All anniversaries are as of **December 31, 2019**.
• Denotes individuals who volunteer at SEASPAR on a regular basis.

1-5 YEARS OF SERVICE
of Service

MAHER ABOU-RASS •
BOB ACKERMANN •
FAISAL ALEEM •
MARIE ASUNCION
MARY BOETTCHER
GABBY BOONE
JOSIE BORMANN
WAYNE BORMANN
CLAIRE BRENNAN
JESSICA BULLARD
ESTHER CAMACHO
MICHAEL CAPIZZI
CHRISTINA CONENNA
KAREN DALPORTO
THOMAS DIEHL
ANACELY DOBRY
BILL DOCAUER
HALEY EVANS •
CHRISTINE FAITZ
CHUCK FARNSWORTH •
VICKI FARNSWORTH •
LAUREN FLENTGE •
CHERYL FYFE
CHRISTOPHER GERGITS
BRIANNE GRECO
SANDY GRECO
DOROTHY GRIFFITH •
TOM HAFFEY
JOURNEE HUTCHCROFT
JIM JANOTA
MARSHA JANOTA •
SARAH JAWORSKI
CLARE JOHNSON
LEE JOHNSON
PATRICK JOHNSON •
ALEXIS KELLEY
JENNY KAZELIDIS
JORDAN KRIKIE
TIM KULIK
MEGHAN LIEB
MIA LIEBMANN-BURBA
BARB LIMA •
CHRIS LIMA
DAWN LIZAK
GAIL LUPIA •
KATHRYN LYTER
ERIN MADDEN
SARA MAKEY
ROHAN MALHOTRA
RYAN MARCHEWKA
CHRISTINE MARTINEZ
ANGIE MCNEIL •
MAGGIE MEDO
DELANEY MESICK
JENNIFER MOLSKY
CARLEY MOSS
JIM PAPPA •
ROXANE PAPPA •
EMMA PANICO
SOLANGE PILIZOTA
LAURA PLEMICH •
KAY POLLOCK
ASHLEY RAUCH
LOVELY RENFRO
ALYSSA REYNOLDS •
ELLIE RICHARDS
JOCELYN RIOS
ANN SALADINO •
PAUL SALADINO •
GINA SARLO
COURTNEY SCHMITT
KAYLA SISTOS
JESSICA SPINELLI
NICOLE STRAWSER •
GRACE SUMIDA •
MATTHEW THOMPSON
BRITTANY TOUSSAINT
LYNETTE TWOMBLY
JOHN WEIBEL •
SUSAN WILLIS
SARAH WRONKIEWICZ
JENNY YOUNG
EMILY ZAREMSKI
ANDREW ZELASKO

LESS THAN 1 YEAR
of Service

FAITH DUNN
JENNA FRIZZELL
CHRISTY GERGITS
SAMANTHA GERGITS
SAMUEL JOHNSON
NINA KORUNA
CARRIE KRAUSKOPF
ABBY KRESAL
EMMA LOCHEN
MEGAN MAHON
STEPHANY MENDOZA
ANDREA MONROE •
LISA MORICI
CARLEY MOSS
COLLEEN PAVELECK
NICOLA PERNA
ALEXIS PRINTZ
ASHLEY PRINTZ
REBECCA QUIRK
NICHOLE RANDA
MADDIE RAFTERY
MICHAEL REYNOLDS
JORDAN ROSE
ANNA WALKER
SAGE WESTBROOK
CHLOE ZIRKEL

• Denotes reaching 5-year anniversary with SEASPAR. All anniversaries are as of **December 31, 2019**.
• Denotes individuals who volunteer at SEASPAR on a regular basis.

Donations, Honors, & Memorials

SEASPAR wishes to thank the following individuals, families, businesses, and community organizations for their generous donations made from June through September 2019.

AmazonSmile
BankFinancial
Matthew Corso
Donna Denz
Fred Fratto
Fresh Thyme
Google Ad Grants
Health Care Service Corporation
Kenneth Brooks Holland Memorial Fund of the DuPage Foundation
Knights of Columbus
St. Mary of Gostyn Council #16062
Paula Kolodziej
Sarah Litton
Megan Parker
C J Tracy

In Honor of
Carol Biello Hoffman

Mark Biello
George Brower
Lupe Griffin

In Honor of
Anna Cavallo's Birthday

Kathy Mellott
Mary Rebedeau
Frank Samargin

In Support of
Serena's Song

The Couri Family
Rotary Club of Lisle Charities
Lynn and Michael Shepka

In Honor of
Tommy Else's Birthday

Charles Brown
Katie Cozzi
Jonathan Elifson
Tommy Else
Bill Harris Jr.
Skip Hoffman
Angie Evans Lilek
Kathy Lundvall
Diann Markovic
Sharrann Simmons

In Memory of
Andrew Klein

Julia A. Corenzwit
Jeffrey Slovak
Elizabeth Tiseo

In Memory of
Emma Caroline Beatty

Linda Baca
Laura Baich
Geng Bang Jin
Cheryl Budimir
Linda Carlisle
James Chow & Family
Shirley Cronin
Jessica Dietzel
Marilyn Dort
Carmela G. Falconi
Christine Grohne
Kent Heydorn
Kimberly Klocke
Kathy Lundvall
Payformance Solutions Team
Kristen Shaban
Craig Stevens
Christopher Tauber
Diane Todd
Jim & Patty Travis
Robert & Valerie Webber

More Than $7,000 Raised

18 Holes

38 Golfers

Cart Sponsors

Ancel Glink, P.C.
Drs. Sam & Ellen Lilly
Deirdre Toler

Hole Sponsors

Advocate Good Samaritan Health & Wellness Center
Ancel, Glink, Diamond
Babich & Associates
Community Bank of Downers Grove
Downers Grove Economic Development Corporation
Downers Grove Park District
Good Samaritan Health & Wellness
Grove Foundation for Recreation
Holy Cow Sports
Lisle Park District
Lisle Savings Bank
MG Computer
Midwestern University
Tivoli Enterprises
The Thomas Family
TW Group, Inc. Insurance & Financial Services
Village of Western Springs
Woodridge Park District

Additional Donors

Big Run Golf Club
CustomPromos.com
Local Printing + Design
TW Group Inc., Insurance & Financial Services

Thank you to the following individuals who competed in SEASPAR's 17th annual **Summer Golf Classic** fundraiser at the Village Greens of Woodridge on July 12, and to the event's generous sponsors!

Special thanks to our golfers

Tim Arnett
Ruben Caballero
Frank Cabera
Teresa Chapman
Della Deldin
Carrie Dellamano
Blake Ertmanis
Bob Fleck
Diana Fought
Jim Hamilton
Matt Henderson
Dob Hoster
Dustin Kleefisch
Mike Koma
Bob Kotula
Jim Luke
Sharson Macak
Brian Mikan
Kevin Mikan
Kevin Miller
Anthony Morelli
Tina O'Connell
Derek Radek
Craig Rasin
Bob Reed
Jordan Rossi
David Schaefer
Jean Schaefer
Luanne Spiros
Steve Thomas
Joseph Weber
Ben Westberg
Bob Westberg
Don Westberg
Scott Westberg
John Wojdyla
Carmen Woodring
Sue Zapinski

1st Place
Westberg Group

2nd Place
Luanne Spiros Group

3rd Place
Jean Schaefer Group

Highlights

Longest Drive for Women: Carmen Woodring
Longest Drive for Men: Bruce Ertmanis
Closest to Pin: Diana Fought
Closest to Pin: Matt Henderson
Putting Contest Winner: Bob Westberg

Karate

The skills learned and the training methods used in non-contact karate help release tension and increase focus. Participants learn self-control, balance, and the ability to process and follow a series of directions. This is a continuous program, giving participants the ability to advance through the belt system and the opportunity to earn a black belt. All abilities are welcome, as instruction is tailored to each individual's progress.

Note: A waiver is sent with the program confirmation and must be returned by January 31.

Code	6-074-01-1
Location	True Balance Karate, Downers Grove
Dates	Mondays, February 10–May 4 (11w) *No program March 30*
Time	5:55–6:25 pm
Fee	$112

Swim Lessons •

In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff. Please be aware that we share the pools with the public.

Note: A waiver for The Hyatt Lodge is sent with the program confirmation and must be returned by January 24.

Swim lessons are 30 minutes each. Select the program that reflects your preferred day and location. Please state your preferred lesson time on the registration form. We will do our best to accommodate time requests, but due to high demand time slots are not guaranteed.

• The CORE Swim Lessons

Code	9-001-01-2
Location	The CORE, Lemont
Dates	Mondays, February 10–May 4 (12w) *No program March 30*
Time	4:00–6:00 pm
Fee	$192

• The Hyatt Lodge Swim Lessons

Code	9-001-01-5
Location	The Hyatt Lodge at McDonalds, Oak Brook
Dates	Tuesdays, February 11–May 5 (12w) *No program March 31*
Time	4:30–6:30 pm
Fee	$192

• The Hyatt Lodge Swim Lessons

Code	9-001-01-12
Location	The Hyatt Lodge at McDonalds, Oak Brook
Dates	Thursdays, February 13–May 7 (12w) *No program April 2*
Time	4:30–6:30 pm
Fee	$192

• The CORE Swim Lessons

Code	9-001-01-16
Location	The CORE, Lemont
Dates	Sundays, February 16–May 17 (12w) *No program April 5 & 12*
Time	5:15–7:15 pm
Fee	$192

Horseback Riding Lessons •

Whether you are new to the saddle or have been horseback riding before, this program is for you. Riders improve their balance, core stability, and strength while they enjoy the movement of their horse. Riders of all levels embrace the ageless goal of lightness and harmony with one's equine partner. Participants must be ambulatory and able to sit on a horse without a riding partner.

Note: Waivers are sent with the program confirmation and must be returned by January 31.

Location	**Hanson Center**, Burr Ridge
Dates	Wednesdays, April 8 & 22, May 6, 20 & 27
Fee	$360
Code	9-0707-01-1
Time	5:00–5:30 pm
Code	9-070-01-2
Time	5:30–6:00 pm
Code	09-070-01-3
Time	6:00–6:30 pm

About the Hanson Center

The Hanson Center is a premier Professional Association of Therapeutic Horsemanship International (PATH) certified facility. Its team of PATH certified instructors have been teaching therapeutic horsemanship lessons for more than 30 years.

Music Lessons •

Research demonstrates that studying music makes you smarter! Participants can choose between piano, drums, voice, or keyboard lessons, depending on the instructor (details below). Participants in drum lessons must bring their own drumstick. Bring a spiral notebook, pencil, and any music books you have used in the past.

Note: Lessons are one half-hour each. Participants should indicate their desired lesson time on the registration form. Returning students retain their lesson time if they register by January 7.

• Piano/Drums with Instructor Kevin Wood

Code	9-009-01-1
Ages	5 years and older
Location	Darien Sportsplex
Dates	Tuesdays, February 11–May 5 (12w) *No program March 31*
Time	6:00–9:00 pm
Fee	$220

• Keyboard/Voice with Instructor Nancy Urban

Code	9-006-01-5
Ages	5 years and older
Location	Westmont Community Center
Dates	Tuesdays, February 11–May 5 (12w) *No program March 31*
Time	7:00–9:00 pm
Fee	$220

• Keyboard/Voice with Instructor Nancy Urban

Code	9-006-01-2
Ages	5 years and older
Location	Darien Sportsplex
Dates	Thursdays, February 13–May 7 (12w) *No program April 2*
Time	3:30–5:00 pm 6:00–9:00 pm
Fee	$220

• Keyboard/Voice with Instructor Nancy Urban

Code	9-006-01-2
Ages	5 years and older
Location	Darien Sportsplex
Dates	Saturdays, February 15–May 9 (11w) *No program April 4 & 11*
Time	10:30 am–12:00 pm
Fee	$202

Sunshine Through Golf

The Sunshine Through Golf Foundation and Village Greens of Woodridge are teaming up to offer another great season of beginner golf instruction. We enjoy three weeks of instruction at Village Greens, two weeks at the Sunshine Course at the Midwest Golf House, and our final day is at Village Greens. Please call SEASPAR before the first class if you need to reserve clubs. No jeans or metal spikes may be worn on the course and proper golf attire is required.

Note: On May 14 and May 21, transportation is provided to the Sunshine Course. Please meet at Village Greens at 4:00 pm. Pickup is at 6:00 pm.

Code	9-041-01-2
Ages	8 years and older
Location	Village Greens of Woodridge
Dates	Thursdays, April 23–May 28 (6w)
Time	4:30–5:30 pm
Fee	$70

Ice Skating

Ice skating lessons provide individuals the opportunity to learn to skate or improve skating skills. Instructors and student teachers work cooperatively with SEASPAR staff to provide lessons which focus on skill development, coordination, muscle strengthening, increasing endurance, and fun! Lessons are designed to allow skaters to reach obtainable objectives while working toward one long-term goal. Skaters progress at their own rate according to their abilities.

Note: A waiver is sent with the program confirmation and must be returned by January 31.

Code	6-008-01-1
Location	Seven Bridges Ice Arena, Woodridge
Dates	Saturdays, February 8–March 28 (7w) *No program February 15*
Time	10:10–10:40 am
Fee	$134

Sensory Sunday •

UPDATED

Join us on Sunday for SEASPAR's Sensory Sunday program! You'll be able to experience all the fun equipment that the Wonders Multi-Sensory Room has to offer. Sensory Sunday is designed with you in mind and the different sensory needs you might have.

Each session is 30 minutes long and can be done with a sibling, a friend, or individually. Please indicate which 30-minute timeslot works for you on the registration form. You will then be contacted by a Coordinator before the start of program.

Note: We are no longer going to be using the Wonders punch cards. Recently purchased punch cards can be redeemed for SEASPAR credit at request. Please contact 630.960.7600 with questions.

Location	Wonders Multi-Sensory Room, Lisle
Dates	Sundays, February 16–May 3 *No program April 12*
Time	1:00–4:00pm

Code	Month	Sessions	Fee
9-099-01-3	February	2	$10
9-099-01-4	March	5	$25
9-099-01-5	April	3	$15
9-099-01-6	May	1	$5

Wonders
A MULTI-SENSORY ROOM

ENGAGE YOUR SENSES

SEASPAR's Wonders Multi-Sensory Room contains interactive equipment that pleases your senses in a variety of soothing ways. Feel the vibration of music as it plays through the Learning Chair, follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor. Control colors and lights with the touch of your hand and feel the calming coolness of glittering glass with the sparkle and marble walls.

Programs offered at Wonders include:

Sensory Sunday: A weekly program that gives families a flexible option to enjoy Wonders. Programs are available for children and adults.

Early Childhood Playgroup: A monthly program for families with children ages 2-5 that incorporates Wonders into a social experience.

Adapted Music Lessons: An all-ages, multi-week program that enables individuals with limited mobility to create music with movement sensory technology at Wonders.

Weekly Programs & Special Events: Multi-sensory elements are incorporated into many of our weekly programs and special events, especially for children.

Benefits of the multi-sensory room include:

- Improved mood
- Fewer disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improved communication
- Enhanced interpersonal interactions

Located at the Lisle Recreation Center – Door 8 1925 Ohio Street

A one-way observation window is available in the room adjacent to Wonders.

Complimentary Wi-Fi and coffee are provided.

The room primarily benefits individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia

Learn about programs and events held at Wonders on pages 12, 16, 17 and 24!

For information about Wonders or to schedule a tour, contact Molly Downing at 630.960.7664 or mdowning@seaspar.org.

Children & Young Teens Program Directory

	Program/Event	Ages	Days/Date	Location	Page #
Weekly Programs	Swim Lessons	All	Mondays/Tuesdays/Thursdays/Sundays	Lemont/Oak Brook	10
	Karate	**All**	**Mondays**	**Downers Grove**	**10**
	Boccia	All	Tuesdays	Darien	33
	Music Lessons: Piano/Drums	**5+**	**Tuesdays**	**Darien**	**11**
	Right Fit	10–15	Tuesdays	Willowbrook	15
	Music Lessons: Keyboard/Voice	5+	Tuesdays/Thursdays/Saturdays	Darien/Westmont	11
	Beginner Gymnastics	4–10	Tuesdays	Countryside	15
	Intermediate Gymnastics	11–15	Tuesdays	Countryside	15
	Horseback Riding Lessons	All	Wednesdays	Lemont	11
	Sunshine Through Golf	8+	Thursdays	Woodridge	12
	Adapted Music Lessons	All	Thursdays	Lisle	33
	Ice Skating	All	Saturdays	Woodridge	12
	Kids Club	5–10	Saturdays	Lisle (T)	16
	Power Soccer	All	Saturdays	Downers Grove	33
	Sensory Sunday	All	Sundays	Lisle	12
	Tour a Town	11–15	Sundays	Various	16
Special Olympics	Bocce (Pre-Season Practice)	8+	Wednesdays	Downers Grove	35
	Unified Golf	8+	Wednesdays	Various	36
	Golf (Pre-Season Practice)	8+	Thursdays	Addison (T)	36
	Bowling	8+	Thursdays	Westmont	36
	Swimming	8+	Saturdays	Downers Grove	37
	Athletics	8+	Saturdays/Sundays	Downers Grove	37
Special Events	Shrek: The Musical	10–15	Saturday, February 15	Northlake (T)	17
	Day Off School	5–15	Monday, February 17	Darien	17
	Fox-Bowl & Ice Cream	10–15	Saturday, February 22	Wheaton (T)	17
	Swim & Sensory	5–15	Saturday, February 29	Lemont (T)	17
	Pizza Making & Sing-along	10–15	Saturday, March 7	Darien	17
	St. Patrick's Day Party	10–15	Saturday, March 14	Lisle	17
	SkyZone	10–15	Saturday, March 21	Elmhust (T)	18
	Springtime Splash	10–15	Saturday, March 28	Schaumburg (T)	18
	Spring Break Camp	5–15	Monday, March 30–Friday, April 3	Lemont (T)	18
	Parents Night Out	5–10	Saturday, April 18	Darien	18
	Lunch & a Movie	10–15	Saturday, April 25	Lombard (T)	19
	Spring Fling Dance	7–15	Saturday, May 2	Clarendon Hills	19
	Mother's Day Gift Making	5–15	Saturday, May 9	Lisle (T)	19

(T) Transportation Available

Right Fit

Do you struggle with weight, strength/muscle tone, endurance, coordination, body awareness, confidence and/or social skills? If so, this program is the right fit for you! The Right Fit fitness program is a proven exercise program which includes all aspects of fitness through weight training, play, social, and sport activities. During the session, each participant receives their body measurements including height, weight, muscle mass, hydration, BMI, and grip strength.

Note: A waiver is sent with the program confirmation and must be returned by January 31.

Code	9-058-01-2
Ages	10–15
Location	Willowbrook Burr Ridge Sports Performance and Fitness Center, Willowbrook
Dates	Tuesday, February 11–May 5 (11w) *No program March 31*
Time	5:00–6:00 pm
Fee	$185

Registration Deadline
Tuesday, January 7 - 4:30 pm

Gymnastics •

NEW LOCATION

This high-energy program focuses on gross motor skills, strength, coordination, and flexibility. No experience necessary when starting out in our beginning gymnastics class. For our more seasoned participants, there is our intermediate gymnastics class. Classes are based on ability level of participant. Please wear athletic apparel.

Note: A waiver is sent with the program confirmation and must be returned by January 31.

Location	Flying High, Countryside
Dates	Tuesdays, February 11–May 5 (12w) *No program March 31*
Fee	$159

• Beginner Gymnastics

Code	9-053-01-1
Time	6:45–7:30 pm

• Intermediate Gymnastics

Code	9-092-01-1
Time	7:45–8:30pm

Tour a Town

Join us as we take an outdoor adventure through our member districts! Each week we'll explore a different park and town. A snack will be provided at one of our town's local establishments.

Note: This is a program involves moderate walking. Participants are expected to stay with the group.

Ages	11–15
Time	9:00–11:30 am
Fee	$31/Week
Code	9-085-01-1
Location	Westmont Community Center The Sweet & Savory Spot, Westmont
Date	Sunday, April 5
Code	9-085-01-2
Location	Spring Rock Park Oberweis Ice Cream, Western Springs
Date	Sunday, April 19
Code	9-085-01-3
Location	McCollum Park Miner Mike's Concessions, Downers Grove
Date	Sunday, May 3

Kids Club

Join our club just for kids! Activities include art projects, playing games, spending time in the Wonders Multi-Sensory Room, and even taking trips into the community. Snacks are provided each day.

Code	9-067-01-1
Ages	5–10
Location	Lisle Recreation Center
Dates	Saturday, February 15–May 9 (11w) *No program April 4 & 11*
Time	9:30 am–12:00 pm
Transportation	Lemont: 8:30 am–1:00 pm Denning: 9:00 am–12:30 pm
Fee	$172

Registration Deadline
Tuesday, January 7 - 4:30 pm

Discover More!
There's lots more to see online. Follow us on:

Shrek: The Musical

Once upon a time, there was an ogre named Shrek that lived in a swamp. One day, fairy tale characters from far and wide start invading because they were banished by the tiny terror, Lord Farquaad. Shrek sets off on a quest, with a wise-cracking Donkey, to help make his swamp peaceful again. Come watch Shrek's adventure with SEASPAR. Please have lunch before coming to the musical, which will be held at West Leyden High School Theater in Northlake.

Note: Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.

Code	9-203-01-1
Ages	10–15
Date	Saturday, February 15
Transportation	Lemont: 12:00–6:15 pm Denning: 12:35–5:45 pm SEASPAR: 1:00–5:15 pm
Fee	$55

Day Off School

Looking for something fun to do on your day off from school? Spend time with your friends as we travel throughout the community. Our day includes games, sports, crafts, and an outing. Please bring a sack lunch. Participants are divided into groups according to age and ability.

Code	9-205-01-1
Ages	5–15
Location	Darien Sportsplex
Date	Monday, February 17
Time	9:30 am–3:30 pm
Fee	$65

Fox Bowl & Ice Cream

Come join us for an afternoon of fun! We're going to be heading to Fox Bowl in Wheaton for 2 games of bowling. Afterwards, we'll have some Dairy Queen ice cream to complete our day!

Code	9-211-01-1
Ages	10–15
Date	Saturday, February 22
Transportation	Lemont: 1:00–6:00 pm Denning: 1:30–5:30 pm SEASPAR: 2:00–5:00 pm
Fee	$40

Swim & Sensory

Join us for a dip in the pool at The CORE, and then head to the nearby Lisle Recreation Center to enjoy the Wonders Multi-Sensory Room. Participants are placed into groups based on age and ability. Wear your swimsuit and bring a change of clothes, sunscreen, and a towel. Please label all belongings. Dinner is included.

Code	9-206-01-1
Ages	5–15
Location	The CORE, Lemont / Lisle Recreation Center
Date	Saturday, February 29
Transportation	Denning: 2:00–7:00 pm Lisle: 2:30–6:30 pm Lemont: 3:00–7:30 pm
Fee	$38

Pizza Making & Sing-along

It's Pizza Time! Join us for some fun pizza making as we roll out some dough and sprinkle some cheese. Everyone will be able to make their own personal pizza pie with all their favorite toppings. We'll also jam out to our favorite songs from our favorite sing-along movies!

Code	9-214-01-1
Ages	10–15
Location	Darien Sportsplex
Date	Saturday, March 7
Time	5:00–8:00 pm
Fee	$27

St. Patrick's Day Party

Dress in your favorite green outfit as we celebrate St. Patrick's Day. Show off your favorite Irish jig, go on a shamrock scavenger hunt, and build your own green treat! Refreshments are served.

Code	9-217-01-1
Ages	10–15
Location	Lisle Recreation Center
Date	Saturday, March 14
Time	1:30–4:30 pm
Transportation	Denning: 1:00–5:00 pm
Fee	$30

SkyZone

Jump around with all your friends at SkyZone in Elmhurst! There will be many trampolines, a foam pit, an obstacle course, and basketball. A small snack will be provided.

Code	9-220-01-1
Ages	10–15
Date	Saturday, March 21
Transportation	SEASPAR: 12:30–5:30 pm Lemont: 1:00–5:00 pm Denning: 1:30–4:30 pm
Fee	$60

Springtime Splash

Enjoy an afternoon of swimming, sliding, and splashing at The Water Works in Schaumburg. Wear your swimsuit and bring a change of clothes and a towel. Please label all belongings. A snack is included.

Code	9-222-01-1
Ages	10–15
Date	Saturday, March 28
Transportation	SEASPAR: 12:00–6:30 pm Denning: 12:30–6:00 pm Lemont: 1:00–5:30 pm
Fee	$48

Spring Break Camp

Join us for a week of fun while you're off school! Each day will have a different activity and will also include games, sports, and crafts. Please bring a sack lunch each day.

Ages	5–15
Location	Centennial Community Center, Lemont
Time	9:30 am–3:30 pm
Transportation	SEASPAR: 8:30 am–4:30 pm Denning: 9:00 am–4:00 pm
Fee	$65/Day

Code	9-225-01-1
Activity	Wonders
Date	Monday, March 30

Code	9-225-01-2
Activity	Bounce Town
Date	Tuesday, March 31

Code	9-225-01-3
Activity	Legoland
Date	Wednesday, April 1

Code	9-225-01-4
Activity	Swimming at The CORE
Date	Thursday, April 2

Code	9-225-01-5
Activity	Sagawau Environmental Center
Date	Friday, April 3

Parent's Night Out

Calling all parents! This is your time to enjoy a night out. Drop off your kids for a night filled with fun. Activities include crafts, music, and games. Dinner is provided.

Code	9-227-01-1
Ages	5–15
Location	Darien Sportsplex
Date	Saturday, April 18
Time	4:30–7:30 pm
Fee	$25

Lunch & a Movie

Enjoy the delectable offerings at Portillo's before seeing a new release at the Yorktown 18 in Lombard. We're going during their sensory-friendly film series! What a great way to spend your afternoon with SEASPAR friends! Please visit our website at SEASPAR.org or call SEASPAR on April 24 for movie title and times.

* **Note:** Transportation times are dependent upon the time of the movie and are subject to change.

Code	9-230-01-1
Ages	10–15
Date	Saturday, April 25
Transportation	Lemont: 12:30–6:30 pm*
	Denning: 12:00–7:00 pm*
	SEASPAR: 1:00–6:00 pm*
Fee	$48

Spring Fling Dance

What better way to celebrate the start of spring than with a dance! There will be games, crafts, music, friends, and fun! Refreshments will be provided.

Code	9-233-01-1
Ages	7–15
Location	Clarendon Hills Community Center
Date	Saturday, May 2
Time	4:00–6:00 pm
Fee	$20

Mother's Day Gift Making

Shh! It's a surprise. Join us as we make a special gift for our moms for their special day!

Code	9-236-01-1
Ages	5-15
Location	Lisle Recreation Center
Date	Saturday, May 9
Time	1:00–3:00 pm
Transportation	Lemont: 12:00–3:30 pm
	Denning: 12:30–4:00 pm
Fee	$27

Contact
for information about programs and special events for children & young teens.

Molly Downing
630.960.7664
mdowning@seaspar.org

Let us help!
We offer leisure counseling services for new and current participants. Give us a call at **630.960.7600** to discuss program options with our staff.

Teens & Adults (**ages 16+**) Program Directory

Weekly Programs

Program	Ages	Days	Location	Page #
Swim Lessons	All	Mondays/Tuesdays/Thursdays/Sundays	Lemont/Oak Brook	10
Karate	All	Mondays	Downers Grove	10
Afternoon Adventures	16+	Mondays	Various (T)	22
Teen Scene	16+	Mondays	Various (T)	22
Music Lessons: Piano/Drums	5+	Tuesdays	Darien	11
Day Away Tour	30+	Tuesdays	Various (T)	22
Aqua Exercise & Healthy Snack	16+	Tuesdays	Lemont	22
BINGO!	16+	Tuesdays	Downers Grove	22
Animal Assisted Therapy	16+	Tuesdays	Darien	22
Weight Training East	16+	Tuesdays	La Grange	23
Music Lessons: Keyboard/Voice	5+	Tuesdays/Thursdays/Saturdays	Darien/Westmont	11
Horseback Riding Lessons	5+/All	Wednesdays	Burr Ridge	11
Alley Cats	16+	Wednesdays	Lisle/Westmont	23
Diner's Delight	16+	Wednesdays	Lisle/La Grange	23
Sensory Explorers	16+	Wednesdays	Lisle	24
Actors Guild	16+	Wednesdays	Downers Grove	24
Holiday Treats	16+	Wednesdays	Darien	24
Critics Corner	16+	Wednesdays	Brookfield	24
Sunshine Through Golf	8+	Thursdays	Woodridge	12
Weight Training West	16+	Thursdays	Lisle	25
Crafters Club	16+	Thursdays	Darien	25
Yoga	16+	Thursdays	Darien	25
Glee Club	16+	Thursdays	Darien	25
At the Movies	16+	Thursdays	Woodridge/Hodgkins	25
Adapted Music Lessons	All	Thursdays	Lisle	33
Social Club	16+	Fridays	Various (T)	26
Ice Skating	All	Saturdays	Woodridge	12
Young Adult Club	16–22	Saturdays	Various (T)	26
Strikers	16+	Saturdays	Westmont	26
Saturday Night Socialites	22+	Saturdays	Various (T)	27
Power Soccer	All	Saturdays	Downers Grove	33
Sensory Sunday	All	Sundays	Lisle	12

(T) Transportation Available

	Program	Ages	Days/Date	Location	Page #
Special Olympics	Powerlifting	16+	Mondays	Lisle	34
	Tennis	16+	Mondays	Westmont	35
	Softball	16+	Tuesdays	Various	35
	Soccer	16+	Wednesdays	Various	35
	Bocce (Pre-Season Practice)	8+	Wednesdays	Downers Grove	35
	Artistic Gymnastics	16+	Wednesdays	Lemont	35
	Unified Golf	8+	Wednesdays	Various	36
	Golf (Pre-Season Practice)	8+	Thursdays	Addison (T)	36
	Bowling	8+	Thursdays	Westmont	36
	Flag Football (Pre-Season Practice)	16+	Fridays	Woodridge	37
	Swimming	8+	Saturdays	Downers Grove	37
	Athletics	8+	Saturdays/Sundays	Downers Grove	37
Special Events	Midwestern Dance	16+	Saturday, February 8	Downers Grove	28
	Guys Day Out	16+	Saturday, February 15	Oak Brook (T)	28
	The Secret of My Success	16+	Sunday, February 16	Aurora (T)	28
	PAC-MAN Entertainment	16+	Saturday, February 22	Schaumburg (T)	28
	Chicago Bulls	16+	Saturday, February 23	Chicago (T)	28
	Fun Fair*	16+	Friday, February 28	Lisle	29
	Museum of Science and Industry	16+	Saturday, February 29	Chicago (T)	29
	Winter Pool Party	16+	Sunday, March 1	Lemont (T)	29
	Spring Escape	16+	Friday, March 6–Sunday, March 8	Wisconsin Dells (T)	29
	St. Patrick's Dance*	16+	Friday, March 13	Clarendon Hill	29
	An American in Paris	16+	Saturday, March 14	Oakbrook Terrace (T)	30
	Casa Margarita	16+	Sunday, March 15	La Grange (T)	30
	Day Trip to Great Wolf Lodge	16+	Saturday, March 21	Gurnee (T)	30
	Chicago Blackhawks	16+	Sunday, March 22	Chicago (T)	30
	Chicago Wolves	16+	Saturday, March 28	Rosemont (T)	30
	Ladies Day Out	16+	Sunday, March 29	Schaumburg (T)	31
	Spring Pool Party	16+	Sunday, April 5	Lemont (T)	31
	Team Bowling Tournament	16+	Saturday, April 18	Westmont	31
	The Greatest Showman Sing-Along	16+	Sunday, April 19	Downers Grove (T)	31
	Crazy Hat Dance	16+	Saturday, April 25	Clarendon Hills	31
	Zazzo's Pizza	16+	Sunday, April 26	Westmont (T)	31
	Kinky Boots	16+	Sunday, May 2	Aurora (T)	32
	Luau Dance Party	16+	Sunday, May 3	Clarendon Hills	32
	Cantigny Park	16+	Saturday, May 9	Wheaton (T)	32

*Included in Social Club Schedule
(T) Transportation Available

Afternoon Adventures

Enjoy exciting travels throughout the community with your friends. You're sure to have a memorable time! Parents are responsible for pickup at SEASPAR after the program. A schedule is mailed with confirmations.

Code	9-007-01-3
Location	Various
Date	Mondays, February 10–May 4 (12w) *No program March 30*
Drop-off	SEASPAR: 2:45 pm Lisle: 3:00 pm
Pickup	SEASPAR: 6:00 pm
Fee	$306

Teen Scene

Spend the afternoon with SEASPAR exploring the community and having fun! Activities include shopping, movies, bowling, and more. Participants are picked up directly from Lyons Township South Campus & Denning Park. Parents are responsible for pickup at Denning Park after the program. A schedule is mailed with confirmations.

Code	9-012-01-2
Ages	16–26
Location	Various
Date	Mondays, February 10–May 4 (12w) *No program March 30*
Drop-off	Denning: 3:20 pm
Pickup	Denning: 6:00 pm
Fee	$312

Day Away Tour

If you are an older adult and have been wishing for something to do during the week, join Day Away Tour. This group travels beyond the local community to experience a variety of fun recreational activities. Outings include shopping, theatre, and sporting events. Participants should require little assistance. A schedule is mailed with confirmations.

Note: Based on the distance of the destination, times may vary.

Code	9-007-01-1
Ages	30 years and older
Date	Tuesdays, February 11 & 25, March 10 & 24, April 14 & 28
Transportation	SEASPAR: 9:00 am–3:00 pm
Fee	$312

Discover More!
There's lots more to see online. Follow us on:

Aqua Exercise & Healthy Snack

Jump right into SEASPAR's aqua exercise class! Build cardiovascular fitness and strength in a fun way. Participants experience a mix of water aerobic and aqua boot camp. After drying off, the group learns how to prepare a healthy snack. Wear your swimsuit under your clothes, and bring a towel. Participants will use the fitness center/walk the track on days the pool is not available.

Code	9-002-01-3
Location	The CORE, Lemont
Date	Tuesdays, February 11–May 5 (12w) *No program March 31*
Time	5:00–7:00 pm
Fee	$110

BINGO!

Don't miss your chance to be a big winner! Spend the evening with your SEASPAR friends trying your luck at B-I-N-G-O! We have many wonderful prizes and snacks, plus there's time to socialize.

Code	9-034-01-2
Location	Lincoln Center, Downers Grove
Date	Tuesdays, February 11–March 17 (6w)
Time	7:00–8:00 pm
Fee	$48

Animal Assisted Therapy •

Spend time with man's best friend. You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem.

• Session 1

Code	9-039-01-1
Location	Darien Community Center
Dates	Tuesdays, February 11–March 17 (6w)
Time	7:00–8:00 pm
Fee	$58

• Session 2

Code	9-039-01-2
Location	Darien Community Center
Dates	Tuesdays, March 24–May 5 (6w) *No program March 31*
Time	7:00–8:00 pm
Fee	$58

Weight Training East

Are you willing to go the extra mile and dedicate yourself to our successful weight training program? When it comes to changing how your body looks, weight training wins hands-down. Lifting weights can help raise your metabolism, strengthen bones, help you avoid injuries, increase your confidence and self-esteem, and improve coordination and balance.

SEASPAR staff assist you in choosing which exercises help you achieve your goals. Bring a water bottle. Athletic apparel and gym shoes are required. No jeans allowed.

Code	9-013-01-2
Location	Park District of La Grange
Date	Tuesdays, February 11–May 5 (11w) *No program March 31*
Time:	7:00–8:00 pm
Fee:	$81

Alley Cats

Enjoy a leisurely game of bowling with your friends. This non-competitive program focuses on the importance of sportsmanship, socialization, and fun with basic instruction. Scores are recorded to help participants track their progress. These scores are also used as a basis for participants who choose to sign up for Special Olympics Bowling.

Note: Parents, guardians, and/or caseworkers are responsible for bringing participants into the bowling alley and checking in with staff.

Keep the fun going! Alley Cats: Lisle Lanes pairs well with our **Diner's Delight: Lisle Lanes** program.

Day	Wednesdays
Fee	$180

Alley Cats: Lisle Lanes	
Code	9-023-01-1
Date	February 12–May 6 (*No program April 1*)
Time	4:00–5:00 pm

Note: Participants registered for **Lisle EAGLES** and **Alley Cats Lisle** are picked up from Lisle EAGLES at 3:30 p.m.

Alley Cats: Suburbanite Bowl	
Code	9-023-01-2
Date	February 12–May 6 (*No program April 1*)
Time	5:30–6:30 pm

Diner's Delight

Whether you work up an appetite from bowling, or are looking for an evening among friends, Diner's Delight can provide you with a tasty meal and friendly conversations. Staff help participants promote their independence by having them order their own meals, set the tables, engage in appropriate social interaction, and clean up after the meal. A schedule is mailed with confirmations.

Note: Participants registering only for Diner's Delight meet at Lisle Lanes at 4:45 pm or at Suburbanite Bowl at 5:15 pm.

Have an appetite for fun? Diner's Delight: Lisle Lanes pairs well with our **Alley Cats: Lisle Lanes** program.

Day	Wednesdays
Fee	$196

Diner's Delight: Lisle Lanes	
Code	9-022-01-1
Date	February 12–May 6 (*No program April 1*)
Time	5:00–6:30 pm

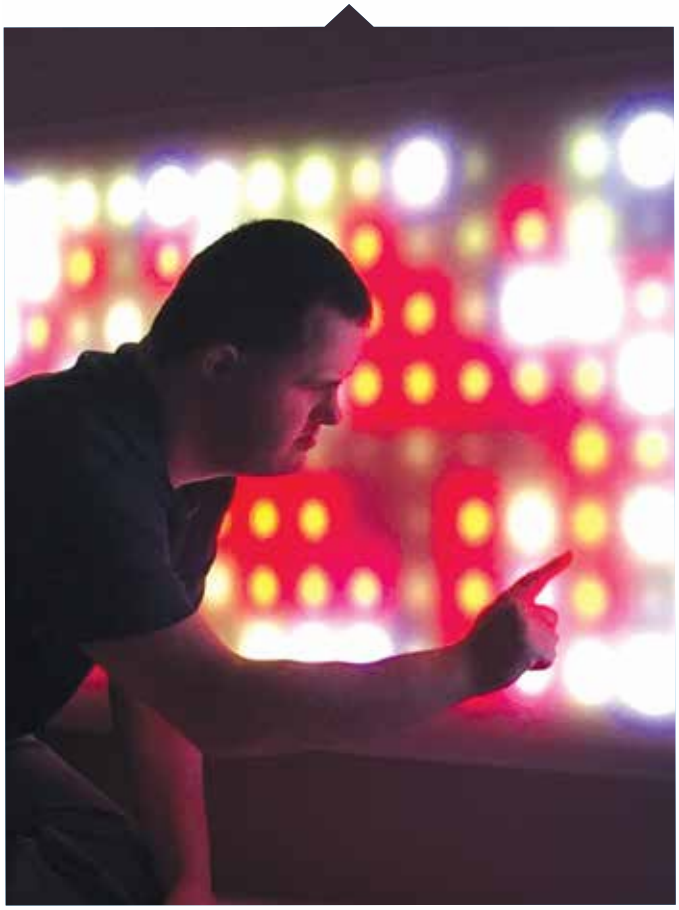
Diner's Delight: Denning	
Code	9-022-01-2
Date	February 12–May 6 (*No program April 1*)
Time	6:30–8:00 pm

Sensory Explorers

Our award-winning Wonders Multi-Sensory Room provides participants with a chance to explore their feelings and become interested in their surroundings. SEASPAR has established a variety of program times for you to enjoy the multi-sensory room each week.

Note: Each session is 30 minutes long and can be done with a sibling, a friend, or individually. Please indicate which 30-minute timeslot works for you on the registration form. You will then be contacted by a Coordinator before the start of program.

Code	9-099-04-1
Location	Wonders Multi-Sensory Room, Lisle
Date	Wednesdays, February 12–May 6 (12w) *No program April 1*
Time	4:00–6:00 pm
Fee	$72



Registration Deadline
Tuesday, January 7 - 4:30 pm

Actors Guild

This program is taught by Christine Grohne of Actors with Special Needs. Actors hone their acting skills and practice for the spring performance. Actors Guild is designed to build self-esteem, enhance character, and motivate each of you to do your best.

No acting experience is necessary. Family and friends are encouraged to practice lines with participants. Participants perform at the Spring Performance in May.

Code	9-010-01-1
Location	Lincoln Center, Downers Grove
Date	Wednesdays, February 12–May 6 (12w) *No program April 1*
Time	4:45–6:00 pm
Fee	$135

Holiday Treats

Each season brings new holiday treats to enjoy! We make delectable delights for each of our favorite holidays. Make a delicious treat for your favorite valentine, something lucky for St. Patrick's Day, and try a new recipe to bring in the spring season. Learn how to follow a recipe in order to create your succulent snack.

Code	9-032-01-1
Location	Darien Sportsplex
Date	Wednesdays, February 12–May 6 (12w) *No program April 1*
Time	6:00–7:30 pm
Fee	$134

Critics Corner

Love watching older movies at home? Come watch some of your favorites of all time with your friends and SEASPAR. Laugh, cry and be entertained be some of the greatest films of all time. Join us for quoting your favorite lines with your friends and enjoying dinner.

Location	Brookfield Municipal Building
Days	Wednesdays
Time	5:30–8:00 pm

Code	Date	Movie	Fee
9-021-01-1	February 26	*Batman*	$30
9-021-01-2	March 11	*Splash*	$30
9-021-01-3	March 25	*Three Amigos*	$30
9-021-01-4	April 8	*Funny Girl*	$30

Weight Training West

Are you willing to go the extra mile and dedicate yourself to our successful weight training program? When it comes to changing how your body looks, weight training wins hands-down. Lifting weights can help raise your metabolism, strengthen bones, help you avoid injuries, increase your confidence and self-esteem, and improve coordination and balance.

SEASPAR staff assist you in choosing which exercises help you achieve your goals. Bring a water bottle. Athletic apparel and gym shoes are required. No jeans allowed.

Code	9-013-01-1
Location	Lisle Community Center
Date	Thursdays, February 13–May 7 (12w) *No program April 2*
Time:	4:30–5:30 pm
Fee:	$81

Crafters Club

Get in touch with your creative side at SEASPAR's fine arts program! Participants focus on different art media such as jewelry, ceramics, and canvas.

Code	9-028-01-1
Location	Darien Community Center
Date	Thursdays, February 13–May 7 (12w) *No program April 2*
Time	6:00–7:00 pm
Fee	$93

Yoga

Yoga is designed to safely guide you toward enhanced strength, stamina, and flexibility. Studies show yoga has multiple health benefits such as reducing high blood pressure, blood sugar, and obesity. Mats are provided. Please bring a water bottle.

Code	9-033-01-1
Location	Darien Community Center
Date	Thursdays, February 13–May 7 (12w) *No program April 2*
Time	7:00–8:00 pm
Fee	$148

Glee Club

Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Practicing helps you stay "in tune" in preparation for the Spring Recital, keeping the "perfect pitch" for your friends and family.

Code	9-014-01-2
Location	Darien Sportsplex
Date	Thursdays, February 13–May 7 (12w) *No program April 2*
Time	6:00–7:00 pm
Fee	$102

At the Movies •

Lights, camera, action! Get together with friends to see the latest G, PG, or PG-13 movies. Registration includes access to 5 showings! Bring $10 for concessions if you wish. Please select your theatre of choice on your registration form.

Note: Parents, guardians, and/or caseworkers must check in with the supervisor upon arrival and departure.

Day	Thursdays
Dates	February 20, March 5 & 19, April 16, May 7
Fee	$90

• Cinemark – Seven Bridges, Woodridge

Code 9-019-01-1

• AMC Quarry Cinema, Hodgkins

Code 9-019-01-2

Now Showing: Visit our website or call us after 2:00 pm on the day of the program for movie title and showtime.

Social Club

Social Club offers activities and excursions within the community. As clubs are established, consideration is given to age, peer groups, carpools, CILAs, and issues that are important to you. Please be sure to list carpool information on the registration form. Accessible transportation is available.

Note: The Fun Fair and the St. Patrick's Dance are included in the club schedule.

Code	9-025-01-1
Date	Fridays, February 14–May 8 (11w) *No program April 3 & 10*
Time:	Various
Fee	$234

Young Adult Club

Calling all teens and young adults! This club is geared specifically for teens and young adults transitioning into adult programs. Activities and outings place a strong emphasis on socialization, while also having fun. It's the perfect opportunity to meet new friends and connect with old ones!

Code	9-095-01-1
Ages	16–22
Location	Various
Date	Saturdays, February 15 & 29, March 14 & 28, April 25, May 9
Transportation	SEASPAR: 1:30–6:00 pm Denning: 2:00–5:30 pm Lemont: 2:30–5:00 pm
Fee	$255

Discover More!
There's lots more to see online. Follow us on:

Registration Deadline
Tuesday, January 7 - 4:30 pm

Strikers

Enjoy a leisurely game of bowling with your friends. This non-competitive program focuses on the importance of sportsmanship, socialization, and fun with basic instruction. Scores are recorded to help participants track their progress. These scores are also used as a basis for participants who choose to sign up for Special Olympics Bowling.

Note: Parents, guardians, and/or caseworkers are responsible for bringing participants into the bowling alley and checking in with staff.

Code	9-023-01-3
Location	Suburbanite Bowl, Westmont
Date	Saturdays, February 22–May 9 (11w) *No program April 4 & 11*
Time	1:30–2:30 pm
Fee	$151

Saturday Night Socialites

This program is designed for adults who are ready to venture out on their own, but may need a jump-start. The group plans a variety of community outings.

A schedule is mailed and available on our website at SEASPAR.org once the activities are determined. Participants must contribute to the social dynamics of the group and adhere to dress and behavior codes.

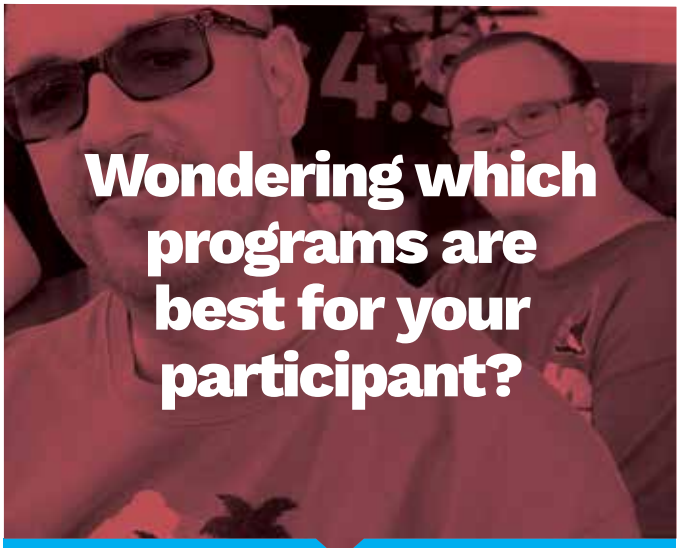
Code	9-026-01-1
Ages	22 years or older

! **Planning Date & Location:** Saturday, February 22, Yard House, Lombard

Location	Various locations
Date	Saturdays, March 7, March 21, April 18, & May 2
Transportation	SEASPAR: 6:00–9:30 pm Denning: 6:30–9:00 pm
Fee	$205

Contact
for information about programs teens & young teens (ages 16+).

Greg Pavesich
630.960.7629
gpavesich@seaspar.org



Let us help!
We offer leisure counseling services for new and current participants. Give us a call at **630.960.7600** to discuss program options with our staff.

Midwestern Dance

Get those dancing shoes on and get into the grove! Midwestern University, Downers Grove Campus, is hosting its 19th annual dance for SEASPAR and other SRAs. You'll have a blast as we dance along with our friends to some the era's best toe-tapping tunes! Refreshments are served. The event is held in the Student Athletic Center.

Code	9-201-01-1
Location	Midwestern University, Downers Grove
Date	Saturday, February 8
Time	6:30–8:30 pm
Fee	$20

Guys Day Out

Hey fellas, have a little spare time on your hands? Then join your friends and roll into Pinstripes in Oak Brook for a bit of bowling fun. Enjoy endless strikes, spares, turkeys, and maybe the occasional gutter ball. It's a game that can be enjoyed by all skill levels. Let's see those strikes and spares as we enjoy bowling at Pinstripes. Lunch is included.

Code	9-202-01-1
Date	Saturday, February 15
Transportation	Lemont: 10:15 am-3:45 pm SEASPAR: 10:45 am-3:15 pm Denning: 11:15 am–2:45 pm
Fee	$75

The Secret of My Success

The Secret of My Success concerns Brantley Foster, a young ambitious Midwesterner, who moves to New York City to start his dream job at a major corporation, only to be laid off on the very first day. This play is adapted from the smash 1987 Michael J. Fox movie that stayed at the top of the box office for 5 consecutive weeks. Bring $20 for concessions. Please have an early dinner before this event.

Note: Participants must be able to stay quiet and seated throughout the whole play to attend this event.

Code	9-204-01-1
Date	Sunday, February 16
Transportation	Lemont: 3:00–10:00 pm Denning: 3:30–9:30 pm SEASPAR: 4:00–9:00 pm
Fee	$75

Accessible Seat

Code	9-204-01-2

PAC-MAN Entertainment

PAC-MAN Entertainment is a unique dining and entertainment experience located at Woodfield Mall in Schaumburg. This massive 42,000-square-foot playground was inspired by Pac-Man and is designed to encourage social interaction. Join us for dinner and a bowling in a 80's arcade themed experience.

Code	9-207-01-1
Date	Saturday, February 22
Transportation	Lemont: 3:00–10:00 pm Denning: 3:30–9:30 pm SEASPAR: 4:00–9:00 pm
Fee	$80

Chicago Bulls

Cheer on the Chicago Bulls as they take on the Washington Wizards at the United Center in Chicago. Bring $25 for concessions and souvenirs. Participants must be able to remain seated during this event.

Note: Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. **This program is not recommended for those who fear heights**, as our seats are located in the 200 level. *

Code	9-208-01-1
Date	Sunday, February 23
Transportation	Lemont: 3:15–10:30 pm* SEASPAR: 3:45–10:00 pm* Denning: 4:15–9:30 pm*
Fee	$98

Accessible Seat

Code	9-208-01-2

Fun Fair

Students from Benet Academy in Lisle are hosting a fun-filled evening for SEASPAR. The gymnasium is transformed into a mini fun fair. Play carnival games, dance, or snack on delicious treats. Find a friend or two and play a round of Baggo. You won't want to miss this party!

Note: This event is included in all Social Club schedules.

Code	9-209-01-1
Location	Benet Academy, Lisle
Date	Friday, February 28
Time	6:30–8:30 pm
Fee	$20

Museum of Science and Industry

Tour the largest science museum in the western hemisphere. Housed in one of the only remaining buildings from the 1893 World's Fair, MSI is a Chicago must-see. You'll experience 14 acres of hands-on exhibits like tornadoes to Tesla coils, ancient boats to futuristic 'bots — the interactive and award-winning exhibits at MSI bring science to life. Bring $25 for lunch.

Code	9-210-01-1
Date	Saturday, February 29
Transportation	Lemont: 8:30 am–4:30 pm SEASPAR: 9:00 am–4:00 pm Denning: 9:30 am–3:30 pm
Fee	$80

Winter Pool Party

Come take a plunge with SEASPAR at The CORE pool. It might be cold outside, but we stay warm inside! Please wear your swimsuit under your clothes and bring a change of labeled clothes and towel. Pizza and munchies are provided.

Code	9-212-01-1
Location	The CORE, Lemont
Date	Sunday, March 1
Time	3:00–5:30 pm
Transportation	SEASPAR: 2:00–6:30 pm Denning: 2:30–6:00 pm
Fee	$45

Registration Deadline
Tuesday, January 7 - 4:30 pm

Spring Escape

Enjoy a fun filled weekend at Kalahari Resorts and Waterpark in Wisconsin Dells. Enjoy shopping, swimming at Wisconsin's largest indoor waterpark – and so much more. Participants share accommodations. Rooms are assigned according to age and gender. Contact Kim Huggins before Tuesday, January 7, if you want your own room or bed. An additional fee will apply for these arrangements. Staff may not be present in all rooms.

Note: This trip involves moderate walking. Participants are encouraged to contribute to group dynamics by cooperating with staff and fellow travelers, and by adapting their schedules and routines to accommodate the logistics of the trip. A $50 allowance is recommended for souvenirs and snacks. A packing list is sent one week prior to the trip.

Code	9-213-01-1
Date	Friday, March 6–Sunday, March 8
Drop off	SEASPAR: 9:00 am
Pick up	SEASPAR: 6:00 pm
Fee	$450

St. Patrick's Dance

Dress in your favorite green outfit as we celebrate St. Patrick's Day. Show off your favorite Irish jig as our DJ plays the latest tunes! Refreshments are served.

Note: This event is included in all Social Club schedules.

Code	9-215-01-1
Location	Clarendon Hills Community Center
Date	Friday, March 13
Time	6:30–8:30 pm
Fee	$20

An American in Paris

Drury Lane Theatre presents *An American in Paris*, a whimsical play of hope and possibility. Experience the story of Jerry Mulligan, an American GI in Paris doing his best to make it as a painter in the bustling city of Paris following the end of World War II. Bring $20 for concessions. Please have lunch before this event.

Note: Participants must be able to stay quiet and seated throughout the whole play to attend this event.

Code	9-216-01-1
Date	Saturday, March 14
Transportation	Lemont: 12:45–7:15 pm SEASPAR: 1:15–6:45 pm Denning: 1:45–6:15 pm
Fee	$95

Accessible Seat

Code	9-216-01-2

Casa Margarita

At Casa Margarita Mexican in La Grange, food is all about flavor. Your taste buds will be in overdrive when you indulge in one of our classic dishes. Bright and festive you'll feel like you are lounging in a tropical utopia. Come to Casa Margarita, where every day is a fiesta!

Code	9-218-01-1
Date	Sunday, March 15
Transportation	Lemont: 3:30–8:30 pm SEASPAR: 4:00–8:00 pm Denning: 4:30–7:30 pm
Fee	$68

Day Trip to Great Wolf Lodge

Jump in the water is fine as we explore Great Wolf Lodge in Illinois! Their 100% renovated and expanded Gurnee resort near Chicago offers both indoor waterpark and dry-land fun and access to the 80,000-square-foot completely transformed waterpark. Let's make a splash at Great Wolf Lodge! Bring $20 for concessions. Lunch is included.

Code	9-219-01-1
Date	Saturday, March 21
Transportation	Lemont: 9:00 am–6:00 pm SEASPAR: 9:30 am–5:30 pm Denning: 10:00 am–5:00 pm
Fee	$90

Discover More!
There's lots more to see online. Follow us on:

Chicago Blackhawks

Cheer for the Chicago Blackhawks at the United Center, Chicago as they take on the Nashville Predators. Bring $20 for concessions and souvenirs.

Note: Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. **This program is not recommended for those who fear heights**, as our seats are in the upper level. Participants must be able to remain seated during this event. *

Code	9-221-01-1
Date	Sunday, March 22
Transportation	Lemont: 3:00–11:00 pm* SEASPAR: 3:30–10:30 pm* Denning: 4:00–10:00 pm*
Fee	$149

Accessible Seat

Code	9-221-01-2

Chicago Wolves

Cheer for the Chicago Wolves at the Allstate Arena in Rosemont as they take on the San Antonio Rampage. Bring $20 for concessions and souvenirs.

Note: Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. Participants must be able to remain seated during this event. *

Code	9-223-01-1
Date	Saturday, March 28
Transportation	Lemont: 4:00 pm–12:00 am* SEASPAR: 4:30–11:30 pm* Denning: 5:00–11:00 pm*
Fee	$68

Accessible Seat

Code	9-223-01-2

Parents of Special Olympics Athletes:

Please check the events on page 34 for potential date conflicts.

Ladies Day Out

You'll feel like you're a million miles away! Gather your best of friends and join us for a Caribbean-themed ladies day out in an atmosphere inspired by sunshine and tropical goodness! Sample exotic island flavors or stick with your favorites dishes — the choice is yours when you're eating at Bahama Breeze Island Grille!

Code	9-224-01-1
Date	Sunday, March 29
Transportation	Lemont: 3:00–9:00 pm Denning: 3:30–8:30 pm SEASPAR: 4:00–8:00 pm
Fee	$78

Spring Pool Party

Come kick back and relax as we splish-splash away at The CORE pool in Lemont. Enjoy swimming with your friends as we have a good time! Please wear your swimsuit under your clothes and bring a change of labeled clothes and towel. Pizza and munchies are provided.

Code	9-226-01-1
Location	The CORE, Lemont
Date	Sunday, April 5
Time	3:00–5:30 pm
Transportation	SEASPAR: 2:00–6:30 pm Denning: 2:30–6:00 pm
Fee	$45

Team Bowling Tournament

The 40th annual Team Bowling Tournament is one of the highlights of the season. Bowlers from other SRAs join us in a friendly competition of bowling. Remember that SEASPAR's tournament is a team effort, meaning scores from every individual are pooled to create a team score. Lunch is provided.

Code	9-228-01-1
Location	Suburbanite Bowl, Westmont
Date	Saturday, April 18
Time	9:00 am–12:30 pm
Fee	$30

The Greatest Showman Sing-Along

Sing along and dance to the soundtrack that was nominated for awards including Best Song at the Oscars. Relive the story of P.T. Barnum, the spectacular visionary behind Barnum's circus with incredible music and extravagant wonder of this modern musical classic. Lunch is included.

Code	9-229-01-1
Location	Lisle Recreation Center
Date	Sunday, April 19
Time	5:00–7:45 pm
Transportation	Lemont: 3:45–8:45 pm Denning: 4:15–8:15 pm
Fee	$35

Crazy Hat Dance

Bad hair day? Bring out your craziest hat and help the Aktion Club raise money for local and global charities. Dress it up or down, the choice is yours. Awards will be given for the most creative and colorful hat. DJ John will be spinning our favorite songs. A variety of hot and cold appetizers will be served.

Code	9-237-01-1
Location	Clarendon Hills Community Center
Date	Saturday, April 25
Time	7:00–9:00 pm
Fee	$20

Zazzo's Pizza

Come join us at Zazzo's in Westmont where they are famous for their thin crust pizza and traditional Italian cuisine. Choose from their authentic Italian pasta, homemade Italian sausage, or a Zazzo's burger on garlic bread with American cheese and grilled onions; so much to choose from!

Code	9-231-01-1
Date	Sunday, April 26
Transportation	Lemont: 3:30–8:30 pm SEASPAR: 4:00–8:00 pm. Denning: 4:30–7:30 pm
Fee	$70

Kinky Boots

Paramount Theatre presents an uncanny story of a reluctant shoe maker and a fierce dancer and the path that brought them together. *Kinky Boots* captivates the audience with glorious costumes and dazzyingly tall heels and songs that are hard to forget. Bring $20 for concessions. Please have lunch before this event.

Note: Participants must be able to stay quiet and seated throughout the whole play to attend this event.

Code	9-232-01-1
Date	Saturday, May 2
Transportation	Lemont: 12:30–7:30 pm Denning: 1:00–7:00 pm SEASPAR: 1:30–6:30 pm
Fee	$71

Accessible Seat

Code	9-232-01-2

Luau Dance Party

Aloha! We're having a luau! Wear your Hawaiian shirts and hula skirts and we'll provide the leis. It's gonna get wackiki in here as we dance the night away. Hula on over and bring your aloha spirit, for this will be a tropical night to remember. Refreshments are served.

Code	9-234-01-1
Date	Sunday, May 3
Location	Clarendon Hills Community Center
Time	6:30–8:30 pm
Fee	$20

Cantigny Park

Take a step back in time as we tour the First Division Museum at Cantigny Park. The U.S. Army's 1st Infantry Division comes to life within their hallowed halls. Outside, explore their iconic tank park featuring 100 years of armor. A picnic lunch is included.

Code	9-235-01-1
Date	Saturday, May 9
Transportation	Lemont: 10:00 am–5:00 pm Denning: 10:30 am–4:30 pm SEASPAR: 11:00 am–4:00 pm
Fee	$52

Contact
for information about special events for teens & adults (16+)

Kim Huggins
630.960.7628
khuggins@seaspar.org

Let us help!
We offer leisure counseling services for new and current participants. Give us a call at **630.960.7600** to discuss program options with our staff.

Boccia

Join SEASPAR in playing boccia, designed for individuals whose physical impairment is their primary disability. Boccia is a game of precision in which the object is to place the balls closest to a target. Adaptive ramps are available to make the sport accessible for all individuals.

Code	9-050-01-1
Location	Darien Community Center
Date	Tuesdays, February 11–March 24 (7w)
Time	4:30–5:30 pm
Fee	$71

Adapted Music Lessons

Have you ever had the chance to make music? This exciting program at the Wonders Multi-Sensory Room gives individuals with limited mobility the opportunity to make beautiful music! The Soundbeam 5 translates movement into melody using movement sensory technology. Move your head, wave your hand, or spin your wheelchair, and musical notes fill the air.

Note: Each session is for one half-hour. Indicate your time preference on the registration form.

Code	9-050-09-1
Ages	All ages
Location	Wonders Multi-Sensory Room, Lisle
Dates	Thursdays, February 13–May 7 (12w) *No program April 2*
Time	4:30–6:30 pm
Fee	$84

Power Soccer

Participants use an oversized soccer ball and maneuver their power chairs to dribble, pass, shoot, and score goals. A footguard is attached to the front of the power wheelchair and the game is on! This program is an introduction to power soccer and is designed for beginners. Footguards are provided.

Code	9-050-06-1
Ages	All ages
Location	Westmont Community Center
Dates	Saturdays, March 28–May 2 *No program April 11*
Time	8:30-10:30 am
Fee	$45

Contact
for information about programs teens & young teens (ages 16+).

Greg Pavesich
630.960.7629
gpavesich@seaspar.org

Discover More!
There's lots more to see online. Follow us on:

Registration Deadline
Tuesday, January 7 - 4:30 pm

Special Olympics

Eligibility

Persons are eligible for Special Olympics if they are eight years of age or older and have been identified by an agency or professional as having intellectual disabilities, cognitive delays as determined by standardized measure, or have significant learning or vocational problems due to cognitive delays that require, or have required, specially designed instruction.

Application for Participation

Athletes wishing to participate in Special Olympics programs must have a current Special Olympics application for participation on file at SEASPAR. The application is available on pages 39 & 40 of this program guide or may be obtained online at SEASPAR.org/Special-Olympics. Faxed forms or copies are acceptable if all text is legible. The application is valid for two years from the date of the examination. Please contact SEASPAR to find out when your application expires.

Disclaimers

Team sports and relay events take precedence over individual sports or events at the state level of competition.

Athletes registered for team sports are expected to attend practices, games, and tournaments.

Contact
for information about Special Olympics

Sioban Goddard
630.960.7627
sgoddard@seaspar.org

2020 Special Olympics/ITRS/Invitational
Competition Schedule

Date	Event
TBD	Snowshoe Regional Qualifier
January 8	Alpine Ski Regional Qualifier
January 26	Basketball Regional Qualifier
February 4–6	Winter Games
February 8	WDSRA Swim Meet
February 16	ITRS Senior Basketball Tournament
March 5	Swimming Regional Qualifier
March 8	Gymnastics Regional Qualifier
March 13–15	State Basketball Tournament
March 29	Powerlifting Regional Qualifier
April 18	SEASPAR Team Bowling Tournament
February 8	WDSRA Track & Field Meet
April 26	Soccer Regional Qualifier
May 3	Spring Games
May 17	ITRS Soccer Tournament
June 12–14	Summer Games
June 27	Tennis Regional Qualifier
July 11	Bowling Regional Qualifier
July 13	Unified Golf Regional Qualifier
July 19	ITRS Softball Tournament
August 2	Softball Regional Qualifier
August 3	3-6-9 Hole Golf Regional Qualifier
August 15–16	State Tennis Tournament
September 11–13	Outdoor Sports Festival

NOTE: Dates are subject to change

Powerlifting

Athletes set and reach fitness goals through the disciplined and challenging sport of Powerlifting. Participants learn proper technique for both the deadlift and bench press, while improving their overall fitness level through weekly workout sessions. Athletes participate in the Special Olympics Illinois Regional Qualifier on March 29. Gold medal winners advance to the Summer Games at Illinois State University June 12–14.

Code	9-122-01-1
Ages	16 years and older
Location	Lisle Community Center
Dates	Mondays, February 10–June 8 (16w) *No program March 30 & May 25*
Time	6:30–8:00 pm
Fee	$206

Tennis

The SEASPAR Tennis program offers athletes an opportunity to improve agility, upper body strength, hand-eye coordination, and overall fitness. For first-time players and seasoned veterans, this program teaches the basic rules and etiquette of the game required for the individual skills competition through traditional court match play. Each week, coaches work on the basic skills of forehand and backhand shots, volleying, and serving. Athletes compete in the Special Olympics Illinois Regional Qualifier on June 27. Gold medal winners qualify for the State Tennis Competition August 15–16.

Code	9-119-01-1
Ages	16 years and older
Location	Diane Main Park, Westmont
Dates	Mondays, April 13–June 22 (10w) *No program May 25*
Time	4:30–5:30 pm
Fee	$135

Softball

Grab your mitt – the Spartans' Softball season is here! Athletes work to improve their skills through practices and games with other SRAs and local teams. Athletes are divided into teams according to game play ability, age, and the discretion of the coaches. Teams participate in the ITRS Tournament on July 19 and the Special Olympics Illinois Regional Qualifier on August 2. Gold medal winners qualify for the Outdoor Sports Festival September 11–13. Information regarding the program, transportation, and practices is sent at the start of the season. Uniforms and weekly schedules are distributed at practice prior to the first game.

Code	9-117-01-1
Ages	16 years and older
Location	Various
Dates	Tuesdays, April 28–July 28 (14w)
Time	Refer to schedule
Fee	$213

Bocce • Pre-Season Practice

Bocce, a favorite family game, is one of Special Olympics' most enjoyable competitive sports. Closely resembling bowling, this game requires skill, strategy, and a little luck. Learn to toss, roll, hit, and score while having a great time with your friends. Gold medal athletes who qualified for the 2020 Summer Games are encouraged to participate.

Code	9-104-01-1
Ages	8 years and older
Location	Ebersold Park, Downers Grove
Dates	Wednesdays, April 29–June 10 (6w) *No program May 13*
Time	5:30–6:30 pm
Fee	$65

Soccer

SEASPAR and Lily Cache Special Recreation Association athletes are once again teaming up on the soccer pitch! Coaches focus on general soccer skills such as dribbling, passing, and shooting, while emphasizing teamwork and good sportsmanship. Teams participate in the Special Olympics Illinois Regional Qualifier and the ITRS Tournament in April and May. Information regarding the program, transportation, and practices is sent at the start of the season. Uniforms and schedules are distributed at practice prior to the first game.

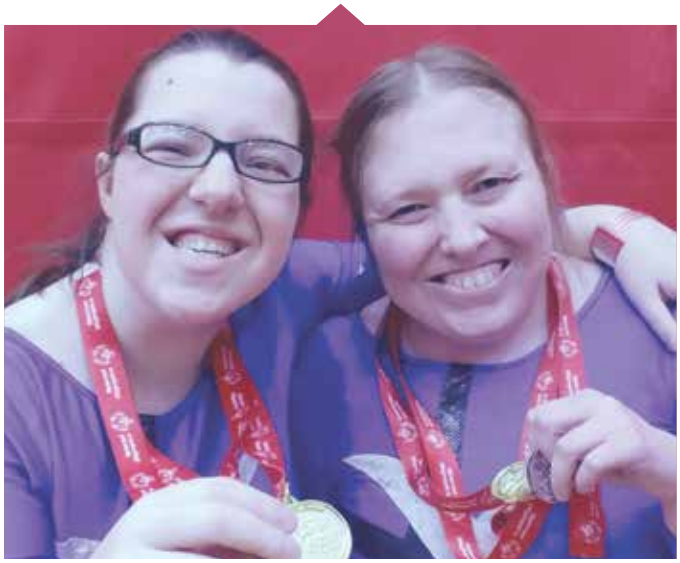
Note: The home field for the team is located at the Lily Cache Fields in Bolingbrook.

Code	9-116-01-1
Ages	16 years and older
Location	Various
Dates	Wednesdays, February 26–May 13 (12w)
Time	Refer to schedule
Fee	$145

Artistic Gymnastics

Gymnasts practice the individual movements required to complete specific routines for the Vault, Balance Beam, Uneven Bars, and Floor Routine, in preparation for the Special Olympics Illinois Regional Qualifier on March 8. Gold medal winners advance to the Summer Games at Illinois State University June 12–14. Participants must exhibit patience and be able to follow all safety guidelines for the facilities and equipment used. Athletes should wear gymnastics leotards or fitted clothing.

Code	9-114-01-2
Ages	16 years and older
Location	Centennial Community Center, Lemont
Dates	Wednesdays, February 12–June 10 (16w) *No program April 1 & May 13*
Time	7:15–8:30 pm
Fee	$249



Unified Golf

Unified Golf pairs a Special Olympics athlete with a "Unified Partner" for traditional course play. Scoring for Unified Golf is aggregate, meaning both players' scores on each hole are added together. The Special Olympics Regional Qualifier is on July 13. Gold medal winners qualify for the Outdoor Sports Festival September 11–13. Tee times are typically between 5:30 and 6:30 p.m. A schedule is sent prior to the first week. No jeans or metal spikes may be worn on the golf course. A collared shirt is required.

Code	9-123-01-1
Ages	8 years and older
Location	Various
Dates	Wednesday, April 29–July 8 (10w) *No program May 13*
Time	Refer to schedule
Fee	$171

Golf • Pre-Season Practice

This program is for the experienced, competitive golfer who wants to start the golf season early with some time on the range. Grab your clubs, meet with old friends, and add distance to your drives or accuracy to your short game. We use the temperature-controlled Links & Tees Dome for the first portion of the program and move to its outdoor driving range once the dome closes. A collared shirt and khaki shorts or pants are required.

Ages	8 years and older
Location	Links & Tees Golf Facility, Addison
Time	7:00–8:00 pm
Fee	$120
Code	9-113-01-1
Dates	Thursdays, February 20–March 26 (6w)
Code	9-113-01-2
Dates	Thursdays, April 9–May 14 (6w)

Discover More!
There's lots more to see online. Follow us on:

Registration Deadline
Tuesday, January 7 - 4:30 pm

Bowling

Join SEASPAR's Bowling team to train for competition. Coaches help you work on your form and techniques to improve your game. SEASPAR competes in the Special Olympics Illinois Regional Qualifier on July 11. Gold medal winners qualify for the Sectional Qualifier on October 20. Gold medal winners at the Sectional Qualifier compete at the State Bowling Competition in Peoria on December 7.

Note: Bowlers may only register for one of the two practice options.

Ages	8 years and older
Location	Suburbanite Bowl, Westmont
Dates	Thursdays, May 7–July 9 (10w)
Fee	$150
Code	9-106-01-1
Time	4:30 pm–5:30 pm
Code	9-106-01-2
Time	5:45 pm–6:45 pm

Flag Football • Pre-Season Practice

Come join us as SEASPAR prepares for the 2020 season of Flag Football! This program consists of skill-building drills and instruction on the rules and game. Information regarding transportation and practices is sent to participants at the start of the season.

Code	9-124-01-1
Ages	16 years and older
Location	Woodridge ARC
Dates	Fridays, May 29–June 19 (4w)
Time	6:00–7:30 pm
Fee	$51

Swimming

SEASPAR's Special Olympics Swimming program is designed for swimmers who can swim proficiently and want to compete. Practices focus on swim endurance and refining stroke mechanics. The team competes in the Western DuPage Special Recreation Association Swim Meet in February and the Special Olympics Illinois Swimming Regional Qualifier on March 5. Gold medal winners advance to the Summer Games at Illinois State University June 12–14.

Code	9-118-01-1
Ages	8 years and older
Location	Indian Boundary YMCA, Downers Grove
Dates	Saturdays, February 8–June 6 (15w) *No program April 4 & 11, May 23*
Time	1:00–2:00 pm
Fee	$195

Athletics

Join other athletes in training for various track and field events. Athletes participate in the Western DuPage Special Recreation Association Track and Field Meet in April and the Special Olympics Illinois Regional Spring Games on May 3. Gold medal winners from the Spring Games advance to the Summer Games at Illinois State University June 12–14.

Note: Meet at the basement-level indoor track. Use the west doors at the turn-around courtyard off Prince Street to access the building.

Ages	8 years and older
Location	Downers Grove North High School
Code	9-120-01-1
Dates	Saturdays, February 1–April 25 (11w) *No program April 4 & 11*
Time	3:00–4:00 pm
Fee	$167
Code	9-120-01-2
Dates	Sundays, February 2–April 26 (11w) *No program April 5 & 12*
Time	10:15–11:15 am
Fee	$167

Congratulations to all of SEASPAR's Special Olympics athletes who earned gold medals in Regional and State competitions in 2019!

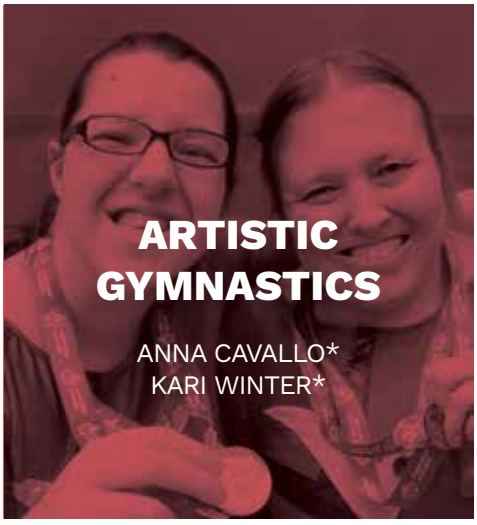
All listed athletes earned gold at Regional competitions.
Those marked with an asterisk earned gold at State competitions.

GOLF

MARK MALONEY
ADAM SIKORA
MOLLY SOSNOWSKI

ALPINE SKIING

WILLIAM PORCH



ARTISTIC GYMNASTICS

ANNA CAVALLO*
KARI WINTER*

SWIMMING

BETTY ANN DOHERTY
STEVEN GONZALEZ*
RYAN MCGUIRE*
BRIAN MEANY
MARK PLOSKONKA*
WILLIAM PORCH*
DAVID RAINERI*
DENISE SEDLACEK*
SAM SMETKO*
DANIEL SMROKOWSKI*
CHRIS TEGELER*

BOCCE

RON KAMPER*
WILLIAM PORCH

TENNIS

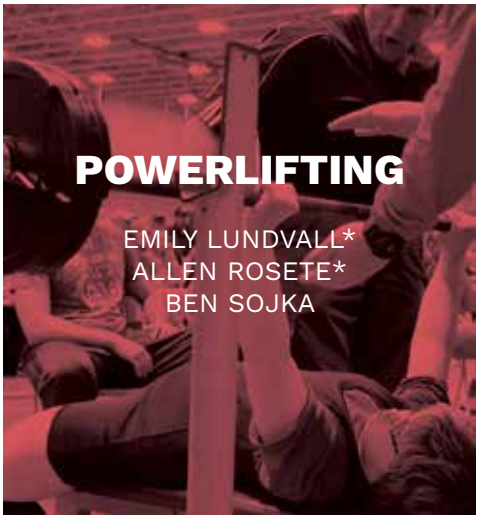
MICHAEL DRABIK

SNOWSHOEING

WILLIAM PORCH

ATHLETICS

CONNOR BRENNAN
MICHAEL DRABIK
COREY MCGINNIS
JOSEPH MURPHY
INNA PATEL
SAMANTHA WAGNER



POWERLIFTING

EMILY LUNDVALL*
ALLEN ROSETE*
BEN SOJKA

APPLICATION FOR PARTICIPATION IN SPECIAL OLYMPICS ILLINOIS

Valid Application for Participation is mandatory for all competitors

605 E. Willow St. · Normal, IL 61761-2682 · 309-888-2551

SOILL Rev. 8-1-17

ATHLETE INFORMATION

Athlete Name (last name, space, first name)

Birthdate M M D D Y Y

Agency Name: S E A S P A R

Sex (M or F)

Athlete's Mailing Address

Parent's/Guardian's (Please Circle One) Home Address

Athlete's City

Parent's/Guardian's City

State Zip Code -

State Zip Code -

Ethnicity ☐ White ☐ Black/African American ☐ Asian ☐ Hispanic/Latino ☐ Other _____

Parent's/Guardian's Home Telephone - -

HEALTH INSURANCE & EMERGENCY INFORMATION (Required for Processing)

Person to be contacted in case of emergency _____

Emergency Contact Phone (_____) _____

Medical Insurance Company _____

Policy Number _____

PARENT AND/OR GUARDIAN AUTHORIZATION AND MEDIA RELEASE

I, on my own behalf or as the undersigned parent and/or legal guardian of the above named applicant (hereafter referred to as the "Entrant"), hereby request permission for the Entrant to participate in Special Olympics programs. I acknowledge that Special Olympics will screen all entrants using the Sex Offender Public Registry and the Child Murder and Violent Offender Against Youth Registry and understand that entrants listed on either Registry will be denied participation. I affirm that this Entrant has never been on said Registries or, if Entrant was listed on either Registry but has since been removed, I will contact Special Olympics Illinois for instructions before submitting this application.

I represent and warrant to you that the Entrant is physically and mentally able to participate in Special Olympics, and I submit herewith a subscribed medical certificate. I understand that if the athlete has Down syndrome, he/she cannot participate in sports or events which, by their nature result in hyper-extension, radical flexion or direct pressure on the neck or upper spine unless a full radiological examination established the absence of Atlantoaxial Instability. I am aware that the sports and events for which this radiological examination is required are equestrian sports, artistic gymnastics, diving, pentathlon, high jump, alpine skiing, soccer, soccer skills, powerlifting squat, and butterfly stroke and diving starts in swimming.

On behalf of the Entrant and myself, I acknowledge that the Entrant will be using facilities at his/her own risk and I, on my own behalf, hereby release, discharge and indemnify Special Olympics from all liability for injury to person or damage to property of myself and Entrant.

In permitting the Entrant to participate, I am specifically granting permission to Special Olympics Illinois to use the likeness, voice and words of the Entrant in television, radio, films, newspapers, magazines and other media, and in any form not heretofore described, for the purpose of advertising or communicating the purposes and activities of Special Olympics and in appealing for funds to support such activities. I understand that by signing below I consent for the Entrant to participate in the Special Olympics Healthy Athletes Program that provides individual screening assessments of health status and health care needs. The Entrant has no obligation to participate and I understand the Entrant should seek his/her own medical advice and assistance and Special Olympics is not responsible for the Entrant's health.

If I am not personally present at Special Olympics activities in which the Entrant is to compete, so as to be consulted in case of necessity, you are authorized on my behalf and at my account to take such measures and arrange for such medical and hospital treatment as you may deem advisable for the health and well-being of the Entrant.

I, THE UNDERSIGNED ADULT ENTRANT, have read and fully understand the provisions of the above release and/or have had them explained. I hereby agree that I will be bound thereby and I shall defend Special Olympics Illinois and hold it harmless from disaffirmation thereof.

Entrant _____

☐ Athlete is own guardian

Witness _____ Date _____

Athlete's Email Address _____

I, THE UNDERSIGNED PARENT AND/OR GUARDIAN of the above specified Entrant, have read and fully understand the provisions of the above release and have explained them to said Entrant. I hereby agree that I and said minor will be bound thereby, and I shall defend Special Olympics Illinois and hold it harmless from any disaffirmation thereof by said minor.

Signature of Parent ☐ and/or Legal Guardian ☐ _____
(Check appropriate box)

Print Name _____ Date _____

Parent's Email Address _____

C

Region

MEDICAL CLEARANCE

PLEASE CHECK MEDICAL INFORMATION

Does athlete have Down Syndrome? Yes ☐ No ☐

If yes, have x-rays of the C1-C2 vertebrae been taken and examined? Yes ☐ No ☐

Date of x-ray _____

Is the athlete clear of Atlantoaxial Instability? Yes ☐ No ☐

Does the athlete have or is the athlete:

Heart Problems	Yes ☐	No ☐
Diabetic	Yes ☐	No ☐
Epileptic/Seizures	Yes ☐	No ☐
Blind	Yes ☐	No ☐
Deaf	Yes ☐	No ☐
Hepatitis	Yes ☐	No ☐

Other _____

Current Medication Dosage

_____

_____

_____

Allergies to medication, if any: _____

_____

Date of last Tetanus shot: _____

I have examined the above-named Entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in the Special Olympics sports training and competition program. Further information will be forwarded if required. Current medication, if any, is specified with dosage on this application.

Examination Date _____

Doctor's Signature _____

Print Name _____

Address _____

City _____ State ____ Zip _____

Phone (_____)_____

Instructions for Completing the Application for Participation

The Application for Participation (App) must be filled in completely. Apps with blank sections will not be accepted. This App is valid for 2 years from the date of the examination date, regardless of the Parent/Guardian/Entrant signature date. The only Application for Participation form that will be accepted is the revised form dated 4/1/08, 8/1/10 or 8/1/16.

Parent/Guardian and Doctor signatures must both be on the same App form. Phone consents or verbal consents will not be accepted.

If Entrant was listed on the Sex Offender Public Registry or the Child Murder and Violent Offender Against Youth Registry but has since been removed, contact the Special Olympics Illinois office for instructions before submitting this application.

ATHLETE INFORMATION AND HEALTH INSURANCE & EMERGENCY INFORMATION

1. The first two sections must be filled in completely. The ethnicity information is requested to assist in the organizational outreach efforts. The athlete should indicate their identified gender in the sex (M/F) section.

PARENT AND/OR GUARDIAN AUTHORIZATION AND MEDIA RELEASE

2. The Parent or Legal Guardian must read, sign and date the Parent/Guardian Authorization and Media Release.

a. The section must be signed and dated as printed. Deletions or alterations to the section will result in an invalid App. (Exception: Deletion of the last paragraph regarding medical treatment and attachment of a letter of explanation and 24-hour emergency telephone numbers from the State Office of Guardianship.

b. Only one of the two signature blocks must be completed. Special Olympics Illinois works under the understanding that this section may be signed by either:

- The (biological or adoptive) parent unless the athlete has been designated a ward of the state;

OR

- The legal guardian; this person must be legally assigned for the individual;

OR

- The athlete if he/she is over the age of 18 and has not been designated as needing and having been assigned a legal guardian. A witness signature is necessary if the athlete's signature is unrecognizable (for example, if the athlete's signature is an "X.")

MEDICAL CLEARANCE

3. The Medical Clearance section must be completed, signed and dated by a medical practitioner licensed to administer physical examinations by the state in which he/she practices.

This person, by signing the Medical Clearance, is stating that the athlete is in good health and can safely participate in Special Olympics sports training and competition. It is strongly suggested that the person administering the physical examination possess the following:

- Background and preparation in giving sports physical examinations.
- Qualifications to administer examinations that would not compromise his/her area of specialty.

AFTER COMPLETING THE APPLICATION ...

4. Send the original copy of the App to Sioban Goddard at SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515. Faxed forms or copies are accepted if all text is legible. Sioban will send the App to the Special Olympics Illinois Regional Office for validation. An Application for Participation will not be validated until all information is correct and completed on the approved form.

5. Special Olympics Illinois requires that all Applications for Participation be presented prior to and no later than the established Medical App deadline of a state championship level event (Winter Games, State Basketball Tournament, Summer Games, Outdoor Sports Festival, Fall Games, Floor Hockey or State Bowling Tournament). All Apps for the event in question must be valid throughout the completion of that state competition.
Applications for Participation for athletes participating in Regional Tournaments and Sectional Tournaments must be received before the entry deadline or with registration materials.
Applications not on file or in receipt by the specified deadline will not be accepted.

Special Olympics Illinois

For Application for Participation inquiries, please contact Sioban Goddard (SEASPAR-SOAD) at 630.960.7600 or sgoddard@seaspar.org.

EAGLES

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities Enhance Adult Growth through Lifestyle Education and Service. This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at four different sites throughout SEASPAR's communities: the Darien Sportsplex, Lemont Safety Village, Lisle Recreation Center, and Brookfield Municipal Building.

For more information, visit our website or contact Catherine Morava at 630.960.7620.

Aktion Club

Through the joint sponsorship of the Downers Grove and Lombard Kiwanis Clubs and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. It also performs several service projects annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support.

For more information, contact Catherine Morava at 630.960.7620.

Drop In Center

The Drop In Center at the Westmont Community Center provides individuals who have mental health needs an opportunity to spend leisure time in a friendly, relaxed atmosphere. Activities are designed to enhance relationships between friends, peers, and family members. The program features a planned activity or trip. Individuals may choose to stop by for a few minutes or stay the entire time. The program is free for everyone who attends. Donations are accepted. The Drop In Center is co-sponsored by SEASPAR and the DuPage County Health Department.

For more information, visit our website or contact Greg Pavesich at 630.960.7629.

Family Playgroup

Child and Family Connections and SEASPAR have joined together to offer playgroups to families of children with a disability, ages birth to five years. The goal of the playgroup is to bring families together in an open format, to play with other children, and to meet other parents with similar experiences. Toys, balls, books, the Wonders Multi-Sensory Room, and more are available. Siblings are encouraged to attend. The group meets the second Tuesday of the month from 9:30–11 a.m. at the SEASPAR program room at the Lisle Recreation Center.

For more information, contact Molly Downing at 630.960.7664 or Jenny Somone at Child and Family Connections at 331-481-4257.

Inclusion Services

As part of SEASPAR's continuum of recreation programs, inclusion services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. SEASPAR and its member entity staff encourage and aid, but do not force participation. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations.

For more information, visit our website or contact **Aaron Hirthe** at 630.960.7609.

Program Policies

Absences
When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and ensures that no tickets are wasted. Messages may be left on the after-hours absence line. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

ADA Statement
SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. This program guide is available in an alternate format upon request. Individuals who have an accommodation concern should contact Matthew Corso at 630.960.7600.

Annual Information Forms
SEASPAR requires that all participants complete an Annual Information Form (AIF) each calendar year. Individuals without a current AIF on file will not be permitted to participate. You do NOT need to submit an AIF each season, only once per year.

Atlanto Axial Subluxation
Individuals with Down Syndrome are at risk of having Atlanto Axial Subluxation Condition (ASC) that causes increased mobility in the cervical spine. For the safety of our participants, individuals with Down Syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for ASC. An x-ray determines if the condition is present. For more information, contact SEASPAR at 630.960.7600.

Check In
When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child.
Note: SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

Code of Conduct
SEASPAR asks all participants and guests to observe the behavior code of conduct when participating, spectating, or attending any SEASPAR activity. Participants and their guests are expected to:

- Show respect to all participants, staff and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and those at public facilities to enjoy the activity without disruption.
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or Inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

Discipline
SEASPAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SEASPAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of him/herself or others.

Participant Forms

Did you know? You can fill out many of our participant forms on our website!
Visit SEASPAR.org/Forms to complete your forms online or download fillable PDF versions.

En Español

¿Sabía usted que a la **Aplicación de Información Anual**, **Aplicación del Programa de Asistencia de Arifas** y el **Formulario de Inscripción** también son disponible en español? Por favor llámenos al 630.960.7600 para más información.

Drop-Off/Pickup

SEASPAR asks that parents/guardians/group home staff promptly drop-off and pickup participants at the designated program times. Be sure to check in with the staff when dropping off and picking up. Drivers will wait a maximum of ten minutes from the scheduled time. After the ten minute wait period, the driver will continue on the route to the next location. The staff make every effort to return on time from all outings. If unpredictable factors affect the scheduled drop-off or pickup times, SEASPAR staff will attempt to contact parents/guardians/group home staff.

If a participant is traveling home unsupervised, parents or guardians must submit written notice to the SEASPAR office prior to the start of the season. The necessary form can be requested by contacting the SEASPAR office at 630.960.7600.

Fee Assistance Program

SEASPAR is in a position to offer scholarships for a percentage of fees to our families with financial restrictions because we believe all residents, regardless of financial limitations, should have access to SEASPAR programs. Generally, fee assistance is available for up to 50% of the program fee. Any balance due from the previous season must be paid prior to receiving additional fee assistance. Fee assistance is not available for non-residents, day camp transportation, overnight trips, or the EAGLES adult day program. Participants in need of financial assistance may request a Fee Assistance Program Application by contacting the SEASPAR office, or by visiting our website at SEASPAR.org. Arrangements for a payment schedule are also possible to make the payment of fees more feasible. Please call the SEASPAR office at 630.960.7600 for more information.

Late Pickup Policy

If a participant has not been picked up at the scheduled program end time, the parent/guardian/group home staff will be contacted. After a ten-minute wait period, emergency contacts will be called. A fee will be applied for every ten minutes that a participant is picked up late or the SEASPAR vehicle is delayed. A notice will be sent to you indicating the fee being charged to your account.

Late Registration

The registration deadline is Tuesday, January 7 at 4:30 pm Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waiting list. However, there may be openings available for programs after the deadline; please call SEASPAR to find out if a program you are interested in is still available.

Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

Medication Dispensation

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in specially marked envelopes, complete the label, and give it to the program supervisor before the group leaves. To make the process work more efficiently for overnight trips, envelopes are sent to you along with the packing list. For day trips, staff provides envelopes at the drop-off point. For the convenience of those who are involved in many outings, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

Participant Expectations

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and normalization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call us at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

Participation

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

SEASPAR/WDSRA Agreement

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips and the EAGLES adult day program are not included. Registrations must be submitted by the agency's deadline, and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For more information, contact SEASPAR at 630.960.7600. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WSDRA.com.

Weather Cancellations

Weekly programs and special events may be cancelled due to inclement weather. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 4–4:30 p.m. for evening programs. If a program is cancelled, staff attempt to reach all participants by phone to inform them of the cancellation. If indoor facilities are available for weekly programs, the program is held as usual. Programs cancelled due to inclement weather are not rescheduled.

Severe Winter Weather Guidelines for Cancelling Programs	
Outdoor Programs or Programs with Transportation for Participants with Physical Disabilities	All Other Programs with Transportation
Temperature of Zero or Wind Chill of -10° or Less	Temperature of -10° or Wind Chill of -20° or Less

All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

Wellness Guidelines

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackie's virus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

Have registration questions?
Give us a call! Our friendly office staff is ready to help.

SEASPAR Registration Office
630.960.7600
SEASPAR.org

2020 Annual Information Form

SEASPAR Special parks & recreation

For office use only	
PDF _____	Date _____
RecTrac _____	Date _____
Details/Status _____	Date _____

Participant Name _____ Age _____ Birth Date _____ Gender _____

Address _____ City _____ Zip _____

Home Phone _____ Park District _____

Parent 1 Name _____ Cell # _____ Work # _____ Email _____

Parent 2 Name _____ Cell # _____ Work # _____ Email _____

Guardian Name _____ Cell # _____ Work # _____ Email _____

School _____ District # _____ Teacher _____ Permission to Consult with Teacher ☐ Yes ☐ No

Group Home/Residential Facility _____ Permission to Consult with Case Worker ☐ Yes ☐ No

Manager/Caseworker _____ Manager/Caseworker # _____

Weekend and/or Emergency # _____

Emergency Contact/Transportation Permission

(other than parents/guardian)

Name _____ Relationship _____ City _____ Transportation? ☐ Yes ☐ No

Home # _____ Cell # _____ Work # _____

Name _____ Relationship _____ City _____ Transportation? ☐ Yes ☐ No

Home # _____ Cell # _____ Work # _____

Transportation Permission in SEASPAR Vehicle? ☐ Yes ☐ No

Transportation Locations (Pickup/Drop Off) ☐ Denning Park ☐ Lemont ☐ SEASPAR ☐ Varies

Independent Departure (18 years or older) Is able to wait independently? ☐ Yes ☐ No Is able to go home on his/her own? ☐ Yes ☐ No

This permission applies to all programs? ☐ Yes ☐ No If no, please specify _____

Behavior/Communication

☐ Attention seeking	☐ Fear	☐ Manipulative	☐ Spitting
☐ Biting	☐ Hair pulling	☐ Pinching	☐ Steals
☐ Defiance/refusal	☐ Hitting/kicking	☐ Removal of clothing	☐ Tantrums/meltdowns
☐ Difficult transitions	☐ Hyperactivity	☐ Runs/wanders	☐ Throwing objects
☐ Easily distracted	☐ Inappropriate touching	☐ Self-abusive	☐ Verbal outburst

☐ Other _____

☐ Complies with verbal requests and directions ☐ Responds to specific verbal/non-verbal directions ☐ Responds to positive reinforcement

Does participant have a specific behavior plan? ☐ Yes ☐ No (If yes, please attach)

Method of communication: ☐ Communication board ☐ Facilitated communication

☐ Alternative communication ☐ Sign language ☐ Other _____

Please indicate any sensory needs the participant may have _____

_____

Additional Information _____

_____

Medical Information

Medical Conditions

Disability/Diagnosis _____

_____

Allergies ☐ Yes ☐ No (include food allergies and reactions) _____

_____

Dietary restrictions ☐ Yes ☐ No (not allergies) _____

Blood disorder ☐ Yes ☐ No _____

Diabetes ☐ Yes ☐ No (If YES, a Diabetes Plan is required)

Down Syndrome ☐ Yes ☐ No ASC testing result? ☐ Positive ☐ Negative ☐ Not tested

G-Tube ☐ Yes ☐ No (If YES, please attach instructions)

Hearing Impaired ☐ Yes ☐ No _____

Heart Condition ☐ Yes ☐ No _____

Seizures ☐ Yes ☐ No (If YES, a Seizure Plan is required)

Visually Impaired ☐ Yes ☐ No

Other (asthma, chronic illness, etc.) _____

_____

_____

Medications (list all prescription medications taken, even if not taken at program)

Drug Name (Brand/Generic)	Dose	Time	Reason	Side Effects

***Please attach sheet with additional medications if needed.**

Is participant responsible for self medication at programs? ☐ Yes ☐ No

Does staff need to remind participant to take medication? ☐ Yes ☐ No

I understand that it is my responsibility to give the medication directly to the SEASPAR staff with instructions in individual **clearly labeled envelopes**. In all cases, medication dispensing can only be changed or modified by amending this form. I hereby acknowledge that the above information provided for the dispensing of medication for the participant is accurate. I also understand that it is my responsibility to inform SEASPAR if any changes in the dispensing of medication occur. In all cases, the recommended dosage of any medication will not be exceeded. If after administering medication there is an adverse reaction, I give my permission to SEASPAR to secure from any licensed hospital physician and/or medical personnel any treatment deemed necessary for immediate care. I agree to be responsible for payment of any and all medical services rendered.

I recognize and acknowledge that there are certain risks of physical injury in connection with the administering of medication to the participant. In consideration of SEASPAR administering medication, I hereby fully release or discharge SEASPAR, and its officers, agents, employees, and volunteers from any and all claims from injuries, damages and losses the participant may have, arising out of, connected with, incidental to, or in any way associated with the administering of medication. I further agree to indemnify, hold harmless and defend SEASPAR, its officers, agents, employees, and volunteers from any and all claims resulting from injuries, damages, and losses sustained by the participant and arising out of, connected with, incidental to or in any way associated with the administering of medication.

Parent/Guardian Signature _____ Date _____

Participant Signature (over 21) _____ Date _____

Personal/Physical Requirements

Assistive Devices

Wheelchair ☐ Yes ☐ No Type ☐ Manual ☐ Electric Transport only in wheelchair? ☐ Yes ☐ No

Does participant need assistance with transfers? ☐ Yes ☐ No (If YES, a Transfer Plan is required)

Transfer to chair or floor? ☐ Yes ☐ No Transfer to seat in theater or restaurant? ☐ Yes ☐ No

Please indicate if used: ☐ Stroller ☐ Walker ☐ Cane/Crutches ☐ Prosthetic Device ☐ AFOs ☐ Other _____

☐ Service Animal (please describe) _____

What level of assistance does participant need?	Full	Moderate	Independent	Details
Eating/Drinking (cuts food, uses straw, etc.)	☐	☐	☐	_____
Toileting (diapers, catheter, wiping, etc.)	☐	☐	☐	_____
Dressing/Undressing (tying shoes, pulling up swimsuit, etc.)	☐	☐	☐	_____
Money Handling (monitor for correct change, no concept, etc.)	☐	☐	☐	_____
Reading (comprehension level, etc.)	☐	☐	☐	_____
Responsibility (keeping track of belongings, etc.)	☐	☐	☐	_____
Safety (crossing street, water safety, etc.)	☐	☐	☐	_____

Please select swimming ability ☐ Cannot swim ☐ Needs personal flotation device

☐ Can swim one length of pool without flotation device ☐ Competitive/multi-lap independent swimmer

Please indicate bowling need ☐ Ramp ☐ Bumpers

Sports Programs/Day Camp

Height _____ Weight _____ Shoe Size _____

T-Shirt Size: ☐ Child ☐ Adult

☐ Small ☐ Medium ☐ Large ☐ XL ☐ 2XL ☐ 3XL ☐ 4XL

Shorts Size: ☐ Child ☐ Adult

☐ Small ☐ Medium ☐ Large ☐ XL ☐ 2XL ☐ 3XL ☐ 4XL

Please list any information concerning the participant that would aid staff in ensuring a safe and enjoyable program for him/her. Remember, the more you tell SEASPAR, the better we can meet each participant's needs.

_____

_____

_____

_____

_____

_____

Indicate friends attending SEASPAR _____

Parent/Guardian Signature _____ Date _____

Participant Signature (over 21) _____ Date _____

Registration Information

Registration Procedures

Registration opens on Monday, December 9, and closes on Tuesday, January 7 at 4:30 p.m. First-time participants must register via mail or in person at the SEASPAR office.

Online Registration

To register online, visit SEASPAR.org. First-time online registrants must call the SEASPAR office for a user name, password, and instructions. The online registration requirements are:

- Must be a SEASPAR resident
- Must have no outstanding balance
- Must have 2020 Annual Information Form on file
- Full credit card payment is required at the time of registration

Mail/In-Person Registration

- Complete both sides of the registration form and sign it.
- All participants must have a 2020 Annual Information Form on file. The Annual Information Form is available on pages 45–47, or may be submitted online at SEASPAR.org.

Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information but do NOT need to submit a new Annual Information Form if one was previously submitted for 2020.

- Full payment must be received with the registration unless other arrangements have been made. Payment may be made by check, money order, cash, or credit card.
- Mail or drop off your registration form and payment as soon as possible, but no later than Tuesday, January 7 by 4:30 pm For after-hours convenience, there is a m ail slot at the SEASPAR office entrance.
- SEASPAR resident registrations received by Tuesday, January 7 will be processed randomly beginning Wednesday, January 8.
- Non-resident registration begins Thursday, January 9, and is processed randomly.
- Registrations will not be processed if a balance remains from a previous season. Please contact the SEASPAR office with questions about any outstanding balances.
- Registrations received after the registration deadline are accepted if space is available.
- Registrations must be received in the office five business days before an activity.
- SEASPAR encourages registration prior to January 7. This enables the staff to answer questions and provide additional information.
- Instructors may not receive payment or register participants at programs.
- SEASPAR sends registration confirmations two weeks before programs begin. Please review the confirmation to verify programs for which you are registered or on the waiting list.

Program Cancellations

- A program may be cancelled if the program minimum enrollment is not met.
- Programs may be cancelled due to inclement weather and are not rescheduled. See the Weather Cancellations information on page 44 for more information.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

Refund/Credit Procedures

- A full refund is issued if a program is cancelled by SEASPAR.
- In order for a participant to drop from a program, SEASPAR must be notified five business days prior to the start of the program to qualify for a refund. At that time, the participant will be refunded the cost of the program less a $5 processing fee, the cost of a ticket (if applicable, unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated refund is issued if a written medical excuse accompanies the refund request.
- No refund is given if a program is postponed due to low enrollment. If the program is subsequently cancelled, a full refund is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated refund is issued, less a $5 processing fee and ticket price, if applicable.
- All refunds are issued monthly.

Registrations will not be processed without payment.

Non-Resident Fee Policy

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. (See page 44 for information on the SEASPAR/WDSRA agreement.) An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A $20 resident fee is multiplied by two for a total of $40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

Photograph/Video Policy

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. If there is a specific reason you or your child/ward cannot be photographed, please contact us.

Registration Deadline
Tuesday, January 7 - 4:30 pm

Participant's Name_____Age_____Birth Date_____

Please print your program selection(s) in the table below. If your program offers more than one time or transportation option, please include your preference. (See transportation information and requirements on page 5.) Attach additional sheets if necessary.

Program Name	**Program Number**	**Transportation or Time Selection** (If Applicable)	**Fee**
Example: Bulls & Blackhawks Bonanza	9-223-011-1	Denning	$ 32
	- - -		$
	- - -		$
	- - -		$
	- - -		$
	- - -		$
	- - -		$
	- - -		$
	- - -		$
	- - -		$
	- - -		$
	- - -		$
	- - -		$
Would you like to include a donation to SEASPAR? If so, please indicate the amount to the right. **Thank you!**			$
		Total Fees	$

Full payment must be received with the registration unless other arrangements have been made.
Payment may be made by check, money order, cash, or credit card.

Payment Type: O Check O Cash O Money Order O Credit Card

Credit Card: O MasterCard O Visa O Discover

Cardholder Name _____

Account Number _____ Exp. Date _____

Authorized Signature _____

Please complete both sides of this registration form. Submit form and payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

The registration deadline is 4:30 p.m. on January 7. Registration confirmations will be sent two weeks before programs begin.

Only submit an Annual Information Form if you haven't done so yet for 2020. Contact the SEASPAR office to update information if necessary.

Office Use Only	
Date Rec'd	Cash Amt
Rec'd By	Check Amt
AIF Given	AIF Rec'd
Transportation: AP DA DE LE LI SE	

Winter Spring 2020 Registration Form

Participant Name_____ Age_____ Birth Date_____ Gender_____

Address_____ City_____ Zip_____

Are you a new participant? Yes O No O Is this a new address? Yes O No O Is this a new phone number? Yes O No O

If you are new to SEASPAR, how did you learn about us?_____

Home #_____ Participant Cell #_____ Participant Email_____

Parent 1 Name_____ Work #_____ Cell #_____ Email_____

Parent 2 Name_____ Work #_____ Cell #_____ Email_____

Guardian Name_____ Work #_____ Cell #_____ Email_____

Participant School_____ Teacher_____

Disabilities or Diagnoses_____

Are there any changes in allergic conditions? Yes O No O Dietary restrictions? Yes O No O Medication? Yes O No O

Other health issues? Yes O No O Please list_____

Do you have an updated emergency contact? Yes O No O Name_____

Address_____ Phone Number _____

Indicate friends and/or carpool accommodations_____

WAIVER AND RELEASE

IMPORTANT INFORMATION

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent/Guardian Signature_____ Date_____

Participant Signature (if 18 or older)_____ Date_____

PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian.
PARTICIPATION WILL BE DENIED if a 2020 Annual Information Form is not on file.

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Sunday, December 15
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Ticket sales benefit SEASPAR's programs & events

Tickets available online
SEASPAR.org

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SEASPAR
FISH FRY

Friday, February 21
Seatings at 5:30 & 7:30 pm

Wheatstack Restaurant
5900 S. Route 53, Lisle

All-You-Can-Eat Meal – $20
Children's Meal – $10
Carry-Out Available

Proceeds Benefit SEASPAR's Programs & Services

Purchase Tickets Online!
SEASPAR.org

SEASPAR Special parks & recreation

4500 Belmont Road
Downers Grove, IL 60515

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