

SEASPAR

SUMMER 2021

# CONNECTIONS

PROGRAM GUIDE



SUMMER 2021

JUNE 14 – AUG 8



## **SEASPAR Has a Fresh New Look!**

**We've updated our logo. The new design celebrates SEASPAR's commitment to teamwork and excellence. Be on the lookout for opportunities to earn merchandise featuring SEASPAR's new look.**

## **The Mission Continues!**

**SEASPAR continues to offer dynamic programming designed to connect you with friends in a safe and engaging environment, whether virtually or in-person.**

## MESSAGE FROM THE DIRECTOR

Summer 2021

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Finally, after a rough winter, both with the weather and navigating the pandemic, we are heading in a better direction. We're excited to bring you the summer season of programming, which runs from June 14 through August 8. Within this guide, you will find many of your favorite in-person and virtual programs. With the warmer weather allowing us to be outdoors more, we are offering even more in-person programs this season.

We all play a part in slowing down and even eliminating the spread of COVID-19, and I hope everyone is doing their part to move forward. We partnered with multiple other service organizations to host a vaccine clinic for our participants and caregivers, and it was a success. I thank Jewel-Osco for providing the vaccines and personnel to administer the shots and the Itasca Park District for hosting the event. It was a team effort and one more step to get us back to normal.

I'm so excited about the great programs we have to offer this summer and even bringing back some staple programs like summer day camp, expanding our EAGLES program, adding more sports, and more. We are still working within the current guidelines to provide these programs, so we still have some restrictions that continue to be a part of our lives, but we're getting closer to normal. We will continue to perform our due diligence to provide safe programming and continue offering virtual programs for people who prefer or need to join us from home.

I want to thank everyone who has supported SEASPAR through all the changes. We are excited to continue serving you by fulfilling our mission. I speak on behalf of all of the staff that we are excited to continue to move forward and can't wait for this summer.

See everyone under the sunshine,



Matthew Corso  
SEASPAR Executive Director

# PARTICIPANT ELIGIBILITY

## For In-Person Programming

For in-person programming, we have established eligibility and safety guidelines for staff and participants. Participants interested in registering for in-person programming will be required to complete an assessment to determine eligibility. Once the assessment is submitted, staff will review the assessment, pair it with recent experience with the participant (if any), and call families to ask any additional questions staff may have and ultimately to let them know the outcome. As always, evaluations of reasonable accommodations are made on a case-by-case basis to ensure that SEASPAR has as much information as possible about the specifics of the request being made, and SEASPAR retains the right at all times to re-evaluate participation when a situation is creating a direct threat of safety.

**To determine eligibility for in-person programs, a Participant Assessment must be completed prior to registration only if one has not already been approved.** The registration deadline for in-person programming is May 17.

### Participant Eligibility

- Ability to maintain a 6-foot physical distance from other participants and staff
- Ability to properly put on, wear, and take off a face covering when necessary, for the duration of the program
- Independent personal care (i.e. hygiene, toileting, feeding)
- Ability to participate with visual and verbal prompting within a ratio of one staff to four participants
- Ability to follow the SEASPAR Code of Conduct and other predetermined guidelines

### Wellness Screening Agreement

As part of the registration process, caregivers are committing to the guidelines set forth by the CDC and Illinois Department of Public Health. At the time of registration, caregivers will be asked to complete the Wellness Screening Agreement. This agreement requires that the participant be withheld from program if certain criteria are met. Please refer to the registration form starting on page 70 for more information.

# PARTICIPANT ELIGIBILITY

## For In-Person Programming

Although recreation programs always have an inherent risk, SEASPAR has taken several measures to promote safety and wellness in our in-person programs at this time.

- Program capacity will be adapted to current COVID-19 restrictions inclusive of staff and participants.
- In accordance with the Wellness Screening Agreement, caregivers should determine if any COVID-19 symptoms are present in the participant prior to each program. If so, **the participant must not attend the program.**
- Face coverings must be worn by participants and staff at all times. Exceptions will be made for mask breaks when physical distancing of at least 6 feet can be maintained.
- Participants must provide their own face covering.
- Parents and caregivers must wear face coverings when dropping off and picking up participants.
- Participants must adhere to a strict hand washing schedule.
- Staff will clean and disinfect frequently touched surfaces (table tops, door handles, etc.) before and after activities and in between uses of different individuals.
- Participants will be provided a supply kit to limit the need for sharing.
- Toys and learning tools not able to be sanitized will not be used.
- The use of playground equipment will be limited and determined by facility guidelines and the current status of the region's COVID-19 restrictions.
- SEASPAR will take measures to promote 6-foot physical distancing, such as seat assignments, outdoor activities, barriers, and traffic flow patterns.
- Participants and staff displaying symptoms of illness during the program will be removed from the group, and an approved adult will be required to pick them up within 30 minutes of notification. Participants will be supervised by staff while removed from the group. Participants will be required to have multiple emergency contacts to ensure that someone is available to pick them up if the need arises.
- Participants who have been exposed in close contact to someone with confirmed COVID-19 may only return to program after it has been 14 days from the time of the exposure.
- Participants diagnosed with or exhibiting symptoms of COVID-19 may only return to program after it has been 10 days from the time they have experienced symptoms, do not have a fever for 3 days (without taking medication to reduce fever), and have improvement in their respiratory symptoms (cough, shortness of breath). Alternately, a participant may return to program after 2 negative COVID-19 tests in a row, with testing done 24 hours apart.
- If participants have illnesses like allergies, or other non-contagious conditions that may appear similar to COVID-19, a note from a physician stating they are not contagious is required prior to attending program.
- To protect your participant and those they interact with, participants that do not adhere to program rules and the above guidelines may be removed from the program.



# Best Summer Ever

Are you ready to have the **BEST SUMMER EVER?** Make this summer one to remember with help from SEASPAR.

Programs at SEASPAR are specially designed for people with disabilities of all ages. All programs deliver engaging fun in a safe environment. Comprehensive lesson plans are developed by highly trained professionals and delivered by some of the most passionate staff in the area.

Explore endless possibilities at any of the programs offered by SEASPAR.

**Tag, you're it!**



Share this summer's best SEASPAR moments with SEASPAR's community! Tag your next social media post with the **#SummerAtSEASPAR** hashtag to share the fun.

# REGISTRATION

Summer 2021

## IN-PERSON OR VIRTUAL?

Will your favorite program meet in-person or virtually? Learn how programming is presented in this guide. Take a moment to familiarize yourself with the example below.

### PROGRAM NAME



**Program Description.** This section will provide you with a brief description about the program. It may also provide specific requirements, program notes, or instructions.

**Audience** Which age group this program is designed for

**Fee** Registration cost, if any

**Location** Where this program will take place

Code	Day(s)	Time	Date(s)
0-000-00-0	M-F	12:00-1:00pm	6/14-8/8

**Program Type Icon:** This guide contains In-Person and Virtual programs. To help you differentiate the type of program, all programs are assigned a program type icon located to the right of the program name. Each icon represents the following:



**In-Person** program



**Virtual** program



**Special Olympics** related program

**Location:** In-Person programs are assigned a meeting location. Program location details may be found on **page 13**.

**Code:** All programs are assigned a unique registration code. Click on a program's code to be linked to its online registration page (digital guide only).

The availability, format, start date, and/or fee for in-person programs are subject to change depending on current COVID-19 mitigations.

# REGISTRATION

Summer 2021



## REGISTRATION OPTIONS

**Online:** SEASPAR.org

**By Fax:** 630.960.7601

**Mail/** SEASPAR

**In Person:** 4500 Belmont Road  
Downers Grove, IL 60515

Registration procedures are located on pages 64–66.

**AIF, registration forms, and wellness screening agreement** are located on pages 67–72.



Registration opens on Monday, May 3, and closes on Monday, May 17 at 4:30pm.



## OFFICE HOURS

Monday–Friday, 8:30am–4:30pm  
Recorded Message After Hours

Visitors are welcome from 9:00am–4:00pm. Masks are required and there is a limit of three people per visit.

**The SEASPAR office will be closed on:**

May 31

July 5

4500 Belmont Road  
Downers Grove, IL 60515  
630.960.7600 • 711 - TRS  
630.960.7601 - Fax  
630.960.7582 - Program Hotline

## CONTACT US

Summer 2021



## WE'RE HERE TO HELP!

We want you to know, we're here to help.

Do not hesitate to contact SEASPAR with your questions. Ask for Registration Specialist Ruth Carbon for any assistance during registration.

### BY PHONE

630.960.7600  
711 - TRS

### PROGRAM HOTLINE

Caregivers can call 630.960.7582 anytime to directly reach our program hotline, where they can hear a recorded message with any program updates for the day, including cancellations.

### BY EMAIL

[Info@seaspar.org](mailto:Info@seaspar.org)

### SOCIAL MEDIA

[Facebook.com/SEASPAR](https://www.facebook.com/SEASPAR)  
[Twitter.com/SEASPAR](https://twitter.com/SEASPAR)  
[Instagram.com/weareseaspar](https://www.instagram.com/weareseaspar)

### WILLIAM CAZARES

Marketing Coordinator

### MATTHEW R. CORSO, CTRS, CPRP

Executive Director

### MOLLY DOWNING, CTRS

Recreation Coordinator

### MEGAN FREY, CTRS

Recreation Coordinator

### MATT GORECKI

Recreation Coordinator

### AARON HIRTHE, CPRP

Inclusion Manager

### KIMBERLY A. HUGGINS, CPRP

Senior Recreation Coordinator

### DAWN KRAWIEC, CPRP

Superintendent of Recreation

### CHRIS LAMBIASI

Human Resources Specialist

### KAREN LESNIAK

Superintendent of Administrative Services

### MORGAN MASON, CPRP

Administrative Services Manager

### CATHERINE A. MORAVA, CPRP

Day Program Manager

### SHANNON TOVEY, CTRS, SHRM-CP

Support Staff Manager

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Summer 2021

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## PROGRAMMING

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# PROGRAM DIRECTORY

## Summer 2021

Program/Event	  	Age	Days/Date	Page #
Swim Lessons	•	All Ages	Mon., Wed., Sat.	16, 26, 41
Sensory Seekers	•	All Ages	Mondays	17
Karate	• •	All Ages	Mondays	18
Sensory Explorers	•	All Ages	Wednesdays	27
Sensory Sunday	•	All Ages	Sundays	44
Virtual Magician	•	All Ages	Saturday, July 31	56
Music Lessons with Nancy	•	5+	Mon.–Fri. by appointment	46
Park and Splash East	•	5–10	Saturdays	40
Park and Splash West	•	5–10	Saturdays	40
Splish Splash at Ty Warner Park	•	5–15	Saturday, August 7	57
Sports Conditioning	•	8+	Mondays	14
Spartans Tennis	• •	8+	Tuesdays	23
Rocket League	•	8+	Wednesdays	25
Spartans Bocce	• •	8+	Wednesdays	28
Lightning Softball	•	8+	Wednesdays	29
Spartans Golf	• •	8+	Thursdays	33
Spartans Golf – Developmental	• •	8+	Thursdays	33
Sports Talk	•	8+	Fridays	36
Power Soccer	•	8+	Saturdays	39
Athletics	• •	8+	Sundays	43
Spartans Swimming	• •	8+	Sundays	45
Historic Tour and National Parks	•	8+	Saturday, June 26	49
Ice Cream Social Dance Party	•	8+	Friday, July 9	50
NSYNC Virtual Concert	•	8+	Saturday, July 10	51
Tour Italy's Amalfi Coast	•	8+	Saturday, July 24	54
Bringing the Zoo to You	•	8+	Sunday, July 25	55
Michael Jackson Virtual Concert	•	8+	Sunday, August 1	56
Hoedown Throwdown Dance	•	8+	Friday, August 6	57
Learn to Draw with Ginger!	•	8+	Saturday, August 7	58
Right Fit	•	10–15	Tuesdays	22
Sensory Hangout I	•	11–15	Saturday, June 26	49
Sensory Hangout II	•	11–15	Saturday, July 24	54
Saturday Morning Hangout	•	16–22	Saturdays	41
Drum Circle	•	16+	Mondays	14
Cooking with Chef Megan	•	16+	Mondays	15
Mini Golf	•	16+	Mondays	19
Karaoke	•	16+	Mondays	19

# PROGRAM DIRECTORY

Summer 2021

Program/Event				Age	Days/Date	Page #
Feast with Friends	•			16+	Tuesdays	20
Pawsitive Pet Therapy	•			16+	Tuesdays	20
Work-In 2.0	•			16+	Tuesdays	21
Sing and Jam	•			16+	Tuesdays	21
Picnic In The Park		•		16+	Tuesdays	22
Role Play	•			16+	Tuesdays	23
Game Night	•			16+	Tuesdays	23
Spartans Softball		•	•	16+	Tuesdays	24
Spartans Volleyball		•		16+	Tuesdays	24
Coloring Club	•			16+	Wednesdays	25
Actors Guild	•			16+	Wednesdays	27
Spartans Flag Football - Pre-Season		•	•	16+	Wednesdays	28
Yoga with Jen	•			16+	Wednesdays	29
Nature Hikers West		•		16+	Wednesdays	30
Nature Hikers East		•		16+	Wednesdays	30
Movie Club	•			16+	Thursdays	31
Weight Training		•		16+	Thursdays	31
Work-In with SEASPAR	•			16+	Thursdays	32
Glee Club	•			16+	Thursdays	32
Bingo – Virtual	•			16+	Thursdays	34
Bowling at Suburbanite		•		16+	Thursdays	34
Healthy Snack and Hangout	•			16+	Thursdays	35
Mystery Guest Host	•			16+	Fridays	36
Bingo – In-Person		•		16+	Fridays	37
Social Club – Lisle		•		16+	Fridays	37
Social Club – Western Springs		•		16+	Fridays	38
Social Club – Virtual	•			16+	Fridays	38
Saturday Night Socialites	•			16+	Saturdays	42
Art in the Park		•		16+	Sundays	45
SRA Bingo Night	•			16+	Saturday, June 19	48
Hiking at Fullersburg Woods		•		16+	Sunday, June 20	48
Picnic and Games West		•		16+	Sunday, June 27	50
Picnic and Games East		•		16+	Sunday, July 11	52
SRA Beach Bash	•			16+	Saturday, July 17	52
Dance In The Park		•		16+	Sunday, July 18	53
Hiking at the Morton Arboretum		•		16+	Sunday, July 25	55
Mini Golf and Ice Cream		•		16+	Sunday, August 8	58

# PROGRAM LOCATIONS

Summer 2021

## THE CORE FITNESS & AQUATIC COMPLEX

16028 127th St., Lemont

## DIANE MAIN PARK

300 W 59th St., Westmont

## EBERSOLD PARK

5923 Main St., Downers Grove

## EHLERT PARK

4338 Congress Park Ave., Brookfield

## FMC NATATORIUM

275 Plaza Dr., Westmont

## FULLERSBURG WOODS

3609 Spring Rd., Oak Brook

## GILBERT PARK

1500 Gilbert Ave., Downers Grove

## GRAND AVENUE COMMUNITY CENTER

4211 Grand Ave., Western Springs

## LEMONT PARK DISTRICT SOFTBALL FIELDS

16028 127th St., Lemont

## LINCOLN CENTER

935 Maple Ave., Downers Grove

## LISLE RECREATION CENTER

1925 Ohio St., Door 8, Lisle

## LOST MOUNTAIN ADVENTURE

1535 75th St., Woodridge

## MCCOLLUM PARK

6801 Main St., Downers Grove

## MINER MIKE'S ADVENTURE GOLF

6801 Main St., Downers Grove

## MIRACLE FIELD

16028 127th St., Lemont

## MORTON ARBORETUM

4100 IL-53, Lisle

## NED BELL PARK

1216 63rd St., Downers Grove

## PARK DISTRICT OF LA GRANGE

536 East Ave., La Grange

## RAY'S BAY MULTI-SENSORY ROOM

4211 Grand Ave., Western Springs

## SEASPAR

4500 Belmont Rd., Downers Grove

## SUBURBANITE BOWL

201 Ogden Ave., Westmont

## TRUE BALANCE KARATE

406 Ogden Ave., Downers Grove

## TY WARNER PARK

700 Blackhawk Dr., Westmont

## WESTMONT COMMUNITY CENTER

75 East Richmond Ave., Westmont

## WONDERS MULTI-SENSORY ROOM

Lisle Recreation Center, 1925 Ohio St., Door 8, Lisle

## WOODRIDGE ARC (ATHLETIC RECREATION CENTER)

8201 S. Janes Ave., Woodridge

Watch a quick video about SEASPAR's Participant Assessment requirement.



## DRUM CIRCLE



Join drumming instructor Chris Lavidas for a class that will get you moving in your seat! Focused on making music through drumming, this virtual program will help you learn a bit about rhythm and tempo as you drum along. No instruments needed, just a household item you can bang on like a pot, pan, or bowl.

Audience 16 years and older  
 Fee \$52

Code	Day(s)	Time	Date(s)
4-700-02-1	M	10:30–11:15am	6/14–8/2
No program 7/5			

## SPORTS CONDITIONING



Come join us for another season of Sports Conditioning. Be ready to stretch and work out with friends and SEASPAR staff. Each week we will do a different sport-specific workout routine and keep hydrated while doing it!

Audience 8 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-700-03-1	M	3:00–3:45pm	6/14–8/2
No program 7/5			

15

# MONDAY

Summer 2021



## COOKING WITH CHEF MEGAN



We're whipping up your favorite recipes in the kitchen! Learn to make delicious snacks, lunches, and dinners that you can share with your loved ones.

Audience 16 years and older  
Fee \$10

<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>Date(s)</b>
4-700-04-1	M	4:00-4:40pm	6/14-8/2
		No program 7/5	



### PROGRAM HOTLINE

630.960.7582

Call our program hotline anytime for program updates for the day, including cancellations.

## SWIM LESSONS



SEASPAR has again partnered with Coach Eve Learn to Swim and its certified instructors to provide quality swim lessons. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff. Please be aware that we share the pools with the public. **Note:** Swim lessons are 30 minutes each. Please include your preferred lesson time at the time of registration. We will do our best to accommodate time requests, but due to high demand, time slots are not guaranteed.

Audience All ages  
 Location The CORE, Lemont  
 Fee \$105

Code	Day(s)	Time	Date(s)
4-000-01-1	M	4:00–6:00pm	6/14–8/2
No program 7/5			

17

**MONDAY**  
 Summer 2021



## SENSORY SEEKERS



Welcome to Ray's Bay and our new Sensory Seekers program! Our new Multi-Sensory Room provides participants with a chance to explore their senses and become interested in their surroundings. **Note:** Sessions are 30 minutes each. There will be three sessions for this program to provide ample cleaning time to ensure the safety of those participating in this program. Please include your preferred session time at the time of registration. We will do our best to accommodate time requests, but due to high demand, timeslots are not guaranteed.

Audience All ages  
 Location Ray's Bay Multi-Sensory Room, Western Springs  
 Fee \$45

<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>Date(s)</b>
4-090-01-1	M	4:00–6:00pm	6/14–8/2
No program 7/5			



18

**MONDAY**  
Summer 2021

## KARATE



The skills learned and the training methods used in non-contact karate help release tension and increase focus. Participants learn self-control, balance, and the ability to process and follow a series of directions. This is a continuous program, giving participants the ability to advance through the belt system and the opportunity to earn a black belt. All abilities are welcome, as instruction is tailored to everyone's progress.

Audience All ages  
 Location True Balance Karate, Downers Grove for in-person option  
 Fee \$40

### Virtual

Code	Day(s)	Time	Date(s)
4-700-05-1	M	5:30–6:00pm	6/14–8/2
No program 7/5			

### In-Person

Code	Day(s)	Time	Date(s)
4-000-02-1	M	5:30–6:00pm	6/14–8/2
No program 7/5			



## MINI GOLF



Here is your chance to become the next Tiger Woods! Enjoy some friendly competition, learn sportsmanship, and experience an exciting new challenge as we take to the greens of Lost Mountain Adventure Golf!

Audience 16 years and older  
 Location Lost Mountain Adventure Golf, Woodridge  
 Fee \$70

Code	Day(s)	Time	Date(s)
4-030-01-1	M	6:00–7:30pm	6/14–8/2
No program 7/5			

## KARAOKE



Sing your heart out and enjoy karaoke virtually with your friends. A list of songs will be emailed to you weekly so you can pick a few of your favorites to add to the playlist.

Audience 16 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-700-06-1	M	6:30–7:30pm	6/14–8/2
No program 7/5			

20

## TUESDAY

Summer 2021

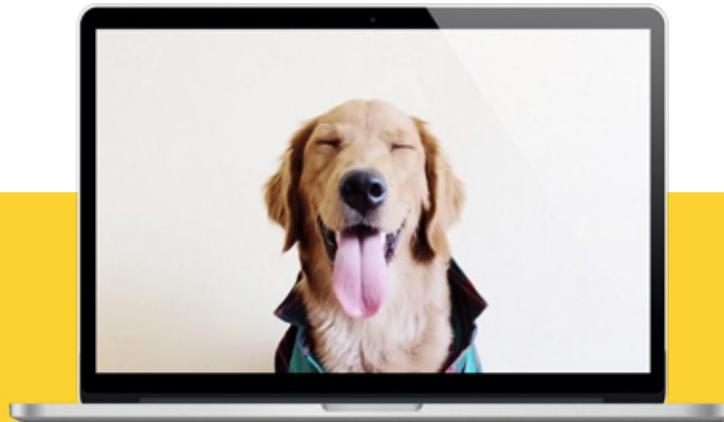
### FEAST WITH FRIENDS



What better way to spend lunch than with SEASPAR? We'll have great conversations, catch up with our friends, and share our favorite lunches. Make your lunch ahead of time and join in. We look forward to seeing you!

Audience 16 years and older  
Fee FREE

<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>Date(s)</b>
4-700-07-1	TU	12:00–12:30pm	6/15–8/3



### PAWSITIVE PET THERAPY



Brighten up your day with a virtual visit from man's best friend! Join fellow dog lovers and our friends from Rainbow Pet Therapy for an educational experience full of tail-wagging adventure.

Audience 16 years and older  
Fee FREE

<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>Date(s)</b>
4-700-08-1	TU	2:00–2:30pm	6/15–8/3



## WORK-IN 2.0



No weights? No worries! SEASPAR is working out from home in this strength training program. We will be using everyday items found in your home to work on building and toning our muscles. You can use laundry detergent bottles, jugs of milk, or shampoo bottles. Let's sweat!

Audience 16 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-700-09-1	TU	3:00–3:45pm	6/15–8/3

## SING & JAM



Join a Music Therapist from Dynamic Lynks for a virtual music group to socialize with peers through active music making! Learn songs for relaxation, regulation, make original fun songs through an interactive computer app, and get up on your feet to groove with these awesome beats!

Audience 16 years and older  
 Fee \$60

Code	Day(s)	Time	Date(s)
4-700-11-1	TU	4:00–4:45pm	6/15–8/3



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**TUESDAY**  
Summer 2021

## RIGHT FIT



Are you ready for a non-stop, energized, total body workout? Train with Right Fit virtually! Weekly programs are based off body weight exercises using at-home items. Each week, the Right Fit Raise the Bar team will send you the workout plan and supply list. No formal workout equipment is needed.

Audience 10 to 15 years old  
Fee \$52

Code	Day(s)	Time	Date(s)
4-700-10-1	TU	4:00–4:45pm	6/15–8/3

## PICNIC IN THE PARK



Summer nights are here! This program is designed so we can play games, take a walk around the park, or just socialize with friends. A light summer snack will be provided. Bring your energy, comfortable clothing, gym shoes, and bug spray for a fun night in the great outdoors! In the event of bad weather, the program is held at the Lincoln Center.

Audience 16 years and older  
Location McCollum Park, Downers Grove  
Fee \$90

Code	Day(s)	Time	Date(s)
4-030-02-1	TU	4:30–5:45pm	6/15–8/3

## TUESDAY

Summer 2021

### SPARTANS TENNIS



The SEASPAR Tennis program offers athletes an opportunity to improve agility, upper body strength, hand-eye coordination, and overall fitness. For first-time players and seasoned veterans, this program teaches the basic rules and etiquette of the game required for the individual skills competition through traditional court match play. Each week, coaches work on the basic skills of forehand and backhand shots, volleying, and serving. Grab a racquet and join us on the court!

Audience 8 years and older  
 Location Diane Main Park, Westmont  
 Fee \$42

Code	Day(s)	Time	Date(s)
4-100-01-1	TU	5:30–6:30pm	6/15–8/3

### ROLE PLAY



Express yourself and gain confidence! Participants work on new scenes each week in this non-performance based acting class. The program focuses on group activities and improvisations.

Audience 16 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-700-12-1	TU	5:00–6:00pm	6/15–8/3

### GAME NIGHT



Let the games begin! Each week, we will be playing a different game with our friends.

Audience 16 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-700-13-1	TU	6:30–7:15pm	6/15–8/3



## SPARTANS SOFTBALL



Grab your mitt, helmet, and bat – the Spartans' Softball season is here! Athletes will play other agencies during the season while wearing masks and socially distancing. We are looking forward to getting back into the swing of things!

Audience 16 years and older  
 Location Lemont Park District Softball Fields  
 Fee \$65

Code	Day(s)	Time	Date(s)
4-100-02-1	TU	6:30–8:00pm	6/15–7/20

## SPARTANS VOLLEYBALL



It's time for another session of Spartans Volleyball! The coaching staff teaches fundamentals and sportsmanship through practice.

Audience 16 years and older  
 Location Park District of La Grange  
 Fee \$95

Code	Day(s)	Time	Date(s)
4-100-03-1	TU	6:30–8:00pm	8/10–10/5

**WEDNESDAY**

Summer 2021

**COLORING CLUB**

Haven't you heard? Coloring is the most relaxing, stress-relieving, and fun way to spend your day! Join SEASPAR for our Coloring Club, where we will be coloring different pages each week.

Audience 16 years and older  
Fee FREE

<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>Date(s)</b>
4-700-14-1	W	4:00–4:30pm	8/16–8/4

**ROCKET LEAGUE**

Accelerate, jump, pass, and shoot! Join SEASPAR as we offer the fast-paced virtual sport of Rocket League. You will have the opportunity to play with your friends or against them in exhibition matches and SEASPAR tournaments. Watch the weekly leaderboard and see where you rank after each round! If you are new to this game, we also have an instructional video on how to download the game onto your computer, how the controls work, and a sneak peak at the game play.

Audience 8 years and older  
Fee FREE

<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>Date(s)</b>
4-700-15-1	W	4:00–5:00pm	6/16–8/4



## SWIM LESSONS



SEASPAR has again partnered with Coach Eve Learn to Swim and its certified instructors to provide quality swim lessons. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff. Please be aware that we share the pools with the public. **Note:** Swim lessons are 30 minutes each. Please include your preferred lesson time at the time of registration. We will do our best to accommodate time requests, but due to high demand, time slots are not guaranteed.

Audience All ages  
 Location FMC Natatorium, Westmont  
 Fee \$120

Code	Day(s)	Time	Date(s)
4-000-01-2	W	4:00–6:00pm	6/16–8/4

# WEDNESDAY

Summer 2021

## SENSORY EXPLORERS



Wonders is back and better than ever for our Sensory Explorers program! Our award-winning Wonders Multi-Sensory Room provides participants with a chance to explore their feelings and become interested in their surroundings. **Note:** Sessions are 30 minutes each. There will be three sessions for this program to provide ample cleaning time to ensure the safety of those participating in this program. Please include your preferred session time at the time of registration. We will do our best to accommodate time requests, but due to high demand, timeslots are not guaranteed.

Audience All ages  
 Location Wonders Multi-Sensory Room, Lisle  
 Fee \$51

Code	Day(s)	Time	Date(s)
4-090-02-1	W	4:00–6:00pm	6/16–8/4

## ACTORS GUILD



This program is taught by Christine Grohne of Actors with Special Needs. Actors Guild is designed to build self-esteem, enhance character, and to motivate everyone to do their best. No acting experience is necessary. This program encourages family and friends to practice lines with participants in order to prepare them for their final performance!

Audience 16 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-700-16-1	W	4:30–6:00pm	6/16–8/4

**WEDNESDAY**

Summer 2021

**SPARTANS BOCCE**

Bocce, a favorite family game, is one of the most enjoyable competitive sports. Closely resembling bowling, this game requires skill, strategy, and a little luck. Learn to toss, roll, hit, and score while having a great time with your friends. This is a fun and relaxing way to spend an evening.

Audience 8 years and older  
 Location Ebersold Park, Downers Grove  
 Fee \$60

Code	Day(s)	Time	Date(s)
4-100-04-1	W	5:00–6:00pm	7/14–9/15

**SPARTANS FLAG FOOTBALL PRE-SEASON**

Come join us as SEASPAR and NWCSRA hits the gridiron for some fast-paced football fun! This program consists of skill-building drills and instruction on the rules and game play of Flag Football in preparation for our upcoming season.

Audience 16 years and older  
 Location Woodridge ARC and Ned Bell Park, Downers Grove  
 Fee \$30

Code	Day(s)	Time	Date(s)
4-100-05-1	W	6:00–7:30pm	7/14–9/15



## LIGHTNING SOFTBALL



SEASPAR is partnering with Lightning Softball Club and NWCSRA to offer entry-level softball instruction. If softball is a sport that you have always been interested in, this program is for you! We will work on the fundamentals of softball, rules, and skills necessary for future team play.

Audience 8 years and older  
 Location Miracle Field, Lemont  
 Lemont Park District South Field  
 Fee \$50

Code	Day(s)	Time	Date(s)
4-100-06-1	W	6:00–7:00pm	6/16–8/4

## YOGA WITH JEN



Namaste! In this yoga class, we will focus on balance, strength, and flexibility. Join our instructor Jen for a program that will be fun and engaging in a challenging 45-minute format. All you need is a yoga mat or towel, and you!

Audience 16 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-700-17-1	W	6:00–6:45pm	6/16–8/4

30

WEDNESDAY

Summer 2021



## NATURE HIKERS WEST



Friends and nature go hand in hand at this program! We'll be taking the scenic route and visiting all of our favorite local parks while taking a walk with our friends. **Note:** A schedule will be sent with the meeting locations for each program date.

Audience 16 years and older  
Location Various Parks  
Fee \$40

Code	Day(s)	Time	Date(s)
4-030-03-1	W	6:30–7:15pm	6/16, 6/30, 7/14, 7/28

## NATURE HIKERS EAST



Friends and nature go hand in hand at this program! We'll be taking the scenic route and visiting all of our favorite local parks while taking a walk with our friends. **Note:** A schedule will be sent with the meeting locations for each program date.

Audience 16 years and older  
Location Various Parks  
Fee \$40

Code	Day(s)	Time	Date(s)
4-030-04-1	W	6:30–7:15pm	6/23, 7/7, 7/21, 8/4



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**THURSDAY**  
Summer 2021

**MOVIE CLUB**



Calling all movie lovers! We will be watching a G, PG, or PG-13 rated movie each week. Bring your favorite movie time snack and sit back, relax, and enjoy the show!

Audience 16 years and older  
Fee FREE

Code	Day(s)	Time	Date(s)
4-700-18-1	TH	1:00–3:00pm	6/17–8/5

**WEIGHT TRAINING**



Are you willing to go the extra mile and dedicate yourself to our weight training program? Lifting weights can boost your metabolism, strengthen your bones, help avoid injuries, and increase confidence and overall coordination and balance. Bring a water bottle, athletic clothes, and gym shoes. No jeans allowed!

Audience 16 years and older  
Location The CORE, Lemont  
Fee \$55

Code	Day(s)	Time	Date(s)
4-030-05-1	TH	4:30–5:30pm	6/17–8/5

## THURSDAY

Summer 2021

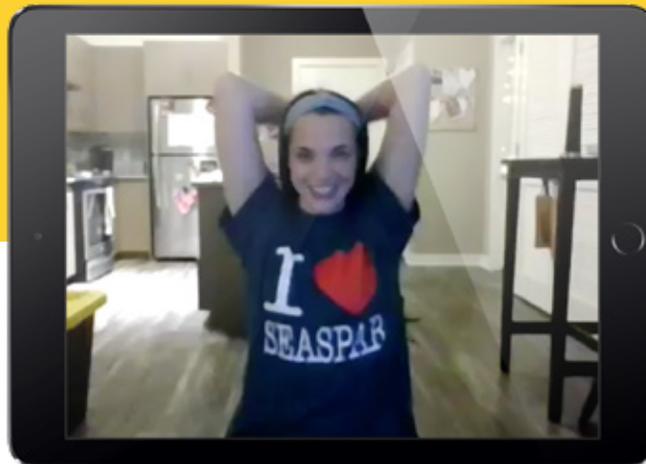
### WORK-IN WITH SEASPAR



We will be using a combination of cardio and strength training for a full body workout. This program will be excellent for burning fat, building muscle, and becoming overall more physically fit. Use dumbbells, something you have around the house, or just your own body weight to enjoy this fitness class!

Audience 16 years and older  
Fee FREE

Code	Day(s)	Time	Date(s)
4-700-20-1	TH	5:00–5:45pm	6/17–8/5



### GLEE CLUB



Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music.

Audience 16 years and older  
Fee FREE

Code	Day(s)	Time	Date(s)
4-700-19-1	TH	5:00–6:00pm	6/17–8/5



## SPARTANS GOLF



This program is for the experienced golfer who is ready for course play. Work on your swing and etiquette while you socialize safely with friends. Tee times begin between 5:30 and 6:30pm.

Audience 8 years and older  
 Location Various Courses  
 Fee \$120

Code	Day(s)	Time	Date(s)
4-100-08-1	TH	5:00–8:00pm	6/17–8/5

## SPARTANS GOLF DEVELOPMENTAL



This non-competitive golf training program is designed for beginner golfers who demonstrate enough skill proficiency for course play, but are not ready for competition. Golfers play at the local “short courses” to enable traditional play at a manageable level for these developing golfers. Staff emphasize proper golf etiquette and skill development for future independent and competitive play.

Audience 8 years and older  
 Location Various Courses  
 Fee \$54

Code	Day(s)	Time	Date(s)
4-100-09-1	TH	5:00–8:00pm	8/12–9/16



## BINGO VIRTUAL



Not ready for an in-person bingo experience yet? Enjoy our tried-and-true virtual version! We will send you the bingo card so you can play from home.

Audience 16 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-700-21-1	TH	6:00–6:45pm	6/17–8/5

## BOWLING AT SUBURBANITE



SEASPAR is going bowling! Join us at Suburbanite Bowl while we bowl, hang out with friends, and throw some strikes!

Audience 16 years and older  
 Location Suburbanite Bowl, Westmont  
 Fee \$104

Code	Day(s)	Time	Date(s)
4-030-06-1	TH	6:30–7:30pm	6/17–8/5



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**THURSDAY**  
Summer 2021

## HEALTHY SNACK AND HANG OUT



Grab your favorite healthy summertime snack and hang out with SEASPAR! We'll be snacking, talking about our days and summer plans, and just hanging out before bed.

Audience 16 years and older  
Fee FREE

<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>Date(s)</b>
4-700-22-1	TH	7:00-7:30pm	6/17-8/5



### PROGRAM HOTLINE

630.960.7582

Call our program hotline anytime for program updates for the day, including cancellations.

## FRIDAY

Summer 2021

### SPORTS TALK



Calling all Spartans athletes! Join us and talk sports with some of the SEASPAR staff. We will talk about current news, stats, and anything related to the great world of sports. Just because we are stuck at home doesn't mean we can't hang out and talk about our favorite teams or players!

Audience 8 years and older  
Fee FREE

Code	Day(s)	Time	Date(s)
4-700-23-1	F	1:00-1:30pm	6/18-8/6



### MYSTERY GUEST HOST



Who will be coming to program today? That's the question! Each week, a member of our communities will be joining us! Participants will get the chance to ask questions about their jobs, chat, and hang out. See you there!

Audience 16 years and older  
Fee FREE

Code	Day(s)	Time	Date(s)
4-700-24-1	F	4:00-4:30pm	6/18-8/6

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**FRIDAY**  
Summer 2021



**BINGO** IN-PERSON



BINGO! This SEASPAR favorite is back in-person! Join us as we play this game socially distant while hanging out and spending time with our friends.

Audience 16 years and older  
Location SEASPAR, Downers Grove  
Fee \$55

Code	Day(s)	Time	Date(s)
4-030-07-1	F	5:00–5:45pm	6/18–8/6

**SOCIAL CLUB** LISLE



Are you ready to start your weekend? Enjoy your Friday night with friends. Social Club activities will include outdoor games, the Hoedown Throwdown Dance, and other activities.

Audience 16 years and older  
Location Lisle Recreation Center  
Fee \$55

Code	Day(s)	Time	Date(s)
4-030-08-1	F	6:30–8:30pm	6/18–8/6



## SOCIAL CLUB WESTERN SPRINGS



Are you ready to start your weekend? Enjoy your Friday night with friends. Social Club activities will include outdoor games, the Hoedown Throwdown Dance, and other activities.

Audience 16 years and older  
 Location Grand Avenue Community Center, Western Springs  
 Fee \$55

Code	Day(s)	Time	Date(s)
4-030-08-2	F	6:30–8:30pm	6/18–8/6

## SOCIAL CLUB VIRTUAL



Let's get social with our friends - virtually! Social club activities include a game night, the Ice Cream Social Dance Party, and other activities. **Note:** The Ice Cream Social Dance Party and Hoedown Throwdown Dance are included in this program.

Audience 16 years and older  
 Fee \$15

Code	Day(s)	Time	Date(s)
4-700-25-1	F	6:30–7:15pm	6/25, 7/9, 7/23, 8/6

## SATURDAY

Summer 2021



## POWER SOCCER



Participants use an oversized soccer ball and maneuver their power chairs to dribble, pass, shoot, and score goals. A footguard is attached to the front of the power wheelchair and the game is on! This program is an introduction to power soccer and is designed for beginners. Footguards are provided.

Audience 8 years and older  
 Location Westmont Community Center  
 Fee \$35

Code	Day(s)	Time	Date(s)
4-050-01-1	SA	8:30–10:30am	6/19–8/7
No program 7/3			



## PARK & SPLASH EAST



Splish, splash, we'll be having a blast visiting different parks and splash pads in our communities! Please come in a swimsuit on splash pad days. A small, individually packaged snack will be provided. A schedule will be provided at confirmation.

Audience 5 to 10 years old  
 Location Various Parks  
 Fee \$30

Code	Day(s)	Time	Date(s)
4-010-01-1	SA	9:30–11:00am	6/19, 7/10, 7/24

## PARK & SPLASH WEST



Splish, splash, we'll be having a blast visiting different parks and splash pads in our communities! Please come in a swimsuit on splash pad days. A small, individually packaged snack will be provided. A schedule will be provided at confirmation.

Audience 5 to 10 years old  
 Location Various Parks  
 Fee \$30

Code	Day(s)	Time	Date(s)
4-010-02-1	SA	9:30–11:00am	6/26, 7/17, 7/31

## SATURDAY

Summer 2021

### SATURDAY MORNING HANGOUT



Calling all young adults! Are you looking for something to do on a Saturday morning? Well, look no further! Saturday Morning Hangout will be the place to be! We will be going on walks, playing games, making crafts, and spending time with our friends.

Audience 16 to 22 years old  
 Location Lisle Recreation Center  
 Fee \$30

Code	Day(s)	Time	Date(s)
4-020-01-1	SA	10:00am–12:00pm	6/19, 7/10, 7/31, 8/7

### SWIM LESSONS



SEASPAR has again partnered with Coach Eve Learn to Swim and its certified instructors to provide quality swim lessons. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff. Please be aware that we share the pools with the public. **Note:** Swim lessons are 30 minutes each. Select the program that reflects your preferred day and location. Please include your preferred lesson time at the time of registration. We will do our best to accommodate time requests, but due to the high demand, time slots are not guaranteed.

Audience All ages  
 Location The CORE, Lemont  
 Fee \$105

Code	Day(s)	Time	Date(s)
4-000-01-3	SA	1:00–3:00pm	6/19–8/7
		No program 7/3	

# SATURDAY

Summer 2021



## SATURDAY NIGHT SOCIALITES



We can't think of a better way to spend your Saturday night than with friends! Cozy up to your screen at home and spend the evening with your friends virtually. This group will find fun ways to hang out together from home!

Audience 16 years and older  
 Fee \$10

Code	Day(s)	Time	Date(s)
4-700-26-1	SA	4:30-5:30pm	6/26, 7/17, 7/31



### PROGRAM HOTLINE

630.960.7582

Call our program hotline anytime for program updates for the day, including cancellations.

# SUNDAY

Summer 2021



## ATHLETICS



Join other athletes in training for various track and field events. Be prepared for the eventual return to competition by staying fit and in shape. Please select only one option at registration.

Audience 8 years and older  
 Location The CORE, Lemont  
 Fee \$45

### Athletics I

Code	Day(s)	Time	Date(s)
4-100-10-1	SU	9:00–10:00am	6/20–8/8
No program 7/4			

### Athletics II

Code	Day(s)	Time	Date(s)
4-100-10-2	SU	10:15–11:15am	6/20–8/8
No program 7/4			

## SENSORY SUNDAY



Join us for SEASPAR's Sensory Sunday program! You'll be able to experience all the fun equipment that the Wonders Multi-Sensory Room has to offer. Sensory Sunday is designed with you in mind and the different sensory needs you might have. **Note:** Each session is 30 minutes long and will be done individually. Please indicate which 30-minute timeslot works for you on your registration form. We will do our best to accommodate time requests, but due to high demand, timeslots are not guaranteed.

Audience All ages  
 Location Wonders Multi-Sensory Room, Lisle

### June Session

Code	Day(s)	Time	Fee	Date(s)
4-090-03-1	SU	11:00am–4:00pm	\$16	6/20, 6/27

### July Session

Code	Day(s)	Time	Fee	Date(s)
4-090-03-2	SU	11:00am–4:00pm	\$24	7/11, 7/18, 7/25

### August Session

Code	Day(s)	Time	Fee	Date(s)
4-090-03-3	SU	11:00am–4:00pm	\$16	8/1, 8/8



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**SUNDAY**  
Summer 2021

## ART IN THE PARK



What's more peaceful than crafting in the park on a summer day? We will be decorating our own backpacks, tie dying shirts and pillow cases, and painting our own canvases. Let's enjoy a sunny day making beautiful art together!

Audience 16 years and older  
 Location McCollum Park, Downers Grove  
 Fee \$30

Code	Day(s)	Time	Date(s)
4-030-09-1	SU	12:00–1:00pm	6/20, 7/11, 8/1

## SPARTANS SWIMMING



This Swimming program is designed to prepare advanced swimmers for future Special Olympics and invitational competitions. Athletes must meet the minimum skill requirements to perform during practice. Practices focus on swim endurance and refining stroke mechanics.

Audience 8 years and older  
 Location The CORE, Lemont  
 Fee \$60

Code	Day(s)	Time	Date(s)
4-100-11-1	SU	1:00–2:00pm	6/20–8/8
		No program 7/4	

## BY APPOINTMENT

Summer 2021



### MUSIC LESSONS WITH NANCY



Schedule an individual music lesson with Nancy Urban! Music lessons are 30 minutes each and are available Monday through Friday by appointment only. Time slots are flexible and based on availability. SEASPAR staff will contact you to schedule your appointment after registration.

Audience 5 years and older  
 Fee \$40

<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>Date(s)</b>
4-700-01-1	M-F	By appointment No program 7/5	6/14-8/8



### PROGRAM HOTLINE

630.960.7582

Call our program hotline anytime for program updates for the day, including cancellations.



**SEASPAR**

**SPECIAL EVENTS**





## SRA BINGO NIGHT



Join your friends from SEASPAR and other special recreation associations and get ready for the ultimate game of bingo, virtually! An additional event will be added if maximum capacity is reached.

Audience 16 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-702-01-1	SA	7:00–8:00pm	6/19

## HIKING AT FULLERSBURG WOODS



Summer is a great time to hit the trail and go exploring at Fullersburg Woods! Please dress for the weather and bring a water bottle.

Audience 16 years and older  
 Location Fullersburg Woods, Oak Brook  
 Fee \$10

Code	Day(s)	Time	Date(s)
4-200-26-1	SU	3:30–5:00pm	6/20

## SPECIAL EVENTS

Summer 2021



### SENSORY HANGOUT I



Need to unwind after a long week? Come to Ray's Bay for some sensory room relaxation to get ready for the week ahead!

Audience 11 to 15 years old  
 Location Ray's Bay Multi-Sensory Room, Western Springs  
 Fee \$25

Code	Day(s)	Time	Date(s)
4-200-01-1	SA	1:30–3:00pm	6/26

### HISTORIC TOUR AND NATIONAL PARKS



Enjoy a tour of Alexander Hamilton's home with Jordan Fisher who played his best friend and son Phillip Hamilton in the Broadway hit Hamilton. A ranger from the National Park Service will be assisting Jordan in this tour. Then we explore the Hidden Worlds of the National Parks.

Audience 8 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-702-02-1	SA	6:30–7:15pm	6/26

## SPECIAL EVENTS

Summer 2021

### PICNIC AND GAMES WEST



It's summertime! Please join us for a picnic and games at Gilbert Park in Downers Grove. A boxed lunch is provided from Jimmy John's.

Audience 16 years and older  
 Location Gilbert Park, Downers Grove  
 Fee \$28

Code	Day(s)	Time	Date(s)
4-200-27-1	SU	4:00–6:00pm	6/27

### ICE CREAM SOCIAL DANCE PARTY



I scream, you scream, we all scream for dancing and ice cream! Bring your favorite ice cream treat to hangout with your closest friends and dance to some groovy tunes. **Note:** This event is included in Social Club - Virtual.

Audience 8 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-702-03-1	F	6:30–7:15pm	7/9



# SPECIAL EVENTS

Summer 2021



## NSYNC VIRTUAL CONCERT



We take you back to the year 2000 to watch an NSYNC virtual concert live from Madison Square Garden! Enjoy songs like “I Want You Back,” “It’s Gonna Be Me,” “Bye, Bye, Bye,” and so much more!

Audience 8 years and older  
Fee FREE

<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>Date(s)</b>
4-702-04-1	SA	6:30–8:10pm	7/10



### PROGRAM HOTLINE

630.960.7582

Call our program hotline anytime for program updates for the day, including cancellations.

## SPECIAL EVENTS

Summer 2021



### PICNIC AND GAMES EAST



It's summertime! Please join us for a picnic and games at Ehlert Park in Brookfield. A boxed lunch is provided from Jimmy John's.

Audience 16 years and older  
 Location Ehlert Park, Brookfield  
 Fee \$28

Code	Day(s)	Time	Date(s)
4-200-28-1	SU	4:00–6:00pm	7/11

### SRA BEACH BASH



Surf's up! Catch a wave and surf on over to the SRA Virtual Beach Bash with SEASPAR and friends. Dress in your favorite beach wear and get ready to dance the night away! An additional event will be added if maximum capacity is reached.

Audience 16 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-702-05-1	SA	7:00–8:00pm	7/17

# SPECIAL EVENTS

Summer 2021



## DANCE IN THE PARK



Swing on by as we party and dance in the park with our friends! A light snack will be provided. **Note:** There are two different sessions; please pick one.

Audience 16 years and older  
 Location Ty Warner Park, Westmont  
 Fee \$20

### Dance I

Code	Day(s)	Time	Date(s)
4-200-29-1	SU	2:30–3:30pm	7/18

### Dance II

Code	Day(s)	Time	Date(s)
4-200-29-2	SU	4:00–5:00pm	7/18

## SPECIAL EVENTS

Summer 2021

### SENSORY HANGOUT II



Need to unwind after a long week? Come to Ray's Bay for some sensory room relaxation to get ready for the week ahead!

Audience 11 to 15 years old  
 Location Ray's Bay Multi-Sensory Room, Western Springs  
 Fee \$25

Code	Day(s)	Time	Date(s)
4-200-02-1	SA	1:30–3:00pm	7/24



### TOUR ITALY'S AMALFI COAST



Tour with us virtually as we explore Sorrento's back streets, drive along the dramatic Amalfi Coast to catch some breathtaking scenery, learn the history behind the tourist shops of Amalfi, and sail to the Isle of Capri to enter the fabled Blue Grotto.

Audience 8 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-702-06-1	SA	6:30–7:05pm	7/24



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## SPECIAL EVENTS

Summer 2021

### HIKING AT THE MORTON ARBORETUM



Come enjoy a beautiful summer day of hiking at the Morton Arboretum with SEASPAR! The Morton Arboretum is a perfect place to walk and enjoy the awe-inspiring woods and scenery. Please bring a water bottle and eat before attending programming.



**Due to social distancing mitigations, transportation for this event will not be provided. Participant will be responsible for providing transportation to and from this event location.**

Audience 16 years and older  
 Location The Morton Arboretum, Lisle  
 Fee \$20

Code	Day(s)	Time	Date(s)
4-200-30-1	SU	10:00–11:30am	7/25

### BRINGING THE ZOO TO YOU



Today we are bringing the Brookfield Zoo to you, virtually! We're headed to the Seven Seas and Tropic World: Africa. The bottlenose dolphins are excited to see you and show you what they have been up to. Then we head over to Tropic World: Africa. We are going to spend time with JoJo, Binti, Ali, and the rest of the gorilla troop.

Audience 8 years and older  
 Fee FREE

Code	Day(s)	Time	Date(s)
4-702-07-1	SU	4:00–5:00pm	7/25

## SPECIAL EVENTS

Summer 2021

### VIRTUAL MAGICIAN



This live, interactive magic show is guaranteed to WOW you! The magician is a poised, polished professional entertainer. The show will contain different magic and illusion tricks, some with animals. Some of the magic performed may be card tricks, rope tricks, coin tricks, and many more astonishing magic effects. This show will leave you amazed, amused, and befuddled!

Audience All ages  
Fee \$20

Code	Day(s)	Time	Date(s)
4-702-08-1	SA	6:30–7:15pm	7/31



### MICHAEL JACKSON VIRTUAL CONCERT



Watch the King of Pop Michael Jackson perform virtually from the comfort of your home. Enjoy songs like “Wanna Be Startin’ Somethin’,” “Billie Jean,” “Thriller,” and so much more!

Audience 8 years and older  
Fee FREE

Code	Day(s)	Time	Date(s)
4-702-09-1	SU	6:30–8:10pm	8/1

## SPECIAL EVENTS

Summer 2021



### HOEDOWN THROWDOWN DANCE



Saddle up and ride on over for SEASPAR's Hoedown Throwdown virtual dance. Strap on your boots and get ready for a boot scootin good time. **Note:** This event is included in Social Club - Virtual.

Audience 8 years and older  
Fee FREE

Code	Day(s)	Time	Date(s)
4-702-10-1	F	6:30–7:15pm	8/6

### SPLISH SPLASH AT TY WARNER



There is no better way to spend a summer morning than with your SEASPAR friends at one of our favorite splash pads! Join us at Ty Warner Park for some summer fun. A small, individually packaged snack will be provided.

Audience 5 to 15 years old  
Location Ty Warner Park, Westmont  
Fee \$15

Code	Day(s)	Time	Date(s)
4-200-03-1	SA	9:30–11:00am	8/7



## LEARN TO DRAW WITH GINGER!



Join Ginger Seehafer, illustrator and artist, as she helps us to learn a few tips and tricks. Ginger has been published in two nationally distributed children’s books and has over 20 years experience doing commercial storyboards. She will teach us how to draw and use color to highlight the images we create. Each participant will also receive an art kit ahead of time to use for the event including drawing paper and colored pencils.

Audience 8 years and older  
 Fee \$15

Code	Day(s)	Time	Date(s)
4-702-11-1	SA	4:00–4:45pm	8/7

## MINI GOLF AND ICE CREAM



Enjoy some fun in the sun at Miner Mike’s Adventure Golf at McCollum Park in Downers Grove. Once we have built up our appetite from mini golfing, we will enjoy an ice cream treat.

Audience 16 years and older  
 Location Miner Mike’s Adventure Golf, Downers Grove  
 Fee \$25

Code	Day(s)	Time	Date(s)
4-200-31-1	SU	10:30am–12:00pm	8/8

# PROGRAM POLICIES

Summer 2021

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## Absences

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and ensures that no tickets are wasted. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

## ADA Statement

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. To request this program guide in an alternative format, please contact Morgan Mason at [mmason@seaspar.org](mailto:mmason@seaspar.org).

## Annual Information Forms

SEASPAR requires that all participants complete an Annual Information Form (AIF) each calendar year. Individuals without a current AIF on file will not be permitted to participate. You do NOT need to submit an AIF each season, only once per year.

The Annual Information Form is available on **pages 67-69**, or may be submitted online at [SEASPAR.org](http://SEASPAR.org).

Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information but do NOT need to submit a new Annual Information Form if one was previously submitted for 2021.

## Atlanto Axial Subluxation

Individuals with Down Syndrome are at risk of having Atlanto Axial Subluxation Condition (ASC) that causes increased mobility in the cervical spine. For the safety of our participants, individuals with Down Syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for ASC. An x-ray determines if the condition is present. For more information, contact SEASPAR at 630.960.7600.

## Check In

**Virtual Programming:** Participants should sign into virtual programming in a timely manner. When signing in, participants will be placed on hold until the program's scheduled start time.

**In-Person Programming:** Staff will develop a pick-up and drop off system for each program to ensure proper physical distancing. Parents and caregivers must wear face coverings and stay in their vehicle when dropping off and picking up participants.

**Note: SEASPAR staff are not responsible for supervision of participants prior to the start of the program.**

# PROGRAM POLICIES

Summer 2021

## Code of Conduct

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make SEASPAR's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and events as deemed necessary by the staff. Staff, participants, volunteers, and parents shall: show respect to all participants, staff, volunteers, and parents, refrain from using foul or inappropriate language, and represent SEASPAR in a manner that is consistent with the goals, objectives, and ethics of the association.

The following guidelines have been added to ensure **virtual security** and collective well-being while participating in virtual programs:

- Refrain from sharing program information (Zoom meeting code and password) with others. Virtual registrations are not exchangeable.
- Avoid joining programs in which you are not enrolled.
- Avoid background images that are inappropriate.
- Comply with staff members' technical directions (e.g., mute your microphone, alter your name, etc.).

In order to ensure an enjoyable program experience for all, please adhere to the following **Code of Conduct for virtual programs**.

- Select a quiet space for your program. Reduce background noise as much as possible.
- Ensure that you have an appropriate background for the group to see.
- Change your name in Zoom to the participant's first name and last initial.
- Follow staff's instructions for taking turns and muting.
- Treat others with respect when speaking and using the chat function. The chat function may be disabled by staff if it is not used appropriately. Participants may be muted or removed from the program if their behavior is disruptive.

## Discipline

SEASPAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SEASPAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of him/herself or others.

## Fee Assistance Program

SEASPAR is in a position to offer scholarships for a percentage of fees to our families with financial restrictions because we believe all residents, regardless of financial limitations, should have access to SEASPAR programs. Participants in need of financial assistance may obtain a Fee Assistance Program Application by visiting our website at SEASPAR.org or calling 630.960.7600.

# PROGRAM POLICIES

Summer 2021

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## Late Registration

The registration deadline is Monday, May 17 at 4:30 pm. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a wait list.

## Loss or Theft

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

## Medication Dispensation

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in specially marked envelopes, complete the label, and give it to the program supervisor. For the convenience of those who are involved in many programs, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

## Participant Expectations

**Please refer to page 70 for specific COVID-19 prevention expectations for participants.**

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and socialization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call us at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

# PROGRAM POLICIES

Summer 2021

## Participation

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

## Photograph/Video Policy

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. If there is a specific reason you or your child/ward cannot be photographed, please contact us.

## Program Cancellations

- A program may be cancelled if the program minimum enrollment is not met.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

## SEASPAR/WDSRA Agreement

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips and the EAGLES adult day program are not included. Registrations must be submitted by the agency's deadline, and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For more information, contact SEASPAR at 630.960.7600. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WSDRA.com.

## Non-Resident Fee Policy

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

## Virtual Programming Access and Passwords

You will receive an email before programs begin with links and passwords for your programs. These are exclusive to you and cannot be shared. Please retain this email as it will only be sent once. If you do misplace your link or password, please call us at 630.960.7600 or email [adminstaff@seaspar.org](mailto:adminstaff@seaspar.org). Participants who cannot be identified and/or whose enrollment status cannot be confirmed may be removed from a virtual program.

# PROGRAM POLICIES

Summer 2021

## Weather Cancellations

In-person programs may be cancelled due to inclement weather. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 4:00–4:30pm for evening programs. If a program is cancelled, staff attempt to reach all participants by phone to inform them of the cancellation. Programs cancelled due to inclement weather are generally not rescheduled.

### Severe Summer Weather Guidelines for Cancelling Programs



All programs are cancelled when the heat index reaches or exceeds 110°.

All programs (including indoor) are cancelled when a tornado warning is in effect for the surrounding area. SEASPAR uses discretion for all other weather watches and warnings.

## Wellness Guidelines

**Please refer to page 70 for specific COVID-19 wellness guidelines.**

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is required that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100.4° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackievirus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

# REGISTRATION PROCEDURES

Summer 2021

Registration opens on Monday, May 3, and closes on Monday, May 17 at 4:30pm. Registration for all programming is lottery-based and enrollment is not guaranteed; confirmations will be emailed and/or mailed the week of June 7.

## Assessments

To determine eligibility for in-person programs, a Participant Assessment must be completed prior to registration. A Participant Assessment may be completed online at SEASPAR.org/participant-assessment or by calling 630.960.7600. Please do not complete the assessment again if you were previously approved for in-person programming of any type.

## Online Registration

To register online, visit SEASPAR.org. **All in-person programming participants must complete a Participant Assessment prior to registration, if one has not already been completed.** First-time online registrants must call SEASPAR at 630.960.7600 or email [adminstaff@seaspar.org](mailto:adminstaff@seaspar.org) for a user name, password, and instructions. The online registration requirements are:

- Must be a SEASPAR resident.
- Must have no outstanding balance.
- Must have 2021 Annual Information Form on file.
- Full credit card payment is required at the time of registration.

## In-Person/Fax/Email Registration

- **All participants must complete a Participant Assessment prior to registration for in-person programming, if one has not already been completed.**
- Complete both sides of the registration form and sign it, plus the Wellness Screening Agreement.
- Mail or drop off your registration form and payment at the SEASPAR office, 4500 Belmont Road in Downers Grove (for after-hours convenience, there is a mail slot at the SEASPAR office entrance) **OR**
- Fax registration form with credit card information completed to 630.960.7601 **OR**
- Email registration form with credit card information completed to [adminstaff@seaspar.org](mailto:adminstaff@seaspar.org).
- All participants must have a 2021 Annual Information Form on file.
- Full payment for programs must be received with the registration unless other arrangements have been made.
- Payment may be made by check, money order, cash, or credit card.

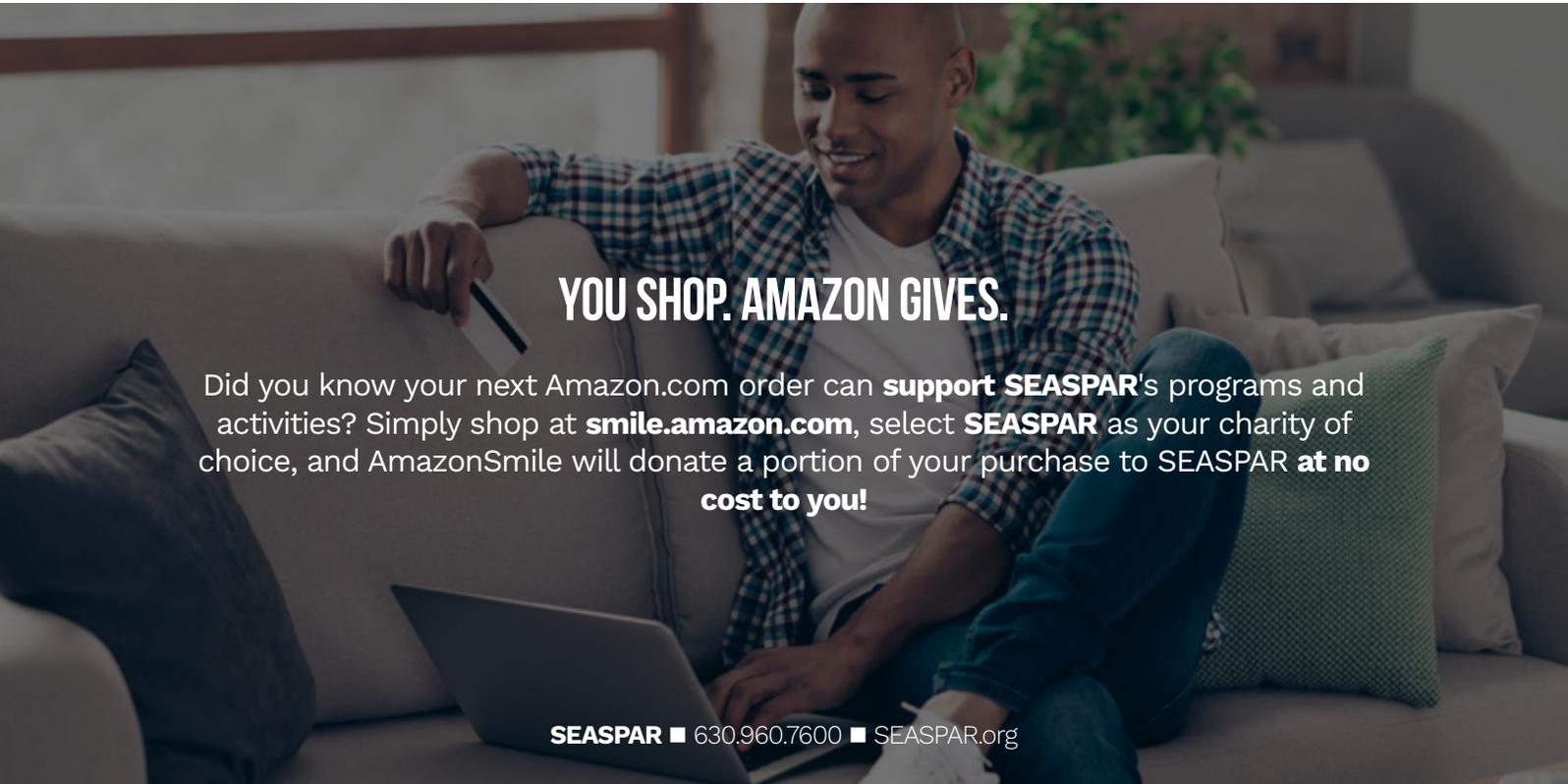
Registrations received after the registration deadline are accepted if space is available.

# REGISTRATION PROCEDURES

Summer 2021

## Credit/Refund Procedures

- Credits from previously cancelled/waitlisted programs are held on the participant's account unless SEASPAR is otherwise directed.
- Credits are automatically applied to future registrations. To check the balance of your credit, call SEASPAR at 630.960.7600 or email [adminstaff@seaspar.org](mailto:adminstaff@seaspar.org).
- A full account credit is issued if a program is cancelled by SEASPAR.
- In order for a participant to drop from a program, SEASPAR must be notified five business days prior to the start of the program to qualify for a credit. At that time, the participant will be credited the cost of the program less a \$5 processing fee, the cost of a ticket (if applicable, unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated credit is issued if a written medical excuse accompanies the credit request.
- No credit is given if a program is postponed due to low enrollment. If the program is subsequently cancelled, a full credit is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated credit is issued, less a \$5 processing fee and ticket price, if applicable.
- To request the refund of a credit, call 630.960.7600 or email [adminstaff@seaspar.org](mailto:adminstaff@seaspar.org). All refunds are issued monthly.



## YOU SHOP. AMAZON GIVES.

Did you know your next Amazon.com order can **support SEASPAR's** programs and activities? Simply shop at **smile.amazon.com**, select **SEASPAR** as your charity of choice, and AmazonSmile will donate a portion of your purchase to SEASPAR **at no cost to you!**

# REGISTRATION PROCEDURES

Summer 2021

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## En Español

La Aplicación de Información Anual, Aplicación del Programa de Asistencia de Tarifas y el Formulario de Inscripción son disponible en español. Para obtener ayuda en español, envíenos un correo electrónico a [info@seaspar.org](mailto:info@seaspar.org).



## All the Forms, Online!

You can fill out many of our participant forms on our website!



## Annual Information Form

[Click here to access](#)

## Registration Form: Summer 2021

[Click here to access](#)

Visit [SEASPAR.org/Forms](https://SEASPAR.org/Forms) to access all online forms.

## 2021 Annual Information Form



<i>For office use only</i>			
PDF _____	Date _____	RecTrac _____	Date _____
Details/Status _____		Date _____	

Participant Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Gender \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Park District \_\_\_\_\_  
 Parent 1 Name \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_ Email \_\_\_\_\_  
 Parent 2 Name \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_ Email \_\_\_\_\_  
 Guardian Name \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_ Email \_\_\_\_\_  
 School \_\_\_\_\_ District # \_\_\_\_\_ Teacher \_\_\_\_\_ Permission to Consult with Teacher  Yes  No  
 Group Home/Residential Facility \_\_\_\_\_ Permission to Consult with Case Worker  Yes  No  
 Manager/Caseworker \_\_\_\_\_ Manager/Caseworker # \_\_\_\_\_  
 Weekend and/or Emergency # \_\_\_\_\_

### Emergency Contact/Transportation Permission (other than parents/guardian)

Name \_\_\_\_\_ Relationship \_\_\_\_\_ City \_\_\_\_\_ Transportation?  Yes  No  
 Home # \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_  
 Name \_\_\_\_\_ Relationship \_\_\_\_\_ City \_\_\_\_\_ Transportation?  Yes  No  
 Home # \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_  
 Transportation Permission in SEASPAR Vehicle?  Yes  No  
 Transportation Locations (Pickup/Drop Off)  Denning Park  Lemont  SEASPAR  Varies  
 Independent Departure (18 years or older) Is able to wait independently?  Yes  No Is able to go home on his/her own?  Yes  No  
 This permission applies to all programs?  Yes  No If no, please specify \_\_\_\_\_

### Behavior/Communication

<input type="checkbox"/> Attention seeking	<input type="checkbox"/> Fear	<input type="checkbox"/> Manipulative	<input type="checkbox"/> Spitting
<input type="checkbox"/> Biting	<input type="checkbox"/> Hair pulling	<input type="checkbox"/> Pinching	<input type="checkbox"/> Steals
<input type="checkbox"/> Defiance/refusal	<input type="checkbox"/> Hitting/kicking	<input type="checkbox"/> Removal of clothing	<input type="checkbox"/> Tantrums/meltdowns
<input type="checkbox"/> Difficult transitions	<input type="checkbox"/> Hyperactivity	<input type="checkbox"/> Runs/wanders	<input type="checkbox"/> Throwing objects
<input type="checkbox"/> Easily distracted	<input type="checkbox"/> Inappropriate touching	<input type="checkbox"/> Self-abusive	<input type="checkbox"/> Verbal outburst
<input type="checkbox"/> Other _____			

Complies with verbal requests and directions     Responds to specific verbal/non-verbal directions     Responds to positive reinforcement

Does participant have a specific behavior plan?  Yes  No (If yes, please attach)

**Method of communication:**     Communication board     Facilitated communication  
     Alternative communication     Sign language     Other \_\_\_\_\_

Please indicate any sensory needs the participant may have \_\_\_\_\_  
 \_\_\_\_\_

Additional Information \_\_\_\_\_  
 \_\_\_\_\_

## Medical Information

### Medical Conditions

Disability/Diagnosis \_\_\_\_\_

Allergies  Yes  No (include food allergies and reactions) \_\_\_\_\_

Dietary restrictions  Yes  No (not allergies) \_\_\_\_\_

Blood disorder  Yes  No \_\_\_\_\_

Diabetes  Yes  No (If YES, a Diabetes Plan is required)

Down Syndrome  Yes  No ASC testing result?  Positive  Negative  Not tested

G-Tube  Yes  No (If YES, please attach instructions)

Hearing Impaired  Yes  No \_\_\_\_\_

Heart Condition  Yes  No \_\_\_\_\_

Seizures  Yes  No (If YES, a Seizure Plan is required)

Visually Impaired  Yes  No

Other (asthma, chronic illness, etc.) \_\_\_\_\_

### Medications (list all prescription AND over-the-counter medications taken, even if not taken at program)

Drug Name (Brand/Generic)	Dose	Time	Reason	Side Effects
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**\*Please attach sheet with additional medications if needed.**

Is participant responsible for self medication at programs?  Yes  No

Does staff need to remind participant to take medication?  Yes  No

I understand that it is my responsibility to give the medication directly to the SEASPAR staff with instructions in individual **clearly labeled envelopes**. In all cases, medication dispensing can only be changed or modified by amending this form. I hereby acknowledge that the above information provided for the dispensing of medication for the participant is accurate. I also understand that it is my responsibility to inform SEASPAR if any changes in the dispensing of medication occur. In all cases, the recommended dosage of any medication will not be exceeded. If after administering medication there is an adverse reaction, I give my permission to SEASPAR to secure from any licensed hospital physician and/or medical personnel any treatment deemed necessary for immediate care. I agree to be responsible for payment of any and all medical services rendered.

I recognize and acknowledge that there are certain risks of physical injury in connection with the administering of medication to the participant. In consideration of SEASPAR administering medication, I hereby fully release or discharge SEASPAR, and its officers, agents, employees, and volunteers from any and all claims from injuries, damages and losses the participant may have, arising out of, connected with, incidental to, or in any way associated with the administering of medication. I further agree to indemnify, hold harmless and defend SEASPAR, its officers, agents, employees, and volunteers from any and all claims resulting from injuries, damages, and losses sustained by the participant and arising out of, connected with, incidental to or in any way associated with the administering of medication.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant Signature (over 21) \_\_\_\_\_ Date \_\_\_\_\_

## Personal/Physical Requirements

### Assistive Devices

Wheelchair  Yes  No      Type  Manual  Electric      Transport only in wheelchair?  Yes  No

Does participant need assistance with transfers?  Yes  No      (If YES, a Transfer Plan is required)

Transfer to chair or floor?  Yes  No      Transfer to seat in theater or restaurant?  Yes  No

Please indicate if used:  Stroller     Walker     Cane/Crutches     Prosthetic Device     AFOs     Other \_\_\_\_\_

Service Animal (please describe) \_\_\_\_\_

What level of assistance does participant need?	Full	Moderate	Independent	Details
Eating/Drinking (cuts food, uses straw, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Toileting (diapers, catheter, wiping, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Dressing/Undressing (tying shoes, pulling up swimsuit, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Money Handling (monitor for correct change, no concept, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Reading (comprehension level, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Responsibility (keeping track of belongings, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Safety (crossing street, water safety, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Please select swimming ability  Cannot swim       Needs personal flotation device  
 Can swim one length of pool without flotation device     Competitive/multi-lap independent swimmer

Please indicate bowling need  Ramp       Bumpers

### Additional Information/Signature

Please list any information concerning the participant that would aid staff in ensuring a safe and enjoyable program for him/her. Remember, the more you tell SEASPAR, the better we can meet each participant's needs.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Indicate friends attending SEASPAR \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant Signature (over 21) \_\_\_\_\_ Date \_\_\_\_\_

**SEASPAR • 4500 Belmont Road, Downers Grove, IL 60515 • 630.960.7600 • SEASPAR.org**

SEASPAR requires that all participants complete an Annual Information Form (AIF) each calendar year. Individuals without a current AIF on file will not be permitted to participate. You do NOT need to submit an AIF each season, only once per year.

Save time by completing this form online.

# WELLNESS SCREENING AGREEMENT

Summer 2021

Completion of this form is required by the participant's caregiver in order to participate in program. By completing this form, the caregiver acknowledges that wellness checks will be completed by the caregiver prior to allowing the participant to attend each program.

Prior to arrival at program, caregivers should determine if any of the following COVID-19 symptoms are present in the participant. If so, the participant **must not attend the program.**

- Fever of 100.4 F or higher
- Cough
- Shortness of breath
- Chills
- Fatigue
- Muscle or body ache
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

(If a participant has illnesses like allergies or other non-contagious conditions that may appear similar to COVID-19, a note from a physician stating they are not contagious is required prior to attending program.)

If a participant has been diagnosed with or is exhibiting symptoms of COVID-19, they may only return to program after it has been 10 days from the time they have experienced symptoms, they do not have a fever for 3 days (without taking medication to reduce fever), and they have improvement in their respiratory symptoms (cough, shortness of breath). Alternately, a participant may return to program after 2 negative COVID-19 tests in a row, with testing done 24 hours apart.

Prior to arrival at program, caregivers must determine if the participant has been in close contact (6 feet or less for more than 15 minutes) with someone who has tested positive for COVID-19 in the last 14 days. If so, the participant must not attend the program until it has been 14 days from the time of the exposure.

By signing this form, you acknowledge and self-certify that you will ensure that the participant is symptom-free and can safely report to in-person programming.

Participant Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian/Caregiver Name: \_\_\_\_\_

Parent/Guardian/Caregiver Signature: \_\_\_\_\_

This form must be completed and returned with registration. It can also be completed via online registration.

# REGISTRATION FORM

Summer 2021

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_

Please print your program selection(s) in the table below. Attach additional sheets if necessary.

Program Name	Program Number									Time Selection (If Applicable)	Fee	
Example: Drum Circle	4	-	7	0	0	-	0	1	-	02		\$ 52
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
		-				-			-			\$
Would you like to include a donation to SEASPAR? If so, please indicate the amount to the right. <b>Thank you!</b>											\$	
<b>Total Fees</b>											\$	

**Full payment must be received with the registration unless other arrangements have been made.**

Payment may be made by check, money order, cash, or credit card.

Payment Type:     Check         Cash         Money Order         Credit Card

Credit Card:         MasterCard    Visa         Discover

Cardholder Name \_\_\_\_\_

Account Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVC \_\_\_\_\_

Authorized Signature \_\_\_\_\_

Please complete both sides of this registration form. Submit form and payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

**The registration deadline is Monday, May 17 at 4:30pm.**

Office Use Only	
Date Rec'd	Cash Amt
Rec'd By	Check Amt
AIF Given	AIF Rec'd

# REGISTRATION FORM

Summer 2021

Participant Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Are you a new participant?  Yes  No

If you are new to SEASPAR, how did you learn about us? \_\_\_\_\_

Has any of your information changed since you completed your 2021 AIF?  Yes  No If yes, please call us at 630.960.7600.

Do you have an updated emergency contact?  Yes  No If yes, please call us at 630.960.7600.

## Waiver and Release

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

## Warning of Risk

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

In virtual program activities, you need to have adequate space to follow the activity instructions and to move safely without exposure to any obstacles, obstructions, steps or anything that could cause possible trips or falls. As a participant, you are solely responsible for assessing whether you can participate safely in the activity in the space you have chosen without accidents.

## Waiver And Release of All Claims And Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have been made aware of the inherent dangers and risks of virtual program activities, and I can participate safely in the space I have chosen.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online acceptance or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant Signature (if 18 or older) \_\_\_\_\_ Date \_\_\_\_\_

**PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian.  
PARTICIPATION WILL BE DENIED if a 2021 Annual Information Form is not on file.  
PARTICIPATION WILL BE DENIED if a Wellness Screening Agreement (page 70) is not completed.**

# ASSOCIATION MEMBERS AND REPRESENTATIVES

Summer 2021

## **Lisle Park District**

Dan Garvy, President

## **Woodridge Park District**

Mike Adams, Vice President

## **Darien Park District**

Stephanie Gurgone, Treasurer

## **Village of Brookfield**

Stevie Ferrari

## **Clarendon Hills Park District**

Valerie Louthan

## **Downers Grove Park District**

Bill McAdam

## **Village of Indian Head Park**

Rita Farrell Mayer

## **Park District of La Grange**

Jenny Bechtold

## **Community Park District of La Grange Park**

Jessica Cannaday

## **Lemont Park District**

Louise Egofske

## **Village of Western Springs**

Aleks Briedis

## **Westmont Park District**

Bob Fleck

The SEASPAR Board meets the third Tuesday of every month at 3:00pm. For more information, call 630.960.7600. The public is welcome. Board meeting agendas and minutes are available online at [SEASPAR.org/Board](http://SEASPAR.org/Board).



4500 Belmont Road  
Downers Grove, IL 60515



## **SERVING THE COMMUNITIES OF**

**Village of Brookfield**

**Clarendon Hills Park District**

**Darien Park District**

**Downers Grove Park District**

**Village of Indian Head Park**

**Park District of La Grange**

**Community Park District of La Grange Park**

**Lemont Park District**

**Lisle Park District**

**Village of Western Springs**

**Westmont Park District**

**Woodridge Park District**