





WE ARE SEASPAR



SEASPAR provides dynamic recreation programs and quality services for its residents with disabilities

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Discover Abilities Achieve Potential Realize Dreams

**/ISION** 

CORE VALUES

Fun • Excellence Service • Respect Accountability

Our excitement to see so many participants returning to in-person programs cannot be contained. We are eager to see this trend continue and hope its lasting effects are indefinite. Staff continued to shift and adapt to all challenges while seamlessly helping our participants transition to in-person programs.

This is the first printed brochure since 2020, and we welcome you back to seeing our programs listed on paper. We listened and heard you and made the decision to bring back printed brochures. Many families responded well to digital brochures, but we understand that for many families, a printed guide serves as a planner and something you can mark up and refer back to. It's something you keep on the kitchen table or folded up in your bag to remind you what the next activity is. And let's not forget the excitement of turning a page to find a lovely picture of a friend.

Challenges aren't a thing of the past. Restrictions will continue to change, and the demand for more in-person programs will rise, and we'll be ready. As part of our promise, we will continue to work tirelessly to get participants back into play and back into programs. I have the utmost confidence in our staff's ability, so I look forward to what is in store for the upcoming season. That said, I commend the SEASPAR team, both administrative and recreation, for going above expectations for the sake of our participants.



One initiative that we have taken on is to have a bigger presence at member events, so you may have seen us out and about at public events, and if not, we encourage you to visit your parks and facilities to enjoy these public events. Typically, we show support with an outreach table and have attended events like grand openings and facility showcases throughout our communities. Our presence is a reminder to residents that SEASPAR is here to serve them. Besides, opportunities like this allow us to soak in the energy from so many smiling faces, even if from behind a mask. We love where we serve and want to be a part of every community as much as we can.

Please enjoy flipping through these pages and soaking in all of the programs we have to offer. We look forward to an exciting season. Be sure to sign up on time and enjoy the holiday season!

Matthew Corso

**REGISTRATION: DECEMBER 6 – JANUARY 3** 

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# ASSOCIATION MEMBERS AND REPRESENTATIVES

The South East Association for Special Parks And Recreation (SEASPAR) provides dynamic recreation programs and quality services for individuals with disabilities in the communities of Brookfield, Clarendon Hills, Darien, Downers Grove, Indian Head Park, La Grange, La Grange Park, Lemont, Lisle, Western Springs, Westmont, and Woodridge.

SEASPAR is composed of 12 associated members, which are represented by the following individuals:

<b>Bill McAdam</b> President	<b>Downers Grove Park District</b> 2245 Warrenville Road, Downers Grove
<b>Mike Adams</b> Vice President	<b>Woodridge Park District</b> 2600 Center Drive, Woodridge
<b>Dan Garvy</b> Secretary	<b>Lisle Park District</b> 1925 Ohio Steet, Lisle
<b>Stephanie Gurgone</b> Treasurer	<b>Darien Park District</b> 7301 Fairview Avenue, Darien
Stevie Ferrari	<b>Village of Brookfield</b> 8820 Brookfield Avenue, Brookfield
Valerie Louthan	<b>Clarendon Hills Park District</b> 315 Chicago Avenue, Clarendon Hills
Rita Farrell Mayer	<b>Village of Indian Head Park</b> 201 Acacia Drive, Indian Head Park
Jenny Bechtold	<b>Park District of La Grange</b> 536 East Avenue, La Grange
Jessica Cannaday	<b>Community Park District of La Grange Park</b> 1501 Barnsdale Road, La Grange Park
Louise Egofske	<b>Lemont Park District</b> 16028 127th Steet, Lemont
Aleks Briedis	<b>Village of Western Springs</b> 1500 Walker Street, Western Springs
Bob Fleck	<b>Westmont Park District</b> 55 East Richmond Street, Westmont
	<b>BOARD MEETINGS</b>
	SEASPAR's Board meets the third Tuesda SEASPAR at 3:00pm. The public is welco call 630.960.7600.
e available online at	Board meeting minutes and agendas are

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SEASPAR.org/Board.

#### ON THE COVER

**Photo Credit:** Rich Howe Photography

**Subject**: Special Olympics Winter Games

#### **REGISTRATION INFORMATION**

ONLINE	SEASPAR.org
FAX	630.960.7601
MAIL/IN PERSON	SEASPAR 4500 Belmont Road

4500 Belmont Road Downers Grove, IL 60515

**Registration opens on Monday, December 6**, and closes on Monday, January 3 at 4:30pm. Registration for all programming is lottery-based and enrollment is not guaranteed; confirmations will be mailed on January 14.

Zoom links for virtual programs will be emailed the week of January 24.

#### **REGISTRATION PROCEDURES**

#### **PARTICIPANT ASSESSMENTS**

To determine eligibility for in-person programs, a Participant Assessment must be completed prior to registration. A Participant Assessment may be completed online at SEASPAR. org/participant-assessment or by calling 630.960.7600. Please do not complete the assessment again if you were previously approved for in-person programming of any type.

#### **ONLINE REGISTRATION**

To register online, visit SEASPAR.org. First-time online registrants must call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org for a user name, password, and instructions. The online registration requirements are:

- Must be a SEASPAR resident.
- Must have no outstanding balance.
- Must have 2022 Annual Information Form on file.
- Full credit card payment is required at the time of registration.
- ! Now accepting Visa, MasterCard, Discover, and American Express!



#### **IN-PERSON/FAX/EMAIL REGISTRATION**

- All participants must complete a Participant Assessment prior to registration for in-person programming, if one has not already been completed.
- Complete both sides of the registration form and sign it, plus the Wellness Screening Agreement.
- Mail or drop off your registration form and payment at the SEASPAR office, 4500 Belmont Road in Downers Grove (for after-hours convenience, there is a mail slot at the SEASPAR office entrance) **OR**
- Fax registration form with credit card information completed to 630.960.7601 **OR**
- Email registration form with credit card information completed to adminstaff@seaspar.org.
- All participants must have a 2022 Annual Information Form on file.
- Full payment for programs must be received with the registration unless other arrangements have been made.
- Payment may be made by check, money order, cash, or credit card. Now accepting Visa, MasterCard, Discover, and American Express!

Registrations received after the registration deadline are accepted if space is available.

#### **CREDIT/REFUND PROCEDURES**

- Credits from previously cancelled/waitlisted programs are held on the participant's account unless SEASPAR is otherwise directed.
- Credits are automatically applied to future registrations. To check the balance of your credit, call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org.
- A full account credit is issued if a program is cancelled by SEASPAR.
- In order for a participant to drop from a program, SEASPAR must be notified five business days prior to the start of the program to qualify for a credit. At that time, the participant will be credited the cost of the program less a \$5 processing fee, the cost of a ticket (if applicable, unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated credit is issued if a written medical excuse accompanies the credit request.
- No credit is given if a program is postponed due to low enrollment. If the program is subsequently cancelled, a full credit is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated credit is issued, less a \$5 processing fee and ticket price, if applicable.

To request the refund of a credit, call 630.960.7600 or email adminstaff@seaspar.org. All refunds are issued monthly.



#### **REGISTRATION MADE EASY**

SEASPAR participants with an active account can register for their favorite programs and special events completely online.

To register online, visit SEASPAR.org.

#### PARTICIPATION ELIGIBILITY

For in-person programming, we have established eligibility and safety guidelines for staff and participants. Participants interested in registering for in-person programming will be required to complete an assessment to determine eligibility and/or provide proof of COVID-19 vaccination. Once the assessment is submitted, staff will review the assessment, pair it with recent experience with the participant (if any), and call families to ask any additional questions staff may have and ultimately to let them know the outcome. As always, evaluations of reasonable accommodations are made on a case-by-case basis to ensure that SEASPAR has as much information as possible about the specifics of the request being made, and SEASPAR retains the right at all times to reevaluate participation when a situation is creating a direct threat of safety.

To determine eligibility for in-person programs, a Participant Assessment must be completed prior to registration only if one has not already been approved. The registration deadline for in-person programming is January 3.

Participants who voluntarily provide proof of vaccination are eligible to participate in SEASPAR programs without social distancing, but wearing a mask indoors is dependent on current mandates.

Participants who do not provide proof of vaccination must meet SEASPAR's eligibility criteria:

- Wear a mask and maintain a 6-foot physical distance from others
- Manage independent care
- Participate safely with visual and verbal prompting

Individuals who are not fully vaccinated and participating in outdoor programs may remove masks when able to maintain a 6-foot physical distance from others.

To submit proof of vaccination, visit: SEASPAR.org/COVID-19-Phase-5 or visit the SEASPAR office.

#### WELLNESS SCREENING AGREEMENT

As part of the registration process, caregivers are committing to the guidelines set forth by the CDC and Illinois Department of Public Health. At the time of registration, caregivers will be asked to complete the Wellness Screening Agreement. This agreement requires that the participant be withheld from program if certain criteria are met.

Please refer to the Wellness Screening Agreement and Registration Form starting on page 44 for more information.

## FEE ASSISTANCE PROGRAM

SEASPAR is in a position to offer scholarships for a percentage of fees to our families with financial restrictions because we believe all residents, regardless of financial limitations, should have access to SEASPAR programs. Participants in need of financial assistance may obtain a Fee Assistance Program Application by visiting our website at SEASPAR.org or calling 630.960.7600.

#### **IDENTIFYING PROGRAM BENEFITS**

SEASPAR is known for delivering dynamic recreation programming, but did you know that the same programs also provide many beneficial attributes important for the growth and development of individuals with disabilities? Because we believe identifying these benefits is important to your program selection process, we added a system of icons to help you select the perfect programs available within this guide.

Look for these program icons for:

- Active / Competitive: Programs marked with this icon are considered to be active in nature or possess competitive elements. Participants who desire active or challenging programs are encouraged to seek programs marked with this icon. Programs such as these can range from team sports to health-conscious programs.
- Sensory Exploration: Programs marked with this icon are specially designed to appease the senses and are highly recommended for individuals with autism, sensory processing disorders, and ADHD. Many sensory-friendly programs make use of SEASPAR's two multi-sensory rooms.
- Motor Skills Development: Programs marked with this icon promote motor skill development. These programs are recommended for individuals who can benefit from continued development (and strengthening) of motor skills with participation in age-appropriate activities.
- Performing Arts: Programs marked with this icon are associated with the teaching of performative arts. A program such as this is ideal for individuals with a desire to entertain, practice performance-based skills, or learn more about the virtues of the stage.
- Independence: Programs marked with this icon are considered to promote independence through engaging activities delivered in structured environments. These programs are recommended for individuals who live independently or want to increase responsibilities around the house and beyond.
- Special Olympics: Programs marked with this icon are associated with Special Olympics, which involves training and participation in competitive sports offered at various levels. Participants are expected to attend games, which may include local and non-local games, events, and tournaments.
- Social Skills Development: Programs marked with this icon are considered to promote social skills development through participation in various activities hosted in safe environments. These programs are recommended for individuals who desire to expand their social skills or yearn for fun social opportunities.

Icons will appear below the **PROGRAM TITLE** where applicable.

# EXAMPLE PROGRAM

This program's icons indicate that this program promotes **Motor Skills** and **Social Skills Development**.

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#### **STAFF**

WILLIAM CAZARES Marketing Coordinator

MATT CORSO, CTRS, CPRP Executive Director

CHRISTINA FERNANDEZ Inclusion Manager

MOLLY DOWNING, CTRS Recreation Coordinator

**MEGAN FREY, CTRS** Recreation Coordinator

MATT GORECKI Recreation Coordinator

KIMBERLY A. HUGGINS, CPRP Senior Recreation Coordinator

**DAWN KRAWIEC, CPRP** Superintendent of Recreation

CHRIS LAMBIASI Human Resources Specialist

KAREN LESNIAK Superintendent of Administrative Services

MORGAN MASON, CPRP Administrative Services Manager

CATHERINE A. MORAVA, CPRP Adult Day Program Manager

SHANNON TOVEY, SHRM-CP, CTRS Human Resources Manager

**RUTH CARBON** Registration Specialist

#### **MEET CHRISTINA!**

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We are thrilled to welcome Christina Fernandez to the SEASPAR team as our new Inclusion Manager. She has been in the recreation field for 9 years. Christina is most looking forward to meeting all the participants, families, and community members. In her free time, she enjoys traveling, cooking, and rock climbing. If you see Christina out and about, please give her a wave and say hello!



#### JOIN THE SEASPAR TEAM!

Don't just work a job, make a difference with SEASPAR!

SEASPAR offers flexible hours with a variety of fun programs and events to choose from. No experience is necessary for some positions. Applicants must be 16 or older.

Call us at 630.960.7600 or visit SEASPAR.org to apply online!

SEASPAR.ORG | 630.960.7600

#### **CONTACT US**

Never hesitate to contact SEASPAR with your questions. Our staff is eager to assist you! Ask for Registration Specialist Ruth Carbon for assistance during registration.

BY PHONE	630.960.7600
TRS	711

BY EMAIL adminstaff@seaspar.org

**PROGRAM HOTLINE** After hours program status hotline. 630.960.7582

Facebook.com/SEASPAR Twitter.com/SEASPAR Instagram.com/WeAreSEASPAR

#### **OFFICE HOURS**

**SOCIAL MEDIA** 

Monday–Friday, 8:30am-4:30pm Recorded Message After Hours.

The SEASPAR Office will be closed on:

December 24April 15December 31May 30

#### **OFFICE LOCATION**

4500 Belmont Avenue, Downers Grove, IL 60515

#### **FOLLOW US**

Don't miss another moment! Follow SEASPAR on your favorite social media app for more news, photos, videos, and the latest stories about your favorite activities.



#### DIRECTORY

#### **PROGRAM LOCATIONS**

AMC QUARRY CINEMAS 9201 W 63rd Street, Hodgkins

**BENET ACADEMY** 2200 Maple Avenue, Lisle

CLARENDON HILLS COMMUNITY CENTER 315 Chicago Avenue, Clarendon Hills

CINEMARK AT SEVEN BRIDGES 6500 IL-53, Woodridge

**DARIEN SPORTSPLEX** 451 Plainfield Road, Darien

DIANE MAIN PARK 300 W 59th Street, Westmont

**DOWNERS GROVE GOLF CLUB** 2420 Haddow Avenue, Downers Grove

DOWNERS GROVE RECREATION CENTER 4500 Belmont Road, Downers Grove

EBERSOLD PARK 5923 Main Street, Downers Grove

**FMC NATATORIUM** 275 Plaza Drive, Westmont

GRAND AVENUE COMMUNITY CENTER 1500 Walker Street, Westmont

LEMONT PARK DISTRICT SOFTBALL FIELDS 16028 127th Street, Lemont LINCOLN CENTER 935 Maple Avenue, Downers Grove

LISLE COMMUNITY CENTER 1825 Short Street, Lisle

LISLE LANES 4920 Lincoln Avenue, Lisle

**LISLE RECREATION CENTER** 1925 Ohio Street, Door 8, Lisle

**MIDWESTERN UNIVERSITY** 555 31st Street, Downers Grove

**PARK DISTRICT OF LA GRANGE** 536 East Avenue, La Grange

**RAY'S BAY MULTI-SENSORY ROOM** 4211 Grand Avenue, Western Springs

**SEASPAR** 4500 Belmont Road, Downers Grove

SEVEN BRIDGES ICE ARENA 6690 IL-53, Woodridge

SPRING ROCK PARK 4400 Central Avenue, Western Springs

SUBURBANITE BOWL 201 Ogden Avenue, Westmont

THE CORE FITNESS & AQUATIC COMPLEX 16028 127th Street, Lemont

**TRUE BALANCE KARATE** 406 Ogden Avenue, Downers Grove

#### WESTMONT COMMUNITY CENTER

75 East Richmond Avenue, Westmont

WONDERS MULTI-SENSORY ROOM 1925 Ohio Street, Door 8, Lisle

WOODRIDGE ARC (ATHLETIC RECREATION CENTER) 8201 S. Janes Avenue, Woodridge

#### TRANSPORTATION

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions.

When completing your registration form for programs that include transportation, please indicate the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles:

- Mask are required regardless of vaccination status.
- SEASPAR reserves the right to refuse to transport individuals.
- All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle.
- All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.
- Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
- SEASPAR staff are responsible for determining whether a participant can be transported safely.

#### Transportation locations may include:

#### DARIEN

Darien Sportsplex Parking Lot 451 Plainfield Road, Darien

#### DENNING

Denning Park | Parking Lot 4901 Gilbert Avenue, La Grange

#### LEMONT

Lemont Centennial Community Center | Parking Lot 16028 127th Street, Lemont

#### LISLE

Lisle Recreation Center | Door #8 1925 Ohio Steet, Lisle

#### **SEASPAR**

Downers Grove Recreation Center | Parking Lot 4500 Belmont Road, Downers Grove

#### **PROGRAM DIRECTORY** WEEKLY PROGRAMS

WEEKLY PROGRAM NAME		2		0	AGES	DAYS	PAGE
Sensory Seekers		•			All Ages	Mondays	11
Karate		•			All Ages	Mondays	12
Sensory Explorers		•			All Ages	Wednesdays	12
Ice Skating		•			All Ages	Saturdays	13
Sensory Sundays		•			All Ages	Sundays	13
Music Lessons with Nancy	•	•			5+	Tue., Thurs., or by appt.	12,32
Swim Lessons		•			5+	Mon., Wed., Sat.	11,12,13
Sports Conditioning	•				8+	Mondays	35
Spartans Tennis		•	•		8+	Tuesdays	31
Spartans Bocce (Pre-Season)		•	•		8+	Wednesdays	30
Rocket League	•				8+	Wednesdays	35
Spartans Bowling		•	•		8+	Thursdays	31
Sports Talk	•				8+	Fridays	35
Power Soccer		•			8+	Saturdays	30
Spartans Athletics		•			8+	Sundays	30
Spartans Swimming		•	•		8+	Sundays	29
Saturday Superstars		•			8-13	Saturdays	14
Young Adult Club		•		•	16-25	Saturdays	22
Fabulous Fridays		•			16-29	Fridays	22
Afternoon Adventures		•		•	16+	Mondays	17
Walking Club West		•			16+	Mondays	18
Karaoke	•				16+	Mondays	33
Spartans Powerlifting		•	•		16+	Mondays	29
Day Away Tour		•		•	16+	Tuesdays	18
Feast with Friends	•				16+	Tuesdays	33
Waggin' with SEASPAR	•				16+	Tuesdays	33
Sing & Jam	•				16+	Tuesdays	33
Cooking with Chef Megan	•	•			16+	Tuesdays	18,33
Bowling at Lisle Lanes		•			16+	Tuesdays	18
Role Play		•			16+	Tuesdays	19
Crafting Corner		•			16+	Tuesdays	19
Game Night	•				16+	Tuesdays	33
Spartans Softball		•	•		16+	Tuesdays	31
Pet Therapy		•			16+	Tuesdays	19
Movie Club	•				16+	Wednesdays	34
Bowling at Suburbanite		•			16+	Wednesdays	19
Actors Guild		•			16+	Wednesdays	20
Spartans Flag Football (Pre-Season)		•	•		16+	Wednesdays	31
Yoga with Jen	•				16+	Wednesdays	34
Fitness & Fun		•			16+	Thursdays	20
Walking Club East		•			16+	Thursdays	20

#### DIRECTORY

#### PROGRAM DIRECTORY WEEKLY PROGRAMS CONTINUED

WEEKLY PROGRAM NAME	Ę.	2	۲	Θ	AGES	DAYS	PAGE
Work-In with SEASPAR	•				16+	Thursdays	34
Spartans Golf (Pre-Season)		•	•		16+	Thursdays	30
Bingo Virtual	•				16+	Thursdays	34
At the Movies		•			16+	Thursdays	21
Mystery Guest Host	•				16+	Fridays	34
Social Club Virtual	•				16+	Fridays	34
Blackhawks Bonanza		•			16+	Sundays	23
Saturday Night Socialites		•		•	26+	Saturdays	22
Friday Happenings		•			30+	Fridays	21

## **PROGRAM DIRECTORY** SPECIAL EVENTS

SPECIAL EVENT NAME		2	٢	Θ	AGES	DAYS/DATES	PAGE
Spring Break Camp		•			5-15	M-F, March 28-April 1	16
Day Off School		•			8-13	Monday, February 21	15
Parents' Night Out		•			8-13	Saturday, February 12	15
Lunch on the Town!		•			8-13	Saturday, February 26	15
St. Patrick's Day Party		•			8-13	Saturday, March 12	15
Pixar Party		•			8-13	Saturday, March 26	16
Bowling at Fox Bowl		•			8-13	Saturday, April 2	16
Earth Day		•			8-13	Saturday, April 23	16
Midwestern University Dance		•			16+	Saturday, February 12	24
SRA Virtual Valentine's Dance	•				16+	Saturday, February 12	36
Virtual Cardio Dance Party	•				16+	Sunday, February 13	36
The Cheesecake Factory		•		•	16+	Saturday, February 19	25
Groundhog Day The Musical		•		•	16+	Sunday, February 20	25
Winter Wonderland Dance Party		•			16+	Friday, February 25	25
Chicago Bulls		•		•	16+	Saturday February 26	25
Bowling at Pinstripes		•		•	16+	Sunday, February 27	26
Britney Spears Virtual Concert	•				16+	Saturday, March 5	36
Chicago Wolves		•		•	16+	Sunday, March 6	26
Luck of the Irish Dance Party		•			16+	Friday, March 11	26
SRA St. Paddy's Virtual Bingo Night	•				16+	Saturday, March 12	36
Dinner and a Movie		•		•	16+	Sunday, March 13	26
Shedd Aquarium		•		•	16+	Saturday, March 19	26
Hugs + Mugs Café		•		•	16+	Saturday, March 26	27
Main Event		•		•	16+	Sunday, March 27	27
Rodgers & Hammerstein's The King & I		•		•	16+	Saturday, April 2	27
Chicago Blackhawks		•		•	16+	Sunday, April 3	27
Museum of Science and Industry		•		•	16+	Saturday, April 9	28
Buca di Beppo Italian Restaurant		•		•	16+	Sunday, April 10	28
Hoedown Dance Party		•			16+	Saturday, April 23	28
Rock of Ages		•		•	16+	Sunday, April 24	28
Spring Escape		•		•	16+	Friday 4/29-Sunday 5/1	28

WINTER-SPRING 2022



#### **PART-TIME STAFF AND** VOLUNTEERS

Weekly Programs, Camp, and Special Event Staff



EAGLES Adult Day Program Staff

Volunteers

**Volunteer Hours Served** 





#### THANK YOU!

SEASPAR thanks all of the dedicated and caring support staff and volunteers for their time and hard work during the fall 2021 season! Their efforts make it possible for SEASPAR to continue offering quality programs - even in unprecedented times.

We would like to recognize SEASPAR support staff and volunteers for their longevity with us. The following are current staff members who work weekly, inclusion, and EAGLES programs.

#### **20+ YEARS**

#### **Ann Franczyk Larry Franczyk** Brian Klama 🛧 Todd Krystof **↑**

**Gary Naberhaus** Sharmaine Nardone Inge Papaeliou Karrie Pece 🛧 Dawn Pope Colleen Porritt Stacie Ritz Cheryl Steed

#### **16-19 YEARS**

Jason Steed

Christine Grohne Megan Ruschke Ruby Saraf **Don Smetko** 

#### **11-15 YEARS**

Liz Grillos Mindy Jack 🛧 Amy Klama Jessi McGinness **Karen Mulrov** Debbie Murdock **Steve Murdock** Allyson Nyhoff Karyn Piegari 🛧 April Prescott GeriAnn Ortega Kevin Wood Joe Zarek

#### **6-10 YEARS**

Bob Ackermann Carolyn Bozek 🛧 Aaron Causey Nicole Causey Pam Conlon 🛧 Lauren Flentge Patrick Johnson Eileen Kash Jenny Kazelidis

Mia Liebmann Barb Lima Chris Lima Jorie Lima Dawn Lizak Kelli McGoorty Angie McNeil Jennifer Molsky Kate Moran Jenna Nickel Alyssa Reynolds Gina Sarlo Courtney Schmitt Nicole Strawser Nancy Urban 🛧 John Weibel

#### **1-5 YEARS**

Donna Ball Michaela Bjarnson Gabrielle Boone Bella Chlada Allison Eberhard Eden Fernandez Elena Frizzell 🛧 Christy Gergits Sandy Greco Anastasia Grogan **Jim Janota** 

#### Marsha Janota

Sarah Jaworski Clare Johnson Lexi Kozminski Abby Kresal Tim Kulik Emma Lafin Meghan Lieb Ryan Marchewka Erin McGovern Delaney Mesick **↑** 

#### **Andrea Monroe**

Lisa Morici Kate Murrav Kristy Pauley Kara Pearson Nicole Perna Solange Pilizota Laura Plemich Michelle Potts

Becky Quirk Maddie Rafterv Nichole Randa Maeve Rice Jocelyn Rios Jordan Rose Ann Saladino 🛧 **Paul Saladino** 

Nicklas Schmidt-Bailey Michelle Soto Ashley Stojkovic 🛧 Matthew Thompson Rachel Westberg Sage Westbrook Sue Willis 🛧 Sarah Wronkiewicz Jen Young 🛧 Chloe Zirkel Andrew Zelasko 🛧 Greg Zelasko

#### **LESS THAN 1 YEAR**

Kate Bastuga Lilia Becker Gianna Caponigro Alyssa Collins Becca Corbett Erica Cyrus Erin Dickett Nora Flannery Gianna Grippo Christina Healy Jayne Hyzy Andrew Kelley Elizabeth Melvin Elizabeth Miller Liam Moran Grace Mrozek Brooke Peters Josephine Potts Josh Potts

Matthew Povilaitis Roha Rashid Sarah Richtman Lorrie Smietanski Natalie Vroman Arianna Zielinski

- Denotes reaching 5, 10, 15, or 20-year anniversary with SEASPAR. All 1 anniversaries are as of December 31, 2021.
- Denotes individuals who volunteer at SEASPAR on a regular basis.

# THANKYOU

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#### DONORS AND SPONSORS

# IN APPRECIATION OF

SEASPAR thanks the following individuals, families, businesses, and community organizations for their generous donations made from June through October 2021.

#### IN MEMORY OF JAMES WLEZIEN

Elaine and Kevin Burke Sherill A. Butera Old Time Hockey Lydia and Joe Palicka Colleen Porritt Carolina Schoenbeck John R. and Lee Ellen Wilson Ron Wlezien

#### IN MEMORY OF RICHARD BUGLIO

Megan and Steve Kaplan

#### **IN SUPPORT OF POWER SOCCER** Joyce Marine and G. Richard Matteucci

IN HONOR OF GRACE ELIZABETH MARKESE

AND RICKY MARKESE Colleen Porritt

#### IN HONOR OF SISTER MARIE GREANEY, BVM AND FELLOW SISTERS

Colleen Porritt

Amazon Smile Charles Brown Amy Dean Donna Denz Dollars 4 Doers Emilie Donaldson Double Good Downers Grove Park District DuPage Medical Group Charitable Fund of DuPage Foundation Pam and Cliff Florczak Fred Fratto Karen Gentilcore Get Smashed - Glen Ellyn The Giacalone Family Give with Bing Giving DuPage Althea and Jason Grudem The Hirschboeck Family Knights of Columbus, Bishop James E. Fitzgerald Council #14649 Knights of Columbus, Robert P. Connelly Council #5918 Knights of Columbus, St. John Council #3738 The Kotev Family Dan Magdziarz Markovic Anne McKeon Karen and Tom Mulroy The Murphy Family Erika Musser Matthew Ordway The Palcowski Family The Plemich Family Rebecca Raithel The Reggi Family Gina Sarlo Brooke Seavers Ginger Seehafer Patrick J. Stanton & Friends Joseph Testolin The Service Club of Chicago Simmons Steven and Eileen Thomas CJ Tracy The Wilson Family

10

#### YOU SHOP. AMAZON GIVES.

Did you know your next Amazon.com order can **support SEASPAR** programs and activities? Simply shop at **smile.amazon.com**, select SEASPAR as your charity of choice, and AmazonSmile will donate a portion of your purchase to SEASPAR **at no cost to you!**  amazonsmile You shop. Amazon gives. Integrid Concentrat Perseverand Respect & Obed Self Control Humility

# PROGRAMS FOR EVERYONE

Programs with everyone in mind!

SEASPAR's programs for everyone welcome individuals of all abilities and ages to come together and participate as part of the SEASPAR family.

Programs for Everyone

11-13





#### 9 0

Swim lessons save lives! Join SEASPAR and Coach Eve Learn to Swim certified instructors for swim lessons that are as fun as they are essential. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Swim lessons are taught in small groups, and 1:1 assistance is provided as determined by the staff.

I Note: Swim lessons are 30 minutes each. Please include your preferred lesson time at the time of registration. SEASPAR staff will do their best to accommodate your request, but timeslots are not guaranteed. Please be aware that we share the pools with the public.

Age Location Fee	5+ The CO \$200	RE, Lemont	
Code	Day(s)	Time	Date(s)
6-000-02-1	Μ	4:00-6:00pm	2/7-4/25

# SENSORY SEEKERS

# •

Ever wonder what your senses are missing? Explore them! Sensory Seekers participants will explore the limits of their senses at Ray's Bay, SEASPAR's newest multi-sensory room. This program is offered in three 30-minute sessions (to provide ample cleaning time) available during the time listed below.

**! Note:** Please include your preferred session time at registration. SEASPAR staff will do their best to accommodate your request, but timeslots are not guaranteed.

Age Location Fee	All Ages Ray's Bay Multi-Sensory Room, Western Springs \$96					
Code	Day(s)	Time	Date(s)			
6-090-01-1	Μ	4:00-6:00pm	2/7-4/25			



#### WE ARE SEASPAR

Have questions about programs for everyone? Let one of our expert Recreation Coordinators assist you.

#### **MOLLY DOWNING, CTRS**

mdowning@seaspar.org • 630.960.7664

MEGAN FREY, CTRS mfrey@seaspar.org • 630.960.7629

MATT GORECKI mgorecki@seaspar.org • 630.960.7627

SEASPAR.ORG | 630.960.7600

#### KARATE



Release tension and increase focus! This karate class' noncontact training teaches self-control, balance, and promotes focus training. This is a continuous program, giving participants the ability to advance through the belt system in pursuit of the coveted black belt. All skill levels are welcome.

Age	All Ages
Location	True Balance Karate, Downers Grove
Fee	\$110

Code	Day(s)	Time	Date(s)
6-000-03-1	Μ	5:30pm-6:00pm	2/7-4/25

#### **MUSIC LESSONS WITH NANCY**

## n 🖓 🖓

Why talk about it when you can sing about it? Schedule an in-person music lesson with Nancy Urban and start making music today! Music lessons are 30 minutes each and are available during specific days and times listed below. If you are interested in virtual lessons, see page 32.

**! Note:** SEASPAR staff will contact you to schedule your appointments after registration.

Age	5+
Location	Darien Sportsplex
Fee	\$96

Code	Day(s)	Time	Date(s)
6-000-01-1	ΤU	3:30pm-5:00pm	2/8-4/26
6-000-01-2	ΤU	6:00pm-7:00pm	2/8-4/26
6-000-01-3	ТН	3:30pm-5:00pm	2/10-4/28
6-000-01-4	TH	6:00pm-7:00pm	2/10-4/28

# SENSORY EXPLORERS



Ever wonder what your senses are missing? Sensory Explorers participants will explore the wonders of their senses at Wonders, SEASPAR's award-winning multi-sensory room. This program is offered in three 30-minute sessions (to provide ample cleaning time) available during the time listed below.

**! Note:** Please include your preferred session time at registration. SEASPAR staff will do their best to accommodate your request, but timeslots are not guaranteed.

Age Location Fee	All Age: Wonder \$96	n, Lisle	
Code	Day(s)	Time	Date(s)
6-090-02-1	W	4:00-6:00pm	2/9-4/27

#### **SWIM LESSONS**

#### 😨 🔘

Swim lessons save lives! Join SEASPAR and Coach Eve Learn to Swim certified instructors for swim lessons that are as fun as they are essential. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Swim lessons are taught in small groups, and 1:1 assistance is provided as determined by the staff.

I Note: Swim lessons are 30 minutes each. Please include your preferred lesson time at the time of registration. SEASPAR staff will do their best to accommodate your request, but timeslots are not guaranteed. Please be aware that we share the pools with the public.

Age Location Fee	5+ FMC Na \$200	tatorium, Westmont		
Code	Day(s)	Time	Date(s)	
6-000-02-2	W	4:00-6:00pm	2/9-4/27	





#### **ICE SKATING**

**2** 

Own the rink this winter! Ice skating lessons provide individuals the opportunity to learn to skate or improve skating skills. SEASPAR staff and instructors work together to deliver lessons which focus on skill development, coordination, muscle strengthening, increasing endurance, and fun! Lessons are designed to allow skaters to reach obtainable objectives while working toward one long-term goal. Skaters progress at their own rate according to their abilities.

**! Note:** A waiver must be completed before skating. A free, optional practice time is available from 11:30-11:50am

Age Location Fee	All Age: Seven E \$165	odridge	
Code	Day(s)	Time	Date(s)
6-000-04-1	SA	10:50-11:20am	2/12-4/23

No program on 4/2, 4/16





#### **SWIM LESSONS**

## **2**

Swim lessons save lives! Join SEASPAR and Coach Eve Learn to Swim certified instructors for swim lessons that are as fun as they are essential. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Swim lessons are taught in small groups, and 1:1 assistance is provided as determined by the staff.

I Note: Swim lessons are 30 minutes each. Please include your preferred lesson time at the time of registration. SEASPAR staff will do their best to accommodate your request, but timeslots are not guaranteed. Please be aware that we share the pools with the public.

Age Location Fee	5+ The C \$184	ORE, Lemont	
Code	Day(s	) Time	Date(s)
6-000-02-3	SA	1:00-3:00pm	2/12-4/30
	No	program on 4/16	



# SENSORY SUNDAY

It's been a long week. Treat your senses to weekend getaway. Sensory Sunday participants will take a voyage of the senses every Sunday at Wonders, SEASPAR's award-winning multisensory room. This program is offered in six 30-minute sessions (to provide ample cleaning time) available during the time and dates listed below.

**! Note:** Please include your preferred session time at registration. SEASPAR staff will do their best to accommodate your request, but timeslots are not guaranteed.

Age Location Fee	All Ages Wonder See bel	s Multi-Sensory Ro	om, Lis	sle
FEBRUARY Code	Day(s)	Time	\$	Date(s)
6-090-03-1	SU	11:00am-3:00pm	\$24	2/13-2/27
MARCH Code	Day(s)	Time	\$	Date(s)
6-090-04-1	SU	11:00am-3:00pm	\$32	3/6-3/27
APRIL Code	Day(s)	Time	\$	Date(s)
6-090-05-1	SU No p	11:00am-3:00pm program on 4/17	\$24	4/3-4/24
MAY Code	Day(s)	Time	\$	Date(s)
6-090-06-1	SU	11:00am-3:00pm	\$8	5/1

# CHILDREN & YOUNG TEENS

Kids just want to have fun!

At SEASPAR, we embrace the idea that happiness promotes growth. Our programs for children and young teens are a testament to that!

Children & Young Teens Programs Children & Young Teens Special Events

#### CHILDREN & YOUNG TEENS PROGRAMS



# SATURDAY SUPERSTARS

Join us in Lisle as we start our Saturdays off right with friends and fun! Each week we'll spend time in our Wonders Multi-Sensory Room, dance, play, and more while enjoying time with friends. A snack will be provided at program.

Age Location Fee	8-13 Lisle Recreation Center \$85		
Code	Day(s)	) Time	Date(s)
6-010-01-1	SA	9:00-11:00am	2/12-4/30
	No	program on 4/16	



15-16

#### **NEED HELP? LET US HELP.**

When she's not busy devising new ways to entertain SEASPAR's youngest members, Recreation Coordinator Molly Downing works hard providing our families with quality services and the answers they need.

Have questions about services for children & young teens offered by SEASPAR? Contact Molly!

MOLLY DOWNING, CTRS

mdowning@seaspar.org • 630.960.7664

Date(s)

2/12

#### CHILDREN & YOUNG TEENS SPECIAL EVENTS





# PARENTS' NIGHT OUT

O

15

While the parents are away, we will play! Spend an evening with SEASPAR as we have some fun! Games, dinner, dancing and more will be provided during this program.

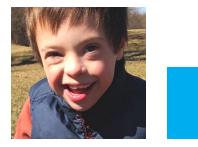
Age Location Fee	8-13 Darien : \$30	Sportsplex
Code	Day(s)	Time
6-200-01-1	SA	5:00-8:00pm

#### 

Looking for something fun to do on your day off school? Spend time with your SEASPAR friends as we travel throughout the community. Our day includes games, sports, and crafts.

! Note: Please bring a sack lu	unch.
--------------------------------	-------

Age Location Fee	8-13 Lisle Recreation Center \$60		
Code	Day(s)	Time	Date(s)
6-200-02-1	Μ	9:00am-3:00pm	2/21





# LUNCH ON THE TOWN!

Having lunch out is always a great way to spend a Saturday! We'll be heading over to 2Toots Whistle Grill in Naperville for lunch and then stopping by the Sweet Spot Bakery for a tasty treat.

#### ♥ Pairs well with **Saturday Superstars** on page 14. ♥

Age Location Fee	8-13 Lisle Recreation Center \$45		
Code	Day(s)	Time	Date(s)
6-200-03-1	SA	11:00am-3:00pm	2/26

# ST. PATRICK'S DAY PARTY

## o 🗘 💿

Dress in your favorite green outfit as we celebrate St. Patrick's Day! Show off your favorite Irish jig, go on a shamrock scavenger hunt, and build your own green treat.

- ♥ Pairs well with **Saturday Superstars** on page 14. ♥
- **! Note:** Bring a sack lunch and SEASPAR will provide a fun dessert!

Age Location Fee	8-13 Lisle Re \$30	creation Center	
Code	Day(s)	Time	Date(s)
6-200-04-1	SA	11:00am-1:00pm	3/12

#### CHILDREN & YOUNG TEENS SPECIAL EVENTS

#### **PIXAR PARTY**

# $\odot$

Join us after Saturday Superstars for more fun! We'll be enjoying our lunch while watching a Pixar movie. Lunch will be provided by SEASPAR.

#### ♥ Pairs well with **Saturday Superstars** on page 14. ♥

Age Location Fee	8-13 Lisle Re \$35	ecreation Center	
Code	Day(s)	Time	Date(s)
6-200-05-1	SA	11:00am-1:30pm	3/26

#### **SPRING BREAK CAMP**

# 💿 🔇 🕥

Join us for a week of fun while you're off school! Each day will introduce participants to a new activity in addition to sports, games, and crafts.

**!** Note: Please provide a sack lunch each day.

Age	5-15
Location	Lisle Recreation Center
Fee	\$60 per day
Time	9:30am-3:30pm
Trans.	Denning: 9:00am-4:00pm

Code	Day(s)	Theme	Date(s)
6-200-08-1	Μ	Bingo Bowling	3/28
6-200-09-1	TU	Morton Arboretum	3/29
6-200-10-1	W	Rainbow Therapy Dogs	3/30
6-200-11-1	TH	Ray's Bay & Sensory Activities	3/31
6-200-12-1	F	Color Me Mine	4/1







BOWLING AT FOX BOWL

"Spare" us any excuses. This is an event you won't want to miss! Come join us for an afternoon of bowling and fun at Fox Bowl in Wheaton. Participants will bowl two games, socialize with friends, and enjoy a lunch provided by SEASPAR.

♥ Pairs well with **Saturday Superstars** on page 14. ♥

Age Location Fee	8-13 Lisle Re \$45	ecreation Center	
Code	Day(s)	Time	Date(s)
6-200-06-1	SA	11:00am-3:00pm	4/2

# EARTH DAY

Earth Day deserves a day of adventuring and fun! We'll be visiting the Willowbrook Wildlife Center for an afternoon of celebrating nature.

Pairs well with Saturday Superstars on page 14.

**! Note:** Please provide a sack lunch.

Age	8-13
Location	Lisle Recreation Center
Fee	\$30

Code	Day(s)	Time	Date(s)
6-200-07-1	SA	11:00am-2:30pm	4/23



Bringing out the youth - in everyone!

SEASPAR's teen & adult programs foster positive growth by providing people with disabilities opportunities to recreate in environments focused on fun.

Teen & Adult Programs Teen & Adult Special Events

17-23 24-28





# AFTERNOON ADVENTURES

Enjoy exciting travels throughout our beautiful communities. Trek alongside friends in journeys of exploration and adventures you won't want to forget.

**!** Note: Due to the nature of this program, participants must be able to tolerate being in the community. A schedule of the activities will be mailed home with confirmations.

Age Location Fee	16+ Lisle Re \$287	ecreation Center	
Code	Day(s)	Time	Date(s)
6-030-01-1	Μ	3:00-6:00pm	2/7-4/25



#### NEED HELP? LET US HELP.

Let's have some fun! Recreation Coordinator Megan Frey loves creating fun and exciting programming for SEASPAR's teen and adult participants!

Have questions about weekly programs for teens and adults offered by SEASPAR? Contact Megan!

MEGAN FREY, CTRS mfrey@seaspar.org • 630.960.7629





# WALKING CLUB WEST

Walk your way to better health and be social! What better way to get our steps for the day than by walking with friends? Join us as we walk around scenic Lisle Community Park. We will enjoy nature, chats with friends, and the benefits of a great cardiovascular workout!

**! Note:** This program runs for 6 weeks. Walks will be held outdoors.

Age Location Fee	16+ Lisle Re \$42	creation Center	
Code	Day(s)	Time	Date(s)
6-030-02-1	М	4:15-5:00pm	3/21-4/25

# DAY AWAY TOUR

😨 💿 😒 😳

Why live for the weekend, when everyday can be an adventure? Join SEASPAR staff and fellow Day Away Tour adventurers for exciting voyages throughout our beautiful communities.

**! Note:** Due to the nature of this program, participants must be able to tolerate being in the community. A schedule of the activities will be mailed home with confirmations. Times may vary per date.

Age Location Fee	16+ SEASPA \$264	R	
Code	Day(s)	Time	Date(s)
6-030-03-1	TU	9:00-3:00pm	2/8, 2/22, 3/8, 3/22, 4/5, 4/19

#### **BOWLING AT LISLE LANES**

😨 💿 😒 💬

SEASPAR is going bowling! Join us at Lisle Lanes while we bowl, hang out with friends, and throw some strikes!

**!** Note: Please only register for one session.

Age	16+
Location	Lisle Lanes
Fee	\$155
Trans.	Session I: Lisle Recreation Center: 3:45pm

LISLE LANES I

Code	Day(s)	Time	Date(s)
6-030-04-1	TU	4:15-5:15pm	2/8-4/26
LISLE LANES II			
Code	Day(s)	Time	Date(s)
6-030-04-2	TU	5:30-6:30pm	2/8-4/26

## COOKING WITH CHEF MEGAN IN-PERSON

# o 🗘 📀

It's going to be a smorgasbord of flavor, food, and friends - In person! This popular program is now available in-person and virtually. See page 33 for virtual program information.

Meal prep doesn't have to be a chore. Become one with the kitchen in this hands-on cooking program that emphasizes fun and flavor with step-by-step learning! In this class, participants are introduced to new recipes each week by SEASPAR's resident foodie, Chef Megan! Classes will be held in Clarendon Hills Park District's all-new learning kitchen. All supplies are included.

Age Location Fee	16+ Clarend \$130	Clarendon Hills Community Center				
Code	Day(s)	Time	Date(s)			
6-030-05-1	TU	4:15-5:15pm	2/8-4/26			





#### **ROLE PLAY**

# **S** 💬

19

Express yourself and gain confidence! Participants will work on new scenes each week in this non-performance based acting class. This program focuses on group activities and improvisations.

Age Location Fee	16+ Darien : \$82	Sportsplex	
Code	Day(s)	Time	Date(s)
6-030-06-1	TU	5:00-6:00pm	2/8-4/26



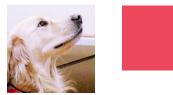
## **CRAFTING CORNER** $\bigcirc \bigcirc$

Get in touch with your creative side at SEASPAR's fine arts program! Participants will make a different craft each week, varying between jewelery, canvas, and everything in between. At the end of the program, we will have an art show to show off our favorite pieces of work!

¥	Pairs	well	with	Pet Therapy	
	i ano	** 0	****		• •

Age Location Fee	16+ Lisle Re \$92	ecreation Center	
Code	Day(s)	Time	Date(s)
6-030-07-1	TU	6:00-6:45pm	2/8-4/26





#### PET THERAPY

 $\odot$ 

Spend time with man's best friend! You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem.

♥ Pairs well with Crafting Corner. ♥

Age Location Fee	16+ Lisle Re \$72	ecreation Center	
Code	Day(s)	Time	Date(s)
6-030-08-1	TU	7:00-8:00pm	2/8-4/26

# **BOWLING AT SUBURBANITE** $\bigcirc$

SEASPAR is going bowling! Join us at Suburbanite Bowl while we bowl, hang out with friends, and throw some strikes!

**I** Note: Please only register for one session.

Age	16+
Location	Suburbanite Bowl, Westmont
Fee	\$155

#### **SUBURBANITE I**

•••••				
Code	Day(s)	Time	Date(s)	
6-030-09-1	W	4:15-5:15pm	2/9-4/27	
SUBURBANIT	E 11			
Code	Day(s)	Time	Date(s)	
6-030-09-2	W	5:30-6:30pm	2/9-4/27	

SEASPAR.ORG | 630.960.7600

#### **ACTORS GUILD**

# **a**

Lights. Camera. Action! This program is taught by Christine Grohne of Actors with Special Needs. Actors Guild is designed to build self-esteem, enhance character, and to motivate every one to do their best. No acting experience is necessary.

I This program encourages family and friends to practice lines with participants in order to prepare them for their final performance! Actors enrolled in the fall season are invited to return to finish rehearsing for the final performance.

Age Location Fee	16+ Lincoln \$84	Center, Downers Grove	
Code	Day(s)	Time	Date(s)
6-030-10-1	W	4:30-6:00pm	2/9-4/27





# FITNESS & FUN 😨 💿 🗢

Regular exercise is extremely important for long-term health and well-being. Being physically active can have mental and emotional benefits as well! Our new Fitness & Fun program offers all this and more.

#### Pairs well with Walking Club East.

**! Note:** If the weather is good, we may spend our time outdoors walking. Please wear athletic apparel and gym shoes, and bring a water bottle. This program only runs 6 weeks.

0	Develo) Time	
Age Location Fee	16+ Clarendon Hills Community Center \$55	

Code	Day(s) Time		Date(s)
6-030-11-1	ТН	4:15-5:00pm	2/10-3/17





# GLEE CLUB

Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Show off your talent while spending time with friends at Glee Club!

Age Location Fee	16+ Darien \$80	en Sportsplex			
Code	Day(s)	Time	Date(s)		
6-030-13-1	ТН	5:00-6:00pm	2/10-4/28		

# WALKING CLUB EAST

## 😨 🗿 💬

Welcome to Walking Club! What better way to get our steps for the day than by walking with friends? Join us as we walk around scenic Spring Rock Park. We will be enjoying nature, talking to our friends, and getting a great cardiovascular workout!

•	Pairs	well	with	Fitness	&	Fun.	Y
---	-------	------	------	---------	---	------	---

! Note: This program only runs 6 weeks and will be outdoors.

coue	Day(S)	Time	Date(S)
6-030-12-1	ТН	4:15-5:00pm	3/24-4/28

20

WINTER-SPRING 2022

#### AT THE MOVIES CINEMARK SEVEN BRIDGES

## $\bigcirc$

Welcome back to the movies! We are back to going to the theater to see our favorite current G, PG, or PG-13 films. At the beginning of each week, an email will be sent telling you the name of the movie and the time.

! Note: Pleas	se bring \$15	for con	cessions if you wish!
Age Location Fee	16+ Cinema \$108	rk at Sev	ven Bridges, Woodridge
Code	Day(s)	Time	Date(s)
6-030-14-1	TH	ТВА	2/17, 3/3, 3/17, 3/31, 4/7, 4/21

# AT THE MOVIES AMC QUARRY

#### $\bigcirc$

Welcome back to the movies! We are back to going to the theater to see our favorite current G, PG, or PG-13 films. At the beginning of each week, an email will be sent telling you the name of the movie and the time.

<b>! Note:</b> Please bring \$15 for concessions if you wish!
---

21	Age Location Fee	16+ AMC Qu \$108	uarry Cin	emas, Hodgkins
	Code	Day(s)	Time	Date(s)
	6-030-14-2	TH	ТВА	2/17, 3/3, 3/17, 3/31, 4/7, 4/21



# **WARR**

## FRIDAY HAPPENINGS EAST

## o 🗘 📀

Fridays are for friends! Join your friends on Friday nights for fun activities hosted throughout our lovely host community and in-house.

of the Irish	Vinter Wonderland Dance Party and Luck Dance Party are included in the schedule. will be sent to you prior to the start of
Age Location	30+ Grand Avenue Community Center, Western Springs

Fee	\$230	rn springs	
Code	Day(s)	Time	Date(s)
6-030-15-1	F No	Times Vary program on 4/15	2/11-4/29

# FRIDAY HAPPENINGS WEST

Fridays are for friends! Join your friends on Friday nights for fun activities hosted throughout our lovely host community and in-house.

 Note: The Winter Wonderland Dance Party and Luck of the Irish Dance Party are included in the schedule. A schedule will be sent to you prior to the start of program.

Age Location Fee	30+ SEASPA \$230	R, Downers Grove	
Code	Day(s)	Time	Date(s)
6-030-15-2	F No p	Times Vary program on 4/15	2/11-4/29



# FABULOUS FRIDAYSWESTImage: Colored stateImage: Colo

Thank goodness it's Friday! There's no better way to spend a Friday night than with your friends for fun activities hosted inhouse and throughout the community .

I Note: The Winter Wonderland Dance Party and Luck of the Irish Dance Party are included in the schedule. A schedule will be sent to you prior to the start of program.

Age Location Fee	16-29 Lisle Recreation Center \$230	
Code	Day(s) Time	Date(s)
6-030-16-2	F Times Vary No program on 4/15	2/11-4/29

# SATURDAY NIGHT SOCIALITES

This program is designed for adults who are ready to venture out on their own, but may need a jump start. This program offers a variety of outings designed to bring smiles to faces. A schedule of events is mailed and available on the SEASPAR website once the activities are determined.

**!** Note: Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time.

Age	26+
Fee	\$220
Trans.	SEASPAR: 6:00-9:30pm Denning: 6:30-9:00pm

Code	Day(s)	Time	Date(s)
6-030-19-1	SA	See Trans.	2/12, 2/26, 3/12,
			3/26, 4/9, 4/23

# FABULOUS FRIDAYS EAST

Thank goodness it's Friday! There's no better way to spend a Friday night than with your friends for fun activities hosted inhouse and throughout the community .

Note: The Winter Wonderland Dance Party and Luck
of the Irish Dance Party are included in the schedule.
A schedule will be sent to you prior to the start of
program.

Age Location Fee		Avenue Community Cent n Springs	er,
Code	Day(s)	Time	Date(s)
6-030-16-1	F No p	Times Vary program on 4/15	2/11-4/29

# YOUNG ADULT CLUB

Calling all teens and young adults! This club is geared specifically toward you! Activities and outings place a strong emphasis on socialization while also having fun. It's the perfect opportunity to make new friends and reconnect with old ones!

**!** Note: Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time.

Age Fee Trans.		NR: 1:30-5:30pm g: 2:00-5:00pm	
Code	Day(s)	Time	Date(s)
6-030-18-1	SA	See Trans.	2/19, 3/5, 3/19, 4/2, 4/23

Cit date 3 if

#### **BLACKHAWKS BONANZA**

#### $\bigcirc$

If listening to Chelsea Dagger after a Blackhawks goal gets you as excited as us, then this is the program for you! Join SEASPAR as we watch the Chicago Blackhawks take on the defending Stanley Cup Champions, the Tampa Bay Lightning. SEASPAR will be providing dinner during this program, but please bring a water bottle to drink.

**! Note:** Due to the nature of this program and the unpredictable length of the games, the end time is approximate.

Age Location Fee	16+ Lisle Re \$20	ecreation Center		
Code	Day(s)	Time	Date(s)	
6-030-20-1	SU	5:45-9:00pm	3/6	

#### **BLACKHAWKS BONANZA**

#### $\odot$

If listening to Chelsea Dagger after a Blackhawks goal gets you as excited as us, then this is the program for you! Join SEASPAR as we watch the Chicago Blackhawks take on the Arizona Cardinals. SEASPAR will be providing dinner during this program, but please bring a water bottle to drink.

**! Note:** Due to the nature of this program and the unpredictable length of the games, the end time is approximate.

Age Location Fee	16+ Clarenc \$20		
Code	Day(s)	Time	Date(s)
6-030-20-2	SU	5:45-9:00pm	4/3

SEASPAR.ORG | 630.960.7600

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#### TEEN & ADULT SPECIAL EVENTS

# TEEN & ADULT SPECIAL EVENTS

Act your age - said no one.

Teen & adult special events with SEASPAR are unique in that they pack a lifetime of memory-making fun into one-night events.

Teen & Adult Special Events

24-28





# MIDWESTERN UNIVERSITY DANCE

Get those dancing shoes on and get into the groove at this awesome Valentine's dance! Midwestern University, Downers Grove Campus, is hosting its 21st annual dance for SEASPAR and other SRA's. You'll have a blast as we dance along with our friends to some of the era's best toe-taping tunes! The event is held in the Student Athletic Center.

Age Location Fee	16+ Midwes \$20	tern University	
Code	Day(s)	Time	Date(s)
6-200-26-1	SA	6:30-8:30 pm	2/12

#### NEED HELP? LET US HELP.

Senior Recreation Coordinator Kim Huggins believes that there is nothing more special than making a special moment a lasting one.

Have questions about special events for teens and adults offered by SEASPAR? Contact Kim!

**KIMBERLY A. HUGGINS**, CPRP khuggins@seaspar.org • 630.960.7628

630.960.7600 | SEASPAR.ORG

#### THE CHEESECAKE FACTORY

# 0

The Cheesecake Factory in Oak Brook serves more than just cheesecake. This unique, upscale restaurant serves more than 250 menu items made from scratch everyday, including salads, pasta, pizza, steak, fish, and sandwiches. Come enjoy a great meal with great friends!

Age Fee Trans.		\R: 10:45am-3:15pm g: 11:15am-2:45pm	
Code	Day(s)	Time	Date(s)
6-200-28-1	SA	See Trans.	2/19

## **GROUNDHOG DAY** THE MUSICAL

#### $\bigcirc$

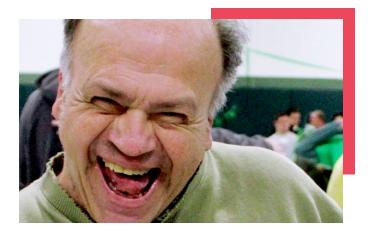
If you're cynical weatherman Phil Connors, it's a never-ending nightmare to be stuck in a small town whose biggest claim to fame is meteorologist groundhog Punxsutawney Phil. What sounds like an outlandish fantasy becomes an insightful look at discovering what you're capable of when you finally find the selfless person within and lower your defenses and make the most of each day. Imagine being stuck in a time loop – wait, did we already say this?

**! Note:** Please have lunch before attending this event at the Paramount Theatre in Aurora. Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.

Age	16+
Fee	\$75
Trans.	Denning: 11:00am-5:15pm SEASPAR: 11:30am-4:45pm

Code	Day(s)	Time	Date(s)
6-200-29-1	SU	See Trans.	2/20

S WHEELCHAIR ACCESSIBLE				
Code	Day(s)		Date(s)	
6-200-29-2	SU	See Trans.	2/20	



#### WINTER WONDERLAND DANCE PARTY

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Have "snow" much fun at our Winter Wonderland Dance Party! Dance along to your favorite tunes as Benet Academy hosts this awesome event. Refreshments will be served.

<b>! Note:</b> This ev Friday Happe		luded in Fabulous F	ridays and
Age Location Fee	16+ Benet A \$20	cademy, Lisle	
Code	Day(s)	Time	Date(s)
6-200-27-1	F	6:30-8:30pm	2/25

#### **CHICAGO BULLS**

# •

May all of the Chicago Bulls' "swishes" come true as they take on the Memphis Grizzlies at the United Center!

**!** Note: Dinner is included due to the United Center being a cashless arena. Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. The program is not recommended for those that fear heights, as our seats are in the upper level. Participants must be able to remain seated during the event.

Age Fee Trans.	16+ \$85 SEASPAR: 4:30-11:00pm Denning: 5:00-10:30pm		
Code	Day(s)	Time	Date(s)
6-200-30-1	SA	See Trans.	2/26

Code	Day(s)	Time	Date(s)
6-200-30-2	SA	See Trans.	2/26

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#### **BOWLING AT PINSTRIPES**

😨 📀 😒 💬

Join SEASPAR for an outing to Pinstripes in Oak Brook. Let's see those strikes and spares as we enjoy bowling on their stateof-the-art lanes with friends. Come discover sophisticated fun at Pinstripes. Dinner is provided.

<b>•</b> •		_
Trans.	SEASPAR: 3:45-8:15pm Denning: 4:15-7:45pm	
Age Fee	16+ \$75	

Code	Day(s)	Time	Date(s)
6-200-31-1	SU	See Trans.	2/27

## 

Let's get back to the Allstate Arena as we cheer on the Chicago Wolves as they take on the Iowa Wild!

Note: Due to the unpredictable length of the game,
return times are approximate. SEASPAR stays for the
whole game. If the group is going to be more than 20
minutes late, staff will attempt to contact families or
caseworkers with updated information. Participants
must be able to remain seated during the event.

Age	16+
Fee	\$60
Trans.	SEASPAR: 1:00-7:30pm Denning: 1:30-7:00pm

Code	Day(s)	Time	Date(s)
6-200-32-1	SU	See Trans.	3/6

#### **S** WHEELCHAIR ACCESSIBLE

Code	Day(s)	Time	Date(s)
6-200-32-2	SU	See Trans.	3/6

# LUCK OF THE IRISH DANCE PARTY

Dress in your favorite green outfit as we celebrate St. Patrick's Day. Show off your favorite jig as our DJ spins the latest tunes at Benet Academy. Refreshments will be served.

**! Note:** This event is included in Fabulous Fridays and Friday Happenings.

Age Location Fee	16+ Benet A \$20	Academy, Lisle	
Code	Day(s)	Time	Date(s)
6-200-33-1	F	6:30-8:30pm	3/11

#### **DINNER AND A MOVIE**

## ○ ○

Enjoy Disney's *Cruella*, which is set in late 1970s London amidst the punk rock revolution. The story follows a young grifter named Estella, a clever and creative girl who is determined to make a name for herself with her designs. She befriends a pair of young thieves who appreciate her appetite for mischief, and together they are able to build a life for themselves on the London streets. A pizza dinner will be included.

Age Location Fee Trans.	\$25	ecreation Center g: 5:15-9:30pm	
Code	Day(s)	Time	Date(s)
6-200-34-1	SU	6:00-8:45pm	3/13

## SHEDD AQUARIUM

# $\bigcirc$

Look nature in the eye and discover the wonders of the aquatic animal world! From sea stars to stingrays, bullfrogs to beluga whales, you'll meet creatures from aquatic habitats around the world with a visit to Shedd Aquarium in Chicago.

**! Note:** Please bring \$30 for lunch.

Age Fee Trans.	16+ \$85 SEASPA Denning		
Code	Day(s)	Time	Date(s)
6-200-35-1	SA	See Trans.	3/19





#### **GRANITE CITY FOOD & BREWERY**

# € ⊙

Granite City Food & Brewery in Naperville is best known for their incredible burgers. They are passionate about creating fresh menu items from scratch. Their signature dishes include grilled chicken and asparagus linguine, burgers, flat breads, salads, and steaks. Practice independence skills while enjoying a delicious lunch with friends!

Age Fee	16+ \$75				
Trans.	•	g: 10:45am-3:15pm \R: 11:15am-2:45pm			
Code	Day(s)	Time	Date(s)		
6-200-36-1	SU	See Trans.	3/20		

## HUGS + MUGS CAFÉ

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Hey friends, get creative with SEASPAR at Hugs + Mugs Gift Shop and Cafe in Hoffman Estates. Create a personalized mug or water bottle printed with artwork and photos you design! They also have awesome templates if you prefer to not create a design, it is up to you. Lunch is included along with a scoop of gelato from Hugs + Mugs.

7	Age Fee	16+ \$60
	Trans.	Denning: 10:30am-3:15pm SEASPAR: 11:00am-2:45pm

Code	Day(s)	Time	Date(s)
6-200-37-1	SA	See Trans.	3/26

## MAIN EVENT

## 😨 😒 💬

Make every moment count at Main Event in Warrenville! Enjoy a pizza social including a caesar salad, veggie pasta salad, and assorted pizzas. Play video games and enjoy a game of laser tag with friends. The possibilities are endless at Main Event!

Age	16+
Fee	\$75
Trans.	Denning: 3:45-8:15pm SEASPAR: 4:15-7:45pm

Code	Day(s)	Time	Date(s)
6-200-38-1	SU	See Trans.	3/27

## RODGERS & HAMMERSTEIN'S THE KING & I

# € ⊙

British tutor Anna Leonowens and the King of Siam struggle with cultural differences after Anna arrives at the royal palace in Bangkok. Inspired by true events, Rodgers and Hammerstein's *The King and I* is a tale of the human experience, exploring the historical intricacies of class, race, and politics in 1862. Featuring beloved songs like "Shall We Dance?" and "Getting to Know You," this classic play won 13 Tony Awards, including Best Musical and Best Revival of a Musical.

**!** Note: Please have lunch before attending the event at Drury Lane Theatre in Oak Brook Terrace. Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.

Age Fee Trans.		R: 1:00-7:00pm g: 1:30-6:30pm	
Code	Day(s)	Time	Date(s)
6-200-39-1	SA	See Trans.	4/2

#### 😓 WHEELCHAIR ACCESSIBLE

Code	Day(s)	Time	Date(s)
6-200-39-2	SA	See Trans.	4/2

#### 

He shoots and he scores! Help fellow Chicago Blackhawks fans cheer on the home team as they take on the Arizona Coyotes at the United Center.

I Note: Dinner is included due to the United Center being a cashless arena. Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. The program is not recommended for those that fear heights, as our seats are in the upper level. Participants must be able to remain seated during the event.

Age Fee Trans.				
Code	Day(s)	Time	Date(s)	
6-200-40-1	SU	See Trans.	4/3	
		SSIRIF		

Code	Day(s)	Time	Date(s)	
6-200-40-2	SU	See Trans.	4/3	



#### TEEN & ADULT SPECIAL EVENTS

# MUSEUM OF SCIENCE AND INDUSTRY

The Museum of Science and Industry is one of the largest science museums in the world and is home to more than 400,000 square feet of hands-on exhibits. From tornadoes to tesla coils, ancient boats to futuristic bots, the interactive and award-winning exhibits at the Museum of Science and Industry bring science to life.

! Not	e: Please	bring	\$25	for	lunch.
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Age	16+
Fee	\$85
Trans.	SEASPAR: 9:00am-3:30pm Denning: 9:30am-3:00pm

Code	Day(s)	Time	Date(s)
6-200-41-1	SA	See Trans.	4/9

# **BUCA DI BEPPO ITALIAN RESTAURANT** $\bigcirc$

Enjoy the authentic Italian cuisine of Buca di Beppo in Lombard in an eclectic, vintage setting. The friendly staff and whimsical atmosphere are sure to be a hit. Keep the conversation flowing by admiring the walls covered in family photos and candid shots of Italian-American icons such as Sophia Loren and Joe DiMaggio, while you listen to the classic tunes of Frank Sinatra and Dean Martin.

Age	16+
Fee	\$60
Trans.	SEASPAR: 10:45am-3:15pm Denning: 11:15am-2:45pm

Code	Day(s)	Time	Date(s)
6-200-42-1	SU	See Trans.	4/10

# **HOEDOWN DANCE PARTY** $\bigcirc$

Howdy partner, come join your fellow cowboys and cowgirls at our Hoedown Dance Party! We're breaking out the popcorn and cotton candy machine, so it's sure to be a rootin' tootin' good time. Don't worry, our DJ will be playing the best country hits for you and your friends to square dance to. Giddy-up and sign up for this special event!

Age Location Fee	16+ Westmo \$20	Westmont Community Center		
Code	Day(s)	Time	Date(s)	
6-200-43-1	SA	6:30-8:30pm	4/23	



#### **ROCK OF AGES** $\bigcirc$ 27

Travel back in time to when rock was king, and every song was a kingmaker. Relive some of the biggest, baddest rock songs of all time, including "Just Like Paradise," "Sister Christian," "We're Not Gonna Take It," "Wanted Dead or Alive," "Can't Fight This Feeling," "Hit Me With Your Best Shot," "Every Rose Has Its Thorn," and a whole lot more.

**!** Note: Please have lunch before attending this event at the Paramount Theatre in Aurora. Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.

Age Fee Trans.	•	g: 11:00am-5:15pm \R: 11:30am-4:45pm	
Code	Day(s)	Time	Date(s)
6-200-44-1	SU	See Trans.	4/24

#### 🔄 WHEELCHAIR ACCESSIBLE

Code	Day(s)	Time	Date(s)
6-200-44-2	SU	See Trans.	4/24

#### SPRING ESCAPE

Discover a magical getaway just beyond the glow of Chicago at Starved Rock's own Grand Bear Resort. Nestled in this natural area of Utica, the resort offers an oasis of relaxation and adventure - a destination where waterpark fun meets nature! It is a truly unforgettable place to unwind, play, dine, and explore with friends.

**! Note:** Participants share accommodations. Rooms are assigned according to age and gender. Contact Kim Huggins before Friday, January 7, if you want your own room. An additional fee will apply for these arrangements. Staff will not be present in all rooms.

<b>Code</b>	Day(s)	<b>Time</b>	<b>Date(s)</b>
6-200-45-1	F-SU	See above	4/29-5/1
Age Location Fee Drop off Pick up	16+ SEASPA \$475 Friday: Sunday		

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# ATHLETICS

Reaching beyond expectations.

SEASPAR's athletics programs invite people of all abilities to achieve new potential in a wide array of engaging sports. Athletics programs include team sports, and Special Olympics training.

Athletics

29-31

#### **SPARTANS POWERLIFTING**

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Athletes set and reach fitness goals through the disciplined and challenging sport of powerlifting. Participants learn proper technique for both the dead lift and bench press, while improving their overall fitness level through weekly workout routines.

Age	16+
Location	Lisle Community Center
Fee	\$70
Tournament	Regional Competition - March 26-27 State Summer Games - June 17-19* *Qualification required

Code	Day(s)	Time	Date(s)
6-100-01-1	Μ	5:30-7:00pm	2/7-3/21





# SPARTANS SWIMMING

This swimming program is designed to prepare advanced swimmers for Special Olympics and invitational competitions.

**!** Note: Athletes must meet the minimum skill requirements to perform during practice. Practices focus on swim endurance and refining stroke mechanics.

Code	Day(s) Time	Date(s)
Age Location Fee Tournament	8+ The CORE, Lemont \$96 Regional Competition - March 10 State Summer Games - June 17-19* *Qualification required	

Code	Day(s)	lime	Date(s)
6-100-09-1	SU	1:00-2:00pm	2/13-5/1
	No	program on 4/17	

#### NEED HELP? LET US HELP.

For Recreation Coordinator Matt Gorecki, the high score is only the beginning! Everyday, Matt works to help SEASPAR athletes achieve new potential on and off the court.

Have questions about athletics programs offered by SEASPAR? Contact Matt!

MATT GORECKI mgorecki@seaspar.org • 630.960.7627



#### **SPARTANS ATHLETICS**

## 😨 🔕 🔮

A good athlete is a well-prepared athlete. Join other athletes in training for various track and field events. Be prepared for the return to competition by staying fit and in shape.

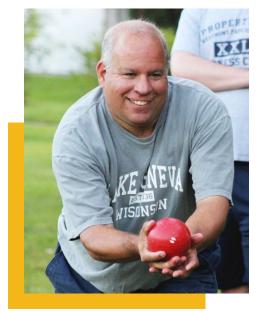
**!** Note: Please only register for one session.

Age Location Fee Tournament	8+ The CORE, Lemont \$125 Spring Games - April 30-May 1 State Summer Games - June 17-19*
	*Qualification required

#### **ATHLETICS I**

Code	Day(s)	Time	Date(s)
6-100-08-1	SU	9:00-10:00am	2/13-4/10
ATHLETICS II			

Code	Day(s)	Time	Date(s)
6-100-08-2	SU	10:15-11:15am	2/13-4/10





3/23-4/27

#### SPARTANS BOCCE PRE-SEASON



Bocce, a favorite family game, is one of the most enjoyable competitive sports. Closely resembling bowling, this game requires skill, strategy, and a little luck. Learn to toss, roll, hit, and score while having a great time with your friends. This is a fun and relaxing way to spend an evening. Join us for this Pre-Season Practice before the regular season gets underway!

Age Location Fee	8+ Ebersold Park, Downers Grove \$36	
Code	Day(s) Time	Date(s)

5:00-6:00pm

#### **POWER SOCCER**

#### 😨 🔘

Participants use an oversized soccer ball and maneuver their power chairs to dribble, pass, shoot, and score goals. A footguard is attached to the front of the power wheelchair and the game is on! This program is an introduction to power soccer and is designed for beginners. Footguards are provided.

Age Location Fee	8+ Westmo \$41	Westmont Community Center		
Code	Day(s)	Time	Date(s)	
6-050-01-1	SA	8:30-10:30am	3/26-5/14	

No program on 4/16



# SPARTANS GOLF PRE-SEASON

Join us at the Downers Grove Golf Club's covered driving range for some pre-season golf practice. Get familiar with your clubs again after taking the winter season off. We will practice driving, chipping, and putting as well. If you are anticipating being a part of the upcoming golf season, this is the program for you!

Age Location Fee	16+ Downei \$54	rs Grove Golf Club	
Code	Day(s)	Time	Date(s)
6-100-07-1	ТН	5:30-6:30pm	3/24-4/28

\/\/

6-100-04-1

#### **SPARTANS TENNIS**

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The SEASPAR tennis program offers athletes an opportunity to improve agility, upper body strength, hand-eye coordination, and overall fitness. For first-time players and seasoned veterans, this program teaches the basic rules and etiquette of the game required for the individual skills competition through traditional court match play. Each week, coaches work on the basic skills of forehand and backhand shots, volleying, and serving. Grab a racquet and join us on the court!

Age	8+
Location	Diane Main Park, Westmont
Fee	\$65
Tournament	Regional Competition - June 25 State Tennis - August 13-14* *Qualification Required

Code	Day(s)	Time	Date(s)
6-100-02-1	TU	5:30-6:30pm	4/19-6/21

#### **SPARTANS BOWLING**

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Join SEASPAR's bowling team to train for competition. Coaches help you work on your form and techniques to improve your game.

Age Location Fee Tournament	\$135 Regiona Section State B	anite Bowl, Westmont al Competition - July 23 als - October 16 owling - December 3* cation Required	
Code	Day(s)	Time	Date(s)
6-100-06-1	ТН	5:00-6:00pm	5/19-7/21







#### **SPARTANS SOFTBALL**

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Grab your mitt – the Spartans softball season is here! Athletes work to improve their skills through practices focusing on fundamentals, key components, and rules of the game.

**! Note:** Our team will compete in the Special Olympics Regional Qualifier in late summer.

Code	Dav(s) Time	Date(s)
Age Location Fee Tournament	16+ Lemont Park District Softball Field \$145 TBD	ds

Code	Day(s)	Time	Date(s)
6-100-03-1	TU	6:30-8:00pm	4/26-7/26

# SPARTANS FLAG FOOTBALL PRE-SEASON

Practice makes perfect! Join fellow SEASPAR athletes in preparation for the 2022 flag football season! This program consists of hands-on skill-building drills and guidance on the rules of the game. We will see you out on the gridiron! No experience is required.

Age Location Fee	16+ Woodrid \$36		
Code	Day(s)	Time	Date(s)
6-100-05-1	W	6:00-7:30pm	5/25-6/15

#### VIRTUAL PROGRAMS BY APPOINTMENT

#### VIRTUAL PROGRAMS BY APPOINTMENT



# VIRTUAL PROGRAMS

Let's get digital!

It's a virtual age, and SEASPAR is leading the way with top quality programming participants can enjoy from the comfort of home.

Virtual Programs By Appointment Virtual Programs Weekly Programs Virtual Programs Athletics Virtual Special Events

	32
33	-34
	35
	36



Schedule an individual music lesson with Nancy Urban! Virtual music lessons are 30 minutes each and are available Monday-Friday by appointment only. Please request your preferred lesson time at registration.

**! Note:** SEASPAR staff will contact you to schedule your appointments after registration.

Age Location Fee	5+ Virtual \$60		
Code	Day(s)	Time	Date(s)
6-700-01-1	M-F No p	By appointment program on 4/15	2/7-4/29



#### NEED HELP? LET US HELP.

Have questions about virtual programming offered by SEASPAR? Contact us. We're here to help.

KIM HUGGINS, CPRP khuggins@seaspar.org • 630.960.7628

MEGAN FREY, CTRS mfrey@seaspar.org • 630.960.7629

MATT GORECKI mgorecki@seaspar.org • 630.960.7627

# VIRTUAL PROGRAMS

#### KARAOKE

#### $\odot$

Sing your heart out and enjoy karaoke virtually with your friends! Each week, you will be asked to send in your song requests to add to the playlist.

! Note: Pleas	se only regi	ster for one session.	
Age Location Fee	16+ Virtual FREE		
KARAOKE I Code	Day(s)	Time	Date(s)
6-700-03-1	М	5:00-6:00pm	2/7-4/25

KARAOKE II			
Code	Day(s)	Time	Date(s)
6-700-03-2	Μ	6:15-7:15pm	2/7-4/25

#### **FEAST WITH FRIENDS**

#### 33

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What better way to spend lunch than with SEASPAR? We'll have great conversations, catch up with our friends, and share our favorite lunches. Make your lunch ahead of time and join in. We look forward to seeing you!

Code	Day(s)	Time	Date(s)
6-700-04-1	TU	12:00-12:30pm	2/8-4/26

#### WAGGIN' WITH SEASPAR

## $\odot$

They say dogs are a man's best friend. If you're interested in meeting your favorite SEASPAR staff's best friend, join Waggin' with SEASPAR! Each week, a different SEASPAR staff will virtually bring their dog for you to meet.

Age	16+
Location	Virtual
Fee	FREE

Code	Day(s)	Time	Date(s)
6-700-05-1	TU	2:00-2:30pm	2/8, 2/22, 3/8, 3/22, 4/5, 4/19



#### $\odot$

Join a Board-Certified Music Therapist from Dynamic Lynks for a virtual music group to socialize with peers through active music making! Learn songs for relaxation and regulation, make original fun songs through an interactive computer app, and get up on your feet to groove with these awesome beats!

Age	16+
Location	Virtual
Fee	\$90

Code	Day(s)	Time	Date(s)
6-700-06-1	TU	4:00-4:45pm	2/8-4/26



# COOKING WITH CHEF MEGAN VIRTUAL

We're whipping up your favorite recipes right in your own kitchen! Learn to make delicious snacks, lunches, and dinners that you can share with your loved ones.

Age Location Fee	16+ Virtual \$20		
Code	Day(s)	Time	Date(s)
6-700-07-1	TU	4:15 pm-5:15 pm	2/8-4/26

## GAME NIGHT

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Let the games begin! Each week, we will be playing a different game with our friends in a virtual format. While we play, we'll also be practicing social skills, taking turns, and following rules. You won't want to miss one week of this program!

Age Location Fee	16+ Virtual FREE		
Code	Day(s)	Time	Date(s)
6-700-08-1	TU	6:15-7:00pm	2/8-4/26

## VIRTUAL PROGRAMS

WEEKLY PROGRAMS



#### **MOVIE CLUB**

#### $\bigcirc$

Calling all movie lovers! We will be watching a G, PG, or PG-13 rated movie each week from the comfort of your own home. Bring your favorite movie snack and sit back, relax, and enjoy the show!

Age Location Fee	16+ Virtual FREE		
Code	Day(s)	Time	Date(s)

6-700-09-1	W	1:00-3:15pm	2/9-4/27

## YOGA WITH JEN

## 😨 🧿

Each class, we will focus on balance, strength, and flexibility. Join our instructor, Jen, for a class that will be fun and engaging in a challenging 45-minute virtual format. All you need is a yoga mat or towel, and you!

Age Location Fee	16+ Virtual FREE		
Code	Day(s)	Time	Date(s)
6-700-11-1	W	6:00-6:45pm	2/9-4/27

# WORK-IN WITH SEASPAR

## **2** (2)

We will be using a combination of cardio and strength training for a full body workout. This virtual program is excellent for burning fat, building muscle, and becoming overall more physically fit. Use dumbbells, something you have around the house, or just your own body weight to enjoy this fitness class!

Age Location Fee	16+ Virtual FREE		
Code	Day(s)	Time	Date(s)
6-700-12-1	ТН	5:00-5:45pm	2/10-4/28

#### **BINGO VIRTUAL**

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Play one of your favorite games virtually! Enjoy a night of bingo with your friends from SEASPAR without leaving your house. We will send you the bingo card so you can play from home!

Code	Day(s)	Time	Date(s)
Age Location Fee	16+ Virtual FREE		

Code	Day(s)	lime	Date(s)
6-700-13-1	ТН	6:00-6:45pm	2/10-4/28

# MYSTERY GUEST HOST

Who will be at program today? That's the question! At Mystery Guest Host, participants will be joined by a surprise SEASPAR staff each week! Participants will be sent home a list of questions to ask your mystery guest to try and get to know them better.

Age Location Fee	ocation Virtual		
Code	Day(s)	Time	Date(s)
6-700-14-1	F	4:00-4:30pm	2/11-4/29
	No	program on 4/15	

# SOCIAL CLUB VIRTUAL

# $\bigcirc$

Let's get social with our friends - virtually! Social Club activities include a Valentine's dance, bingo night, at-home scavenger hunt, and other activities.

Age Location Fee	16+ Virtual \$20		
Code	Day(s)	Time	Date(s)
6-700-16-1	F	6:30-7:15pm	2/18, 3/4, 3/18, 4/1, 4/22

34

#### VIRTUAL PROGRAMS ATHLETICS



#### **SPORTS CONDITIONING**

#### **2**

Come join us for another season of Sports Conditioning. Be ready to stretch and work out with friends and SEASPAR staff from the comfort of home. Each week we will do a different sport-specific workout routine and keep hydrated while doing it!

	Age Location Fee	8+ Virtual FREE		
35	Code	Day(s)	Time	Date(s)
	6-700-02-1	М	3:00-3:45pm	2/7-4/25

#### **ROCKET LEAGUE**

## O

Accelerate, jump, pass and shoot! Join SEASPAR as we offer the fast-paced virtual sport of Rocket League. You will have the opportunity to play with your friends or against them in exhibition matches. If you are new to this game, we also have an instructional video on how to download the game onto your computer, how the controls work and a sneak peek at the game play!

Age Location Fee	8+ Virtual FREE		
Code	Day(s)	Time	Date(s)
6-700-10-1	W	5:00-6:00pm	2/9-4/27



## **SPORTS TALK**

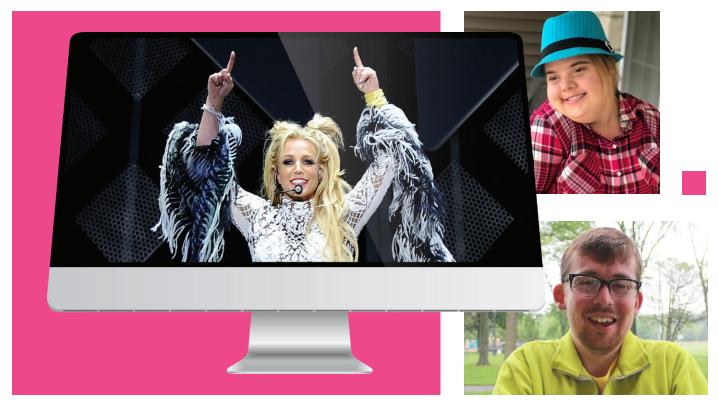
# $\bigcirc$

Calling all sports enthusiasts! Join us virtually and talk sports with some of the SEASPAR staff. We will talk about current news, stats, and anything related to the great world of sports. Let's hang out and talk about our favorite teams or players.

8+ Virtual FREE		
Day(s)	Time	Date(s)
F	1:00-1:30pm	2/11-4/29
	Virtual FREE <b>Day(s)</b> F	Virtual FREE Day(s) Time



# VIRTUAL PROGRAMS SPECIAL EVENTS



# SRA VIRTUAL VALENTINE'S DANCE

Cupid doesn't lie, but you'll never know if you don't try! Join SEASPAR and other Special Recreation Associations virtually for a Valentine's dance you will not forget.

Age Location Fee	16+ Virtual \$10		
Code	Day(s)	Time	Date(s)
6-702-01-1	SA	7:00-8:00pm	2/12

# VIRTUAL CARDIO DANCE PARTY

It's a virtual dance party where master entertainer and cardio dance instructor, Suzanne, will lead you in fun and exciting moves! The routines will incorporate interval training, alternating fast and slow rhythms to help improve cardiovascular fitness. This is definitely a fun experience where individuals with all levels of fitness can have a great time!

Age Location Fee	Virtual \$10		
Code	Day(s)	Time	Date(s)

6-702-02-1	SU	6:00-6:45pm	2/13

# BRITNEY SPEARS VIRTUAL CONCERT

Let's go back to the year 2000 with Britney Spears live in Hawaii at Waikiki Beach. This virtual Crazy 2K Tour will have you dancing the night away to some amazing hits like "Hit Me Baby One More Time," "You Drive Me (Crazy)," "Sometimes," and more.

Age Location Fee	16+ Virtual \$10		
Code	Day(s)	Time	Date(s)

6:00-6:50pm

# SRA ST. PADDY'S VIRTUAL BINGO NIGHT

SA

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6-702-03-1

St. Patrick's Day is not complete without playing a special bingo game with your friends from other Special Recreation Associations virtually. Get ready to say B-I-N-G-O!

Age Location Fee	16+ Virtual \$10		
Code	Day(s)	Time	Date(s)
6-702-04-1	SA	7:00-8:00pm	3/12

3/5

36

# **MULTI-SENSORY**

Explore what your senses crave!

Two of SEASPAR's most exciting amenities are its multi-sensory rooms located at the Lisle Recreation Center and the Grand Avenue Community Center in Western Springs. Both rooms offer speciallydesigned interactive equipment that appeals to the auditory, tactile, olfactory, and visual senses. Multisensory rooms primarily benefit individuals with autism, sensory processing disorders, and ADHD. All SEASPAR residents are invited to participate!





# **ENGAGE YOUR SENSES**

Both of SEASPAR's two multi-sensory rooms, Ray's Bay and Wonders, are designed to engage all of your senses! Each room is equipped with state-of-the-art technology purposebuilt to stimulate your senses through hands-on equipment and environmental stimulants.

SEASPAR's multi-sensory rooms contain interactive equipment that pleases your senses in a variety of soothing ways. Feel the vibration of music as it plays through the Learning Chair, follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor. Control colors and lights with the touch of your hand and feel the calming coolness of glittering glass with the sparkle and marble walls.

Learn more about SEASPAR's multi-sensory rooms, or schedule a trial by contacting Molly Downing at 630.960.7664.

! Multi-sensory room trial availability may be limited, call for details.

# **BENEFITS OF THE MULTI-SENSORY**

Both multi-sensory rooms contain equipment known to benefit individuals by stimulating the senses which can result in:

- Improved mood
- Lowered disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improvement in communication
- Enhanced interpersonal interactions

# WHO MAY BENEFIT

Our multi-sensory rooms primarily benefit individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia
- Physical Disabilities
- Emotional Needs
- Anxiety

#### NEED HELP? LET US HELP.

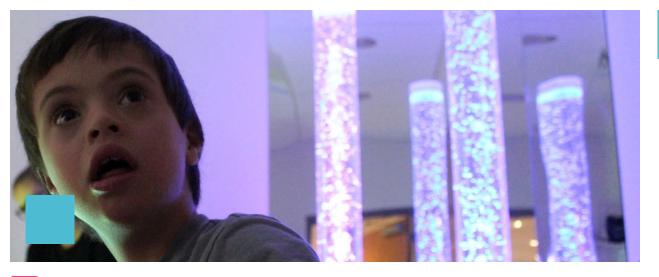
Let Recreation Coordinator Molly Downing be your guide in your journey through sensory exploration.

Have questions about sensory programs or multi-sensory rooms offered by SEASPAR? Contact Molly!

#### MOLLY DOWNING, CTRS

mdowning@seaspar.org • 630.960.7664

# **MULTI-SENSORY**





# **RAY'S BAY MULTI-SENSORY ROOM**

Grand Avenue Community Center 4211 Grand Avenue, Western Springs

Ray's Bay, SEASPAR's newest multi-sensory room, features a unique assortment of state-of-the-art equipment designed to vitalize the senses. Environmental sound waves and visual effects create a calming atmosphere, which can be enjoyed from the comfort of the room's large comfort rocking chair, comfort nook, or lighted waterbed. Guests with energy to spare can interact with various devices intended to spark curiosity as well as joy.

Ray's Bay Multi-Sensory Room is located in the lower level of the Grand Avenue Community Center. A waiting room, complete with a sitting area, is available for guests while participants play.



# WONDERS MULTI-SENSORY ROOM

Lisle Recreation Center - Door 8 1925 Ohio Street, Lisle

Wonders, SEASPAR's award-winning multi-sensory room, features a unique assortment of state-of-the-art equipment designed to vitalize the senses. Environmental effects create a calming atmosphere, which can be enjoyed from the comfort of the room's over-sized beanbag or comfort nook. Guests with energy to spare can interact with various devices intended to spark curiosity as well as joy.

Parents can observe their child's session through a one-way observation window.





# SENSORY FRIENDLY PROGRAMS

In addition to private multi-sensory room sessions, SEASPAR provides a wide selection of sensory-friendly programs held at its two multi-sensory rooms. These programs are available to all SEASPAR participants.

Programs offered at SEASPAR's multi-sensory rooms include:

#### **SENSORY SEEKERS**

P.11

Sensory Seekers invites participants to explore the limits of their senses in weekly 30-minute private sessions held at Ray's Bay Multi-Sensory Room.

#### SENSORY EXPLORERS

P.12

Sensory Explorers provides participants with all the tools needed to explore the full spectrum of the senses in weekly 30-minute private sessions held at Wonders Multi-Sensory Room.

#### SENSORY SUNDAY

P.13

Sensory Sunday treats participants to a weekend getaway of the senses. Visit unexplored areas of your senses or revisit favorites in 30-minute sessions held on Sundays at Wonders Multi-Sensory Room. 38

## **SPECIAL PROGRAMS**



ELA FUN RUN

# SPECIAL PROGRAMS

To recreation and beyond!

Our mission doesn't end at recreation. Learn more about special programs offered by SEASPAR and how they may benefit you and your family.



# **AKTION CLUB**

Through the joint sponsorship of the Downers Grove and Lombard Kiwanis Clubs and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. It also performs several service projects annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support.

! For more information, contact Catherine Morava at 630.960.7620.



#### NEED HELP? LET US HELP.

Special programs require special attention. Luckily, our team of experts are here to help.

**CATHERINE A MORAVA**, CPRP

cmorava@seaspar.org • 630.960.7620

#### **CHRISTINA FERNANDEZ**

cfernandez@seaspar.org • 630.960.7609

# SPECIAL PROGRAMS

# EAGLES ADULT DAY PROGRAM

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities Enhance Adult Growth through Lifestyle Education and Service. This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at four different sites throughout SEASPAR's communities: the Darien Sportsplex, Lemont Safety Village, Lisle Recreation Center, and Brookfield Municipal Building.

For more information, visit our website or contact Catherine Morava at 630.960.7620.

The EAGLES Adult Day Program continues to expand its participants' experience and find creative ways to make healthy choices. Our staff work to collaborate with local businesses, therapists, educators, university students, and other local day programs to offer new and exciting opportunities for the participants in the program. We are fortunate to have such a great team working the program.

Our dedicated team of professionals include:

- NICOLE CAUSEY BRIAN KLAMA EILEEN KASH APRIL PRESCOTT STACIE RITZ BECKY QUIRK
- KRISTY PAULEY RACHEL WESTBERG JENNIFER MOLSKY DEBBIE MURDOCK CHRISTINA HEALY JOCELYN RIOS

These incredible individuals are responsible for delivering dynamic recreation services to adults with disabilities and contribute to the progress of the EAGLES Adult Day Program, each and every day!









As part of SEASPAR's continuum of recreation programs, inclusion services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations.

! For more information, visit our website or contact Christina Fernandez at 630.960.7609.



#### ABSENCES

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and ensures that no tickets are wasted. We realize that lastminute absences may not allow for notice; however, we appreciate your assistance and cooperation.

#### **ADA STATEMENT**

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs.

To request this program guide in an alternative format, please contact Morgan Mason at mmason@seaspar.org.

#### **ANNUAL INFORMATION FORMS**

SEASPAR requires that all participants complete an Annual Information Form (AIF) each calendar year. Individuals without a current AIF on file will not be permitted to participate. You do NOT need to submit an AIF each season, only once per year.

The Annual Information Form is available on pages 47-49, or may be submitted online at SEASPAR.org.

Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information but do NOT need to submit a new Annual Information Form if one was previously submitted for 2022.

#### **ATLANTOAXIAL INSTABILITY**

Individuals with Down syndrome are at risk of having Atlantoaxial Instability (AAI) which causes decreased stability in the bones of the upper spine. For the safety of our participants, individuals with Down syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for AAI. For more information, contact SEASPAR at 630.960.7600.

#### **CHECK IN**

**Virtual Programming:** Participants should sign into virtual programming in a timely manner. When signing in, participants will be placed on hold until the program's scheduled start time.

**In-Person Programming:** When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child.

**!** Note: SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

#### **CODE OF CONDUCT**

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make SEASPAR's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and events as deemed necessary by the staff.

#### CODE OF CONDUCT: IN-PERSON PROGRAMS

- Show respect to all participants, staff and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and those at public facilities to enjoy the activity without disruption.
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

#### CODE OF CONDUCT: VIRTUAL PROGRAMS

- Refrain from sharing program information (Zoom meeting code and password) with others. Virtual registrations are not exchangeable.
- Avoid joining programs in which you are not enrolled
- Select a quiet space for your program. Reduce background noise as much as possible.
- Ensure that you have an appropriate background for the group to see.
- Change your name in Zoom to the participant's first name and last initial.
- Follow staff's instructions for taking turns and muting.
- Treat others with respect when speaking and using the chat function. The chat function may be disabled by staff if it is not used appropriately. Participants may be muted or removed from the program if their behavior is disruptive.

#### DISCIPLINE

SEASPAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SEASPAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of him/herself or others.

#### LATE REGISTRATION

The registration deadline is Monday, January 3 at 4:30 pm. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waitlist. Participants may not be added to a program with less than 48 hours notice.

#### LATE PICKUP - NEW POLICY

If a participant has not been picked up at the scheduled program end time, the parent/guardian/group home staff will be contacted. After a fifteen-minute wait period, emergency contacts will be called. After one warning, a \$10 fee will be applied for every 15 minutes that a participant is picked up late or the SEASPAR vehicle is delayed. A notice will be sent to you indicating the fee being charged to your account.

#### LOSS OR THEFT

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

#### **MEDICATION DISPENSATION**

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in SEASPAR provided envelopes, complete the label, and give it to the program supervisor. For the convenience of those who are involved in many programs, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

#### **NON-RESIDENT FEE POLICY**

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

#### **PARTICIPANT EXPECTATIONS**

Please refer to pages 43 and 44 for specific COVID-19 prevention expectations for participants.

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and socialization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call us at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

#### PARTICIPATION

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

#### PHOTOGRAPH/VIDEO POLICY

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/ videos for any purpose in any medium of communication, without compensation. If there is a specific reason you or your child/ward cannot be photographed, please contact us.

#### **PROGRAM CANCELLATIONS**

- A program may be cancelled if the program minimum enrollment is not met.
- Programs may be cancelled due to inclement weather or other emergencies. See the Weather/Emergency Cancellations section below for more information.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

#### SEASPAR/WDSRA AGREEMENT

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips and the EAGLES adult day program are not included. Registrations must be submitted by the agency's deadline, and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For more information, contact SEASPAR at 630.960.7600. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WDSRA.com.

#### VIRTUAL PROGRAMMING ACCESS AND PASSWORDS

You will receive an email before programs begin with links and passwords for your programs. These are exclusive to you and cannot be shared. Please retain this email as it will only be sent once. If you do misplace your link or password, please call us at 630.960.7600 or email adminstaff@seaspar. org. Participants who cannot be identified and/or whose enrollment status cannot be confirmed may be removed from a virtual program.



#### WEATHER/EMERGENCY CANCELLATIONS

Weekly programs and special events may be cancelled due to inclement weather or other unforeseen circumstances. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 3:30-4:30pm for evening programs. If a program is cancelled or an outdoor program is moved indoors, staff attempt to reach all participants to inform them of the change. After hours, program changes are available on the Program Hotline at 630.960.7582. Programs cancelled due to inclement weather or other emergency may be rescheduled; otherwise, a refund will be issued in the form of a credit on the participant's account.

#### Severe Winter Weather Guidelines for Cancelling Programs

- All programs are cancelled when the temperature drops to -10° or wind chill of -20°.
- All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

#### WELLNESS GUIDELINES

Please refer to the right for specific COVID-19 wellness guidelines.

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is required that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100.4° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackievirus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

#### **COVID-19 MITIGATIONS FOR IN-PERSON PROGRAMS**

Although recreation programs always have an inherent risk, SEASPAR has taken several measures to promote safety and wellness in our in-person programs at this time.

- The availability, format, start/end dates, and/or fees for inperson programs are subject to change based on current COVID-19 mitigations.
- Program capacity will be adapted to current COVID-19 restrictions inclusive of staff and participants.
- Participants must complete a Participant Assessment and/ or submit proof of COVID-19 vaccination prior to registration. Visit SEASPAR.org/COVID-19-Phase-5 for more information.
- In accordance with the Wellness Screening Agreement, caregivers should determine if any COVID-19 symptoms are present in the participant prior to each program. If so, the participant must not attend the program. Symptoms of COVID-19 include:
  - Fever of 100.4 F or higher
- Headache

• Cough

- New loss of taste or smellSore throat
- Shortness of breath
- ChillsFatique

- Congestion or runny noseNausea or vomiting
- Muscle or body ache
   Diarrhea
- Mask requirements are determined by current mandates.
- Participants must provide their own mask.
- Staff will clean and disinfect frequently touched surfaces (table tops, door handles, etc.) before and after activities and in between uses of different individuals.
- Toys and learning tools not able to be sanitized will not be used.
- Participants and staff displaying symptoms of illness during the program will be removed from the group, and an approved adult will be required to pick them up within 30 minutes of notification. Participants will be supervised by staff while removed from the group. Participants will be required to have multiple emergency contacts to ensure that someone is available to pick them up if the need arises.
- Participants who have been exposed in close contact to someone with confirmed COVID-19 may only return to program after it has been 14 days from the time of the exposure.
- Participants diagnosed with or exhibiting symptoms of COVID-19 may only return to program after it has been 10 days from the time they have experienced symptoms, do not have a fever for 3 days (without taking medication to reduce fever), and have improvement in their respiratory symptoms (cough, shortness of breath). Alternately, a participant may return to program after 2 negative COVID-19 tests in a row, with testing done 24 hours apart.
- If participants have illnesses like allergies, or other noncontagious conditions that may appear similar to COVID-19, a note from a physician stating they are not contagious is required prior to attending program.
- To protect your participant and those they interact with, participants that do not adhere to program rules and the above guidelines may be removed from the program.

TAKE THE PARTICIPANT ASSESSMENT AT SEASPAR.ORG



! This form must be completed and returned with registration. It can also be completed via online registration.

Completion of this form is required by the participant's caregiver in order to participate in program. By completing this form, the caregiver acknowledges that wellness checks will be completed by the caregiver prior to allowing the participant to attend each program.

Prior to arrival at program, caregivers should determine if any of the following COVID-19 symptoms are present in the participant. If so, the participant **must not attend the program.** 

- Fever of 100.4 F or higher
- Cough
- Shortness of breath
- Chills
- Fatigue
- Muscle or body ache

- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

(If a participant has illnesses like allergies or other non-contagious conditions that may appear similar to COVID-19, a note from a physician stating they are not contagious is required prior to attending program.)

If a participant has been diagnosed with or is exhibiting symptoms of COVID-19, they may only return to program after it has been 10 days from the time they have experienced symptoms, they do not have a fever for 3 days (without taking medication to reduce fever), and they have improvement in their respiratory symptoms (cough, shortness of breath). Alternately, a participant may return to program after 2 negative COVID-19 tests in a row, with testing done 24 hours apart.

Prior to arrival at program, caregivers must determine if the participant has been in close contact (6 feet or less for more than 15 minutes) with someone who has tested positive for COVID-19 in the last 14 days. If so, the participant must not attend the program until it has been 14 days from the time of the exposure.

By signing this form, you acknowledge and self-certify that you will ensure that the participant is symptom-free and can safely report to in-person programming.

Participant Name: \_\_\_\_\_ Date

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Parent/Guardian/Caregiver Name: \_\_\_\_\_

Parent/Guardian/Caregiver Signature: \_\_\_\_\_\_

! This form must be completed and returned with registration. It can also be completed via online registration.

# **REGISTRATION FORM**

Parti	icipa	nt's	Name	

Age\_\_\_\_\_Birth Date\_

! Please print your program selection(s) in the table below. Attach additional sheets if necessary.

PROGRAM NAME			P	ROG	RAM	N	јмв	ER			TIME SELECTION (If Applicable)	TRANSPORTATION (IF APPLICABLE)	FEE
Example: Power Soccer	6	-	0	5	0	-	0		-	01			\$ <mark>4</mark>
		-				-			-				\$
		-				-			-				\$
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Would you like to include a	ι don	atio	n to s	SEAS	PAR?	lf s	o, pl	ease	indi	icate t	he amount to the righ	ht. Thank you!	\$
											TOTAL FEES		\$

! Full payment must be received with the registration unless other arrangements have been made.

Payment may be	made by check, r	noney order, cash,	or credit card.		
Payment Type:	O Check	O Cash	O Money Order	○ Credit Card	
Credit Card:	O MasterCard	O Visa	O Discover		
Cardholder Name					
Account Number				Exp. Date	CVC
Authorized Signa	ture			Today's Date	

Please complete both sides of this registration form. Submit form and payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

I The registration deadline is Monday, January 3 at 4:30pm.

OFFICE USE ONLY						
Date Rec'd		Cash Amt				
Rec'd By		Check Amt				
AIF Given		AIF Rec'd				

45

# **REGISTRATION FORM**

Participant's Name				_Birth Date	
Address	City			Zip	
Has any of your information changed since you completed your 202 If yes, please call us at 630.960.7600.	2 AIF?	⊖ Yes	O No		

Do you have an updated emergency contact? O Yes O No If yes, please call us at 630.960.7600.

#### WAIVER AND RELEASE

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

#### WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

In virtual program activities, you need to have adequate space to follow the activity instructions and to move safely without exposure to any obstacles, obstructions, steps or anything that could cause possible trips or falls. As a participant, you are solely responsible for assessing whether you can participate safely in the activity in the space you have chosen without accidents.

#### WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have been made aware of the inherent dangers and risks of virtual program activities, and I can participate safely in the space I have chosen.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online acceptance or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Participant Signature (if 18 or older)	[	Date	

PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian.
 PARTICIPATION WILL BE DENIED if a 2022 Annual Information Form is not on file.
 PARTICIPATION WILL BE DENIED if a Wellness Screening Agreement is not completed.

20	)22 Ai	امسما					ice use only
					_		Date Date
Infor	rmatio	on Fo	m S	EASPA	R		Date
Participant Name			-	Age	Birth	Date	_ Gender
Is this a new partic	;ipant? □	Yes 🗆	No If so, how did you h	near about SEASPAR?			
				Participant Cell #			
				City			
				ict			
				Work #			
Parent 2 Name			Cell #	Work #		_Email	
Guardian Name			Cell #	Work #		_ Email	
				Teacher Email			
Group Home/Resid	dential Fac	cility		Pe	ermission to Co	onsult with Casework	ker 🗆 Yes 🗆 No
Manager/Casewor	ker			Manager/Caseworker #			
Manager/Casewor	ker Email			Weekend and/or Em	ergency #		
				City			
Name			Relationship	City		Transportation?	🗆 Yes 🗆 No
				City			
			Me	dical Information			
Medical Conditi	ions						
Disability/Diagnosi	s						
Allergies	□ Yes	□ No	(include food allergies and	reactions)			
Dietary restrictions	a □ Yes	□ No	(not allergies)				
Blood disorder	□ Yes	□ No					
Diabetes	□ Yes		(If YES, a Diabetes Plan is	required)			
Down Syndrome	□ Yes	□ No	AAI testing result? $\Box$ Po	. ,	Not tested		
G-Tube	□ Yes	🗆 No	(If YES, please attach instr	Ũ			
Hearing Impaired	□ Yes	🗆 No					
Heart Condition	□ Yes	🗆 No					
Seizures	□ Yes	🗆 No	(If YES, a Seizure Respon	se Plan is required)			
Visually Impaired	□ Yes	□ No	, <i>,</i>	. /			
,, en		, <i>,</i>					

# **ANNUAL INFORMATION FORM**

Medications (list all prescription AND over-the-counter medications taken, even if not taken at program)

Drug Name (Brand/Generic)	Taken With (e.g., water,						
*Please attach sheet with add	litional medications if needed.						
Is participant responsible for se	If medication at programs?	□ No					
Does staff need to remind partie	cipant to take medication? $\Box$ Yes	□ No					
envelopes. SEASPAR will have dispensing can only be changed the participant is accurate. I also d In all cases, the recommended du to SEASPAR to secure from any li for payment of any and all medica I recognize and acknowledge tha SEASPAR administering medicat	extra envelopes at program, and the envelopes or modified by amending this form. I herek understand that it is my responsibility to in osage of any medication will not be exceed iccensed hospital physician and/or medical p al services rendered. It there are certain risks of physical injury ion, I hereby fully release or discharge SE/	elope must be completed and sealed be by acknowledge that the above informati form SEASPAR if any changes in the dis ded. If after administering medication the bersonnel any treatment deemed necess in connection with the administering of n ASPAR, and its officers, agents, employe	lividual clearly labeled SEASPAR medication fore staff will accept it. In all cases, medication on provided for the dispensing of medication for spensing of medication occur. ere is an adverse reaction, I give my permission ary for immediate care. I agree to be responsible medication to the participant. In consideration of ees, and volunteers from any and all claims from ssociated with the administering of medication. I				
further agree to indemnify, hold I	harmless and defend SEASPAR, its office	ers, agents, employees, and volunteers	from any and all claims resulting from injuries, ociated with the administering of medication.				
Parent/Guardian Signature			Date				
Participant Signature (over 18)			Date				
	Behavio	r/Communication					
□ Attention seeking	□ Fear	Manipulative	□ Spitting				
□ Biting	Hair pulling	Pinching	□ Steals				
Defiance/refusal	□ Hitting/kicking	Removal of clothing	□ Tantrums/meltdowns				
Difficult transitions	□ Hyperactivity	□ Runs/wanders	Throwing objects				
<ul> <li>Easily distracted</li> <li>Other</li> </ul>	Inappropriate touching	□ Self-abusive	Verbal outburst				
□ Complies with verbal reque	sts and directions	specific verbal/non-verbal directions	<ul> <li>Responds to positive reinforcement</li> </ul>				
Does participant have a specific	c behavior plan? □ Yes □ No (If	yes, please attach)					
Method of communication:	□ Communication board	□ Facilitated communication					
	□ Alternative communication	Sign language	□ Other				
Please indicate any sensory ne	eds the participant may have						
Additional Information							

## ANNUAL INFORMATION FORM

Transportation Information					
Transportation permission in SEASPAR vehicle?  □ Yes □ No					
If 18 or older, is the participant able to go home on his/her/their own? $\ \square$ Yes $\ \square$ No					
If 18 or older, is the participant able to wait independently? $\ \square$ Yes $\ \square$ No					
Is the participant able to drive independently? □ Yes □ No					
Does this permission apply to all programs? 🛛 Yes 🗆 No 🛛 If no, please specify					
Please list carpool friends					

#### **Assistive Devices**

#### **Personal/Physical Requirements**

Wheelchair	□ Yes	□ No	Туре	□ Manual	Electric	c Transp	ort only in w	heelchair?	□ Yes	🗆 No
Does participant need assistance with transfers?   Yes  No  (If YES, a Transfer Plan is required)										
Please indica	ate if used:	□ Stroller	🗆 Walke	er 🗆 Car	ne/Crutches	Prosthet	ic Device	□ AFOs	□ Other	
Service Animal (please describe)										
What level of assistance does participant need?				1?	Full	Moderate Indepe		dent		Details
Eating/Drinki	ng (cuts foo	od, uses straw, etc.	)							
Toileting (diap	pers, cathete	er, wiping, etc.)								
If the participant is <u>not independent for toileting</u> , a Toileting Plan is required.										
Hand Washir	ng									
Dressing/Und	dressing (t	ying shoes, pulling	up swimsui	t, etc.)						
Money Hand	ling (monito	or for correct chang	je, no conce	ept, etc.)						
Reading (corr	nprehension	level, etc.)								

□ Needs personal flotation device

□ Can swim one length of pool without flotation device □ Competitive/multi-lap independent swimmer

□ Bumpers

Please list any information concerning the participant that would aid staff in ensuring a safe and enjoyable program for him/her/them. The more you tell SEASPAR, the better we can meet each participant's needs.

Indicate friends attending SEASPAR

Responsibility (keeping track of belongings, etc.)

Safety (crossing street, water safety, etc.)

Please indicate bowling need

Parent/Guardian Signature \_\_\_\_

Participant Signature (over 18) \_\_\_\_\_ Date \_\_\_\_\_

SEASPAR \* 4500 Belmont Road, Downers Grove, IL 60515 \* 630.960.7600 \* SEASPAR.org

\_\_\_\_\_ Date \_\_\_\_\_



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