

REGISTRATION
APR 11 - MAY 6



SEASPAR
SPECIAL RECREATION ASSOCIATION

20
22

WE ARE SEASPAR

SEASPAR

SPECIAL RECREATION ASSOCIATION



MISSION

SEASPAR provides dynamic recreation programs and quality services for its residents with disabilities



VISION

Discover Abilities
Achieve Potential
Realize Dreams



CORE VALUES

Fun • Excellence
Service • Respect
Accountability

01

Maybe I am an optimist, but I feel like we have rounded the corner and are heading to a world with fewer restrictions. This will allow SEASPAR to expand our programming even closer to what you could consider “normal.” This means things like going to baseball games, going out to eat, playing softball without a mask, and countless more examples. We’ll continue to shift and adapt to all of the changes and challenges, but I’m confident that we are heading in the right direction and look forward to seeing many more smiling faces at programs.

Now is the time to start thinking about our favorite summer activities like day camp, swimming, golf, outdoor concerts, picnics, and much more. That is what summer is all about and we want to help you experience it. My fondest memories of the summer were taking my bike down the local trails, playing sports like baseball, swimming at the local pool (I was a member of the bomb squad), going to the movies at night or a local festival, and so much more. These are things I hope all of us can go back to experiencing this summer (except don’t splash people at the pool like I did).

One fun activity we are bringing back this summer is our Summer Kick-Off on Sunday, June 12 at Ty Warner Park in Westmont. This is SEASPAR’s unofficial start of the summer and fun for the whole family. It’s free and your chance to visit and relax with SEASPAR friends. See the details on page 49.



We were excited to recently perform an online survey of our services to all stakeholders including staff, our Board, and participants and their families. We had almost one hundred responses from families/participants. This information will be the basis for our strategic plan to provide a road map for SEASPAR to better serve the needs of all participants and families. We will share the final plan on our website when it is approved in the late spring and thank all who participated.

As I type this, it’s still cold out with some snow on the ground but the weather is changing, and it’s light later and later every day and it’s a great feeling! I wish you and your family a fabulous summer, good health, and plenty of opportunities to enjoy the warm weather with family and friends.

Matthew Corso

REGISTRATION: APRIL 11 – MAY 6

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ASSOCIATION MEMBERS & REPRESENTATIVES

The South East Association for Special Parks And Recreation (SEASPAR) provides dynamic recreation programs and quality services for individuals with disabilities served by the Village of Brookfield, Clarendon Hills Park District, Darien Park District, Downers Grove Park District, Village of Indian Head Park, Park District of La Grange, Community Park District of La Grange Park, Lemont Park District, Lisle Park District, Village of Western Springs, Westmont Park District, and Woodridge Park District.

SEASPAR is composed of 12 associated members, which are represented by the following individuals:

Downers Grove Park District 2245 Warrenville Road, Downers Grove	Bill McAdam President
Woodridge Park District 2600 Center Drive, Woodridge	Mike Adams Vice President
Lisle Park District 1925 Ohio Steet, Lisle	Dan Garvy Secretary
Darien Park District 7301 Fairview Avenue, Darien	Stephanie Gurgone Treasurer
Village of Brookfield 8820 Brookfield Avenue, Brookfield	Stevie Ferrari
Clarendon Hills Park District 315 Chicago Avenue, Clarendon Hills	Valerie Louthan
Village of Indian Head Park 201 Acacia Drive, Indian Head Park	Rita Farrell Mayer
Park District of La Grange 536 East Avenue, La Grange	Jenny Bechtold
Community Park District of La Grange Park 1501 Barnsdale Road, La Grange Park	Jessica Cannaday
Lemont Park District 16028 127th Steet, Lemont	Louise Egofske
Village of Western Springs 1500 Walker Street, Western Springs	Aleks Briedis
Westmont Park District 55 East Richmond Street, Westmont	Bob Fleck

BOARD MEETINGS

SEASPAR's Board meets the third Tuesday of every month at SEASPAR at 3:00pm. The public is welcome. For information call 630.960.7600.

Board meeting minutes and agendas are available online at SEASPAR.org/Board.



ON THE COVER

Summer is the time to enjoy outdoor amenities and the company of friends. In this photo, a SEASPAR Summer Day Camp participant makes a big splash at Lisle Park District's Sea Lion Aquatic Park.

REGISTRATION INFORMATION

REGISTRATION INFORMATION

ONLINE	SEASPAR.org
FAX	630.960.7601
MAIL/IN PERSON	SEASPAR 4500 Belmont Road Downers Grove, IL 60515

Registration opens on Monday, April 11, and closes on Friday, May 6 at 4:30pm. Registration for all programming is lottery-based and enrollment is not guaranteed; confirmations will be mailed by May 27.

Zoom links for virtual programs will be emailed the week of June 6.

REGISTRATION PROCEDURES

PARTICIPANT ASSESSMENTS

To determine eligibility for in-person programs, a Participant Assessment must be completed prior to registration. A Participant Assessment may be completed online at SEASPAR.org/participant-assessment or by calling 630.960.7600. Please do not complete the assessment again if you were previously approved for in-person programming of any type.

ONLINE REGISTRATION

To register online, visit SEASPAR.org. First-time online registrants must call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org for a user name, password, and instructions. The online registration requirements are:

- Must be a SEASPAR resident.
- Must have no outstanding balance.
- Must have 2022 Annual Information Form on file.
- Full credit card payment is required at the time of registration.

! Now accepting Visa, MasterCard, Discover, and American Express!



IN-PERSON/FAX/EMAIL REGISTRATION

- All participants must complete a Participant Assessment prior to registration for in-person programming, if one has not already been completed.
- Complete both sides of the registration form and sign it.
- Mail or drop off your registration form and payment at the SEASPAR office, 4500 Belmont Road in Downers Grove (for after-hours convenience, there is a mail slot at the SEASPAR office entrance) **OR**
- Fax registration form with credit card information completed to 630.960.7601 **OR**
- Email registration form with credit card information completed to adminstaff@seaspar.org.
- All participants must have a 2022 Annual Information Form on file.
- Full payment for programs must be received with the registration unless other arrangements have been made.
- Payment may be made by check, money order, cash, or credit card. **Now accepting Visa, MasterCard, Discover, and American Express!**

Registrations received after the registration deadline are accepted if space is available. Participants may not be added to a program with less than 48 hours notice.

CREDIT/REFUND PROCEDURES

- Credits from previously cancelled/waitlisted programs are held on the participant's account unless SEASPAR is otherwise directed.
- Credits are automatically applied to future registrations. To check the balance of your credit, call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org.
- A full account credit is issued if a program is cancelled by SEASPAR.
- In order for a participant to drop from a program, SEASPAR must be notified three business days prior to the start of the program to qualify for a credit. At that time, the participant will be credited the cost of the program less a \$5 processing fee, the cost of a ticket (if applicable, unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated credit is issued if a written medical excuse accompanies the credit request.
- No credit is given if a program is postponed due to low enrollment. If the program is subsequently cancelled, a full credit is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated credit is issued, less a \$5 processing fee and ticket price, if applicable.

To request the refund of a credit, call 630.960.7600 or email adminstaff@seaspar.org. All refunds are issued monthly.

REGISTRATION MADE EASY

SEASPAR participants with an active account can register for their favorite programs and special events completely online.

To register online, visit **SEASPAR.org**.



PARTICIPATION ELIGIBILITY

For in-person programming, we have established eligibility and safety guidelines for staff and participants. Participants interested in registering for in-person programming will be required to complete an assessment to determine eligibility. Once the assessment is submitted, staff will review the assessment, pair it with recent experience with the participant (if any), and call families to ask any additional questions staff may have and ultimately to let them know the outcome.

As always, evaluations of reasonable accommodations are made on a case-by-case basis to ensure that SEASPAR has as much information as possible about the specifics of the request being made, and SEASPAR retains the right at all times to re-evaluate participation when a situation is creating a direct threat of safety.

To determine eligibility for in-person programs, a Participant Assessment must be completed prior to registration only if one has not already been approved. The registration deadline for in-person programming is May 6.

FEE ASSISTANCE PROGRAM

SEASPAR is in a position to offer scholarships for a percentage of fees to our families with financial restrictions because we believe all residents, regardless of financial limitations, should have access to SEASPAR programs. Participants in need of financial assistance may obtain a Fee Assistance Program Application by visiting our website at SEASPAR.org or calling 630.960.7600.

IDENTIFYING PROGRAM BENEFITS

SEASPAR is known for delivering dynamic recreation programming, but did you know that the same programs also provide many beneficial attributes important for the growth and development of individuals with disabilities? Because we believe identifying these benefits is important to your program selection process, we added a system of icons to help you select the perfect programs available within this guide. Look for these program icons for:



Active / Competitive:

Programs marked with this icon are considered to be active in nature or possess competitive elements. Participants who desire active or challenging programs are encouraged to seek programs marked with this icon. Programs such as these can range from team sports to health-conscious programs.



Sensory Exploration:

Programs marked with this icon are specially designed to appease the senses and are highly recommended for individuals with autism, sensory processing disorders, and ADHD. Many sensory-friendly programs make use of SEASPAR's two multi-sensory rooms.



Motor Skills Development:

Programs marked with this icon promote motor skill development. These programs are recommended for individuals who can benefit from continued development (and strengthening) of motor skills with participation in age-appropriate activities.



Performing Arts:

Programs marked with this icon are associated with the teaching of performative arts. A program such as this is ideal for individuals with a desire to entertain, practice performance-based skills, or learn more about the virtues of the stage.



Independence:

Programs marked with this icon are considered to promote independence through engaging activities delivered in structured environments. These programs are recommended for individuals who live independently or want to increase responsibilities around the house and beyond.



Special Olympics:

Programs marked with this icon are associated with Special Olympics, which involves training and participation in competitive sports offered at various levels. Participants are expected to attend games, which may include local and non-local games, events, and tournaments.



Social Skills Development:

Programs marked with this icon are considered to promote social skills development through participation in various activities hosted in safe environments. These programs are recommended for individuals who desire to expand their social skills or yearn for fun social opportunities.

EXAMPLE PROGRAM



This program's icons indicate that it promotes **Motor Skills Development** and **Social Skills Development**.

STAFF

WILLIAM CAZARES

Marketing Coordinator

MATT CORSO, CTRS, CPRP

Executive Director

MOLLY DOWNING, CTRS

Recreation Coordinator

CHRISTINA FERNANDEZ, CPRP

Inclusion Manager

MEGAN FREY, CTRS

Recreation Coordinator

MATT GORECKI, CPRP

Recreation Coordinator

CHRISTINA HEALY

Recreation Specialist

KIMBERLY A. HUGGINS, CPRP

Senior Recreation Coordinator

DAWN KRAWIEC, CPRP

Superintendent of Recreation

CHRIS LAMBIASI

Human Resources Specialist

KAREN LESNIAK

Superintendent of Administrative Services

MORGAN MASON, CPRP

Administrative Services Manager

CATHERINE A. MORAVA, CPRP

Adult Day Program Manager

DANIELLE TALLON

Program Manager

SHANNON TOVEY, SHRM-CP, CTRS

Human Resources Manager

RUTH CARBON

Registration Specialist

MEET DANIELLE!

We are thrilled to welcome Danielle Tallon to the SEASPAR team as our new Program Manager. Danielle comes to SEASPAR with many years of experience and even more great ideas. If you see Danielle out and about, please give her a wave and say hello!



JOIN THE SEASPAR TEAM!

Don't just work a job, make a difference with SEASPAR!

SEASPAR offers flexible hours with a variety of fun programs and events to choose from. No experience is necessary for some positions. Applicants must be 16 or older.

Call us at 630.960.7600 or visit SEASPAR.org to apply online!

SEASPAR.ORG | 630.960.7600

CONTACT US

Never hesitate to contact SEASPAR with your questions. Our staff is eager to assist you! Ask for Registration Specialist Ruth Carbon for assistance during registration.

BY PHONE 630.960.7600
TRS 711

BY EMAIL adminstaff@seaspar.org

PROGRAM HOTLINE 630.960.7582
After hours program status hotline.

SOCIAL MEDIA [Facebook.com/SEASPAR](https://www.facebook.com/SEASPAR)
[Twitter.com/SEASPAR](https://twitter.com/SEASPAR)
[Instagram.com/WeAreSEASPAR](https://www.instagram.com/WeAreSEASPAR)

OFFICE HOURS

Monday–Friday, 8:30am–4:30pm
Recorded Message After Hours.

The SEASPAR office will be closed on:

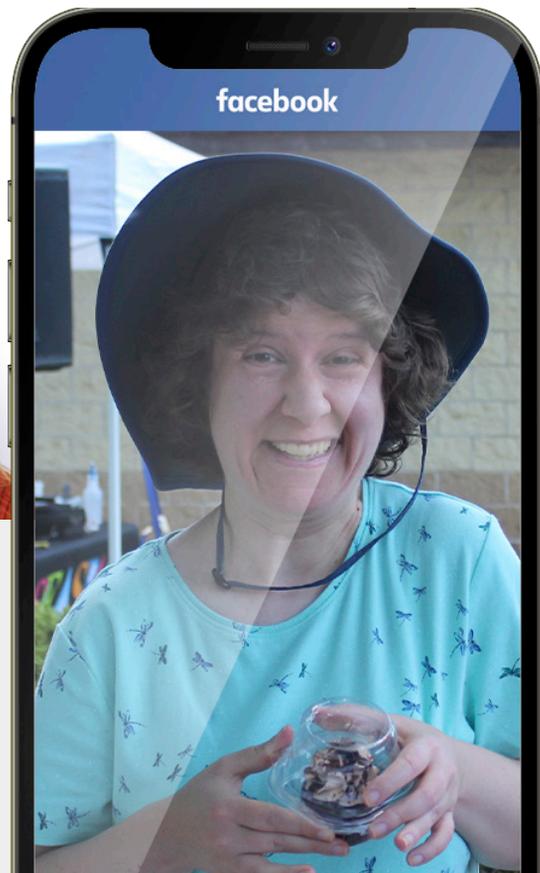
May 30
July 4

OFFICE LOCATION

4500 Belmont Road, Downers Grove, IL 60515

FOLLOW US

Don't miss another moment! Follow SEASPAR on your favorite social media app for more news, photos, videos, and the latest stories about your favorite activities.



PROGRAM LOCATIONS

CLARENDON HILLS COMMUNITY CENTER

315 Chicago Ave., Clarendon Hills

DARIEN COMMUNITY CENTER

7301 Fairview Ave., Darien

DARIEN SPORTSPLEX

451 Plainfield Rd., Darien

DIANE MAIN PARK

300 W. 59th St., Westmont

DOWNERS GROVE GOLF CLUB

2420 Haddow Ave., Downers Grove

DOWNERS GROVE RECREATION CENTER

4500 Belmont Rd., Downers Grove

EBERSOLD PARK

5923 Main St., Downers Grove

FMC NATATORIUM

275 Plaza Dr., Westmont

GILBERT PARK

1500 Gilbert Ave., Downers Grove

GRAND AVENUE COMMUNITY CENTER

4211 Grand Ave., Western Springs

LEMONT PARK DISTRICT SOFTBALL FIELDS

16028 127th St., Lemont

LINCOLN CENTER

935 Maple Ave., Downers Grove

LIONS PARK POOL

100 Byrd Ct., Clarendon Hills

LISLE COMMUNITY CENTER

1825 Short St., Lisle

LISLE LANES

4920 Lincoln Ave., Lisle

LISLE RECREATION CENTER

1925 Ohio St., Door 8, Lisle

LOST MOUNTAIN ADVENTURE GOLF

1535 75th St., Woodridge

MCCOLLUM PARK

6801 Main St., Downers Grove

MIRACLE FIELD, LEMONT PARK DISTRICT

16028 127th St., Lemont

PARK DISTRICT OF LA GRANGE

536 East Ave., La Grange

RAY'S BAY MULTI-SENSORY ROOM

4211 Grand Ave., Western Springs

SEA LION AQUATIC PARK

1825 Short St., Lisle

SEASPAR

4500 Belmont Rd., Downers Grove

SPRING ROCK PARK

4400 Central Ave., Western Springs

SUBURBANITE BOWL

201 Ogden Ave., Westmont

THE CORE FITNESS & AQUATIC COMPLEX

16028 127th St., Lemont

TRUE BALANCE KARATE

406 Ogden Ave., Downers Grove

TY WARNER PARK

700 Blackhawk Dr., Westmont

WESTMONT COMMUNITY CENTER

75 East Richmond Ave., Westmont

WONDERS MULTI-SENSORY ROOM

1925 Ohio St., Door 8, Lisle

WOODRIDGE ARC (ATHLETIC RECREATION CENTER)

8201 S. Janes Ave., Woodridge

TRANSPORTATION

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions.

! When completing your registration form for programs that include transportation, please indicate the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles:

- **Masks are required regardless of vaccination status.**
- SEASPAR reserves the right to refuse to transport individuals.
- All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle.
- All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.
- Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
- SEASPAR staff are responsible for determining whether a participant can be transported safely.

Transportation locations may include:

DARIEN

Darien Sportsplex | Parking Lot
451 Plainfield Road, Darien

DENNING

Denning Park | Parking Lot
4901 Gilbert Avenue, La Grange

LEMONT

Lemont Centennial Community Center | Parking Lot
16028 127th Street, Lemont

LISLE

Lisle Recreation Center | Door #8
1925 Ohio Steet, Lisle

SEASPAR

Downers Grove Recreation Center | Parking Lot
4500 Belmont Road, Downers Grove

DIRECTORY

PROGRAM DIRECTORY WEEKLY PROGRAMS

WEEKLY PROGRAM NAME					AGES	DAYS	PAGE
Sensory Seekers		•			All Ages	Mondays	11
Sensory Explorers		•			All Ages	Wednesdays	12
Sensory Sundays		•			All Ages	Sundays	13
Splash & Sing		•			3-6	Fridays	14
Karate		•			5+	Mondays	12
Swim Lessons		•			5+	Mon., Wed., Sat.	11,13
Music Lessons with Nancy	•	•			5+	Tues., Thurs., or by appt.	12,31
Kids Camp		•			5-12	Monday-Friday	35
LADSE/La Grange Camp		•			5-12	Monday-Friday	36
Kids Camp LADSE/La Grange Extension		•			5-12	Monday-Friday	36
Sports Conditioning	•				8+	Mondays	33
Spartans Bocce		•	•		8+	Wednesdays	28
Rocket League	•				8+	Wednesdays	33
Spartans Golf		•	•		8+	Thursdays	29
Spartans Golf (Developmental)		•			8+	Thursdays	29
Sports Talk	•				8+	Fridays	33
Power Soccer		•			8+	Saturdays	30
Spartans Swimming		•	•		8+	Sundays	30
Spartans Athletics		•			8+	Sundays	30
Saturday Superstars		•			8-15	Saturdays	14
Lightning Softball		•			8-25	Wednesdays	29
Teen & Adult Camp		•			13-22	Monday-Friday	36
Young Adult Club		•		•	16-25	Saturdays	22
Fabulous Fridays		•			16-29	Fridays	21
Afternoon Adventures		•	•		16+	Mondays	16
Walking Club West		•			16+	Mondays	16
Cooking with SEASPAR (Virtual)	•				16+	Mondays	31
Mini Golf		•		•	16+	Mondays	17
Gardening Club		•			16+	Mondays	17
Karaoke	•				16+	Mondays	32
Day Away Tour		•		•	16+	Tuesdays	17
Feast with Friends	•				16+	Tuesdays	32
Cooking with Chef Megan (In Person)		•			16+	Tuesdays	18
Sing & Jam	•				16+	Tuesdays	32
Picnic in the Park		•			16+	Tuesdays	18
Bowling at Lisle Lanes		•			16+	Tuesdays	18
Game Night	•				16+	Tuesdays	32
Pet Therapy		•			16+	Tuesdays	18
Spartans Volleyball		•	•		16+	Tuesdays	32
Movie Club	•				16+	Wednesdays	32
Walking Club East		•			16+	Wednesdays	19
Bowling at Suburbanite		•			16+	Wednesdays	19

DIRECTORY

PROGRAM DIRECTORY WEEKLY PROGRAMS CONTINUED

WEEKLY PROGRAM NAME					AGES	DAYS	PAGE
Yoga with Jen	•				16+	Wednesdays	32
Spartans Flag Football		•	•		16+	Wednesdays	29
Buddies & Board Games	•				16+	Wednesdays	19
Baseball Tour	•			•	16+	Thursdays	19,20
Fit N' Fuel	•				16+	Thursdays	20
Glee Club	•				16+	Thursdays	20
Work-In with SEASPAR	•				16+	Thursdays	32
Bingo	•				16+	Thursdays	32
Adult Swim	•				16+	Thursdays	20
Social Club (Virtual)	•				16+	Fridays	33
Brunch with Besties	•			•	16+	Sundays	22
Baseball Bonanza	•				16+	Sundays	22
Saturday Night Socialites	•			•	26+	Saturdays	22
Friday Happenings	•				30+	Fridays	21

PROGRAM DIRECTORY SPECIAL EVENTS

SPECIAL EVENT NAME					AGES	DAYS/DATES	PAGE
Holes & Knolls Adventure	•				8-15	Saturday, June 18	15
Lunch on the Town	•				8-15	Saturday, June 26	15
Ice Cream & Splash Pad	•				8-15	Saturday, July 9	15
Picnic & Pool	•				8-15	Saturday, July 23	15
Pixar Party	•				8-15	Saturday, August 6	15
Ice Cream Social Dance Party	•				16+	Friday, June 17	23
Virtual Ice Cream Social Dance Party	•				16+	Friday, June 17	33
Picnic and Games	•				16+	Saturday, June 18	23
Virtual Bingo Night	•				16+	Sunday, June 19	34
The Tempel Lipizzans Performance	•			•	16+	Saturday, June 25	24
Lake Geneva Sunday Brunch Cruise	•			•	16+	Sunday, June 26	24
Party in the USA Picnic	•				16+	Saturday, July 2	24
Chicago White Sox	•			•	16+	Saturday, July 9	24
Best of Island Adventures	•				16+	Sunday, July 10	34
Movie in the Park	•			•	16+	Friday, July 15	25
Dance in the Park	•				16+	Saturday, July 16	25
Chicago Cubs	•			•	16+	Sunday, July 17	25
Justin Bieber Virtual Concert	•				16+	Saturday, July 23	34
Raging Waves Waterpark	•			•	16+	Sunday, July 24	26
Luau Dance Party	•				16+	Friday, July 29	26
Virtual Luau Dance Party	•				16+	Friday, July 29	34
Mini Golf and Ice Cream	•			•	16+	Saturday, July 30	26
DuPage County Fair	•			•	16+	Sunday, July 31	26
Brookfield Zoo	•			•	16+	Saturday, August 6	27
Kane County Cougars	•			•	16+	Sunday, August 7	27
Norman B. Barr Camp	•			•	16+	Monday-Friday, August 8-12	27

STAFF APPRECIATION

THANKS!

Words cannot express how much SEASPAR appreciates the hard work of our support staff! Many of you go above and beyond the job responsibilities by volunteering your time for programs, assisting with fundraising events, and spreading the word about SEASPAR.

All of SEASPAR's staff and volunteers deserve a round of applause for their efforts in giving back and contributing to the development of individuals within our communities. Thank you for your dedication, loyalty, and continuing support of SEASPAR!

SUPPORT STAFF

SEASPAR support staff play a key role in delivering quality programs to SEASPAR participants. The support staff team is made up of weekly program and special event staff, inclusion staff, EAGLES staff, day camp staff, and volunteers. Each support staff member brings unique skills and experiences with them. Without their many talents and willingness to share them, SEASPAR would not be what it is today.

SEASPAR had an average of 160 support staff members each program season this past fiscal year, June 2021-May 2022. SEASPAR had approximately 20 volunteers, 38 inclusion staff members, 8 EAGLES support staff members and an average of 95 weekly program and special event staff working programs and supporting our participants to ensure everyone has a safe and enjoyable experience!

A big thanks to all of SEASPAR's support staff. We are not able to produce such amazing programs and serve our participants without your hard work, dedication, and commitment. Our participants and staff are forever grateful for your support!

VOLUNTEERS

SEASPAR would not be able to do what we do without the generosity of our volunteers. Because of their assistance we are able to save money, translating directly into lower program costs for participants.

09

SEASPAR's volunteer team worked a total of 410 hours the past fiscal year. Volunteers saved SEASPAR \$5,000 in staff costs and we had 81 separate individuals volunteer in some capacity at SEASPAR. We are so grateful for all our fantastic volunteers, and we hope this amazing group continues to grow! A big shout out our current program volunteers:

Ann Franczyk, Larry Franczyk, Dorothy Griffith, Marsha Janota, Todd Krystof, Gail Lupia, Terry Mejdrech, Andrea Monroe, Patrick Mukushina, Karen Mulroy, Steve Murdock, Gary Naberhaus, James Pappa, Laura Plemich, Ann Saladino, Paul Saladino, Michael Schutz, Jessica Sharenow, Pat Sirchio, and Don Smetko. We thank you for your time and commitment in supporting our programs!

EAGLES

The EAGLES program continues to expand their experiences and find creative ways to make healthy choices. Our staff work hard to collaborate with local businesses, therapists, educators, university students, and local day programs to offer new and exciting opportunities for the participants in the program. We are very fortunate to have such a great team working the program. This dedicated team of professionals includes:

Nicole Causey, Eileen Kash, Elisa Keegan, Brian Klama, Jennifer Molsky, Kristy Pauley, April Prescott, Becky Quirk, Stacie Ritz, and Kayla Sistos. And a huge thank you to our amazing subs: Aaron Causey and Debbie Murdock.

INCLUSION

Country and state-wide, the concept of inclusion, inclusive recreation programming, and inclusive practices continue to grow and draw attention. SEASPAR's twelve member entities support this trend and in partnership with SEASPAR, strive to provide an equal opportunity for all members of those communities to recreate and benefit from the programs they jointly offer.

In the summer of 2021 alone, SEASPAR employed approximately 38 inclusion aides to assist individuals with special needs in approximately 50 programs offered by our twelve member entities. For the fall, winter, and spring seasons, SEASPAR received and provided inclusion services to those member entities for 70 inclusion requests.

Meeting these inclusion needs would not be possible without the dedication and commitment of our seasonal and year-round inclusion aides. We would like to formally recognize their efforts and thank them for the passion, kindness, and the support they provide and demonstrate towards the participants they work with each day. On behalf of our full-time SEASPAR staff, as well as our member entity staff, we would like to express our gratitude to them and especially the following year-round inclusion aides:

Anacely Dobry, Kelli McGoorty, GeriAnn Ortega, Susan Willis, Lilia Becker, Josephine Potts, Sarah Milligan, Lizzy Melvin, Nicole Stawser, Natalie Vroman, Gianna Grippo, Nikki Randa, Nick Schmidt-Baily, Jessica Lance-Crow, Mia Liebmann, Ana Grogan, Jordan Rose, Alexis Printz, Ashley Printz, Grace Jaworski, Anna Walker, Samantha Snyder, Ellie Richards, Erin McGovern, Emily Schwab, Hailey Furio, Arianna Zielinski, Eva Bednard, Gabrielle Boone, Nora Flannery, Bobbiejean Granberry, Andrew Kelley, Timothy Kulik, Natasha Lampkin, Ryan Marchewka, Liam Moran, Grace Mrozek, Matthew Povilaitis, Sara Quiballo, Sara Richtman, and Kaylee Kushta.

THANK YOU

IN APPRECIATION OF
OUR DONORS

SEASPAR thanks the following individuals, families, businesses, and community organizations for their generous donations made from November 2021 through January 2022.

Special thanks to our Giving Tuesday and Annual Appeal donors whose support helped raise more than \$25,500.

Adam Adair
AmazonSmile
BankFinancial
Dan Collins
Donna Denz
The Donaldson Family
The Forzley Family
Fred Fratto
Loren Hirthe
Knights of Columbus St. John Council
#3739
Lawrence Klein
The Ludwig Family
J Mac
Morgan Mason
Audrey Owczarzak
The Palcowski Family
Matthew and Kristy Pauley
The Plemich Family
Eddie Ross
Francesca Salamone Cullotta
The UK Online Gving Foundation

IN MEMORY OF MARGARET LOY BACHMAN
Dr. and Mrs. Helge G. Frank

IN MEMORY OF JOHN FRANCIS DEMPSEY REIS
Beth and Mark Bobel
Julie Bossert
Daniel and Kathleen Devine
Martha Hallock
Alyssa Lee
Anne Lee
Lisa Salvadore and Frances McClain
Mimi and Tom Nolan
Elizabeth Porter
Deborah Rakestraw
Elizabeth Reis

IN MEMORY OF AMY PORRITT
Thomas and Colleen Porritt

IN MEMORY OF DALE RAMMIEN
Carol Hoffmann

IN MEMORY OF JUDITH A. RIORDAN
Kenneth Malo
Stephanie Simmons

IN MEMORY OF JENNIE ROUBAL
Joliet Junior College Faculty Union

Gretchen Kapuscik
Lynn Kernan
Jill Mazzone
Jackie and George Moline
Ella Rajnys
Joanna and Michael Schiferl
Sarah Strunk
Shelley Trojanowski

IN MEMORY OF TAMARA RODRIGUEZ
Wren Campbell
Joseph Gadon
Robert Gadon
Lisbeth Grillos
Kathy Lane
Gary Thiakos
David Tropp

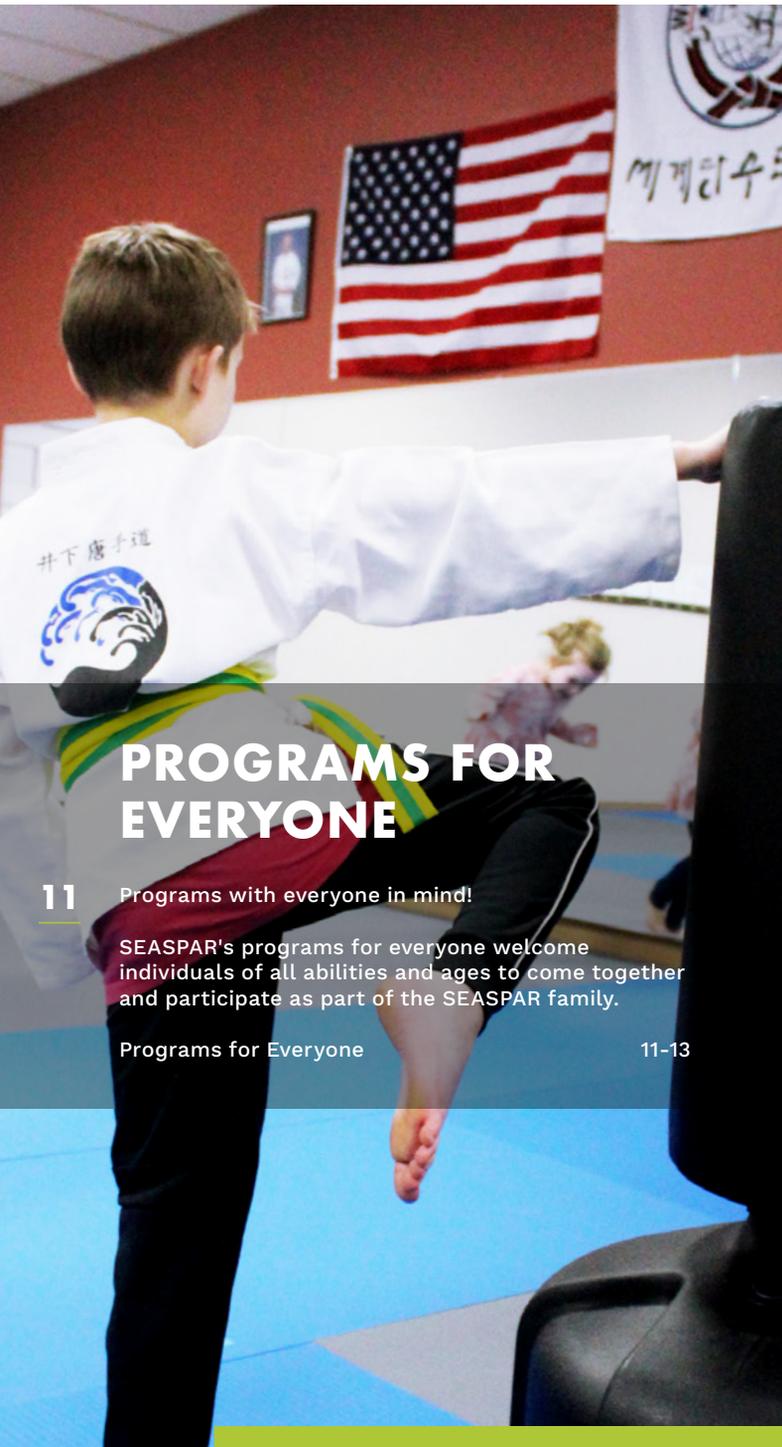
IN HONOR OF TRACEY PLOSKONKA
Lynn Aument
Denise Gallagher

IN HONOR OF THE EAGLES PROGRAM
Beth and Pete Bensen

GIVING TUESDAY/ANNUAL APPEAL
Robert Ackermann
Dana Avalos
Thomas Bellaire
Ron and Dolores Biegun
Beverly and Mark Buglio
Elaine and Kevin Burke
Lois Bush
Jim Chlada
Jean and Edward Cholewa
Jerry and Carolyne Clousson
Edward Coffey
Matthew Corso
Brian and Eileen Couri
Betty and Patrick Downey
Roger Dreher
Louise Egofske
Thomas Extrom
John Fedor
Annette Ferraro
FLEXCO
JoAnne Foster
Susan and Bob Friend
Mrs. Ray Gerencher
Robert F. Girgis, DDS
Lisbeth Grillos
Jeffrey and Christine Grohne
Bill Gronko

Elisabeth and Mark Grzywa
Richard Hanus
Christina Healy
Sandi and Steve Henderson
Anne Hengehold
The Hirschboeck Family
Charles and Diane Hlavaty
Margaret Hough
Raymond Jablonski
Ray and Jeanine Jasica
Chloe Jessica
JPMorgan Chase Workplace Giving
Program
Donald Kelly
Colleen Kielch
Lawrence Klein
The Kotev Family
Mike Laureto
Kevin Brennan and Catherine Lee
James and Cara Long
Terry and Cathy Mahoney
Sheri Marie
Rhonda Mikelenas
Kimberlie Molinaro
Alice Morava
Rita Morrissey
Jack Novak
Karen Olson
The Palcowski Family
Audrey Pareigis
Patrick Commercial Real Estate
Joan Perrone
John and Solange Pilizota
Richard Piper
Kay Pollock
Linda Preston
Kathleen Rzepka
William Sherman
The Sikora Family
Staffing Plus, Inc.
Patricia Stanek
Suburban Door & Lock
Janice Timmel
Sandra and Randall Wallin
Laima Whitty
Heidi Willer
Ron Wlezien – In Memory of James
Wlezien
Ann Wlezien-Johnson
Carmen Woodring
WS Darley & Co.
Randy Zezulka

PROGRAMS FOR EVERYONE



PROGRAMS FOR EVERYONE

11 Programs with everyone in mind!

SEASPAR's programs for everyone welcome individuals of all abilities and ages to come together and participate as part of the SEASPAR family.

Programs for Everyone

11-13



SWIM LESSONS



Swim lessons save lives! Join SEASPAR and Coach Eve Learn to Swim certified instructors for swim lessons that are as fun as they are essential. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff.

! Note: Swim lessons are 30 minutes each. Please include your preferred lesson time at the time of registration. SEASPAR staff will do our best to accommodate your requests, but time slots are not guaranteed. Please be aware that we share the pools with the public.

Age 5+
Location The CORE, Lemont
Fee \$116

Code	Day(s)	Time	Date(s)
7-000-02-1	M	4:00pm-6:00pm No program on 7/4	6/6-7/25

SENSORY SEEKERS



Ever wonder what your senses are missing? Explore them! Sensory Seekers participants will explore the limits of their senses at Ray's Bay, SEASPAR's newest multi-sensory room. This program is offered in four 30-minute sessions available during the time listed below.

! Note: Please include your preferred session time at registration. SEASPAR staff will do their best to accommodate your requests, but timeslots are not guaranteed.

Age All ages
Location Ray's Bay Multi-Sensory Room, Western Springs
Fee \$56

Code	Day(s)	Time	Date(s)
7-090-01-1	M	4:00 pm-6:00 pm No program on 7/4	6/13-8/1

WE ARE SEASPAR

Have questions about programs for everyone? Let one of our expert Recreation Coordinators assist you.

MOLLY DOWNING, CTRS
mdowning@seaspar.org • 630.960.7664

MEGAN FREY, CTRS
mfrey@seaspar.org • 630.960.7629

MATT GORECKI, CPRP
mgorecki@seaspar.org • 630.960.7627

PROGRAMS FOR EVERYONE



KARATE



Release tension and increase focus! This karate class' non-contact training teaches self-control and balance, and promotes focus training. This is a continuous program, giving participants the ability to advance through the belt system in pursuit of the coveted black belt. All skill levels are welcome.

Age 5+
 Location True Balance Karate, Downers Grove
 Fee \$64

Code	Day(s)	Time	Date(s)
7-000-03-1	M	5:30pm-6:00 pm	6/13-8/1
No program on 7/4			

MUSIC LESSONS WITH NANCY



Why talk about it when you can sing about it? Schedule an in-person music lesson with Nancy Urban and start making music today! Music lessons are 30 minutes each and are available Tuesday and Thursday by appointment only. Please request your preferred lesson time and day at registration. If you are interested in virtual lessons, see page 31.

Note: SEASPAR staff will contact you to schedule your appointment after registration.

Age 5+
 Location Darien Sportsplex
 Fee \$64

Code	Day(s)	Time	Date(s)
7-000-01-1	T	By appointment	6/14-8/2
7-000-01-2	TH	By appointment	6/16-8/4

SENSORY EXPLORERS



Ever wonder what your senses are missing? Explore them! Sensory Explorers participants will explore their senses at Wonders, SEASPAR's award winning multi-sensory room. This program is offered in four 30-minute sessions available during the time listed below.

Note: Please include your preferred session time at registration. SEASPAR staff will do their best to accommodate your requests, but timeslots are not guaranteed.

Age All ages
 Location Wonders Multi-Sensory Room, Lisle
 Fee \$64

Code	Day(s)	Time	Date(s)
7-090-02-1	W	4:00pm-6:00pm	6/15-8/3



SWIM LESSONS



Swim lessons save lives! Join SEASPAR and Coach Eve Learn to Swim certified instructors for swim lessons that are as fun as they are essential. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff.

! Note: Swim lessons are 30 minutes each. Please include your preferred lesson time at the time of registration. SEASPAR staff will do our best to accommodate your requests, but time slots are not guaranteed. Please be aware that we share the pools with the public.

Age 5+
 Location FMC Natatorium, Westmont
 Fee \$134

Code	Day(s)	Time	Date(s)
7-000-02-2	W	4:00pm-6:00pm	6/15-8/3



SWIM LESSONS



13

Swim lessons save lives! Join SEASPAR and Coach Eve Learn to Swim certified instructors for swim lessons that are as fun as they are essential. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff.

! Note: Swim lessons are 30 minutes each. Please include your preferred lesson time at the time of registration. SEASPAR staff will do our best to accommodate your requests, but time slots are not guaranteed. Please be aware that we share the pools with the public.

Age 5+
 Location The CORE, Lemont
 Fee \$134

Code	Day(s)	Time	Date(s)
7-000-02-3	SA	1:00-3:00pm	6/11-7/30



SENSORY SUNDAY



It's been a long week. Treat your senses to a weekend getaway! Sensory Sunday participants take a voyage of the senses every Sunday at Wonders, SEASPAR's award winning multi-sensory room. This program is offered in eight 30-minute sessions available during the times and dates listed below.

! Note: Please include your preferred session time at registration. SEASPAR staff will do their best to accommodate your request, but timeslots are not guaranteed.

Age All Ages
 Location Wonders Multi-Sensory Room, Lisle
 Fee See details below

JUNE

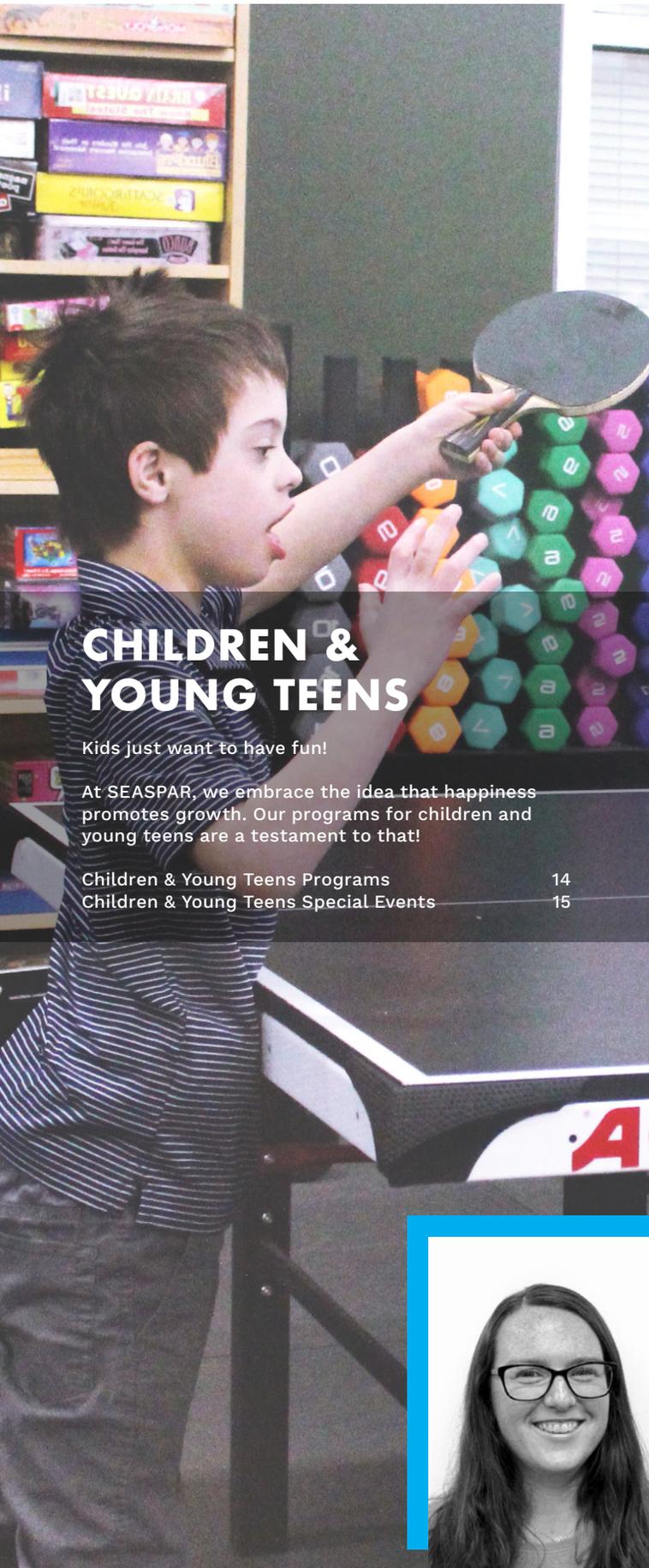
Code	Day(s)	Time	\$	Date(s)
7-090-03-1	SU	11:00am-3:00pm	\$16	6/19-6/26

JULY

Code	Day(s)	Time	\$	Date(s)
7-090-04-1	SU	11:00am-3:00pm	\$32	7/10-7/31

AUGUST

Code	Day(s)	Time	\$	Date(s)
7-090-05-1	SU	11:00am-3:00pm	\$8	8/7



CHILDREN & YOUNG TEENS

Kids just want to have fun!

At SEASPAR, we embrace the idea that happiness promotes growth. Our programs for children and young teens are a testament to that!

Children & Young Teens Programs	14
Children & Young Teens Special Events	15



SPLASH & SING



Come sing with Miss Gretchen at the Lions Park Pool splash pad where we combine music, water, and fun to start our Fridays right!

! Note: This program is a parent/child class. Parents are required to attend program. Siblings are also welcome to join and must complete an additional waiver to participate in program. Please contact Molly Downing with any questions at mdowning@seaspar.org.

Age	3-6
Location	Lions Park Pool, Clarendon Hills
Fee	\$45

Code	Day(s)	Time	Date(s)
7-010-01-1	F	9:45-10:15am	7/8-7/29

SATURDAY SUPERSTARS



Join us in Lisle as we start our Saturdays off right with friends and fun! Each week we'll spend time in our Wonders Multi-Sensory Room, dance, play, and more while enjoying time with friends. A snack will be provided at program.

Age	8-15
Location	Lisle Recreation Center
Fee	\$62

Code	Day(s)	Time	Date(s)
7-010-02-1	SA	9:00-11:00am	6/18-8/6
		No program on 7/2	

NEED HELP? LET US HELP.

When she's not busy devising new ways to entertain SEASPAR's youngest members, Recreation Coordinator Molly Downing works hard providing our families with quality services and the answers they need.

Have questions about services for children & young teens offered by SEASPAR? Contact Molly!

MOLLY DOWNING, CTRS
mdowning@seaspar.org • 630.960.7664

HOLES & KNOLLS ADVENTURE



Putt-putt away with SEASPAR as we explore Holes and Knolls in Glen Ellyn! We'll have lunch prior to leaving on our adventure.

Note: Please provide a sack lunch. SEASPAR will be providing a snack while we're mini golfing.

♥ Pairs well with **Saturday Superstars** on page 14. ♥

Age 8-15
Location Lisle Recreation Center
Fee \$35

Code	Day(s)	Time	Date(s)
7-200-01-1	SA	11:00am-2:30pm	6/18

LUNCH ON THE TOWN



SEASPAR is gearing up for some travel as we try new food and explore new places! We'll be heading to Papa Passero's for a nice lunch and The Sweet and Savory Spot for dessert.

♥ Pairs well with **Saturday Superstars** on page 14. ♥

Age 8-15
Location Lisle Recreation Center
Fee \$48

Code	Day(s)	Time	Date(s)
7-200-02-1	SA	11:00am-3:30pm	6/25

ICE CREAM & SPLASH PAD



A fun summer day of splashing and snacking! SEASPAR will be heading to Ty Warner Park for some fun at the splash pad and then have some refreshing ice cream by the park.

♥ Pairs well with **Saturday Superstars** on page 14. ♥

Note: Please provide a sack lunch.

Age 8-15
Location Lisle Recreation Center
Fee \$25

Code	Day(s)	Time	Date(s)
7-200-03-1	SA	11:00am-3:00pm	7/9



PICNIC & POOL



There's no better way to beat the summer heat than heading to the pool! We'll be swimming at Sea Lion Aquatic Center and having our picnic lunch at the park.

♥ Pairs well with **Saturday Superstars** on page 14. ♥

Note: Please provide a sack lunch.

Age 8-15
Location Lisle Recreation Center
Fee \$20

Code	Day(s)	Time	Date(s)
7-200-04-1	SA	11:00am-2:00pm	7/23

PIXAR PARTY

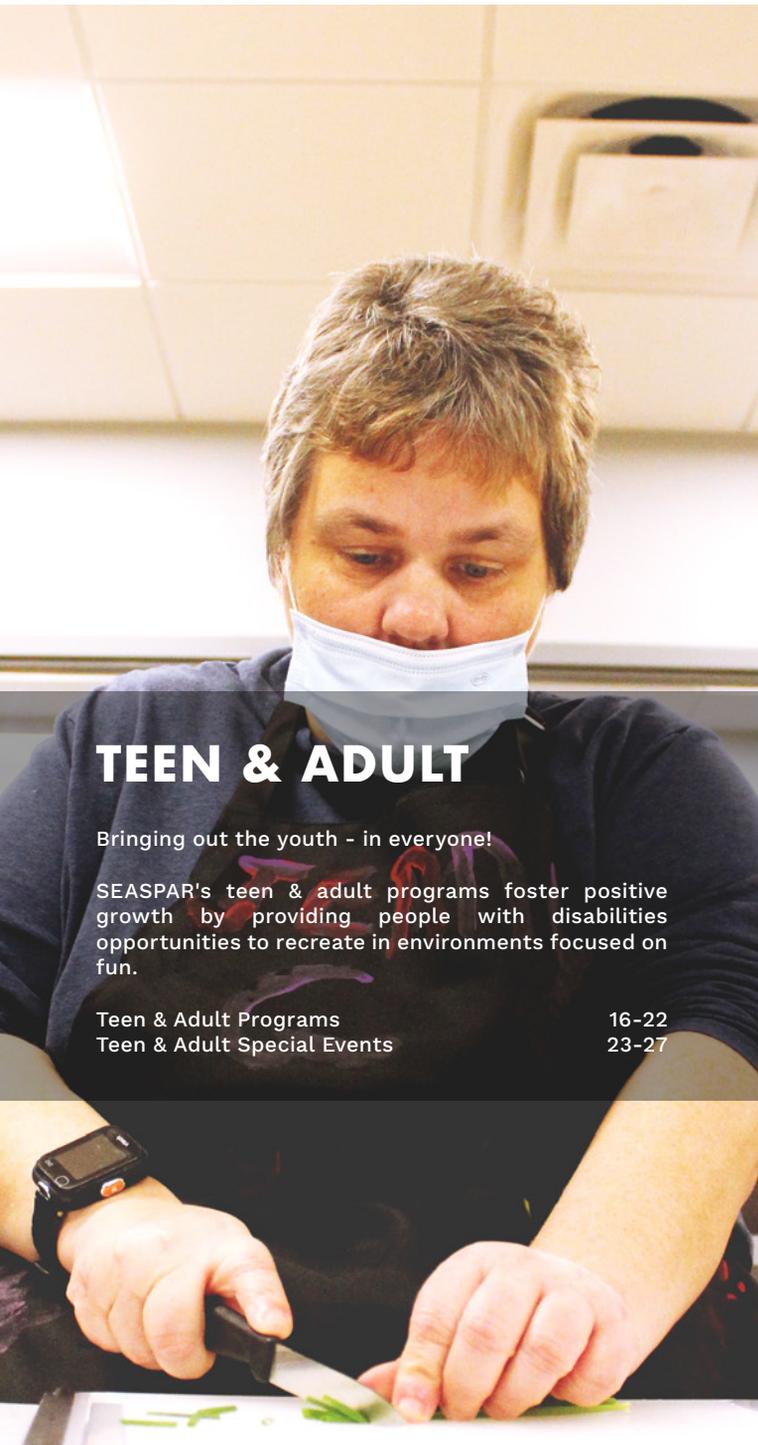


Join us after Saturday Superstars for more fun! We'll be enjoying our lunch while watching a Pixar movie. Lunch will be provided by SEASPAR.

♥ Pairs well with **Saturday Superstars** on page 14. ♥

Age 8-15
Location Lisle Recreation Center
Fee \$35

Code	Day(s)	Time	Date(s)
7-200-05-1	SA	11:00am-2:00pm	8/6



TEEN & ADULT

Bringing out the youth - in everyone!

SEASPAR's teen & adult programs foster positive growth by providing people with disabilities opportunities to recreate in environments focused on fun.

Teen & Adult Programs
Teen & Adult Special Events

16-22
23-27

AFTERNOON ADVENTURES



Enjoy exciting travels throughout our beautiful communities. Trek alongside friends in journeys of exploration and adventures you won't want to forget.

! Note: Due to the nature of this program, participants must be able to tolerate being in the community. A schedule of activities will be mailed home with confirmations.

Age 16+
Location Lisle Recreation Center
Fee \$168

Code	Day(s)	Time	Date(s)
7-030-01-1	M	3:00-6:00pm No program on 7/4	6/13-8/1

WALKING CLUB WEST



Walk your way to better health and be social! What better way to get our steps for the day than by walking with friends? Join us as we walk around scenic Lisle Community Park. We will enjoy nature, chats with friends, and the benefits of a great cardiovascular workout!

Age 16+
Location Lisle Recreation Center
Fee \$49

Code	Day(s)	Time	Date(s)
7-030-02-1	M	4:15-5:00pm No program on 7/4	6/13-8/1



NEED HELP? LET US HELP.

Let's have some fun! Recreation Coordinator Megan Frey loves creating fun and exciting programming for SEASPAR's teen and adult participants!

Have questions about weekly programs for teens and adults offered by SEASPAR? Contact Megan!

MEGAN FREY, CTRS
mfrey@seaspar.org • 630.960.7629



MINI GOLF I



Here is your chance to become the next Tiger Woods! Enjoy some friendly competition, learn sportsmanship, and experience an exciting new challenge as we visit Lost Mountain Adventure Golf!

Age 16+
Location Lost Mountain Adventure Golf, Woodridge
Fee \$70

Code	Day(s)	Time	Date(s)
7-030-03-1	M	5:30-6:45pm No program on 7/4	6/13-8/1

MINI GOLF II

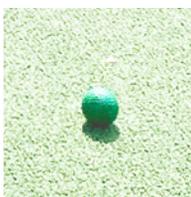


Here is your chance to become the next Tiger Woods! Enjoy some friendly competition, learn sportsmanship, and experience an exciting new challenge as we visit Holes & Knolls in Glen Ellyn!

Age 16+
Fee \$70
Trans. Denning: 5:00-7:00pm

Code	Day(s)	Time	Date(s)
7-030-03-2	M	See Trans. No program on 7/4	6/13-8/1

17



GARDENING CLUB



Get your green thumbs ready! We will be planting different veggies, flowers, and spices. Each week we will learn about different gardening tools and parts of a plant, and create garden related crafts!

Age 16+
Location SEASPAR, Downers Grove
Fee \$80

Code	Day(s)	Time	Date(s)
7-030-04-1	M	5:45-7:00pm No program on 7/4	6/13-8/1

DAY AWAY TOUR



Why live for the weekend, when everyday can be an adventure? Join SEASPAR staff and fellow Day Away Tour adventurers for exciting voyages throughout our beautiful communities.

! Note: Due to the nature of this program, participants must be able to tolerate being in the community. Scheduled activities will be shared prior to the event.

Age 16+
Location SEASPAR, Downers Grove
Fee \$176

Code	Day(s)	Time	Date(s)
7-030-05-1	TU	9:00am-3:00pm	6/21, 7/05, 7/19, 8/02



COOKING WITH CHEF MEGAN IN-PERSON



It's going to be a smorgasbord of flavor, food, and friends - in person! Meal prep doesn't have to be a chore! Become one with the kitchen in this hands-on cooking program that emphasizes fun and flavor with step-by-step learning. In this class, participants are introduced to new recipes each week by SEASPAR's resident foodie, Chef Megan! Classes will be held in Clarendon Hills Park District's all-new learning kitchen. All supplies are included.

♥ Fans of Cooking with Chef Megan may also enjoy **Cooking with SEASPAR**, a virtual cooking class. See page 31 for details.

Age 16+
Location Clarendon Hills Community Center
Fee \$110

Code	Day(s)	Time	Date(s)
7-030-06-1	TU	4:15-5:45pm	6/14-8/2

PICNIC IN THE PARK



Summer nights are here! This program is designed so we can play games, take a walk around the park, or just socialize with friends. Bring your energy, comfortable clothing, gym shoes, and bug spray for a fun night in the great outdoors! A light summer snack will be provided.

! **Note:** On July 5, the program will be held at McCollum Park in Downers Grove. In the event of bad weather, the program is held at the Lincoln Center.

Age 16+
Location Diane Main Park, Westmont
Fee \$90

Code	Day(s)	Time	Date(s)
7-030-07-1	TU	5:00-6:30pm	6/14-8/2

BOWLING AT LISLE LANES



SEASPAR is going bowling! Join us at Lisle Lanes while we bowl, hang out with friends, and throw some strikes.

Age 16+
Location Lisle Lanes
Fee \$104

Code	Day(s)	Time	Date(s)
7-030-08-1	TU	5:00-6:00pm	6/14-8/2

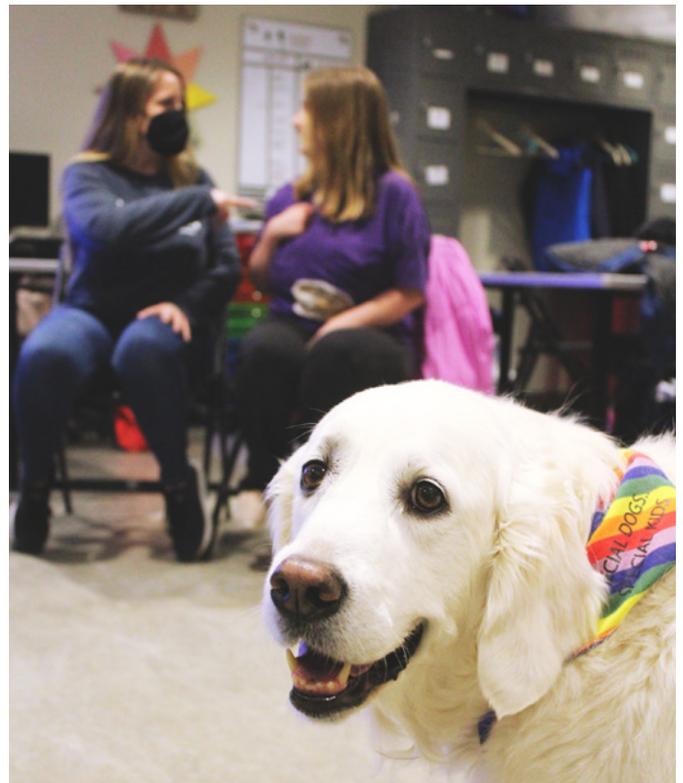
PET THERAPY



Spend time with man's best friend! You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self esteem!

Age 16+
Location Darien Community Center
Fee \$48

Code	Day(s)	Time	Date(s)
7-030-09-1	TU	6:15-7:15pm	6/14-8/2



BOWLING AT SUBURBANITE



SEASPAR is going bowling! Join us at Suburbanite Bowl while we bowl, hang out with friends, and throw some strikes!

Note: Please only register for one session.

Age 16+
Location Suburbanite Bowl, Westmont
Fee \$104

SUBURBANITE I

Code	Day(s)	Time	Date(s)
7-030-11-1	W	4:15-5:15pm	6/15-8/3

SUBURBANITE II

Code	Day(s)	Time	Date(s)
7-030-11-2	W	5:30-6:30pm	6/15-8/3

BUDDIES & BOARD GAMES



We can't think of a more relaxing and enjoyable way to spend a Wednesday night than to play board games with your friends! Choose your favorite board game or card game, grab a buddy, and let the games begin!

Age 16+
Location Lisle Recreation Center
Fee \$40

Code	Day(s)	Time	Date(s)
7-030-13-1	W	5:30-6:30pm	6/15-8/3

WALKING CLUB EAST



Welcome to Walking Club East! What better way to get our steps for the day than by walking with friends? Join us as we walk around scenic Spring Rock Park. We will be enjoying nature, talking to our friends, and getting a great cardiovascular workout!

Age 16+
Location Spring Rock Park, Western Springs
Fee \$56

Code	Day(s)	Time	Date(s)
7-030-10-1	W	4:15-5:00pm	6/15-8/3



BASEBALL TOUR SCHAUMBURG BOOMERS



There's nothing like summer fun at the ballpark! SEASPAR is going to "take you out to the ballgame" and follow our local teams in the minor leagues.

Note: Dinner is included. Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game, including delays and extra innings. In the event of an excessive delay, staff will decide when they need to return home prior to the end of the game. If the group will be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Age 16+
Fee \$85
Trans. SEASPAR: 4:15-10:30pm
Denning: 4:45-10:00pm

Code	Day(s)	Time	Date(s)
7-030-14-1	TH	See Trans.	7/14

WHEELCHAIR ACCESSIBLE

Code	Day(s)	Time	Date(s)
7-030-14-2	TH	See Trans.	7/14



FIT N' FUEL



Regular exercise and physical activity are extremely important and beneficial for long-term health and overall wellbeing. Fit N' Fuel explores different exercises while participants learn how to make a healthy snack following the fitness portion!

! Note: Bring a water bottle. Athletic apparel and gym shoes are required. No jeans allowed.

Age 16+
Location Clarendon Hills Community Center
Fee \$72

Code	Day(s)	Time	Date(s)
7-030-16-1	TH	4:15-5:00pm	6/16-8/4

GLEE CLUB



Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Show off your talent while spending time with your friends at Glee Club!

Age 16+
Location Darien Sportsplex
Fee \$54

Code	Day(s)	Time	Date(s)
7-030-17-1	TH	5:00-6:00pm	6/16-8/4

ADULT SWIM



Jump right in - the water's fine! This non-competitive program is designed for those who enjoy a leisurely swim in the pool. We spend our evening playing water games and socializing with great friends!

Age 16+
Location Sea Lion Aquatic Park, Lisle
Fee \$74

Code	Day(s)	Time	Date(s)
7-030-18-1	TH	6:30-7:30pm	6/16-8/4



BASEBALL TOUR
KANE COUNTY COUGARS



There's nothing like summer fun at the ballpark! SEASPAR is going to "take you out to the ballgame" and follow our local teams in the minor leagues. Dinner is included.

! Note: Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game, including delays and extra innings. In the event of an excessive delay, staff will decide when they need to return home prior to the end of the game. If the group will be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Age 16+
Fee \$95
Trans. SEASPAR: 4:15-10:30pm
Denning: 4:45-10:00pm

Code	Day(s)	Time	Date(s)
7-030-15-1	TH	See Trans.	7/28

WHEELCHAIR ACCESSIBLE

Code	Day(s)	Time	Date(s)
7-030-15-2	TH	See Trans.	7/28

FABULOUS FRIDAYS EAST



Thank goodness it's Friday! There's no better way to spend a Friday night than with your friends for fun activities hosted in-house and throughout the community.

! Note: The Ice Cream Social Dance Party, Luau Dance Party, and Movie in the Park are included in the club schedule. A schedule will be sent to you prior to the start of program.

Age 16-29
Location Grand Avenue Recreation Center, Western Springs
Fee \$167

Code	Day(s)	Time	Date(s)
7-030-19-1	F	Times Vary	6/17-8/5



FABULOUS FRIDAYS WEST



Thank goodness it's Friday! There's no better way to spend a Friday night than with your friends for fun activities hosted in-house and throughout the community.

! Note: The Ice Cream Social Dance Party, Luau Dance Party, and Movie in the Park are included in the club schedule. A schedule will be sent to you prior to the start of program.

Age 16-29
Location Lisle Recreation Center
Fee \$167

Code	Day(s)	Time	Date(s)
7-030-20-1	F	Times Vary	6/17-8/5



FRIDAY HAPPENINGS EAST



Fridays are for friends! Join your friends on Friday nights for fun activities hosted throughout our lovely host community and in-house.

! Note: The Ice Cream Social Dance Party, Luau Dance Party, and Movie in the Park are included in the club schedule. A schedule will be sent to you prior to the start of program.

Age 30+
Location Grand Avenue Recreation Center, Western Springs
Fee \$167

Code	Day(s)	Time	Date(s)
7-030-21-1	F	Times Vary	6/17-8/5

FRIDAY HAPPENINGS WEST



Fridays are for friends! Join your friends on Friday nights for fun activities hosted throughout our lovely host community and in-house.

! Note: The Ice Cream Social Dance Party, Luau Dance Party, and Movie in the Park are included in the club schedule. A schedule will be sent to you prior to the start of program.

Age 30+
Location SEASPAR, Downers Grove
Fee \$167

Code	Day(s)	Time	Date(s)
7-030-22-1	F	Times Vary	6/17-8/5



YOUNG ADULT CLUB



Calling all teens and young adults! This club is geared specifically toward you! Activities and outings place a strong emphasis on socialization while also having fun. It's the perfect opportunity to make new friends and reconnect with old ones.

! Note: Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time.

Age 16-25
 Fee \$160
 Trans. SEASPAR: 1:30-5:30pm
 Denning: 2:00-5:00pm

Code	Day(s)	Time	Date(s)
7-030-24-1	SA	See Trans.	6/18, 7/9, 7/23, 7/30

SATURDAY NIGHT SOCIALITES



This program is designed for adults who are ready to venture out on their own, but may need a jump start. This program offers a variety of outings designed to bring smiles to faces.

! Note: Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. Scheduled activities will be shared prior to the event.

Age 26+
 Fee \$146
 Trans. SEASPAR: 6:00-9:30pm
 Denning: 6:30-9:00pm

Code	Day(s)	Time	Date(s)
7-030-25-1	SA	See Trans.	6/25, 7/16, 7/30, 8/6



BRUNCH WITH BESTIES



Weekend brunches with friends are one of the best parts of summer! Each week, we will be enjoying pancakes, avocado toast, and other fan favorites as we chat with our friends about our fun summer adventures!

Age 16+
 Fee \$175
 Trans. SEASPAR: 10:00am-2:00pm
 Denning: 10:30am-1:30pm

Code	Day(s)	Time	Date(s)
7-030-26-1	SU	See Trans.	6/19, 7/10, 7/24, 7/31

BASEBALL BONANZA: CUBS



Calling all Cubs fans! Watch as the Cubs take on the rival St. Louis Cardinals. Lunch will be served as the action plays out on the big screen.

! Note: Due to the unpredictable length of the ballgame, the program end time is approximate.

Age 16+
 Location Darien Sportsplex
 Fee \$35

Code	Day(s)	Time	Date(s)
7-030-27-1	SU	1:00-4:30pm	6/26

BASEBALL BONANZA: WHITE SOX



Calling all Sox fans! Watch as the Sox take on the Texas Rangers. Lunch will be served as the action plays out on the big screen.

! Note: Due to the unpredictable length of the ballgame, the program end time is approximate.

Age 16+
 Location Darien Sportsplex
 Fee \$35

Code	Day(s)	Time	Date(s)
7-030-28-1	SU	1:15-5:00pm	8/7





TEEN & ADULT SPECIAL EVENTS

23 Act your age - said no one.

Teen & adult special events with SEASPAR are unique in that they pack a lifetime of memory-making fun into one-day events.

Teen & Adult Special Events

23-27



ICE CREAM SOCIAL DANCE PARTY



I scream, you scream, we all scream for dancing and ice cream! Dance to some groovy tunes and enjoy a delicious ice cream treat while hanging out with your friends!

Note: This event is included with Fabulous Fridays and Friday Happenings.

Age 16+
Location Westmont Community Center
Fee \$25

Code	Day(s)	Time	Date(s)
7-200-26-1	F	6:30-8:30pm	6/17

PICNIC AND GAMES



It's summertime! That means it's time for a picnic and games at McCollum Park in Downers Grove. A boxed lunch is provided from Jimmy John's.

Age 16+
Location McCollum Park, Downers Grove
Fee \$35

Code	Day(s)	Time	Date(s)
7-200-27-1	SA	4:00-6:00pm	6/18



NEED HELP? LET US HELP.

Senior Recreation Coordinator Kim Huggins believes that there is nothing more special than making a special moment a lasting one.

Have questions about special events for teens and adults offered by SEASPAR? Contact Kim!

KIMBERLY A. HUGGINS, CPRP
khuggins@seaspar.org • 630.960.7628

THE TEMPEL LIPIZZANS PERFORMANCE



Lipizzaner Stallions have been enchanting audiences for 450 years. Witness art and history come to life in this wonderful performance at Tempel Farms in Old Mill Creek. From the playful bounding of new foals to the strong, precise jumps of the stallions, the whole group will be captivated by the strength, beauty, and intelligence of these horses. A picnic dinner will be provided prior to the show.

! Note: Participants must be able to stay quiet and seated throughout the whole show to attend this event.

Age 16+
Fee \$95
Trans. SEASPAR: 2:30-9:45pm
Denning: 3:00-9:15pm

Code	Day(s)	Time	Date(s)
7-200-28-1	SA	See Trans.	6/25

LAKE GENEVA SUNDAY BRUNCH CRUISE



Enjoy a delicious brunch during a wonderfully narrated tour of beautiful Lake Geneva! There are a variety of tempting breakfast and lunch options available. This tour will take us around the whole lake.

! Note: Participants must be able to stay seated to attend this event.

Age 16+
Fee \$135
Trans. Denning: 7:30am-4:00pm
SEASPAR: 8:00am-3:30pm

Code	Day(s)	Time	Date(s)
7-200-29-1	SU	See Trans.	6/26

PARTY IN THE USA PICNIC



Celebrate the 4th of July weekend with a fun picnic with your SEASPAR friends! Fun outdoor games and a delicious boxed lunch is provided from Jimmy John's.

Age 16+
Location Gilbert Park, Downers Grove
Fee \$35

Code	Day(s)	Time	Date(s)
7-200-30-1	SA	12:00-2:00pm	7/2

CHICAGO WHITE SOX



Attention sports fans! SEASPAR is heading to Guaranteed Rate Field to cheer on the Chicago White Sox as they take on the Detroit Tigers. Please dress for the weather.

! Note: Dinner is included due to Guaranteed Rate Field being cashless. Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. Participants must be able to remain seated during the event.

Age 16+
Fee \$165
Trans. SEASPAR: 10:30am-6:00pm
Denning: 11:00am-5:30pm

Code	Day(s)	Time	Date(s)
7-200-31-1	SA	See Trans.	7/9

WHEELCHAIR ACCESSIBLE

Code	Day(s)	Time	Date(s)
7-200-31-2	SA	See Trans.	7/9





MOVIE IN THE PARK



Enjoy a movie under the stars at Veterans Memorial Park hosted by the Westmont Park District. Tonight's film is *Sandlot!* In the summer of 1962, a new kid in town is taken under the wing of a young baseball prodigy and his rowdy team, resulting in many summer adventures. Come see what *Sandlot* is all about with SEASPAR.

Note: This event is included in Fabulous Fridays and Friday Happenings. Due to the unpredictable time of the movie starting, return times are approximate. SEASPAR stays for the whole movie. If the group is going to be early or late at drop off, staff will attempt to contact families or caseworkers with updated information.

Age 16+
Fee \$25
Trans. SEASPAR 6:15-11:00pm
Denning 6:45-10:30pm

Code	Day(s)	Time	Date(s)
7-200-32-1	F	See Trans.	7/15

DANCE IN THE PARK



Swing on by as we party and dance in the park with our friends. The DJ will be spinning the latest tunes! Light refreshments will be served.

Age 16+
Location Ty Warner Park, Westmont
Fee \$25

Code	Day(s)	Time	Date(s)
7-200-33-1	S	4:00-6:00pm	7/16

CHICAGO CUBS



Let SEASPAR take you out to the ballgame as the Chicago Cubs take on the Los Angeles Angels. Peanuts, popcorn, or cracker jacks - the choice is yours! Please dress for the weather.

Note: Dinner is included due to Wrigley Field being a cashless baseball field. Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Age 16+
Fee \$225
Trans. SEASPAR: 10:30am-6:30pm
Denning: 11:00am-6:00pm

Code	Day(s)	Time	Date(s)
7-200-34-1	SU	See Trans.	7/17

WHEELCHAIR ACCESSIBLE

Code	Day(s)	Time	Date(s)
7-200-34-2	SU	See Trans.	7/17





RAGING WAVES WATERPARK



Is it summer yet? Raging Waves, Illinois' largest waterpark, has 32 waterslides, a 1/4-mile lazy river, and a HUGE wave pool. Make a big splash at Raging Waves with SEASPAR!

! Note: Please pack sunscreen, a towel, and dry clothes. All personal belongings must be labeled. Lunch is included.

Age	16+
Fee	\$160
Trans.	Denning: 9:00am-4:30pm SEASPAR: 9:30am-4:00pm

Code	Day(s)	Time	Date(s)
7-200-35-1	SU	See Trans.	7/24

LUAU DANCE PARTY



Aloha! Hula on over to celebrate a luau party with your SEASPAR friends. Put on your best Hawaiian attire and show off your dance moves! Refreshments will be provided.

! Note: This event is included with Fabulous Fridays and Friday Happenings.

Age	16+
Location	Westmont Community Center
Fee	\$25

Code	Day(s)	Time	Date(s)
7-200-36-1	F	6:30-8:30pm	7/29

MINI GOLF AND ICE CREAM



Enjoy some fun in the sun at Holes and Knolls Miniature Golf Course in Glen Ellyn. Their 18-hole accessible miniature golf course provides fun and challenges for all. Once we have built up our appetite from mini golfing, we will enjoy dinner and an ice cream treat from Culver's!

Age	16+
Fee	\$45
Trans.	Denning: 2:30-7:30pm SEASPAR: 3:00-7:00pm

Code	Day(s)	Time	Date(s)
7-200-37-1	SA	See Trans.	7/30

DUPAGE COUNTY FAIR



The DuPage County Fair is back, and with it comes the friendly farm animals, sky-high ferris wheel, sweet treats, and all the good time feels. Your ticket to fun is around the corner!

! Note: Due to the nature of this event, participants must be able to tolerate large crowds, wait in line, and remain with our group at all times. Please pack sunscreen and wear comfortable shoes. Lunch is included. Bring \$40 for concessions, rides, and souvenirs.

Age	16+
Fee	\$85
Trans.	Denning: 10:00am-4:00pm SEASPAR: 10:30am-3:30pm

Code	Day(s)	Time	Date(s)
7-200-38-1	SU	See Trans.	7/31

BROOKFIELD ZOO

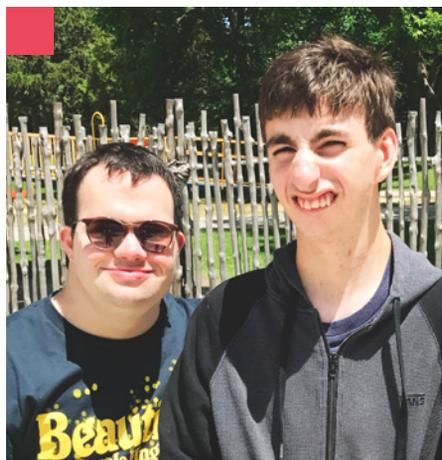


Explore nature's most majestic creatures in an up-close experience only the Brookfield Zoo can provide. Explore the tropical world of the mighty gorilla, dive below a dolphin habitat, or chill out with the penguins of the south. The animal kingdom awaits!

! Note: Please pack sunscreen and wear comfortable shoes. Lunch is included.

Age 16+
Fee \$125
Trans. SEASPAR: 11:30am-7:00pm
Denning: 12:00-6:30pm

Code	Day(s)	Time	Date(s)
7-200-39-1	SA	See Trans.	8/6



KANE COUNTY COUGARS



Enjoy watching the Kane County Cougars from the comfort of our own suite! Get ready for an exciting summer baseball game when the Kane County Cougars play the Kansas City Monarchs.

! Note: Lunch is included. Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

Age 16+
Fee \$95
Trans. Denning: 10:30am-5:00pm
SEASPAR: 11:00am-4:30pm

Code	Day(s)	Time	Date(s)
7-200-40-1	SU	See Trans.	8/7

WHEELCHAIR ACCESSIBLE

Code	Day(s)	Time	Date(s)
7-200-40-2	SU	See Trans.	8/7

NORMAN B. BARR CAMP

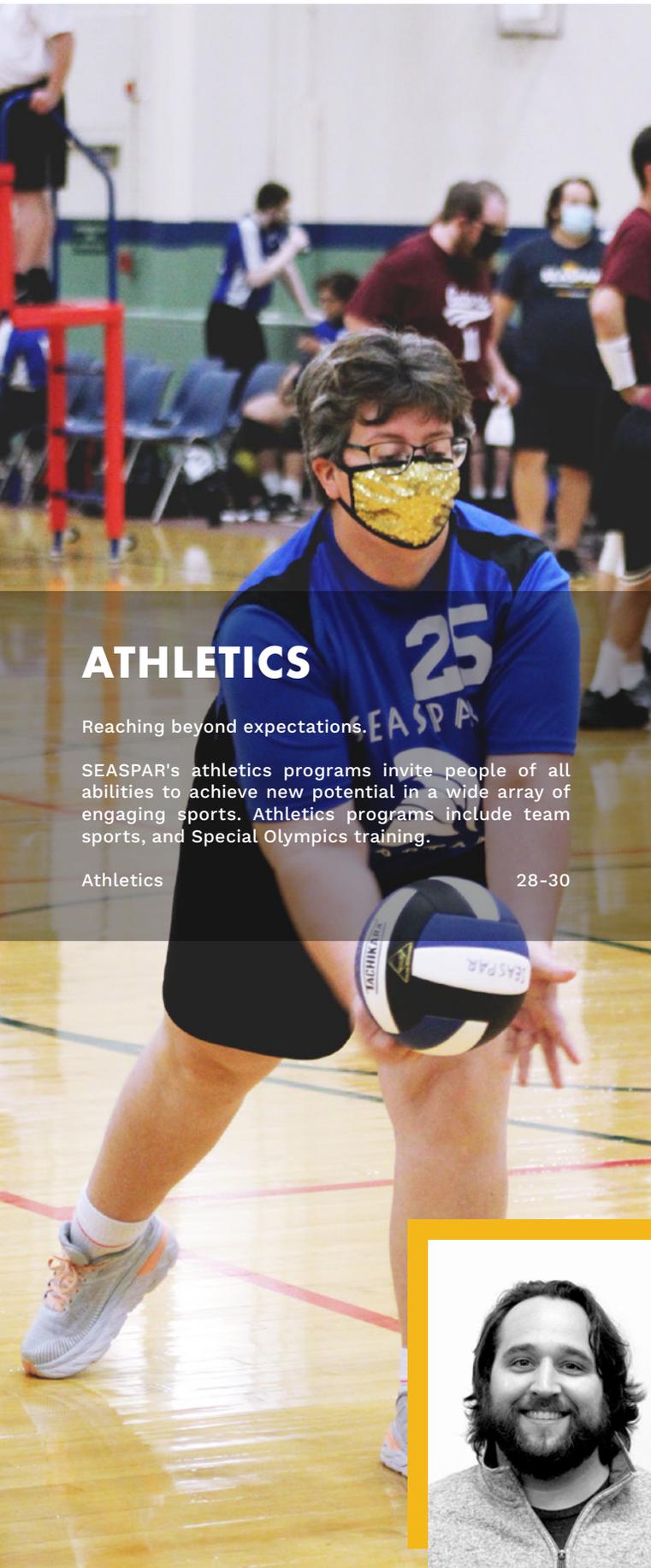


Experience residential cabin camping at its best! Located on the beautiful shores of Lake Geneva, Norman B. Barr Camp features daily swimming, hiking, wildlife observation, sports, and games. SEASPAR and camp site staff look forward to introducing you to the wonders of the great outdoors.

! Note: To attend this trip, participants must have successfully attended at least one overnight trip prior to this event. Participants are expected to contribute to group dynamics by cooperating with staff and group members. Individual schedules and routines may require adaptation to accommodate the logistics of the camping experience. Due to the nature of this setting, participants must be able to stay with the group at all times without wandering. A packing list will be provided a week prior to the event.

Age 16+
Fee \$395
Trans. Departure from SEASPAR: 9:00am
Return to SEASPAR: 4:00pm

Code	Day(s)	Time	Date(s)
7-200-41-1	M-F	See Trans.	8/8-8/12



ATHLETICS

Reaching beyond expectations.

SEASPAR's athletics programs invite people of all abilities to achieve new potential in a wide array of engaging sports. Athletics programs include team sports, and Special Olympics training.

Athletics

28-30



SPARTANS VOLLEYBALL



It's time for another season of Spartans Volleyball! The coaching staff teaches fundamentals and sportsmanship through practice, and home and away games against other agencies! The Spartans Volleyball team will compete in the TR Section Volleyball Tournament on October 2 and Special Olympics Regionals in early October. If the team takes gold at Regionals, they will advance to the State Volleyball competition on October 22-23 or October 29-30. This information will be sent to families and will also be available on the SEASPAR website.

Age 16+
 Location Downers Grove Recreation Center or Park District of La Grange
 Fee \$70
 Tournament TR Section Tournament - Oct. 2
 Regional Competition - October 2022
 State Competition - Oct. 22-23 or 29-30*
 *Qualification required

Code	Day(s)	Time	Date(s)
7-100-02-1	TU	6:30-8:00pm	8/2-10/4

SPARTANS BOCCE



Bocce, a favorite family game, is one of the most enjoyable competitive sports. Closely resembling bowling, this game requires skill, strategy, and a little luck. Learn to toss, roll, hit, and score while having a great time with your friends. This is a fun and relaxing way to spend an evening! Spartans Bocce players will compete at the Special Olympics Regional Competition on September 10. If an athlete takes home a gold medal during this event, they will play in the State Summer Games at Illinois State next year!

Age 8+
 Location Ebersold Park, Downers Grove
 Fee \$110
 Tournament Regional Competition - Sept. 10
 State Summer Games - Summer 2023*
 *Qualification required

Code	Day(s)	Time	Date(s)
7-100-04-1	W	5:00-6:00pm	7/6-9/7

NEED HELP? LET US HELP.

For Recreation Coordinator Matt Gorecki, the high score is only the beginning! Everyday, Matt works to help SEASPAR athletes achieve new potential on and off the court.

Have questions about athletics programs offered by SEASPAR? Contact Matt!

MATT GORECKI, CPRP
 mgorecki@seaspar.org • 630.960.7627

LIGHTNING SOFTBALL



SEASPAR is partnering with Lightning Softball Club and NWCSRA to offer softball instruction and practice for ages 8-25. If softball is a sport that you have always been interested in or you have wanted to brush up on your skills, this program is for you! We will work on the fundamentals of softball, rules, and skills necessary for future team play. The staff will work on skills specific to the level of the player as well as age range. No matter your knowledge of the game, we have a practice fit for you!

Age 8-25
 Location Miracle Field, Lemont Park District
 Fee \$56

Code	Day(s)	Time	Date(s)
7-100-05-1	W	6:00-7:00pm	6/15-8/3



SPARTANS GOLF



This program is for the experienced golfer who is ready for course play. Work on your swing and etiquette while you socialize safely with friends. Tee times begin around 5:00pm during the summer. Spartans golfers will compete in the Special Olympics Regional Competition on August 1. Those who take home a gold medal at this competition will have the option to go to Special Olympics State Golf on September 10-11. We look forward to seeing you out on the course!

Age 8+
 Location Various Golf Courses
 Fee \$155
 Tournament Regional Competition - July 18
 State Tournament - Sept. 10-11*
 *Qualification required

Code	Day(s)	Time	Date(s)
7-100-07-1	TH	5:00-8:00pm	6/2-7/28

SPARTANS GOLF DEVELOPMENTAL



This non-competitive golf training program is designed for beginner golfers who demonstrate enough skill proficiency for course play, but are not ready for competition. Golfers play at the local "short courses" to enable traditional play at a manageable level for these developing golfers. Staff emphasize proper golf etiquette and skill development for future independent and competitive play. Tee times will begin around 5:00pm during the summer.

Age 8+
 Location Various Golf Courses
 Fee \$90

Code	Day(s)	Time	Date(s)
7-100-08-1	TH	5:00-8:00pm	8/4-9/8

SPARTANS FLAG FOOTBALL



Join the State Champion Spartans Flag Football team for the 2022 season! SEASPAR is again partnering with NWCSRA for another exciting season. This program consists of hands-on skill-building drills and guidance on the rules of the game. The Spartans Flag Football team will compete in the Special Olympics Regional Competition in September. A gold medal victory will send the team to the Special Olympics State Flag Football tournament on November 5-6. Hopefully, we will see you out on the gridiron!

Age 16+
 Location Woodridge ARC
 Fee \$95
 Tournaments Regional Competition - Sept. 2022
 State Tournament - Nov. 5-6*
 *Qualification required

Code	Day(s)	Time	Date(s)
7-100-06-1	W	6:00-7:30pm	6/22-9/14

POWER SOCCER



Participants use an oversized soccer ball and maneuver their power chairs to dribble, pass, shoot, and score goals. We utilize our awesome Strike Force power soccer-specific power chairs to scrimmage and practice! This program is for any level power athlete and will take place indoors on a basketball court. Come experience this incredible sport and the athletes who play it!

Age 8+
 Location Westmont Community Center
 Fee \$48

Code	Day(s)	Time	Date(s)
7-050-01-1	SA	8:30-10:30am	6/18-8/6

SPARTANS ATHLETICS



A good athlete is a well-prepared athlete. Join other athletes in training for various track and field events. Those that earn a gold medal at the Spring Games in April will compete at the State Summer Games On June 17-19.

! Note: Please only register for one session.

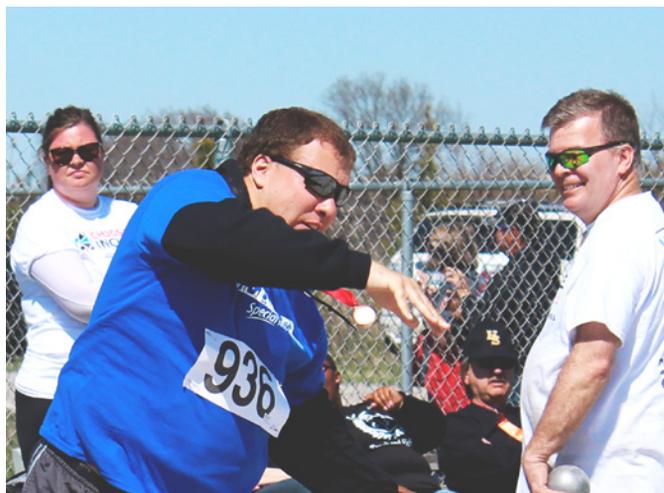
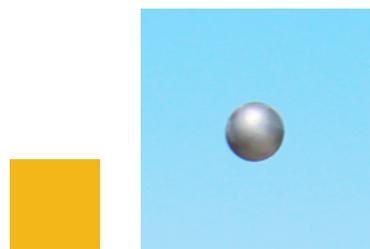
Age 8+
 Location The CORE, Lemont
 Fee \$84
 Tournament Spring Games - June 17-19*
 *Qualification required

ATHLETICS I

Code	Day(s)	Time	Date(s)
7-100-09-1	SU	9:00-10:00am No program on 7/3	6/5-7/17

ATHLETICS II

Code	Day(s)	Time	Date(s)
7-100-09-2	SU	10:15-11:15am No program on 7/3	6/5-7/17



SPARTANS SWIMMING



This swimming program is designed to prepare advanced swimmers for Special Olympics and invitational competitions. Athletes must meet the minimum skill requirements to perform during practice. Practices focus on swim endurance and refining stroke mechanics. Athletes who took home a gold medal at the Special Olympics Regionals Competition in March will be eligible to compete at the Special Olympics State Summer Games on June 17-19.

Age 8+
 Location The CORE, Lemont
 Fee \$60
 Tournament State Summer Games - June 17-19*
 *Qualification required

Code	Day(s)	Time	Date(s)
7-100-10-1	SU	1:00-2:00pm No program on 7/3	6/12-7/31



VIRTUAL PROGRAMS BY APPOINTMENT

MUSIC LESSONS WITH NANCY VIRTUAL



Schedule an individual music lesson with Nancy Urban! Virtual music lessons are 30 minutes each and are available Monday-Friday by appointment only. Please request your preferred lesson time at registration.

Age 5+
Location Virtual
Fee \$56

Code	Day(s)	Time	Date(s)
7-700-01-1	M-F	By appointment No appointments on 7/4	6/13-8/5



VIRTUAL PROGRAMS WEEKLY PROGRAMS

COOKING WITH SEASPAR



This SEASPAR favorite is back with a twist! Learn how to make simple, healthy foods from the comfort of your own kitchen. Each week, we will learn about a different aspect of nutrition, and make a healthy snack or meal that goes along with our nutrition lesson for the week.

Age 16+
Location Virtual
Fee \$20

Code	Day(s)	Time	Date(s)
7-700-03-1	M	5:00-5:45pm No program on 7/4	6/13-8/1

NEED HELP? LET US HELP.

Have questions about virtual programming offered by SEASPAR? Contact us. We're here to help.

KIM HUGGINS, CPRP
khuggins@seaspar.org • 630.960.7628

MEGAN FREY, CTRS
mfrey@seaspar.org • 630.960.7629

MATT GORECKI, CPRP
mgorecki@seaspar.org • 630.960.7627

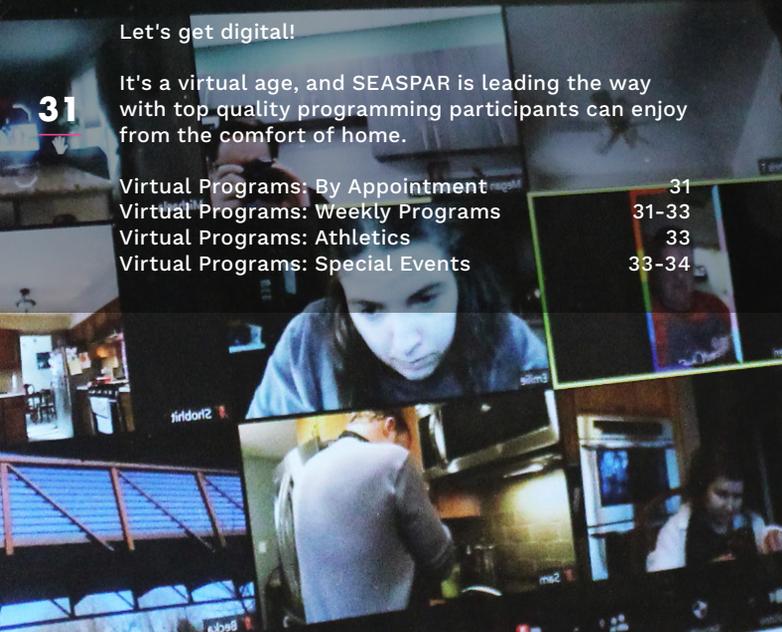
VIRTUAL PROGRAMS

Let's get digital!

31

It's a virtual age, and SEASPAR is leading the way with top quality programming participants can enjoy from the comfort of home.

Virtual Programs: By Appointment	31
Virtual Programs: Weekly Programs	31-33
Virtual Programs: Athletics	33
Virtual Programs: Special Events	33-34



VIRTUAL PROGRAMS

KARAOKE



Sing your heart out and enjoy karaoke virtually with your friends! Each week, you will be asked to send in your song requests to add to the playlist.

Age 16+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-700-04-1	M	6:30-7:45pm	6/13-8/1
No program on 7/4			

FEAST WITH FRIENDS



What better way to spend lunch than with SEASPAR? We'll have great conversations, catch up with our friends, and share our favorite lunches. Make your lunch ahead of time and join in. We look forward to seeing you!

Age 16+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-700-05-1	TU	12:00-12:30pm	6/14-8/2

SING & JAM



Join a Board-Certified Music Therapist from Dynamic Lynks for a virtual music group to socialize with peers through active music making! Learn songs for relaxation and regulation, make original fun songs through an interactive computer app, and get up on your feet to groove with these awesome beats!

Age 16+
Location Virtual
Fee \$60

Code	Day(s)	Time	Date(s)
7-700-06-1	TU	4:15-5:00pm	6/14-8/2

GAME NIGHT



Let the games begin! Each week, we will be playing a different game with our friends in a virtual format. While we play, we'll also be practicing social skills, taking turns, and following rules. You won't want to miss one week of this program!

Age 16+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-700-07-1	TU	6:15-7:00pm	6/14-8/2

MOVIE CLUB



Calling all movie lovers! We will be watching a G, PG, or PG-13 movie each week from the comfort of your own home. Bring your favorite movie snack and sit back, relax, and enjoy the show!

Age 16+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-700-08-1	W	1:00-3:15pm	6/15-8/3

YOGA WITH JEN



Each class, we will focus on balance, strength, and flexibility. Join our instructor Jen for a class that will be fun and engaging in a challenging 45-minute virtual format. All you need is a yoga mat or towel, and you!

Age 16+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-700-09-1	W	6:00-6:45pm	6/15-8/3

WORK-IN WITH SEASPAR



Get a full-body workout using a combination of cardio and strength training. This program is excellent for burning fat, building muscle, and becoming overall more physically fit. Use dumbbells, something you have around the house, or just your own body weight to enjoy this fitness class!

Age 16+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-700-11-1	TH	5:00-5:45pm	6/16-8/4

BINGO



Play one of your favorite games virtually! Enjoy a night of bingo with your friends from SEASPAR without leaving your house. We will send you the bingo cards so you can play from home.

Age 16+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-700-12-1	TH	6:00-6:45pm	6/16-8/4

VIRTUAL PROGRAMS

SOCIAL CLUB VIRTUAL



Let's get social with our friends - virtually! Social Club activities include the Virtual Ice Cream Social Dance Party, Virtual Luau Dance Party, a bingo night, and other activities.

Age 16+
Location Virtual
Fee \$20

Code	Day(s)	Time	Date(s)
7-700-14-1	F	6:30-7:15pm	6/17, 7/1, 7/15, 7/29



VIRTUAL PROGRAMS ATHLETICS

SPORTS CONDITIONING



Are you ready to stretch and work out with friends and SEASPAR staff from the comfort of home? Each week we will do a different sport-specific workout routine and keep hydrated while doing it!

33

Age 8+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-700-02-1	M	3:00-3:45pm No program on 7/4	6/13-8/1

ROCKET LEAGUE



Accelerate, jump, pass and shoot! Join SEASPAR as we offer the fast-paced virtual sport of Rocket League. You will have the opportunity to play with your friends or against them in exhibition matches. If you are new to this game, we also have an instructional video on how to download the game onto your computer, how the controls work, and a sneak peek at the game play!

Age 8+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-700-10-1	W	6:30-7:30pm	6/15-8/3



SPORTS TALK



Calling all sports enthusiasts! Join us virtually and talk sports with some of the SEASPAR staff. We will talk about current news, stats, and anything related to the great world of sports. Let's hang out and talk about our favorite teams or players.

Age 8+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-700-13-1	F	1:00-1:30pm	6/17-8/5



VIRTUAL PROGRAMS SPECIAL EVENTS

VIRTUAL ICE CREAM SOCIAL DANCE PARTY



I scream, you scream, we all scream for dancing and ice cream! Bring your favorite ice cream treat and hang out with your closest friends from the comfort of home while you dance to some groovy tunes.

Note: This event is included in Social Club Virtual.

Age 16+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-702-01-1	F	6:30-7:15 pm	6/17





VIRTUAL BINGO NIGHT



It's exciting when you're waiting for that one number, and then it gets called... BINGO! Get in on the virtual bingo fun with your friends from SEASPAR.

Age 16+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-702-02-1	SU	6:30-7:15pm	6/19

BEST OF ISLAND ADVENTURES



Islands are the star attraction in at least a dozen national parks. Join Jack and Colton on Rock the Park virtually as they take a journey through the most thrilling and challenging of their island adventures!

Age 16+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-702-03-1	SU	6:30-7:00pm	7/10

JUSTIN BIEBER VIRTUAL CONCERT



Join us for a virtual concert experience with the one and only Justin Bieber! This concert is a blast from the past with all of the famous hits from Bieber's first albums. Are you ready to sing along with your friends to hits like "One Time," "Baby," and "One Less Lonely Girl"? "Never Say Never" and join us for this one-of-a-kind throwback concert.

Age 16+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-702-04-1	SA	6:30-7:15pm	7/23

VIRTUAL LUAU DANCE PARTY



Aloha! Hula on over to celebrate a luau party virtually with friends. Put on your best Hawaiian attire and show off your dance moves!

Note: This event is included in Social Club Virtual.

Age 16+
Location Virtual
Fee FREE

Code	Day(s)	Time	Date(s)
7-702-05-1	F	6:30-7:15pm	7/29

SUMMER DAY CAMP



SUMMER DAY CAMP

Summer done right.

35

No childhood memory is truly complete without summertime laughter, craftmaking, and time well spent with friends at summer camp. Start making great memories with Camp SEASPAR.

Summer Day Camp

35-36



KIDS CAMP



Kids Camp is perfect for campers 5 to 12 years old ready to reengage with summertime fun. Engaging art projects, aquatics, field trips, and indoor/outdoor activities deliver the summer camp experiences kids love.

Age 5-12
Location Lester Elementary School, Downers Grove
Fee See details below

SESSION 1

Code	Day(s)	Time	\$	Date(s)
7-300-01-1	M-F	9:00am-3:00pm	\$480	6/13-6/24

SESSION 2

Code	Day(s)	Time	\$	Date(s)
7-300-01-2	M-F	9:00am-3:00pm	\$432	6/27-7/8
No program on 7/4				

SESSION 3

Code	Day(s)	Time	\$	Date(s)
7-300-01-3	M-F	9:00am-3:00pm	\$480	7/11-7/22

SESSION 4

Code	Day(s)	Time	\$	Date(s)
7-300-01-4	M-F	9:00am-3:00pm	\$480	7/25-8/5



NEED HELP? LET US HELP.

Recreation Coordinator Molly Downing believes summertime fun is best served hot!

Have questions about summer day camp or other youth programming? Contact Molly!

MOLLY DOWNING, CTRS

daycamp@seaspar.org • 630.960.7664

SUMMER DAY CAMP



LADSE/LA GRANGE CAMP



LADSE/La Grange Camp is a great camp option for families looking for the summer camp experience set during convenient afternoon hours. This camp is thoughtfully designed for 2022. Engaging art projects and indoor/outdoor activities deliver the summer camp experiences kids love. If you are attending LADSE Extended School Year, this is the perfect camp for you!

Age 5-12
 Location La Grange Community Center
 Fee \$541

Code	Day(s)	Time	Date(s)
7-300-03-1	M-F	12:00-3:30pm	6/14-7/13
No program on 6/20 and 7/4			

KIDS CAMP

LADSE/LA GRANGE EXTENSION



This camp is for campers transitioning from LADSE/La Grange Camp to Kids Camp. Please sign up for this extension if you are looking to continue your camp experience into Session 3 of our summer!

Age 5-12
 Location Lester Elementary School, Downers Grove
 Fee \$336

Code	Day(s)	Time	Date(s)
7-300-03-2	M-F	9:00am-3:00pm	7/14-7/22

TEEN & ADULT CAMP



Teen and Adult Camp is perfect for campers 13 to 22 years old longing for unforgettable fun this summer. Engaging art projects, field trips, aquatics, and indoor/outdoor activities deliver the summer camp experiences campers love.

Age 13-22
 Location Centennial Community Center, Lemont
 Fee See details below

SESSION 1

Code	Day(s)	Time	\$	Date(s)
7-300-02-1	M-F	9:30am-3:30pm	\$540	6/13-6/24

SESSION 2

Code	Day(s)	Time	\$	Date(s)
7-300-02-2	M-F	9:30am-3:30pm	\$486	6/27-7/8
No program on 7/4				

SESSION 3

Code	Day(s)	Time	\$	Date(s)
7-300-02-3	M-F	9:30am-3:30pm	\$540	7/11-7/22

SESSION 4

Code	Day(s)	Time	\$	Date(s)
7-300-02-4	M-F	9:30am-3:30pm	\$540	7/25-8/5

READY FOR THE BEST SUMMER EVER?

Camp SEASPAR embodies everything you love about summer into well rounded camp options for children and adults ages 5 to 22 years.

Learn more about this year's summer day camp options and incredible summertime opportunities in the Summer Camp Guide. Ask for a copy at SEASPAR or download a digital copy at SEASPAR.org.

SUMMER DAY CAMP REGISTRATION: MARCH 28 - APRIL 18

Register online at SEASPAR.org.





MULTI-SENSORY

Explore what your senses crave!

37

Two of SEASPAR's most exciting amenities are its multi-sensory rooms located at the Lisle Recreation Center and the Grand Avenue Community Center in Western Springs. Both rooms offer specially-designed interactive equipment that appeals to the auditory, tactile, olfactory, and visual senses. Multi-sensory rooms primarily benefit individuals with autism, sensory processing disorders, and ADHD. All SEASPAR residents are invited to participate!



ENGAGE YOUR SENSES

Both of SEASPAR's two multi-sensory rooms, Ray's Bay and Wonders, are designed to engage all of your senses! Each room is equipped with state-of-the-art technology purpose-built to stimulate your senses through hands-on equipment and environmental stimulants.

SEASPAR's multi-sensory rooms contain interactive equipment that pleases your senses in a variety of soothing ways. Feel the vibration of music as it plays through the Learning Chair, follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor. Control colors and lights with the touch of your hand and feel the calming coolness of glittering glass with the sparkle and marble walls.

Learn more about SEASPAR's multi-sensory rooms, or schedule a trial by contacting Molly Downing at 630.960.7664.

! Multi-sensory room trial availability may be limited, call for details.

BENEFITS OF MULTI-SENSORY

Both multi-sensory rooms contain equipment known to benefit individuals by stimulating the senses which can result in:

- Improved mood
- Lowered disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improvement in communication
- Enhanced interpersonal interactions

WHO MAY BENEFIT

Our multi-sensory rooms primarily benefit individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia
- Physical Disabilities
- Emotional Needs
- Anxiety

NEED HELP? LET US HELP.

Let Recreation Coordinator Molly Downing be your guide in your journey through sensory exploration.

Have questions about sensory programs or multi-sensory rooms offered by SEASPAR? Contact Molly!

MOLLY DOWNING, CTRS

mdowning@seaspar.org • 630.960.7664



MULTI-SENSORY ROOM

RAY'S BAY MULTI-SENSORY ROOM

Grand Avenue Community Center
4211 Grand Avenue, Western Springs

Ray's Bay, SEASPAR's newest multi-sensory room, features a unique assortment of state-of-the-art equipment designed to vitalize the senses. Environmental sound waves and visual effects create a calming atmosphere, which can be enjoyed from the comfort of the room's large comfort rocking chair, comfort nook, or lighted waterbed. Guests with energy to spare can interact with various devices intended to spark curiosity as well as joy.

Ray's Bay Multi-Sensory Room is located in the lower level of the Grand Avenue Community Center. A waiting room, complete with a sitting area, is available for guests while participants play.



WONDERS MULTI-SENSORY ROOM

Lisle Recreation Center - Door 8
1925 Ohio Street, Lisle

Wonders, SEASPAR's award-winning multi-sensory room, features a unique assortment of state-of-the-art equipment designed to vitalize the senses. Environmental effects create a calming atmosphere, which can be enjoyed from the comfort of the room's over-sized beanbag or comfort nook. Guests with energy to spare can interact with various devices intended to spark curiosity as well as joy.

Parents can observe their child's session through a one-way observation window.



SENSORY FRIENDLY PROGRAMS

In addition to private multi-sensory room sessions, SEASPAR provides a wide selection of sensory-friendly programs held at its two multi-sensory rooms. These programs are available to all SEASPAR participants.

Programs offered at SEASPAR's multi-sensory rooms include:

SENSORY SEEKERS P.11

Sensory Seekers invites participants to explore the limits of their senses in weekly 30-minute private sessions held at Ray's Bay Multi-Sensory Room.

SENSORY EXPLORERS P.12

Sensory Explorers provides participants with all the tools needed to explore the full spectrum of the senses in weekly 30-minute private sessions held at Wonders Multi-Sensory Room.

SENSORY SUNDAY P.13

Sensory Sunday treats participants to a weekend getaway of the senses. Visit unexplored areas of your senses or revisit favorites in 30-minute sessions held on Sundays at Wonders Multi-Sensory Room.



SPECIAL PROGRAMS

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To recreation and beyond!

Our mission doesn't end at recreation. Learn more about special programs offered by SEASPAR and how they may benefit you and your family.



AKTION CLUB

Through the joint sponsorship of the Lombard and Woodridge Kiwanis Clubs and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. It also performs several service projects annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support.

! For more information, contact Christina Fernandez at 630.960.7609.

NEED HELP? LET US HELP.

Special programs require special attention. Luckily, our team of experts are here to help.

CATHERINE A MORAVA, CPRP
cmorava@seaspar.org • 630.960.7620

CHRISTINA FERNANDEZ, CPRP
cfernandez@seaspar.org • 630.960.7609



EAGLES ADULT DAY PROGRAM

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities Enhance Adult Growth through Lifestyle Education and Service. This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at four different sites throughout SEASPAR's communities: the Darien Sportsplex, Lemont Safety Village, Lisle Recreation Center, and Brookfield Municipal Building.

! For more information, visit our website or contact Catherine Morava at 630.960.7620.

The EAGLES Adult Day Program continues to expand its participants' experience and find creative ways to make healthy choices. Our staff work to collaborate with local businesses, therapists, educators, university students, and other local day programs to offer new and exciting opportunities for the participants in the program. We are fortunate to have such a great team working the program.

Our dedicated team of professionals include:

NICOLE CAUSEY
BRIAN KLAMA
EILEEN KASH
ELISA KEEGAN
APRIL PRESCOTT

STACIE RITZ
BECKY QUIRK
KRISTY PAULEY
JENNIFER MOLSKY
KAYLA SISTOS

Special thanks to our amazing subs:

AARON CAUSEY

DEBBIE MURDOCK

These incredible individuals are responsible for delivering dynamic recreation services to adults with disabilities and contribute to the progress of the EAGLES Adult Day Program, each and every day!

INCLUSION

As part of SEASPAR's continuum of recreation programs, inclusion services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations.

! For more information, visit our website or contact Christina Fernandez at 630.960.7609.



ABSENCES

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and ensures that no tickets are wasted. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

ADA STATEMENT

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. Visit SEASPAR.org to view our ADA Notice and Grievance Procedure.

To request this program guide in an alternative format, please contact Morgan Mason at mmason@seaspar.org.

ANNUAL INFORMATION FORMS

SEASPAR requires that all participants complete an Annual Information Form (AIF) each calendar year. Individuals without a current AIF on file will not be permitted to participate. You do NOT need to submit an AIF each season, only once per year.

The Annual Information Form is available on pages 46-48, or may be submitted online at SEASPAR.org.

Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information but do NOT need to submit a new Annual Information Form if one was previously submitted for 2022.

ATLANTOAXIAL INSTABILITY

Individuals with Down syndrome are at risk of having Atlantoaxial Instability (AAI) which causes decreased stability in the bones of the upper spine. For the safety of our participants, individuals with Down syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for AAI. For more information, contact SEASPAR at 630.960.7600.

CHECK IN

Virtual Programming: Participants should sign into virtual programming in a timely manner. When signing in, participants will be placed on hold until the program's scheduled start time.

In-Person Programming: When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child.

! Note: SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

CODE OF CONDUCT

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make SEASPAR's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and events as deemed necessary by the staff.

CODE OF CONDUCT: IN-PERSON PROGRAMS

- Show respect to all participants, staff and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and those at public facilities to enjoy the activity without disruption.
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

CODE OF CONDUCT: VIRTUAL PROGRAMS

- Refrain from sharing program information (Zoom meeting code and password) with others. Virtual registrations are not exchangeable.
- Avoid joining programs in which you are not enrolled
- Select a quiet space for your program. Reduce background noise as much as possible.
- Ensure that you have an appropriate background for the group to see.
- Change your name in Zoom to the participant's first name and last initial.
- Follow staff's instructions for taking turns and muting.
- Treat others with respect when speaking and using the chat function. The chat function may be disabled by staff if it is not used appropriately. Participants may be muted or removed from the program if their behavior is disruptive.

DISCIPLINE

SEASPAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SEASPAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of him/herself or others.

LATE REGISTRATION

The registration deadline is Friday, May 6 at 4:30 pm. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waitlist. Participants may not be added to a program with less than 48 hours notice.

LATE PICKUP

If a participant has not been picked up at the scheduled program end time, the parent/guardian/group home staff will be contacted. After a fifteen-minute wait period, emergency contacts will be called. After one warning, a \$10 fee will be applied for every 15 minutes that a participant is picked up late or the SEASPAR vehicle is delayed. A notice will be sent to you indicating the fee being charged to your account.

LOSS OR THEFT

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

MEDICATION DISPENSATION

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in SEASPAR provided envelopes, complete the label, and give it to the program leader. For the convenience of those who are involved in many programs, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

NON-RESIDENT FEE POLICY

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

PARTICIPANT EXPECTATIONS

! Please refer to page 43 for specific COVID-19 prevention expectations for participants.

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and socialization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call us at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

PARTICIPATION

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

PHOTOGRAPH/VIDEO POLICY

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. If there is a specific reason you or your child/ward cannot be photographed, please contact us.

PROGRAM CANCELLATIONS

- A program may be cancelled if the program minimum enrollment is not met.
- Programs may be cancelled due to inclement weather or other emergencies. See the Weather/Emergency Cancellations section below for more information.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

SEASPAR/WDSRA AGREEMENT

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips and the EAGLES adult day program are not included. Registrations must be submitted by the agency's deadline, and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For more information, contact SEASPAR at 630.960.7600. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WDSRA.com.

VIRTUAL PROGRAMMING ACCESS AND PASSWORDS

You will receive an email before programs begin with links and passwords for your programs. These are exclusive to you and cannot be shared. Please retain this email as it will only be sent once. If you do misplace your link or password, please call us at 630.960.7600 or email adminstaff@seaspar.org. Participants who cannot be identified and/or whose enrollment status cannot be confirmed may be removed from a virtual program.

WEATHER/EMERGENCY CANCELLATIONS



Weekly programs and special events may be cancelled due to inclement weather or other unforeseen circumstances. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 3:30-4:30pm for evening programs. If a program is cancelled or an outdoor program is moved indoors, staff attempt to reach all participants to inform them of the change. After hours, program changes are available on the Program Hotline at 630.960.7582. Programs cancelled due to inclement weather or other emergency may be rescheduled; otherwise, a refund will be issued in the form of a credit on the participant's account.

Severe Summer Weather Guidelines for Cancelling Programs

- All programs are cancelled when the heat index reaches or exceeds 100°.
- All programs (including indoor) are cancelled when a tornado warning is in effect for the surrounding area. SEASPAR uses discretion for all other weather watches and warnings.

WELLNESS GUIDELINES

! Please refer to the right for specific COVID-19 wellness guidelines.

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is required that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100.4° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackievirus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

COVID-19 MITIGATIONS FOR IN-PERSON PROGRAMS

SEASPAR is aligned with the current CDC, state, and local guidelines for COVID-19 mitigation. As of the printing of this guide, mask wearing is optional at SEASPAR programs. We respect individual choices and current comfort levels.

There are still situations in which masks are required. Here are some important reminders and safety guidelines for participants and staff.

- Due to the close proximity, masks are required while traveling on a SEASPAR vehicle. This is in the interest of everyone's safety.
- Participants and staff should always bring masks if we travel to a facility that requires masks. Wherever we go, we expect all to follow the rules of the facility.
- If an extended amount of time is required to assist a participant with any personal care (e.g., assisting with mobility, eating, or in a bathroom), both participants and staff are required to wear a mask during that time.
- SEASPAR will continue to practice safe hygiene and precautions with frequent hand washing and sanitizing, and disinfecting supplies and equipment.
- To prevent the exposure and possible spread of any contagious illnesses (COVID-19, common cold, or flu), participants should refrain from attending programs if they are exhibiting symptoms such as fever, stuffy nose, cough, sore throat, muscle ache, headache, nausea, vomiting, or diarrhea.
- For everyone's safety, if a participant is exhibiting symptoms of illness during a program, they will be removed from the group and an approved adult will be required to pick them up.
- Participants may return to programs after quarantine or isolation, based on the current CDC, state, and local guidelines.

TAKE THE PARTICIPANT ASSESSMENT AT [SEASPAR.ORG](https://seaspar.org)



REGISTRATION FORM

Participant's Name _____ Age _____ Birth Date _____

! Please print your program selection(s) in the table below. Attach additional sheets if necessary.

PROGRAM NAME	PROGRAM NUMBER	TIME SELECTION (If Applicable)	TRANSPORTATION (IF APPLICABLE)	FEE
Example: <i>Power Soccer</i>	7 - 0 5 0 - 0 1 - 1			\$ 48
	-			\$
	-			\$
	-			\$
	-			\$
	-			\$
	-			\$
	-			\$
	-			\$
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	-			\$
	-			\$
	-			\$
	-			\$
	-			\$
	-			\$
	-			\$
	-			\$
	-			\$
	-			\$
	-			\$
Would you like to include a donation to SEASPAR? If so, please indicate the amount to the right. Thank you!				\$
TOTAL FEES				\$

! Full payment must be received with the registration unless other arrangements have been made.

Payment may be made by check, money order, cash, or credit card.

Payment Type: Check Cash Money Order Credit Card

Credit Card: MasterCard Visa Discover American Express

Cardholder Name _____

Account Number _____ Exp. Date _____ CVC _____

Authorized Signature _____ Today's Date _____

Please complete both sides of this registration form. Submit form and payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

! The registration deadline is Friday, May 6 at 4:30pm.
! The Summer Day Camp registration deadline is Monday, April 18 at 4:30pm.

OFFICE USE ONLY			
Date Rec'd		Cash Amt	
Rec'd By		Check Amt	
AIF Given		AIF Rec'd	

REGISTRATION FORM

Participant's Name _____ Birth Date _____

Address _____ City _____ Zip _____

Has any of your information changed since you completed your 2022 AIF? Yes No
If yes, please call us at 630.960.7600.

Do you have an updated emergency contact? Yes No
If yes, please call us at 630.960.7600.

WAIVER AND RELEASE

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

In virtual program activities, you need to have adequate space to follow the activity instructions and to move safely without exposure to any obstacles, obstructions, steps or anything that could cause possible trips or falls. As a participant, you are solely responsible for assessing whether you can participate safely in the activity in the space you have chosen without accidents.

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WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have been made aware of the inherent dangers and risks of virtual program activities, and I can participate safely in the space I have chosen.

I have read and understand the revised COVID-19 mitigations and will refrain from attending programs if diagnosed with COVID-19 or exhibiting symptoms of COVID-19 or any contagious illness.

I have read and understand that masks are required during certain times at SEASPAR programs.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online acceptance or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent/Guardian Signature _____ Date _____

Participant Signature (if 18 or older) _____ Date _____

! PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian.
! PARTICIPATION WILL BE DENIED if a 2022 Annual Information Form is not on file.

ANNUAL INFORMATION FORM

2022 Annual Information Form



<i>For office use only</i>	
PDF _____	Date _____
RecTrac _____	Date _____
Details/Status _____	Date _____

Participant Name _____ Age _____ Birth Date _____ Gender _____

Is this a new participant? Yes No If so, how did you hear about SEASPAR? _____

Is the participant his/her/their own guardian? Yes No Participant Cell # _____

Address _____ City _____ Zip _____

Home Phone _____ Park District _____

Parent 1 Name _____ Cell # _____ Work # _____ Email _____

Parent 2 Name _____ Cell # _____ Work # _____ Email _____

Guardian Name _____ Cell # _____ Work # _____ Email _____

School _____ District # _____ Teacher _____ Permission to Consult with Teacher Yes No

Teacher Phone _____ Teacher Email _____

Group Home/Residential Facility _____ Permission to Consult with Caseworker Yes No

Manager/Caseworker _____ Manager/Caseworker # _____

Manager/Caseworker Email _____ Weekend and/or Emergency # _____

Emergency Contacts (other than parents/guardian)

Name _____ Relationship _____ City _____ Transportation? Yes No

Home # _____ Cell # _____ Work # _____

Name _____ Relationship _____ City _____ Transportation? Yes No

Home # _____ Cell # _____ Work # _____

Medical Information

Medical Conditions

Disability/Diagnosis _____

Allergies Yes No (include food allergies and reactions) _____

Dietary restrictions Yes No (not allergies) _____

Blood disorder Yes No _____

Diabetes Yes No (If YES, a Diabetes Plan is required)

Down Syndrome Yes No AAI testing result? Positive Negative Not tested

G-Tube Yes No (If YES, please attach instructions)

Hearing Impaired Yes No _____

Heart Condition Yes No _____

Seizures Yes No (If YES, a Seizure Response Plan is required)

Visually Impaired Yes No

Other (asthma, chronic illness, etc.) _____

ANNUAL INFORMATION FORM

Transportation Information

Transportation permission in SEASPAR vehicle? Yes No

If 18 or older, is the participant able to go home on his/her/their own? Yes No

If 18 or older, is the participant able to wait independently? Yes No

Is the participant able to drive independently? Yes No

Does this permission apply to all programs? Yes No If no, please specify _____

Please list carpool friends _____

Personal/Physical Requirements

Assistive Devices

Wheelchair Yes No Type Manual Electric Transport only in wheelchair? Yes No

Does participant need assistance with transfers? Yes No (If YES, a Transfer Plan is required)

Please indicate if used: Stroller Walker Cane/Crutches Prosthetic Device AFOs Other _____

Service Animal (please describe) _____

What level of assistance does participant need?	Full	Moderate	Independent	Details
Eating/Drinking (cuts food, uses straw, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Toileting (diapers, catheter, wiping, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
If the participant is <u>not independent for toileting</u> , a Toileting Plan is required.				
Hand Washing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Dressing/Undressing (tying shoes, pulling up swimsuit, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Money Handling (monitor for correct change, no concept, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Reading (comprehension level, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Responsibility (keeping track of belongings, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Safety (crossing street, water safety, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Please select swimming ability Cannot swim Needs personal flotation device

Can swim one length of pool without flotation device Competitive/multi-lap independent swimmer

Please indicate bowling need Ramp Bumpers

Additional Information/Signature

Please list any information concerning the participant that would aid staff in ensuring a safe and enjoyable program for him/her/they. The more you tell SEASPAR, the better we can meet each participant's needs.

Indicate friends attending SEASPAR _____

Parent/Guardian Signature _____ Date _____

Participant Signature (over 18) _____ Date _____



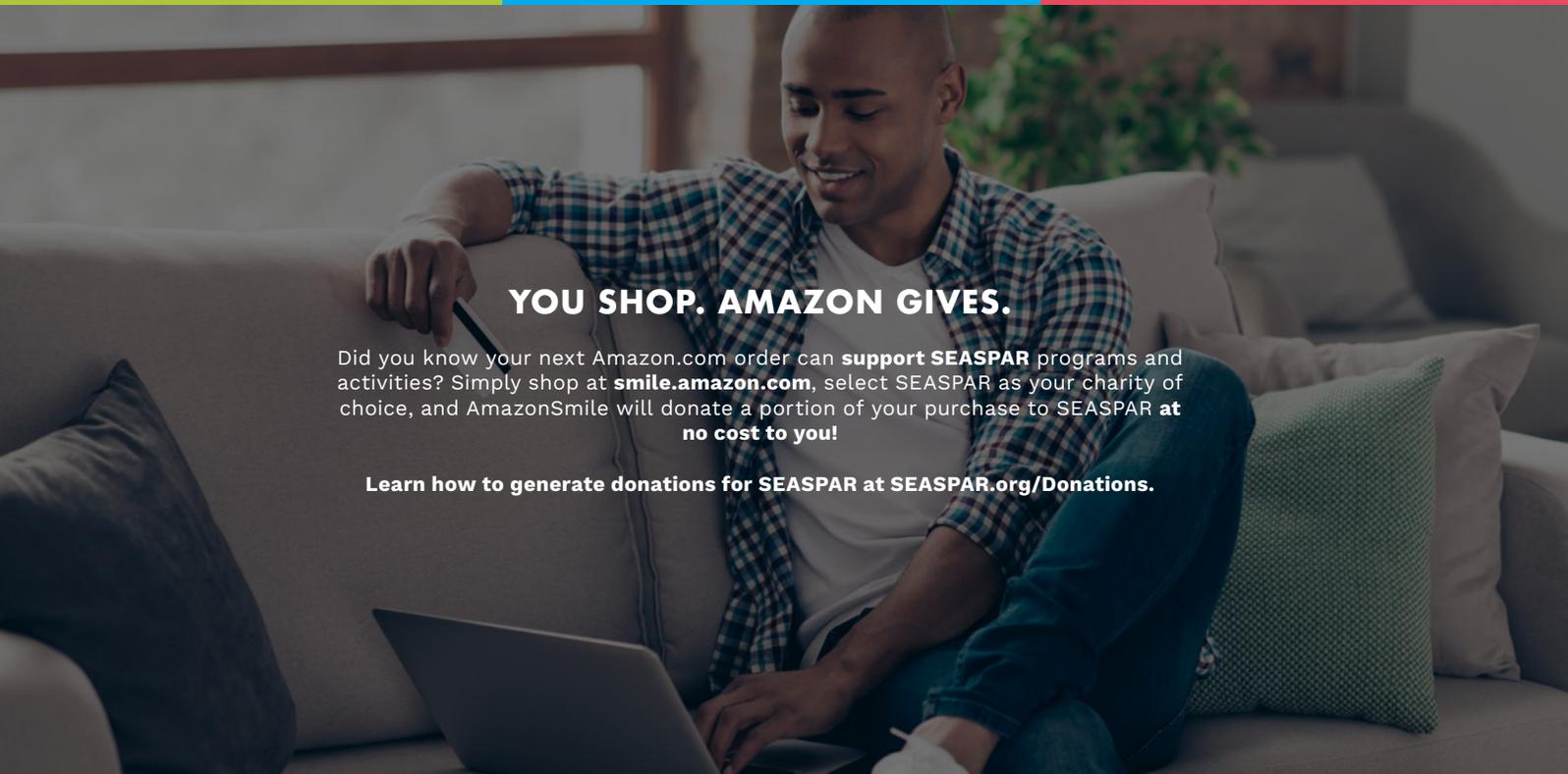
SEASPAR



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