

REGISTRATION
JULY 18 - AUGUST 12


SEASPAR
SPECIAL RECREATION ASSOCIATION



20
22

WE ARE SEASPAR



MISSION

Enrich people's lives
through recreation

VISION

Discover Abilities
Achieve Potential
Realize Dreams

CORE VALUES

Fun • Friendships
Caring • Trust
Accountability

01

Let me start by thanking everyone for helping SEASPAR reach this point in time. While we're still adjusting to climates of all types, I feel as though I can say we are back to as normal a state of operation as humanly possible. The return of our favorite events, such as the Summer Kickoff and overnight trips, was met by an overwhelming response which makes us very happy. I attribute these small victories to our families, who supported us through thick and thin and understood the importance of exposing participants to our services. Moving forward, we'll keep navigating the times, ready to adjust as needed, but our heart now lies in providing participants with safe, well-rounded services to enrich even more lives.

I'm excited to present you with the fall season of programming, which runs from September 19 through December 11. Within this guide, you will find a variety of programs to keep you active, engaged, and having fun. Please spend time looking through the brochure and check out all of the programs we are offering; perhaps one of many new programs will pique your interest this fall.

Within the past few months, we embarked on a mission to create a strategic plan. Composing the best possible strategic plan involved several steps, including surveys, feedback, and think sessions held over a span of six months. Strategic planning also focused on our core values, vision, and mission elements. In addition, a set of goals was created, which will serve as a guide to achieving our mission.



This new strategic plan will help SEASPAR focus its efforts and navigate ever-changing landscapes for the next three years. The new plan will also help staff build programs and services that encourage new friendships and promote fun delivered within caring environments by trustworthy individuals who understand the importance of accountability. I invite you to read through the new strategic plan available on our website.

Before I leave you to browse this guide full of great opportunities for participants and families alike, I thank you once again for your continued support. I wish you and your family a wonderful fall season full of memory-making moments.

Matthew Corso

REGISTRATION: JULY 18 – AUGUST 12

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ASSOCIATION MEMBERS & REPRESENTATIVES

The South East Association for Special Parks And Recreation (SEASPAR) provides dynamic recreation programs and quality services for individuals with disabilities served by the Village of Brookfield, Clarendon Hills Park District, Darien Park District, Downers Grove Park District, Village of Indian Head Park, Park District of La Grange, Community Park District of La Grange Park, Lemont Park District, Lisle Park District, Village of Western Springs, Westmont Park District, and Woodridge Park District.

SEASPAR is composed of 12 associated members, which are represented by the following individuals:

Downers Grove Park District 2245 Warrenville Road, Downers Grove	Bill McAdam President
Woodridge Park District 2600 Center Drive, Woodridge	Mike Adams Vice President
Lisle Park District 1925 Ohio Steet, Lisle	Dan Garvy Secretary
Darien Park District 7301 Fairview Avenue, Darien	Stephanie Gurgone Treasurer
Village of Brookfield 8820 Brookfield Avenue, Brookfield	Stevie Ferrari
Clarendon Hills Park District 315 Chicago Avenue, Clarendon Hills	Valerie Louthan
Village of Indian Head Park 201 Acacia Drive, Indian Head Park	Rita Farrell Mayer
Park District of La Grange 536 East Avenue, La Grange	Jenny Bechtold
Community Park District of La Grange Park 1501 Barnsdale Road, La Grange Park	Jessica Cannaday
Lemont Park District 16028 127th Steet, Lemont	Louise Egofske
Village of Western Springs 1500 Walker Street, Western Springs	Aleks Briedis
Westmont Park District 55 East Richmond Street, Westmont	Bob Fleck

BOARD MEETINGS

SEASPAR's Board meets the third Tuesday of every month at SEASPAR at 3:00pm. The public is welcome. For information call 630.960.7600.

Board meeting minutes and agendas are available online at SEASPAR.org/Board.



ON THE COVER

The autumn colors serve as a reminder to us all of the approaching chill, enticing us to make the most of the perfect weather and beautiful park systems offered by our member entities.

REGISTRATION INFORMATION

REGISTRATION INFORMATION

ONLINE	SEASPAR.org
FAX	630.960.7601
MAIL/IN PERSON	SEASPAR 4500 Belmont Road Downers Grove, IL 60515

Registration opens on Monday, July 18, and closes on Friday, August 12 at 4:30pm. Registration for all programming is lottery-based and enrollment is not guaranteed; confirmations will be mailed by August 26.

Zoom links for virtual programs will be emailed the week of September 12.

REGISTRATION PROCEDURES

ONLINE REGISTRATION

To register online, visit SEASPAR.org. First-time online registrants must call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org for a user name, password, and instructions. The online registration requirements are:

- Must be a SEASPAR resident.
- Must have no outstanding balance.
- Must have 2022 Annual Information Form on file.
- Full credit card payment is required at the time of registration.

! Now accepting Visa, MasterCard, Discover, and American Express!



IN-PERSON/FAX/EMAIL REGISTRATION

- Complete both sides of the registration form and sign it.
- Mail or drop off your registration form and payment at the SEASPAR office, 4500 Belmont Road in Downers Grove (for after-hours convenience, there is a mail slot at the SEASPAR office entrance) **OR**
- Fax registration form with credit card information completed to 630.960.7601 **OR**

- Email registration form with credit card information completed to adminstaff@seaspar.org.
- All participants must have a 2022 Annual Information Form on file.
- Full payment for programs must be received with the registration unless other arrangements have been made.
- Payment may be made by check, money order, cash, or credit card. **Now accepting Visa, MasterCard, Discover, and American Express!**

Registrations received after the registration deadline are accepted if space is available. Participants may not be added to a program with less than 48 hours notice.

CREDIT/REFUND PROCEDURES

- Credits from previously cancelled/waitlisted programs are held on the participant's account unless SEASPAR is otherwise directed.
- Credits are automatically applied to future registrations. To check the balance of your credit, call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org.
- A full account credit is issued if a program is cancelled by SEASPAR.
- In order for a participant to drop from a program, SEASPAR must be notified three business days prior to the start of the program to qualify for a credit. At that time, the participant will be credited the cost of the program less a \$5 processing fee, the cost of a ticket (if applicable, unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated credit is issued if a written medical excuse accompanies the credit request.
- No credit is given if a program is postponed due to low enrollment. If the program is subsequently cancelled, a full credit is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated credit is issued, less a \$5 processing fee and ticket price, if applicable.

To request the refund of a credit, call 630.960.7600 or email adminstaff@seaspar.org. All refunds are issued monthly.

FEE ASSISTANCE PROGRAM

SEASPAR is in a position to offer scholarships for a percentage of fees to our families with financial restrictions because we believe all residents, regardless of financial limitations, should have access to SEASPAR programs. Participants in need of financial assistance may obtain a Fee Assistance Program Application by visiting our website at SEASPAR.org or calling 630.960.7600.

REGISTRATION MADE EASY

SEASPAR participants with an active account can register for their favorite programs and special events completely online.

To register online, visit **SEASPAR.org** or **scan** the code with your phone.



PROGRAM ANATOMY

1. PROGRAM NAME

This section describes the name of the program. Program names are color-coded by section (e.g., Children & Young Teens, Teen & Adult, etc.)

2. PROGRAM BENEFITS

This section identifies benefits of the program. See below for more details.

3. PROGRAM DESCRIPTION

This section includes a brief description of the program.

4. NOTE

This section highlights important information the participant should be aware of before registering.

5. SESSION INFORMATION

This section includes information you need to know when selecting your program(s) such as age requirements, location, fee, date, time, no program dates, and registration code.

1 THANKSGIVING BREAK CAMP



Looking for something to do before Thanksgiving? Spend time with friends as we explore a variety of fun games, sports, crafts, movies, and playing at the indoor playground.

NOTE: Please bring a sack lunch to program. Snacks will be provided.

Age 5-15
Location Park District of La Grange
Fee \$78

Code	Day(s)	Time	Date(s)
8-200-07-1	W	9:30am-3:30pm	11/23

IDENTIFYING PROGRAM BENEFITS

SEASPAR is known for delivering dynamic recreation programming, but did you know that the same programs also provide many beneficial attributes important for the growth and development of individuals with disabilities? Because we believe identifying these benefits is important to your program selection process, we added a system of icons to help you select the perfect programs available within this guide. Look for these program icons for:



Active / Competitive:

Programs marked with this icon are considered to be active in nature or possess competitive elements. Participants who desire active or challenging programs are encouraged to seek programs marked with this icon. Programs such as these can range from team sports to health-conscious programs.



Sensory Exploration:

Programs marked with this icon are specially designed to appease the senses and are highly recommended for individuals with autism, sensory processing disorders, and ADHD. Many sensory-friendly programs make use of SEASPAR's two multi-sensory rooms.



Motor Skills Development:

Programs marked with this icon promote motor skill development. These programs are recommended for individuals who can benefit from continued development (and strengthening) of motor skills with participation in age-appropriate activities.



Performing Arts:

Programs marked with this icon are associated with the teaching of performance arts. A program such as this is ideal for individuals with a desire to entertain, practice performance-based skills, or learn more about the virtues of the stage.



Independence:

Programs marked with this icon are considered to promote independence through engaging activities delivered in structured environments. These programs are recommended for individuals who live independently or want to increase responsibilities around the house and beyond.



Special Olympics:

Programs marked with this icon are associated with Special Olympics, which involves training and participation in competitive sports offered at various levels. Participants are expected to attend games, which may include local and non-local games, events, and tournaments.



Social Skills Development:

Programs marked with this icon are considered to promote social skills development through participation in various activities hosted in safe environments. These programs are recommended for individuals who desire to expand their social skills or yearn for fun social opportunities.

EXAMPLE PROGRAM



This program's icons indicate that it promotes **Motor Skills Development** and **Social Skills Development**.

STAFF

WILLIAM CAZARES

Marketing Coordinator

MATT CORSO, CTRS, CPRP

Executive Director

MOLLY DOWNING, CTRS

Recreation Coordinator

MATT GORECKI, CPRP

Recreation Coordinator

CHRISTINA HEALY

Recreation Coordinator

KIMBERLY A. HUGGINS, CPRP

Senior Recreation Coordinator

DAWN KRAWIEC, CPRP

Superintendent of Recreation

CHRIS LAMBIASI

Human Resources Specialist

KAREN LESNIAK

Superintendent of Administrative Services

MORGAN MASON, CPRP

Administrative Services Manager

LAUREN MCVEY

Recreation Specialist

CATHERINE A. MORAVA, CPRP

Adult Day Program Manager

DANIELLE TALLON

Program Manager

SHANNON TOVEY, SHRM-CP, CTRS

Human Resources Manager

RUTH CARBON

Registration Specialist

MEET CHRISTINA!

Meet Christina Healy, SEASPAR's new Recreation Coordinator in charge of teen and adult programs. As SEASPAR's former Recreation Specialist, she's no stranger to the expectations her new role demands. Christina is a lively person who enjoys making lasting impressions with everyone she meets. If you see Christina out and about, please say hello and ask her about her dog, Dexter.



JOIN THE SEASPAR TEAM!

Make a difference with SEASPAR!

SEASPAR offers flexible hours with a variety of fun programs and events to choose from. No experience is necessary for most positions. Applicants must be 16 years or older.

Call us at 630.960.7600 or visit SEASPAR.org to apply online.

SEASPAR.ORG | 630.960.7600

CONTACT US

Never hesitate to contact SEASPAR with your questions. Our staff is eager to assist you! Ask for Registration Specialist Ruth Carbon for assistance during registration.

BY PHONE

TRS

630.960.7600

711

BY EMAIL

adminstaff@seaspar.org

PROGRAM HOTLINE

After hours program status hotline.

630.960.7582

SOCIAL MEDIA

Facebook.com/SEASPAR

Twitter.com/SEASPAR

Instagram.com/WeAreSEASPAR

OFFICE HOURS

Monday–Friday, 8:30am–4:30pm

Recorded message after hours.

The SEASPAR office will be closed on:

September 5

November 24

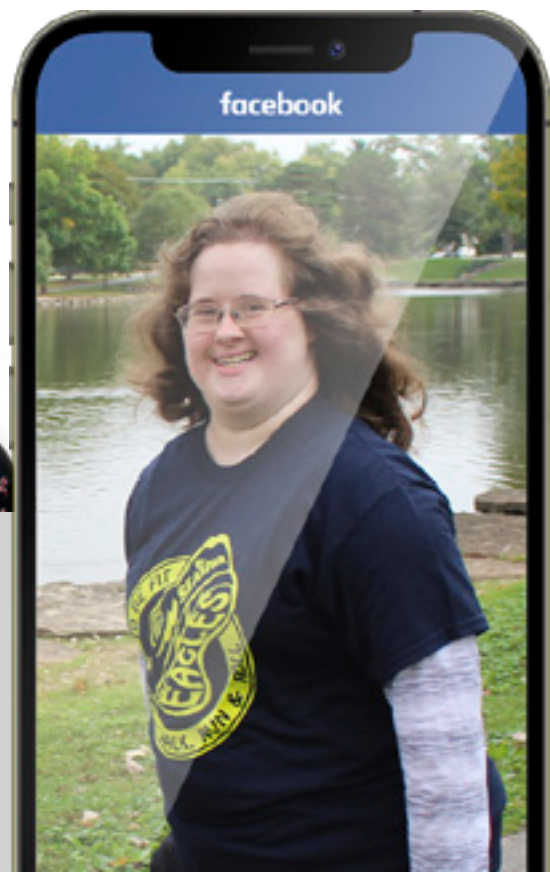
November 25

OFFICE LOCATION

4500 Belmont Road, Downers Grove, IL 60515

FOLLOW US

Don't miss another moment! Follow SEASPAR on your favorite social media app for more news, photos, videos, and the latest stories about your favorite activities.



PROGRAM LOCATIONS

ALPINE BANQUETS

8230 S. Cass Ave., Darien

AMC QUARRY CINEMAS

9201 W 63rd St., Hodgkins

BENET ACADEMY

2200 Maple Ave., Lisle

CINEMARK AT SEVEN BRIDGES

6500 IL-53, Woodridge

CLARENDON HILLS COMMUNITY CENTER

315 Chicago Ave., Clarendon Hills

COMMUNITY PARK DISTRICT OF LA GRANGE PARK

1501 Barnsdale Rd., La Grange Park

DARIEN COMMUNITY CENTER

7301 Fairview Ave., Darien

DARIEN SPORTSPLEX

451 Plainfield Rd., Darien

DOWNERS GROVE RECREATION CENTER

4500 Belmont Rd., Downers Grove

FMC NATATORIUM

275 Plaza Dr., Westmont

GRAND AVENUE COMMUNITY CENTER

1500 Walker St., Western Springs

HANSON CENTER

15W431 E 59th St., Burr Ridge

HYATT LODGE OAK BROOK CHICAGO

2815 Jorie Blvd., Oak Brook

LINCOLN CENTER

935 Maple Ave., Downers Grove

LISLE COMMUNITY CENTER

1825 Short St., Lisle

LISLE LANES

4920 Lincoln Ave., Lisle

LISLE RECREATION CENTER

1925 Ohio St., Door 8, Lisle

PAPA PASSERO'S

6326 S. Cass Ave., Westmont

PARK DISTRICT OF LA GRANGE

536 East Ave., La Grange

RAY'S BAY MULTI-SENSORY ROOM

4211 Grand Ave., Western Springs

SEASPAR

4500 Belmont Rd., Downers Grove

SEVEN BRIDGES ICE ARENA

6690 IL-53, Woodridge

SUBURBANITE BOWL

201 Ogden Ave., Westmont

THE CORE FITNESS & AQUATIC COMPLEX

16028 127th St., Lemont

TRUE BALANCE KARATE

406 Ogden Ave., Downers Grove

WESTMONT COMMUNITY CENTER

75 East Richmond Ave., Westmont

WONDERS MULTI-SENSORY ROOM

1925 Ohio St., Door 8, Lisle

WOODRIDGE ARC (ATHLETIC RECREATION CENTER)

8201 S. Janes Ave., Woodridge

TRANSPORTATION

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions.

! When completing your registration form for programs that include transportation, please indicate the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles:

- SEASPAR reserves the right to refuse to transport individuals.
- All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle.
- All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.
- Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
- SEASPAR staff are responsible for determining whether a participant can be transported safely.

Transportation locations may include:

DARIEN

Darien Sportsplex | Parking Lot
451 Plainfield Road, Darien

DENNING

Denning Park | Parking Lot
4901 Gilbert Avenue, La Grange

LEMONT

Lemont Centennial Community Center | Parking Lot
16028 127th Street, Lemont

LISLE

Lisle Recreation Center | Door #8
1925 Ohio Steet, Lisle





SEASPAR

Downers Grove Recreation Center | Parking Lot
4500 Belmont Road, Downers Grove

PROGRAM DIRECTORY WEEKLY PROGRAMS

WEEKLY PROGRAM NAME					AGES	DAYS	PAGE
Sensory Seekers	•				All Ages	Mondays	13
Karate	•				All Ages	Mondays	14
Sensory Explorers	•				All Ages	Wednesdays	14
Horseback Riding	•				All Ages	Thursdays, Saturdays	15
Ice Skating	•				All Ages	Saturdays	15
Sensory Sunday	•				All Ages	Sundays	15
Soccer Skills I	•				3-7	Thursdays	35
Music and Me!	•				3-8	Tuesdays	16
Rhythm Works Dance Therapy	•				3-9	Wednesdays	17
Swim Lessons	•				5+	Mon.-Thurs., Sat.	13,14
Music Lessons with Nancy	•	•			5+	Tues., Thurs., or by Appt.	14,37
Saturday Superstars	•				7-15	Saturdays	17
Soccer Skills II	•				8-16	Thursdays	35
Unified Rocket League	•				8+	Wednesdays	39
Spartans Bowling	•	•			8+	Thursdays	35
Sports Talk	•				8+	Fridays	39
Power Soccer	•				8+	Saturdays	36
Spartans Swimming	•	•			8+	Sundays	36
Musical Theatre	•				9-15	Tuesdays	17
Young Adult Club	•		•		16-25	Saturdays	25
Fabulous Fridays	•				16-29	Fridays	24
Afternoon Adventures	•		•		16+	Mondays	20
Walking Club West	•				16+	Mondays	20
Spartans Powerlifting (Pre-Season)	•	•			16+	Mondays	34
Karaoke	•				16+	Mondays	37
Cooking with SEASPAR (Virtual)	•				16+	Mondays	38
Day Away Tour	•		•		16+	Tuesdays	21
Feast with Friends	•				16+	Tuesdays	38
Game Night	•				16+	Tuesdays	38
Cooking with SEASPAR (In-Person)	•				16+	Tuesdays	21
Bowling at Lisle Lanes	•				16+	Tuesdays	21
Spartans Basketball	•	•			16+	Tuesdays	34
Pet Therapy	•				16+	Tuesdays	21
Movie Club	•				16+	Wednesdays	38
Bowling at Suburbanite	•				16+	Wednesdays	22
Actors Guild	•				16+	Wednesdays	22
Yoga with Jen	•				16+	Wednesdays	38
Fit N' Fuel	•				16+	Thursdays	22
Glee Club	•				16+	Thursdays	23
Walking Club East	•				16+	Thursdays	23
Work-In with SEASPAR	•				16+	Thursdays	39
Bingo	•				16+	Thursdays	39
At the Movies	•				16+	Thursdays	23

DIRECTORY

WEEKLY PROGRAM NAME					AGES	DAYS	PAGE
Virtual Social Club	•				16+	Fridays	39
Brunch with Besties		•		•	16+	Sundays	25
Bears Bonanza		•			16+	Sundays	25
Saturday Night Socialites		•		•	26+	Saturdays	25
Friday Happenings		•			30+	Fridays	24

SPECIAL EVENT NAME					AGES	DAYS/DATES	PAGE
Day Off School		•			5-15	Monday, October 10	18
Thanksgiving Break Camp		•			5-15	Wednesday, November 23	19
Winter Break Camp		•			5-15	Mon.-Thurs., December 19-22	19
Winter Break Camp		•			5-15	Mon.-Wed., December 26-28	19
Apple Picking		•			7-15	Saturday, September 24	18
Pick a Pumpkin		•			7-15	Saturday, October 8	18
Enchanted Castle		•			7-15	Saturday, October 22	18
Halloween Bingo Bowling		•			7-15	Saturday, October 29	18
Friendsgiving Favorites		•			7-15	Saturday, November 19	19
We Rock the Spectrum		•			7-15	Saturday, December 10	19
Mini Golf at Puttshack		•		•	16+	Saturday, September 24	26
Bengtson's Pumpkin Festival		•		•	16+	Sunday, September 25	26
Fall Escape to Galena		•		•	16+	Fri.-Sun., Sept. 30-Oct. 2	27
Six Flags Great America		•		•	16+	Saturday, October 8	27
Konow's Corn Maze		•		•	16+	Sunday, October 9	27
DREAMGIRLS		•		•	16+	Saturday, October 15	27
Aktion Club Dance		•			16+	Saturday, October 15	27
Virtual Monster Bash Dance	•				16+	Friday, October 21	40
ABBA Tribute Band Virtual Concert	•				16+	Saturday, October 22	40
Dave and Buster's		•		•	16+	Sunday, October 23	28
Monster Bash Dance Party		•			16+	Friday, October 28	28
Virtual Halloween Bingo	•				16+	Saturday, October 29	40
Maggiano's Little Italy		•		•	16+	Sunday, October 30	28
Dinner and a Movie		•		•	16+	Saturday, November 5	28
Turkey Bowl		•			16+	Sunday, November 6	29
The Sound of Music		•		•	16+	Saturday, November 12	29
Dinner and Pet Therapy		•		•	16+	Sunday, November 13	29
50's Dance Party		•			16+	Friday, November 18	30
Big Run Wolf Ranch		•		•	16+	Saturday, November 19	30
Friendsgiving		•		•	16+	Sunday, November 20	31
St. Francis Bowling		•			16+	Friday, December 2	31
Breakfast and Holiday Bingo		•		•	16+	Saturday, December 3	31
Elf The Musical		•		•	16+	Sunday, December 4	32
Holiday Dinner Dance		•			16+	Friday, December 9	32
Illumination Tree Lights		•		•	16+	Saturday, December 10	33
Holiday Magic at Brookfield Zoo		•		•	16+	Sunday, December 11	33
New Year's Bash		•			16+	Wednesday, December 28	33

SEASPAR thanks all of the dedicated and caring support staff and volunteers for their time and hard work during the summer program season. Their efforts make it possible for SEASPAR to offer quality programs!

2022 STAFF AWARDS

At the Believe & Achieve Banquet on May 11, 2022, support staff members were recognized for their longevity at SEASPAR with special gifts. In addition, the following awards were presented to exceptional staff for their outstanding dedication to programs and participants:

LEADING LIGHT

Bella Chlada joined SEASPAR in 2019 as a young high school student at Downers Grove South. Being new to SEASPAR and throwing a pandemic into the mix, she had to put in extra effort to build relationships with staff, participants, and families. Being in the field that we work, it is so important to build connections with those we serve, maintain communication and trust but also continue to stay reliable, especially when working virtual programs. During this time, Bella moved from program assist staff to one of our dedicated program leaders who leads multiple weekly programs including Karaoke, Sing & Jam, and Work-In with SEASPAR, but also found the time to work special events and sub additional weekly programs as needed. Each time SEASPAR is in need of assistance or a staff member to last minute jump into a program, one of the first names mentioned is Bella's. She is known around the SEASPAR office as a bright, talented, and reliable staff member who has the heart and gift of being able to work with such a special population. Bella's kind spirit and energy makes her a joy to work with! We are so thankful for her dedication and we look forward to seeing all she accomplishes!



“

I LOOK FORWARD TO MY DAYS WORKING THE DAY AWAY TOUR. I HAVE LOVED GETTING TO KNOW EACH OF THE PARTICIPANTS PERSONALLY, AND THEY ALWAYS PUT A SMILE ON MY FACE!”

~ Ann Saladino, SEASPAR Support Staff

”



SUPER STAR

Ruby Saraf began her journey with SEASPAR in 2003 and has touched the lives of hundreds of participants since. She started working inclusion as an inclusion aide for SEASPAR where she worked various preschools, before and after school programs, summer camps, days off school, and weekly programs. Some of our member partner staff might recognize her from the many years she worked in their programs. Over the years she transitioned over to working SEASPAR programs where she flourished. She then quickly took on more responsibly and moved into the program leader role.

Throughout her 20 years at SEASPAR, her weekly program experiences include but are not limited to the following: Super Saturdays, Afternoon

Adventures, Social Club, Sensory Sundays, Work-In with SEASPAR, Work-In 2.0, Game Night, Yoga With Jen, Karaoke, Picnic in the Park, Rocket League, Teen Excursion, Alley Cats Lisle, Fall Festers, Diners Delight Lisle, Virtual Bingo, Kids Club, Young Adult Club, Fabulous Fridays West, Sensory Explorers, and Sports Conditioning. The list of weekend special events and dances she has worked is endless!

Her smile and personality radiate to everyone around her. She is enthusiastic, humble, kind, hardworking, and an overall positive role model to others, especially our newer staff. She is a huge advocate for individuals with special needs and has an undeniable passion for her work here at SEASPAR. She has a heart of gold and shares it with everyone. She is willing to sub in where needed and help where she can. It is an honor to recognize Ruby, as she is someone who is most deserving!



MILESTONES

In addition to these recognitions, it is important to also recognize several part-time staff members who have achieved a yearly milestone.

THE FOLLOWING INDIVIDUALS HAVE REACHED THEIR 5-YEAR MILESTONE:

Elena Frizzell
Delaney Mesick
Ann Saladino
Ashley Stojkovic

Sue Willis
Jen Young
Andrew Zelasko

THE FOLLOWING INDIVIDUALS HAVE REACHED THEIR 10-YEAR MILESTONE:

Carolyn Bozek
Pam Conlon

Nancy Urban

THE FOLLOWING INDIVIDUALS HAVE REACHED THEIR 20-YEAR MILESTONE:

Brian Klama
Todd Krystof

Karrie Pece

LET'S MAKE A DIFFERENCE, TOGETHER!

At SEASPAR, staff make a difference in the lives of people with disabilities by helping deliver countless recreation based activities and programs. Their dedication is driven by a true love for what their job represents and for the people they serve. Start making a difference. Apply with SEASPAR and **LOVE WHAT YOU DO.**

Call us at 630.960.7600 or visit SEASPAR.org to apply online!

STAFF APPRECIATION

SEASPAR thanks the following individuals, families, businesses, and community organizations for their generous donations made from February 2022 through May 2022.

AmazonSmile
Judy Anderson
Anonymous
The Bohne Family
Matt Bromme
Clarendon Hills Lion Club
Sami and Georgette Daniel
Donna Denz
The Downers Grove Junior Woman's Club
Fred Fratto
Tracy Frizzell
The Hickey Family
The Hirschboeck Family
Knights of Columbus Father John Guiney Council, No. 8522
The Kokoris Family
Microsoft Rewards/Give with Bing
Network for Good
PayPal Giving Fund
Starbucks
Steve Smith
Eileen Thomas
Deirdre Toler
The Walsh Family
Bob Westberg

IN MEMORY OF JAMES A. SKOZINSKI TO BENEFIT EAGLES PROGRAM

Carleen Banks
Linda Ciesla
Meghan Goldenstein
Roger Hanslow
Kristen McDermott
Monika Novak
Patricia Russow
Amanda Skozinski
Marilyn Szkodzinski
The Todd Family
Susan Wogelius
Janet Wozny
Ronald and Maureen Wozny

IN MEMORY OF ROXANE PAPPA Beverly Buglio

IN HONOR OF ANNA CAVALLO'S 35TH BIRTHDAY

Heather Ann
Lori Beresh
Bob Cavallo
Becky Cavallo
Barbara Cavallo-Hinko
Patricia and Robert Charnas
Lisbeth Grillos
Christine Lynn
Lisa Marie
Kathy Mellott
John Otte
Christine Pehas
Mary Rebedeau
Katie Wachala
Judith Wojciechowski

11

**THAN
K YOU**
IN APPRECIATION OF
OUR DONORS

STAFF APPRECIATION

IN HONOR OF LORENZO FORIERI'S BIRTHDAY

Mary Berardi
Vicki Forieri
Christina Healy
John Lewis
Ellyn Nicodem

IN HONOR OF VALARIE BASTEK AND JON ITO'S WEDDING

Kristina Grudem

IN HONOR OF GIVING DUPAGE DAYS

Lisbeth Grillos

TO BENEFIT THE EAGLES ADULT DAY PROGRAM

Sami and Georgette Daniel

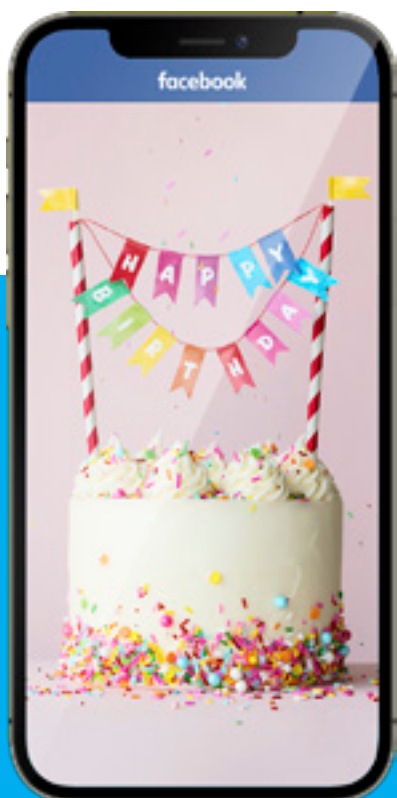
TO BENEFIT THE BROOKFIELD EAGLES SITE

Kevin Brennan and Catherine Lee
Tina and Michael Dillon
Pamela and Clifford Florczak
Elizabeth and Michael Hansen
James and Missy Slattery
Donald and Beth Smetko
Angela and Donny Stovall
Kenneth and Sandra Walker
The Schure Family
The Volpe-Blankenship Family



THANKS!

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HAPPY BIRTHDAY!

Special thanks to everyone who celebrated their birthdays by organizing a Facebook birthday fundraiser in support of SEASPAR. These acts of love help promote SEASPAR's mission and help raise funding for programs and services for people with disabilities!

Did you know that you can raise money for SEASPAR through Facebook too? Just visit the Fundraisers tab on SEASPAR's Facebook page and click "Raise Money" - Facebook will help you do the rest! Organizing a fundraiser is free, and easy, with no need to handle money.

You can also donate directly by clicking the "Donate" button on our Facebook page. Facebook never charges fees, so every dollar comes right to SEASPAR.

Thank you again to everyone who hosted a fundraiser in support of SEASPAR. We hope your birthdays were wonderful as your fundraiser was impactful. Thank you!



PROGRAMS FOR EVERYONE

13 Programs with everyone in mind!

SEASPAR's programs for everyone welcome individuals of all abilities and ages to come together and participate as part of the SEASPAR family.

Programs for Everyone 11-13

SWIM LESSONS THE CORE



Swim lessons save lives! Join SEASPAR and Coach Eve Learn to Swim certified instructors for swim lessons that are as fun as they are essential. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff.

! NOTE: Swim lessons are 30 minutes each. Please include your preferred lesson time at the time of registration. We will do our best to accommodate time requests, but due to high demand, time slots are not guaranteed, and swimmers are allowed to participate in one aquatics program per season. Please be aware that we share the pools with the public.

Age 5+
Location The CORE, Lemont
Fee See Below

Code	Day(s)	Time	\$	Date(s)
8-000-02-1	M	4:00-6:00pm	\$202	9/19-12/5
8-000-02-5	SA	1:00-3:00pm	\$186	9/24-12/10
No program on 11/26				

SENSORY SEEKERS



Ever wonder what your senses are missing? Explore them! Sensory Seekers participants will explore the limits of their senses at Ray's Bay, SEASPAR's newest multi-sensory room. This program is offered in four 30-minute sessions available during the time listed.

! NOTE: Please include your preferred session time at registration. SEASPAR staff will do their best to accommodate your requests, but timeslots are not guaranteed.

Age All ages
Location Ray's Bay Multi-Sensory Room, Western Springs
Fee \$88

Code	Day(s)	Time	Date(s)
8-090-01-1	M	4:00-6:15pm	9/19-12/5
No program on 10/31			

WE ARE SEASPAR

Have questions about programs for everyone? Let one of our expert Recreation Coordinators assist you.

MOLLY DOWNING, CTRS
mdowning@seaspar.org • 630.960.7664

CHRISTINA HEALY
chealy@seaspar.org • 630.960.7660

MATT GORECKI, CPRP
mgorecki@seaspar.org • 630.960.7627

KARATE



Release tension and increase focus! This karate class' non-contact training teaches self-control and balance, and promotes focus training. This is a continuous program, giving participants the ability to advance through the belt system in pursuit of the coveted black belt. All skill levels are welcome.

Age All ages
Location True Balance Karate, Downers Grove
Fee \$100

Code	Day(s)	Time	Date(s)
8-000-03-1	M	5:30-6:00 pm	9/19-12/5
No program on 10/31			

MUSIC LESSONS WITH NANCY



Why talk about it when you can sing about it? Schedule an in-person music lesson with Nancy Urban and start making music today! Music lessons are 30 minutes each and are available Tuesday and Thursday by appointment only.

! NOTE: Please request your preferred lesson time and day at registration. If you are interested in virtual lessons, see page 37.

Age 5+
Location Darien Sportsplex
Fee See Below

Code	Day(s)	Time	\$	Date(s)
8-000-01-1	TU	By Appointment	\$96	9/20-12/6
8-000-01-2	TH	By Appointment	\$88	9/22-12/8
No program on 11/24				

SENSORY EXPLORERS



Ever wonder what your senses are missing? Explore them! Sensory Explorers participants will explore their senses at Wonders, SEASPAR's award winning multi-sensory room. This program is offered in four 30-minute sessions available during the time listed.

! NOTE: Please include your preferred session time at registration. SEASPAR staff will do their best to accommodate your requests, but timeslots are not guaranteed.

Age All ages
Location Wonders Multi-Sensory Room, Lisle
Fee \$96

Code	Day(s)	Time	Date(s)
8-090-02-1	W	3:30-6:00pm	9/21-12/7

SWIM LESSONS HYATT LODGE



Swim lessons save lives! Join SEASPAR and Coach Eve Learn to Swim certified instructors for swim lessons that are as fun as they are essential. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff.

! NOTE: Swim lessons are 30 minutes each. Please include your preferred lesson time at the time of registration. We will do our best to accommodate time requests, but due to high demand, time slots are not guaranteed, and swimmers are allowed to participate in one aquatics program per season. Please be aware that we share the pools with the public.

Age 5+
Location Hyatt Lodge Oak Brook Chicago
Fee See Below

Code	Day(s)	Time	\$	Date(s)
8-000-02-2	TU	4:00-6:00pm	\$202	9/20-12/6
8-000-02-4	TH	4:00-6:00pm	\$186	9/22-12/8
No program on 11/24				

SWIM LESSONS FMC NATATORIUM



Swim lessons save lives! Join SEASPAR and Coach Eve Learn to Swim certified instructors for swim lessons that are as fun as they are essential. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff.

! NOTE: Swim lessons are 30 minutes each. Please include your preferred lesson time at the time of registration. We will do our best to accommodate time requests, but due to high demand, time slots are not guaranteed, and swimmers are allowed to participate in one aquatics program per season. Please be aware that we share the pools with the public.

Age 5+
Location FMC Natatorium, Westmont
Fee \$202

Code	Day(s)	Time	Date(s)
8-000-02-3	W	4:00-6:00pm	9/21-12/7



HORSEBACK RIDING



SEASPAR and the Hanson Center are back together and better than ever to bring SEASPAR families the fun of therapeutic horseback riding! The Hanson Center is a premier Professional Association of Therapeutic Horsemanship International (PATH) certified facility. Its team of PATH certified instructors have been teaching therapeutic horsemanship lessons for more than 30 years.

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NOTE: A waiver will be completed the first day of class. Safety equipment is also provided by the Hanson Center and must be worn to participate in the program. Lessons are 30 minutes each. Please request your preferred lesson time at the time of registration.

Age	All ages			
Location	Hanson Center, Burr Ridge			
Fee	See Below			
Code	Day(s)	Time	\$	Date(s)
8-000-05-1	TH	6:15 pm-7:15pm	\$180	9/22, 10/6, 10/20, 11/3, 11/17, 12/1
8-000-05-2	SA	1:30 pm-2:30pm	\$150	10/1, 10/15, 10/29, 11/12, 12/10



ICE SKATING



Ice skating lessons provide individuals the opportunity to learn to skate or improve skating skills. Instructors and student teachers work cooperatively with SEASPAR staff to provide lessons which focus on skill development, coordination, muscle strengthening, increasing endurance, and fun! Lessons are designed to allow skaters to reach obtainable objectives while working toward one long-term goal. Skaters progress at their own rate according to their abilities.

NOTE: A waiver must be completed before skating. (A free, optional practice time is available from 10:50-11:10am)

Age	All ages		
Location	Seven Bridges Ice Arena, Woodridge		
Fee	\$85		
Code	Day(s)	Time	Date(s)
8-000-04-1	SA	11:10-11:50am	9/24-12/10
	No program on 11/5, 11/26, 12/3		

SENSORY SUNDAY



It's been a long week. Treat your senses to a weekend getaway! Sensory Sunday participants take a voyage of the senses every Sunday at Wonders, SEASPAR's award winning multi-sensory room. This program is offered in eight 30-minute sessions available during the times and dates listed below.

NOTE: Please include your preferred session time at registration. SEASPAR staff will do their best to accommodate your request, but timeslots are not guaranteed.

Age	All ages			
Location	Wonders Multi-Sensory Room, Lisle			
Fee	See Below			

SEPTEMBER

Code	Day(s)	Time	\$	Date(s)
8-090-03-1	SU	11:00am-3:00pm	\$8	9/25

OCTOBER

Code	Day(s)	Time	\$	Date(s)
8-090-04-1	SU	11:00am-3:00pm	\$40	10/2-10/30

NOVEMBER

Code	Day(s)	Time	\$	Date(s)
8-090-05-1	SU	11:00am-3:00pm	\$24	11/6-11/20

DECEMBER

Code	Day(s)	Time	\$	Date(s)
8-090-06-1	SU	11:00am-3:00pm	\$16	12/4-12/11



CHILDREN & YOUNG TEENS

Kids just want to have fun!

At SEASPAR, we embrace the idea that happiness promotes growth. Our programs for children and young teens are a testament to that!

Children & Young Teens Programs	16-17
Children & Young Teens Special Events	18-19



MUSIC AND ME! NEW



In cooperation with Dynamic Lynks, SEASPAR is offering a music program that is tailored to our young participants and fun! Dynamic Lynks is a music therapy center that uses music and movement to facilitate skill development in individuals of all ages through inclusive and affirming client-centered strategies. Check it out!

Age	3-8
Location	Community Park District of La Grange Park
Fee	\$120

Code	Day(s)	Time	Date(s)
8-010-01-1	TU	4:00-4:45pm	9/20-12/6

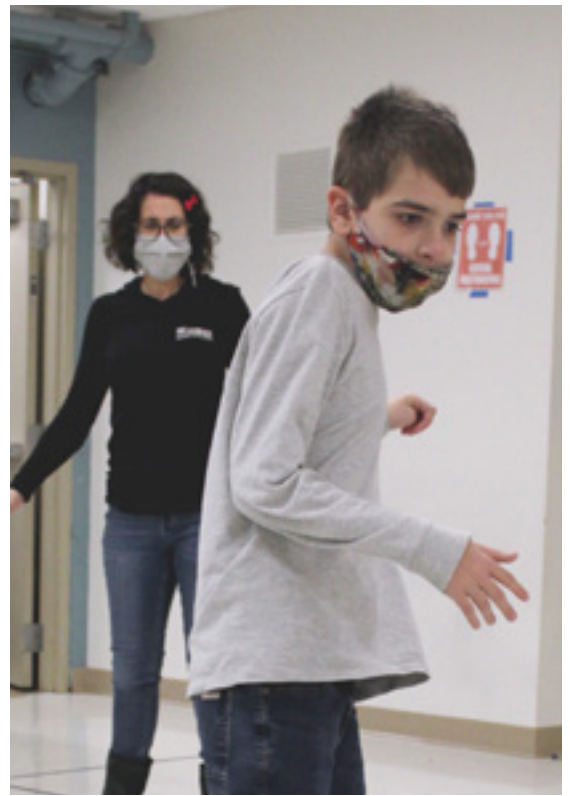


NEED HELP? LET US HELP.

When she's not busy devising new ways to entertain SEASPAR's youngest members, Recreation Coordinator Molly Downing works hard providing our families with quality services and the answers they need.

Have questions about services for children & young teens offered by SEASPAR? Contact Molly!

MOLLY DOWNING, CTRS
mdowning@seaspar.org • 630.960.7664



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MUSICAL THEATRE NEW



Calling all aspiring thespians! Are you looking for a way to prepare for center stage? Look no further than our Musical Theatre class! While focusing on fun, this program will also incorporate aspects of improv, singing, dancing, and more!

Age 9-15
Location Community Park District of La Grange Park
Fee \$140

Code	Day(s)	Time	Date(s)
8-010-02-1	TU	5:00-6:00pm	9/20-12/6



SATURDAY SUPERSTARS



Join us in Lisle as we start our Saturdays off right with friends and fun! Each week we'll spend time in our Wonders Multi-Sensory Room, dance, play, and more while enjoying time with friends. A snack will be provided at program.

Age 7-15
Location Lisle Recreation Center
Fee \$84

Code	Day(s)	Time	Date(s)
8-010-04-1	SA	9:00-11:00am	9/24-12/10
		No program on 11/26	



DAY OFF SCHOOL



Looking for something to do on your day off school? Spend time with your SEASPAR friends as we travel throughout the community! Our day includes games, sports, crafts, and an adventure!

NOTE: Please bring a sack lunch to program. Snacks will be provided.

Age 5-15
Location Lisle Recreation Center
Fee \$78
Trans Denning: 9:00am-4:00pm

Code	Day(s)	Time	Date(s)
8-200-03-1	M	9:30am-3:30pm	10/10

ENCHANTED CASTLE



The magic awaits at Enchanted Castle in Lombard! We'll hang out with friends as we play new games, try to get the high score, and have lots of fun!

♥ Pairs well with **Saturday Superstars** on page 17. ♥

NOTE: Please bring a sack lunch.

Age 7-15
Location Lisle Recreation Center
Fee \$50

Code	Day(s)	Time	Date(s)
8-200-04-1	SA	11:00am-2:30pm	10/22

HALLOWEEN BINGO BOWLING



Bowling in your Halloween costume? Sounds like fun! We'll be heading to Suburbanite Bowl in Westmont to play bingo bowling and have some spooky fun! SEASPAR will provide lunch.

♥ Pairs well with **Saturday Superstars** on page 17. ♥

Age 7-15
Location Lisle Recreation Center
Fee \$50

Code	Day(s)	Time	Date(s)
8-200-05-1	SA	11:00am-2:30pm	10/29

APPLE PICKING



We're heading out west to pick some apples! First we'll be having lunch at Portillo's and then driving to Kuiper's Family Farm in Maple Park for some apple picking. A bag of apples and lunch are included with the program.

♥ Pairs well with **Saturday Superstars** on page 17. ♥

Age 7-15
Location Lisle Recreation Center
Fee \$70

Code	Day(s)	Time	Date(s)
8-200-01-1	SA	11:00am-3:30pm	9/24

PICK A PUMPKIN



It's the Great Pumpkin! We're heading to Bengston's Pumpkin Farm in Homer Glen to pick a pumpkin and enjoy some attractions. Lunch at Culver's and a pumpkin will be provided by SEASPAR.

♥ Pairs well with **Saturday Superstars** on page 17. ♥

Age 7-15
Location Lisle Recreation Center
Fee \$80

Code	Day(s)	Time	Date(s)
8-200-02-1	SA	11:00am-3:30pm	10/8

FRIENDSGIVING FAVORITES



Feast on your favorites with your SEASPAR friends while we play games and more! An email will be sent out closer to the event asking for your participant's favorite food. SEASPAR will then provide it at program.

♥ Pairs well with **Saturday Superstars** on page 17. ♥

Age 7-15
Location Lisle Recreation Center
Fee \$30

Code	Day(s)	Time	Date(s)
8-200-06-1	SA	11:00am-2:00pm	11/19

THANKSGIVING BREAK CAMP



Looking for something to do before Thanksgiving? Spend time with friends as we explore a variety of fun games, sports, crafts, movies, and playing at the indoor playground.

! **NOTE:** Please bring a sack lunch to program. Snacks will be provided.

Age 5-15
Location Park District of La Grange
Fee \$78
Trans. SEASPAR: 9:00am-4:00pm

Code	Day(s)	Time	Date(s)
8-200-07-1	W	9:30am-3:30pm	11/23



WE ROCK THE SPECTRUM



Climb, swing, and explore as we head to We Rock the Spectrum - a sensory gym space in Franklin Park. SEASPAR will provide lunch.

♥ Pairs well with **Saturday Superstars** on page 17. ♥

Age 7-15
Location Lisle Recreation Center
Fee \$55

Code	Day(s)	Time	Date(s)
8-200-08-1	SA	11:00am-3:00pm	12/10

WINTER BREAK CAMP DAY



Spend time with your SEASPAR friends as we celebrate our time off during winter break! Our day includes games, sports, crafts, and community outings.

! **NOTE:** Please bring a sack lunch to program. Snacks will be provided.

Age 5-15
Location Lisle Recreation Center
Fee \$78 per day
Trans. Denning: 9:00am-4:00pm

Code	Day(s)	Time	Date(s)
8-200-09-1	M	9:30am-3:30pm	12/19
8-200-09-2	TU	9:30am-3:30pm	12/20
8-200-09-3	W	9:30am-3:30pm	12/21
8-200-09-4	TH	9:30am-3:30pm	12/22
8-200-09-5	M	9:30am-3:30pm	12/26
8-200-09-6	TU	9:30am-3:30pm	12/27
8-200-09-7	W	9:30am-3:30pm	12/28
8-200-09-8	TH	9:30am-3:30pm	12/29

AFTERNOON ADVENTURES



Enjoy exciting travels throughout our beautiful communities. Trek alongside friends in journeys of exploration and adventures you won't want to forget.

! NOTE: Due to the nature of this program, participants must be able to tolerate being in the community.

Age 16+
Location Lisle Recreation Center
Fee \$288

Code	Day(s)	Time	Date(s)
8-030-01-1	M	3:00-6:00pm	9/19-12/5

WALKING CLUB WEST



Walk your way to better health and be social! What better way to get our steps for the day than by walking with friends? Join us as we walk around scenic Lisle Community Park. We will enjoy nature, chats with friends, and the benefits of a great cardiovascular workout!

Age 16+
Location Lisle Recreation Center
Fee \$56

Code	Day(s)	Time	Date(s)
8-030-02-1	M	4:15-5:00pm	9/19-11/7



NEED HELP? LET US HELP.

Let's have some fun! Recreation Coordinator Christina Healy loves creating fun and exciting programming for SEASPAR's teen and adult participants!

Have questions about weekly programs for teens and adults offered by SEASPAR? Contact Christina!

CHRISTINA HEALY
chealy@seaspar.org • 630.960.7660

TEEN & ADULT

Bringing out the youth - in everyone!

SEASPAR's teen & adult programs foster positive growth by providing people with disabilities opportunities to recreate in environments focused on fun.

Teen & Adult Programs 20-25
Teen & Adult Special Events 26-31



DAY AWAY TOUR



Why live for the weekend, when everyday can be an adventure? Join SEASPAR staff and fellow Day Away Tour adventurers for exciting voyages throughout our beautiful communities.

! NOTE: Due to the nature of this program, participants must be able to tolerate being in the community. Times may vary per date.

Age 16+
Location SEASPAR, Downers Grove
Fee \$264

Code	Day(s)	Time	Date(s)
8-030-03-1	TU	9:00am-3:00pm	9/27, 10/11, 10/25, 11/8, 11/22, 12/6

COOKING WITH SEASPAR IN-PERSON



It's going to be a smorgasbord of flavor, food, and friends - in person! Meal prep doesn't have to be a chore! Become one with the kitchen in this hands-on cooking program that emphasizes fun and flavor with step-by-step learning. In this class, participants are introduced to new recipes each week! Classes will be held in Clarendon Hills Park District's all-new learning kitchen. All supplies are included.

! NOTE: Fans of this in-person program may also enjoy the virtual cooking class held on Mondays. See page 38 for details.

Age 16+
Location Clarendon Hills Community Center
Fee \$130

Code	Day(s)	Time	Date(s)
8-030-04-1	TU	4:15-5:45pm	9/20-12/6



BOWLING AT LISLE LANES



SEASPAR is going bowling! Join us at Lisle Lanes while we bowl, hang out with friends, and throw some strikes.

! NOTE: Please only register for one session.

Age 16+
Location Lisle Lanes
Fee \$156

BOWLING I

Code	Day(s)	Time	Date(s)
8-030-05-1	TU	4:15-5:15pm	9/20-12/6

BOWLING II

Code	Day(s)	Time	Date(s)
8-030-05-2	TU	5:30-6:30pm	9/20-12/6

PET THERAPY



Spend time with man's best friend! You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self esteem!

Age 16+
Location Darien Community Center
Fee \$72

Code	Day(s)	Time	Date(s)
8-030-06-1	TU	6:15-7:15pm	9/20-12/6



BOWLING AT SUBURBANITE



SEASPAR is going bowling! Join us at Suburbanite Bowl while we bowl, hang out with friends, and throw some strikes!

! NOTE: Please only register for one session.

Age 16+
Location Suburbanite Bowl, Westmont
Fee \$156

BOWLING I

Code	Day(s)	Time	Date(s)
8-030-07-1	W	4:15-5:15pm	9/21-12/7

BOWLING II

Code	Day(s)	Time	Date(s)
8-030-07-2	W	5:30-6:30pm	9/21-12/7



ACTORS GUILD



Lights. Camera. Action! This program is taught by Christine Grohne of Actors with Special Needs. Actors Guild is designed to build self-esteem, enhance character, and to motivate every one to do their best. No acting experience is necessary. This program encourages family and friends to practice lines with participants in order to prepare them for their final performance!

Age 16+
Location Lincoln Center, Downers Grove
Fee \$84

Code	Day(s)	Time	Date(s)
8-030-08-1	W	4:30-6:00pm	9/21-12/7

FIT N' FUEL



Regular exercise and physical activity are extremely important and beneficial for long-term health and overall well-being. Fit N' Fuel explores different exercises while participants learn how to make a healthy snack following the fitness portion!

! NOTE: Bring a water bottle. Athletic apparel and gym shoes are required. No jeans allowed.

Age 16+
Location Clarendon Hills Community Center
Fee \$93

Code	Day(s)	Time	Date(s)
8-030-09-1	TH	4:15-5:00pm No program on 11/24	9/22-12/8

GLEE CLUB



Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Show off your talent while spending time with your friends at Glee Club!

Age 16+
Location Darien Sportsplex
Fee \$74

Code	Day(s)	Time	Date(s)
8-030-10-1	TH	5:00-6:00pm No program on 11/24	9/22-12/8

WALKING CLUB EAST



Welcome to Walking Club East! What better way to get our steps for the day than by walking with friends? Join us as we walk on the indoor track while talking to our friends and getting a great cardiovascular workout!

Age 16+
Location Park District of La Grange
Fee \$77

Code	Day(s)	Time	Date(s)
8-030-11-1	TH	4:15-5:00pm No program on 11/24	9/22-12/8



AT THE MOVIES AMC QUARRY



Sometimes a movie is just better on the big screen! Join your SEASPAR friends for a trip to the theater to see the latest movie rated G, PG, or PG-13. At the beginning of each week, an email will be sent telling you the name of the movie and the time.

NOTE: The concession stand only accepts credit cards or theater gift cards which can be pre-loaded.

Age 16+
Location AMC Quarry Cinemas, Hodgkins
Fee \$108

Code	Day(s)	Time	Date(s)
8-030-12-1	TH	TBA	9/22, 10/6, 10/20, 11/3, 11/17, 12/1

AT THE MOVIES CINEMARK SEVEN BRIDGES



Sometimes a movie is just better on the big screen! Join your SEASPAR friends for a trip to the theater to see the latest movie rated G, PG, or PG-13. At the beginning of each week, an email will be sent telling you the name of the movie and the time.

NOTE: The concession stand only accepts credit cards or theater gift cards which can be pre-loaded.

Age 16+
Location Cinemark at Seven Bridges, Woodridge
Fee \$108

Code	Day(s)	Time	Date(s)
8-030-12-2	TH	TBA	9/22, 10/6, 10/20, 11/3, 11/17, 12/1





FABULOUS FRIDAYS EAST



Thank goodness it's Friday! There's no better way to spend a Friday night than with your friends for fun activities hosted in-house and throughout the community.

! NOTE: The Monster Bash Dance, 50's Dance Party, and Holiday Dinner Dance are included in the club schedule. A schedule will be sent to you prior to the start of program.

Age 16-29
Location Grand Avenue Community Center, Western Springs
Fee \$229

Code	Day(s)	Time	Date(s)
8-030-13-1	F	Times Vary No program on 11/25	9/23-12/9

FRIDAY HAPPENINGS EAST



Fridays are for friends! Join your friends on Friday nights for fun activities hosted throughout our lovely community and in-house.

! NOTE: The Monster Bash Dance, 50's Dance Party, and Holiday Dinner Dance are included in the club schedule. A schedule will be sent to you prior to the start of program.

Age 30+
Location Grand Avenue Community Center, Western Springs
Fee \$229

Code	Day(s)	Time	Date(s)
8-030-14-1	F	Times Vary No program on 11/25	9/23-12/9

FABULOUS FRIDAYS WEST



Thank goodness it's Friday! There's no better way to spend a Friday night than with your friends for fun activities hosted in-house and throughout the community.

! NOTE: The Monster Bash Dance, 50's Dance Party, and Holiday Dinner Dance are included in the club schedule. A schedule will be sent to you prior to the start of program.

Age 16-29
Location Lisle Recreation Center
Fee \$229

Code	Day(s)	Time	Date(s)
8-030-13-2	F	Times Vary No program on 11/25	9/23-12/9

FRIDAY HAPPENINGS WEST



Fridays are for friends! Join your friends on Friday nights for fun activities hosted throughout our lovely community and in-house.

! NOTE: The Monster Bash Dance, 50's Dance Party, and Holiday Dinner Dance are included in the club schedule. A schedule will be sent to you prior to the start of program.

Age 30+
Location SEASPAR, Downers Grove
Fee \$229

Code	Day(s)	Time	Date(s)
8-030-14-2	F	Times Vary No program on 11/25	9/23-12/9

YOUNG ADULT CLUB



Calling all teens and young adults - this club is geared specifically toward you! Activities and outings place a strong emphasis on socialization while also having fun. It's the perfect opportunity to make new friends and reconnect with old ones.

! NOTE: Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time.

Age 16-25
Fee \$240
Trans. SEASPAR: 1:30-5:30pm
Denning: 2:00 - 5:00pm

Code	Day(s)	Time	Date(s)
8-030-16-1	SA	See Trans.	9/24, 10/8, 10/22, 11/5, 11/19, 12/3



SATURDAY NIGHT SOCIALITES



This program is designed for adults who are ready to venture out on their own, but may need a jump start. This program offers a variety of outings designed to bring smiles to faces.

! NOTE: Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. Scheduled activities will be shared prior to the event.

Age 26+
Fee \$183
Trans. SEASPAR: 6:00-9:30pm
Denning: 6:30 - 9:00pm

Code	Day(s)	Time	Date(s)
8-030-17-1	SA	See Trans.	10/1, 10/15, 10/29, 11/12, 12/10

BRUNCH WITH BESTIES



Weekend brunches with friends are one of the best parts of fall! Each week, we will be enjoying pancakes, avocado toast, and other fan favorites as we chat with our friends about our fun fall adventures!

Age 16+
Fee \$175
Trans. SEASPAR: 10:00am-2:00pm
Denning: 10:30am-1:30pm

Code	Day(s)	Time	Date(s)
8-030-18-1	SU	See Trans.	10/2, 10/16, 10/30, 11/13, 12/11

BEARS BONANZA



It's a Bears first down! Join fellow football fans as we cheer for the Chicago Bears against the competition. Come dressed in your favorite football Sunday attire and be ready to cheer!

Age 16+
Location Papa Passero's, Westmont
Fee \$30 per day

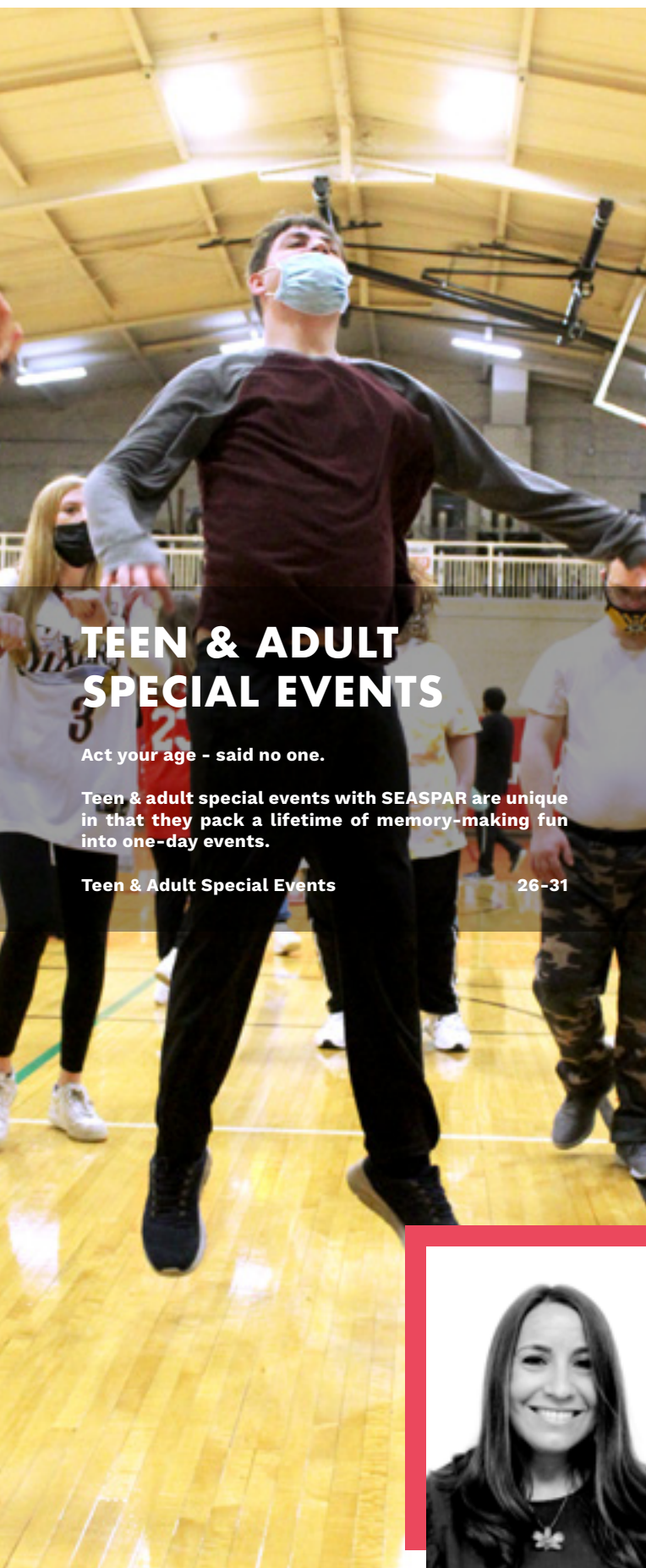
CHICAGO BEARS VS MINNESOTA VIKINGS

Code	Day(s)	Time	Date(s)
8-030-19-1	SU	11:30am-3:00pm	10/9

CHICAGO BEARS VS GREEN BAY PACKERS

Code	Day(s)	Time	Date(s)
8-030-20-1	SU	11:30am-3:00pm	12/4





TEEN & ADULT SPECIAL EVENTS

Act your age - said no one.

Teen & adult special events with SEASPAR are unique in that they pack a lifetime of memory-making fun into one-day events.

Teen & Adult Special Events

26-31



MINI GOLF AT PUTTSHACK



If you like mini golf, Puttshack in Oakbrook will take you to a whole new level by pairing modern tech with crazy cool courses and awesome vibes. If you love to dance, awesome tunes will be playing while golfing and eating. So tee up and eat up at Puttshake! Lunch is provided.

Age	16+
Fee	\$65
Trans.	SEASPAR: 9:45am-2:00pm Denning: 10:15am-1:30pm

Code	Day(s)	Time	Date(s)
8-200-26-1	SA	See Trans.	9/24

BENGSTON'S PUMPKIN FESTIVAL



Experience an afternoon of fun at the Bengston's Pumpkin Fest in Homer Glen. Enjoy a tractor-pulled hayride, explore the haunted barn (if you dare), and giggle in the animated Fun Barn. Come cheer on your favorite pig and yell "sooie" as loud as you can to get the pigs pumped up at the popular pig races.

! NOTE: Bring \$30 for lunch.

Age	16+
Fee	\$75
Trans.	SEASPAR: 11:30am-5:00pm Denning: 12:00-4:30pm

Code	Day(s)	Time	Date(s)
8-200-27-1	SU	See Trans.	9/25

NEED HELP? LET US HELP.

Senior Recreation Coordinator Kim Huggins believes that there is nothing more special than making a special moment a lasting one.

Have questions about special events for teens and adults offered by SEASPAR? Contact Kim!

KIMBERLY A. HUGGINS, CPRP
khuggins@seaspar.org • 630.960.7628



FALL ESCAPE TO GALENA



Enjoy the perfect fall escape from the everyday in Galena, Illinois at Chestnut Mountain. Relax and unwind in their indoor pool, hot tub or sauna - you'll have everything you need during your stay. We will enjoy a trolley tour, riverboat cruise, mini golf, shopping, and so much more.

! NOTE: Participants share accommodations. Rooms are assigned according to age and gender. Contact Kim Huggins before Friday, August 12, if you want your own room. An additional fee will apply for these arrangements. Staff will not be present in all rooms.

Age 16+
Fee \$525
Trans. Depart from SEASPAR: 9:30am
Return to SEASPAR: 3:00pm

Code	Day(s)	Time	Date(s)
8-200-28-1	F-SU	See Trans.	9/30-10/2

SIX FLAGS GREAT AMERICA



There are thrills for everyone at Six Flags Great America in Gurnee! From the top of the SUPERMAN Ultimate Flight to the bottom of the Columbia Carousel, the choice is yours.

! NOTE: Bring \$60 for lunch and dinner and extra money for games, snacks, and souvenirs. Participants are grouped according to interests. Due to the nature of this event, participants must be able to stay with the group, wait in lines, and tolerate a lot of walking.

Age 16+
Fee \$160
Trans. SEASPAR: 9:00am-9:30pm
Denning: 9:30am-9:00pm

Code	Day(s)	Time	Date(s)
8-200-29-1	SA	See Trans.	10/8

KONOW'S CORN MAZE



Enjoy Konow's Corn Maze with SEASPAR for an unforgettable experience. This amazing farm in Homer Glen offers a corn maze, animal yard, fun rides, and so much more!

! NOTE: Bring \$30 for lunch and snacks.

Age 16+
Fee \$65
Trans. SEASPAR: 11:30am-5:00pm
Denning: 12:00-4:30pm

Code	Day(s)	Time	Date(s)
8-200-30-1	SU	See Trans.	10/9

DREAMGIRLS



It's the 1960s when the sound of Motown is on the rise. Meet the Dreamettes, Effie, Deena, and Lorrell, three women trying to break their way onto the music scene. Join the DREAMGIRLS as they navigate the highs and lows of life, love, and fame and remember, all you gotta do is dream.

! NOTE: Please have lunch before attending this event at the Paramount Theatre in Aurora. Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.

Age 16+
Fee \$85
Trans. Denning: 12:45-7:00 pm
SEASPAR: 1:15-6:30pm

Code	Day(s)	Time	Date(s)
8-200-31-1	SA	See Trans.	10/15



WHEELCHAIR ACCESSIBLE

Code	Day(s)	Time	Date(s)
8-200-31-2	SA	See Trans.	10/15

AKTION CLUB DANCE



Villainess plots are stirring up in the kingdom of dance! You're cordially invited to attend the year's most anticipated gathering of malevolent characters, the Aktion Club Dance. Dress as your favorite Disney villain for an evening of devious characters, danceable tunes, and delectable eats.

Age 16+
Location Westmont Community Center
Fee \$25

Code	Day(s)	Time	Date(s)
8-200-32-1	SA	6:30-8:30pm	10/15



DAVE AND BUSTER'S



At Dave & Buster's in Rosemont, you can play hundreds of the hottest new arcade games in their Million Dollar Midway! Try their delicious chef creations including garlic parmesan truffle fries, chips, queso, guacamole, and salsa, baked cheese burgers, and their buildable cantina nachos with chicken. Get ready to eat and play like the winner you are at Dave and Buster's! Lunch is included.

Age 16+
Fee \$95
Trans. SEASPAR: 10:45am-4:15pm
Denning: 11:15am-3:45pm

Code	Day(s)	Time	Date(s)
8-200-33-1	SU	See Trans.	10/23

MONSTER BASH DANCE PARTY



Halloween is celebrated with costumes, trick-or-treating, ghost stories, and jack-o-lanterns. Why not add dancing and fun to the list? Celebrate with friends and show off your costume and dance moves. Light refreshments will be served.

NOTE: This event is included with Friday Happenings and Fabulous Fridays.

Age 16+
Location Benet Academy, Lisle
Fee \$20

Code	Day(s)	Time	Date(s)
8-200-34-1	F	6:30-8:30pm	10/28

MAGGIANO'S LITTLE ITALY



Join us for dinner at Maggiano's Little Italy in Naperville and savor the rich flavors of Italian-American dishes inspired by Nonna's traditional recipes. Enjoy some favorite items off the menu like spaghetti and meatballs (always a classic), their famous Rigatoni "D," and so much more!

Age 16+
Fee \$90
Trans. Denning: 3:45-8:15pm
SEASPAR: 4:15-7:45pm

Code	Day(s)	Time	Date(s)
8-200-35-1	SU	See Trans.	10/30

DINNER AND A MOVIE



Buddy was accidentally transported to the North Pole as a toddler and raised to adulthood among Santa's elves. Unable to shake the feeling he doesn't fit in, the adult Buddy travels to New York City, in full elf uniform, to find out who he really is. Elf is a magical holiday tale, fun for all to watch. Join us for Elf the movie and pizza!

Age 16+
Location Lisle Recreation Center
Fee \$35
Trans. Denning: 4:15-7:45pm

Code	Day(s)	Time	Date(s)
8-200-36-1	SA	5:00-7:00pm	11/5





THE SOUND OF MUSIC



One of the most beloved musicals of all time and a holiday favorite, The Sound of Music, has enchanted audiences for more than 50 years. Experience it for the first time or all over again at Paramount Theatre in Aurora.

NOTE: Please have lunch before attending this event. Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.

Age 16+
Fee \$85
Trans. Denning Park: 12:45-7:00pm
SEASPAR: 1:15-6:30pm

Code	Day(s)	Time	Date(s)
8-200-38-1	SA	See Trans.	11/12



WHEELCHAIR ACCESSIBLE

Code	Day(s)	Time	Date(s)
8-200-38-2	SA	See Trans.	11/12



TURKEY BOWL



29

Let's see those strikes and spares and possibly a few turkeys for this all new Turkey Bowl event. Participants will compete to win a turkey. Everyone gets to take home a memento, and winners take home a turkey. Shoes, ramps, and balls are available at the bowling alley, or you are welcome to bring your own. Lunch is included.

Age 16+
Location Suburbanite Bowl, Westmont
Fee \$50

Code	Day(s)	Time	Date(s)
8-200-37-1	SU	11:00am-1:00pm	11/6

DINNER AND PET THERAPY



Come learn some new tricks and play some fun games while working with Rainbow Therapy dogs. This will be a fun, tail-wagging good time! Dinner will be provided.

Age 16+
Location Lisle Recreation Center
Fee \$35
Trans. Denning: 4:15-7:45pm

Code	Day(s)	Time	Date(s)
8-200-39-1	SU	5:00-7:00pm	11/13

YOU SHOP. AMAZON GIVES.

Did you know your next Amazon.com order can **support SEASPAR** programs and activities? Simply shop at **smile.amazon.com**, select SEASPAR as your charity of choice, and AmazonSmile will donate a portion of your purchase to SEASPAR **at no cost to you!**

Learn how to generate donations for SEASPAR at SEASPAR.org/Donations or scan the code below.





BIG RUN WOLF RANCH



Enjoy an afternoon with SEASPAR at Big Run Wolf Ranch in Lockport. Keep your eyes open for sightings of wolves, a North American black bear, a mountain lion, a Siberian tiger, and so much more. Come see what Big Wolf Ranch is all about as we have a howling good time! Lunch is provided.

Age 16+
Fee \$55
Trans. SEASPAR: 9:00am-2:30pm
Denning: 9:30am-2:00pm

Code	Day(s)	Time	Date(s)
8-200-41-1	SA	See Trans.	11/19

50'S DANCE PARTY



Shake, rattle, and roll your way over to SEASPAR's 50's Dance Party! Put on your blue suede shoes and poodle skirt and get ready for a night to remember. We'll rock around the clock and enjoy some delicious treats.

Age 16+
Location Benet Academy, Lisle
Fee \$20

Code	Day(s)	Time	Date(s)
8-200-40-1	F	6:30-8:30pm	11/18





FRIENDSGIVING



As we gather to give thanks this year, we invite you to share in the holiday cheer. We will enjoy a delicious Thanksgiving dinner with dessert, and enjoy fun Thanksgiving games with our friends!

Age 16+
Location Lisle Recreation Center
Fee \$50
Trans. Denning: 4:15-7:45pm

Code	Day(s)	Time	Date(s)
8-200-42-1	SU	5:00-7:00pm	11/20

ST. FRANCIS BOWLING



Let's see those strikes and spares! Enjoy a leisurely game or two of bowling with your friends and students from St. Francis Xavier School in La Grange. This non-competitive program focuses on socialization and fun. Participants are grouped with sixth graders as the students work to give back to the community. Shoes, ramps, and balls are available at the bowling alley or you can bring your own. Don't miss out on the chance to get in some extra practice or just enjoy a game at your own pace.

Age 16+
Location Suburbanite Bowl, Westmont
Fee \$25

Code	Day(s)	Time	Date(s)
8-200-43-1	F	10:00am-12:00pm	12/2



BREAKFAST AND HOLIDAY BINGO



Get into the holiday spirit by wearing your favorite ugly sweater and playing Holiday Bingo! Prizes will be awarded to the winners, but don't worry - everyone will go home with a goodie. A delicious breakfast will be served.

Age 16+
Location Clarendon Hills Community Center
Fee \$35

Code	Day(s)	Time	Date(s)
8-200-44-1	SA	9:30-11:30am	12/3



ELF THE MUSICAL



"The best way to spread Christmas cheer is singing loud for all to hear!" Elf the Musical brings heart, hilarity, and holiday joy to Drury Lane Theatre in Oakbrook Terrace. After discovering he is really a human raised as an elf, Buddy makes the journey from the North Pole to New York City to find his birth father, sharing the true meaning of Christmas along the way.

! NOTE: Please have lunch before attending this event. Participants must be able to stay quiet and seated in the theatre throughout the whole play to attend this event.

Age 16+
Fee \$90
Trans. SEASPAR: 12:00-6:00pm
Denning: 12:30-5:30pm

Code	Day(s)	Time	Date(s)
8-200-45-1	SU	See Trans.	12/4



WHEELCHAIR ACCESSIBLE

Code	Day(s)	Time	Date(s)
8-200-45-2	SU	See Trans.	12/4

HOLIDAY DINNER DANCE



Celebrate in style and have a holly jolly good time dancing the night away with your SEASPAR friends. We start off with a delicious four-course meal. Don your festive holiday attire to start your holiday season off right.

! NOTE: This event included in Friday Happenings and Fabulous Fridays. Participants must be able to remain seated during dinner.

Age 16+
Location Alpine Banquets, Darien
Fee \$55

Code	Day(s)	Time	Date(s)
8-200-46-1	F	6:00-9:30pm	12/9





HOLIDAY MAGIC AT BROOKFIELD ZOO



The zoo lights are bright every year during Holiday Magic at the Brookfield Zoo at Chicagoland's longest-running lights festival featuring over two million twinkling LED lights! Get ready for bright lights, a magical night, and holiday cheer as we enjoy the Brookfield Zoo.

! NOTE: Please dress appropriately for the weather and bring \$30 for concessions and souvenirs. Due to the nature of this event, participants must be able to stay with the group and tolerate a lot of walking.

Age 16+
Fee \$85
Trans. SEASPAR: 3:00-9:00pm
Denning: 3:30-8:30pm

Code	Day(s)	Time	Date(s)
8-200-48-1	SU	See Trans.	12/11

NEW YEAR'S BASH



The countdown is on, so usher in the new year with style! It seems like yesterday we rang in 2022. Let's send another great year on its way with a grand celebration. Party favors and pizza are provided while you ring in the new year. Don't miss the last dance of 2022!

Age 16+
Location Downers Grove Recreation Center
Fee \$35

Code	Day(s)	Time	Date(s)
8-200-49-1	W	4:00-7:00pm	12/28



ILLUMINATION TREE LIGHTS



See trees in a different light at Illumination: Tree Lights at The Morton Arboretum in Lisle. You'll be surrounded by color as we see interactive lighting effects that highlight the beauty of the trees in winter.

! NOTE: Please dress appropriately for the weather and bring \$30 for concessions and souvenirs. Due to the nature of this event, participants must be able to stay with the group and tolerate a lot of walking.

Age 16+
Fee \$85
Trans. Denning: 4:00-9:30pm
SEASPAR: 4:30-9:00pm

Code	Day(s)	Time	Date(s)
8-200-47-1	SA	See Trans.	12/10



SPARTANS POWERLIFTING PRE-SEASON



Athletes set and reach fitness goals through the disciplined and challenging sport of powerlifting. Participants learn proper technique for both the dead lift and bench press, while improving their overall fitness level through weekly workout routines. This is the pre-season program before getting into the competitive season!

Age 16+
Location Downers Grove Recreation Center
Fee \$60

Code	Day(s)	Time	Date(s)
8-100-01-1	M	5:00-6:30pm	10/24-12/5

SPARTANS BASKETBALL



Pass, dribble, and shoot! Spartans Basketball returns for another season of high-energy action, teamwork, and sportsmanship. This program will ready players for head-to-head games against other teams in and around your community.

Age 16+
Location Park District of La Grange or Woodridge ARC
Fee \$216

Code	Day(s)	Time	Date(s)
8-100-02-1	TU	6:30-8:00pm	11/8-1/31



NEED HELP? LET US HELP.

For Recreation Coordinator Matt Gorecki, the high score is only the beginning! Everyday, Matt works to help SEASPAR athletes achieve new potential on and off the court.

Have questions about athletics programs offered by SEASPAR? Contact Matt!

MATT GORECKI, CPRP
mgorecki@seaspar.org • 630.960.7627

ATHLETICS

Reaching beyond expectations.

SEASPAR's athletics programs invite people of all abilities to achieve new potential in a wide array of engaging sports. Athletics programs include team sports, and Special Olympics training.

Athletics

32-34





SPARTANS BOWLING



Join SEASPAR's bowling team to train for competition. Coaches help you work on your form and techniques to improve your game.

Age 8+
Location Suburbanite Bowl, Westmont
Fee \$121

Code	Day(s)	Time	Date(s)
8-100-05-1	TH	5:00-6:00pm No program on 11/24	9/29-12/1



SOCCKER SKILLS I



Get your kicks with SEASPAR! This skill-building program will teach future soccer stars the essentials needed for success. Lessons are designed to keep players engaged and provide countless opportunities to have fun and achieve.

Age 3-7
Location Woodridge ARC or Darien Sportsplex
Fee \$36

Code	Day(s)	Time	Date(s)
8-100-04-1	TH	5:00pm-5:45pm	9/22-10/27

SOCCKER SKILLS II



Get your kicks with SEASPAR! This skill-building program will teach future soccer stars the essentials needed for success. Lessons are designed to keep players engaged and provide countless opportunities to have fun and achieve.

Age 8-16
Location Woodridge ARC or Darien Sportsplex
Fee \$36

Code	Day(s)	Time	Date(s)
8-100-04-2	TH	6:00pm-6:45pm	9/22-10/27



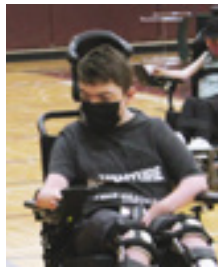
POWER SOCCER



Participants use an oversized soccer ball and maneuver their power chairs to dribble, pass, shoot, and score goals. We utilize our awesome Strike Force Power Soccer-specific power chairs to scrimmage and practice! This program is for any level of power soccer athlete and will take place indoors on a basketball court. Come experience this incredible sport and the amazing athletes who play it!

Age 8+
Location Westmont Community Center
Fee \$66

Code	Day(s)	Time	Date(s)
8-050-01-1	SA	8:30-10:30am	9/24-12/10
	No program on 11/26		



SPARTANS SWIMMING



This swimming program is designed to prepare advanced swimmers for Special Olympics and invitational competitions.

! Athletes must meet the minimum skill requirements to perform during practice. Practices focus on swim endurance and refining stroke mechanics. Due to high demand, swimmers are allowed to participate in one aquatics program per season.

Age 8+
Location The CORE, Lemont
Fee \$95

Code	Day(s)	Time	Date(s)
8-100-07-1	SU	1:00-2:00pm	9/25-12/11
	No program on 11/27		





VIRTUAL PROGRAMS

Let's get digital!

37

It's a virtual age, and SEASPAR is leading the way with top quality programming participants can enjoy from the comfort of home.

Virtual Programs: By Appointment	35
Virtual Programs: Weekly Programs	35-37
Virtual Programs: Special Events	38



VIRTUAL PROGRAMS BY APPOINTMENT

MUSIC WITH NANCY (VIRTUAL)



Schedule a virtual individual music lesson with Nancy Urban! Virtual music Lessons are 30 minutes each and are available Monday-Friday by appointment only. Please request your preferred lesson time at registration.

Age	5+
Fee	\$60

Code	Day(s)	Time	Date(s)
8-700-01-1	M-F	By appointment	9/19-12/9



VIRTUAL PROGRAMS WEEKLY PROGRAMS

KARAOKE



Sing your heart out and enjoy karaoke virtually with your friends! Each week, you will be asked to send in your song requests to add to the playlist.

Age	16+
Fee	FREE

KARAOKE I

Code	Day(s)	Time	Date(s)
8-700-02-1	M	5:00-6:00pm	9/19-12/5

KARAOKE II

Code	Day(s)	Time	Date(s)
8-700-02-2	M	6:15-7:15pm	9/19-12/5

NEED HELP? LET US HELP.

Have questions about virtual programming offered by SEASPAR? Contact us. We're here to help.

CHRISTINA HEALY

chealy@seaspar.org • 630.960.7660

KIM HUGGINS, CPRP

khuggins@seaspar.org • 630.960.7628

MATT GORECKI, CPRP

mgorecki@seaspar.org • 630.960.7627

VIRTUAL PROGRAMS



COOKING WITH SEASPAR VIRTUAL



This SEASPAR favorite is back with a twist! Learn how to make simple, healthy foods from the comfort of your own kitchen. Each week, we will learn about a different aspect of nutrition, and make a healthy snack or meal that goes along with our nutrition lesson for the week.

Age 16+
Fee \$30

Code	Day(s)	Time	Date(s)
8-700-03-1	M	5:00-5:45pm	9/19-12/5

FEAST WITH FRIENDS



What better way to spend lunch than with SEASPAR? We'll have great conversations, catch up with our friends, and share our favorite lunches. Make your lunch ahead of time and join in. We look forward to seeing you!

Age 16+
Fee FREE

Code	Day(s)	Time	Date(s)
8-700-04-1	TU	12:00-12:30pm	9/20-12/6

GAME NIGHT



Let the games begin! Each week, we will be playing a different game with our friends in a virtual format. While we play, we'll also be practicing social skills, taking turns, and following rules. You won't want to miss one week of this program!

Age 16+
Fee FREE

Code	Day(s)	Time	Date(s)
8-700-05-1	TU	6:15-7:00pm	9/20-12/6



MOVIE CLUB



Calling all movie lovers! We will be watching a G, PG, or PG-13 movie each week from the comfort of your own home. Bring your favorite movie snack and sit back, relax, and enjoy the show!

Age 16+
Fee FREE

Code	Day(s)	Time	Date(s)
8-700-06-1	W	1:00-3:15pm	9/21-12/7

YOGA WITH JEN



Each class, we will focus on balance, strength, and flexibility. Join our instructor Jen for a class that will be fun and engaging in a challenging 45-minute virtual format. All you need is a yoga mat or towel, and you!

Age 16+
Fee FREE

Code	Day(s)	Time	Date(s)
8-700-07-1	W	6:00-6:45pm	9/21-12/7



39 UNIFIED ROCKET LEAGUE



Rocket League is an eSport that is taking the nation by storm! This program is open to SEASPAR participant AND family members. Play alongside (or against) familiar faces while building your gaming skills.

! NOTE: A game system or computer is required to participate in this program.

Age 8+
Fee FREE

Code	Day(s)	Time	Date(s)
8-700-08-1	W	6:30-7:30pm	9/21-12/7

WORK-IN WITH SEASPAR



Get a full-body workout using a combination of cardio and strength training. This program is excellent for burning fat, building muscle, and becoming overall more physically fit. Use dumbbells, something you have around the house, or just your own body weight to enjoy this fitness class!

Age 16+
Fee FREE

Code	Day(s)	Time	Date(s)
8-700-09-1	TH	5:00-5:45pm	9/22-12/8
No program on 11/24			

BINGO



Play one of your favorite games virtually! Enjoy a night of bingo with your friends from SEASPAR without leaving your house. We will send you the bingo cards so you can play from home.

Age 16+
Fee FREE

Code	Day(s)	Time	Date(s)
8-700-10-1	TH	6:00-6:45pm	9/22-12/8
No Program on 11/24			

SPORTS TALK



It's a great time to be a sports fan! Sports Talk is a virtual chat room where participants discuss all the latest happenings in sports around the world.

Age 8+
Fee FREE

Code	Day(s)	Time	Date(s)
8-700-11-1	F	1:00-1:30pm	9/23-12/9
No program on 11/25			

VIRTUAL SOCIAL CLUB



Let's get social with our friends - virtually! Social Club activities include the Virtual Monster Bash Dance and other fun activities.

Age 16+
Fee \$24

Code	Day(s)	Time	Date(s)
8-700-12-1	F	6:30-7:15pm	9/23, 10/7, 10/21, 11/4, 11/18, 12/9



VIRTUAL PROGRAMS SPECIAL EVENTS

VIRTUAL MONSTER BASH DANCE



Show off your amazing Halloween costume and dance the night away from the comfort of your home.

! NOTE: This event is included with **Virtual Social Club**.

Age	16+		
Fee	FREE		
Code	Day(s)	Time	Date(s)
8-702-01-1	F	6:30-7:15pm	10/21

ABBA TRIBUTE BAND VIRTUAL CONCERT



Dance along to ABBA's favorite hits while listening to Bjorn Again, an ABBA Tribute Band from The Royal Albert Hall in London! This virtual show is electrifying and the next best thing to seeing the original supergroup. Get ready to be the next dancing queen as we dance and sing the night away with our friends!

Age	16+		
Fee	FREE		
Code	Day(s)	Time	Date(s)
8-702-02-1	SA	6:30-7:30pm	10/22

VIRTUAL HALLOWEEN BINGO



B-I-N-G-O! Get in the Halloween spirit while playing bingo virtually with your friends! Don't forget to wear your awesome Halloween costume. A bingo card will be sent to you prior to this program.

Age	16+		
Fee	FREE		
Code	Day(s)	Time	Date(s)
8-702-03-1	SA	6:30-7:15 pm	10/29



ENGAGE YOUR SENSES

Both of SEASPAR's two multi-sensory rooms, Ray's Bay and Wonders, are designed to engage all of your senses! Each room is equipped with state-of-the-art technology purpose-built to stimulate your senses through hands-on equipment and environmental stimulants.

SEASPAR's multi-sensory rooms contain interactive equipment that pleases your senses in a variety of soothing ways. Feel the vibration of music as it plays through the Learning Chair, follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor. Control colors and lights with the touch of your hand and feel the calming coolness of glittering glass with the sparkle and marble walls.

Learn more about SEASPAR's multi-sensory rooms, or schedule a trial by contacting Molly Downing at 630.960.7664.

! Multi-sensory room trial availability may be limited, call for details.

BENEFITS OF MULTI-SENSORY

Both multi-sensory rooms contain equipment known to benefit individuals by stimulating the senses which can result in:

- Improved mood
- Lowered disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improvement in communication
- Enhanced interpersonal interactions

WHO MAY BENEFIT

Our multi-sensory rooms primarily benefit individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia
- Physical Disabilities
- Emotional Needs
- Anxiety

NEED HELP? LET US HELP.

Let Recreation Coordinator Molly Downing be your guide in your journey through sensory exploration.

Have questions about sensory programs or multi-sensory rooms offered by SEASPAR? Contact Molly!

MOLLY DOWNING, CTRS

mdowning@seaspar.org • 630.960.7664

MULTI-SENSORY

Explore what your senses crave!

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Two of SEASPAR's most exciting amenities are its multi-sensory rooms located at the Lisle Recreation Center and the Grand Avenue Community Center in Western Springs. Both rooms offer specially-designed interactive equipment that appeals to the auditory, tactile, olfactory, and visual senses. Multi-sensory rooms primarily benefit individuals with autism, sensory processing disorders, and ADHD. All SEASPAR residents are invited to participate!





RAY'S BAY MULTI-SENSORY ROOM

Grand Avenue Community Center
4211 Grand Avenue, Western Springs

Ray's Bay, SEASPAR's newest multi-sensory room, features a unique assortment of state-of-the-art equipment designed to vitalize the senses. Environmental sound waves and visual effects create a calming atmosphere, which can be enjoyed from the comfort of the room's large comfort rocking chair, comfort nook, or lighted waterbed. Guests with energy to spare can interact with various devices intended to spark curiosity as well as joy.

Ray's Bay Multi-Sensory Room is located in the lower level of the Grand Avenue Community Center. A waiting room, complete with a sitting area, is available for guests while participants play.



WONDERS MULTI-SENSORY ROOM

Lisle Recreation Center - Door 8
1925 Ohio Street, Lisle

Wonders, SEASPAR's award-winning multi-sensory room, features a unique assortment of state-of-the-art equipment designed to vitalize the senses. Environmental effects create a calming atmosphere, which can be enjoyed from the comfort of the room's over-sized beanbag or comfort nook. Guests with energy to spare can interact with various devices intended to spark curiosity as well as joy.

Parents can observe their child's session through a one-way observation window.



SENSORY FRIENDLY PROGRAMS

In addition to private multi-sensory room sessions, SEASPAR provides a wide selection of sensory-friendly programs held at its two multi-sensory rooms. These programs are available to all SEASPAR participants.

Programs offered at SEASPAR's multi-sensory rooms include:

SENSORY SEEKERS

P.13

Sensory Seekers invites participants to explore the limits of their senses in weekly 30-minute private sessions held at Ray's Bay Multi-Sensory Room.

SENSORY EXPLORERS

P.14

Sensory Explorers provides participants with all the tools needed to explore the full spectrum of the senses in weekly 30-minute private sessions held at Wonders Multi-Sensory Room.

SENSORY SUNDAY

P.15

Sensory Sunday treats participants to a weekend getaway of the senses. Visit unexplored areas of your senses or revisit favorites in 30-minute sessions held on Sundays at Wonders Multi-Sensory Room.

SPECIAL PROGRAMS

To recreation and beyond!

Our mission doesn't end at recreation. Learn more about special programs offered by SEASPAR and how they may benefit you and your family.



AKTION CLUB

Through the joint sponsorship of the Lombard and Woodridge Kiwanis Clubs and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. It also performs several service projects annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support.

! For more information, contact SEASPAR at 630.960.7600.

NEED HELP? LET US HELP.

Special programs require special attention. Luckily, our team of experts are here to help.

CATHERINE A MORAVA, CPRP
Adult Day Program Manager
cmorava@seaspar.org • 630.960.7620





EAGLES ADULT DAY PROGRAM

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities Enhance Adult Growth through Lifestyle Education and Service. This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at four different sites throughout SEASPAR's communities: the Darien Sportsplex, Lemont Safety Village, Lisle Recreation Center, and Brookfield Municipal Building.

! For more information, visit our website or contact Catherine Morava at 630.960.7620.

The EAGLES Adult Day Program continues to expand its participants' experience and find creative ways to make healthy choices. Our staff work to collaborate with local businesses, therapists, educators, university students, and other local day programs to offer new and exciting opportunities for the participants in the program. We are fortunate to have such a great team working the program.

Our dedicated team of professionals include:

NICOLE CAUSEY
BRIAN KLAMA
EILEEN KASH
ELISA KEEGAN

STACIE RITZ
BECKY QUIRK
KRISTY PAULEY
JENNIFER MOLSKY

Special thanks to our amazing subs:

AARON CAUSEY

DEBBIE MURDOCK

These incredible individuals are responsible for delivering dynamic recreation services to adults with disabilities and contribute to the progress of the EAGLES Adult Day Program, each and every day!

INCLUSION

As part of SEASPAR's continuum of recreation programs, inclusion services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations.

! For more information, visit our website or contact SEASPAR at 630.960.7600.



ABSENCES

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and ensures that no tickets are wasted. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

ADA STATEMENT

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. Visit SEASPAR.org to view our ADA Notice and Grievance Procedure.

To request this program guide in an alternative format, please contact Morgan Mason at mmason@seaspar.org.

ANNUAL INFORMATION FORMS

SEASPAR requires that all participants complete an Annual Information Form (AIF) each calendar year. Individuals without a current AIF on file will not be permitted to participate. You do NOT need to submit an AIF each season, only once per year.

The Annual Information Form is available on pages 50-52, or may be submitted online at SEASPAR.org.

Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information but do NOT need to submit a new Annual Information Form if one was previously submitted for 2022.

ATLANTOAXIAL INSTABILITY

Individuals with Down syndrome are at risk of having Atlantoaxial Instability (AAI) which causes decreased stability in the bones of the upper spine. For the safety of our participants, individuals with Down syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for AAI. For more information, contact SEASPAR at 630.960.7600.

CHECK IN

Virtual Programming: Participants should sign into virtual programming in a timely manner. When signing in, participants will be placed on hold until the program's scheduled start time.

In-Person Programming: When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child.

! Note: SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

CODE OF CONDUCT

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make SEASPAR's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and events as deemed necessary by the staff.

CODE OF CONDUCT: IN-PERSON PROGRAMS

- Show respect to all participants, staff and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and those at public facilities to enjoy the activity without disruption.
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

CODE OF CONDUCT: VIRTUAL PROGRAMS

- Refrain from sharing program information (Zoom meeting code and password) with others. Virtual registrations are not exchangeable.
- Avoid joining programs in which you are not enrolled
- Select a quiet space for your program. Reduce background noise as much as possible.
- Ensure that you have an appropriate background for the group to see.
- Change your name in Zoom to the participant's first name and last initial.
- Follow staff's instructions for taking turns and muting.
- Treat others with respect when speaking and using the chat function. The chat function may be disabled by staff if it is not used appropriately. Participants may be muted or removed from the program if their behavior is disruptive.

DISCIPLINE

SEASPAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SEASPAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of him/herself or others.

LATE REGISTRATION

The registration deadline is Friday, August 12 at 4:30 pm. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waitlist. Participants may not be added to a program with less than 48 hours notice.

LATE PICKUP

If a participant has not been picked up at the scheduled program end time, the parent/guardian/group home staff will be contacted. After a fifteen-minute wait period, emergency contacts will be called. After one warning, a \$10 fee will be applied for every 15 minutes that a participant is picked up late or the SEASPAR vehicle is delayed. A notice will be sent to you indicating the fee being charged to your account.

LOSS OR THEFT

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

PROGRAM POLICIES

MEDICATION DISPENSATION

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in SEASPAR provided envelopes, complete the label, and give it to the program leader. For the convenience of those who are involved in many programs, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

NON-RESIDENT FEE POLICY

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. **Example:** A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

PARTICIPANT EXPECTATIONS

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and socialization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call us at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

WEATHER/EMERGENCY CANCELLATIONS



Weekly programs and special events may be cancelled due to inclement weather or other unforeseen circumstances. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 3:30-4:30pm for evening programs. If a program is cancelled or an outdoor program is moved indoors, staff attempt to reach all participants to inform them of the change. After hours, program changes are available on the Program Hotline at 630.960.7582. Programs cancelled due to inclement weather or other emergency may be rescheduled; otherwise, a refund will be issued in the form of a credit on the participant's account.

SEVERE FALL WEATHER GUIDELINES FOR CANCELLING PROGRAMS

Outdoor Programs or Programs with Transportation for Participants with Physical Disabilities

Temperatures of Zero or Wind Chill of -10° or Less

All Other Programs with Transportation

Temperature of -10° or Wind Chill of -20° or Less

All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

PARTICIPATION

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

PHOTOGRAPH/VIDEO POLICY

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. If there is a specific reason you or your child/ward cannot be photographed, please contact us.

PROGRAM CANCELLATIONS

- A program may be cancelled if the program minimum enrollment is not met.
- Programs may be cancelled due to inclement weather or other emergencies. See the Weather/Emergency Cancellations section below for more information.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

SEASPAR/WDSRA AGREEMENT

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips and the EAGLES adult day program are not included. Registrations must be submitted by the agency's deadline, and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For more information, contact SEASPAR at 630.960.7600. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WDSRA.com.

VIRTUAL PROGRAMMING ACCESS AND PASSWORDS

You will receive an email before programs begin with links and passwords for your programs. These are exclusive to you and cannot be shared. Please retain this email as it will only be sent once. If you do misplace your link or password, please call us at 630.960.7600 or email adminstaff@seaspar.org. Participants who cannot be identified and/or whose enrollment status cannot be confirmed may be removed from a virtual program.

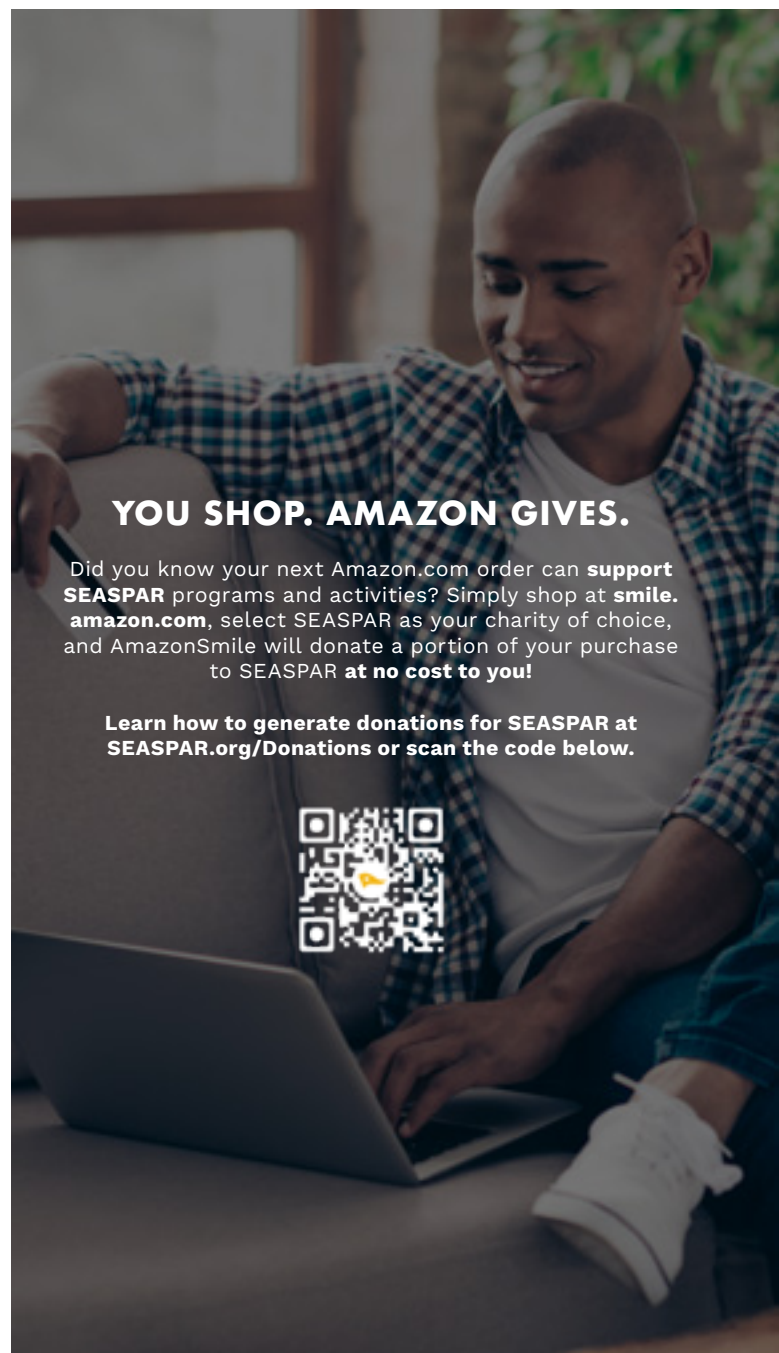
WELLNESS GUIDELINES

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is required that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100.4° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Cocksackievirus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed. In cases of COVID-19, participants may return to programs after quarantine or isolation, based on the current CDC, State, and local guidelines.

For everyone's safety, if a participant is exhibiting symptoms of illness during a program, they will be removed from the group and an approved adult will be required to pick them up.



YOU SHOP. AMAZON GIVES.

Did you know your next Amazon.com order can **support SEASPAR** programs and activities? Simply shop at **smile.amazon.com**, select SEASPAR as your charity of choice, and AmazonSmile will donate a portion of your purchase to SEASPAR **at no cost to you!**

Learn how to generate donations for SEASPAR at SEASPAR.org/Donations or scan the code below.



REGISTRATION FORM

Participant's Name _____ Age _____ Birth Date _____

! Please print your program selection(s) in the table below. Attach additional sheets if necessary.

PROGRAM NAME	PROGRAM NUMBER										TIME SELECTION (If Applicable)	TRANSPORTATION (IF APPLICABLE)	FEE
Example: Turkey Bowl	8	-	2	0	0	-	3	7	-	1			\$ 50
		-				-			-				\$
		-				-			-				\$
		-				-			-				\$
		-				-			-				\$
		-				-			-				\$
		-				-			-				\$
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		-				-			-				\$
		-				-			-				\$
		-				-			-				\$
		-				-			-				\$
		-				-			-				\$
Would you like to include a donation to SEASPAR? If so, please indicate the amount to the right. Thank you!													\$
TOTAL FEES												\$	

! Full payment must be received with the registration unless other arrangements have been made.

Payment may be made by check, money order, cash, or credit card.

Payment Type: ☐ Check ☐ Cash ☐ Money Order ☐ Credit Card

Credit Card: ☐ MasterCard ☐ Visa ☐ Discover ☐ American Express

Cardholder Name _____

Account Number _____ Exp. Date _____ CVC _____

Authorized Signature _____ Today's Date _____

Please complete both sides of this registration form. Submit form and payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

! The registration deadline is Friday, August 12 at 4:30pm.

OFFICE USE ONLY			
Date Rec'd		Cash Amt	
Rec'd By		Check Amt	
AIF Given		AIF Rec'd	

REGISTRATION FORM

Participant's Name _____ Birth Date _____

Address _____ City _____ Zip _____

Has any of your information changed since you completed your 2022 AIF? ☐ Yes ☐ No
If yes, please call us at 630.960.7600.

Do you have an updated emergency contact? ☐ Yes ☐ No
If yes, please call us at 630.960.7600.

WAIVER AND RELEASE

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

In virtual program activities, you need to have adequate space to follow the activity instructions and to move safely without exposure to any obstacles, obstructions, steps or anything that could cause possible trips or falls. As a participant, you are solely responsible for assessing whether you can participate safely in the activity in the space you have chosen without accidents.

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WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have been made aware of the inherent dangers and risks of virtual program activities, and I can participate safely in the space I have chosen.

I will refrain from attending programs if diagnosed with COVID-19 or exhibiting symptoms of COVID-19 or any contagious illness.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online acceptance or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent/Guardian Signature _____ Date _____

Participant Signature (if 18 or older) _____ Date _____

! PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian.
! PARTICIPATION WILL BE DENIED if a 2022 Annual Information Form is not on file.

ANNUAL INFORMATION FORM

2022 Annual Information Form



For office use only

PDF _____ Date _____

RecTrac _____ Date _____

Details/Status _____ Date _____

Participant Name _____ Age _____ Birth Date _____ Gender _____

Is this a new participant? ☐ Yes ☐ No If so, how did you hear about SEASPAR? _____

Is the participant his/her/their own guardian? ☐ Yes ☐ No Participant Cell # _____

Address _____ City _____ Zip _____

Home Phone _____ Park District _____

Parent 1 Name _____ Cell # _____ Work # _____ Email _____

Parent 2 Name _____ Cell # _____ Work # _____ Email _____

Guardian Name _____ Cell # _____ Work # _____ Email _____

School _____ District # _____ Teacher _____ Permission to Consult with Teacher ☐ Yes ☐ No

Teacher Phone _____ Teacher Email _____

Group Home/Residential Facility _____ Permission to Consult with Caseworker ☐ Yes ☐ No

Manager/Caseworker _____ Manager/Caseworker # _____

Manager/Caseworker Email _____ Weekend and/or Emergency # _____

Emergency Contacts (other than parents/guardian)

Name _____ Relationship _____ City _____ Transportation? ☐ Yes ☐ No

Home # _____ Cell # _____ Work # _____

Name _____ Relationship _____ City _____ Transportation? ☐ Yes ☐ No

Home # _____ Cell # _____ Work # _____

Medical Information

Medical Conditions

Disability/Diagnosis _____

Allergies ☐ Yes ☐ No (include food allergies and reactions) _____

Dietary restrictions ☐ Yes ☐ No (not allergies) _____

Blood disorder ☐ Yes ☐ No _____

Diabetes ☐ Yes ☐ No (If YES, a Diabetes Plan is required)

Down Syndrome ☐ Yes ☐ No AAI testing result? ☐ Positive ☐ Negative ☐ Not tested

G-Tube ☐ Yes ☐ No (If YES, please attach instructions)

Hearing Impaired ☐ Yes ☐ No _____

Heart Condition ☐ Yes ☐ No _____

Seizures ☐ Yes ☐ No (If YES, a Seizure Response Plan is required)

Visually Impaired ☐ Yes ☐ No _____

Other (asthma, chronic illness, etc.) _____

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ANNUAL INFORMATION FORM

Transportation Information

Transportation permission in SEASPAR vehicle? ☐ Yes ☐ No

If 18 or older, is the participant able to go home on his/her/their own? ☐ Yes ☐ No

If 18 or older, is the participant able to wait independently? ☐ Yes ☐ No

Is the participant able to drive independently? ☐ Yes ☐ No

Does this permission apply to all programs? ☐ Yes ☐ No If no, please specify _____

Please list carpool friends _____

Personal/Physical Requirements

Assistive Devices

Wheelchair ☐ Yes ☐ No Type ☐ Manual ☐ Electric Transport only in wheelchair? ☐ Yes ☐ No

Does participant need assistance with transfers? ☐ Yes ☐ No (If YES, a Transfer Plan is required)

Please indicate if used: ☐ Stroller ☐ Walker ☐ Cane/Crutches ☐ Prosthetic Device ☐ AFOs ☐ Other _____

☐ Service Animal (please describe) _____

What level of assistance does participant need?	Full	Moderate	Independent	Details
Eating/Drinking (cuts food, uses straw, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Toileting (diapers, catheter, wiping, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
If the participant is <u>not independent for toileting</u> , a Toileting Plan is required.				
Hand Washing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Dressing/Undressing (tying shoes, pulling up swimsuit, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Money Handling (monitor for correct change, no concept, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Reading (comprehension level, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Responsibility (keeping track of belongings, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Safety (crossing street, water safety, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Please select swimming ability ☐ Cannot swim ☐ Needs personal flotation device
☐ Can swim one length of pool without flotation device ☐ Competitive/multi-lap independent swimmer

Please indicate bowling need ☐ Ramp ☐ Bumpers

Additional Information/Signature

Please list any information concerning the participant that would aid staff in ensuring a safe and enjoyable program for him/her/they. The more you tell SEASPAR, the better we can meet each participant's needs.

Indicate friends attending SEASPAR _____

Parent/Guardian Signature _____ Date _____

Participant Signature (over 18) _____ Date _____

ANNUAL INFORMATION FORM

Medications (list all prescription AND over-the-counter medications taken, even if not taken at program)

Drug Name (Brand/Generic)	Taken With (e.g., water, pudding)	Purpose

***Please attach sheet with additional medications if needed.**

Is participant responsible for self medication at programs? ☐ Yes ☐ No

Does staff need to remind participant to take medication? ☐ Yes ☐ No

I understand that it is my responsibility to give the medication directly to the SEASPAR staff with instructions in individual **clearly labeled SEASPAR medication envelopes**. SEASPAR will have extra envelopes at program, and the envelope must be completed and sealed before staff will accept it. In all cases, medication dispensing can only be changed or modified by amending this form. I hereby acknowledge that the above information provided for the dispensing of medication for the participant is accurate. I also understand that it is my responsibility to inform SEASPAR if any changes in the dispensing of medication occur.

In all cases, the recommended dosage of any medication will not be exceeded. If after administering medication there is an adverse reaction, I give my permission to SEASPAR to secure from any licensed hospital physician and/or medical personnel any treatment deemed necessary for immediate care. I agree to be responsible for payment of any and all medical services rendered.

I recognize and acknowledge that there are certain risks of physical injury in connection with the administering of medication to the participant. In consideration of SEASPAR administering medication, I hereby fully release or discharge SEASPAR, and its officers, agents, employees, and volunteers from any and all claims from injuries, damages and losses the participant may have, arising out of, connected with, incidental to, or in any way associated with the administering of medication. I further agree to indemnify, hold harmless and defend SEASPAR, its officers, agents, employees, and volunteers from any and all claims resulting from injuries, damages, and losses sustained by the participant and arising out of, connected with, incidental to or in any way associated with the administering of medication.

Parent/Guardian Signature _____ Date _____

Participant Signature (over 18) _____ Date _____

Behavior/Communication

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> Attention seeking | <input type="checkbox"/> Fear | <input type="checkbox"/> Manipulative | <input type="checkbox"/> Spitting |
| <input type="checkbox"/> Biting | <input type="checkbox"/> Hair pulling | <input type="checkbox"/> Pinching | <input type="checkbox"/> Steals |
| <input type="checkbox"/> Defiance/refusal | <input type="checkbox"/> Hitting/kicking | <input type="checkbox"/> Removal of clothing | <input type="checkbox"/> Tantrums/meltdowns |
| <input type="checkbox"/> Difficult transitions | <input type="checkbox"/> Hyperactivity | <input type="checkbox"/> Runs/wanders | <input type="checkbox"/> Throwing objects |
| <input type="checkbox"/> Easily distracted | <input type="checkbox"/> Inappropriate touching | <input type="checkbox"/> Self-abusive | <input type="checkbox"/> Verbal outburst |
| <input type="checkbox"/> Other _____ | | | |

☐ Complies with verbal requests and directions ☐ Responds to specific verbal/non-verbal directions ☐ Responds to positive reinforcement

Does participant have a specific behavior plan? ☐ Yes ☐ No (If yes, please attach)

Method of communication: ☐ Communication board ☐ Facilitated communication
☐ Alternative communication ☐ Sign language ☐ Other _____

Please indicate any sensory needs the participant may have _____

Additional Information _____

SEASPAR's annual showcase of participants with disabilities' talents in performing arts such as song, music, dance, and more!



This year's showcase of talent will be hosted live and in-person at the Lemont High School Performing Arts Center on December 13.

The public is encouraged to attend this event.

DECEMBER 13

LEMONT HIGH SCHOOL PERFORMING ARTS CENTER

7PM

Casting Call!

If you are interested in performing in this year's Holiday Spectacular, please contact Kim Huggins by Monday, November 15.
Call 630.960.7600 or email khuggins@seaspar.org.

#HolidaySpectacular2022



Let's make a difference.

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SEASPAR SERVES THE COMMUNITIES OF:

**BROOKFIELD • CLARENDON HILLS • DARIEN • DOWNERS GROVE • INDIAN HEAD PARK • LA GRANGE
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