

# Welcome!

We're excited to have you on board for the winter-spring 2023 season! This season, we'll be providing our participants will all-new opportunities as well as the favorites. The possibilities for adventures are endless, thanks to you! Please take a moment of your time to complete this form and return back to me. As always, do not hesitate to contact me if you have any questions or concerns.



**Danielle Tallon**  
Program Manager

## Your Details

Name

Address

City

State

Zip Code

Preferred Contact Email

## Your Preferred Roles

Let us know which roles you feel comfortable taking. Selecting a role does not obligate you to fulfill that role. Select all that apply.

Leader (+\$1/hour)

Assist

Driver (+50¢/hour)

Volunteer

## Training

Let us know if you are interested in receiving training in the following fields. Select all that apply.

Sensory Rooms

Driver

Leader

Inclusion

## Preferred Service Area

Let us know which area(s) you prefer serving in. Selecting an area does not obligate you or limit you to that area. Select all that apply.

### SEASPAR West

Darien, Downers Grove, Lemont, Lisle, Westmont, Woodridge

### SEASPAR East

Brookfield, Clarendon Hills, Indian Head Park, La Grange, La Grange Park, Western Springs

## Sub Availability

Things happen! Which means from time to time substitutes are needed for programs. Let us know what days you'd be available to sub a program. Selecting a time does not obligate you to substitute a program.

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

### Making Your Selection *(New Features)*

Letting us know which programs you are interested in working this season is now easier than ever. See the example below.

Selection Toggle and Program Name	Program's Location	Program Day	Program Date(s)	Program Time	Role Selection			Dates Not Available
<input checked="" type="checkbox"/> Afternoon Adventures	Lisle Recreation Center	M	2/6-4/24	3:15-6:15pm	<input type="checkbox"/> Lead	<input checked="" type="checkbox"/> Assist	<input checked="" type="checkbox"/> Driver	<input checked="" type="checkbox"/> 2/13

In this example, the person filling out their Program Request Form is interested in working the Afternoon Adventures program at the Lisle Recreation Center. This program takes place every Monday, February 6 to April 24, from 3:15pm to 6:15pm. They have indicated their interest by checking the toggle button in front of the **Program name**. In this case, they are interested in the **Assist** role *and* serving as a **Driver** for the program. They are not interested in the **Leader** role, so they left that selection unchecked. They will not be available to work on February 13, so they have indicated this in the "Dates Not Available" section indicated by the ☹ icon.

Not all programs have a **Driver** role. A Driver will not be assigned to programs without transportation. *(We're always in need of drivers, so there's no harm in checking away!)*

Leave a program unchecked to indicate your unavailability. Role preferences are not guaranteed.

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### Submitting Your Program Request Form

Before submitting your Program Request Form, double-check to make sure all information you are submitting is accurate. Once that is done, save this document to your computer for your own records, then email to [dtallon@seaspar.org](mailto:dtallon@seaspar.org).

### Your Thoughts

Share your thoughts, comments, or questions.

## PROGRAM REQUEST FORM: WINTER-SPRING 2023

### Weekly Programs

Weekly Program Name	Location	Day	Dates	Time	Lead	Assist	Driver	☺
Afternoon Adventures	Lisle Recreation Center	M	2/6-4/24	3:15-6:15pm				
Sensory Seekers	Ray's Bay Multi-Sensory Room, Western Springs	M	2/6-4/24	4:00-6:15pm				
Walking Club West	McCollum Park, Downers Grove	M	3/20-4/24	4:15-5:00pm				
Karate	True Balance Karate, Downers Grove	M	2/6-4/24	5:30-6:00pm				
Swim Lessons	Lemont CORE	M	2/6-4/24	4:00-6:00pm				
Spartans Powerlifting	Downers Grove Recreation Center	M	2/6-3/20	5:00-6:30pm				
Day Away Tour	SEASPAR, Downers Grove	TU	2/14, 2/28, 3/14, 3/28, 4/11, 4/25	9:00am-3:00pm				
Cooking with SEASPAR	Clarendon Hills Community Center	TU	2/7-4/25	4:15-5:45pm				
Bowling at Lisle Lanes	Lisle Lanes	TU	2/7-4/25	4:15-5:15pm				
Soup or Salad	Legends Bar & Grill, Woodridge	TU	2/7-4/25	5:30-7:00pm				
Creative Corner	Darien Community Center	TU	2/7-4/25	5:00-6:00pm				
Pet Therapy	Darien Community Center	TU	2/7-4/25	6:15-7:15pm				
Swim Lessons	Indian Boundary YMCA, Downers Grove	TU	2/7-4/25	4:00-6:00pm				
Spartans Tennis	Diane Main Park, Westmont	TU	4/18-6/13	5:30-6:30pm				
Spartans Softball	Lemont Park District & Diane Main Park Softball Fields	TU	4/25-7/25	6:30-8:00pm				
Music and Me!	Clarendon Hills Community Center	TU	2/7-4/25	5:00-5:45pm				
Musical Theatre	Clarendon Hills Community Center	TU	2/7-4/25	6:00-6:45pm				
Sensory Explorers	Wonders, Lisle Recreation Center	W	2/8-4/26	3:30-6:00pm				
Swim Lessons	FMC Natatorium, Westmont	W	1/25-4/26	4:00-6:00pm				
Rhythm Works I	Westmont Community Center	W	2/8-4/26	4:15-5:00pm				
Rhythm Works II	Westmont Community Center	W	2/8-4/26	5:15-6:00pm				
Bowling at Suburbanite I	Suburbanite Bowl, Westmont	W	2/8-4/26	4:15-5:15pm				
Actors Guild	Lincoln Center, Downers Grove	W	2/8-4/26	4:30-6:00pm				
Bowling at Suburbanite II	Suburbanite Bowl, Westmont	W	2/8-4/26	5:30-6:30pm				
Spartans Flag Football Pre-Season	Woodridge ARC	W	4/5-5/10	6:00-7:30pm				
Day Trippers	SEASPAR, Downers Grove	TH	2/16, 3/2, 3/16, 3/30, 4/13, 4/27	10:00am-2:00pm				
Swim Lessons	Indian Boundary YMCA, Downers Grove	TH	2/9-4/27	4:00-6:00pm				
Fit N' Fuel	Clarendon Hills Community Center	TH	2/9-4/27	4:15-5:00pm				
Walking Club East	Park District of La Grange	TH	2/9-4/27	4:15-5:00pm				
Mighty Movers	Clarendon Hills Community Center	TH	2/9-4/27	5:00-5:45pm				
Glee Club	Darien Sportsplex	TH	2/9-4/27	5:00-6:00pm				
Spartans Bowling	Suburbanite Bowl, Westmont	TH	5/18-7/20	5:00-6:00pm				
Spartans Golf Pre-Season	Downers Grove Golf Club	TH	4/6-5/11	5:30-6:30pm				
At the Movies AMC Quarry	AMC Quarry Cinemas, Hodgkins	TH	2/16, 3/2, 3/16, 3/30, 4/13, 4/27	TBA				
At the Movies Cinemark Seven Bridges	Cinemark at Seven Bridges, Woodridge	TH	2/16, 3/2, 3/16, 3/30, 4/13, 4/27	TBA				

## PROGRAM REQUEST FORM: WINTER-SPRING 2023

### Weekly Programs

Weekly Program Name	Location	Day	Dates	Time	Lead	Assist	Driver	☺
Horseback Riding	Hanson Center, Burr Ridge	TH	2/16, 3/2, 3/16, 3/30, 4/13, 4/27	6:15-7:15pm				
Social Club East	Grand Avenue Community Center, Western Springs	F	2/10-4/28	7:00-9:00pm				
Social Club West	Lisle Recreation Center	F	2/10-4/28	7:00-9:00pm				
Friday Night Fun Club	Darien Sportsplex	F	2/17, 3/3, 3/17, 3/31, 4/14, 4/28	6:30-9:30pm				
Power Soccer	Westmont Community Center	SA	2/11-4/29	8:30-10:30am				
Saturday Superstars	Lisle Recreation Center	SA	2/11-4/29	9:00-11:00am				
ASL Storytime with Danielle	Downers Grove Recreation Center	SA	2/11-3/25	10:00-10:45am				
Ice Skating	Seven Bridges Ice Arena, Woodridge	SA	2/11-4/15	11:00-11:50am				
Horseback Riding	Hanson Center, Burr Ridge	SA	2/11, 2/25, 3/11, 3/25, 4/22	1:30-2:30pm				
Swim Lessons	Lemont CORE	SA	2/11-4/29	1:00-3:00pm				
Spartans Athletics Pre-Season I	Lemont CORE	SU	2/12-4/1	9:00-10:00am				
Spartans Athletics Pre-Season II	Lemont CORE	SU	2/12-4/1	10:15-11:15am				
Sensory Sunday: February	Wonders, Lisle Recreation Center	SU	2/12-2/26	11:00am-3:00pm				
Sensory Sunday: March	Wonders, Lisle Recreation Center	SU	3/5-3/26	11:00am-3:00pm				
Sensory Sunday: April	Wonders, Lisle Recreation Center	SU	4/2-4/30	11:00am-3:00pm				
Spartans Swimming	Lemont CORE	SU	2/12-4/30	1:00-2:00pm				
Spartans Swimming Developmental	Lemont CORE	SU	2/12-4/30	2:00-3:00pm				
Blackhawks Bonanza	Papa Passero's, Westmont	SU	3/26	4:45-7:15pm				

## PROGRAM REQUEST FORM: WINTER-SPRING 2023

### Virtual Programs

Virtual Program Name	Location	Day	Dates	Time	Lead	Assist	Driver	©
Cooking with SEASPAR	At Your Home	M	2/6-4/24	5:00-5:45pm				
Karaoke	At Your Home	M	2/6-4/24	6:15-7:15pm				
Feast with Friends	At Your Home	TU	2/7-4/25	12:00-12:30pm				
Game Night	At Your Home	TU	2/7-4/25	6:15-7:00pm				
Movie Club	At Your Home	W	2/8-4/26	1:00-3:15pm				
Rocket League	At Your Home	W	2/8-4/26	5:00-6:00pm				
Yoga with Jen	At Your Home	W	2/8-4/26	6:00-6:45pm				
Work-In with SEASPAR	At Your Home	TH	2/9-4/27	5:00-5:45pm				
Bingo	At Your Home	TH	2/9-4/27	6:00-6:45pm				

## PROGRAM REQUEST FORM: WINTER-SPRING 2023

### Special Events

Special Event Name	Location	Day	Dates	Time	Lead	Assist	Driver	©
Jo's Footwork & Rhythm Works	Grand Avenue Community Center, Western Springs	SA	2/11	9:30-10:30am				
Valentine's Day Party	Lisle Recreation Center	SA	2/11	11:00am-1:30pm				
Midwestern University Valentine's Dance	Midwestern University, Downers Grove	SA	2/11	6:30-8:30pm				
Snow Tubing at Villa Olivia	Transportation: SEASPAR/Denning	SU	2/12	9:30am-4:30pm				
Into the Woods	Transportation: SEASPAR/Denning	SA	2/18	12:45-7:00pm				
Chicago Wolves	Transportation: SEASPAR/Denning	SU	2/19	1:00-7:30pm				
Day Off School	Lisle Recreation Center	M	2/20	9:30am-3:30pm				
Hoedown Dance Party	Chuck's Southern Comfort Cafe & Banquets	F	2/24	6:30-9:30pm				
Bocce at Pinstripes	Pinstripes, Oakbrook	SA	2/25	10:00am-12:30pm				
Lunch & a Movie	Lisle Recreation Center	SA	2/25	11:00am-1:30pm				
Chicago Bulls	Transportation: SEASPAR/Denning	SU	2/26	12:00-6:30pm				
eSports at Scrims Gaming Center	Transportation: SEASPAR/Denning	SA	3/4	11:00am-5:00pm				
Dinner and a Movie (In-Person)	Darien Sportsplex	SU	3/5	4:00-8:00pm				
Jo's Footwork & Rhythm Works	Grand Avenue Community Center, Western Springs	SA	3/11	9:30-10:30pm				
Get Air	Lisle Recreation Center	SA	3/11	11:00am-3:00pm				
Main Event	Transportation: SEASPAR/Denning	SA	3/11	3:45-8:15pm				
A Chorus Line	Transportation: SEASPAR/Denning	SU	3/12	12:00-5:45pm				
Luck of the Irish Dance	Benet Academy	F	3/17	6:30-8:30pm				
Rock Climbing and Dinner	Transportation: SEASPAR/Denning	SA	3/18	8:30am-3:00pm				
The Field Museum	Transportation: SEASPAR/Denning	SU	3/19	10:00am-4:00pm				
The Dancing Horse Theatre	Transportation: SEASPAR/Denning	SA	3/25	9:00am-6:00pm				
Springtime Splash	Lisle Recreation Center	SA	3/25	11:00am-3:30pm				
Olive Garden Italian Restaurant	Transportation: SEASPAR/Denning	SU	3/26	4:30-8:30pm				
April Fool's Jokeshop	Lisle Recreation Center	SA	4/1	11:00am-1:30pm				
Chicago Blackhawks	Transportation: SEASPAR/Denning	SA	4/1	4:30-11:30pm				
Papa Passero's & Arcade Games	Transportation: SEASPAR/Denning	SU	4/2	4:00-8:30pm				
Jo's Footwork & Rhythm Works	Grand Avenue Community Center, Western Springs	SA	4/11	9:30-10:30am				
School of Rock	Transportation: SEASPAR/Denning	SA	4/15	12:45-7:00pm				
Bowling at Funway	Transportation: SEASPAR/Denning	SU	4/16	10:30am-3:30pm				
Earth Day	Lisle Recreation Center	SA	4/22	11:00am-2:00pm				
Aktion Club Dance	Westmont Community Center	SA	4/22	6:30-8:30pm				
Old Town Pour House	Transportation: SEASPAR/Denning	SU	4/23	4:00-8:00pm				
Spring Escape to Springfield	Transportation: SEASPAR/Denning	F-SU	4/28-4/30	9:00am-6:00pm				

## PROGRAM REQUEST FORM: WINTER-SPRING 2023

### Camp Programs

Weekly Program Name	Location	Day	Dates	Time	Lead	Assist	Driver	©
Spring Break Camp Day 1	Lisle Recreation Center	M	3/27	9:30am-3:30pm				
Spring Break Camp Day 2	Lisle Recreation Center	TU	3/28	9:30am-3:30pm				
Spring Break Camp Day 3	Lisle Recreation Center	W	3/29	9:30am-3:30pm				
Spring Break Camp Day 4	Lisle Recreation Center	TH	3/30	9:30am-3:30pm				
Spring Break Camp Day 5	Lisle Recreation Center	F	3/31	9:30am-3:30pm				