

## WHAT IS SEASPAR?

SEASPAR (the South East Association for Special Parks And Recreation) is a special recreation association that serves residents of twelve communities in DuPage and Cook Counties.

## WHAT ARE SEASPAR ATHLETICS PROGRAMS?

SEASPAR athletics programs are quality competitive programs for people with disabilities. These programs are designed to enrich lives, enhance abilities, and promote SEASPAR's values.

SEASPAR athletics programs invite people of all abilities and skill levels to achieve new potential in a wide array of engaging sports programs. SEASPAR athletics programs include team sports, adaptive programs, unified sports, eSports, and Special Olympics training.

## DO I NEED TO TRY OUT?

No, SEASPAR's athletics programs are available to all people with disabilities. Our goal is to provide high-quality programs to people of all abilities and skill levels.

## ARE NEW ATHLETES WELCOME?

Yes! We encourage participation from new athletes and welcome all, regardless of experience. Participation in Special Olympics events require a physical with a 3-year participation clearance from a doctor. Forms available at registration

## WILL I PLAY COMPETITIVELY?

In most cases, in programs with a competitive element, athletes are given access to participation suitable for their abilities and comfort level.



ACHIEVING POTENTIAL  
ON AND OFF THE COURT



4500 Belmont Road  
Downers Grove, IL 60515

### Serving the residents of:

Village of Brookfield • Clarendon Hills Park District  
Darien Park District • Downers Grove Park District  
Village of Indian Head Park • Park District of La Grange  
Community Park District of La Grange Park • Lemont Park District  
Lisle Park District • Village of Western Springs  
Westmont Park District • Woodridge Park District



630.960.7600 • TRS 711

[SEASPAR.org](http://SEASPAR.org)

## SEASPAR ATHLETICS

Achieving potential on and off the court.

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## HOME FIELD ADVANTAGE

SEASPAR athletes compete, play, and practice in facilities throughout the communities SEASPAR serves. In most cases, facilities are provided by SEASPAR's member entities and are subject to change based on availability.

## TRAVEL TIME

Programs containing a competitive element may require athletes to travel to communities outside SEASPAR's service area. In most cases, SEASPAR will provide a transportation option for away games and tournaments, but athletes should be prepared to provide their own transportation if required.

## UNIFORMS & EQUIPMENT

SEASPAR provides uniforms for programs which require them. Uniforms may be lent out or provided as part of registration. Athletes are responsible for the upkeep and maintenance of uniforms provided.

In most cases, SEASPAR will provide the necessary equipment required to play. Athletes are responsible for personal athletic equipment (mouth guards, pads, guards, etc.).

## COACHING

Our success can largely be attributed to our dedicated team of coaches. Our coaching staff are compassionate and understand the necessary effort required to help each athlete achieve new potential, on and off the court.

Think you have something to give back? Consider sharing your expertise with athletes with disabilities. Volunteer and paid coaching positions are available. Learn more at [seaspar.org](http://seaspar.org).

## JOIN THE TEAM

Athletics programs are available to residents of the communities SEASPAR serves. Registration is open during regular registration season. Learn more about athletics programs offered this season within this season's program guide or online at [seaspar.org](http://seaspar.org).



## SPECIAL OLYMPICS & SEASPAR

Special Olympics is the world's largest sports organization for children and adults with intellectual disabilities. Special Olympics competitions are held every day, all around the world—including local, national, and regional competitions.

SEASPAR facilitates the training of athletes for participation in Special Olympics regional and state events.



## HOW WILL YOU PLAY?

SEASPAR offers many quality athletics programs designed for people with disabilities. These programs include various programs in several categories, all unified under the SEASPAR Athletics banner. See below for examples of athletics programs SEASPAR offers:

### SPECIAL OLYMPICS TRAINING

- Spartans Athletics
- Spartans Basketball
- Spartans Bocce
- Spartans Bowling
- Spartans Flag Football
- Spartans Golf
- Spartans Powerlifting
- Spartans Softball
- Spartans Swimming
- Spartans Tennis
- Spartans Volleyball

### ADAPTIVE SPORTS

- Power Soccer

### eSPORTS

- Rocket League

### YOUTH SPORTS

- Soccer Skills



### ONE MISSION, ONE TEAM

You're part of the SEASPAR Athletics team, regardless of whether you're training for a Special Olympics event or leveling up in an eSport program. SEASPAR Athletics represents ALL SEASPAR athletes.

