

20
23

SUMMER

**SEASPAR**
SPECIAL RECREATION ASSOCIATION



REGISTRATION: APRIL 10 - MAY 8

20
23

SUMMER



MISSION

Enriching lives
through recreation



VISION

Discover Abilities
Achieve Potential
Realize Dreams



CORE VALUES

Fun • Friendships
Caring • Trust
Accountability

01

Summer has arrived, and with it comes the normalcy we've all longed for! Gone are the days of yearning for things as they once were. Positivity is evident throughout this guide through new programming and expanded options for your summertime favorites. One noticeable change is within our summer day camp programs, which offer more convenience for parents and campers than ever before. Expanding summer day camp was a tall order considering the number of moving parts required to provide comprehensive summer camp options. Our camps require multiple amenities to be sure they can host all of the needs of our camps, but the stars have aligned, and we are excited to bring them to you.

I am excited about presenting you with positive changes and new opportunities. I'm sure you will find these changes to be to your liking, but it begs to be said, we are far from complete. We are currently conducting a needs assessment that, once complete, will help us adapt our programs to meet the ever-changing needs of our participants and families.

A fun activity I'm personally looking forward to is our Summer Kick-Off event on June 11 at Ty Warner Park in Westmont. The Summer Kick-Off is SEASPAR's unofficial start to the summer season. It is also your opportunity to start the

summer alongside friends, family, and your favorite SEASPAR staff. Participation is free for SEASPAR participants and families, but registration is required, so make sure to let us know you are coming.

I encourage you to flip through this guide cover to cover, because regardless of your tastes, this guide contains summertime fun. From swimming to golf to concerts in the park to picnics with friends, this guide offers you opportunities to make this summer one to remember. It is the key to the best summer ever!



Best,

Matt Corso
Executive Director

REGISTRATION: APRIL 10 - MAY 8

SEASON DATES: JUNE 12 - AUGUST 6

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ASSOCIATION MEMBERS & REPRESENTATIVES

The South East Association for Special Parks And Recreation (SEASPAR) provides dynamic recreation programs and quality services for individuals with disabilities in the communities of Brookfield, Clarendon Hills, Darien, Downers Grove, Indian Head Park, La Grange, La Grange Park, Lemont, Lisle, Western Springs, Westmont, and Woodridge.

SEASPAR is composed of 12 associated members, which are represented by the following individuals:

Downers Grove Park District 2245 Warrenville Road, Downers Grove	Bill McAdam President
Woodridge Park District 2600 Center Drive, Woodridge	Mike Adams Vice President
Lisle Park District 1925 Ohio Street, Lisle	Dan Garvy Secretary
Darien Park District 7301 Fairview Avenue, Darien	Stephanie Gurgone Treasurer
Village of Brookfield 8820 Brookfield Avenue, Brookfield	Luke Gunderson
Clarendon Hills Park District 315 Chicago Avenue, Clarendon Hills	Valerie Louthan
Village of Indian Head Park 201 Acacia Drive, Indian Head Park	Rita Farrell Mayer
Park District of La Grange 536 East Avenue, La Grange	Jenny Bechtold
Community Park District of La Grange Park 1501 Barnsdale Road, La Grange Park	Jessica Cannaday
Lemont Park District 16028 127th Street, Lemont	Louise Egofske
Village of Western Springs 1500 Walker Street, Western Springs	Aleks Briedis
Westmont Park District 55 East Richmond Street, Westmont	Bob Fleck

BOARD MEETINGS

SEASPAR's Board meets the third Tuesday of every month at SEASPAR at 3:00pm. The public is welcome. For information call 630.960.7600.

Board meeting minutes and agendas are available online at SEASPAR.org/Board.

ON THE COVER



Summer of Smiles

Sunshine brings out the best in us all. The warm embrace of the summer sun gives way to a season of fun.

REGISTRATION INFORMATION

REGISTRATION INFORMATION

ONLINE	SEASPAR.org
FAX	630.960.7601
MAIL/IN PERSON	SEASPAR 4500 Belmont Road Downers Grove, IL 60515

Registration opens on Monday, April 10, and closes on Monday, May 8 at 4:30pm. Registration for all programming is lottery-based and enrollment is not guaranteed; confirmations will be mailed on May 26.

Zoom links for virtual programs will be emailed the week of June 5.

REGISTRATION PROCEDURES

ONLINE REGISTRATION

To register online, visit SEASPAR.org. First-time online registrants must call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org for a user name, password, and instructions. The online registration requirements are:

- Must be a SEASPAR resident.
- Must have no outstanding balance.
- Must have 2023 Annual Information Form on file.
- Full credit card payment is required at the time of registration.

SEASPAR accepts Visa, MasterCard, Discover, and American Express!



03

IN-PERSON/FAX/EMAIL REGISTRATION

- Complete both sides of the registration form and sign it.
- Mail or drop off your registration form and payment at the SEASPAR office, 4500 Belmont Road in Downers Grove (for after-hours convenience, there is a mail slot at the SEASPAR office entrance) **OR**
- Fax registration form with credit card information completed to 630.960.7601 **OR**
- Email registration form with credit card information completed to adminstaff@seaspar.org.
- All participants must have a 2023 Annual Information Form on file.
- Full payment for programs must be received with the registration unless other arrangements have been made.
- Payment may be made by check, money order, cash, or credit card. **Now accepting Visa, MasterCard, Discover, and American Express!**

Registrations received after the registration deadline are accepted if space is available. Participants may not be added to a program with less than 48 hours notice.

CREDIT/REFUND PROCEDURES

- Credits from previously cancelled/waitlisted programs are held on the participant's account unless SEASPAR is otherwise directed.
- Credits are automatically applied to future registrations. To check the balance of your credit, call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org.
- A full account credit is issued if a program is cancelled by SEASPAR.
- In order for a participant to drop from a program, SEASPAR must be notified five business days prior to the start of the program to qualify for a credit. At that time, the participant will be credited the cost of the program less a \$5 processing fee, the cost of a ticket (if applicable, unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated credit is issued if a written medical excuse accompanies the credit request.
- No credit is given if a program is postponed due to low enrollment. If the program is subsequently cancelled, a full credit is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated credit is issued, less a \$5 processing fee and ticket price, if applicable.

To request the refund of a credit, call 630.960.7600 or email adminstaff@seaspar.org. All refunds are issued monthly.

FEE ASSISTANCE PROGRAM

SEASPAR is in a position to offer scholarships for a percentage of fees to our families with financial restrictions because we believe all residents, regardless of financial limitations, should have access to SEASPAR programs. Participants in need of financial assistance may obtain a Fee Assistance Program Application by visiting our website at SEASPAR.org or calling 630.960.7600. Fee assistance is not available to non-residents or for overnight trips or day camp transportation.



REGISTRATION MADE EASY

SEASPAR participants with an active account can register for their favorite programs and special events completely online.

To register online, visit **SEASPAR.org** or scan the code with your phone.



PROGRAM ANATOMY

1. PROGRAM NAME

This section describes the name of the program. Program names are color-coded by section (e.g., Children & Young Teens, Teen & Adult, etc.)

2. PROGRAM BENEFITS

This section identifies benefits of the program. See below for more details.

3. PROGRAM DESCRIPTION

This section includes a brief description of the program.

4. PROGRAM NOTICES

This section highlights important information the participant should be aware of before registering.

5. SESSION INFORMATION

This section includes information you need to know when selecting your program(s) such as age requirements, location, fee, date, time, no program dates, and registration code.

6. ATTENTION AREA

Identifies important registration and details specific to the program like, wheelchair accessible registration code, transportation details, and dates which the program will not meet.

1 EXAMPLE NAME



3 Program descriptions helps you understand a program's focus.

4 **Note:** Important program notices (if any) will be displayed in this area.

Age This area identifies the program's age range
Location Visit page 6 for a list of program location addresses.

5 Code	Day(s)	Time	\$	Date(s)
0-000-00-0	F	6:00-8:00pm	Session Fee	6/12-8/6

Wheelchair Accessible Code Programs featuring special access registration codes for wheelchair users are indicated in this section.

Transportation Transportation details (if available) will be displayed in this area.

No Program Dates No program dates (if any) will be displayed here.

IDENTIFYING PROGRAM BENEFITS

SEASPAR is known for delivering dynamic recreation programming, but did you know that the same programs also provide many beneficial attributes important for the growth and development of individuals with disabilities? Because we believe identifying these benefits is important to your program selection process, we added a system of icons to help you select the perfect programs available within this guide. Look for these program icons for:



Independence:

Programs marked with this icon are considered to promote independence through engaging activities delivered in structured environments. These programs are recommended for individuals who live independently or want to increase responsibilities around the house and beyond.



Motor Skills Development:

Programs marked with this icon promote motor skill development. These programs are recommended for individuals who can benefit from continued development (and strengthening) of motor skills with participation in age-appropriate activities.



Active:

Programs marked with this icon include elements beneficial to a healthy lifestyle through the inclusion of physical activities. These programs are recommended for individuals who seek to increase or introduce activities that promote an active lifestyle, through light exercise.



Social Skills Development:

Programs marked with this icon are considered to promote social skills development through participation in various activities hosted in safe environments. These programs are recommended for individuals who desire to expand their social skills or yearn for fun social opportunities.



Sensory Exploration:

Programs marked with this icon are specially designed to appease the senses and are highly recommended for individuals with autism, sensory processing disorders, and ADHD. Many sensory-friendly programs make use of SEASPAR's two multi-sensory rooms.



Performing Arts:

Programs marked with this icon are associated with the teaching of performance arts. A program such as this is ideal for individuals with a desire to entertain, practice performance-based skills, or learn more about the virtues of the stage.



Competitive:

Programs marked with this icon are considered to be competitive. Participants who desire competitive programs are encouraged to seek programs marked with this icon. Programs such as these can range from team sports to activities designed to challenge potential.



Special Olympics:

Programs marked with this icon are associated with Special Olympics, which involves training and participation in competitive sports offered at various levels. Participants are expected to attend games, which may include local and non-local events and tournaments.

STAFF

WILLIAM CAZARES

Marketing Coordinator

MATT CORSO, CTRS, CPRP

Executive Director

MOLLY DOWNING, CTRS

Recreation Coordinator

MATT GORECKI, CPRP

Recreation Coordinator

CHRISTINA HEALY, CTRS

Recreation Coordinator

KIMBERLY A. HUGGINS, CPRP

Senior Recreation Coordinator

DAWN KRAWIEC, CPRP

Superintendent of Recreation

CHRIS LAMBIASI

Human Resources Specialist

KAREN LESNIAK

Superintendent of Administrative Services

MORGAN MASON, CPRP

Administrative Services Manager

LAUREN McVEY, CTRS

Recreation Coordinator

CATHERINE A. MORAVA, CPRP

Adult Day Program Manager

BETHANY PASTRANA, CTRS

Inclusion Manager

JASPER SHORR

Recreation Specialist

DANIELLE TALLON, LBS1

Program Manager

SHANNON TOVEY, SHRM-CP, CTRS

Human Resources Manager

RUTH CARBON

Registration Specialist

JOIN THE SEASPAR TEAM!

SEASPAR offers flexible hours with a variety of fun programs and events to choose from. No experience is necessary for some positions. Applicants must be 16 or older.

Call us at 630.960.7600 or visit SEASPAR.org to apply online!

MEET LAUREN!

We're thrilled to welcome Lauren McVey as our new Recreation Coordinator overseeing the EAGLES Adult Day Program. Lauren's experience with SEASPAR makes her the perfect person to elevate our beloved adult day program. If you see Lauren out and about, give her a wave and a hello!

SEASPAR.ORG | 630.960.7600

CONTACT US

Never hesitate to contact SEASPAR with your questions. Our staff is eager to assist you! Ask for Registration Specialist Ruth Carbon for assistance during registration.

BY PHONE

TRS

630.960.7600

711

BY EMAIL

adminstaff@seaspar.org

PROGRAM HOTLINE

After hours program status hotline.

630.960.7582

SOCIAL MEDIA

Facebook.com/SEASPAR
Twitter.com/SEASPAR
Instagram.com/WeAreSEASPAR

OFFICE HOURS

Monday–Friday, 8:30am–4:30pm

Recorded Message After Hours.

The SEASPAR Office will be closed on:

May 29

July 4

OFFICE LOCATION

4500 Belmont Road, Downers Grove, IL 60515

FOLLOW US

Don't miss another moment! Follow SEASPAR on your favorite social media app for more news, photos, videos, and the latest stories about your favorite activities.



PROGRAM LOCATIONS

AMC QUARRY CINEMAS

9201 W 63rd Street, Hodgkins

CENTENNIAL COMMUNITY & AQUATIC CENTER

16028 127th Street, Lemont

CINEMARK AT SEVEN BRIDGES

6500 IL-53, Woodridge

CLARENDON HILLS COMMUNITY CENTER

315 Chicago Avenue, Clarendon Hills

COMMUNITY PARK DISTRICT OF LA GRANGE PARK

1501 Barnsdale Road, La Grange Park

DARIEN SPORTSPLEX

451 Plainfield Road, Darien

DOWNERS GROVE RECREATION CENTER

4500 Belmont Road, Downers Grove

EBERSOLD PARK

5923 Main Street, Downers Grove

FMC NATATORIUM

275 Plaza Drive, Westmont

GRAND AVENUE COMMUNITY CENTER

4211 Grand Avenue, Western Springs

HANSON CENTER

15W431 E. 59th Street, Burr Ridge

INDIAN BOUNDARY YMCA

711 59th Street, Downers Grove

JOHN LAIDLAW ELEMENTARY SCHOOL

4072 Forest Avenue, Western Springs

LA GRANGE COMMUNITY CENTER

200 Washington Street, La Grange

LESTER ELEMENTARY SCHOOL

236 Indianapolis Avenue, Downers Grove

LIONS PARK POOL

100 Byrd Court, Clarendon Hills

LINCOLN CENTER

917 Maple Avenue, Downers Grove

LISLE LANES

4920 Lincoln Avenue, Lisle

LISLE RECREATION CENTER

1925 Ohio Street, Door 8, Lisle

LOST MOUNTAIN ADVENTURE GOLF

1535 75th Street, Woodridge

LYONS TOWNSHIP HIGH SCHOOL SOUTH CAMPUS

4900 Willow Springs Road, Western Springs

MAR-DUKE FARM

6800 S. Main Street, Downers Grove

MIRACLE FIELD, LEMONT PARK DISTRICT

16028 127th Street, Lemont

MORTON ARBORETUM

4100 IL-53, Lisle

RAY'S BAY MULTI-SENSORY ROOM

4211 Grand Avenue, Western Springs

RANDALL PARK

801 Randall Street, Downers Grove

SEA LION AQUATIC PARK

1825 Short Street, Lisle

SEASPAR

4500 Belmont Road, Downers Grove

SPRING ROCK PARK

4400 Central Avenue, Western Springs

SUBURBANITE BOWL

201 Ogden Avenue, Westmont

THE CORE FITNESS & AQUATIC COMPLEX

16028 127th Street, Lemont

TY WARNER PARK

700 Blackhawk Drive, Westmont

TRUE BALANCE KARATE

406 Ogden Avenue, Downers Grove

WESTMONT COMMUNITY CENTER

75 East Richmond Avenue, Westmont

WONDERS MULTI-SENSORY ROOM

1925 Ohio Street, Door 8, Lisle

WOODRIDGE ARC

(ATHLETIC RECREATION CENTER)

8201 S. Janes Avenue, Woodridge

TRANSPORTATION

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions.

 When completing your registration form for programs that include transportation, please indicate the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles:

- SEASPAR reserves the right to refuse to transport individuals.
- All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle.
- All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.
- Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
- SEASPAR staff are responsible for determining whether a participant can be transported safely.

Transportation locations may include:

DARIEN

Darien Sportsplex | Parking Lot
451 Plainfield Road, Darien

DENNING

Denning Park | Parking Lot
4901 Gilbert Avenue, La Grange

LEMONT

Lemont Centennial Community Center | Parking Lot
16028 127th Street, Lemont

LISLE

Lisle Recreation Center | Door #8
1925 Ohio Steet, Lisle

SEASPAR

Downers Grove Recreation Center | Parking Lot
4500 Belmont Road, Downers Grove

DIRECTORY

WEEKLY PROGRAM NAME					AGES	DAYS	PAGE
Sensory Seekers		•			All ages	Mondays	13
Karate		•			All ages	Mondays	13
Sensory Explorers		•			All ages	Wednesdays	14
Sensory Sunday		•			All ages	Sundays	16
American Sign Language Songs and Stories		•			0-5	Wednesdays	18
Mighty Movers		•			2-6	Thursdays	18
Rhythm Works I		•			3-6	Wednesdays	18
Splash & Sing!		•			3-6	Fridays	19
Music and Me		•			3-7	Tuesdays	17
Music Lessons with Nancy	•	•			5+	Tues., Thurs., or by appt.	14,36
Swim Lessons		•			5+	Mon., Tues., Wed., Thurs., Sat.	15
Kids Camp		•			5-12	Monday-Friday	40
La Grange Camp		•			5-12	Monday-Friday	42
LADSE Camp		•			5-13	Monday-Friday	42
Rhythm Works II		•			7-15	Wednesdays	18
Saturday Superstars		•			7-15	Saturdays	19
Rocket League	•				8+	Wednesdays	37
Spartans Bocce		•	•		8+	Wednesdays	34
Spartans Golf		•	•		8+	Thursdays	35
Spartans Golf (Developmental)		•			8+	Thursdays	35
Power Soccer		•			8+	Saturdays	35
Spartans Swimming		•			8+	Sundays	35
Musical Theatre		•			8-15	Tuesdays	17
Lightning Softball		•			8-25	Wednesdays	34
Adventurer's Camp		•			13-22	Monday-Friday	41
Teen & Adult Camp		•	•		13-22	Monday-Friday	41
LTHS Camp		•			14-22	Monday-Friday	42
Young Adult Club		•	•		16-25	Saturdays	26
Afternoon Adventures		•			16+	Mondays	21
Walking Club West		•			16+	Mondays	21
Mini Golf at Lost Mountain		•			16+	Mondays	22
Gardening Club		•			16+	Mondays	22
Cooking with SEASPAR (Virtual)	•				16+	Mondays	37
Karaoke		•			16+	Mondays	37
Day Away Tour		•			16+	Tuesdays	22
Bowling at Lisle Lanes		•			16+	Tuesdays	22
Cooking With SEASPAR (In-Person)		•			16+	Tuesdays	23
Creative Corner		•			16+	Tuesdays	23
Picnic in the Park		•			16+	Tuesdays	23
Soup or Salad		•	•		16+	Tuesdays	23
Pet Therapy		•			16+	Tuesdays	24
Spartans Volleyball		•	•		16+	Tuesdays	33
Feast With Friends	•				16+	Tuesdays	37
Game Night	•				16+	Tuesdays	38

DIRECTORY

WEEKLY PROGRAM NAME					AGES	DAYS	PAGE
Bowling at Suburbanite		•			16+	Wednesdays	24
Spartans Flag Football		•	•		16+	Wednesdays	34
Movie Club	•				16+	Wednesdays	38
Yoga with Jen	•				16+	Wednesdays	38
Day Trippers		•			16+	Thursdays	24
Fit N' Fuel	•				16+	Thursdays	25
Walking Club East		•			16+	Thursdays	25
Glee Club		•			16+	Thursdays	25
At the Movies		•			16+	Thursdays	25
Work-In with SEASPAR	•				16+	Thursdays	38
Bingo	•				16+	Thursdays	38
Social Club East		•			16+	Fridays	26
Social Club West		•			16+	Fridays	26
Brunch with Besties		•	•		16+	Sundays	26
Saturday Night Socialites		•	•		26+	Saturdays	26

SPECIAL EVENT NAME					AGES	DAYS/DATES	PAGE
Swan Lake Rehearsal (Exclusive Offer)		•			All ages	Thursday, April 27	32
Nature Play for All (Exclusive Offer)		•			All ages	Saturday, June 11/ Sunday, June 12	16
Summer Kick Off		•			All ages	Sunday, June 11	54
Picnic & Pool I		•			7-15	Saturday, June 17	20
Picnic & Pool II		•			7-15	Saturday, June 24	20
Ice Cream & Splash Pad		•			7-15	Saturday, July 15	20
Playground Tours		•			7-15	Saturday, July 22	20
Morton Arboretum		•			7-15	Saturday, July 29	20
Summer Bash Dance		•			16+	Friday, June 16	27
Illinois Railway Museum		•	•		16+	Saturday, June 17	27
Chicago Premium Outlets		•	•		16+	Sunday, June 18	28
Racine Zoo		•	•		16+	Saturday, June 24	28
Chicago White Sox		•	•		16+	Sunday, June 25	28
Kane County Cougars		•	•		16+	Saturday, July 1	29
Anderson Japanese Gardens		•	•		16+	Sunday, July 2	29
Volo Auto Museum		•	•		16+	Saturday, July 8	29
Dance Party in the Park		•			16+	Sunday, July 9	29
Movie in the Park		•	•		16+	Friday, July 14	30
Kane County Fair		•	•		16+	Saturday, July 15	30
Chicago Cubs		•	•		16+	Sunday, July 16	30
Starved Rock		•	•		16+	Saturday, July 22	31
Home Run, In-House		•			16+	Saturday, July 29	31
DuPage County Fair		•	•		16+	Sunday, July 30	31
A Day at the Lake		•	•		16+	Saturday, August 5	32
Shedd Aquarium		•	•		16+	Sunday, August 6	32

STAFF APPRECIATION

THE CORE OF OUR SUCCESS.

PAGES 9-10

THANK YOU!

Words cannot express how much SEASPAR appreciates the hard work of our support staff! Many of you go above and beyond the job responsibilities by volunteering your time for programs, assisting with fundraising events, and spreading the word about SEASPAR.

All of SEASPAR's staff and volunteers deserve a round of applause for their efforts in giving back and contributing to the development of individuals within our communities. Thank you for your dedication, loyalty, and continuing support of SEASPAR!

SUPPORT STAFF

SEASPAR support staff play a key role in delivering quality programs to SEASPAR participants. The support staff team is made up of weekly program and special event staff, inclusion staff, EAGLES staff, day camp staff, and volunteers. Each support staff member brings unique skills and experiences with them. Without their many talents and willingness to share them, SEASPAR would not be what it is today.

SEASPAR had an average of 195 assist staff members each program season this past fiscal year, 2022. SEASPAR had approximately 40 inclusion staff members, 13 EAGLES support staff members, 42 summer day camp staff members and an average of 100 weekly program and special event staff working programs and supporting our participants to ensure everyone has a safe and enjoyable experience!

A big thanks to all of SEASPAR's support staff. We are not able to produce such amazing programs and serve our participants without your hard work, dedication, and commitment. Our participants and staff are forever grateful for your support!

VOLUNTEERS

SEASPAR would not be able to do what we do without the generosity of our volunteers. Because of their assistance we are able to save money, translating directly into lower program costs for participants.

SEASPAR's volunteer team worked a total of 1,544 hours the past fiscal year. Volunteers saved SEASPAR \$21,616 in staff costs and we had 130 separate individuals volunteer in some capacity at SEASPAR. We are so grateful for all our fantastic volunteers, and we hope this amazing group continues to grow! A big shout out to our current program volunteers:

Lillian Boor	Steve Murdock
Joseph Dooley	Gary Naberhaus
Ann Franczyk	James Pappa
Larry Franczyk	Laura Plemich
Mary Furbush	Josh Potts
Jim Janota	Ann Saladino
Marsha Janota	Paul Saladino
Todd Krystof	Don Smetko
Trisha Mallare	Emily Zimmerman
Karen Mulroy	

We thank you for your time and commitment in supporting our programs!

EAGLES

The EAGLES Adults Day Program continues to expand their experiences and find creative ways to make healthy choices. Our staff work hard to collaborate with local businesses, therapists, educators, university students, and local day programs to offer new and exciting opportunities for the participants in the program. We are very fortunate to have such a great team working the program. This dedicated team of professionals includes:

- | | | |
|---------------|-----------------|-----------------|
| Nicole Causey | Elisa Keegan | Becky Quirk |
| Pam Conlon | Jennifer Molsky | Dan Skarnulis |
| Eileen Kash | Kristy Pauley | Nicole Strawser |
| Brian Klama | Audrey Peters | |

A huge thank you to our amazing subs:

- | | | |
|---------------|----------------|-------------------|
| Bob Ackermann | Debbie Murdock | Kathleen Shanahan |
| Aaron Causey | Tanja Murray | Lorrie Smietanski |
| Amy Klama | Dawn Pope | |

INCLUSION

Country and state-wide, the concept of inclusion, inclusive recreation programming, and inclusive practices continue to grow and draw attention. SEASPAR's twelve member entities support this trend, and in partnership with SEASPAR, strive to provide an equal opportunity for all members of those communities to recreate and benefit from the programs they jointly offer.

In the summer of 2022, SEASPAR employed approximately 40 inclusion aides to assist individuals with special needs in approximately 37 programs offered by our twelve member entities. We were able to help the park district support approximately 66 individuals with disabilities. For the fall, winter, and spring seasons, SEASPAR received and provided inclusion services to those member entities for 62 inclusion requests.

Meeting these inclusion needs would not be possible without the dedication and commitment of our seasonal and year-round inclusion aides. We would like to formally recognize their efforts and thank them for the passion, kindness, and the support they provide and demonstrate towards the participants they work with each day. On behalf of our full-time SEASPAR staff, as well as our member entity staff, we would like to express our gratitude to them and especially the following year-round inclusion aides:

- | | | |
|----------------------|------------------|----------------------|
| Elizabeth Adkins | Emily Lang | Josephine Potts |
| Eva Bednard | Mia Liebmann | Colleen Pyrcioch |
| Noelle Cochrane | Lana Loera | Kyle Quarto |
| Madilynn Corey | Kayleigh Loo | Nikki Randa |
| Madeline Davis | Robert Lube | Lauren Rapp |
| Anacely Dobry | Kaitlyn Maas | Alyssa Reynolds |
| Brian Dubina | Raunak Malhotra | Ellie Richards |
| Joan Durkin | Natalie Mall | Samantha Rosenwinkel |
| Nicole Edmeier | Ryan Marchewka | Nick Schmidt-Baily |
| Sydney Gorski | Sophia Marczuk | Nicole Strawser |
| Bobbiejean Granberry | Kelli McGoorty | Gina Tremonte |
| Gianna Grippo | Lauren McVey | Amelia Van Stee |
| Evelyn Grogan | Elizabeth Melvin | Natalie Vroman |
| Robert Grogan | Joel Miller | Mia Weisman |
| Tyler Hone | Sarah Milligan | Gracie Wilcox |
| Natalia Hornik | Daniel Mitchell | Susan Willis |
| Brandon Howell | Elsa Moede | Arianna Zielinski |
| Adeline Jones | Jillian Murphy | |
| Leena Kanaan | GeriAnn Ortega | |
| Lexi Kozminski | Inge Papaeliou | |
| Morgan Lally | Shea Pauley | |

IMPACT

FROM PART-TIME STAFF AND VOLUNTEERS

195

Weekly Programs, Camp, and Special Event Staff

40

Inclusion Staff

13

EAGLES Adult Day Program Staff

130

Volunteers

10

1,544

Volunteer Hours Served

\$21,616

Staff Cost Savings from Volunteers

THANK YOU

SUMMER 2023



DONORS: OCTOBER 2022 -JANUARY 2023

SEASPAR thanks the following individuals, families, businesses, and community organizations for their generous donations made from October 2022 through January 2023.

- AmazonSmile
- Anonymous
- The Jackson Barrett Beatty Family in Memory of Emma Caroline Beatty Beth and Pete Bensen to Benefit the EAGLES Program
- Kevin Brennan
- Thomas Condon
- Donna Denz
- DoubleGood
- Downers Grove Park District
- Brad Grcevic in Honor of the Lemont High School Students of the Month
- Liz Grillos in Honor of Chris Lambiasi
- The Grudem Family
- The Hansen Family
- Richard Hanus
- Knights of Columbus, Father John Guiney Council No. 8522
- Knights of Columbus, St. Joan of Arc Council No. 15168
- Knights of Columbus, St. John Council No. 3738
- The Kokoris Family
- Microsoft Rewards/Give with Bing
- The Minium Family
- Karen and Tom Mulroy
- Kate and Josh Patel
- The Plemich Family
- The Preston Family
- John Salvino
- Tiffany Senger in Honor of Amanda Azam’s Birthday
- Spiros-Weber Charitable Fund Ability Grant in Honor of Ben Kus
- Patrick Stanton

IN MEMORY OF MELISSA HANDS

- The Jackson Barrett Beatty Family
- Edward & Minnie Ceragioli Fund at the Suggestion of James and Judith Biancalana
- DuPage Forever Fund
- Judy Krueger, Huck Bouma PC
- MOMENTA Dance Company
- Rebecca Morey
- Melanie Them
- Charles Wilhelm

IN HONOR OF EMILIE DONALDSON’S BIRTHDAY

- Liz Grillos
- Kim Schneider

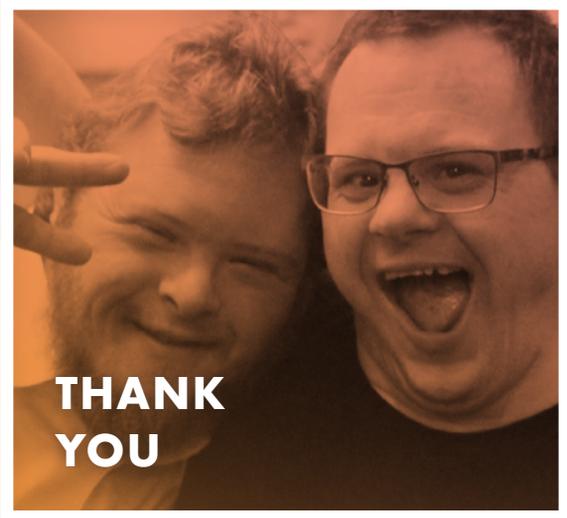
MAKE A DONATION

Show your support by making a secure online donation today. Donations are accepted year-round, help support our services, and are tax-deductible.

Donate online at SEASPAR.org/donations or scan the code with your phone.



SEASPAR is a registered 501(c)3 organization (tax number 36-3264898).



THANK YOU

11 LET THE MISSION CONTINUE.

PAGES 11-12



ANNUAL APPEAL
DONORS

Robert Ackermann
Dana Avalos
Rosemary and Thomas Bellaire
Dee Biegun
Beverly Buglio
Kevin and Elaine Burke
Lois Bush
The Caranto Family
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The David F. and Margaret T. Grohne Family
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Ken and Sandy Walker
Randall Wallin
Ron Wlezien and JPMorgan Chase Good
Works Employee Giving Program
Carmen Woodring
Randy Zezulka

ANNUAL APPEAL
BEYOND EXPECTATION

Each year, SEASPAR works to raise funds through its “annual appeal,” which begins on Giving Tuesday and continues through the end of the year. During this time, we humbly ask our friends, supporters, and local businesses for financial support for initiatives we have for the following year.

In our 2022 appeal, we asked for support for our Fee Assistance Program, which is used by families with financial constraints to fund up to 50% of their program fees. With inflation and rising costs impacting our families, we believed this was the best use of our annual appeal funds for 2023.

Our goal was \$15,000, which was the approximate amount of fee assistance distributed in 2022. So you can imagine our reaction when the final amount in donations for our 2022 annual appeal totaled... \$38,689!

Grateful is an understatement. We are overwhelmed by the generosity of our supporters. They recognized a need and filled it with donations ranging

from \$10 to \$10,000. One donation came with the comment, “Thank you for everything you do for your participants. I can't count the number of times you've gone above and beyond!”

But it is our turn to say thank you. Thank you to our participant families who trust us to provide safe, high-quality programs to their loved ones. Thank you to our communities who trust us to serve their residents. And thank you to our financial supporters, who trust us to responsibly put their donations to work. We don't take any of this trust lightly, and we are truly grateful.

We have already allocated over \$15,000 in fee assistance for 2023, and more will be distributed each season. If you or someone you know could benefit from fee assistance for seasonal programs, our confidential program application is available online or by calling 630.960.7600. SEASPAR and our generous donors are happy to help make sure everyone is included, regardless of financial situation.



Our **Fee Assistance Program** makes programs attainable to families with financial restraints through scholarships funded by generosity. Apply confidentially online at SEASPAR.org.



SENSORY SEEKERS



Ever wonder what your senses are missing? Explore them! Sensory Seekers participants will explore the limits of their senses at Ray's Bay, SEASPAR's newest multi-sensory room. This program is offered in four 30-minute sessions available during the time listed.

Note: Please include your preferred session time at registration. SEASPAR staff will do their best to accommodate your requests, but timeslots are not guaranteed.

Age All ages
Location Ray's Bay Multi-Sensory Room, Western Springs

Code	Day(s)	Time	\$	Date(s)
1-090-01-1	M	4:00-6:15pm	\$60	6/12-7/31

No Program Dates 7/3

KARATE



Release tension and increase focus! This karate class' non-contact training teaches self-control and balance, and promotes focus training. This is a continuous program, giving participants the ability to advance through the belt system in pursuit of the coveted black belt. All skill levels are welcome.

Age All ages
Location True Balance Karate, Downers Grove

Code	Day(s)	Time	\$	Date(s)
1-000-03-1	M	5:30-6:00pm	\$67	6/12-7/31

No Program Dates 7/3



PROGRAMS FOR EVERYONE

PROGRAMS FOR YOU AND ME.

PAGES 13-16



WE ARE SEASPAR

Have questions about programs for everyone? Let one of our expert Recreation Coordinators assist you.

MOLLY DOWNING, CTRS
mdowning@seaspar.org • 630.960.7664

CHRISTINA HEALY, CTRS
chealy@seaspar.org • 630.960.7660

MATT GORECKI, CPRP
mgorecki@seaspar.org • 630.960.7627

SENSORY EXPLORERS



Ever wonder what your senses are missing? Explore them! Sensory Explorers participants will explore their senses at Wonders, SEASPAR's award winning multi-sensory room. This program is offered in four 30-minute sessions available during the time listed.

Note: Please include your preferred session time at registration. SEASPAR staff will do their best to accommodate your requests, but timeslots are not guaranteed.

Age	All ages			
Location	Wonders Multi-Sensory Room, Lisle			
Code	Day(s)	Time	\$	Date(s)
1-090-02-1	W	3:30-6:00pm	\$68	6/14-8/2



MUSIC LESSON WITH NANCY



Schedule an individual music lesson with Nancy Urban! Lessons are 30 minutes each and are available Tuesdays, Thursdays, or by appointment. Please request your preferred lesson time at registration.

Age	5+			
Location	Darien Sportsplex			
Code	Day(s)	Time	\$	Date(s)
1-000-01-1	TU	By Appointment	\$58	6/13-8/1
1-000-01-2	TH	By Appointment	\$67	6/15-8/3

No Program Dates 7/4

EXPLORE WHAT YOUR SENSES CRAVE!

Two of SEASPAR's most exciting amenities are its multi-sensory rooms located at the Lisle Recreation Center and the Grand Avenue Community Center in Western Springs. Both rooms offer specially-designed interactive equipment that appeals to the auditory, tactile, olfactory, and visual senses. Multi-sensory rooms primarily benefit individuals with autism, sensory processing disorders, and ADHD. All SEASPAR residents are invited to participate!

Learn more about SEASPAR's multi-sensory rooms on pages 43-44.



SWIM LESSONS



Swim lessons save lives! Join SEASPAR and Coach Eve Learn to Swim certified instructors for swim lessons that are as fun as they are essential. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Swim lessons are taught in small groups, and 1:1 assistance is provided as determined by the staff.

Note: Swim lessons are 30 minutes each. Please include your preferred lesson time at the time of registration. We will do our best to accommodate your request, but due to high demand, timeslots are not guaranteed. Swimmers are allowed to participate in one aquatics program per season. Please be aware that we share the pools with the public.

SEE SWIM LESSONS PROGRAM OPTIONS BELOW.



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SWIM LESSONS THE CORE

Age 5+
Location The CORE, Lemont

Code	Day(s)	Time	\$	Date(s)
1-000-02-1	M	4:00-6:00pm	\$144	6/5-7/24

SWIM LESSONS YMCA

Age 5+
Location Indian Boundary YMCA, Downers Grove

Code	Day(s)	Time	\$	Date(s)
1-000-02-2	TU	4:00-6:00pm	\$126	6/13- 8/1

No Program Dates 7/4

SWIM LESSONS FMC NATATORIUM

Age 5+
Location FMC Natatorium, Westmont

Code	Day(s)	Time	\$	Date(s)
1-000-02-3	W	4:00-6:00pm	\$144	6/14-8/2

SWIM LESSONS YMCA

Age 5+
Location Indian Boundary YMCA, Downers Grove

Code	Day(s)	Time	\$	Date(s)
1-000-02-4	TH	4:00-6:00pm	\$144	6/15-8/3

SWIM LESSONS THE CORE

Age 5+
Location The CORE, Lemont

Code	Day(s)	Time	\$	Date(s)
1-000-02-5	SA	1:00-3:00pm	\$126	6/10-7/29

No Program Dates 7/22



SENSORY SUNDAY

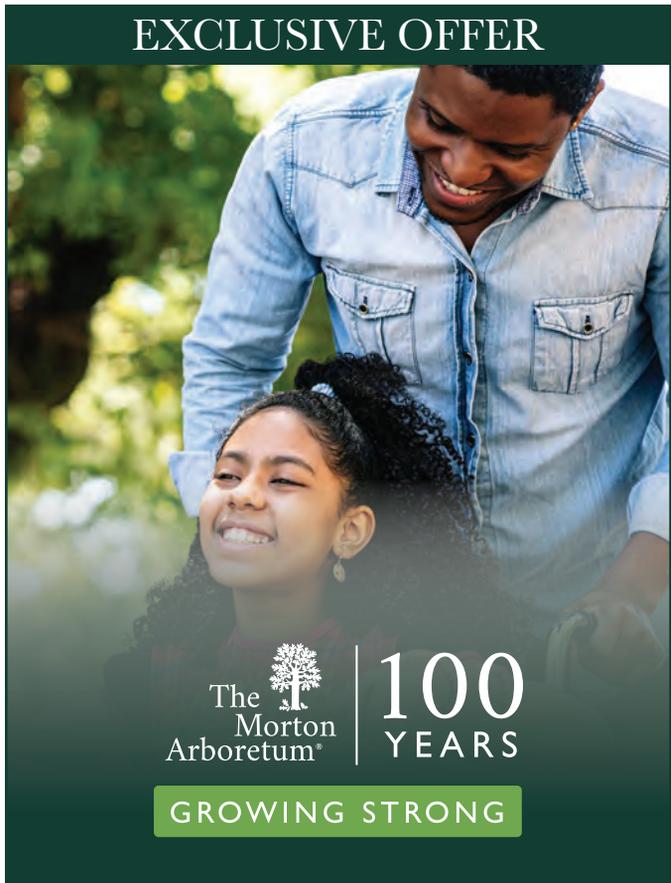


It's been a long week. Treat your senses to a weekend getaway! Sensory Sunday participants take a voyage of the senses every Sunday at Wonders, SEASPAR's award winning multi-sensory room. This program is offered in eight 30-minute sessions available during the time and dates listed.

Note: Please include your preferred session time at registration. SEASPAR staff will do their best to accommodate your requests, but timeslots are not guaranteed.

Age All ages
 Location Wonders Multi-Sensory Room, Lisle

Code	Day(s)	Time	\$	Date(s)
1-090-03-1	SU	11:00am-3:00pm	\$17	6/18, 6/25
1-090-04-1	SU	11:00am-3:00pm	\$34	7/9, 7/16, 7/23, 7/30
1-090-05-1	SU	11:00am-3:00pm	\$9	8/6



EXCLUSIVE OFFER

The Morton Arboretum | 100 YEARS
 GROWING STRONG

Nature Play for All Weekend

Children's Garden at The Morton Arboretum
 June 10 and 11, 10:00am to 2:00pm

Free access for SEASPAR families

SEASPAR families are invited to visit the Children's Garden at The Morton Arboretum to play, wonder, and explore nature through accessible activities. Access includes pond exploration, seed planting, creative nature art, story times in American Sign Language, sensory hikes, and more.

Register

SEASPAR families may take advantage of this opportunity by registering online at SEASPAR.org/MortonNPAW2023.

Event Location

The Morton Arboretum
 4100 Illinois Route 53
 Lisle, IL 60532
 630-968-0074



MUSIC AND ME



In cooperation with Dynamic Lynks, SEASPAR is offering a music program that is tailored to our young participants and fun! Dynamic Lynks is a music therapy center that uses music and movement to facilitate skill development in individuals of all ages through inclusive and affirming client-centered strategies. Check it out!

Age 3-7
 Location Community Park District of La Grange Park

Code	Day(s)	Time	\$	Date(s)
1-010-01-1	TU	4:00-4:45pm	\$73	6/13-8/1

No Program Dates 7/4

MUSICAL THEATRE



Calling all aspiring thespians! Are you looking for a way to prepare for center stage? Look no further than our Musical Theatre class! While focusing on fun, this program will also incorporate aspects of improv, singing, dancing, and more!

Age 8-15
 Location Community Park District of La Grange Park

Code	Day(s)	Time	\$	Date(s)
1-010-02-1	TU	5:00-5:45pm	\$73	6/13-8/1

No Program Dates 7/4



CHILDREN & YOUNG TEENS WEEKLY PROGRAMS

MAKE MEMORIES HAPPEN.

PAGES 17-19



NEED HELP? LET US HELP.

When she's not busy devising new ways to entertain SEASPAR's youngest members, Recreation Coordinator Molly Downing works hard providing our families with quality services and the answers they need.

Have questions about services for children & young teens offered by SEASPAR? Contact Molly!

MOLLY DOWNING, CTRS
 mdowning@seaspar.org • 630.960.7664

AMERICAN SIGN LANGUAGE
SONGS AND STORIES



Learn American Sign Language (ASL) alongside your child to increase your little one's communication, reduce frustration, and deepen your bond together. Each class introduces ASL signs through fun songs, interactive books, and engaging activities. Join our story time on Wednesdays with Danielle GeGuzman, an early intervention provider for deaf and hard-of-hearing infants and toddlers. Any hearing status welcome!

Note: This is a child/guardian class.

Pairs nicely with **Rhythm Works I**, an OT Dance program that gets your body movin' and groovin'!

Age 0-5
Location Westmont Community Center

Code	Day(s)	Time	\$	Date(s)
1-010-03-1	W	4:00-4:30pm	\$68	6/14-7/26

No Program Dates 7/5



MIGHTY MOVERS



Move and groove with this new dance class that is sure to get you excited each week! SEASPAR will be leading you in the cool moves that you can do.

Age 2-6
Location Clarendon Hills Community Center

Code	Day(s)	Time	\$	Date(s)
1-010-06-1	TH	5:00-5:45pm	\$91	6/15-8/3



RHYTHM WORKS



SEASPAR presents its very own Rhythm Works, led and instructed by our talented SEASPAR staff. Staff have learned the curriculum and dance moves to provide quality dance with OT-centered moves in mind. Goals will be discussed with families for each individual involved in this unique program!

RHYTHM WORKS I

Age 3-6
Location Westmont Community Center

Code	Day(s)	Time	\$	Date(s)
1-010-04-1	W	4:45-5:15pm	\$112	6/14-8/2

RHYTHM WORKS II

Age 7-15
Location Westmont Community Center

Code	Day(s)	Time	\$	Date(s)
1-010-05-1	W	5:30-6:15pm	\$112	6/14-8/2





SPLASH & SING!



Come sing with Miss Gretchen at the Lions Park Pool splash pad where we combine music, water, and fun to start our Fridays right! This program is 45 minutes of guided singing and 15 minutes of independent play at the splash pad.

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Note: This program is a child/guardian class. Parents are required to attend program. Siblings are also welcome to join and must complete an additional waiver to participate in program. Please contact Molly Downing with any questions at mdowning@seaspar.org.

Age	3-6			
Location	Lions Park Pool, Clarendon Hills			
Code	Day(s)	Time	\$	Date(s)
1-010-07-1	F	9:45-10:45am	\$46	7/7-7/28

SATURDAY SUPERSTARS



Join us in Lisle as we start our Saturdays off right with friends and fun! Each week we'll spend time in our Wonders Multi-Sensory Room, dance, play, and more while enjoying time with friends. A snack will be provided at program.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
1-010-08-1	SA	9:00-11:00am	\$59	6/17-8/5

No Program Dates 7/1



CHILDREN & YOUNG TEENS SPECIAL EVENTS

MEMORIES FOR A LIFETIME.

PAGE 20

NEED HELP? LET US HELP.



When she's not busy devising new ways to entertain SEASPAR's youngest members, Recreation Coordinator Molly Downing works hard providing our families with quality services and the answers they need.

Have questions about services for children & young teens offered by SEASPAR? Contact Molly!

MOLLY DOWNING, CTRS
mdowning@seaspar.org • 630.960.7664

PICNIC & POOL



There's no better way to beat the summer heat than heading to the pool! You'll be swimming at Sea Lion Aquatic Center in Lisle on 6/17 and Centennial Aquatic Center in Lemont on 6/24. We will have a picnic lunch by the park.

Note: Please bring a sack lunch.

Pairs nicely with **Saturday Superstars** on page 19.

Age 7-15
Location Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
1-200-01-1	SA	11:00am-2:00pm	\$35	6/17
1-200-02-1	SA	11:00am-2:30pm	\$35	6/24

ICE CREAM & SPLASH PAD



A fun summer day of splashing and snacking! SEASPAR will be heading to Ty Warner Park for some fun at the splash pad and then have some refreshing ice cream by the park.

Note: Lunch will be provided by SEASPAR.

Pairs nicely with **Saturday Superstars** on page 19.

Age 7-15
Location Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
1-200-03-1	SA	11:00am-3:00pm	\$35	7/15



PLAYGROUND TOURS



Playing with SEASPAR friends is always a blast, but what if it was at 3 parks in one day? Join us as we visit three of SEASPAR's favorite parks, where we'll jump, play, and swing all day long! Lunch will be provided by SEASPAR.

Pairs nicely with **Saturday Superstars** on page 19.

Age 7-15
Location Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
1-200-05-1	SA	11:00am-3:00pm	\$35	7/22

MORTON ARBORETUM



We're heading to the Morton Arboretum to explore nature and have fun! Miriam from the Arboretum has a fun day planned for us with exploring, nature, and planting all rolled into one!

Pairs nicely with **Saturday Superstars** on page 19.

Age 7-15
Location Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
1-200-04-1	SA	11:00am-2:00pm	\$40	7/29



**TEEN & ADULT
WEEKLY PROGRAMS**

21

**BRING OUT
YOUR BEST!**

PAGES 21-26



AFTERNOON ADVENTURES



Enjoy exciting travels throughout our beautiful communities. Trek alongside friends in journeys of exploration and adventures that you won't forget.

Note: Due to the nature of this program, participants must be able to tolerate being in the community. A schedule of the activities will be on the SEASPAR website prior to program season.

Age	16+			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
1-030-01-1	M	3:15-6:15pm	\$200	6/12-7/31

WALKING CLUB WEST



Walk your way to better health and be social! What better way to get your steps in for the day than by walking with friends? Join us as we walk around scenic Lisle Community Park. We will enjoy nature, chats with friends, and the benefits of a great cardiovascular workout!

Age	16+			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
1-030-02-1	M	4:15-5:00pm	\$58	6/12-7/31

NEED HELP? LET US HELP.

Let's have some fun! Recreation Coordinator Christina Healy loves creating fun and exciting programming for SEASPAR's teen and adult participants!

Have questions about weekly programs for teens and adults offered by SEASPAR? Contact Christina!

CHRISTINA HEALY, CTRS
chealy@seaspar.org • 630.960.7660

MINI GOLF AT LOST MOUNTAIN



Here is your chance to become the next Tiger Woods! Enjoy some friendly competition, learn sportsmanship, and experience an exciting new challenge as we go to Lost Mountain Adventure Golf!

Age	16+			
Location	Lost Mountain Adventure Golf, Woodridge			
Code	Day(s)	Time	\$	Date(s)
1-030-03-1	M	5:30-6:30pm	\$92	6/12-7/31

GARDENING CLUB



Get your green thumbs ready! We will be planting different veggies, flowers, and spices. Each week, we will learn about different gardening tools, parts of a plant, and take care of our plants!

Age	16+			
Location	Mar-Duke Farm, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
1-030-04-1	M	5:45-6:45pm	\$84	6/12-7/31

DAY AWAY TOUR



Why live for the weekend, when everyday can be an adventure? Join SEASPAR staff and fellow Day Away Tour adventurers for exciting voyages throughout our beautiful communities.

Note: When registering for Day Away Tour, please only register for Day Away Tour OR Day Trippers. Due to the nature of this program, participants must be able to tolerate being in the community for prolonged periods of time and tolerate change in schedules. A schedule of activities will be posted on the SEASPAR website prior to program season. Activities are subject to change. Times may vary per date.

Age	16+			
Location	SEASPAR, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
1-030-05-1	TU	9:30am-3:30pm	\$184	6/13, 6/27, 7/11, 7/25



BOWLING AT LISLE LANES



SEASPAR is going bowling! Join us at Lisle Lanes while we bowl, hang out with friends, and throw some strikes.

♥ Pairs nicely with **Soup or Salad** on page 23.

Age	16+			
Location	Lisle Lanes			
Code	Day(s)	Time	\$	Date(s)
1-030-06-1	TU	4:15-5:15pm	\$96	6/13-8/1

⊘ No Program Dates 7/4



COOKING WITH SEASPAR



It's a smorgasbord of flavor, food, and friends - in person! Meal prep doesn't have to be a chore. Become one with the kitchen in this hands-on cooking program that emphasizes fun and flavor with step-by-step learning. In this class, participants are introduced to new recipes each week and get to prepare them in a state-of-the-art kitchen!

Fans of this in-person program may also enjoy our virtual cooking class held on Mondays. See page 37 for details.

Age	16+			
Location	Clarendon Hills Community Center			
Code	Day(s)	Time	\$	Date(s)
1-030-07-1	TU	4:15-5:45pm	\$80	6/13-8/1

No Program Dates 7/4

PICNIC IN THE PARK



Summer nights are here! This program is designed so we can play games, take a walk around the park, or just socialize with friends. A light summer snack will be provided. Bring your energy, comfortable clothing, gym shoes, and bug spray for a fun night in the great outdoors!

Note: In the event of bad weather, the program is held at the Lincoln Center, Downers Grove.

Age	16+			
Location	Randall Park, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
1-030-09-1	TU	5:00-6:00pm	\$84	6/13-8/1

No Program Dates 7/4

CREATIVE CORNER



Are you looking for a new form of art to express yourself? Look no further! In this program, we will be exploring different forms of art including clay, paint, woodworking, and more. All levels of experience are welcome, especially anyone looking to try something new.

Age	16+
Location	Darien Community Center

Code	Day(s)	Time	\$	Date(s)
1-030-08-1	TU	5:00-6:00pm	\$43	6/13-8/1

No Program Dates 7/4

SOUP OR SALAD



Don't spoil your appetite! Soup or Salad is all about dinner with the best company. Participants will have a soup-er time enjoying dinner at various locations around the area alongside fellow SEASPAR friends.

Note: A schedule of restaurants will be on the SEASPAR website prior to program season.

Pairs nicely with **Bowling at Lisle Lanes** on page 22.

Age	16+
Location	See Transportation

Code	Day(s)	Time	\$	Date(s)
1-030-10-1	TU	See Transportation	\$116	6/13-8/1

Transportation SEASPAR: 5:30-7:30pm
 Transportation will be provided for bowlers from Lisle Lanes to the restaurant. Pick up will be at SEASPAR at 7:30pm.

No Program Dates 7/4





PET THERAPY



Spend time with man’s best friend! You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem!

Age	16+			
Location	Darion Community Center			
Code	Day(s)	Time	\$	Date(s)
1-030-11-1	TU	6:15-7:15pm	\$49	6/13-8/1

No Program Dates 7/4

BOWLING AT SUBURBANITE



SEASPAR is going bowling! Join us at Suburbanite Bowl while we bowl, hang out with friends, and throw some strikes!

Note: Please only register for one session.

Age	16+			
Location	Suburbanite Bowl, Westmont			
Code	Day(s)	Time	\$	Date(s)
1-030-12-1	W	4:15-5:15pm	\$110	6/14-8/2
1-030-12-2	W	5:30-6:30pm	\$110	6/14-8/2



DAY TRIPPERS



Everyone loves a good spin-off of a fan favorite! Join SEASPAR staff and fellow Day Tripper adventurers for exciting voyages throughout our beautiful communities. This session of Day Trippers is shorter than the original program to encourage participants who are ready to be out in the community but would benefit from a shorter day.

Note: When registering for Day Trippers, please only register for Day Away Tour OR Day Trippers. Due to the nature of this program, participants must be able to tolerate being in the community for prolonged periods of time and tolerate change in schedules. A schedule of activities will be posted on the SEASPAR website prior to program season. Activities are subject to change. Times may vary per date.

Age	16+			
Location	SEASPAR, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
1-030-13-1	TH	10:00am-2:00pm	\$140	6/15, 6/29, 7/13, 7/27

FIT N' FUEL



Regular exercise and physical activity are extremely important and beneficial for long-term health and overall well-being. Fit N' Fuel explores different exercises while participants learn how to make a healthy snack following the fitness portion.

Note: Please bring a water bottle to program. Athletic apparel and gym shoes are required. No jeans allowed.

Age 16+
Location Clarendon Hills Community Center

Code	Day(s)	Time	\$	Date(s)
1-030-15-1	TH	4:15-5:00pm	\$71	6/15-8/3

WALKING CLUB EAST



Welcome to Walking Club East! What better way to get our steps in for the day than by walking with friends? Join us as we walk around scenic Spring Rock Park. We will be enjoying nature, talking to our friends, and getting a great cardiovascular workout!

Age 16+
Location Spring Rock Park, Western Springs

Code	Day(s)	Time	\$	Date(s)
1-030-14-1	TH	4:15-5:00pm	\$58	6/15-8/3

GLEE CLUB



Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Show off your talent while spending time with your friends at Glee Club!

Age 16+
Location Darien Sportsplex

Code	Day(s)	Time	\$	Date(s)
1-030-16-1	TH	5:00-6:00pm	\$57	6/15-8/3



AT THE MOVIES AMC QUARRY



Sometimes a movie is just better on the big screen! Join your SEASPAR friends for a trip to the theater to see the latest movie rated G, PG, or PG-13. At the beginning of each week, an email will be sent telling you the name of the movie and the time.

Age 16+
Location AMC Quarry Cinemas, Hodgkins

Code	Day(s)	Time	\$	Date(s)
1-030-17-1	TH	TBA	\$75	6/22, 7/6, 7/20, 8/3

AT THE MOVIES SEVEN BRIDGES



Sometimes a movie is just better on the big screen! Join your SEASPAR friends for a trip to the theater to see the latest movie rated G, PG, or PG-13. At the beginning of each week, an email will be sent telling you the name of the movie and the time.

Note: The concession stand only accepts credit cards or theater gift cards which can be pre-loaded.

Age 16+
Location Cinemark at Seven Bridges, Woodridge

Code	Day(s)	Time	\$	Date(s)
1-030-17-2	TH	TBA	\$75	6/22, 7/6, 7/20, 8/3

SOCIAL CLUB EAST



Fridays are for fun! Join your friends on Friday nights for awesome activities based in our surrounding communities.

Note: **Summer Bash Dance** and **Movie in the Park** are included in the schedule. A schedule will be emailed to you one week prior to the start of program and can be found on our website at SEASPAR.org.

Age	16+			
Location	Grand Avenue Community Center, Western Springs			
Code	Day(s)	Time	\$	Date(s)
1-030-19-1	F	See Schedule	\$175	6/16-8/4

SOCIAL CLUB WEST



Fridays are for fun! Join your friends on Friday nights for awesome activities based in our surrounding communities.

Note: **Summer Bash Dance** and **Movie in the Park** are included in the schedule. A schedule will be emailed to you one week prior to the start of program and can be found on our website at SEASPAR.org.

Age	16+			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
1-030-20-1	F	See Schedule	\$175	6/16-8/4

YOUNG ADULT CLUB



Calling all teens and young adults - this club is geared specifically toward you! Activities and outings place a strong emphasis on socialization while also having fun. It's the perfect opportunity to make new friends and reconnect with old ones.

Note: Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. A schedule of the activities will be on the SEASPAR website prior to program season.

Age	16-25			
Location	See Transportation			
Code	Day(s)	Time	\$	Date(s)
1-030-21-1	SA	See Schedule	\$167	6/24, 7/8, 7/22, 8/5

Transportation SEASPAR: 12:30-4:30pm
Denning: 1:00-4:00pm

YOUR **SOCIAL NETWORK**

SATURDAY NIGHT SOCIALITES



This program is designed for adults who are ready to venture out on their own, but may need a jump start. This program offers a variety of outings designed to bring smiles to faces.

Note: Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. A schedule of the activities will be on the SEASPAR website prior to program season.

Age	26+			
Location	See Transportation			
Code	Day(s)	Time	\$	Date(s)
1-030-22-1	SA	See Schedule	\$153	6/17, 7/1, 7/15, 7/29

Transportation SEASPAR: 5:30-8:30pm
Denning: 6:00-8:00pm

BRUNCH WITH BESTIES



Brunches with friends are one of the best parts of the weekend! Each week, we will be enjoying pancakes, avocado toast, and other fan favorites as we chat with our friends about our fun adventures throughout the week.

Note: A schedule of restaurants will be on the SEASPAR website prior to program season.

Age	16+			
Location	See Transportation			
Code	Day(s)	Time	\$	Date(s)
1-030-23-1	SU	See Schedule	\$144	6/25, 7/9, 7/23, 8/6

Transportation SEASPAR: 10:00am-2:00pm
Denning: 10:30am-1:30pm

SUMMER BASH DANCE



Dance and celebrate summer with SEASPAR! Groove on over to the Westmont Community Center and get ready for a rocking good time! Refreshments will be provided by SEASPAR.

Note: This event is included with **Social Club East** and **Social Club West**.

Age	16+			
Location	Westmont Community Center			
Code	Day(s)	Time	\$	Date(s)
1-200-28-1	F	6:30-8:30pm	\$25	6/16

ILLINOIS RAILWAY MUSEUM



All aboard! SEASPAR rides the rail at the very unique Illinois Railway Museum in Union, IL. Take a spin on a number of different diesel, steam, or electric trains, and learn the history of the iron horse. Lunch will be provided by SEASPAR.

Age	16+			
Location	See Transportation			
Code	Day(s)	Time	\$	Date(s)
1-200-29-1	SA	See Transportation	\$110	6/17

Transportation Denning: 9:00am-4:30pm
SEASPAR: 9:30am-4:00pm



TEEN & ADULT
SPECIAL EVENTS

LET'S MAKE
TODAY
SPECIAL,
TOGETHER.

PAGES 27-32



NEED HELP? LET US HELP.

Senior Recreation Coordinator Kim Huggins believes that there is nothing more special than making a special moment a lasting one.

Have questions about special events for teens and adults offered by SEASPAR? Contact Kim!

KIMBERLY A. HUGGINS, CPRP
khuggins@seaspar.org • 630.960.7628

CHICAGO PREMIUM OUTLETS



Chicago Premium Outlets in Rosemont, IL is more than just a great collection of the finest designer labels and brands. It's one of Chicagoland's outdoor shopping destinations and a bargain hunter's haven. Staff assist participants with shopping skills such as money transactions, asking for sales clerk assistance, and most importantly, how to find their desired item. Participants may make purchases or just window shop. Lunch will be provided by SEASPAR.

Note: Please bring money for shopping.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-30-1	SU	See Transportation	\$50	6/18

Transportation Denning: 10:30am-4:30pm
SEASPAR: 11:00am-4:00pm

RACINE ZOO



Nestled on the sandy shores of beautiful Lake Michigan, the Racine Zoo in Racine, WI is home to some of the world's most remarkable and endangered wildlife. This beautiful zoo houses over 300 individual animals ranging from penguins to tigers to bears, and so much more. Join your friends for a day at the zoo! Lunch will be provided by SEASPAR.

Note: Please bring money for souvenirs and snacks.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-31-1	SA	See Transportation	\$125	6/24

Transportation SEASPAR: 9:00am-5:30pm
Denning: 9:30am-5:00pm



CHICAGO WHITE SOX



Attention sports fans! SEASPAR is heading to Guaranteed Rate Field to cheer on the Chicago White Sox as they take on the Boston Red Sox. Please dress for the weather. Lunch will be provided by SEASPAR.

Note: Due to the unpredictable length of the game, return times are approximate. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. Participants must be able to remain seated during the event.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-32-1	SU	See Transportation	\$150	6/25

Wheelchair Accessible Code 1-200-32-2

Transportation SEASPAR: 10:30am-6:00pm
Denning: 11:00am-5:30pm



Here to help

Our **Fee Assistance Program** makes programs attainable to families with financial restraints through scholarships funded by generosity. Apply confidentially online at SEASPAR.org.



KANE COUNTY COUGARS



Enjoy watching the Kane County Cougars from the comfort of our own suite at Northwestern Medicine Field in Geneva, IL! Get ready for an exciting baseball game as the Kane County Cougars play the Gary Rail Cats. After the game is over we will enjoy a beautiful fireworks show! Dinner will be provided by SEASPAR.

Note: Due to the unpredictable length of the game, return times are approximate. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. Participants must be able to remain seated during the event.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-33-1	SA	See Transportation	\$125	7/1

Wheelchair Accessible Code 1-200-33-2

Transportation Denning: 4:00-11:00pm
SEASPAR: 4:30-10:30pm

ANDERSON JAPANESE GARDENS



Enjoy an afternoon at the beautiful Anderson Japanese Gardens in Rockford, IL. Their twelve-acre landscape of streams, waterfalls, winding paths, and koi filled ponds have been rated one of North America's highest quality Japanese gardens for more than a decade. Lunch will be provided by SEASPAR.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-34-1	SU	See Transportation	\$130	7/2

Transportation Denning: 9:00am-6:30pm
SEASPAR: 9:30am-6:00pm



VOLO AUTO MUSEUM



During your visit to the Volo Auto Museum in Volo, IL, you'll see more than just cars. You'll discover thousands of mechanical marvels from the first motorcycle to a self-playing orchestra. Whether you're taking a stroll down memory lane or experiencing these vintage artifacts for the first time, their 33 exhibits will leave you in awe. Lunch will be provided by SEASPAR.

Note: Please bring money for souvenirs and snacks.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-35-1	SA	See Transportation	\$110	7/8

Transportation SEASPAR: 9:00am-5:00pm
Denning: 9:30am-4:30pm

DANCE PARTY IN THE PARK



Swing on by as we party and dance in the park with our friends! The DJ will be spinning the latest tunes. Refreshments will be provided by SEASPAR.

Age 16+
Location Ty Warner Park, Westmont

Code	Day(s)	Time	\$	Date(s)
1-200-36-1	SU	3:00-5:00 pm	\$25	7/9

MOVIE IN THE PARK



Enjoy a movie under the stars at Veteran’s Memorial Park on their little league field hosted by the Westmont Park District. The featured movie will be *Field of Dreams*.

Note: This event is included with **Social Club East** and **Social Club West**. Please bring a blanket or lawn chair to sit on and dress for the weather. Due to the unpredictable time of the movie starting, return times are approximate. SEASPAR stays for the whole movie. If the group is going to be early or late at drop off, staff will attempt to contact families and caseworkers with updated information.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-37-1	F	See Transportation	\$25	7/14

Transportation SEASPAR: 6:15-11:00pm
Denning: 6:45-11:30pm

KANE COUNTY FAIR



Come one, come all to Fox Valley’s top-rated summer event! The Kane County Fair in St. Charles, IL has something for everyone: carnival rides, a petting zoo, magic shows, live music, and so much more! Admission, lunch, and rides are provided by SEASPAR.

Note: Due to the nature of this event, participants must be able to tolerate large crowds, wait in line, and remain with our group at all times. Please pack sunscreen and wear comfortable shoes. Bring \$30 for concessions and souvenirs.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-38-1	SA	See Transportation	\$125	7/15

Transportation Denning: 11:00am-5:30pm
SEASPAR: 11:30am-5:00pm



CHICAGO CUBS



Watch the Chicago Cubs take on the Boston Red Sox at Wrigley Field! Peanuts, popcorn, or cracker jacks - the choice is yours! Lunch will be provided by SEASPAR.

Note: Please dress for the weather. Due to the unpredictable length of the game, return times are approximate. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. Participants must be able to remain seated during the event.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-39-1	SU	See Transportation	\$250	7/16

Wheelchair Accessible Code 1-200-39-2

Transportation SEASPAR: 10:30am-6:30pm
Denning: 11:00am-6:00pm

Our **Fee Assistance Program** makes programs attainable to families with financial restraints through scholarships funded by generosity. Apply confidentially online at SEASPAR.org.

STARVED ROCK



Enjoy a beautiful summer afternoon at Starved Rock State Park in Oglesby, IL! We will enjoy lunch in their lodge and explore some of Starved Rock's beautiful trails. Please wear comfortable walking shoes and dress for the weather. Lunch will be provided by SEASPAR.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-40-1	SA	See Transportation	\$125	7/22

Transportation Denning: 10:00am-7:00pm
SEASPAR: 10:30am-6:30pm



HOME RUN, IN-HOUSE



Enjoy watching the Chicago White Sox take on the Cleveland Guardians in-house with your friends! Wear your favorite team gear and get ready to cheer! Dinner will be provided by SEASPAR.

Age 16+
Location Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
1-200-41-1	SA	6:00-9:00pm	\$50	7/29

Transportation Denning: 5:15-9:30pm

DUPAGE COUNTY FAIR



The DuPage County Fair is back in Wheaton, IL. This day of fun comes with friendly farm animals, the sky-high Ferris wheel, sweet treats, and all the good time feels. Your ticket to fun is around the corner! Admission, lunch, and rides are provided by SEASPAR.

Note: Due to the nature of this event, participants must be able to tolerate large crowds, wait in line, and remain with our group at all times. Please pack sunscreen and wear comfortable shoes. Bring \$30 for concessions and souvenirs.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-42-1	SU	See Transportation	\$130	7/30

Transportation Denning: 10:00am-4:00pm
SEASPAR: 10:30am-3:30pm

A DAY AT THE LAKE



This day trip to Norman B. Barr Camp on Lake Geneva in Wisconsin is the perfect way to spend a summer day with friends. We will enjoy swimming in the lake, hanging out at Norman B. Barr Camp with friends, and several other fun activities. Lunch will be provided by SEASPAR.

Note: Due to the nature of this setting, participants must be able to stay with the group at all times without wandering.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-43-1	SA	See Transportation	\$150	8/5

Transportation SEASPAR: 8:00am-9:30pm
Denning: 8:30am-9:00pm

SHEDD AQUARIUM

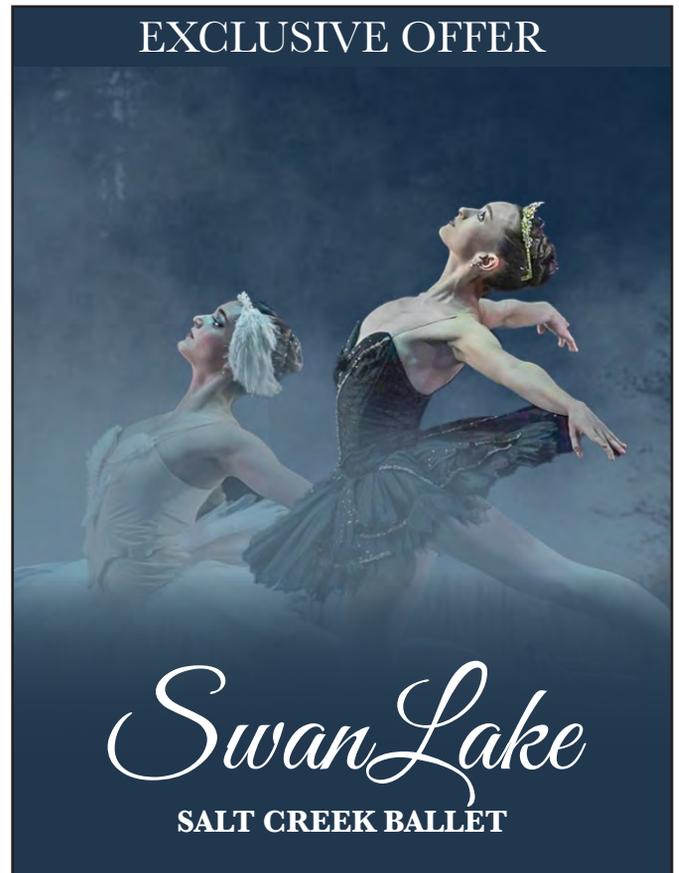


Look nature in the eye and discover the wonders of the aquatic animal world at the Shedd Aquarium in Chicago, IL. From sea stars to sting rays, bullfrogs to beluga whales, you'll meet creatures from aquatic habitats around the world! Lunch will be provided by SEASPAR.

Age 16+
Location See Transportation

Code	Day(s)	Time	\$	Date(s)
1-200-44-1	SU	See Transportation	\$145	8/6

Transportation SEASPAR: 9:00am-3:30pm
Denning: 9:30am-3:00pm



EXCLUSIVE OFFER

Swan Lake
SALT CREEK BALLET

Swan Lake

Dress Rehearsal Invitation for SEASPAR Families

Thursday, April 27

Free access for SEASPAR families

SEASPAR families are invited to a dress rehearsal of Swan Lake performed by the Salt Creek Ballet. This offer is the perfect opportunity to enjoy a classic performance in an informal environment. Event time to be announced.

Register

SEASPAR families may take advantage of this opportunity by registering online at SEASPAR.org/SwanLake-SCB.

The registration deadline is April 24.

Event Location

McAninch Arts Center, College of DuPage
425 Fawell Blvd.
Glen Ellyn, IL 60137

Our **Fee Assistance Program** makes programs attainable to families with financial restraints through scholarships funded by generosity. Apply confidentially online at SEASPAR.org.

SPARTANS VOLLEYBALL



It's time for another season of Spartans Volleyball! The coaching staff teaches fundamentals and sportsmanship through practice, and home and away games against other agencies!

Note: The Spartans Volleyball team will compete in the TR Section Volleyball Tournament on October 8 and Special Olympics Regionals in late September or early October. If the team takes gold at Regionals, they will advance to the State Volleyball competition on October 21-22. This information will be sent to families and will also be available on the SEASPAR website.

Tournament Information:

TR Section Tournament	October 8
Regional Competition	September/October 2023
State Competition*	October 21-22

*Qualification required

Age	16+
Location	Woodridge ARC or Park District of La Grange

Code	Day(s)	Time	\$	Date(s)
1-100-02-1	TU	6:30-8:00pm	\$165	7/25-10/3



NEED HELP? LET US HELP.

For Recreation Coordinator Matt Gorecki, the high score is only the beginning! Everyday, Matt works to help SEASPAR athletes achieve new potential on and off the court.

Have questions about athletics programs offered by SEASPAR? Contact Matt!

MATT GORECKI, CPRP
 mgorecki@seaspar.org • 630.960.7627



ATHLETICS

BEYOND EXPECTATIONS.

PAGES 33-35



SPARTANS BOCCE



Bocce, a favorite family game, is one of the most enjoyable competitive sports. Closely resembling bowling, this game requires skill, strategy, and a little luck. Learn to toss, roll, hit, and score while having a great time with your friends. This is a fun and relaxing way to spend an evening!

Note: Spartans Bocce players will compete at the Special Olympics Regional Competition in September. If an athlete takes home a gold medal during the event, they will be eligible to play in the State Summer Games at Illinois State next year.

Tournament Information:

Regional Competition September (TBD)
State Summer Games* Summer 2024

*Qualification required

Age 8+
Location Ebersold Park, Downers Grove

Code	Day(s)	Time	\$	Date(s)
1-100-01-2	W	5:00-6:00pm	\$120	7/12-9/13



SPARTANS FLAG FOOTBALL



Join the 2021 State Champion Spartans Flag Football team for the 2023 season! SEASPAR is again partnering with NWCSRA for another exciting season. This program consists of hands-on skill-building drills and guidance on the rules of the game. We hope to see you out on the gridiron!

Note: The Spartans Flag Football team will compete in the new TR-Section Flag Football Tournament on August 27 and the Special Olympics Regional Competition in October. A gold medal victory will send the team to the Special Olympics State Flag Football tournament on November 4-5.

Tournament Information:

TR-Section Tournament August 27
Regional Competition October 2023 (TBD)
State Tournament* November 4-5

*Qualification required

Age 16+
Location Woodridge ARC

Code	Day(s)	Time	\$	Date(s)
1-100-04-1	W	6:00-7:30pm	\$143	7/26-10/4



LIGHTNING SOFTBALL



SEASPAR is partnering with Lightning Softball Club and NWCSRA to offer entry-level softball instruction. If softball is a sport that you have always been interested in or you have wanted to brush up on your skills, this program is for you! We will work on the fundamentals of softball, rules, and skills necessary for future team play. The staff will work on skills specific to the level of the player as well as age range. No matter your knowledge of the game, we have a practice fit for you!

Age 8-25
Location Miracle Field, Lemont Park District

Code	Day(s)	Time	\$	Date(s)
1-100-03-1	W	6:00-7:00pm	\$64	6/14-8/2



SPARTANS GOLF



This program is for the experienced golfer who is ready for course play. Work on your swing and etiquette while you socialize with friends. Tee times begin around 5:00pm during summer. We look forward to seeing you out on the course!

Note: Spartans golfers will compete in the Special Olympics Regional Competition on July 17. Those who take home a gold medal at this competition will have the option to go to Special Olympics State Golf on September 10-11.

Tournament Information:

Regional Competition July 17
 State Tournament* September 9-10

*Qualification required

Age	8+			
Location	Various Golf Courses			
Code	Day(s)	Time	\$	Date(s)
1-100-05-1	TH	5:00-8:00pm	\$153	6/1-7/27

SPARTANS GOLF DEVELOPMENTAL



This non-competitive golf training program is designed for beginner golfers who demonstrate enough skill proficiency for course play, but are not ready for competition. Golfers play at the local "short courses" to enable traditional play at a manageable level for these developing golfers. Staff emphasize proper golf etiquette and skill development for future independent and competitive play. Tee times begin around 5:00pm during the summer.

Age	8+			
Location	Various Golf Courses			
Code	Day(s)	Time	\$	Date(s)
1-100-06-1	TH	5:00-8:00pm	\$90	6/15-7/20



POWER SOCCER



As a newly founded non-conference USPSA Soccer team. We will practice, play games, and participate in tournaments against the other teams that are part of the league. We are looking forward to starting the season back up and seeing what we can do together!

Note: Power wheelchairs are provided by SEASPAR.

Age	8+			
Location	Westmont Community Center			
Code	Day(s)	Time	\$	Date(s)
1-050-01-1	SA	8:30-10:30am	\$90	6/10-8/5

SPARTANS SWIMMING



This swimming program is designed to prepare advanced swimmers for Special Olympics and invitational competitions. Practices focus on swim endurance and refining stroke mechanics.

Note: Athletes who took home a gold medal at the Special Olympics Regional Competition in March will be eligible to compete at the Special Olympics State Summer Games on June 9-11. Athletes must meet the minimum skill requirements to perform during practice.

Tournament Information:

State Summer Games* June 9-11

*Qualification required

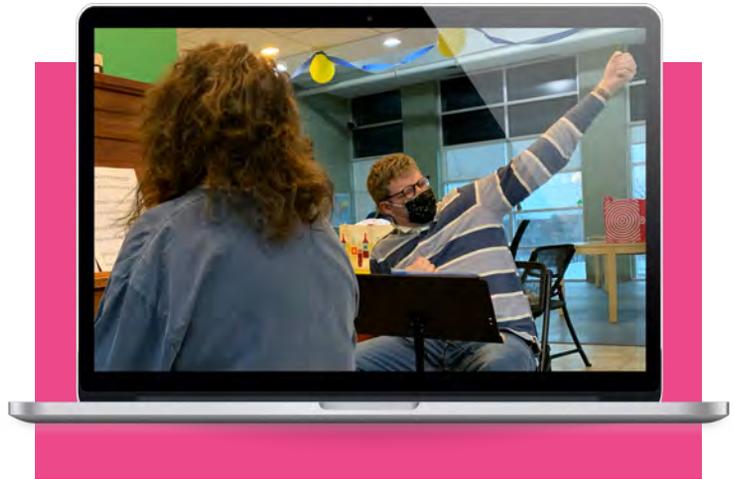
Age	8+			
Location	The CORE, Lemont			
Code	Day(s)	Time	\$	Date(s)
1-100-07-1	SU	1:00-2:00pm	\$104	6/11-7/30



VIRTUAL PROGRAMS

VIRTUALLY TOGETHER.

PAGES 36-38



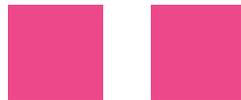
MUSIC LESSONS WITH NANCY



Schedule an individual music lesson with Nancy Urban! Virtual lessons are 30 minutes each and are available Monday through Friday by appointment only. Please request your preferred lesson time at registration.

Age 5+
Location Program held over Zoom

Code	Day(s)	Time	\$	Date(s)
1-700-01-1	TBD	By Appointment	\$42	6/12-8/4



NEED HELP? LET US HELP.

Have questions about virtual programming offered by SEASPAR? Contact us. We're here to help.

CHRISTINA HEALY, CTRS
chealy@seaspar.org • 630.960.7660

MATT GORECKI, CPRP
mgorecki@seaspar.org • 630.960.7627

LOG ME IN, COACH!



ROCKET LEAGUE



Accelerate, jump, pass and shoot! Join SEASPAR as we offer the fast-paced virtual sport of Rocket League. You will have the opportunity to play with your friends or against them in exhibition matches.

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Note: New players can get up to speed with our instructional video on how to download the game, controls breakdown, and game play!

Age	8+			
Location	Program held over Zoom			
Code	Day(s)	Time	\$	Date(s)
1-700-07-1	W	5:00-6:00pm	\$10	6/14-8/2

COOKING WITH SEASPAR



This SEASPAR favorite is back with a twist! Learn how to make simple, healthy foods from the comfort of your own kitchen. Each week, we will learn about a different part of nutrition, and make a healthy snack or meal that goes along with our nutrition lesson for the week.

Age	16+			
Location	Program held over Zoom			
Code	Day(s)	Time	\$	Date(s)
1-700-02-1	M	4:15-5:00pm	\$21	6/12-7/31

KARAOKE



Sing your heart out and enjoy karaoke virtually with your friends! At the beginning of the season, you will be asked to send in your song requests to add to the playlist.

Age	16+			
Location	Program held over Zoom			
Code	Day(s)	Time	\$	Date(s)
1-700-03-1	M	6:30-7:45pm	FREE	6/12-7/31

FEAST WITH FRIENDS

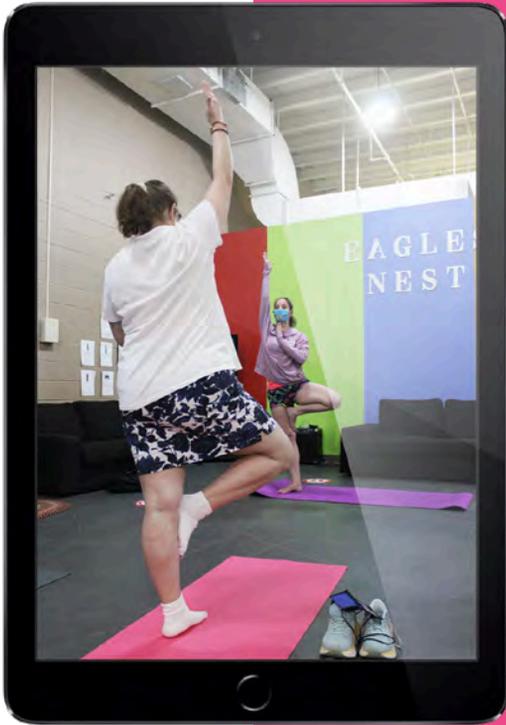


What better way to spend lunch than with SEASPAR? We'll have great conversations, catch up with our friends, and share our favorite lunches. Make your lunch ahead of time and join in. We look forward to seeing you!

Age	16+			
Location	Program held over Zoom			
Code	Day(s)	Time	\$	Date(s)
1-700-04-1	TU	12:00-12:30pm	FREE	6/13-8/1

No Program Dates 7/4





YOGA WITH JEN



Join our instructor Jen for a yoga class that will be fun and engaging in a challenging 45-minute virtual format. Each class will focus on balance, strength, and flexibility. All you need is a yoga mat or towel, and you!

Age 16+
Location Program held over Zoom

Code	Day(s)	Time	\$	Date(s)
1-700-08-1	W	6:00-6:45pm	\$10	6/14-8/2

GAME NIGHT



Let the games begin! Each week, we will be playing a different game with our friends in a virtual format. While we play, we'll also be practicing social skills, taking turns, and following rules. You won't want to miss one week of this program!

Age 16+
Location Program held over Zoom

Code	Day(s)	Time	\$	Date(s)
1-700-05-1	TU	6:15-7:00pm	FREE	6/13-8/1

No Program Dates 7/4

MOVIE CLUB



Calling all movie lovers! We will be watching a G, PG, or PG-13 movie each week from the comfort of your own home. Bring your favorite movie snack and sit back, relax, and enjoy the show!

Age 16+
Location Program held over Zoom

Code	Day(s)	Time	\$	Date(s)
1-700-06-1	W	1:00-3:15pm	FREE	6/14-8/2

WORK IN WITH SEASPAR



Get a full-body workout using a combination of cardio and strength training. This program is excellent for burning fat, building muscle, and becoming overall more physically fit. Use dumbbells, something you have around the house, or just your own body weight to enjoy this virtual fitness class!

Age 16+
Location Program held over Zoom

Code	Day(s)	Time	\$	Date(s)
1-700-09-1	TH	5:00-5:45pm	FREE	6/15-8/3

BINGO



Play one of your favorite games virtually! Enjoy a night of bingo with your friends from SEASPAR without leaving your house. We will send you the bingo cards so you can play from home.

Age 16+
Location Program held over Zoom

Code	Day(s)	Time	\$	Date(s)
1-700-10-1	TH	6:00-6:45pm	FREE	6/15-8/3

CAMP OPTIONS INCLUDE:

KIDS CAMP

FOR AGES 5 TO 12 YEARS

Let's play! Make the most of your summer with Kids Camp, a summer camp experience for children 5 to 12 years of age. Kids Camp believes a summer is incomplete without a fulfilling summer camp experience. Explore the limits of fun through hands-on activities such as art projects, aquatics, field trips, indoor/outdoor fun, themed events, and more!

Are you ready to have the best summer ever?

Turn to **page 40** for camps for children 5 to 12 years.

TEEN & ADULT CAMPS

FOR AGES 13 TO 22 YEARS

A fulfilling camp experience for young adults is here! Teen & Adult Camp is a well-rounded camp option for teens and adults 13 to 22 years of age. This camp provides campers with the opportunity to shape their summer into the ideal experience with fun structured activities, aquatics, and community engagement.

Are you ready to explore the many possibilities that await you this summer?

Turn to **page 41** for camps for teens and adults 13 to 22 years.

ESY CAMPS

FOR EXTENDED SCHOOL YEAR STUDENTS

Extend your horizons! The school day may be over, but the fun continues at SEASPAR's Extended School Year (ESY) Camps. ESY camps cater to students attending extended school year programs at participating school districts.

Ready to explore new horizons this summer?

Turn to **page 42** for Extended School Year camps for ages 5 to 22 years.

SUMMER DAY CAMP REGISTRATION

Summer Day Camp registration opens on Monday, March 20, and closes on Friday, April 21 at 4:30pm.

Register online at SEASPAR.org.



NEED HELP? LET US HELP.

When she's not busy devising new ways to entertain SEASPAR's youngest members, Recreation Coordinator Molly Downing works hard providing our families with quality services and the answers they need.

Have questions about services for summer day camps offered by SEASPAR? Contact Molly!

MOLLY DOWNING, CTRS
mdowning@seaspar.org • 630.960.7664



SUMMER DAY CAMP

SUMMER BEGINS HERE.

PAGES 39-42



SUMMER DAY CAMP

KIDS CAMP CONSIDERATIONS

Campers participate in weekly swimming at an outdoor pool. Swimmers are provided proper assistance and supervision while in the pool. Please notify your site director if your child requires aquatic safety equipment. Pool activities will not be held without a lifeguard on duty or during inclement weather.

Several field trips are planned each session. Dates and destinations will be provided in a separate document in June. You are expected to review your schedule. Dates are subject to change.

KIDS CAMP WEST

Kids Camp is perfect for campers 5 to 12 years old ready to reengage with summertime fun. Engaging art projects, aquatics, field trips, and indoor/outdoor activities deliver the summer camp experiences kids love.

Age 5-12
Location Lester Elementary School, Downers Grove

Sess. Code	Day(s)	Time	\$	Date(s)
1	1-300-01-1	M-F	9:00am-3:00pm	\$250 6/12-6/16
2	1-300-01-2	M-F	9:00am-3:00pm	\$250 6/19-6/23
3	1-300-01-3	M-F	9:00am-3:00pm	\$250 6/26-6/30
4	1-300-01-4	W-F	9:00am-3:00pm	\$150 7/5-7/7
5	1-300-01-5	M-F	9:00am-3:00pm	\$250 7/10-7/14
6	1-300-01-6	M-F	9:00am-3:00pm	\$250 7/17-7/21
7	1-300-01-7	M-F	9:00am-3:00pm	\$250 7/24-7/28
8	1-300-01-8	M-F	9:00am-3:00pm	\$250 7/31-8/4

No Program Dates 7/3-7/4

KIDS CAMP EAST

Kids Camp is perfect for campers 5 to 12 years old ready to reengage with summertime fun. Engaging art projects, aquatics, field trips, and indoor/outdoor activities deliver the summer camp experiences kids love.

Age 5-12
Location John Laidlaw Elementary School, Western Springs

Sess. Code	Day(s)	Time	\$	Date(s)
1	1-300-02-1	M-F	9:00am-3:00pm	\$250 6/12-6/16
2	1-300-02-2	M-F	9:00am-3:00pm	\$250 6/19-6/23
3	1-300-02-3	M-F	9:00am-3:00pm	\$250 6/26-6/30
4	1-300-02-4	W-F	9:00am-3:00pm	\$150 7/5-7/7
5	1-300-02-5	M-F	9:00am-3:00pm	\$250 7/10-7/14
6	1-300-02-6	M-F	9:00am-3:00pm	\$250 7/17-7/21
7	1-300-02-7	M-F	9:00am-3:00pm	\$250 7/24-7/28
8	1-300-02-8	M-F	9:00am-3:00pm	\$250 7/31-8/4

No Program Dates 7/3-7/4

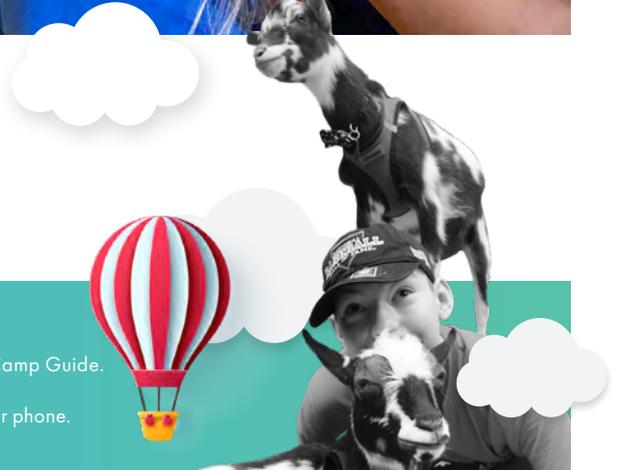
LA GRANGE CAMP

La Grange Camp is a great camp option for children who prefer a shorter camp experience. This half-day camp provides engaging art projects, socializing, and indoor/outdoor activities that deliver the summer camp experiences kids love.

Age 5-12
Location La Grange Community Center

Sess. Code	Day(s)	Time	\$	Date(s)
1	1-300-05-1	TU-F	12:00-3:30pm	\$128 6/13-6/16
2	1-300-05-2	TU-F	12:00-3:30pm	\$128 6/20-6/23
3	1-300-05-3	M-F	12:00-3:30pm	\$160 6/26-6/30
4	1-300-05-4	W-F	12:00-3:30pm	\$96 7/5-7/7
5	1-300-05-5	M-TH	12:00-3:30pm	\$128 7/10-7/13

No Program Dates 6/19, 7/3-7/4



THERE'S EVEN MORE TO LOVE!

Learn more about camp our options inside the 2023 Summer Day Camp Guide.

To download a copy, visit SEASPAR.org or scan the code with your phone.

SUMMER DAY CAMP

TEEN & ADULT CAMP CONSIDERATIONS

Campers participate in weekly swimming at an outdoor pool. Swimmers are provided proper assistance and supervision while in the pool. Please notify your site director if your child requires aquatic safety equipment. Pool activities will not be held without a lifeguard on duty or during inclement weather.

Several field trips are planned each session. Dates and destinations will be provided in a separate document in June. You are expected to review your schedule. Dates are subject to change.

TEEN & ADULT CAMP EAST

Teen & Adult Camp is perfect for campers 13 to 22 years old longing for unforgettable fun this summer. Engaging art projects, field trips, aquatics, and indoor/outdoor activities deliver the summer camp experiences campers love.

Age 13-22
Location Camp location to be determined

Sess. Code	Day(s)	Time	\$	Date(s)
1	1-300-04-1	M-F	9:00am-3:00pm	\$280 6/12-6/16
2	1-300-04-2	M-F	9:00am-3:00pm	\$280 6/19-6/23
3	1-300-04-3	M-F	9:00am-3:00pm	\$280 6/26-6/30
4	1-300-04-4	W-F	9:00am-3:00pm	\$168 7/5-7/7
5	1-300-04-5	M-F	9:00am-3:00pm	\$280 7/10-7/14
6	1-300-04-6	M-F	9:00am-3:00pm	\$280 7/17-7/21
7	1-300-04-7	M-F	9:00am-3:00pm	\$280 7/24-7/28
8	1-300-04-8	M-F	9:00am-3:00pm	\$280 7/31-8/4

No Program Dates 7/3-7/4

ADVENTURERS CAMP

Adventurers Camp is a great camp option for teens and young adults who prefer a shorter day camp experience. This camp provides engaging art projects, socializing, and indoor/outdoor activities packed into a half-day camp.

Age 13-22
Location Lyons Township High School South Campus

Sess. Code	Day(s)	Time	\$	Date(s)
1	1-300-06-1	M-F	11:30am-3:30pm	\$160 6/12-6/16
2	1-300-06-2	TU-F	11:30am-3:30pm	\$128 6/20-6/23
3	1-300-06-3	M-F	11:30am-3:30pm	\$160 6/26-6/30
4	1-300-06-4	W-F	11:30am-3:30pm	\$96 7/5-7/7
5	1-300-06-5	M-F	11:30am-3:30pm	\$160 7/10-7/14
6	1-300-06-6	M-F	11:30am-3:30pm	\$160 7/17-7/21

No Program Dates 6/19, 7/3-7/4

TEEN & ADULT CAMP WEST

Teen & Adult Camp is perfect for campers 13 to 22 years old longing for unforgettable fun this summer. Engaging art projects, field trips, aquatics, and indoor/outdoor activities deliver the summer camp experiences campers love.

Age 13-22
Location Centennial Community Center, Lemont

Sess. Code	Day(s)	Time	\$	Date(s)
1	1-300-03-01	M-F	9:00am-3:00pm	\$280 6/12-6/16
2	1-300-03-03	M-F	9:00am-3:00pm	\$280 6/19-6/23
3	1-300-03-05	M-F	9:00am-3:00pm	\$280 6/26-6/30
4	1-300-03-07	W-F	9:00am-3:00pm	\$168 7/5-7/7
5	1-300-03-09	M-F	9:00am-3:00pm	\$280 7/10-7/14
6	1-300-03-11	M-F	9:00am-3:00pm	\$280 7/17-7/21
7	1-300-03-13	M-F	9:00am-3:00pm	\$280 7/24-7/28
8	1-300-03-15	M-F	9:00am-3:00pm	\$280 7/31-8/4

Transportation See Transportation section below for details

No Program Dates 7/3-7/4

TRANSPORTATION TEEN & ADULT CAMP WEST

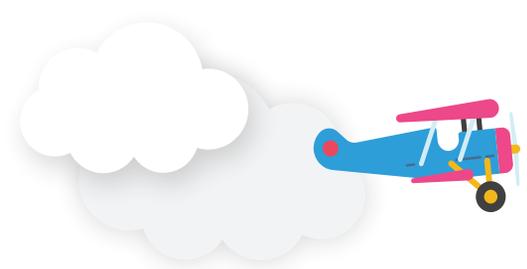
This transportation option provides busing from Lester Elementary School to the camp location at Centennial Community Center in Lemont and back again after camp.

Note: This option is available to Teen & Adult Camp West participants only.

Age 13-22
Location Lester Elementary School, Downers Grove

Sess. Code	Day(s)	Pickup/Drop off	\$	Date(s)
1	1-300-03-02	M-F	8:30am/3:30pm	\$110 6/12-6/16
2	1-300-03-04	M-F	8:30am/3:30pm	\$110 6/19-6/23
3	1-300-03-06	M-F	8:30am/3:30pm	\$110 6/26-6/30
4	1-300-03-08	W-F	8:30am/3:30pm	\$99 7/5-7/7
5	1-300-03-10	M-F	8:30am/3:30pm	\$110 7/10-7/14
6	1-300-03-12	M-F	8:30am/3:30pm	\$110 7/17-7/21
7	1-300-03-14	M-F	8:30am/3:30pm	\$110 7/24-7/28
8	1-300-03-16	M-F	8:30am/3:30pm	\$110 7/31-8/4

No Program Dates 7/3-7/4



SUMMER DAY CAMP

ESY CAMP CONSIDERATIONS

In some instances, students participating in the extended school year programs are **transported to camp** by their school where they enjoy lunch and an afternoon filled with games, arts and crafts, music, socializing, and much more.

SEASPAR works with these partnering schools and teachers to offer comprehensive services in pursuit of the best summertime experience possible.

LADSE CAMP

LADSE Camp is the simplest solution for children eager to continue fun activities after the LADSE Extended School Year day ends. This camp provides engaging art projects, socializing, and indoor/outdoor activities that deliver the summer camp experience kids love.

LADSE COOPERATIVE

LADSE Camp is held in cooperation with the LADSE (La Grange Area Department for Special Education) ESY Program. If you attend their program during the regular school year, their Extended School Year is the perfect continuation! LADSE handles the academics and transportation to LADSE Camp in the afternoon.

Note: To participate in this camp, students must be enrolled in the LADSE Extended School Year program. If you have questions regarding your child's eligibility, please contact Amanda Meyer at ameyer@ladse.org.

Transportation to camp is handled by LADSE.

Age 5-13
Location La Grange Community Center

Sess. Code	Day(s)	Time	\$	Date(s)
- 1-300-07-1	M-F	12:00-3:30pm	\$640	6/13-7/13

No Program Dates 6/19, 7/3-7/4

LTHS CAMP

LTHS Camp offers convenience to teens and adults eager to continue fun activities after the LTHS Extended School Year day ends. This camp provides engaging art projects, socializing, and indoor/outdoor activities that deliver the summer camp experience campers love!

LTHS COOPERATIVE

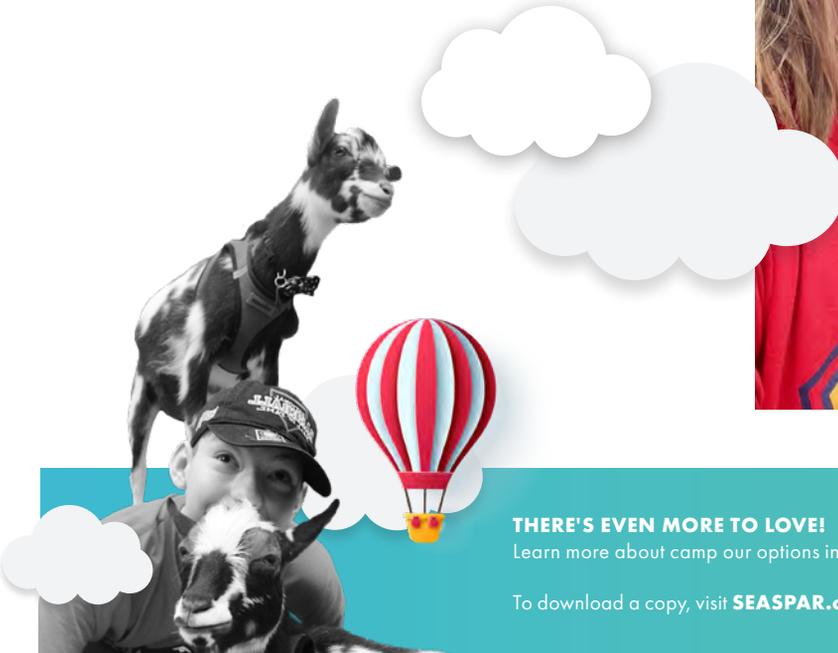
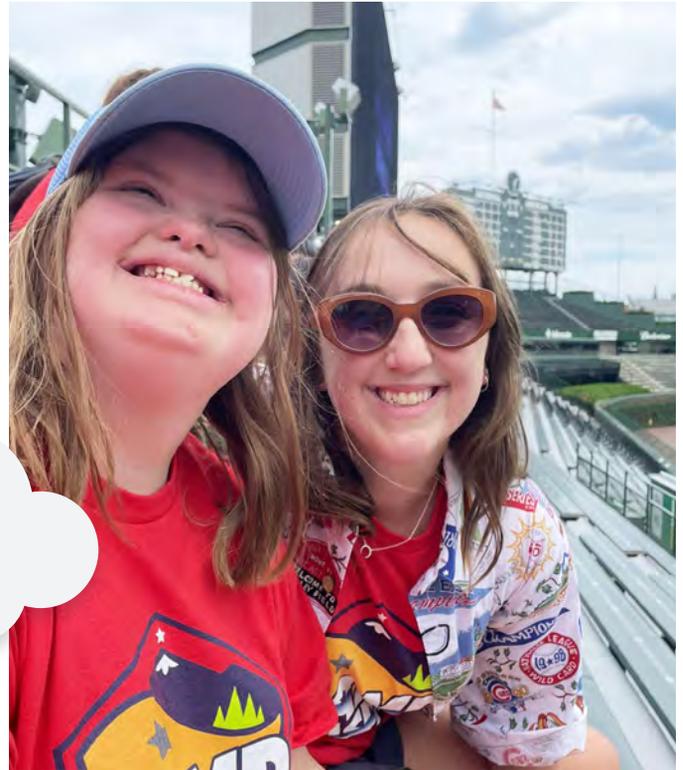
LTHS Camp is held in cooperation with the LTHS (Lyons Township High School) ESY Program. If you attend their program during the regular school year, their Extended School Year is the perfect continuation! LTHS handles the academics, while SEASPAR handles the fun of camp in the afternoon.

Note: To participate in this camp, campers must be signed up for the LTHS ESY Program.

Age 14-22
Location Lyons Township High School South Campus

Sess. Code	Day(s)	Time	\$	Date(s)
- 1-300-08-1	M-F	11:30am-3:30pm	\$864	6/12-7/21

No Program Dates 6/19, 7/3-7/4



THERE'S EVEN MORE TO LOVE!

Learn more about camp our options inside the 2023 Summer Day Camp Guide.

To download a copy, visit SEASPAR.org or scan the code with your phone.



ENGAGE YOUR SENSES

Both of SEASPAR's two multi-sensory rooms, Ray's Bay and Wonders, are designed to engage all of your senses! Each room is equipped with state-of-the-art technology purpose-built to stimulate your senses through hands-on equipment and environmental stimulants.

SEASPAR's multi-sensory rooms contain interactive equipment that pleases your senses in a variety of soothing ways. Follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor. Control colors and lights with the touch of your hand and feel the calming coolness of glittering glass with the sparkle and marble walls.

 **Learn more about SEASPAR's multi-sensory rooms, or schedule a trial by contacting Molly Downing at 630.960.7664.**

Multi-sensory room trial availability may be limited; call for details.

BENEFITS OF THE MULTI-SENSORY

Both multi-sensory rooms contain equipment known to benefit individuals by stimulating the senses which can result in:

- Improved mood
- Lowered disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improvement in communication
- Enhanced interpersonal interactions

WHO MAY BENEFIT

Our multi-sensory rooms primarily benefit individuals of any age with:

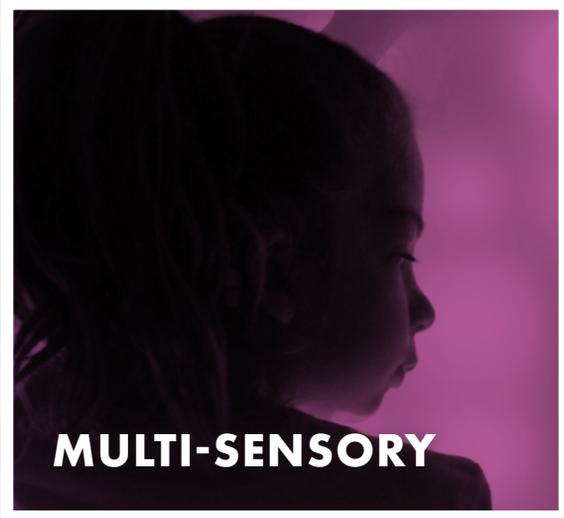
- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia
- Physical Disabilities
- Emotional Needs
- Anxiety

NEED HELP? LET US HELP.

Let Recreation Coordinator Molly Downing be your guide in your journey through sensory exploration.

Have questions about sensory programs or multi-sensory rooms offered by SEASPAR? Contact Molly!

MOLLY DOWNING, CTRS
mdowning@seaspar.org • 630.960.7664



MULTI-SENSORY

EXPLORE YOUR SENSES.

PAGES 43-44





MULTI-SENSORY ROOM

RAY'S BAY MULTI-SENSORY ROOM

Grand Avenue Community Center
4211 Grand Avenue, Western Springs

Ray's Bay, SEASPAR's newest multi-sensory room, features a unique assortment of state-of-the-art equipment designed to vitalize the senses. Environmental sound waves and visual effects create a calming atmosphere, which can be enjoyed from the comfort of the room's large comfort rocking chair, comfort nook, or lighted waterbed. Guests with energy to spare can interact with various devices intended to spark curiosity as well as joy.

Ray's Bay Multi-Sensory Room is located in the lower level of the Grand Avenue Community Center. A waiting room, complete with a sitting area, is available for guests while participants play.



WONDERS MULTI-SENSORY ROOM

Lisle Recreation Center - Door 8
1925 Ohio Street, Lisle

Wonders, SEASPAR's award-winning multi-sensory room, features a unique assortment of state-of-the-art equipment designed to vitalize the senses. Environmental effects create a calming atmosphere, which can be enjoyed from the comfort of the room's rocking chair or comfort nook. Guests with energy to spare can interact with various devices intended to spark curiosity as well as joy.

Parents can observe their child's session through a one-way observation window.

SENSORY FRIENDLY PROGRAMS

In addition to private multi-sensory room sessions, SEASPAR provides a wide selection of sensory-friendly programs held at its two multi-sensory rooms. These programs are available to all SEASPAR participants.

Programs offered at SEASPAR's multi-sensory rooms include:

SENSORY SEEKERS

P.13

Sensory Seekers invites participants to explore the limits of their senses in weekly 30-minute private sessions held at Ray's Bay Multi-Sensory Room.

SENSORY EXPLORERS

P.14

Sensory Explorers provides participants with all the tools needed to explore the full spectrum of the senses in weekly 30-minute private sessions held at Wonders Multi-Sensory Room.

SENSORY SUNDAY

P.16

Sensory Sunday treats participants to a weekend getaway of the senses. Visit unexplored areas of your senses or revisit favorites in 30-minute sessions held on Sundays at Wonders Multi-Sensory Room.





SPECIAL PROGRAMS

45

BEYOND RECREATION.

PAGES 45-46



AKTION CLUB

Through the joint sponsorship of the Woodridge and Lombard Kiwanis Clubs and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. It also performs several service projects annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support.

 For more information about Aktion Club, contact **Bethany Pastrana** at **630.960.7609**.

NEED HELP? LET US HELP.

Special programs require special attention. Luckily, our team of experts are here to help.

BETHANY PASTRANA, CTRS
bpastrana@seaspar.org • 630.960.7609

CATHERINE A MORAVA, CPRP
cmorava@seaspar.org • 224.250.0528



EAGLES ADULT DAY PROGRAM

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities Enhance Adult Growth through Lifestyle Education and Service. This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at four different sites throughout SEASPAR's communities: the Darien Sportsplex, Lemont Safety Village, Lisle Recreation Center, and Brookfield Municipal Building.

For more information, visit our website or contact Catherine Morava at 224.250.0528.

The EAGLES Adult Day Program continues to expand its participants' experience and find creative ways to make healthy choices. Our staff work to collaborate with local businesses, therapists, educators, university students, and other local day programs to offer new and exciting opportunities for the participants in the program. We are fortunate to have such a great team working the program.

Our dedicated team of professionals include:

**NICOLE CAUSEY
PAM CONLON
EILEEN KASH
BRIAN KLAMA
ELISA KEEGAN
JENNIFER MOLSKY**

**KRISTY PAULEY
AUDREY PETERS
BECKY QUIRK
DAN SKARNULIS
NICOLE STRAWSER**

These incredible individuals are responsible for delivering dynamic recreation services to adults with disabilities and contribute to the progress of the EAGLES Adult Day Program, each and every day!

S.O.A.R. PROGRAM

S.O.A.R. stands for Specialized Outside Agency Recreation. S.O.A.R. is offered in cooperation with local schools and agencies whose population consists of at least 50% SEASPAR residents. The program was developed to provide students and adults with disabilities with an increased awareness of healthy and beneficial recreation and leisure exploration activities.

SEASPAR staff work with the school/agency to plan appropriate activities with the goal that the participants will develop recreation interests in their community. SEASPAR residency includes anyone who resides in the park districts of Clarendon Hills, Darien, Downers Grove, La Grange, La Grange Park, Lemont, Lisle, Westmont, or Woodridge, or the villages of Brookfield, Indian Head Park, or Western Springs. Please note that in-district residency is not based on the location of the agency; an agency qualifies if 50% or more of its students/participants reside within SEASPAR's member communities.

A wide variety of activities can be planned. Although there are many similarities between S.O.A.R. programs, no two programs are alike.

Scan the code to make a S.O.A.R. request online.



Inclusion

INCLUSION

As part of SEASPAR's continuum of recreation programs, inclusion services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations.

For more information about inclusion services, visit our website or contact Bethany Pastrana at 630.960.7609.

ABSENCES

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and ensures that no tickets are wasted. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

ADA STATEMENT

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs.

To request this program guide in an alternative format, please contact Morgan Mason at mmason@seaspar.org.

ANNUAL INFORMATION FORMS

SEASPAR requires that all participants complete an Annual Information Form (AIF) each calendar year. Individuals without a current AIF on file will not be permitted to participate. You do NOT need to submit an AIF each season, only once per year.

The Annual Information Form is available on pages 49-51, or may be submitted online at SEASPAR.org.

Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information but do NOT need to submit a new Annual Information Form if one was previously submitted for 2023.

ATLANTOAXIAL INSTABILITY

Individuals with Down syndrome are at risk of having Atlantoaxial Instability (AAI) which causes decreased stability in the bones of the upper spine. For the safety of our participants, individuals with Down syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for AAI. For more information, contact SEASPAR at 630.960.7600.

CHECK IN

Virtual Programming: Participants should sign into virtual programming in a timely manner. When signing in, participants will be placed on hold until the program's scheduled start time.

In-Person Programming: When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child.

 **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

CODE OF CONDUCT

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make SEASPAR's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and events as deemed necessary by the staff.

CODE OF CONDUCT: IN-PERSON PROGRAMS

- Show respect to all participants, staff and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and those at public facilities to enjoy the activity without disruption.
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

CODE OF CONDUCT: VIRTUAL PROGRAMS

- Refrain from sharing program information (Zoom meeting code and password) with others. Virtual registrations are not exchangeable.
- Avoid joining programs in which you are not enrolled
- Select a quiet space for your program. Reduce background noise as much as possible.
- Ensure that you have an appropriate background for the group to see.
- Change your name in Zoom to the participant's first name and last initial.
- Follow staff's instructions for taking turns and muting.
- Treat others with respect when speaking and using the chat function. The chat function may be disabled by staff if it is not used appropriately. Participants may be muted or removed from the program if their behavior is disruptive.

DISCIPLINE

SEASPAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SEASPAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of him/herself or others.

LATE REGISTRATION

The registration deadline is **Monday, May 8** at 4:30 pm. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waitlist. Participants may not be added to a program with less than 48 hours notice.

LATE PICKUP

If a participant has not been picked up at the scheduled program end time, the parent/guardian/group home staff will be contacted. After a fifteen-minute wait period, emergency contacts will be called. After one warning, a \$10 fee will be applied for every 15 minutes that a participant is picked up late or the SEASPAR vehicle is delayed. A notice will be sent to you indicating the fee being charged to your account.

LOSS OR THEFT

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

MEDICATION DISPENSATION

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in SEASPAR provided envelopes, complete the label, and give it to the program supervisor. For the convenience of those who are involved in many programs, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

NON-RESIDENT FEE POLICY

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.



PARTICIPANT EXPECTATIONS

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and socialization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call us at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

PARTICIPATION

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

PHOTOGRAPH/VIDEO POLICY

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. If there is a specific reason you or your child/ward cannot be photographed, please contact us.

PROGRAM CANCELLATIONS

- A program may be cancelled if the program minimum enrollment is not met.
- Programs may be cancelled due to inclement weather or other emergencies. See the Weather/Emergency Cancellations section below for more information.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

SEASPAR/WDSRA AGREEMENT

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips and the EAGLES adult day program are not included. Registrations must be submitted by the agency's deadline, and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For more information, contact SEASPAR at 630.960.7600. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WDSRA.com.

VIRTUAL PROGRAMMING ACCESS AND PASSWORDS

You will receive an email before programs begin with links and passwords for your programs. These are exclusive to you and cannot be shared. Please retain this email as it will only be sent once. If you do misplace your link or password, please call us at 630.960.7600 or email adminstaff@seaspar.org. Participants who cannot be identified and/or whose enrollment status cannot be confirmed may be removed from a virtual program.

WEATHER/EMERGENCY CANCELLATIONS

Weekly programs and special events may be cancelled due to inclement weather or other unforeseen circumstances. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 3:30-4:30pm for evening programs. If a program is cancelled or an outdoor program is moved indoors, staff attempt to reach all participants to inform them of the change. After hours, program changes are available on the Program Hotline at 630.960.7582. Programs cancelled due to inclement weather or other emergency may be rescheduled; otherwise, a refund will be issued in the form of a credit on the participant's account.

WEATHER: SEVERE WEATHER GUIDELINES

- All programs are cancelled when the heat index reaches or exceeds 110°.
- All programs (including indoor) are cancelled when a tornado warning is in effect for the surrounding area. SEASPAR uses discretion for all other weather watches and warnings.

WELLNESS GUIDELINES

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is required that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100.4° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackievirus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed. In cases of COVID-19, participants may return to programs after quarantine or isolation, based on the current CDC, State, and local guidelines.

For everyone's safety, if a participant is exhibiting symptoms of illness during a program, they will be removed from the group and an approved adult will be required to pick them up.

ANNUAL INFORMATION FORM

2023 Annual Information Form



<i>For office use only</i>	
PDF _____	Date _____
RecTrac _____	Date _____
Details/Status _____	Date _____

Participant Name _____ Age _____ Birth Date _____

Is this a new participant? Yes No If so, how did you hear about SEASPAR? _____

Is the participant his/her/their own guardian? Yes No Participant Cell # _____

Gender _____ Preferred Pronouns He/Him She/Her They/Them Other: _____

Address _____ City _____ Zip _____

Home Phone _____ Park District _____

Parent 1 Name _____ Cell # _____ Work # _____ Email _____

Parent 2 Name _____ Cell # _____ Work # _____ Email _____

Guardian Name _____ Cell # _____ Work # _____ Email _____

Is the participant in: School Transition Program Day Program (other than EAGLES) Group Home CILA

School/Program/Facility Name _____

Teacher/Caseworker Name _____ Permission to Consult with Teacher/Caseworker Yes No

Teacher/Caseworker Phone _____ Teacher/Caseworker Email _____

Weekend and/or Emergency # (for group homes/CILAS) _____

Emergency Contacts

(other than parents/guardian listed above)

Name _____ Relationship _____ City _____ Transportation? Yes No

Home # _____ Cell # _____ Work # _____

Name _____ Relationship _____ City _____ Transportation? Yes No

Home # _____ Cell # _____ Work # _____

Medical Information

Medical Conditions

Disability/Diagnosis _____

Allergies Yes No (include food allergies and reactions) _____

Dietary restrictions Yes No (not allergies) _____

Blood disorder Yes No _____

Diabetes Yes No (If YES, a Diabetes Plan is required)

Down Syndrome Yes No AAI testing result? Positive Negative Not tested

G-Tube Yes No (If YES, please attach instructions)

Hearing Impaired Yes No Hearing aid(s)? _____

Heart Condition Yes No _____

Seizures Yes No (If YES, a Seizure Response Plan is required)

Visually Impaired Yes No Glasses or contacts? _____

Other (asthma, chronic illness, etc.) _____

ANNUAL INFORMATION FORM

Transportation Information

Transportation permission in SEASPAR vehicle? Yes No

If 18 or older, is the participant able to go home on his/her/their own? Yes No

If 18 or older, is the participant able to wait independently? Yes No

Is the participant able to drive independently? Yes No

Does this permission apply to all programs? Yes No If no, please specify _____

Please list carpool friends _____

Personal/Physical Requirements

Assistive Devices

Wheelchair Yes No Type Manual Electric Transport only in wheelchair? Yes No

Does participant need assistance with transfers? Yes No (If YES, a Transfer Plan is required)

Please indicate if used: Stroller Walker Cane/Crutches Prosthetic Device AFOs Other _____

Service Animal (please describe) _____

What level of assistance does participant need?	Full	Moderate	Independent	Details
Eating/Drinking (cuts food, uses straw, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Toileting (diapers, catheter, wiping, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
If the participant is <u>not independent for toileting</u> , a Toileting Plan is required.				
Hand Washing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Dressing/Undressing (tying shoes, pulling up swimsuit, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Money Handling (monitor for correct change, no concept, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Reading (comprehension level, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Responsibility (keeping track of belongings, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Safety (crossing street, water safety, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Please select swimming ability Cannot swim Needs personal flotation device

Can swim one length of pool without flotation device Competitive/multi-lap independent swimmer

Please indicate bowling need Ramp Bumpers

Additional Information/Signature

Please list any information concerning the participant that would aid staff in ensuring a safe and enjoyable program for him/her/they. The more you tell SEASPAR, the better we can meet each participant's needs.

Indicate friends attending SEASPAR _____

Parent/Guardian Signature _____ Date _____

Participant Signature (if over 18) _____ Date _____

REGISTRATION FORM

Participant's Name _____ Birth Date _____

Address _____ City _____ Zip _____

Has any of your information changed since you completed your 2023 AIF? Yes No
If yes, please call us at 630.960.7600.

Do you have an updated emergency contact? Yes No
If yes, please call us at 630.960.7600.

WAIVER AND RELEASE

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

In virtual program activities, you need to have adequate space to follow the activity instructions and to move safely without exposure to any obstacles, obstructions, steps or anything that could cause possible trips or falls. As a participant, you are solely responsible for assessing whether you can participate safely in the activity in the space you have chosen without accidents.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have been made aware of the inherent dangers and risks of virtual program activities, and I can participate safely in the space I have chosen.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online acceptance or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent/Guardian Signature _____ Date _____

Participant Signature (if 18 or older) _____ Date _____

⚠️ PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian. **⚠️**
⚠️ PARTICIPATION WILL BE DENIED if a 2023 Annual Information Form is not on file.



Our **Fee Assistance Program** makes programs attainable to families with financial restraints through scholarships funded by generosity. Apply confidentially online at SEASPAR.org.

**FREE
EVENT**


SEASPAR



JUNE 11

**TY WARNER PARK, WESTMONT
FREE ADMISSION • 1-4PM**

Food, Family, & Fun

You're invited! SEASPAR's favorite summertime family event returns with even more fun than ever before. Enjoy food, music, and a variety of activities for all ages.

Participation in this event is complimentary for SEASPAR participants and their families.

RSVP today at SEASPAR.org/sko2023

We hope you will join us for a proper summer kickoff!

SEASPAR.org



4500 Belmont Road
Downers Grove, IL 60515

Change Service Requested

POSTMASTER:
Dated Material – Do Not Hold

If you no longer wish to receive this
brochure, call 630.960.7600.

SERVING THE RESIDENTS OF:

VILLAGE OF BROOKFIELD

CLARENDON HILLS PARK DISTRICT

DARIEN PARK DISTRICT

DOWNERS GROVE PARK DISTRICT

VILLAGE OF INDIAN HEAD PARK

PARK DISTRICT OF LA GRANGE

COMMUNITY PARK DISTRICT OF
LA GRANGE PARK

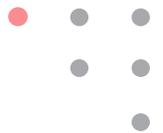
LEMONT PARK DISTRICT

LISLE PARK DISTRICT

VILLAGE OF WESTERN SPRINGS

WESTMONT PARK DISTRICT

WOODRIDGE PARK DISTRICT



20
23

SUMMER