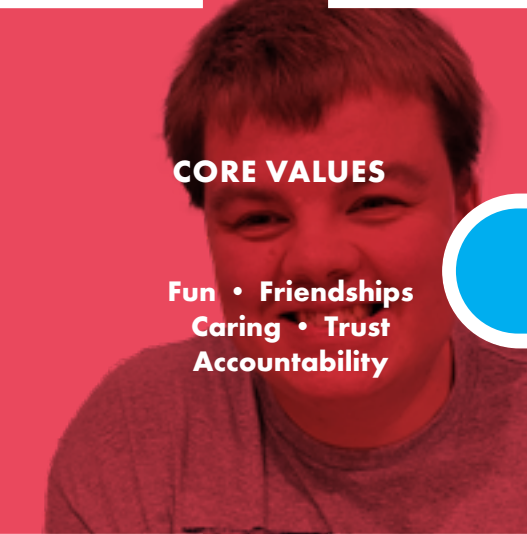
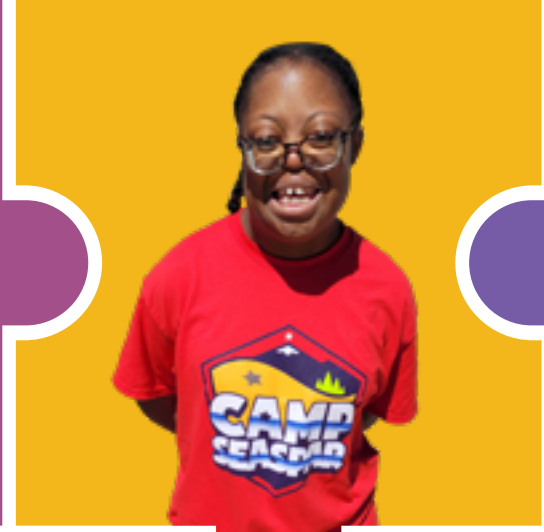


REGISTRATION
APRIL 15 - MAY 6


SEASPAR
SPECIAL RECREATION ASSOCIATION

summer 2024



CORE VALUES

Fun • Friendships
Caring • Trust
Accountability



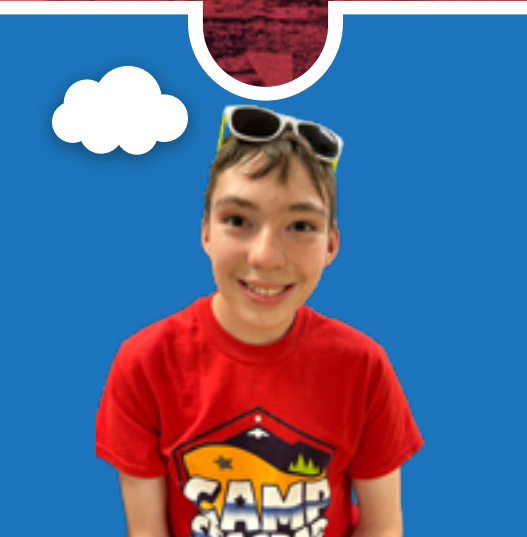
VISION

Discover Abilities
Achieve Potential
Realize Dreams



MISSION

Enriching lives
through recreation



YOU ARE THE UNIQUE PIECE OF OUR PUZZLE!

FIND YOUR FRIENDS OR FAVORITE STAFF AND CREATE YOUR OWN PUZZLE.

CUT THE PIECES AND BE CREATIVE!

REGISTRATION: APRIL 15 - MAY 6

SEASON DATES: JUNE 10 - AUGUST 4

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ASSOCIATION MEMBERS & REPRESENTATIVES

The South East Association for Special Parks And Recreation (SEASPAR) provides dynamic recreation programs and quality services for individuals with disabilities in the communities of Brookfield, Clarendon Hills, Darien, Downers Grove, Indian Head Park, La Grange, La Grange Park, Lemont, Lisle, Western Springs, Westmont, and Woodridge.

SEASPAR is composed of 12 associated members, which are represented by the following individuals:

Downers Grove Park District 2245 Warrenville Road, Downers Grove	Bill McAdam President
Lemont Park District 16028 127th Street, Lemont	Louise Egofske Vice President
Lisle Park District 1925 Ohio Street, Lisle	Dan Garvy Secretary
Darien Park District 7301 Fairview Avenue, Darien	Stephanie Gurgone Treasurer
Village of Brookfield 8820 Brookfield Avenue, Brookfield	Luke Gunderson
Clarendon Hills Park District 315 Chicago Avenue, Clarendon Hills	Kathy Forzley
Village of Indian Head Park 201 Acacia Drive, Indian Head Park	Amy Eckert
Park District of La Grange 536 East Avenue, La Grange	Jenny Bechtold
Community Park District of La Grange Park 1501 Barnsdale Road, La Grange Park	Jessica Cannaday
Village of Western Springs 1500 Walker Street, Western Springs	Aleks Briedis
Westmont Park District 55 East Richmond Street, Westmont	Bob Fleck
Woodridge Park District 2600 Center Drive, Woodridge	Jenny Knitter

BOARD MEETINGS

SEASPAR's Board meets the third Tuesday of every month at SEASPAR at 3:00pm. The public is welcome. For information call 630.960.7600.

Board meeting minutes and agendas are available online at SEASPAR.org/Board.



Welcome, Willowbrook!

In September of 2024, the Village of Willowbrook will join SEASPAR as its 13th member, but we are welcoming Willowbrook residents into programs now! See details on the Registration Information page.

REGISTRATION INFORMATION

Never hesitate to contact SEASPAR with your questions. Our staff is eager to assist you!

ONLINE SEASPAR.org

FAX 630.960.7601

MAIL/IN PERSON SEASPAR
4500 Belmont Road
Downers Grove, IL 60515

Registration opens on Monday, April 15, and closes on Monday, May 6 at 4:30pm. Registration for all programming is lottery-based and enrollment is not guaranteed; confirmations will be mailed on May 24.

Zoom links for virtual programs will be emailed the week of June 3.

REGISTRATION PROCEDURES

ONLINE REGISTRATION

To register online, visit SEASPAR.org. First-time online registrants must call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org to gain access to their online account. The online registration requirements are:

- Must be a SEASPAR resident.
- Must have no outstanding balance.
- Must have an up to date ePACT emergency form on file.
- Full credit card payment is required at the time of registration.

IN-PERSON/FAX/EMAIL REGISTRATION

- Complete both sides of the registration form and sign it.
- Mail or drop off your registration form and payment at the SEASPAR office, 4500 Belmont Road in Downers Grove (for after-hours convenience, there is a mail slot at the SEASPAR office entrance) **OR**
- Fax registration form with credit card information completed to 630.960.7601 **OR**
- Email registration form with credit card information completed to adminstaff@seaspar.org.
- All participants must have an up-to-date ePACT Emergency Form on file.
- Full payment for programs must be received with the registration unless other arrangements have been made.
- Payment may be made by check, money order, cash, or credit card. **We accept Visa, MasterCard, Discover, and American Express!**



Registrations received after the registration deadline are accepted if space is available. Participants may not be added to a program with less than 48 hours notice.

CREDIT/REFUND PROCEDURES

Credits/refunds may be issued for the following reasons:

- **Participant is Placed on Waitlist:** A full credit for the waitlisted program remains on the participant's account for the duration of the season unless the participant cancels from the waitlisted program to receive a refund.
- **Program is Cancelled by SEASPAR:** A full credit for the cancelled program remains on the participant's account, unless the program is rescheduled.
- **Participant Cancels from a Weekly Program:** If a participant cancels at least three (3) business days prior to the start of the weekly program, a full credit for the program remains on the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. After the first session, if the program is deemed inappropriate for the participant or if the participant is dissatisfied with the program, a full credit for the program remains on the participant's account. After the second session, cancellation results in a prorated credit issued to the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. Cancellations must be made at least three (3) business days prior to the next session of the program in order to receive a credit for that session of program.
- **Participant Cancels from a Special Event:** If a participant cancels at least three (3) business days prior to the special event, a full credit is issued to the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. Cancellations made with less than three (3) business days' notice will not result in any credit or refund.

Credits under \$75 remain on a participant's account unless a refund is requested. All credits are automatically applied toward future registrations.

Credits of \$75 or more are automatically refunded if a credit card was used for the original purchase, unless the credit is the result of a waitlist enrollment. In the case of cash/check payment, credits of \$75 or more remain on the participant's account unless a refund is requested.

Refunds will either be issued directly to the credit card used for the original purchase, or in the case of cash/check payment, via check. Check refunds are issued monthly.

To request the refund of an account credit, please call 630.960.7600 or email adminstaff@seaspar.org.

FEE ASSISTANCE PROGRAM

SEASPAR is in a position to offer scholarships for a percentage of fees to our families with financial restrictions because we believe all residents, regardless of financial limitations, should have access to SEASPAR programs. Participants in need of financial assistance may obtain a Fee Assistance Program Application by visiting our website at SEASPAR.org or calling 630.960.7600. Fee assistance is not available to non-residents or for overnight trips or day camp transportation.

WILLOWBROOK RESIDENTS

Until the Village of Willowbrook officially joins SEASPAR in September 2024, Willowbrook residents should use the In-Person/Fax/Email Registration options to the left. Willowbrook registrations will be processed after current resident registrations. Online registration will be open to Willowbrook residents beginning with the Fall 2024 season.



REGISTRATION MADE EASY

SEASPAR participants with an active account can register for their favorite programs and special events completely online.

To register online, visit **SEASPAR.org** or **scan** the code with your phone.

PROGRAM ANATOMY

1. PROGRAM NAME

This section describes the name of the program. Program names are color-coded by section (e.g., Children & Young Teens, Teen & Adult, etc.).

2. PROGRAM BENEFITS

This section identifies benefits of the program. See below for more details.

3. PROGRAM DESCRIPTION

This section includes a brief description of the program.

4. PROGRAM NOTICES

This section highlights important information the participant should be aware of before registering.

5. SESSION INFORMATION

This section includes information you need to know when selecting your program(s) such as age requirements, location, fee, date, time, no program dates, and registration code.

6. ATTENTION AREA

Identifies important registration and details specific to the program like, wheelchair accessible registration code, transportation details, and dates which the program will not meet.


1 EXAMPLE NAME




3 Program descriptions helps you understand a program's focus.

4	Age	5+
	Location	Darien Sportsplex

5	Code	Day(s)	Time	\$	Date(s)
	4-000-01-1	TU	By appointment	\$108	6/11-8/1
	4-000-01-2	TH	By appointment	\$108	6/13-8/1

6  **Wheelchair Accessible Code**
Programs featuring special access registration codes for wheelchair users are indicated in this section.

 **Transportation**
Transportation details (if available) will be displayed in this area.

 **No Program Dates**
No program dates (if any) will be displayed here.

IDENTIFYING PROGRAM BENEFITS

SEASPAR is known for delivering dynamic recreation programming, but did you know that the same programs also provide many beneficial attributes important for the growth and development of individuals with disabilities? Because we believe identifying these benefits is important to your program selection process, we added a system of icons to help you select the perfect programs available within this guide. Look for these program icons for:



Independence:

Programs marked with this icon are considered to promote independence through engaging activities delivered in structured environments. These programs are recommended for individuals who live independently or want to increase responsibilities around the house and beyond.



Motor Skills Development:

Programs marked with this icon promote motor skill development. These programs are recommended for individuals who can benefit from continued development (and strengthening) of motor skills with participation in age-appropriate activities.



Active:

Programs marked with this icon include elements beneficial to a healthy lifestyle through the inclusion of physical activities. These programs are recommended for individuals who seek to increase or introduce activities that promote an active lifestyle, through light exercise.



Social Skills Development:

Programs marked with this icon are considered to promote social skills development through participation in various activities hosted in safe environments. These programs are recommended for individuals who desire to expand their social skills or yearn for fun social opportunities.



Sensory Exploration:

Programs marked with this icon are specially designed to appease the senses and are highly recommended for individuals with autism, sensory processing disorders, and ADHD. Many sensory-friendly programs make use of SEASPAR's two multi-sensory rooms.



Performing Arts:

Programs marked with this icon are associated with the teaching of performance arts. A program such as this is ideal for individuals with a desire to entertain, practice performance-based skills, or learn more about the virtues of the stage.



Competitive:

Programs marked with this icon are considered to be competitive. Participants who desire competitive programs are encouraged to seek programs marked with this icon. Programs such as these can range from team sports to activities designed to challenge potential.



Special Olympics:

Programs marked with this icon are associated with Special Olympics, which involves training and participation in competitive sports offered at various levels. Participants are expected to attend games, which may include local and non-local events and tournaments.

STAFF

MATT CORSO, CTRS, CPRE
Executive Director

SYLVIA DOBBINS, CPRP
Program Manager

MATT GORECKI, CPRP
Recreation Coordinator

CHRISTINA HEALY, CTRS
Recreation Coordinator

KIMBERLY A. HUGGINS, CPRP
Senior Recreation Coordinator

DAWN KRAWIEC, CPRP
Superintendent of Recreation

CHRIS LAMBIASI
Human Resources Specialist

KAREN LESNIAK
Superintendent of Administrative Services

MORGAN MASON, CPRP
Business Manager

CLAIRE MCCARTHY, CTRS
Recreation Coordinator

LAUREN McVEY, CTRS
Recreation Coordinator

CATHERINE A. MORAVA, CPRP
Adult Day Program Manager

BETHANY PASTRANA, CTRS
Inclusion Manager

LAURA PULIDO
Marketing Coordinator

STEPHANIE STOCKS, CTRS
Recreation Coordinator

SHANNON TOVEY, SHRM-CP, CTRS
Human Resources Manager

CONTACT US

BY PHONE 630.960.7600
TRS 711

BY EMAIL adminstaff@seaspar.org

PROGRAM HOTLINE 630.960.7582
After hours program status hotline.

SOCIAL MEDIA Facebook.com/SEASPAR
Instagram.com/WeAreSEASPAR

OFFICE HOURS

Monday–Friday, 8:30am–4:30pm
Recorded Message After Hours.

The SEASPAR Office will be closed on:

- May 27
- July 4

OFFICE LOCATION

4500 Belmont Road, Downers Grove, IL 60515

FOLLOW US

Don't miss another moment! Follow SEASPAR on your favorite social media app for more news, photos, videos, and the latest stories about your favorite activities.

**JOIN THE SEASPAR TEAM!**

SEASPAR offers flexible hours with a variety of fun programs and events to choose from. No experience is necessary for some positions. Applicants must be 16 or older.

Call us at 630.960.7600 or visit SEASPAR.org to apply online!

MEET ASHLEY AND CLAIRE

Claire McCarthy has joined SEASPAR as the Recreation Coordinator for Inclusion. She'll be supporting the services we provide to participants with disabilities in our member agencies' programs. Her passion for inclusion is one of the many reasons we knew she would be a perfect fit!



Team SEASPAR has also welcomed Ashley Sinio as the regular part-time Recreation Specialist. Ashley will be supporting our programs and welcoming new participants. Be sure to give her a big welcome when you see her out at programs!

PROGRAM LOCATIONS

AMC QUARRY CINEMAS

9201 W 63rd Street, Hodgkins

CENTENNIAL OUTDOOR AQUATIC CENTER

16028 127th Street, Lemont

CINEMARK AT SEVEN BRIDGES

6500 IL-53, Woodridge

CLARENDON HILLS COMMUNITY CENTER

315 Chicago Avenue, Clarendon Hills

DARIEN COMMUNITY CENTER

7301 Fairview Avenue, Darien

DARIEN SPORTSPLEX

451 Plainfield Road, Darien

DIANE MAIN PARK

300 W 59th Street, Westmont

DOWNERS GROVE RECREATION CENTER

4500 Belmont Road, Downers Grove

EBERSOLD PARK

5923 Main Street, Downers Grove

FMC NATATORIUM

275 Plaza Drive, Westmont

GRAND AVENUE COMMUNITY CENTER

4211 Grand Avenue, Western Springs

HOLES AND KNOLLS

845 Pershing Avenue, Glen Ellyn

INDIAN BOUNDARY YMCA

711 59th Street, Downers Grove

LEMONT PARK DISTRICT SOUTH QUAD FIELD

16028 127th Street, Lemont

LIONS PARK POOL

100 Byrd Court, Clarendon Hills

LISLE LANES

4920 Lincoln Avenue, Lisle

LISLE RECREATION CENTER

1925 Ohio Street, Door 8, Lisle

LOST MOUNTAIN ADVENTURE GOLF

1535 75th Street, Woodridge

MAR-DUKE FARM

6800 Main Street, Downers Grove

MCCOLLUM PARK

6801 Main Street, Downers Grove

PARK DISTRICT OF LA GRANGE

536 East Avenue, La Grange

RAY'S BAY MULTI-SENSORY ROOM

4211 Grand Avenue, Western Springs

SEASPAR

4500 Belmont Road, Downers Grove

SENSORY GARDEN PLAYGROUND

2751 Navistar Drive, Lisle

SPRING ROCK PARK

4400 Central Avenue, Western Springs

SUBURBANITE BOWL

201 Ogden Avenue, Westmont

THE CORE FITNESS & AQUATIC COMPLEX

16028 127th Street, Lemont

TRUE BALANCE KARATE

406 Ogden Avenue, Downers Grove

VETERANS MEMORIAL PARK

75 E Richmond Street, Westmont

WESTMONT COMMUNITY CENTER

75 E Richmond Avenue, Westmont

WONDERS MULTI-SENSORY ROOM


1925 Ohio Street, Door 8, Lisle

WOODRIDGE ARC (ATHLETIC RECREATION CENTER)

8201 S Janes Avenue, Woodridge

TRANSPORTATION

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions.

 When completing your registration form for programs that include transportation, please indicate the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles:

- SEASPAR reserves the right to refuse to transport individuals.
- All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle.
- All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.
- Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
- SEASPAR staff are responsible for determining whether a participant can be transported safely.

Transportation locations may include:

DARIEN

Darien Sportsplex | Parking Lot
451 Plainfield Road, Darien

DENNING

Denning Park | Parking Lot
4901 Gilbert Avenue, La Grange

LEMONT





Lemont Centennial Community Center | Parking Lot
16028 127th Street, Lemont





LISLE




Lisle Recreation Center | Door #8
1925 Ohio Steet, Lisle

SEASPAR

Downers Grove Recreation Center | Parking Lot
4500 Belmont Road, Downers Grove

WEEKLY PROGRAM NAME					AGES	DAYS	PAGE
Music Lessons with Nancy	•	•			All Ages	Monday-Friday, by Appt.	14
Sensory Seekers		•			All Ages	Mondays	18
Karate		•			All Ages	Mondays	13
Sensory Explorers		•			All Ages	Wednesdays	18
Sensory Sunday: June		•			All Ages	Sundays	18
Sensory Sunday: July		•			All Ages	Sundays	18
Music and Me!		•			3-8	Tuesdays	19
Happy Feet		•			3-9	Wednesdays	19
Swim Lessons		•			5+	Mon., Tues., Wed., Thurs., Sat.	15
Saturday Superstars		•			7-15	Saturdays	19
Spartans Bocce		•	•		8+	Wednesdays	36
Spartans Golf		•	•		8+	Thursdays	37
Spartans Golf - Developmental		•	•		8+	Thursdays	37
SEASPAR Steel Power Soccer		•	•		8+	Saturdays	37
Spartans Swim Team		•	•		8+	Sundays	37
Lightning Softball		•	•		8-25	Wednesdays	36
Musical Theater		•			9-15	Tuesdays	19
Strike Force		•			13-22	Mondays	22
Chefs in Training		•			13-22	Wednesdays	22
Video Game Club		•			13-22	Thursdays	22
Young Adult Club		•		•	16-25	Saturdays	27
Brunch with Besties		•		•	16+	Sundays	28
Afternoon Adventures		•			16+	Mondays	23
Walking Club West		•			16+	Mondays	24
Spartans Powerlifting		•	•		16+	Mondays	35
Cooking with SEASPAR	•				16+	Mondays	24
Mini Golf at Lost Mountain		•			16+	Mondays	24
Gardening Club		•			16+	Mondays	24
Karaoke	•				16+	Mondays	39
Day Away Tour		•			16+	Tuesdays	24
Feast with Friends	•				16+	Tuesdays	39
Bowling at Lisle Lanes		•			16+	Tuesdays	24
Cooking with SEASPAR		•			16+	Tuesdays	24
Picnic in the Park		•			16+	Tuesdays	25
Creative Corner		•			16+	Tuesdays	25
Soup or Salad		•		•	16+	Tuesdays	25
Pet Therapy		•			16+	Tuesdays	25
Game Night	•				16+	Tuesdays	39
Spartans Volleyball		•	•		16+	Tuesdays	36
Movie Club	•				16+	Wednesdays	39
Bowling at Suburbanite I		•			16+	Wednesdays	25
Mini Golf at Holes and Knolls		•			16+	Wednesdays	25
Spartans Flag Football		•	•		16+	Wednesdays	36
Bowling at Suburbanite II		•			16+	Wednesdays	25

WEEKLY PROGRAM NAME					AGES	DAYS	PAGE
Yoga with Jen	•				16+	Wednesdays	39
Day Trippers	•				16+	Thursdays	26
Fit N' Fuel	•				16+	Thursdays	27
Walking Club East	•				16+	Thursdays	27
Glee Club	•				16+	Thursdays	27
Work-in With SEASPAR	•				16+	Thursdays	39
Bingo	•				16+	Thursdays	40
At the Movies Seven Bridges	•				16+	Thursdays	26
At the Movies AMC Quarry	•				16+	Thursdays	26
Social Club East	•				16+	Fridays	27
Social Club West	•				16+	Fridays	27
Saturday Night Socialites	•			•	26+	Saturdays	28

SPECIAL EVENT NAME					AGES	DAYS/DATES	PAGE
Splash & Sing	•				3-15	Sunday, June 23	21
Sensory Garden Playground	•				3-15	Sunday, August 4	21
Family Pool Day	•				5-15	Sunday, July 21	21
Ice Cream and Splash Pad	•				7-15	Saturday, June 15	20
Mini Golf	•			•	7-15	Saturday, June 29	20
Cosley Zoo	•				7-15	Saturday, July 13	20
Bowling	•				7-15	Saturday, July 27	20
Chicago Dogs Baseball Game	•				13-22	Saturday, June 15	22
Raging Waves Waterpark	•				13-22	Sunday, July 21	22
Baseball Tour: Schaumburg Boomers	•			•	16+	Thursday, June 6	26
Party in the USA Dance	•				16+	Friday, June 14	29
Wonder Woods Mini Golf and Lunch	•			•	16+	Saturday, June 15	29
Brookfield Zoo	•			•	16+	Sunday, June 16	29
Kane County Cougars	•			•	16+	Saturday, June 22	29
Chicago Botanic Garden	•			•	16+	Sunday, June 23	29
Captain's I&M Canal Tour	•			•	16+	Saturday, June 29	30
Chicago White Sox	•			•	16+	Sunday, June 30	31
Adventure Falls Mini Golf and Lunch	•			•	16+	Saturday, July 6	31
Kane County Flea Market	•			•	16+	Sunday, July 7	31
Baseball Tour: Kane County Cougars	•			•	16+	Thursday, July 11	26
Bristol Renaissance Faire	•			•	16+	Saturday, July 13	31
Dance Party in the Park	•				16+	Sunday, July 14	31
Kane County Fair & Festival	•			•	16+	Saturday, July 20	31
Chicago Cubs	•			•	16+	Sunday, July 21	32
Six Flags Great America	•			•	16+	Saturday, July 27	32
DuPage County Fair	•			•	16+	Sunday, July 28	32
Movie in the Park	•			•	16+	Friday, August 2	33
Scavenger Hunt at The Forge	•			•	16+	Saturday, August 3	33

2024 STAFF AND VOLUNTEER AWARDS

SEASPAR thanks all of the staff and volunteers who attended our annual Believe & Achieve Recognition Banquet on January 18, 2024. A highlight of the event was recognition of our incredible part-time staff and volunteers, including award presentations and longevity milestone recognition.

LEADING LIGHT AWARD

The 2024 Leading Light Award, which is presented to a part-time staff member who has been with SEASPAR for three years or less, was accepted by Lorrie Smietanski. Lorrie joined Team SEASPAR in 2021 and has been an asset to SEASPAR since. She is well-known for her kind, cheerful, and positive demeanor. Thank you, Lorrie, for being a Leading Light at SEASPAR!

SUPER STAR AWARD

The 2024 Super Star Award, which is presented to a part-time staff member who has been with SEASPAR for more than three years, was accepted by Meghan (Meg) Lieb. Meg has been part of Team SEASPAR since 2017. She is ready and willing to work a variety of programs and anywhere from coaching Special Olympics to leading Day Camp. Meg is a role model for our newer members of Team SEASPAR, and we appreciate all that she does as a Super Star staff!

NABERHAUS VOLUNTEER OF THE YEAR AWARD

The 2024 Naberhaus Volunteer of the Year Award was presented to an individual volunteer who has gone above and beyond in support of SEASPAR programming. This year, the award was accepted by Eric Alwin. Eric is an exceptional volunteer for SEASPAR's Aktion Club. He's demonstrated that one person can indeed make a significant impact on others. Way to go, Eric!

LONGEVITY MILESTONES

In addition to awards, several staff and volunteers were recognized at Believe & Achieve for their longevity milestones. Please join us in congratulating these committed individuals.

The following individuals have reached their 5-year longevity milestone:

Sandy Greco
Ryan Marchewka
Lisa Morici
Becky Quick
Paul Saladino

The following individuals have reached their 10-year longevity milestone:

Kate Moran

The following individuals have reached their 15-year longevity milestone:

Kevin Wood

Thank You
for your years of dedication!

Believe & Achieve



The SEASPAR Board, staff, and participants thank the following individuals and organizations for their financial support of SEASPAR from October 2023 through January 2024. Your commitment to our mission means the world to us!

Anonymous
 Beth and Pete Bensen for EAGLES Adult Day Program
 The Family of Zephyr Cheboub
 Thomas Condon
 Donna Denz
 The Donaldson Family
 Downers Grove Jr. Woman's Club
 Fidelity Giving
 Suzy Glowiak
 Liz Grillos
 Knights of Columbus Fr. Ernie Norbeck Council #16062
 Kathryn Lundvall
 Microsoft Rewards/Give with Bing
 Mike
 Mason Rotelli
 Suburbanite Bowl

IN MEMORY OF GLENN CLARK

Janinne Baiardo
 Rev. David and Marilyn Bottorff
 James and Susan Burkiewicz
 Helen Callaghan
 Kris Hallowell
 Gregory Hanna
 Victoria Holtrop
 Melanie Kula and Christine March
 Heidi Pawelczyk
 Alex and Christine Pehas

IN HONOR OF TAMARA ROTELLI'S BIRTHDAY

Amelia Boomker
 Karen Burris
 Kaytee Griffin
 Brandi Hogle and Hansas
 Lori Whitnell

IN HONOR OF HEATHER SHARENOW'S BIRTHDAY

Kathleen Lojas

IN HONOR OF OSCAR URBINA'S BIRTHDAY

Oscar Urbina

IN HONOR OF BRETT ROTELLI'S BIRTHDAY

Karen Burris
 Micki Kremer

ANNUAL APPEAL

Each year, SEASPAR reaches out to our community for support for our Fee Assistance Program. This program allows families in financial need to receive discounted program fees, ensuring that cost is not a barrier to participation. Our fundraising for the program, known as our Annual Appeal, kicks off with Giving Tuesday and concludes at the end of the year. The generosity of our community always exceeds our most optimistic expectations!

Drumroll please... the 2023 Annual Appeal raised an incredible \$33,400 to support our Fee Assistance Program for 2024!

All of us at SEASPAR are grateful for each and every donor, whether they gave \$20 or \$10,000. Every donation changes the life of a SEASPAR family. To all of the individuals, families, and businesses listed below, we can't thank you enough!

Robert Ackermann
 Adam Adair
 Dana Avalos
 Thomas Bellaire
 Mary Berardi
 Ronald and Delores Biegun
 Kevin Brennan
 Beverly Buglio
 Elaine Burke
 Lois Bush
 William Cazares
 Joanne Clancy
 Matt Corso
 Brian and Eileen Couri
 Theresa Deluca
 Roger Dreher
 Anne Marie Eckert
 Thomas Extrom
 FLEXCO
 Vicki Forieri
 Jo-Anne and Edwin Foster
 Susan and Bob Friend
 The Dan Garvy Family
 Ronelva Gerencher
 Liz Grillos
 Jeff and Christine Grohne, David F. and Margaret T. Grohne Family Foundation
 Althea Grudem
 Elisabeth and Mark Grzywa
 Barbara Healy
 Thomas Hough
 Raymond Jablonski
 Ray & Jeanine Jasica
 JPMorgan Chase Good Works Employee Giving Program
 Lindsey Kallai
 Peter Kelly
 Colleen Kielch
 Ilona Berry and John Krivicich
 Ligia and Stephen Lodwig
 James Long
 Tami Ludtke
 Patricia Madsen, Baird and Warner, Inc.
 Catherine and Terence Mahoney



Randall Wallin
Mark Watkins
Karl Welsch
Ronald Wlezien
Carmen Woodring
Randy Zezulka

EVENT SPONSORS

SEASPAR offers free and low-cost events for participants and their families throughout the year. These events are made possible through the generosity of our sponsors. Please join us in thanking the following businesses for their support of our winter events! If your business would like to partner with SEASPAR, please contact Morgan Mason at 630.960.7600 or mmason@seaspar.org.

HOLIDAY SPECTACULAR

Record-a-Hit Entertainment
Lemont Park District
Park District of La Grange
Paramount Theatre
Sam's Club of Hodgkins
Anderson's Bookshop

BELIEVE & ACHIEVE RECOGNITION BANQUET

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Girgis Orthodontics
Blue Light Rain HVAC
CustomPromos.com
Krage's Mobil
Team Healy - Baird & Warner
Lemont Park District
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Nancy Ozark-Urban
The Palcowski Family
Matthew and Kristy Pauley
Richard Piper
Donald Raineri
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The Rosete Family
William Sherman
Aaron Sikora & Family
Steven Smith
Spiros-Weber Charitable Fund for the Ability Grant -
In Honor of Run Kus
Patrick Stanton, Patrick Commercial Real Estate
Len and Renee Strahanoski
Tim and Jan Timmel
Deirdre Toler
Victoria Van Alphen
W.S. Darley & Co.



Our **Fee Assistance Program** makes programs attainable to families with financial restraints through scholarships funded by generosity. Apply confidentially online at SEASPAR.org.

**YOUR SUPPORT
RAISES STARS!**



PROGRAMS
FOR
EVERYONE

KARATE  

Focus and release tension! Non-contact karate training promotes self-control, balance, and focus. Participants can advance through the belt system in pursuit of the coveted black belt. We welcome all skill levels.

Age	All ages			
Location	True Balance Karate, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
4-000-02-1	M	5:30-6pm	\$81	6/10-7/29

WE ARE SEASPAR

Have questions about programs for everyone? Let one of our expert Recreation Coordinators assist you.

STEPHANIE STOCKS, CTRS
sstocks@seaspar.org • 630.960.7665



MUSIC LESSONS WITH NANCY

Why talk about it when you can sing about it? Schedule an in-person music lesson with Nancy Urban and start making music today! Music lessons are 30 minutes each and are available by appointment only. Miss Nancy will reach out to you to schedule your lesson day and time.

Age 5+
Location Darien Sportsplex

Code	Day(s)	Time	\$	Date(s)
4-000-03-1	M-F	By appointment	\$73	6/10-8/2

VIRTUAL MUSIC LESSONS

You can schedule an appointment with Nancy Urban for an individual music lesson! Each virtual lesson lasts 30 minutes and is available only by appointment Monday through Friday. Miss Nancy will reach out to you to schedule your lesson day and time.

Age 5+
Location Program held over Zoom

Code	Day(s)	Time	\$	Date(s)
4-700-09-1	M-F	By appointment	\$73	6/10-8/2

MUSIC LESSONS



CHRISTINA HEALY, CTRS
chealy@seaspar.org • 630.960.7660

SWIM LESSONS



Each swim lesson lasts 30 minutes. When registering, please indicate your preferred lesson time. Due to high demand, timeslots cannot be guaranteed. Swimmers can only participate in one aquatics program per season. Please be aware that we share the pools with the public.



MATT GORECKI, CPRP
 mgorecki@seaspar.org • 630.960.7627

SWIM LESSONS

Swim lessons with SEASPAR and Coach Eve Learn to Swim, certified instructors, are both fun and essential. This class introduces swimmers to basic water skills, breath holding, and a series of submerging progressions that lead to unassisted swimming. Self-confidence and gross motor skills are strengthened through activities. Our swimming lessons are taught in small groups, and individualized assistance is provided as needed.

SWIM LESSONS THE CORE

Age	5+			
Location	The CORE, Lemont			
Code	Day(s)	Time	\$	Date(s)
4-000-01-1	M	4-6pm	\$165	6/10-8/12

No program dates 7/29, 8/5

SWIM LESSONS YMCA

Age	5+			
Location	Indian Boundary YMCA, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
4-000-01-2	TU	4-6:30pm	\$165	6/11-7/30

SWIM LESSONS FMC NATATORIUM

Age	5+			
Location	FMC Natatorium, Westmont			
Code	Day(s)	Time	\$	Date(s)
4-000-01-3	W	4-6pm	\$165	6/12-7/31

SWIM LESSONS YMCA

Age	5+			
Location	Indian Boundary YMCA, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
4-000-01-4	TH	4-6:30pm	\$144	6/13-8/1

No program dates 7/4

SWIM LESSONS THE CORE

Age	5+			
Location	The CORE, Lemont			
Code	Day(s)	Time	\$	Date(s)
4-000-01-5	SA	1-3pm	\$165	6/8-7/27

YOUR SUPPORT RAISES STARS!



Donate online at SEASPAR.org/donations
or **scan** the code with your phone.

Become a supporter
today by making a
secure online donation.



Our organization accepts donations
throughout the year, which can be used
to support our programs. All donations
are tax-deductible.





MULTI-SENSORY

ENGAGE YOUR SENSES

SEASPAR's two multi-sensory rooms, Ray's Bay and Wonders, are designed to engage your senses! In each room, you will be able to experience state-of-the-art technology designed to stimulate your senses through various hands-on equipment and environmental features.

In SEASPAR's multi-sensory rooms, you will find interactive equipment that will soothe your senses in a variety of ways. You can watch the bubbles move and change colors within the bubble tubes, dance to the music as you wave your hand, experience relaxing aromas, and dip your toes into the pond projected on the floor to make the water ripple. With the touch of your hand, you can control the colors and lights, and you can feel the calming coolness of shimmering glass and marble walls.

BENEFITS OF THE MULTI-SENSORY

Both multi-sensory rooms contain equipment known to benefit individuals by stimulating the senses which can result in:

- Improved mood
- Lowered disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improvement in communication
- Enhanced interpersonal interactions

WHO MAY BENEFIT

Our multi-sensory rooms primarily benefit individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia
- Physical Disabilities
- Emotional Needs
- Anxiety

WONDERS MULTI-SENSORY ROOM

Lisle Recreation Center - Door 8
1925 Ohio Street, Lisle



A unique assortment of state-of-the-art equipment features in Wonders, SEASPAR's award-winning multi-sensory room. In the comfort of the room's rocking chair or comfort nook, environmental effects create a calming atmosphere. A variety of devices are available for guests with extra energy to engage in activities designed to instill a sense of curiosity and joy.

A one-way observation window allows parents to observe their child's session.

RAY'S BAY MULTI-SENSORY ROOM

Grand Avenue Community Center
4211 Grand Avenue, Western Springs



Ray's Bay, SEASPAR's newest multi-sensory room, features a unique assortment of state-of-the-art equipment designed to enhance the senses. A relaxing environment is created by environmental sound waves and visual effects, which can be enjoyed from the comfort of the large comfort rocking chair, comfort nook, or lighted waterbed. Visitors who have energy to spare can interact with various devices designed to spark curiosity and joy.

The Ray's Bay Multi-Sensory Room is located on the lower level of the Grand Avenue Community Center. A waiting room, complete with a sitting area, is available for guests while participants play.

Please contact Stephanie Stocks at 630.960.7665 if you would like to learn more about SEASPAR's multi-sensory rooms, or schedule a trial.

Multi-sensory room trial availability may be limited; call for details.

Note:

Please include your preferred session time when registering. Staff will do their best to accommodate your requests, but timeslots are not guaranteed.



SENSORY SEEKERS  

Wondering what your senses are missing? Explore them! Ray's Bay, SEASPAR's newest multi-sensory room, will allow Sensory Seekers to explore their senses. Four 30-minute sessions are available during the times listed below.

Age	All ages			
Location	Ray's Bay Multi-Sensory Room, Western Springs			
Code	Day(s)	Time	\$	Date(s)
4-090-01-1	M	4-6:15pm	\$73	6/10-7/29

SENSORY EXPLORERS  

During Sensory Explorers, participants will experience SEASPAR's award-winning multi-sensory room Wonders. Four 30-minute sessions are available during the times listed below.

Age	All ages			
Location	Wonders Multi-Sensory Room, Lisle			
Code	Day(s)	Time	\$	Date(s)
4-090-02-1	W	4-6:15pm	\$73	6/12-7/31

SENSORY SUNDAY  

Take your senses on a weekend getaway! Every Sunday, Sensory Sunday participants experience Wonders, SEASPAR's award-winning multi-sensory room. The program is offered in eight 30-minute sessions on the dates and times listed below.

Age	All ages			
Location	Wonders Multi-Sensory Room, Lisle			
Code	Day(s)	Time	\$	Date(s)
4-090-03-1	SU	11am-3pm	\$28	6/16-6/30
4-090-04-1	SU	11am-3pm	\$37	7/7-7/28



MUSIC AND ME!

In cooperation with Dynamic Lynks, SEASPAR offers a music program tailored to our young participants and fun! Dynamic Lynks is a music therapy center that uses music and movement to enhance skill development in individuals of all ages through inclusive and affirming client-centered strategies. Check it out!

Age	3-8			
Location	Westmont Community Center			
Code	Day(s)	Time	\$	Date(s)
4-010-01-1	TU	4:15-5pm	\$108	6/11-7/30

MUSICAL THEATER

Calling all aspiring thespians! Are you looking for a way to prepare for center stage? Look no further than our Musical Theatre program! While focusing on fun, this program will also incorporate aspects of improv, singing, dancing, and more!

Age	9-15			
Location	Westmont Community Center			
Code	Day(s)	Time	\$	Date(s)
4-010-02-1	TU	5:15-6pm	\$108	6/11-7/30

HAPPY FEET

You got the moves, and we got the beats! Dance with us while you learn new skills to increase your overall rhythm and your fine motor, gross motor, and sensory systems. Bring your dancing shoes and your happy feet!

Age	3-9			
Location	Westmont Community Center			
Code	Day(s)	Time	\$	Date(s)
4-010-03-1	W	4:15-5pm	\$58	6/12-7/31

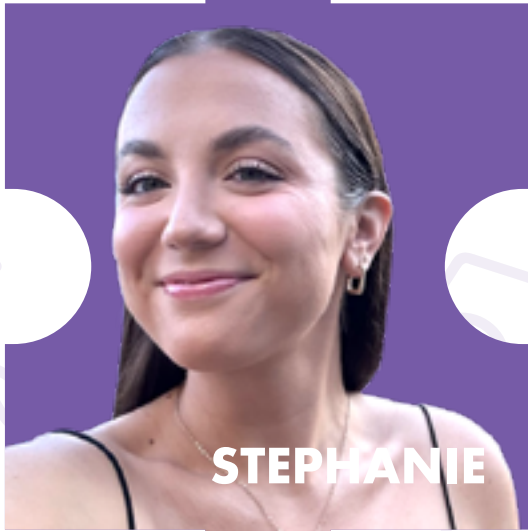
SATURDAY SUPERSTARS

Start your Saturday off right with friends and fun in Lisle! Every week, we'll spend time in our Wonders Multi-Sensory Room, dancing, playing, and more. A snack will be provided at the program.

Age	7-15			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
4-010-04-1	SA	9-11am	\$78	6/15-8/3



**YOUTH
PROGRAMS**



STEPHANIE

YOUTH SPECIAL EVENTS

NEED HELP? LET US HELP.

Your kiddo is guaranteed a good time when Recreation Coordinator Stephanie Stocks is around!

STEPHANIE STOCKS, CTRS
 sstocks@seaspar.org • 630.960.7665

MINI GOLF

How many hole in ones can you get? We will be spending our day playing some rounds of mini golf and having fun with our friends! SEASPAR will provide lunch.

Age	7-15			
Location	Lisle Recreation Center			

Code	Day(s)	Time	\$	Date(s)
4-200-03-1	SA	11:15am-3pm	\$45	6/29

Pairs nicely with Saturday Superstars on page 19.

COSLEY ZOO

Cosley Zoo is filled with fun domestic animals! We will enjoy lunch together and walk around to see the various exhibits they have to offer.

Age	7-15			
Location	Lisle Recreation Center			

Code	Day(s)	Time	\$	Date(s)
4-200-04-1	SA	11:15am-3pm	\$35	7/13

Bring a sack lunch to the program.

Pairs nicely with Saturday Superstars on page 19.

BOWLING

We are heading to Suburbanite Bowl for an exciting day of bowling with our SEASPAR friends! SEASPAR will provide lunch.

Age	7-15			
Location	Lisle Recreation Center			

Code	Day(s)	Time	\$	Date(s)
4-200-06-1	SA	11:15am-3pm	\$45	7/27

Pairs nicely with Saturday Superstars on page 19.

ICE CREAM AND SPLASH PAD

Come spend a fun summer day full of splashing and snacking! SEASPAR will be heading to Ty Warner for some fun at the splash pad and then have some refreshing ice cream by the park.

Age	7-15			
Location	Lisle Recreation Center			


Code	Day(s)	Time	\$	Date(s)
4-200-01-1	SA	11:15am-3pm	\$40	6/15

Bring a sack lunch to the program.


Pairs nicely with Saturday Superstars on page 19.

SPLASH & SING!

Come sing with Miss Gretchen at the Lions Park Pool splash pad where we combine music, water, and fun with our family and friends! During this program, we will have guided singing and independent time at the splash pad.


	Age	3-15 With Family		
	Location	Lions Park Pool, Clarendon Hills		

Code	Day(s)	Time	\$	Date(s)
4-200-09-1	SU	10-11:30am	\$30/Family	6/23

 **Note:** This program is a child/guardian class. Parents are required to attend program. Siblings are also welcome to join and must complete an additional waiver to participate in program.

FAMILY POOL DAY


Spend your day with your family and SEASPAR friends relaxing and playing at the pool! Feel free to bring some snacks for a picnic or money for concessions.

	Age	5-15 With Family		
	Location	Centennial Outdoor Aquatic Center, Lemont		

Code	Day(s)	Time	\$	Date(s)
4-200-07-1	SU	1-3pm	\$30/Family	7/21

SENSORY GARDEN PLAYGROUND

Enjoy the day exploring this unique sensory-integrated playground and garden with your family and SEASPAR friends. We will also do a fun summertime craft together at the picnic tables.

	Age	3-15 With Family		
	Location	Sensory Garden Playground, Lisle		

Code	Day(s)	Time	\$	Date(s)
4-200-08-1	SU	10am-12pm	\$30/Family	8/4

STEPHANIE STOCKS, CTRS
sstocks@seaspar.org • 630.960.7665



EXCLUSIVE OFFER



The Morton Arboretum® | 100 YEARS

GROWING STRONG

Nature Play for All Weekend

Children's Garden at The Morton Arboretum

June 1 and 2, 10am to 2pm

Free Access for SEASPAR Families

SEASPAR families are invited to visit the Children's Garden at The Morton Arboretum to play, wonder, and explore nature through accessible activities. Access includes pond exploration, seed planting, creative nature art, story times in American Sign Language, sensory hikes, and more.

Register

SEASPAR families may take advantage of this opportunity by registering online at [SEASPAR.org/MortonNPAW2024](https://seaspar.org/MortonNPAW2024).

Event Location

The Morton Arboretum
4100 Illinois Route 53
Lisle, IL 60532
630.968.0074

TEEN AND YOUNG ADULT PROGRAMS / SPECIAL EVENTS

STEPHANIE STOCKS, CTRS

ssstocks@seaspar.org •
630.960.7665

STRIKE FORCE

Hanging out with your friends and bowling are two of your favorite things? Suburbanite Bowl is a great venue for socializing with friends! Let's hit some pins.

Age	13-22			
Location	Suburbanite Bowl, Westmont			
Code	Day(s)	Time	\$	Date(s)
4-020-01-1	M	6:30-7:30pm	\$112	6/10-7/29

CHEFS IN TRAINING

Experience fun and flavor in this hands-on cooking program that emphasizes step-by-step learning. This class introduces new recipes each week and allows participants to prepare them in a state-of-the-art kitchen! Take part in this class for a culinary journey that will leave you hungry for more.

Age	13-22			
Location	Clarendon Hills Community Center			
Code	Day(s)	Time	\$	Date(s)
4-020-02-1	W	5:30-7pm	\$77	6/12-7/31

VIDEO GAME CLUB

Gamers gather! We invite you to socialize with friends and play Nintendo Switch video games every week. Every skill level is welcome!

Age	13-22			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
4-020-03-1	TH	4:15-5:15pm	\$51	6/13-8/1


 No program dates



CHICAGO DOGS BASEBALL GAME

We will watch the Chicago Dogs baseball team take on the Kane County Cougars! SEASPAR will provide dinner at the game.

Age	13-22			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
4-200-02-1	SA	5-9:30pm	\$85	6/15

 Please remember to dress for the weather.

RAGING WAVES WATERPARK

Summer time is all about having fun at the pool! With a wave pool, lazy river, and 17 waterslides, you're guaranteed to have fun at Raging Waves Waterpark. SEASPAR will provide lunch at the waterpark.

Age	13-22			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
4-200-05-1	SU	10am-3pm	\$110	7/21

TEEN & ADULT PROGRAMS




CHRISTINA



AFTERNOON ADVENTURES

Discover our beautiful communities on an exciting journey. You will have an adventure you will never forget while trekking along with friends on journeys of exploration and adventures.

Age	16+			
Location	Lisle Recreation Center			
Code	Day(s)	Time	\$	Date(s)
4-030-01-1	M	3:15-6:15pm	\$211	6/10-7/29

 **Note:** This program requires participants to be able to tolerate being in the community. A schedule of activities will be available on SEASPAR's website after the first session.

NEED HELP? LET US HELP.

Let's have some fun! Recreation Coordinator Christina Healy loves creating fun and exciting programming for SEASPAR's teen and adult participants!

Have questions about weekly programs for teens and adults offered by SEASPAR? Contact Christina!

CHRISTINA HEALY, CTRS
chealy@seaspar.org • 630.960.7660



WALKING CLUB WEST


Be social while walking your way to better health! Is there anything better than walking with friends to get in your daily steps? Take a stroll around McCollum Park with us. Besides chatting with friends, we will benefit from a great cardio workout!

Age	16+			
Location	McCollum Park, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
4-030-02-1	M	4:15-5pm	\$65	6/10-7/29

MINI GOLF AT LOST MOUNTAIN

Here is your chance to become the next Tiger Woods! Enjoy some friendly competition, learn sportsmanship, and experience an exciting new challenge as we visit Lost Mountain Adventure Golf!

Age	16+			
Location	Lost Mountain Adventure Golf, Woodridge			
Code	Day(s)	Time	\$	Date(s)
4-030-03-1	M	5:30-6:30pm	\$95	6/10-7/29

 **Note:** This course is not wheelchair accessible. Please see page 25 for accessible course.

GARDENING CLUB


Put your green thumbs to work! We will plant different vegetables, flowers, and spices. We will learn about gardening tools, plant parts, and how to take care of our plants each week!

Age	16+			
Location	Mar-Duke Farm, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
4-030-04-1	M	5:45-6:45pm	\$88	6/10-7/29

DAY AWAY TOUR

Why live for the weekend, when everyday can be an adventure? Join SEASPAR staff and fellow Day Away Tour adventurers for exciting voyages throughout our beautiful communities.


Age	16+			
Location	SEASPAR, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
4-030-05-1	TU	9am-3pm	\$200	6/18,7/2,7/16,7/30

 **Note:** When registering for Day Away Tour, please only register for Day Away Tour or Day Trippers. Due to the nature of this program, participants must be able to tolerate being in the community for prolonged periods of time and tolerate change in schedules. A schedule of activities will be posted on the SEASPAR after the first session. Activities are subject to change. Times may vary per date.

BOWLING AT LISLE LANES

It's time for SEASPAR to go bowling! It's going to be a great evening at Lisle Lanes as we bowl, meet new friends, and throw some strikes.

Age	16+			
Location	Lisle Lanes			
Code	Day(s)	Time	\$	Date(s)
4-030-06-01	TU	4:15-5:15pm	\$115	6/11-7/30

 Pairs nicely with Soup or Salad page 25.

COOKING WITH SEASPAR


It doesn't have to be a chore to prepare meals! This hands-on cooking course emphasizes fun, flavor, and step-by-step learning. Each week, participants learn delicious recipes and prepare them in a state-of-the-art kitchen! Overall, this course is designed to be a delicious and educational experience.

Age	16+			
Location	Clarendon Hills Community Center			
Code	Day(s)	Time	\$	Date(s)
4-030-07-1	TU	4:15-5:45pm	\$104	6/11-7/30

PICNIC IN THE PARK

Summer nights are here! This program is designed so we can play games, take a walk around the park, or just socialize with friends. A light summer snack will be provided. Bring your energy, comfortable clothing, gym shoes, and bug spray for a fun night in the great outdoors!

Age	16+			
Location	McCollum Park, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
4-030-08-1	TU	5-6pm	\$100	6/11-7/30

 **Note:** In the event of bad weather, the program is held at the downstairs amphitheater at the Downers Grove Recreation Center.

CREATIVE CORNER


Looking for a new way to express yourself through art? You're in the right place! This program explores different forms of art, including clay, paint, woodworking, and more. Every level of experience is welcome, especially those who are curious about trying something new. Participate in this program for an exciting journey of exploration and self-expression!


Age	16+			
Location	Darien Community Center			
Code	Day(s)	Time	\$	Date(s)
4-030-09-1	TU	5-6pm	\$72	6/11-7/30

SOUP OR SALAD

Keep your appetite in check! Dinner with the best company is how "Soup or Salad" is meant to be enjoyed. Along with fellow SEASPAR friends, participants will have a soup-er time savoring dinner at a number of local restaurants. You're sure to have an unforgettable night with delicious food and drinks!

Age	16+			
Location	Various			
Code	Day(s)	Time	\$	Date(s)
4-030-10-1	TU	See Transportation	\$152	6/11-7/30

 Pairs nicely with Bowling at Lisle Lanes on page 24. Restaurant schedules will be available on SEASPAR'S website after the first session.

 **Transportation** Drop off at Lisle Lanes at 5:30pm. Pickup at Lisle Recreation Center at 7:30pm.

PET THERAPY

Spend time with the best friend you could ever ask for! The Rainbow Therapy Dogs provide you with the opportunity to train them in obedience using simple commands. Having unconditional love from these tail-wagging friends builds self-esteem while encouraging sharing, giving praise, and expressing yourself!

Age	16+			
Location	Darien Community Center			
Code	Day(s)	Time	\$	Date(s)
4-030-11-1	TU	6:15-7:15pm	\$68	6/11-7/30

BOWLING AT SUBURBANITE

It's time to bowl! Suburbanite Bowl is the perfect place to hang out with friends and throw some strikes!


Age	16+			
Location	Suburbanite Bowl, Westmont			
Code	Day(s)	Time	\$	Date(s)
4-030-12-1	W	4:15-5:15pm	\$115	6/12-7/31
4-030-12-2	W	5:30-6:30pm	\$115	6/12-7/31

 **Note:** Registration is limited to one session per person.

MINI GOLF AT HOLES AND KNOLLS

Here is your chance to become the next Tiger Woods! Enjoy some friendly competition, learn sportsmanship, and experience an exciting new challenge as we visit Holes and Knolls!


Age	16+			
Location	Holes and Knolls, Glen Ellyn			
Code	Day(s)	Time	\$	Date(s)
4-030-13-1	W	5:30-6:30pm	\$95	6/12-7/31

 **Note:** This course is wheelchair accessible.

DAY TRIPPERS

We all love a good spin-off! Explore our beautiful communities with SEASPAR staff and fellow Day Tripper adventurers. Unlike the original program, this Day Trippers session is shorter to encourage participants who are ready to be out in the community, but may benefit from a shorter day.


Age	16+			
Location	SEASPAR, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
4-030-14-1	TH	10am-2pm	\$148	6/13, 6/27, 7/11, 7/25

 **Note:** If you are registering for Day Trippers, please select Day Away Tour or Day Trippers. Participants must be able to tolerate being in the community for extended periods of time and being on a schedule that changes frequently. A schedule of activities will be posted on the SEASPAR website following the first session. All activities are subject to change. Dates and times are subject to change.

AT THE MOVIES SEVEN BRIDGES

There are times when a movie just works better on the big screen! Take a trip to the movies with your SEASPAR friends to see the latest G, PG, or PG-13 movie. The movie title and time will be emailed to you every week.


Age	16+			
Location	Cinemark at Seven Bridges, Woodridge			
Code	Day(s)	Time	\$	Date(s)
4-030-18-1	TH	TBA	\$80	6/13, 6/27 7/11, 7/25

 **Note:** SEASPAR will pay for a snack, but participants are welcome to bring extra cash if they want more!

AT THE MOVIES AMC QUARRY

There's nothing better than watching a movie on the big screen! See the latest G, PG, or PG-13 movie with your SEASPAR friends. You'll get the movie title and time every week.


Age	16+			
Location	AMC Quarry Cinemas, Hodgkins			
Code	Day(s)	Time	\$	Date(s)
4-030-18-2	TH	TBA	\$80	6/13, 6/27 7/11, 7/25

 **Note:** SEASPAR will pay for a snack, but participants are welcome to bring extra cash if they want more!

FIT N' FUEL

For long-term health and overall well-being, regular exercise and physical activity are extremely important. As part of Fit N' Fuel, participants explore different exercise techniques followed by a healthy snack making lesson. Overall, Fit N' Fuel aims to provide participants with the knowledge, skills, and motivation to lead a healthy lifestyle.

Age	16+			
Location	Clarendon Hills Community Center			
Code	Day(s)	Time	\$	Date(s)
4-030-15-1	TH	4:15-5pm	\$67	6/13-8/1

 **Note:** Bring a water bottle. It is required that you wear athletic apparel and gym shoes. Jeans are not allowed.

 **No program dates** 7/4

WALKING CLUB EAST

We are looking forward to seeing you at Walking Club East! Walking with friends is a great way to get your steps in for the day. While we're out walking, we'll also enjoy chatting with friends, and getting a great cardio workout!

Age	16+			
Location	Spring Rock Park, Western Springs			
Code	Day(s)	Time	\$	Date(s)
4-030-16-1	TH	4:15-5pm	\$57	6/13-8/1

 **No program dates** 7/4

GLEE CLUB

Do you want to step up your singing game? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. You'll have a lot of fun showing off your talent at Glee Club!

Age	16+			
Location	Darien Sportsplex			
Code	Day(s)	Time	\$	Date(s)
4-030-17-1	TH	5-6pm	\$55	6/13-8/1


 **No program dates** 7/4

SOCIAL CLUB EAST

Friday is Social Club East day! Come out and do awesome activities in the surrounding communities with your friends on Friday nights.

Age	16+
Location	Grand Avenue Community Center, Western Springs

Code	Day(s)	Time	\$	Date(s)
4-030-20-1	F	See Schedule	\$190	6/14-8/2


 **Note:** The Party in the USA Dance and Movie in the Park are included in the schedule. A schedule will be emailed to you one week prior to the start of program and can be found on our website at SEASPAR.org.

SOCIAL CLUB WEST

Fridays are Social Club West's favorite day of the week! On Friday nights, you can participate in awesome activities in our surrounding communities with your friends.

Age	16+
Location	Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
4-030-21-1	F	See Schedule	\$190	6/14-8/2

 **Note:** The Party in the USA Dance and Movie in the Park are included in the schedule. A schedule will be emailed to you one week prior to the start of program and can be found on our website at SEASPAR.org.


YOUNG ADULT CLUB

Teens and young adults - this club is for you! We place a strong emphasis on socialization during our activities and outings so that you have fun and also get connected to others. This is the perfect opportunity for you to meet new people and catch up with old friends.

Age	16-25
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Code	Day(s)	Time	\$	Date(s)
4-030-22-1	SA	See Transportation	\$174	6/22, 7/6, 7/20, 8/3

 Transportation	SEASPAR: 12:30-4:30pm Denning: 1-4pm
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 **Note:** Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. A schedule of the activities will be on the SEASPAR website after the first session.


SATURDAY NIGHT SOCIALITES

We offer this program to adults who are ready to venture out on their own, but need a little help getting started. Several outings are offered as part of this program, designed to bring smiles to the faces of the participants.

Age	26+
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Code	Day(s)	Time	\$	Date(s)
4-030-23-1	SA	See Transportation	\$162	6/15, 6/29, 7/13, 7/27

 Transportation	SEASPAR: 5:30-9:30pm Denning: 6-9pm
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 **Note:** Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. A schedule of the activities will be on the SEASPAR website after the first session.


BRUNCH WITH BESTIES

Weekends are best spent with friends over brunch! While we chat with our friends about our fun adventures through the week, we will enjoy pancakes, avocado toast, and other fan favorites. Brunch is the perfect way to bond with friends, and to treat yourself into a well-deserved break!

Age	16+
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Code	Day(s)	Time	\$	Date(s)
4-030-24-1	SU	See Transportation	\$156	6/23, 7/7, 7/21, 8/4

 Transportation	SEASPAR: 10am-2pm Denning: 10:30am-1:30pm
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 **Note:** A schedule of restaurants will be posted on the SEASPAR website after the first session.

**FREE
EVENT****SEASPAR****SUNDAY, JUNE 9****TY WARNER PARK, WESTMONT
FREE ADMISSION • 1-4PM**

Food, Family, & Fun

Save the date! SEASPAR's favorite summertime family event returns with even more fun than ever before. Enjoy food, music, and a variety of activities for all ages. Participation in this event is complimentary for SEASPAR participants and their families. We hope you will join us for a proper summer kickoff!

Look out for an official invitation later this spring.

SEASPAR.org

BASEBALL TOUR: SCHAUMBURG BOOMERS



There's nothing like summer fun at the ballpark! SEASPAR is going to take you out to the ballgame and follow our local teams in the minor leagues. Dinner is included.

Age 16+

Code	Day(s)	Time	\$	Date(s)
4-200-26-1	TH	See Transportation	\$75	6/6

Wheelchair Accessible Code 4-200-26-2

Transportation SEASPAR: 4:45-10:30pm
Denning: 5:15-10pm

Note: Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game, including delays and extra innings. In the event of an excessive delay, staff will decide when they need to return home prior to the end of the game. If the group will be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

PARTY IN THE USA DANCE

Bust out the red, white, and blue, we want to party with you! We're kicking off summer with an awesome dance. Come celebrate with us! Light refreshments will be provided.

Age 16+

Location Westmont Community Center

Code	Day(s)	Time	\$	Date(s)
4-200-27-1	F	6:30-8:30pm	\$25	6/14

Note: This event is included with Social Club East and West.



WONDER WOODS MINI GOLF AND LUNCH

Experience Wonder Woods Mini Golf, a one-of-a-kind course with imaginative, tree-themed features designed for the Arboretum. From giant mushrooms to larger-than-life bugs and acorns, this nine-hole pop-up course was custom designed with accessibility for all audiences in mind. Lunch will be served after mini golf.

Age 16+

Code	Day(s)	Time	\$	Date(s)
4-200-28-1	SA	See Transportation	\$110	6/15

Transportation Denning: 9:30am-3:30pm
SEASPAR: 10am-3pm

Note: Wear comfortable walking shoes and dress appropriately for the weather.

BROOKFIELD ZOO

Get ready for a wild adventure at Brookfield Zoo with SEASPAR and your friends! This 235-acre zoological park boasts 3,481 animals belonging to 511 species. Experience the tropical world of the mighty gorilla, dive below in the dolphin habitat, or relax with the south-side penguins. The animal kingdom awaits. Lunch is provided by SEASPAR.

Age 16+

Code	Day(s)	Time	\$	Date(s)
4-200-29-1	SU	See Transportation	\$115	6/16

Transportation SEASPAR: 11am-6:30pm
Denning: 11:30am-6pm

Note: Wear comfortable walking shoes and dress appropriately for the weather.






TEEN & ADULT SPECIAL EVENTS

KANE COUNTY COUGARS

It's game time! Batter up and swing over to SEASPAR for the Kane County Cougars game against the Lake County Dock Hounds! Dinner is provided.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-200-30-1	SA	See Transportation	\$115	6/22

 Wheelchair Accessible Code	4-200-30-2
 Transportation	Denning: 4:30-10:30pm SEASPAR: 5-10pm

 **Note:** Return times are approximate due to the unpredictable length of the game. The staff will attempt to contact families or caseworkers if the group is going to be more than 20 minutes late. In order to participate in the event, participants must be able to stay seated.

NEED HELP? LET US HELP.

Senior Recreation Coordinator Kim Huggins believes that there is nothing more special than making a special moment a lasting one.

Have questions about special events for teens and adults offered by SEASPAR? Contact Kim!

KIMBERLY A. HUGGINS, CPRP
khuggins@seaspar.org • 630.960.7628





CHICAGO BOTANIC GARDEN

Experience a summer filled with warmth and happiness at the Chicago Botanic Garden. Enjoy the model railroad garden. Immerse yourself in a habitat filled with hundreds of live tropical butterfly species. Ride on the Gram tram, a 35-minute narrated tour to learn about the garden. We will enjoy lunch at the Chicago Botanic Garden provided by SEASPAR.

Age 16+

Code	Day(s)	Time	\$	Date(s)
4-200-31-1	SU	See Transportation	\$160	6/23

 **Transportation** SEASPAR: 8:30am-4:30pm
Denning: 9am-4pm

 **Note:** Wear comfortable walking shoes and dress appropriately for the weather.


CAPTAIN'S I&M CANAL TOUR

Step back into 1848 with our period-clothed "salty" boat crew guiding you along the historic Illinois & Michigan Canal for an hour-long ride from Lock 14 to the Little Vermillion Aqueduct and back. After all that fresh air and scenic beauty, enjoy a hearty Boat Captain's Lunch, catered and served in the I&M Canal Visitors Center.

Age 16+

Code	Day(s)	Time	\$	Date(s)
4-200-32-1	SA	See Transportation	\$135	6/29

 **Transportation** Denning: 8:30am-4:30pm
SEASPAR: 9am-5pm

 **Note:** The boat can only accommodate manual wheelchairs. Wear comfortable walking shoes and dress appropriately for the weather.

CHICAGO WHITE SOX


Swing on over, batter up, and hang out with SEASPAR at the Chicago White Sox Game as they take on the Colorado Rockies! Lunch will be provided by SEASPAR.

Age 16+

Code	Day(s)	Time	\$	Date(s)
4-200-33-1	SU	See Transportation	\$150	6/30

 **Wheelchair Accessible Code** 4-200-33-2

 **Transportation** SEASPAR: 10:30am-6pm
Denning: 11am-5:30pm

 **Note:** Return times are approximate due to the unpredictable length of the game. The staff will attempt to contact families or caseworkers if the group is going to be more than 20 minutes late. In order to participate in the event, participants must be able to stay seated.

ADVENTURE FALLS MINI GOLF AND LUNCH

Adventure Falls Mini Golf welcomes putt-putters of all ages to its mini golf course. To make each game more challenging, use the "mischief spinners" that require players to perform actions such as putting with their eyes closed or putting behind their backs. Our first stop is Uncle Bubs BBQ in Westmont for lunch before playing mini golf.

Age 16+

Code	Day(s)	Time	\$	Date(s)
4-200-34-1	SA	See Transportation	\$110	7/6


 **Transportation** SEASPAR: 11:30am-4pm
Denning: 12-3:30pm

 **Note:** Wear comfortable walking shoes and dress appropriately for the weather.

KANE COUNTY FLEA MARKET

Are you searching for perfect treasures, sports collectibles, antiques, or fancy “junque,” then this flea market is for you! The Kane County Flea Market is the “Best in the Midwest!” Lunch will be at Wahlburgers in St. Charles.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-200-35-1	SU	See Transportation	\$100	7/7

 **Transportation** Denning: 10:15am-5:15pm
SEASPAR: 10:45am-4:45pm

 **Note:** Wear comfortable walking shoes and dress appropriately for the weather.

BASEBALL TOUR: KANE COUNTY COUGARS




There’s nothing like summer fun at the ballpark! SEASPAR is going to take you out to the ballgame and follow our local teams in the minor leagues. Dinner is included.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-200-36-1	TH	See Transportation	\$75	7/11

 **Wheelchair Accessible Code** 4-200-36-2


 **Transportation** SEASPAR: 4:15-10:30pm
Denning: 4:45-10pm


 **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game, including delays and extra innings. In the event of an excessive delay, staff will decide when they need to return home prior to the end of the game. If the group will be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

BRISTOL RENAISSANCE FAIRE

Hear ye hear ye, summer has arrived and the Bristol Renaissance Faire is in full swing. Travel back in time to 1574 and enjoy 16th century games, rides, arts, crafts, music, and more. It is a 30-acre site that transports you back to a time when kings, queens, minstrels, and jesters walked around involving everyone in a day of fun and laughter. SEASPAR will provide lunch.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-200-37-1	SA	See Transportation	\$190	7/13

 **Transportation** SEASPAR: 9am-5:30pm
Denning: 9:30-5pm

 **Note:** The nature of this event requires participants to tolerate large crowds, wait in lines, and remain with the group at all times. Wear comfortable walking shoes and pack sunscreen. Make sure you bring \$30 to spend on concessions and souvenirs.

DANCE PARTY IN THE PARK

Let’s enjoy the summer breeze and have a dance party in the park with our friends at the Diane Main Park Pavilion in Westmont. Let the DJ spin the latest and greatest tunes while you bust a move! There will be light refreshments available.

Age	16+			
Location	Diane Main Park, Westmont			
Code	Day(s)	Time	\$	Date(s)
4-200-38-1	SU	3-5pm	\$25	7/14





KANE COUNTY FAIR & FESTIVAL

Come one, come all to Fox Valley's top-rated summer event! The Kane County Fair in St. Charles has something for everyone: carnival rides, a petting zoo, magic shows, live music, and more! SEASPAR provides lunch, rides, and admission.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-200-39-1	SA	See Transportation	\$160	7/20

Transportation	Denning: 11am-5pm SEASPAR: 11:30am-5:30pm
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Note: The nature of this event requires participants to tolerate large crowds, wait in lines, and remain with the group at all times. Wear comfortable walking shoes and pack sunscreen. Make sure you bring \$30 to spend on concessions and souvenirs.

CHICAGO CUBS

Take SEASPAR to the ballgame to see the Chicago Cubs take on the Arizona Diamondbacks! Peanuts, popcorn, or cracker jacks - the choice is yours! SEASPAR will provide lunch.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-200-40-1	SU	See Transportation	\$250	7/21

Wheelchair Accessible Code	4-200-40-2
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Transportation	SEASPAR: 10:30am-6:30pm Denning: 11am-6pm
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Note: Return times are approximate due to the unpredictable length of the game. The staff will attempt to contact families or caseworkers if the group is going to be more than 20 minutes late. In order to participate in the event, participants must be able to stay seated.

SIX FLAGS GREAT AMERICA

Six Flags Great America is the perfect place to have a good time and make memories! Enjoy adrenaline-pumping coasters, dining, shopping and entertainment. SEASPAR will provide lunch and dinner.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-200-41-1	SA	See Transportation	\$285	7/27

Transportation	SEASPAR: 9am-9pm Denning: 9:30am-8:30pm
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Note: The nature of this event requires participants to tolerate large crowds, wait in lines, and remain with the group at all times. Wear comfortable walking shoes and pack sunscreen. Make sure you bring \$60 to spend on concessions and souvenirs.

DUPAGE COUNTY FAIR

A sky-high ferris wheel, friendly farm animals, sweet treats, and good times are all part of the DuPage County Fair. It's time to get your ticket to fun! SEASPAR provides admission, lunch, and rides.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-200-42-1	SU	See Transportation	\$160	7/28

Transportation	Denning: 11am-4:30pm SEASPAR: 11:30am-4pm
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Note: The nature of this event requires participants to tolerate large crowds, wait in lines, and remain with the group at all times. Wear comfortable walking shoes and pack sunscreen. Make sure you bring \$30 to spend on concessions and souvenirs.

MOVIE IN THE PARK

Experience a movie under the stars with SEASPAR at Veteran's Memorial Park in Westmont. We will be watching *A League of Their Own*. We will provide light refreshments.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-200-43-01	F	See Transportation	\$30	8/2

Note: This event is included in Social Club East and West. We encourage you to bring a blanket or lawn chair to sit on and to dress appropriately for the weather. Due to the unpredictable start time of the movie, return times are approximate. SEASPAR stays throughout the movie. Staff will attempt to contact families and caseworkers if the group will be late or early at drop off.

Transportation SEASPAR: 6:15-11:30pm
Denning: 6:45-11pm

SCAVENGER HUNT AT THE FORGE

Head on an outdoor adventure at The Forge! We go on a scavenger hunt and find clues, decipher puzzles, and solve problems with different hunts and games, all played at The Forge surrounded by nature. After our hunt we will enjoy lunch at The Forge provided by SEASPAR.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-200-44-1	SA	See Transportation	\$100	8/3

Transportation SEASPAR: 9:30am-2:30pm
Denning: 10am-2pm

Note: Please wear tennis shoes and bring a reusable water bottle.






SPARTANS POWERLIFTING

The disciplined and challenging sport of powerlifting helps athletes achieve their fitness goals. Weekly workout routines help participants learn proper deadlift and bench press technique, while improving their overall fitness level.

Age	16+			
Location	Downers Grove Recreation Center			
Code	Day(s)	Time	\$	Date(s)
4-100-01-1	M	5-6:30pm	\$56	4/29 - 6/3

 **No program dates** 5/27

 **Note:** This program competes in the Special Olympics Illinois Regional Powerlifting Competition on March 23-24 at Marmion High School in Aurora. Competitors who received gold medals at the regional competition will be invited to compete at the Special Olympics State Summer Games on June 7-9.

NEED HELP? LET US HELP.

For Recreation Coordinator Matt Gorecki, the high score is only the beginning! Everyday, Matt works to help SEASPAR athletes achieve new potential on and off the court.

Have questions about athletics programs offered by SEASPAR? Contact Matt!


MATT GORECKI, CPRP
mgorecki@seaspar.org • 630.960.7627



SPARTANS VOLLEYBALL

It's time for another Spartans volleyball season! The coaching staff teaches fundamentals and sportsmanship through practices and home and away games against other agencies.


Age	16+			
Location	Woodridge ARC or Park District of La Grange			
Code	Day(s)	Time	\$	Date(s)
4-100-02-1	TU	6:30-8pm	\$182	8/6 - 10/8

 **Note:** The Spartans volleyball team will compete in the TR Section Volleyball Tournament on September 22. They will also compete in Special Olympics Illinois Regionals in late September or early October. If the team takes gold at Regionals, they will advance to State Volleyball on October 21-22. This information will be sent to families and available on the SEASPAR website.

SPARTANS BOCCE

Bocce, a favorite family game, is one of the most enjoyable competitive sports. Closely resembling bowling, this game requires skill, strategy, and a little luck. Learn to toss, roll, hit, and score while having a great time with your friends. This is a fun and relaxing way to spend an evening!


Age	8+			
Location	Ebersold Park, Downers Grove			
Code	Day(s)	Time	\$	Date(s)
4-100-03-1	W	5-6pm	\$115	7/17 - 9/11

 **Note:** Spartans Bocce players will compete at the Special Olympics Illinois Regional Competition on September 16. If an athlete takes home a gold medal during the event, they will be eligible to play in the State Summer Games in 2025.

SPARTANS FLAG FOOTBALL

As they say, practice makes perfect! Prepare for the 2024 flag football season with fellow SEASPAR athletes. Skills are taught through hands-on drills and guidance on the rules of the game during this program. We look forward to seeing you on the gridiron!

Age	16+			
Location	Woodridge ARC			
Code	Day(s)	Time	\$	Date(s)
4-100-04-1	W	6-7:30pm	\$127	7/24-9/18

 **Note:** The Spartans flag football team will compete in the TR Section Tournament on August 25 and the Special Olympics Illinois Regional Competition on September 16. If the team takes gold at Regionals, they will advance to State Flag Football on November 2. This information will be sent to families and available on the SEASPAR website.

LIGHTNING SOFTBALL

SEASPAR is partnering with Lightning Softball Club and NWCSRA to offer entry-level softball instruction. If softball is a sport you have always been interested in or you want to brush up on your skills, this program is for you! We will work on softball fundamentals, rules, and skills necessary for future team play. The staff will work on skills specific to the player's level as well as their age range. We have a practice that will fit any level of experience!

Age	8-25			
Location	South Quad Field, Lemont Park District			
Code	Day(s)	Time	\$	Date(s)
4-100-05-1	W	6-7pm	\$66	6/12-7/31

SPARTANS GOLF



This program is for the experienced golfer ready to play on the course. Work on your swing and etiquette while socializing with friends. Tee times begin around 5pm during the summer. We look forward to seeing you on the course!

Age	8+			
Location	Various Golf Courses			
Code	Day(s)	Time	\$	Date(s)
4-100-06-1	TH	5-8pm	\$146	5/23-7/18

No program dates 7/4

Note: A schedule with locations will be sent to participants and posted on SEASPAR.org. Spartans golfers will compete in the Special Olympics Illinois Regional Competition on Monday, July 22. Those who take home a gold medal at this competition will be able to play at the Special Olympics Illinois State Golf Tournament on September 10-11.

SPARTANS GOLF – DEVELOPMENTAL



This non-competitive golf training program is designed for beginners who demonstrate sufficient skill proficiency to play on a course, but are not yet ready to compete. To enable traditional play at a manageable level for these developing golfers, players use local "short courses." Staff emphasize proper golf etiquette and skill development as essential components of future independent and competitive play. Tee times begin around 5pm during the summer.

Age	8+			
Location	Various Golf Courses			
Code	Day(s)	Time	\$	Date(s)
4-100-07-1	TH	5-8pm	\$98	6/13-7/25

No program dates 7/4

Note: A schedule with locations will be sent to participants and posted at SEASPAR.org.



SEASPAR STEEL POWER SOCCER



The SEASPAR Steel Power Soccer Team is a non-conference group of players that practices, plays games against other teams, and learns some new skills along the way. The program is designed for individuals with physical disabilities.

Age	8+			
Location	Westmont Community Center			
Code	Day(s)	Time	\$	Date(s)
4-050-01-1	SA	8:30-10:30am	\$90	6/15-8/3

Note: Power wheelchairs are provided by SEASPAR.

SPARTANS SWIM TEAM



The swimming program prepares advanced swimmers to compete in Special Olympics and invitational competitions. In order to participate in practice, athletes must meet the minimum skill requirements. The practice focuses on improving stroke mechanics and endurance.

Age	8+			
Location	The CORE, Lemont			
Code	Day(s)	Time	\$	Date(s)
4-100-08-1	SU	1-2pm	\$112	6/2 - 7/21

Note: Those on the swim team are not eligible to take swim lessons at SEASPAR. Swim meets span from December to March and the State Games are set for June 7-9.

YOUR SUPPORT RAISES STARS!



Donate online at SEASPAR.org/donations
or **scan** the code with your phone.

Become a supporter
today by making a
secure online donation.



Our organization accepts donations
throughout the year, which can be used
to support our programs. All donations
are tax-deductible.



COOKING WITH SEASPAR

This SEASPAR favorite is back with a twist! From the comfort of your own kitchen, learn how to make simple, healthy foods. Each week, we will learn about a different aspect of nutrition, and make a healthy snack or meal that goes along with it.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-700-01-1	M	5-5:45pm	\$30	6/10-7/29

KARAOKE

Sing your heart out and have fun singing karaoke virtually with your friends! To create the playlist, we will ask you to send us your song requests at the beginning of the season.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-700-02-1	M	6:30-7:45pm	\$25	6/10-7/29

FEAST WITH FRIENDS

Is there a better way to spend lunch than with SEASPAR? We will have great conversations, catch up with friends, and share our favorite lunches. Take part in the lunch party by making your lunch in advance. We can't wait to see you!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-700-03-1	TU	12-12:30pm	\$25	6/11-7/30

GAME NIGHT

Let the games begin! Every week, we will play a different virtual game with our friends. We will also practice social skills, taking turns, and following rules as we play. This is a program you won't want to miss!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-700-04-1	TU	6:15-7pm	\$25	6/11-7/30

MOVIE CLUB

Calling all movie lovers! We will watch a G, PG, or PG-13 movie every week! Bring your favorite movie snack and sit back, relax, and enjoy the show!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-700-05-1	W	1-3:15pm	\$30	6/12-7/31

YOGA WITH JEN


This virtual class will be led by Jen, a yoga instructor who leads fun and challenging classes. Each class will focus on balance, strength, and flexibility. Your only requirement is a yoga mat or towel, and you!

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-700-06-1	W	6-6:45pm	\$25	6/12-7/31

WORK-IN WITH SEASPAR

Get a full-body workout through a combination of cardio and strength training! This program is excellent for burning fat, building muscle, and becoming more physically fit.

Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-700-07-1	TH	5-5:45pm	\$22	6/13-8/1

 **No program dates** 7/4

VIRTUAL PROGRAMS



CLAIRE

NEED HELP? LET US HELP.

Have questions about Virtual Programs offered by SEASPAR? Contact Claire!

CLAIRE MCCARTHY, CTRS
 cmccarthy@seaspar.org • 630.960.7629

BINGO

Play one of your favorite games virtually! Enjoy a night of bingo with your SEASPAR friends without leaving your house. We will send you the bingo cards so you can play from home.


Age	16+			
Code	Day(s)	Time	\$	Date(s)
4-700-08-1	TH	6-6:45pm	\$22	6/13-8/1
No program dates				7/4





EAGLES ADULT DAY PROGRAM

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities Enhance Adult Growth through Lifestyle Education and Service. This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at four different sites throughout SEASPAR's communities: the Darien Sportsplex, Lemont Canal Center, Lisle Recreation Center, and Brookfield Municipal Building.

 **For more information, visit our website or contact Catherine Morava at 224.250.0528 or cmorava@seaspar.org.**

The EAGLES Adult Day Program continues to expand its participants' experience and find creative ways to make healthy choices. Our staff work to collaborate with local businesses, therapists, educators, university students, and other local day programs to offer new and exciting opportunities for the participants in the program. We are fortunate to have such a great team working the program.

Our dedicated team of professionals include:

**NICOLE CAUSEY
EILEEN KASH
BRIAN KLAMA
ELISA KEEGAN
JENNIFER MOLSKY
DEBBIE MURDOCK
KAY O'DONOGHUE**

**KRISTY PAULEY
AUDREY PETERS
CATHY PRATSCHER
BECKY QUIRK
DAN SKARNULIS
NICOLE STRAWSER**

These incredible individuals are responsible for delivering dynamic recreation services to adults with disabilities and contribute to the progress of the EAGLES Adult Day Program, each and every day!

Additionally, we would like to thank all of the substitute staff members who make EAGLES possible throughout the year: Aaron Causey, Sharon Lyons, Dawn Pope, and Lorrie Smietanski.



S.O.A.R. PROGRAM

S.O.A.R. stands for Specialized Outside Agency Recreation. S.O.A.R. is offered in cooperation with local schools and agencies whose population consists of at least 50% SEASPAR residents. The program was developed to provide students and adults with disabilities with an increased awareness of healthy and beneficial recreation and leisure exploration activities.

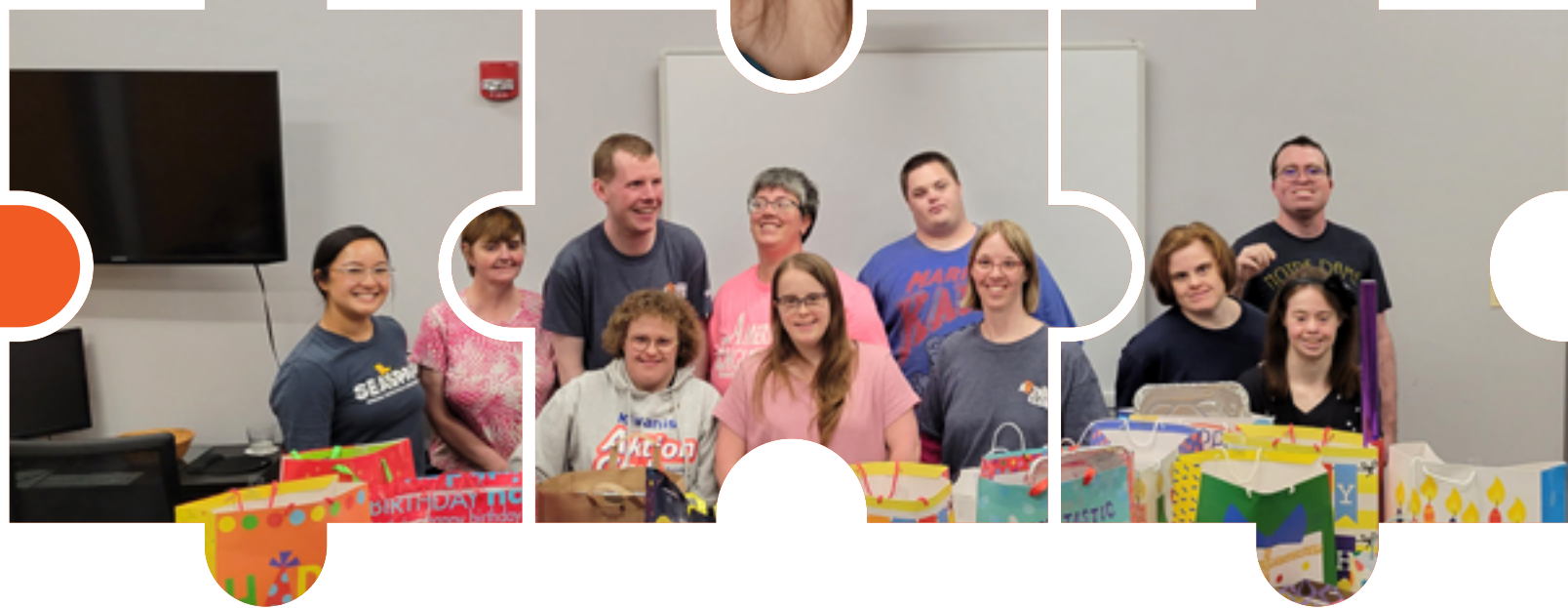
SEASPAR staff work with the school/agency to plan appropriate activities with the goal that the participants will develop recreation interests in their community. SEASPAR residency includes anyone who resides in the park districts of Clarendon Hills, Darien, Downers Grove, La Grange, La Grange Park, Lemont, Lisle, Westmont, or Woodridge, or the villages of Brookfield, Indian Head Park, or Western Springs. Please note that in-district residency is not based on the location of the agency; an agency qualifies if 50% or more of its students/participants reside within SEASPAR's member communities.

A wide variety of activities can be planned. Although there are many similarities between S.O.A.R. programs, no two programs are alike.

Scan the code to make a S.O.A.R. request online.



SPECIAL PROGRAMS




Inclusion

INCLUSION

As part of SEASPAR's continuum of recreation programs, inclusion services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow program's policies and abide by the program's Code of Conduct, either with or without accommodations, and be willing to voluntarily participate in scheduled activities. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations.

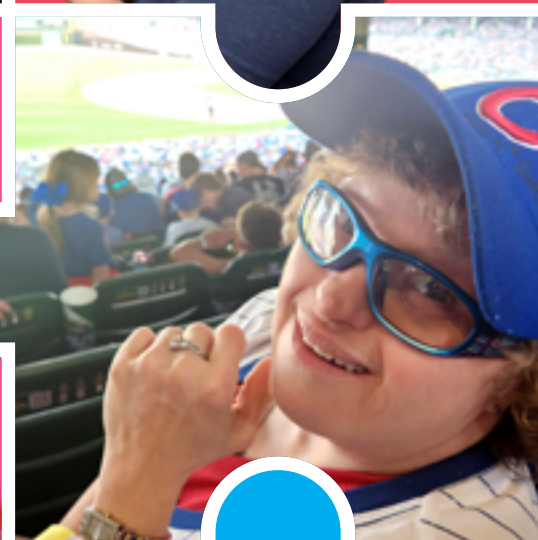
 **For more information about inclusion services, visit our website or contact Bethany Pastrana at 630.960.7609 or bpastrana@seaspar.org.**

AKTION CLUB

Through the joint sponsorship of the Woodridge Kiwanis Club and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. It also performs several service projects annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support. The Club does not meet in the summer and resumes activities in the fall.

 **For more information about Aktion Club, contact Bethany Pastrana at 630.960.7609 or website or bpastrana@seaspar.org.**





ABSENCES

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and ensures that no tickets are wasted. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

ADA STATEMENT

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs.

To request this program guide in an alternative format, please contact Morgan Mason at mmason@seaspar.org.


ATLANTOAXIAL INSTABILITY

Individuals with Down syndrome are at risk of having Atlantoaxial Instability (AAI) which causes decreased stability in the bones of the upper spine. For the safety of our participants, individuals with Down syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for AAI. For more information, contact SEASPAR at 630.960.7600.

CHECK IN

Virtual Programming: Participants should sign into virtual programming in a timely manner. When signing in, participants will be placed on hold until the program's scheduled start time.

In-Person Programming: When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child.

 **Note:** SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

CODE OF CONDUCT

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make SEASPAR's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and events as deemed necessary by the staff.

CODE OF CONDUCT: IN-PERSON PROGRAMS

- Show respect to all participants, staff and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and those at public facilities to enjoy the activity without disruption.
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

CODE OF CONDUCT: VIRTUAL PROGRAMS

- Refrain from sharing program information (Zoom meeting code and password) with others. Virtual registrations are not exchangeable.
- Avoid joining programs in which you are not enrolled
- Select a quiet space for your program. Reduce background noise as much as possible.
- Ensure that you have an appropriate background for the group to see.
- Change your name in Zoom to the participant's first name and last initial.
- Follow staff's instructions for taking turns and muting.
- Treat others with respect when speaking and using the chat function. The chat function may be disabled by staff if it is not used appropriately. Participants may be muted or removed from the program if their behavior is disruptive.

DISCIPLINE

SEASPAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SEASPAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of him/herself or others.

NEW! EMERGENCY FORM (EPACT)

SEASPAR has partnered with ePACT for the completion of each participant's Emergency Form (previously referred to as the Annual Information Form). The Emergency Form is completed once, then updated by the parent/guardian as changes occur or is reconfirmed annually. Once a participant expresses interest in registering for SEASPAR programs, the parent/guardian is sent an email from ePACT and completes the Emergency Form online. Completion of the Emergency Form is required in order to register for programs.

LATE REGISTRATION


The registration deadline is **Monday, May 6** at 4:30 pm. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waitlist. Participants may not be added to a program with less than 48 hours notice.

LOSS OR THEFT

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

MEDICATION DISPENSATION

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in SEASPAR provided envelopes, complete the label, and give it to the program supervisor. For the convenience of those who are involved in many programs, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

 **Note:** Any medication changes made must be updated by the parent/guardian in the participant's ePACT Emergency Form. **SEASPAR staff cannot accept medication at program that is not listed in the participant's Emergency Form.**

NON-RESIDENT FEE POLICY

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

PARTICIPANT EXPECTATIONS

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and socialization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call us at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

PARTICIPATION

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

PARTICIPANT SUPERVISION

If a participant has not been picked up at the scheduled program end time, the parent/guardian/group home staff will be contacted. After a fifteen-minute wait period, emergency contacts will be called. After one warning, a \$10 fee will be applied for every fifteen minutes that a participant is picked up late or the SEASPAR vehicle is delayed. In extreme cases when a participant must be transported home by SEASPAR, a \$20 fee will be charged to the participant's account in each instance. A notice will be sent to the parent/guardian indicating the fee being charged to the account.

PHOTOGRAPH/VIDEO/NAME USAGE POLICY

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. Full names of participants may also be published, especially if they participate in athletics or performing arts programming. If there is a specific reason you or your child/ward cannot be photographed or named, please call us at 630.960.7600.

SEVERE SUMMER WEATHER GUIDELINES

- All programs are cancelled when the heat index reaches or exceeds 110°.
- All programs (including indoor) are cancelled when a tornado warning is in effect for the surrounding area. SEASPAR uses discretion for all other weather watches and warnings.

PROGRAM CANCELLATIONS

- A program may be cancelled if the program minimum enrollment is not met.
- Programs may be cancelled due to inclement weather or other emergencies. SEASPAR will either reschedule the program or issue a prorated credit to the participant's account.
- Staff will attempt to reach all participants to inform them of any cancellation or change in programming.
- If a participant cannot attend a program, they cannot send a substitute in their place.

SEASPAR/WDSRA AGREEMENT

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips, day camp transportation, and the EAGLES Adult Day Program are not included. Registrations must be submitted by the agency's deadline and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WSDRA.com.

VIRTUAL PROGRAMMING ACCESS AND PASSWORDS

You will receive an email before programs begin with links and passwords for your programs. These are exclusive to you and cannot be shared. Please retain this email as it will only be sent once. If you do misplace your link or password, please call us at 630.960.7600 or email adminstaff@seaspar.org. Participants who cannot be identified and/or whose enrollment status cannot be confirmed may be removed from a virtual program.

WELLNESS GUIDELINES

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is required that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100.4° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackievirus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed. In cases of COVID-19, participants may return to programs after quarantine or isolation, based on the current CDC, State, and local guidelines.

For everyone's safety, if a participant is exhibiting symptoms of illness during a program, they will be removed from the group and an approved adult will be required to pick them up.

SCAN ME



JOBS THAT
LOVE
YOU BACK

Participant's Name _____ Birth Date _____

Address _____ City _____ Zip _____

Has any of your information changed since you completed your Emergency Form? Yes No
 If so, please log into your ePACT account to make updates.

WAIVER AND RELEASE

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

In virtual program activities, you need to have adequate space to follow the activity instructions and to move safely without exposure to any obstacles, obstructions, steps or anything that could cause possible trips or falls. As a participant, you are solely responsible for assessing whether you can participate safely in the activity in the space you have chosen without accidents.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.



I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

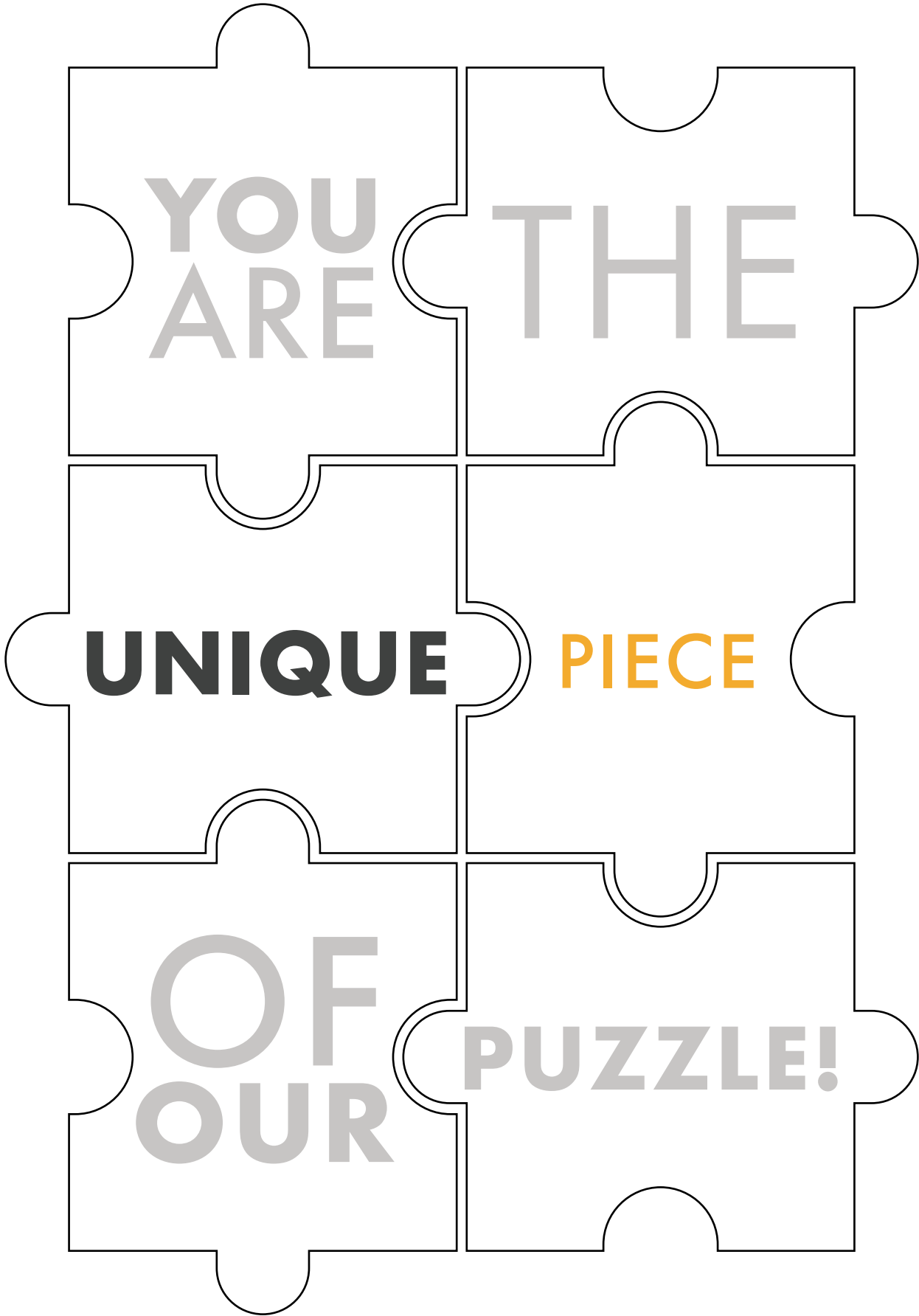
I have been made aware of the inherent dangers and risks of virtual program activities, and I can participate safely in the space I have chosen.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online acceptance or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent/Guardian Signature _____ Date _____

Participant Signature (if 18 or older) _____ Date _____

 **PARTICIPATION WILL BE DENIED** if the waiver is not signed and dated by parent/guardian. 
PARTICIPATION WILL BE DENIED an up-to-date Emergency Form is not on file.



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Downers Grove, IL 60515

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SERVING THE RESIDENTS OF:

VILLAGE OF BROOKFIELD

CLARENDON HILLS PARK DISTRICT

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PARK DISTRICT OF LA GRANGE

COMMUNITY PARK DISTRICT OF
LA GRANGE PARK

LEMONT PARK DISTRICT

LISLE PARK DISTRICT

VILLAGE OF WESTERN SPRINGS

WESTMONT PARK DISTRICT

WOODRIDGE PARK DISTRICT

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