

## WHAT IS SEASPAR?

SEASPAR (the South East Association for Special Parks And Recreation) is a special recreation association that serves residents of thirteen communities in DuPage and Cook Counties.

## WHAT IS EAGLES?

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities **E**nhance **A**dult **G**rowth through **L**ifestyle **E**ducation and **S**ervice.

## WHO IS ELIGIBLE

The EAGLES Adult Day Program is designed for adults ages 18 to 50 with developmental disabilities who reside in any of the thirteen communities SEASPAR serves.

Residents served by the following community agencies are eligible to participate in EAGLES:

- Village of Brookfield
- Clarendon Hills Park District
- Darien Park District
- Downers Grove Park District
- Village of Indian Head Park
- Park District of La Grange
- Community Park District of La Grange Park
- Lemont Park District
- Lisle Park District
- Village of Western Springs
- Westmont Park District
- Village of Willowbrook
- Woodridge Park District

The EAGLES Adult Day Program delivers highly engaging activities which are best suited for individuals who will benefit from real-world experiences and development. EAGLES is designed for individuals who can perform on a 1:6 ratio. SEASPAR reserves the right to re-assess individuals throughout the year as needed to run EAGLES effectively and efficiently.



SPREAD YOUR WINGS  
AND FLY



4500 Belmont Road  
Downers Grove, IL 60515

### Serving the residents of:

Village of Brookfield • Clarendon Hills Park District  
Darien Park District • Downers Grove Park District  
Village of Indian Head Park • Park District of La Grange  
Community Park District of La Grange Park • Lemont Park District  
Lisle Park District • Village of Western Springs  
Westmont Park District • Village of Willowbrook  
Woodridge Park District



630.960.7600 • TRS 711

[SEASPAR.org](http://SEASPAR.org)

## SEASPAR EAGLES ADULT DAY PROGRAM

"Until you spread your wings, you have no idea how far you can fly."

630.960.7600

[SEASPAR.org](http://SEASPAR.org)



## PROGRAM DETAILS

The EAGLES Adult Day Program emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch.

The EAGLES program provides a wide variety of activities for participants to achieve the following goals through recreation and leisure activities:

- Foster and improve independent living skills.
- Improve communication and socialization.
- Improve physical and mental health through community-based recreation.
- Increase self-esteem by participating in community service projects.
- Learn about community resources.



### UNIQUE LIKE YOU

EAGLES site directors strive to deliver engaging activities each day. Weekly themes and thoughtful lessons plans ensure no two weeks are ever the same.

### AGES

18 – 50 years

### TIMES

9:00am – 3:00pm

### BEFORE/AFTER PROGRAMS

The EAGLES program also offers a Before program and an After program at EAGLES sites for an additional fee.

These programs are designed to be unstructured time for participants to read, play games quietly, listen to music, and participate in other self-led activities. Staff are present for the duration of the programs.

**Before Program:** Drop-off between 8:15–9:00am

**After Program:** Pick-up between 3:00–3:45pm

Please contact us if you are interested in learning more about the EAGLES Before/After programs. There is a minimum of three registrations required to run each of the Before/After programs.

## REGISTRATION OPTIONS

The EAGLES Adult Day Program offers the following registration options:

### EAGLES REGISTRATION OPTIONS

Monday/Wednesday/Friday

Tuesday/Thursday

Monday/Wednesday/Friday - Before Program

Monday/Wednesday/Friday - After Program

Monday/Wednesday/Friday - Before & After Program

Tuesday/Thursday - Before Program

Tuesday/Thursday - After Program

Tuesday/Thursday - Before & After Program

Programs are billed monthly. Options may be limited based on site and availability. For monthly rates visit [SEASPAR.org/EAGLES](http://SEASPAR.org/EAGLES).



### CODE OF CONDUCT

SEASPAR asks all participants and family members to observe the behavior code, which was developed to ensure enjoyable and safe program experiences. To view the EAGLES behavior code, visit [SEASPAR.org/EAGLES](http://SEASPAR.org/EAGLES).



## WHERE WILL YOU GROW?

The EAGLES Adult Day Program offers four unique sites throughout SEASPAR's service area. \* All four EAGLES sites offer a computer lab, full kitchen, and smartboard, and are wheelchair accessible. They also provide access to indoor and outdoor swimming and fitness centers, plus additional site-specific amenities.

### BROOKFIELD EAGLES

Brookfield Municipal Building  
8820 Brookfield Avenue

### DARIEN EAGLES

Darien Sportsplex  
451 Plainfield Road

### LEMONT EAGLES

Lemont Canal Center  
55 Stephen Street

### LISLE EAGLES

Lisle Recreation Center  
1925 Ohio Street – Door #8

\*Participation is based on availability.

## QUESTIONS?

Speak with our Adult Day Program Manager to learn more about the EAGLES Adult Day Program benefits, availability, and requirements.

### ADULT DAY PROGRAM MANAGER:

**Phone:** 630.960.7600

### SCAN TO LEARN MORE

or visit us online at [SEASPAR.org/EAGLES](http://SEASPAR.org/EAGLES)

