

Fall '25

REGISTRATION  
JULY 21 - AUGUST 8

**SUPER  
HERO!!**



**SEASPAR**  
SPECIAL RECREATION ASSOCIATION

# SEASPAR

WHERE EVERY HERO HAS A STORY,  
AND YOU ARE THE STAR



### CORE VALUES

Fun • Friendships  
Caring • Trust  
Accountability

### VISION

Discover Abilities  
Achieve Potential  
Realize Dreams

### MISSION

Enrich lives through  
recreation

REGISTRATION: JULY 21 - AUGUST 18

SEASON DATES: SEPTEMBER 22 - DECEMBER 14

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**ASSOCIATION MEMBERS  
& REPRESENTATIVES**

The South East Association for Special Parks And Recreation (SEASPAR) provides dynamic recreation programs and quality services for individuals with disabilities in the communities of Brookfield, Clarendon Hills, Darien, Downers Grove, Indian Head Park, La Grange, La Grange Park, Lemont, Lisle, Western Springs, Westmont, Willowbrook, and Woodridge.

SEASPAR is composed of 13 associated members, which are represented by the following individuals:

|   |   |
|---|---|
| <b>Downers Grove Park District</b><br>2245 Warrenville Road, Downers Grove              | <b>Bill McAdam</b><br>President         |
| <b>Lemont Park District</b><br>16028 127th Street, Lemont                               | <b>Louise Egofske</b><br>Vice President |
| <b>Lisle Park District</b><br>1925 Ohio Street, Lisle                                   | <b>Dan Garvy</b><br>Secretary           |
| <b>Darien Park District</b><br>7301 Fairview Avenue, Darien                             | <b>Stephanie Gurgone</b><br>Treasurer   |
| <b>Village of Brookfield</b><br>8820 Brookfield Avenue, Brookfield                      | <b>Luke Gunderson</b>                   |
| <b>Clarendon Hills Park District</b><br>315 Chicago Avenue, Clarendon Hills             | <b>Katie Gock</b>                       |
| <b>Village of Indian Head Park</b><br>201 Acacia Drive, Indian Head Park                | <b>Amy Eckert</b>                       |
| <b>Park District of La Grange</b><br>536 East Avenue, La Grange                         | <b>Jenny Bechtold</b>                   |
| <b>Community Park District of La Grange Park</b><br>1501 Barnsdale Road, La Grange Park | <b>Jessica Cannaday</b>                 |
| <b>Village of Western Springs</b><br>1500 Walker Street, Western Springs                | <b>Nancy Flores</b>                     |
| <b>Westmont Park District</b><br>55 East Richmond Street, Westmont                      | <b>Bob Fleck</b>                        |
| <b>Village of Willowbrook</b><br>835 Midway Drive, Willowbrook                          | <b>Dustin Kleefisch</b>                 |
| <b>Woodridge Park District</b><br>2600 Center Drive, Woodridge                          | <b>Jenny Knitter</b>                    |

**BOARD MEETINGS**

SEASPAR's Board meets the third Tuesday of every month at SEASPAR at 3:00pm. The public is welcome. For information call 630.960.7600.

Board meeting minutes and agendas are available online at [SEASPAR.org/Board](http://SEASPAR.org/Board).

**REGISTRATION INFORMATION**

Never hesitate to contact SEASPAR with your questions. Our staff is eager to assist you! Give us a call at 630.960.7600.

|                       |   |
|-----------------------|---|
| <b>ONLINE</b>         | SEASPAR.org   |
| <b>FAX</b>            | 630.960.7601  |
| <b>MAIL/IN PERSON</b> | SEASPAR<br>4500 Belmont Road<br>Downers Grove, IL 60515 |

**Registration opens on Monday, July 21, and closes on Monday, August 18 at 4:30pm.** Registration for all programming is lottery-based and enrollment is not guaranteed; confirmations will be mailed on August 29.

Zoom links for virtual programs will be emailed the week of September 15.

**REGISTRATION PROCEDURES****ONLINE REGISTRATION**

To register online, visit SEASPAR.org. First-time online registrants must call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org to gain access to their online account. The online registration requirements are:

- Must be a SEASPAR resident.
- Must have no outstanding balance.
- Must have an up-to-date ePACT emergency form on file.
- Full credit card payment is required at the time of registration.

**IN-PERSON/FAX/EMAIL REGISTRATION**

- Complete both sides of the registration form and sign it.
- Mail or drop off your registration form and payment at the SEASPAR office, 4500 Belmont Road in Downers Grove (for after-hours convenience, there is a mail slot at the SEASPAR office entrance) OR
- Fax registration form with credit card information completed to 630.960.7601 OR
- Email registration form with credit card information completed to adminstaff@seaspar.org.
- All participants must have an up-to-date ePACT Emergency Form on file.
- Full payment for programs must be received with the registration unless other arrangements have been made.
- Payment may be made by check, money order, cash, or credit card. We accept Visa, MasterCard, Discover, and American Express!

Registrations received after the registration deadline are accepted if space is available. Participants may not be added to a program with less than 48 hours notice.



OK

**REGISTRATION MADE EASY**

SEASPAR participants with an active account can register for their favorite programs and special events completely online.

To register online, visit SEASPAR.org or scan the code with your phone.

**CREDIT/REFUND PROCEDURES**

Credits/refunds may be issued for the following reasons:

- **Participant is Placed on Waitlist:** A full credit for the waitlisted program remains on the participant's account for the duration of the season unless the participant cancels from the waitlisted program to receive a refund.
- **Program is Cancelled by SEASPAR:** A full credit for the cancelled program remains on the participant's account, unless the program is rescheduled.
- **Participant Cancels from a Weekly Program:** If a participant cancels at least three (3) business days prior to the start of the weekly program, a full credit for the program remains on the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. After the first session, if the program is deemed inappropriate for the participant or if the participant is dissatisfied with the program, a full credit for the program remains on the participant's account. After the second session, cancellation results in a prorated credit issued to the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. Cancellations must be made at least three (3) business days prior to the next session of the program in order to receive a credit for that session of program.
- **Participant Cancels from a Special Event:** If a participant cancels at least three (3) business days prior to the special event, a full credit is issued to the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. Cancellations made with less than three (3) business days' notice will not result in any credit or refund.

Credits under \$75 remain on a participant's account unless a refund is requested. All credits are automatically applied toward future registrations.

Credits of \$75 or more are automatically refunded if a credit card was used for the original purchase, unless the credit is the result of a waitlist enrollment. In the case of cash/check payment, credits of \$75 or more remain on the participant's account unless a refund is requested.

Refunds will either be issued directly to the credit card used for the original purchase, or in the case of cash/check payment, via check. Check refunds are issued monthly.

To request the refund of an account credit, please call 630.960.7600 or email adminstaff@seaspar.org.

**FEE ASSISTANCE PROGRAM**

SEASPAR is in a position to offer scholarships for a percentage of fees to our families with financial restrictions because we believe all residents, regardless of financial limitations, should have access to SEASPAR programs. Participants in need of financial assistance may obtain a Fee Assistance Program Application by visiting our website at SEASPAR.org or calling 630.960.7600. Fee assistance is not available to non-residents or for overnight trips or day camp transportation.



## PROGRAM ANATOMY

### 1. PROGRAM NAME

This section describes the name of the program. Program names are color-coded by section (e.g., Children & Young Teens, Teen & Adult, etc.).

### 2. PROGRAM BENEFITS

This section identifies benefits of the program. See below for more details.

### 3. PROGRAM DESCRIPTION

This section includes a brief description of the program.

### 4. PROGRAM NOTICES

This section highlights important information the participant should be aware of before registering.

### 5. SESSION INFORMATION

This section includes information you need to know when selecting your program(s) such as age requirements, location, fee, date, time, and registration code.

### 6. ATTENTION AREA

Identifies important registration and details specific to the program like wheelchair accessible registration code, transportation details, and dates which the program will not meet.

1

## SATURDAY SUPERSTARS

Kick off your Saturday with friends, fun, and feel-good vibes! Each week, we'll play games, spend time in the Wonders Multi-Sensory Room, and have fun with our friends. A snack is included, so come ready for good times and great company!

3

4

**Age** 7-15  
**Location** Lisle Recreation Center

5

| Code       | Day(s) | Time   | \$    | Date(s)    |
|------------|--------|--------|-------|------------|
| 8-010-04-1 | Sa     | 9-11am | \$115 | 9/27-12/13 |

6

 **No Program Dates** 11/29

## IDENTIFYING PROGRAM BENEFITS

SEASPAR is known for delivering dynamic recreation programming, but did you know that the same programs also provide many beneficial attributes important for the growth and development of individuals with disabilities? Because we believe identifying these benefits is important to your program selection process, we added a system of icons to help you select the perfect programs available within this guide. Look for these program icons for:



### Independence:

Programs marked with this icon are considered to promote independence through engaging activities delivered in structured environments. These programs are recommended for individuals who live independently or want to increase responsibilities around the house and beyond.



### Motor Skills Development:

Programs marked with this icon promote motor skill development. These programs are recommended for individuals who can benefit from continued development (and strengthening) of motor skills with participation in age-appropriate activities.



### Active:

Programs marked with this icon include elements beneficial to a healthy lifestyle through the inclusion of physical activities. These programs are recommended for individuals who seek to increase or introduce activities that promote an active lifestyle, through light exercise.



### Social Skills Development:

Programs marked with this icon are considered to promote social skills development through participation in various activities hosted in safe environments. These programs are recommended for individuals who desire to expand their social skills or yearn for fun social opportunities.



### Sensory Exploration:

Programs marked with this icon are specially designed to appease the senses and are highly recommended for individuals with autism, sensory processing disorders, and ADHD. Many sensory-friendly programs make use of SEASPAR's two multi-sensory rooms.



### Performing Arts:

Programs marked with this icon are associated with the teaching of performance arts. A program such as this is ideal for individuals with a desire to entertain, practice performance-based skills, or learn more about the virtues of the stage.



### Competitive:

Programs marked with this icon are considered to be competitive. Participants who desire competitive programs are encouraged to seek programs marked with this icon. Programs such as these can range from team sports to activities designed to challenge potential.



### Special Olympics:

Programs marked with this icon are associated with Special Olympics, which involves training and participation in competitive sports offered at various levels. Participants are expected to attend games, which may include local and non-local events and tournaments.

**STAFF**

**SOPHIE BORDENAVE**  
Recreation Coordinator

**JARED BUCHHOLZ**  
Recreation Coordinator

**MATT CORSO**, CTRS, CPRE  
Executive Director

**CHRISTINA HEALY**, CTRS  
Recreation Coordinator

**MICHELLE KORMAN**  
Registration Coordinator

**DAWN KRAWIEC**, CPRP  
Superintendent of Recreation

**CHRIS LAMBIASI**  
Human Resources Coordinator

**KAREN LESNIAK**  
Superintendent of Administrative Services

**MORGAN MASON**, CPRP  
Business Manager

**CLAIRE MCCARTHY**, CTRS  
Recreation Coordinator

**LAUREN McVEY**, CTRS  
Recreation Coordinator

**BETHANY PASTRANA**, CTRS  
Inclusion Manager

**LAURA PULIDO**  
Marketing Coordinator

**ASHLEY SINIO**, CTRS  
Recreation Coordinator

**STEPHANIE STOCKS**, CTRS  
Program Manager

**SHANNON TOVEY**, SHRM-CP, CTRS  
Human Resources Manager

**CONTACT US**

BY PHONE 630.960.7600  
TRS 711

BY EMAIL [adminstaff@seaspar.org](mailto:adminstaff@seaspar.org)

SOCIAL MEDIA [Facebook.com/SEASPAR](https://www.facebook.com/SEASPAR)  
[Instagram.com/WeAreSEASPAR](https://www.instagram.com/WeAreSEASPAR)

**OFFICE HOURS**

Monday–Friday, 8:30am–4:30pm  
Recorded Message After Hours.

The SEASPAR Office will be closed on:

- September 1
- November 27, 28

**OFFICE LOCATION**

4500 Belmont Road, Downers Grove, IL 60515

**FOLLOW US**

Don't miss another moment! Follow SEASPAR on your favorite social media app for more news, photos, videos, and the latest stories about your favorite activities.



Our New Recreation Coordinator for  
Youth and Multi-Sensory Rooms!

**JOIN THE SEASPAR TEAM!**

SEASPAR offers flexible hours with a variety of fun programs and events to choose from. No experience is necessary for some positions. Applicants must be 16 or older.

Call us at 630.960.7600 or visit [SEASPAR.org](http://SEASPAR.org) to apply online!

## PROGRAM LOCATIONS

### AMC QUARRY CINEMAS

9201 W 63rd Street, Hodgkins

### BENET ACADEMY

2200 Maple Avenue, Lisle

### CINEMARK AT SEVEN BRIDGES

6500 IL-53, Woodridge

### CLARENDON HILLS COMMUNITY CENTER

315 Chicago Avenue, Clarendon Hills

### COMMUNITY RESOURCE CENTER

825 Midway Drive, Willowbrook

### DARIEN COMMUNITY CENTER

7301 Fairview Avenue, Darien

### DARIEN SPORTSPLEX

451 Plainfield Road, Darien

### DOWNERS GROVE RECREATION CENTER

4500 Belmont Road, Downers Grove

### GRAND AVENUE COMMUNITY CENTER

4211 Grand Avenue, Western Springs

### INDIAN BOUNDARY YMCA

711 59th Street, Downers Grove

### LEMONT HIGH SCHOOL PERFORMING ARTS CENTER

800 Porter Street, Lemont

### LINCOLN CENTER

935 Maple Avenue, Downers Grove

### LISLE RECREATION CENTER

1925 Ohio Street, Door 8, Lisle

### PARK DISTRICT OF LA GRANGE

536 East Avenue, La Grange

### RAY'S BAY MULTI-SENSORY ROOM

4211 Grand Avenue, Western Springs

### SEASPAR

4500 Belmont Road, Downers Grove

### SPRING ROCK PARK

4400 Central Avenue, Western Springs

### SUBURBANITE BOWL

201 Ogden Avenue, Westmont

### THE CORE FITNESS & AQUATIC COMPLEX

16028 127th Street, Lemont

### THE LEGACY RANCH

2705 S Farrell Road, Lockport

### TRUE BALANCE KARATE

406 Ogden Avenue, Downers Grove

### WESTMONT COMMUNITY CENTER

75 E Richmond Avenue, Westmont

### WONDERS MULTI-SENSORY ROOM

1925 Ohio Street, Door 8, Lisle

### WOODRIDGE ARC (ATHLETIC RECREATION CENTER)


8201 S Janes Avenue, Woodridge

### YORKTOWN CENTER

203 Yorktown Center, Lombard

## TRANSPORTATION

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our thirteen member communities and beyond! Transportation options are listed in program descriptions.

 When completing your registration form for programs that include transportation, please indicate the location of your choice. Transportation is required unless otherwise noted.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles:

- SEASPAR reserves the right to refuse to transport individuals.
- All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle.
- All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.
- Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
- SEASPAR staff are responsible for determining whether a participant can be transported safely.

Transportation locations may include:

### DARIEN

Darien Sportsplex | Parking Lot  
451 Plainfield Road, Darien

### DENNING

Denning Park | Parking Lot  
4901 Gilbert Avenue, La Grange

### LEMONT

Lemont Centennial Community Center | Parking Lot  
16028 127th Street, Lemont

### LISLE

Lisle Recreation Center | Door #8  
1925 Ohio Street, Lisle

### SEASPAR

Downers Grove Recreation Center | Parking Lot  
4500 Belmont Road, Downers Grove

# THE HEART OF SEASPAR: CELEBRATING OUR VOLUNTEERS

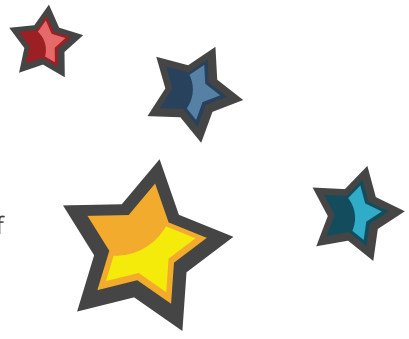
At SEASPAR, every program, every special event, and every unforgettable memory is powered not only by our staff—but by the incredible dedication of our volunteers. Their generosity, kindness, and commitment make a meaningful difference in the lives of our participants and their families.

Volunteers are the quiet heroes behind the scenes, lending helping hands and open hearts. Whether assisting at programs, cheering on athletes, or supporting special events, their impact is immeasurable. Because of them, we're able to stretch our resources further—keeping program costs lower and access to inclusive recreation more affordable for everyone.

We are incredibly grateful to every volunteer who has supported us this year. Their time and talents help us deliver joyful, empowering experiences where every participant can shine.

A heartfelt thank-you goes out to our 2025 year-round volunteers:

- Abby Ackermann
- Eric Alwin
- Sam Ceruti
- Ann Franczyk
- Larry Franczyk
- Francis Fraundorf
- Mary Furbush
- Gina Graf
- Jim Janota
- McKenzie Guth
- Trisha Mallare
- Scott McArther
- Gary Naberhaus
- Jim Pappa
- Susie Pece
- Laura Plemich
- Ann Saladino
- Paul Saladino
- Don Smetko



**TO EACH OF YOU—WE SEE YOU, WE THANK YOU, AND WE'RE BETTER BECAUSE OF YOU.**



## WITH HEARTFELT THANKS

The SEASPAR Board, staff, and participants extend our sincere gratitude to the generous individuals and organizations who supported us financially from February through May 2025.

Your belief in our mission helps create inclusive, empowering experiences where every participant can shine. Thank you for being part of the SEASPAR story!

Adam Adair

Anonymous

AT&T

Blue Cross Blue Shield

Shirley J. Bluhm Trust

The Bobby Family

Donna Denz

Matthew Donahoe

Downers Grove Junior Woman's Club

The Hirschboeck Family

Jerri Ingram *In Honor of Debbie Ingram Murdock*

Cynthia Johnson *In Honor of Grady's Pig Roast*

Knights of Columbus Bishop James E. Fitzgerald

Council No. 14649

Knights of Columbus St. John Council No. 3738

Christopher Kristufek

Lemont Garden Club

Riley Love

Meta

Kevin Mikan

The Minium Family

Mark Palcowski

The Plemich Family

The Preston Family

The Rocha Family

The Rosete Family

Richard Sifuentes

S.S. Cyril and Methodius School

Suburbanite Bowl

The Morton Arboretum

The Vihon Family

Ioulia Vorona

Bob and Mary Westberg

### **In Honor of Lorenzo Forieri's Birthday**

Vicki Forieri

Rhonda Lee

Mary McGorman

Ellyn Nicodem

Nancy Ozark-Urban

***Thank You!***



## FOREVER PART OF THE SEASPAR STORY: CATHY MORAVA'S IMPACT

On June 1, 1983, Cathy Morava began a journey that would forever shape SEASPAR and the lives of thousands of participants and families. In this program guide we honor her well-earned retirement and reflect on a career built on compassion, dedication, and an unwavering belief in the power of inclusion.

For more than four decades, Cathy didn't just serve SEASPAR—she lived its mission. With every word of encouragement, every hand extended in support, and every joyful celebration of a participant's milestone, Cathy poured her heart into uplifting others. She helped build a community where every person feels seen, valued, and empowered to shine.

To all of us, Cathy is so much more than a professional—she's family. Her influence can be felt in every program she touched and every participant she cheered on. Her legacy lives on in the countless smiles, successes, and stories made possible by her leadership and love.

As we celebrate her next chapter, we carry forward her wisdom, warmth, and signature spirit.

Thank you, Cathy, for 42 years of inspiring service. Your impact is immeasurable. Your love for SEASPAR is unforgettable.





TeamHealy.BairdWarner.com

**BAIRD & WARNER**

TEAM HEALY encourages all SEASPAR participants to BELIEVE and ACHIEVE!

**BAIRD & WARNER REAL ESTATE**  
630.730.1382  
836 West 75th Street #112  
Naperville, IL 60565



## CRITICAL Where THINKING grows

Our unique, outcomes-focused curriculum helps develop your child's problem-solving skills and provides a well-rounded foundation for their future.

**Enroll NOW and receive FREE REGISTRATION!**

Offer expires 12/31/2024. New customers only. Not redeemable for cash. One offer per child. Contact Academy for details.

Kiddie Academy of Lemont  
15007 127th Street, Lemont, IL 60459  
630-914-9990  
kiddieacademy.com/lemont

Kiddie Academy of New Lenox  
674 Cedar Crossings Dr • New Lenox, IL 60451  
779-801-2300  
kiddieacademy.com/newlenox

### HORSEBACK RIDING LESSONS

Giddy up for a great time! In partnership with The Legacy Ranch, these horseback riding lessons are designed for individuals of all abilities. Riders will build confidence, boost motor skills, and bond with gentle horses in a supportive and inclusive setting. Whether you're a beginner or looking to grow your skills, experienced instructors ensure every ride is safe, fun, and fulfilling.

|                 |                            |             |           |                |
|-----------------|----------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 10+                        |             |           |                |
| <b>Location</b> | The Legacy Ranch, Lockport |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>              | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-000-04-1      | M                          | 4-6pm       | \$775     | 9/22-11/10     |
| 8-000-04-2*     | M                          | 4-6pm       | \$565     | 9/22-11/10     |

**⚠** Each lesson lasts 30 minutes. When registering, please indicate your preferred lesson time. Due to high demand, timeslots cannot be guaranteed. Individual lessons are for those who might need more supports or those who prefer a 1:1 lesson.

\* Group lesson.

### HOLIDAY SPECTACULAR: INDIVIDUAL PERFORMANCE

Step into the spotlight and help us celebrate the season at SEASPAR's Holiday Spectacular! This joyful event is a chance to share your talent and spread some holiday cheer with friends and family. From classic carols to creative acts, we're looking for performers who are ready to make the night unforgettable!

|                 |  |             |           |                |
|-----------------|--|-------------|-----------|----------------|
| <b>Age</b>      | All  |             |           |                |
| <b>Location</b> | Lemont High School<br>Performing Arts Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>                                | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-52-1      | W  | 6-9pm       | Free      | 12/17          |

**⚠** Performance spots are limited due to time constraints, and not all interested individuals may be able to participate. Staff will do our best to include as many performers as possible while keeping the evening merry and bright for everyone!

### KARATE

Unleash your inner hero! This non-contact karate program empowers participants to build focus, balance, and self-control—all while working their way through the belt system in pursuit of the legendary black belt. Whether you're just starting out or already on your way, all skill levels are welcome. Your journey begins here!

|                 |                                    |             |           |                |
|-----------------|------------------------------------|-------------|-----------|----------------|
| <b>Age</b>      | All ages                           |             |           |                |
| <b>Location</b> | True Balance Karate, Downers Grove |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>                      | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-000-03-1      | M                                  | 5:30-6pm    | \$130     | 9/22-12/8      |



**MUSIC LESSONS WITH NANCY:  
ACCESSIBLE AND ADAPTIVE FOR ALL**

Join Nancy for inclusive music lessons! With a compassionate approach and customized techniques, Nancy tailors each session to meet your individual needs, focusing on using adaptive instruments, modified hand positions, and accessible tools to make music-making possible and enjoyable. Whether you're a beginner or returning to music, Nancy creates a supportive and encouraging environment where creativity can flourish—no matter the physical challenges. Rediscover the joy of music and connect with the rhythm of life through lessons that are as unique as you are.

|                 |                   |           |                |
|-----------------|-------------------|-----------|----------------|
| <b>Age</b>      | 10+               |           |                |
| <b>Location</b> | Darien Sportsplex |           |                |
| <b>Time</b>     | By appointment    |           |                |
| <b>Code</b>     | <b>Day(s)</b>     | <b>\$</b> | <b>Date(s)</b> |
| 8-050-02-1      | M-Th              | \$108     | 9/22-12/12     |

**VIRTUAL SINGING LESSONS WITH NANCY:  
FIND YOUR VOICE FROM ANYWHERE**

Sing your heart out—right from home! Join Nancy for personalized virtual voice lessons that help you explore and grow your unique sound. Whether you're just beginning or already hitting the high notes, Nancy's expert guidance is tailored to your voice, your style, and your goals. With flexible scheduling and the ease of online learning, it's never been simpler to follow your passion for singing—wherever you are!

|             |                |           |                |
|-------------|----------------|-----------|----------------|
| <b>Age</b>  | 5+             |           |                |
| <b>Time</b> | By appointment |           |                |
| <b>Code</b> | <b>Day(s)</b>  | <b>\$</b> | <b>Date(s)</b> |
| 8-700-01-1  | M-F            | \$108     | 9/22-12/12     |

**MUSIC LESSONS WITH NANCY**

Find your rhythm, your voice, your joy! Whether you're singing your heart out or mastering the piano, Nancy's personalized music lessons are tailored just for you. Her warm and patient teaching style creates a welcoming space to explore your interests, build confidence, and grow your unique musical talents—one note at a time. All skill levels are welcome on this harmonious journey!

|                 |                   |           |                |
|-----------------|-------------------|-----------|----------------|
| <b>Age</b>      | 5+                |           |                |
| <b>Location</b> | Darien Sportsplex |           |                |
| <b>Time</b>     | By appointment    |           |                |
| <b>Code</b>     | <b>Day(s)</b>     | <b>\$</b> | <b>Date(s)</b> |
| 8-000-01-1      | M-Th              | \$108     | 9/22-12/11     |



Lessons are 30 minutes each and available by appointment on a first come, first served basis. Christina Healy will reach out with instructions on how to sign up for your time and day after you register.



**ANY QUESTIONS ABOUT...**

Programs for everyone or Music Lessons? Let one of our expert Recreation Coordinators assist you.

**CHRISTINA HEALY, CTRS**  
chealy@seaspar.org • 630.960.7660



Each swim lesson lasts **30 minutes**. When registering, please indicate your preferred lesson time. Due to high demand, timeslots cannot be guaranteed. Swimmers can only participate in one aquatics program per season. Please be aware that we share the pools with the public.



**JARED BUCHHOLZ**  
 jbuchholz@seaspar.org • 630.960.7627

**SWIM LESSONS: THE CORE**

---

|                 |                  |  |  |  |
|-----------------|------------------|--|--|--|
| <b>Age</b>      | 5+               |  |  |  |
| <b>Location</b> | The CORE, Lemont |  |  |  |

| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
|-------------|---------------|-------------|-----------|----------------|
| 8-000-02-1  | M             | 4-6pm       | \$264     | 9/22-12/8      |
| 8-000-02-4  | Sa            | 12-3pm      | \$264     | 9/27-12/13     |

**SWIM LESSONS: INDIAN BOUNDARY YMCA**

---

|                 |                                     |  |  |  |
|-----------------|-------------------------------------|--|--|--|
| <b>Age</b>      | 5+                                  |  |  |  |
| <b>Location</b> | Indian Boundary YMCA, Downers Grove |  |  |  |

| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
|-------------|---------------|-------------|-----------|----------------|
| 8-000-02-2  | Tu            | 4-6pm       | \$264     | 9/23-12/9      |
| 8-000-02-3  | Th            | 4-6pm       | \$242     | 9/25-12/11     |

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**Ⓢ No Program Dates** **11/27**

**Make a splash with SEASPAR and Coach Eve**  
 Learn to Swim's certified instructors! These fun and essential swim lessons introduce swimmers to foundational water skills, including breath control and submerging progressions that build toward unassisted swimming. Along the way, participants strengthen self-confidence and gross motor skills through engaging activities. Lessons are taught in small groups with individualized support provided as needed.



BECOME A  
**SEASPAR**  
SPONSOR

Support inclusive recreation for individuals with disabilities while showcasing your brand to a loyal, family-focused community. Your sponsorship powers meaningful experiences that last a lifetime.

## Sponsorship Opportunities

Become a **Star Supporter** in any of the following ways:

### ★ **ADOPT-A-PROGRAM** | \$1,500

Support one of our signature seasonal programs or special events—such as Summer Camp, Social Club, Swim Meet, and more!

#### Sponsorship Includes:

- **Quarter-page ad** in our seasonal program guide (3,500 copies)
- **Two branded social media shout-outs** (3,500 followers)
- **Banner placement** in one issue of our “Special Delivery” e-newsletter (3,000 contacts | 59% open rate)
- **Banner ad on SEASPAR’s homepage** for one month (4,000 visits/month average)

### ★ **EVENT SPONSORSHIP** | \$100–\$2,500

Support SEASPAR’s large annual events—like the Believe & Achieve Recognition Banquet, Summer Kickoff, Movie in the Park, or the Holiday Spectacular.

**Sponsorship Levels:** Vary by event.

**Benefits:** Custom packages available based on level—ask us about what’s coming next!

### ★ **PROGRAM GUIDE ADVERTISING**

Promote your business in our seasonal program guide—a resource that SEASPAR families read cover to cover!

- **Half-page ad:** \$500/season or \$1,350/year
  - **Quarter-page ad:** \$250/season or \$675/year
- Over 3,500 copies distributed seasonally

### ★ **WEBSITE BANNER AD** | \$250/MONTH

Show your support with a banner ad on SEASPAR’s homepage—seen by 4,000+ monthly visitors.

### ★ **E-NEWSLETTER BANNER AD** | \$200/MONTH

Feature your brand in SEASPAR’s “Special Delivery” e-newsletter—sent to 3,000+ inboxes with a 59% open rate.

### ★ **SHAPE YOUR OWN SUPPORT**

Looking for something more tailored? Let’s talk about current needs and custom opportunities that align with your business.



### **LET’S SHINE TOGETHER!**

Contact: Morgan Mason, Business Manager  
630.960.7622 | [mmason@seaspar.org](mailto:mmason@seaspar.org)  
[www.SEASPAR.org](http://www.SEASPAR.org)



## WONDERS MULTI-SENSORY ROOM

Lisle Recreation Center - Door 8  
1925 Ohio Street, Lisle

A unique assortment of state-of-the-art equipment features in Wonders, SEASPAR's award-winning multi-sensory room. In the comfort of the room's rocking chair or comfort nook, environmental effects create a calming atmosphere. A variety of devices are available for guests with extra energy to engage in activities designed to instill a sense of curiosity and joy.

A one-way observation window allows parents to observe their child's session.

### ENGAGE YOUR SENSES

SEASPAR's two multi-sensory rooms, Ray's Bay and Wonders, are designed to engage your senses! In each room, you will be able to experience state-of-the-art technology designed to stimulate your senses through various hands-on equipment and environmental features.

In SEASPAR's multi-sensory rooms, you will find interactive equipment that will soothe your senses in a variety of ways. You can watch the bubbles move and change colors within the bubble tubes, dance to the music as you wave your hand, experience relaxing aromas, and dip your toes into the pond projected on the floor to make the water ripple. With the touch of your hand, you can control the colors and lights, and you can feel the calming coolness of shimmering glass and marble walls.

### BENEFITS OF THE MULTI-SENSORY

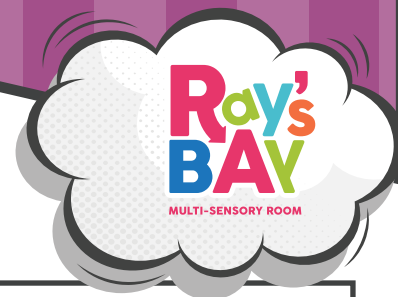
Both multi-sensory rooms contain equipment known to benefit individuals by stimulating the senses which can result in:

- Improved mood
- Lowered disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improvement in communication
- Enhanced interpersonal interactions

### WHO MAY BENEFIT

Our multi-sensory rooms are designed to provide individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia
- Physical Disabilities
- Emotional Needs
- Anxiety



## RAY'S BAY MULTI-SENSORY ROOM

Grand Avenue Community Center  
4211 Grand Avenue, Western Springs

Ray's Bay, SEASPAR's newest multi-sensory room, features a unique assortment of state-of-the-art equipment designed to enhance the senses. A relaxing environment is created by environmental sound waves and visual effects, which can be enjoyed from the comfort of the large comfort rocking chair, comfort nook, or lighted waterbed. Visitors who have energy to spare can interact with various devices designed to spark curiosity and joy.

The Ray's Bay Multi-Sensory Room is located on the lower level of the Grand Avenue Community Center. A waiting room, complete with a sitting area, is available for guests while participants play.

Please contact Sophie Bordenave at 630.960.7664 if you would like to learn more about SEASPAR's multi-sensory rooms, or schedule a trial.

Multi-sensory room trial availability may be limited; call for details.

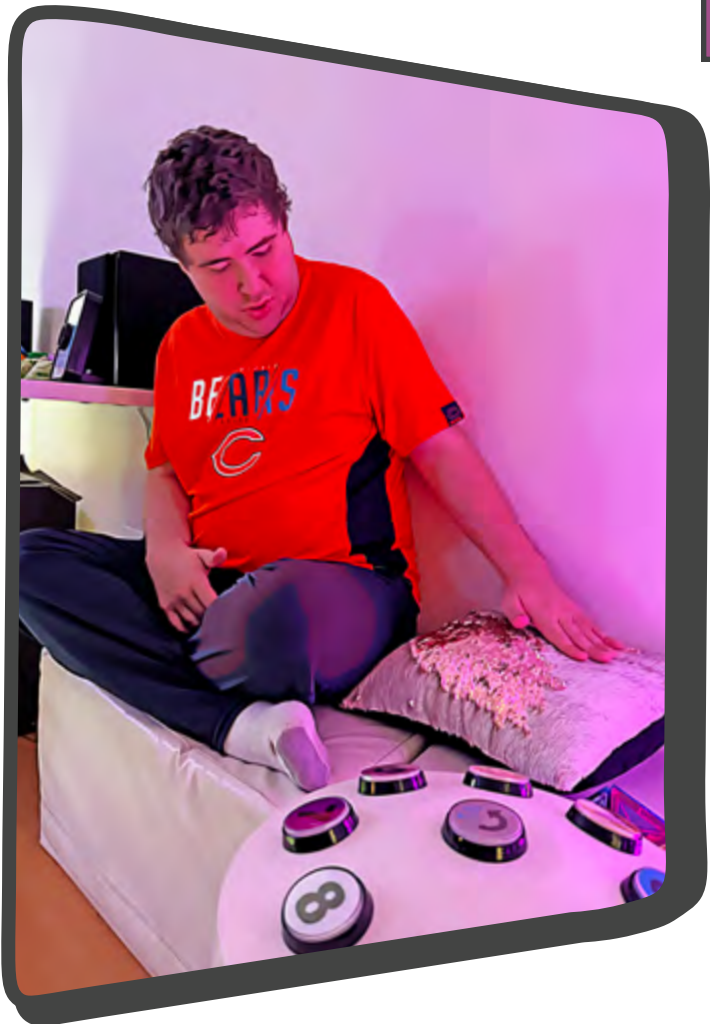


**SENSORY SEEKERS**

Awaken your senses in Ray's Bay! This multi-sensory room invites you to explore light, sound, and texture in a calming, supportive space. Four 30-minute sessions are available—come discover what your senses have been missing!

|                 |   |             |           |                |
|-----------------|---|-------------|-----------|----------------|
| <b>Age</b>      | All Ages                                      |             |           |                |
| <b>Location</b> | Ray's Bay Multi-Sensory Room, Western Springs |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>                                 | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-090-01-1      | M   | 4-6:15pm    | \$118     | 9/22-12/8      |
| 8-090-01-2      | Th  | 4-6:15pm    | \$108     | 9/25-12/11     |

**No Program Dates** 11/27



**NOTE:**

Please include your preferred session time when registering. Staff will do their best to accommodate your requests, but timeslots are not guaranteed.



**SENSORY EXPLORERS**

Discover the magic of Wonders! During Sensory Explorers, participants enjoy SEASPAR's award-winning multi-sensory room through five 30-minute sessions designed for calm, curiosity, and connection.

|                 |                                   |             |           |                |
|-----------------|-----------------------------------|-------------|-----------|----------------|
| <b>Age</b>      | All Ages                          |             |           |                |
| <b>Location</b> | Wonders Multi-Sensory Room, Lisle |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>                     | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-090-02-1      | Tu                                | 4-6:15pm    | \$118     | 9/23-12/9      |
| 8-090-02-2      | W                                 | 4-6:15pm    | \$118     | 9/24-12/10     |



**PIN PALS**

Ready, set, bowl! Whether it's your first time or you're a bowling champ, this is a great opportunity to play, cheer each other on, and have fun together.

|                 |                            |             |           |                |
|-----------------|----------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 3-12                       |             |           |                |
| <b>Location</b> | Suburbanite Bowl, Westmont |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>              | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-010-03-1      | W                          | 4:15-5:15pm | \$183     | 9/23-12/10     |



**SATURDAY SUPERSTARS**

Kick off your Saturday with friends, fun, and feel-good vibes! Each week, we'll play games, spend time in the Wonders Multi-Sensory Room, and have fun with our friends. A snack is included, so come ready for good times and great company!

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 7-15                    |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-010-04-1      | Sa                      | 9-11am      | \$115     | 9/27-12/13     |

**No Program Dates** 11/29

**MUSIC AND ME!**

In collaboration with Dynamic Lynks, SEASPAR offers a music program tailored to our young participants with a focus on fun! Dynamic Lynks is a music therapy center that uses music and movement to enhance skill development in individuals of all ages through inclusive and affirming client-centered strategies. Check it out!

|                 |                           |             |           |                |
|-----------------|---------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 3-8                       |             |           |                |
| <b>Location</b> | Westmont Community Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>             | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-010-01-1      | Tu                        | 4:15-5pm    | \$150     | 9/23-12/9      |

**MUSICAL THEATER**

Take a bow, future stars! Designed for aspiring performers, this fun and inclusive experience blends singing, dancing, and acting to help you shine on stage.

|                 |                           |             |           |                |
|-----------------|---------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 9-15                      |             |           |                |
| <b>Location</b> | Westmont Community Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>             | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-010-02-1      | Tu                        | 5:15-6pm    | \$150     | 9/23-12/9      |



**SOPHIE BORDENAVE**  
sbordenave@seaspar.org • 630.960.7664

## CHILDREN'S GARDEN AT THE MORTON ARBORETUM

It's time to explore the Children's Garden at the Morton Arboretum! Designed with young explorers in mind, this inclusive outdoor experience offers a variety of fun nature activities. We will enjoy lunch together at the café.

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 7-15                    |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-01-1      | Sa                      | 11am-3pm    | \$55      | 9/27           |



## BOO! AT THE ZOO

Boo! at the Zoo is back! Wear your costume and enjoy trick-or-treating, pumpkin decorating, photo ops, and spooky fun at Brookfield Zoo!

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 7-15                    |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-02-1      | Sa                      | 11am-3pm    | \$75      | 10/11          |

## HAPPY HOOVES

Come have a farm-tastic time with SEASPAR at Happy Hooves! Meet horses, pigs, goats, donkeys, and more. Pet, feed, and have fun with your new animal pals. Don't forget your boots — and bring a sack lunch for a picnic at the farm!

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 7-15                    |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-05-1      | Sa                      | 11am-3pm    | \$41      | 11/08          |

## DAY OFF SCHOOL

Looking for something fun to do on your day off school? Spend time with your SEASPAR friends as we travel throughout the community! Our day includes games, crafts, and adventure!

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 7-15                    |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-03-1      | M                       | 9am-3pm     | \$88      | 10/13          |

## DUPAGE CHILDREN'S MUSEUM

Get ready to play, build, and explore! Join SEASPAR for a day of hands-on fun at the DuPage Children's Museum. Climb, create, splash, and discover in awesome exhibits made just for kids. Bring a sack lunch and your curiosity - adventure awaits!

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 7-15                    |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-06-1      | Sa                      | 11am-3pm    | \$65      | 11/22          |

## SONNY ACRES

Celebrate the fall season at Sonny Acres Farm! From hayrides and pumpkin picking to carnival rides and festive treats, it's the perfect way to embrace all things autumn.

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 7-15                    |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-04-1      | Sa                      | 11am-3pm    | \$84      | 10/25          |

## SNACK THEN SLIME

Join SEASPAR for a fun and creative afternoon! First, you'll make two delicious snacks to enjoy, then roll up your sleeves to create your own slime to take home. It's the perfect mix of cooking and crafting! Bring your appetite and your imagination.

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 7-15                    |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-08-1      | Sa                      | 11am-1pm    | \$28      | 12/6           |



**STRIKE FORCE**

Love hanging out with friends and knocking down pins? Join us at Suburbanite Bowl for an afternoon of fun, friendship, and strikes!

|                 |                            |             |           |                |
|-----------------|----------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 13-22                      |             |           |                |
| <b>Location</b> | Suburbanite Bowl, Westmont |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>              | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-020-01-1      | M                          | 6:30-7:30pm | \$179     | 9/22-12/8      |



**CHEFS IN TRAINING**

Get ready for fun, flavor, and hands-on learning! In this cooking program, you'll follow step-by-step instructions to create new recipes each week in a state-of-the-art kitchen. Join us for a culinary adventure that's as tasty as it is fun!

|                 |                                  |             |           |                |
|-----------------|----------------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 13-22                            |             |           |                |
| <b>Location</b> | Clarendon Hills Community Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>                    | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-020-02-1      | Tu                               | 6-7:30pm    | \$134     | 9/23-12/9      |



**VIDEO GAME CLUB**

Gamers, let's play! Join us each week to connect with friends through the world of Nintendo Switch. Whether you are a beginner or a seasoned pro, everyone is welcome to join the fun!

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 13-22                   |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-020-03-1      | Th                      | 4:15-5:15pm | \$84      | 9/25-12/11     |

No Program Dates 11/27



### KONOW'S CORN MAZE

Get lost in the fun at Konow's Corn Maze! Explore the giant corn maze and enjoy hayrides, pumpkin picking, carnival rides, and fall treats galore.

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 13-22                   |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-11-1      | Sa                      | 11am-3pm    | \$82      | 10/4           |

### HALLOWEEN PARTY

Prepare for a frightfully fun night at our Halloween Party! Come in your best costume and enjoy music, games, spooky snacks, and chilling surprises. It's the perfect way to celebrate the season with friends—if you dare!

|                 |   |             |           |                |
|-----------------|---|-------------|-----------|----------------|
| <b>Age</b>      | 13-22                                     |             |           |                |
| <b>Location</b> | Community Resource Center,<br>Willowbrook |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>                             | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-12-1      | Sa  | 6-8pm       | \$37      | 10/18          |



**SOPHIE BORDENAVE**  
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### MEDIEVAL TIMES

Calling all knights and royalty! Join us for an epic evening at Medieval Times. Cheer on your favorite knight, enjoy a delicious feast, and experience the excitement of jousting, sword fights, and more! This special event is perfect for teens and young adults looking for adventure, fun, and a night to remember.


|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 13-22                   |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-13-1      | Sa                      | 2:30-6:45pm | \$115     | 11/22          |

# School Break Camps

## THANKSGIVING BREAK CAMP

Kick off your holiday break with Thanksgiving Camp fun! Spend the day with SEASPAR enjoying games, crafts, and festive fall surprises. It's the perfect chance to make new friends, get creative, and celebrate the season. Don't forget your sack lunch—and bring your best playful spirit!

|                 |                            |             |           |                |
|-----------------|----------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 7-15                       |             |           |                |
| <b>Location</b> | Park District of La Grange |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>              | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-07-1      | W                          | 9am-3pm     | \$88      | 11/26          |

 Transportation Lisle Recreation Center: 8:30am-3:30pm (Optional)

## KIDS WINTER BREAK CAMP

No school? Come play with SEASPAR! At Winter Break Camp, kids will enjoy a week full of fun with games, crafts, winter-themed activities, and more. It's a great way to stay busy, make new friends, and enjoy the season. Bring a sack lunch and get ready for a snow-much-fun time!

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 5-12                    |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-09-1      | M                       | 9am-3pm     | \$110     | 12/22          |
| 8-200-09-2      | Tu                      | 9am-3pm     | \$110     | 12/23          |
| 8-200-09-3      | M                       | 9am-3pm     | \$110     | 12/29          |
| 8-200-09-4      | Tu                      | 9am-3pm     | \$110     | 12/30          |
| 8-200-09-5      | F                       | 9am-3pm     | \$110     | 1/2            |

 Transportation Denning: 8:30am-3:30pm (Optional)

## TEEN WINTER BREAK CAMP

Chill out with SEASPAR during Winter Break Camp just for teens! Enjoy awesome winter activities, games, crafts, and outings with friends while school's out. It's the perfect way to stay active, have fun, and make memories during the break. Bring a sack lunch and get ready for winter fun!

|                 |                   |             |           |                |
|-----------------|-------------------|-------------|-----------|----------------|
| <b>Age</b>      | 13-22             |             |           |                |
| <b>Location</b> | Darien Sportsplex |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>     | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-10-1      | M                 | 9am-3pm     | \$110     | 12/22          |
| 8-200-10-2      | Tu                | 9am-3pm     | \$110     | 12/23          |
| 8-200-10-3      | M                 | 9am-3pm     | \$110     | 12/29          |
| 8-200-10-4      | Tu                | 9am-3pm     | \$110     | 12/30          |
| 8-200-10-5      | F                 | 9am-3pm     | \$110     | 1/2            |



You guys make my life  
**WORTH LIVING!**

Bob M.  
May 31, 2024



**YOUR SUPPORT  
RAISES STARS!**





**AFTERNOON ADVENTURES**

Spend your afternoon with friends and fun! This program is all about socializing, sharing laughs, and enjoying new experiences together. Whether we're playing games, exploring local spots, or just relaxing as a group, Afternoon Adventures is the perfect way to connect and unwind. Build friendships, boost confidence, and make every week something to look forward to!

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                     |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-01-1      | M                       | 3:15-6:15pm | \$338     | 9/22-12/8      |

**⚠️** This program requires participants to be able to tolerate being in the community. A schedule of activities will be available on the SEASPAR website after the first session.



**WALKING CLUB WEST**

Step into wellness with friends! Enjoy fresh air, great company, and a heart-healthy walk through scenic Lisle Community Park. It's fitness, fun, and friendship—all in one stroll!

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                     |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-03-1      | M                       | 4:15-5pm    | \$51      | 9/22-10/27     |



**CURTAIN CALLERS**

Discover the fun of acting in this beginner-friendly program! Through games, character play, and creative expression, you'll build confidence, make friends, and explore your imagination—no stage experience needed.

|                 |                   |             |           |                |
|-----------------|-------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+               |             |           |                |
| <b>Location</b> | Darien Sportsplex |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>     | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-04-1      | M                 | 5:15-6:15pm | \$101     | 9/22-12/8      |



**MALL WALK & FOOD TALK**

Take a stroll, share a smile, and savor the moment! Mall Walk & Food Talk is the perfect mix of light exercise and great conversation as we walk through Yorktown Mall and enjoy a casual dinner together. It's all about spending time with friends, discovering new bites, and enjoying the simple joy of good company in a welcoming setting.

|                 |                          |             |           |                |
|-----------------|--------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                      |             |           |                |
| <b>Location</b> | Yorktown Center, Lombard |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>            | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-02-1      | M                        | 4:15-6:15pm | \$177     | 11/3-12/8      |



**ENTER THE RING-IT'S MONDAY NIGHT RAW!**

Join us "ringside" each week to experience the action, drama, and excitement of WWE's Monday Night Raw! Cheer on your favorite Superstars, share the thrill, and enjoy the show with fellow fans. Whether you're a lifelong wrestling fan or just discovering the fun, everyone is welcome to be part of the action!

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                     |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-05-1      | M                       | 7:45-10pm   | \$144     | 9/22-12/8      |



**CHRISTINA HEALY, CTRS**  
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### DAY AWAY TOUR

Who says adventure has to wait for the weekend? Team up with SEASPAR staff and fellow explorers for Day Away Tours full of fun, friendship, and local discoveries!

|                 |                        |             |           |  |
|-----------------|------------------------|-------------|-----------|--|
| <b>Age</b>      | 16+                    |             |           |  |
| <b>Location</b> | SEASPAR, Downers Grove |             |           |  |
| <b>Code</b>     | <b>Day(s)</b>          | <b>Time</b> | <b>\$</b> | <b>Date(s)</b>                         |
| 8-030-06-1      | Tu                     | 9am-3pm     | \$315     | 9/30, 10/14, 10/28, 11/11, 11/25, 12/9 |

**A** When registering for Day Away Tour, please only register for Day Away Tour or Day Trippers. Due to the nature of this program, participants must be able to tolerate being in the community for prolonged periods of time and tolerate changes in schedules. A schedule of activities will be posted on the SEASPAR website prior to program season. Activities are subject to change. Times may vary per date.

### TUESDAY TENPINS

Roll into fun with our lively bowling program—where strikes, spares, and smiles are all part of the game! Whether you're a seasoned bowler or giving it a try for the first time, you'll enjoy great company and an upbeat atmosphere. After the lanes, keep the fun going with our Soup or Salad outing, featuring a delicious meal at a nearby restaurant. It's the perfect way to share laughs, celebrate the wins, and connect with fellow bowling fans.

|                 |                            |             |           |                |
|-----------------|----------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                        |             |           |                |
| <b>Location</b> | Suburbanite Bowl, Westmont |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>              | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-07-1      | Tu                         | 4:15-5:15pm | \$183     | 9/23-12/9      |

**♥** Pairs nicely with Soup or Salad.

### COOKING WITH SEASPAR

Who says making meals has to be a chore? In this hands-on program, participants learn to cook tasty HelloFresh recipes step-by-step in a modern kitchen setting. With easy instructions, fresh ingredients, and plenty of fun, it's a delicious way to build skills and confidence each week!

|                 |                                  |             |           |                |
|-----------------|----------------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                              |             |           |                |
| <b>Location</b> | Clarendon Hills Community Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>                    | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-08-1      | Tu                               | 4:15-5:45pm | \$166     | 9/23-12/9      |


### CREATIVE CORNER

Ready to express yourself in bold new ways? This hands-on art program invites you to explore clay, paint, woodworking, and more. Whether you're a beginner or an experienced artist, all are welcome to discover, create, and let your imagination shine. It's a colorful journey of creativity and self-expression!

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                     |             |           |                |
| <b>Location</b> | Darien Community Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-09-1      | Tu                      | 5-6pm       | \$116     | 9/23-12/9      |

### SOUP OR SALAD

Bring your appetite and your best stories—it's time for Soup or Salad! Enjoy a delicious dinner out with SEASPAR friends at a variety of local restaurants. With great food, fun conversations, and lots of laughs, every outing is a recipe for a memorable night!

|                 |               |   |           |                |
|-----------------|---------------|---|-----------|----------------|
| <b>Age</b>      | 16+           |   |           |                |
| <b>Location</b> | Various       |   |           |                |
| <b>Code</b>     | <b>Day(s)</b> | <b>Time</b>   | <b>\$</b> | <b>Date(s)</b> |
| 8-030-10-1      | Tu            |  | \$240     | 9/23-12/9      |

**♥** Pairs nicely with Tuesday Tenpins. Restaurant schedules will be available on the SEASPAR website after the first session.

**🚌** **Transportation:** Drop off at Suburbanite Bowl: 5:30pm  
Pick up at Lisle Recreation Center: 7:30pm

**PET THERAPY**

Spend time with the lovable pups from Rainbow Therapy Dogs! This uplifting program invites participants to bond with therapy dogs through simple training, interactive games, and engaging activities. With every tail wag and high five, participants build confidence, practice communication, and enjoy the unconditional love only a furry friend can give.

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                     |             |           |                |
| <b>Location</b> | Darien Community Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-11-1      | Tu                      | 6:15-7:15pm | \$108     | 9/23-12/9      |



**WEDNESDAY PINBUSTERS**

Let the good times roll! Join the Pinbusters at Suburbanite Bowl for an evening of strikes, spares, and smiles! This lively program is perfect for bowlers of all experience levels to enjoy friendly games, high-fives, and shared laughs. Whether you're aiming for strikes or just having fun with friends, every frame is a win!

|                 |                            |             |           |                |
|-----------------|----------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                        |             |           |                |
| <b>Location</b> | Suburbanite Bowl, Westmont |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>              | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-12-1      | W                          | 4:15-5:15pm | \$183     | 9/24-12/10     |
| 8-030-12-2      | W                          | 5:30-6:30pm | \$183     | 9/24-12/10     |



**FIT N' FUEL**

Fuel your body and fire up the fun with Fit N' Fuel! This high-energy program blends interactive games with movement-based activities that keep your heart pumping and your smile shining. After the action, refuel with a tasty, nutritious snack. It's a fun and friendly way to stay active, build healthy habits, and connect with others—perfect for all fitness levels!

|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                     |             |           |                |
| <b>Location</b> | Darien Community Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-13-1      | W                       | 4:30-5:15pm | \$122     | 9/24-12/10     |



Registration is limited to one session per person.

Bring a water bottle. It is required that you wear athletic apparel and gym shoes. Jeans are not allowed.

**MUSIC MANIA!**

Ready to rock, groove, and jam? Music Mania is your chance to explore all kinds of instruments in a fun, relaxed setting—no experience needed! Bring your love for music and dive into hands-on sessions where you'll try new sounds, learn new skills, and connect with fellow music lovers. Make some noise, make new friends, and most of all—have a blast!

|                 |                   |             |           |                |
|-----------------|-------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+               |             |           |                |
| <b>Location</b> | Darien Sportsplex |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>     | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-14-1      | W                 | 5:45-6:30pm | \$110     | 9/24-12/10     |



### ACTORS GUILD

Take the stage and let your creativity shine! Led by Christine Grohne of Actors with Special Needs, this playful and engaging program brings participants together to rehearse one full play each year. Everyone gets a character, and each week is filled with laughter, teamwork, and imagination—all building up to a final performance that's sure to be a showstopper!

|                 |                               |             |           |                |
|-----------------|-------------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                           |             |           |                |
| <b>Location</b> | Lincoln Center, Downers Grove |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>                 | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-15-1      | W                             | 4:30-6:30pm | \$109     | 9/24-12/10     |

**⚠️** This program runs across both the Fall and Winter/Spring seasons. Participants are expected to return in Winter/Spring to continue rehearsals, with the final performance taking place after the Winter/Spring season concludes.

### DAY TRIPPERS

Looking for a fun way to explore the community without a full-day commitment? Day Trippers is the perfect fit! With exciting outings led by SEASPAR staff, this program is ideal for adventurers who are ready to be out and about—but benefit from a shorter schedule. Discover new places, meet great people, and enjoy each moment at your own pace!

|                 |                        |             |           |                                  |
|-----------------|------------------------|-------------|-----------|----------------------------------|
| <b>Age</b>      | 16+                    |             |           |                                  |
| <b>Location</b> | SEASPAR, Downers Grove |             |           |                                  |
| <b>Code</b>     | <b>Day(s)</b>          | <b>Time</b> | <b>\$</b> | <b>Date(s)</b>                   |
| 8-030-16-1      | Th                     | 10:30am-2pm | \$158     | 10/2, 10/16, 10/30, 11/13, 12/11 |

**⚠️** When registering for Day Trippers, please only register for Day Away Tour or Day Trippers. Due to the nature of this program, participants must be able to tolerate being in the community for prolonged periods of time and tolerate change in schedules. A schedule of activities will be posted on the SEASPAR website prior to program season. Activities are subject to change. Times may vary per date.

**🚫 No Program Dates** 11/27

### WALKING CLUB EAST I

Take a lap, share a laugh! Join us at Spring Rock Park for a lighthearted evening walk with friends. Whether you're chatting, strolling, or just enjoying the fresh air, Walking Club East is the perfect way to move, mingle, and make the most of your day.

|                 |                                   |             |           |                |
|-----------------|-----------------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                               |             |           |                |
| <b>Location</b> | Spring Rock Park, Western Springs |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>                     | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-17-1      | Th                                | 4:15-5pm    | \$51      | 9/25-10/30     |

**⚠️** In the event of inclement weather, this program will be held indoors at the Park District of La Grange.

### WALKING CLUB EAST II

Keep moving and stay connected as we walk and chat on the indoor track at the Park District of La Grange. It's the perfect spot for a relaxed evening stroll with friends—no matter what it's like outside!

|                 |                            |             |           |                |
|-----------------|----------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                        |             |           |                |
| <b>Location</b> | Park District of La Grange |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>              | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-18-1      | Th                         | 4:15-5pm    | \$42      | 11/6-12/11     |

**🚫 No Program Dates** 11/27

### GLEE CLUB

Let your voice be heard! Taught by the talented Nancy Urban, Glee Club is all about singing, smiling, and sharing music together. Each week, participants rehearse the chosen songs in a supportive group setting, building up to a joyful performance at the end of the season that showcases everyone's hard work and harmony!

|                 |                   |             |           |                |
|-----------------|-------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+               |             |           |                |
| <b>Location</b> | Darien Sportsplex |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>     | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-030-19-1      | Th                | 5-6pm       | \$92      | 9/25-12/11     |

**⚠️** The group will perform at a recital at the end of the season.





**AT THE MOVIES SEVEN BRIDGES**



Big laughs, big thrills, and big screen moments await! Join your SEASPAR friends for a movie outing featuring the latest G, PG, or PG-13 release. You'll receive all the details by email the week of—just grab your popcorn and enjoy the movie!

**Age** 16+  
**Location** Cinemark at Seven Bridges, Woodridge

| Code       | Day(s) | Time | \$    | Date(s)                               |
|------------|--------|------|-------|---------------------------------------|
| 8-030-20-1 | Th     | TBD  | \$128 | 9/25, 10/9, 10/23, 11/6, 11/20, 12/11 |

**⚠️** SEASPAR will pay for a snack, but participants are welcome to bring extra cash if they want more!

**AT THE MOVIES AMC QUARRY**



Movie night magic is calling! Enjoy unforgettable stories, cinematic adventures, and great company as you catch the latest G, PG, or PG-13 release with your SEASPAR friends. We'll send the details the week of—just bring your movie-night energy and settle in for the show!

**Age** 16+  
**Location** AMC Quarry Cinemas, Hodgkins

| Code       | Day(s) | Time | \$    | Date(s)                               |
|------------|--------|------|-------|---------------------------------------|
| 8-030-21-1 | Th     | TBD  | \$128 | 9/25, 10/9, 10/23, 11/6, 11/20, 12/11 |

**⚠️** SEASPAR will pay for a snack, but participants are welcome to bring extra cash if they want more!

**SOCIAL CLUB EAST**

Friendship, fun, and feel-good moments—that's what Social Club is all about! Whether we're out exploring or enjoying a cozy night in, this program brings people together through shared experiences, laughter, and great conversations. Come make memories with friends who feel like family!

**Age** 16+  
**Location** Grand Avenue Community Center, Western Springs

| Code       | Day(s) | Time         | \$    | Date(s)    |
|------------|--------|--------------|-------|------------|
| 8-030-23-1 | F      | See Schedule | \$300 | 9/26-12/12 |

**🕒 No Program Dates** 11/28

**⚠️** The Monster Mash Dance, Gobble and Groove Dance, and Holiday Dinner Dance are included in the schedule. A schedule will be emailed to you one week prior to the start of program and can be found on the SEASPAR website.

**SOCIAL CLUB WEST**



Get ready for good vibes and great company at Social Club! This program is your go-to spot for making friends, trying new activities, and sharing lots of laughs. From exciting outings to relaxing hangouts, every moment is a chance to connect and shine. Join the fun—you belong here at Social Club!

**Age** 16+  
**Location** Lisle Recreation Center

| Code       | Day(s) | Time         | \$    | Date(s)    |
|------------|--------|--------------|-------|------------|
| 8-030-24-1 | F      | See Schedule | \$300 | 9/26-12/12 |

**🕒 No Program Dates** 11/28

**⚠️** The Monster Mash Dance, Gobble and Groove Dance, and Holiday Dinner Dance are included in the schedule. A schedule will be emailed to you one week prior to the start of program and can be found on the SEASPAR website.



### YOUNG ADULT CLUB

Looking to connect, have fun, and build friendships? This club is made just for teens and young adults! With a focus on social activities and community outings, it's the perfect way to meet new people, catch up with old friends, and enjoy time together in a welcoming space.

**Age** 16-25  
**Location** Various

| Code       | Day(s) | Time | \$    | Date(s)                         |
|------------|--------|------|-------|---------------------------------|
| 8-030-25-1 | Sa     |      | \$232 | 10/4, 10/18, 11/1, 11/15, 12/13 |

No Program Dates 11/29

Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. A schedule of activities will be posted on the SEASPAR website prior to program season. Activities are subject to change. Times may vary per date.

Transportation SEASPAR: 12:30-4:30pm  
Denning: 1-4pm



### SATURDAY NIGHT SOCIALITES

We offer this program to adults who are ready to venture out on their own, but need a little help getting started. Several outings are offered as part of this program, designed to bring smiles to the faces of the participants.

**Age** 26+  
**Location** Various

| Code       | Day(s) | Time | \$    | Date(s)                               |
|------------|--------|------|-------|---------------------------------------|
| 8-030-26-1 | Sa     |      | \$260 | 9/27, 10/11, 10/25, 11/8, 11/22, 12/7 |

Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. A schedule of activities will be posted on the SEASPAR website prior to program season. Activities are subject to change. Times may vary per date.

Transportation SEASPAR: 5:30-9:30pm  
Denning: 6-9pm



### HOCKEY HANGOUT

Lace up your enthusiasm and join your SEASPAR friends for a fun and relaxed time watching hockey games together on the big screen! Whether you're cheering for your favorite team or just enjoying the fast-paced action, this program is the perfect way to bond over the love of the game. Jerseys encouraged, high-fives guaranteed!

**Age** 16+  
**Location** Various

| Code       | Day(s) | Time | \$   | Date(s)                         |
|------------|--------|------|------|---------------------------------|
| 8-030-27-1 | Su     |      | \$60 | 10/4, 10/18, 11/1, 11/15, 12/13 |

No Program Dates 11/29

Transportation SEASPAR: 10am-2pm  
Denning: 10:30am-1:30pm



### BRUNCH WITH BESTIES

What's better than weekend brunch? Sharing it with your besties! Every other weekend, we'll explore a new brunch spot and bond over pancakes, avocado toast, and other tasty favorites. It's the perfect chance to catch up, laugh, and swap stories from the week—all with great food and even better company.

**Age** 16+  
**Location** Various

| Code       | Day(s) | Time | \$    | Date(s)                               |
|------------|--------|------|-------|---------------------------------------|
| 8-030-28-1 | Su     |      | \$250 | 9/28, 10/12, 10/26, 11/9, 11/23, 12/7 |

Transportation SEASPAR: 10am-2pm  
Denning: 10:30am-1:30pm





### FALL ESCAPE TO EAGLE RIVER, WISCONSIN

Celebrate the beauty of autumn with SEASPAR on a peaceful getaway to Eagle River in Wisconsin!

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-26-1  | F-Su          |             | \$525     | 9/12-9/14      |

Transportation SEASPAR: 9:30am-5:30pm

Accommodations are shared by participants. Age and gender are taken into account when assigning rooms. There will not be staff present in all rooms. Departure and arrival times are estimated and an accurate schedule will be sent out closer to the date.



### DIAL M FOR MURDER

Secrets, suspense, and a twist you won't see coming - Dial M for Murder delivers it all! Tony Wendice has a plan to get rid of his wife, Margot, and walk away with her fortune. He's thought of everything... until the police and one of Margot's friends starts digging into the details. Will Tony's scheme succeed? Or will the truth catch up with him? Join SEASPAR for a thrilling theatrical experience of this classic mystery at the Drury Lane Theatre. A snack and light refreshment will be provided.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-27-1  | Sa            |             | \$110     | 9/27           |

Please eat lunch before attending this event. Participants must be able to stay quiet and seated in the theatre throughout the whole performance to attend this event.

Transportation SEASPAR: 1-7pm  
Denning: 1:30-6:30pm



### DINNER AND MINIATURE GOLF AT THE FORGE

What's better than a night out with friends? A delicious dinner and a round of mini golf at The Forge! Join SEASPAR for an evening of tasty bites, big laughs, and a little friendly competition on the mini golf course. Whether you're a putting pro or just there for the fun, this outing is sure to be a hole-in-one! Dinner will be provided by SEASPAR.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-28-1  | Su            |             | \$75      | 9/28           |

Wear comfortable walking shoes and dress appropriately for the weather.

Transportation SEASPAR: 2:30-7pm  
Denning: 3-6:30pm



### CHICAGO FIRE

Feel the roar of the crowd and the thrill of the game as SEASPAR cheers on Chicago Fire in their showdown against Toronto FC! Join your SEASPAR friends for an action-packed evening of professional soccer, stadium snacks, and unforgettable memories at Soldier Field. Dinner will be provided by SEASPAR.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-29-1  | Sa            |             | \$130     | 10/4           |

Wear comfortable walking shoes and dress appropriately for the weather.

Transportation SEASPAR: 4:30-11pm  
Denning: 5-10:30pm





NEED HELP? LET US HELP.

ASHLEY SINIO, CTRS  
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**BOO! AT THE ZOO**

Lions, tigers, and costumes - oh my! Join SEASPAR for Boo at the Zoo, a spook-tacular day of Halloween fun at the zoo. We'll explore animal exhibits, enjoy festive decorations, and take in all the family-friendly frights and delights that the Brookfield Zoo has to offer. Costumes are welcome - so come dressed to impress as we explore the zoo. Lunch will be provided by SEASPAR.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-32-1  | Su            |             | \$130     | 10/12          |

Transportation SEASPAR: 12-5pm  
 Denning: 12:30-4:30pm

Wear comfortable walking shoes and dress appropriately for the weather.

**LUNCH AND THE AMERICAN BAR CAR COMPANY**

All aboard - explore the charm of Lemont like never before! Join SEASPAR as we ride the Quarry Queen, a Lemont bar car. It's the perfect outing for good views and even better company! Lunch will be provided by SEASPAR.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-30-1  | Su            |             | \$55      | 10/5           |

While we would love for everyone to be able to attend, this special event is not wheelchair accessible.

Transportation SEASPAR: 2-6:45pm  
 Denning: 2:30-6:15pm

**BIBBIDI BOBBIDI BOOGIE - AKTION CLUB DANCE FUNDRAISER**

Step into a storybook evening of magic, music, and memories at our Bibbidi Bobbidi Boogie! Whether you're channeling a beloved Disney hero, villain, or sidekick, this costume dance party is your chance to sparkle on the dance floor in true fairytale fashion. Enjoy lively tunes, Disney-inspired fun, and a night where every participant is the star of the show.

|                 |                           |             |           |                |
|-----------------|---------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                       |             |           |                |
| <b>Location</b> | Westmont Community Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>             | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-31-1      | Sa                        | 6:30-8:30pm | \$25      | 10/11          |

Snacks and light refreshments will be provided. Costumes are encouraged—come dressed as your favorite Disney-inspired character! A portion of the proceeds from this event will support a local charitable organization, so every twirl and two-step helps make a difference.

**AURORA UNIVERSITY FOOTBALL GAME**

Get ready to cheer, clap, and catch every exciting play as we head to Aurora University for a day of football fun! Join SEASPAR to experience the energy of game day as they cheer on the Aurora Spartans. Whether you're a football fan or just love to be at an exciting outing, this experience is sure to be a touchdown! Lunch will be provided by SEASPAR.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-33-1  | Sa            |             | \$95      | 10/18          |

Return times are approximate due to the unpredictable length of the game. The staff will attempt to contact families or caseworkers if the group is going to be more than 20 minutes late. In order to participate in this event, participants must be able to remain seated.

Transportation SEASPAR 11:00am-5:30pm  
 Denning: 11:30am-5pm



**PUMPKIN DAZE AT ABBEY FARMS**

Fall is in the air - let's head to the pumpkin farm! Join SEASPAR for a day of autumn adventures as we explore all 40-acres at Abbey Farms. A meal will be provided by SEASPAR.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-34-1  | Su            |             | \$80      | 10/19          |

Transportation SEASPAR: 11:45am-6:30pm  
Denning: 12:15-6pm

Wear comfortable walking shoes and dress appropriately for the weather.

**EVE OF HAUNTED DESTRUCTION AT THE DIRT OVAL 66**

Buckle up for a night of high thrills and spooky excitement! Join SEASPAR at the Dirt Oval 66 for the Eve of Haunted Destruction, where roaring engines, smashing stunts, and Halloween collide. Costumes are welcome. A meal will be provided by SEASPAR.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-35-1  | Sa            |             | \$120     | 10/25          |

Please note that the racetrack can be loud, please bring headphones if you have sensitivities to loud environments.

Transportation SEASPAR: 2:30-11pm  
Denning: 3-10:30pm

**GOEBBERT'S FARM FALL FESTIVAL**

Celebrate the sights, smells, and smiles of the season at Goebbert's Farm! Join SEASPAR for a fun-filled day at the Fall Festival, where we'll enjoy pumpkins, animals, hayrides, and all the autumn magic that the farm has to offer. A meal will be provided by SEASPAR.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-36-1  | Su            |             | \$115     | 10/26          |

Wear comfortable walking shoes and dress appropriately for the weather.

Transportation SEASPAR: 11:30am-7pm  
Denning: 12-6:30pm

**MONSTER MASH DANCE**

Put on your favorite costume and get ready to boogie - it's time for the Monster Mash Dance! Join your SEASPAR friends for a fang-tastic night of music, dancing, and Halloween fun. Whether you're doing the Monster Mash or enjoying the treats, this spooktacular celebration is sure to lift your spirits. A snack and light refreshment will be provided.

|                 |                           |             |           |                |
|-----------------|---------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                       |             |           |                |
| <b>Location</b> | Westmont Community Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>             | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-37-1      | F                         | 6:30-8:30pm | \$25      | 10/31          |


This event is included with Social Club East and West.



**BOWLING AT PINSTRIPES**

Lace up your bowling shoes for a striking good time at Pinstripes! Spend the afternoon enjoying friendly competition, delicious food, and plenty of laughs in this upscale, all-in-one entertainment space. Whether you're a seasoned bowler or just there for the fun, this outing is right up your alley! Lunch is provided by SEASPAR.


|             |               |   |           |                |
|-------------|---------------|---|-----------|----------------|
| <b>Age</b>  | 16+           |   |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b>   | <b>\$</b> | <b>Date(s)</b> |
| 8-200-38-1  | Sa            |  | \$150     | 11/1           |

 Transportation SEASPAR: 10:45am-3pm  
Denning: 11:15am-2:30pm

**KHAOS BREWCADE**

Game on! Join SEASPAR for an exciting outing to Khaos Brewcade, where classic arcade games, modern favorites, and delicious dining all come together for one epic experience. Whether you're racking up high scores or just enjoying the vibes, this fun-filled day is all about great games, great food, and great company. Lunch will be provided by SEASPAR.

|             |               |   |           |                |
|-------------|---------------|---|-----------|----------------|
| <b>Age</b>  | 16+           |   |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b>   | <b>\$</b> | <b>Date(s)</b> |
| 8-200-39-1  | Su            |  | \$78      | 11/2           |

 Transportation SEASPAR: 10:30am-4pm  
Denning: 11am-3:30pm

**OUT TO EAT AT BUCA DI BEPPO**

Gather around the table for a night of big flavors and even bigger fun at Buca di Beppo! Join SEASPAR for a delicious Italian dinner served family-style in a lively and welcoming atmosphere. With hearty pasta dishes, great conversation, and plenty of laughter, it's the perfect recipe for a memorable evening with friends. Dinner will be provided by SEASPAR.

|             |               |   |           |                |
|-------------|---------------|---|-----------|----------------|
| <b>Age</b>  | 16+           |   |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b>   | <b>\$</b> | <b>Date(s)</b> |
| 8-200-40-1  | Sa            |  | \$58      | 11/8           |

 Transportation SEASPAR: 3:45-8pm  
Denning: 4:15-7:30pm





**YOGA + GOATS = JOY**

Get ready to stretch, smile, and snuggle—it's time for goat yoga! Experience a relaxing and playful session where friendly goats wander and interact as you flow through gentle poses. No experience needed—just bring your love of animals, laughter, and a little farmyard fun. It's the perfect way to unwind and connect with nature. A snack and light refreshment will be provided.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-42-1  | Sa            |             | \$108     | 11/15          |

Transportation SEASPAR: 11:30am-5:30pm  
Denning: 12-5pm

Please eat lunch before attending this event.



**IFLY**

Prepare to defy gravity with SEASPAR at iFly! Experience the thrill of indoor skydiving in a safe, controlled environment—no plane required. With expert instructors by your side, you'll float, spin, and soar like a true adventurer. No experience needed—just bring your courage and a sense of fun for this unforgettable flight! A snack and light refreshment will be provided.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-43-1  | Su            |             | \$90      | 11/16          |

A waiver will be sent to families or caseworkers prior to attending this event. The weight limit for participating is 300 pounds.

Transportation SEASPAR: 9:30am-2pm  
Denning: 10am-1:30pm



**TOPGOLF**

Ready to swing, score, and have a blast? Head to Topgolf with SEASPAR for an afternoon filled with great food, friendly competition, and plenty of laughs. Aim for the targets and make unforgettable memories together. Lunch will be provided by SEASPAR.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-41-1  | Su            |             | \$81      | 11/9           |


Please dress appropriately for the weather.

Transportation SEASPAR: 11am-4:30pm  
Denning: 11:30am-4pm

### GOBBLE AND GROOVE DANCE

Gather with your SEASPAR friends and give thanks on the dance floor at our Thanksgiving Dance! Celebrate the season with music, movement, and plenty of heartwarming fun. Whether you're grooving to your favorite tunes or enjoying sweet moments with friends, this night is all about gratitude, joy, and togetherness. Let's dance, laugh, and make memories to be thankful for! A snack and light refreshments will be provided.

|                 |                      |             |           |                |
|-----------------|----------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                  |             |           |                |
| <b>Location</b> | Benet Academy, Lisle |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>        | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-44-1      | F                    | 6:30-8:30pm | \$25      | 11/21          |

 This event is included with Social Club East and West.

### FRIENDSGIVING AND BINGO

Celebrate friendship, gratitude, and some friendly competition over a meal with your SEASPAR friends! We'll have dinner filled with laughter and a few festive rounds of bingo. Dinner will be provided by SEASPAR.


|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                     |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-45-1      | Sa                      | 5:30-7:30pm | \$50      | 11/22          |

 Transportation Denning: 5-8pm (Optional)

### FRIENDSGIVING AND KARAOKE

What's better than friends and food? Friends, food, and karaoke! Join SEASPAR for a heartwarming Friendsgiving celebration where we'll eat some tasty food and take the stage to sing our hearts out. Whether you're a karaoke star or just want to have some fun, this program is all about gratitude, good times, and great tunes. Dinner will be provided by SEASPAR.


|                 |                         |             |           |                |
|-----------------|-------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                     |             |           |                |
| <b>Location</b> | Lisle Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>           | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-46-1      | Su                      | 4-6pm       | \$50      | 11/23          |

 Transportation Denning: 3:30-6:30pm (Optional)

### DINNER AND HOLIDAY SHOPPING

Get into the holiday spirit with a day of shopping, laughter, and dinner with friends at the Yorktown Mall! We'll browse the stores for the perfect gifts, take in the festive décor, and enjoy a relaxing meal together. Whether you're crossing off your wish list or just soaking up the seasonal cheer, this outing is all about joyful moments with good company! Dinner will be provided by SEASPAR.

|             |               |   |           |                |
|-------------|---------------|---|-----------|----------------|
| <b>Age</b>  | 16+           |   |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b>   | <b>\$</b> | <b>Date(s)</b> |
| 8-200-47-1  | Sa            |  | \$65      | 12/6           |

 Please bring money if you would like to purchase any items.

 Transportation SEASPAR: 3-8:30pm  
Denning: 3:30-8pm






**HOLIDAY LIGHTS AT LILACIA PARK**

Bundle up and join SEASPAR for a magical evening at Lilacia Park, where twinkling lights and festive displays bring the season to life! Before strolling through this winter wonderland, we'll warm up with donuts and hot chocolate from Dunkin'. It's the perfect mix of sparkle and sweetness to celebrate the holiday season. Hot chocolate and donuts will be provided by SEASPAR.

|             |               |  |           |                |
|-------------|---------------|--|-----------|----------------|
| <b>Age</b>  | 16+           |  |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b>  | <b>\$</b> | <b>Date(s)</b> |
| 8-200-48-1  | Su            |  3:30-9pm | \$40      | 12/7           |

 Wear comfortable walking shoes and dress appropriately for the weather.


 Transportation SEASPAR: 3:30-9pm  
Denning: 4-8:30pm



**HOLIDAY DINNER DANCE**

Celebrate the season in style at SEASPAR's Holiday Dinner Dance! Enjoy a delicious meal, dance to your favorite festive tunes, and share joyful moments with friends old and new. With cheerful music and plenty of holiday spirit, this magical evening is the perfect way to wrap up the year with laughter, gratitude, and community cheer. Dinner will be provided by SEASPAR.

|                 |                 |             |           |                |
|-----------------|-----------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+             |             |           |                |
| <b>Location</b> | Alpine Banquets |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>   | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-49-1      | F               | 6-9pm       | \$78      | 12/12          |

 This event is included with Social Club East and West. Participants must be able to remain seated during dinner.





**FESTIVE LIGHTS AND BITES**

Step into a night of sparkle and seasonal cheer! Celebrate the holidays with SEASPAR at Festive Lights and Bites, where we'll enjoy a delicious dinner together before taking a relaxing ride to view beautifully decorated homes glowing with holiday magic. It's the perfect way to share good food, great friends, and twinkling sights that warm the heart. Dinner will be provided by SEASPAR.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-50-1  | Sa            |             | \$60      | 12/13          |

Transportation SEASPAR: 4-9pm  
Denning: 4:30-8:30pm



**HOLIDAY MAGIC AT THE ZOO**

Experience the wonder of the season at the Brookfield Zoo! Join SEASPAR for a dazzling evening filled with twinkling lights, festive decorations, and cheerful holiday spirit. We'll stroll through the zoo's glowing pathways, enjoy a delicious meal together, and maybe even spot a few animal friends along the way. It's a night of pure holiday joy - perfect for making memories that sparkle! Dinner is provided by SEASPAR.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-200-51-1  | Su            |             | \$138     | 12/14          |

Wear comfortable walking shoes and dress appropriately for the weather.

Transportation SEASPAR: 3-9pm  
Denning: 3:30-8:30pm






### SPARTANS BASKETBALL

Pass, dribble, shoot—Spartans Basketball is back! Get ready for a season full of high-energy action, teamwork, and sportsmanship. Players will sharpen their skills in preparation for exciting matchups against teams from across the region. The season includes competition in the Special Olympics Illinois Regional Basketball Tournament in January. A gold medal win at Regionals earns the team a spot in the State Tournament in March—let's go for gold!

|                 |  |             |           |                |
|-----------------|--|-------------|-----------|----------------|
| <b>Age</b>      | 16+  |             |           |                |
| <b>Location</b> | Park District of La Grange / Woodridge ARC |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>                              | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-100-01-1      | Tu   | 6:30-8pm    | \$274     | 10/14-1/13     |

 The Special Olympics Illinois Regional and State Competition events have been scheduled. Additional information will be sent regarding both dates.





**NEED HELP? LET US HELP.**

Have questions about athletics programs offered by SEASPAR? Contact Jared!

**JARED BUCHHOLZ**  
 jbuchholz@seaspar.org • 630.960.7627



**SPARTANS BOWLING**

Ready to take your bowling skills to the next level? Train with SEASPAR's competitive bowling team, where coaches guide you in refining your form and technique to boost your game.

|                 |                            |             |           |                |
|-----------------|----------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                        |             |           |                |
| <b>Location</b> | Suburbanite Bowl, Westmont |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>              | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-100-05-1      | Th                         | 5-6pm       | \$168     | 9/25-12/4      |

**No Program Dates** 11/27

**⚠** Bumpers are not allowed in Special Olympics bowling.

Bowlers will participate in the Special Olympics Illinois Regional Bowling Tournament on July 26. A gold medal is required from the Regional Bowling Tournament to participate in the Sectional Tournament in October.

State Bowling is scheduled for December 6. Gold medals are required at Regionals and Sectionals to attend State Bowling.



**SPARTANS POWERLIFTING (PRE-SEASON)**

Build strength, confidence, and determination through powerlifting! Athletes work toward personal fitness goals by learning proper technique for the dead lift and bench press, all while improving overall fitness through structured weekly workouts. It's a powerful path to growth—one rep at a time!

|                 |                                 |             |           |                |
|-----------------|---------------------------------|-------------|-----------|----------------|
| <b>Age</b>      | 16+                             |             |           |                |
| <b>Location</b> | Downers Grove Recreation Center |             |           |                |
| <b>Code</b>     | <b>Day(s)</b>                   | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-100-02-1      | W                               | 6:30-8pm    | \$62      | 10/22-12/3     |

**⚠** This program is a lead up to the regular season of Powerlifting for athletes to practice and prepare.



**RHYTHMIC GYMNASTICS**

Twirl, toss, and leap into fun! Learn exciting Special Olympics rhythmic gymnastics routines using balls, hoops, ribbons, and ropes. No experience needed—just bring your energy and enthusiasm!

|                 |               |             |           |                |
|-----------------|---------------|-------------|-----------|----------------|
| <b>Age</b>      | 8+            |             |           |                |
| <b>Location</b> | TBD           |             |           |                |
| <b>Code</b>     | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-100-03-1      | W             | 5:30-6:45pm | \$136     | 9/24-12/11     |

**⚠** Athletes will compete in the Special Olympics Illinois Regional Gymnastics Meet. A gold medal at Regionals earns the athlete a spot at the 2026 Special Olympics Illinois Summer Games.





**SOCCER SKILLS I**

Little feet, big fun! SEASPAR's Soccer Skills program introduces young players to the basics of the game through fun, active play. With a focus on teamwork, movement, and simple soccer skills, each session keeps kids engaged, smiling, and excited to be on the field!

**Age** 5-7  
**Location** Woodridge ARC

| Code       | Day(s) | Time  | \$   | Date(s)    |
|------------|--------|-------|------|------------|
| 8-100-06-1 | Th     | 5-6pm | \$50 | 9/25-10/30 |



**SOCCER SKILLS II**

Soccer fun starts here! SEASPAR's Soccer Skills program helps players build strong fundamentals—like dribbling, passing, and teamwork—through active, engaging lessons. Each session offers plenty of opportunities to grow, move, and have fun on the field!

**Age** 8-16  
**Location** Woodridge ARC

| Code       | Day(s) | Time  | \$   | Date(s)    |
|------------|--------|-------|------|------------|
| 8-100-06-2 | Th     | 6-7pm | \$50 | 9/25-10/30 |



**SEASPAR STEEL POWER SOCCER**

The SEASPAR Steel Power Soccer Team brings the action—and the heart! This non-conference team trains together, competes against other groups, and builds skills in a supportive, inclusive environment. Designed for individuals with physical disabilities, the program empowers athletes to grow their game, connect with teammates, and experience the thrill of competition.

**Age** 8+  
**Location** Westmont Community Center

| Code       | Day(s) | Time     | \$    | Date(s)   |
|------------|--------|----------|-------|-----------|
| 8-050-01-1 | F      | 5-6:45pm | \$252 | 10/3-3/27 |

No Program Dates 10/31, 11/28, 12/5, 12/26, 1/1



**SPARTANS SWIM TEAM**

Take your skills to the next level in SEASPAR's advanced swimming program! Designed for swimmers preparing to compete in Special Olympics and invitational events, this program focuses on refining stroke mechanics and building endurance. To participate, athletes must meet minimum skill requirements and be ready to dive into focused, goal-driven practice.

**Age** 8+  
**Location** The CORE, Lemont

| Code       | Day(s) | Time  | \$    | Date(s)    |
|------------|--------|-------|-------|------------|
| 8-100-07-1 | Su     | 1-2pm | \$166 | 9/28-12/14 |

Those on the swim team are not eligible to take swim lessons at SEASPAR.

Swim meets span from December to March, and the State Games are in June for those who receive a gold medal at the Special Olympics Illinois Regional Swim Meet.



# EmPower WeaR STORE

## SHOW YOUR SEASPAR SPIRIT!

Support our programs in style by shopping the SEASPAR Store! From our limited-edition 2025 hero-themed t-shirts to fan-favorite accessories, every purchase helps fund inclusive recreation for individuals with disabilities. Wear your story, shine like a star, and make an impact:

**ONE SHIRT AT A TIME!**





**COOKING WITH SEASPAR**

Cook up some fun from the comfort of your own kitchen! In this virtual cooking adventure, you'll prepare a delicious snack or meal each week while following along with friends from home. Every session serves up creativity, connection, and plenty of tasty bites!

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-700-02-1  | M             | 5-5:45pm    | \$47      | 9/22-12/8      |



**KARAOKE**

Step into the spotlight in our virtual karaoke program—where every voice is welcome and the fun never ends! Share your favorite songs at the start of the season as we build the ultimate playlist together.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-700-03-1  | M             | 6:30-7:45pm | \$42      | 9/22-12/8      |



**FEAST WITH FRIENDS**

Feast with Friends is the perfect midday pick-me-up! Bring your lunch and hop on Zoom to enjoy friendly conversation, laughter, and connection with your SEASPAR pals.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-700-04-1  | Tu            | 12-12:30pm  | \$42      | 9/23-12/9      |



**GAME NIGHT**

Ready to play and connect? Enjoy laughs, teamwork, and a little friendly competition in this virtual game group. Each week features a new game to enjoy with friends while building social skills and having a blast together online!

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-700-05-1  | Tu            | 6:15-7:15pm | \$42      | 9/23-12/9      |



**MOVIE CLUB**

Movie fans, this one's for you! Each week, we'll watch a G, PG, or PG-13 movie together from the comfort of home. Grab your favorite snack, settle in, and enjoy the magic of movie night—SEASPAR style!

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-700-06-1  | W             | 1-3:15pm    | \$42      | 9/24-12/10     |



**YOGA WITH JEN**

Join Jen for a virtual yoga class that's fun, energizing, and designed for all levels! Each session builds strength, balance, and flexibility. All you need is a yoga mat or towel and a positive attitude.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-700-07-1  | W             | 6-6:45pm    | \$42      | 9/24-12/10     |

### WORK-IN WITH SEASPAR

Move, stretch, and strengthen with Jen in Work In with SEASPAR! This virtual class brings variety and fun to every session, helping you stay active, feel strong, and enjoy moving your body—right from home!

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-700-08-1  | Th            | 5-5:45pm    | \$42      | 9/25-12/11     |

 No Program Dates 11/27

### BINGO

Get ready to shout “BINGO!” from the comfort of your own home! Join your SEASPAR friends for a fun-filled virtual bingo night. We will send you everything you need to play along and enjoy the excitement together online.

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-700-09-1  | Th            | 6-6:45pm    | \$42      | 9/25-12/11     |

 No Program Dates 11/27

### VIRTUAL BOOK CLUB

Step into the world of stories with SEASPAR’s Virtual Book Club! Enjoy great reads, fun discussions, virtual library tours, and games—all from the comfort of home. Each season, we listen to an audiobook together and reflect on the adventure.

This season’s pick is *Charlie and the Chocolate Factory* by Roald Dahl. Feel free to borrow a copy from your local library, but listening along is all you need. Whether you’re a curious listener or a lifelong book lover, there’s a cozy spot waiting for you. Let’s turn the page together!

|             |               |             |           |                |
|-------------|---------------|-------------|-----------|----------------|
| <b>Age</b>  | 16+           |             |           |                |
| <b>Code</b> | <b>Day(s)</b> | <b>Time</b> | <b>\$</b> | <b>Date(s)</b> |
| 8-700-10-1  | F             | 1-2pm       | \$42      | 9/26-10/31     |



#### NEED HELP? LET US HELP.

Have questions about virtual programs offered by SEASPAR? Contact Claire!

**CLAIRE MCCARTHY, CTRS**  
cmccarthy@seaspar.org • 630.960.7629

For more information about the EAGLES Adult Day Program, visit our website.

### EAGLES ADULT DAY PROGRAM

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities **Enhance Adult Growth through Lifestyle Education and Service**. This weekly program for adults ages 18-50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at four different sites throughout SEASPAR's communities: the Darien Sportsplex, Lemont Canal Center, Lisle Recreation Center, and Brookfield Municipal Building.

The EAGLES Adult Day Program continues to expand its participants' experience and find creative ways to make healthy choices. Our staff work to collaborate with local businesses, therapists, educators, university students, and other local day programs to offer new and exciting opportunities for the participants in the program. We are fortunate to have such a great team working the program.



Our dedicated team of professionals include:

**NICOLE CAUSEY**

**ELISA KEEGAN**

**BRIAN KLAMA**

**SHARON LYONS**

**JENNIFER MOLSKY**

**DEBBIE MURDOCK**

**KAY O'DONOGHUE**

**KRISTY PAULEY**

**BECKY QUIRK**

**DAN SKARNULIS**

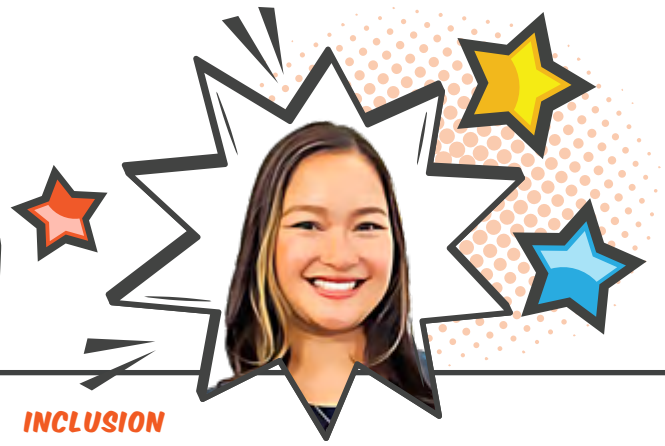
**NICOLE STRAWSER**

These incredible individuals are responsible for delivering dynamic recreation services to adults with disabilities and contribute to the progress of the EAGLES Adult Day Program, each and every day!

Additionally, we would like to thank all of the substitute staff members who make EAGLES possible throughout the year: Bob Ackermann, Mary Godlewski, Amy Klama, Morgan Molsky, Inge Papaeliou, Susie Pece, Dawn Pope, and Lorrie Smietanski.



For more information about inclusion services or Aktion Club, visit our website or contact Bethany Juhasz at 630.960.7609 [bjuhasz@seaspar.org](mailto:bjuhasz@seaspar.org).



**INCLUSION**

As part of SEASPAR's continuum of recreation programs, inclusion services are provided for residents who wish to participate in one of SEASPAR's member entities' programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow program's policies and abide by the program's Code of Conduct, either with or without accommodations, and be willing to voluntarily participate in scheduled activities. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations.

**AKTION CLUB**

Through the joint sponsorship of the Woodridge Kiwanis Club and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. They also perform several service projects annually and compete in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support.



**S.O.A.R. PROGRAM**

Request a S.O.A.R. program online at [SEASPAR.org](http://SEASPAR.org).

S.O.A.R. stands for Specialized Outside Agency Recreation. S.O.A.R. is offered in cooperation with local schools and agencies whose population consists of at least 50% SEASPAR residents. The program was developed to provide students and adults with disabilities with an increased awareness of healthy and beneficial recreation and leisure exploration activities.

SEASPAR staff work with the school/agency to plan appropriate activities with the goal that the participants will develop recreation interests in their community. SEASPAR residency includes anyone who resides in the park districts of Clarendon Hills, Darien, Downers Grove, La Grange, La Grange Park, Lemont, Lisle, Westmont, or Woodridge, or the villages of Brookfield, Indian Head Park, Western Springs or Willowbrook. Please note that in-district residency is not based on the location of the agency; an agency qualifies if 50% or more of its students/participants reside within SEASPAR's member communities.

A wide variety of activities can be planned. Although there are many similarities between S.O.A.R. programs, no two programs are alike.

**ABSENCES**

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and ensures that no tickets are wasted. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

**ADA STATEMENT**

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs.

To request this program guide in an alternative format, please contact Morgan Mason at [mmason@seaspar.org](mailto:mmason@seaspar.org).

**ATLANTOAXIAL INSTABILITY**

Individuals with Down syndrome are at risk of having Atlantoaxial Instability (AAI) which causes decreased stability in the bones of the upper spine. For the safety of our participants, individuals with Down syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for AAI. For more information, contact SEASPAR at 630.960.7600.

**CHECK IN**

**Virtual Programming:** Participants should sign into virtual programming in a timely manner. When signing in, participants will be placed on hold until the program's scheduled start time.

**In-Person Programming:** When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child.

- ⚠️ SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

**CODE OF CONDUCT**

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make SEASPAR's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and events as deemed necessary by the staff.

**CODE OF CONDUCT: IN-PERSON PROGRAMS**

- Show respect to all participants, staff and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and those at public facilities to enjoy the activity without disruption.
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

**CODE OF CONDUCT: VIRTUAL PROGRAMS**

- Refrain from sharing program information (Zoom meeting code and password) with others. Virtual registrations are not exchangeable.
- Avoid joining programs in which you are not enrolled
- Select a quiet space for your program. Reduce background noise as much as possible.
- Ensure that you have an appropriate background for the group to see.
- Change your name in Zoom to the participant's first name and last initial.
- Follow staff's instructions for taking turns and muting.
- Treat others with respect when speaking and using the chat function

- The chat function may be disabled by staff if it is not used appropriately. Participants may be muted or removed from the program if their behavior is disruptive.

**DISCIPLINE**

SEASPAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SEASPAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of him/herself or others.

**⚠️ EMERGENCY FORM (EPACT)**

SEASPAR has partnered with ePACT for the completion of each participant's Emergency Form (previously referred to as the Annual Information Form). The Emergency Form is completed once, then updated by the parent/guardian as changes occur or is reconfirmed annually. Once a participant expresses interest in registering for SEASPAR programs, the parent/guardian is sent an email from ePACT and completes the Emergency Form online. Completion of the Emergency Form is required in order to register for programs.

**LATE REGISTRATION**

The registration deadline is Monday, August 18 at 4:30 pm. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waitlist. Participants may not be added to a program with less than 48 hours notice.

**LOSS OR THEFT**

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

**MEDICATION DISPENSATION**

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in SEASPAR provided envelopes, complete the label, and give it to the program supervisor. For the convenience of those who are involved in many programs, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

- ⚠️ Any medication changes made must be updated by the parent/guardian in the participant's ePACT Emergency Form.

**NON-RESIDENT FEE POLICY**

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

**PARTICIPANT EXPECTATIONS**

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in

community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and socialization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call us at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

### PARTICIPATION

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

### PARTICIPANT SUPERVISION

If a participant has not been picked up at the scheduled program end time, the parent/guardian/group home staff will be contacted. After a fifteen minute wait period, emergency contacts will be called. After one warning, a \$10 fee will be applied for every fifteen minutes that a participant is picked up late or the SEASPAR vehicle is delayed. In extreme cases when a participant must be transported home by SEASPAR, a \$20 fee will be charged to the participant's account in each instance. A notice will be sent to the parent/guardian indicating the fee being charged to the account.

### PHOTOGRAPH/VIDEO/NAME USAGE POLICY

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. Full names of participants may also be published, especially if they participate in athletics or performing arts programming. If there is a specific reason you or your child/ward cannot be photographed or named, please call us at 630.960.7600.

### PROGRAM CANCELLATIONS

- A program may be cancelled if the program minimum enrollment is not met.
- Programs may be cancelled due to inclement weather or other emergencies. SEASPAR will either reschedule the program or issue a prorated credit to the participant's account.
- Staff will attempt to reach all participants to inform them of any cancellation or change in programming.
- If a participant cannot attend a program, they cannot send a substitute in their place.

### SEASPAR/WDSRA AGREEMENT

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips, day camp transportation, and the EAGLES Adult Day Program are not included. Registrations must be submitted by the agency's deadline and are processed after those of the agency's residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WSDRA.com.

### VIRTUAL PROGRAMMING ACCESS AND PASSWORDS

You will receive an email before programs begin with links and passwords for your programs. These are exclusive to you and cannot be shared. Please retain this email as it will only be sent once. If you do misplace your link or password, please call us at 630.960.7600 or email [adminstaff@seaspar.org](mailto:adminstaff@seaspar.org). Participants who cannot be identified and/or whose enrollment status cannot be confirmed may be removed from a virtual program.

### WELLNESS GUIDELINES

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is required that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100.4° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackievirus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed. In cases of COVID-19 or any other respiratory illness, participants may return to programs after quarantine or isolation, based on the current CDC, State, and local guidelines.

For everyone's safety, if a participant is exhibiting symptoms of illness during a program, they will be removed from the group and an approved adult will be required to pick them up.



### WEATHER/EMERGENCY CANCELLATIONS

Weekly programs and special events may be cancelled due to inclement weather or other unforeseen circumstances. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 3:30-4:30pm for evening programs. If a program is cancelled or an outdoor program is moved indoors, staff attempt to reach all participants to inform them of the change. Programs cancelled due to inclement weather or other emergency may be rescheduled; otherwise, a refund will be issued in the form of a credit on the participant's account.

## SEVERE WEATHER GUIDELINES FOR CANCELLING PROGRAMS

### Outdoor Programs or Programs with Transportation for Participants with Physical Disabilities

Temperatures of Zero or Wind Chill of -10° or Less

### All Other Programs with Transportation

Temperature of -10° or Wind Chill of -20° or Less

All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

# NOW HIRING!

**JOBS THAT  
LOVE  
YOU BACK**



## A JOB THAT GIVES BACK!

Looking for a fun and **rewarding part-time job**?  
Join Team SEASPAR and make a real difference!

Work with people with disabilities, build friendships, and help create unforgettable experiences—all while getting paid! Whether you're leading activities, playing sports, or just sharing smiles, you'll be part of something truly meaningful.

This isn't just a job—it's a chance to grow, have fun, and do work that loves you back!

SCAN ME



Participant's Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Please print your program selection(s) in the table below. Attach additional sheets if necessary.

| PROGRAM NAME   | PROGRAM NUMBER |   |   |   |   |   |   |   |   | TIME SELECTION<br>(If Applicable) | TRANSPORTATION<br>(If Applicable) | FEE   |
|--|----------------|---|---|---|---|---|---|---|---|-----------------------------------|-----------------------------------|-------|
| Example: Karate  | 8              | - | 0 | 0 | 0 | - | 0 | 3 | - | 1                                 |                                   | \$ 67 |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
|  |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
| <b>Would you like to include a donation to SEASPAR? If so, please indicate the amount to the right. Thank you!</b> |                |   |   |   |   |   |   |   |   |                                   |                                   | \$    |
| <b>TOTAL FEES</b>  |                |   |   |   |   |   |   |   |   |                                   | \$                                |       |

Full payment must be received with the registration unless other arrangements have been made.

Payment may be made by check, money order, cash, or credit card.

Payment Type:     Check             Cash             Money Order     Credit Card  
 Credit Card:      MasterCard     Visa             Discover         American Express

Cardholder Name \_\_\_\_\_  
 Account Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVC \_\_\_\_\_  
 Authorized Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

**Please complete both sides of this registration form.** Submit form and payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

 The registration deadline is **Monday, August 18 at 4:30pm.**

| OFFICE USE ONLY |  |           |  |
|-----------------|--|-----------|--|
| Date Rec'd      |  | Cash Amt  |  |
| Rec'd By        |  | Check Amt |  |
| FAP             |  | Check #   |  |

Participant's Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Has any of your information changed since you completed your Emergency Form?  Yes  No

If so, please log into your ePACT account to make updates.

#### WAIVER AND RELEASE

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

#### WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

In virtual program activities, you need to have adequate space to follow the activity instructions and to move safely without exposure to any obstacles, obstructions, steps or anything that could cause possible trips or falls. As a participant, you are solely responsible for assessing whether you can participate safely in the activity in the space you have chosen without accidents.

#### WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have been made aware of the inherent dangers and risks of virtual program activities, and I can participate safely in the space I have chosen.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online acceptance or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant Signature (if 18 or older) \_\_\_\_\_ Date \_\_\_\_\_

**PARTICIPATION WILL BE DENIED** if the waiver is not signed and dated by parent/guardian.

**PARTICIPATION WILL BE DENIED** if an up-to-date Emergency Form is not on file.

Experience the magic of the season at SEASPAR's Holiday Spectacular on Wednesday, December 17 at 7 p.m. at the Lemont High School Performing Arts Center.

This heartwarming event showcases the incredible talent, creativity, and hard work of our participants through music, dance, and performances that are sure to inspire.



SEASPAR's  
**HOLIDAY  
SPECTACULAR**



**WEDNESDAY, DECEMBER 17**



**7PM**

*#HolidaySpectacular2025*





4500 Belmont Road  
Downers Grove, IL 60515

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## SERVING THE RESIDENTS OF:

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DARIEN PARK DISTRICT  
DOWNERS GROVE PARK DISTRICT  
VILLAGE OF INDIAN HEAD PARK  
PARK DISTRICT OF LA GRANGE  
COMMUNITY PARK DISTRICT OF  
LA GRANGE PARK  
LEMONT PARK DISTRICT  
LISLE PARK DISTRICT  
VILLAGE OF WESTERN SPRINGS  
WESTMONT PARK DISTRICT  
VILLAGE OF WILLOWBROOK  
WOODRIDGE PARK DISTRICT

