

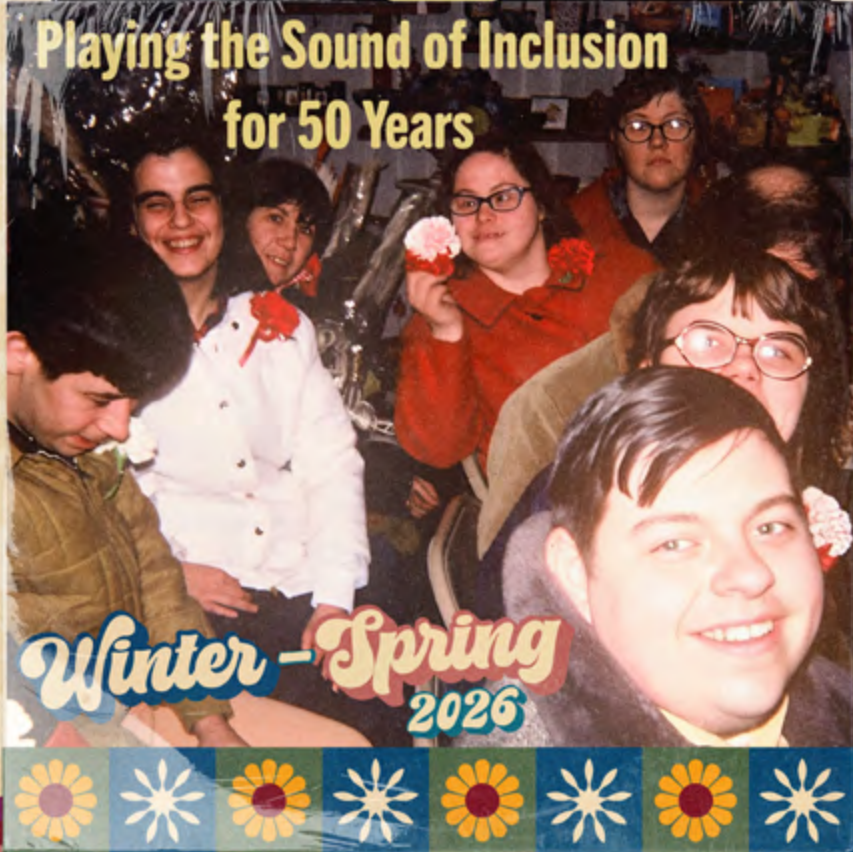
**SEASPAR**  
SPECIAL RECREATION ASSOCIATION



Registration December 8 - January 5



'76-'86



Playing the Sound of Inclusion  
for 50 Years

Winter - Spring  
2026





# Celebrating 50 Years of Inclusion

This year, SEASPAR proudly celebrates 50 years of enriching lives through recreation. Since 1976, we have been dedicated to creating opportunities for people of all abilities to connect, grow, and thrive together.

From our first programs to the vibrant community we are today, SEASPAR's story has always been one of inclusion, friendship, and joy. Over five decades, we've grown, adapted, and continued to play the sound of inclusion—each note representing the laughter, achievements, and shared moments that make SEASPAR extraordinary.

As we look ahead, we remain inspired by our participants, families, staff, and partners who make every day meaningful. Together, we celebrate our past and look forward to the next chapter in SEASPAR's ongoing song of inclusion.



**CORE VALUES**  
fun • friendships • caring  
trust • accountability

**VISION**  
Discover Abilities  
Achieve Potential  
Realize Dreams



**MISSION**  
Enrich Lives  
through Recreation



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## ASSOCIATION MEMBERS

### & REPRESENTATIVES

The South East Association for Special Parks And Recreation (SEASPAR) provides dynamic recreation programs and quality services for individuals with disabilities in the communities of Brookfield, Clarendon Hills, Darien, Downers Grove, Indian Head Park, La Grange, La Grange Park, Lemont, Lisle, Western Springs, Westmont, Willowbrook, and Woodridge.

SEASPAR is composed of 13 associated members, which are represented by the following individuals:

<b>Downers Grove Park District</b> 2245 Warrenville Road, Downers Grove	<b>Bill McAdam</b> President
<b>Lemont Park District</b> 16028 127th Street, Lemont	<b>Louise Egofske</b> Vice President
<b>Lisle Park District</b> 1925 Ohio Street, Lisle	<b>Dan Garvy</b> Secretary
<b>Darien Park District</b> 7301 Fairview Avenue, Darien	<b>Stephanie Gurgone</b> Treasurer
<b>Village of Brookfield</b> 8820 Brookfield Avenue, Brookfield	<b>Stevie Ferrari</b>
<b>Clarendon Hills Park District</b> 315 Chicago Avenue, Clarendon Hills	<b>Katie Gock</b>
<b>Village of Indian Head Park</b> 201 Acacia Drive, Indian Head Park	<b>Amy Eckert</b>
<b>Park District of La Grange</b> 536 East Avenue, La Grange	<b>Jenny Bechtold</b>
<b>Community Park District of La Grange Park</b> 1501 Barnsdale Road, La Grange Park	<b>Jessica Cannaday</b>
<b>Village of Western Springs</b> 1500 Walker Street, Western Springs	<b>Nancy Flores</b>
<b>Westmont Park District</b> 55 East Richmond Street, Westmont	<b>Bob Fleck</b>
<b>Village of Willowbrook</b> 835 Midway Drive, Willowbrook	<b>Dustin Kleefisch</b>
<b>Woodridge Park District</b> 2600 Center Drive, Woodridge	<b>Jenny Knitter</b>

### BOARD MEETINGS

SEASPAR's Board meets the third Tuesday of every month at SEASPAR at 3:00pm. The public is welcome. For information call 630.960.7600.

Board meeting minutes and agendas are available online at [SEASPAR.org/Board](http://SEASPAR.org/Board).



## REGISTRATION INFORMATION

Never hesitate to contact SEASPAR with your questions. Our staff is eager to assist you! Give us a call at 630.960.7600.

<b>ONLINE</b>	SEASPAR.org
<b>FAX</b>	630.960.7601
<b>MAIL/IN PERSON</b>	SEASPAR 4500 Belmont Road Downers Grove, IL 60515

**Registration opens on Monday, December 8 and closes on Monday, January 5 at 4:30pm.** Registration for all programming is lottery-based and enrollment is not guaranteed; confirmations will be mailed on January 16.

Zoom links for virtual programs will be emailed the week of January 26.

## REGISTRATION PROCEDURES

### ONLINE REGISTRATION

To register online, visit SEASPAR.org. First-time online registrants must call SEASPAR at 630.960.7600 or email adminstaff@seaspar.org to gain access to their online account. The online registration requirements are:

- Must be a SEASPAR resident.
- Must have no outstanding balance.
- Must have an up-to-date ePACT emergency form on file.
- Full credit card payment is required at the time of registration.

### IN-PERSON/FAX/EMAIL REGISTRATION

- Complete both sides of the registration form and sign it.
- Mail or drop off your registration form and payment at the SEASPAR office, 4500 Belmont Road in Downers Grove (for after-hours convenience, there is a mail slot at the SEASPAR office entrance) OR
- Fax registration form with credit card information completed to 630.960.7601 OR
- Email registration form with credit card information completed to adminstaff@seaspar.org.
- All participants must have an up-to-date ePACT Emergency Form on file.
- Full payment for programs must be received with the registration unless other arrangements have been made.
- Payment may be made by check, money order, cash, or credit card. We accept Visa, MasterCard, Discover, and American Express!

Registrations received after the registration deadline are accepted if space is available. Participants may not be added to a program with less than 48 hours notice.



## CREDIT/REFUND PROCEDURES

Credits/refunds may be issued for the following reasons:

- **Participant is Placed on Waitlist:** A full credit for the waitlisted program remains on the participant's account for the duration of the season unless the participant cancels from the waitlisted program to receive a refund.
- **Program is Cancelled by SEASPAR:** A full credit for the cancelled program remains on the participant's account, unless the program is rescheduled.
- **Participant Cancels from a Weekly Program:** If a participant cancels at least three (3) business days prior to the start of the weekly program, a full credit for the program remains on the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. After the first session, if the program is deemed inappropriate for the participant or if the participant is dissatisfied with the program, a full credit for the program remains on the participant's account. After the second session, cancellation results in a prorated credit issued to the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. Cancellations must be made at least three (3) business days prior to the next session of the program in order to receive a credit for that session of program.
- **Participant Cancels from a Special Event:** If a participant cancels at least three (3) business days prior to the special event, a full credit is issued to the participant's account, minus a \$5 processing fee and any ticket/service/supply fees already incurred. Cancellations made with less than three (3) business days' notice will not result in any credit or refund.

Credits under \$75 remain on a participant's account unless a refund is requested. All credits are automatically applied toward future registrations.

Credits of \$75 or more are automatically refunded if a credit card was used for the original purchase, unless the credit is the result of a waitlist enrollment. In the case of cash/check payment, credits of \$75 or more remain on the participant's account unless a refund is requested.

Refunds will either be issued directly to the credit card used for the original purchase, or in the case of cash/check payment, via check. Check refunds are issued monthly.

To request the refund of an account credit, please call 630.960.7600 or email adminstaff@seaspar.org.

### FEE ASSISTANCE PROGRAM

SEASPAR is in a position to offer scholarships for a percentage of fees to our families with financial restrictions because we believe all residents, regardless of financial limitations, should have access to SEASPAR programs. Participants in need of financial assistance may obtain a Fee Assistance Program Application by visiting our website at SEASPAR.org or calling 630.960.7600. Fee assistance is not available to non-residents or for overnight trips or day camp transportation.

## REGISTRATION MADE EASY

SEASPAR participants with an active account can register for their favorite programs and special events completely online.

To register online, visit SEASPAR.org or scan the code with your phone.

## PROGRAM ANATOMY

2

### 1. PROGRAM NAME

This section describes the name of the program. Program names are color-coded by section (e.g., Children & Young Teens, Teen & Adult, etc.).

### 2. PROGRAM BENEFITS

This section identifies benefits of the program. See below for more details.

### 3. PROGRAM DESCRIPTION

This section includes a brief description of the program.

### 4. PROGRAM NOTICES

This section highlights important information the participant should be aware of before registering.

### 5. SESSION INFORMATION

This section includes information you need to know when selecting your program(s) such as age requirements, location, fee, date, time, and registration code.

### 6. ATTENTION AREA

Identifies important registration and details specific to the program like wheelchair accessible registration code, transportation details, and dates which the program will not meet.

## WALKING CLUB EAST II



Take a lap, share a laugh! Join us at Spring Rock Park for a lighthearted evening walk with friends. Whether you're chatting, strolling, or just enjoying the fresh air, Walking Club East is the perfect way to move, mingle, and make the most of your day.

<b>Age</b>	16+
<b>Location</b>	Spring Rock Park, Western Springs

<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
9-030-17-1	Th	4:15-5pm	\$52	3/19-4/23

The inclement weather location is the Park District of La Grange.

## IDENTIFYING PROGRAM BENEFITS

SEASPAR is known for delivering dynamic recreation programming, but did you know that the same programs also provide many beneficial attributes important for the growth and development of individuals with disabilities? Because we believe identifying these benefits is important to your program selection process, we added a system of icons to help you select the perfect programs available within this guide. Look for these program icons for:



### Independence:

Programs marked with this icon are considered to promote independence through engaging activities delivered in structured environments. These programs are recommended for individuals who live independently or want to increase responsibilities around the house and beyond.



### Motor Skills Development:

Programs marked with this icon promote motor skill development. These programs are recommended for individuals who can benefit from continued development (and strengthening) of motor skills with participation in age-appropriate activities.



### Active:

Programs marked with this icon include elements beneficial to a healthy lifestyle through the inclusion of physical activities. These programs are recommended for individuals who seek to increase or introduce activities that promote an active lifestyle, through light exercise.



### Social Skills Development:

Programs marked with this icon are considered to promote social skills development through participation in various activities hosted in safe environments. These programs are recommended for individuals who desire to expand their social skills or yearn for fun social opportunities.



### Sensory Exploration:

Programs marked with this icon are specially designed to appease the senses and are highly recommended for individuals with autism, sensory processing disorders, and ADHD. Many sensory-friendly programs make use of SEASPAR's two multi-sensory rooms.



### Performing Arts:

Programs marked with this icon are associated with the teaching of performance arts. A program such as this is ideal for individuals with a desire to entertain, practice performance-based skills, or learn more about the virtues of the stage.



### Competitive:

Programs marked with this icon are considered to be competitive. Participants who desire competitive programs are encouraged to seek programs marked with this icon. Programs such as these can range from team sports to activities designed to challenge potential.



### Special Olympics:

Programs marked with this icon are associated with Special Olympics, which involves training and participation in competitive sports offered at various levels. Participants are expected to attend games, which may include local and non-local events and tournaments.

## STAFF

**SOPHIE BORDENAVE**  
Recreation Coordinator

**MATT CORSO**, CTRS, CPRE  
Executive Director

**CHRISTINA HEALY**, CTRS  
Recreation Coordinator

**BETHANY JUHASZ**, CTRS  
Inclusion Manager

**MICHELLE KORMAN**  
Registration Coordinator

**DAWN KRAWIEC**, CPRP  
Superintendent of Recreation

**CHRIS LAMBIASI**  
Human Resources Specialist

**KAREN LESNIAK**  
Superintendent of Administrative Services

**MORGAN MASON**, CPRP  
Business Manager

**ARYNN MATHIEU**  
Recreation Coordinator

**CLAIRE MCCARTHY**, CTRS  
Recreation Coordinator

**LAUREN McVEY**, CTRS  
Adult Day Program Manager

**LAURA PULIDO**  
Marketing Coordinator

**ASHLEY SINIO**, CTRS  
Recreation Coordinator

**STEPHANIE STOCKS**, CTRS  
Program Manager

**SHANNON TOVEY**, SHRM-CP, CTRS  
Human Resources Manager



## CONTACT US

BY PHONE 630.960.7600  
TRS 711

BY EMAIL [adminstaff@seaspar.org](mailto:adminstaff@seaspar.org)

SOCIAL MEDIA [Facebook.com/SEASPAR](https://www.facebook.com/SEASPAR)  
[Instagram.com/WeAreSEASPAR](https://www.instagram.com/WeAreSEASPAR)

## OFFICE HOURS

Monday–Friday, 8:30am–4:30pm  
Recorded Message After Hours.

The SEASPAR Office will be closed on:

- December 24, 25, and 31
- January 1
- April 3

## OFFICE LOCATION

4500 Belmont Road, Downers Grove, IL 60515

## FOLLOW US

Don't miss another moment! Follow SEASPAR on your favorite social media app for more news, photos, videos, and the latest stories about your favorite activities.



## JOIN THE SEASPAR TEAM!

SEASPAR offers flexible hours with a variety of fun programs and events to choose from. No experience is necessary for some positions. Applicants must be 16 or older.

Call us at 630.960.7600 or visit [SEASPAR.org](http://SEASPAR.org) to apply online!



**Welcome Aryn!**  
Our New Recreation Coordinator  
for Athletics!



## PROGRAM LOCATIONS

### AMC QUARRY CINEMAS

9201 W 63rd Street, Hodgkins

### BELMONT GOLF CLUB

2420 Haddow Avenue, Downers Grove

### BROOKFIELD VILLAGE HALL

8820 Brookfield Avenue, Brookfield

### BENET ACADEMY

2200 Maple Avenue, Lisle

### CHUCK'S SOUTHERN COMFORTS CAFÉ

8025 S Cass Avenue, Darien

### CINEMARK AT SEVEN BRIDGES

6500 IL-53, Woodridge

### CLARENDON HILLS COMMUNITY CENTER

315 Chicago Avenue, Clarendon Hills

### COMMUNITY RESOURCE CENTER

825 Midway Drive, Willowbrook

### DARIEN COMMUNITY CENTER

7301 Fairview Avenue, Darien

### DARIEN SPORTSPLEX

451 Plainfield Road, Darien

### DIANE MAIN PARK

300 W 59th Street, Westmont

### DOWNERS GROVE NORTH HIGH SCHOOL FIELDHOUSE

4436 Main Street, Downers Grove

### DOWNERS GROVE RECREATION CENTER

4500 Belmont Road, Downers Grove

### GRAND AVENUE COMMUNITY CENTER

4211 Grand Avenue, Western Springs

### INDIAN BOUNDARY YMCA

711 59th Street, Downers Grove

### LEMONT PARK DISTRICT SOFTBALL FIELDS

16028 127th Street, Lemont

### LISLE RECREATION CENTER

1925 Ohio Street, Door 8, Lisle

### MCCOLLUM PARK

1925 Ohio Street, Door 8, Lisle

### MIDWESTERN UNIVERSITY

555 31st Street, Downers Grove

### PARK DISTRICT OF LA GRANGE

536 East Avenue, La Grange

### RAY'S BAY MULTI-SENSORY ROOM

4211 Grand Avenue, Western Springs

### SPRING ROCK PARK

4400 Central Avenue, Western Springs

### SUBURBANITE BOWL

201 Ogden Avenue, Westmont

### TONY AND FLORENCE BORSE MEMORIAL COMMUNITY PARK

208 Midway Drive, Willowbrook

### THE CORE FITNESS & AQUATIC COMPLEX

16028 127th Street, Lemont

### THE LEGACY RANCH

2705 S Farrell Road, Lockport

### TRUE BALANCE KARATE

406 Ogden Avenue, Downers Grove

### WESTMONT COMMUNITY CENTER

75 E Richmond Avenue, Westmont

### WONDERS MULTI-SENSORY ROOM

1925 Ohio Street, Door 8, Lisle

### WOODRIDGE ARC (ATHLETIC RECREATION CENTER)


8201 S Janes Avenue, Woodridge

### YORKTOWN CENTER

203 Yorktown Center, Lombard

## TRANSPORTATION

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions.

 When completing your registration form for programs that include transportation, please indicate the location of your choice. Transportation is required unless otherwise noted.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles:

- SEASPAR reserves the right to refuse to transport individuals.
- All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle.
- All wheelchairs must have brakes that are in good working condition and can stop the chair from moving.
- Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
- SEASPAR staff are responsible for determining whether a participant can be transported safely.

Transportation locations may include:

### DARIEN

Darien Sportsplex | Parking Lot  
451 Plainfield Road, Darien

### DENNING

Denning Park | Parking Lot  
4901 Gilbert Avenue, La Grange

### LEMONT

Lemont Centennial Community Center | Parking Lot  
16028 127th Street, Lemont

### LISLE

Lisle Recreation Center | Door #8  
1925 Ohio Street, Lisle

### SEASPAR

Downers Grove Recreation Center | Parking Lot  
4500 Belmont Road, Downers Grove

# THANK YOU!

## 20+ YEARS

Don Egan  
Christine Grohne  
■ Ann Franczyk  
■ Larry Franczyk  
Brian Klama  
■ Karen Mulroy  
■ Gary Naberhaus  
Sharmaine Nardone  
Inge Papaeliou  
Karrie Pece  
Dawn Pope  
Colleen Porritt  
■ Don Smetko  
Cheryl Steed  
Jason Steed

## 16-19 YEARS

Nicole Causey  
Mindy Jack  
Amy Klama  
Debbie Murdock  
■ Steve Murdock  
GeriAnn Ortega

Karyn Piegari  
Kevin Wood

## 11-15 YEARS

Eileen Kash  
Jennifer Molsky  
Kate Moran  
↑ Sam Oczak  
↑ April Prescott  
Courtney Schmitt  
Nancy Urban

## 6-10 YEARS

↑ Bob Ackermann  
Micaela Bjarnson  
Alyssa Campbell  
Pam Conlon  
↑ Lauren Flentge  
Clare Johnson  
Lexi Kozminski  
Abby Kresal  
Meghan Lieb  
Mia Liebmann

↑ Barb Lima  
Lisa Morici  
■ James Pappa  
■ Laura Plemich  
■ Ann Saladino  
■ Paul Saladino  
Ashley Stojkovic  
↑ Nicole Strawser  
Sue Willis  
Jenny Young  
Andrew Zelasko  
Greg Zelasko

## 1-5 YEARS

Kathryn Adams  
Ava Arthur  
Samantha Asher  
Viviana Barnes  
Coco Bell  
Alyssa Bennett  
Anna Bastuga  
Katie Bastuga  
Andrea Blankenship  
Josie Bormann

Brendan Boyd  
Kyle Bramschreiber  
Sydney Buchelt  
Tessa Burton  
Lizzie Campos  
Nora Casey  
Sam Ceruti  
John Colucci  
Madilynn Corey  
Bella Cortez  
Abigail Culcasi  
Owen Curran  
Lucy Daugherty  
Libby DeCero  
Robin De Los Santos  
Gianluca Di Nunno  
Erin Dickett  
Molly Downing  
Faith Dunn  
Marifer Duran  
Natalie Folkening  
■ Mary Furbush  
Delores Gage-Miller  
Mia Garcia

Abbey Goddard  
Mary Godlewski  
Jennifer Gorman  
Austin Graf  
■ Gina Graf  
Sandy Greco  
Claire Gustis  
Gracie Gwozdz  
Megan Heller  
Connor Hickey  
■ Jim Janota  
Elisa Keegan  
Ellie Kist  
Abby Knight  
Cameron Kucaba  
Emily Lang  
Sarah Lawrence  
Taylor Lund  
Sharon Lyons  
Bill Lyons  
Kim Maley  
Ashley Mall  
Trisha Mallare  
Allison Marsh

## PART-TIME STAFF AND VOLUNTEERS

250 Weekly Programs, Camp, and Special Event Staff

75 Inclusion Staff

14 EAGLES Adult Day Program Staff

100 Volunteers



SEASPAR thanks all the dedicated and caring support staff and volunteers for their time and hard work during the 2025 seasons! Their efforts make it possible for SEASPAR to continue offering quality programs.

↑ Denotes reaching 5, 10, 15, or 20-year anniversary with SEASPAR. All anniversaries are as of December 31, 2024.

We would like to recognize SEASPAR support staff and volunteers for their longevity with us. The following are current staff members who work weekly programs, inclusion, day camps, and EAGLES programs.

■ Denotes individuals who volunteer at SEASPAR on a regular basis.

Hannah Marshall  
Ashley Mascote  
■ Scott McArthur  
Elizabeth Miller  
Deborah Molloy  
Morgan Molsky  
Nonoko Monozaki  
Grace Mrozek  
Sara Murphy  
Kate Newberry  
Maya Nicholson  
Kay O'Donoghue  
Isabel Okuku  
Emma Parney  
Greta Paschall  
Gwen Pasowicz  
↑ Kristy Pauley  
Susan Pece  
Trevor Prescott  
Anne Pleune  
Drew Populorum  
Skylar Price  
Becky Quirk  
Sarah Richtman

Jill Rio  
Stephanie Romero  
Aidan Santiago  
Abigail Scantlen  
Jessica Sharenow  
Jasmine Simpson  
Brian Singer  
Dan Skarnulis  
Lorrie Smietanski  
Jessica Smith  
Ashton Sosnow  
Drake Steed  
Gabby Tangorra  
Christa Thomas  
Gracy Tierney  
Sean Tovey  
Ana Treanor  
Amelia Van Stee  
Luke Vaupell  
Grace Vroman  
Mia Wiggins  
Grace Wilcox  
Molly Yerush  
Jamie Young  
Michael Zwartz

**LESS THAN 1 YEAR**

Layla Abughosh  
Ashley Adamo  
Sophia Alghaben  
Amelia Banevicius  
Elisa Boatman  
Becky Bonjour  
Beaudan Brown  
Karina Christian  
Mary Cliffe  
Dean Coppin  
Eric Cremer  
Zoe Davis  
Ashton Day  
Charlie Delaney  
Javier DeLeon  
Mike DellaMaria  
Ava Dillard  
Madelyn Esslinger  
Avery Forst  
Ava Franzen  
■ Francis Fraundorf  
Isabella Furmanski

Fiona Gallagher  
Aaric Hager  
Charlotte Hayes  
Jonathan Hogg  
Kristy Huerta  
Carrie Kendra  
Jenna Koren  
Nikki Koulos  
Maria Kwasniewski  
Ivriah Lambert  
Charlotte Lange  
Ben Laskey  
Sarah Mangan  
Sophia Marczuk  
Maria Martinez  
Ellie McGowan  
Colin McLaughlin  
John Miller  
Jillian Murphy  
Cailyn Meyers  
Fiona Neuenschwander  
Kathleen Nevels  
Lucas Noth  
Kattia Ortiz

Luci Pampalone  
Haniah Peracha  
Lauren Pierret  
Aidan Pusatera  
Mitch Reiken  
Maria Revilla-Comella  
Annabelle Sanchez  
Grace Scott  
Gianna Senese  
Iris Silberman  
Ella Smith  
Samantha Smith  
Nathan Stevens  
Courtney Towry  
Alexandra Van Dam  
Mary Clare Walsh  
Jakylah Walters  
Anna Werab  
Becky Wilcox  
Michael Wind  
Ava Wolsztyniak



**1,500** VOLUNTEER HOURS SERVED

**\$24,000** STAFF COST SAVINGS FROM VOLUNTEERS

The SEASPAR Board, staff, and participants thank the following individuals and organizations for their financial support of SEASPAR from June through September 2025. Your commitment to our mission means the world to us!

Alter Brewing Company  
Anonymous  
AT&T  
George Boby and Family  
Bonfire  
Donna Denz  
Downers Grove Park District  
Duly Health and Care Charitable Fund of DuPage Foundation  
Richard Hanus  
Hinsdale Junior Woman's Club  
Molly Hirschboeck and Family  
Lawrence Klein  
Knights of Columbus Robert P. Connelly Council No. 5918  
Andrew Kokoris and Family  
Alexander Kotev and Family  
Aisling Lemke  
The Terence and Catherine Mahoney Charitable Fund  
Meta  
Zach Mickey and Family  
Microsoft Rewards/Give with Bing  
Ryan Minium and Family  
Morgan Family Foundation  
Richard Plemich and Family  
Mark Ploskonka and Family  
Frank Puc  
Ofelia Puleo and Family  
Anna Reidy  
Alessia Rocha and Family  
Craig Seidel  
Shine Pediatric Dentistry, Kids Camp Sponsor  
Richard Sifuentes  
State of Illinois  
Joseph Taviani and Family  
C J Tracy  
Jack Van Alphen and Family  
Mike Vihon and Family  
Ioulia Vorona

# Women of Oak Brook "Amalfi Nights" Fundraiser

On September 12, the Women of Oak Brook hosted a beautiful "Amalfi Nights" fundraiser at Labriola Ristorante to benefit SEASPAR. With themed décor, delicious food, and generous hearts, guests helped raise approximately \$2,000 in cash and donated dozens of wishlist items for our programs. We are incredibly thankful for their support!

Naveed and Nusrath Akhtar  
Elizabeth Arts  
Jennifer Bockwinkel  
Jennifer Espejel  
Roberta Gilbert  
Hollyce Hayes  
Zareena Khader  
Krista Matysak  
Janis Passaretti  
Jacklyn Pesek  
Maria Phillips  
Karen Rooney  
Jessica Schiappa  
Darlene Schooley  
Michelle Selskey  
Samiyah Siddiqui  
Joyce Slone  
Arjan Stephens  
Ashley Stout  
Jennifer Veselsky

## Thank You, Sponsors!

Did you enjoy one of our free family events this summer? Be sure to join us in thanking our sponsors! Their contributions help us provide all the amenities and activities you've grown to love plus more, all at no cost to our participants and their families.

### Summer Kick Off

On June 8, more than 200 participants and family members joined SEASPAR staff for an afternoon of fun in the sun at our annual Summer Kick Off at Ty Warner Park in Westmont. Activities included face painting, balloon artistry, a photo booth, a picnic lunch, and – of course – DJ John getting everyone on the dance floor! The day may have ended with a storm, but it was a great event made even better by spending it with SEASPAR friends. Our sponsors help SEASPAR keep this event free of charge for all who attend.

Edward Jones  
Culver's of Downers Grove  
Dell Rhea Chicken Basket  
Dynamic Lynks  
Kids Plus Pediatric Dentistry  
Lemont Park District  
Main Event Entertainment  
Paramount Theatre  
Suburban Door Check & Lock  
Trader Joe's of Downers Grove

### Movie in the Park

On September 13, SEASPAR partnered with the Village of Indian Head Park to welcome over 150 participants, their families, and community members to Blackhawk Park for a movie in the park. The community enjoyed freshly grilled hot dogs, sides, popcorn, and cotton candy as they settled in to watch Wonka on a big screen after dusk. All of the event's amenities were free for all who attended, thanks in part to the support of our sponsor, Dell Rhea Chicken Basket.





## KARATE



Unleash your inner hero! This non-contact karate program empowers participants to build focus, balance, and self-control. All while working their way through the belt system in pursuit of the legendary black belt. Whether you're just starting or already on your way, all skill levels are welcome. Your journey begins here!

**Age** 5+  
**Location** True Balance Karate, Downers Grove

Code	Day(s)	Time	\$	Date(s)
9-000-03-1	M	5:30-6pm	\$132	2/2-4/20

## ADAPTIVE ICE SKATING



Glide across the ice in a fun and supportive environment! This adaptive ice skating program is designed for individuals of all abilities to build confidence, improve balance, and develop skating skills at their own pace. With the guidance of experienced instructors and the use of adaptive equipment as needed, participants will enjoy the excitement of skating while making new friends on the ice. No prior skating experience required.

**Age** 5+  
**Location** Darien Sportsplex

Code	Day(s)	Time	\$	Date(s)
9-050-01-1	Tu	4-4:40pm	\$390	2/3-4/21

## HORSEBACK RIDING LESSONS



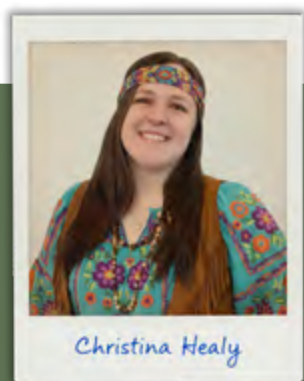
Giddy up for fun and growth at The Legacy Ranch! These 30-minute lessons are designed for riders of all abilities to build confidence, improve motor skills, and bond with gentle horses in a supportive setting. Both group and individual lessons are available—1:1 sessions are great for those who need extra support or prefer personalized instruction. Please note your preferred time when registering; slots are limited and not guaranteed.

**Age** 5+  
**Location** The Legacy Ranch, Lockport

Code	Day(s)	Time	\$	Date(s)
9-000-04-1	Th	4-5:30pm	\$795	3/12-4/30
9-000-04-2*	Th	4-5:30pm	\$576	3/12-4/30

**⚠** To help each rider have a safe and successful experience, horseback riding lessons include individual safety and eligibility guidelines. After registration, Christina Healy will follow up with details.

\* Group lesson.



Christina Healy

Have a question about our Programs for Everyone or Music Lessons? Let one of our Recreation Coordinators give you a hand — we're all about good times and great vibes at SEASPAR!

**Christina Healy, CTRS**  
 chealy@seaspar.org • 630.960.7660



## ADAPTED MUSIC LESSONS



Make music your way with Nancy's inclusive and individualized lessons. Using adaptive tools and techniques, she creates a supportive space where all abilities can explore, create, and enjoy music. Whether you're new or returning, every session is tailored to help you shine.

**Age** 10+  
**Location** Darien Sportsplex

Code	Day(s)	Time	\$	Date(s)
9-050-02-1	M-Th	By Appointment	\$115	2/2-4/23

## MUSIC LESSONS WITH nancy



Sing or play—it's up to you! Nancy's personalized lessons are tailored to your interests and skill level, whether you choose voice or piano. With her warm and encouraging style, you'll build confidence, grow your skills, and find your unique sound.

**Age** 5+  
**Location** Darien Sportsplex

Code	Day(s)	Time	\$	Date(s)
9-000-01-1	M-Th	By Appointment	\$115	2/2-4/23

## VIRTUAL SINGING LESSONS: FIND YOUR VOICE FROM ANYWHERE



Explore your voice from the comfort of home! Nancy's personalized online lessons are tailored to your skill level and musical goals, with expert guidance and flexible scheduling to help your talent grow—wherever you are.

**Age** 5+  
**Location** Zoom

Code	Day(s)	Time	\$	Date(s)
9-700-01-1	M-F	By Appointment	\$115	2/2-4/24

Music lessons are 30 minutes each and are available by appointment only. Christina Healy will reach out with instructions on how to sign up for your specific timeslot on January 22.



## SWIM LESSONS: THE CORE

**Age** 5+  
**Location** The CORE, Lemont

Code	Day(s)	Time	\$	Date(s)
9-000-02-1	M	4-6pm	\$270	2/2-4/20
9-000-02-4	Sa	12-3pm	\$248	2/7-4/25

 No program dates 4/4

## SWIM LESSONS: INDIAN BOUNDARY YMCA

**Age** 5+  
**Location** Indian Boundary YMCA, Downers Grove

Code	Day(s)	Time	\$	Date(s)
9-000-02-2	Tu	4-6pm	\$270	2/3-4/21
9-000-02-3	Th	4-6pm	\$270	2/5-4/23

Swim lessons with SEASPAR and Coach Eve Learn to Swim’s certified instructors are both fun and essential. This class introduces swimmers to basic water skills, breath holding, and a series of submerging progressions that lead to unassisted swimming. Self-confidence and gross motor skills are strengthened through activities. Our swimming lessons are taught in small groups, and individualized assistance is provided as needed.



Each swim lesson lasts 30 minutes. When registering, please indicate your preferred lesson time. Due to high demand, timeslots cannot be guaranteed. Swimmers can only participate in one aquatics program per season. Please be aware that we share the pools with the public.



Got questions about Swim Lessons?  
 Don't be shy — our Recreation Coordinators are here to help you find your groove!

**Arynn Mathieu**  
 amathieu@seaspar.org • 630.960.7627





*be your brightest self*

We are licensed pediatric dental specialists dedicated to helping every one of our patients discover their healthiest and brightest smile.



[www.shinekidsdg.com](http://www.shinekidsdg.com)  
[hello@shinekidsdg.com](mailto:hello@shinekidsdg.com)  
950 Ogden Ave, Downers Grove  
(630) 743-6700



Dr. Lynse Briney | Dr. Lexi Nash



*We are always  
hiring!*



## engage YOUR senses

SEASPAR's two multi-sensory rooms, Ray's Bay and Wonders, are designed to engage your senses! In each room, you will be able to experience state-of-the-art technology designed to stimulate your senses through various hands-on equipment and environmental features.

In SEASPAR's multi-sensory rooms, you will find interactive equipment that will soothe your senses in a variety of ways. You can watch the bubbles move and change colors within the bubble tubes, dance to the music as you wave your hand, experience relaxing aromas, and dip your toes into the pond projected on the floor to make the water ripple. With the touch of your hand, you can control the colors and lights, and you can feel the calming coolness of shimmering glass and marble walls.



### BENEFITS OF THE MULTI-SENSORY

Both multi-sensory rooms contain equipment known to benefit individuals by stimulating the senses which can result in:

- Improved mood
- Lowered disruptive behaviors
- Decreased anxiety
- Decreased fear
- Improvement in communication
- Enhanced interpersonal interactions

### WHO MAY BENEFIT

Our multi-sensory rooms are designed to provide individuals of any age with:

- Autism/Autism Spectrum Disorders
- Sensory Processing Disorders
- ADHD
- Dementia
- Physical Disabilities
- Emotional Needs
- Anxiety



## SENSORY SEEKERS



Wondering what your senses are missing? Explore them! Ray's Bay, SEASPAR's newest multi-sensory room, will allow Sensory Seekers to explore their senses. Four 30-minute sessions are available.

<b>Age</b>	All Ages			
<b>Location</b>	Ray's Bay Multi-Sensory Room, Western Springs			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
9-090-01-1	M	4-6:15pm	\$120	2/2-4/20

**Please include your preferred session time when registering. Staff will do their best to accommodate your requests, but timeslots are not guaranteed.**



## SENSORY EXPLORERS



During Sensory Explorers, participants will experience SEASPAR's award-winning multi-sensory room, Wonders. Five 30-minute sessions are available.

<b>Age</b>	All Ages			
<b>Location</b>	Wonders Multi-Sensory Room, Lisle			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
9-090-01-1	W	4-6:50pm	\$120	2/4-4/22



## RAY'S BAY MULTI-SENSORY ROOM

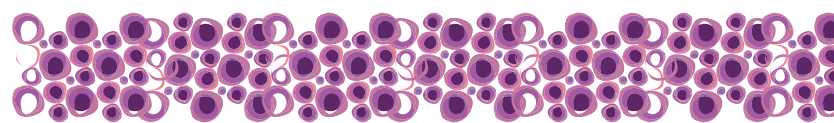
Grand Avenue Community Center  
4211 Grand Avenue, Western Springs

Ray's Bay, SEASPAR's newest multi-sensory room, features a unique assortment of state-of-the-art equipment designed to enhance the senses. A relaxing environment is created by environmental sound waves and visual effects, which can be enjoyed from the comfort of the large comfort rocking chair, comfort nook, or lighted waterbed. Visitors who have energy to spare can interact with various devices designed to spark curiosity and joy.

The Ray's Bay Multi-Sensory Room is located on the lower level of the Grand Avenue Community Center. A waiting room, complete with a sitting area, is available for guests while participants play.

Please contact Sophie Bordenave at 630.960.7664 if you would like to learn more about SEASPAR's multi-sensory rooms, or schedule a trial.

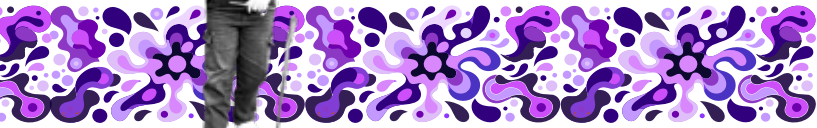
Multi-sensory room trial availability may be limited; call for details.



## WONDERS MULTI-SENSORY ROOM

Lisle Recreation Center - Door 8  
1925 Ohio Street, Lisle

A unique assortment of state-of-the-art equipment features in Wonders, SEASPAR's award-winning multi-sensory room. In the comfort of the room's rocking chair or comfort nook, environmental effects create a calming atmosphere. A variety of devices are available for guests with extra energy to engage in activities designed to instill a sense of curiosity and joy.



## MUSIC AND ME!



In cooperation with Dynamic Lynks, SEASPAR offers a music program tailored to our young participants with a focus on fun! Dynamic Lynks is a music therapy center that uses music and movement to enhance skill development in individuals of all ages through inclusive and affirming client-centered strategies. Check it out!

**Age** 3-8  
**Location** Westmont Community Center

Code	Day(s)	Time	\$	Date(s)
9-010-01-1	Tu	4:15-5pm	\$153	2/3-4/28

No program dates 3/31

## MUSICAL THEATER



Calling all aspiring thespians! Are you looking for a way to prepare for center stage? Look no further than our Musical Theater program! While focusing on fun, this program will also incorporate aspects of improv, singing, dancing, and more.

**Age** 9-15  
**Location** Westmont Community Center

Code	Day(s)	Time	\$	Date(s)
9-010-02-1	Tu	5:15-6pm	\$153	2/3-4/28

No program dates 3/31

## PIN PALS



Ready, set, bowl! Whether it's your first time or you're a bowling champ, this is a great opportunity to play, cheer each other on, and have fun together!

**Age** 3-12  
**Location** Suburbanite Bowl, Westmont

Code	Day(s)	Time	\$	Date(s)
9-010-03-1	W	4:30-5:30pm	\$187	2/4-4/22



## SATURDAY SUPERSTARS

Start your Saturday off right with friends and fun in Lisle! Every week, we'll spend time in our Wonders Multi-Sensory Room, dancing, playing, and more! A snack will be provided at the program.

**Age** 7-15  
**Location** Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
9-010-04-1	Sa	9-11am	\$117	2/7-4/25

No program dates 4/4

## SENSORY STORYTIME

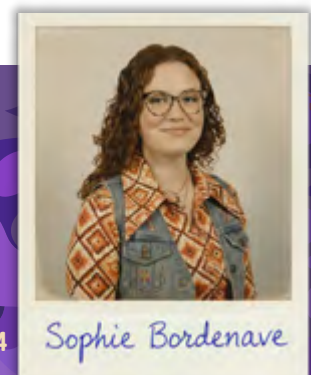
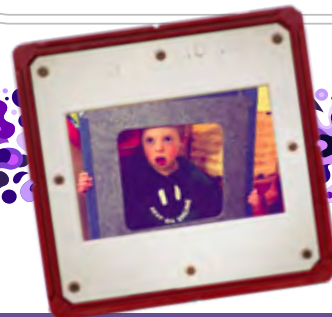
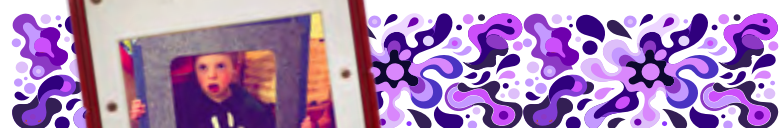


Join us each week as we bring books to life in the sensory room! Participants will enjoy a new story together and then explore the sensory space with activities connected to the week's theme. This small-group program encourages imagination, social interaction, and relaxation through reading and hands-on sensory play.

**Age** 3-10  
**Location** Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
9-090-03-1	Su	11-11:45am	\$121	2/8-4/26

No program dates 4/5



Got questions about Youth Programs and Events? Our Recreation Coordinators are ready to lend a hand and help you get started!

**Sophie Bordenave**  
sbordenave@seaspar.org • 630.960.7644

Sophie Bordenave



# AGES: 7-15 / LISLE RECREATION CENTER / SATURDAYS

# YOUTH events

event	DESCRIPTION	code	TIME	date	\$	notes
<b>Valentines Day Party</b>	Celebrate Valentine's Day with friends at this fun and festive party! Participants will enjoy a lively game of Valentine's bingo, make their own personal pizzas for lunch, and spend time hanging out together. With games, food, and plenty of laughs, it's the perfect way to share the holiday with friends old and new!	9-200-01-1	11:15am-1:30pm	2/7	35	Pickup and drop off at Lisle
<b>Altitude Trampoline Park</b>	Get ready to bounce off the walls—literally! Spend the day soaring high on trampolines, diving into foam pits, and challenging friends to trampoline dodgeball. Whether you're flipping, flying, or just laughing with friends, this action-packed outing is the ultimate way to burn energy and have a blast!	9-200-02-1	11:15am-2:30pm	2/21	75	Pickup and drop off at Lisle Bring a sack lunch
<b>Out to The Movies: Hoppers!</b>	Join us for a trip to the big screen to see <i>Hoppers!</i> — the movie everyone's talking about! Grab your popcorn, relax in the comfy theater seats, and enjoy a fun afternoon with friends. Nothing beats movie magic, snacks, and laughter together!  <small>Please note: The end time of this program will be determined by the movie's showtime. Since movie schedules are not released until closer to March, the exact program end time will be communicated to families once it is available.</small>	9-200-03-1	11:15am-TBD	3/7	50	Pickup and drop off at Lisle Bring a sack lunch
<b>Springtime Splash</b>	Make a splash this season with an afternoon of indoor swimming fun! Participants can enjoy the warm pool, play water games, and hang out with friends — no matter the weather outside. It's the perfect way to dive into spring and stay active while having a great time together!	9-200-04-1	11:15am-3:30pm	3/21	55	Pickup and drop off at Lisle Bring a sack lunch
<b>Adler Planetarium</b>	Blast off for an out-of-this-world experience at the Adler Planetarium! Explore interactive exhibits, get hands-on with space science, and journey through the stars during an incredible sky show. From galaxies far away to planets close to home, this trip is sure to spark wonder and curiosity for everyone.	9-200-05-1	11:15am-3:30pm	4/11	75	Pickup and drop off at Lisle Bring a sack lunch
<b>Picnic &amp; Phillips Park Zoo</b>	Pack your sack lunch and join us for a day of outdoor fun! We'll start with a picnic in the beautiful Sunken Gardens, then head over to Phillips Park Zoo to visit the animals and explore the exhibits together. It's the perfect mix of sunshine, friends, and wildlife adventure!	9-200-06-1	11:15am-3pm	4/25	40	Pickup and drop off at Lisle Bring a sack lunch

# 19 Teen & Young Adult Programs

## STRIKE FORCE



Love hanging out with friends and knocking down pins? Join us at Suburbanite Bowl for an evening of fun, friendships, and strikes!

**Age** 13-22  
**Location** Suburbanite Bowl, Westmont

Code	Day(s)	Time	\$	Date(s)
9-020-01-1	M	6:30-7:30pm	\$182	2/2-4/20



## RESTAURANT REVIEWERS



Love trying new foods and discovering local favorites? Join our Restaurant Reviewers group! Each week, we'll head out to a different restaurant to enjoy a meal together and share our dining experiences. It's the perfect program if you like exploring new food spots, hanging out with friends, and having fun in the community.

**Age** 13-22  
**Location** Various Restaurants

Code	Day(s)	Time	\$	Date(s)
9-020-02-1	W	5:30-7:30pm	\$325	2/4-4-22

**Pick up and drop off at Lisle Recreation Center**

## YOUNG ADULT CLUB



Teens and young adults-this club is for you! We place a strong emphasis on socialization during our activities and outings so that you have fun and also get connected to others. This is the perfect opportunity for you to meet new people and catch up with old friends.

**Age** 13-22  
**Location** Various

Code	Day(s)	Time	\$	Date(s)
9-030-25-1	Sa		\$237	2/14, 2/28, 3/14, 3/28, 4/18

**Transportation:** SEASPAR:12:30-4:30pm  
Denning: 1-4pm

**No program dates** 4/4

## VIDEO GAME CLUB



Gamers gather! We invite you to socialize with friends and play Nintendo Switch video games every week. Every skill level is welcome!

**Age** 13-22  
**Location** Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
9-020-03-1	Th	4:15-5:15pm	\$94	2/5-4/23



Got questions about Teen & Young Adult Programs and Events? Our Recreation Coordinators are ready to lend a hand and help you get started!

**Sophie Bordenave**  
 sbordenave@seaspar.org • 630.960.7644

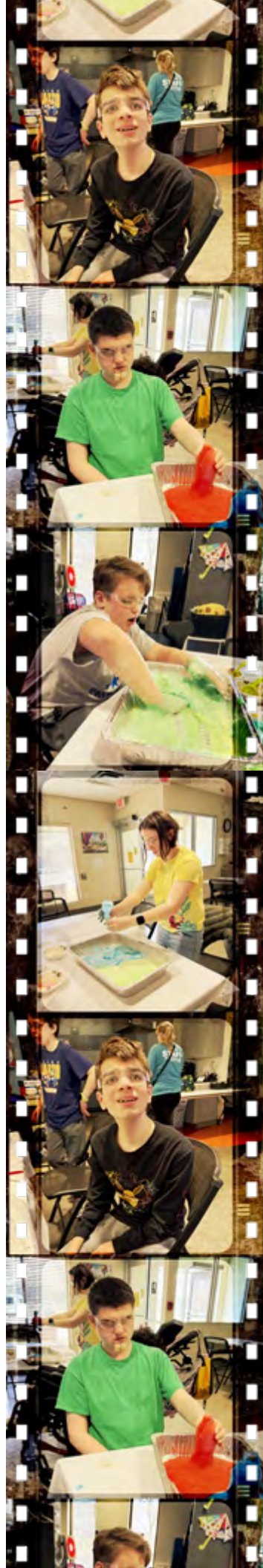


Sophie Bordenave



# AGES: 13-22

event	DESCRIPTION	code	Location / TIME	date	\$
Out of Lunch at 2Toots Train Whistle Grill	All aboard for a delicious lunch experience! At 2Toots Train Whistle Grill in Glen Ellyn, your meal is delivered right to your seat by a toy train chugging along the tracks. Enjoy tasty food, the fun atmosphere, and time spent with friends at this one-of-a-kind restaurant. SEASPAR will provide lunch.	9-200-12-1	SEASPAR: 11am-3:30pm Denning: 11:30am-3pm	Su 2/15	62
St. Patty's Party	Celebrate St. Patrick's Day with friends at this lively party full of green-themed fun! Enjoy games, music, snacks, and plenty of festive activities to get you in the holiday spirit. Wear your best green and get ready for an evening of laughter, luck, and good times together! Dinner will be provided by SEASPAR.	9-200-13-1	Community Resource Center, Willowbrook 6-8pm	Sa 3/14	40
Grub and Give	Give back while having fun with friends! We'll head out for a tasty late lunch/early dinner together, then roll up our sleeves to volunteer at Feed My Starving Children. It's the perfect way to share a meal, make memories, and make a difference for those in need. Food will be provided by SEASPAR.	9-200-14-1	SEASPAR: 2:45-7:45pm Denning: 3:15-7:15pm	Sa 4/11	62
Sunday Matinee: Super Mario Bros	Level up your weekend with a trip to the movies! Join friends for a Sunday matinee showing of <i>Super Mario Bros.</i> , complete with popcorn, laughs, and plenty of big-screen adventure. It's the perfect way to kick back, relax, and enjoy the magic of the movies together. Meal provided by SEASPAR.  <b>A</b> The end time of this program will be determined by the movie's showtime. Since movie schedules are not released until closer to March, the exact program end time will be communicated to families once it is available.	9-200-15-1	Cinemark at Seven Bridges, Woodridge 11am-TBD	Su 4/26	55



# TEEN & YOUNG ADULT EVENTS



## KIDS SPRING BREAK CAMP

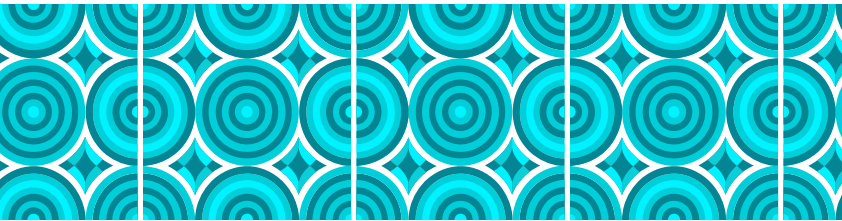
Kids Spring Break Camp is perfect for kiddos ages 5 to 12 who are looking to have fun with SEASPAR friends during their break from school! Our week includes games, sports, crafts, and community outings.

**Age** 5-12  
**Location** Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
9-200-07-1	M	9am-3pm	\$88	3/30
9-200-07-2	Tu	9am-3pm	\$88	3/31
9-200-07-3	W	9am-3pm	\$88	4/1
9-200-07-4	Th	9am-3pm	\$88	4/2

**Transportation:** Denning: 9am-4pm (Optional)

**Please bring a sack lunch.**



## TEEN SPRING BREAK CAMP

Teen Spring Break Camp is perfect for young adults ages 13 to 22 who are looking to have fun with SEASPAR friends during their break from school! Our week will consist of games, sports, crafts, and community outings.

**Age** 13-22  
**Location** Darien Sportsplex

Code	Day(s)	Time	\$	Date(s)
9-200-11-1	M	9am-3pm	\$88	3/30
9-200-11-2	Tu	9am-3pm	\$88	3/31
9-200-11-3	W	9am-3pm	\$88	4/1
9-200-11-4	Th	9am-3pm	\$88	4/2

**Please bring a sack lunch.**



# **DON'T MISS YOUR CHANCE TO OWN A PIECE OF SEASPAR HISTORY!**

Our 2025 EmpowerWear collection — inspired by **“Where Every Hero  
Has a Story and You Are the Star!”** — is almost gone.

These limited-edition designs **celebrate the heroes who make  
SEASPAR shine — you!**

Grab your shirt, hoodie, or tote before they're gone for good.  
Keep a sweet memory of the year you were part of our story.

**2025 items are gone by 2025!**

Visit the EmpowerWear Store and wear your SEASPAR pride today.

**EmP**  **ower**  
**Wear**  
**STORE**



# 23 Teen & ADULT PROGRAMS



## AFTERNOON ADVENTURES

Spend your afternoon with friends and fun! This program is all about socializing, sharing laughs, and enjoying new experiences together. Whether we're playing games, exploring local spots, or just relaxing as a group, Afternoon Adventures is the perfect way to connect and unwind. Build friendships, boost confidence, and make every week something to look forward to!


**Age** 16+

**WEST** Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
9-030-01-1	M	3:15-6:15pm	\$340	2/2-4/20

**EAST** Brookfield Village Hall

Code	Day(s)	Time	\$	Date(s)
9-030-01-2	M	3:15-6:15pm	\$340	2/2-4/20

 This program requires participants to be able to tolerate being in the community. A schedule of activities will be available on SEASPAR's website after the first session.



## CURTAIN CALLERS



Discover the fun of acting in this beginner-friendly program! Through games, character play, and creative expression, you'll build confidence, make friends, and explore your imagination—no stage experience needed.

**Age** 16+  
**Location** Darien Sportsplex

Code	Day(s)	Time	\$	Date(s)
9-030-04-1	M	5:15-6:15pm	\$103	2/2-4/20

## SEASPAR'S ZUMBA ZONE



Feel the beat and move your feet! This high-energy Zumba class is led by certified instructors who know how to turn fitness into fun. With easy-to-follow dance moves, upbeat music, and a positive, inclusive atmosphere, Zumba is a great way to boost your mood, stay active, and dance like nobody's watching—no experience needed!

**Age** 16+  
**Location** Downers Grove Recreation Center

Code	Day(s)	Time	\$	Date(s)
9-030-29-1	M	4-5pm	\$110	2/2-4/20



## MALL WALK & FOOD TALK



Take a stroll, share a smile, and enjoy a night out with friends! We'll start with a walk through Yorktown Mall, followed by a casual dinner—and SEASPAR picks up the tab! It's the perfect mix of light exercise, good conversation, and tasty food, all in a relaxed and welcoming setting.

**Age** 16+  
**Location** Yorktown Center, Lombard

Code	Day(s)	Time	\$	Date(s)
9-030-02-1	M	4:15-6pm	\$90	2/2-3/9



Have a question about our Teen & Adult Programs? Let one of our Recreation Coordinators give you a hand — we're all about good times and great vibes at SEASPAR!

**Christina Healy, CTRS**  
chealy@seaspar.org • 630.960.7660



## WALKING CLUB WEST



Walk your way to better health and be social! What better way to get your steps in for the day than by walking with friends? Join us as we walk around scenic McCollum Park. We will enjoy nature, chats with friends, and the benefits of a great cardiovascular workout!

**Age** 16+  
**Location** McCollum Park, Downers Grove

Code	Day(s)	Time	\$	Date(s)
9-030-03-1	M	4:15-5pm	\$52	3/16-4/20

## ENTER THE RING—IT'S MONDAY NIGHT RAW!



Join us "ringside" each week to experience the action, drama, and excitement of WWE's *Monday Night Raw!* Cheer on your favorite Superstars, share the thrill, and enjoy the show with fellow fans. Whether you're a lifelong wrestling fan or just discovering the fun, everyone is welcome to be part of the action!

**Age** 16+  
**Location** Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
9-030-05-1	M	6:30-8:30pm	\$144	2/2-4/20

## COOKING WITH SEASPAR



Who says making meals has to be a chore? In this hands-on program, participants learn to cook tasty HelloFresh and dessert recipes step-by-step in a modern kitchen setting. With easy instructions, fresh ingredients, and plenty of fun, it's a delicious way to build skills and confidence each week!

**Age** 16+  
**Location** Clarendon Hills Community Center

Code	Day(s)	Time	\$	Date(s)
9-030-07-1	Tu	4:15-5:45pm	\$48	2/3-4/21

## TUESDAY TENPINS



Join our fun-filled bowling program where strikes and spares are just the beginning! Whether you're a seasoned pro or a first-time bowler, our program offers a lively atmosphere for everyone to enjoy. After an exhilarating game of knocking down pins, join us in our Soup or Salad program to continue the excitement with a delicious post-game meal at a nearby restaurant. It's the perfect opportunity to celebrate victories, laugh over gutter balls, and bond with fellow bowling enthusiasts.

**Age** 16+  
**Location** Clarendon Hills Community Center

Code	Day(s)	Time	\$	Date(s)
9-030-08-1	Tu	4:15-5:15pm	\$187	2/3-4/21

♥ Pairs nicely with Soup or Salad on page 25.



## CREATIVE CORNER



Looking for a new way to express yourself through art? You're in the right place! This program explores different forms of art, including clay, paint, woodworking, and more. Every level of experience is welcome, especially those who are curious about trying something new. Participate in this program for an exciting journey of exploration and self-expression!

**Age** 16+  
**Location** SEASPAR, Downers Grove

Code	Day(s)	Time	\$	Date(s)
9-030-09-1	Tu	5-6pm	\$118	2/3-4/21


## SOUP OR SALAD




Keep your appetite in check! Dinner with the best company is how "Soup or Salad" is meant to be enjoyed. Along with fellow SEASPAR friends, participants will have a soup-er time savoring dinner at a number of local restaurants. You're sure to have an unforgettable night with delicious food and drinks!

**Age** 16+  
**Location** Various

Code	Day(s)	Time	\$	Date(s)
9-030-11-1	Tu		\$245	2/3-4/21

 Pairs nicely with Tuesday Tenpins on page 24.

 **Transportation:** Drop off at Suburbanite Bowl at 5:30pm  
 Pick up at Lisle Recreation Center at 7:30pm

## PET THERAPY



Spend time with the best friend you could ever ask for! The Rainbow Therapy Dogs provide you with the opportunity to train them in obedience using simple commands. Having unconditional love from these tail-wagging friends builds self-esteem while encouraging sharing, giving praise, and expressing yourself!

**Age** 16+  
**Location** SEASPAR, Downers Grove

Code	Day(s)	Time	\$	Date(s)
9-030-12-1	Tu	6:15-7:15pm	\$110	2/3-4/20


## DAY AWAY TOUR



Why wait for the weekend when every day holds a new adventure? Join SEASPAR staff and fellow explorers as we head out for fun-filled outings in our local communities. Each trip is a chance to discover something new, enjoy great company, and turn an ordinary day into an unforgettable one!

**Age** 16+  
**Location** SEASPAR, Downers Grove

Code	Day(s)	Time	\$	Date(s)
9-030-06-1	Tu	9am-3pm	\$321	2/10, 2/24, 3/10, 3/24, 4/7, 4/21

 When registering for Day Away Tour, please only register for Day Away Tour or Day Trippers. Due to the nature of this program, participants must be able to tolerate being in the community for prolonged periods of time and tolerate changes in schedules. A schedule of activities will be posted on the SEASPAR website prior to program season. Activities are subject to change. Times may vary per date.





## WEDNESDAY PINBUSTERS

Let the good times roll! Join the Pinbusters at Suburbanite Bowl for an evening of strikes, spares, and smiles! This lively program is perfect for bowlers of all experience levels to enjoy friendly games, high-fives, and shared laughs. Whether you're aiming for strikes or just having fun with friends, every frame is a win!

**Age** 16+  
**Location** Suburbanite Bowl, Westmont

Code	Day(s)	Time	\$	Date(s)
9-030-13-1	W	4:15-5:15pm	\$187	2/4-4/22
9-030-13-2	W	5:30-6:30pm	\$187	2/4-4/22

Registration is limited to one session per person.

## DAY TRIPPERS



Everyone loves a good spin-off of a fan favorite! Join SEASPAR staff and fellow Day Tripper adventurers for exciting voyages throughout our beautiful communities. Day Trippers is shorter than Day Away Tour to accommodate participants who are ready to be out in the community but would benefit from a shorter day.

**Age** 16+  
**Location** SEASPAR, Downers Grove

Code	Day(s)	Time	\$	Date(s)
9-030-15-1	Th	10:30am-2pm	\$193	2/12, 2/26, 3/12, 3/26, 4/9, 4/23

When registering for Day Trippers, please only register for Day Away Tour or Day Trippers. Due to the nature of this program, participants must be able to tolerate being in the community for prolonged periods of time and tolerate change in schedules. A schedule of activities will be posted on the SEASPAR website prior to program season. Activities are subject to change. Times may vary per date.

## WALKING CLUB EAST I



Keep moving and stay connected as we walk and chat on the indoor track at the Park District of La Grange. It's the perfect spot for a relaxed evening stroll with friends—no matter what it's like outside!

**Age** 16+  
**Location** Park District of La Grange

Code	Day(s)	Time	\$	Date(s)
9-030-16-1	Th	4:15-5pm	\$52	2/5-3/12

## WALKING CLUB EAST II



Take a lap, share a laugh! Join us at Spring Rock Park for a lighthearted evening walk with friends. Whether you're chatting, strolling, or just enjoying the fresh air, Walking Club East is the perfect way to move, mingle, and make the most of your day.

**Age** 16+  
**Location** Spring Rock Park, Western Springs

Code	Day(s)	Time	\$	Date(s)
9-030-17-1	Th	4:15-5pm	\$52	3/19-4/23

The inclement weather location is the Park District of La Grange.

## Glee CLUB



Let your voice be heard! Taught by the talented Nancy Urban, Glee Club is all about singing, smiling, and sharing music together. Each week, participants rehearse the chosen songs in a supportive group setting, building up to a joyful performance at the end of the season that showcases everyone's hard work and harmony!

**Age** 16+  
**Location** Darien Sportsplex

Code	Day(s)	Time	\$	Date(s)
9-030-18-1	Th	5-6pm	\$103	2/5-4/23

The group will perform at a recital at the end of the season.

## at the Movies Seven Bridges



Big laughs, big thrills, and big screen moments await! Join your SEASPAR friends for a movie outing featuring the latest G, PG, or PG-13 release. You'll receive all the details by email the week of—just grab your popcorn and enjoy the movie!

**Age** 16+  
**Location** Cinemark at Seven Bridges, Woodridge

Code	Day(s)	Time	\$	Date(s)
9-030-19-1	Th	TBD	\$131	2/5, 2/19, 3/5, 3/19, 4/2, 4/16

SEASPAR will pay for a snack, but participants are welcome to bring extra cash if they want more!

## at the Movies AMC Quarry

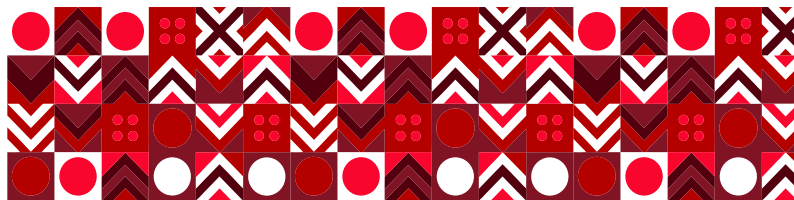


Big laughs, big thrills, and big screen moments await! Join your SEASPAR friends for a movie outing featuring the latest G, PG, or PG-13 release. You'll receive all the details by email the week of—just grab your popcorn and enjoy the movie!

**Age** 16+  
**Location** AMC Quarry Cinemas, Hodgkins

Code	Day(s)	Time	\$	Date(s)
9-030-20-1	Th	TBD	\$131	2/5, 2/19, 3/5, 3/19, 4/2, 4/16

SEASPAR will pay for a snack, but participants are welcome to bring extra cash if they want more!



## Find Your Flow: Yoga That Fits You



Stretch, breathe, and move in a way that feels right for you! This welcoming yoga program is taught by a professional instructor from the Downers Grove Park District and is designed for all abilities. With adaptable poses and a supportive atmosphere, every participant can find their flow, build confidence, and enjoy the benefits of yoga—at their own pace.

**Age** 16+  
**Location** Downers Grove Recreation Center

Code	Day(s)	Time	\$	Date(s)
9-030-21-1	F	4-5pm	\$100	2/6-4/24

No program dates 4/3

## Social Club



Friday is Social Club day! Come out and do awesome activities in the surrounding communities with your friends on Friday nights.

**Age** 16+

**east** Grand Avenue Community Center,  
Western Springs

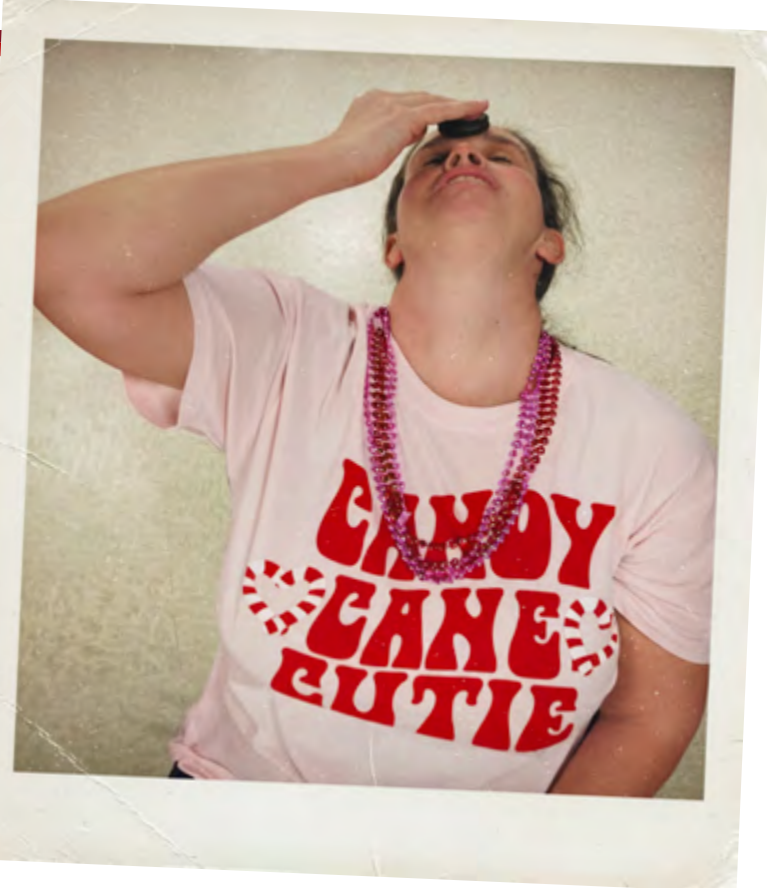
Code	Day(s)	Time	\$	Date(s)
9-030-23-1	F	See Schedule	\$280	2/6-4/24

**west** Lisle Recreation Center

Code	Day(s)	Time	\$	Date(s)
9-030-24-1	F	See Schedule	\$280	2/6-4/24

The Winter Wonderland Ball, Luck of the Irish Dance, and Hoedown Dance Party are included in the schedule. A schedule will be emailed to you one week prior to the start of program and can be found on the SEASPAR website.

No program dates 4/3



## KINDRED OUTINGS



Enjoy meaningful moments and lasting connections with Kindred Outings, a social group for adults who love to get out and explore together. From shared meals to local adventures, each outing offers a relaxed and welcoming atmosphere where friendships grow and every experience is shared with kindred spirits.

**Age** 36+

Code	Day(s)	Time	\$	Date(s)
9-030-27-1	Sa		\$258	2/14, 2/28, 3/14, 3/28, 4/11, 4/25

**Transportation:** SEASPAR: 5:30pm-9:30pm  
Denning: 6:00pm-9:00pm

Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. A schedule of activities will be posted on the SEASPAR website after the first program session. Activities are subject to change. Times may vary per date.

## SOCIAL SPARKS



Get ready to spark new friendships and unforgettable memories! Social Sparks is your go-to group for exciting weekend outings with fellow young adults. Whether we're exploring, dining out, or just enjoying time together, every outing is a chance to connect, laugh, and have a great time in great company.

**Age** 23-35

Code	Day(s)	Time	\$	Date(s)
9-030-26-1	Sa		\$215	2/7, 2/21, 3/7, 3/21, 4/18

**No program dates** 4/4

**Transportation:** SEASPAR: 5:30pm-9:30pm  
Denning: 6:00pm-9:00pm

Due to the nature of this program, participants must be able to tolerate being in the community for a prolonged period of time. A schedule of activities will be posted on the SEASPAR website after the first program session. Activities are subject to change. Times may vary per date.

## BRUNCH WITH BESTIES

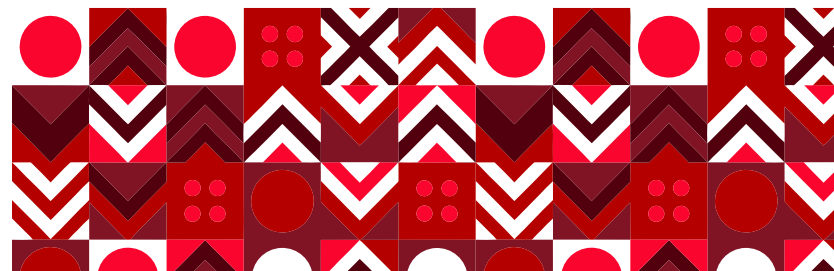


What's better than weekend brunch? Sharing it with your besties! Every other weekend, we'll explore a new brunch spot and bond over pancakes, avocado toast, and other tasty favorites. It's the perfect chance to catch up, laugh, and swap stories from the week—all with great food and even better company.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-030-28-1	Sa		\$255	2/15, 3/1, 3/15, 3/29, 4/12, 4/26

**Transportation:** SEASPAR: 10am-2pm  
Denning: 10:30am-1pm



# 29 TEEN & ADULT SPECIAL EVENTS

## MIDWESTERN UNIVERSITY VALENTINE'S DANCE



Love, friendship, and fun are in the air! Join SEASPAR as they head to Midwestern University for their Valentine's Dance. A snack and light refreshment will be provided.

**Age** 16+  
**Location** Midwestern University, Downers Grove

Code	Day(s)	Time	\$	Date(s)
9-200-26-1	Sa	6:30-8:30pm	\$25	2/7

## CUPID'S DINNER AND BINGO

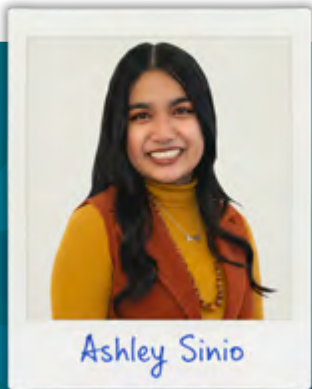


Celebrate Valentine's Day with dinner in from Portillo's and a few friendly rounds of bingo with some sweet prizes to win. Whether you're feeling lucky like Cupid or ready for a good time with friends, this program is sure to warm your heart. Dinner will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-28-1	Sa		\$65	2/14

 **Transportation:** SEASPAR: 5:45-9:30pm  
Denning: 6:15-9pm



Have a question about our Teen & Adult Special Events? Let one of our Recreation Coordinators give you a hand — we're all about good times and great vibes at SEASPAR!

**Ashley Sinio, CTRS**  
 asinio@seaspar.org • 630.960.7628

## SUNDAY FUNDAY: SUPER BOWL EDITION




It's game time! Join SEASPAR as they head to Papa Passero's to watch the Super Bowl. Cheer on your team, enjoy halftime laughs, and soak up the excitement of the big game with some pizza. Whether you're a football fan or just there for the pizza, it's sure to be a touchdown kind of night! Pizza will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-27-1	Su		\$52	2/8

 **Transportation:** SEASPAR 4:15-10:30pm  
Denning 4:45-10pm

 Due to the unpredictable length of the game, return times are approximate. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.


## BE MY VALENTINE: LUNCH AND KARAOKE



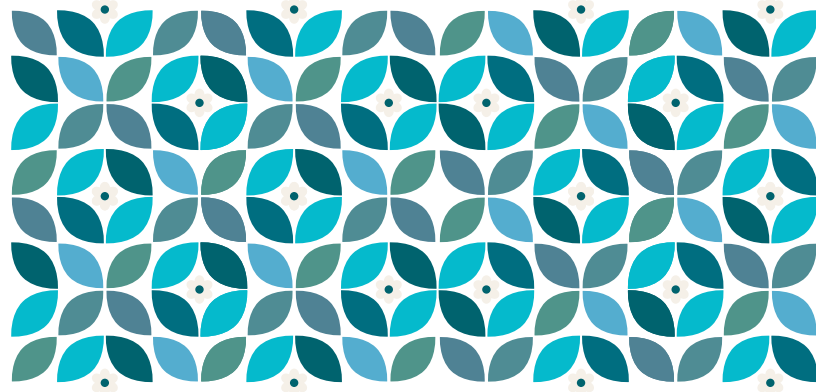
Celebrate Valentine's Day with some good food, great friends, and a whole lot of music! Enjoy a delicious lunch from Culver's before taking the stage to sing your favorite love songs. Whether you're a karaoke star or just there to cheer on your friends, this program promises laughter, connection, and some heartwarming fun. Come ready to share the love and sing your heart out! Lunch will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-29-1	Su		\$50	2/15

 **Transportation:** SEASPAR: 11:15am-3:30pm  
Denning: 11:45am-3pm

# TEEN & ADULT SPECIAL EVENTS 30



## WINTER WONDERLAND BALL



Put on your party best and get ready for an unforgettable night at the Winter Wonderland Ball! This magical, prom-style event features music, dancing, and plenty of time to celebrate the start of the program season with your SEASPAR friends. A snack and light refreshment will be provided.

**Age** 16+  
**Location** Benet Academy, Lisle

Code	Day(s)	Time	\$	Date(s)
9-200-30-1	F	6:30-8:30pm	\$25	2/20

This event is included with Social Club East and West.

## CHICAGO BULLS



Experience the excitement as SEASPAR cheers on the Chicago Bulls as they go up against the Detroit Pistons! Join SEASPAR for an unforgettable game at the United Center filled with fast-paced action, team spirit, and fun with friends. Feel the energy of the crowd, enjoy some classic game-day snacks, and make memories that will have you shouting "Go Bulls!" long after the final buzzer. Don't miss this slam dunk of an outing! Dinner will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-31-1	Sa		\$145	2/21

**Transportation:** SEASPAR 4:30-11pm  
Denning 5-10:30pm

Due to the unpredictable length of the game, return times are approximate. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

## SCENE75 ENTERTAINMENT CENTER



Join the fun as SEASPAR heads to Scene75, the ultimate entertainment destination! This program is filled with an exciting day of attractions, arcade games, and pizza. Come ready for adventure, good food, and great memories-it's going to be a scene to remember! Lunch will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-32-1	Su		\$92	2/22

**Transportation:** SEASPAR: 10:30am-4:30pm  
Denning 11am-4pm

## NORTHERN ILLINOIS UNIVERSITY BASKETBALL GAME



Cheer on the Northern Illinois University Huskies as they go up against the Ball State University Cardinals for an action-packed basketball game! Feel the excitement of college dunks as we root for the Huskies, enjoy the crowd energy, and take in all of the game-day fun. Dinner will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-33-1	Sa		\$92	2/28

**Transportation:** SEASPAR: 12:45-7:15pm  
Denning: 1:15-6:45pm

Due to the unpredictable length of the game, return times are approximate. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

# 31 TEEN & ADULT SPECIAL EVENTS

## MONSTER JAM



Feel the roar of the engines and the thrill of the arena as we head to Monster Jam at the Allstate Arena! Watch massive trucks soar through the air, crush cars, and pull out jaw-dropping stunts that will leave you cheering for more. From roaring motors to high-flying action, this event is packed with excitement and energy. Dinner will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-34-1	Su		\$112	3/1

**Transportation:** SEASPAR: 4:15-10:30pm  
Denning: 4:45-10pm

Please note that this event can be loud; please bring headphones if you have sensitivities to loud environments. Due to the unpredictable length of the event, return times are approximate. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

## MEDIEVAL TIMES



Step back in time with SEASPAR for an unforgettable night of feasting, fun, and fierce competition at Medieval Times! Cheer for your knight as you enjoy a royal four-course meal and watch thrilling jousts and horsemanship unfold before your eyes. It's an evening of excitement, laughter, and adventure fit for kings and queens. Dinner will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-36-1	Su		\$110	3/8

**Transportation:** SEASPAR: 1:30-7:45pm  
Denning: 2-7:15pm

Due to the unpredictable length of the event, return times are approximate. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.



## OUT TO EAT AT LAZY DOG



Join SEASPAR for a relaxing and delicious lunch at Lazy Dog! Enjoy the cozy atmosphere, great conversation, and a menu full of the ultimate comfort foods. Whether you're wanting to catch up with your SEASPAR friends or looking for a tasty meal, this is the program for you. Lunch will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-35-1	Sa		\$55	3/7

**Transportation:** SEASPAR: 10am-2pm  
Denning: 10:30am-1:30pm



## LUCK OF THE IRISH DANCE



Get ready to dance, laugh, and celebrate St. Patrick's Day at the Luck of the Irish Dance! Enjoy an evening filled with lively music and dancing as we turn the dance floor green. A snack and light refreshment will be provided.

**Age** 16+

**Location** Benet Academy, Lisle

Code	Day(s)	Time	\$	Date(s)
9-200-37-1	F	6:30-8:30pm	\$25	3/13

This event is included with Social Club East and West.

# TEEN & ADULT SPECIAL EVENTS 32

## LITTLE SHOP OF HORRORS



Get ready for an unforgettable day of music, laughter, and a little mischief as SEASPAR heads to the Marriott Theatre to see *Little Shop of Horrors!* This quirky musical comedy tells the story of a loveable flower shop worker, a man-eating plant, and the hilarious chaos that follows. Enjoy great music, fantastic performances, and plenty of fun with friends as we experience this classic musical live on stage. After the show, we'll head to Lazy Dog for a delicious meal and talk about our favorite moments from the performance. It's the perfect mix of live theatre, great food, and even better company! Dinner will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-38-1	Sa		\$148	3/14

**Transportation:** SEASPAR: 2:30-11pm  
Denning: 3-10:30pm

Participants must be able to stay quiet and remain seated in the theatre throughout the whole performance to attend this event.



## DECADES DANCE PARTY AKTION CLUB DANCE FUNDRAISER



Step back in time and fast forward through the years with us at the SEASPAR Aktion Club's Dance Fundraiser! We are celebrating 100 years of music, fashion, and fun all in one unforgettable night. Dress up in your favorite decade style, whether it is flapper fringe from the 20s, neon from the 80s, pop star sparkles from the 2000s, or anything in between, and get ready to dance to the greatest hits from every era. Light refreshments and snacks will be provided.

Best of all, a portion of the proceeds will benefit a charitable local organization chosen by our Aktion Club, so every step you take helps make a difference.

**Age** 16+  
**Location** Westmont Community Center

Code	Day(s)	Time	\$	Date(s)
9-200-40-1	Sa	6:30-8:30pm	\$25	3/21

## 5K WALK/ RUN

**AGE: 16+**  
**SUNDAY, MARCH 15**  
**MCCOLLUM PARK, DOWNERS GROVE**  
**10AM-2PM**



**WATCH FOR  
an INVITATION  
in JANUARY!!**



# 33 TEEN & ADULT SPECIAL EVENTS

## CHICAGO BLACKHAWKS



Experience the thrill of a hockey game as SEASPAR cheers on the Chicago Blackhawks as they go up against the Nashville Predators. Enjoy great company, delicious concessions, and an unforgettable game at the United Center. Dinner will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-41-1	Su		\$170	3/22

**Transportation:** SEASPAR: 11:30am-7pm  
Denning: 12-6:30pm

Due to the unpredictable length of the game, return times are approximate. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.



## LUCKY LUNCH AND BINGO



Celebrate this lucky month with lunch and bingo! Enjoy a meal in with The Patio and then test your luck in a few exciting rounds of bingo-complete with fun prizes and lots of laughs. Everyone's a winner when you're surrounded by your SEASPAR friends and fun! Lunch will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-43-1	Su		\$60	3/29

**Transportation:** SEASPAR: 11:15am-3:15pm  
Denning: 11:45am-2:45pm



## GAME SHOW BATTLE ROOMS & LUNCH

Step into the spotlight and get ready for some friendly competition at the Game Show Battle Rooms! Just like on TV, you'll play fast-paced trivia, wacky challenges, and exciting team games-all with lights, buzzers, and big laughs. No acting required, just bring your game face and a great attitude! Whether you're guessing answers, cheering on your team, or soaking up the spotlight, this interactive experience will make everyone feel like a star contestant! After the friendly competition, we'll head to The Patio for some lunch. Lunch is included.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-42-1	Sa		\$100	3/28

**Transportation:** SEASPAR: 10:45am-4:30pm  
Denning: 11:15am-4pm

A waiver will be sent out prior to this event.

## LUNCH AND HIKING AT MIDWIN



Join SEASPAR for a scenic day outdoors as we explore the Midwin National Tallgrass Prairie! Enjoy a hike through the beautiful open landscapes filled with wildflowers, birds, and maybe even a glimpse of the bison herd that calls Midwin home. After our hike, we'll head to lunch at Craft'd-perfect for refueling and sharing stories from the hike. It's a day of fresh air, friendship, and adventure in nature! Lunch will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-44-1	Sa		\$65	4/11

**Transportation:** SEASPAR: 8:30am-4pm  
Denning: 9am-3:30pm

Please wear comfortable walking shoes and dress appropriately for the weather. Don't forget your water bottle to stay hydrated.



## CHICAGO WOLVES



Join SEASPAR for an action-packed day of hockey at the Allstate Arena! The Chicago Wolves take on the Rockford IceHogs. Feel the excitement as the players race across the ice, score thrilling goals, and keep fans on the edge of their seats. Dinner will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-45-1	Su		\$119	4/12

**Transportation:** SEASPAR: 12:30-7:30pm  
Denning: 1-7pm

Due to the unpredictable length of the game, return times are approximate. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.



## COLOR ME MINE AND LUNCH



Get creative with SEASPAR at Color Me Mine! Choose from a bowl, mug, or plate and paint it any way you like—bright, bold, or beautifully simple. No experience needed, just your imagination! After we finish our masterpieces, we'll enjoy a relaxing lunch at Culver's together. It's the perfect day for art, food, and friendship! Lunch will be provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-46-1	Sa		\$75	4/18

**Transportation:** SEASPAR: 8:30am-2:45pm  
Denning: 9am-2:15pm

Staff will be in contact with families or caseworkers about pickup for finished pieces.

## OUT TO EAT AT ROADHOUSE 38



Join SEASPAR for a delicious dining experience at Roadhouse 38, where great food and good company come together! Enjoy a relaxed atmosphere, friendly conversation, and a tasty menu filled with comfort food favorites like burgers, sandwiches, and more. Whether you're trying something new or sharing a meal with friends, this lunch is sure to hit the spot. Come hungry and ready for some fun! Lunch is provided.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-47-1	Su		\$55	4/19

**Transportation:** SEASPAR: 10am-2pm  
Denning: 10:30am-1:30pm

# 35 TEEN & ADULT SPECIAL EVENTS

## HOEDOWN DANCE PARTY



Grab your cowboy hat and boots-it's time for the Hoedown Dance Party! Enjoy a hearty sit-down meal with your SEASPAR friends before hitting the dance floor for some country-style fun. We'll two-step, line dance, and celebrate the night away in our best western wear. Whether you're a seasoned dancer or just in it for the fun, this hoedown is sure to be a rootin'-tootin' good time full of laughter, music, and memories! Dinner will be provided.

<b>Age</b>	16+			
<b>Location</b>	Chuck's Southern Comforts Cafe, Darien			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
9-200-48-1	F	6:30-9pm	\$50	4/24

This event is included with Social Club East and West.

## FATHER OF THE BRIDE



Join SEASPAR for a performance of *Father of the Bride* filled with laughter and love at Drury Lane! The heartwarming and hilarious story follows a father who navigates the ups and downs of his daughter's wedding day. From family chaos to touching moments, this classic comedy is full of charm and fun. After the show, we'll head to Lazy Dog for a delicious meal and plenty of time to talk about our favorite moments from the performance. It's the perfect mix of entertainment, great food, and even better company! Dinner will be provided.

<b>Age</b>	16+			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
9-200-49-1	Sa		\$145	4/25

**Transportation:** SEASPAR: 1:30-9pm  
Denning: 2-8:30pm

Participants must be able to stay quiet and remain seated in the theatre throughout the whole performance to attend this event.

## HOOF IT GOAT TREKS AND LUNCH



Take a walk on the wild (and adorable) side with SEASPAR at Hoof it Goat Treks in Galena! Enjoy a guided hike through the beautiful trails- led by friendly goats who love to explore right alongside you. Laugh, relax, and make some four-legged friends as you soak up the fresh air and scenic views. After our trek, we'll head out for a some lunch at Portillo's to round out this one-of-a kind adventure. It's sure to be a day full of smiles, nature, and a whole lot of goat charm! Lunch is provided. Make sure to have breakfast before arriving.

<b>Age</b>	16+			
<b>Code</b>	<b>Day(s)</b>	<b>Time</b>	<b>\$</b>	<b>Date(s)</b>
9-200-50-1	Su		\$100	4/26

**Transportation:** SEASPAR: 6:30am-4:45pm  
Denning: 7am-4:15pm

A waiver will be sent out prior to this event. Please wear comfortable walking shoes and dress appropriately for the weather. Don't forget your water bottle to stay hydrated.



## SPRING ESCAPE TO HOLLAND, MICHIGAN



Join SEASPAR for a beautiful spring getaway to Holland, Michigan for their annual tulip festival! Enjoy a weekend surrounded by beautiful colorful tulips and what the state of Michigan has to offer.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-200-52-1	Sa		\$715	5/1-5/3

**Transportation:** Depart from SEASPAR 9:30am  
Arrive to SEASPAR 5:30pm

Accommodations are shared by participants. Age and gender are taken into account when assigning rooms. There will not be staff present in all rooms. Departure and arrival times are estimated and an accurate schedule will be sent out closer to the date.

### Primary Criteria in Order to attend SEASPAR trips:

There are seven primary criterion areas that must be met to participate in overnight trips.

#### 1. Code of Conduct

All travelers must follow the general Code of Conduct as stated in the SEASPAR brochure.

#### 2. Behavior

Behavior that affects the safety of any individual or group must be considered. A history of aggressive actions toward themselves/others or a pattern of recent behavior that creates a threatening situation is cause for a person to be ineligible for the trip. Individuals whose impulsive behavior, that with accommodation, cannot be controlled will not participate trips. Trips whose activities are designed to further accommodate this type of behavior are offered as an alternative.

#### 3. Personal Care

All participants must be able to care for their own personal needs with reasonable accommodation.

#### 4. Group Travel

The logistics of the trip, lodging, mode of travel, number of participants, schedule, eating arrangements, etc. must be considered for establishing relative skills for each trip. The following are primary skills for all trips.

*Participants are expected to:*

- Participate in the planned activities.
- Share close living quarters/traveling arrangements with others.
- Tolerate the necessary travel requirements in the mode of transportation planned for the trip.
- Be willing to participate in the activities of the trip.
- Cope positively with changing situations.
- Demonstrate flexibility.
- Follow a prescribed routine.
- Cope positively with other travelers and staff.

#### 5. Health Issues

The participant must be able to physically and emotionally tolerate the logistics of the trip.

*Consideration for relative skills must be given to:*

- The ability to tolerate the climate of the destination.
- Seizure control.
- Medical response needed for emergencies in the destination.
- The ability to tolerate the rigors of travel for the trip.

#### 6. Participation History

The participation history of the individual is important in determining the existence of relative skills. Participation in similar programs at another special recreation association may be considered in evaluating this area. In evaluating the participation at another SRA, the following issues should be discussed: programs and special events in which the individual participated, mode of travel, duration of trip, the type of supervision given the group, the expectations placed on participants for the type(s) of trips, etc. There is a natural hierarchy of participation that can be used to establish criteria for participation. It is not intended that this appear autocratic, however, past successful participation is the best indicator of expected participation skills. This creates the best situation for the participant.

Following participation in trips, a Trip Assessment Form is completed for each participant. The Trip Assessment Form is used to assess the individual's ability to attend future overnight trips and incorporates primary criteria and other information relevant to trip participation. It will also indicate the individual's status for future trips. A subsequent meeting with parents/caregivers to discuss the trip and future trip participation will be set up when there are concerns with primary criteria or eligibility for future trips. As a part of this meeting, necessary improvements will be outlined for the parent/caregiver. If this is the case, progress will be monitored and the participant's status be upgraded as soon as the necessary improvements are evident.

#### 7. Duration

It should be noted that the duration of the trip has influence on SEASPAR's ability to provide accommodation, or extent of accommodation(s) provided.

#### Decisions

All final decisions regarding eligibility rest with SEASPAR.





**SPARTANS GOLF: PRE-SEASON**

Join us at the Downers Grove Golf Club's covered and heated driving range for some pre-season golf practice. Get familiar with your clubs again after taking the winter off. We will practice driving, chipping, and putting as well. If you are anticipating being a part of the upcoming golf season, this is the program for you!

**Age** 16+  
**Location** Belmont Golf Club, Downers Grove

Code	Day(s)	Time	\$	Date(s)
9-100-01-1	M	5:30-6:30pm	\$78	4/6-5/11

**SPARTANS TENNIS**



The SEASPAR tennis program offers athletes the opportunity to improve agility, upper body strength, hand-eye coordination, and overall fitness. For new tennis players, we teach tennis skills, and for the veterans, we teach match play.

**Age** 8+  
**Location** Diane Main Park, Westmont

Code	Day(s)	Time	\$	Date(s)
9-100-02-1	Tu	5:30-6:30pm	\$96	5/5-6/23

**⚠️** This program participates in the Special Olympics Illinois Regional Competition for either match play or individual skills on June 27. A gold medal at Regionals will send an athlete to State Tennis on August 15-16 at the Evergreen Racquet Club in Bloomington.



**SPARTANS SOFTBALL**

Grab your mitt-the Spartans softball season is here! Athletes work to improve their skills through practices, games, and tournaments. Practices are focused on fundamentals, key components, and rules of the game.

**Age** 16+  
**Location** Tony and Florence Borse Memorial Community Park, Willowbrook, or Diane Main Park, Westmont, or Lemont Park District Softball Fields

Code	Day(s)	Time	\$	Date(s)
9-100-03-1	Tu	5:30-8pm	\$170	4/28-7/30

**⚠️** Our teams will compete at the Special Olympics Illinois Regional Softball Tournament on August 2.

If our team receives a gold medal, they will be eligible to participate in the Special Olympics Illinois State Softball Tournament on September 12-13 at the Land of Lincoln Sports Complex in Springfield.



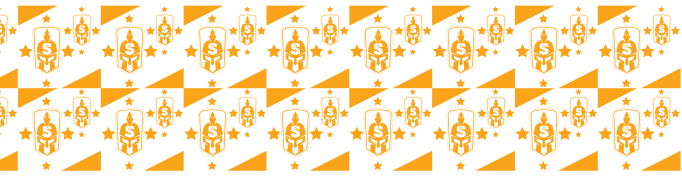
**SPARTANS FLAG FOOTBALL: PRE-SEASON**

Practice makes progress! Join fellow SEASPAR athletes in preparation for the 2026 flag football season. This program consists of hands-on skill-building drills and guidance on the rules of the game. This program is encouraged for those that will be joining us for the regular flag football season in July-September.

**Age** 16+  
**Location** Woodridge ARC

Code	Day(s)	Time	\$	Date(s)
9-100-05-1	W	5-6:15pm	\$52	5/6-6/10

**⚠️** There is a separate registration for the regular flag football season in the summer.



Got questions about Athletics?  
Don't be shy — our Recreation Coordinators are here to help you find your groove!

**Arynn Mathieu**  
amathieu@seaspar.org • 630.960.7627



## SPARTANS BOCCE: PRE-SEASON

Bocce, a favorite family game, is one of the most enjoyable competitive sports. Closely resembling bowling, this game requires skill, strategy, and a little luck. Learn to toss, roll, hit, and score while having a great time with your friends. This is a fun and relaxing way to spend an evening! This is the pre-season before the regular bocce season takes place.

**Age** 8+  
**Location** Woodridge ARC

Code	Day(s)	Time	\$	Date(s)
9-100-04-1	W	5:30-6:30pm	\$49	5/6-6/10



## RHYTHMIC GYMNASTICS

Learn fun Special Olympics routines using balls, hoops, ribbons and ropes.

**Age** 8+  
**Location** Westmont Community Center or  
Clarendon Hills Community Center

Code	Day(s)	Time	\$	Date(s)
9-100-06-1	W	5:30-6:45pm	\$120	1/28-3/4

**⚠️** Athletes will compete in the Special Olympics Illinois Regional Gymnastics Meet on March 7 at Palatine High School. A gold medal at Regionals earns the athlete a spot at the 2026 Special Olympics Illinois Summer Games on June 12-14.



**SPARTANS POWERLIFTING**

Athletes set and reach fitness goals through the disciplined and challenging sport of powerlifting. Participants learn proper technique for both the dead lift and bench press, while improving their overall fitness level through weekly workout routines.

**Age** 16+  
**Location** Downers Grove Recreation Center

Code	Day(s)	Time	\$	Date(s)
9-100-07-1	W	6:30-8pm	\$98	2/4-3/25

**⚠️** This program competes in the Special Olympics Illinois Regional Powerlifting Competition on March 28-29 at Marmion High School in Aurora.

Those who receive a gold medal at the Regional competition will have the opportunity to compete at the Special Olympics Illinois State Summer Games on June 12-14.



**UNIFIED CORNHOLE SKILLS**

Unified Cornhole (or bags) is the exciting new sport on the Special Olympics roster, and we're ready to dive in and give it our best shot! Gather a family member or friend and experience the thrill of tossing bags from either 15 or 27 feet. Teams are made up of one athlete and one unified partner, creating a wonderful opportunity for collaboration and fun. Register for the first session to be partnered with staff. Register for the second session for team play (and bring a family member or friend!).

**Age** 8+  
**Location** Woodridge ARC

Code	Day(s)	Time	\$	Date(s)
9-100-08-1	Th	5-6pm	\$98	2/5-4/23
9-100-08-2	Th	5-6pm	\$157	2/5-4/23



**SPARTANS BOWLING: PRE-SEASON**

Join SEASPAR's bowling team to train for competition! Coaches help you work on your form and techniques to improve your game. Please note that in Spartans Bowling, we do not use bumpers.

**Age** 8+  
**Location** Suburbanite Bowl, Westmont

Code	Day(s)	Time	\$	Date(s)
9-100-09-1	Th	5-6pm	\$187	2/5-4/23

**⚠️** Bowlers will participate in the Special Olympics Illinois Regional Bowling Tournament on October 24.

State Bowling is scheduled for December 6. Gold medals are required at Regionals and Sectionals to attend State Bowling.





## SPARTANS SWIM TEAM

The swimming program prepares advanced swimmers to compete in Special Olympics and invitational competitions. In order to participate in practice, athletes must meet the minimum skill requirements. The practice focuses on improving stroke mechanics and endurance.

**Age** 8+  
**Location** The CORE, Lemont

Code	Day(s)	Time	\$	Date(s)
9-100-11-1	Su	1-2pm	\$170	2/8-4/26

**No program dates** 4/5

Those on the swim team are not eligible to take swim lessons at SEASPAR.

Swim meets span from December to March, and the State Games are in June for those who receive a gold medal at the Special Olympics Illinois Regional Swim Meet which is scheduled for March 26.



## SPARTANS ATHLETICS

A good athlete is a well-prepared athlete. Join other athletes in training for various track and field events. Be prepared for the return to competition by staying fit and in shape.

**Age** 8+  
**Location** Downers Grove North High School Fieldhouse

Code	Day(s)	Time	\$	Date(s)
9-100-10-1	Su	9-10am	\$149	2/22-4/26
9-100-10-2	Su	10:15-11:15am	\$149	2/22-4/26

**No program dates** 4/5

Please register for only one Athletics session.

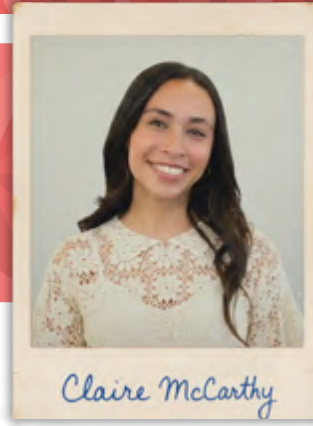
Athletes enrolled in this program participate in Special Olympics Illinois Spring Games on May 2-3 at Marmion High School.



# 41 VIRTUAL PROGRAMS & events

Got questions about Virtual Programs and Events? Don't be shy — our Recreation Coordinators are here to help you find your groove!

**Claire McCarthy, CTRs**  
cmccarthy@seaspar.org • 630.960.7629



## neon night



Get ready to glow at SEASPAR's Neon Night dance! Put on your brightest neon clothes, grab some glow sticks, and join your friends online for a night of music, dancing, and fun. Let's light up the screen together as we move, groove, and shine!

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-702-01-1	F	6:30-7:30pm	\$10	1/9

## PAJAMMIN WITH SEASPAR



Get comfy and turn up the music—it's time for Pajammin with SEASPAR! Slip into your favorite pajamas and join your friends online for a virtual dance party filled with great music, big smiles, and plenty of fun moves. Who says pajamas are just for sleeping? Let's dance the night away in comfort and style!

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-702-02-1	F	6:30-7:30pm	\$10	1/23



## COOKING WITH SEASPAR

Cook up some fun from the comfort of your own kitchen! In this virtual cooking adventure, you'll prepare a delicious snack or meal each week while following along with friends from home. Every session serves up creativity, connection, and plenty of tasty bites!

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-700-02-1	M	5-5:45pm	\$48	2/2-4/20

## KARAOKE



Step into the spotlight in our virtual karaoke program—where every voice is welcome and the fun never ends! Share your favorite songs at the start of the season as we build the ultimate playlist together.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-700-03-1	M	6:30-7:45pm	\$44	2/2-4/20

## FEAST WITH FRIENDS



Feast with Friends is the perfect midday pick-me-up! Bring your lunch and hop on Zoom to enjoy friendly conversation, laughter, and connection with your SEASPAR pals.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-700-04-1	Tu	12-12:30pm	\$44	2/3-4/21

## GAME NIGHT

Ready to play and connect? Enjoy laughs, teamwork, and a little friendly competition in this virtual game group. Each week features a new game to enjoy with friends while building social skills and having a blast together online!

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-700-05-1	Tu	6:15-7:15pm	\$44	2/3-4/21



## MOVIE CLUB



Movie fans, this one's for you! Each week, we'll enjoy a G, PG, or PG-13 movie together from the comfort of home. Grab your favorite snack, sit back, and enjoy the movie magic!

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-700-06-1	W	1-3:15pm	\$44	2/4-4/22

## YOGA WITH JEN



Join Jen for a virtual yoga class that's fun, energizing, and designed for all levels! Each session builds strength, balance, and flexibility. All you need is a yoga mat or towel and a positive attitude.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-700-07-1	W	6-6:45pm	\$44	2/4-4/22

## WORK-IN WITH SEASPAR



Move, stretch, and strengthen with Jen in Work In with SEASPAR! This virtual class brings variety and fun to every session, helping you stay active, feel strong, and enjoy moving your body—right from home!

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-700-08-1	Th	5-5:45pm	\$44	2/5-4/23

## BINGO



Get ready to shout "BINGO!" from the comfort of your own home! Join your SEASPAR friends for a fun-filled virtual bingo night. We will send you everything you need to play along and enjoy the excitement together online.

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-700-09-1	Th	6-6:45pm	\$44	2/5-4/23

## BOOK CLUB

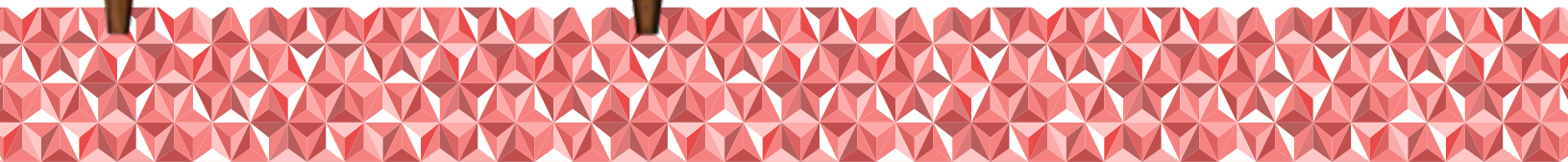


Join our Virtual Book Club to enjoy great stories, fun discussions, library tours, and games—all from home! Each season, we listen to an audiobook together and reflect on what we've heard.

This season, we'll enjoy *Charlotte's Web* by E.B. White. You're welcome to check out a copy from your local library, but it's not required. Whether you're a curious listener or a lifelong book lover, there's a spot for you. So find your comfiest reading nook and let's turn the page together!

**Age** 16+

Code	Day(s)	Time	\$	Date(s)
9-700-10-1	F	1-2pm	\$24	2/6-3/13



## EAGLES ADULT DAY PROGRAM

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities **Enhance Adult Growth through Lifestyle Education and Service**. This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at four different sites throughout SEASPAR's communities: the Darien Sportsplex, Lemont Canal Center, Lisle Recreation Center, and Brookfield Village Hall.

The EAGLES Adult Day Program continues to expand its participants' experience and find creative ways to make healthy choices. Our staff work to collaborate with local businesses, therapists, educators, university students, and other local day programs to offer new and exciting opportunities for the participants in the program. We are fortunate to have such a great team working the program.

Our dedicated team of professionals include:

<b>NICOLE CAUSEY</b>	<b>INGE PAPAELIOU</b>
<b>ELISA KEEGAN</b>	<b>KRISTY PAULEY</b>
<b>SHARON LYONS</b>	<b>BECKY QUIRK</b>
<b>JENNIFER MOLSKY</b>	<b>DAN SKARNULIS</b>
<b>DEBBIE MURDOCK</b>	<b>NICOLE STRAWSER</b>
<b>KAY O'DONOGHUE</b>	

These incredible individuals are responsible for delivering dynamic recreation services to adults with disabilities and contribute to the progress of the EAGLES Adult Day Program, each and every day!

Additionally, we would like to thank all of the substitute staff members who make EAGLES possible throughout the year: Bob Ackermann, Pam Conlon, Mike DellaMaria, Mary Godlewski, Amy Klama, Kim Maley, Morgan Molsky, Susie Pece, Karyn Piegari-Crider, and Lorrie Smietanski.



For more information about EAGLES, visit our website or contact Lauren McVey at [lmcvey@seaspar.org](mailto:lmcvey@seaspar.org) or 224.250.1158





For more information about inclusion services or Aktion Club, visit our website or contact Bethany Juhasz at 630.960.7609 or [bjuhasz@seaspar.org](mailto:bjuhasz@seaspar.org).

## AKTION CLUB

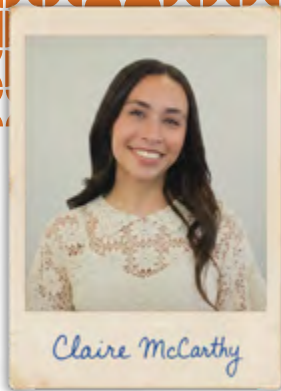
Through the joint sponsorship of the Woodridge Kiwanis Club and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. They also perform several service projects annually and compete in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support.

## INCLUSION

As part of SEASPAR's continuum of recreation programs, inclusion services are provided for residents who wish to participate in one of SEASPAR's member entities' programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow program's policies and abide by the program's Code of Conduct, either with or without accommodations, and be willing to voluntarily participate in scheduled activities. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations.

For more information about S.O.A.R programs, visit our website or email Claire McCarthy [cmccarthy@seaspar.org](mailto:cmccarthy@seaspar.org).



## S.O.A.R. PROGRAM

Request a S.O.A.R. program online at [SEASPAR.org](http://SEASPAR.org).

S.O.A.R. stands for Specialized Outside Agency Recreation. S.O.A.R. is offered in cooperation with local schools and agencies whose population consists of at least 50% SEASPAR residents. The program was developed to provide students and adults with disabilities with an increased awareness of healthy and beneficial recreation and leisure exploration activities.

SEASPAR staff work with the school/agency to plan appropriate activities with the goal that the participants will develop recreation interests in their community. SEASPAR residency includes anyone who resides in the park districts of Clarendon Hills, Darien, Downers Grove, La Grange, La Grange Park, Lemont, Lisle, Westmont, or Woodridge, or the villages of Brookfield, Indian Head Park, Western Springs or Willowbrook. Please note that in-district residency is not based on the location of the agency; an agency qualifies if 50% or more of its students/participants reside within SEASPAR's member communities.

A wide variety of activities can be planned. Although there are many similarities between S.O.A.R. programs, no two programs are alike.

## ABSENCES

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and ensures that no tickets are wasted. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

## ADA STATEMENT

SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs.

To request this program guide in an alternative format, please contact Morgan Mason at [mmason@seaspar.org](mailto:mmason@seaspar.org).


## ATLANTOAXIAL INSTABILITY

Individuals with Down syndrome are at risk of having Atlantoaxial Instability (AAI) which causes decreased stability in the bones of the upper spine. For the safety of our participants, individuals with Down syndrome are not allowed to participate in the butterfly stroke in swimming, diving, tumbling, gymnastics, high jump, and other activities unless they have tested negative for AAI. For more information, contact SEASPAR at 630.960.7600.

## CHECK IN

**Virtual Programming:** Participants should sign into virtual programming in a timely manner. When signing in, participants will be placed on hold until the program's scheduled start time.

**In-Person Programming:** When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child.

 SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

## CODE OF CONDUCT

Participants, staff, volunteers, and parents are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make SEASPAR's programs safe and enjoyable for everyone. Additional rules may be developed for particular programs and events as deemed necessary by the staff.

### CODE OF CONDUCT: IN-PERSON PROGRAMS

- Show respect to all participants, staff and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and those at public facilities to enjoy the activity without disruption.
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

### CODE OF CONDUCT: VIRTUAL PROGRAMS

- Refrain from sharing program information (Zoom meeting code and password) with others. Virtual registrations are not exchangeable.
- Avoid joining programs in which you are not enrolled
- Select a quiet space for your program. Reduce background noise as much as possible.
- Ensure that you have an appropriate background for the group to see.
- Change your name in Zoom to the participant's first name and last initial.
- Follow staff's instructions for taking turns and muting.
- Treat others with respect when speaking and using the chat function
- The chat function may be disabled by staff if it is not used appropriately. Participants may be muted or removed from the program if their behavior is disruptive.

## DISCIPLINE

SEASPAR applies a caring, positive approach to discipline. When Code of Conduct expectations are not met, staff will attempt reasonable accommodations to minimize future risks and help the participant to meet behavior expectations. However, when accommodations are attempted and are unsuccessful, or when unsafe or otherwise inappropriate behavior occurs, SEASPAR reserves the right to dismiss a participant whose behavior continues to be unsafe or otherwise inappropriate or whose behavior endangers the safety of him/herself or others.

## EMERGENCY FORM (EPACT)

SEASPAR has partnered with ePACT for the completion of each participant's Emergency Form (previously referred to as the Annual Information Form). The Emergency Form is completed once, then updated by the parent/guardian as changes occur or is reconfirmed annually. Once a participant expresses interest in registering for SEASPAR programs, the parent/guardian is sent an email from ePACT and completes the Emergency Form online. Completion of the Emergency Form is required in order to register for programs.

## LATE REGISTRATION


The registration deadline is Monday, January 5 at 4:30 pm. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waitlist. Participants may not be added to a program with less than 48 hours notice.

## LOSS OR THEFT

Label all items brought to programs with the participant's name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

## MEDICATION DISPENSATION

The exchange of medication, information, and participants can become hectic as a group prepares to leave for an activity or at the beginning of a program. To be sure that all medication is in order and staff has the appropriate information, we ask you to put medication in SEASPAR provided envelopes, complete the label, and give it to the program supervisor. For the convenience of those who are involved in many programs, or who take medication frequently, we are happy to provide a supply of labeled envelopes.

 Any medication changes made must be updated by the parent/guardian in the participant's ePACT Emergency Form.

## NON-RESIDENT FEE POLICY

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A \$20 resident fee is multiplied by two for a total of \$40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.

## PARTICIPANT EXPECTATIONS

SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and socialization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have a question about attire, call us at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

## PARTICIPATION

Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

### PARTICIPANT SUPERVISION

If a participant has not been picked up at the scheduled program end time, the parent/guardian/group home staff will be contacted. After a fifteen minute wait period, emergency contacts will be called. After one warning, a \$10 fee will be applied for every fifteen minutes that a participant is picked up late or the SEASPAR vehicle is delayed. In extreme cases when a participant must be transported home by SEASPAR, a \$20 fee will be charged to the participant's account in each instance. A notice will be sent to the parent/guardian indicating the fee being charged to the account.

## PHOTOGRAPH/VIDEO/NAME USAGE POLICY

By registering yourself or your child/ward in a SEASPAR program or event, you consent that SEASPAR has the right to photograph or film you or your child/ward and use the photos/videos for any purpose in any medium of communication, without compensation. Full names of participants may also be published, especially if they participate in athletics or performing arts programming. If there is a specific reason you or your child/ward cannot be photographed or named, please call us at 630.960.7600.

## PROGRAM CANCELLATIONS

- A program may be cancelled if the program minimum enrollment is not met.
- Programs may be cancelled due to inclement weather or other emergencies. SEASPAR will either reschedule the program or issue a prorated credit to the participant's account.
- Staff will attempt to reach all participants to inform them of any cancellation or change in programming.
- If a participant cannot attend a program, they cannot send a substitute in their place.

## SEASPAR/WDSRA AGREEMENT

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips, day camp transportation, and the EAGLES Adult Day Program are not included. Registrations must be submitted by the agency's deadline and are processed after those of the agency's residents. WDSRA serves the

communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WSDRA.com.

## VIRTUAL PROGRAMMING ACCESS AND PASSWORDS

You will receive an email before programs begin with links and passwords for your programs. These are exclusive to you and cannot be shared. Please retain this email as it will only be sent once. If you do misplace your link or password, please call us at 630.960.7600 or email [adminstaff@seaspar.org](mailto:adminstaff@seaspar.org). Participants who cannot be identified and/or whose enrollment status cannot be confirmed may be removed from a virtual program.

## WELLNESS GUIDELINES

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is required that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100.4° or higher within the last 24 hours.
- Vomiting within the last 24 hours.
- Persistent diarrhea in conjunction with other symptoms.
- Contagious rash or a rash of unknown origin.
- Persistent cough and/or cold symptoms.
- Eye infections or discharge from the eye.
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackievirus.
- Fatigue due to illness that hinders participation in a program.
- Runny nose with yellow or green discharge.
- Lice or mites.

Please notify SEASPAR if the participant contracts any contagious illness that will affect attendance at a program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed. In cases of COVID-19 or any other respiratory illness, participants may return to programs after quarantine or isolation, based on the current CDC, State, and local guidelines.

For everyone's safety, if a participant is exhibiting symptoms of illness during a program, they will be removed from the group and an approved adult will be required to pick them up.



### WEATHER/EMERGENCY CANCELLATIONS

Weekly programs and special events may be cancelled due to inclement weather or other unforeseen circumstances. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 3:30-4:30pm for evening programs. If a program is cancelled or an outdoor program is moved indoors, staff attempt to reach all participants to inform them of the change. Programs cancelled due to inclement weather or other emergency may be rescheduled; otherwise, a refund will be issued in the form of a credit on the participant's account.

## SEVERE WEATHER GUIDELINES FOR CANCELLING PROGRAMS

### Outdoor Programs or Programs with Transportation for Participants with Physical Disabilities

Temperatures of Zero or Wind Chill of -10° or Less

### All Other Programs with Transportation

Temperature of -10° or Wind Chill of -20° or Less

All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

SAVE THE DATE  
JANUARY 14, 2026

# Believe & Achieve



Participant's Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Please print your program selection(s) in the table below. Attach additional sheets if necessary.

PROGRAM NAME	PROGRAM NUMBER									TIME SELECTION (If Applicable)	TRANSPORTATION (If Applicable)	FEE	
Example: Karate	9	-	0	0	0	-	0	3	-	1			\$ 67
	-				-				-			\$	
	-				-				-			\$	
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	-				-				-			\$	
	-				-				-			\$	
	-				-				-			\$	
<b>Would you like to include a donation to SEASPAR? If so, please indicate the amount to the right. Thank you!</b>												\$	
<b>TOTAL FEES</b>												\$	


Full payment must be received with the registration unless other arrangements have been made.

Payment may be made by check, money order, cash, or credit card.

Payment Type:     Check             Cash             Money Order     Credit Card  
 Credit Card:      MasterCard     Visa             Discover         American Express

Cardholder Name \_\_\_\_\_  
 Account Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVC \_\_\_\_\_  
 Authorized Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

**Please complete both sides of this registration form.** Submit form and payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

 The registration deadline is **Monday, January 5, at 4:30pm.**

OFFICE USE ONLY			
Date Rec'd		Cash Amt	
Rec'd By		Check Amt	
FAP		Check #	

Participant's Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Has any of your information changed since you completed your Emergency Form?  Yes  No

If so, please log into your ePACT account to make updates.

**WAIVER AND RELEASE**

SEASPAR is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

**WARNING OF RISK**

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for SEASPAR to guarantee absolute safety.

In virtual program activities, you need to have adequate space to follow the activity instructions and to move safely without exposure to any obstacles, obstructions, steps or anything that could cause possible trips or falls. As a participant, you are solely responsible for assessing whether you can participate safely in the activity in the space you have chosen without accidents.

**WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK**

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this activity against SEASPAR, including its officials, agents, volunteers and employees.

I understand that SEASPAR carries no medical insurance and the participant's family must cover any medical costs incurred. In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

I have been made aware of the inherent dangers and risks of virtual program activities, and I can participate safely in the space I have chosen.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online or via fax, my online acceptance or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant Signature (if 18 or older) \_\_\_\_\_ Date \_\_\_\_\_

**PARTICIPATION WILL BE DENIED** if the waiver is not signed and dated by parent/guardian.**PARTICIPATION WILL BE DENIED** if an up-to-date Emergency Form is not on file.

# Playing the Sound of Inclusion for 50 Years



4500 Belmont Road  
Downers Grove, IL 60515

Change Service Requested

POSTMASTER:  
Dated Material - Do Not Hold

If you no longer wish to receive  
this brochure, call 630.960.7600.

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60515  
**Permit 103**

## **Serving the Residents of:**

**Village of Brookfield**

**Clarendon Hills Park District**

**Darien Park District**

**Downers Grove Park District**

**Village of Indian Head Park**

**Park District of La Grange**

**Community Park District of  
La Grange Park**

**Lemont Park District**

**Lisle Park District**

**Village of Western Springs**

**Westmont Park District**

**Village of Willowbrook**

**Woodridge Park District**

